Panama action hits home for one Presidian

By Duvel White

"Oh no!"was Presidian Donna White's reaction when she saw the news flash across her television screen.

The United States Army had invaded Panama.

Operation "Just Cause" was something most Americans could watch on television, knowing they were not directly involved. The "Oh no!" was for her husband, SFC Anderson White, a chemical specialist with the 7th Infantry Division, Fort Ord, Calif. and serving a four month temporary duty assignment in Panama when the operation began.

"We talked about the possibilities when he left," White, an Army wife for 14 years, said. "But I never thought it would hit so close to home."

Despite the trauma she and her two children have endured, she supports the United States action.

"I think it was necessary," White, a Presidio Civilian Personnel Directorate Recruiting and Placement supervisor, said. "Even though my husband is there, I fully support the reasons the Army is in Panama."

The Army's missions in operation "Just Cause" are to protect U.S. citizens, support democratic institutions in Panama, ensure the safe operation of the Panama Canal and apprehend Manuel Noriega, according to a Department of the Army Public Affairs Office release.

Since the ongoing operation began on Dec. 20, 1989; U.S. citizens in Panama are safe, the democratically elected government under President Endara is functioning, the Panama Canal is operational and Manuel Noriega is cornered in the Papal Junciature in Panama with the U.S. government negotiating to bring him to trial, according to the report.

The operation began with three night airborne assaults by a brigade from the 82nd Airborne Division and three ranger battalions. More than 3,360 paratroopers and related heavy equipment drops made up the initial assault. The assault phase brought 5,600 more soldiers from the continental United States bringing U.S. troop strength in Panama up to 22,000. Additional deployments from the 7th Infantry Division at Fort Ord brought that number up to 25,750 by Dec. 25, 1989, according to DA Public Affairs Office release.

"When I first learned [about the invasion] I wondered, 'Why now? Why my husband?" White explained. "But being around the Army as long as I have helped prepare me. These things are always a possibility. Army families have to be aware."

The serious reaction of the White's 8-year-old son is another surprise for her.

"The other night things were real quiet in his room, so I went in to see what he was up to," she said, her voice softening as she spoke. "He was in there coloring. He had drawn a picture of tanks, guns, soldiers... And in the middle was a great big gun—much bigger than the man standing next to it. So I asked him, 'What are you drawing?' And he said, 'That's my dad. He's in Panama.'

"So I tried to comfort him, 'He's gonna' be all right,' " I said.

"I know he is, because I gave him the biggest gun of all," he responded.

Mrs. White mailed the drawing to her husband and he and his son are exchanging letters to explain what dad is doing in Panama.

Star Presidian

Vol. 33, No. 1 "Published in the interest of the people of the Presidio of San Francisco" Jan. 5, 1990

News Briefs

Presidio congratulated

This just in—the Presidio has just been selected as a FORSCOM-level winner in the Commander-in-Chief and Army Community of Excellence awards competitions. Next week's *Star Presidian* will carry an explanation of these awards in more detail. Gen. Carl E. Vuono, United States Army Chief of Staff, has already offered his congratulations.

Lincoln Avenue closes

On Monday, from 5:30 a.m. to 5 p.m., there will be road construction on Lincoln Avenue between Kobbie Avenue and Merchant Road. Due to this construction, Lincoln Avenue will be closed. Detour signs will be posted and the routes clearly marked.

M. L. King observance

The Presidio will be honoring Martin Luther King Jr. with a commemorative service Jan. 16 at 9 a.m. in the Presidio Theatre. Everyone is invited to attend.

Use of military rank

Effective immediately, by direction of the Chief of Staff of the Army, military pay grades will not be used as a form of address or title in place of the proper title of address or grade of rank.

Presidio soldiers should bear in mind terms such as E5, E7, or O6 when referring to officers or enlisted soldiers will also no longer be acceptable in military correspondence, regulations, official or unofficial publications, briefing charts or slides, fact sheets, information papers, news releases, certificates, forms, etc.

Army News Service

Recycling Point closes

The Recycling Point, next to building 661, closed as of Dec. 15. Do not drop off newspapers here. For information, call the Youth Activities Center at 561-5143.

New drinking and driving law

by Robert Daniel Bunting

A new year is upon us, and with it comes a change in the law. Not just any law, but the one that prohibits people from driving while intoxicated.

The law itself still reads about the same; the change is in the BAC—blood alcohol concentration level—allowed by the law. As of Jan. 1, a BAC of .08 percent means a driver is legally intoxicated. The old BAC acceptable by law was .10 percent of alcohol in the blood. That may not seem like much of a change but in fact it is dramatic.

The blood alcohol concentration, or BAC for short, is based on the grams of alcohol per 100 milliliters of blood. This can be translated to how many "shots" or beers will it take to go over the limit, but it depends on different factors: body weight, time and the percent of alcohol per drink. For example, if a person weighing 150 to 180 pounds drinks four beers in one hour on an empty stomach, that person's BAC would equal 0.08 percent. For that same person, it would take three or more hours for the BAC to be less than 0.05 percent, or the legal "non-dangerous level."

Remember, only time will sober you up; cold showers, fresh air, black coffee, and exercise have **NO** effect on blood alcohol content!

.08=Legal Intoxication Effective 1/90

Blood Alcohol Levels

WEIGHT IN LBS.	1 Drink				2 Drinks				3 Drinks				4 Drinks			
	After Hours				After Hours				After Hours				After Hours			
	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
100	.043	.028	.013	---	.087	.072	.057	.042	.130	.115	.100	.085	.174	.159	.144	.129
125	.034	.019	.004	---	.069	.054	.039	.024	.103	.088	.073	.058	.139	.124	.109	.094
150	.029	.014	---	---	.058	.043	.028	.013	.087	.072	.057	.042	.116	.101	.086	.071
175	.025	.010	---	---	.050	.035	.020	.005	.075	.060	.045	.030	.100	.085	.070	.055
200	.022	.007	---	---	.043	.028	.013	---	.065	.050	.035	.020	.087	.072	.057	.042
225	.019	.004	---	---	.039	.024	.009	---	.058	.043	.028	.013	.078	.063	.048	.033
250	.017	.002	---	---	.035	.020	.005	---	.052	.037	.022	.007	.070	.055	.040	.025

The chart above shows the blood alcohol levels after one, two, three and four drinks. Remember that some drinks, especially mixed drinks, may result in a higher BAC. While a 12-ounce beer (4 percent alcohol) might result in BAC of .02, a three and a half ounce Martini has a BAC-rating of .04.

So if you know you're going to drive, **THINK DON'T DRINK**. If you do drink, do the next best

see Drunk, page 3

Voices

Presidio View

by Lt. Gen. William H. Harrison



Lend a hand on post

1989—Despite base closures and earthquakes and Panama—was a great year to be in or associated with or employed by or retired from the U.S. Army. Our Army of 1989 was a trained and ready Army—an Army of which we should all be proud.

As we enter 1990—the beginning of the last decade of the 20th Century—our Army will face many challenges as our great Nation is faced with many trials. Our job remains the same, however: to be as good a soldier (uniformed, family member, employeed, retiree or volunteer) as we can each and every day—to be trained, ready, physically fit and mentally alert. Despite—in fact, even more important now than at some other more dangerous time—all the wonderful things that are taking place in our world, we must not forget that our job is to be ready for war on a moment's notice—thus providing the environment for the seeds of peace to flourish.

Having said all that, let me now share with you some things about our world here at the Presidio of San Francisco—a Very Special Place.

Six of our soldiers from Headquarters Command were graduated from Air Assault School in December. They were: 1st Lt. Patrick Cassidy, U.S. Army Garrison; 2nd Lt. Andrew Kirkner, 864th Engineers; SSgt. Kevin Harris, Sixth Army; Sgt. Patrick Wilson, Law Enforcement Company; Spec. William Martin; Law Enforcement Company; and PFC Dennis Wade, U.S. Army Garrison. Congratulations to each and a real loud Hoo Ah to them!

At year's end we also had the pleasure of recognizing one of our really outstanding senior NCOs; CSM Oscar R. Patton. Patton received an award for his outstanding work in our DCSLOG shop and was designated a CSM and is enroute to Germany to be a battalion Command Sergeant Major. Hoo Ah!

On 15 December we had our annual Sixth U.S. Army/U.S. Army Garrison Ball. It was a super party. The DCSRM shop made all the arrangements and did a super job. The club's support, the Color Guard, the Sixth Army dance band, the turnout—all was superb. My thanks to everyone involved and a real loud Hoo Ah to each.

On 14 December we held our Monthly Retirement Review. As always, it was well done and a special Hoo Ah to Company B, LAMC, which was the Honor Company. They, the LAMC Color Guard and, of course, our band, did a very bang-up job. But this ceremony was different; for the first time we had some of our retiring civilian employees participate. We have been trying to get our civilian employees to join us in this ceremony for some time. Finally they did and their participation added so much. I hope in the future all our civilian retirees will honor us by their participation.

On 24 December our Presidio Post Chapel held a beautiful and meaningful candlelight service. It truly was well done. Robert Hawkins was the soloist and he was complemented by John Walko, organist/pianist; Wilfred George on the flute; Jean DeSantis violin Kathy Burkstein cello; Marily Trippy viola. These latter four are members of the Oakland and Stockton symphonies. Thanks to them all for this special ceremony.

Also on the 24th, Mrs. Harrison and I visited the Infantry Terrace area. All the residents along the street put out illuminaries on this special night. It was beautiful! I very much appreciate community activities such as this. It says so much about our areas, our Army and our community as a whole.

On 27 December I received a letter from the Chief of Staff of the U.S. Army, Gen. Carl Vuono. He was writing to congratulate the Presidio of San Francisco—A Very Special Place—as a major command winner in this year' Commander-in-Chief and Army Community of Excellence award competition. Hoo Ah! I am so very proud of each of you for your contributions toward this award and all it represents. Only through your efforts was it possible. So, even though we may be on the base closure list—our standards of excellence do not lag. Hoo Ah!

Two items of interest as we enter 1990. First our continued and increasing requirement for volunteers. You all know by reading the paper and seeing TV that all military posts are experiencing budget cuts. PSF is no exception. So we need many volunteers. Right now CPO is desperately seeking volunteer hosts/hostesses for our Job Information Office. There is great need if any of you out there have some caring time to give. If so, please call Debbie Lamb at 561-5759.

I know that many of our students and their parents have been concerned about our ability to continue our bus service to alternate public and private schools. Through a lot of effort on the part of our Garrison Commander, the DOL, the lawyers, etc., we have found means to continue this service for now. We need your help and understanding in this matter. As our funds continue to diminish, our ability to provide these and other services will decrease. Please answer Col. Swift's call for participation to help resolve these issues.

Lastly—I need all your help in another matter. Whether you work in an office, reside in quarters, are uniformed, family member or civilian employee, soldier, NCO or officer—whatever—we can all help make the Presidio of San Francisco—A Very Special Place. In the past we had funds to defray many expenses which contributed to the beautification of our post. We no longer enjoy that support. We must now budget ourselves very tightly; we must prioritize the few dollars we have. So, I'm asking each of you to help keep the post clean and well-groomed in your little area of the world. Through individual effort, self help projects by units, families, housing area, work place—we can contribute to our town. Every little action helps—placing trash in proper recepticals, turning off lights, water and heating when not needed; self help repairs and improvements under the auspices of the DEH; observing rules and regulations, CARING about how our town looks. All these things help and contribute to making and keeping the Presidio of San Francisco—A Very Special Place!

William H. Harrison
Lieutenant General
Commanding

"Don't bother about genius. Don't worry about being cleaner. Place your trust in hard work, perserverance and determination."
Sir Frederick Treves

Holiday greetings

Presidio and Sixth U.S. Army Commander Lt. Gen. William H. Harrison, greets Presidians during the Christmas tree lighting ceremony Dec. 13, 1989 at the post Fire Station.

photo by Duvel White



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The *Star Presidian* is an unofficial publication authorized by AR 360-81. Editorial content is prepared, edited and provided by the Public Affairs Office of the Presidio of San Francisco, California. The *Star Presidian* is published weekly by Coast Publishing, a private firm in no way connected with the Department of the Army, under exclusive written contract with the Presidio of San Francisco, California.

The *Star Presidian* editorial offices may be reached by calling 561-3908.

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Etc.

Soldier earns kudos for tax work

by the Staff Judge Advocate's Office

With only the experience of filing his own taxes and the urge to help his fellow soldiers, SSgt. Kevin Wright became a Unit Tax Assistant for the Sixth U.S. Army Recruiting Brigade in 1987.

Since that time Wright has saved his fellow Presidians more than $45,000 in tax preparers' fees alone. There is no way to measure the savings in individual taxes due to his comprehensive kowledge of the unique tax situation of military taxpayers.

For his efforts, Wright was recently presented the Army Commendation Medal by Sixth U.S. Army and Presidio Commander Lt. Gen. William H. Harrison.

During three tax seasons Wright prepared more than 580 federal and state income tax returns as part of the Presidio Tax Assistance Program. The Internal Revenue Service and the California Franchise Tax Board trained him and other unit tax assistants to prepare tax returns. With the support of the Presidio Tax Assistance Program, Wright helped soldiers in his unit who are located throughout the western United States.

Last year, MSgt. Randy Kicklighter had his tax return prepared by Wright. Not only did he save the $75 fee charged by commercial tax preparers, he also saved on his taxes by having them prepared by someone who is familiar with the tax laws and how they relate to the military tax-payer.

"I had SSgt. Wright prepare my tax return because he has a reputation of being thorough," Kicklighter explained. "He made me aware of changes in the tax law that I did not know about, and this saved me some money. Also it is very convenient to have him in the office preparing taxes."

Another soldier, Capt. Daral Woerle said, "SSgt. Wright goes to great lengths to individualize his work. He is always looking out for the welfare of the soldier and he does everything to the same standard as if he were doing it for himself."

If you are interested in helping soldiers in your unit with their taxes, contact your first sergeant or commander. Commanders have until Monday to select Unit Tax Advisors who will attend a tax preparation course from Jan. 22 through 30 at the Education Center. For more information, phone 561-4273.



GENERAL SCHEDULE

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	1	2	3	4	5	6	7	8	9	10
GS 1	$10,581	$10,935	$11,286	$11,637	$11,990	$12,197	$12,544	$12,893	$12,910	$13,232
2	11,897	12,180	12,574	12,910	13,053	13,437	13,821	14,205	14,589	14,973
3	12,982	13,415	13,848	14,281	14,714	15,147	15,580	16,013	16,446	16,879
4	14,573	15,059	15,545	16,031	16,517	17,003	17,489	17,975	18,461	18,947
5	16,305	16,849	17,393	17,937	18,481	19,025	19,569	20,113	20,657	21,201
6	18,174	18,780	19,386	19,992	20,598	21,204	21,810	22,416	23,022	23,628
7	20,195	20,868	21,541	22,214	22,887	23,560	24,233	24,906	25,579	26,252
8	22,367	23,113	23,859	24,605	25,351	26,097	26,843	27,589	28,335	29,081
9	24,705	25,529	26,353	27,177	28,001	28,825	29,649	30,473	31,297	32,121
10	27,206	28,113	29,020	29,927	30,834	31,741	32,648	33,555	34,462	35,369
11	29,891	30,887	31,883	32,879	33,875	34,871	35,867	36,863	37,859	38,855
12	35,825	37,019	38,213	39,407	40,601	41,795	42,989	44,183	45,377	46,571
13	42,601	44,021	45,441	46,861	48,281	49,701	51,121	52,541	53,961	55,381
14	50,342	52,020	53,698	55,376	57,054	58,732	60,410	62,088	63,766	65,444
15	59,216	61,190	63,164	65,138	67,112	69,086	71,060	73,034	75,008	76,982
16	69,451	71,766	74,081	76,396	78,190	*79,438	*81,708	*83,978	*85,470	
17	*79,762	*82,420	*85,078	*85,470	*85,500					
18	*86,682									

* The rate of basic pay payable to employees at these rates is limited to the rate for Level V of the Executive Schedule, which would be $78,200. These rates are also subject to change. Salaries approved by Congress in late November were not available at press time.

Santa spotted near post

by Steve Morey

The Christmas magic was brought to life amid the whirring, light-fantastic and computerized displays at the Palace of Fine Arts' Exploratorium in San Francisco.

An estimated 1,300 military children revelled in the second annual "Armed Forces Kids' Christmas Party" Dec. 19, which was put on by a San Francisco couple and several Bay Area merchants.

Chaperoned by 700 moms and dads, the children flicked switches, pulled levers and peered through telescopes and microscopes at the hands-on exhibits. They later got their hands on 2,000 free gifts, sampled food, listened and danced to holiday misic, and marveled at funny-faced clowns.

"The Exploratorium is a wonderful place to have a party for the kids," said Bartley Porter, the post Youth Activities director. "Kids love to grab stuff and make things happen."

Helping to make things happen during the party was jolly ol' St. Nick as young boys and girls scrambled to sit on his famous lap. Minutes later, the standing-room only kiddie crowd edged closer to a half-dozen tents chockful of Christmas toys for good little girls and boys.

No hand went unfilled as race car sets, assorted dolls, baseball bats, T-shirts and play jewelry brought smiles to hundreds of faces.

"We have to give a lot of credit to the couple [who wish to remain anonymous] for sponsoring this fabulous party," Porter said.

"It's their way of thanking the military community for all they've done for the San Francisco area for so many years."

The mostly Presidian holiday crowd was joined by U.S. Coast Guardsmen and their children for the two-and-a-half hour event. The event was publicized on post, and reservations were received, by Porter and his Youth Activities staff.

"There were more people there than expected," Porter said, noting that 1,100 tickets were set aside for the children. "By word-of-mouth, people who were at last year's party told their friends what a great time it is.

"The children not only benefited from the free gifts, but the parents, too, shared in the Christmas spirit."

Drunk continued from page 1

thing. Eat first; have something in your stomach to slow down the rate of absorption. Drink slowly; don't gulp, sip. Spacing your drinks gives your body time to handle them. Know what you're drinking. How strong is the drink? How hard and soon will you feel the effect of the alcohol? Set a limit. Plan beforehand to stop after a certain number of drinks. STICK TO YOUR DECISION!! Stop in time to give your body a chance to reduce the alcohol to a safe level *BEFORE* you drive. And be honest with yourself. If you know you're drunk enough to raise your blood alcohol concentration to more than 0.05 percent; be smart and don't drive!

Presidio MPs are out in force to ensure the roads are safe. Don't make any mistakes that you will regret later on. Just play it safe! Plan your outings and celebrations so you take into account the change in the California law. It's easier to be over the limit of .08 percent than you think.

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A Look Back

Good, not-so-good times mark '89 memories

By Erica Haspiel-Szlosek

Every year about this time people take a moment to reflect on the events of the past 12 months. It's a time to give thanks for the good times, and a chance to think about the not-so-good times. For nearly everyone it's a time to stop and take stock before charging into yet another action-packed year.

Most people in the Bay Area will remember 1989 as the year of the earthquake. For 15 seconds on Oct. 17, time stood still. And nearly three months later, the waves made by the 7.1 magnitude earthquake are still being felt by many. Thousands of Californians are struggling to pick up the pieces and rebuild their lives.

Presidians on the whole were among the most fortunate. Despite some shaking and rolling, post buildings survived almost unscathed. And Presidians were among the first to help the city cope with the disastrous effects of the quake.

The Presidio Fire Department battled the near-by Marina blazes following the quake and post military policemen patrolled the area. Hundreds of Presidians gave their time and helped the city on its long road to recovery. Some of the post's heroes were honored in a special award ceremony Nov. 3 at Pershing Square. One hundred and thirty soldiers, Department of the Army civilians, family members and retirees were awarded medals for their participation in the recovery effort.

Just as in 1906, the Presidio itself opened its gates to the San Francisco homeless and displaced persons were temporarily housed in four Red Cross shelters on the Presidio. Hundreds of Presidians and city residents donated their time to help out in these shelters.

Only days before the earthquake, on Oct. 10, the long-awaited Presidio Commissary opened. The $12.4 million facility replaced the 1917 horse-stable turned grocery store. This state-of-the-art commissary uses scanners to cut check-out time and boasts extras such as seafood and bakery counters. Other openings on post this year have included the Burger King on April 27 and the Bowling Center on Feb. 1.

Also on Presidians' minds this year has been the complicated issue of base closure. The Presidio first appeared on the Base Closure Commission's list last December, and since that time several congressionally sponsored community meetings have been held to discuss how the Presidio will be affected.

At this time it is anticipated that the Presidio will become part of the Golden Gate National Recreation Area with several facilities leased back to the Department of Defense. These facilities may include the child development center, the commissary, Letterman Army Medical Center, Sixth U.S. Army reserve centers and 1,186 military housing units. Congresswomen Barbara Boxer, 6th Congressional District, and Nancy Pelosi, 5th District, told a near-capacity Presidio Theater audience Nov. 30 that they are hopeful the Presidio will continue to house at least some military activities.

Change may have been the watchword of 1989. In addition to the anticipated changes surrounding the possible closure of the Presidio, were important changes in post leadership. On Aug. 3, Lt. Gen. William H. Harrison assumed command of Sixth U.S. Army and the Presidio. Harrison came to the Presidio from Fort Lewis, Wash., where he had commanded I Corps and Fort Lewis since 1987. Only months before, on May 19, Col. William D. Swift took charge of the Headquarters, U.S. Army Garrison.

With all of these changes, the 214-year-old Presidio still appears majestic with its eye-popping vistas. Perhaps some of the best changes are still to come—after all, 1990 is only five days old.



photo by Steve Morey

Marina residents used every means to remove their possessions from their earthquake-damaged homes.



photo by Joel P. Smith

Virginia L. Thomas with infant Marissa and daughter Amanda carts off groceries at the Oct. 10 Commissary opening.

Sports

'Arrivederci!' Slap leaves for Italy

by Steve Morey

Some thought it never would happen. Others wished it would have happened sooner. Still others could care less.

"Slap" Morey is leaving town. For good.

Before you get your hankies wet with tears, I just want to say it's been a blast to write for the *Star Presidian* for the last couple of years.

I'm heading for new "Slap" territory in Italy. bringing with me a stadium-full of Presidio memories and experiences. I hope my new hard-chargin' assignment will keep me just as enthralled and busy—and out of trouble.

The Presidio sports scene filled many lonely days, nights and weekends for this tired, old sports hack. Looking back, I wouldn't trade anything—the fog-filled flag football games, the triple-overtime basketball championships or the softball games under a hot July sun.

Just thinking about the outstanding soldier- and civilian-athletes on this historic post makes me appreciate the Army even more. Alas, all I have with me to remember the good times here are tattered notebooks, a stack of yellowing *Star Presidians*, several black-and-white sports photos and blisters on my fingers from typing and "shooting" my camera.

Not the kind of stuff which is too exciting.

But I also have—in my mind and heart—memories of hard-fought, well-played contests in which winning wasn't the most important thing. The competition was the motivation.

Let me explain. (No one's ever stopped me before.) On a small post like the Presidio, you tend to see the same people again and again. Kind of like a small town, "Mayberry RFD"-style: peaceful, secure and friendly.

That feeling is even more prevalent in post sports action. A lot of the same players participate in each sport and establish a special camaraderie, whether they're soldiers or civilians.

I'll miss that. I hope my new overseas friendships are as fun and rewarding.

I'll also miss the Sports Branch staff. Bobbie Gascon and staff have helped me in more ways than they know. They've done more each year with less money than most do with surplus funds. And it's always the player **first** in their minds. Thanks, gang, for making my job easier.

I couldn't begin to list the names of Presidio sports enthusiasts, whether players or fans, who've made my job a total pleasure. To those nameless dozens, thanks.

Last but not least . . . my pal, "Jimmy the Freak." We probably never agreed on anything, except that Los Angeles sports teams (minus the Raiders) and PTTOOOEE!. But for those few (if any) readers of ours, we lit up their minds like Joe Montana lights up Candlestick on Monday nights.

I have one request: please write letters to the new *Star Presidian* sportswriter, whoever he or she may be. It gets lonely facing this computer every day. The handful of letters I received in two years each made my day.

So long for now, as Jimmy might say. Best wishes for a safe, football-filled holiday bowl season. Remember, I can back up most of the stuff I write—half the time.



James Williams, USAG tries to "juke" Llynwood Bradley, of Co. A, LAMC during the Post Flag Football Championship.

Co. A, LAMC wins

Post crowns champions

by Steve Morey

The Super Bowl has yet to be played, but the post's Intramural Flag Football League recently crowned its 1989 champion.

Company A, Letterman Army Medical Center beat Headquarters Company, USAG, 20-13, at the Fort Scott field Dec. 12 to close out the last post flag football season of the decade.

Co. A's quarterback and the game's most valuable player, Wayne Rogers, threw two TD passes to lead his team to the season-ending win.

In the double-elimination playoff format, USAG beat LAMC, 14-13, earlier that night to force the final championship game.

After a scoreless first quarter, USAG lit up the scoreboard in the second period when quarterback James Williams scampered for a 15-yard touchdown. The point after attempt failed.

Co. A answered back with a Rogers-to-John Faulkner TD strike, covering 30 yards. Chanzell Porter hauled in a PAT throw from Rogers, and LAMC had a 7-6 lead going into halftime.

But USAG took a second-half lead on Williams' running and passing, his final throw a five-yard TD pass to Norman Farnsworth. Williams and Cornelius Humphries connected on the point after, and USAG led again, 13-7. It was the last time USAG would score.

The fourth quarter belonged to LAMC's offensive surges. Rogers ended a field-long drive with a four-yard TD toss to Porter. Christopher Mitchell caught the PAT, and LAMC led for good, 14-13.

Faulkner added a 10-yard scoring run to end the game, Co. A, LAMC, 20-13, over USAG.

Playoff Results Championship Game: Co. A, LAMC over USAG, 20-13; USAG beat Co. A, LAMC, 14-13, to force the final game; Co. A, LAMC defeated USAG, 8-0; USAG beat COE, 19-18; Co. A, LAMC squeezed by Co. B, LAMC, 13-12; USAG, 26-14, over 864th Engineers; Co. B, LAMC defeated LEC, 12-6.

'Losers' Bracket: USAG beat COE, 19-12; COE beat Co. B, LAMC; Co. B, LAMC, 19-12, over 864th Engineers; COE over LEC, 19-6.

Holiday basketball tournament

Over the holiday season the Sports Branch sponsored a holiday basketball tournament for unit of the Presidio. In the open age group five-on-five competition the results are:

Company B, LAMC	4-0
Company A, LAMC	3-1
MEDCOM	2-2
USAG	1-3
LEC	0-4

Half court over 30 three-on-three tourney standings (with one game left to be played) are:

Andes Gang	3-0
Oldies But Goodies	1-2
USAG	1-3

Community Calendar

Office skills class

Do you want to brush up on job skills, find a new job, or learn a skill to improve your performance? The Army Education Center is offering office skills courses starting Jan. 17.

Military correspondence. This course teaches the proper format for letters, messages, memorandums and endorsements. The class will meet Jan. 17 through March 15, Tuesdays through Thursdays, from 7:30 to 9:30 a.m. and Fridays, 7:30 to 8:30 a.m.

WordPerfect 5.0. This course teaches the WordPerfect word-processing program. Students practice in class on an IBM Personal Computer. Class meets Tuesdays and Thursdays, Jan. 18 through March 15, 9:30 to 11:30 a.m.

Typing. This course, open to all skill levels, begins Jan. 17 and continues through March 16. It meets Wednesdays, 9:30 to 11:30 a.m., and Fridays, 8:30 to 10:30 a.m.

If you would like to enroll in these courses or need information, pick up the required enrollment form from a counselor at the Army Education Center, building 1216, or the Letterman Army Medical Center Education Center, building 1014.



photo by Duvel White

Deck the halls

Chung-Hae Casler and her 5-year-old daughter Stephanie sing Christmas carols during the Presidio Christmas tree lighting ceremony.

Tax season nears

As the holiday season ends, tax season begins. The Internal Revenue Service reminds all taxpayers to file early, but filing before you receive your W-2 may actually slow down your refund. Although you can file your income tax return without your W-2 form by totalling the withholding and income information from your Leave and Earning Statement for 1989, the IRS processes these returns *after* those returns that are submitted with the W-2 form.

If you need help in preparing your tax return, the Presidio Tax Assistance Program will have free tax return prepartion services available at each organization or unit and at the Presidio Tax Center in building 223. Starting Feb. 6, there also will be a tax hotline at **561-2TAX**. For an appointment at the tax center, or if you have a question, call this number.

Intramural basketball

The 1990 Intramural Basketball Competition will start Jan. 16. Presidio soldiers, Department of the Army civilians and family members 19 years old and older, are eligible to participate.

Players in the 30 years old and older category will compete in 3-on-3 *half court games played Mondays* through Fridays from 11:30 a.m. to 12:30 p.m. Teams are made up of six players and may include players from other organizations and activities.

Full court competition will be played in the evenings, Mondays through Thursdays, starting at 5:30 p.m.

The entry deadline is 1 p.m. Tuesday.

Job Club

Starting Jan. 12, the USO will hold a Job Club/Support Group every Friday at 10 a.m. Current job listings from government agencies, business, schools and hospitals will be available along with job, hotline phone numbers which give recordings of job vacancies in the Bay Area. Resume help and office equipment are also available. Military spouses and Presidians with current or previous military connections are encouraged to attend, free of charge.

Call **561-2436** Tuesdays through Fridays, 9 a.m. to 4 p.m., for information. The USO is located in basement of building 223.

New dance classes

New dance classes are being offered at the Youth Activities Center.

For enrollment information and a class schedule, call Cindy McGeahy at **752-6705.**

Gym closes

Post Gym No. 1, building 63, will be used to test Air Force Academy candidates Sunday.

The basketball court and weight room will be closed from 8 to 10:30 a.m. All other parts of the gym will be open.

Personnel conference

The 25th Biennial Federal Personnel Management Conference will be held Jan. 31 through Feb. 2, at the Golden Gate Holiday Inn in San Francisco.

The conference theme is "Management Strategies for the 90's." Some of the training seminar topics scheduled for presentation include:

- Building work teams to meet the challenge of the 90's;
- Quality—a systematic approach to the search for excellence;
- Managing the multicultural workforce; and
- The manager's role in service excellence.

The Federal Executive Board of San Francisco and the Office of Personnel Management are hosting this conference for federal executives and managers. The conference is chaired this year by the Presidio Civilian Personnel Director, Janet J. Rosselle.

The $200 registration fee can be paid in advance or at the door. To register for the seminar, you must complete a DD form 1556 and indicate your workshop preferences. For information call Isadore Rosenthal at **561-2840.**

Leave donations

Ruth M. Jackson, A Presidio employee, is experiencing a medical emergency. She has exhausted her sick and annual leave and has asked to become a leave recipient. Anyone wishing to donate leave, please call Barbara Rizzo at Civilian Personnel Directorates Management-Employee Relations Division, **561-2255** or **561-2256.**

Outdoor Rec on credit

Outdoor Recreation now accepts some major credit cards on Lake Tahoe rentals, discount ski lift coupons, and ski equipment rentals.

Package ski trips to Bear Valley Feb. 9 to 11 are $75 a person. Trips to South Lake Tahoe March 9 to 11 are $70 a person. For more information, call Information, Tour and Travel at **561-3992.**

Skis, boots and poles are $7.50 a day, or $30 a week at Outdoor Recreation. Cartop carriers for skis are $2 a day or $8 a week. The center, in building 667, also has discount ski lift coupons for Squaw Valley at $32—a $3 savings.

Thrift Shop news

The Thrift Shop will reopen Tuesday from 10 a.m. to 2 p.m.

The next Saturday opening (9 a.m. to 1 p.m.) and Flea Market (7:30 a.m. to 1 p.m.) will be Feb. 3.

Volunteers are needed at the Thrift Shop. The Thrift Shop will pay bridge tolls and child care.

At the Movies

Presidio Theatre

Fri, Jan. 5: Shocker (R), 7 p.m. Michael Murphy, Mitch Pileggi. They tried to fry him in the chair, but that only made him meaner. Now he is electric energy gone berserk.

Sat, Jan. 6: The Bear (PG), 7 p.m. Jack Wallace, Tcheky Karyo. Experience the hunt from the point of view of the hunted in this intense outdoor adventure. A fine movie for all age groups.

Sun, Jan. 7: The Bear (PG), 7 p.m.

Mon, Jan. 8: The Bear (PG), 7 p.m.

Tue, Jan. 9: Old Gringo (R), 7 p.m. Jane Fonda, Gregory Peck. Fonda finds herself in the middle of the Mexican Revolution and heading into a relationship with one of Pancho Villa's generals. The Old Gringo is Gregory Peck as Abrose Bierce looking for a glorious way to die.

Wed, Jan. 10: Millenium (PG-13), 7 p.m. Kris Kristofferson, Cheryl Ladd. A government investigator makes some unusual discoveries at the scene of an airline crash.

Thu, Jan. 11: Breaking In (R), 7 p.m. Burt Reynolds, Casey Siemaszko. A crafty burgler decides it's time to pass on some of the secrets of the trade to a younger man.

Fri, Jan. 12: Breaking In (R), 7 p.m.



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- Manpower, Inc.
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WINNERS

Presidio wins award for excellence, page 2



TAX TIPS

Looking for tax help? See page 7



FITNESS

'Psst! Here's the secret to fitness,' page 9



Star Presidian

Vol. 33, No. 2 "Published in the interest of the people of the Presidio of San Francisco" Jan. 11, 1990

News Briefs

State of the Post Address

Sixth Army and Presidio of San Francisco Commander Lt. Gen. William H. Harrison will deliver two State of the Post Addresses to civilian employees Jan. 24. Harrison's first address will begin at 10:30 a.m. and the second will be at 1:30 p.m.; both addresses will be given at the Presidio Theatre.

After each address, Harrison will hold a question and answer period.

Presidians are encouraged to attend.

Cleaning fee limit

Attention Presidians in family housing. As a result of Congressional action, the Department of the Army has placed a cap of $300 on family housing cleaning. This will remain in effect for the rest of the fiscal year. The Directorate of Engineering and Housing staff report that every option is being researched to find ways to continue quarters cleaning and still adhere to the Congressional directive. In the meantime, anyone planning a move in the near future should contact the Presidio Family Housing Office immediately by calling 561-3254.

Commissary closes

The Presidio Commissary will be closed on Monday and Tuesday in observance of Martin Luther King's birthday.

Pre-retirement orientation

A military pre-retirement orientation will be presented at the Officers' Club, from 8:30 a.m. to noon Jan. 22. All retiring soldiers and spouses are invited.

Travel entitlement changes

Enlisted soldiers will no longer be required to turn back their $5.70 per day allowance when receiving per diem travel payments. Enlisted soldiers that have performed travel, on or after Oct. 1, 1989, and have had BAS deducted from their per diem payments, should contact the Travel Section, 561-5611, 561-5612, or 561-5620; Finance and Accounting Office, and make arrangements for refunds. In order to expedite the reimbursement process, copies of previously paid travel vouchers, along with travel orders, reflecting BAS deductions, should be provided.

All Presidians entitled to a dislocation allowance in connection with a permanent change of station will now receive an amount equal to the soldier's Basic Allowance for Quarters for two months. Before Oct. 1, DLA was paid based upon one month BAQ entitlement. Personnel who have received a DLA payment for one month BAQ, for PCS travel which commenced Oct. 1 or later, should contact the Travel Section, Finance and Accounting Office.



Post celebrates King's dream

by Pleasant Lindsey III

Commemoration services for Dr. Martin Luther King Jr. will be held Tuesday at the Presidio Theatre from 9 to 10:30 a.m. The guest speaker will be Marvin E. O'Rear. Lt. Gen. William H. Harrison, Sixth U.S. Army and Presidio commander, will make opening remarks.

He was not the most popular man in America while he lived, yet the principles of freedom and equality that he represented live on in the heartbeat of America long after his death.

Born Jan. 15, 1929 in Atlanta, Ga., Martin was the second child of Alberta and Martin Luther King Sr. Known as "Daddy" King, Martin Sr. was the pastor of Ebenezer Baptist Church and didn't allow anyone to treat him as a second class citizen.

Segregation

While growing up King could play with white children—that is, until he reached a certain age, when suddenly he was considered unfit to play with white children.

He discovered he could drink only from "colored only" water fountains; could shop only in the back of major stores; and was expected to sit in the back of the bus and give up his seat to white passengers if all the seats up front were taken.

Such rules were strictly enforced, King discovered. Once, his junior high school debating team was returning from a competition on a bus that stopped in small towns to pick up other passengers. Although his classmates gave up their seats to white passengers and moved to the rear, King refused to give up his seat. The bus driver made him stand for the rest of the ride home—approximately 90 miles.

Signs of brilliance

King knew the rules of the "Jim Crow" South. He wasn't ignorant. In fact, he developed a character during his youth that, coupled with his intelligence, would lead him to create a stir everywhere his path would lead.

At 15, Martin Luther King Jr. became the

See King's dream, page 3

Voices

Presidio View

by Lt. Gen. William H. Harrison



CG explains 'Hoo Ah!'

Presidians All;

Happy New Year again! 1990 continues as a great year. The New Year's Eve run here at PSF was well attended, good weather and a great way to welcome the New Year. Then on Tuesday, the second, my first official act for the year was to promote my driver, Jeff Oates, to sergeant. Hoo Ah! Now that's a really great way to start the new year.

On the third I visited Brig. Gen. Dick Larsen and all the good folks at Oakland Army Terminal. They do a super job for all of us in many ways. I went to the auto shipping point and talked to a number of folks there. They all gave our military and civilian employees high marks. To each of them—a real loud Hoo Ah!

Also, on the third, I had the honor of making an award to one of our outstanding civilian employees, Mr. LaTour of the IG office. He has been selected for a promotion which entails a transfer. We hate to lose him, but are happy for him.

Friday, I had the opportunity to talk to a theater full of our NCOs. I always enjoy that and we followed this talk with a "Bosses Night" at the NCO Club. So, not only did I have the privilege of talking to them, but also meeting many of them socially.

To go back some—as I have done on other posts—I took the time during the half day period to visit our civilian and military work force. I tried to get to every activity, but I know I didn't make them all. But I thoughougly enjoyed meeting all of you that I did get to see— and I especially enjoyed meeting you at your work-place. I sincerely appreciate all you do 365 days a year for our Army, for Sixth U.S. Army and for the Presidio of San Francisco—a Very Special Place! For those activities I didn't get to—rest assured I will try to get to your area in the not-too-distant future.

During my visits I met one lady who asked me what Hoo Ah means. I promised her I would share my explanation as provided to J. Michael Kenyon, a news columnist for the Tacoma, Washington *Tribune*. He asked the same question some time ago and here's how I responded ... "Hoo Ah is generally a positive statement (not to be confused with 'Gesundheit') that can be substituted for any of the following expressions: 'Yes,' 'Way to go,' 'Congratulations,' or 'Have a nice day.' Some sergeants even use it in lieu of 'Good night, sweetheart.'

"In short, 'Hoo Ah!' is everything, but not everything is 'Hoo Ah!' Flat tires, dirty weapons, extra duty and monthly bills (and I've since added base closures) are definitely not 'Hoo Ah'!

"As to the origins of the expression, there are many different theories. Legend has it that Julius Caesar uttered 'Hoo Ah!' when informed of an important military victory (the chariot that brought the news was on his foot). His subordinate, taking it as an expression of elation, continued to pass the news using the same expression,. or so the story goes. The Pentagon sought to have 'Hoo Ah!' made into an acronym for 'Here's One of our Heroes' (Pentagon staffers can't spell), but soldiers have never accepted the official version anyway.

"But seriously, 'Hoo Ah!' is nothing more than a greeting or acknowledgement, which when used by professional soldiers implies spiritual and mental toughness, determination, confidence, self-discipline and mutual respect. Its use also indicates the individual's dedication to mission accomplishment along with a strong commitment to and concern for fellow soldiers, the unit and the community.

"So to our friends and neighbors in the Tacoma (and the San Francisco) area, if you should ever receive a soldier's 'Hoo Ah!' don't reach for your handkerchief. We're just saying 'Yes,' 'Good job,' or 'It's a GREAT day to be in the United States Army at Fort Lewis, Washington (I now say Presidio of San Francisco).'

"Hoo Ah!"

So, there you have it—my explanation of 'Hoo Ah!'

God Bless you one and all and Hoo Ah!'

William H. Harrison
Lieutenant General, USA
Commanding

"To love what you do and feel that it matters—how could anything be more fun?"
—Katherine Graham

Community of excellence

UNITED STATES ARMY
THE CHIEF OF STAFF

Dear General Harrison:

I congratulate you on the selection of the Presidio of San Francisco Community as a major command winner in this year's Commander-in-Chief and Army Community of Excellence awards competition.

Your community's demonstrated ability to provide excellent services in excellent facilities embodies the essence of the ACOE program — uncompromising support to the men and women of the trained and ready Army. Your hard work has created an environment of dignity and respect in which soldiers, civilians, and family members can live, work, and grow.

Please convey to every member of the Presidio of San Francisco Community my enormous pride in what you have collectively accomplished. I thank you for a job well done.

Carl E. Vuono
General, United States Army
Chief of Staff

by Erica Haspiel-Szlosek

For the first time ever, the Presidio has been named a major command-level winner in the Army Communities of Excellence competition. This competition is based on an installation's excellence in providing quality facilities and services. The nomination packet, assembled by the Ideas of Excellence staff, included lengthy statements on how various parts of the post function and a host of photographs.

Some of these photos showed dramatic before and after photos of newly-improved facilities such as the Child Development Center, the Presidio commissary, the Bowling Center, and the Self Help Center. Other photos highlighted some of the too-numerous-to-mention self-help projects such as the shrub and flower box plantings outside building 87 and the newly-painted stairwells in the Finance and Accounting building. All of these projects were done by the soldiers and civilian employees of the Presidio because they wanted to improve the appearance of their work sites.

The Presidio, along with five other installations, was named by Forces Command as a winner in the competition in late December. Gen. Carl E. Vuono, U.S. Army Chief of Staff, has offered his congratulations to all members of the Presidio community. Everyone has had a hand in making the post one of excellence.

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The *Star Presidian* is an unofficial publication authorized by AR 360-81. Editorial content is prepared, edited and provided by the Public Affairs Office of the Presidio of San Francisco, California. The *Star Presidian* is published weekly by Coast Publishing, a private firm in no way connected with the Department of the Army, under exclusive written contract with the Presidio of San Francisco, California.

The *Star Presidian* editorial offices may be reached by calling 561-3908.

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Etc.

King's dream, continued from page 1

youngest student ever to enroll in Morehouse College. During these college years King got the chance to venture north and see how people, particularly blacks, in other parts of the country lived.

King's experiences showed him that people were treated differently in different parts of his world, and that rules that applied in one region didn't necessarily apply in another.

At 18, King was ordained into the ministry at his father's church and named assistant pastor. But he had learned the value of education and, upon his graduation from Morehouse at 19 King entered Crozer Theological Seminary in Chester, Pa., for his master's degree.

While at Crozer, King found the weapon he would use in his battle for equality.

Non-violence

His father's influence and his religious background wouldn't allow King to seek revenge for injustices through violent means. But hearing a seminar about a lawyer from another country provided the took King would need to spread his message.

The seminar King had attended focused on the work of a lawyer from India named Ghandi, called Mahatma or "Great Soul." While practicing law in South Africa, Ghandi saw the effects of racial prejudice and returned to his native India to battle against the oppression forced upon his people by British rule. The weapon he used was non-violence and love.

Through speeches and non-violent resistance the people of India turned world opinion against British rule and were able to gain their independence in 1947.

Now King had the weapon that would help him fight his battle against inequality.

In 1953 King married Corretta Scott of Marion, Ala. in a ceremony performed by his father. He was working on his doctoral studies during this time, and in 1954 accepted an offer to pastor the Dexter Avenue Baptist Church of Montgomery, Ala.

It was from this pulpit that Martin Luther King Jr. would declare war.

Boycott

In December 1955, one of the most famous incidents in American history occurred when a seamstress refused to give up her seat on a crowded bus.

Rosa Parks had just left work and was sitting in the fifth row of the bus, behind the first four "whites only" rows. Other white passengers were standing and the bus driver told the blacks sitting near the front to move to the rear. But Rosa Parks refused to move. Parks was arrested and charged with violating a city ordinance on racial accommodation.

A committee was formed among black activists in Montgomery to show the city how much economic leverage the black community held. The committee decided to boycott the bus line in the city and contacted black taxi cabs and formed carpools to meet transportation needs. Soon after the boycott began, the committee was named the Montgomery Improvement Association, and King was named its president.

In the Association's first official meeting, King spelled out the group's purpose when he said, "We are protesting for the birth of justice in the community... ."

His house was bombed during the boycott, but no one was hurt. The boycott continued until the Supreme Court declared the city's practice or racial accommodation unconstitutional.

'I have a dream'

The boycott was just the beginning of King's battle against injustice. There would be more protest marches in Birmingham and other cities. King would be arrested on civil disturbance charges while protesting segregation in restaurants.

In 1963 King led a protest march of adults and children through the streets of Birmingham that was met by club-wielding policemen, dogs and fire hoses.

Nearly 1,500 school children were arrested, many were injured, and the whole event was witnessed nation-wide on television.

In August 1963 nearly a quarter of a million people marched on Washington, D.C. calling for civil rights for all Americans. It was here that King told America about his dreams for the future.

"I have a dream that my four childen will one day be judged, not by the color of their skin but by the content of their character... ."

That speech would become King's most famous.

In 1964, King traveled to Norway to receive the Nobel Peace Prize. He also spoke at St. Paul's Cathedral in London, England.

In March, 1965, King led a march from Selma, Ala., to the state capital in Montgomery to protest for voting rights in the state. Five months later the Voting Rights Act became law.

The dream lives

During the latter part of his life King fought for other causes as well. He fought for workers' rights, and he spoke out against American involvement in Vietnam. King wanted the money spent on the war to go toward helping the poor in the United States.

In April, 1968, King went to Memphis Tenn., to show support for striking garbage workers. He already had spoken to them earlier in the year and was setting up a protest march for them to air their demands.

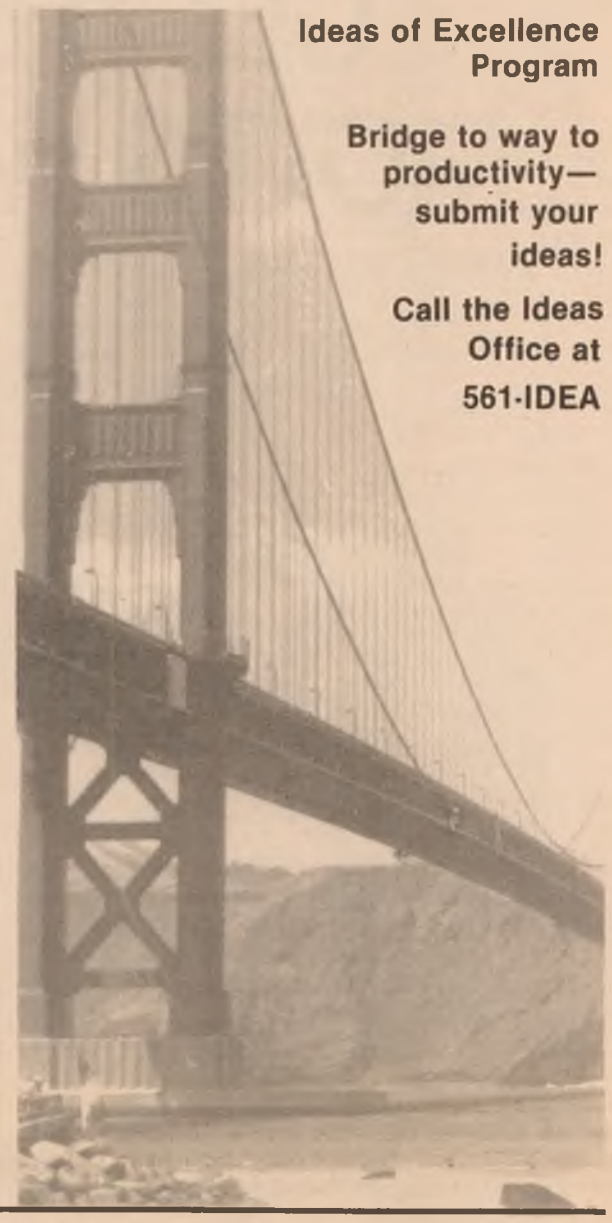
But on the morning of April 4, while King was standing on a hotel balcony talking to some friends, an assassin's bullet struck him in the neck. Minutes later, he was dead.

The bullet may have removed the man, but it didn't remove the dream of equality for all people.

Through his speeches and his actions, Martin Luther King Jr. made his mark in American history.

The commemoration service in the post theater is titled, "Living the Dream; Making it a Reality." All members of the Presidio community are encouraged to attend. O'Rear, the keynote speaker, is director of the Veterans Administration Medical Center, Livermore, Ca., and is chairman of the Federal Executive Board.





Ideas of Excellence Program

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Job Opportunities

CPO Jobs

Correspondence Clerk (Typing): 634-89(NB), GS-309-5, open until closed.

Public Affairs Specialist: 02-90(MB), GS-1035-5/7, closes Feb. 9.

Public Affairs Specialist: 09-90(MG), GS-1035-7/9, closes Feb. 16.

Computer System Programmer: 10-90(MG), GS-334-5/7/9/11, closes Feb. 16.

Library Technician (Typing): 681-89(RW), GS-1411-5, open until filled.

Supervisory Traffic Management Specialist: 682-89(MG), GS-2130-12, closes Feb. 28.

Deputy Garrison Commander: 683-89(DW), GM-304-15, open until filled.

For more information and job announcements call the Job Information Center at **561-5732** or visit the Civilian Personnel Directorate, building 37, between 7:30 a.m. and 4 p.m. Generally, applications will only be accepted from career or career-conditional employees (or people eligible for special programs such as VRA or 30 percent disabled veterans).

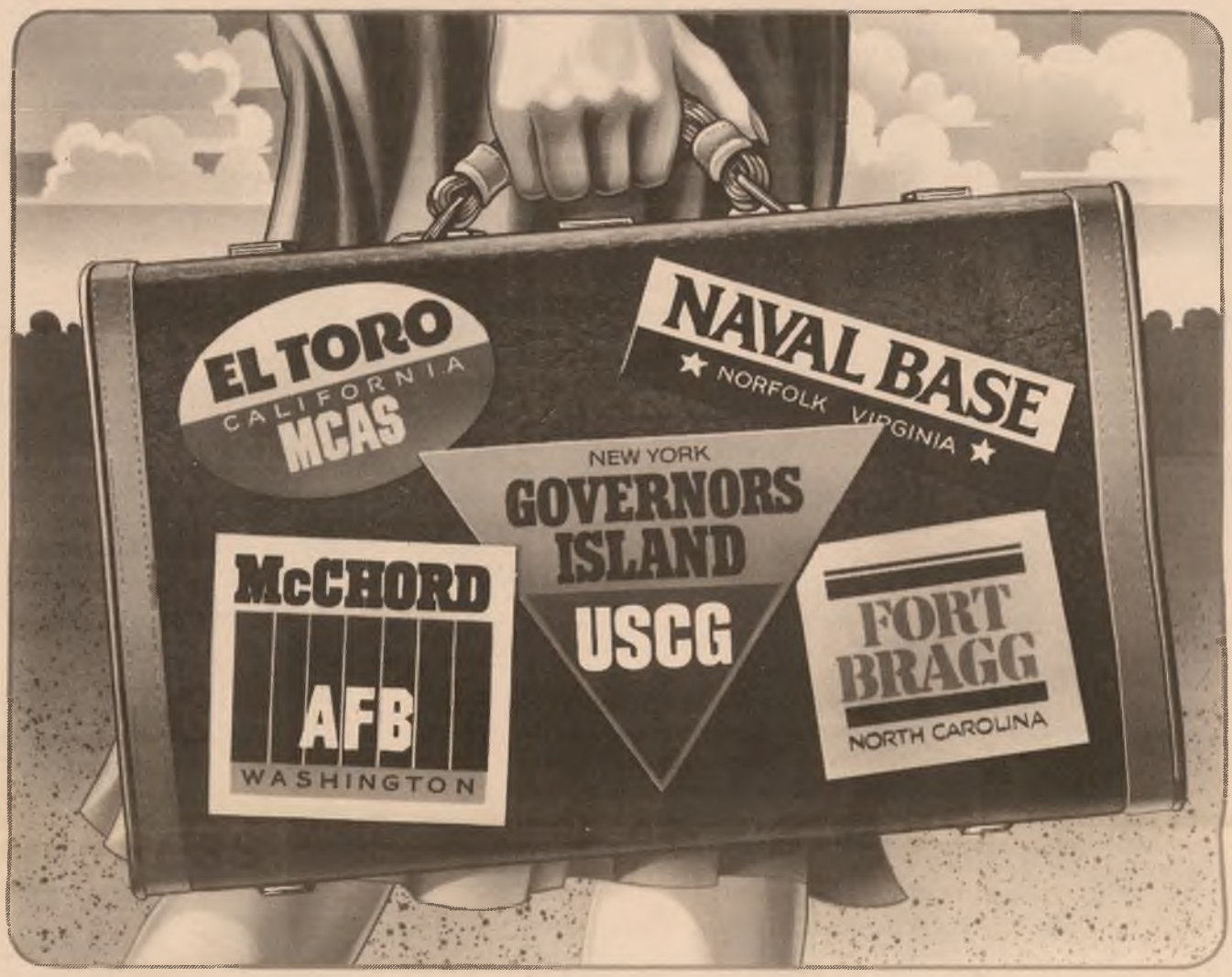
Job faire

The Community Career Education Center will sponsor an Affirmative Action Job Faire on Tuesday from 10 a.m. to 2 p.m. and 4 to 7 p.m. at the San Mateo County Fairgrounds in San Mateo, Calif. Admission and parking are free. Over 80 Bay Area employers will be recruiting Bay Area wide.

All skill areas will be sought. The full spectrum from entry-level to professional and technical jobs will be available.

For information, call **345-0753.**

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Helping Out

Engineers build schoolhouse for Hondurans



by Joel P. Smith

Presidio soldiers recently laid the foundation for a three-room schoolhouse for Honduran children and built housing and storage facilities at Honduras' Soto Cano Air Base.

Carpenters, masons, and heavy equipment operators from the 864th Engineer Battalion, Company C, comprised the 34-man task force from Oct. 3 to Dec. 1, 1989.

"Soldiers in the exercise learned a better appreciation of the Army's role in helping the allies help themselves," said 1Lt. Johnny L. Walker, platoon leader for the projects.

Walker said the work on the schoolhouse, in particular, "showed soldiers the Army's role in foreign relations."

Sgt. John. P. Meade, non-commissioned officer in charge of the schoolhouse project, agrees.

Meade said before only about 20 children in Comayagua, the township where the school is being built. They had been studying at the teacher's home.

"[Working in Honduras] definitely opened our minds up to how impoverished their country is," Meade explained. "We got really motivated working for people who needs us.

"The people there learned that our government is trying to help them."

Meade's unit—second squad, Vertical Platoon—worked about three weeks in eight-man shifts, 10 hours a day, to lay a foundation for the school, Walker said.

The soldiers also erected a storage shed for the school.

Other soldiers, from Charlie's parent battalion at Fort Lewis, Wash., will complete the project. Estella De Ruiz Schoolhouse, when completed, will hold as many as 90 children.



photo by Gregory Linville

PFC Martin Compton, an 864th Engineers Co. C carpenter, works on transient quarters in Soto Cano Air Base, Honduras.

Hondurans—men, women and children of all ages—Meade notes, pitched in with the work, and were generous to the soldiers.

Meade said women and children brought him at least two meals a day: steaming tortillas in baskets, plates of fried rice and bananas.

The meals were a cultural exchange, he says, since the soldiers offered their bag lunches of carrot sticks and cold bologna sandwiches in return.

Residents of the township, near Soto Cano Air Base, lent soldiers tools and occasional assistance.

The greatest difficulty in the project, Meade said, was facing the heat. He said he lost 14 pounds in temperatures which ranged between 90 to 110 degrees.

Soldiers also worked on the air base, building a hazardous waste storage facility and temporary quarters for visitors.

Sgt. Reginald L. Spivey was the NCOIC of the project, completed Nov. 29, 1989. He said the work offered Charlie's soldiers a chance to work in their military occupational specialties.

Soldiers in the company currently spend only 30 days a year working in their chosen trades because of a dearth of construction projects on post, he said.

Capt. Gregory Linville, company commander, said the schoolhouse was the best humanitarian effort of the exercise.

"I think we're providing more opportunities for children when they get older.

"Hopefully, we've made their town and their culture a little better."



photo by Steve Morey

Honduran children's education opportunities will be improved with the the construction of a new school house by 864th Engineers.

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Tax Tips

New year brings tax changes

Highlights of recent tax law changes include:

- ❑ The amount of each personal and dependency exemption has increased to $2,000 for 1989, $50 more than allowed for 1988. (Remember: If you are entitled to claim another taxpayer as a dependent, that person cannot claim a personal exemption, too.)
- ❑ Only 20 percent of personal interest expenses on loans, bank credit cards and the like can be deducted this year, a drop from 40 percent last year.
- ❑ You are required to give the Social Security number of any dependent you claim who is age 2 or older at the end of the tax year. Applications and information can be obtained from the Social Security Administration.
- ❑ Beginning in 1990, most taxpayers age 24 or older may exclude interest on redeemed Series EE U.S. Savings Bonds issued after 1989 if they pay tuition and required fees for themselves, their spouses or dependents at an eligible educational institution.
- ❑ If a child has more than $500 but less than $5,000 in interest or dividends (including Alaska Permanent Fund dividend), no federal income tax withheld and no earned income, the parents may be able to choose to include this unearned income on their return. However, the child must be under age 14 at the end of the parent's tax year. This procedure cancels the child's requirement to file a tax return.
- ❑ If part of a child's income is taxed at the parent's tax rate, the child is not eligible for the regular exemption when figuring alternative minimum tax. The child's alternative minimum tax exemption will be limited to $1,000 plus the child's earned income. (The alternative minimum tax is a special tax designed to ensure that all taxpayers pay at least some tax regardless of the deductions and credits to which they may be entitled.)
- ❑ Both self-employed individuals and their employees may choose to be exempt from paying Social Security taxes if they are members of a religious faith that conscientiously opposes acceptance of public or private insurance benefits.
- ❑ Self-employed artists, writers and photographers were subject to a uniform capitalization rule, which required them to add to the basis or include in inventory direct and indirect item production costs. The rule has been eliminated, retroactive to 1986.

More information on any of these tax law changes can be found in Internal Revenue Service Publication 553, *Highlights of 1989 Tax Changes*. For a free copy, call toll-free **(800) 424-3676.**

After Feb. 6, Presidians can call the tax hotline at 561-2TAX for help.

TODAY.

If you need help doing your taxes, call or visit your local IRS office. And make your taxes less taxing.

Make your taxes less taxing. Do them today.

A Public Service of This Publication & Ad Council Internal Revenue Service

Putting money away for a rainy day

Working persons interested in tax-deferred savings and a likely tax deduction may want to start or continue an Individual Retirement Arrangement.

All IRA earnings are tax-deferred. That means no tax has to be paid on earned interest or gains until the funds are withdrawn. If you meet the eligibility requirements, you may be able to realize significant tax savings by deducting the annual maximum $2,000 IRA contribution on your tax return.

Generally, you can claim the maximum deduction if neither you nor your spouse is an active participant in an employer-maintained retirement plan. The amount of your adjusted gross income is not a factor here.

If either of you actively participates in an employer-maintained retirement plan, the full IRA deduction can be claimed only if your adjusted gross income is less than $40,000 for married couples filing jointly or $25,000 for singles. The allowable IRA deduction begins to phase out at those income levels and disappears altogether at $50,000 for couples filing jointly and $35,000 for singles. You can still make non-deductible contributions to make up the difference between the amount deductible and $2,000.

In recent years, spouses of employed taxpayers have been able to have IRA accounts even if they receive no compensation.

Additional information is available in IRS Publication 590, *Individual Retirement Arrangements*. You can get it free by using the order form in your tax package or by calling toll-free **(800) 424-3676.**

For more help, see your unit tax assistant, or call 561-2TAX after Feb. 6.

5|2 +2

Double check your tax return.

Errors delay refunds!

Internal Revenue Service

Above information by the Internal Revenue Service and the American Forces Information Service



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- Caltrans
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- California Highway Patrol
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- Encom
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Sports

Feel mahvelous with 'Fit to Win' program

by Duvel White

"To look mahvelous is to feel mahvelous. To feel mahvelous is to be mahvelous. And dahlings, you rrook mahvelous!"

It works for comedian Billy Crystal when he simplifies life for one of the many characters he plays on television. But, away from the neat 30-minute packages in which lives are lived and problems solved forever, looking and feeling good is not one eternal ride into the sunset.

Fortunately the Presidio has a program to help. The Presidio Health Promotion Program (whose motto is "Fit to Win") aims to promote a healthy, lifestyle and further the concept of wellness for the Total Army community on the Presidio.

"Being healthy is a lifestyle," according to Robert Darling, the "Fit to Win" coordinator. "We want to help the entire military community establish healthy habits. I have people come into the gym and tell me, 'I gotta lose 10 pounds in a week!" I can't help them. Give us three months and they can lose the weight and keep it off by developing healthy habits."

Healthy habits cover more than just exercise, according to Darling. "That [exercise] is just one spoke in the health fitness wheel," he said. "Health fitness includes nutrition, weight control, stress management, substance abuse prevention... even spiritual fitness."

Since all these health resources aren't found under one roof, a Presidio Health Promotion Council was established yesterday. The council is part of an ongoing program to identify Presidio health problem areas and focus resources on those problems. The change is that all the various health agencies will work together within the "Fit to Win" program to help the whole military community. There will be further information released regarding specific programs and who is eligible.

"The Presidio is in a great area, with great facilities," Darling explained. "We just want to do the best we can with all of them. We want to use this program so that if a commander has a problem within his unit, we will have a specialist who can help answer his questions.

The "Fit to Win" program is hoping to support units by offering training in various health related classes. Another service which was added three months ago, is the Health *Risk Appraisal Program* offered by the Preventive Medicine section of *Letterman Army Medical* Center.

This program involves having a military community member, or even entire units, fill out questionnaires covering lifestyle habits ... have cholesterol count taken, blood pressure measured... . This information is then evaluated and an individual risk profile is given.

"Once the computer kicks out the health risk profile a clinical nurse will go over the results and will tell you where you have problems," Darling said. "Any problems that are discovered will be treated with a medical appointment."

If there are areas in which you need information you will be referred to the appropriate community education facility. If you have questions regarding the Health Risk Assessment, call **561-4159**, or if you have questions regarding the "Fit to Win" program call Robert Darling at **561-4120** or **561-5032.**

"When a person is healthy and fit it ties over to their whole life," Darling concluded. "We are here to help have a healthier community, that feels better and is more productive. Being healthy is like building a house: start with a good foundation and build on it."

And later, dahlings, you can rook, feel, and be mahvelous!

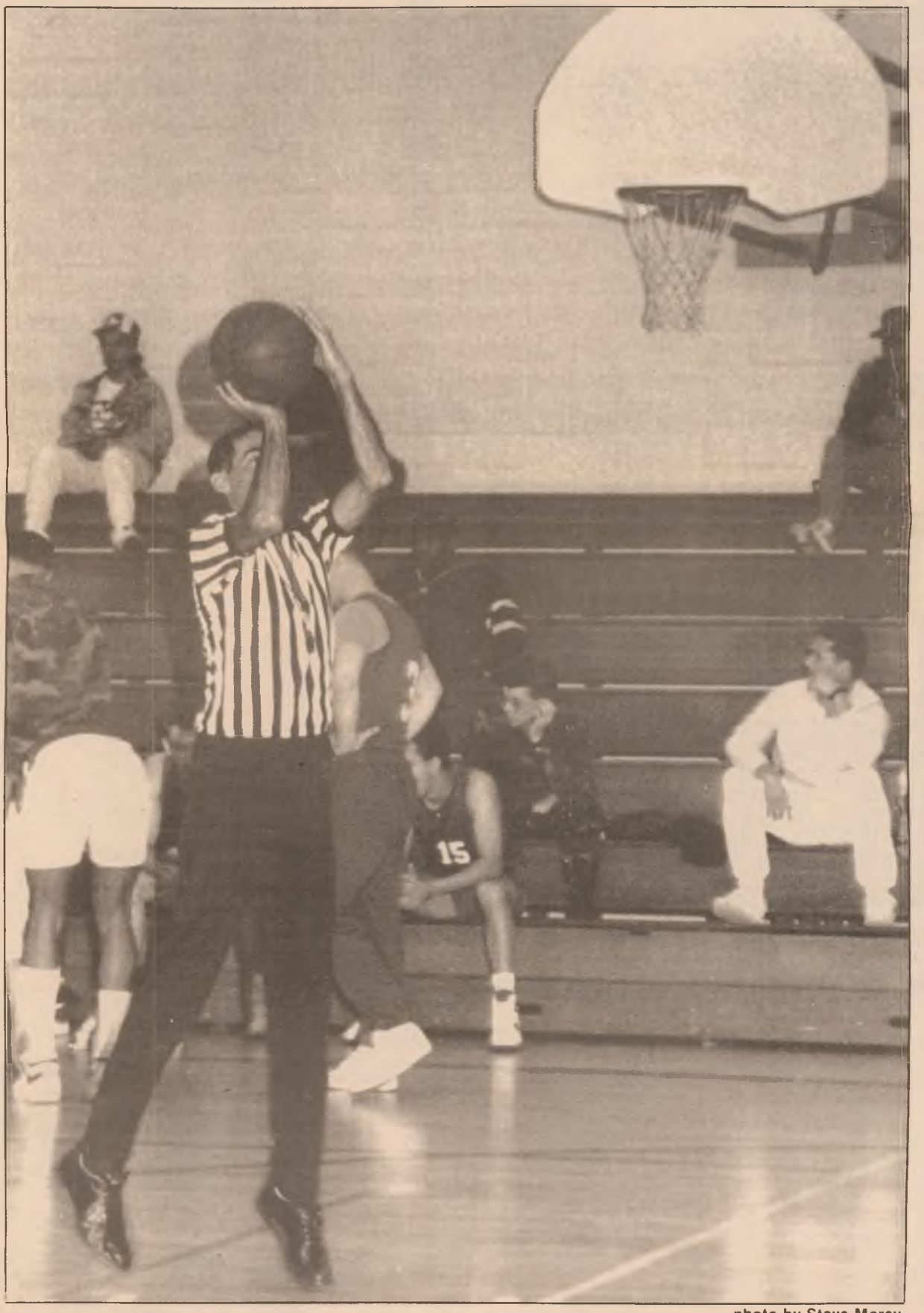


photo by Steve Morey

Take Five

Referee John Funes practices his jumper during a break in the Christmas Basketball Tournament action at Gym No. 1.



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Community Calendar

Toastmasters

Toastmasters will give you the chance to be able to speak with confidence, think on your feet, increase your earning power and listen effectively. Come see what Toastmasters can do for you. Meetings are held every second and fourth Thursday from noon to 1 p.m. at the USO, building 223.

Let public speaking be you New Year's resolution!

Leave donation

Many of you are aware that Lula Bosley, a Presidio employee, underwent major surgery in July and currently is receiving chemotherapy. She is still in a leave without pay status. Should you wish to donate leave to Bosley, call the Management-Employee Relations Division at 561-2255 or 561-2256.

Bosley has expressed her sincere appreciation to all the employees who have donated leave on her behalf. She wishes each and every one of you a very healthy and joyous new year.

Letters to the Editor

Do you have something to say which might interest other *Star Presidian* readers? Then say it!

All you have to do is write a letter to the editor and address it to:

Letters to the Editor
ATTN: Editor, *Star Presidian*
Building 37, Room 215
Presidio of San Francisco, CA 94129

All we ask is that you type your letter with a 60-character line (margins at 30 and 90, for example) and double-space it.

We really want to hear from you! Don't *you* want to know what your fellow Presidians are thinking about? Write us!

Computer Center study

Most Presidians are aware of the computer workshops offered by the Education Center, but do you know about all the learning opportunities available through the Computer Based Learning Center.

Even if you haven't been able to get time off to attend computer workshop, or if the workshop schedules haven't worked for you, you don't need to give up your goal of gaining new computer skills. Many computer subjects are available for individual learning, including a course of absolute beginners, Introduction to Microcomputers. Other available subjects are DOS, several word processing programs, LOTUS 1-2-3, ENABLE, database programs, Framework, programming languages and some additional business programs.

Some of the courses are presented by the PLATO system computer, others use IBM personal computers, and some include videotapes and textbooks.

A qualified computer instructor is on duty to assist you if you run into any difficulties.

The Computer Based Learning Center is located in the Fort Scott Education Center, building 1216, and is open Monday through Thursday from 7:30 a.m. to 7 p.m. and Friday from 7:30 a.m. to noon. Advice on course selection can be obtained from a counselor at Fort Scott or at the LAMC Education Center, building 1014.

New dance classes

New dance classes are being offered at the Youth Activities Center.

For enrollment information and a class schedule, call Cindy McGeahy at 752-6705.



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'Glory'

The men of the 54th Regiment launch their heroic attack against the Confederate-held Fort Wagner in 'Glory,' now showing in Bay Area theaters.

GMAT

The Fort Scott Education Center will administer the Graduate Management Admission Test on March 19 from 7:30 a.m. to 12:30 p.m. The GMAT is given free to active or reserve soldiers who plan to pursue a master's degree in business. Interested soldiers must order a test no later than Feb. 5, during an in-person counseling session at the Army Education Center, building 1216, or the LAMC Education Center, building 1014.

Whale sightseeing

Now is the best time of year to see gray whales migrating to Baja, Calif. Join San Francisco Zoological Society naturalists for an 8-hour excursion from Sausalito to Point Reyes on Sunday.

Winter seas may be rough, but past trip-takers say the ride is worth the spectacular sight of the whales. Children must be at least 12 years old and accompanied by an adult.

The trips costs $35 for Zoological Society members and $45 for non-members. Registration is required. For information, call 753-7080.

San Francisco Zoo Run

Swing by the Primate Discovery Center, lope past the giraffes and strut alongside Penguin Island in the San Francisco Zoo's 14th Annual Zoo Run on Sunday.

Seven thousand runners are anticipated for the seven-mile run beginning at 8 a.m. and the three-mile family run/walk at 9 a.m. Race-day registration begins at 7 a.m. for both races in this Northern California classic.

The course passes gorillas and giraffes, lions and leopards, primates and pachiderms on a scenic route around and through the zoo. The seven-mile run follows a course up the Great Highway with the final leg of the race inside the zoo.

Zoo Run plaques will be presented to the top three men and three women finishers in each race. The top 100 men and women in both the seven- and three-mile runs will be awarded Zoo Run ribbons. All registered entrants will receive a souvenir poster, the 1990 Zoo Run T-shirt and free admission to the San Francisco Zoo the day of the run.

Pre-registration for San Francisco Zoological Society members is $10 for adults and $5 for children younger than 16 years old running with an adult. For nonmembers, the pre-registratin fee is $12 for adults and $6 for children. Race day registration is $15 for everyone.

For more information or to receive a registration form, call 753-7080.

Outdoor Rec on credit

Outdoor Recreation now accepts some major credit cards on Lake Tahoe rentals, discount ski lift coupons, and ski equipment rentals.

Package ski trips to Bear Valley Feb. 9 to 11 are $75 a person. Trips to South Lake Tahoe March 9 to 11 are $70 a person. For more information, call Information, Tour and Travel at 561-3992.

Skis, boots and poles are $7.50 a day, or $30 a week at Outdoor Recreation. Cartop carriers for skis are $2 a day or $8 a week. The center, in building 667, also has discount ski lift coupons for Squaw Valley at $32—a $3 savings.

At the Movies

Presidio Theatre

Thu, Jan. 11: Breaking In (R), 7 p.m. Burt Reynolds, Casey Siemaszko. A crafty burgler decides it's time to pass on some of the secrets of the trade to a younger man.

Fri, Jan. 12: Breaking In (R), 7 p.m.

Sat, Jan. 13: Look Who's Talking (PG-13), 7 p.m. Kirstie Alley, John Travolta. A marriage-minded young mother's activities are verbally observed by her infant son (voice of Bruce Willis).

Sun, Jan. 14: Look Who's Talking (PG-13), 7 p.m.

Mon, Jan. 15: Look Who's Talking (PG-13), 7 p.m.

Tue, Jan. 16: The Abyss (PG-13), 7 p.m. Ed Harris, Elizabeth Mastrantonio. While salvaging a crashed nuclear sub, and underwater oil rig team battles for their lives in a series of disasters and an alien lifeform.

Wed, Jan. 17: Halloween 5: Revenge of Michael Meyers (R), 7 p.m. Donald Pleasence, Daneille Harris. Crazed killer Michael Meyers stalks the streets once again in search of new prey.

Thu, Jan. 18: Dad (PG), 7 p.m. Jack Lemmon, Ted Danson. A dying father and his son rediscover each other after years of not getting along.

Fri, Jan. 19: Dad (PG), 7 p.m.

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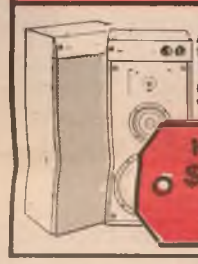
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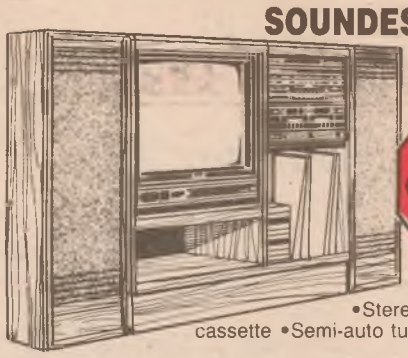
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SALE ENDS JAN. 17, 1990

Star Presidian

Vol. 33, No. 3 | Published in the interest of the people of the Presidio of San Francisco | Jan. 18, 1990

News Briefs

State of the Post Address

Sixth Army and Presidio of San Francisco Commander Lt. Gen. William H. Harrison will deliver two State of the Post Addresses to civilian employees Jan. 24. Harrison's first address will begin at 10:30 a.m. and the second will be at 1:30 p.m.; both addresses will be given at the Presidio Theatre.

After each address, Harrison will hold a question and answer period.

Presidians are encouraged to attend.

Sixth Army Birthday

Sixth U.S. Army is inviting all Presidians to attend its birthday celebration. On. Jan 24, there will be a Sixth Army birthday muster and fun run at 3 p.m. Afterwards, there will be a birthday cake-cutting ceremony. Sixth Army and Presidio Commander Lt. Gen. William H. Harrison will speak about the history of Sixth U.S. Army before the run.

CHAMPUS supplements

Families of Presidio soldiers and retirees may be facing increasing medical costs if they receive health care outside the military system. This problem may be worse for retiree families because their share of the costs can be as much as $10,000 a year while the limit for active duty families is $1,000. Supplemental insurance *policies are designed to reimburse patients for* the portion of the medical costs they must pay after CHAMPUS.

The Surgeon General has determined that there are a number of reasonably priced supplemental plans available. Costs, benefits and eligibility vary from plan to plan. To talk with a CHAMPUS representative on post, call **9-561-0650.**

Quarters cleaning

In October 1988 the Army initiated a program to pay for contract cleaning of family quarters when a soldier has a Permanent Change of Station move. The funding for this program has been greatly reduced for the current fiscal year. As a result, there will be some changes in the cleaning standards required by present occupants. The standards for those who have already scheduled a quarters termination date is not affected.

A new cleaning contract is now being negotiated at the Presidio. This will reflect new limits on the amount of money allocated to pay for cleaning each vacated house. The Family Housing office staff will do their best to keep occupants informed of these changes.

Pre-retirement orientation

A military pre-retirement orientation will be presented at the Officers' Club, from 8:30 a.m. to noon Monday. All retiring soldiers and spouses are invited.

Newspaper deadline

To have your announcement published in the *Star Presidian* please follow these guidelines: double space and type all submissions, use *civilian* dates and times, include a first and last name for all points of contact. Deadline for all copy is **Thursday,** close of business, for publication the following week. Mail or bring materials to the *Star Presidian* office, building 37, room 215.



Post recycling saves tree$

by Duvel White

Forested areas roughly the size of East and West Germany combined—125,000 square miles—are cleared in the Amazon rain forests every year, according to Rain Forest Action Network spokesperson Katy Montgomery.

These are scary numbers, but maybe they seem distant. Who cares about the Amazon rain forests? After all, we work and live on the Presidio.

Yet, chances are that if you look out the window of your office here you'll be looking at a tree, or maybe even a wooded hillside. Now look at all the paper laying around the office—those newspapers for example.

A three-foot stack of newspapers requires cutting down a three-foot tree, according to Montgomery. Look out the window.

Seventeen trees have to be cut down to make one ton of newsprint paper. Now, look out the window again.

Nice trees.

But there is hope for slowing down the Pac-Man-like gobbling of the world's natural resources. Recycling is one way to save what we have left.

Here on the Presidio a Recyclable Material Sales Program which began July 1, 1989, has averaged collections of 20 tons of high-quality white paper and 10 to 15 tons of cardboard each month.

"Recycling is for the future," said Floyd Terry, chief of Services Division and director of the recycling project. "We are running out of natural resources, and the more we recycle now, the more resources will be left for future generations.

"Our program is important because it brings money into the MWR [Morale, Welfare and Recreation] Fund and looks out for the future of our environment," he added.

See Trees, page 3

Who to call

Recycling information

High-grade white paper or cardboard

In office collection boxes; see your supervisor or call the Recycle Branch at **561-6140.**

Scrap metal, batteries or motor oil

The Auto Skills Center (building 662) accepts old appliances, scrap auto parts and other scrap metal. The center also collects used auto batteries and motor oil. For more information call **561-5521.**

Newsprint, aluminum cans, 2-liter plastic soda bottles

Currently, there are no recycling points on the Presidio for these items. However, they may be turned in at "Many Happy Returns," one of four non-profit recycling centers run by the San Francisco Community Recyclers. "Many Happy Returns" is located on the corner of Chestnut and Mason Streets in the Marina District and is open from 9 a.m. to 2 p.m. every day. For more information, call **285-0669.** Here are some current prices you will be paid for recycled materials:

Aluminum (Calif. redemption labeled)	$.65 per lb.
Aluminum (mixed, without redemption label)	$.64 per lb.
Glass (Calif. redemption labeled)	$.05 per lb.
Glass (mixed, without redemption label)	$.04 per lb.
Plastic (2-liter soft drink bottles)	$.35 per lb.
Steel-topped aluminum cans	$.13 per lb.

Voices

Environment: now is the time to think green

by Erica Haspiel-Szlosek



It's not easy to be an environmentalist in the 1990s. Being sensitive to the environment is a lot of work and frankly there are days when I'm just too tired. Just this morning I emptied a 2-foot-thick file into my officemate's trash can without bothering to sort through for recyclables. I didn't want all that evidence lying around in *my* trash.

Well there's an upside to the story. Namely that my co-worker returned from lunch saw what I had neatly—and discreetly— buried at the bottom of his trash, and threw a fit. He even had the audacity to spend the next five minutes going through that stuff, pull off the envelopes and stuff the paper into his desktop recycling bin.

Did I feel guilty? You bet.

After 20 years of preaching the environmental lifestyle credo to the masses, there I was—caught red-handed. It got me thinking.

This April the United States celebrates the 20th anniversary of Earth Day. On April 22, 1970, more than 20 million people rallied to save the planet. Largely as a result of their efforts the Clean Air Act was passed and the Environmental Protection Agency was established. These are impressive grass roots results.

Perhaps even more important is the role the environment plays in our lives today. Every major news magazine now carries an environment section; television news reports often put an environmentally-related story in the forefront of their newscast and even the most conservative of schools incorporates some sort of environmental curriculum.

Why should Americans continue to care about the environment?

You would have to have spent the last 20 years in a hermetically sealed bubble to have missed all the environmental problems of the past two decades. From the oil spill of the *Exxon Valdez* to the deforestation of the Amazon; to the discovery of a major ozone hole over Antarctica; environmental problems loom large on the horizon.

Looking beyond the "big solutions"—like the installation of scrubbers on smokestacks or revamping clean air legislation—there are still plenty of areas where a little grass roots effort goes a long way. According to *Time* magazine, in one year the average American discards 1,300 pounds of garbage; uses 37,000 gallons of water; uses 300 gallons of gasoline; and eats more than 110 pounds of meat. Also according to *Time,* Americans throw away enough aluminum cans each year to rebuild the entire U.S. commerical airline fleet four times over!

Clearly we're headed for trouble.

By simply paying attention to what we use and discard we'll at least *start* to make a big difference in the environmental problems facing us globally. And *yes it will take some effort. But all of us can* make a start by recycling paper, aluminum, tim, glass and motor oil. Be smart. Choose paper bags over plastic when given a choice at the commissary or grocery store. Think twice about whether your child really needs disposable diapers all the time.

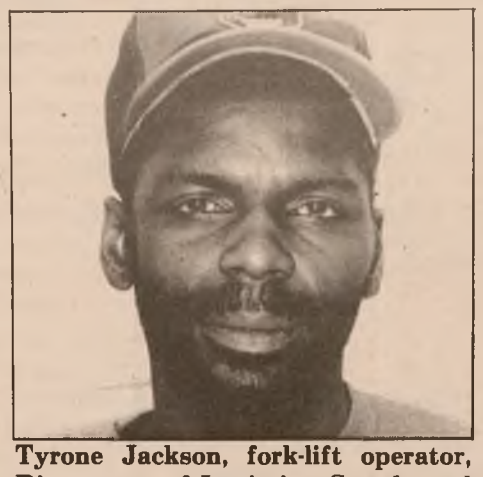
It's a long haul down the road of environmental responsibility, but it's beginning to look as though we don't have much of a choice.

Ramblin' Sam

"What do you do to make the recycling project on post work?"



Ann Hill, family member: "I save my bottles, cans and newspapers. But we're new here, and I don't know where to take them."



Tyrone Jackson, fork-lift operator, Directorate of Logistics, Supply and Services Division: "We bring all the waste oil here, store it, and call in a company to recycle it."



Michelle Deas, commissary bagger and family member: "I dontate my newspapers, cans, and plastic containers. It would be a lot easier if they had trucks to come by the house to pick it up."



SSgt. Evelyn Marshall, dialysis technician, Letterman Army Medical Center: "My kids collect cans and newspapers. At work we collect cans too. I wish there were more recycling locations, like for glass, cans and newspapers."

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The *Star Presidian* is an unofficial publication authorized by AR 360-81. Editorial content is prepared, edited and provided by the Public Affairs Office of the Presidio of San Francisco, California. The *Star Presidian* is published weekly by Coast Publishing, a private firm in no way connected with the Department of the Army, under exclusive written contract with the Presidio of San Francisco, California.

The *Star Presidian* editorial offices may be reached by calling 561-3908.

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Etc.

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- WHITE TABLET PAPER
- MISCELLANEOUS WHITE PAPER (CHECK WITH BUILDING CUSTODIAN)

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- ENVELOPES
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- BLUEPRINT PAPER / CARBON IMPREGNATED
- PLASTICS
- ADHESIVE TAPES AND LABELS
- METAL FASTENERS
- RUBBER BANDS



Trees continued from page 1

More than $29,000 has been generated by the sale of the recycled paper on the Presidio since July 1989 and given to MWR, according to Terry. The Presidio Recyclable Material Sales Program is part of a Department of Defense recycling effort. The program is managed by the Defense Reutilization and Marketing Service and is designed to return to the collecting installation 100 percent of the benefits from the sale of recyclable materials which otherwise would have been discarded.

Here on the Presidio the recycling program is focusing on cardboard and high-grade mixed office paper such as: carbonless computer paper, computer data cards, white bond paper, tablet paper, publications, regulations, copy machine paper and other forms of high-grade white paper.

"Recycling high-grade office paper takes very little effort, and the return is substantial," Terry said.

Papers that once went in the garbage should now be placed in a small desk top recycling box. That box is then emptied into an office recycling container and finally is taken by the custodian to be picked up by the recycling team for sorting and turn-in to the contractor.

If there are questions about how to get desk top collection boxes or office containers, or to arrange pick-up of recycled high-grade mixed paper, or cardboard, call **561-6140.** The recycling point now has a large shredding machine for documents which require it.

High-grade office paper and cardboard collection programs are only part of the recycling chain. There are other recycling collection points on the Presidio. Recently, though, Youth Activities discontinued their newsprint collection program due to the collapse of the buyback price for secondary fibers of newsprint. However, there are alternatives listed in the box on page 1 which are recycling sites on or near the Presidio.



If you ever feel that recycling is too much trouble, look out the window. Hopefully there will still be trees to see.



Ideas of Excellence Program

Bridge to way to productivity— submit your ideas!

Call the Ideas Office at 561-IDEA

Job Opportunities

CPO Jobs

Correspondence Clerk (Typing): 634-89(NB), GS-309-5, open until closed.

Public Affairs Specialist: 02-90(MB), GS-1035-5/7, closes Feb. 9.

Public Affairs Specialist: 09-90(MG), GS-1035-7/9, closes Feb. 16.

Computer System Programmer: 10-90(MG), GS-334-5/7/9/11, closes Feb. 16.

Library Technician (Typing): 681-89(RW), GS-1411-5, open until filled.

Supervisory Traffic Management Specialist: 682-89(MG), GS-2130-12, closes Feb. 28.

Deputy Garrison Commander: 683-89(DW), GM-304-15, open until filled.

For more information and job announcements call the Job Information Center at **561-5732** or visit the Civilian Personnel Directorate, building 37, between 7:30 a.m. and 4 p.m. Generally, applications will only be accepted from career or career-conditional employees (or people eligible for special programs such as VRA or 30 percent disabled veterans).

NAF Jobs

Cook: NA-7404-05, $8.14 an hour, intermittent, regularly scheduled.

Food Service Worker: NA-7408-02, $6.10 an hour, regular, part-time.

Food Service Worker: NA-7408-03, $6.79 an hour, intermittent, on-call.

Child Caregiver: PS-186-02, $5.85 an hour, regular, part-time, and intermittent, on-call.

Clerk Typist: AF-0322-04, $6.66 an hour, regular, full-time.

Bartender Foreman: NS-7405-04, $9.52 an hour, regular, part-time.

Cocktail Waitress: NA-7420-02, $6.10 an hour, intermittent, on-call.

Cook: NA-7404-05, $8.14 an hour, intermittent, on-call.

Submit application (DA 3433) to CPD NAF Personnel Division, building 37, or call 561-5095.

Sports

Presidio hosts All-Army Cross Country team

story and photos by Pleasant Lindsey III

A Presidio officer finished third in the women's five kilometer race at the All-Army Cross-Country Championship Jan. 9 at Paul Goode Field on post.

She won a spot on the team which will compete in the Armed Forces Championship later this month.

Patricia Shackleton placed third in a field of 12 women to capture her spot on the All-Army squad.



The 'brutal course' up and down Presidio hills tested the mettle of the All-Army contestants.

All-Army Cross Country Championship results

Women's 5K

1. Spec. Laura Edmark, 1104th Signal Brigade, Japan, 19:22.86;

2. Capt. Regina Russell, USAMEDDAC, Fort Carson, Co., 20:18.61;

3. Maj. Patricia Shackleton, AMED Procurement Office, PSF, 20:36.67;

4. 1Lt. Joanne P. Nowak, 42nd AG Battalion, Fort Dix, N.J., 21:03.27; and

5. Capt. Jacqueline B. Chen, USAMEDDAC, Fort Stewart, Ga., 21:05.42.

Men's 5K

1. Sgt. Brian Appell, HHC 4th Battalion, 66th Armor, Germany, 16:27.96;

2. CW2 James Platzke, 377th Medical Detachment, Korea, 16:49.57;

3. SSgt. Melvin McCullough, MP Co., Fort Jackson, S.C., 17:08.05; and

4. Spec. Joseph Jung, HHC, 2nd Battalion, 10th Cavalry, Fort Knox, Ky., 18:00.

Men's 12K

1. 1st Lt. Mica Comstock, Headquarters Battery, 3rd Battalion, 12th Field Artillery, Germany, 40:45;

2. SFC Steve O'Connell, New Haven Recruiting Battalion, Springfield, Mass., 40:54;

3. 1st Lt. Mike Eddy, A-31-132 Engineer Brigade, Fort Leonardwood, Mo., 41:57;

4. Capt. Steve Stebbins, HHB, 6-1 Field Artillery, 1st Armored Division, Germany, 42:21;

5. 1st Lt. John Carper, HHC, 8th Signal Battalion, 8th Infantry Division, Germany, 42:28; and

6. Capt. Steve Redmond, Office of the Staff Judge Advocate, Fort Monmouth, N.J., 42:57.

Five out of the 12 qualified for the Armed Forces Championship which begins Tuesday at Pope Air Force Base, N.C.

Twelve women and 16 men raced for a handful of slots to represent the Army against the best runners of the Air Force, Navy and the Marines.

Four men qualified to represent the Army in the 5K race, and six will compete in the 12K race. Their times are listed below.

Shackleton finished the course with a time of 20:37.67. She considered it slow for a five kilometer race, but added that the course behind the Presidio's Julius Kahn playground was tough.

"That was a brutal course," she explained. "The uphills were tough, then you beat your legs out trying to run the downhills."

Rain over the previous weekend didn't help the course conditions any, since the hills consisted of wet, loose sand.

However, the conditions may have added to the glory of making the All-Army squad, considering she is the oldest member of the team.

Shackleton said she is a late bloomer, at 38, and this is only the second time that she's tried out for the All-Army team.

"I tried out last year, and finished sixth," she said. "I'm really tickled that I made it this year."

Better known as Maj. Shackleton to her co-workers, she works in the recruiting offre of the Army Medical Department at Letterman Army Medical Center.

"I recruit qualified licensed, certified dctors to fill slots in the Reserve component," she said.

However, she finds time to train for competition, even though she took up the sport later than most runners.

"I started running in college for weight control, but by the time I entered the Army I discovered I really liked competing," she said.

"When I came to California I was anazed at how tough the competition was, but it nade me work harder to improve myself."

Shackleton credited the Presidio coachng staff of Bob Darling and Lori Bearson with helping her maintain the edge.

"Any assistance I needed, anything I asked for, Bob was more than happy to help," she explained. "Presidians just don't know how great a resource he is."

"Also, my younger teammates are a really talented group of officers and enlisted soldiers. If they just hang in there they're going to be very good."



Runners push themselves during the All-Army Cross-Country Championship here.

Army Families

Presidians attend Army Family Conference

by Duvel White

Three Presidians recently travelled east to Alexandria, Va., to voice Presidio concerns during the annual Army Family Action Planning Conference.

"People from posts in Europe, Japan ..., all over the world came to talk about Army family issues," said Tonda Richards, one of the Presidio delegates. "We discussed Army-wide issues; policies that would take Department of Army or Congressional action to change."

The conference was designed to identify and prioritize soldier and family issues which impact Army readiness, morale and retention. These suggestions were then given to the top-level Army leadership to shape future policies.



"This conference convinced me that Army families are very high on the list of the Army's priorities," Richards said. "They understand that retention, readiness and family care are linked."

During the conference the delegates were briefed on the budget and arms constraints, and the effects on the total Army forces and its priorities. Some issues facing Army budgeting officers are: base closures (preparing for and moving personnel from closing facilities), Gramm-Rudman required cuts, force reduction, increasing CHAMPUS costs and pay raises, according to Richards' after-action report.

"They wanted us to understand the overall Army budget cuts and that we were going to have to work with them," Richards explained, "In other words, 'do more with less.' "

With that bleak budget picture as a backdrop, the delegates divided into 10 work groups to discuss assigned topics. These included: children/youth education, entitlements, force support, medical/dental care, relocation, community involvement, consumer services, family support, housing, and the Army Reserves.

Some points brought up by the groups were: dissatisfaction with CHAMPUS including inaccessible representatives, lack of information, prescription medicine not covered, the need to provide the option of buying additional dental care insurance, and the need for more relocation support during permanent change of station moves.

"I honestly think things will change because of this conference," Richards said. "The Chief of Staff of the Army will seriously look at the final report."

Past conferences have resulted in 21 Department of Army policy changes and congressional amendments resulting in law changes to improve the care of the entire Army family.

"The Army understands that if a soldier is called out, they must know their family is well taken care of, or the soldiers can't do their jobs," she concluded.

(Editor's note: at presstime ACS planned to enclose further information on the results of the Army Family Action Planning Conference for distribution to the housing areas.)

Post counts on Army Community Service

by Erica Haspiel-Szlosek

On the Presidio, Army families rely on Army Community Service to provide programs to meet their unique needs. Through the years, ACS has had the same goal it serves today—the Army taking care of its own.

Originally, ACS managed the Army Emergency Relief programs and provided a loan closet, retiree services, a library of welcome packets giving basic information about Army posts all over the world, emergency services—widely used during the Vietnam era—and a job bank for summer jobs.

Many of these services have been incorporated into new programs.

The Family Advocacy Program, managed by Nancy Niederhauser, provides community and soldier education about the problems of spouse and child abuse. FAP provides programs to support families such as parent effectiveness training, child development classes and emergency child care for parents considered at high-risk as potential abusers. In addition, FAP provides counseling for couples.

Another important service is the 24-hour crisis line. Last year, more than 50 calls from people needing help with depression, suicide and other problems, were received and handled.

The Community Life Program, managed by Anthony Powell, oversees the mayoral system. Volunteers in family housing areas serve as mayors and meet monthly with the post commander and his staff to resolve problems and improve life for post residents.

One long-running ACS program is managing the Army Emergency Relief Fund. Each year loans and grants are given to Presidians to meet unexpected expenses such as emergency travel, funeral expenses, as well as food and rent. Last year the Presidio processed close to $200,000 for distribution by ACS in loans and grants.

The Exceptional Family Member Program helps post families find resources for family members with special needs. This program ensures that needed medical services are available wherever a soldier is stationed.

Financial guidance is given by Erick Davis who teaches money management and budgeting, enabling soldiers to work through their financial troubles. He will work with creditors to establish a payment schedule the soldier can afford until he or she is out of debt. Money management classes are planned in the next several months.

The loan closet, managed by Teri Echterling, provides household items such as pots and pans, dishes, irons and ironing boards. Cots, strollers and infant car seats are also available until a family's household goods arrive.

ACS is more than just a collection of services however. It's a group of Presidians who care about Army families. If you are interested in becoming an ACS volunteer, call **561-5057** and sign up!

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Community Calendar

Job Club

The USO holds a Job Club/Support Group every Friday at 10 a.m. in the basement of building 223 across from Garrison Headquarters. Job listings form government agencies, business, schools and hospitals will be available along with a list of job hotline phone numbers. Resume help and office equipment also are available. Military spouses and people with current or previous military connections are encouraged to attend free of charge. Call **561-2436** Tuesdays through Fridays, 9 a.m. to 4 p.m., for information.

Parent/child classes

Tuition-free classes for parents and children—age 15 months to kindergarten-age—will start today and Tuesday. The program offers a nursery school environment and activities for both the children and parents, including observation and discussion to help parents gain parenting skills. Classes meet Tuesday and/or Thursday mornings from 9 a.m. to noon. Registration will be taken at class in building 563. For information, call **561-1921.**

Leave donation

Presidio employee, George Bronk, has a medical emergency. He has exhausted his sick and annual leave, and has requested to become a leave recipient.

Jeanette Evans also is experiencing a personal medical emergency. She has exhausted both her sick and annual leave, and has requested to become a leave recipient.

Anyone wishing to donate leave to either Bronk or Evans may call Barbara Rizzo at Civilian Personnel, Management-Employee Relations Division, **561-2255** or **561-2256.**

Gym closes

Post Gym No. 1, building 63, will be used to test West Point Academy candidates Jan. 28. The basketball court and weight room will be closed from 8 to 10:30 a.m. They will re-open after the test. All other parts of the gym will be open.

New dance classes

New dance classes are being offered at the Youth Activities Center.

For enrollment information and a class schedule, call Cindy McGeahy at **752-6705.**



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'Trust me on this ...'

Walt Disney fans—big and small—won't want to miss "Peter Pan." This classic plays Saturday night at the Presidio Theatre.

ITT news

Celebrate Mickey's diamond jubilee! Get your discounted tickets for Walt Disney's World on Ice at ITT. The show is on Feb. 17 at noon in the Cow Palace; tickets cost $10.50.

Whale watchers! This is your opportunity to see the gray whale migration for only $16 a person. ITT's trip is scheduled for March 10. The deadline for paying is Feb. 13, but hurry because spaces fill up fast!

ITTS goes to Disneyland. The Disneyland/Universal trip is planned for June 21 through 24. Three nights lodging, transportation on a 47-passenger bus and park admission tickets are included for the package price of $180 a person, double occupancy. A third or fourth person in the room costs only $90 (3 to 11-year-olds), or $97 (age 12 and older).

San Francisco Ballet tickets are on sale. The Sleeping Beauty ballet will be presented on March 14 at the War Memorial Opera House. The price per ticket is $22.

Call **561-3992** for information and reservations.

GMAT

The Fort Scott Education Center will administer the Graduate Management Admission Test on March 19 from 7:30 a.m. to 12:30 p.m. The GMAT is given free to active or reserve soldiers who plan to pursue a master's degree in business. Interested soldiers must order a test no later than Feb. 5, during an in-person counseling session at the Army Education Center, building 1216, or the LAMC Education Center, building 1014.

Buyer beware

Presidio soldiers and retirees have been the target of recent letters from the "U.S. Council on Military Education" offering to advise them on college credit for military experience at a cost of $20 to $200. This same service is available for **free** at Army Education Centers and colleges.

Army education counselors can explain how to obtain college credit for military experience and can tell soldiers or veterans what amount of credit is recommended, if the soldier brings a copy of his or her DA Form 2-1 Each college decides what credit it will accept, regardless of what is recommended by the American Council on Education. Past experience has shown that students are most likely to obtain maximum credit from schools which are part of the Servicemembers Opportunity College system. Counselors have information on colleges in this network.

Soldiers are urged to check with a counselor at the nearest Education Center before paying for any educational program or service. Contact the Fort Scott Education Center, building 1216, **561-4445,** or the Letterman Education Center, building 1014, **561-3692.**

POWC events

A farewell tea for Gwen Baxter will be held on Wednesday, from 3 to 5 p.m. at 1 Muir Loop. Anyone who would like to say goodbye to her, please join the Presidio Officers' Wives' Club. Call Protocol no later than tomorrow, at **561-3950** or **561-2969,** or Chief of Staff at **561-3062** or **561-3331.**

The next POWC luncheon will be Feb. 1 at 11:30 a.m. in the Officers' Club Ballroom. There will be a fashion show presented by the Goodwill Bag Ladies. Don't miss this presentation. Reserve your space by Jan. 29; call Geri Margetts at **563-9807** or Judi Goertmiller at **567-0381.**

Toastmasters

Toastmasters will give you the chance to be able to speak with confidence, think on your feet, increase your earning power and listen effectively. Come see what Toastmasters can do for you. Meetings are held every second and fourth Thursday from noon to 1 p.m. at the USO, building 223.

Let public speaking be you New Year's resolution!

At the Movies

Presidio Theatre

Thu, Jan. 18: Dad (PG), 7 p.m. Jack Lemmon, Ted Danson. A dying father and his son rediscover each other after years of not getting along.

Fri, Jan. 19: Dad (PG), 7 p.m.

Sat, Jan. 20: Peter Pan (G), 7 p.m. Walt Disney's animated classic about the boy who never grows up.

Sun, Jan. 21: Harlem Nights (R), 7 p.m. Eddie Murphy, Richard Pryor. A Harlem nighclub owner fights off a mob takeover during the Prohibition era.

Mon, Jan. 22: Harlem Nights (R), 7 p.m.

Tue, Jan. 23: Harlem Nights (R), 7 p.m.

Wed, Jan. 24: River of Death (R), 7 p.m.

Thu, Jan. 25: Kill Me Again (R), 7 p.m. Val Kilmer, Joanne Whalley. A woman hires a private detective to stage her death.

Fri, Jan. 26: Kill Me Again (R), 7 p.m.

Recreational Vehicle.



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DRUGS



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FORT POINT



Seeing San Francisco sights, page 6

Star Presidian

Vol. 33, No. 4 | Published in the interest of the people of the Presidio of San Francisco | Jan. 25, 1990

News Briefs

DEH to repair heating

Judging from the many telephone calls received at the Directorate of Engineering and Housing, there are a number of Presidians experiencing various heating problems in quarters and offices.

DEH wants to assure Presidians they are aware of your problems and heating mechanics are working as quickly as possible to get heat restored.

As some of you are aware, DEH is working with a very limited workforce. This has made it difficult to respond as quickly to your needs as the staff would like.

The DEH staff only asks that you please be patient. The DEH staff are trying to get the job done. If, however, five working days has lapsed and no one has responded to your request, please call the Service Order Branch for current status on your service order. The number to call is **561-4505.** If, after making the call to the Service Order Branch, no one responds, *you may contact the DEH Customer* Relations Specialist, Juanita Whitehead, at **561-3711.** Every effort will be made to get someone out to your quarters or office.

Here are some interim measures DEH staffers suggest until the necessary repairs are made to your heating systems. You may:

- Check out a portable space heater from the Self Help Center (must be returned when no longer needed);
- Wear warm clothing;
- Shut interior doors where possible;
- Pull shades down;
- Close drapes or curtains;
- Use your stove;
- Cover under-door drafts with a rolled throw rug or blanket; and
- Put an extra blanket on the bed.

If you discover that your problem is an unlit pilot light, you may call the PG&E Office at **974-1555.** They will gladly come out to relight your pilot.

The DEH staff apologizes to you, your families, and co-workers for the discomforts you have been experiencing. Their hope is to have all the heating problems solved in the very near future.

Self Help Center closes

The Self Help Center will be closed Monday through Feb. 2 for inventory. The Center will re-open Feb. 3.

Hazardous toys

Presidians who have bought stuffed cats from TY Inc., are warned to check if they have styles "1009 licorice" or "1001 angel." These toys have a plastic heart-shaped tag under the chin that could become loose and pose a choking hazard. Presidians should remove this tag immediately.

Army News Service



Volunteers unload shelves and boxes of books for storage in former DLI building.

Earthquake-orphaned books find new home on Presidio

story and photo by Pleasant Lindsey III

The Presidio is storing books from the damaged San Francisco Main Library while the library's earthquake damaged storage area is being repaired.

Approximately 300,000 books are being moved into the former Public Health Service Hospital at 15th Avenue and Lake Street. Workers also are moving in temporary shelves. The building was last used as a branch of the Defense Language Institute.

"We had a lot of volunteers helping us move the books," said Dale Carlson, library commissioner. "We haven't been able to put a final price tag on this operation but we are happy that storage space was found at a reasonable rate—zero."

The library suffered such severe damage during the Oct. 17 earthquake that its storage facility has to be cleared completely before repairs can begin, Carlson said.

Approximately 900,000 books had been stored in the damaged North Wing of the library when the quake hit. The books were stored in stacks from the floor to the ceiling on seven floors.

During the quake the bolts that attached the floors to the walls sheared off pulling the stacks from their support columns and spilling thousands of books on the floors. Some of the floors had glass tiles and some shelves on the sixth floor broke through the ceiling of the fifth floor.

Carlson said the library had to condemn the entire storage area.

The Presidio donated the space to the library after being contacted by Congresswoman Barbara Boxer.

Boxer had been contacted by the Library Commission to help them locate a suitable site for storage, after earlier proposals fell through.

The Library had considered closing the Presidio Branch at 3150 Sacramento Street and using it as a storage facility, but the community spoke out against the plan.

Also, the Library considered using space at the University of California San Francisco's Laurel Heights campus, but it would have taken considerable work to make the area suitable for supporting 300,000 books.

After contacting Boxer for help, Boxer turned to the Presidio and Sixth U.S. Army Commander Lt. Gen. William H. Harrison and Garrison Commander Col. William D. Swift to see if the Presidio could help ease the library's burden.

The Presidio answered their cry.

"The Army's support for the Library is in keeping with our desire to always be a 'good neighbor' to the city of San Francisco," said Brig. Gen. George M. Baxter, chief of staff, Sixth U.S. Army. "The Command at the Presidio believes firmly that no matter what the emergency, when we were needed, we were there."

And so, while the Library makes repairs to the stacks, the Presidio will be storing 300,000 books.

Voices

Presidio View

by Lt. Gen. William H. Harrison



Black History Month is February

Dear Presidians;

Well, I goofed last week. Due to deadlines and leave I missed communicating with you in last week's *Star Presidian.* Sorry 'bout that! But article or not, it remains a great time to be in or associated with the Army at the Presidio of San Francisco—A Very Special Place.

On Jan. 18 we had a really special affair here at PSF: the Grand Finale for the 1989-90 San Francisco Bay Combined Area Campaign. And what a Grand Finale it was! The uniformed and civilian federal employees of the Bay Area contributed almost $3.7 million to this year's campaign. How wonderful and how caring. We should all be very proud of our generosity and our concern. To those of you here at the Presidio who contributed, who worked on the campaign or who helped in any manner—a real loud Hoo Ah!

On Jan. 17 I had the honor of reenlisting Sergeant Donald J. Garrigan. As you all know who read this article, I always take great joy in presiding at these affairs. And this was an especial delight as Sergeant Garrigan reenlisted for his present duty position. To him and his family: La Rae, Shilah, Scott and Seth—congratulations and a real loud Hoo Ah!

Recently, I had the opportunity to visit and learn more about the very important mission of the Logistics Control Activity. This organization is located primarily in Harmon Hall near Crissy Field. They control all logistics requisitioning world wide for the U.S. Army. Made up almost entirely of a highly professional and very dedicated civilian work force, they perform an invaluable service for soldiers around the globe. To all the LCA folks, military and civilian, thanks for all you do and a real loud Hoo Ah!

On Jan. 19 the San Francisco District of the U.S. Army Corps of Engineers welcomed a new command team as Lt. Col. and Mrs. Stan Phernambuco joined the District. On behalf of all of us, welcome; we're glad you're here.

On Jan. 16 our PSF EEO staff organized a truly outstanding Martin Luther King Jr. commemoration service. The speaker, Marvin O'Rear was well received; the soloist, Lemertis Sanders from LAMC was great and the orator, Harding Garrett was truly inspirational. To all our EEO staff: thanks and a real Hoo Ah!

February has been designated as Black History Month by Department of Defense. Our PSF staff is planning many and varied activities and I encourage you all to take advantage of as many as you can. Are you aware that at one time the PSF housed a Black horse cavalry outfit? Well, we did. The wooden buildings near the Lombard Street entrance were part of the support structure built for them. Unfortunately, as was true throughout our nation and our Army at the time, they were a segregated unit and did not enjoy equal facilities with their white counterparts. This is part of our history and one of the things we look at to remind ourselves of how far we in the military have progressed and of the challenges we still have facing us as we work to insure an equal opportunity for every human being regardless of race, creed, religion or sex. Every soldier or civilian employee or family member must be afforded the opportunity every day to Be All They Can Be!

Finally, Col. Swift tells me he awarded one of his BLUE CHIPS to Mary Butler, an employee of our Commissary. This was in recognition of outstanding service to customers. To Ms. Butler, a real loud and sincere Hoo Ah! This truly is neeting your customers with a smile.

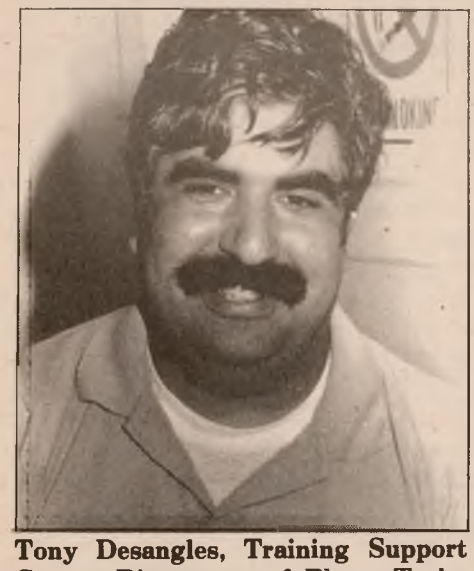
God Bless you each and every one.

William H. Harrison
Lieutentant General, USA
Commanding

"The seret of happiness is not *in doing* what one likes, but in liking what one does."
—Janes M. Barrie

Ramblin' Sam

"What do you feel the punishment should be for drug dealers?"



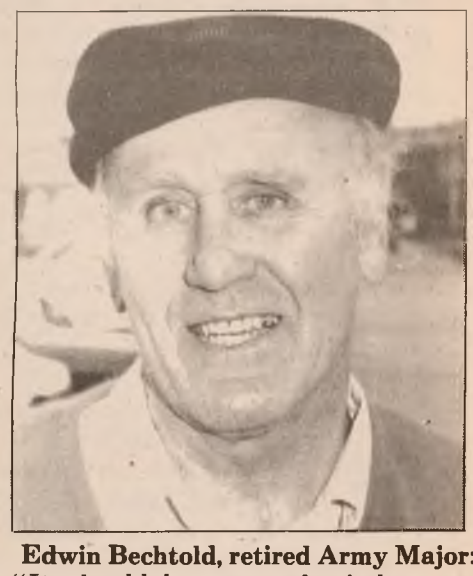
Tony Desangles, Training Support Center, Directorate of Plans, Training and Mobilization: "Punishment should be sure, swift and without delay. They should be given long prison terms and the death penalty where appropriate."



JoWon Homann, family member: "I strongly feel they should have the highest punishment possible—even the death penalty for big drug dealers—to show the other drug dealers that there is harsh punishment."



PFC Julie Davis, personnel services clerk, Military Personnel Office: "I think they should be put away [in confinement], because they are endangering the lives of innocent people. We need to stop drugs and alcohol because they are a worldwide problem."



Edwin Bechtold, retired Army Major: "It should be up to the judges to decide. You can't put a blanket sentence on everyone. Repeat offenders and adult dealers should be treated more severely and community service could be considered for underage dealers."

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The *Star Presidian* editorial offices may be reached by calling 561-3908.

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Etc.

Post honors King's birthday



Harding Garrett, 33rd degree Mason, executes Dr. King's "I Have a Dream" speech completely from memory.

story and photo by Pleasant Lindsey III

The Presidio celebrated the birth and life of a great man of peace during emotional commemoration services at the post theater Jan. 16.

About 400 soldiers and civilians came together for the program honoring Dr. Martin Luther King Jr. The theme for the service was "Living the Dream: Making it a Reality."

The service was produced by Ann Williams, Equal Employment Opportunity Office Manager.

The keynote speaker was EEO Chairperson Marvin O'Rear, who also is director of Veteran Affairs, and who is a member of the Federal Executive Board.

Lt. Gen. William H. Harrison, commander of Sixth U.S. Army and the Presidio, set the mood with his opening remarks. He said King espoused equality for all people, all races. His message applied to the homeless and the disabled, too.

"What are you doing to make a difference for disabled, people of different races, women or new immigrants?" Harrison asked.

Lemertis Sanders, a management analyst from Letterman Army Medical Center, sang two solos, including "Precious Lord, Take My Hand." She reminded the audience this was a special, inspirational song that was one of King's favorites.

Perhaps the highlight of the celebration was Harding Garrett's oration of the speech King gave at the climax of the March on Washington for Jobs and Freedom, on Aug. 28, 1963.

Garrett, a 33 degree Mason, recited King's "I Have A Dream" speech from memory. He made his presentation personal and emotional, and the audience responded with a standing ovation.

The Sixth U.S. Army Band, which opened the ceremonies with a musical prelude, followed Garrett by showing Presidians that they could do more than play instruments.

The band, led by CW3 Orville Gannon, added a vocal selection of their own to the commemoration service.

The band sang "Just One Voice," a selection which begins with one band member singing the first stanza, and other members of the band joining in at different points. The song started as a solo, but rose to a choral climax.

Afterward, O'Rear took the podium and challenged the audience.

He reminded the audience that the drive for freedom and equality King led is not finished. But each person he said, can accept the challenge to help someone else, and bring about some changes in the world.

"In your individual walk . . . you can make a difference in this world," O'Rear said.

The program ended when the band leader and the band led the audience in "The Battle Hymn of the Republic." As members of the audience left though, they had another thought to take with them.

On the back of their programs were these words:

"In honor of Martin Luther King Jr.'s life and work, I pledge to do everything I can to make America and the world a place where equality and justice, freedom and peace will grow and flourish . . . ."

LAIR researchers win awards

In 1989, five Letterman Army Institute of Research researchers were among 86 Army scientists and engineers who were selected to receive Department of the Army Research and Development Achievement Awards for their work in 1988.

Dr. Charles E. Wade received the award for coordinating the development of a new fluid which will greatly improve the survival rate of soldiers suffering from certain types of shock. This fluid will improve the treatment of soldiers suffering from severe blood loss from combat wounds.

When Wade learned of the award he said, "It is nice that the team effort in this project has been recognized. Just one person does not do all of the work."

Dr. Louis C. Rutledge and Maj. Raj K. Gupta, now stationed at Fort Detrick, Md. received their award jointly for developing a longer-lasting insect/arthropod repellent. The new repellent protects against mosquitoes, chiggers, fleas, biting flies, deer flies and stable flies. These insects can carry diseases such as malaria, Lyme disease and dengue fever.

Dr. John Hannon, scientific advisor at LAIR, commented, "Dr. Rutledge and Maj. Gupta were so successful at developing the repellent that they worked themselves right out of a job!

Now LAIR's new Quality Assurance and Safety Officer, Dr. Rutledge said, "This award is really something for a country boy from Oklahoma."

Lt. Col. William G. Rodkey received his award for the development and evaluation of synthetic products to repair and regenerate injured orthopedic soft tissue and cartilaginous joint structures. This material will be used to develop other substances to treat soldiers with injuries to ligaments, tendons, or various joint cartilages.

"I feel honored to receive this award, but I am extremely fortunate to have a team who has made this possible," Rodkey stated.

Col. Robert M. Winslow was cited for developing a red blood cell substitute. The blood substitute, which is a hemoglobin made from outdated human blood, will support life for many hours in the absence of red blood cells. This material will be useful in treating injured soldiers and civilians, treating certain kinds of heart attacks, and some forms of severe anemia.

Replacing blood, repairing cartilage, keeping malarial insects at bay and treating shock from blood loss...what breakthroughs can we look forward to next?



Job Opportunities

CPO Jobs

Correspondence Clerk (Typing): 634-89(NB), GS-309-5, open until closed.

Public Affairs Specialist: 02-90(MB), GS-1035-5/7, closes Feb. 9.

Public Affairs Specialist: 09-90(MG), GS-1035-7/9, closes Feb. 16.

Computer System Programmer: 10-90(MG), GS-334-5/7/9/11, closes Feb. 16.

Library Technician (Typing): 681-89(RW), GS-1411-5, open until filled.

Supervisory Traffic Management Specialist: 682-89(MG), GS-2130-12, closes Feb. 28.

Deputy Garrison Commander: 683-89(DW), GM-304-15, open until filled.

For more information and job announcements call the Job Information Center at **561-5732** or visit the Civilian Personnel Directorate, building 37, between 7:30 a.m. and 4 p.m. Generally, applications will only be accepted from career or career-conditional employees (or people eligible for special programs such as VRA or 30 percent disabled veterans).

NAF Jobs

Cook: NA-7404-05. $8.14 an hour. intermittent. regularly scheduled.
Food Service Worker: NA-7408-02. $6.10 an hour. regular. part-time.
Food Service Worker: NA-7408-03. $6.79 an hour. intermittent. on-call.
Child Caregiver: PS-186-02. $5.85 an hour. regular. part-time. and intermittent. on-call
Clerk Typist: AF-0322-04. $6.66 an hour. regular. full-time.
Bartender Foreman: NS-7405-04. $9.52 an hour. regular. part-time.
Cocktail Waitress: NA-7420-02. $6.10 an hour. intermittent. on-call.
Cook: NA-7404-05. $8.14 an hour. intermittent. on-call.
Submit application (DA 3433) to CPD.NAF Personnel Division. building 37. or call 561-5095.

ICE
new drug invades California



A powerful drug more dangerous than crack cocaine is moving out of the Pacific and has made its first appearance in West Coast seaports such as Seattle and San Francisco.

Highly refined crystal methamphetamine ("speed") is street-named "ice" or "glass" from its appearance. Like crack cocaine, it is smoked to produce a euphoric high.

Some authorities warn that ice could replace crack as the illegal drug-of-choice in the 1990s. It is already the top drug problem in Hawaii.

Ice appeal

Ice owes its danger and appeal to several factors:

- An ice high lasts 12 to 24 hours, compared to about 20 minutes for crack.
- A piece of ice the size of a rice-grain produces a 24-hour high.
- Ice can be manufactured in clandestine U.S. speed labs, while cocaine must be extracted from coca leaves in Latin America, refined and smuggled.
- Ice is odorless and can be smoked in public almost without detection.
- Ice reverts to its solid state when it cools, making it reuseable and easily transportable.
- Ice by-passes the needle aversion and opens the drug to more people.

How ice works

"Methamphetamine is a stimulant that affects the release and metabolism of dopamine in the pleasure centers of the brain," said Dr. Alex Stalcup, Medical Director of the Haight-Ashbury Free Clinic Detox Program. "The ice problem is analogous to crack. People who snort meth or cocaine get somewhat *high. If they inject* it they get *very high with a feeling of euphoria.* They want that feeling, but most people don't like *sticking* themselves with needles.

"When people learned to boil cocaine with sodium bicarbonate and created crack, they increased cocaine's potency and by-passed the needle aversion by making it smokeable," Stalcup continued. "They took a drug that had been around for centuries and turned it into the worst drug epidemic in history.

"I believe ice will be a milestone, too, because it is also very high potency and by-passes the needle aversion," Stalcup added.

Smoking any drug is the fastest delivery system known. The blood absorbs the smoke from the lungs, and the heart pumps it up the carotid arteries straight to the brain. Within seconds after the first puff, the user feels the rush as the drug hits the brain.

The effect of smoking ice is much like smoking crack—a sense of euphoria, power and well-being. During the long ice high, the user can go full-speed without rest or food. It is popular with truck drivers on long hauls, students cramming for exams, workers on over-time, women wanting to lose weight or catch up on housework, and anyone wanting to party 'round-the-clock.

Addicts also say it greatly enhances sexual pleasure.

Ice dangers

But there are dangerous side-effects to ice, just as there are to any illegal drug. There is evidence that it may be more toxic than crack.

"There are certain physical reactions when people use methamphetamine—sweating, shakes, pounding heart," said Stalcup. "With ice the effects are not as pronounced. One user said it's more of a pure 'head' high.

War on Drugs

There is evidence that ice may be more toxic than crack—more dangerous and more powerful

"That's both good and bad," Stalcup continued. "We'll probably see fewer heart attacks from ice, but people also tend to use too much of it."

Users strung-out on ice have rapid breathing, high pulse rates, paranoid illusions, irrationality, and violent episodes. Overdoses can lead to convulsions, coma and death.

Even with careful use, the long ice high exacts a price—the ice crash is deeper and longer than crack's.

"Users in an ice crash are very depressed and sometimes suicidal," Stalcup said. "They feel extreme fatigue and they have trouble ordering their thoughts. They're forgetful, easily confused and short-tempered.

Although we are just now hearing about smokeable methamphetamine in the continental U.S., its existance has been rumored in the Far East and Pacific for about 10 years.

San Francisco ice

Some say the problem has already started. Besides the major use in Hawaii, and the appearances in Seattle, ice has begun showing up in the San Francisco area, which always has been a major area for methamphetamine abuse and manufacture, according to Raymond McKinnan, Agent-in-charge, Seattle Field Division DEA.

Personal amounts were found during a traffic stop in Benicia and during a Sept. 5 arrest in Daly City, according to Dan Offield, DEA Public Information Officer in the San Francisco area.

"We have a lot of connections with the street, and the word is that none of the ice used locally is coming from overseas, that it's all being made locally," Stalcup said. "They say the labs are up in the gold country and out in the suburbs—Redwood City, Contra Costa County, Daly City. The problem is still small; we have three or four people in treatment here at the clinic. We first heard about it in March, and now you can buy small amounts on the street. Ice isn't a big problem either for us or the police *yet.*"

Worse than crack

Ice is almost certain to be a growing problem during the 1990s, and if current political and military actions in Colombia drastically reduced the cocaine supply, it has the potential to replace crack as the drug-of-choice in the 1990s. Even though it offers the convenience and economy of stateside manufacture and distribution, and a 24-hour high, ice is also apparently more toxic than crack, with more psychiatric problems, and possibly more addictive.

Editor's note: this article originally appeared in the Western Arrow.

Post on the lookout for ice

by Duvel White

What could be the tip of an "ice"berg is showing up in San Francisco and causing a lot of concern on the Presidio.

Ice (a smokeable form of methamphetamine), a powerful stimulant which gives an intense and long-lasting high, is the reason for this concern. Ice is highly addictive and has the potential to be the most lethal drug ever to appear in the United States, according to a release prepared by the Presidio Alcohol and Drug Abuse Prevention and Control Program.

"We know about crack [cocaine] already—and the evidence we have on ice is that it is more powerful and dangerous than even crack," said Joseph "Skip" Przybyla, a coordinator with the Presidio program.

According to Przybyla, what makes ice so dangerous is the length of the high (four to 14 hours depending on the dose).

"Ice provides the same intense high as cocaine, but it lasts hours instead of minutes," explained Mark Gumbiner, Presidio Alcohol and Drug Control officer. "It is a better value for the drug user. They don't have to use it as often as crack or cocaine."

An ice high gives users an intense wave of physical and psychological exhilaration which will keep them awake, alert and "psyched" to do just about anything, according to the ADAPCP release.

This euphoric state is dangerous because an ice abuser may not know when to stop, Przybyla said. "People on an ice high don't have normal *paid boundaries. Our bodies normally tell us* when it is time to stop—on ice we don't listen."

Citing an example of a football player who has hurt his knee, Przybyla says, "When they try to walk they know whether the knee is OK or not. On ice they don't feel the pain. The body's not signaling back 'Stop!'"

Another concern for the Army and the Presidio is the speed with which ice exploded onto the drug scene in Hawaii. In 1989 ice surpassed marijuana and cocaine to earn the dubious distinction of being the most widely used illegal drug on the islands. An August 1989 survey showed *25 percent* of all babies born in Hawaii had traces of ice in their system. Hospitals report treating a half dozen ice overdoses a day compared to one a day the year before.

"We are concerned with trends we have seen with ice," Przybyla said. "Once illegal drug chemists learn to make ice in this country it may stop our problem with cocaine from South America. It will be cheaper, easier to buy, and all the ingredients are already here."

To combat the threat of ice on the Presidio the ADAPCP invited a drug agent from Honolulu to speak to the law enforcement and criminal investigation officers on the Presidio. They also are sending out a memorandum titled "Facts About Ice—A New and Dangerous Drug." And to help determine and track the use of ice, the Presidio is participating in Army-wide testing of all urine samples sent to the laboratory for methamphetamine to determine the current level of use within the Army.

For more information on ice or other drugs or for drug and alcohol counseling, call **561-2528.** This program is open to soldiers, Department of the Army civilians, retirees and family members of all these groups.

"We have good people in the Army and we want to keep them," Gumbiner said. "Our objectives are to prevent drug abuse, identify abusers before they become addicted, rehabilitate abusers and return them to effective duty."



Thousands flock to oldest brick fort west of Missis

by Erica Haspiel-Szlosek

To the uninitiated, Fort Point may only be a name on a map. To the many history buffs, however, Fort Point offers a rare opportunity to see a Civil War-era fortress. And to Presidians interested in finding a scenic spot to fish—and soak up a bit of history in the process—this park may be just the answer.

Built from 1853 to 1861, Fort Point's fortress is the first and only coastal fort built of brick west of the Mississippi River. Originally constructed by the U.S. Army, the fort is now operated by the National Park Service.

Fort Point has undergone massive changes since 1774 when the Spanish ship "San Carlos" sailed through what is now the Golden Gate to Angel Island. Two years later a small group of Spanish soldiers led by Capt. Juan Bautista de Anza explored what would later become Fort Point and erected a wooden cross beneath which they buried documents telling all future visitors their party had been there. From Fort Point, the Spaniards went on to explore what became the Presidio and Mission Dolores.

Admittedly they have an easier time of it than the Spanish explorers did, but self-proclaimed intrepid trekkers flock to this picturesque reminder of the past each year by the thousands. Once there, they find there is more to the fortress area than bricks and mortar.

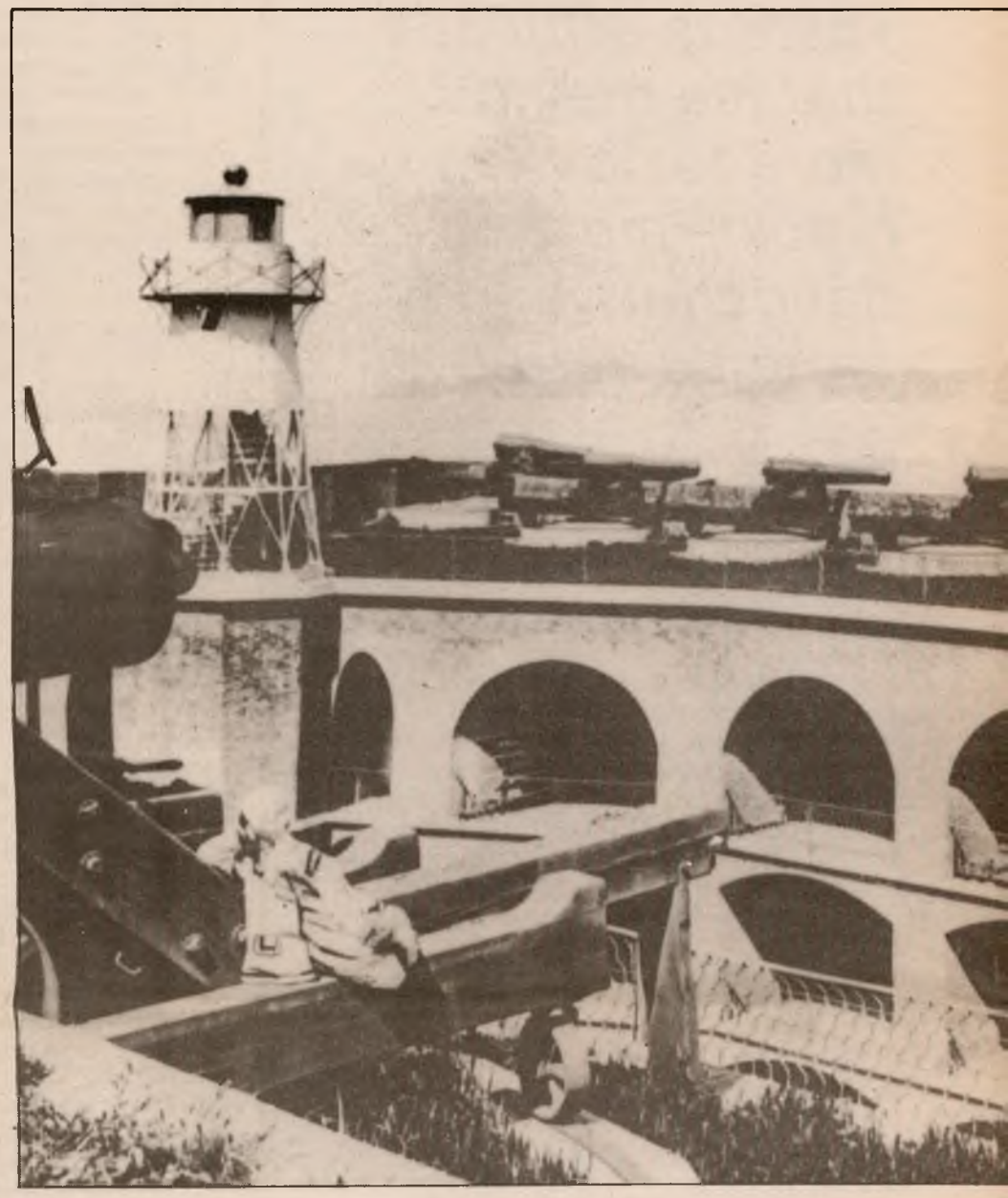
City dwellers—long known for their creative use of urban parks—converge on Fort Point daily for surfing, sailing, sail boarding, biking and fishing. Other seemingly more sensitive souls enjoy the opportunity to touch history and visit the fort's antique artillery and courtyards. Snuggled beneath the Golden Gate Bridge's southern end, Fort Point also brings out the many aspiring photographers in San Francisco who hope to capture that perfect sunset.

Whatever your interest, Fort Point may be the perfect answer to the January cabin-fever syndrome.

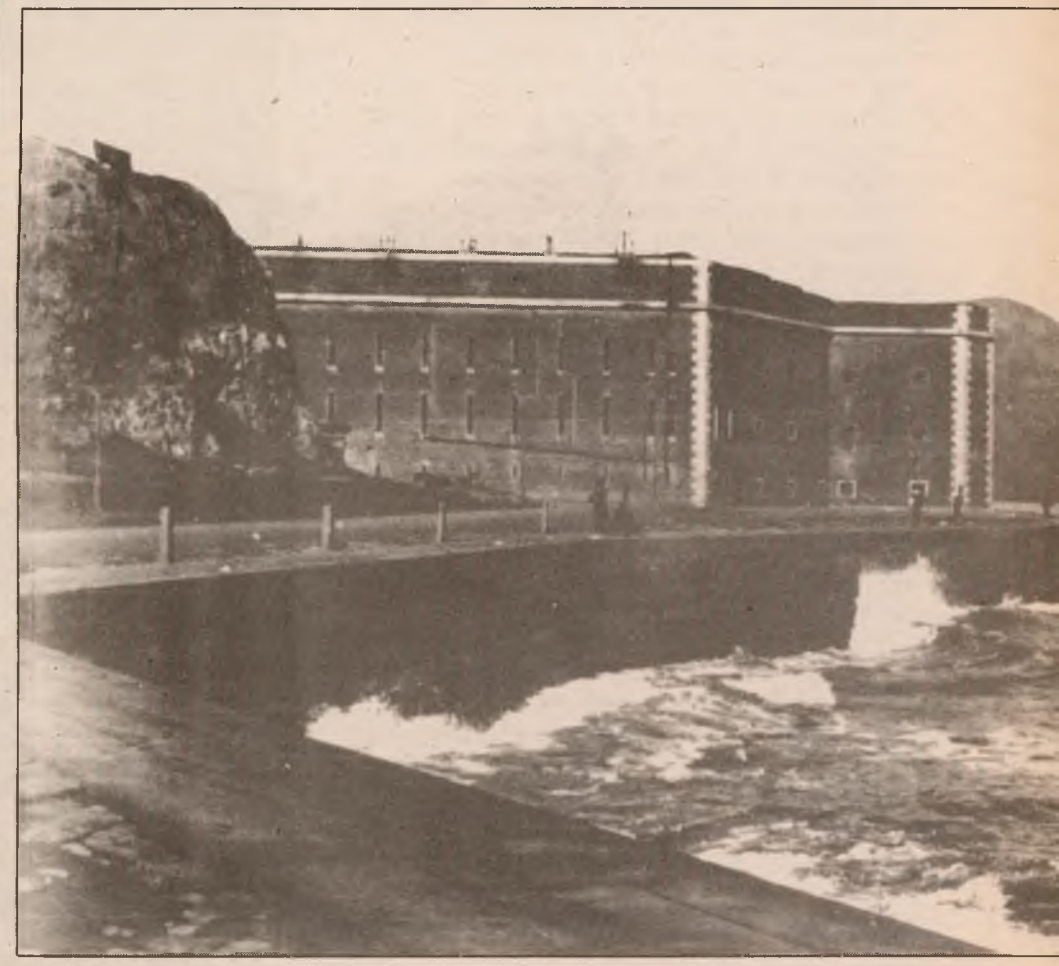


photo by Joel P. Smith

Tourists learn how ammunition was stored.



In the late 1800s, eigt-inch "Columbiads" mounted on barbette protected the b



In the early 1900s, Fort Point dominated the mouth of San Francisco Bay ...

Fort Point

sippi



Star Presidian file photo

ay's entrance.



photo by Steve Morey

A surfer cuts back along the wave near the Fort Point shore.



Star Presidian file photo



now, the majestic rise of the Golden Gate Bridge frames the Civil War era fort.

photo by Steve Morey

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Sports



LAMC bowler rolls 300

The first perfect game score was racked up at the Presidio Bowling Center on Jan. 16 when SGM Tony LeCroy of LAMC rolled a 300-point game.

After completing 12 strikes in a row, and a strike in the last frame of the previous game, LeCroy added another three strikes in a row in the next game for a total of 16 straight strikes.

LeCroy, who has been bowling for 18 years, was a member of the All Army team in 1989.

LeCroy's landmark game occurred while participating in the Intramural Bowling League in which ten teams competed. He will be awarded a diamond ring by the American Bowling Congress for his perfect game and his name will be inscribed in the ABC record book.

"No question about it," LeCroy said, "the pressure started building—especially in the 11th and 12th frames.

"But I really felt things were coming together. After eight strikes in a row, the rest of the teams and the players sort of stopped and started watching what I was doing. By the 10th frame everyone else stopped and all were just watching.

"Even the opposing players were cheering me on."

Basketball

Company B takes charge in intramurals

Basketball season is here. The 1990 Presidio Intramural Basketball Program is underway with games being played Mondays through Thursdays from 5 to 8 p.m. at gym one.

Ten teams are competing in the five-on-five league play which will run through March. Results of the first week (ending Jan. 18) of full-court competition are:

DOL over VA Med. 59-31, 864th Engineering Battalion beat ADL 63-37, and in the thriller of the week Co. B, LAMC overshadowed Co. A, LAMC in overtime 69-63, LAIR team 1 cruised by LEC 70-27. In other action USAG crushed LAIR team 2 101-8, Co. A, LAMC breezed past ADL 55-32 and 864th squeezed by VA Med 52-48. And finally Co. B LAMC smashed LAIR team 2 102-8.

For players who are over 30 years old there is a three-on-three basketball league Monday through Friday from 11:30 a.m. to 12:30 p.m. at gym one. The results of the first week's half-court action are:

Oldies but Goodies over MEPCOM 21-12, USAG over Readiness Group 21-10, Co. B, LAMC beat LEC 21-10, MI winning a forfeit from Andes Gang 1-0. Other games saw Oldies but Goodies narrowly defeating Readiness Group 21-15 and finally Co. B, LAMC slid past MEPCOM 21-20.



photo by Duvel White

LAMC Company B's Ray Jackson snatches a rebound from No. 15 Ralph McNeal of Company A.

Sport Notes

Gym closes

Post Gym No. 1, building 63, will be used to test West Point Academy candidates Sunday. The basketball court and weight room will be closed from 8 to 10:30 a.m. They will re-open after the test. All other parts of the gym will be open.

Post Gym No. 1, will be used to test Air Force Academy candidates on Sunday, Feb. 4. The basketball court and weight room will be closed from 8 to 10:30 a.m. They will re-open after the test. All other parts of the gym will be open.

Walk around the garden

Golden Gate Park's Strybing Arboretum is expanding its free theme walk programs. Garden enthusiasts are invited to join trained docents on walks around the city's botanical garden on any second or fourth Monday or Saturday at 1:30 p.m..

The January theme walks will be on winter color; February will focus on magnolias.

Strybing Arboretum is located at 9th Avenue and Lincoln Way in Golden Gate Park. Call **661-1316** for more information on guided walks.

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Community Calendar

Prayer breakfast

The post chaplain's office will sponsor a prayer breakfast Feb. 6 at 7 a.m. in the Officers' Club. The guest speaker will be Brig. Gen. Matt Zimmerman, deputy chief of chaplains. A $5 donation will be collected. For tickets, call the post chaplain's office at **561-4711** or **561-4719**.

Pie-eating contest

Presidio teens are invited to "show their stuff" at the Youth Activities pie-eating contest Wednesday from 5:30 to 7:30 p.m. at the YA Center. To find out more, call **561-5910**.

Hot dog-eating contest

Just when you thought it was safe to eat in public. ... Pre-teens are challenged to a Youth Activities hot dog-eating contest Tuesday from 5 to 5:30 p.m. at the YA Center. Call **561-5910** for information.

Blood drive

An hour of your time can mean a lifetime to someone who needs blood. The Presidio Winter Blood Drive will be Feb. 8 at the NCO Club Green Room. Blood donations will be used by patients in the local community with illnesses such as cancer, leukemia and heart disease.

For an appointment, call the Family Support Division at **561-3701**.

Zoo walkabout

Join the San Francisco Zoo animal keeper for an early morning *Walkabout* on Sunday, focusing on the zoo's primates. A snack will be served following the tour. The fee is $5 for Zoological Society members; $10 for nonmembers and reservations are required. The tour will begin at the South Gate to the San Francisco Zoo off Herbst Road and Skyline Boulevard. For more information, call **753-7080**.

ITT news

Whale watchers! This is your opportunity to see the gray whale migration is only $26 a person. ITT's trip is scheduled for March 10. The deadline for paying is Feb. 13, but hurry because spaces fill up fast!

Call **561-3992** for information and reservations.



photo courtesy San Francisco Convention & Visitor Bureau

Chinese New Year

Folk dancers in traditional dress add color to the opening pageant in the city's eight-day Chinese New Year festival. The Union Square ceremony kicks off the Year of the Horse at noon Feb. 3.

Gospel Service Dial-A-Ride

The Fort Scott Chapel Gospel Service is offering a **Dial-A-Ride** service for all members of the Presidio community. Everyone interested in attending the Gospel Service Sunday School at 11 a.m. and the worship service at 12:30 p.m. each Sunday can contact the Post Chapel office to arrange for transportation. Just call **Dial-A-Ride Service, 561-4719** or **561-4239**. All arrangements for transportation must be made by the Thursday before worship.

Teen dance

Teens, here is your chance to have a night of fun! Youth Activities is hosting a dance and show. Rap recording artist *LACREEA* and the *NON–STOP DANCERS* singing her award winning song, "JUST SAY NO." Others will perform.

The place to be on Saturday is the Youth Activities Center, building 1331, from 8 to 11 p.m.

The cost is $3 for each ID card holder. For information, call Deloris Moore, program director, at **561-5910**.

Leave donation

Presidio employee, George Bronk, has a medical emergency. He has exhausted his sick and annual leave, and has requested to become a leave recipient.

Jeanette Evans also is experiencing a personal medical emergency. She has exhausted both her sick and annual leave, and has requested to become a leave recipient.

Anyone wishing to donate leave to either Bronk or Evans may call Barbara Rizzo at Civilian Personnel, Management-Employee Relations Division, **561-2255** or **561-2256**.

Thrift Shop news

The next Thrift Shop Saturday opening (9 a.m. to 1 p.m.) and flea market (7:30 to 1 p.m.) will be Feb. 3. Bring a table, valid ID card and rent a vendor space for $5. An additional charge is collected for extra space, no reservations needed.

Angel Island docents needed

Got a yen to spend your free time roaming the wilds? Volunteers are needed for docent training at Angel Island State Park. Training begins Feb. 17 for five Saturday sessions. Learn about Angel Island's historical and natural wonders; lead tours for the public and while away your days in splendor. Call the Angel Island Association at **435-3522** for information and registration.

Buyer beware

Presidio soldiers and retirees have been the target of recent letters from the "U.S. Council on Military Education" offering to advise them on college credit for military experience at a cost of $20 to $200. This same service is available for **free** at Army Education Centers and colleges.

Army education counselors can explain how to obtain college credit for military experience and can tell soldiers or veterans what amount of credit is recommended, if the soldier brings a copy of his or her DA Form 2-1.

Soldiers are urged to check with a counselor at the nearest Education Center before paying for any educational program or service. Contact the Fort Scott Education Center, building 1216, **561-4445**, or the Letterman Education Center, building 1014, **561-3692**.

POWC events

The next POWC luncheon will be Feb. 1 at 11:30 a.m. in the Officers' Club Ballroom. There will be a fashion show presented by the Goodwill Bag Ladies. Don't miss this presentation. Reserve your space by Monday; call Geri Margetts at **563-9807** or Judi Goertmiller at **567-0381**

The February POWC tour is Feb. 8. Members will meet at 9:30 a.m. at the Officers' Club parking lot for carpooling. They will go to Marin Civic Center, the last building by Frank Lloyd Wright. For information and reservations call Ellen Litney at **346-9436** by noon, Feb. 5.

At the Movies

Presidio Theatre

Thu, Jan. 25: Kill Me Again (R), 7 p.m. Val Kilmer, Joanne Whalley. A woman hires a private detective to stage her death.

Fri, Jan. 26: Kill Me Again (R), 7 p.m.

Sat, Feb. 3: Back to the Future II (PG), 7 p.m. Michael J. Fox, Christopher Lloyd. Marty McFly goes into his own future to battle the bully, Biff.

Sun, Feb. 4: Back to the Future II (PG), 7 p.m.

Mon, Feb. 5: Back to the Future II (PG), 7 p.m.

Tue, Feb. 6: Back to the Future II (PG), 7 p.m.

Wed, Feb. 7: Staying Together (R), 7 p.m.

Thu, Feb. 8: Black Rain (R), 7 p.m. Michael Douglas, Kate Capshaw. A reckless New York detective escorts a prisoner to Japan and promptly loses track of him.

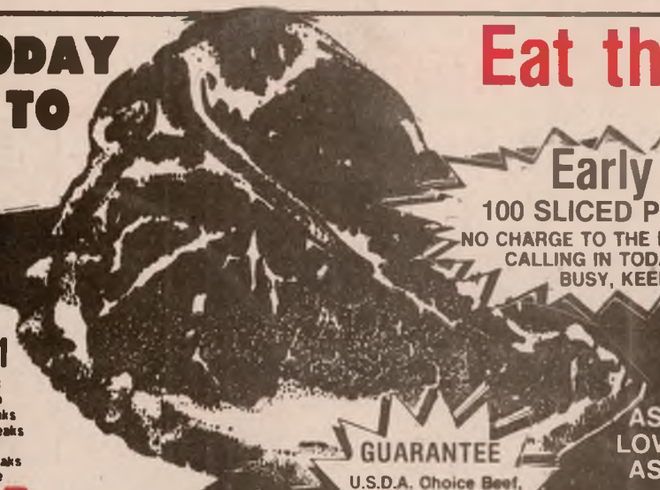
Fri, Feb. 9: Black Rain (R), 7 p.m.

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- BBQ RIBS
- SOUP CUTS
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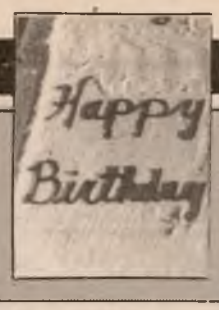
WHAT'S NEW?

CG shares insights on state of the post, page 3



CELEBRATION

Sixth U.S. Army turns 47, page 4



SPORTS

Youth basketball heats up, page 6



Star Presidian

Vol. 33, No. 5 | Published in the interest of the people of the Presidio of San Francisco | Feb. 1, 1990

News Briefs

New bases may close

The Department of Army announced in a news release Monday it is considering proposals to close Fort Ord, Calif., Sacramento Army Depot, Calif., and Fort McClellan, Ala. Also under consideration is the proposal to inactivate the 2nd Armored Division at Fort Hood, Texas, and to move the 7th Infantry Division from Fort Ord to Fort Lewis, Wash., while downsizing the 9th Infantry Division to a brigade.

The proposals under consideration according to the release, are among a number of changes resulting from the reduction of 16,500 active duty soldiers in fiscal year '91 and projected downsizing of the Army during FY '92 through '94. The plan for Active Army reduction could approach 135,000 through FY '94 and total force reductions may reach 270,000 by the close of FY '94.

For residents of the San Francisco Bay Area, these proposed closures come on the heels of earlier announcements of proposed Naval base shutdowns. These include Alameda Naval Air Station, Alameda Aviation Depot, Treasure Island Naval Station, Oakland Naval Hospital, Moffett Field Naval Station, and Naval Supply Center, Oakland.

Final decisions on these proposals will not be made until after completion of environmental analyses required under federal law.

The overall impact on personnel in the Bay Area is unclear. The *Star Presidian* will keep the community informed as more information becomes available.

EEO counselors needed

The Equal Employment Opportunity Office is looking for Presidians to serve as EEO counselors. These volunteers work to resolve complaints which may have resulted from someone's race, sex, religious belief, color, national origin, age or handicap.

EEO counselors must have good analytical skills, be effective listeners and be agreeable to solving EEO complaints. Employees selected for these positions will receive training.

Call Mario Cavallaro or any EEO staff member to find out more, **561-2022.**

Black History Month

February is set aside each year as Black History Month. The Presidio will be sponsoring four events to celebrate this unique tribute to Black Americans. The month kicks off with an ethnic food sampling and art show on Wednesday at the Log Cabin from 11:30 a.m. to 1 p.m. There is no charge for this event and all Presidians are invited.

On Feb. 13 there will be a panel discussion at the Sixth Army conference room in building 35 from 10:30 to 11:30 a.m. The talk will focus on

see News Briefs, page 3



DoD announces hiring freeze

by Erica Haspiel-Szlosek

Notice of a Department of Defense hiring freeze was received at the Presidio Jan. 16. At that time, no specific DoD guidelines were set forth and the Civilian Personnel Directorate made several hiring commitments based on advice from Forces Command.

Since that time, FORSCOM and the other major commands have been trying to work out a way to adhere to the hiring freeze as outlined by Secretary of Defense Dick Cheney and still make sure the Presidio continues to function.

Last week the CPD staff received a message from the Assistant Secretary of Defense stating "the prohibition applies to all civilian positions in DoD, including non-appropriated funds positions. ... It prohibits the filling of vacant positions from any source, either internal or external to the Department."

At this time it is unclear if there will be many exceptions to this policy. CPD has been told by FORSCOM that Cheney is not expected to approve exceptions unless the failure to fill a specific position will endanger life, property or compromise security.

The actions still permitted by CPD include the following:

- Detailing an employee to another position;
- Promotions for employees under formal written training programs—i.e., interns;
- Extended temporary appointments;
- Noncompetitively promote employees based on previous competition for positons with known promotion potential;
- Place graduating interns;
- Convert temporary employees to permanent status in the same position;
- Accept an employee returning to duty who is on the active rolls; and
- Employees returning from overseas assignments and the restoration rights of people from military service or injury compensation are excluded from the freeze.

At this time, placing people enrolled in the Priority Placement Program is not authorized by FORSCOM. PPP is the DoD-wide system whereby former employees are given priority for Defense Department jobs.

At press time, CPD was in the process of receiving more specific guidance from FORSCOM. As more information becomes available, the *Star Presidian* will keep the post community informed.

Voices

Presidio View

by Lt. Gen. William H. Harrison



This week on post

Dear Presidians:

That's right—it's another great day to be part of the great U.S. Army at the Presidio of San Francisco—A Very Special Place. How 'bout them '49ers? Hoo Ah!

On Monday, the 22nd, DEH took me on a very informative and enjoyable tour of Forts Baker, Barry and Cronkhite. In addition to all the history involving these posts, there is also the involvement of the Army with GGNRA and the fact that we have a number of our personnel living in our housing areas. I also visited the riding stable, yacht club and fire station. At the latter I met Jim Ahrens and Steve Adams who "man the pumps" and at the riding stables, Pat Northrup who works many volunteer hours to keep the stables open and running smoothly. I had previously met the manager of our yacht club. To all these folks, my thanks for your efforts—be they as paid employees or volunteer. Your efforts make life better for the citizens of PSF—A Very Special Place. Hoo Ah!

Tuesday the 23rd saw me at Hamilton Army Air Field for our periodic Aviation Safety Stand Down Day. Our Sixth Army Flight Detachment flew in excess of 1900 safe hours in 1989—a great record! But how about this: they also have 19 years without a major aircraft accident! Now that's really Hoo Ah! To all our aviators—rotary, fixed wing; our crew chiefs, mechanics, contract maintenance folks, admin. support, et. al., congratulations! Keep up the good work and let's go for 20. Hoo Ah!

Wednesday the 24th was a BIG day. At morning and afternoon sessions I had the opportunity to talk to our assembled civilian workforce. This was my opportunity to present them the "State of the Post"—where we are on base closure, performance appraisals, hiring freeze, etc. I thoroughly enjoyed each session and sincerely appreciated the input and dialogue with the civilian employee workforce. I pledge again to each of you to keep you appraised of these matters as the progress and change.

That afternoon we had our monthly Sixth Army run. But this was a very special one—we ran to celebrate the 47th birthday of Sixth Army! Yep, on January 25, 1943 Sixth Army was activated at Fort Sam Houston, Texas. It then was assigned to the Pacific Theater under General Douglas MacArthur and was the major Theater Army as the islands in the Pacific were reclaimed, as General MacArthur returned to the Philippines and subsequently ended the conflict in the Pacific area. So, Happy Birthday Sixth Army and thanks to all who made this run so special, especially AUSA for donating the humongous cake—that truly was a Hoo Ah cake!

The 25th was another great day. We officially opened our new Anthony's Pizza and Frank's Franks concessions at the Main PX. Our thanks to AAFES for bringing these added quality of life concessions on board for all Presidians.

The 25th also saw Mrs. Harrison and me as guests of the Northern California USO. This is their yearly meeting and it afforded me an opportunity to thank the USO for their continued support of soldiers. USO is run totally on voluntary contributions and primarily by volunteer and very limited paid help. There are four USO Centers in Northern California: at San Francisco International, at Oakland International, at Travis AFB and right here on the Presidio. Soldiers, the Army, the world, etc., has changed much in recent years and many question the need for USO in today's world. But no service member or family member who has ever had to travel and has needed and used the USO facilities will doubt or question their need when you really needed a place to change the baby, make an emergency phone call, see a friendly face, just sit and relax for a few minutes. USO is like running into an old friend. So, I thanked USO from all of us who have ever found solace there, and wished them well in the future. The next time you see a USO—even if you don't need help—stop in and tell USO a big, loud Hoo Ah!

Finally, on the 25th we had our monthly Retirement Retreat Ceremony. Thanks to HHC, USAG for the honor guard; to LAMC for the color guard; and, of course, to our always Hoo Ah Sixth Army band for the music. And to all our retirees, military and civilian, thanks for your 250-plus years of service to our Army and to our Nation. Thanks and all best wishes and Hoo Ah to:

Participants	Years of service
CSM Roger Pendenza	41
Lt. Col. Robert D. Buckman	38
Lt. Col. Earl L. Knight	36
CW4 Mallurd K. Kolm	46
MSgt. David P. Helmer	26
Frederick Woo	29
Lewis Durham	46

see View, page 3

"They can because they think they can."
—Vergil

Ramblin' Sam

"Do you have any other questions about base closure?"



Spec. Allan Watson, records clerk, MILPO: "I'd like to know when the Presidio will actually close, and what happens to us?"



Capt. Nancy Gartz, Letterman Army Medical Center staff nurse: "No questions at this time, I've been here four years and it's time for me to move on to a new assignment."



Sam Park, Training Support Center photographer: "After they close the Presidio, I would like to see a comparison of total closing costs and the savings from closing. How much will be saved by closing? I think it will be even money up 'til the year 2000."



Rosemarie Perkins, AAFES employee, retired Army family member: "Why should the Presidio close when there are so many retired poeple here? I saw where Mare Island and Oak Knoll Naval Hospital may be closing too. Where will we go for medical care?"

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The *Star Presidian* editorial offices may be reached by calling 561-3908.

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Etc.

CG briefs workers on future

by Erica Haspiel-Szlosek

Lt. Gen. William H. Harrison, Sixth U.S. Army and Presidio commander, talked to near capacity crowds of civilian employees Jan. 24 in two briefings at the post theater.

Addressing a variety of topics, Harrison made clear his commitment to keeping the Presidio community informed of upcoming Army- and post-wide events. He emphasized his goal of keeping the Presidio civilians as up-to-date as the soldiers.

First on the agenda was an explanation of Operation "Just Cause," the U.S. invasion of Panama last month. He praised the performance of U.S. servicemembers in the Panama actions and read a short statement made by CBS news anchor Dan Rather echoing the commendation.

Much of the rest of the talk focused on how changes in the Army budget and the closure of the Presidio ultimately will affect the civilian employees.

According to Harrison, the tightening of the Defense Department's budget ultimately will impact everyone in the Army—military and civilian alike. He points out that no money or positions have been lost on the Presidio directly as a result of base closure. Much of the resource-crunch being experienced here, he explains, can be found on any Army post in the United States simply as a result of the $500 million reduction in Army funds in fiscal year 1990.

"We have not lost a single slot—military or civilian—nor a single dollar so far due directly to base closure. The Army has not come out and said, 'Harrison, I'm *not going to give you that because you're closing.*' They've reduced our budget along with every installation in the United States and *that will continue,* " said Harrison.

One point emphasized repeatedly throughout Harrison's talks was the need for the Presidio to continue with "business as usual." He explained that while he knew some civilian employees will choose to pursue new careers elsewhere, he hoped many would elect to stay on here.

"There are going to be opportunities for those who stay. We *are* going to be here—at least till 1995. I feel there are promotion opportunities for those who can stay around—and I would encourage you to do that. Training opportunities are going to continue. When we close here and you go to another job somewhere else you will be better qualified."

To answer detailed base closure questions, Harrison amounced a new Civilian Personnel Directorate hotline. Presidians can now call **561-4999** to find out more about how base closure may affect an employee specifically.



photo by Duvel White

Lt. Gen. William H. Harrison talks to his civilian employees.

Another topic addressed by Harrison included an acknowledgement of the difficulties being faced by many Presidians as a result of earthquake damage. According to him, the post suffered $8.5 million in damages. At this time one-third of the money needed to make repairs has been received. He assured Presidians the rest would be allocated sometime in the future.

Harrison also brought up the difficulties faced by some employees as a result of performance appraisal problems. He stated this is now a subject in which he is taking a keen interest and is committed to solving the problems in order that each employee receive a fair evaluation in a timely manner.

Harrison's words were well received by the audiences. Amid some civilian's concerns for their job, many seemed relieved by the no-nonsense approach laid out by the commanding general.

View from page 2

On Friday the 26th, I had a real honor: making the award of an Army Commendation Medal to my driver, Sgt. Jeff Oates for his service in the 2nd Battalion, 75th Ranger Regiment at Fort Lewis, Washington. Hoo Ah Jeff! Rangers Lead the Way!

Later on the 26th I visited, was briefed by and had the opportunity to talk to our great Sixth Army NCO Academy cadre. What a professional group of soldiers these folks are. They truly do set the NCO standards for all of Sixth Army and I appreciate their efforts very much. To each of them listed below, Hoo Ah! Keep up the good work: MSgt. David Rains; SFC Michael Parsons; SFC Steven Carson; SSgt. Kevin Quinn; SSgt. Dean Shackles; SSgt. Joel Jacobs; SFC Bruce Skinner; SGM George Burk; Sgt. Christopher Denchfield; SSgt. William Comstock; Sgt. Richard Shearer; Sgt. Jeffrey Hall; SSgt. Terry Ballard; Sgt. Dat Au; and CSM Gerald Clark, Commandant.

Saturday saw me at an In Progress Review for the 91st Training Division. This Reserve unit has a major challenge this summer as they will mobilize, activate and then train actual basic trainees at Fort Ord. I have great confidence in them and know they will give it their "Powder River" best!

Following that I went to Oakland Army Terminal for the dedication of the recently remodeled Reserve Center for the 319th Transportation Brigade. This is a super outfit; very happy to be back in their own Center. To each member of the unit—congratulations.

And then it was Super Bowl Sunday! How 'bout them '49ers? Truly a Hoo Ah result—although a little one-sided ball game. But be that as it may, Hoo Ah for the '49ers!

God Bless you one and all.

William H. Harrison
Lieutenant General
Commanding

News Briefs from page 1

whether blacks are all that they can be. Everyone is invited.

The following week, on Feb. 20, Osa Tshaka, head of the Black Studies Department at San Francisco State University will discuss the growth of black colleges and universities at the NCO Club from 10:30 to 11:30 a.m. Vocalist Shirley Graves will provide entertainment following the lecture. There is no charge for this event and all are welcome to attend.

The Black History Month celebration climaxes Feb. 23 with a banquet and fashion show from 7 to 10 p.m. at the NCO Club. Tickets will cost $8. Call the EO Office at **561-4158** or **561-4154** for information.

In addition to the four events, a canned food drive is being held all month to benefit needy families on post. Call **561-3852** to find out how you can help.

The EO Office will be available to answer any questions on the Presidio's Black History Month celebration.

Service orders

The Directorate of Engineering and Housing staff reminds all family housing residents and tenant organization members it is important to write down and keep track of service order numbers assigned by the DEH service order clerks. They should be kept until the work requested has been completed. This is especially important if the work requested involves the repairing or replacing a stove or refrigerator. DEH customers also should refer to the service order number when calling the DEH Service Order Branch to check the request's status.

To report problems and have a service order filled out, call **561-4505.**

Commissary Council

The next Commissary Council meeting will be tomorrow at 9:30 a.m. in the Commissary Conference Room, building 653.

Hazardous toys

Presidians who have bought stuffed cats from TY Inc., are warned to check if they have styles "1009 licorice" or "1001 angel." These toys have a plastic heart-shaped tag under the chin that could become loose and pose a choking hazard. Presidians should remove this tag immediately.

Army News Service

Newspaper deadline

To have your announcement published in the *Star Presidian* please follow these guidelines: double space and type all submissions, use *civilian* dates and times, include a first and last name for all points of contact. Deadline for all copy is **Thursday,** close of business, for publication the following week. Mail or bring materials to the *Star Presidian* office, building 37, room 215.

Presidio Tax Center opens Monday

building 223

Born of War



Lt. Gen. William H. Harrison addresses units before the Fun Run.

Presidio joins Sixth U.S. Army in 47th birthday celebration

story and photos by Pleasant Lindsey III

Sixth U.S. Army celebrated its 47th birthday Jan. 24 with awards, a Fun Run, cake and refreshments.

The Fun Run was led by Lt. Gen. William H. Harrison, Sixth U.S. Army and Presidio commander.

Before the Fun Run, awards were given to soldiers for their excellent performance on physical fitness tests.

Awarded for scoring perfect 300s were: SGM James Chastain, training; Capt. John Corral, personnel; and Capt. David Gilman, logistics. Their awards were presented by Sixth U.S. Army Command Sergeant Major CSM Robert A. Whiteford.



No birthday party is complete without a cake. photo by Sam Park

Afterward, Harrison led members of Sixth Army on the Fun Run through the streets of the Presidio.

This run was noteworthy because it signified Sixth Army's proud heritage as an army that was "Born of War."

Sixth Army, one of five armies on the continental United States, was activated at Fort Sam Houston, Texas, on Jan. 25, 1943. Its mission was to recapture a chain of islands from the Japanese. Their mission ended with the recapture of the Philippines. Currently, the Presidio Army Museum has a diorama depicting Sixth Army's march across the Pacific.

Following World War II—in January 1946—the Sixth Army was deactivated. Only two months later it was reactivated with a new mission—training.

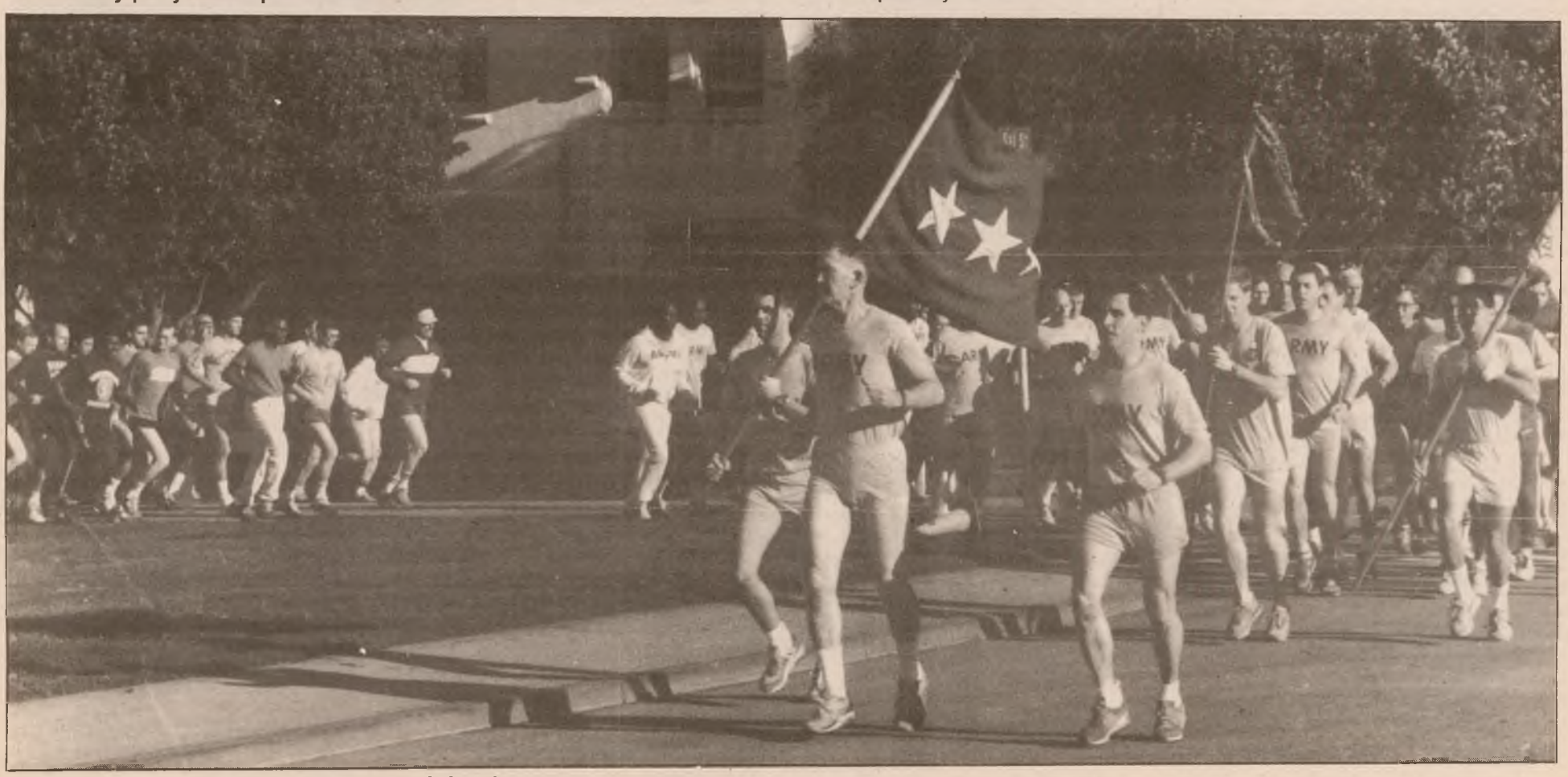
Currently the Sixth U.S. Army is responsible for the training and readiness of Army National Guard and Reserve troops in 12 western states. Its territory ranges from North Dakota in the Northeast to California and Arizona in the Southwest, and covers 40 percent of the continental United States.

During the Korean conflict Sixth Army deployed the 2nd Infantry Division and also sent the California National Guard's 40th Division—one of the only two National Guard units to fight on the Korean peninsula.

Sixth Army also sent Army National Guard and Reserve units to Vietnam during the conflict in Southeast Asia.

Recently, Sixth Army returned to the national spotlight sending units to help fight massive fires in Idaho and by helping local San Francisco agencies with rescue, security and comfort support during the aftermath of the Oct. 17 earthquake.

Sixth U.S. Army's slogan throughout its 47 year history has been, "Guardian of the Golden West."



Harrison leads Sixth Army units past their headquarters.

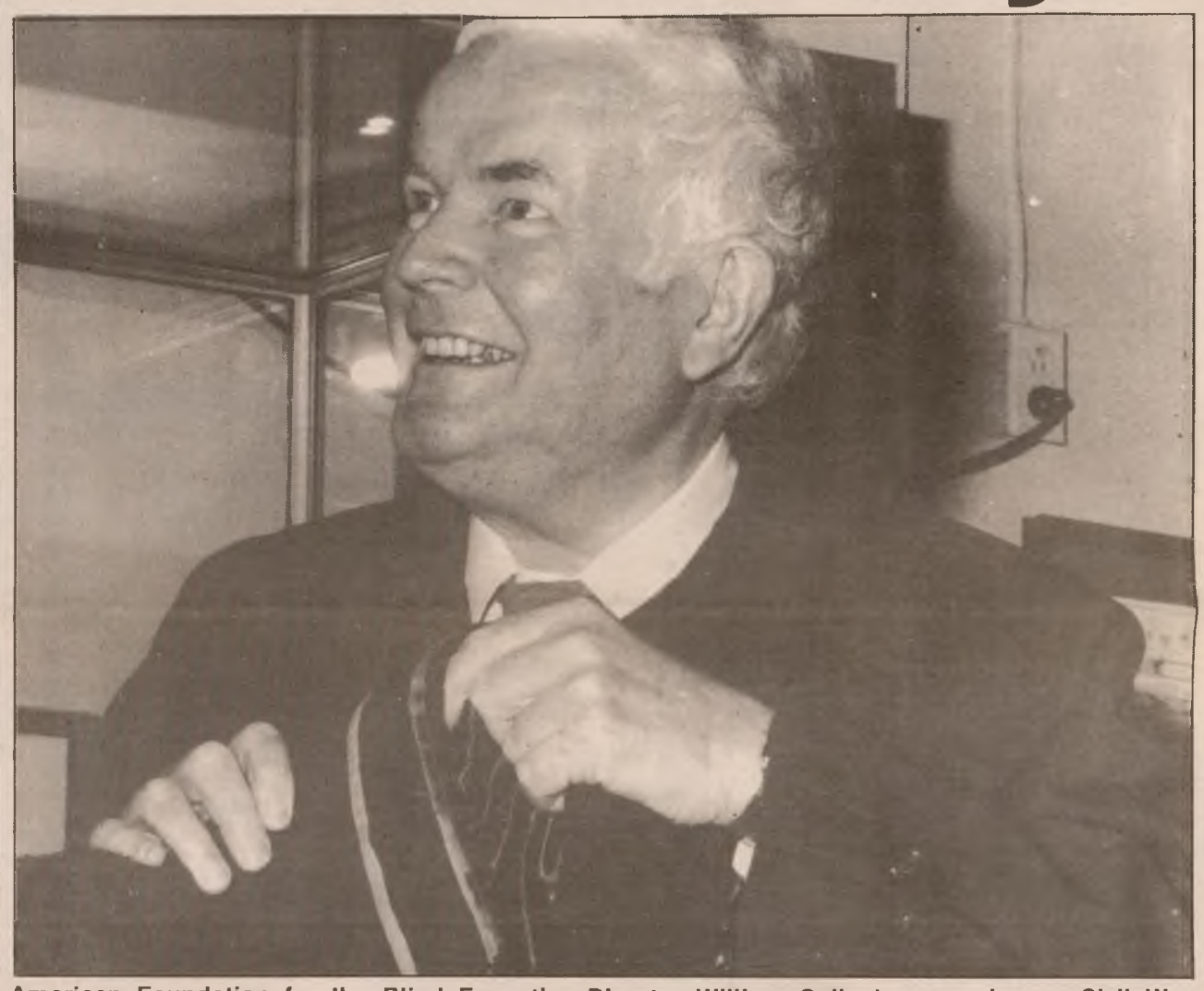
In touch with history



Milton B. Halsey Jr. shows Gallagher the hats worn during the Spanish Presidio era.



Blind visitors are allowed to feel the Presidio's past.



American Foundation for the Blind Executive Director William Gallagher examines a Civil War uniform.

Presidio museum opens tours for blind

story and photos by Duvel White

"I've never seen one like that," the small gray-haired man said, his fingers moving over the worn fabric of a Civil War corporal's uniform.

Seeing something new would seem normal for a visitor to the exhibits at the Presidio Army Museum.

However, this visitor is blind.

His name is William Gallagher, executive director of the American Foundation for the Blind, a national nonprofit organization. Gallagher's visit to the Presidio was to critique a new museum tour for the blind.

The Presidio Museum improved the tour for blind visitors by increasing tour guide verbal descriptions and by "opening exhibits." This allows blind or sight impaired visitors to touch replicas of Army equipment and uniforms.

"They did an excellent job," Gallagher said. "Blind children will especially enjoy this tour. If they get to pick up and try on things, then those things come to life."

At the age of 15 Gallagher suddenly—literally overnight—became blind. Living his life as both a sighted child and later as a blind teenager and adult has given Gallagher a unique perspective.

"It is extremely important for the blind to be able to touch things and hear about colors, shapes.... Blind children constantly hear about cannons, but to be able to touch a real cannon gives them a much better picture."

Gallagher's tour guide was Milton B. Halsey Jr., a retired Army colonel and executive director of the Fort Point and Army Museum Associaton, a nonprofit organization which supports the Presidio Army Museum and Fort Point.

"Mr. Gallagher was my training aide," Halsey said. "He went through our tour and critiqued it to give us an idea of how to improve it for the blind."

Halsey says the museum is always looking to serve new segments of the community. Most of the museum's visitors are fourth and fifth graders —more than 12,000 last year—coming to meet a California requirement for state history classes. Since there are several schools for the blind in the Bay Area, the Presidio Museum is improving the tours for the blind students.

"We want to reach out to some of these blind children and share our heritage, just like we do for the sighted children," Halsey said.

As a result of Gallagher's visit the Fort Point and Army Museum Association is going to give training on improving the tours for special groups. The museum is considering opening more exhibits to special groups of blind students.

During the tour, Gallagher tried on several hats which had been worn by soldiers stationed at the Presidio from the 1700s to the present day. His affinity for hats is similar to that of a famous blind and deaf activist who worked with the American Foundation for the Blind for 44 years, Helen Keller.

"Everywhere Helen Keller went she tried on hats," Gallagher said. "She would have enjoyed spending hours in this museum." He went on to discuss what Helen Keller meant to blind people.

"We have to live on her legacy. It is up to us to carry on her belief that blind and deaf people can be a part of the community."

Sports

Sport Notes

Armed Forces Cross-Country

The Army men's and women's cross-country team ventured from the Presidio to Pope Air Force Base, N.C. for the fourth annual Armed Forces Cross-Country Championship. The Presidio had three members on the team: Bob Darling, head coach; Lori Bearson, assistant coach; and Maj. Patricia Shackleton, athlete from AMEED Procurement.

Shackleton helped the women win the team the championship by finishing in sixth place. She was the second Army runner and ran 18:30 for the 5-kilometer rolling hill course at Fort Bragg.

The men's team finished second to the Air Force. Five Army runners qualified for the USA team to compete in the world military championship—CISM—to be held May 7 through 11 in Toronto, Canada.

3-on-3 Half Court League

Here are the Half Court 3-on-3 Basketball League scores and standings after last week's action:

	Wins	Losses
Oldies But Goodies	5	0
Co. B, LAMC	4	1
USAG	3	1
Andes Gang	2	2
MEPCOM	1	2
LEC	1	2
RGPSF	1	3
MI BN	1	7

Results

Jan. 22: Andes Gang vs. USAG, 21-6; LEC vs. MI BN, 16-13.

Jan. 23: Goodies vs. Co. B, LAMC, 21-15; Andes Gang vs. RGPSF, 21-4.

Jan 24: MEPCOM vs. MI BN, 2-0; USAG vs. LEC, 21-17.

5-on-5 Full Court League

	Wins	Losses
Co. B, LAMC	3	0
USAG	3	0
Co. A, LAMC	3	1
DOL	2	1
VA Med	2	2
LAIR No. 1	2	2
ADL	1	3
LEC	1	4
LAIR No. 2	0	4

Results

Jan. 22: DOL vs. LAIR No. 1, 75-52; USAG vs. LEC, 63-36; VA vs. ADL, 2-0.

Jan. 23: VA Med vs. LAIR No. 1, 44-35, Co. A, LAMC vs. LEc, 76-37.

Next week's schedule

Monday

Goodies vs. USAG, Half court, 11:30 a.m.
LEC vs. MEPCOM, half court, noon
Co. A, LAMC vs. DOL. full court, 5 p.m.
LEC vs. 864th, full court, 6 p.m.
ADL vs. USAG, full court, 7 p.m.

Tuesday

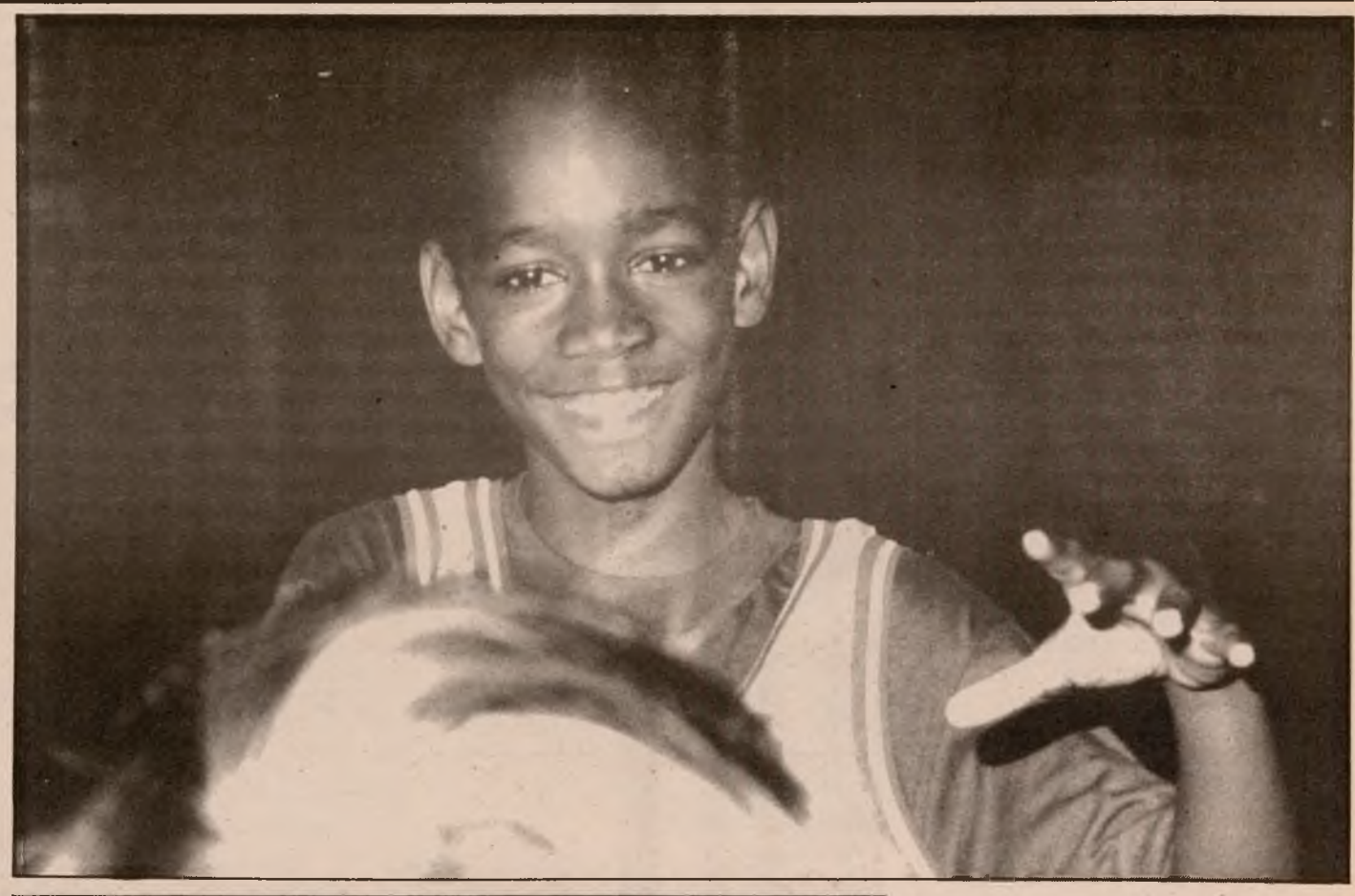
Andes Gang vs. Co. B, LAMC, 11:30 a.m.
Goodies vs. MEPCOM, noon
LEC vs. DOL, full court, 5 p.m.
Co. A, LAMC vs. 864th, full court, 6 p.m.

Wednesday

USAG vs. RGPSF, 11:30 a.m.
LEC vs. Co. A, LAMC, noon
LAIR No. 1 vs. Co. B, LAMC, 5 p.m.
LAIR No. 2 vs. 864th, 6 p.m.
VA Med vs. Co. A, LAMC, 7 p.m.

Thursday

Goodies vs. RGPSF, 11:30 a.m.
MEPCOM vs. Co. B, LAMC, noon
VA Med vs. Co. B, LAMC, 5 p.m.
864th vs. DOL, 6 p.m.





Youth basketball

High five! Nicholas Clemons (above) comes to the sidelines for a high-five during recent Catholic Youth Organization Basketball action at Gym No. 1. Edward Urban (left) launches a jumper for the Presidio 4th and 5th grade team over Stuart Hall Lion defenders. Coaches John Champion and Jerry Harrington (below) offer half-time encouragement to their team. CYO youth basketball involves 1,200 3 to 8 grade youths from around the Bay Area. Games at Gym No. 1 are played January through March on Saturdays and Sundays from 10 a.m. to noon.



photos by Duval White

Community Calendar

Prayer breakfast

The post chaplain's office will sponsor a National Prayer Breakfast Tuesday at 7 a.m. in the Officers' Club. The guest speaker will be Brig. Gen. Matt Zimmerman, deputy chief of chaplains. A $5 donation will be collected. For tickets, call the post chaplain's office at **561-4711** or **561-4719**.

Blood drive

An hour of your time can mean a lifetime to someone who needs blood. The Presidio Winter Blood Drive will be Feb. 8 at the NCO Club Green Room. Blood donations will be used by patients in the local community with illnesses such as cancer, leukemia and heart disease.

For an appointment, call the Family Support Division at **561-3701**.

SATO cruises

SATO promises some great savings for sailing Feb. 10, March 10 and 24. Prices start at $899 a passenger (plus $43 port taxes).

Cruise to St. Thomas, San Juan and Nassau. Or how about a cruise to St. Thomas, St. Croix, Bequia, Barbados, Martinque and St. Kitts from San Juan on March 12, 19 or April 12?

Rates start as low as $940 a passenger (plus $55 port taxes). These rates include airfare from the west coast.

ITT tickets

Looking for tickets to your favorite events? Check ITT. Here's a partial rundown: ski lift tickets, Red and White Bay Cruises, Vallejo Ferry, Santa Cruz beach and boardwalk, Great America, Marine World Africa, USA, movies, and Monterey Bay Aquarium.

There are also tickets available for southern California: Disneyland, Universal Studios, Knott's Berry Farm, Movieland Wax Museum, Magic Mountain, the Queen Mary and the Spruce Goose, and Sea World.

ITT also orders many special events tickets based on suggestions. Stop by building 215 or call **561-3992** for details.

USO scholarships

The USO is offering 25 $1,000 scholarships to family members of active duty soldiers. These scholarships normally are awarded to graduating high school seniors. On occasion, the board may elect to grant the scholarships to other deserving applicants who have completed high school within the last four years. Half of the scholarships will be awarded to family members stationed overseas during the 10th, 11th and 12th grades.

Applications must include information such as the student's awards and honors, grade point average and college entrance examination results. The applicants also must submit narratives describing their development in areas such as leadership, citizenship, teamwork and dedication.

The application deadline is March 1. They may be turned in to the sponsor's Military Personnel Officer. Brochures explaining the scholarship program are available at the post USO in building 223.



photo by David Allen

'Twelfth Night or What You Will'

A.C.T.'s newest play provides Shakespeare with a twist. Now through Feb. 10, tickets are available for this Palace of Fine Arts Theater performance. For ticket information, call 749-2228.

Angel Island docents needed

Got a yen to spend your free time roaming the wilds? Volunteers are needed for docent training at Angel Island State Park. Training begins Feb. 17 for five Saturday sessions. Learn about Angel Island's historical and natural wonders; lead tours for the public and while away your days in splendor. Call the Angel Island Association at **435-3522** for information and registration.

GMAT

The Fort Scott Education Center will administer the Graduate Management Admission Test on March 19 from 7:30 a.m. to 12:30 p.m. The GMAT is given free to active or reserve soldiers who plan to pursue a master's degree in business. Interested soldiers must order a test no later than Monday, during an in-person counseling session at the Army Education Center, building 1216, or the LAMC Education Center, building 1014.

POWC events

The February POWC tour is Feb. 8. Members will meet at 9:30 a.m. at the Officers' Club parking lot for carpooling. They will go to Marin Civic Center, the last building by Frank Lloyd Wright. For information and reservations call Ellen Litney at **346-9436** by noon, Feb. 5.

Golden Gaters

The Presidio Golden Gaters, a singles social club, is planning a Valentines party, at the Curtain Call Lounge, on Union Street Feb. 9, at 7 p.m. Reservations, at $13 a person, MUST be made in advance.

For more details, call Margaret Santos at **921-8930**, or Pat Pavlisin, **388-6906**. The payment is due Wednesday.

Toastmasters

Toastmasters will give you the chance to be able to speak with confidence, think on your feet, increase your earning power and listen effectively. Come see what Toastmasters can do for you. Meetings are held every second and fourth Thursday from noon to 1 p.m. at the USO, building 223.

Gospel Service Dial-A-Ride

The Fort Scott Chapel Gospel Service is offering a **Dial-A-Ride** service for all members of the Presidio community. Everyone interested in attending the Gospel Service Sunday School at 11 a.m. and the worship service at 12:30 p.m. each Sunday can contact the Post Chapel office to arrange for transportation. Just call **Dial-A-Ride Service, 561-4719** or **561-4239**. All arrangements for transportation must be made by the Thursday before worship.

Job Club

The USO holds a Job Club/Support Group every Friday at 10 a.m. in the basement of building 223 across from Garrison Headquarters. Job listings form government agencies, business, schools and hospitals will be available along with a list of job hotline phone numbers. Resume help and office equipment also are available. Military spouses and people with current or previous military connections are encouraged to attend free of charge. Call **561-2436** Tuesdays through Fridays, 9 a.m. to 4 p.m., for information.

Dance classes

Ballet classes for children ages 5 to 19 years old are available through the Youth Activities Center. Call Debbie Cutshaw at **387-9188** or **561-4059** to find out more.

At the Movies

Presidio Theatre

Thu, Feb. 1: All Dogs Go To Heaven (G), 7 p.m. Animated tales about a little girl who can talk to animals and her adventures with that dog about town.

Fri, Feb. 2: All Dogs Go To Heaven (G), 7 p.m.

Sat, Feb. 3: Back to the Future II (PG), 7 p.m. Michael J. Fox, Christopher Lloyd. Marty McFly goes into his own future to battle the bully, Biff.

Sun, Feb. 4: Back to the Future II (PG), 7 p.m.

Mon, Feb. 5: Back to the Future II (PG), 7 p.m.

Tue, Feb. 6: Back to the Future II (PG), 7 p.m.

Wed, Feb. 7: Staying Together (R), 7 p.m.

Thu, Feb. 8: Black Rain (R), 7 p.m. Michael Douglas, Kate Capshaw. A reckless New York detective escorts a prisoner to Japan and promptly loses track of him.

Fri, Feb. 9: Black Rain (R), 7 p.m.

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MARKSMANSHIP

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Star Presidian

Vol. 33, No. 8 | Published in the interest of the people of the Presidio of San Francisco | Feb. 22, 1990

News Briefs

USO scholarships

The USO is offering 25 $1,000 scholarships to family members of active duty soldiers. These scholarships normally are awarded to graduating high school seniors. On occasion, the board may elect to grant the scholarships to other deserving applicants who have completed high school within the last four years. Half of the scholarships will be awarded to family members stationed overseas during the 10th, 11th and 12th grades.

Applications must include information such as the student's awards and honors, grade point average and college entrance examination results. The applicants also must submit narratives describing their development in areas such as leadership, citizenship, teamwork and dedication.

The application deadline is Thursday. They *may be turned in to the sponsor's Military Personnel* Officer. Brochures explaining the scholarship program are available at the post USO in building 223.

Electrical update

Monday the Sacramento Army Corps of Engineers will begin an electrical upgrade project in post housing areas beginning with the 700 area. Emerald Isle Electric will be the contractors performing the work. Occupants will be individually notified in advance as to the date when work will begin in their areas. This notification will be distributed by the contractors. Call Heidi Burke at **346-5267** for information.

Newspaper deadline

To have your announcement published in the *Star Presidian* please follow these guidelines: double space and type all submissions, use *civilian* dates and times, include a first and last name for all points of contact. Deadline for all copy is **Thursday**, close of business, for publication the following week. Mail or bring materials to the *Star Presidian* office, building 37, room 215.

Corrections

Oops! We made some mistakes. Brig. Gen. George M. Baxter received the Distinguished Service Medal and not the Meritorious Service Medal during his retirement ceremony.

The instructors in the motorcycle safety story are not from the Bay Area Institute of Motorcycle Education. They were trained and certified by an Army representative and act as agents for the Army. The certification is from the Motorcycle Safety Foundation.

The *Star Presidian* apologizes for any inconvenience these errors may have caused.

DEH budget squeezed tight

Making do with less

by Pleasant Lindsey III

Soldiers have a phrase for situations that require them to do more with less — "suck it up and drive on!"

However, that's difficult to say to a family member with plumbing problems in their quarters. But the hiring freeze and budget cuts have particularly damaged the capability of the Directorate of Engineering and Housing.

Forces Command instructed the Presidio of San Francisco to cut its budget and as a result every directorate on post felt a cut in their budget to meet the directive.

DEH is no exception.

In fact, DEH started the fiscal year with approximately $21.5 million, far short of the $24 million needed to maintain the post this year. Then, nearly $1 million was cut, according to Capt. Michael Herman, DEH operations officer.

"We were approximately $3 million in the hole and then the earthquake hit, causing us to spend some money we didn't anticipate spending," Herman said.

Suddenly, DEH was $4 million poorer.

On the personnel side, DEH was short about 100 people out of a 400-person workforce.

And, the hiring freeze hasn't helped that situation.

"People living in quarters are calling in thinking that we are ignoring their work orders and that our response time should be faster," said Juanita Whitehead, DEH customer relations officer. "But we don't have the personnel to respond as fast as we'd like," she explained.



DEH won't get any replacements until the freeze is lifted.

Drive on

DEH crews are still answering work orders, even though they are short-handed.

Work orders are placed on a priority scale. The highest priority jobs are handled first, but the bottom of the scale might not be reached before another high priority work order is placed. That means the low priority work order will have to wait longer.

"There are more high priorities coming in than there are low priorities," Herman said. "In turn, it

please see DEH, page 3

Word from headshed on hiring freeze

by the Civilian Personnel Directorate staff

Since last week's article some additional guidance in regards to the Department of Defense hiring freeze has been received. The following information is provided to keep all Presidio employees updated to the current situation involving the freeze.

Previously CPD has been allowed to use vacant positions for settlements directed by third parties such as the Federal Labor Relations Authority, Merit Systems Protection Board and other third parties who have the authority to direct such action.

This did not include the U.S. Army Civilian Appellant Review Agency or local Equal Employment Opportunity settlements. This has changed within the last week allowing additional flexibility in settling grievances and appeals.

During reduction-in-force situations when the end result would be separation of an employee, CPD can now use vacant positions to place employees.

The Military Reserve Technician program is exempt from the freeze (includes both Merit Promotion actions and external accessions) as long as the CONUSA remains under the Congressional mandated floor.

All indications are that this freeze will last until the end of this fiscal year. The CPD is continuing to recruit for positions, provide referral lists to management and go up to the point of commitment (offering the job to someone), so if there are positions advertised which you are interested in, put your application in. CPD cannot offer you a position until after the freeze "thaws," but referrals for selection are still ongoing, so if you want to be considered, please apply. Refer to page 3 for a listing of NAF and CPD job opportunities.

Voices

Presidio View

by Lt. Gen. William H. Harrison



Black History Month and more

Dear Presidians;

Despite the storms bringing rain and snow and cold temperatures, it remains a great time to be in the Army at the Presidio of San Francisco — A Very Special Place! These last few mornings have been glorious — clear, crisp and the views from PSF breathtaking!

During the last several weeks we have had some super basketball going on at our Gym No. 1. In full court play USAG and DOL were tied for first place with USAG going ahead after a win over DOL. And in the half court league, USAG, Andes Gang, and the Oldies but Goodies were all tied for first. Not sure of the outcome of this three-way challenge, but as I said, super ball games and a big Hoo Ah for all our teams!

We have a new manager at our main PX. Mr. Partridge comes to us from Fairchild AFB near Spokane, Washington. Welcome to our PSF family.

On Tuesday the 13th, I had one of those special times — a muster run with Headquarters Battalion. It's always great to be out with soldiers doing soldier things. LEC, USAG, Sixth Army Band, ISC and PSF officers all participated. Great run — even up the hill! — great esprit! A real Hoo Ah time!

Also on the 13th I had the honor of presenting our Soldier of the Month award to Spec. Stephen W. Hoxie of LAIR. Steve is a Biological Science Assistant who is one of those fortunate volunteers who got a slot he wanted in a very limited MOS field. He's a native Californian who enjoys duty here at PSF. Congratulations, Spec. Hoxie, from all of us — and a real loud Hoo Ah!

The latest event in our Black History Month was another rousing success. Col. Alexander, our DPCA, narrated a panel on "Can We Be All We Can Be?" To the panelists and all the participants, my thanks. The next event is scheduled for Tuesday, Feb. 20 — a Black Education Forum. And the final event is on Feb. 23 — a luncheon at the NCO Club followed by a fashion show and banquet at 7 p.m. that evening. I hope our participation will continue to be good. The organizers of all these events are to be congratulated. They have worked long and hard and truly deserve a real long and rousing Hoo Ah!

On the 14th I was invited to participate in an NCO Review at LAMC. This was their quarterly Retreat Review, but was also the "new" LAMC's 21st Birthday. Additionally, we recognized a number of Quake '89 heroes from LAMC. To all the participants, my congratulations — ya' done good despite the very cold day. And to all the award recipients, a very warm Hoo Ah! Finally, we recognized the LAMC NCO and Soldier of the Year. For Sgt. Roberto Gonzalez and Spec. Patrick Callahan, a very special Hoo Ah for your outstanding achievement.

A belated salute to Maj. Shirley Conrad, a Nutrition Care specialist from LAMC who went to Panama during Operation Just Cause. She, along with all our service members who participated drew rave reviews for their professionalism during this operation. Welcome home Maj. Conrad — and Hoo Ah for a job well done!

To all the recently promoted Riggers who hosted a Pig Pickin' Promotion Party on Feb. 16, congrats! Airborne! and Hoo Ah! Sorry I missed the festivities.

Finally, we have again enjoyed a long weekend — celebrating Presidents' Day without a fatality or serious injury. My thanks to each of you for thinking and living SAFETY. I hope each of you had a great holiday period. With Presidents' Day over, can spring be far behind??!!

God Bless you all.

William H. Harrison
Lieutenant General, USA
Commanding

"When we have done our best, we should wait the results in peace."
—J. Lubbock

Ramblin' Sam

"What is the one event or person that most influenced you to be what you are today?"



Sondra Edwards, Company C, 864 Engineer Battalion Dining Facility cashier; "The death of my best friend. I've learned not to take life for granted, and to appreciate it for what it's worth because you're not promised tomorrow."



Sgt. Richard Andrada, Company C, 864 Engineer Battalion carpenter; "My father. He was an ex-military man. My brother is in the Marine Corps and I'm in the Army, so I guess the military is a family tradition."



Maj. Stephen Hannon, Letterman Army Medical Center dentist; "It would have to be my parents for leading by example in the various situations of life. And by allowing me the freedom to find my own way."



Lenwood Washington, retired Army; "My father, he was a printer and I would watch his work and he would explain each step in how he did his job. I wanted to be as knowledgeable about my job as he was."

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The *Star Presidian* editorial offices may be reached by calling 561-3908.

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Etc.

Budget news: DA makes changes

by Erica Haspiel-Szlosek



The Army's proposed fiscal year 1991 budget is $76.1 billion, a $6.1 billion decrease from the amended FY '90/'91 budget. According to a news release prepared by the Department of the Army, the proposed budget keeps modernization on a slower yet forward pace in response to changing world and domestic conditions. This is to be accomplished by changes in the procurement and research and development budgets.

DA proposes that the procurement budget be decreased from $14.3 billion in FY '90 to $10.6 billion in FY '91. The budget for research, development, testing and evaluation increases from $5.4 billion under the FY '90 budget to $6 billion in the proposed FY '91 budget.

With the exception of those soldiers serving in units slated for drawdown or relocation, DA states that most soldiers will see little effect of the planned reductions in the FY '91 budget.

Officer strength reductions will be applied across the board. DA states that volunteers will be sought but involuntary reduction-in-force programs will be used if needed. These reductions — both voluntary and involuntary — will be based on the needs of the Army to ensure readiness and on the realigned force structure.

The FY '91 enlisted accession program will see little change. A total of 95,520 soldier enlistments are planned for FY '91 as compared to 97,400 for FY '90. Promotions are expected to remain stable and no early out program is anticipated.

The FY '91 Reserve component end strength will be 447,300 Army National Guardsmen and 309,200 Army Reserve soldiers. The '91 budget calls for a civilian workforce of 392,000. This is a slight reduction from FY '90 but DA states this will be accomplished mainly through attrition.

Despite the reduced FY '91 budget DA plans to maintain quality of life programs for soldiers and their families. Some programs will receive additional funding. For example, Child Development Services will be given larger budgets for more employees and increased wages for caregivers. Also included in the proposed FY '91 budget are resources for relocation assistance programs to help soldiers with permanent change of station moves. The new budget also allows the Army to continue the current level of health care and fully fund the CHAMPUS program.

Pats on the back

BOARD of SUPERVISORS

City Hall
San Francisco 94102
554-5184

File 270-90-1

January 30, 1990

Lieutenant General William H. Harrison
HQ, 6 U.S. Army
Building 38, Room 100
Presidio of San Francisco, California 94129

Dear General Harrison:

The Special Earthquake Recovery Committee, at its meeting of January 10, 1990, held a hearing to consider what seismic reports are available on the safety of the main Library and its branches, and what information is necessary for the reorganization, transfer and storage of books and equipment in response to earthquake-related damages.

Mr. Kenneth Dowlin, City Librarian, testified at the hearing and informed the Committee that you are assisting the Library by providing greatly needed storage space, for a period of two years, to house books and materials displaced as a result of the October 17, 1989, earthquake.

At the initiative of Supervisor Nancy G. Walker, Chair of the Special Earthquake Recovery Committee of the Board of Supervisors, we thank you. The City of San Francisco appreciates the wonderful cooperation shown by the Presidio, not only after a tragic emergency such as the earthquake, but on a continual basis as well.

Sincerely,

John L. Taylor
Clerk of the Board

Job Opportunities

CPO Jobs

Staff Operations and Training Specialist; VA45-90(MB), open until filled.

Supervisory Operations Research Analyst: VA46-90(MG), GS-1515-14, open until filled.

Industrial Hygiene Technician: VA47-90(TG), GS-640-7/8/9, open until filled.

Budget and Accounting Technician: VA28-90(TG), GS-503-7, open until filled.

For more information and job announcements call the Job Information Center at 561-5732 or visit the Civilian Personnel Directorate in building 37 between 7:30 a.m. and 4 p.m. Generally, applications will only be accepted from career or career conditional employees (or people eligible for special programs such as VRA or 30 percent disabled veterans). Although no one can be hired at this time, all applications will be reviewed and interviews conducted.

NAF Jobs

Child Caregiver; PS-186-02, $6.06 an hour, regular, part-time, intermittent, on-call.

Tool and Parts Attendant: NA-6904-04, $7.47 an hour, regular, part-time.

Motor Vehicle Operator: NA-5703-06, $9.13 an hour, regular, full-time.

Food Service Worker: NA-7408-01, $5.56 an hour, intermittent, on-call; NA7408-02, $6.31 an hour, regular, part-time; and NA-7408-03, $7.03 an hour, intermittent, on-call.

Custodial Worker: NA-3566-01, $5.56 an hour, intermittent, on-call, temporary, part-time, NTE 6 months.

Waiter/Waitress: NA-7420-02, $6.31 an hour, intermittent, on-call.

Submit application (DA-3433) to CPD/NAF Personnel Division, building 37, Presidio of San Francisco, or call 561-5095 or 561-2947.

DEH continued from page 1

seems to the customer with the low priority like he or she is being ignored."

In the past DEH had been able to contract out work when it was more than the work crews could handle, said Marc Brouque, acting chief of the Housing Division of DEH.

But the budget cuts have erased that option. There's no money left to contract out work.

"DEH is so short-staffed that sometimes only emergencies are being done. It's not our choice, but the directorate cannot do everything we'd like to do for the customer," he said.

Whitehead said the majority of the work orders are for electrical, heating, and structural or carpentry service. All of these jobs are performed by the union workers in the DEH shops. However, some jobs require workers from more than one shop to complete the project.

For instance, a work order that requires electrical work may also require a carpenter to help the electrician get to the wires. But if all the carpenters are assigned to other work orders then the electrical work won't be completed.

This is just an example of the bind that DEH find itself in.

Self help

Nevertheless, Presidians themselves can help relieve the strain on the quality of life here by using the post's Self Help Center.

"If there is any way the job can be done through self-help, then Presidians should utilize that Self Help Center," Whitehead said.

"I live in quarters myself, so I see both sides of the problem. We [DEH] aren't trying to make excuses here — we are very short of manpower and are doing the best we can."

DEH staff members remind Presidians when a work order is called in, you will be given an estimate on how long you can expect to wait. If you wish to check on your work order, you can call back. Also, Whitehead is always available for customer service. Her number is **561-3711.**

Education spurs farmer's son to success

by Rudi Williams

When he was 5 years old, James Klugh harvested corn, peas, tomatoes and other crops and picked cotton on his family's small farm near Greenwood, S.C. At 7 he was tending cows, hogs and chickens, plowing the fields and chopping wood, working alongside his father, mother, brothers and sisters.

By the time he reached junior high school, Klugh knew that farming wasn't for him. The seventh of 10 children, he wanted to become a doctor. His parents hadn't been to college, but they encouraged the children to go. Most of them did, by helping each other pay expenses.

His career goals changed over the years, but not his ambition to succeed. His humble roots spurred him on to excel in the career he chose: soldiering. He set to work at being the best he could be, and today he's an Army major general.

He earned a bachelor's degree in chemistry from the all-black South Carolina State College in 1953. For Klugh, if one degree was good, two must be better. He later earned a master's degree in public administration from Shippensburg (Pa.) State College and also graduated from the Army infantry and chemical schools, the Command and General Staff College and the Army War College.

Desegregation

Despite his obvious qualifications, the Army Chemical Corps was out of his reach in the early 1950s. The Army was still in the infant stages of desegregation — those jobs were for whites only. The few black officers on active duty in those days were normally relegated to motor pools or supply rooms as assistant supply officers.

"When I came in, you could count the number of black generals with one finger, colonels probably with five fingers," said Klugh, the Army's assistant deputy chief of staff for logistics at the Pentagon. "There were no black first sergeants or sergeants major in my regiment. The highest-ranking sergeants were E-6s, and they were cooks, supply or motor sergeants. There were five black officers out of 170 — all captains and lieutenants.

"I don't know how many black generals, colonels, first sergeants and sergeants major there are today, because they're getting promoted every month," said Klugh, whose first job in the Army was as a motor officer.

The military services desegregated, but the pace was slow. "Officers' clubs were not supposed to discriminate, but you knew when you weren't wanted," said Klugh. "I paid officers' club dues at Fort Benning, Ga., but it was clear my presence was not desired. And you would run into other kinds of things. Segregation was more overt than it is today. The teachings of my parents and my college mentor helped me deal with that pretty well. Several classic incidents happened to me that only made me grow stronger."

Proving yourself

Klugh said some whites thought blacks were not smart enough to be officers or senior non-commissioned officers and tried to belittle them any way they could. He recalled one incident in which a white major who once suggested that his son, an 11th grader, could outscore any of five black officers in a comprehensive test.

Harnessing his anger, Klugh told the major, "I'll take a comprehensive examination with you, spot you 50 points, bet you a case of beer, and I'll come out on top." Taken aback, the major said he'd finished college too long ago to take the examination. Later, the regimental commander told the major he had arranged for an educator at the University of South Carolina to administer the test.

"The major wouldn't participate," Klugh said with a laugh. "In the presence of all 170 officers of the regiment, the commander told them the story and pointed out that the major had backed out. He declared me the winner and told the major to put a case of beer in the trunk of my car — I didn't even drink beer."

Klugh's trials and tribulations, and those of thousands of other black officers and non-commissioned officers, are an important part of black military history. Blacks should know about the difficulty of climbing up the ladder of acceptance from slavery to the present, he said.

Lessons learned

"We miss the boat sometimes, because we don't know anything about the past," said Klugh. "In war-fighting we teach a lot of history; we talk about how the great strategists fought various wars. The history of this country is just as important, and it strengthens our people.

"Blacks can gain strength from learning about the accomplishments of such people as Dr. Martin Luther King Jr.," the general noted. "But many people, particularly young blacks and whites, don't know much about him or the entire civil rights movement of the '60s. And they try to excuse themselves by saying they weren't around then.

"The struggle of blacks, the contributions and progress we've made ought to be understood by everyone, including blacks themselves," said Klugh, who has traveled to, and spoken at, most of the historically black colleges nationwide.

Black History Month highlights that struggle for everyone, it helps educate the public, makes them more aware of obstacles that blacks have had to confront, he said. "Guest speakers are good, but there is also room for entertaining and educational programs."

Klugh said computer literacy is the greatest challenge facing black service members in the 1990s and beyond. "They will have to be able to handle complex tasks. Technology is going to stay state of the art," he said. "We pride ourselves in having the best soldiers and the best equipment in the world. In the next century, the best equipment will be high-tech and sophisticated. Blacks who really come to grips with that are going to do well.

Success

"Training is the key to success," Klugh continued. "I challenge blacks coming into military service to get every bit of training they can and not to be comfortable with the light stuff. Get into the technical skills as well. Seek training in academic as well as military subjects. They sort of come together — strengthen each other."

His first step toward a successful military career is simple. "Choose something that matches your interests and capabilities, or you won't stay motivated very long," Klugh advised. "If you're doing something that's not your first love, you're not going to be good at it."

Service members can use their skills and knowledge to help youngsters in communities, said Klugh, an auto mechanics hobbyist who helps teen-agers repair and rebuild cars.

"While we're in uniform, we're committed to defend, but our responsibility goes further than that. This country is made up of a lot of little communities — the backbone and true strength of this nation," he said. "Using skills learned in the military demonstrates to youngsters that the military is not separate from society. Wearing a military uniform is just another way of making a contribution to our nation."

American Forces Information Service



Black History Month

America's needs force slow changes

Wars open new doors for American blacks

by Duvel White

"We've still got another mile to run in that race for equality. But we've got a lot better track to run on and the trophies at the end are a lot better than they used to be."
— Army Gen. Daniel 'Chappie' James, Jr. 1920-1978. The first black four-star general in the U.S. armed forces.

Throughout American history blacks have answered our nation's call in time of military need. Need must be the key word. Our nation's early view of blacks as only being useful as slaves could only be shaken when necessity forced racism to the background.

Revolutionary War

When Gen. George Washington assumed command of the Continental Forces in 1775, his Adjutant General, Horatio Gates, ordered recruiting officers not to enlist any "stroller, negro, or vagabond." At that time approximately 20 percent of the colonial population of 2.5 million was black.

Whether they really meant it or not, the British under John Murray, royal governor of Virginia, offered black Americans their freedom if they would fight against the colonies. With "liberty to slaves" inscribed on their uniforms, nearly 300 blacks joined the British 'Ethiopian Regiment."

In response Washington allowed free blacks to enlist. However, it was forbidden for slaves to participate. Despite these policies, black slaves saw action. Some were "substituted" for their masters who chose not to serve. By the war's end, 5,000 black soldiers had served in the Colonial Army of 300,000.

At the end of the war the contributions of black soldiers were, for the most part, forgotten. Specific blacks were granted their freedom and others received land grants for their service. None were declared to be national heroes and in 1792 Congress passed an act restricting militia service to "free able-bodied white male citizens."

The Civil War

Despite these laws blacks served in the military when needed. As the Civil War split the nation, most whites saw the main issue as restoring the Union. Blacks saw it differently.

Necessity would once again have to overrule racism. Days after the war began blacks volunteered to serve, but President Lincoln — worried about driving the border states into the Confederacy — had Secretary of War Cameron inform the black volunteers that, "This department has no intention at present to call into the service of the government any colored soldiers."

Up until 1862 blacks were serving as cooks, construction workers... but were not allowed to serve as soldiers. In August of 1862 blacks began being recruited to serve in the Army. Two all-black regiments were mustered into federal service in January 1863. In South Carolina and Kansas all-black regiments, although with white officers, came to be a reality.



Buffalo soldier — One of a long line of black military men.

From 1864 to the end of the war, over 180,000 blacks served in the Union Army. In addition, another 200,000 blacks serve in service units as teamsters, laborers, and dock workers. Despite the large numbers of black troops, fewer than 100 black served as officers. It was thought blacks lacked the leadership qualities required for officers.

However, 13 black Non-Commissioned Officers received Medals of Honor for their actions at Chapins Farm in 1864. All were cited for assuming command of their units and leading them in the assault after their white officers had been killed or wounded.

First black Regular Army officer

By 1869 there were blacks in four segregated regiments: the 9th and 10th Calvary and 24th and 25th Infantry. These units were scattered across the West to protect settlers, suppress hostile Indian tribes, guard the mail, and protect the railroads which were under construction.

Indians thought the blacks' hair was like that of the buffalo. Hence the name "Buffalo Soldier" was given by the Indians to the black soldiers on the western frontier.

Henry Ossian Flipper became the first black graduate from the United States Military Academy at West Point in 1877. As a black officer he could not command a white unit so he was sent west to the 10th Cavalry Regiment. After four years of successful service, Lt. Flipper was charged by his fellow officers with conduct unbecoming an officer and discharged. In 1976, after review of the circumstances surrounding his discharge, Lt. Flipper was issued an honorable discharge.

America was slowly changing. Next week, more on the role of black Americans in the Army.

(This information is consolidated from "Black Americans in Defense of our Nation," Department of Defense, 1985).

Weekend Frolic

There's more than fish to fry at aquarium

by Erica Haspiel-Szlosek

For parents racking their brains for a way to spend an afternoon out with their families, one option may be the Academy of Sciences' Steinhart Aquarium in Golden Gate Park.

Open every day from 10 a.m. to 5 p.m., the aquarium is easily one of the most popular sites in the park. Each day visitors stream by the hundreds into the Academy of Sciences, most of them spending a large part of their visit peering into tanks filled with fish, eels, coral and dolphins.

The newest exhibit, the living coral reef, opened only six weeks ago. According to Academy spokesperson, David Shaw, the 6,000 gallon tank is the largest living coral reef in the United States—and the only one in the western United States. The exhibit took more than a year to prepare, Shaw said, as a result of the research needed to keep the various coral species, baby man-eating clams and black tipped reef sharks alive in their new tank environment.

Besides the new exhibit, there are old favorites which never seem to lose their sparkle for kids *or adults*.

For example, one of the most popular exhibits in the aquarium seems to be the dolphin and harbor seal tank, with its regular feeding schedule. There is a small seating area where visitors gather to watch these marine mammals. Children and adults alike appear to be particularly fascinated by the antics of the dolphins as they race through the tank, diving and chasing each other relentlessly.

Another special exhibit is the "touch tank" where children—and adventurous adults—can actually hold or touch some of the smaller tide pool inhabitants such as sea stars (starfish) and anemones. An aquarium employee stands nearby to explain the intertidal life cycle and hand around much needed towels.

Immediately above the touch tank is an enormous round tank where sharks swim—circling visitors to give them a sense of being surrounded by the ocean creatures.

According to many locals and tourists alike, a summer of San Francisco activities just wouldn't seem complete without at least one visit to the Steinhart Aquarium.

The Academy of Sciences is open year-round. The admission charges are: $4 adults; $2 seniors; $2 teens (ages 12 to 17-years-old); $1 children (ages 6 to 11-years-old); and free for children under 6 years old. San Francisco school groups are admitted free of charge, but arrangements must be made in advance. The aquarium is located near the Golden Gate Park Bandshell, across the street from the M.H. deYoung Museum.



photo by Erica Haspiel-Szlosek

This penguin found a way to beat the heat.

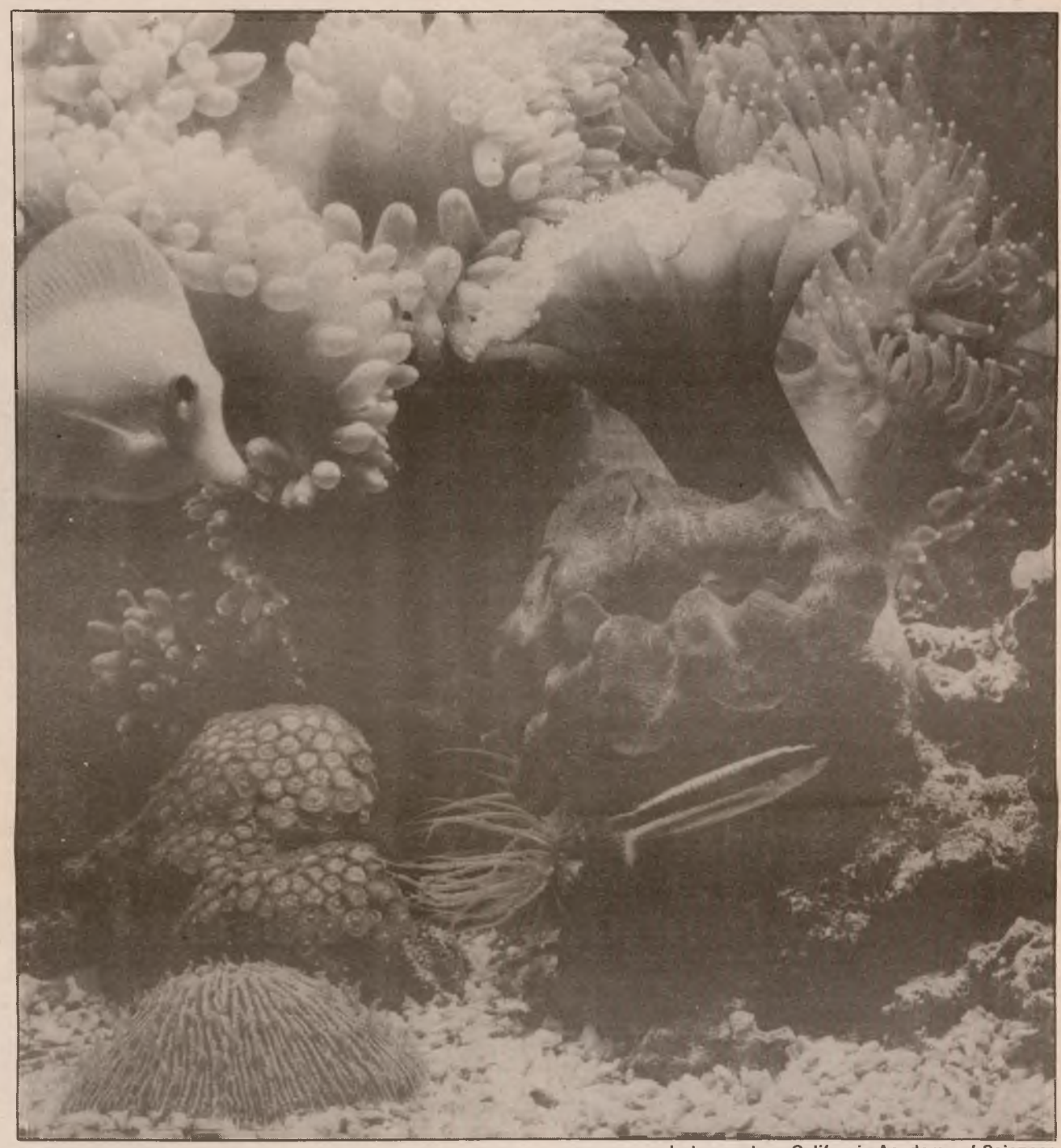


photo courtesy California Academy of Sciences

The coral reef harbors fish, clams, sharks and many colorful coral species.



photo by Erica Haspiel-Szlosek

Dolphins are a main attraction at the Steinhart Aquarium.



Spec. Robert Olaires takes aim.

Lock... Load... FIRE!



Shooter's edge

Presidio marksmen compete for Commander's Cup

story and photos by Duvel White

The hunt for the best marksmen (or markswomen) at the Presidio is over.

Units from throughout the Presidio competed in the Installation Commander's Marksmanship Competition at the Fort Scott indoor range Feb. 5 to 21.

"This competition is where we start selecting people to see who has the ability to be on the Army Marksmanship Unit," said Sgt. 1st Class Garry Gibson, DPTM Training Division and range NCOIC.

There are team and individual competitions with .22 and .45 caliber pistols and M16A1 rifles with .22 caliber adaptors. The 10 teams are from the following units: Company C, 864th Engineers, LAMC, LEC, 902nd MI Battalion, USAG, Sixth U.S. Army and a Coast Guard team from Station Fort Point.

Installation level competition is the first step in competition for positions on the Army level unit. Top Army scores from the Presidio competition are forwarded to Western Region level where they are compared with scores from other units in the region. The best of those scores will go on to compete at the Army level at Fort Benning, Ga. in May.

Even though the Coast Guard will not be able to move on to the Army level competition, it's a chance for them to get inter-service training, according to Gunner's Mate 1st Class Brian Willard of the Fort Point team.

"We like to get over here to fire when we can," he said. "It gives us a chance to work with the Army and learn their course and you guys get to learn about us."

The top 10 percent of the Army qualifiers in the .45 caliber pistol competition will receive Excellence in Competition Medals. One soldier, top scorer for the .45 caliber pistol Excellence in Competition, Spec. Robert Olaires, Co. A, LAMC, thinks he has an advantage.

"Combat medics are the best," he explained. "We had a team coach (2nd Lt. Donald Banks) who helped us prepare for this." Olaires had only fired a .45 one time before the competition and that was four years ago.

"I was too nervous when I started," he said. "At first I was looking around at how other people were shooting and that made me nervous. Then I just started shooting like we practiced."

And the result — in one part of the hunt for the best marksmen on the Presidio — is the top Excellence in Competition score firing the .45 caliber pistol.

Winners

Commander's Cup winner
Company C. 864th Engineer Battalion.

Individual combat pistol
Open category
1. MSgt. David Lee, 6211 USAR
2. Sgt. James Pennington, LEC
3. 2nd Lt. Donald Banks, LAMC

Novice category
1. ET2 Joey Freeborn, USCG
2. GMC Robert Porter, USCG
3. RMI Tim Darley, USCG

Combat pistol team
1. Coast Guard Team No. 1
2. Coast Guard Team No. 2
3. Company C. 864th Engineers

Individual precision combat rifle
Open category
1. Capt. Alan Arthur, USAG
2. Sgt. Jeff Reynolds, LAMC
3. SFC Garry Gibson, USAG

Novice category
1. Spec. Kurt Mercier, LEC
2. 1st Lt. John Mullinax, LAMC
3. 2nd Lt. Donald Banks, LAMC

Combat rifle team
1. LAMC
2. 902nd MI BN
3. Company C, 864th Engineers

.45 caliber pistol Excellence in Competition
1. Spec. Robert Olaires, LAMC.

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Sports



Swat! Scotty Moss, USAG, rejects a shot.

Garrison sweeps into first!

by Pleasant Lindsey III

USAG answered the question of who's number one by slapping DOL with their second defeat, 80-73, Feb. 15. In fact, DOL's first defeat also came from USAG.

This was one game where the clock was not a factor, but its presence was felt. (More about the clock later).

Despite Nate Washington's outside shooting, DOL's aggressiveness brought it early foul trouble in the first half.

USAG's Scott Moss led the first half with 14 points and two blocked shots. Dale Kennedy, Tim McClain and Greg Martin controlled the offensive boards for USAG. A basket by Kennedy with 6:15 left in the first half put USAG ahead 37-32.

But DOL's Patrick Hopper sank two three-pointers to keep it close.

Then the clock (or was it the score keeper) did something funny.

With USAG leading 43-34 and two seconds left in the half, the clock suddenly ran backwards for five seconds. Then, DOL's score vanished from the scoreboard. The problem was fixed, but the scoreboard would continue to haunt both teams through the remainder of the game.

In the second half DOL charged back with two steals by Hopper, and good outside shooting by Nate Washington to take a 48-47 lead with 12:30 left in the second half.

But two foul shots by McClain plus a technical foul against Hopper put USAG back in the lead to stay, 55-52.

With 4:12 remaining, USAG made it 69-61 with aggressive defense by Martin and Duvel White, three strong drives to the basket by Kennedy and another technical call against DOL.

And the rest is history. The victory extends USAG's record to 9-1 and DOL dropped to 9-2 in league play.

Earlier in the week USAG squeaked past Co. B, LAMC, 58-56 and crushed Co. A, LAMC 74-55 to strengthen USAG's championship run.

All-Army Basketball Team

The All-Army Basketball Team tryouts here at the Presidio are over and the final 12 players have been selected. The following is a list of this year's All—Army team.

Player	Height	Weight
Kevin Houston	5'11"	167
Darrin Harris	5'10"	150
Reginald Brown	6'6"	190
Vincent Spencer	6'2"	204
Adam Cheek	6'2"	180
Mack Ruff	6'2"	180
Michael Parks	6'2"	195
Jerry Barnes	6'8"	205
Trevoid Dingle	6'8"	228
John Leon	6'5"	175
Reginald Milbry	6'6"	205
Barton Wade	6'7"	240

Local note: Law Enforcement Company's Reginald Brown made the 1990 All-Army Basketball Team. Brown's arrival at the Presidio and involvement in the intramural league caused quite a splash. His shotblocking and dunking prowess impressed the local league, and apparently, All-Army coaches as well.

Brown, 24, completed Advanced Individual Training and had been on the Presidio less than a week when he was asked to try out for the All-Army team. Before joining the Army, Brown played basketall at Mobile College in Ala. His hometown is Blakely Ga. where his mother Mattie Gray resides.

Basketball League standings

The Basketball League is now in the second round of competition with 10 teams seeking a position into the Post Championship. Only the top six teams will advance in to the playoffs which are scheduled to start on March 14 for the finals. In the half court competition only four teams will advance into a playoff that will start on or about Monday.

League standings

Full court

	Win	Loss
USAG	9	1
DOL	9	2
Co. B, LAMC	8	3
Co. A, LAMC	6	3
VA MED	5	4
864th Engineers	5	5
LAIR No. 1	3	6
LEC	3	8
LAIR No. 2	2	8
ADL	1	12

Half court

	Win	Loss
Goodies	9	2
USAG	9	2
Andes Gang	8	3
Co. B, LAMC	4	6
MEPCOM	4	6
RGPSF	4	7
LEC	1	8
MI Bn	1	6

Next week's games

Monday

864th Engineers vs. Co. A, LAMC, 5 p.m.
VA MED vs. LAIR No. 2, 6 p.m.

Tuesday

LAIR No. 2 vs. 864th Engineers, 5 p.m.
USAG vs. Co. A, LAMC, 6 p.m.

Wednesday

LEC vs. 864th Engineers, 5 p.m.
Co. B, LAMC vs. VA MED, 6 p.m.
LAIR No. 1 vs. Co. A, LAMC, 7 p.m.

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Personal interviews will be held shortly in New York, Los Angeles, Atlanta, Florida, Washington State, Chicago and Texas.

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Community Calendar

Health Fair

Post gym No. 1 is the location for the 1990 Dance for Heart walk and fair, given by the American Heart Association, March 4. Sign-ups begin at 8 a.m. for the aerobic session and/or guided 5K and 10K stride. To sign up by mail, you may call the American Heart Association at **433-2273** or pick up their brochure in the post gym. The fee is $12 by mail but $16 at the door and remember that it is a tax deduction.

PSF Health Fair

On March 2 there will be a health fair for retirees in the main post gym — building 63. From 8 to 11:30 a.m. the fair is reserved for retired general officers and colonels, and their spouses and from 1 to 4 p.m. all retirees are invited.

Letterman Army Medical Center staff will be available from departments including audiology, opthamology, allergy, psychiatry plus people from the central appointment system. Representatives from the Red Cross, drug and alcohol program and retirement services also will be available.

Interested people will be able to have a health risk appraisal done, including a cholesterol count.

For information, call the Preventive Medicine Service at **561-3929** or **561-3924**.

Aerobic instructors needed

The director of aerobics at the Presidio Gym, Beverly Carpenter, is searching for aerobic instructors. If you are interested, call her at **981-0111**. Certification will be provided for anyone not already certified. CPR is also recommended and may be obtained through the Red Cross on post.

Job Club

The USO holds a Job Club/Support Group every Friday at 10 a.m. in the basement of building 223 across from Garrison Headquarters. Job listings form government agencies, business, schools and hospitals will be available along with a list of job hotline phone numbers. Resume help and office equipment also are available. Military spouses and people with current or previous military connections are encouraged to attend free of charge. Call **561-2436** Tuesdays through Fridays, 9 a.m. to 4 p.m., for information.



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'Heart Condition'

Denzel Washington stars alongside Bob Hoskins in "Heart Condition," a comedy showing at local theaters.

Youth baseball

Presidio Youth Sports will hold registration for T-ball (1st through 3rd grades) and baseball (4th through 8th grades) from now through March 1. Registration will be held at Post Gym No. 2, from 10 a.m. to 6 p.m., Monday through Friday.

Registration fees for T-ball are $15 a child or a family rate of $40 for three or more children. Registration fees for baseball are $20 a child or a family rate of $50 for three or more children.

Call Allen Posey at **561-5051** for more information.

Coaches needed

Presidio Youth Sports is looking for volunteers who love baseball to help coach the upcoming T-ball and baseball season (April through June).

Anyone interested may call Allen Posey at **561-5051**.

Toastmasters

Toastmasters will give you the chance to be able to speak with confidence, think on your feet, increase your earning power and listen effectively. Come see what Toastmasters can do for you. Meetings are held every second and fourth Thursday from noon to 1 p.m. at the USO, building 223.

Bible study

The Presidio Bible Study Fellowship is a four-fold approach to Bible study with personal study, discussion groups, lectures with practical appocations and written notes summarizing each study. The Book of Genesis is the subject of this year's study. Classes are held each Wednesday at the Religious Activities Center. For information, call Rita Miller at **387-8810** or Marsha Anderberg at **355-0704**.

Certification

Soldiers in the following military occupation specialities: 52 B-D, 61C, 62-B, 63 B-H and 63-N, S, T, W or Y are eligible to take certification tests in auto, truck or body repair at a reduced cost at the Army Education Center. To find out more about this opportunity, contact a counselor at the Fort Scott Education Center, building 1216, or call **561-2974/ 561-4444** or the LAMC Education Center, building 1014, at **561-3692/ 561-4791**.

Spring social

Headquarters Command Battalion is hosting a spring social March 9 at 6:30 p.m. The cost is $13.75 a person. Call **561-6210** for information.

SATO

Escape the winter cold. SATO is offering a package from San Francisco to Puerto Vallarta, Mexico, for as low as $480 round trip. This includes airfare, hotel and transfers to and from the airport to your hotel. This is a four-day/three-night package.

ITT

ITT'S Disneyland/Universal trip will be June 21 through 24. Three nights lodging, transportation on the 47 passenger bus, and park admission tickets are included for the package price of $180 a person, double occupancy.

San Francisco Ballet tickets are on sale now. Sleeping Beauty will be presented March 14 at the War Memorial Opera House. The price is $22 a ticket.

YA Sweetheart dance

Bring your favorite sweetheart to a night of fun and dance at the Youth Activities Center on Saturday. Each ID card holder may bring two guests and the cost is $3 a person.

Call Deloris Moore at **561-5910** for information.

Leave donation request

Daniel Poullard, a Presidio employee, is experiencing a personal medical emergency. He has exhausted his sick and annual leave, and has requested to become a leave recipient. Anyone wishing to donate leave, please call Barbara Rizzo at the Civilian Personnel Directorate, Management-Employee Relations Division, **561-2255** or **561-2256**.

POWC news

The next Presidio Officers' Wives' Club luncheon will be March 1, in the Officers' Club ballroom. The program will start at 11 a.m. with lunch at noon. The program is entitled "Travelling with a Trunk." Make your reservations by Tuesday to Geri Margetts at **563-9807** or Judie Goertemiller at **567-0381**.

March's POWC tour will be March 8. They will leave for the United States Mint from the Officers' Club parking lot at 10:30 a.m. to carpool. After the tour they will go to lunch. Call Ellen Litney at **346-9436** by noon March 5.

At the Movies

Presidio Theatre

Thu, Feb. 22: The Little Mermaid (G), 7 p.m. Disney's newest animated tale of a lovely young mermaid who falls in love with a human boy.

Fri, Feb. 23: The Little Mermaid (G), 7 p.m.

Sat, Feb. 24: Always (PG), 7 p.m. Richard Dreyfus, Holly Hunter. A romantic fantasy about a fire-fighter pilot who is aided by an angel in his pursuit of a lovely dispatcher.

Sun, Feb. 25: Always (PG), 7 p.m.

Mon, Feb. 26: Always (PG), 7 p.m.

Tue, Feb. 27: Shocker (R), 7 p.m. Michael Murphy. A convict being executed in the electric chair turns into electric energy gone berserk.

Wed, Feb. 28: Beyond the Stars (PG), 7 p.m.

Thu, Mar. 1: Blaze (R), 7 p.m. Paul Newman stars.

Fri, Mar. 2: Blaze (R), 7 p.m.

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WEST POINT FOUNDERS DAY

The Annual West Point Founders Day Banquet will be held at the Presidio Officers' Club Saturday evening, March 4, beginning at 6:30 p.m.

For reservations contact Capt. Andrews at 561-4854. For transportation assistance to and from the base, contact Capt. Moore at 561-3980.

Presidio Main Post Library
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UPDATE



Commissary now exempt from freeze, page 3

EQUALITY



March is Women's History Month, page 3

FTX



Engineers go to the field, page 7

Star Presidian

Vol. 33, No. 9 | Published in the interest of the people of the Presidio of San Francisco | March 1, 1990

News Briefs

Words from the headshed on the hiring freeze

New information about the hiring freeze continues to come in. This requires constant changes and revisions in personnel actions. As of press time, the Presidio and its tenants are still restricted by the hiring freeze which began Jan. 11 under the direction of Secretary of Defense Richard Cheney.

Presidians may have seen or heard about a recent publication which stated installations slated for base closure will be exempted from the freeze. Lt. Gen. William H. Harrison has *requested* that Presidians be excluded, but that has not been approved yet. If approval is given, the Civilian Personnel Directorate will notify all employees.

The following have been added to CPD actions allowed by the Department of Defense:

- Extension of appointments of experts and consultants; and
- Conversion of 30 percent or more disabled veterans, VRA and handicapped appointees to permanent in the same position as currently held.

Further guidance and clarification:

- Length of temporary appointments and extensions cannot exceed 365 days cumulatively;
- Temporary promotions may be extended in the same position if it does not require a competitive action;
- Intergovernment personnel act assignments to Army can be done only there is no reimbursement by the federal government;
- Contract services (temporary employment agencies) are prohibited;
- Employees may be promoted or changed to lower grade to correct a classification error or apply new classification standard; and
- Management may direct a reassignment to a new position or downgrade an employee who is not performing satisfactorily if the result of not moving the employee would be separation.

Expeditionary Medal

Headquarters U.S. Army Personnel Command has announced the Armed Forces Expeditionary Medal is being awarded to soldiers who participated in Operation "Just Cause" in Panama. To be eligible for this award, soldiers must be a member of a unit engaged in direct support for 30 consecutive days or for 60 nonconsecutive days. Call Military Personnel Operations Branch at 561-2151 for information.

New theater hours

Starting March 19, the post theater will be closed Tuesdays, Wednesdays and Thursdays.

see Briefs, page 3

Cheney discusses priorities

by Mary A. Peterson

In planning the DoD's fiscal 1991 budget, Secretary of Defense Dick Cheney established with the chairman of the Joint Chiefs of Staff and the military departments a list of priorities for the coming years. They range from quality of life to maritime superiority.

"Given the strategic environment we are faced with, personnel and quality of life were first last year and are first this year," Cheney said.

To illustrate the importance, Cheney said, "There is no way a secretary of defense could be involved in the activities of the past few months ... and not come away tremendously impressed that the greatest asset we have today is the quality of people who wear the nation's uniform.

Quality

"The caliber of the individual in uniform today has a direct bearing on the defense budget; on how well they do with the equipment we give them; how well they do with spare parts; how quickly they adapt to the training we give them; how they conduct themselves in combat," Cheney said. "It's absolutely essential that whatever profile we follow in the future with respect to training, that first and foremost we preserve our ability to attract, recruit and retain the caliber of forces."

The next priority is readiness. "Readiness is often looked upon as something you can change. Wrong," he said. "Readiness covers a lot more than that. It affects the number of flying hours, the number of hours our tank crews can spend in their tanks. It is directly related to how much we can spend in the Operations and Maintenance account.

"Readiness speaks to the quality of the force we have raised; specifically, the quality or characteristic you need when you do something like the operation in Panama. It also has a significant impact on all people's abilities to do all the things they're trained to do.

"If we're going to have a smaller force, we're going to have to operate with less money in future years," Cheney said. "It's absolutely essential to preserve the quality of the force.

"We're not going to, for example, keep flags [general officers] out there and end up with hollow divisions with the kinds of problems many of our officers and senior NCOs experienced back in the early '70s ... where you have 65 to 70 percent of your authorized strength, you are short senior NCOs, equipment that doesn't work, spare parts are unavailable, inadequate fuel supplies for training, drug problems, morale problems. Nobody likes to be a part of a sloppy operation.

"We don't want, in the course of our efforts here, to do anything that will result in maintaining a picture that we have a large force out there when we don't really have the resources to maintain them."

Modernization

Strategic modernization continues to be a priority. " There is no reduction in the Soviet level of effort with respect to modernization of their own force," Cheney said. "We don't anticipate they will unilaterally give up their strategic capabilities."

Maintaining the technology base is a new priority this year. "I think there's a possibility that some future Soviet leader will inherit a military that has the advantage of greater access to Western technology." Cheney said. "Our technological edge may narrow in these next few years.

"As we see the opening of Eastern Europe, one of the key advantages we enjoy in terms of Western military capability will begin to erode — our technological assets. As the Soviets open up their society and more Western firms are inclined to do business with Soviet enterprises, the Soviets will find it easier to get access to sensitive Western technololgy.

"The technology base is important," Cheney said, "because the military capability threat of Third World nations is increasing." He cited the proliferation of ballistic missile technology, developing chemical weapon facilities and experimenting with improved air defense systems, armored systems and aircraft increasingly available to other nations.

American Forces Information Service

Editor's note: this article continues our series on the changing face of the Defense Department, and upcoming budget cuts.



Voices

Presidio View

by Lt. Gen. William H. Harrison



This week on post

Dear Presidians:

Another great week to be a part of the U.S. Army at the Presidio of San Francisco — a Very Special Place! I was TDY last week in the Midwest and believe me, the cold, wind, rain, snow makes you appreciate our area.

Last week's *Star Presidian* carried an article and list of winners of our Installation Commanders Marksmanship Competition. I want to add my congratulations to all the participants and a special Hoo Ah to all the winners. In addition, I want to thank all the SPT folks who set up and administered the matches. These activities take a lot of coordination, preparation and hard work. So, to all involved in any way — thanks and Hoo Ah. Marksmanship always has been and remains a vital part of any soldier's preparation for our ultimate mission — to be prepared to go to war if necessary and to win!

Another super event has also ended as a great success — Black History Month. I have previously mentioned several activities connected with this celebration. I understand our symposium on Feb. 20 followed by our climaxing event — the banquet and fashion show on Feb. 23 — were smashing successes. Again, to all who worked so hard on all these events — the organizers, the MCs, the speakers, the models, the participatns — my thanks and a very sincere Hoo Ah!

Our monthly retirement review was held on Feb. 22. I understand the weather was gorgeous, the crowd very good, the HQ Co., USAG Honor Guard, the HQ Command Color Guard, the band the and speaker were all superb. And this was another first for PSF — our first review with only civilian employee retirees. I sincerely appreciate all the support folks and the willingness of our civilian employees to participate. To all of you my thanks and to our three retirees, a very special Hoo Ah! Mr. Charles Caballero and spouse; Mrs. Anna Elizabeth Cochran and spouse; Mrs. Maria Kuhr and spouse.

On Feb. 27 we'll be holding our latest Sixth Army run. Hope to see a great turnout of runners, walkers and supporters. This is a great affair. Hope we will continue to grow in participants — everyone is welcome — and the folks who come to cheer on our walkers and runners. Hoo Ah!

On March 2 we're sponsoring our latest Health Fair at PSF. I hope lots of military retirees and spouses will take advantage of this event. Our folks from Letterman and the DPCA community do a super job on this. Hope I'll see you there.

February heralded the beginning of Super Lunchtime Specials at our bowling alley. If you haven't tried it, you should.

As many of you know, a very special group of folks at the Presidio of San Francisco — A Very Special Place — are our volunteers. They are so numerous and serve in so many different places I could never mention them all. Likewise, many of them serve in places seldom seen or recognized by us. So, periodically I like to mention some of these "unsung heroes:"

- Membes of our Protestant Chapel Chorus at Main Post and Fort Scott;
- The ladies who prepare our "Hands Across the Presidio" packets.

Today's saying printed below is dedicated to *all* our dedicated, hard working, committed but generally unseen volunteers. They give so much every day.

God Bless you all.

William H. Harrison
Lieutenint General, USA
Commaiding

"A bell's not a bl 'til you ring it;
Love in your heat is not put there to stay;
Love isn't love 'til you give it away!"
—Anon

Ramblin' Sam

"What woman do you admire for her contribution o American history?"



Spec. Jackie Taylor, Letterman Army Medical Center, out-patient medical records clerk: "Wilma Rudolph. She set many records for women to strive for by overcoming polio and making it to the Olympics."



Scilla Maluina, Quartermaster laundry clerk: "Betsy Ross. She made our flag and that's something to be proud of."



Capt. Denise McCollum, Letterman Army Medical Center, resource management staff officer: "Sandra Day O'Connor, for becoming the first female member on the Supreme Court."

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The *Star Presidian* is an unofficial publication authorized by AR 360-81. Editorial content is prepared, edited and provided by the Public Affairs Office of the Presidio of San Francisco, California. The *Star Presidian* is published weekly by Coast Publishing, a private firm in no way connected with the Department of the Army, under exclusive written contract with the Presidio of San Francisco, California.

The *Star Presidian* editorial offices may be reached by calling 561-3908.

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Etc.

Commissary exempted from freeze

by Erica Haspiel-Szlosek

Readers of *Army Times* already may have braced themselves in preparation for predicted consequences of the Department of Defense hiring freeze. That publication warned users of Armed Forces Morale, Welfare and Recreation facilities and commissaries they would have to expect untold inconveniences until the anticipated end of the hiring freeze at the start of fiscal year 1991 — Oct. 1, 1990.

Fortunately, commissary patrons have been granted a reprieve.

As of Feb. 22, DoD commissaries have been given an exception to the hiring freeze to hire cashiers and stockers. DoD has authorized Troop Support Agency to hire one employee for every two who leave. According to Presidio Commissary Manager Charles Snow, this exemption should mean Presidians will see little effect in the quality of service offered by the commissary.

"We should be able to proceed normally as a result of the exemption," Snow emphasized.

He adds, however, that anyone interested in working as a cashier at the Presidio Commissary should get in touch with the Civilian Personnel Directorate in building 37.



Star Presidian file photo

Commissary cashiers and stockers have been exempted from hiring freeze.

March is Women's History Month

by Evelyn D. Harris

President George Bush has declared March "Women's History Month." In a special proclamation, he noted: "Women have written many proud pages in the history of the United States, throughout all areas of our national life."

Women's History Month is a time to recognize those contributions and the critical role they have played in the preservation of the principles and values that all Americans hold dear.

"Women have served with distinction in all professions; they have contributed to our nation's prosperity in all fields of business; they have served our country with courage in time of conflict; they have educated and inspired our children; and they have figured prominently in all our great struggles for political and social reform."

"Courageous Voices Echoing in Our Lives" is this year's Women's History Month theme.

Retired Air Force Brig. Gen. Wilma Vaught, president of the Women in Service for America Foundation, will speak at a Pentagon event. Her group is spearheading the construction of a women's memorial at Arlington National Cemetery near President John F. Kennedy's grave site.

Then-Secretary of Defense Frank Carlucci authorized DoD personnel to take part in fund-raising for the memorial in a letter dated Dec. 21, 1988, according to Federal Women's Program Manager Rosemary Howard. Congress authorized the memorial, donated the site and gave the group until Nov. 6, 1991 to raise $15 million.



Donations rose sharply after the foundation announced its memorial-design contest winner on Nov. 9, 1989. Spokeswoman Patricia Ready said the group received $250,000 between then and the end of year, bringing the total raised to $1 million.

Vaught is counting on donations from those who "believe in the importance of recognizing and honoring the vital role played by women who have served in the armed forces."

A computer registry will be a key element of the memorial and is its main fund-raising medium. There are 1.2 million women veterans alive today and about 400,000 women now on active duty or in the National Guard or Reserve. For a minimum $25 donation, they can register their photos, names and information such as period of service and highest rank or rate held. They may include stories of their most memorable military experiences.

Vaught said many people gave donations to register friends, mothers, grandmothers and even such historical figures as Molly Pitcher, who reputedly took her husband's place at his cannon when he fell wounded in a Revolutionary War battle.

To obtain posters, brochures or other information from the foundation, or to contribute to the memorial fund, contact:

Women in Military Service
for America Foundation
Dept. 560
Washington, DC 20042-0560

Or call toll-free **1-800-222-2294.**

At the Presidio, there will be a display at the library throughout March and a poster display at the Post Exchange mall March 28 through 30.

On March 22 a career enhancement workshop will be held. Call Ann Williams at **561-2022** for information.

American Forces Information Service

Job Opportunities

CPO Jobs

Animal Caretaker: PA06-90, WG5048-5, open until further notice.

Air Conditioning Equipment Mechanic: PA103-90, GS-344-4, closes Dec. 31.

Clerk Typist: A65-90, GS-322-3/4, open continuously.

Food Service Worker: A71-90, WG-7408-4, open continuously.

Construction Inspector: VA53-90(DW), GS-809-7, open until filled.

Forklift Operator (Warehouse Worker): VA55-90(MG), WG-5704-5, open until filled.

Staff Operations and Traffic Specialist (Art): VA56-90(MB), GS-301-8, open until filled.

Automotive Worker: VA47-90(MB), WG-5823-8, open until filled.

Medical Technologist: VA58-90(MO), GS-644-11, open until filled.

For more information and job announcements call the Job Information Center at 561-5732 or visit the Civilian Personnel Directorate in building 37 between 7:30 a.m. and 4 p.m. Generally, applications will only be accepted from career or career conditional employees (or people eligible for special programs such as VRA or 30 percent disabled veterans). Although no one can be hired at this time, all applications will be reviewed and interviews conducted.

NAF Jobs

Child Caregiver; PS-186-02, $6.06 an hour, regular, part-time, intermittent, on-call.

Tool and Parts Attendant: NA-6904-04, $7.47 an hour, regular, part-time.

Motor Vehicle Operator: NA-5703-06, $9.13 an hour, regular, full-time.

Food Service Worker: NA-7408-01, $5.56 an hour, intermittent, on-call; NA7408-02, $6.31 an hour, regular, part-time; and NA-7408-03, $7.03 an hour, intermittent, on-call.

Custodial Worker: NA 3566-01, $5.56 an hour, Intermittent, on-call, temporary, part-time, not to exceed six months.

Waiter/Waitress: NA-7420-02, $6.31 an hour, intermittent, on-call.

Submit application (DA-3433) to CPD/NAF Personnel Division, building 37, Presidio of San Francisco, or call 561-5095 or 561-2947.

News Briefs from page 1

Duty phone numbers

Engineering employees often need access to family quarters for emergency repairs. A current duty telephone number must be on record at the Housing Office. If you live in family housing and your duty number is different from when you were first assigned quarters, call the Housing Office at **561-3452** or **561-2040** and give them your new number.

Supervisory development

The Civilian Personnel Directorate will hold the next Basic Supervisory Development class in the CPD Training Room, building 37, room 233, beginning Monday and meeting every other day through March 16. This program is designed to train newly assigned supervisors of civilian employees. The training includes a working knowledge of the responsibilities for administering and supporting the civilian personnel administration program. For more information or to register, call Debby Vitale at **561-2554** or **561-4285.**

Newspaper deadline

To have your announcement published in the *Star Presidian* please follow these guidelines: double space and type all submissions, use *civilian* dates and times, include a first and last name for all points of contact. Deadline for all copy is **Thursday,** close of business, for publication the following week. Mail or bring materials to the *Star Presidian* office, building 37, room 215.

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Presidio soldiers offer community service

Readiness Group hosts students

by Pleasant Lindsey III

"I learned a lot in the museum, and I didn't know places like [Fort Point] still existed," said 18-year-old high school student John Corpening. "We got to meet a lot of nice people here."

"Here" is the Presidio of San Francisco, where some Alameda youths got the chance to learn about the real Army from some unlikely tour guides and discovered there was more to Army life than carrying a rifle.

Students from Island High School, Alameda, Calif., took a tour of the Presidio of San Francisco Feb. 21 that was unusual because of the guides they used. This tour was led by none other than the Combat Arms Division Readiness Group Presidio of San Francisco.

"The tour was the first of many activities planned by the Readiness Group as part of our quarterly Community Action Program," said Maj. Ed Dorsey, chief, Special Operations Branch Assistance Team.

"The purpose of the quarterly program is to strengthen the Readiness Group's ties, and act as a good neighbor to the surrounding communites," he added.

Island High is an alternative school for troubled youth who are faced with family, emotional or other problems that have caused them to leave school earlier.

"These young people are trying to restructure their lives," said Lt. Col. Alexander A. Janke, chief, Combat Arms Division. "Anything we do to help them benefits all of us.

"The Combat Support Division is doing the same thing," he continued.

"In May we will escort a group of deaf children on a tour of the post. Instead of going to the average school, we're focusing our attention on very special people who might not get this type of experience."

The 19 Island High students were each paired with a member of Readiness Group and learned about Army life and California history.

They discovered soldiers do more than march.

Their tour included a stop at the Presidio Army Museum, where they learned about Presidio's history; the different types of uniforms worn by soldiers here from the post's earliest days and learned about Sixth Army's campaign in World War II.

They also visited Sixth U.S. Army headquarters where Command Information Chief Roland Taylor gave a multi-media presentation describing the Sixth Army mission and organization.

After eating lunch in one of the post's mess halls, the Island High students also visited the Civil War-era Fort Point where Ranger Dave Barry of the U.S. Forest Service revealed its history.

Another ranger, Jo Ann Jeong, then showed the students a cannon drill — that is, she showed them how to properly load one of the old cannons in the fort. Some of the students even formed a cannon crew and practiced the drill.

The students weren't the only ones fascinated by the tour or its guides.

"I was impressed with the graciousness of the military men," said Tina Kreitz, one of two teachers who accompanied the students. "They really drew the kids to the."

Kreitz said the tour and its guides gave the youths a chance to see more about the Army than they could learn from commercials.

"Once a quarter Readiness Group will take a day to enhance our relationship with the community," Janke said.

Although it was the initial activity in Readiness Group's community action program, it left a positive impression on the Island High students.

"A lot of [the soldiers] had high rank but they were all real cool," student Corpening said. "You've got Green Berets here and everything. And some of these guys have been here close to 20 years and are going to retire — I really respect that."



photo by Pleasant Lindsey III

Ranger Dave Barry describes what it was like to live in Fort Point during the late 1800s.

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Black History

Door to opportunity slowly opens for blacks

Vietnam marks end to racial segregation in DoD

Editor's note: this article concludes our series on black Americans.

"My mother used to say: 'Don't stand there banging on the door to opportunity, then, when someone opens it, you say, wait a minute, I got to get my bags. You be prepared with your bags of knowledge, your patriotism, your honor, and when somebody opens that door, you charge in.' "

—Gen. Daniel "Chappie" James Jr., 1920-1978



courtesy National Archives

9th Cavalry troopers fall in the fight for San Juan Hill in he painting by Fletcher C. Ransom, "Forgotten Heroes."

As the 20th century approached, blacks continued to answer our nation's call in time of need, even though blacks frequently didn't receive recognition for their contribution.

One example is when soldiers charged up San Juan Hill during the Spanish-American War. The 9th Cavalry Regiment played a significant role in capturing the hill. (Some accounts say they actually captured it, and there weren't any horses *present* for the "Rough-riders' famous charge.) Yet, the news reports and history books show Teddy Roosevelt and his "rough-riders" galloping up the hill on horseback.

Racial policy change was nowhere in sight as the country prepared for yet another war.

World War I

Most blacks in the U.S. worked as laborers in peacetime, and in World War I it was to be no different. Even though they were some of the most highly trained and experienced soldiers in the Army, the all-black 9th and 10th Cavalry as well as the 24th and 25th Infantry regiments were left to patrol the west.

Of the more than 400,000 blacks who served in World War I, approximately 10 percent were assigned to combat units, the remainder served in laborer units. Army units remained segregated throughout the war and black officer promotions were limited. Approximately 1,300 black soldiers received commissions during the war, however, blacks comprised less than one percent of all officers and the highest ranking black officer was a colonel.

Even though blacks were discriminated against, World War I had the largest number of black commissioned officers in the history of the Army.

Slowly, the Army was changing.

World War II

More of the same is one way to describe blacks' role in the Army during World War II. Blacks constituted 15.5 percent of combat support units and only 2.8 percent of combat arms units. Within the combat support branches blacks were concentrated in quartermaster units (almost half, and transportation units (a third).

Army leaders argued the Army was not a laboratory for social experiments. Although some blacks were allowed to enter military specialties which were previously closed to them, they remained in segregated units.

American losses during the Germans' Ardennes offensive in late 1944 forced the assignment of 2,500 blacks into white companies within the First and Seventh Armies. Blacks served in separate platoons assigned to these all-white companies. This was the only time units were integrated during the war.

In 1945 black officers made up less than two percent of all officers in the military and none achieved general officer rank during the war. However, change was on the horizon.

Korean War

From the end of World War II till the Korean War started, the Army looked at changing the segregated military structure. The conclusion of these studies was to keep the Army segregated, but to try to increase the number of blacks in the military up to 10 percent.

These changes were not enough for President Harry S. Truman.

In 1948 Truman ordered a policy of equality for all armed service members without regard to race, color, religion, or national origin. A presidential committee was also established to examine racial policies within the Armed Forces and how best to implement the presidential policy.

Changing social conditions demanded "full citizenship" and an end to racism in the military. However, the Korean Conflict delayed the implementation of these changes.

Korean Conflict

Making Truman's vision of racially equal treatment a reality was a difficult task. All of the military services had adopted policies of equality by early 1950. But, it wasn't a reality in the field. Though by mid-1951 blacks made up 13.5 percent of total U.S. strength — 80 percent of the black troops in Korea were still assigned to all-black units.

Strangely enough, the draft played a large role toward the integration of the Army during the Korean War. As more and more blacks were drafted, they filled up the all-black units and had to be assigned to all-white units which were understrengthed. Desegregation of the military was becoming a reality. Other firsts in the Korean War were the appointments of: Ensign Jesse L. Brown as the first black naval aviator, and Frederick C. Branch as the first black commissioned officer in the Marine Corps.

Vietnam

There was enormous pressure to finally disbaid the segregated units in the military following the Korean Conflict. By 1954 the last segregated unt was disbanded. No matter how slowly — things, they were a changin'.

In the early stages of Vietnam, only Army regulars were used. Later draftees were used to meet the escalating war in Southeast Asia. Blacks made up on 11 percent of the American population during the Vietnam era, but 16 percent of draftees were black.

For the first time in American military history, blacks were serving alongside whites throughout the entire military.

Today's military

Department of Defense has an "Equal Opportunity Program" which requires each branch of service to establish Affirmative Action Plans to ensure that equality is maintained throughout the military.

DoD Equal Opportunity programs are designed to continue building on improvements and solve problems — problems such as the fact that in 1984, 21.1 percent of DoD enlisted personnel were black, while blacks comprised only 6.2 percent of all DoD officers.

Understanding the history behind the struggle for equality and the long road America and its military have travelled illuminates the big picture and shows where these changes are leading.

(This information is consolidated from "Black Americans in Defense of our Nation," Department of Defense, 1985).

Engineers exercise to sharpen combat skills

story and photos by Duvel White

When Spec. Tony McGeahy goes to Fort Hunter Liggett to train, he expects the weather to be one way — hot, very hot.

However, during Company C, 864th Engineer Battalion's field training exercise near Monterey, Calif. Feb. 12 through 22, soldiers got to sample another side of the weather.

"Usually it's hot as hell when we come here," Spec. Tony McGeahy said. "This time we had rain, ice, a little snow, winds. ... We got a different side, no bugs, no dust, just very cold and very wet."

This training is designed to sharpen the engineer's wartime tactical skills and Spec. David Young, a heavy-wheeled vehicle mechanic who recently returned from Germany, thinks the FTX helps.

"I'm actually getting to work in my job, which is something I didn't get to do in Germany," Young said. "We are also getting to learn different soldiers skills like: digging foxholes, setting up M-60 (machinegun) positions, road marching ... setting up the tents.

"I can now do my job better pertaining to combat," he continued. "Actual hands-on training is better than reading about it out of a book."

The soldiers' hands-on training included deploying to Fort Hunter Liggett and setting up their company size unit, upgrading 12 miles of range roads, working with explosives, building a concrete foundation for a small building and demolishing range towers, according to Charlie Company First Sergeant, SFC Ronald Gause.

"We are here to hone our skills as engineers," Gause explained. "But we also want to show our stuff as infantrymen, because we have to know the same basic things that the infantry does."

Gause also emphasized teaching his new soldiers to work as a team.

"This is a team-building exercise," he said. "I have a lot of new soldiers and all my platoon sergeants are brand new. We are learning to get it together as a team. There is a lot we, as engineers, can't do on the Presidio. We can't run our scrapers, [bull]dozers... there, so we are getting some very valuable training out here."



864th Engineer Battalion's Spec. Joseph Gagnon checks his firing lane at Fort Hunter Liggett.



Buddy system — Spec. Patricia Benson washes up for morning chow as Spec. Trina Taylor helps.



Dozin' — A soldier from Company C, 864th Engineers works to improve the roads at Fort Hunter Liggett.





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Sports



photo courtesy *The Foghorn*

Perfect 300 — Tony LeCroy celebrates a recent 300 game at the Presidio Bowling Center. He placed second in Men's Doubles during last week's tournament at the bowling center.

Basketball Briefs

The 1990 basketball program is winding down with two days of league competition left. The championship play-offs begin March 14 and run through March 22. The top six teams from league play will be eligible to advance to the championships.

League schedule

Monday: LAIR No. 1 vs. LAIR No. 2, 5 p.m.; USAG vs. LEC, 6 p.m.; and Co. B, LAMC vs. 864th Engineers, 7 p.m.

Tuesday: DOL vs. Co. A, LAMC, 5 p.m.; and Co. B, LAMC vs. VA MEd, 6 p.m.

Full court results

USAG vs. LAIR No. 2, 70-24; VA Med vs. LAIR No. 1, 66-42; USAG vs. LAIR No. 1, 66-54; Co. B, LAMC won by default over DOL; VA Med vs. LEC, 60-54; DOL vs. LAIR No. 1, 69-43; Co. A, LAMC vs. VA Med, 60-42.

Standings

Full court

	Win	Loss
USAG	11	1
DOL	10	3
Co. B, LAMC	9	3
Co. A, LAMC	7	3
VA Med	7	5
864th Engineers	5	5
LAIR No. 1	3	9
LEC	3	9
LAIR No. 2	2	9
ADL	2	12

Half court (over 30)

	Win	Loss
USAG	11	2
Goodies	10	3
Andes Gang	10	3
Co. B, LAMC	5	7
MEPCOM	5	7
RGPSF	4	9
LEC	1	10
MI Bn	1	6

Half court results

Andes Gang vs. LEC, 21-9; USAG vs. Co. B, LAMC, 21-15; MEPCOM vs. RGPSF, 21-13; Goodies vs. LEC, 21-6; Andes Gang vs. MEPCOM, 21-14; Co. B, LAMC vs. RGPSF, 21-12; USAG vs. Goodies, 21-17.

The over 30 half court league had U.S. Army Garrison and Goodies tied for first until they met last week. Both teams were evenly matched but USAG's Dale Kennedy made the difference by scoring 17 of the 21 points it took to beat the Goodies. Of these points, 12 were scored from outside the 3-point arch. The Goodies' leading scorers were Hank Coleman with 9 points and teammate Kris Wisniewski with 6 points. The final score was 21 to 17 for the league champions, USAG. The play-offs have started with the finals scheduled for 11:30 a.m. Tuesday at Gym No. 1.

President's Day bowling tourney

The Presidio Sports Branch hosted a bowling tournament Feb. 17 through 19. There were more than 200 entries. The following Presidians received top honors:

Men's singles: 1st—Ben Newsome, 626; 2nd—Paul Munshower, 619; 3rd—Terry Washington, 618.

Women's singles: 1st—Morena Villanueva, 598; 2nd—Sandy Smith, 591; 3rd—Lynn Hancock, 564.

Men's doubles: 1st—Jerry Hardison / Paul Mushower, 1,152; 2nd—Pineapple Kamakea / Tony LeCroy, 1,138; 3rd—Kenard Williams / Kennard Williams, 1,137.

Women's doubles: 1st—Lori Bearson / Morena Villanueva, 1,161; 2nd—Lynn Hancock / Mikki Talley, 1,077; 3rd—Sandy Smith / Roberta Smith, 1,073.

Mixed doubles: 1st—Bobbie Gascon / Morena Villanueva, 1,079; 2nd—Ben Newsome / Ina Brasfield, 1,064; 3rd—Earl Smith / Allie Smith, 1,036.

Adult/child division: 1st—Michael Hardison / Jerry Hardison, 1,149; 2nd—Penny LeCroy / Adam LeCroy, 1,124; 3rd—Lanae Baker / Kasey Baker, 1,112.

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Community Calendar

Health Fair

Post gym No. 1 is the location for the 1990 Dance for Heart walk and fair, given by the American Heart Association, Sunday. Sign-ups begin at 8 a.m. for the aerobic session and/or guided 5K and 10K stride. To sign up by mail, you may call the American Heart Association at **433-2273** or pick up their brochure in the post gym. The fee is $12 by mail but $16 at the door and remember that it is a tax deduction.

PSF Health Fair

Tomorrow there will be a health fair for retirees in the main post gym — building 63. From 8 to 11:30 a.m. the fair is reserved for retired general officers and colonels, and their spouses and from 1 to 4 p.m. all retirees are invited.

Letterman Army Medical Center staff will be available from departments including audiology, opthamology, allergy, psychiatry plus people from the central appointment system. Representatives from the Red Cross, drug and alcohol program and retirement services also will be available.

Interested people will be able to have a health risk appraisal done, including a cholesterol count.

For information, call the Preventive Medicine Service at **561-3929** or **561-3924.**

Thrift Shop news

The next Thrift Shop Saturday opening and Flea Market will be this Saturday. Bring a table, valid military ID card and rent a vendor space for $5. There is an additional charge for extra space; no reservation is needed. Reservists may rent a vendor space upon presentation of a valid military ID card plus a current LES. The Flea Market is open from 7:30 a.m. to 1 p.m.

Baseball deadline extended

The deadline for youth baseball registration (ages 9 through 14) and T-ball (ages 5 through 8) has been extended to Wednesday. The registration fee is $20 a child for baseball and $15 a child for T-ball.

Registration is held from 10 a.m. to 6 p.m. in Gym No. 2, building 1152, Monday through Friday. Call Allen Posey at **561-5051** or **561-3673** for more information.



'Where

Dabney Colen
spoiled child
banishing the

Bible st

The Pres
Fellowship is a
Bible study
discussion grou
tical appocations and written notes summarizing each study. The Book of Genesis is the subject of this year's study. Classes are held each Wednesday at the Religious Activities Center. For information, call Rita Miller at **387-8810** or Marsha Anderberg at **355-0704.**

Job Club

The USO holds a Job Club/Support Group every Friday at 10 a.m. in the basement of building 223 across from Garrison Headquarters. Job listings form government agencies, business, schools and hospitals will be available along with a list of job hotline phone numbers. Resume help and office equipment also are available. Military spouses and people with current or previous military connections are encouraged to attend free of charge. Call **561-2436** Tuesdays through Fridays, 9 a.m. to 4 p.m., for information.

SATO

Escape the winter cold. SATO is offering a package from San Francisco to Puerto Vallarta for as low as $480 round trip. This includes airfare, hotel and transfers to and from the airport to your hotel. This is a four-day/three-night package.

tively. Come see what Toastmasters can do for you. Meetings are held every second and fourth Thursday from noon to 1 p.m. at the USO, building 223.

ITT

ITT'S Disneyland/Universal trip will be June 21 through 24. Three nights lodging, transportation on the 47 passenger bus, and park admission tickets are included for the package price of $180 a person, double occupancy.

San Francisco Ballet tickets are on sale now. Sleeping Beauty will be presented March 14 at the War Memorial Opera House. The price is $22 a ticket.

POWC news

March's POWC tour will be March 8. They will leave for the United States Mint from the Officers' Club parking lot at 10:30 a.m. to carpool. After the tour they will go to lunch. Call Ellen Litney at **346-9436** by noon March 5.

Spring social

Headquarters Command Battalion is hosting a spring social March 9 at 6:30 p.m. The cost is $13.75 a person. Call **561-6210** for information.

Aerobic instructors needed

The director of aerobics at the Presidio Gym, Beverly Carpenter, is searching for aerobic instructors. If you are interested, call her at **981-0111.** Certification will be provided for anyone not already certified. CPR is also recommended and may be obtained through the Red Cross on post.

Academy testing

leave recipient as well.

Anyone wishing to donate leave, please call Barbara Rizzo at the Civilian Personnel Directorate, Management-Employee Relations Division, at **561-2255** or **561-2256.**

Creative Cottage

The Creative Cottage is a consignment gift shop in building 204, next to the Thrift Shop.

If you are creative and would like to earn extra money, bring them the fruit of your talent. Consignments will be accepted from Presidio soldiers and their familes, and from civilians working on post. The Creative Cottage is oper for sales and consignments from 10 a.m. to 2 p.m. on Tuesday, Wednesday, and Thursday, and the first Saturday of each month. Call **567-9193** for information.

West Point Founders' Day

The annual West Point Founders' Day Banquet will be held at the Officers' Club, March 24, starting at 6:30 p.m. For reservations, call Mary Paul at **561-3637.** For transportation assistance to and from the banquet, call Capt. John Moore at **561-3980.**

At the Movies

Presidio Theatre

Thu, Mar. 1: Blaze (R), 7 p.m. Paul Newman stars.
Fri, Mar. 2: Blaze (R), 7 p.m.
Sat, March 3: Tango and Cash (R), 7 p.m. Sylvester Stallone, Kurt Russell. Two Los Angeles cops who both think they're the best, team up to fight two powerful crime families.
Sun, March 4: Tango and Cash (R), 7 p.m.
Mon, March 5: Tango and Cash (R), 7 p.m.
Tue, March 6: The Fabulous Baker Boys (R), 7 p.m. Jeff Bridges, Beau Bridges, Michelle Pfeiffer. Two lounge singers whose careers are sagging, decide to hire a lady crooner.
Wed, March 7: Look Who's Talking (PG-13), 7 p.m. Kirstie Alley, John Travolta. Comedy about a young mother looking for a marriage-minded man and the verbal observations on her activities by her infant son (voice of Bruce Willis).
Thu, March 8: Look Who's Talking (PG-13), 7 p.m.
Fri, March 9: Peter Pan (G), 7 p.m. Disney's animated classic.

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JOBS

Beat the job hunting blues, page 3



GOOD NEIGHBORS

87th EOD defuses local bomb, pages 6 & 7



SAILING

Learn to sail without leaving post, page 9



Star Presidian

Vol. 33, No. 12 | Published in the interest of the people of the Presidio of San Francisco | March 22, 1990

News Briefs

Word from the headshed on the hiring freeze

During the past week there has been no new guidance on the hiring freeze from higher headquarters so no new information is available. We have received a list of questions and answers from HQDA about the freeze that you may find further clarifies questions you may have had. The following is a partial list:

Q: Does the hiring prohibition mean that all recruitment activity must be discontinued?

A: While cessation of recruitment may make sense in many situations, management and the CPO jointly need to decide where recruitment should continue. Depending on occupation, past experience, etc., activities may want to recruit but may not enter applicants on duty.

Q: Can details be extended?

A: Yes, competitive requirements remain, if applicable.

Q: Can a 30 percent or more disabled veteran on temporary appointment be noncompetitively converted to permanent appointment?

A: Yes, if in the same position.

Q: Can appointments be made to the Facility Engineer Apprentice Program?

A: Only if an exception is approved on a case-by-case basis.

Q: Can a temporary position be extended?

A: Yes, if extension is in the same position and does not require competition.

Q: Which DoD Priority Placement Program registrants can be placed as an exception to this prohibition?

A: Those who are separated or facing separation because they had no job offer, or declined to transfer with their function outside the commuting area.

Baby product recall

Baby support sacks made by Goldbug and sold throughout the Army in Post Exchanges are being recalled. These are soft pillows filled with foam beads for use as an infant seat. Some parents have misused the sack as a crib pillow or placed babies face down on the sacks. Ten deaths of babies younger than three months have occurred as a result of suffocation.

Any Presidians who own one of these support sacks should bring it back to the PX where the $9 cost will be refunded.

Correction

Last week's *Star Presidian* carried an article on the Civil War spy Pauline Cushman Fryer. Authorship of this article was mistakenly given to Sharon Everett, a member of the Public Affairs staff. In fact, the article was reprinted from a brochure produced by the San Francisco National Cemetery. The *Star Presidian* apologizes for this error.

see Briefs, page 3

Top soldiers earn awards

by Pleasant Lindsey III

Two more soldiers reached the pinnacle of excellence when they were honored as the Soldier of the Month and the NCO of the Quarter in a ceremony at the NCO/Enlisted Soldiers' Club March 13.

The winners were Sgt. John R. Duncan, of Law Enforcement Company; and Spec. Thomas J. Seaman, Company C, 864th Engineer Battalion.

Col. William D. Swift, Garrison Commander, pinned on their Army Achievement Medals.

Spec. Seaman

Seaman, 22, the Soldier of the Month, is a light wheel mechanic who's been in the Army for four years.

Seaman got involved in the Soldier of the Month competition when he presented himself to the E-5 board. He stuck with it when he realized that he was the top soldier in each board he appeared before.



He said his wife's help was a major factor in his getting the honor.

"She quizzed me on the different topics that are evaluated at these boards," Seaman noted. "She helped me prepare for this more than anyone."

When he's not performing soldierly duties, Seaman enjoys hunting with a rifle and a bow. He said the largest deer he's bagged was a 220-pound, 13-point buck.

Seaman is also making a niche for himself as an artist. He said he found this talent by accident.

"I used to draw a lot when I was the class clown in school and I got good at drawing," he said. One of his pencil sketches, an 18-by-36-inch drawing of a horse in a corral, sold for $600.

He showed the same personal growth when he appeared before his evaluators in competition.

Sgt. Duncan

Duncan, the NCO of the Quarter, is a Military Policeman at the Presidio.

Duncan was chosen by his squad leader to compete for the NCO of the Quarter honors. Though his first board appearance was mandatory, he said he truly wanted to ace the rest of them.



"At the post level I had to achieve either a "go" or a "no go" from each of the four board members, so I had to know my stuff," he said. "I got a high score from all four members. I showed them I was qualified."

Duncan said he's particularly happy with the outcome, considering he almost was eliminated from the competition.

"I placed second at the battalion level," he explained, "but the winner later PCSd, so I got to continue on to the next level."

Duncan said he's not going to stop with this latest competition, but will aim for loftier heights.

"I'm definitely going for the NCO of the Year title," he said. "I know I'll have competition for that one, so I'm studying for it now."

But Duncan knows what it feels like to look sharp in front of others. After all, being a disc jockey is his number one hobby.

"I started working as a DJ in clubs and at parties while I was stationed in Germany," he said. Duncan was so popular at one point that in 1986 he became a regular DJ at one of the German nightclubs.

A soldier can make interesting contacts with a hobby like this.

"In fact, the guy I used to DJ with every Wednesday night in Germany was a former keyboard player for Marvin Gaye."

He still works parties for people at the Presidio, to include a soldier's wedding party scheduled for April.

Now, he can sing his own tune about being one of the post's top NCOs.

New post class helps combat stress

by Nancy Niederhauser

Stress and its effects are one of the most powerful factors affecting people and their families in today's society.

Unrelieved and excessive stress can create serious problems that take many different forms. These include: drug and alcohol problems; physical complaints such as headaches and ulcers; emotional difficulties such as sleep disturbance, depression and thoughts of suicide; and serious family problems which can lead to child and spouse abuse.

To combat these problems, Presidio's Family Advocacy Program has created the Stress Management Resource Team — SMART — program. FAP's SMART class will begin April 3 at Army Community Service.

Stress itself is not bad. We need *some* stress, which can also be thought of as challenge, to keep life interesting. Stress can come from exciting positive events such as marriage, promotion or a new baby. It also comes from life's conflicts, such as problems in relationships with our superiors, colleagues, spouses and children. It comes from the problems with which life can confront us such as illness or the death of a loved one. It comes from a permanent change of station move or ending a career.

The SMART program came into being as a result of the service needs identified by the FAP's Spouse Abuse Prevention Survey. FAP is part of Army Community Service and is responsible for activities which support families with the ultimate

see Smart, page 8

Voices

Presidio View

by Lt. Gen. William H. Harrison



This week on post

Dear Presidians:

It truly is a GREAT day to be in or associated with the Army at the Presidio of San Francisco — A Very Special Place! I say that with real meaning this week — having just returned from a week in Korea visiting our Sixth U.S. Army troops participating in Exercise TEAM SPIRIT '90. Always going overseas makes one appreciate the good ol' USA so much. Despite all our problems, we remain the greatest country on earth — "where the land is full of sunlight and the flag is full of stars." Hoo Ah!

Our troops in Korea are doing a super job. I visited all sorts of units — engineers from Utah; PSYOPS from California; public affairs from Montana and Nevada; MPs from California and Nevada; support soldiers from Virginia; Judge Advocates General from Washington and boat units from Utah. I got to drive one of our Army boats on a very cold and windy day with the spray hitting me in the face — that was really Hoo Ah!

While I was away many things were continuing here at PSF. As always, our soldiers, family members, civilian employees and volunteers were carrying on the great programs. To each of you my thanks. For instance, I got a super letter about one of our employees at the Officers' Club who went out of his way to be helpful in a situation where he could have simply turned a deaf ear. But Dearl Fleeman didn't. He volunteered to help a retiree in distress. Thanks Mr. Fleeman and Hoo Ah!

Another group that does such great work for us are all our volunteers at Letterman. They help out in our over-worked but understaffed clinics, push book carts, escort patients, assist doctors and on and on. To each of you that volunteer in any way at LAMC — that's great and we all appreciate your giving of your time, your talent, your love. Hoo Ah!

Prior to departing — almost my final act — was attending the Readiness Group, PSF Dining-In. It was well attended, well organized and a good time was had by all. Thanks for inviting me RGPSF — I had a Hoo Ah time!

Also during my absence our new Sixth Army Chief of Staff, Brig. Gen. Pete Lash and Mrs. Lash arrived at PSF from their previous assignment in Thailand. I know all of you join me in welcoming the Lashs to our PSF family. I missed our latest Right Arm Night on the 14th. I understand it was well attended and that as usual Col. Dave Neck, *DCSLOG, had everything* well in control. Thanks to all of you who come out to support these affairs.

I got back in time to participate, along with Mrs. Harrison, in the 124th ARCOM (Army Reserve Command) Family Support Conference held here in San Francisco. They had a super turnout — lots of their volunteers came from throughout the ARCOM. Also on Saturday, Col. Jack Hug, our Staff Judge Advocate hosted the 5th Military Law Center training conference. Another well attended and well put together session for our RC lawyers.

I have always maintained that the mark of a really good unit is if it continues to operate efficiently and well during the absence of the commander. By that criteria all you Presidians DONE GOOD during my TDY to Korea. The pace never slackened, the standards were not lowered and the friendly help and assistance never ceased. So, to each of you my heartiest congratulations and a real loud Hoo Ah to each of you.

God Bless you all.

William H. Harrison
Lieutenant General, USA
Commanding

"People acting together as a group can accomplish things which no individual acting alone could ever hope to bring about."
— F.D.R.

Ramblin' Sam

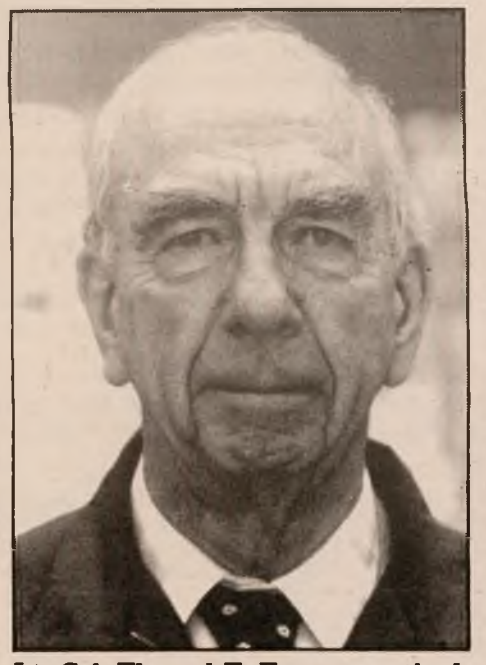
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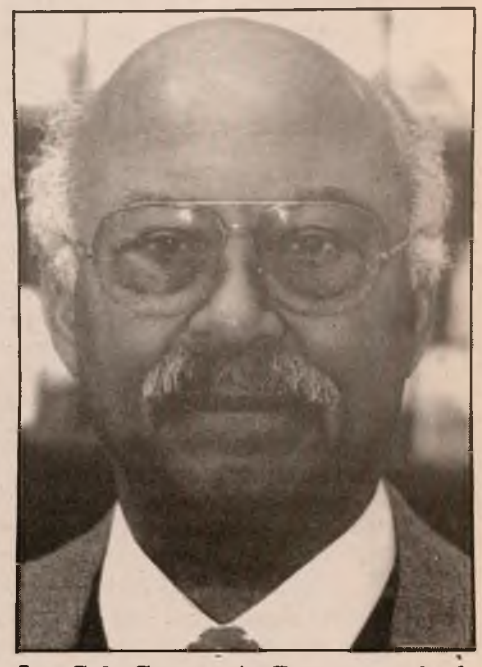
Ginger A. Prebil, military family member: "Barbara Bush. She seems so genuine. She seems typical. She's a mother and a wife. She does both roles well."



Frances C. Thompson, military family member: "The president's wife is one that I would go for. She has a lot of courage. She seems like an honest person. Being in the public eye takes a lot of courage."



Lt. Col. Thorval T. Evenson, retired: "My wife. I know her well and she's stood the test of time. She has been forgiving. For that reason, we've gotten along well, with a good, stable marriage. It's a relationship we both think comes from Jesus."



Lt. Col. George A. Duncan, retired: "Margaret Thatcher, perhaps. Because of her qualities of leadership I've noted over the last dozen years or so. She's one of the world's most influential women."

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The *Star Presidian* is an unofficial publication authorized by AR 360-81. Editorial content is prepared, edited and provided by the Public Affairs Office of the Presidio of San Francisco, California. The *Star Presidian* is published weekly by Coast Publishing, a private firm in no way connected with the Department of the Army, under exclusive written contract with the Presidio of San Francisco, California.

The *Star Presidian* editorial offices may be reached by calling 561-3908.

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Jobs, Etc.

Job hunters get a leg up

by Erica Haspiel-Szlosek

For some Presidio families struggling to make ends meet, the Department of Defense hiring freeze may have come as a hard blow. There are, however, many other federal agencies in the Bay Area, and most of these are hiring employees on a continuing basis.

One way to find a federal job, especially for people who have never worked for the government, is to enlist the aid of the Federal Job Information Center at 211 Main Street in San Francisco (room 235). The Center is open from 9 a.m. to noon, Monday through Friday.

This job office is run by the Office of Personnel Management and lists federal job vacancies in the Bay Area. These jobs require that all applicants be United States citizens. More specific requirements vary by job and agency, but all are open to anyone regardless of whether he or she already has status as a federal employee.

The Federal Job Information Center also has a telephone hotline. By calling **744-5627**, you will hear a tape recording with information about all job vacancies currently listed with the Center. If you are interested in a particular job, you can call **744-7205** and leave a message requesting the job announcement and application. Both permanent and temporary jobs are listed.

Because these job vacancies are not intended to be filled by current or former federal employees, Presidians who already work for the government may wish to contact agencies directly. The following list of Bay Area agencies and telephone numbers may help people who are job hunting and already work for the government. This list is not complete, but it does include the largest agencies in the San Francisco area.

CITY & AGENCY	DEPARTMENT	ADDRESS	TELEPHONE
Alameda			
Defense Logistics Agency	Defense	2155 Mariner Square Loop, (DDTC-KO) 94501-1022	(415) 869-8163
Meat and Poultry Inspection Program	Agriculture	620 Central Ave., Building 2-C, 94501	(415) 273-7233
Naval Aviation Depot	Navy	Building 90. 94501-5021	(415) 263-8921
U. S. Coast Guard, MLCP	Transportation	Coast Guard Island. Bldg. 51, Room 3, 94501	(415) 437-3930
Albany			
Western Regional Research Ctr.. ARS	Agriculture	800 Buchanan Street, 94710	(415) 559-6013
Berkeley			
Pacific Southwest Forest & Range Experimental Station	Agriculture	1960 Addison, 94704	(415) 486-3315
Belmont			
Bureau of Prisons	Justice	1301 Shoreway Road, 4th Fl., 94002	(415) 598-4729
Concord			
Naval Weapons Station	Navy	Concord 94520	(415) 246-2106
Oakland			
Department of Energy	Energy	1333 Broadway. 94612	(415) 273-7933
Military Sealift Command. Pacific	Navy	Civilian Personnel Office, P223 Bldg 310-1. 94625-5010	(415) 466-4688
Military Traffic Mgmt. Command. Western Area	Army	Oakland Army Base, 94626-5000	(415) 466-2775
National Labor Relations Board	NLRB	P. O. Box 12983, 94604	(415) 273-4294
Naval Regional Medical Center	Navy	Oakland, 94627	(415) 633-6373
Naval Supply Center	Navy	Oakland, 94625	(415) 466-5636
San Francisco			
Anti-Trust Division	Justice	450 Golden Gate Ave.. Box 36046, 94102	(415) 556-6300
Corps of Engineers, Liaison Office	Army	630 Sansome St., Room 952, 94111	(415) 705-2430
Defense Contract Audit Agency, Western Regional Office	Defense	450 Golden Gate Ave., Box 36116, 94102-3563	(415) 556-4684
Department of Labor, Pers. Mgmt. Div.	Labor	71 Stevenson St., Suite 500, 94105	(415) 744-6680
Environmental Protection Agency	EPA	1235 Mission St., 94103	(415) 744-1111
Equal Employment Opportunity Comm.	EEOC	901 Market St., Room 500, 94103	(415) 744-7389
Federal Deposit Insurance Corporation	FDIC	25 Ecker St., Suite 2300, 94105	(415) 546-0160
Federal Emergency Mgmt. Agency	FEMA	Bldg. 105, Presidio of SF, 94129	(415) 923-7121
Federal Energy Regulatory Comm.	FERC	901 Market St., Room 350, 94103	(415) 744-2795
Federal Highway Administration	Transportation	211 Main St.. Room 1100, 94105	(415) 744-2655
Food and Nutrition Service	Agriculture	550 Kearny St., Room 400, 94108	(415) 705-1325
Forest Service	Agriculture	630 Sansome St., 94111	(415) 705-2874
General Accounting Office	GAO	1275 Market St., Suite 900, 94112	(415) 556-6200
General Services Administration	GSA	525 Market St., 28th Floor, 94105	(415) 744-5056
Golden Gate National Recreation Area	Interior	Bldg. 201, Fort Mason, 94129	(415) 556-1839
Health and Human Services	HHS	50 United Nations Plaza, Room 130, 94102	(415) 556-1088
Housing and Urban Development, Regional Office	HUD	450 Golden Gate Ave.. Box 36003-9AP, 94102-3448	(415) 556-7142
Immigration and Naturalization Service	Justice	630 Sansome Street, 94111	(415) 705-4628
Internal Revenue Svc., District Office	Treasury	450 Golden Gate Avenue, 94102	(415) 556-5665
Internal Revenue Svc., Regional Office	Treasury	1650 Mission St., Suite 410, 94103	(415) 556-1691
Maritime Administration	Transportation	211 Main St., Room 1112, 94105	(415) 744-2581
National Labor Relations Board	NLRB	450 Golden Gate Ave., Box 36047, 94102	(415) 556-3197
National Park Svc.. Western Reg. Ofc.	Interior	450 Golden Gate Ave., Box 36063, 94102	(415) 556-7230
Presidio of San Francisco	Army	Building 37. 94129-5315	(415) 561-5732
Regional Financial Center	Treasury	390 Main St.. Box 3858, 94119	(415) 744-7440
Securities and Exchange Commission	SEC	901 Market St., Suite 470. 94103	(415) 744-3140
Small Business Administration	SBA	450 Golden Gate Ave., Box 36044, 94102	(415) 556-3693
U. S. Attorney's Office	Justice	450 Golden Gate Ave., Box 36055, 94102	(415) 556-1126
U. S. Mint	Treasury	88-5th Street, 94102	(415) 744-9367
U. S. Naval Station. CPO	Navy	Bldg. 7, Rm. 173, Treasure Island, 94130-5008	(415) 395-5305
Veterans Administration Medical Ctr.	VA	4150 Clement Street, 94121	(415) 221-4810 Ext. 2107
Veterans Administration, Regional Ofc.	VA	211 Main Street, 94105	(415) 744-7492

News Briefs from page 1

Helping hand

The Thrift Shop Board contributed more than $22,000 to the Presidio community in 1989 from money generated at the Thrift Shop and Creative Cottage. This money was distributed to post programs such as the American Red Cross, USO, Veteran 's Hospital, Hands Across the Presidio food program, scouting programs, Army Community Service emergency food programs, Christmas baskets, soldier recognition programs, child care for volunteers and projects for soldiers in barracks.

The Thrift Shop Board is always looking for projects to help the Bay Area military community. Pick up a form in the Thrift Shop and make a suggestion. And if you can help at the Thrift Shop or Creative Cottage, let them know.

Overseas service refund

Civilian employees who served overseas at any time since 1986 may have rights to a refund of certain Federal Insurance Contribution Act (FICA) taxes improperly withheld from their pay for post allowances, supplemental post allowances, and separate maintenance allowances. A claim must be submitted for a refund no later than April 16, 1990 to the Presidio Civilian Pay Office, F&AO, building 102, U.S. Army Garrison. Forms are available from MER Division, CPD, building 37. Inquiries may be made to Mike Modena, at **561-2840.**

Job Opportunities

CPO Jobs

Animal Caretaker: PA06-90, WG5048-5, open until further notice.

Air Conditioning Equipment Mechanic: PA103-90, GS-344-4, closes Dec. 31.

Clerk Typist: A65-90, GS-322-3/4, open continuously.

Food Service Worker: A71-90, WG-7408-4, open continuously.

Construction Inspector: VA53-90(DW), GS-809-7, open until filled.

Forklift Operator (Warehouse Worker): VA55-90(MG), WG-5704-5, open until filled.

Staff Operations and Traffic Specialist (Art): VA56-90(MB), GS-301-8, open until filled.

Automotive Worker: VA47-90(MB), WG-5823-8, open until filled.

Medical Technologist: VA58-90(MO), GS-644-11, open until filled.

For more information and job announcements call the Job Information Center at 561-5732 or visit the Civilian Personnel Directorate in building 37 between 7:30 a.m. and 4 p.m. Generally, applications will only be accepted from career or career conditional employees (or people eligible for special programs such as VRA or 30 percent disabled veterans). Although no one can be hired at this time, all applications will be reviewed and interviews conducted.

NAF Jobs

Child Caregiver; PS-186-02, $6.06 an hour, regular, part-time, intermittent, on-call.

Child Development Services Director: UA-1701-08, $22,367 a year, regular, full-time.

Family Child Care Outreach Worker: UA-1701-07, $20,195 a year, regular, full-time.

Education Specialist: UA-1710-07, $20,195 a year, regular, full-time.

Education Technician: UA-1702-05, $7.81 an hour, regular, full-time; regular, part-time.

Cashier: AS-530-03, $6.41 an hour, intermittent, on-call.

Bartender: NA-7405-03, $6.31 an hour, intermittent, on-call.

Desk Clerk: PS-1176-03, $6.35 an hour, intermittent, on-call.

Food Service Worker: NA-7408-02, $5.32 an hour.

Waiter/Waitress: NA-7420-02, $6.31 an hour, intermittent, on-call.

Submit application (DA-3433) to CPD/NAF Personnel Division, building 37, Presidio of San Francisco, or call 561-5095 or 561-2947.

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After Hours

Use your camera to see creatively

story and photos by Joel P. Smith

Exceptional photographs happen on the way to somewhere else — to an understanding of vision, and how it shapes our consciousness.

Exceptional photographs are the result of creative vision first, technical competence second, and subject matter third. A photograph which is technically correct, say, in focus and has been exposed properly, can still be boring — if there's no creative vision involved.

There are too many astounding images — photos of men crying in muddy bomb craters in Korea, of families buried beneath the dust and broken dreams of the Depression, of children in the womb — that we should be moved by just another "pretty" picture.

So how does it happen? Great pictures are made before the shutter clicks. For the most part, great pictures are made in the mind and are merely recorded on film.

When you're out photographing and you see something worth recording, imagine how it might appear if it were on the pages of *National Geographic* or, say, *Sierra* magazine.

Ask yourself, "What's the most astounding image I can think of?" The process is called pre-conceptualization. It's seeing what isn't there, and then **making it happen.**

When you want to photograph a scene, ask yourself some questions about the way the subject affects you: How does this make me feel? If I changed my perspective, or my camera lens, would I feel differently? (A photo of a child crying in the crush of an indifferent crowd has a much different effect than a photo that crops out every element but the child.)

Is the light right for the mood I want? If I wait a half-hour, will it be better?

Are there things in the backgroud that will compete with the main subject for my viewer's interest? (For example, is there a telephone pole sticking out of your subject's ear? Remember, the camera sees in two dimensions. Your eye sees in three.)

Pre-conceptualization lets you imagine the best photo possible. You take these elements which are actually present, and work them — as best you can — into the imagined scene.

But even pre-conceptualization fails if the photo has no clear theme, no message. Your viewer should understand why you took the photograph. Unless you can move him emotionally — hopefully, in the same way you were moved — you haven't related your vision.

Before the shutter clicks, you should have a clear message intended. You have to use a kind of second sight — seeing through your audience's eyes — to measure if the photo will succeed.

Even the simplest photos rely on some intended message or emotional spark (whether you're conscious of it or not) for their success.

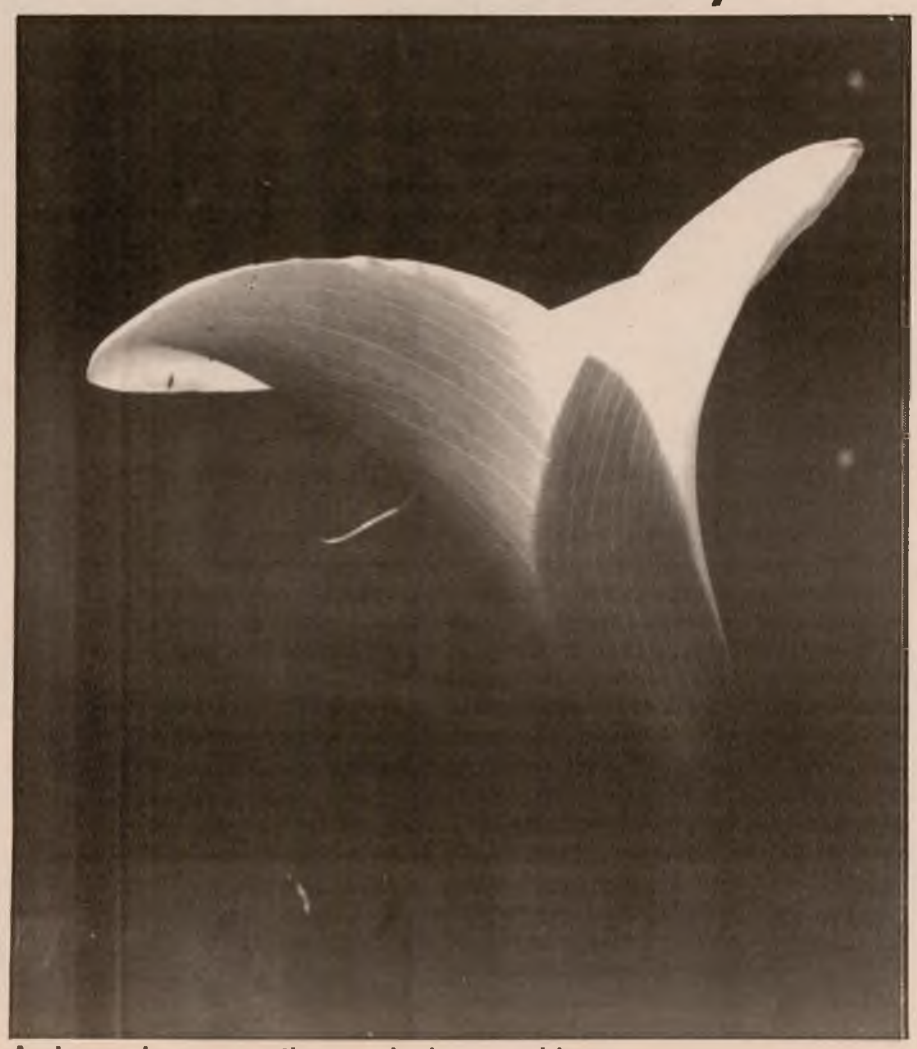
The message might be as straightforward as "Here is the beautiful face of my 2-year-old. She thought chocolate syrup would make a nice beard." Or it might be grandiose, like Ansel Adams' sweeping Sierra images.

However complex or simple the message, it must be present if you are going to communicate your feelings — why you took the photo in the first place — to the viewer. To do this, you use perspective, composition, depth of field, color and lenses to complement your ideas of the greatest possible photo.

Perspective: The position you shoot from greatly influences how your viewer will be affected by the photo.

Shooting people from a low angle makes them seem more imposing, taller, more powerful.

Shooting *down* on them, can make them appear two-dimensional, weak. Similar emotions may be evoked when shooting inanimate objects from the same perspective.



A change in perspective can isolate a subject.

Profiles: Photos which include only half the face — are rarely effective, except in the work of creative photographers with unusual subjects. Most people want to be able to identify the subjects in a photograph, so, when shooting people from the side, try to include both eyes in your photo.

Composition: Habitually centering your subject is, hands down, the best way to ruin potentially good photos. Centering can make the subject appear rigid, uncompromising, dull, lifeless — which works pretty well when your subject is rigid, uncompromising, dull and lifeless.

Watching a relative's slide show, say on world travel, you're likely to see a few hundred shots of extravagantly dressed relatives, centered in the entrance of exotic art museums, centered in the archway of towering church cathedrals and centered in their plush hotel.

Centering is the leading cause of boredom among photo viewers.

Give your subject motion, if it is deserved. Placing it by the rule of thirds, near intersecting points in a frame divided down and across by two lines, can give the photo apparent motion.

Again, use pre-conceptualization to decide what combination of perspective and composition will best relate your message.

Color and creative use of lenses also influence consciousness, but are beyond the scope of this article. If you'd like to learn more about how to see creatively — and knowingly — with your camera, read *Mountain Light*, by Galen Rowell, a freelance photographer for *National Geographic* magazine, *Sierra* and other glossies.

Mountain Light showcases Rowell's best landscape photography. Each photo is followed by an essay which describes his pre-conceptualization of the scene *and* how he set about making the imagined image.

Good shooting!



The traditional perspective is predictable.



Sgt. James L. Haley tries to identify the shell.



Capt. Vern L. Hermansen studies an X-ray of the shel

87th EOD rescues local town

story and photos by Joel P. Smith

Nearly everyone who telephones Capt. Vern L. Hermansen at work drops a bomb on him.

The March 15 call is no different. When Hermansen, commander of the 87th Explosive Ordnance Disposal Detachment on post, answers the 8:30 a.m. call, he finds a worried voice on the other end of the line.

Robert Lyle, with the environmental divison of Dow Chemical in Pittsburg, Calif., says he has a 1,000 pound "bomb" in his plant's backyard.

Clearing land near the northeast corner of the plant, a Dow heavy equipment operator had unearthed the huge shell, about 50 inches long, 12 inches in diameter and caked red with rust.

Hermansen asks Lyle to call the police in Pittsburg — to verify that the object is an explosive shell and not, for instance, a rotting propane cylinder.

At 10:30 a.m., Pittsburg police phone with the bad news. Hermansen and two other men with the 87th are rolling east at 11 a.m.

Beneath blue skies, 12:20 p.m., 200 yards from a top secret Dow Chemical plant, Hermansen approaches the shell first.

He walks carefully. If picric acid — a yellow, extremely unstable explosive — has been used in the shell, jarring it could remove Hermansen from the next promotion board... as well as the planet.

Fifty yards from the shell, EOD technician Sgt. James L. Haley and Spec. Michael Roser, a clerk with the unit, watch his progress. Roser is training for a technician slot.

Beside the shell, Hermansen stoops to take measurements and note every curve, every stamped shape of metal. He examines some X-rays that Dow technicians have made of the round.

The round is badly rusted and he says, "I can't even tell of it's been fired. From the look of the casing, though [beat up], I'd say it's been dropped hard."

He studies a 587-page book which covers military explosives made worldwide during World War II.

Hermansen is going to try to identify it by finding an exact match of its dimensions to the dimensions of rounds listed in the book.

Haley also goes down to the round. He pokes and pries at it with an 8-inch steel knife, clawing away the rust to see if any I.D. numbers remain.

Back at the truck, Hermansen calls SFC Roger R. Hess at the 87th's Presidio office. Hess, a team leader, has defused thousands of bombs as an EOD technician, and the unit relies heavily on his expertise.

Together, Hermansen and Hess work through the book. By 1:45 p.m., they've discovered the round is a WWII naval shell, possibly dropped in the field, which Hermansen said was once located near a munitions factory.

They also find that the weapon uses "composition D" for the main blasting charge — a slow burning explosive designed to allow armor piercing rounds to inflict the greatest wounds *after* impact.

After Hermansen studies the fusing of other 12-inch naval rounds, he decides the shell will be safe to transport.

He finishes the conversation with Hess, hangs up, and takes a drink of a Coke that's been sitting in the truck for an hour.

His face twists in a grimace, he looks into the lid and demands of Haley and Roser, "All right, which one of you spit in my Coke?"

"I did," they say in unison and raise their hands.

"Our lives depend on each other," he later says. "We're pretty close."

Haley and Roser ready a wire pallet for the round to lie on, and help Dow engineers lift it with a hoist that is half fork-truck, half crane.

They slide the weapon into the back of the truck and argue over who is driving and who is riding in the bed with the shell.

Hermansen wants to drive and, with superior debating ability, wins. It's 3:15 p.m.

They pull out of the plant, rolling toward Livermore, Calif. About 20 miles southeast of the city, they'll destroy the round with 20 pounds of explosives in a remote weapons testing ground.

Hermansen looks relieved as he pulls out the gate. Later, he says, "We won't admit that it's a stressful job, but it is.

"If we thought very much about why we do this [for a living], we wouldn't do it at all."



Sgt. James L. Haley and Spec. Michael Roser carry the the truck.



The EOD soldiers load the World War II shell into the

Bombs Away!



l.



shell on a wire pallet to



truck.



In the hopes of finding an identifying mark, Sgt. James L. Haley scrapes rust from the shell.

What's Happening

Poison Prevention Week echoes reminders

by Evelyn D. Harris

"One moment is all it takes — take a moment to poison proof" is the theme of National Poison Prevention Week, which ends Saturday.

"Accidents, which include poisonings, are the leading cause of death and injury to children under age 15," said George Siebert, DoD's director of safety and occupational health policy. "The health and safety of 1.5 million children of active duty military personnel is our special concern. There can be no doubt that national defense includes protecting our nation's most valuable resource — our children."

Poison Prevention Week Council spokesman Ken Giles said even people with no young children should poison-proof their homes, because accidents have happened to visiting children. Youngsters have also been poisoned at home when they took medicine carried in by visitors, such as grandparents.

The federal government requires certain products to be in child-resistant packaging. These include aspirin and aspirin substitutes, certain liquid furniture polishes, oil of wintergreen, drain and oven cleaners, lighter fluids, paint solvents, oral dosage prescription drugs and iron-containing drugs and dietary supplements. Safety packaging, however, is no substitute for poison-proofing the home.

"Children are going to investigate several ways of opening a container," Giles said. "If their fingers don't work, their teeth might. It would be impossible to make a package or closure that would prevent every child from getting into the contents under all circumstances. So safe storage is very important."

Improperly stored poisonous products can kill, and adults can accidentally poison children.

"Sometimes parents don't read the instructions carefully and give their children too much medicine, more than a small body can handle," said Army Dr. (Capt.) Peter Cellucci, an attending physician in the emergency room at Walter Reed Army Medical Center, Washington, D.C. Parents sometimes give children new doses before previous ones wear off, which can build up a harmful level of medicine if done over several days, he added.

Fortunately, children under 6 rarely die of accidental poisoning; only 56 died in 600,000 cases in 1986. Much credit for the high survival rate goes to poison control centers and hospital emergency rooms. Many children also can be treated at home after parents receive instructions from these medical facilities. Be prepared to give the following information to emergency personnel:

- ❑ Victim's age and weight;
- ❑ Poison involved, and whether it was swallowed, inhaled, absorbed through the skin or splashed in the eyes;
- ❑ Any first aid given;
- ❑ If the person has vomited; and
- ❑ Victim's location.

The Poison Prevention Week Council emphasizes prevention tips that can avoid a fatal or terrifying poison exposure. For example, keep household chemicals and medicines out of reach and out of sight of youngsters.

- ❑ Lock them up when not in use.
- ❑ Do not store medicines on kitchen counters.
- ❑ If the doorbell or telephone rings when using these products and children are in the house, take the product with you.
- ❑ The enticing odor of perfumes and colognes may lure a child into drinking the liquids.
- ❑ Keep products in original containers. Never put poisons in drinking cups or unmarked bottles.
- ❑ Never refer to medicine as candy.
- ❑ Throw away outdated medicines.
- ❑ Leave the light on when giving or taking medicines.
- ❑ Use safety packaging properly — close the containers after each use.

If you suspect your child has been poisoned, call the San Francisco Poison Control Center at **476-6600**. On post, call the Letterman Army Medical Center Emergency Room at **561-5771**.

American Forces Information Service





Smart continued from page 1

goal of reducing serious family problems, such as child and spouse abuse. To develop programs to address these problems, FAP staffers asked soldiers for anonymous reports of background information, assignments, stresses, and types of behaviors used in their relationships with their spouse or partner to resolve conflict.

The results demonstrated the degree of stress in a couple's life was the most significant factor that determined whether or not they were experiencing physical violence in their relationship. These results indicated that developing programs to help soldiers and family members to identify and manage their stresses would make an important contribution to the effort to reduce serious family problems.

Because stress can create so many different types of problems, FAP staff has invited other organizations on post to participate in the program. SMART includes participants from the Post Chapel, Alcohol and Drug Abuse Prevention and Control Program, Psychiatry, Staff Judge Advocate, Military Police, Presidio Crisis Line, Installation Volunteer Coordinator, volunteers and family members.



The SMART staff has been trained to provide several different programs for the Presidio community. These programs include personal stress management, anger management, stopping anger and violence escalation, and home and work stress management. Programs also will be provided on relaxation techniques and Type-A personality management.

Another program will focus on the necessary steps people must take in order to adjust to major changes in their lives. This "change management" program is for Presidians who have leadership or supervisory roles. Managing stress from change is particularly important in this day of post closure and the other major changes which are confronting all Presidians.

The SMART program will be bringing its classes to the soldiers and others during duty hours. The SMART program also will provide programs after hours at ACS which will focus more on stress and relationship issues for soldiers and family members. The first SMART series will begin April 3. Child care is available for these programs which are free.

If you would like more SMART information, to request SMART training for your organization or to become a SMART volunteer, call Nancy Niederhauser, FAP manager, at **561-5155**.

Sports

SAILING

Some Presidians breeze through life

story and photos by Duvel White

William F. Buckley is quoted as saying that sailing is like standing in a shower tearing up $100 bills. For most sailors, Buckley's statement may be close to the truth.

However, Presidians have an advantage — the Presidio Yacht Club at Fort Baker. The Yacht Club offers sailing and related social activities at an affordable price for active duty soldiers, retirees and their family members, and Department of Defense civilians.

"The club is here, first and foremost, for morale support for active duty members and their families," Presidio Yacht Club Commodore Eddie Adams said. "We want people to come over here and enjoy our facilities," the Army retiree said.

Some of the services offered by the yacht club include: boat rentals, boat berths, a snack bar (featuring the best burger on the bay), dining/private party facilities, sailing lessons and much more.

If you are interested in learning more about the Presidio Yacht Club call 332-2319 for more information.



Heeled over to the port side, the sailboat closehauls its way toward the Golden Gate Bridge.



SFC Rick McCallum steers the boat just beyond the Golden Gate.



The serenity of the sport is obvious.

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Community Calendar

Women's History Month events

Celebrate women's history during the month of March on the Presidio.

All month there will be a display in the post library, and on Wednesday and Thursday, a display will be set up at the Post Exchange mall as well.

Today the post is hosting a career enhancement workshop in building 603. Topics will include "putting your best foot forward when job hunting." "moving up" and "doing the WRITE thing." For reservations, call Ann Williams at the Equal Opportunity Office, **561-2002** or **561-2035**. The workshop is open to all Presidians.

Alcoholics' support group

The Letterman Army Medical Center's Alcoholics Victorious group meets every Monday at 7 p.m. in the hospital's chapel in room 106. A new group will be forming Monday. .

For more information, call SSgt. James Park at **561-2351** or **561-3474**.

POWC events

The next Presidio Officers' Wives' Club luncheon will be April 5 at 11:30 in the Officers' Club ballroom. The featured speaker will be Judith Wall, author of "Handsome Women." Make your reservations by noon April 2 by calling Gerri Margetts at **563-9807** or Judie Goertemiller at **567-0381**.

Join the next POWC tour April 12 to the Frank Lloyd Wright exhibit in Marin County. The cost is $5. Call Ellen Litney at **346-9436** before April 10 to reserve your space.

ACS classes

Army Community Service's Family Advocacy Program is giving four classes on creating healthy, happy relationships. The classes meet Tuesdays from 6 to 8 p.m. and child care is available. There is no cost to attend.

The course topics are: April 3, Stop anger and violence escalation; April 10, Managing your anger; April 17, How to keep stress from affecting your relationships; and April 24, Improving communication.

Call Nancy Niederhauser at **561-5155** to enroll.



© MCMXXXIX New Line Cinema Corp.

'House Party'

This 'R' rated film portrays the day-in-the-life of a teenager. The film takes a comical look at modern teenage problems and is playing throughout the Bay Area.

Passover/Easter week services

A Passover Seder will be offered to soldiers April 10 with the Congregation B'Nai Emunah at 3585 Taraval in San Francisco. Call Ruth Callmann at **561-4397** for information.

Holy week services at the Chapel of Our Lady will follow this schedule: April 7, Blessing of Palms, 5 p.m.; Palm Sunday Mass April 8, 9 and 11 a.m.; April 9, 11:35 a.m.; April 10, 11:35 a.m. and Penitential Service at 7 p.m.; April 11, 11:35 a.m.; Holy Thursday Mass April 12, 5 p.m.; Good Friday Liturgy April 13, noon; Holy Saturday Confessions April 14, 3 to 4 p.m. and Liturgy 5 p.m.; Easter Sunday Mass April 15, 9 and 11 a.m.

The Protestant worship schedule will be: Palm Sunday, April 8; Post Chapel Service, 9 and 11 a.m.; Fort Scott Chapel Service, 11 a.m.; Religious Activity Center Sunday School, 9:30 a.m.; and Fort Scott Chapel Gospel Service, 12:30 p.m. On Good Friday, April 13, the Post Chapel Service will be held at 11:30 a.m. The Easter Sunday, April 15, schedule will be: Post Chapel Memorial Garden Sunrise Service, 7 a.m.; Post Chapel Service, 10 a.m.; Fort Scott Chapel Service, 11 a.m.; and Fort Scott Chapel Gospel Service, 12:30 p.m.

West Point Founders' Day

The annual West Point Founders' Day Banquet will be held at the Officers' Club Saturday, starting at 6 p.m. For reservations, call Mary Paul at **561-3637**. For transportation assistance to and from the banquet, call Capt. John Moore at **561-3980**.

Soldiers' luncheon

All women soldiers, staff sergeants and above, as well as all women officers assigned to Sixth U.S. Army are invited to a Women's History Month luncheon tomorrow at 11:15 a.m. at the NCO Club.

Nutrition Month events

Fat and Fast Food Workshop

On Tuesday there will be a workshop to help you learn how to choose flavorful, lowfat fast food meals from your favorite fast food restaurants. This workshop is sponsored by the LAMC Nutrition Care Division. Call **561-3107** to register or for more information.

Healthful Shopping Tips

On Wednesday and Thursday there will be commissary tours to help Presidians identify and select healthful foods when hurrying through their weekly shopping. How to decipher food label information also will be discussed. These tours are sponsored by the LAMC Nutrition Care Division. Call **561-3107** to register.

Lecture

The San Francisco Chapter of Federally Employed Women, Inc. is sponsoring an evening with Dr. Judith Briles. Her subject will be "Self-confidence at Work and at Home." Briles is the author of several books which include *The Confidence Factor: How Self-Esteem Can Change Your Life,* and others. She is a frequent guest on radio and television programs, such as *Good Morning America, Hour Magazine, Oprah Winfrey* and *Donahue.*

The program will begin at 5:30 p.m. March 29 with hors d'oeuvres and a no host bar at the Officers' Club Attic Room. Briles will speak at 6 p.m. The cost is $5 for advance reservations or $7 at the door.

For reservations call Lee Barfield, **561-2326** or Fran Blake, **561-2947**.

Spring Revival

The Fort Scott Chapel Gospel Service invites the entire Presidio community to its first Spring Revival today, tomorrow and Saturday. The Fort Scott Chapel is at the corner of Lincoln Boulevard and Storey Road. For more information, call lay minister Rev. Wayne B. H. Richardson at **343-1727**, or Deacon Pleasant Lindsey at **331-7651**.

National Military Rugby Team

The Presidio is hosting the National Military Team (nicknamed the Defenders), Saturday and Sunday. Two matches will be played at the Polo Fields in Golden Gate Park at 3 p.m. Saturday and 10:30 a.m. Sunday. The team is made up of the military's best players from each of the five services, including Reserve and National Guard members. Each year this team plays two to four matches, and every second year travels to a foreign country to play teams from both the military and civilian communities. This June the Defenders battle five Australian teams in their homeland.

All Presidians are invited to support the Defenders in their local matches.

At the Movies

Presidio Theatre

Fri, March 23: Harlem Nights (R), 7 p.m. Eddie Murphy, Richard Pryor. A Harlem nightclub owner fights off a mob takeover during the Prohibition Era.

Sat, March 24: Flashback (R), 7 p.m.

Sun, March 25: Flashback (R), 7 p.m.

Mon, March 26: She Devil (PG-13), 7 p.m. Roseanne Barr, Meryl Streep. A manipulative, frumpy housewife loses her husband to a beautiful romance novelist and vows to ruin his life.

Fri, March 30: Back to the Future II (PG), 7 p.m. Michael J. Fox, Christopher Lloyd. Marty McFly goes not into his parents' past this time, but into his own future to battle the bully Biff.

New theater hours

The Presidio theater experienced a tremendous financial loss the last several years; community support declined by 50 percent. Through the decline in attendance and budget cuts, Army Air Force Exchange Service was forced to reduce the post theater to a four-day operation.

Starting next week, the theater will be closed Tuesdays, Wednesdays and Thursdays.

Now Your Whole Troop Can Fly For Half Fare.

Many airlines offer discount fares for military personnel. But USAir gives military dependents equal treatment.

On USAir your dependents get the same discount you do—50% off the regular coach fare. And there are virtually no restrictions.* Our military fares are good on every USAir or USAir Express flight, every day, to any U.S. destination. Better still, your dependents fly 1/2 fare whether they're traveling with you or not.

So next time you're taking off on civilian maneuvers, contact your base leisure travel office. Or call USAir toll free at 1 (800) 428-4322. And fly the airline that gives special treatment to the people most special to you.



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*You must present your green active-duty military I.D., or your dependent I.D. marked "active." Discount does not apply to official military travel. Military Fare seating may be limited due to capacity control.

JOBS

The care and typing of the 171, page 5



FREE FUN!

MMC: Visitor or volunteer; it's good weekend fun, page 6



SPORTS

Basketball Championship: DOL vs. USAG, page 9



Bldg. 386
Presidio of San Francisco, CA 94129

Star Presidian

Vol. 33, No. 13 | Published in the interest of the people of the Presidio of San Francisco | March 29, 1990

News Briefs

Word from the headshed on the hiring freeze

A second week has passed with no new guidance or direction on the Deparment of Defense hiring freeze. The Civilian Personnel Directorate has sent a number of requests for e. ception to the freeze up through command channels and is waiting to hear the results. From what they hear, the Secretary of Defense and Secretary of the Army are holding firm to the ground rules and reviewing requests for exception closely. CPD will keep trying to get some relief from the freeze by these individual requests for exceptions.

Forces Command has looked very positively on the Presidio's request to be exempted from the freeze entirely and has sent a very succinct letter to the Total Army Personnel Command signed by Maj. Gen. Wiegand supporting our position. As soon as any information is received, CPD will share it with you.

Toy recall

Fisher-Price has announced a recall of its Fun Bus, style 1019, which presents a possible choking hazard to children. Any Presidians who have any of the toys with serial numbers *other than* 801019, should return the toy to the Four Seasons immediately. The Four Seasons will refund the cost of any defective toys.

Meanwhile, the Four Seasons will be checking to ensure none of the affected toys are on its shelves.

Duck, Cover and Hold

To kick off Earthquake Preparedness Month, the state of California, including the Presidio, will hold a statewide Duck, Cover and Hold drill while testing California's Emergency Broadcast System **Tuesday at 10 a.m.**

According to Chief of Operations and Readiness at Sixth U.S. Army DCSOPs Lt. Col. Charles J. Pederson, the Presidio will participate in the drill.

Before 10 a.m. on Tuesday, every Presidian should tune to a station participating in the Emergency Broadcast System test. Promptly at 10 a.m., the EBS test will begin.

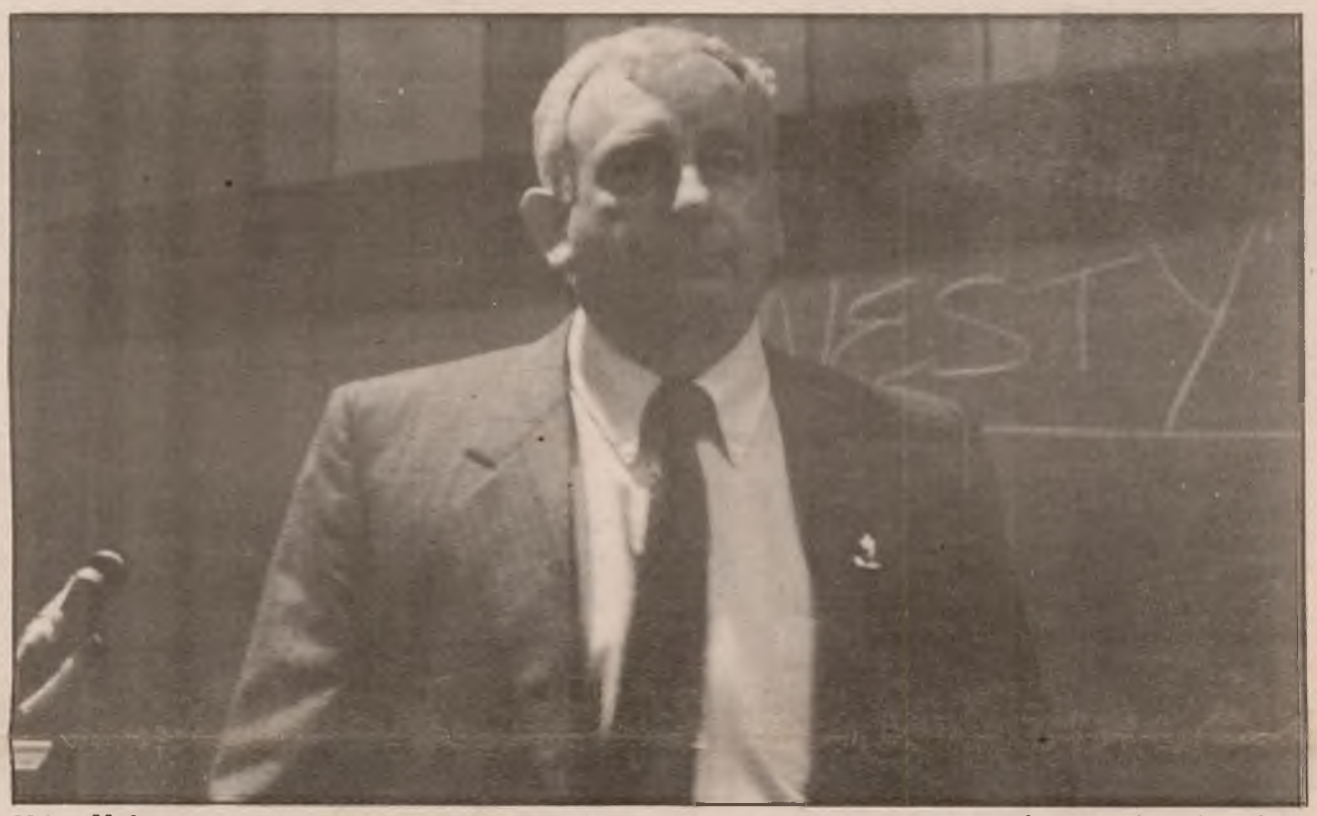
As soon as the EBS test begins every Presidian should:

- DUCK, COVER and HOLD for 30 seconds;
- Continue listening to the EBS test for safety information; and
- Even if you aren't near a radio at 10 a.m., you should still take part in the DUCK, COVER and HOLD drill.

To take part in the drill, remember to:

- DUCK (Duck or drop down to the floor.);
- COVER (Take cover under a sturdy desk, table or other furniture. If that is not possible, seek cover against an interior wall and protect

see Briefs, page 3



Mike Meines explains the importance of honesty (to yourself and a prospective employer) at the Career Enhancement Seminar March 22.

Seminar reveals hot job tips

story and photo by Liz Greeley

About 50 people learned the essentials of job hunting at the March 22 Career Enhancement Seminar held in building 603 by the *Federal Women's Program.*

Featured speakers included LAMC Public Affairs Officer Michael G. Meines, LAMC operating room nurse Capt. Carolyn J. Winbush, and Civilian Personnel Directorate Supervisory Staffing Specialist Donna R. White.

Meines gave an unforgettable presentation entitled "Putting Your Best Foot Forward," focusing on determining what *you* want, then how best to go about getting it. Winbush spoke about "Moving on Up in the Military — and Out," which was about the need to *make* things happen in your life. Finally, White's speech was "Do the Write Thing," explaining in detail how to properly fill out an SF-171.

Meines

According to Meines, the most important thing when looking for a new job is honesty — particularly with yourself.

First, he said, you have to determine what you really want from a job. Do you want money? Do you want a job that offers you self-satisfaction, but perhaps not a great deal of money? Is what you *really* want a 9-to-5 job where you can put in your eight hours and then go home to your family? Do you want a job that offers upward mobility and the chance to become president of the company one day?

Once you've decided what you want, then you can do what Meines calls his 3-and-3 list. Ask yourself, 'What three things am I good at?' Then ask yourself, 'What three things am I *not* so good at.' *Then* you can look for a job which accentuates your skills.

As he explained, "If I like to work with people, then I don't want a job where I'll be sitting in a cubicle all day, do I?"

Here is a roundup of some of the many valuable tips he offered during his presentation:

- Attitude — take the position that they need *you*, but you don't need them especially;
- Be positive about yourself;
- When writing a resume or application form, remember that neatness counts;
- Be professional — it's all in how you carry yourself, Meines explained;
- Have a positive attitude when you walk into an interview;
- Speak positively — if asked about a boss you didn't like, find a least one good thing to say;
- Check your appearance — comb you hair and make sure you look ***good*** before you walk into that interview; and
- Have confidence! As Meines explained, confidence is an attitude, and what you need is personal confidence as in, 'Yes, I can to the job!'

However, he cautioned the audience to be honest with a prospective employer. Don't say you can do something if you really don't know how. Meines gave a vivid personal example of what can happen when you say you know how to do something when you really don't.

Perhaps the best advice he gave seems simple and obvious, though many people don't seem to remember it when job hunting.

"Work where you're happy," he said.

see Seminar, page 3

Voices

Presidio View

by Lt. Gen. William H. Harrison



This week on post

Presidians all:

How about this weather? How fortunate we are to have the opportunity to serve at this beautiful and historic old Army post, the Presidio of San Francisco — A Very Special Place! Sure, there are some disadvantages, but that's true at every post. But on these gloriously beautiful days in the magnificent setting — let's rejoice and be thankful for the blessings we enjoy.

On the 19th of March I had the honor of awarding a Meritorious Service Medal to our newly arrived Public Affairs Officer, Lt. Col. Steven C. Fredericks for his performance of duty as Professor of Military Science at University of Iowa.

Tuesday, March 20th, was officially the first day of spring — can summer and baseball be far behind? Now that the lock-out is ended, we can look forward to the first Giants home game on April 13 against San Diego and the first A's home game on April 9 against Minnesota.

On Wednesday, the 21st, We hosted some 20 Consul Generals from as many countries here at PSF. They were impressed with our briefings, our beautiful post and our hospitality. To all our folks in SGS, PAO and Protocol who arranged all this — my thanks and a big Hoo Ah!

The Presidio Intramural Basketball Championships are complete. After a hard-fought season, the team from DOL finally won over the team from USAG, to be crowned champs. Sgt. Kennedy from USAG was MVP. To all who participated, refereed, organized, cheered — congrats. It was a great season, and to DOL an extra special Hoo Ah for a great win.

Mrs. Harrison and I spent the weekend in Salt Lake City attending the 96th ARCOM Commanders' and Spouses Conference. A number of our staff were there to brief and participate in the various workshops. A special Hoo Ah to Ms. Linda Chapman, our EEO/Race Relations staff officer who gave a super briefing.

On Monday I had the honor of presenting the Sixth Army Connelly Awards to some of our units. This is an award for excellence in food service. Winners were: USAR — 375th Engineer Co., Marina, CA; NG — 133rd Engineer Co., Laramie, Wyoming; Garrison — Region II, Utah Military Academy, Camp Williams, Utah. To all these units and food service personnel, a real sincere Hoo Ah and best of luck in the FORSCOM competition.

Following this ceremony, all our food service personnel out there in the Great Sixth Army area made a special presentation to Carl Peterson. Peterson is our Food Service staff officer in DCSLOG. These folks declared him "Mr. Food Service," and gave him a plaque for all his tireless efforts to aid and assist them in their challenges. What a great tribute to a dedicated, sincere, helpful, courteous and professional civilian employee. Thanks, Mr. Peterson and a real loud Hoo Ah!

March was an exciting month — it was Women's History Month *and* Nutrition Month. For more on these two events, contact our Garrison DPCA or our LAMC Nutrition Center.

The latest "THE DEEP" is out for your perusal. If you're interested in any of the things going on post, consult "THE DEEP" for "the facts ma'am, just the facts!"

Finally, our good supporters at AAFES are helping us again. They have modified the hours and the items available at both the Fort Scott and Fort Baker PXs — all this to better accommodate our soldiers. So — now it's up to us to patronize our AAFES facilities:

Starting April 2

Fort Scott	Fort Baker
Monday through Friday, 4 to 10 p.m.,	Monday through Friday, 11 a.m. to 5 p.m.
Saturday and Sunday, noon to 4 p.m.	closed Saturday and Sunday

Every now and then, Commanders have a very special treat. I have one for this column. Last week CSM Whiteford conducted the competition to select the Sixth U.S. Army Soldiers and NCOs of the Year for 1990. It is my honor to announce these folks to all our folks here at PSF:

USAR Soldier of the Year — Spec. Joyce L. Martenson, 124th ARCOM;

NG Soldier of the Year — Spec. Michael D. Morgan, CA NG;

Active Duty Soldier of the Year — Spec. Huldah E. Martin, WA NG;

USAR NCO of the Year — Sgt. Larry J. Wood, 124th ARCOM;

NG NCO of the Year — SSgt. John D. Isbister, CA NG;

Active Duty NCO of the Year — Sgt. Lawrence D. Reed, *PSF!!*

To all these great soldiers — a very special Hoo Ah from all of us, all best wishes for your continued success, health and happiness. Hoo Ah!

God Bless you each and every one.

William H. Harrison
Lieutenant General, USA
Commanding

"The real key to success is within yourself. No one can give it to you or take it from you. You hold your destiny in your hands."
— R. Reagan

Ramblin' Sam

"Solution to the drug problem in the U.S.?"



Debby A. Vitale, Acting Chief, Training and Development Division, CPO: "The way I see it, the only way to alleviate the problem in this country is through an intense educational process; not only adults, but children at the earliest possible age — the elementary level — so they can get a clear understanding of what drugs can actually do to them. To educate them to the dangers of getting involved with drugs, and that drugs are not a solution to any problem — they only create more problems."



Francisco N. Da Costa, personnel clerk (and volunteer social worker), Retirement Services Division, CPO: "What I feel is that it [drug education] should start in the family. By which I mean that the young people should have a good perspective of what substance abuse is — alcohol or whatever. All the time we have to be on our guard. Believe me, one thing can lead to another, and I know that because I'm a social worker. As a social worker, I see it again and again and again — how alcohol leads to weed and weed leads to whatever and whatever and whatever. There's no end to it."



Mike J. Modena, employee relations specialist, Management Employee Relations Division, CPO: "Analyze the results from other countries [e.g., Holland] who have legalized drugs. And if the data proves advantageous, legalize drugs with the federal government monitoring drug production, sales, etc., and collecting taxes on profits. The result would be that we would no longer have criminals making profits off our young folks. We could use the profits from drug sales to rehabilitate those very people who have drug problems. But it would take the crime out of the drug situation. If you take the criminals out of it, I think you're going to solve a lot of your problems."

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The *Star Presidian* is an unofficial publication authorized by AR 360-81. Editorial content is prepared, edited and provided by the Public Affairs Office of the Presidio of San Francisco, California. The *Star Presidian* is published weekly by Coast Publishing, a private firm in no way connected with the Department of the Army, under exclusive written contract with the Presidio of San Francisco, California.

The *Star Presidian* editorial offices may be reached by calling 561-3908.

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Jobs, Etc.

Seminar continued from page 1

Winbush

According to Winbush, there are three kinds of people in the world. They are:

- Those who make things happen;
- Those who watch things happen; and
- Those who wonder — 'what happened?'

Winbush, whose photograph now graces Army recruiting posters, urged the audience to look at base closure as an **opportunity.**

"It offers opportunities to move up," she said.

She told the audience to first figure out what your skills are. Next, figure out what you want to do and where you want to do it.

For inspiration, she talked about Sojourner Truth who watched what slavery was doing to her people, then decided to help slaves escape to the North through the underground railroad. Then there was Rosa Parks who got tired of sitting in the back of the bus and refused to give up her seat to a white person — touching off the civil rights movement. Wilma Rudolph had polio as a child and had to wear leg braces. But Rudolph eventually took off her leg braces and won Olympic medals as a runner in the '60s. Finally, Alice Walker overcame abuse as a child to win the 1973 Pulitzer Prize for "The Color Purple."

Each of these women turned disadvantage into opportunity. Apparently, Winbush feels Presidians can turn base closure into an opportunity — a chance to advance.

She quoted Robert Schuller as having said, "Tough times never last, but tough people do."

White

White's presentation was "Do the Write Thing," and focused on preparing an SF-171 properly.

Essentially, White emphasized 171s should be accurate, up-to-date, correctly spelled, complete (fill in *all* the blanks) and neat.

White emphasized that with 171s properly filled out, it makes her job much easier, while improving your chances of being hired.

She also said there is a public perception that Civilian Personnel uses some "Magic Book" to rate everyone's application. She then explained there is no "Magic Book," but there is a booklet called an X118. An X118 exists for each job series and defines the basic qualifications for each job in that series. White explained that if you are applying for a position in another job series, you may want to see the X118 for that series. All you have to do is go to the receptionist's desk and pick it up, she said.

Further, if you have any trouble deciphering what the X118 standards are, call Civilian Personnel.

"That's what we're there for," White explained. "We're there to serve you."

For more information about filling out 171s, see 171s—turn agony into job hunting success" on page 5.

Details vs. promotions explained

Many Presidians have been asking, "What is the difference between a detail and a temporary promotion?" The purpose of this article is to clarify the difference between them.

A **detail** is the temporary assignment of an employee to a different position or set of duties for a specified period of time. There is no formal position change, and officially, the employee continues to hold the position from which detailed.

There is no change in pay and status. Employees do not have to meet qualification or eligibility requirements to be detailed (e.g., a GS-2 may be detailed to a GS-9 position). (Some union agreements stipulate that after a 60-day detail to a position at a higher grade the employee must either be returned to their position or given a temporary promotion.)

A **temporary promotion** means an employee moves (temporarily) to a position at a higher grade level and pay schedule. Employees must meet all qualification and eligibility requirements for the position and are paid for performing higher level duties.

Management may effect, without competition, details to higher graded positions or temporary promotions up to 120 days. Competitive inservice procedures (that is a vacancy announcement) must be used for temporary promotions and higher graded details that are expected to exceed 120 days.

Maximum time limits of regulations for details to positions at the same, lower, or higher grades is one year, (combining non-competitive and competitive time on details together) processed in 120-day increments.

Maximum time limits for temporary promotions (combining non-competitive and competitive time on temporary promotions together) is also one year, but may be extended for one additional year.

Under the current Department of Defense hiring freeze, civilian personnel are not allowed to process temporary promotions but details are allowed. Because of this, the need for details will increase. If you are interested in being considered for competitive details, keep an eye out for the job announcements which cover them, comply with the requirements stipulated (they will vary from position to position) and submit the proper forms. If you have any questions, feel free to contact the Recruitment and Placement Division of the Civilian Personnel Directorate.

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News Briefs from page 1

your head and neck with your arms. Avoid danger spots near windows, hanging objects, mirrors or tall furniture,); and

- HOLD (If you take cover under a sturdy piece of furniture, hold on to it and be prepared to move with it. Hold the position until the ground stops shaking and it is safe to move.).

Courtesy of the Governor's Office of Emergency Services

Correction

While the author of last week's story "87th EOD saves local town" languished in the hospital, certain parties wrote his photo captions. Note: Haley and Roger were *not* carrying a 1,000-pound bomb on a pallet. That was the work of a crane, as is clearly indicated in the story. Also, the author of the story, who wrote neither the cutlines nor the headline which accompanied the story, contends the 87th didn't exactly "save" the town of Concord.

We apologize to the *Star Presidian* readers for the misleading captions and to the author.

The Editor

Correction

In last week's *Star Presidian,* the photos of the two women in the Ramblin' Sam column were switched. As result, Ginger A. Prebil's name and answer appear under Frances C. Thompson's photograph and vice versa.

The error was made when the photos were inadvertently switched at the publisher's. The *Star Presidian* staff apologizes to both Frances C. Thompson and Ginger A. Prebil for the error.

The Editor

1990 Census

Census Day is **Monday.** All soldiers will complete a Military Census Report whether they live on or off post. Any civilian under extended care at LAMC with no home address will complete an Individual Census Report. Each unit will appoint a unit representative who will be briefed and trained by the Census Bureau. The installation point of contact is Maj. Arnold C. Davis, **561-4489** or **561-4480.**

Job Opportunities

CPO Jobs

Food Service Worker Leader: NL-7408-02, $6.98 an hour, regular, part-time.

Recreation Aide: PS-186-03, $6.35 an hour, regular, part-time.

For more information and job announcements call the Job Information Center at 561-5732 or visit the Civilian Personnel Directorate in building 37 between 7:30 a.m. and 4 p.m. Generally, applications will only be accepted from career or career conditional employees (or people eligible for special programs such as VRA or 30 percent disabled veterans). Although no one can be hired at this time, all applications will be reviewed and interviews conducted.

NAF Jobs

Landscape Architect: PA11-90, GS-807-11, closes April 10.

Laboratory Worker: PA13-90, WG-3511-4, closes April 5.

Supervisory Aircraft Pilot: A43-90, GM-2181-13, open until further notice.

Computer Clerk Assistant: A43-90, GS-335-4/5/6, open continuously.

Correspondence Clerk (Typing): VA634-89(NB), GS-309-5, open until filled.

Cash Clerk; A78-90, GS-503-3/4, open continuously.

Protocol Assistant: VA62-90(NB), GS-303-7, open until filled.

Supervisory Recreation Aide: VA-64-90(CT), GS-189-5, open until filled.

Accounting Technician (DT): VA65-90(CT), GS-525-7, open until filled.

General Equipment Repair Inspector: VA66-90(MB), WG-4737-11, open until filled.

Submit application (DA-3433) to CPD/NAF Personnel Division, building 37, Presidio of San Francisco, or call 561-5095 or 561-2947.

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You Should Know...

171s—turn agony into job hunting success

story and photo by Liz Greeley

"Aw, they probably already had somebody else in mind for the job before I even applied."

Have you ever heard someone say this (or something like it) to explain why they didn't get the job they wanted? You probably *have* heard it or something like it. You may even have used an expression like it yourself.

But according to Donna R. White, a supervisory staffing specialist at the Civilian Personnel Directorate, the state of your SF-171 — your job application — has **much** more to do with whether you're selected for a job or not.

At the March 22 Career Enhancement Seminar held at building 603 by the Federal Women's Program, White said, "This [your 171] is your introduction into getting an interview."

She also said, unflatteringly, "You would be amazed at the way these applications *look* when we get them at CPO." White described some forms as being extremely messy and ill-prepared when received.

Some of the more blatant mistakes were 171s:

- Written in pencil;
- Handwritten in *tiny,* hard-to-read letters;
- Typed with words misspelled;
- Sloppily written;
- Copied incorrectly (e.g., "Sometimes half a page is gone," White said.);
- Turned in with some of the blocks left blank; and
- Turned in with some of the blocks only partially filled out — and sometimes ending in mid-sentence.



Donna R. White addresses Presidians.

"You have to sell yourself on paper first," she explained. "That's why you have to do a good job in filling out this 171; it's important."

At the very least, every 171 submitted should be complete, accurate, neat and easy to read, according to White. And the 171 should be up-to-date as well.

If anything changes from the date a 171 was submitted, White said you can (and *should)* call CPO and tell them if a phone number has changed or you have a new address.

"Some people have missed out on job opportunities because we couldn't contact them," she observed.

Another point to remember when preparing a 171 is that some supervisors don't do interviews. In those cases, the prospective employer's entire impression of you is derived from your 171. Additionally, White explained the 171 is sometimes used as a "tiebreaker."

"Sometimes, when it gets down to whether or not you get the position or someone else, the supervisor may go back and look at the 171 and say, 'Well, let's see what kind of a job this individual did in preparing their 171,' " she explained. "Sometimes they need a tiebreaker, and you never know what's in your application that a supervisor may need to use as a tiebreaker as it gets down to the wire."

To look at it from the supervisor's viewpoint, what if the supervisor is hiring for a clerk-typist's position? The position description probably states the skills required include "attention to detail" and the ability to type a certain number of words per minute "without errors."

Then the supervisor narrows down the applicants to two people. "Applicant Smith" has a neatly typed, accurate and correctly spelled application. On the other hand, "Applicant Jones" has an application with several typographical errors, a number of misspelled words and a coffee ring in the middle of page two!

Who will the supervisor hire: Applicant Smith or Applicant Jones? Which applicant would you rather be?

Yet, according to White, a coffee ring on a 171 is mild by comparison to some of the 171s she has seen.

"Sometimes I wonder what in the world people are thinking about when they do it," she said, shaking her head.

In addition to addressing some of the more obvious tricks to filling out a 171 at the seminar, White passed out a pamphlet she has produced which explains (in detail) *exactly* how to fill out a SF-171 to your best advantage. The pamphlet is called, "Do-It-Yourself," and can be picked up at the CPO receptionist's desk.

As White said, it's very important that you "be careful what you do with this little infamous 171."

Condo cons

Avoid falling victim to the Art of the Con

by Evelyn D. Harris

Congratulations! You have won one of the following fabulous prizes: a thousand dollars, a diamond pendant, deluxe vacation for two, a food processor, a stereo system, or a 6-foot grandfather clock.

What's your reaction when you receive a letter like this? If it's "jump for joy," the time to land is now.

After you've driven 100 miles to the lakeside lots the company is selling, you may discover that the "deluxe vacation includes only discount tickets for the Bedbug Inn—you pay the air fare to get there. You'll need a magnifying glass to see the diamond; the stereo system is a toy; and the food processor operates on hand power.

Frequently, companies selling land or time shares in a vacation home use "contests" to attract customers. Often, the letter will tell you that one of the prizes you can collect is something truly valuable—cash. But "one of" is the key phrase—it's unlikely you'll get the cash. You'll get one of the other prizes.

These prizes—cheap imitations of luxury goods—are called "switchers" by the promoters.

The Federal Trade Commission and local consumer protection officials have been receiving a growing number of complaints about promotions that use deceptively advertised prizes. Many consumers are also upset about the high-pressure sales tactics used during sales meetings. Some of those who sign contracts wonder if they can cancel their agreements to buy.

Once you sign a contract, you may have to lose some money to cancel it. So you'll want to consider any purchase carefully before you sign.

Next time you get a computerized letter telling you it's your lucky day, keep these points in mind, says the Federal Trade Commission:

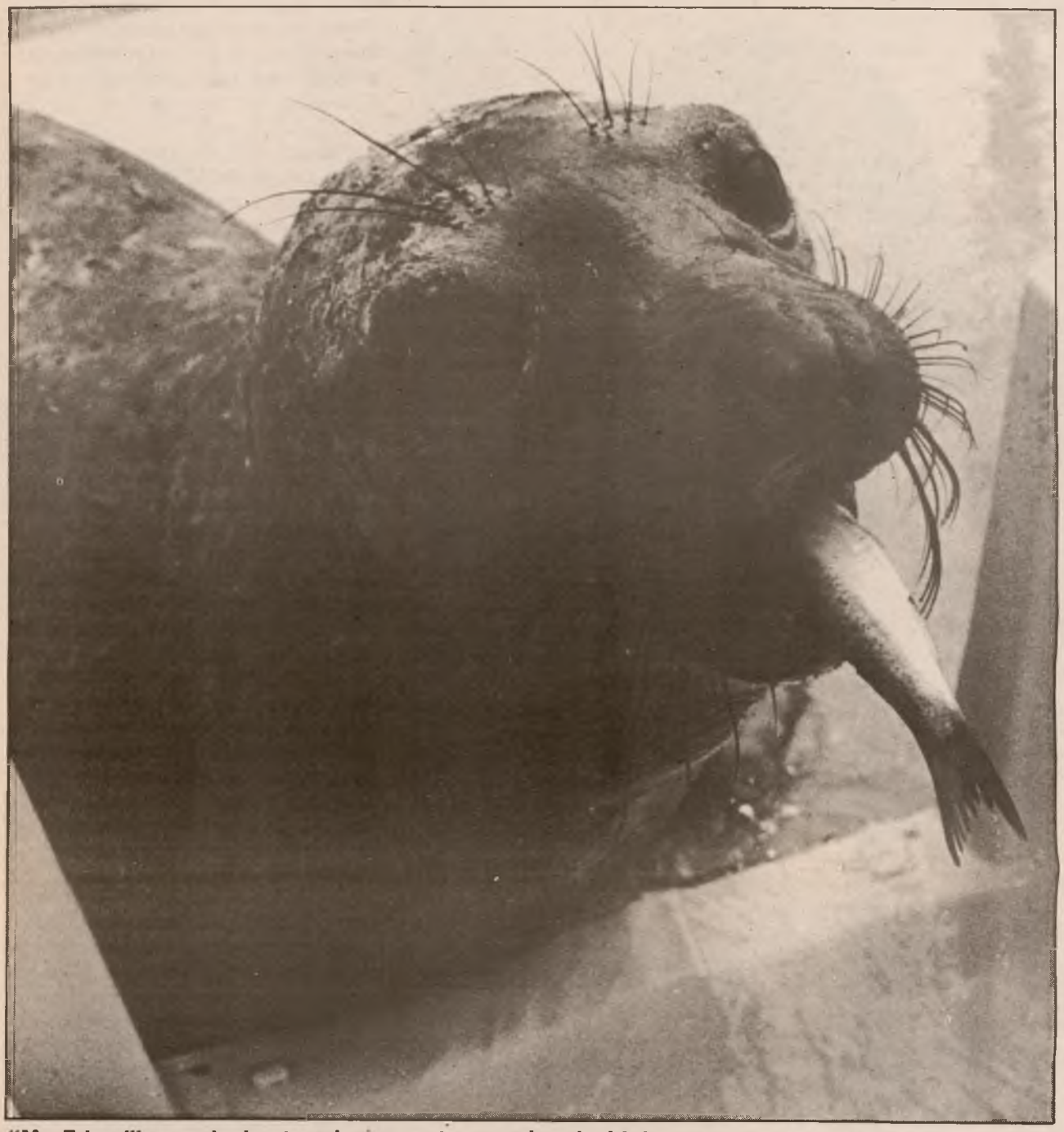
- Don't be fooled by letters that look official. Sometimes a "contest con" will arrive in an envelope that looks like it comes from Uncle Sam—a favorite ploy is to make you think the IRS is writing. Or the letter may resemble a telegram.
- Read the letter carefully. It may tell you the cash value of the prize or that you must attend a sales seminar to receive your prize. The fine print can be especially informative.
- Think carefully before attending a sales seminar for the sole purpose of winning a prize. Since your chances of receiving a worthwhile prize are slim, it's best to attend only if you're interested in finding out about whatever is being promoted. Sometimes a promoter will be open and offer you a weekend in the vacation spot that's being sold. Go only if you are interested in buying or if you know that you have unusual resistance to sales tactics.
- If you attend a sales meeting, don't sign the contract on the spot. Be wary of "limited time" offers. Although some state laws provide for cancellation periods, you shouldn't count on being able to cancel unless your right to do so is spelled out on the contract.
- Read the contract carefully before signing. Verbal promises from the salesman don't count—what's written on the contract does.

American Forces Information Service



Marine Mammals

Injured marine mammals heal in Headlands



"Mr. Friend"—an elephant seal pup—gets acquainted with lunch.



At the center, a six-week-old elephant seal is transported to the scales for weighing.

story and photos by Bob Walker

Everybody loves pups... and seal pups are no exception.

People, especially children, just love to watch seals and sea lions. Pupping season is just beginning and mother harbor seals temporarily leave their pups on the beach while they go back into the water in search of their own food.

Since Presidians come from all over the country, they may not be accustomed to such sights and may be tempted to pick up and pet the baby seal. This is a mistake!!

The mother seal can detect such contact and may abandon the little creature. Should the mother abandon its pup, it will surely die without trained rescuers.

Yet these rescuers exist at the Marine Mammal Center. When a baby seal is abandoned, the California Marine Mammal Center, located at Fort Cronkhite, should be called to pick up and care for the baby seal until it is large enough to care for itself.

The Marine Mammal Center, a non-profit organization, is licensed to rescue, treat and study sea lions and seals who become stranded along 15 coastal counties from San Luis Obispo, Calif., up to the Oregon border.

If you find a seal or sea lion stranded on the beach, call the center at **331-SEAL**. More than likely, you will be told not to go near the animal, but to observe it from a distance and to keep others away from it. You will be asked the location of the animal, what color it is, whether it has ears or not and if it walks on all fours. (Sea lions have ears; seals don't).

The animal should be checked 24 hours later; if it is still there, you should call the center again with a description of the problem. For example, is it bleeding? Is it having trouble breathing?

At that point, a rescue team will be sent out to get the animal. Back at the center, a physical exam will be given and a blood sample taken, so treatment can be determined. At the center, each animal has its own chart which volunteers can read so they will know what kind of care to give.

The Marine Mammal Center handles all kinds of problems for seals and sea lions.

Some of the animals are blind, some have skin diseases and others may have worms. Several years ago, there was an epidemic of leptosporosis, a disease affecting the kidneys and liver, which results in kidney failure.

If you would like to do your bit to help the animals, volunteer for one of the many areas in which the center needs volunteers. All you have to do is call **331-SEAL**.

If you haven't seen any seals this year, but you would like to, just drive to Fort Cronkhite. There is no admission charge and the center is open from 10 a.m. to 4 p.m. every day of the year.



A California sea lion slides across a wet pen.

Fun at Fort Barry



White foam below his board, a surfer glides toward Rodeo Beach.

Come play at Fort Barry!

story and photos by Pleasant Lindsey III

Looking across the bay from the Presidio, soldiers can see large, concrete structures sitting atop the hillside like lone sentinels of some forgotten era. Those sites, Battery-Hill 129 and Battery Rathbone are just two of the tourist attractions which draw visitors to historic Fort Barry.

These batteries, and four others like them, were part of the coastal defense artillery used to protect the bay from enemy warships. The artillery used was designed to match the range of the best artillery used on warships. It was probably an effective defense, too, considering these guns never fired a shot in anger.

But there are more than abandoned bunkers in the Fort Barry area, as visitors discover year round.

From the north end of the Golden Gate Bridge tourists can take Conzelman Road along the ridge northwest of the bay and then turn north to Bunker Road and the secluded valley of Fort Barry.

There, soldiers and their families will find the Fort Barry housing area, one of the quietest, scenic neighborhoods of the Presidio.

But there's even more.

Soldiers interested in horses can use the Presidio Riding Stables located in Fort Barry. All of the horses there belong either to soldiers from the post or to Department of the Army civilians. Some of the owners train their horses for shows and take their steeds to riding competitions throughout the state. Call the Presidio Community Recreation Division for information about the riding club. The number is **561-4356**.

Traveling further west on Bunker Road, visitors eventually will come to the California Marine Mammal Center at Fort Cronkhite. The CMMC was formed in 1975 and is part of the National Park Service.

The CMMC dispatches volunteers to rescue marine mammals. Small harbor seals to 600-pound sea lions, dolphins and whales are among those mammals rescued. The CMMC operates in an area from San Louis Obispo in southern California, north to the Oregon border (see page 6 for more information).

The center has an education department which teaches the public about marine ecosystems, leads coastal excursions and allows visitors to see up close some of the "patients" — injured seals and sea lions which have been rescued. Call their visitors' center at **331-0161** for information about tours.

And, just a few hundred meters further west, is Rodeo Beach, one of two beaches open to the public in Fort Barry. The other is the beach in Bonita Cove, but Rodeo Beach is the larger of the two. Even when the fog snakes through the Golden Gate, Rodeo Beach tends to be bright and sunny.

And the waves. Boy, does it have waves. Surfers can be found there every day, all day. The water is crisp, there are hiking trails and picnic areas nearby, and the beach sand tends to remain cool all day.

Of course, the best time to visit the Fort Barry area is during the week. Why? Because, just like the rest of the Presidio, Fort Barry seems to be one of the Bay Area's hottest tourist attractions on the weekends.

Now you know what the "other" side of the bay has to offer, all you have to do is enjoy it!



Cindy Wiltshire trots her horse Topper through the pen.

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Sports



Linwood Bradley (DOL) tries to block USAG's Dale Kennedy (20). James Williams (30-USAG) looks on.



Clayton Beebe (10) sinks the shot.

DOL wins championship!

story and photos by Pleasant Lindsey III

DOL's passing game and prolific fast breaks stole the show March 23 when they whipped USAG 71-58 in the Intramural Basketball Championship at Gym No. 1.

Although USAG placed second in the tournament, they were still ranked first overall.

Nate Washington led DOL with 18 points, including two 3-point baskets. However, 11 of his points came in the second-half of the game. DOL's 36 first-half points were spread out among nine players, and included a 3-point basket by Linwood Bradley, his only basket of the game.

Washington, Patrick Hopper and John Champion ran fast breaks for DOL for almost the entire game.

DOL controlled the ball at both ends of the court with their accurate passing game, and John Lawler made key steals to keep the ball out of USAG's hands most of the first half.

Dale Kennedy and Sheldon Martin combined for 18 of USAG's 25 first-half points.

"We started out slow in the first half, and we may have let our emotions get the best of us," said Kennedy, winner of the league's Outstanding Athlete award.

"We picked up our momentum in the second half, but by then DOL was running away with it. They had the better team on the court."

Even some of the fans expressed surprise at the margin of victory. The two teams seemed to be pretty evenly matched, and USAG never could be counted out until it was over.

During the week it seemed USAG was learning its ABCs. They beat Company C, 864th Engineers one night, beat Company B, LAMC, the following night. Then, on March 21, Dale Kennedy pulled another trick from his sleeve and led USAG from a seven-point deficit with 30 seconds left in regulation play to beat Company A, LAMC, in overtime. DOL was USAG's fourth opponent in as many nights.

"We beat A, B, and C, but got stopped by D," Kennedy proclaimed.

But don't let the score fool you. That 13-point spread is just an indicator of how dominating DOL was that night.

"Our game plan that night was the same as always — play good, tough defense. We pressure them 94 feet with man-to-man coverage," explained DOL's coach Sherman Taylor.

"Basically, I'll take my best defensive player, put him on their best offensive player, and go from there.

"Playing man-to-man is like a chess game. If you can match up, then there's no excuse. If they beat you, they beat you; and it's up to me to make the adjustments."

And adjust they did.

Kennedy and James Williams tried to start a late rally with a couple of baskets, and Tim McLain lobbed an off-balanced, nearly out-of-bounds 3-pointer that indicated another miracle was in the making. But DOL's passing game stole that moment too.

"You have to be intense, you have to be in shape and you have to have at least 10 to 12 players," is the philosophy coach Taylor goes by. "We always have a ball handler, a shooter and a rebounder in the game, and we just try to out-hustle the other team."

That was the game plan, and it was unstoppable.

Sports Briefs

Intramural Bowling League

The 1989-90 Presidio Intramural Bowling League rolled its final position round March 13. Co. A, LAMC, won top honors as the 1989-90 Intramural Champions, with LAIR No. 1 as the runner-up.

Final team and individual results

1. Co. A, LAMC (71-25)
2. LAIR No. 1 (58-38)
3. LAIR No. 2 (56-40)
4. Co. B, LAMC (55-41)
5. RGPSF (54-42)
6. DCSPER (53.5-42.5)
7. DCSIM (52-44)
8. SJA (51-45)
9. CRD/LCA (50-46)
10. 864th Engineers (39.5-56.5)

Individual honors

High Game Scratch — Tony Lecroy, 300; Louisa Davis, 234

High Game Handicap — Ben Villanueva, 308; Louisa Davis, 213

High Series Scratch — Tony Lecroy, 729; Louisa Davis, 621

High Series Handicap — Tony Lecroy, 729; Louisa Davis, 591

High Average — Tony Lecroy, 196; Louisa Davis, 176

Most Improved Bowler — James Larsen, +14

SGM Bowling Roll-offs

The Annual SGM Roll-offs were held March 20 at the Bowling Center, with nine teams playing. Results were based on total pins with each team bowling six games. Co. A, LAMC took top honors as the 1990 champions, with the Readiness Group as runner-up.

Final team results

1. Co. A, LAMC (4,533)
2. RGPSF (4,350)
3. Co. B, LAMC (4,332)
4. SJA (4,322)
5. LAIR No. 2 (4,288)
6. LAIR No. 1 (4,254)
7. DCSPER (4,249)
8. 864th Engineers (4,116)
9. CRD/LCA (4,076)

Individual honors

High Game Scratch — Joe Krogman, 226; Louisa Davis, 234

High Game Handicap — James Coffey, 237; Louisa Davis, 237

High Series Scratch — Joe Krogman, 625; Louisa Davis, 578

High Series Handicap — Sylvester Smith, 680; Louisa Davis, 587

600 Series — Joe Krogman, 625; Tony Lecroy, 617/600; Sylvester Smith, 617

Presidential Sports Award

The President's Council on Physical Fitness has 49 sports challenges ranging from golf to jogging which are designed to test and promote fitness. Anyone who completes the challenge in their sport(s) qualifies for the Presidential Sports Award. Participants spend about 50 hours over a four-month period. It is a commitment to having fun and increasing fitness in your favorite sport.

For an entry blank or more information, call Bob Darling, fitness coordinator at **561-4120** or **561-4131.**

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Community Calendar

National Medical Laboratory Week

The week of April 8 to 14 has been designated National Medical Laboratory Week to increase public awareness of the key role laboratory professionals play in health care.

This year's theme, "Discover the Laboratory Professional - Advancing Health Care in the '90s," stresses the importance of laboratory workers in providing tests that are used in the diagnosis, treatment and prevention of disease.

In recognition of National Medical Laboratory Week, and as a service to the LAMC community, the Department of Pathology will offer cholesterol testing to all eligible beneficiaries and DoD employees. Come to the laboratory anytime during the week of April 9 to 13, from 7 a.m. to 4:30 p.m.

No physician referral or fasting is required and results will be mailed directly to your home.

High blood cholesterol levels are a leading cause of coronary heart disease.

The laboratory at Letterman medical technicians, and other assistants and clerical personnel, who are dedicated to providing timely, accurate lab results. On a typical day the laboratory receives over 1,200 specimens of various kinds and performs more than 10,000 tests from a menu of nearly 450 procedures.

Computer Center hours expanded

Presidians will have more opportunities to use the Education Center's Computer Based Learning Center in building 1216. Beginning Monday, operating hours will be 7:30 a.m. to 8 p.m.,. Monday through Thursday, and 7:30 a.m. to noon on Friday. Soldiers and their adult family members, civilian employees and military retirees are eligible to use the Computer Center free of charge.

For information, talk to a counselor at the Fort Scott Education Center, at **561-2974** or **561-4445**, or the LAMC Education Center, **561-3692** or **561-4791**.

Free college transcripts

Enlisted soldiers and veterans worldwide who entered the Regular Army on or after Oct. 1, 1981, and remained on active duty on or after Jan. 1, 1984, are eligible for the free Army/American Council on Education Registry Transcript System transcript service.

The transcript documents formal military course completions, experience in Military Occupational Specialties, Skill Qualification Test scores, additional skill identifiers, and special qualification identifiers. It also documents scores for College Level Examination Program General and Subject Test, DANTES Subject Standardized Tests, Scholastic Aptitude Tests, American College Testing Program and ACT Proficiency Examination Program.

The AARTS transcripts describe the skills and abilities expected of soldiers completing formal military school training and working in Military Occupational Specialties. The descriptions and relative college credit recommendations are the same as those which ACE publishes in the Guide to the Evaluation of Educational Experiences in the Armed Services.

Eligible soldiers and veterans can request AARTS transcripts for personal reference and for use by college registrars to award credit, by potential employers to hire veterans, and by Army Education Center personnel for career and educational counseling.

For your AARTS application, see a counselor at the Fort Scott Education Center, building 1216, **561-4445**; or the LAMC Education Center, building 1014, **561-4030**.



photo by Joyce Rudolph

Lovelorn

Miss Dolan (Anne Archer) honeys semi-klutz detective Harry Dobbs (Tom Berenger) in *Love at Large*. The romance, which opens in San Francisco Friday, promises a private eye-full of comedy.

LOTUS 1-2-3

A workshop for Presidians who can operate a computer and need to learn a spreadsheet program will be offered at the Education Center, Monday and Wednesday, from 12:30 to 3:30 p.m., April 9 through May 9. The course is free for active duty soldiers; all others pay $200.

To obtain the required enrollment form, or for more information, see a counselor at the Fort Scott Education Center, building 1216, or the Letterman Army Medical Center Education Center, building 1014.

ENABLE training

All three applications of ENABLE — wordprocessing, database and spreadsheet — will be taught in an "ENABLE Overdrive" workshop, Monday and Wednesday, from 12:30 to 3:30 p.m., May 14 through June 18. The classes are free for active duty soldiers; others pay $200.

To obtain the required enrollment form, see a counselor at the Fort Scott Education Center, building 1216, or the Letterman Army Medical Center Education Center, building 1014.

POWC events

The next Presidio Officers' Wives' Club luncheon will be April 5 at 11:30 in the Officers' Club ballroom. The featured speaker will be Judith Wall, author of "Handsome Women." Make your reservations by noon Monday by calling Gerri Margetts at **563-9807** or Judie Goertemiller at **567-0381**.

Join the next POWC tour April 12 to the Frank Lloyd Wright exhibit in Marin County. The cost is $5. Call Ellen Litney at **346-9436** before April 10 to reserve your space.

Passover/Easter week services

A Passover Seder will be offered to soldiers April 10 with the Congregation B'Nai Emunah at 3585 Taraval in San Francisco. Call Ruth Callmann at **561-4397** for information.

Holy week services at the Chapel of Our Lady will follow this schedule: April 7, Blessing of Palms, 5 p.m.; Palm Sunday Mass April 8, 9 and 11 a.m.; April 9, 11:35 a.m.; April 10, 11:35 a.m. and Penitential Service at 7 p.m.; April 11, 11:35 a.m.; Holy Thursday Mass April 12, 5 p.m.; Good Friday Liturgy April 13, noon; Holy Saturday Confessions April 14, 3 to 4 p.m. and Liturgy 5 p.m.; Easter Sunday Mass April 15, 9 and 11 a.m.

The Protestant worship schedule will be: Palm Sunday, April 8; Post Chapel Service, 9 and 11 a.m.; Fort Scott Chapel Service, 11 a.m.; Religious Activity Center Sunday School, 9:30 a.m.; and Fort Scott Chapel Gospel Service, 12:30 p.m. On Good Friday, April 13, the Post Chapel Service will be held at 11:30 a.m. The Easter Sunday, April 15, schedule will be: Post Chapel Memorial Garden Sunrise Service, 7 a.m.; Post Chapel Service, 10 a.m.; Fort Scott Chapel Service, 11 a.m.; and Fort Scott Chapel Gospel Service, 12:30 p.m.

Flea Market

The next Thrift Shop Saturday opening and Flea Market will be April 7. Bring a table, valid military ID card and rent a vendor space for $5. There is an additional charge for extra space. No reservation is needed. Reservists may rent vendor space upon presentation of a valid military ID card plus a current LES. The Flea Market is open from 7:30 a.m. to 6 p.m.

At the Movies

Presidio Theatre

Fri, March 30: Back to the Future II (PG), 7 p.m. Michael J. Fox, Christopher Lloyd. Marty McFly goes not into his parents' past this time, but into his own future to battle the bully Biff.

Sat, Mar. 31: Ski Patrol (PG), 7 p.m.

Sun, April 1: War of the Roses (R), 7 p.m. Michael Douglas Kathleen Turner. Witness the demise of a blissfully happy marriage into a chaos of bitter confrontation.

Mon, April 2: Mortal Passions (R), 7 p.m. Zach Galligan, Drista Errickson. A wife plots to have her husband murdered, but to make it look like a suicide.

Fri, April 6: The Little Mermaid (G), 7 p.m. Disney's animated tale of a spirited and lovely young mermaid who is obsessed with humans and their possessions.

New theater hours

The Presidio theater experienced a tremendous financial loss the last several years; community support declined by 50 percent. Through the decline in attendance and budget cuts, Army Air Force Exchange Service was forced to reduce the post theater to a four-day operation.

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- RIB STEAK
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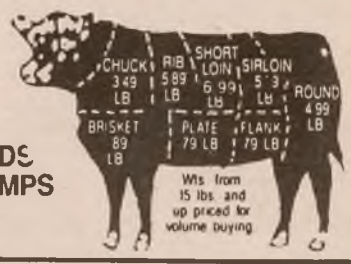
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LACEY

What's the new garrison deputy like? page 5



EARTHQUAKE

Shake, rattle and roll– are you ready? page 6



NIGHTTIME

Who works the hard day's night? page 7



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Star Presidian

Vol. 33, No. 15 | Published in the interest of the people of the Presidio of San Francisco | April 12, 1990

Hiring Freeze News

Nothing new on the hiring freeze has been received within the past week. Our request for entire exemption from the hiring freeze is still in the mill, but no decision has been formalized. We were able to bring on board 21 employees within the last month due to approved exceptions or from positions or organizations exempt from the freeze, so we are making some progress. Again, we'll keep you posted on changes or any new guidance.

—Civilian Personnel Directorate

News Briefs

Earthquake preparedness briefing

Did you find yourself wondering what you should *have been doing during or after the Oct.* 17 quake? Come and find out what you can do to prepare yourself and your family for the next one by attending one of the classes held at the post theater, building 99, April 25.

The first class (restricted to active duty soldiers) will be held from 8 to 9:30 a.m. The second and third classes (open to all Presidians) will be held from 10 to 11:30 a.m. and 1 to 2:30 p.m.

For more information, call **561-3636.**

Dining facility closes

The 101B Dining Facility will close permanently after the lunch meal April 30.

SJA closure

The Office of the Staff Judge Advocate in buildings 222 and 223, will close at 1:30 p.m. April 20.

Legal Assistance walk-ins

Beginning Thursday, April 19, the U.S. Army Garrison Legal Assistance Office in building 223 will begin a new policy of walk-in legal assistance. If you do not need any documents prepared or letters written you may walk in for assistance.

People must be signed in at the office by 8 a.m. and clients will be seen on a first-come, first-served basis. Active duty soldiers in uniform will receive first priority.

For more information, call **561-4273.**

MOS/Medical Retention Board

The MOS/Medical Retention Board previously scheduled for April 17 has been rescheduled for April 26 in building 38 in the Sixth U.S. Army Conference Room.

The point of contact for this headquarters is Spec. Jerard D. Lomax or Ador C. Calica at **561-2151** or **561-3297.**

see News Briefs, page 3



AIDS: How goes the war?

by Pleasant Lindsey III

The Army is pushing to regularly test soldiers for AIDS, and with good reason—it's the only way soldiers will know for sure whether they've been infected by the virus, or not.

HIV—Human Immunodeficiency Virus—causes Acquired Immunodeficiency Syndrome, a disease for which there isn't yet a proven cure.

An article in the March 26 issue of "Insight" magazine stated that the Pentagon has given HIV-antibody tests to approximately 2.1 million active duty military men and women and a nearly equal number of armed services applicants.

Approximately .3 percent of the total active duty force was found to be infected with the virus. More than 2,500 armed forces applicants were found to be infected, and weren't allowed to enter the military.

The life expectancy for an HIV-infected person is 10 to 12 years. Soldiers who are found to be infected are allowed to finish their terms of service as long as they are fit for duty.

At one point the Army's rate of infection was 0.77 per 1,000 soldiers. Now, according to Theresa Coleman of the post's Preventive Medicine Department, that rate has fallen to 0.5 per 1,000.

Mandatory testing

Though the rate of infection may not (at first glance) seem alarming, any death due to disease is one death too many—especially when the death comes from a disease with no known cure.

The Army is fighting this disease with prevention and with mandatory testing.

Active duty service members are tested for HIV once every two years. During the test, their blood is drawn and tested for the HIV antibodies.

(Blood banks have been testing donors' blood for HIV antibodies since March 1985. Both Irwin Memorial Blood Bank and the blood bank at Fort Ord, Calif., conduct blood drives on the Presidio. They also supply blood for LAMC.)

The advantage of this new push to test for HIV and AIDS is that the soldier will "know for sure."

But there is more to it than just drawing blood—the soldier should understand the impact of the disease.

Therefore, soldiers at the Presidio are required to attend an HIV training session annually. The session features a video presentation titled "AIDS: A Soldier's Story," which explains how the disease is contracted.

To be sure, the video is about prevention. At the end of the video, viewers discover the master sergeant narrating the video has tested HIV-positive.

The message thereafter is cryptic. The viewer is never told how the narrator acquired the virus, and even he has no idea when it will turn into full-blown AIDS.

"The Department of the Army has determined that prevention is definitely the key to combating this disease," said Coleman.

"There is a command emphasis from DA level on education, so we've implemented a tracking system to make sure all active duty soldiers get the education and information they need about HIV and AIDS."

She said soldiers' names are stored by computer and they can be tracked throughout their career to ensure they continue to take their blood tests.

see AIDS, page 3

Voices

Presidio View

by Lt. Gen. William H. Harrison



This week on post

Dear Presidians,

Yup, you're right! Another GREAT week to be at the Presidio of San Francisco—A Very Special Place! As we all know, the weather people tell us we need rain, but in the meantime, the weather has been glorious—so enjoy!

Headquarters Command Battalion had a super Dining-In on April 5. A good turn-out, the Officers' Club supported them well, and the punch bowl ceremony and the very "innovative" entertainment was very enjoyable. Capt. Cassidy missed his Oscar, but is in the running for a Hoo Ah!

The next morning the Battalion had a muster run. Great to see all the officers out and about following a Dining-in! Wonder if Maj. Benton planned it that way? Anyway, it's always great to run with the Battalion—lots of esprit, competition and jody calls. There's something special about a military post early in the morning with the beat of feet pounding the pavement at 120 per, the sounds of jody calls echoing from the formation and the special bond as soldiers run together. Yes, the life of a soldier is very special.

On Friday I had the honor of reenlisting my administrative assistant. Cpl. Timothy McLean reenlisted for an accompanied tour to NATO Headquarters in Belgium. We hate to see Tim and Kat go, but we're happy he has decided to stay in and that he got the assignment he wanted.

Although I missed it, our latest Bosses Night was held at the NCO Club on Friday night. Thanks again to our NCO Club for sponsoring these affairs.

Friday was a big day at the Presidio Army Golf Club. The local AUSA Chapter held its annual tournament. We had a record turn-out, the weather was great and everyone had a great time. Our thanks to Brig. Gen. Bob Menist, the AUSA president, and S. Robert Walsh for sponsoring a super event. Our AUSA Chapter does so much all year long to support our soldier programs. Also, a special thanks to all our sponsors and benefactors of the tournament. Now you will note I did not mention the quality of golf played by some people! At least all participants know I do not spend all my time on the golf course! Hoo Ah! Finally, a special thank you to the Presidio Army Golf Club and the Presidio Golf Club for their support of this event.

During December '89 and January '90, the U.S. Army Commissary system sponsored a special promotion to support the American Red Cross Earthquake Relief Fund. Recently we received a special thank you to our commissary—and each of you—for your support of this effort. It was a resounding success and again—you exhibited your generosity and concern for those less fortunate. Thanks and Hoo Ah to each of you.

Recently one of our civilian neighbors brought to my attention the performance of a special group. Seems on Saturday, March 31, this visitor observed the Daly City Recruiting Company holding formation and training for about 115 Delayed Entry Program (DEP) recruits in the vicinity of our parking lot. They had a formation, presented some awards, had a map-reading class and ended up at Fort Cronkhite for practical exercise. To Capt. Parker and 1st Sgt. Prather and all their soldiers, Hoo Ah!

Had a very special letter last week from T. G. Partridge, the manager of our local PX. He wrote me to cite two soldiers who, on their own, "performed a valuable service to the Army and Air Force Exchange Service and to the military community in giving chase and physically detaining a shoplifter." Hoo Ah! To SFC Tolliver and SSgt. Riecke, I add my congratulations for doing what was RIGHT. Thanks for caring and being willing to get involved.

Our latest issue of "The Deep" is out—our DPCA newsletter. Again, it's full of good info on all that's going on on post.

Attended a super ceremony at LAMC on Friday—two promotions and three awards—plus a birthday party for Brig. Gen. Burger! Congratulations to Col. Bill Bergman who was promoted to full Colonel; to Maj. Spaulding promoted to Lt. Col. and received an MSM; to Col. Hales who received a LOM [Legion of Merit] as he retires from the service; to Lt. Helmes who received an ARCOM as she ETSs from the Army (who enlisted three soldiers to the Transfer Point

see This Week, page 3

Ramblin' Sam

"Should doctors report AIDS to the sexual partners of people who are HIV positive?"



Bernard M. Cousart, computer analyst at SIDPERS: "Yes, so people will be aware who has AIDS and be treated immediately."



Spec. Michael A. Williams, personnel systems management specialist, senior analyst at SIDPERS: "Yes, if they know it would be very important because that is something you wouldn't tell your partner until it is too late."



Pv2 Rich D. Rendon, personnel administration specialist at SIDPERS Interface Branch: "No, I think it's up to the person who has AIDS. It's wrong for that person to be giving people AIDS, but he still has a right to privacy."



A. C. Calica, Chief, Military Personnel Operations Branch: "Revealing information to a third party is an invasion of someone's privacy and a physician's code of ethic violation. However, to prevent the disease from spreading, two things must be remembered: Educate people and use of precautions must be taken seriously."

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The *Star Presidian* is an unofficial publication authorized by AR 360-81. Editorial content is prepared, edited and provided by the Public Affairs Office of the Presidio of San Francisco, California. The *Star Presidian* is published weekly by Coast Publishing, a private firm in no way connected with the Department of the Army, under exclusive written contract with the Presidio of San Francisco, California.

The *Star Presidian* editorial offices may be reached by calling 561-3908.

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Spec. Jeol P. Smith
Pvt. 2 Adrienne D. Sims

Etc.

This Week continued from page 2

while she was out-processing); and to Capt. Castra who received an AAM. Great ceremony!

Finally, April is the Month of the Military Child. We often cite the Army spouse as someone special. But, so is the Army Child. As the father of two sons, I know this for a fact. The longest my boys have ever lived in one place is two-and-one-half years at Fort Ord. Most military children experience this. They move often, have to end friendships and make new ones, and always the new kids in class or on the block, miss out on sports and extra-curricular activities, live in strange places where people speak different languages and follow different customs, where dad is anxious to get into a new job and mom wants to get the house settled and kids' needs sometimes go unnoticed. So, during April, let's all recognize our military children—they are special—they, too, are good soldiers to live this life we provide them. So—tell them so—pat them on the back and most of all—LOVE THEM—cause every month should be the Month of the Military Child! They deserve a big, loud Hoo Ah!

God Bless you all.

William H. Harrison
Lieutenant General, USA
Commanding

"Some men see things as they are and say 'Why?' I dream things that never were, and say 'Why not?' "
—G. B. Shaw

Aids continued from page 1

Closure hurts program

While prevention and testing will be a priority, treatment will suffer due to budget cuts and base closure.

LAMC is cutting the size of its treatment facilities in half, and will be used only as a clinic within two years.

Also, the post's HIV program is staffed by civilians, many of whom are leaving to find new jobs due to base closure, Coleman said.

Still there is a glimmer of hope on the horizon for HIV and AIDS treatment.

Walter Reed Study

AZT has been approved for use in treating AIDS, as it prevents the virus from replicating itself. But that is not the same as a cure.

Col. James D. Bales, chief of Infectious Disease Services at Letterman Army Medical Center, said the Army is sponsoring the test of a new vaccine, the genetically engineered glycoprotein GP160. The vaccine is going through phase I trials conducted by Walter Reed Army Medical Center to determine its safety; although it may be too early to call it a vaccine, yet.

A phase I study is an extremely preliminary study that only determines the drug's safety—the Army has no idea whether the drug will work.

A phase I study is performed *only after* studies performed on laboratory animals show that the substance is not dangerous to the animals. Such a study is purely investigational, and is performed on human volunteers.

Hypothetically, a phase III study would be done to compare GP160 to AZT to see which one works better.

Right now the Army is trying to determine if GP160 is in any way dangerous to humans, and if there are any changes at all to a person's immune system. If GP160 doesn't have any *negative* effects, then the Army will begin phase II study to see if the drug has any positive effects against the AIDS virus.

If the drug shows any benefit in phase II, it is then put through the phase III study to determine if it's better than currently available drugs.

There's still no cure, but the all-out assault on AIDS continues.

News Briefs continued from page 1

LAMC elevators out

The Miller Elevator Service Company willl be repairing the LAMC elevators through July. The following is a projected "Out of Service" schedule:

Car No. 1—April 9 through 25; Car No. 2—April 26 through May 11; Car No. 3—May 14 through 22; Car No. 4—May 23 through June 1; Car No. 5—June 4 through 13; Car No. 6—June 14 through 22; and Car No. 7—June 25 through July 3.

For more information, call DEH Project Manager Gail Swann at **561-3211.**

Health warning

The Food and Drug Administration has expanded its current recall of products containing manufactured L-Tryptophan. The recall now includes all dosage levels of this amino acid, including those whose use results in a daily intake level below 100 mg.

Meetings with S.F. schools chief

San Francisco School Superintendent Ramon C. Cortines will discuss the present earthquake/safety needs of the San Francisco Unified School District at a series of community meetings to be held throughout the city. Parents and community members also will have the opportunity to ask questions on *any* matter that pertains to the School District.

The meetings will last from 7 to 8:30 p.m. The schedule is as follows:

April 17: Luther Burbank School, 323 LaGrande Ave.

April 18: Benjamin Franklin Middle School, 1430 Scott St.

New Army pay system

The U.S. Army Finance and Accounting Center, Fort Benjamin Harrison, In., has announced that the Army, both Active and Reserve Components, is converting to a new pay system beginning in 1991. The new system, known as the Joint Uniform Military Pay System/Joint Service Software (JUMPS/JSS), is based on the Air Force pay system.

According to Sixth U.S. Army Financial Service Branch and Presidio of San Francisco Finance and Accounting Office Military Pay Branch, the conversion to JUMPS/JSS has been going on for several years in preparation of the implementation date.

Some of the benefits of the new pay system include improved timeliness and accuracy, and a more centralized payment system. There will be more visible results as well: A new Leave and Earnings Statement, for instance. Also, Reserve Component soldiers no longer will be able to receive their checks at the unit; they must either receive the checks at home or at their financial institution. Active duty soldiers may use a unit address; however, all soldiers are encouraged to take the "Sure Pay" option (the check goes to their financial institution) if they do not already have it. Pay accounts will be reviewed for proper address (home or bank), and if there is no acceptable check address, no check will be issued. Active duty commanders will receive a roster of those soldiers who need to change their check address with the April Leave and Earnings Statements.

The only other change soldiers may have to make as a result of JUMPS/JSS involves the mid-month pay option. Soldiers who have a mid-month pay option of less than 50 percent must change their option to 50 percent under the new system.

Letters to the Editor

Do you have something to say which someone *should* say? Then be that someone!

All you have to do is write a Letter to the Editor and address it to:

Editor: *Star Presidian*
ATTN: Letters to the Editor
Building 38, Room 11 (Basement)
Presidio of San Francisco, CA 94129

Please note that although we have a new address, we still can be reached at **561-3908.**

Although we *like* to receive double-spaced, typed letters; it isn't necessary. What's important is that we hear from you.

However, it is necessary to include your name with your letter. If you don't wish for your name to appear with your letter, let us know and we won't list it. But remember: We will *not* run any letters without a name on the letter. It's also a good idea to include a phone number where we can reach you if we have any questions.

Let's hear from you!

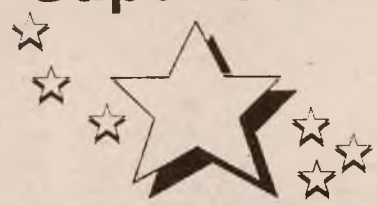
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The newspaper office has moved to the following address:

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Presidio of San Francisco, CA 94129

Please note we still can be reached at our old phone number **561-3908.**

Nominate a Super Star!



See your supervisor for a nomination form for the Federal Employees of the Year Awards. You can nominate any deserving co-worker.

Employees of the Year

The Federal Executive Board currently is soliciting nominations for the 1990 Federal Employees of the Year Award Program. This program recognizes civilian, military and postal employees who have demonstrated a high caliber of performance and dedication in their various fields, to their communities or by overcoming severe handicaps.

Any employee who knows a deserving person is encouraged to nominate that person. The deadline for nominations is May 15.

For more information and forms, contact your supervisor or B. J. Benton, Incentive Awards, Civilian Personnel Directorate, **561-2991.**

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People and Places

Plan your PCS—don't be left out in the cold

by Adrienne Sims

The wind carried the snowflakes in circles almost creating a tornado effect. The temperature began falling, and there stood a soldier shivering outside the airport. His hands were bare and his arms sleeveless.

He looked around at the unfamiliar faces and surroundings. The people were all dressed in winter coats, hats and mittens. "If only I had started the PCS process earlier, I wouldn't be standing out here freezing to death in a strange country!" he thought.

Maybe all this soldier's problems can't be blamed on not planning his *PCS* but... it certainly would have helped.

You might end up in a situation similar to this soldier's if you don't begin PCS processing and take care of the shipment of your goods as soon as you receive your orders.

There are forms to fill out, phone calls to be made and people to see, and this takes two to four weeks, according to travel clerk Angela A. Campbell.

It takes even more time (and, of course, more paperwork) if you are planning to take your family overseas.

Although the majority of soldiers don't need passports, their families do, Campbell said. She suggests family members apply for passports 30 to 60 days in advance of the PCS date. They can apply for their passports in building 87.

You and your family may wish to leave from your hometown instead of San Francisco. This is possible because you can leave from almost any port in the United States, although you're authorized travel from your last duty station. If your hometown happens to be closer to your PCS location; it's your choice. You can get any information about which ports you may leave from in building 35 in the travel department.

Where and how you and your family leave aren't the only important aspects of the PCS process.

Of course, if you are going overseas, you will need to bring along some personal items.

The Army pays to ship these personal items, but you can't exactly bring along the kitchen sink at no expense. The Army sets a weight allowance which limits the amount that may be shipped at government expense. Anything that exceeds your weight allowance will be shipped only at personal cost.

If you plan to stay in the enlisted quarters once at your new duty station, you can only ship 1,200 to 1,500 pounds at Army expense, according to Daniela M. Duff, counselor at the personal property office.

If you think 1,500 pounds is not enough, then you'll have a problem if you are going to Korea. Your command may allow you only one-fourth of the usual total authorized allowance.

Although you may feel that isn't enough weight for your property, don't spend too much time complaining, or you may find yourself with no packages at all.

Duff suggests you send your property as soon as you receive your orders so your packages will be there when you arrive. It takes 37 to 60 days for your property to arrive, according to Duff.

Don't worry about your packages if they get there *before* you arrive because the Army will take care of them.

The Army will store your property up to 180 days if you have requested quarters which are not available.

When you arrive overseas you may want to go cruising. Well, the Army can help in that area also.

The personal property office doesn't handle shipping POVs, but they can counsel you and you can be helped at Oakland Army Base where the paperwork is done.



photo by Steve Morey

If you start PCS processing soon enough, you will have everything you need, your family, something to wear and something to drive.

If you still have questions about the PCS process, you can get more information at the travel office.

If you're planning to PCS, begin the process immediately after receiving your orders, or you may find yourself going nowhere, lonely because your family isn't there, or simply left out in the cold.

Deputy Commander may be 'Lacey' but not a softie

by Joel P. Smith

The new deputy garrison commander is a shock to some people's system.

"People are shocked, astonished, when they see me," said the deputy, who is lean, but not green and mean.

Dorothy M. Lacey is the first woman—and the second civilian in recent years—to hold the garrison's number two slot.

She said visitors to garrison headquarters are a little surprised the deputy wears a dress.

For example, they'll walk in and ask to see the commander.

He's not in—will the deputy do, she replies.

Sure, go get him.

I am him.

No!

No really.

"What you see is what you get," Lacey said. "I have enough self-confidence that I take it as though they just haven't been exposed enough."

"What you see is what you get," Lacey said.

She generously added, "I never take it as a personal affront."

Lacey, 43, took the deputy's position in December 1989. Formerly, she was head of the Directorate of Contracting, from February 27 to mid-December 1989.

She said during her tenure at DOC, the directorate passed its first administrative inspection in the organization's history.

Inspectors from Fort McPherson, Ga., reviewed DOC's purchasing, contracting and operating habits and, in a first, pronounced them "satisfactory."



photo by Duvel White

Dorothy Lacey discusses her work philosophy.

"When I took over DOC, an inspector told me we weren't at the bottom of the barrel, we were under it," Lacey confided.

She restructured the organization and put it in compliance with government regulations. Lacey admitted it took a heavy hand and a great deal of work—up to 60 hours a week.

"You take actions not necessarily to make people like you," Lacey explained, "but because of what needs to be done.

"I'm not in a position because I won popularity contests."

Lacey said her success at DOC was the result of teamwork. "It was the [DOC restructuring] team that did it," she said. "Without their help, I couldn't have done anything."

With 22 years of federal service—she had positions with the Department of the Interior, the National Park Service and the U.S. Geological Survey—Lacey plans to finish her career in San Francisco.

She noted she's lived in the Bay Area since 1964, and is quite familiar with the post.

Lacey said that while she's the first woman to occupy the number two position at garrison, she'd rather people not focus on the issue.

"I don't look for differences," she said. "I look for similarities. I don't think I can do this job any better because of my sex."

"I don't look for differences," she said. "I look for similarities."

But she would appreciate it if people quit assuming she was at staff meetings to make the coffee.

"At a lot of meetings, I'm the only woman," Lacey confided. "People look at me as if they were expecting me to make the coffee..

"Or they ask me to take notes," she added.

"I say, 'Sorry, I don't take notes.' "

RRRR Rumble

Don't find yourself unprepared for the *next* one

If October 17's major earthquake didn't jolt you into action perhaps Friday's 4.5 earthquake (as measured on the Richter scale) reminded you to prepare for the *next* one.

The following tips were provided by the American Red Cross. Have on hand...

- **Flashlights and a portable radio,** both with spare batteries. Do not use matches or candles after a quake. (Gas leaks may exist.)
- **First aid kit and first aid knowledge.** You and your family should take basic Red Cross first aid and CPR courses. Call **561-2187** to sign up for post classes in building 97.
- **Fire extinguishers;** Class C extinguishers work with any kind of fire. Also make sure your whole family knows how to use your extinguishers.
- **Food.** Keep a supply of nonperishable food on hand, including *at least* a 72-hour supply of canned or dehydrated food, powdered milk and canned juices. Dried cereals, fruits and unsalted nuts also are a good source of nutrition.
- **Water.** You should have at least three gallons of water per person for a 72-hour period. Store the water in air-tight containers and replace them every six months. Purification tablets such as Halzone and Globaline should be used; but first, of course, read the bottle label.

American Red Cross' Peter Ashen said, "People take water for granted. You should strap your water heater to the studs of the house to keep it secure. You'll need every bit of that hot water if help can't get to you for three or four days."

- **Special items.** Have at least a week's supply of medications and special foods for infants or people on special medications or diets.
- **Tools.** Pipe wrenches and crescent wrenches would be needed to turn off gas and water mains. Each adult family member, including your family's older children, should know how and where to shut off each main.

Home preparedness

Teach responsible family members how to turn off electricity, gas and water at the main switch and valves. **DO NOT** shut off gas unless an emergency exists. If gas is ever turned off, remember that all pilot lights must be relit. Label the main water shut-off valve, found where the water enters the house.

Defective electrical wiring and leaky gas or inflexible connections are dangerous in an earthquake. Bolt down water heaters and gas appliances.

According to the American Red Cross, most injuries and deaths during a quake result from falling objects and debris. Place large and heavy objects on lower shelves; securely fasten shelves to walls. Brace or anchor high or top-heavy objects.

A masonry chimney could crumble through an unsupported roof. Be aware of this—don't seek cover near a chimney. Also, flammable liquids (such as painting and cleaning products) might be safer if stored in a garage or outside shed.

For free safety tip pamphlets from the American Red Cross on post, visit building 97 or call **561-2187.**

Off-post, you can call the Golden Gate Chapter of the Red Cross at **776-1500,** or visit their San Francisco office at 1550 Sutter Street.

(Reprinted from the Sept. 12, 1989 *Star Presidian* issue)



photo by Steve Morey

A compact earns its name, trapped beneath the crumbling facade of a three-story apartment complex in San Francisco's Marina district Oct. 18. Hundreds in the district were turned into the street by the quake, which set fires, and leveled homes.

Prepare *now* for the next quake

by Liz Greeley

The advice from the Red Cross certainly will help in the event of an earthquake like the one which hit Oct. 17, 1989. However, some things were learned through experience. For example:

- **Don't turn off your gas right away.** PG&E had problems with residents all over the city turning off their gas mains when it wasn't necessary. If you smell a gas leak, turn the gas off. Otherwise, listen to the radio for news from the utilities as to which neighborhoods should turn off their gas.
- **Have candles on hand.** Once your gas has been turned off, it is a good idea to have candles on hand for necessary light. (One Presidio worker actually kept her tropical fish alive with the help of candles.)
- **Keep plenty of batteries on hand.** The Red Cross recommends this, but it bears repeating. Doubtless, many Presidians remember batteries becoming hard to get or available only at inflated prices.
- **Have a camp stove.** If your gas is off for a week, those canned goods aren't going to do you much good, as some of us discovered to our chagrin. Various types of camp stoves which can handle regular pots and pans are available at many hardware stores now.
- **Make sure everyone has enough bedding to keep warm.** After a big earthquake, you may not have any heat—something we tend to take for granted. You may not have electricity for that electric blanket for several days either. So make sure you have enough blankets to keep your entire family warm.

A final word

For those of you who have art objects or souvenirs from your travels, there *are* ways you can keep them reasonably safe.

If you have objects sitting on a shelf (mantlepiece, whatever), you can tie fishing line around it and anchor it with a thumbtack. This will prevent your art object from falling off the mantlepiece. A *second* thumbtack immediately behind your object should prevent it from falling forward as well; especially important if your object or objects are fragile.

April is Earthquake Preparedness Month; if *you* have some earthquake tips you would like to share with other Presidians, simply call the *Star Presidian* at **561-3908.** The staff will print any new tips in upcoming newspaper editions during April.

At Night On The Presidio



Smith examines the container of the lab specimen ensuring it is secured.

It's a hard day's night on post

story and photos by Adrienne Sims

Suzie was sound asleep when she heard the sound of breaking glass. She lay in bed for a moment before she realized she wasn't dreaming. As she heard footsteps getting closer to her bedroom, she quickly asked herself many questions such as, "What am I going to do? How will I get out of the house? What is going to happen to me?"

Suzie took a deep breath and reached for the bedside phone and began dialing.

Ten minutes after she hung up the receiver, the prowler was handcuffed and being interrogated by the MPs.

Most Presidians don't think about those who protect our lives unless they are in a situation like the fictional Suzie, but every night the MPs, hospital staff, and firefighters are working to protect Presidians' lives.

There were no prowlers the night of April 4, but the MPs were still on duty all night; watching and waiting.

Emergencies do occur during the night, but traffic violations are the most common crimes committed on the Presidio, according to Military Police Spec. Spencer J. Crawford.

"Civilians that don't live or work on post don't realize that this is an Army post. They think it is a park, (and they don't get away with breaking laws.) I have a hiding place where I can watch them [law violators]," Crawford said confidently.

The MPs' neighbors across the street are also awake all night. They too wait for calls to come in so they can rush out and protect lives and property.

For the many nights the firefighters have no calls, there are beds at the station if they need to rest, and a pool table and television for entertainment.

The firefighters may be resting or playing pool but it only takes them 10 seconds to get out of the station, according to driver Jake A. Highland.

Presidians should feel safe. "We've never failed to get there [to a fire] in time," Highland said.

Not only do Presidians have the MPs and firefighters to protect them, but the hospital is also staffed 24 hours a day, seven days a week.

Although the hospital has a smaller staff at night, they realize the importance of their job and do what needs to be done to save lives.

Emergency Room Staff Nurse Capt. Catherine A. Butler said, "If we only have *one* sick patient we are really busy!" There are only two people on emergency room duty at night, so the two have to keep on their toes regardless of how tired they become.

The night shift is more difficult, according to Spec. Chuck E. Smith, emergency room staff member. "We have a shorter staff and more patients," he explained.

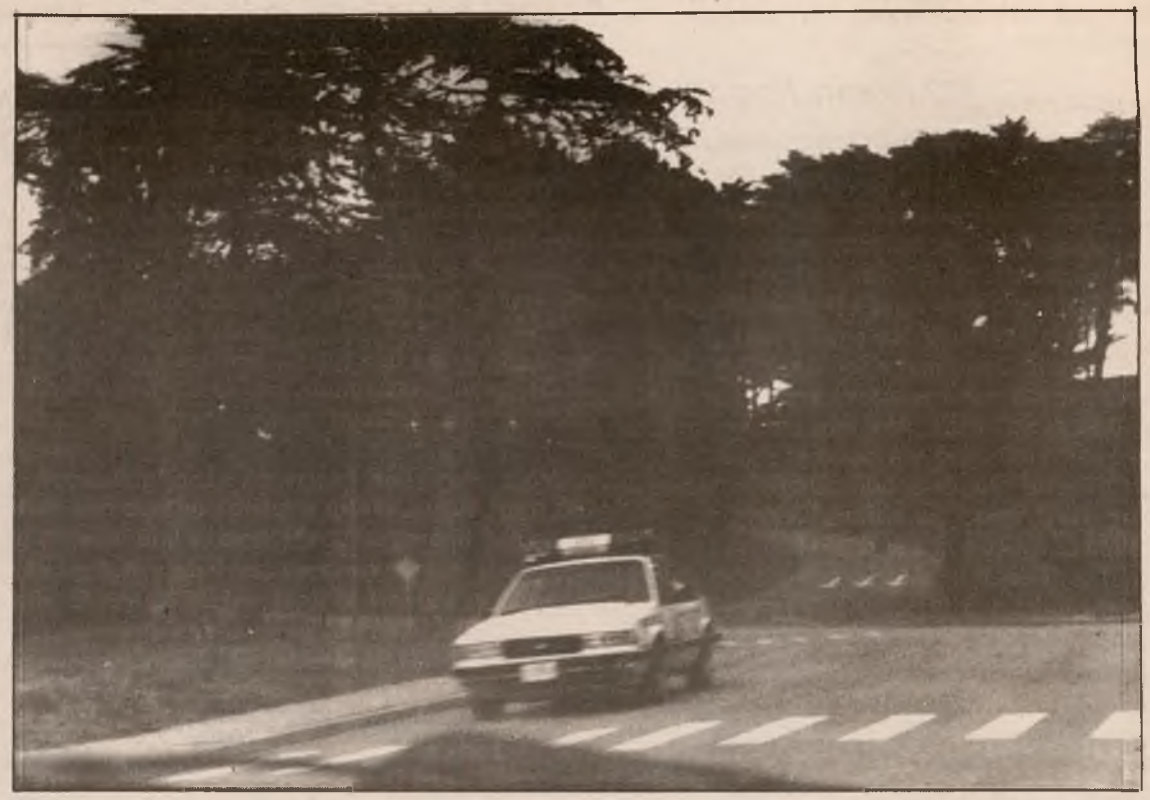
The emergency room is not the only busy place at night in LAMC. The chemistry lab staff also stays up with the stars *and* the sun.

"After hours, we run tests for those immediate health care needs," Chief of Chemistry Lt. Col. James E. Love said.

While we are tucked safely in our beds these people are awake, alert and ready to handle any emergency. Even if an emergency doesn't occur, these people are *still working so Presidians can* sleep easier.



Highland drinks coffee to help him stay alert during his 24-hour shift at the fire station.



MPs drive through Presidio making sure Presidians are safe.

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Sports

Armed Forces Team wins last-minute dazzler

story and photo by Pleasant Lindsey III

Down two points . . . one second left . . . Ronnie Gipson pulls up in the right corner, three inches behind the 3-point line . . . . Opposing fans scream "don't let him shoot!" The buzzer sounds, and . . . .

If you weren't at Gym No. 1 Thursday night, then you missed the stuff dreams are made of.

Ronnie Gipson's last-second shot for the U.S. Armed Forces Basketball Team sank the Blue and Gold Fleet, 123-122. That put the exclamation point on his 25-point performance.

Kevin Houston, playing his third year with the U.S. Armed Forces, added three 3-pointers in the first half.

Although Houston landed 15 first-half points and Gipson added another 14, it wasn't enough to hold back Blue and Gold's Erik Newman in the first half.

Newman scored 18 points in the first half, and his teammates James Dailey and Frank McKinney added 13 and 11 respectively in the first half.

The U.S. Armed Forces team's defense just didn't get back down court on Blue and Gold's fast breaks, and the first half ended with Blue and Gold ahead 64-57.

It should be pointed out that Blue and Gold is not a slouch team of ferry workers thrown together haphazardly.

Each member of their team has played college ball. Newman and Dailey played with St. Mary's in 1989, and McKinney played for Hawaii in 1987. These guys knew what they were doing.

And U.S. Armed Forces' coach Harold Johnson knew what *he* had to do.

In the second half, Johnson went to his bench more, gave Gipson and Houston some rest, and turned up the heat on Blue and Gold. The U.S. Armed Forces team nipped away at Blue and Gold's lead until the final seconds when Blue and Gold lost control of the ball with a 122-120 lead and seven seconds on the clock.



Soldier Mack Ruff, playing for the U.S. Armed Forces Basketball Team, shows the Blue and Gold Fleet how to *fly*.

Gipson made them pay for that mistake.

Gipson finished the night with 25 points, and Houston added 24 for the U.S. Armed Forces team. Blue and Gold's Newman led all scorers with 32, McKinney scored 22 points and Dailey finished with 17 for the night.

Presidians take shot at All-Army Bowling Team

story and photo by Adrienne Sims

A thundering sound was made as the 10 pins crashed to the bowling center's floor!

When the five individuals chosen to represent Presidio in the All-Army Bowling Team tryouts bowl, this crash is often heard.

Franklin J. Krogman, Anthony J. LeCroy, Paul T. Munshouer, Morena L. Villanueva, and Louisa Davis will leave today for Fort Huachuca, Ariz., to participate in the competition.

They were chosen by submitting a resume of all their bowling accomplishments.

Among these accomplishments; LeCroy has been the only person to bowl a perfect 300-point game at the bowling center.

The five Presidians will compete as individuals; not as a team, according to Bobbie H. Gascon, sports director.

Approximately 50 men and 25 women will be competing overall, Gascon said.

Krogman started bowling in junior high school and is not sure how he became interested in the sport. "I submitted a resume because Bobbie [Gascon] suggested it," said Krogman.

Bowling is an easy way to keep busy when you participate in more than one league. Munshouer participates in three leagues and tournaments.

"I started playing in 1961 when I joined the military. I played for fun," Davis said. She plays for a league every Thursday. "It's a great opportunity to try out and represent Presidio."



Although LeCroy enjoys bowling, he quit when he attended the Sergeant Major Course and when he went to Korea.

Villanueva is looking forward to the tryouts. "I don't have time to practice," she said. She participates in leagues and has not changed her bowling or work schedule to prepare for the tryouts. "I will try my best and take it one game at a time or one frame at a time, as the pros say."

"These have been the happiest days in the 19 years I've been in the Army," Munshouer said as he raised his arms high in the air.

When asked if he would like to go pro LeCroy responded, "That's for the young guys."

The top six men and six women will be chosen from the tryouts to advance to Camp Pendleton, a Marine Corps base, to play for the All-Army Bowling Team, according to Gascon. To qualify for the team, they must bowl 24 games in the 15 days they are at Fort Huachuca.

Gascon is confident that Presidio will be represented well.

If the thundering sound of the pins crashing to the floor is any indication, all five Presidians have the ability and opportunity to make the All-Army team and "shake up" Fort Huachuca.



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EOE

Community Calendar

Easter Egg hunt

Presidio Youth Activities is sponsoring and Easter Egg Hunt Sunday at the Youth Activities Center, building 1331.

Prizes will be given to each children's group as follows: Children ages 5 and 6; 7 through 9; and ages 10 through 12. The Easter Egg Hunt will be held at 10 a.m.

For more information, call Dee at **561-5910.**

1990 Veterans Benefits Handbook

One of the government's perennial best sellers, "Federal Benefits for Veterans and Dependents," has been updated for 1990 and is now available from the U.S. Government Printing Office.

Published by the Department of Veterans Affairs (VA), the 82-page handbook describes such VA benefits as medical care, education, compensation, pension, life insurance, home loan guaranty, vocational rehabilitation, and burial assistance.

Special sections contain information on medical benefits for veterans who were exposed to Agent Orange and radiation, and services for post-traumatic stress disorder. Employment assistance and other Department of Labor benefits for veterans are also described along with programs administered by the Department of Defense, Small Business Administration and other Federal agencies.

The new handbook, which ranks No. 5 on the federal government's list of all-time best sellers, contains sections on eligibility, benefits for former prisoners of war, women veterans, merchant seamen and information on the new U.S. Court of Veterans Appeals.

Addresses and local phone numbers of all VA offices, medical centers, national cemeteries, Vietnam veteran counseling centers, and other VA facilities are also listed.

"Federal Benefits for Veterans and Dependents" is available for $2.50 from the Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402.

User's Group

The monthly evening meeting of the Presidio Macintosh User's Group will be held on Tuesday from 6 to 8 p.m. in building 667.

Everyone is welcome. Call **561-2528** for more information.



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'Ernest Goes to Jail'

There's no escaping the verdict—loveable know-it- all Ernest P. Worrell (Jim Varney) is guilty of provoking first degree hysteria in his new movie "Ernest Goes to Jail." Gailard Sartain also stars. "Ernest Goest to Jail" opened Friday at the Alhambra and Empire.

Earth Day weekend

On April 21 and 22, in celebration of the 20th anniversary of Earth Day, the Exploratorium focuses on how critical it is for all humankind to live in harmony with nature. This weekend event features lectures, films, exhibits and the continuation of an ongoing hands-on conservation and environmental project at the Palace of Fine Arts Lagoon. Events are included in the price of admission to the museum.

Admission is $5 for adults; $2.50 for seniors and $1.50 for youths, ages 6 to 17. Members and children under age six are admitted free. Admission includes a six-month pass to the Exploratorium.

Medical school scholarships

The local Army Medical Department Officer Procurement Office has announced that applications for the Health Professionals Scholarship Program are now being accepted. Let the Army pay your way through medical or osteopathic school. The scholarship pays for full tuition, books, fees, equipment rental, and $706 monthly stipend.

For more information, call Maj. James Conrad or Capt. Florence Ellevan at **561-5441** or **561-3126.**

Medical Retention Board

All soldiers who have a permanent profile with a numerical factor of "3" or "4" will be mandatorily referred for evaluation to a MOS/Medical Retention Board. Soldiers with these numbers who have not been referred to an MMRB must call the Military Personnel Operations Branch, Ador Calica, **561-2151** or **561-3297**. The next scheduled MMRB will be held April 17 at Sixth U.S. Army.

Thrift Shop news

The Presidio Thrift Shop is looking for an energetic, enthusiastic self-starter to manage the shop. Applicant must have good organizational and communication skills, enjoy working with volunteers, and have a knowledge of problem-solving techniques.

The Thrift Shop also is seeking a bookkeeper who will have full charge of all accounts including consignments, taxes, general ledger, and who has IBM computer experience.

To apply for these positions, send your résumé to the Presidio Thrift Shop, P.O. Box 29094, Presidio of San Francisco, CA 94129; or call **922-3384** for more information.

Asian Pacific Heritage Week

During the week of May 7 through 13, the Presidio of San Francisco community will celebrate Asian Pacific Heritage Week.

The Equal Opportunity Office welcomes volunteers to help plan this event.

If you are interested, please contact the Equal Opportunity Office at **561-4158** or **561-4154** for more information.

Scholarship

A $500 scholarship is available for graduating seniors of enlisted personnel from the Presidio Enlisted Spouses' Club. Call now for an application. The point of contact is Peggy Fuhrman, who can be reached at **386-5619.** The application deadline is May 31.

ITT news

Hearst Castle trip

ITT's fantastic journey to Hearst Castle is planned for May 19 and 20. One night's lodging, transportation and a comfortable motor coach and Hearst Castle tour is included in the package price of $65 a person, double occupancy.

Baseball fans

All active duty soldiers are admitted free (general admission seating) to San Francisco Giants home games and admitted at half price (mezzanine, loge, plaza level, and upper reserved seating) to Oakland A's home games. ITT will not be selling baseball tickets this season.

New USO director

Presidio USO Director Ruth Ann Dorsey has been promoted to Director, USO San Francisco International Airport.

The new director at the Presidio is Maura E. Bockrath. Formerly marketing specialist at Oakland Army Base, she brings with her military experience and a wealth of information. Bockrath intends to strengthen and expand the job search program as well as the free ticket program and continue to host the Toastmasters. All of these services are free to active duty soldiers and family members.

The new hours of operation are Monday through Thursday, 9 a.m. to 4 p.m.

If you would like to volunteer, call **561-2436.** The USO is located in building 223's basement.

At the Movies

Presidio Theatre

Sat, April 14: Hard to Kill (R) 7 p.m. Steven Segal, Kelly LeBrock. Action thriller about a detective who stumbles onto a high-level political corruption scheme, only to be left for dead.

Sun, April 15: We're No Angels (PG-13) 7 p.m. Robert DeNiro, Sean Penn. Remake of the classic film about two crooks hiding out in the disguise of priests.

Mon, April 16: Stanley and Iris (PG-13) 7 p.m. Jane Fonda, Robert DeNiro. Romantic drama about a widow who befriends an illiterate factory co-worker.

Fri, April. 20: Downtown (R) 7 p.m. Anthony Edwards, Forest Whitaker. Two mismatched cops share danger, adventure and misunderstandings in this action comedy

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Boost your immunity to measles epidemic

Children in the epidemic area (currently Alameda County) should get their first Measles, Mumps and Rubella immunization at 1 year of age. Children age 5 and up, who have had their initial MMR, but not the booster, should get the booster **now.** Any child currently in school who has not had a MMR immunization or booster should get one immediately.

Immunization appointments at the Letterman Army Medical Center Immunization Clinic can be made by calling **561-4311.** Nonmilitary appointments can be made through the Alameda County Measles Hotline at **268-4200.**

Children who live outside the epidemic area (the rest of the Bay Area) should get their first MMR immunization at 15 months of age. Children who have had the initial MMR immunization, but not the booster, should get the booster at age 5 or older.

Adult Bay Area men born before 1957 who work in a high-risk field (e.g., hospitals, day care, teaching, etc.), should get the MMR immunization. If they have had the MMR, or were born after 1957, they should get the booster.

Adult Bay Area women born before 1957 who work in a high-risk field, should get the MMR titer test. Lab slips for the titer test can be picked up at the LAMC Immunization Clinic during routine hours.

Women born after 1957, or of child-bearing age, who have received the initial MMR immunization and work in a high-risk field may require the booster.

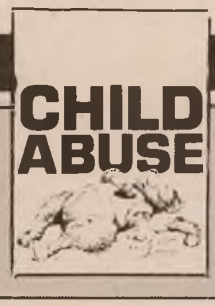
For more information, call Neil W. Elder at **561-2239.**

EARTH DAY



Earth Day: What are you doing to help? page 5

CHILDREN



Child abuse: Don't hurt the ones you love, page 6

AQUARIUM



Aquarium: More than fish swim at Steinhart, page 7

Star Presidian

Vol. 33, No. 16 | Published in the interest of the people of the Presidio of San Francisco | April 19, 1990

News Briefs

Correction

There was a typographical error in last week's article by Lt. Gen. William H. *Harrison.*

In "This Week on Post," the section about the AUSA golf tournament read in part, "Our thanks to Brig. Gen. Bob Menist, the AUSA president, and S. Robert Walsh for sponsoring a super event."

The story *should* have read (as Lt. Gen. Harrison intended), "Our thanks to Brig. Gen. Bob Menist, the AUSA president, **and to our 1990 Golf Tournament Directors: CSM (Ret.) D. C. Browning, Al Cinelli** and S. Robert Walsh for sponsoring a super event."

The *Star Presidian* staff apologizes to CSM Browning, Al Cinelli and to Lt. Gen. Harrison for the mistake.

SJA news

As of today, the U.S. Army Garrison Legal Assistance Office, building 223, will begin walk-in legal help.

You must be signed in by 8 a.m. at the office, and you will be seen on a first-come, first-served basis. Active duty soldiers will receive priority, nevertheless.

For more information, call **561-4273.**

Parenting classes

Classes about toddlers (children 18 months to 3 years old) begin Monday at the Child Development Center at 3:45 p.m.

The free classes will be held from 3:45 to 5:30 p.m. for four weeks, and child care is available.

For more information or to enroll, call Nancy Niederhauser at **561-5155.**

Earthquake briefing

Three earthquake preparedness briefings will be held at the post theater, building 99, on Wednesday.

The first class (restricted to active duty soldiers) will be held from 8 to 9:30 a.m. The second and third classes (open to all Presidians) will be held from 10 to 11:30 a.m. and 1 to 2:30 p.m.

For more information, call **561-3636.**



Endangered species; endangered planet

The Siberian tiger, mountain gorilla, giant panda and sea otter all share the distinction of being an endangered species. We celebrate Earth Day to raise everyone's awareness so that the *planet* hopefully will escape the 'endangered' list.

Celebrate, honor Mother Earth

by Sharon E. Everett

As part of the Earth Day celebrations April 22, there will be an Earth Faire at Crissy Field from 1 to 6:30 p.m.

"Overall, it's a festival celebrating the environment," said Reese Relfe, of the Northern California Regional Office for Earth Day.

Relfe also said that there would be live music all day, including performances by Peter, Paul and Mary, Clarence Clemmons (E Street Band), Bob Weir (Grateful Dead), DEVO, the Stanford Marching Band and many local acts as well. Senators Alan Cranston and Pete Wilson will speak, as will San Francisco Mayor Art Agnos. There will even be a boat parade, led by the tall ship, California.

The Faire also has 150 booths with exhibits and activities about the environment, as well as food and drink. There will be a special area for children, with mime and theater skits about the environment, and various educational activities for younger family members.

Be advised that parking is limited. According to SSgt. David Langdon, traffic NCOIC at the Presidio Provost Marshal's Office, you may park in any legal space near the Main Parade Ground the old commissary or by Crissy Field on Bank Street. Only commissary and Post Exchange customers will be allowed to park in the lots at those establishments, and MPs will be checking ID cards. The best bet is to use one of the MUNI bus shuttles, which can be caught either in the 900 area on Bank Street or Old Mason Street, near the commissary.

New Mason Street will be closed, up to Bank Street and Lincoln Avenue. These areas will have signs posted, making this information effective at 8 a.m. Sunday.

Voices

Presidio View

by Lt. Gen. William H. Harrison



This week on post

Dear Presidians,

Another great week to be in the Army at the Presidio of San Francisco—A Very Special Place! Our weather continues to be beautiful and without significant rain. This is creating a major problem for the cities of the Bay Area. So far we're O.K., but I'm asking each of you to be very conscientious of your water usage. We can still wash cars and water lawns per schedule, but please conserve wherever you can. Don't waste water and maybe we won't have to go into rationing as some Bay Area communities have already had to do.

I had to attend a Coast Guard Conference in San Diego last week. The purpose was to review the USCG responsibilities in case of emergency or natural disaster. Our folks from DCSOPS put together a great briefing for me and Lt. Cmdr. Jackson; our U.S. Navy liaison officer took good care of me. We're blessed here at the Presidio with great folks on our staff from our sister services. Lt. Cmdr. Jackson is just one of several and we appreciate the efforts of all our LNOs.

On several occasions I have shared with you the great things our Thrift Shop does for the soldiers and families here at PSF. Well, this week they were the recipients of some good works! Yes, the Headquarters Command Battalion and the Sixth Army Band showed up at the Thrift Shop to thank them for all the microwave ovens, the VCRs, etc., the Thrift Shop funds had purchased for our soldiers. I know all the staff and volunteers at the Thrift Shop appreciated this very thoughtful gesture on the part of these appreciative soldiers. Hoo Ah for all!

The folks in DCSPER turned out in force on Saturday night to bid farewell to Col. Lou Rose who is soon to retire. It was a great party, and I understand special Hoo Ahs go to SGM Vales, SSgt. Tolliver, Joanne Harder, the DCSPER secretary, and Mr. Canfield. It really was a Hoo Ah affair.

Easter was on Sunday and as usual our Chaplains and all their assistants went all out to provide a wide variety of services for all of us here at PSF. To them and to all our volunteers and to the Sixth Army Band—a real Hoo Ah!

A very special Hoo Ah to our Enlisted Spouses' Club who sponsored a great Easter Egg Hunt for lots of our tots. Well done and much appreciated.

Also, a special note to all our Officers' Club employees who really did a bang-up job at Easter Brunch. Lots of people served and all done in a very efficient, courteous and professional manner. Hoo Ah to all.

This week I had an opportunity to meet the lady who supervises our "Hands Across the Presidio Program." Nancy Urban performs this very vital task with efficiency, care and concern. She's backed up by a great group of volunteers without whom we couldn't run the program. The food is provided by the commissary and many, many organizations who contribute time, money or food. To all who make this very vital service possible, a very special—loud and sincere—Hoo Ah!

We have a new Presidian coming on board this week—Mike Medigovich, the new Director of the Federal Emergency Management Agency (FEMA). Mr. Medigovich comes to us from the State of California, Office of Emergency Preparedness. Welcome to the PSF family, Mike.

On April 14 the Sixth Army NCO Academy held the first PLDC graduation for this school year. A total of 62 personnel graduated. To all of them a hearty congratulations and a special Hoo Ah to Spec. Alayna Moore of 921st MASH, the Leadership Honor Graduate, and to the following members who made the Commandant's list: Sgt. Gregory A. Carr; Sgt. Kimberly R. Heidt; Sgt. Paul V. Martinez; Spec. Shirley E. Aoyama; Spec. Irwin R. Daugherty; Cpl. Patrick T. Dejonghe; Spec. Michael E. Marquez; Spec. Mikell O. Miller; and Spec. Julian Sarille.

Saw HQ Command Battalion taking the PT Test last Friday—down at Crissy Field. Hoo Ah! Always—Soldiers first!

God Bless each and every one.

William H. Harrison
Lieutenant General, USA
Commanding

P.S. Have you noticed the new street marking going on all over post? Sure looks nice. Also new flower beds inside the Lombard Gate? And the new skirting of the old commissary building? These DEH guys are really working to keep the Presidio of San Francisco—A Very Special Place. Hoo Ah!

P.P.S. Sunday, April 22, is Earth Day, No one here at the Presidio of San Francisco—This Very Special Place—could fail to feel that *every* day is Earth Day. This very special place which has served as a military installation for over 200 *years has been* well cared for by the military. We are very proud or our stewardship and what we have helped preserve here for San Francisco, the whole Bay Area and in fact, all of America. Hoo Ah for us! Hoo Ah for Earth Day! Hoo Ah for the Presidio of San Francisco—*A Very* Special Place.

"Do not follow where the path may lead. Go instead where there is no path and leave a trail."
—Anon

Part-time soldiers defend country full-time

Monday marks the anniversary of the U.S. Army Reserve.

The proud tradition of the citizen soldier in America actually dates back more than 200 years, when patriots left their forges, farms and families to take up arms in support of independence and a new nation.

However, officially, the U.S. Army Reserve, America's largest military Reserve component, come into being on April 23, 1908, when Congress created the Medical Reserve Corps. Today, our nation's Army Reserve components number more than 939,000 patriotic men and women who live at home and have full-time civilian careers, yet supplement and strengthen our defense forces by serving as part-time soldiers.

The mission of the Army Reserve is to provide trained units and personnel to fulfill military mobilization requirements in the event of a national emergency.

Since 1908, Army Reservists have been called to active duty for service in World War I, World War II, Korea, the Berlin Crisis of 1961, Vietnam and a number of other emergencies.

Sixth U.S. Army commands the Army Reserve in the western United States. Sixth U.S. Army Commander Lt. Gen. William H. Harrison is responsible for those Army reservists' readiness.

Reprinted from "Guide for New Reservists," courtesy of the U.S. Army Reserve



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The *Star Presidian* is an unofficial publication authorized by AR 360-81. Editorial content is prepared, edited and provided by the Public Affairs Office of the Presidio of San Francisco, California. The *Star Presidian* is published weekly by Coast Publishing, a private firm in no way connected with the Department of the Army, under exclusive written contract with the Presidio of San Francisco, California.

The *Star Presidian* editorial offices may be reached by calling 561-3908.

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Etc.

Restrain yourself: Fasten those seat belts!

by Robert D. Bunting

At least half of all automobile fatalities could be prevented if the occupants used safety belts. The wearing of safety belts is not a new idea. It is in AR 385-55, and has been for quite some time. Most states have a *mandatory* safety belt law. California law makes it mandatory to wear a seat belt and children must be in an approved child restraint device. There are many out there who don't believe in seat belts. The cold hard truth is safety belts save lives and prevent injuries.

New technology has made buckling up even easier and more effective. A Department of Transporation ruling requires the installation of passive restraints in all new cars this year. Most auto manufacturers have satisfied this mandate with automatic safety belts. These devices provide convenience since you never have to remember to use them.

Automatic safety belts also provide the same protection as manual lap/shoulder belts but you have to use them. They are designed to be manually released in emergencies. Do not unhook them while driving because this defeats the purpose of the safety belt.

Rear shoulder belts are becoming more popular on new model cars. Like the front shoulder belts, they offer added protection of the upper torso. In a serious crash, rear shoulder belts are effective in preventing head injuries from impact with the car's hard interior surfaces.

Child restraints are the nicest thing you can do for your child. An unrestrained child is 10 times more likely to be killed in a crash than one who is properly restrained. This means 80 percent of the children who died in auto accidents would have survived had they been secured in an approved safety seat! Safety belts alone will not give children under 40 pounds or under 5 years of age adequate protection. State law requires that young children and infants be restrained in specially-designed car safety seats that distribute crash forces over a large area of the body.

The fact is, safety belts will prevent you from being thrown from your car, thus increasing your chances of not being killed by 25 times. It only take three seconds to buckle up; that's not much time when you consider it could save the rest of your life. Less than one half of one percent of injury-producing accidents are the type where seat belts would hinder you from exiting the vehicle. Safety belts will increase your chances of not being injured or killed in the initial collision. It's only smart to protect yourself from harm; as Jim Croce said, "You don't spit in the wind, or rip the mask off the Lone Ranger," so wear your safety belt and put the odds of surviving a crash on your side.

Crime Bulletin

by Robert D. Bunting

Just a note as to what's been happening and what's going to happen out there on the Presidio. We here at the MP Station want you to be informed about your area, so you can protect your property from theft.

BMX bicycles seem to have a way of disappearing. Between the hours of 6 a.m. and 1:30 p.m. on April 9, two boy's BMX bicycles were stolen from outside a quarters on MacArthur Avenue housing area. One bicycle was at the side of the fenced-in area outside the quarters where it could be seen from the road. The other bicycle was stored in the fenced area but the door to this area was not locked. Both bicycles disappeared in broad daylight. Remember to keep your valuables secured so this doesn't happen to you.

If you have any information or have possibly seen these bicycles, both yellow, BMX brand bicycles, one engraved on the crossbar with "Tito" and the other with "Jason" and "JC," please call the Military Police at 561-2251.

Ask Presidians:

"What's your contribution to saving the environment?"



Kiska A. Palomarez, ID checker, Main Post Exchange: "All the [advertising] flyers we don't use, I take home, instead of throwing them away. Then I take them to school for our recycling program."



Claudia E. Grissell, military family member: "I don't litter. I don't smoke and I guess that's really about it. I wish I could get involved in some of the legislation for land conservation."



Sgt. Richard E. Caroll, personnel actions NCO, Office of the Deputy Chief of Staff, Personnel, Sixth U.S. Army Guard and Reserve: "I don't litter, make sure my car meets all the standards of emission on it catalytic converter."



Sgt. Patricia A. Jones, personnel clerk, 343rd Aviation Detachment, Hamilton Army Air Field: "I try and buy things that don't spray—like hairspray—that don't harm the environment. And I don't sit under hairdryers that put out that air that harms the environment."

Letters to the Editor

Do you have something to say to the *Star Presidian* readership? Then say it by all means!

Write a Letter to the Editor (including your signature and let us know if you wish us to print it) and address it to:

Editor, *Star Presidian*
ATTN: Letters to the Editor
Building 38, Room 11 (Basement)
Presidio of San Francisco, CA 94129

Although Garrison Public Affairs has moved to a new building, all our old phone numbers have remained the same; the newspaper staff still can be reached at **561-3908.**

Bear in mind, however, that is it necessary to include your name with your letter. We cannot print any letter which does not include a name, even if you ask us to withhold your name from publication (which we will do on request). It's also a good idea to include a phone number where we can reach you if we have any questions.

So... let's have a letter from you!

Job Opportunities

NAF Jobs

Child Caregiver: PS-186-02, $6.06 an hour, regular, part-time; intermittent, on-call.

Education Technician: UA-1702-05, $7.81 an hour; regular full-time; regular part-time.

Child Development Program Assistant: PS-1702-04, $6.72 an hour; regular, full-time.

Waiter/Waitress: NA-7420, $6.31 an hour; intermittent, on-call.

Bartender: NA-7405-03; $7.03 an hour; intermittent, on-call.

Submit application (DA 3433) to CPD/NAF Personnel Division, building 37, Presidio of San Francisco, CA 94129-5345, or call 561-2947 or 561-5095.

Nominate a Super Star!

Employees of the Year

The Federal Executive Board currently is soliciting nominations for the 1990 Federal Employees of the Year Award Program. This program recognizes civilian, military and postal employees who have demonstrated a high caliber of performance and dedication in their various fields, to their communities or by overcoming severe handicaps.

Any employee who knows a deserving person is encouraged to nominate that person. The deadline for nominations is May 15.

For more information and forms, contact your supervisor or B. J. Benton, Incentive Awards, Civilian Personnel Directorate, **561-2991.**

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Of Presidents and Porpoises

It's not *nice* to ignore Mother Nature !!!

by Adrienne Sims

Our Earth is in danger, and throwing away candy bar wrappers or recycling aluminum cans just may save it.

A *Newsweek* poll showed people are changing the way they live to improve the environment—but only a little bit. This could be a start, but not a good start, according to the poll.

Wildlife is dying because of our lack of concern, and (still) 73 percent of the 600 people surveyed have no plans to participate in any Earth Day observations.

Seventy-three percent think the large number of corporations supporting Earth Day are actually more concerned with public relations than making the world safer, according to the same poll.

Although many businesses may appear to be concerned only with public relations, some are taking a stand. Three major tuna canners—Starkist, Bumble Bee and Van Camp (Chicken of the Sea)—are going to stop buying and selling tuna caught in nets that catch and kill dolphins. *USA Today* stated almost 13,000 dolphins drowned in 1989 after being trapped in drawstring nets.



photo by Erica Haspiel-Szlosek

Consumer boycotters are helping save dolphins like this one from the tuna industry. Unfortunately, dolphins still are endangered by foreign tuna fishing fleets.

Within three months, "Dolphin Safe" labels will appear on tuna cans. The price may increase, but the companies now feel saving dolphins and the environment is probably worth a few pennies to the consumer.

That shows some concern on the part of the big corporations, but it takes more than business to make a difference in the environment. It takes regular people—like you and me—to pick up the newspaper lying on the ground or carry a bag of crushed cans to the recycler.

The Monterey Bay Aquarium is offering free admission to people who bring two or more brown paper bags full of newspaper, glass, aluminum, tin or plastic. This is just one example of how recycling not only improves your environment, but provides you an opportunity to save a dollar here and there.

There are several other ways to help preserve the environment. Cut back on heat or air conditioning. Boycott products from companies known to be major environmental polluters. Join a carpool. Even something as simple as turning off the water while brushing your teeth can help.

One person *can* make a difference and take society one step closer to a cleaner, safer Earth.

Secret agents: How the art of spying began

by Brenda V. Foote

RICHMOND, Sept. 25, 1863—A large crowd gathered to witness the execution of a Union spy. Spencer Kellogg Brown had been condemned for espionage and was sentenced to hang.

He was escorted to the platform and the noose was placed around his neck. His hands were tied behind his back and his feet were bound. Brown lowered his head for a brief prayer, and at 21 years of age, his young life ended.

Brown was one of many Civil War spies who lost his life. Women agents generally were given prison sentences and then freed.

It was the young pioneers of espionage like Brown, Harriet Wood, Elizabeth Van Lew and Pryce Lewis for the Union; and Belle Boyd (just 17 years old when she began), John Hunt Morgan, Lottie and Ginnie Moon and Lafayette Baker for the Confederacy, who helped to establish America's first organized espionage group.

The war between the North and South was a spy-conscious war, and spies from both sides came from all walks of life and professions. Agents came from plantations, law offices and the theater. Though they were armed with little more than courage and determination, these young operators accepted assignments to locate the enemy, carry messages and gather vital information.

One tool used by spies to gain information was the newspaper. Without censorship the plans of commanding generals were boldly printed. Gen. Robert E. Lee used spies to obtain Northern papers, using the information to move his troops.

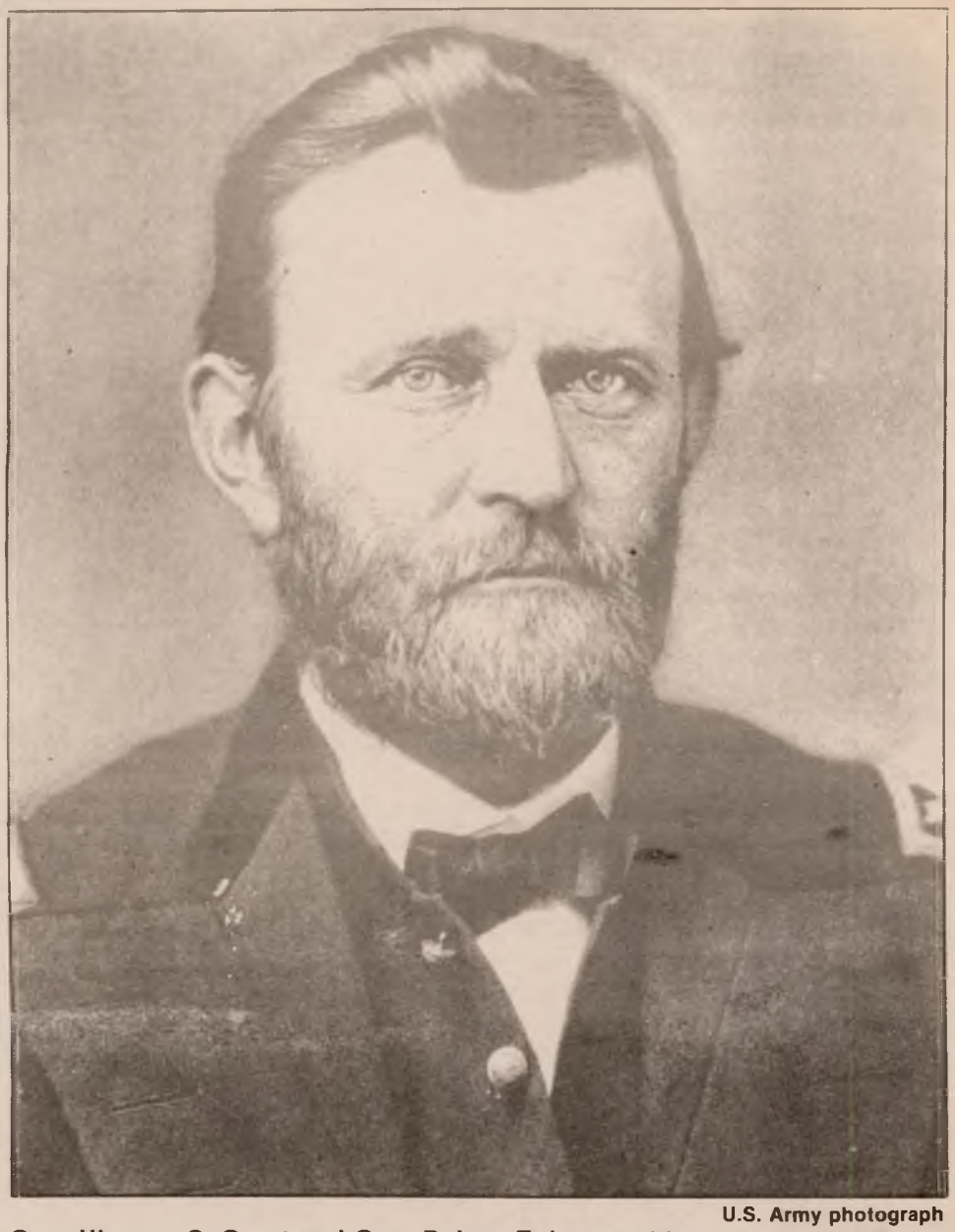
Until the Civil War began America had no organized spy or detective agencies. When the war between the North and South developed, so did a need for such agencies.

One of the first private detective agencies was established by Allan Pinkerton. Pinkerton became famous during the Civil war for his work with the Federal Government. He proved to be resourceful in capturing Confederate spies as well as Southern sympathizers. One well-known agent who was put out of work by Pinkerton was Rose O'Neal Greenhow who supplied information to Gen. Pierce G. T. Beauregard.

Pinkerton, and several of his agents working undercover, discovered an assassination plot against President-elect Abraham Lincoln. Pinkerton discovered that somewhere along the route Lincoln was taking to reach Washington for his inauguration, a street fight would break out to distract Lincoln's attention. Then eight men would make the assassination attempt. Pinkerton helped change the route, thus foiling the assassination plot, and creating a recognized need for a secret service.

So it was with the total effort of spies and Pinkerton agents—these brave men and women of the past—who contributed to the birth of the American intelligence field.

SOURCE: ***Spies for the Blue and Gray***, by Harnett T. Kane



U.S. Army photograph

Gen. Ulysses S. Grant and Gen. Robert E. Lee could be credited with inventing "disinformation." Both generals had misleading information about troop movements and strategy printed in newspapers for the opposition's spies to report.

Child Abuse

Learn to identify, avoid the vicious abuse cycle

by Sharon E. Everett

Mary's teacher was concerned. For the past month or so, the 9-year-old girl had been losing weight. Her clothes were worn and dirty, and she looked as if she could use a good night's sleep. The teacher was uncertain of what to do; who could she go to about this?

Mary is not alone. Neglect, along with physical, emotional/verbal, and sexual abuse, is a common occurrence among children. An episode of television's "20/20" stated that there are between 100,000 and one million cases of child abuse every year.

There are many possible signs of abuse (see sidebar), but there is no real profile for a typical abuser. These people come from all walks of life, economic and ethnic backgrounds, and educational levels. However, according to Nancy Niederhauser of the Presidio's Family Advocacy Program, many abusers were abused themselves as children. Other risk factors include isolation from family and friends, stress, and unrealistic expectation by the parent of themselves and/or their children's capacities.

"Most abuse happens in the home, by people who are related to or close family friends of the child," Niederhauser said.

Let's talk for a bit about the four types of abuse mentioned earlier. Physical abuse is a non-accidental injury afflicted on a child by a parent or caregiver. That's fairly straightforward, as is sexual abuse: having adult sexual behavior with a child. Emotional and verbal abuse, such as name-calling, put-downs or giving a child the silent treatment, are usually long-standing behavior patterns (as opposed to perhaps a one-time instance in a moment of anger). Likewise, neglect is usually an ongoing pattern of depriving a child of such basic necessities as food, shelter, clothing, hygiene and medical care. This can also include failure to give reasonable supervision to a child. As Niederhauser pointed out, however, these are only pieces of a puzzle.

"It's hard to say when a child could be in danger from lack of supervision. It depends on who a child is with. If it's an older brother or sister, maybe 10 or 12 years old, that's different than if they're expected to care for a smaller child," said Priscilla Fleischer another FAP staff member.

It's extremely difficult to undo the damage done to an abused child, and the damage is often passed on to future generations. Other effects of abuse include insecurity (children often blame themselves for the abuse), learning disabilities caused by anxiety, depression and use of drugs or alcohol to escape from the painful reality.

"The most powerful scars are often the ones inside that come from being injured by someone you love," Niederhauser said.

How do you know whether or not a child is being abused? Niederhauser says you have to trust your instincts.

"You know when something isn't normal for a little kid," she continued. "Training on identifying abuse and neglect is also available through the FAP for all members of the PSF community."

Anyone can report suspected child abuse; you don't have to be a relative, a teacher or even a close friend of the family. Here on the Presidio, your main resource if you suspect abuse is Social Work Services at **561-2174**. If you call them, that will set the wheels in motion for a possible investigation. If there is an emergency situation involving child abuse, or a small child has been left alone in quarters, call the MPs at **561-2251**, and they will intervene immediately. If you are not sure a problem is abuse, Family Advocacy is available at **561-5155** for a consultation. You should not delay real reporting if you strongly suspect a child is in danger.



How to recognize child abuse

There are four basic types of child abuse: physical emotional/verbal, sexual and neglect. Remember, these are only possible indicators of abuse. If you see a continuing pattern of these types of indicators, and you suspect abuse, report the situation to the proper authorities.

Here are some of the warning signs for each:

Physical

- Bruises with suspicious shapes (belts, electric cords);
- Burns (iron, cigarette, scalding water, other electrical appliances like curling irons);
- Broken bones; and
- "Racoon eyes" in infants. This can happen with infants who are shaken so hard that they have internal bleeding in the skull; the blood collects in the eye sockets.

Emotional/verbal

- Change of personality: normally outgoing kids may become withdrawn.
- Bullying; often, abused children will react by taking it out on other smaller children.
- Repeating abusive language which has been directed toward them.

Sexual

- The child may become very embarrassed about his or her body. At the other end of the spectrum, the child may become more explicit, displaying provocative, adult sexual behavior toward friends, toys or adults.
- Sometimes a child will tell you in an indirect manner. Ask questions.

Neglect

- Weight loss;
- Body odor;
- Untidy, unkempt clothes; or
- Constant illness.

Cheap Thrills

Aquarium brings beautiful beasties to life

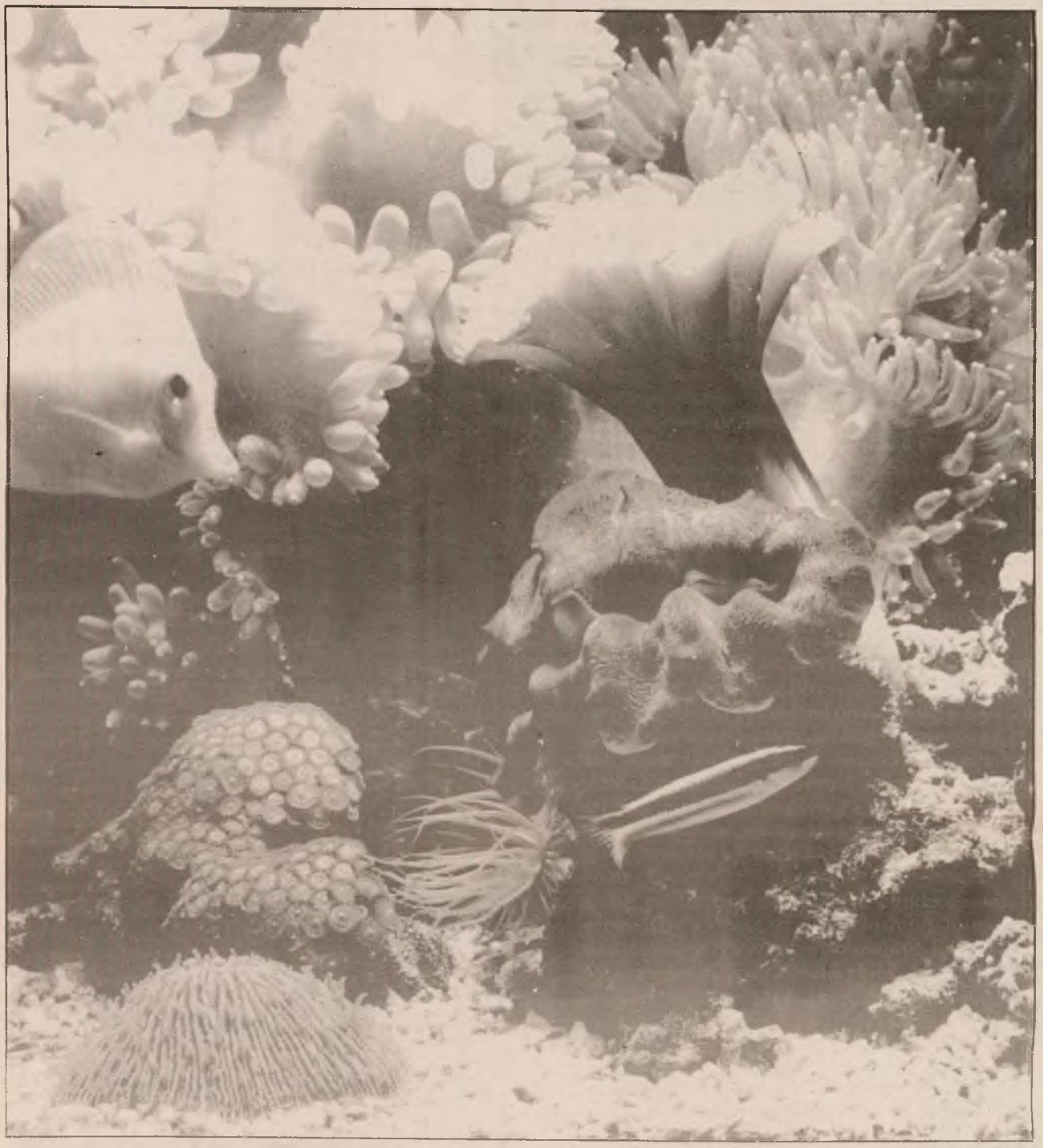


photo by Susan Middleton

Discover the beauty and the beasts of a Living Coral Reef at the California Academy of Sciences in in Golden Gate Park.



photo by Erica Haspiel-Szlosek

A Golden Gate Park penguin takes a swim at Steinhart Aquarium.

BY Erica Haspiel-Szlosek

For parents racking their brains for a way to spend an afternoon out with their families, the answer may be the Academy of Sciences' Steinhart Aquarium in Golden Gate Park.

Open every day from 10 a.m. to 5 p.m. the aquarium is easily one of the most popular sites in the park. Each day visitors stream by the hundreds into the Academy of Sciences, most of them spending a large part of their visit peering into tanks filled with fish, eels, coral and dolphins.

One of the newer exhibits is the living coral reef. According to Academy spokesperson David Shaw, the 6,000-gallon tank is the largest living coral reef in the United States—and the only one in the western United States. The exhibit took more than a year to prepare, Shaw said. The reason for the long preparation time was the research needed to keep the various coral species, baby man-eating clams and black-tipped reef sharks alive in the new tank environment, he explained.

Besides the coral reef exhibit, there are old favorites which never seem to lose their sparkle for kids or adults.

For example, one of the most popular exhibits in the aquarium seems to be the dolphin and harbor seal tank, with its regular feeding schedule. There is a small seating area where visitors gather to watch these marine mammals. Children and adults alike appear to be particularly fascinated by the antics of the dolphins as they race through the tank, diving and chasing each other relentlessly.

Another special exhibit is the "touch tank" where children—and adventurous adults—can actually hold or touch some of the smaller tide pool inhabitants such as sea stars (starfish) and anemones. An aquarium employee stands nearby to explain the intertidal life cycle and hand around much needed towels.

Immediately above the touch tank is the "Fish Turn Around"—an enormous circular tank (visitors watch from the center) where fish and sharks swim. The sharks circling the visitors can give them a sense of being surrounded by the ocean creatures.

According to many locals and tourists alike, a summer (and perhaps a spring?) of San Francisco activities just wouldn't seem complete without at least one visit to Steinhart Aquarium.

The Academy of Sciences is open year-round. The admission charges are: $4 adults; $2 seniors; $2 teens (ages 12 to 17 years old); $1 children (ages 6 to 11 years old); and free for children aged 5 and under.

The aquarium is located near the Golden Gate Park Bandshell, across from the Asian Art Museum and the M. H. de Young Museum.

For more information, including feeding times, call 750-7145.

Reprinted from the July 15, 1988, *Star Presidian*



photo by Bill Harris

The chambered nautilus is just one of the creatures found at Steinhart.

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Resumes accepted on a continuous basis.

EOE C11871

Sports and Health

Mongrels defend lead; LAMC, 864th fight

story and photo by Pleasant Lindsey III

The Mongrels have leapt to an early lead in the Presidio Intramural Volleyball Tournament standings by winning four straight games, including straight-set sweeps of LAMC and 864th.

(The Mongrels are a team of family members and DA civilians from various offices.)

The Mongrels opened the intramural season April 9 by losing its first set to Co. C, 864th, 15-0. From that point on, the Mongrels rolled over everyone in their path.

First they took the second and third sets against 864th, 15-6 and 15-13. Suddenly the Mongrels found themselves on a roll.

The next night the Mongrels swept Co. B, LAMC 15-4 and 15-6. Then, they swept the Sixth U.S. Army Band 15-7 and 15-11. They drew a forfeit April 12 and found themselves on the top of the heap.

But there are others nipping at the Mongrels' heels, and one of those teams is LAIR. The other is Co. C, 864th.

LAIR tipped off the season to a strong start April 9 by sweeping their first two sets against the Band, 15-0 and 15-13. They repeated that effort the following night by brushing aside USAG-A, 15-9 and 15-10.

LAIR's first difficulty came on April 11 when they split the first two sets with LEC.

LAIR took the first set in a close one, 15-12. However, LEC may have sensed how close a victory was within their grasp for they proceeded to trounce LAIR 15-3. But LAIR got their act and their composure together and won the tie-breaker, 15-7.

But, as the saying goes, all good things come to an end. LAIR squared off against 864th on April 12, and 864th had something to prove.

Having just swept Co. B the previous night and LEC the night before that, 864th stomped on LAIR in the first set 15-5, and then held off LAIR in a tight second-set battle to win 16-14.

So, there is an intense battle going on for top-dog honors.

The Intramural Volleyball Tourney is a double round-robin event. The first round-robin schedule began April 9 and will end tonight April 19). The second round-robin schedule begins Monday.

The tournament follows 1990 U.S. Volleyball Association rules. Only six players per team are allowed on the court at one time. The first team to win two out of three sets wins the game. The first team to score 15 points wins the set, but they must score by two points or more.

Following is the complete list of scores as of April 12.



John Deville, USAG-B, slaps back an attempted spike in an April 12 game against LEC.

Scores

April 9

Mongrels defeated 864th 0-15, 15-6, 15-13.
LEC defeated USAG-A 15-3, 12-15, 15-5.
Co. B, LAMC defeated USAG-B 7-15, 15-2, 16-14.
LAIR defeated Sixth U.S. Army Band 15-0, 15-13.

April 10

864th defeated LEC 15-5, 15-8.
Mongrels defeated Co. B, LAMC 15-4, 15-6.
LAIR defeated USAG-A 15-9, 15-10.

April 11

864th defeated Co. B, LAMC 15-10, 15-8.
LAIR defeated LEC 15-12, 3-15, 15-7.
Mongrels defeated Sixth U.S. Army Band 15-7, 15-11

April 12

864th defeated LAIR 15-5, 16-14.
Co. B, LAMC defeated the Band 15-6, 10-15, 15-4.
USAG-B defeated LEC 15-6, 15-5.

More reasons for women to drink c-a-r-e-f-u-l-l-y

by Evelyn D. Harris

In *Raiders of the Lost Ark,* Indiana Jones' petite, tough lady friend could outdrink any man who came into her bar in the Himalayas. But nearly everything about that scene (and the rest of the popular adventure film) could happen only in the movies.

In reality, research has shown that alcohol affects women more quickly than men. Researchers for years assumed women got drunk after fewer drinks than men because they are normally smaller. Also, they have less fluid per pound of body weight, so the alcohol in the blood of a 150-pound woman is diluted less than that in a 150-pound man. Now it turns out there may be more to the story than that.

New research published recently in the *New England Journal of Medicine* indicates women may be more vulnerable to alcohol's effects than men because they don't digest alcohol in the stomach as well.

Researchers from the Veterans Affairs Medical Center in the Bronx, New York, and the University School of Medicine in Trieste, Italy, studied a group of 20 men and 23 women. Six of each sex were alcoholic; the rest drank only occasionally.

The researchers found that non-alcoholic men produce 70 percent or more of the gastric digestive enzyme alcohol dehydrogenase than non-alcoholic women. The enzyme digests some of the alcohol in a drinker's stomach, so less reaches the blood, brain and liver.

The subjects were given measured amounts of alcohol and then tested regularly for blood-alcohol levels and the amount of gastric alcohol dehydrogenase. Researchers adjusted alcohol doses for the subject's height and weight; a 110-pound woman received about 1.5 ounces of alcohol, while a 154-pound man received two ounces.

About 20 percent of the alcohol ingested by non-alcoholic men in the study was digested in their stomachs. Since women proved to have so much less of the enzyme, about 30 percent more alcohol entered directly into their blood. All the women, alcoholic and non-alcoholic, had higher blood-alcohol concentrations than the men after ingesting the equivalent amount of alcohol. Researchers noted no significant difference if doses were given intravenously, which leads them to think that sex-related differences in body fluid levels are not very important.

The researchers found that while alcoholic men lose about half their protective-enzyme level after drinking for years, alcoholic women lose nearly all theirs. This finding may explain why alcoholic women often develop more severe and early liver disease than do men, the journal's editors noted. In effect, alcoholic women lose an important defense.

The journal's editors also observed that the fact women do not digest alcohol as well has health implications for pregnant women. Drinking even relatively small amounts while pregnant could expose the fetus to a large dose of alcohol.

The study also reinforces the age-old advice, "Don't drink on an empty stomach." Because alcohol takes longer to pass through a full stomach, the enzyme has more time to do its work.

Finally, the research has implications for women who drink and drive. Given, first, that drinking and driving in any combination is unsafe, women still must be wary of typical oft-published blood-alcohol charts.

According to a chart distributed to service members, an average 160-pound "person" nears a blood-alcohol level of .05 after three drinks in two hours. A special American Council on Alcoholism chart shows that a 150-pound woman nears the same level after only two drinks in two hours, said Jessica Harding, chief of DoD's Working Group on Drug and Alcohol Abuse Prevention. One drink is 1.5 ounces of 80 proof liquor, four ounces of wine or 12 ounces of American beer (imports may be stronger; check the label).

In some states, the level of .05 is enough to justify a "driving under the influence" citation, said Harding. "Legally intoxicated" is a level of .10 in most states.

"This study does not confer immunity on men or imply that they can drink all they want," Harding emphasized. "It just means women have to be a little more careful."

American Forces Information Service

BAC CHART FOR WOMEN

BAC represents the percentage of blood that is alcohol at the body weights, hours of drinking, and numbers of drinks shown below.

Body Weight	Hours Drinking	Number of Drinks and BAC 1	2	3	4	5
90 lbs	1	.04	.10	.15	.20	.26
	2	.02	.08	.13	.19	.24
	3	.01	.06	.12	.17	.23
	4		.05	.10	.16	.21
	5		.03	.09	.14	.20
	6		.02	.07	.13	.18
180 lbs	1	.03	.08	.13	.18	.23
	2	.02	.07	.12	.17	.22
	3	.01	.05	.10	.15	.20
	4		.04	.09	.14	.19
	5		.02	.07	.12	.17
	6		.01	.06	.11	.16
120 lbs	1	.03	.07	.11	.15	.19
	2	.01	.05	.09	.13	.17
	3		.04	.08	.12	.16
	4		.02	.06	.10	.15
	5		.01	.05	.09	.13
	6			.03	.07	.11
150 lbs	1	.02	.05	.08	.12	.15
	2		.04	.07	.10	.13
	3		.02	.05	.09	.12
	4		.01	.04	.07	.10
	5			.02	.06	.09
	6			.01	.04	.07
180 lbs	1	.01	.04	.07	.09	.12
	2		.03	.05	.08	.11
	3		.01	.04	.06	.09
	4			.02	.05	.08
	5			.01	.03	.06
	6				.02	.05

Source: ACA Journal, Summer/Fall 1989, "For Woman Who Drink, The Value in Knowing Personal BACs." Chart provided by American Council on Alcoholism

* One drink equals 1 1/2 ounces of 80-proof alcohol, or 12 ounces of regular American beer. Malt liquors and some foreign beers have a higher alcohol content.



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EOE

Community Calendar

Earth Day weekend

On April 21 and 22, in celebration of the 20th anniversary of Earth Day, the Exploratorium focuses on how critical it is for all humankind to live in harmony with nature. This weekend event features lectures, films, exhibits and the continuation of an ongoing hands-on conservation and environmental project at the Palace of Fine Arts Lagoon. Events are included in the price of admission to the museum.

Admission is $5 for adults; $2.50 for seniors and $1.50 for youths, ages 6 to 17. Members and children under age six are admitted free. Admission includes a six-month pass to the Exploratorium.

Earth Day parking

Just a quick reminder to keep the patrons of the PX and Commissary informed: On April 22, Earth Day, the Military Police expect parking problems in the Crissy Field area. To help you find parking the PX lot will be monitored and only patrons shopping at the PX will be allowed to park there. We hope this will keep the parking problems to a minimum and allow you to shop without any inconvenience. Please help by parking at the PX and Commissary *only* to shop, not to enjoy the Earth Day activities.

We moved!

Just a reminder that the Garrison Public Affairs Office and the newspaper office have moved to building 38. The newspaper's address is:

Star Presidian
Building 38, Room 1 (Basement)
Presidio of San Francisco, CA 94129

The office still can be reached at **561-3908**; none of our phone numbers have changed.

Medical school scholarships

Want to go to medical school, but you just don't have the cash? Let the Army pay your way through medical or osteopathic school!

A Health Professions Scholarship pays full tuition, books, fees, equipment rental and a $706 monthly stipend. The Army Medical Department Officer Procurement Office is accepting applications now.

For more information, call Maj. James Conrad or Capt. Florence Ellevan at **561-5441** or **561-3126**.



photo by Zade Rosenthal

'Miami Blues'

Alec Baldwin ("The Hunt for Red October" and "Beetlejuice") plays the sociopath"Junior," and Jennifer Jason Leigh is SusieWaggoner. The Leigh character is a college student and part-time hooker. Rated "R," "Miami Blues" opens tomorrow at the Galaxie. (Violence)

College scholarship

The Presidio Enlisted Spouses' Club is offering a $500 scholarship to graduating seniors who are the children of enlisted soldiers. Call NOW for an application; deadline is **May 31.**

For more information, call Peggy Fuhrman at **86-5619.**

Bay to Breakers volunteers

The 79th running of the *San Francisco Examiner* Bay to Breakers will start at 8 a.m. Sunday, May 20. Presidians who wish to volunteer should attend the one-hour meeting at the post theater, building 99, Tuesday at 11:30 a.m.

SF schools chief meetings

San Francisco School Superintendent Ramon C. Cortines will talk about the earthquake and safety needs of the School District at a series of community meetings. The meetings will be held throughout the city. Parents and community members also will be able to ask questions about any matter regarding the School District.

The meetings will be held from 7 to 8:30 p.m., and the schedule is as follows:

Monday: Francisco Middle School, 2190 Powell Street.

April 30: A. P. Giannini Middle School, 3151 Ortega Street.

May 1: James Lick Middle School, 1220 Noe Street.

Kindergarten pre-registration begins Monday

The Sausalito School District will pre-register children from Monday to May 4. Children who will be 5 years old on or before Dec. 2 are eligible to enroll in the classes which start in September.

Registration will be held from 9 a.m. to 3 p.m. at the Bayside Martin Luther King School Office, 630 Nevada Street, Sausalito.

To register a child, parents must bring a birth certificate, baptismal record or passport as proof of the child's birthdate. Also, parents must bring verification that the child has been immunized against poliomyelitis, measles, diptheria, pertussis, tetanus and mumps (as required by law) when registered. Finally, a physician-signed document stating the child has had a physical examination within six months before kindergarten starts (March 1 to September) is required.

For more information, call the school principal Juanita Gaskins at **332-1024.**

Asian Pacific Heritage Week

During the week of May 7 through 13, the Presidio of San Francisco community will celebrate Asian Pacific Heritage Week.

The Equal Opportunity Office welcomes volunteers to help plan this event.

If you are interested, please contact the Equal Opportunity Office at **561-4158** or **561-4154** for more information.

Outdoor Rec hours

Outdoor Recreation has new hours of operation for the Equipment Check-out Center which went into effect this week.

The hours are: Monday and Tuesday, 8:30 a.m. to 5 p.m.; closed on Wednesday; Thursday and Friday, 8:30 a.m. to 5 p.m.; Saturday, 9 a.m. to 1 p.m.; and Sunday and holidays, 1 to 5 p.m.

Car wash

The Military Police Explorer Scouts will be sponsoring a car wash once again. The car wash will be held directly behind the PX Saturday and Sunday from 10 a.m. to 5 p.m. both days.

The car wash cost is $3 plus a donation.

Thrift Shop news

The Presidio Thrift Shop is looking for an energetic, enthusiastic self-starter to manage the shop. Applicant must have good organizational and communication skills, enjoy working with volunteers, and have a knowledge of problem-solving techniques.

The Thrift Shop also is seeking a bookkeeper who will have full charge of all accounts including consignments, taxes, general ledger, and who has IBM computer experience.

To apply for these positions, send your résumé to the Presidio Thrift Shop, P.O. Box 29094, Presidio of San Francisco, CA 94129; or call **922-3384** for more information.

Volunteers!

The Equal Opportunity Office staff is looking for volunteers to help plan Asian/Pacific Heritage Week. The celebration will be held May 7 through 13.

If you are interested in volunteering for this project, call the Equal Opportunity Office at **561-4158** or **561-4154.**

At the Movies

Presidio Theatre

Fri, April. 20: Downtown (R) 7 p.m. Anthony Edwards, Forest Whitaker. Two mismatched cops share danger, adventure and misunderstandings in this action comedy

Sat, April 21: Madhouse (PG-13), 7 p.m.

Sun, April 22: Crimes and Misdemeanors (PG-13), 7 p.m.

Mon, April 23: Men Don't Leave (PG-13), 7 p.m.

Fri, April 27: Where the Heart is (R), 7 p.m.

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DOOLITTLE



The other Raiders return to Oakland, page 5

DISASTER DRILL



Earthquake preparedness: let's get real, page 7

SPECIAL OLYMPICS



It takes a special kind of guy...,page 9

Star Presidian

Vol. 33, No. 17 | Published in the interest of the people of the Presidio of San Francisco | April 26, 1990

Hiring Freeze News

Late afternoon on April 13 we received information from Headquarters, Department of the Army, that the Department of Defense hiring freeze had thawed somewhat. The following is an extract from the message received from HQDA in this regard. "Additional exceptions from the prohibition on hiring civilian personnel during fiscal year 1990 are hereby granted as follows:

1. Internal transfer, reassignment or promotion. Appointing officials may appoint an individual to fill a civilian position within the Department of Defense if the individual being appointed is a civilian employee of the Department of Defense and there will be no break in service;

2. Temporary employees. Appointing officials may reappoint temporary employees when there *will be no break in service.*"

If you have further questions about the hiring freeze, call the Recruitment and Placement Division of the Civilian Personnel Directorate at 561-5759.

News Briefs

Spring clean-up

Spring clean-up for Presidio quarters will be held from Monday through May 6.

During this time, Self-Help store hours on Monday for people who must clean their area that day will be from 10 a.m. to 6 p.m. The staff asks that you get the equipment you need for the clean-up *this* week, due to the shortage of equipment (the sooner you pick it up, the sooner you return it).

By the way, *please* return the borrowed equipment *as soon as* you have finished, so it will be available for your neighbors on their cleaning day.

AAFES hours

The new hours of operation, effective May 6, for the AAFES Main Store are: Monday through Saturday, 9 a.m. to 9 p.m., and Sunday, 10 a.m. to 7 p.m.

Law Day

Law Day, Tuesday, commemorates our legal system's rule by law.

In honor of Law Day, the Legal Assistance Office will conduct a Will Day Friday for active duty personnel and their family members. Packets must be picked up at building 223, completed, and brought to the legal office on April 27. Also, Legal Assistance has free consumer handouts on credit reports, credit card bills, home purchases, and other legal affairs.

Dining facility closes

The 101B Dining Facility will close permanently after the lunch meal Monday.



In Herman Shine's Hillsborough home, Yosef Wrona shares his impressions of his U.S. visit.

Escapee to address Holocaust breakfast

story and photo by Liz Greeley

"You Jews know you are never going to be able to leave. The only way you are going to be able to leave is through the chimney."

That was how Max Rascher, 16-year-old Herman Shine's work supervisor explained the facts of life—and death—to the young Jew. Yet Rascher wasn't a cruel man.

"If I show you," he explained, "teach you a trade, it might prolong your life, and it might help you to survive for a long time."

Rascher was successful and the roofing trade *did* help him "survive for a long time." Shine not only survived, but he **escaped** from Auschwitz. In fact, Tuesday morning he will address the Holocaust Commemoration Observance.

The breakfast will be held at the Presidio Officers' Club and tickets are $5 (ask your office point of contact or call the Equal Opportunity Office at 561-4158 or 561-4154 for ticket information). Everyone, regardless of rank, is welcome to attend.

But neither Shine nor his childhood friend Max Drimmer would have survived to visit the Presidio were it not for a series of miraculously lucky events and Yosef Wrona, a Polish partisan who wanted to help Jews escape from Auschwitz.

***Escape* from Auschwitz** was almost a contradiction in terms. As Shine put it, "It was really impossible to escape and you don't want to escape just to be caught and hanged.

"When you see so many people who tried to escape, and did escape, and all come back except a very, very, very few, then you see there's really no chance."

When Polish partisans tried to escape, men who knew the country and the language (Shine and Drimmer spoke only German), "Every one was brought back, tremendously tortured, and hanged in front of the entire camp," he said.

But luck or miracles followed Shine and Drimmer through the concentration camps. Shine and Drimmer were made inmates first at Sachsenhausen in 1939 when Shine was 16 and Drimmer was 18 years old.

"We were very fortunate; we were young and strong," Shine said, "so we survived."

Then Shine learned the roofing trade from Rascher while in Sachsenhausen. When he and Drimmer were sent to Auschwitz in 1942, this became extremely important, but their arrival at Auschwitz was another miracle.

At Auschwitz you were told to go to the left or the right upon arrival. One line was sent to work; the other line went to the gas chambers. Shine was told to get in one line; Drimmer was told to get in the other. But Drimmer didn't want to be separated from his childhood friend, so after he got in line he sneaked into line with his friend. He didn't know he had just saved his own life.

Then there was the torture. Some 4 *million* inmates, mostly Jews, were murdered at Auschwitz alone, according to *The New American Desk Encyclopedia.*

As Shine explained, "They were so brutal, it is unimaginable that a human could be like this. But, of course, the Nazis *were* like this."

Yet, according to Shine, the non-Jew inmates were much worse.

see Holocaust, page 3

Voices

Presidio View

by Lt. Gen. William H. Harrison



This week on post

Dear Presidians,

It truly has been another great week to be in the U.S. Army—or a family member of or an employee of the U.S. Army at the Presidio of San Francisco—A Very Special Place!

As we all know, Tuesday, April 17 was the six month anniversary of the Oct. 17, 1989 earthquake. Our recovery here at PSF continues to go forward. I know that some of you may question this at times because some of the recovery is invisible to you and also some is slowed due to non-receipt funds from DA. But I assure you that within the resources available to them, the DEH is continuing our recovery and the Garrison Commander and I are keeping up our drumbeat for the resources to bring our PSF back to pre-quake standards—and even better!

Then Wednesday was the 94th anniversary of the 1906 earthquake and what an anniversary it was—with over 12 recordable temblors during the day! We had no major damage reported on the PSF, but we did activate the Emergency Operations Center because of rock/mud slides down south and some major power failures in the Watsonville area. Again, military personnel were involved early on to ensure we were able to respond to the appropriate agencies should that have been necessary.

The Fort Point and Army Museum Association scheduled their annual meeting for the 18th and invited me to speak. I used the occasion to report to yet another organization about the super military involvement in the 1989 earthquake. I continue to be very proud of the commitment of the men and women of all the military services during that momentous event. I also want to publicly thank all the members of the Fort Point and Army Museum Association for their support and assistance in preserving the military history of the PSF.

"I continue to be very proud of the commitments of the men and women of all the military services during that momentous event."

On April 18, we had a very momentous event take place at East Fort Baker. Previously the U.S Coast Guard had disestablished their Station Fort Point after 109 years of service. On the 18th they established U.S. Coast Guard Station Golden Gate at East Fort Baker. The Coast Guard has always been a good tenant here at PSF and we're very happy they remain an Army tenant at Fort Baker. Their new location offers them enhanced facilities and greater safety for their boat crews. So, to our great Coast Guard friends we say farewell and welcome—and all best wishes for the efficient, professional and safe operation of Coast Guard Station Golden Gate. Hoo Ah!

"So, to our great Coast Guard friends we say farewell and welcome—and all best wishes for the efficient, professional and safe operation of Coast Guard Station Golden Gate."

The weekend was spent at our 63rd ARCOM Commanders and Spouses Conference in Anaheim, California. These great USAR soldiers from throughout Southern California and Arizona are true professionals in every way. They truly deserve our support and assistance. I am proud to serve alongside each of them.

Sunday was Earth Day at Crissy Field. Sponsored by GGNRA, there were nevertheless numerous PSF personnel involved. Special note needs to be made of our Garrison Staff and the Provost Marshal/Military Police effort. The newspapers estimate between 125,000 and 150,000 people participated. There was the potential for many problems, but due to lots of coordination, prior planning and very professional execution it went off with minimum problems. A big Hoo Ah to our MPs and to the Garrison Staff.

Monday was a big day for PSF. We hosted a large delegation of Mexican Army officers on an official visit to our country. We hope each of our visitors enjoyed their stay at PSF—A Very Special Place.

"A big Hoo Ah to our MPs and to the Garrison staff."

Also on Monday we recognized our great Volunteer Force with a special ceremony. By the time you read this column our Volunteer of the Year will be known, so let me take a little liberty and go ahead and congratulate not one, but two! Volunteers of the Year! A really big, loud and very sincere Hoo Ah to Sugar Zaucha and Vini Kahoe from all of us at PSF. We are very proud of you and appreciate your efforts very much. To all our Volunteers—thanks, thanks, thanks!

"To all our Volunteers—thanks, thanks, thanks!"

Without you we could not provide for *our* soldiers and families as we do. Thanks to all of you every day of the year.

Until next week—Enjoy! Enjoy your service to our great country! Enjoy the PSF—A Very Special Place! Look forward to Spouses Day on May 11; the Sixth Army Family Conference April 26 to 28 in Utah; the next Sixth Army/PSF Run on April 30; Army Day on June 1; and the Bay to Breakers on May 20. Hoo Ah!

God Bless you all!

William H. Harrison
Lieutenant General, USA
Commanding

"The will to win is worth nothing unless you have the will to prepare."
—Anon

Worth Repeating

"Nothing so needs reforming as other people's habits."

—Mark Twain
U.S. humorist

"There isn't much to be seen in a little town, but what you hear makes up for it."

—Frank McKinney Hubbard
Humorist

"It is better to ask some of the questions than to know all the answers."

—James Thurber
humorist

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The *Star Presidian* editorial offices may be reached by calling 561-3908.

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Etc.

Holocaust continued from page 1

"Their job was to torture and kill the Jews. They did more killing than the Nazis.

"The Nazis would whip you... [but the inmates spent more time with you] and they decided life and death."

Yet, they both survived the Nazis and life with the other inmates.

Then Drimmer met Yosef Wrona, a German-speaking Polish partisan, on his work detail. Wrona wanted to help him escape because, as he explained, the Nazis had killed both his girlfriend and his father. He also felt the information he could give the Polish Underground would help their cause.

Drimmer asked him if he could bring his friend; Wrona said yes.

"To find a man like Yosef is always extremely rare," Shine said simply.

Both Wrona and Drimmer will attend Tuesday's breakfast as well.

But as to why Shine is willing to speak on such a painful topic for many people... .

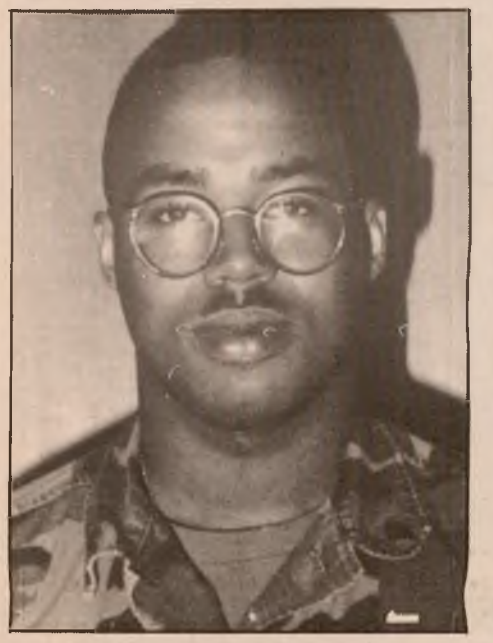
"We feel we're the last line of survivors. When we're gone the next generation will have to read about it through books. There's no replacement for real testimony."

As for America, Shine is equally clear about his feelings.

"The U.S. took us in and we are proud to be U.S. citizens. It is the first time in our lives that we really have had a citizenship to be proud of."

Ask Presidians:

"The effects of a reunited Germany?"



Spec. Bruce E. Clark, protocol driver, Sixth U.S. Army: "Now they don't need as many troops overseas. It will make things difficult for soldiers over here because they are cutting troops here, too."



Dora McKelvey, budget analyst, DCSRM, Sixth U.S. Army: "They will have to fund all of those people who haven't had very good lives. Also, they will have to sort out where they stand politically."



Sgt. Juliana Jones, Administrative NCO, Office of the Secretary of General Staff, Sixth U.S. Army: "I've seen both sides. I think it will be good for the East Germans because they have been in poverty. I hope it works out."



Susan E. Rose, Public Affairs assistant, Sixth U.S. Army: "The most interesting aspect could be the sociopolitical difference between East and West. People in the 'New Germany' will have to get used to a new way of life, working together as a nation instead of two separate entities."

Write résumés for results

by Sharon E. Everett

The ad in the "Help Wanted" column sounds like the perfect job; just what you've been looking for. Until you get to the last line—"Send resume to... " Panic! Agh! Now you have to write a resume!

Well, maybe it won't be so bad. After all, you just list your previous jobs and your references, right? Wrong. The place to begin is your career goal. By the way, you may need more than one resume if you are interested in varying fields. Tell your potential employer what you want, right up front. This will help as he or she sorts through the hundreds of resumes commonly received for both advertised and non-advertised positions.

Next, list two or three highlights of your qualifications. Again, this tells a potential employer what is special about you and why you are the person for the job.

The next items should cover your professional experience—those real, concrete projects and accomplishments which show your experience and expertise in your field of interest. For instance, rather than just saying "develop and manage publicity campaigns, XYZ Company," list specific campaigns you handled. Remember to include any special equipment or software you have worked with; this is very important to many employers.

Now it's time for your employment history. Here is the place to list those jobs you've held which relate to the position you seek. Don't forget to include any volunteer work which has given you valuable experience in your chosen field. All you need to do is list your position, the firm where you worked, and the year. Most employers will have an application form of their own; that's the place to get into information about salaries, etc.

The last item on the resume should list your educational background, professional organizations of which you are a member, and any special honors you have earned.

Remember to keep your resume concise: one side of one page. Employers have to read hundreds of resumes to find the best qualified people to interview, so you want to make this an easy job for them.

A quick word about references; don't list them on your resume. In fact, in your cover letter to your potential employer, don't mention that references are available upon request. According to one corporate executive, if they aren't available, you have a problem! Besides, that saves you from handing out reference information unnecessarily, and allows you more space to include the most important information in your resume: your skills.

Now, you're ready to answer that "Help Wanted" ad for the perfect job; you've got a resume.



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Heroes Remembered



Gen. Jimmy Doolittle.

Doolittle's Raiders reunite

by Adrienne Sims

A thundering sound swept across the Bay causing some alarm among the people at the Marina April 18. They looked up in amazement to see the same B-25 bomber that the Doolittle Raiders flew to the 1942 Tokyo attack.

The bomber flew across the Bay to kick off a reunion of the Raiders.

The St. Francis Yacht Club held the reunion for the Doolittle Raiders. The reunion celebrated the 48th anniversary of the Tokyo bombing and honored the brave men who flew the bombing mission.

The Sixth U.S. Army Band played for the arrival of the Raiders and the B-25's low-level flyover.

Many of the Raiders were present, though Gen. Jimmy Doolittle, 93, was missed greatly. Doolittle now lives in Pebble Beach and was not able to make such a strenuous trip.

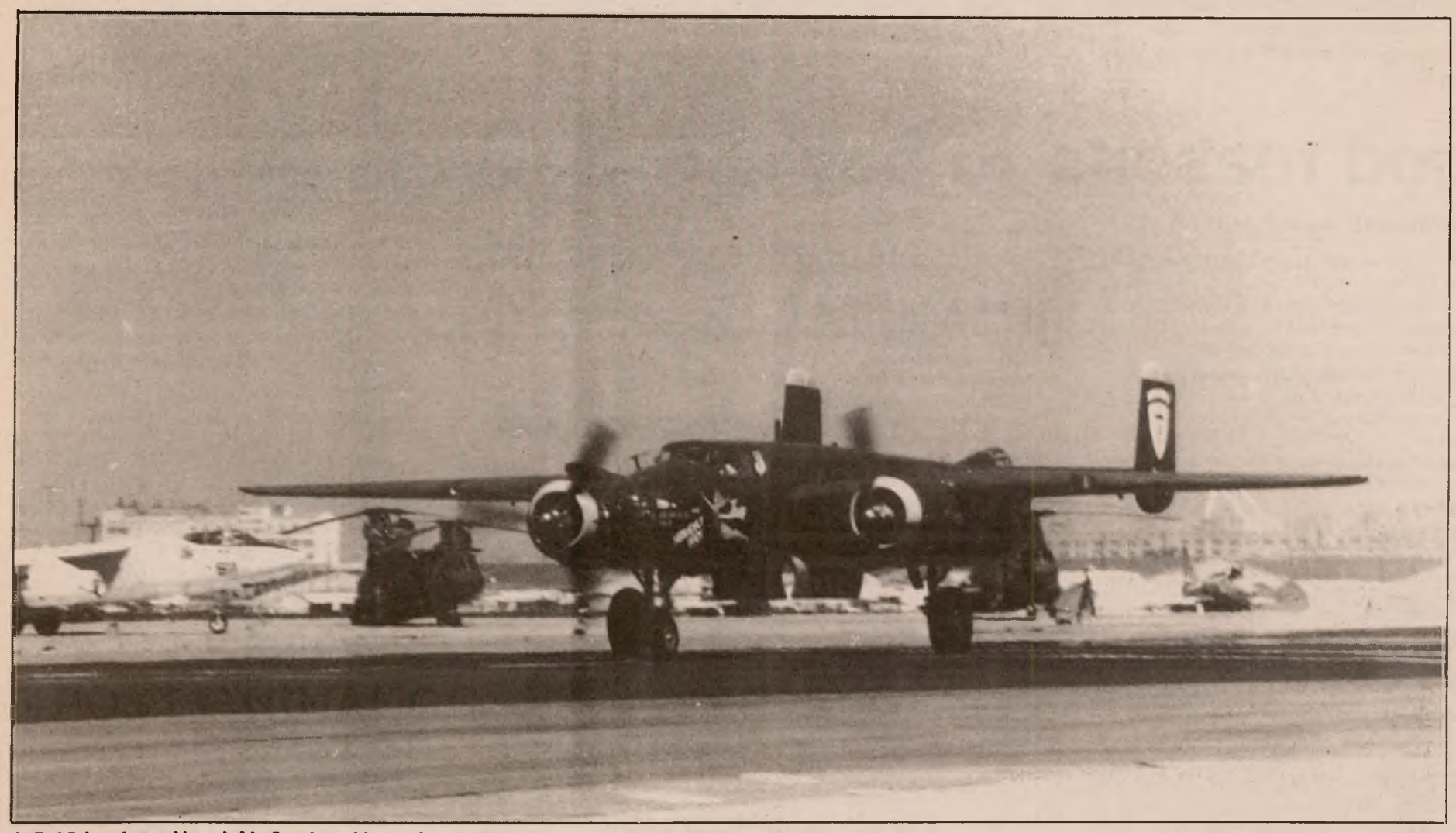
Toasts were made in honor of Doolittle and the other Raiders.

The John Cordonis Swing Band triggered the Raiders' delight of seeing each other with dancing... including their all-time favorite, the jitterbug. The Raiders enjoyed song, food and dance. The Raiders toasted each other and swapped stories about the war, the Tokyo bombing and their everyday lives.

The songs faded as the B-25 soared across the Bay, receding into the collective memories of the heroes who once flew the huge warbird.



Doolittle's crew left to right: Lt. Henry A. Potter (Navigator); Lt. Col. James H. Doolittle (Pilot); SSgt. Fred A. Braemer (Bombardier); Lt. Richard E. Cole (Co-Pilot); and SSgt. Paul J. Leonard (Engineer-Gunner).



A B-25 lands at Naval Air Station Alameda, Calif.

photos courtesy *The Carrier*

Money

Use VA loans to buy your 'dream home'

by Joel P. Smith

Veterans living in California received nearly $1 billion in VA-guaranteed home loans in 1989.

According to Sylvia J. Reed, veteran's benefits counselor with the Veterans Administration in San Francisco, thousands more men and women are eligible for the benefits.

Last year 8,432 active duty servicemembers and veterans used the VA's backing to qualify for $948,840,999 in home loans.

Reed said without that backing, many veterans would never be able to afford a new home.

"This program gives people a chance to get started," Reed explained. "It gives them a chance to buy a home without making a down payment."

VA-guaranteed loans **don't** give veterans money outright. They're sort of an insurance policy that the VA offers the institution lending money to a servicemember.

Reed explained that when the veteran can't afford a downpayment on a home, the VA will pay a lender $36,000 if the servicemember can't repay the full loan. In other words, the VA insures that at least $36,000 of the loan is covered by the federal government. This makes lending money safer—and a lot more attractive—to a financial institution, Reed said. The lender knows it cannot possibly lose the full outlay.

Advantages of a VA-guaranteed home loan are:

- No down payment is required by VA (although some lenders may mandate it);
- Long payment terms (a big benefit for people with small salaries);
- Leniency offered to qualified homeowners who are having financial difficulties;
- VA appraises property and informs the buyer of its estimated reasonable value;
- Interest rates are lower than the usual mortgage rates;
- For homes under construction, VA inspects regularly to insure the buyer the home is being built according to her plans and specifications.

What the VA does *NOT:*

- Guarantee the home is fault-free;
- Act as the buyer's attorney;
- Perform the services of an architect (the VA only **inspects).**
- Ensure that you will be satisfied with the completed home;
- Pay the loan for you. The VA only guarantees part of the loan—and that, only when bank or lender forcloses.

Thousands of veterans are qualified for the benefit package. These are some of the eligibility requirements for veterans: you must have served after Sept. 16, 1940; during service, you must have had 90 days active duty time or a discharge under other than dishonorable conditions.

For active duty personnel, you must have at least 181 days continuous active duty, regardless of when your duty started.

It's not necessary for the servicemember to wade through all the eligibility requirements, though. The VA determines whether you're entitled to the loan guarantee. Simply fill out a VA Form 26-1880 (Request for Determination of Eligibility and Available Loan Guaranty Entitlements) and turn it in to your local VA.

The San Francisco regional VA office is at 211 Main Street, at the corner of Howard Avenue and Main (it's also a good place to look for the form).

If the VA approves the request, the veteran then takes the approval form to prospective lenders. Reed said the lender does a **very** thorough credit and employment check and, if they'd like to approve the loan, forwards the terms to the VA.

The VA appraises the property and determines whether it is reasonably priced. If so, the VA



makes its final decision—approval or disapproval of the guarantee.

Should the VA approve the loan, they send a formal statement to the lender, who is then free to close the deal with the buyer.

According to VA Pamphlet 26-4 (where a good deal of this information was found), the whole application process usually takes four to six weeks.

The terms of how the money may legally be used are lengthy—but easily understood. Don't miss your opportunity to learn more about this important benefits of military service.

For more information about eligibility and terms, contact the San Francisco VA at **495-8900**.

Good reasons to buy U.S. Savings Bonds

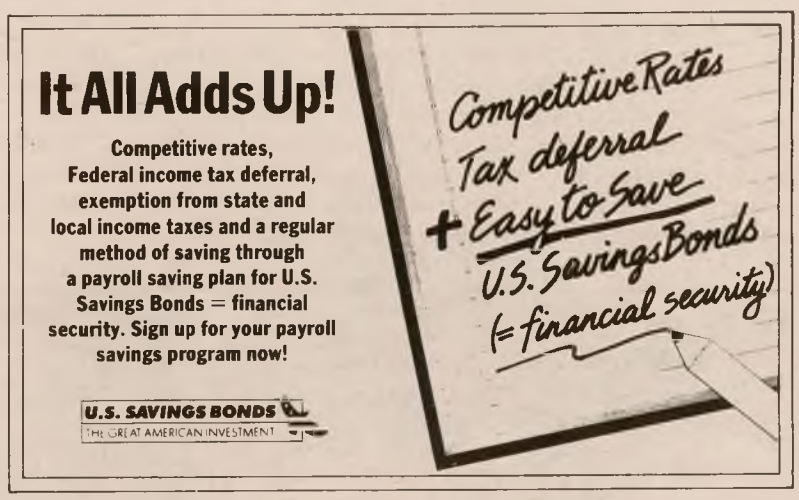
by Rudi Williams

There are many good reasons to buy U.S. Savings Bonds—save for a car, house, education, vacation, retirement and a myriad of other reasons, according to Treasury Department spokeswoman Sheila Nelson.

"Bonds are an easy way to save; you don't need large amounts of money to invest, and there is no brokerage fee," Nelson emphasized.

Other advantages to investing in savings bonds;

- **Tax Benefit:** Federal income tax is deferred until they're cashed in or reach maturity. They're totally exempt from state and local income taxes;



- **Automatic Savings Plan:** The payroll deduction program acts as an automatic savings plan. Savings bonds may also be purchased over the counter at banks, many savings and loan associations and other financial institutions. However, Series HH bonds may be purchased only in exchange for Series E or EE bonds and Savings Notes at Federal Reserve Banks and branches, and from the Bureau of the Public Debt, Parkersburg, W. Va. 26106-1328. Bonds and notes presented for exchange must have a total redemption value of $500 or more;
- **No Probate:** If, upon the death of an owner, there is a surviving co-owner or beneficiary named on the bonds, the bonds do not form a part of a decedent's estate for probate purposes;
- **Safe Investment:** They are safe, because if they're lost, stolen or destroyed, they'll be replaced by the government with the original issue date at no cost to the purchaser;
- **Cash When Needed:** Bonds can provide cash on demand. They can be redeemed at any time after six months from the issue date; and
- **Guaranteed Highly Competitive Interest Rate:** The interest on Series EE bonds purchased on or after Nov. 1, 1982, and held five years or longer earns 85 percent of the average return on five-year treasury marketable securities. Bonds purchased through October 1986 have a guaranteed earning of 7.5 percent when held at least five years. The minimum rate is 6 percent for those purchased on and after Nov. 1, 1986. Bonds redeemed before being held five years earn interest on a fixed, graduated scale.

Those rates are guaranteed even if the market rates drop sharply.

"In days when people were buying a $25 bond, it was costing them $18.75—two-thirds of the face value," said Nelson. "Now it costs half of the face value—a $100 bond costs $50."

American Forces Information Service

Disaster!

Earthquake drill shaken, rattled by realism

by Pleasant Lindsey III

The Presidio rehearsed its disaster evacuation plan April 19, just 24 hours after 11 tremors rumbled through the San Francisco and Presidio area.

Presidio soldiers "played" the role of injured victims from the post and the city. The exercise involved Army aviation and the Presidio Fire Department, as well as the cooperation of area hospitals.

The exercise was especially important to soldiers here because the Sixth U.S. Army Headquarters is the Department of Defense operating agent for all federal military assistance within the 12 western states.

Sixth U.S. Army coordinates requested military support for diaster relief in this region, as it did for the Oct. 17 earthquake.

The disaster scenario was reminiscent of the situation created by the Oct. 17 earthquake.

For this exercise, an early-morning earthquake of 8.3 magnitude struck the Bay Area, with its epicenter just north of the Presidio. But in this case bridges were destroyed, so rescuers had to come up with ways to transport victims.

Helicopters from Hamilton Army Air Field picked up victims from Harmon Hall by Crissy Field and transported them to the Navy Hospital in Oakland and other East Bay hospitals.

The Presidio Fire Department joined other fire departments from the Bay Area on San Francisco's Pier 30/32 to form an emergency water pumping station in the event all of the city's water mains were to break down. The Navy's USS Kiska was on hand to assist with five of its water pumps.

"I learned a lot about drafting water from the bay," said Presidio Fireman George Berthold, Jr.

"We have the capability to draft water from a lake, a swimming pool or any other source," he explained. "In the 1906 earthquake, it was the fire that destroyed the city because the water mains broke and the capability to draft water from the bay didn't exist back then."

Berthold should know, for he's a second generation fireman. His father is a fire fighter for the San Francisco Fire Department.

The Presidio and other fire departments showed they could link together enough hose to stretch from the bay into the heart of the city's business district.

A lot of work was put into creating victims as well.

Letterman Army Medical Center's *moulage* team used training aids to creat lifelike wounds and injuries on volunteer soldiers from the different units on post.

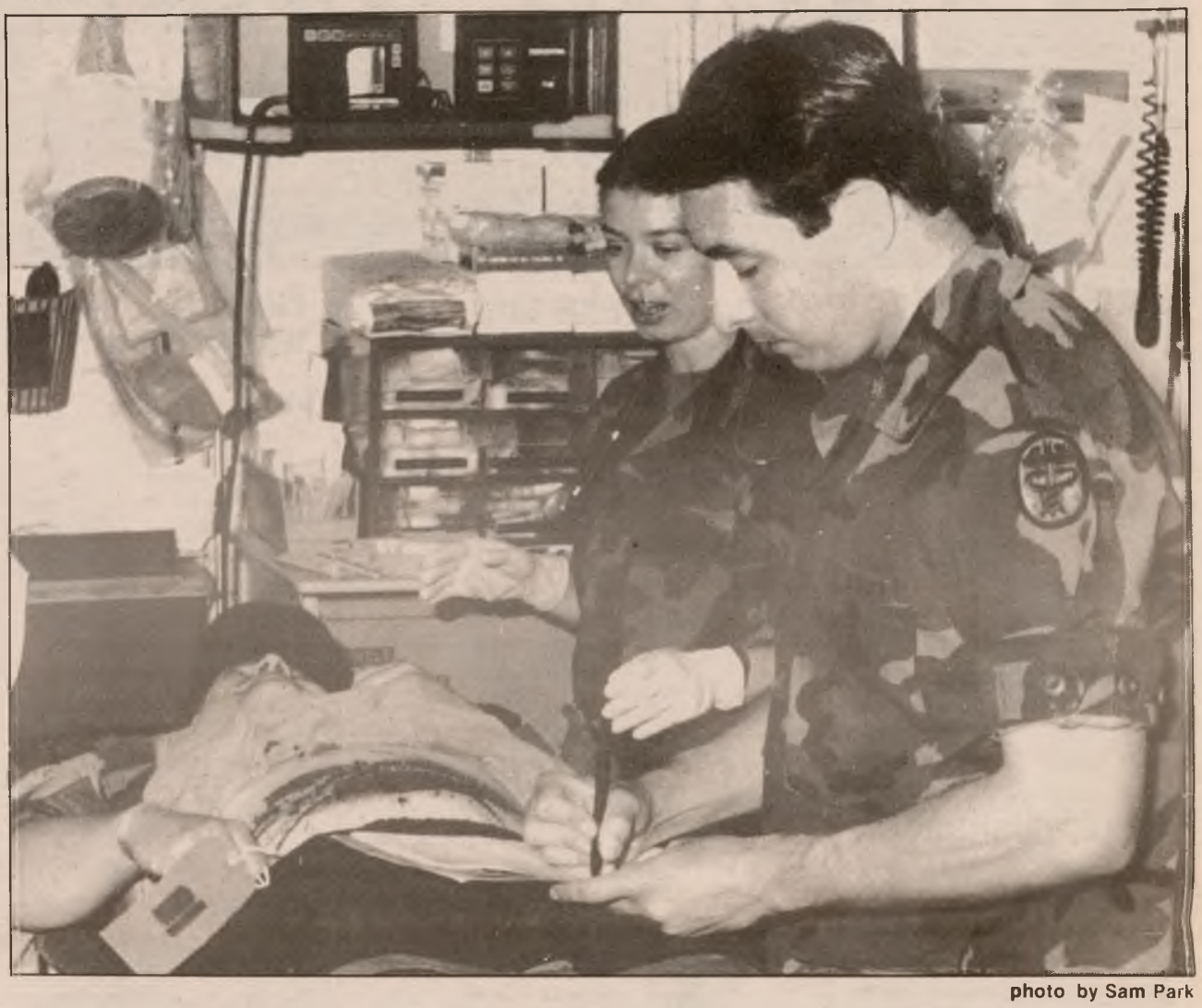


photo by Sam Park

LAMC technicians triage an earthquake victim during disaster preparedness drill.

"Wounds" they created included simulated broken bones protruding through the skin, chest wounds, cuts, burns and other injuries. These are injuries that would be common to victims of a serious earthquake.

The moulage team started working on the first disaster victims around 4 a.m. and labored through most of the morning.

The team included technicians, nurses, instructors and other soldiers who work at LAMC.

Although the rumblings of the previous day caused no physical damage to the post, they were quite anguishing. They shook up the post one day after the sixth-month anniversary of the Oct. 17 quake. And, April 18 also is the 84th anniversary the 1906 earthquake that would have completely destroyed the city if not for the intervention of Presidio troops.

Yet, soldiers at the Presidio took the earthquake scenario in stride. Some soldiers had a chance to see firsthand how their civilian counterparts would respond to disaster.

"Since we've been through this before, I expected the soldiers to do well," said Sgt. Kathy Lockett, occupational therapist, LAMC. "But I was impressed by the civilians at R. K. Davies Medical Center who were involved with the exercise.

Lockett went to Davies during the latter stages of the exercise and said they worked just as hard as the soldiers to make it a success.



photo by Sam Park

A 343rd MEDEVAC helicopter is landed at Crissy Field by Coast Guard and other choppers to pick up "injured" during disaster preparedness exercise.



LAMC medics and crewmen from 343rd MEDEVAC load injured into the belly of a UH-1H to be taken to an available hospital.

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Pharmacist II Minimum Qualifications:

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Those interested may submit a **Standard State Application, Form 678, or resume to the CALIFORNIA MEDICAL FACILITY, P.O. Box 2000, Vacaville, CA 95696-2000, Attn: Delegated Testing.** For further information, contact **Karen at (707) 449-6532 ext. 2793, or Sam at (707) 448-6841 ext. 2797.**

Resumes accepted on a continuous basis.

EOE C11871

Sports

Curses! Foiled at Presidio Fencing Club

story and photo by Pleasant Lindsey III

New-age swashbucklers parry and stab, their stilleto-thin blades making silent cuts through the air. Holding his blade ever so deftly one opponent approaches his quarry with wary, catlike grace. Suddenly, the other lunges, and, with only one pound of pressure, the point of his slender metal shaft finds its mark... BEEP!!!

Just when you think you know what it is, it's the Letterman-Presidio Fencing Club.

The club meets in Gym No. 2 every Monday and Thursday evening from 6:30 to 10 p.m. Its membership includes soldiers and their family members, and civilians from the surrounding community.

The club gives instruction in *épée*, *foil*, and *sabre*. The épée and foil are stabbing instruments, and the sabre is a hacking and slicing weapon.

The Letterman-Presidio Fencing Club was founded in 1950 by Dr. William G. O'Brien, who was head of surgery at Letterman Army Medical Center.

Now 72, O'Brien still coaches the club. He is a certified Fencing Master in both Europe and the United States.

O'Brien took up the sport when he was in college and has stayed with the sport for 59 years. He's been trained by French, German, Russian and Italian Masters.

His assistant coaches include Marcos Luchetti, former Argentine Olympic Team coach, and Gerard Esponda, former fencing coach for the U.S. Military Academy at West Point.

This is a highly experienced staff.

Fencing is a sport with deadly origins.

Fencing was originally a European form of settling disputes—a duel with long, slender swords called *epées*. There were certain rules that were strictly followed.

However, it was extremely dangerous to practice skills with the dueling sword, as it only took one pound of pressure to run it through an opponent's body.

So practice swords with blunt tips were developed. These swords are called *foils*, and with their development began the sport of fencing.

The object of the sport seems simple enough. One opponent tries to touch the other with his or her sword. The fencer will use a series of parries and quick lunges to reach the target.

Scores are first determined by the type of sword used. Each weapon has a different target area for scoring.

Foil: the target is the upper torso of the opponent's body, excluding the arms, legs or head. Touch must be made with the point.

Épée: the fencer may touch his or her opponent anywhere on the body with the point. If both opponents touch each other at the same time, both touches are scored.

Sabre: the target is anywhere on the upper torso. Scores are made with the cutting edge and with the point. The first person to score five touches wins.

Fencers wear special jackets connected by electric lines to machines that record touches. The swords are electrically connected, too. Whenever one opponent touches another, a light on the machine comes on with a **BEEP** that shows which one was touched.

Unlike the swashbuckling movie scenes that take five minutes for the hero to win, a LAMC fencer can score a point in a matter of seconds.

The Fencing Club at the Presidio carries a strong European tradition.



Dr. William O'Brien, right, coaches one of the fencers during a practice session.

The Letterman-Presidio Club includes soldiers and other members who've immigrated from Europe and South America, as well as Australia.

And fencers come in all ages. Some have retired from the military. Others are just beginning their careers. O'Brien said the youngest member of the club is 12 years old.

Sarah Johns, 15, is a student at San Rafael High who began fencing in school in her native Australia.

Another member is Bruno Goossens, from Paris.

"I was a modern pentathlete, and as time went on I stayed with fencing," Goossens said.

Greg Shyppertt, a civil engineer, said fencing is addictive. "It's almost like a video game. You can't put it down."

"The history of fencing covers hundreds of years," O'Brien said. "It was one of the original sports of the Olympic Games."

The Letterman-Presidio club has compiled an impressive record of its own. Members have competed in the Olympic Games, the U.S. CISM (Conseile Internationale Sports Militaire) team for the military, European Cup Tournaments, the Pan American Games, etc.

Fencers say that you don't have to be in any special physical condition to participate.

"I tried all of the varsity sports in high school, and by the time I got into college my body just took to the sport," said civilian Frank VanDyke. "You can keep at it for a long, long time. It's not injury-ridden, and the social life is great.

And, for members of the military, membership in the club is free.

If you'd like to learn more about the sport of Musketeers, call Bobbie Gascon at the Presidio Sports Branch at 561-5032.

You may be the next U.S. Olympic swashbuckler.

Presidians coach special kids in Olympics

by Pleasant Lindsey III

Presidio soldiers helped make April 20 a very special day for hundreds of exceptional people. That was the day the Special Olympics was hosted by San Francisco State University.

Presidio volunteers helped make sure every aspect of these Olympic games was very special to the participants.

First, the opening ceremony was led by the Sixth U.S. Army Band. Then the games began.

Events included the softball throw in men's and women's divisions. There was a frisbee toss by gender and age group, and, of course, foot races.

The Special Olympics allows people young and old with handicaps or disabilities to enjoy sports and the spirit of competition that they would otherwise miss, according to SSgt. Robert Colett. Colett is the supervisor of the Personnel Administration Center, Headquarters Command Battalion.

Colett was one of the Presidio volunteers who helped coach the track and field events.

Colett is an active participant in the Special Olympics organization and coaches a team that trains every week at Washington High School in the City.

Colett's dedication to his activities earned him a nomination as the Presidio Volunteer of the Year.

Colett described Special Olympics as an organization that offers mentally and physically handicapped youth and adults a chance to participate in sports and competitions. For many, Special Olympics is the only chance they have to actively compete against one another for fun.

"There are other sports involved," Colett said. "Besides track and field, there is softball, weightlifting, volleyball, swimming and bowling, too."

Colett said that teams from one region will compete with teams from other regions. The teams take their training seriously.

The volunteers from the post said they got plenty of satisfaction from helping the competitors.

Spec. Shane Blais, Sixth U.S. Army Band, helped with the softball throw. He's been involved with the Special Olympics for about two years. Blais said he plans to help coach softball this summer.

Blais began working with Special Olympics before he joined the Army. "When I got the opportunity to do it out here I jumped at it," Blais said.

Cpl. Fred Elder, also from the PAC, has been working with Special Olympics continuously for four months. He said he prefers to work with the track and field events.

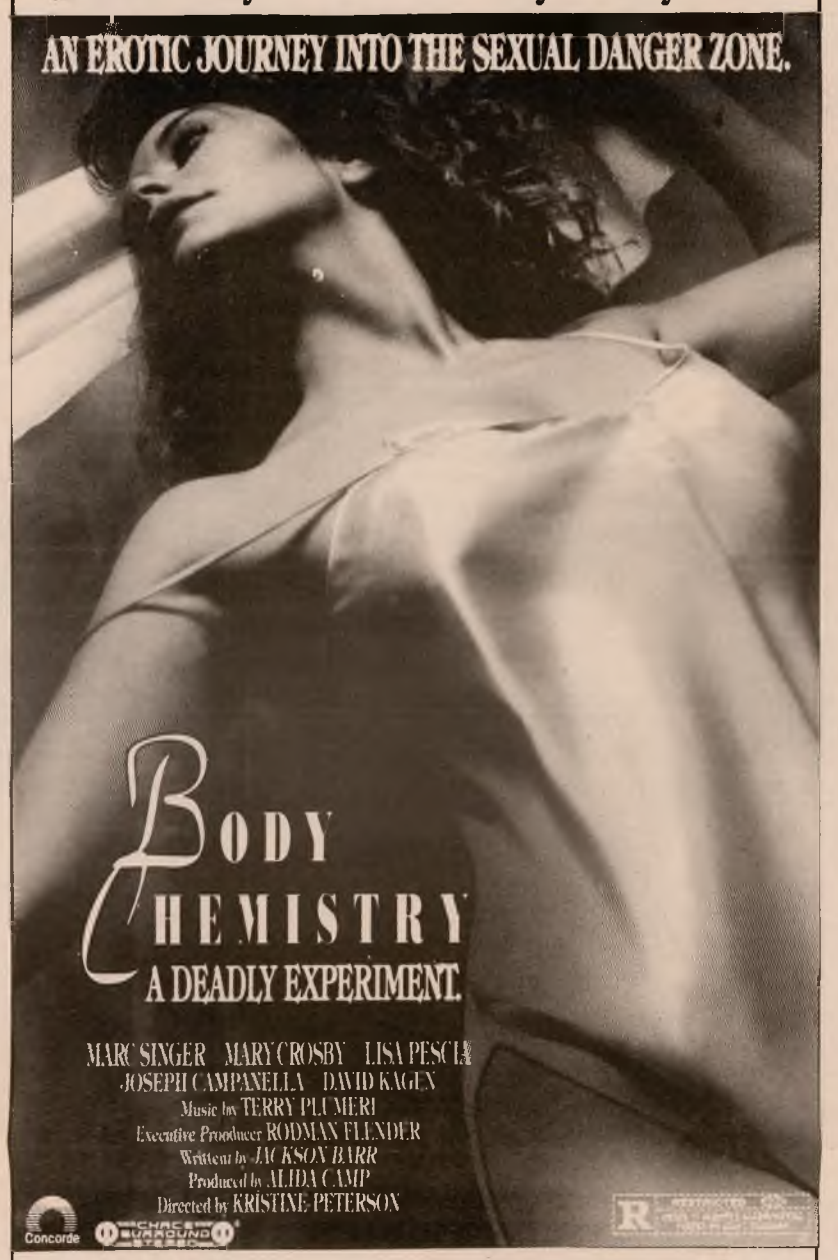
"This gives them the chance to do things they may have thought they couldn't do," he said.

"If you like helping others then I encourage you to volunteer for Special Olympics. At least try it once.

"The people you see competing here today wouldn't have anything to do if it wasn't for volunteers like these," Elder said.

"As far as we are concerned, the competitors are all winners," Colett said.

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Community Calendar

POWC luncheon

The Presidio Officers' Wives' Club luncheon will be held May 3 at 11:30 a.m. Lunch will be held in the Grand Ballroom of the Presidio Officers' Club. R.S.V.P. by noon April 30, and you must cancel no later than May 1.

Call Geri Margetts at **563-9807** or Judi Goertemiller at **567-0381** for more information.

Water rationing

Due to the recent announcement of water rationing in the San Francisco Bay Area, the use of exterior watering (i.e., lawn and garden watering) on the Presidio is limited to alternate days beginning immediately.

Residents occupying buildings with odd-numbered addresses will water their lawns on odd-numbered days. The same is true with even addresses and even-numbered days.

All watering must be done *before* 10 a.m. and *after* 4 p.m. to minimize evaporation.

Other watering, for areas such as the Parade Field, Letterman Army Medical Center, Bowling Center, etc., accomplished by the Directorate of Engineering and Housing, will be modified.

If you note wasteful water run-off onto the street, down sidewalks, etc. (especially in the areas maintained by the DEH) report it to the DEH Work Order Branch at **561-4504**, or the Eyes Machine at **561-EYES**.

For more information, call Juanita Whitehead at **561-3711**.

Military Spouse Day

On May 11, Military Spouse Day, the Presidio will honor military spouses for their contributions as volunteers, civilian employees, patriotic citizens, international ambassadors, and supporters of the Army's mission. Special recognition activities and promotions will honor these members of our community. Individual soldiers should remember their spouses on this special day. Schedules of activities and events will be published throughout the community prior to Military Spouse Day.

For more information, call Army Community Service at **561-5155** or **561-4513**.



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No one'll notice...

Whoops! Would you believe... a group of Martians intercept a re-broadcast of Orson Welles' "War of the Worlds" and think their leaders forgot to tell them an attack on Earth was in the offing? The Touchstone Pictures film "Spaced Invaders," opens tomorrow at the Alexandria in San Francisco and is rated "PG."

Volunteers

The Equal Employment Opportunity Office is seeking volunteers to help plan the Hispanic Heritage Awareness Month Program, Sept. 15 through Oct. 15. We need and welcome your creative ideas. Military, family members and civilians are welcome. The first meeting will be May 1 in the EEO office, building 201, at 10 a.m.

Call Eleanor Castorena or Ann Williams at **561-2022** or **561-2035** for more information.

ITT

ITT has a new service. ITT can now reserve hotel or motel space for Presidians at 10 major hotel and motel chains. Rates apply to either those on TDY travel or leisure travel.

ITT is in building 215. Hours of operation are Monday through Friday, 9 a.m. to 1 p.m., and 2 to 4:30 p.m.. ITT is closed weekends and holidays.

SATO Travel, also in building 215, is open Monday through Friday, 9 a.m. to 4:30 p.m., and closed weekends and holidays.

Youth baseball

The Presidio entry in the San Francisco Pony League Baseball Program opened the season by winning one and losing one after overcoming a 10-run deficit. In the April 18 first game, the Presidians fell behind 11-1 before a rally that fell short, 14-11. Steve Priest led the rally with three hits and three runs driven in. Norman Crittle, Donnie Pierce, and Priest turned in solid pitching performances, limiting the Cougars to four hits over the last five innings. The Presidians beat the Tremors 6-3 on April 21. Pitchers Mike Stenger and Priest held the Tremors to three hits. Crittle and Beshaun Leavell contributed run-saving defensive plays. Scoring was led by Stenger with three runs driven home; Dan Talomonte scored twice on aggressive base running.

U.S. Census jobs

Temporary employment is available immediately with the U.S. Census Bureau. Positions include field work (enumerators) working in an area close to home, checking mailing addresses, leaving or picking up questionnaires or visiting homes for on-the-spot interviews, and clerks for data entry and other tasks. Part-time and full-time, flexible hours, hourly rate. Census wages are not deducted from AFDC or food stamp allowances. U.S. citizenship is not required.

For applications and information, call **597-7521**.

PAO moved!

The Garrison Public Affairs Office has moved form building 37 (CPD) to building 38, Sixth U.S. Army Headquarters. The garrison staff now is sharing office space with the Sixth Army Public Affairs staff; forming one consolidated Public Affairs Office.

None of the garrison staff's numbers have changed; they can be reached at their old numbers. In addition, the *Star Presidian* staff has moved into the building's basement.

Lifeguard training

An American Red Cross lifeguard training course will be held May 19 and 20, 7 a.m. to 1 p.m. each day, at the Two Rock Coast Guard Training Center (near Petaluma, Calif.). Prerequisites are standard first aid, community CPR, basic lifesaving and good swimming skills. Applicants for the course must be at least 15 years old. Cost for the course is $25.

For more information, call **561-2187**.

Fashion show

In honor of the Month of the Military Child, Youth Activities will present "Spring Fashion Preview 1990," on Sunday at the Schwartz Theater. The fashion show begins at 3 p.m. Cost is $3 for adults, $1 for children 12 to 18 years old, and 50 cents for children 12 and under.

Sixth Army Band requests

If you are someone who wants to request the concert, marching or stage band, or rock combo, please remember to submit your request to the Sixth U.S. Army Band at least five weeks in advance. At present the band is accepting requests for July and August. Scheduling for May is closed, and June is almost filled.

The band performs approximately 400 jobs a year, so your assistance in submitting your requests in a timely manner will be much appreciated.

If you are the point of contact for a special project (i.e., Army Days, Flag Day), contact the band's Operations Section immediately.

For more information, call Sgt. Hayes or Sgt. Leresche at **561-2625** or **561-3482**.

At the Movies

Presidio Theatre

Fri, April 27: Where the Heart Is (R), 7 p.m. Dabney Coleman, Uma Thurman. A rich industrialist decides to see how his children will survive in the cruel everyday world.

Sat, April 28: The Last of the Finest (R), 7 p.m. Brian Dennehy, Jeff Fahey. An elite group of Los Angeles cops bust a secret operation which is using drug money to buy weapons for anti-communist forces in Central America.

Sun, April 29: Heart Condition (R), 7 p.m. Bob Hoskins, Denzel Washington. A bigoted white cop who receives a heart transplant from a black man also inherits his ghost who wants justice done for his murder.

Mon, April 30: Music Box (PG-13), 7 p.m. Jessica Lange, Frederick Forrest. Holocaust issues are addressed in this modern day courtroom drama which faces vital issues still alive from those terrible times.



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MILITARY SPOUSES

What you never knew about your spouse, page 5



VISTAS

Presidio vistas & hidden spots unveiled, page 7



SOFTBALL

PSF team fights Constables & Braves, page 9



Star Presidian

Vol. 33, No. 18 | Published in the interest of the people of the Presidio of San Francisco | May 3, 1990

News Briefs

Hiring freeze update

Nothing new on the hiring freeze has been received in the past week. Our request for entire exemption from the hiring freeze is still in the mill, but no decision has been made.

Again, we'll keep you posted on changes or any new guidance.

—**Civilian Personnel Directorate**

Fire safety inspections

Due to the Oct. 17, 1989 earthquake, the Presidio Fire Department had to cancel its scheduled fire safety inspection program for family quarters.

Selected quarters inspections have been rescheduled to begin May 14 through 30. "Call backs" and follow-up inspections will be made the first two weeks of June.

Occupants are expected to make arrangements so an adult family member will be home for the scheduled inspection. Occupants who *absolutely* are unavailable on their scheduled inspection day may call the Presidio Fire Department at 561-4220 to reschedule.

The fire inspection schedule is:

May 14, 1 to 4 p.m.—Quarters 1; 11B;, 13A; 56; 128A; 128B; 1407A; and 1415B.

May 15, 9 to 11:30 a.m.—330A; 330B; 335A; 336; 341; 1419B; 1419C; 1419D; 1421A; 1421B; and 1421C.

May 15, 1 to 4 p.m.—404B; 407A; 407B; 412A; 412B; 419A; 1432A; 1432D; 1442C; and 1442D.

May 16, 9 to 11:30 a.m.—424A; 424B; 432A; 432B; 513A; 513B; 530A; 530B; 532A; 532B; 1711A; 1711B; 1711C; 1711D; 1713A; 1713B; 1713C; 1713D; 1713E; 1713F; 1713G; and 1713H.

May 16, 1 to 4 p.m.—536A; 536B; 540A; 540B; 543: 548A; 548B; 550A; 550B; 1504A; 1504B; 1504C; 1504D; 1504E; 1504F; 1507A; 1506B; 1507C; and 1507D.

May 17, 9 to 11:30 a.m.—717A; 717B; 719A; 719B; 723A; 723B; 726A; 726B; 727A; 727B; 1509A; 1509B; 1509C; 1509D; 1509E; and 1509F.

May 17, 1 to 4 p.m.—729A; 729B; 731A; 731B; 733A; 733B; 746A; 746B; 751A; 751B; 1511A; 1511B; 1511C; 1511D; 1511E; 1511F; 1511G; and 1511H.

May 18, 9 to 11:30 a.m.—754A; 754B; 757A; 757B; 772A; 772B; 772C; 772D; 772E; 772F; 1513A; 1513B; 1513C; 1513D; 1513E; 1513F; 1514A; 1514B; 1514C; 1514D; 1514E; and 1514F.

May 21, 1 to 4 p.m.—779A; 779B; 779C; 779D; 780A; 780B; 780C; 780D; 784A; 784B; 784C; 784D; 1517A; 1517B; 1517C; 1517D; 1517E; and 1517F.

New launderette contractor

A new launderette contractor will service Presidio housing effective May 14.

AAFES apologizes for any disruption of service which may occur during the changeover.



photo by Duvel White

"I pledge to you the Army's support and the support of the Department of Defense in making this a smooth transition," Sixth U.S. Army and Presidio Commander Lt. Gen. William H. Harrison said.

Commander addresses closure issues

by Pleasant Lindsey III

The Sixth U.S. Army commander pledged to continue the Army's careful stewardship of the Presidio and to help the Army post make the smoothest possible transition to Golden Gate National Recreation Area.

The Presidio of San Francisco is one of a number of bases chosen by Congress to close as a result of the Base Closure and Realignment Act of 1989. By law the post will be turned over to the Golden Gate National Recreation Area by 1995 as part of the National Park Service.

"I pledge to you the Army's support and the support of the Department of Defense in making this a smooth transition," said Lt. Gen. William H. Harrison, commander, Sixth U.S. Army and Presidio of San Francisco.

Harrison was part of a five-man panel of "partners" who outlined the National Park Service's planning process for the post.

Other partners included Roy Eisenhardt, chairman, Golden Gate National Park Association; Frank Boerger, chairman, GGNRA Advisory Commission; Doug Wright, San Francisco deputy mayor for transportation; and Brian O'Neill, GGNRA general superintendent.

O'Neill said the partners will work together to make the Presidio's transition from a military base to a park a success.

Harrison said the Sixth U.S. Army has a new mission—to plan the post's closure by Sept. 30, 1995. Harrison reminded the audience of the Presidio's place in San Francisco and national history. Soldiers from the Presidio have participated in every major war in which the United States has been involved.

The Presidio's history indeed is distinguished—as is the Army's stewardship of the 214-year-old post.

The post's location was once sand dunes—but the Army has turned it into one of the greenest pieces of real estate in the city. Harrison said the Army will continue to maintain the Presidio's quality until the post changes hands.

"The Department of the Army and the Department of Defense are committed to keeping the Presidio in as fine a condition as possible until the closure," Harrison said.

But the Presidio's changing hands requires planning.

The planning process will begin with four public meetings in May and one in June, at four different locations.

The meetings are scheduled for May 15 in San Francisco, May 22 in San Rafael, May 29 in Oakland, May 31 in Redwood City and June 2 in San Francisco.

The National Park Service has outlined nine planning guidelines to be followed. These include:

- The post's historic buildings, sites and landscape will be preserved;
- Historic structures will be put to use;
- Open space will remain open to protect the scenery;
- Natural features will be protected and restored;
- The post will remain open to the public;
- New uses in the Presidio should support or be compatible with national park purposes;
- Funds will be sought to operate the Presidio;
- The planning process will take a long-term view; and
- The planning process will accept the public input and work with local governments.

O'Neill pointed out GGNRA already has some experience with managing (former) Presidio land.

"We already manage the 45-acre Crissy Field and 100-acre Baker Beach," O'Neill said.

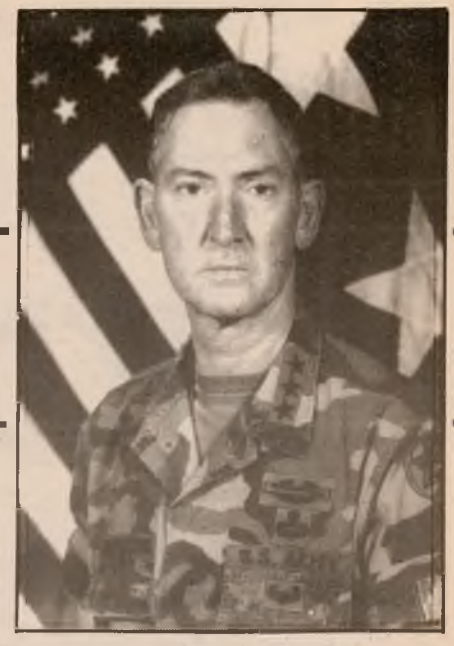
He said it will be necessary to bring in a private component to augment the funds and federal government.

O'Neill said goals for the transition should include keeping buildings occupied to maintain them, and keeping some military presence on post.

He summed up by saying there should be no interim decisions to compromise the closure.

Voices

Presidio View
by Lt. Gen. William H. Harrison



This week on post

Dear Presidians—

Last week I mentioned our Volunteer Recognition Ceremony before the fact. This week, after the fact, I have to mention it again. It was very well done and well attended. One of our selectees has already departed PSF, but the other, Sugar Zaucha, was present and we were able to honor her for all she does. She's a real Hoo Ah lady. So, to Sugar and Vini—our thanks and congratulations. To our DPCA and Installation Volunteer Coordinator, Jeanne Mote, who organized it, all our appreciation. And we want to make special note of AAFES and the new Flower Shop for their donations for our winners. Hoo Ah for *all* our Volunteers.

On Monday, the 23rd, PSF hosted a large delegation from the Army of Mexico. My thanks to all the briefers, the protocol folks, the O' Club for their super support and to Spec. Albaugh who performed so well on the piano. Performances such as this make friends for our Army and our Nation.

The 24th saw our initial meeting of the PSF Volunteers for the upcoming Bay to Breakers Run. Great turn-out. Hope we'll see lots of you the day of the race!

Wednesday the 25th was Secretaries' Day. I hope all of your Secretaries had a Hoo Ah day. And I hope all of you out there appreciate what these great employees do 365 days a year—and don't wait until this special day to say Hoo Ah to your secretary.

Another great Retirement Ceremony was conducted on April 26. My thanks to Brig. Gen. and Mrs. Burger, to Co. A, LAMC, the LAMC Color Guard and of course our great Sixth Army Band. To our retirees—Col. Lorena L. Griess; Lt. Col. John F. Hendrickson and SSgt. Clinton Carver, a very loud and special Hoo Ah for your long years of service to our Army.

Under the direction of Col. Lou Rose, our DCSPER, the Family Support Division, led by Steve Reed, put on an exceptional Family Assistance Conference. The Conference, held in Park City, Utah, was attended by staff and volunteers from all 12 states of Sixth Army as well as representatives from DA, FORSCOM, National Guard Bureau, Chief of Army Reserves and our fellow Continental Armies. We recognized ouir USAR and NG Volunteers of the Year on Saturday night. Dawn Kesler from Spokane, Wash., was our USAR winner and Lorri Kinstad from South Dakota was our NG honoree. To these folks and to all the nominees, and to Steve Reed and his crew, a really special Hoo Ah for a job well done.

On Saturday, I traveled to Salem, Ore., to participate in the formal dedication of their new National Guard State Headquarters. It's a magnificent facility. Congrats to all our NG friends in Oregon.

This week I received a special message from HQ FORSCOM congratulating our Sixth Army and PSF "Retention Community and Commanders" for their outstanding performance in March '90. One can't help but be impressed by these folks considering their challenges regarding base closure and the overall DoD/DA austerity period. Keep up the good work—and keep our Army filled with good soldiers.

This week also brought me not one, but two very unusual Dial-a-Boss inputs. The first was a big Hoo Ah for Armando Jesus from DEH and John Turner from DEH Inspections Branch. Some of our Mayors called in to thank these great employees for the super jobs they are doing in their respective areas. To the Mayors' compliments, let me add my own. Hoo Ah!

Also, a family member called me to to thank and to compliment our Presidio Vet Clinic. Specifically cited for their professionalism and courtesy were Capt. Wilkshire, Spec. Galloway and PFC Porter. To these three and all our PSF Vet Clinic folks—Hoo Ah!

The quote this week is very appropriate for all of us who live and work at the Presidio of San Francisco—A Very Special Place.

God Bless you all.

William H. Harrison
Lieutenant General, USA
Commanding

"One of the most tragic things I know about human nature is that all of us tend to put off living. We are all dreaming of some magical rose garden over the horizon—instead of enjoying the roses that are blooming outside our windows today."
—Dale Carnegie

DEPARTMENT OF THE ARMY
HEADQUARTERS FORCES COMMAND
FORT MCPHERSON, GEORGIA 30330-6000

REPLY TO ATTENTION OF

FCJ1-RTP (601-6)

MEMORANDUM FOR Commander, Sixth United States Army and Presidio of San Francisco, Presidio of San Francisco, CA 94129-5026

SUBJECT: Reenlistment Excellence

1. Congratulations to the Presidio of San Francisco retention community and commanders on their reenlistment success in March 1990. Such outstanding performance, especially during this period of rapid change and eroding reenlistment incentives, reflects their continuing concern for soldiers and the quality of your retention program.

2. Our reenlistment missions, and hopefully our transition missions, are starting to drop. The challenge facing us for the remainder of FY 90 is to continue making our assigned missions in each category by reenlisting or transitioning only our highest quality soldiers.

3. The superb performance and professional attitude your reenlistment team has demonstrated by your accomplishments to date serve as an example for all of Forces Command. Please convey our appreciation for a job well done.

FOR THE COMMANDER:

TRAVIS N. DYER
Major General, USA
Director, Personnel, J1

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The *Star Presidian* editorial offices may be reached by calling 561-3908.

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Comments

Letters to the Editor

Editor:

It was another day in our neighborhood. At one house there was the invasion of reputed 12-pound spiders on the back porch, while next door the kitchen sink was backing up from the garbage disposal. Sigh. There's a shortage of maintenance personnel. Can we handle it ourselves?

First a call to Inspections Branch, Litter Contract. Can they pick up some wooden pallets near the back door (once used during a basement flood) which might be encouraging the arachnid hordes? "Yes, Ma'am, first thing in the morning." Great, now about that sink; let's try a plunger.

Minutes later, the people from Litter Contract drive up. This polite, enthusiastic young crew cheerfully tackle the pallets, clearing up the mess in minutes—not tomorrow, today. As they ride off in their red truck there's an overwhelming desire to ask: "Who were those masked men?"

Just then up pulls a DEH maintenance truck and the driver says a pleasant hello, remarking that the family at the end house hadn't been home to have their dishwasher repaired. Hearing about the garbage disposal problem, he offers to take a look and make suggestions. He quickly notes, however, that the problems of the disposal in one duplex and the dishwasher in the other are one and the same due to adjoining pipes and proceeds to work on them both—fast, efficient, friendly.

We would like to thank these people, not just for their quick response to a problem, but for their friendly, energetic approach to what were really just more of life's mundane irritants.

So thank you to **Armando de Jesus** of Customer Service and to **John Turner** and **Bobby Jones**, DEH Inspections Branch. We tried to find out who was on the crew of the red truck at the time, but we must thank all of the people from the American Minorities Service who have helped us (and forgive any misspellings): **Larry Murray; Demore Rellis: Tamara Freeman; Michael Fohlsom; Kenneth Chappel; Carol Miller; Alphonse Angulo;** and **Miguel Apper.**

You people really made our day!

Lynne Zold
326-A Infantry Terrace

Barbara Whitaker
325-B Infantry Terrace

Dear Editor,

I visited the post Legal Office on March 2 for a special Power of Attorney. The lady there said they only provide service to the Army.

This resulted in my having to drive from South San Francisco to Travis Air Force Base and back after having worked an eight-hour shift.

While at [the] Travis Legal Office the lady there said they provide service to all branches of the armed forces, retired included.

Is the Legal Office at Presidio that busy or understaffed to a point where a 15-minute document cannot be prepared?

Sincerely,
Douglas Springstead, Jr.
Master Sgt., USAF, retired

Response from the Staff Judge Advocate

Thank you for your letter and the opportunity to explain the procedures to obtain legal assistance here at the Presidio.

During normal duty hours (Monday through Friday, 7:30 a.m. to 4:15 p.m.), the Legal Assistance Office does indeed serve personnel from all branches of the service. Because of the shortages you noted, we are not ordinarily able to handle retirees. In order to provide legal assistance to the retired community we have installed a program with the support of local attorneys who serve in the Army Reserves. Appointments for retirees are made to see these attorneys on the weekends when they drill.

For relatively easy documents, such as powers of attorney or notarizations, we do extend our weekday service to retirees. Most often, we cannot set aside on-going work to do even a 15-minute document. For that reason, clients usually receive a worksheet to complete and can return for the finished product the next day. I say "usually" because if the client must travel a long distance we will endeavor to handle the matter in only one visit, or if there is an emergency we will see to it immediately.

I'm sorry if this policy caused your being misinformed. Whatever the cause of the misunderstanding, rest assured that we stand ready to meet your legal assistance needs to the fullest extent possible.

Sincerely,
Craig S. Schwender
Colonel, U.S. Army
Staff Judge Advocate

Letters to the Editor

Do you have something to say to the *Star Presidian* readership? Then write a Letter to the Editor! We stand ready to respond to letters on any topic.

Just write a Letter to the Editor (including your signature and let us know if you wish us to print your name) and address it to:

Editor, *Star Presidian*
ATTN: Letters to the Editor
Building 38, Room 11 (Basement)
Presidio of San Francisco, CA 94129

So, let's have a letter from you!

Ask Presidians:

"With military reductions, how will your role as spouse change?"



Jean M. Zurek, volunteer, Creative Cottage: "Our role will remain the same. We will be just as supportive as if there were no cuts."



Amarette Gamble, budget assistant, Sixth U.S. Army DCSLOG: "My husband has over 18 years, so he would retire if given the option. Also, we have bought a home, so we are used to living on the economy."



James Winbush, manpower analyst, Sixth U.S. Army DCSRM: "Reductions in the force will inevitably result in reductions in the supporting DoD civilian workforce. This will impact the options that are available to military spouses for employment within DoD. Hefully, my role will remain the same."



Brenda V. Foote, Community Relations Assistant, Sixth U.S. Army PAO: "Although a lot of spouses work, I think more spouses will enter the workforce and also become more visible to the military. I think the military has only surfaced the need to improve the quality of life for the family, and will continue to emphasize improvements with the dependents becoming more involved in those decisions and having more of a voice."

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Military spouses honored for sacrifices

by Pleasant Lindsey III

The commander of Sixth U.S. Army and the Presidio of San Francisco has declared May 11 to be Military Spouse Day on post.

Lt. Gen. William H. Harrison will issue a proclamation May 10 to commemorate the celebration, and spouses will be honored with a Retreat Ceremony on May 11 at 3:30 p.m.

The Presidio will have special activities and promotions to honor military spouses.

The day is set aside to honor military wives and husbands and to recognize their support of soldiers.

The proclamation declares military spouses serve their country and perform a unique mission for the Army.

In part, the proclamation reads: "...though they seem to be in the background in our daily life, they actually are very much in the foreground—an important part of the United States Army and its commitment to world peace with freedom."

Post activities will help honor Military Spouse Day with special prices and events.

Among these, the Officers' Club will have lunch and dinner specials, Outdoor Recreation will offer 25 percent discounts on equipment, and the Presidio Yacht Club will offer free sailboat rides from 10 a.m. until 3 p.m.

On May 12 the Golf Club will issue free tokens to spouses, and the Sports Branch will provide free aerobics classes May 14.

Sacrifices

The proclamation spells out examples of the sacrifices spouses must make during their partners' career. These concerns probably weigh heavier for military spouses than they do for civilian spouses.

"One of the major concerns is when will the family get to join my husband when he moves to a new duty station, or what schools are available for the children," explained Lori Tweddell. She and her husband Rick, an MP, have been married 10 years and know what sacrifices have to be made.

"In general the Army is more supportive of wives now," Twedell said. "Early in his career, I would not have known who his commanding officer was."

Civilian spouses have the advantage of stability. Civilian families pretty much know where they will live, work and go to school, and for how long.

Military spouses don't have that luxury.

However, Twedell said that military spouses do have an advantage which others may dream about.

"Military spouses can see so many countries and places for free as a result of the marriage partner's career moves," Twedell said.

PROCLAMATION

WHEREAS: Our spouses help achieve our personal goals, and
Our spouses are our partners to help the Army attain its commitment to peace with freedom, and
Our spouses assist in family wellness and community involvement, and
Our spouses are the persons with whom we make our sacred vows, and

WHEREAS: Spouses in military families make great sacrifices when military duty takes their partner away, and
Spouses must adjust to moves from state to state and from country to country - and they do so with much courage and great ingenuity, and

WHEREAS: Spouses must wait when they wish not to,
must hurry when they would rather not,
must do without when money is short,
must live without their partner when duty calls,
must at times take care of family matters without any help.

LET IT BE KNOWN THAT: Military spouses are individuals who serve their country, support their community, care for their family members, and contribute to the unique mission of the peace-keeping Army. Though they seem to be in the background in our daily life, they actually are very much in the foreground- an important part of the United States Army and its commitment to world peace with freedom.

NOW, THEREFORE: I, Lieutenant General William H. Harrison, Commander, Sixth United States Army and Presidio of San Francisco, do hereby declare 11 May 1990 as the date for National Military Spouse Day at Presidio of San Francisco. The day is set aside to honor military spouses and to recognize them for their many accomplishements. Be it resolved that a copy of this proclamation shall be published and posted in activities to commemorate this celebration. In witness whereof I have hereunto set my hand at Presidio of San Francisco, California, this 10th day of May 1990.

Military spouses are very special people!

William H. Harrison
Lieutenant General, U.S. Army
Commanding



Commentary: Spouses' lives marked by sacrifice, support

by Priscilla Fleischer

What is a military spouse? I am one myself, and yet I find it difficult to find a description that seems to fit all the spouses I know, or myself for that matter.

We are different races, creeds, cultures, languages. We come from everywhere, and we have lived everywhere.

So it seems on the surface as though we are like any other group of people, all different, all living our separate lives. But somehow I feel that is not true. There is an indefinable *something* . . . a sense of sameness, a common identity, a sense of closeness with one another that I don't feel in other areas of my life.

The Army itself gives us all an identity, both us and the soldiers. The post is a large community and I feel it on the street, or in the PX or in the commissary.

Sometimes the Army seems to me to be like a gigantic parental figure who cares for us and tries to make our daily lives easier for the sacrifices we all make. Sometimes it feels like an impersonal power whose rules and regulations control large pieces of our lives. But we all share these feelings. There is something else I see in the eyes of the spouses I know that is special to them, to me.

I listen to the spouses at a social gathering, or I talk with my neighbors on post. Most of the time we talk of things everyone talks about—children, schools, money, shopping, the weather, etc. But if I listen and watch more carefully, I also see understanding, compassion, and commitment to our role in the Army. There is genuine empathy for me and for my concerns that I don't find often in other places; it makes me proud to be a military spouse.

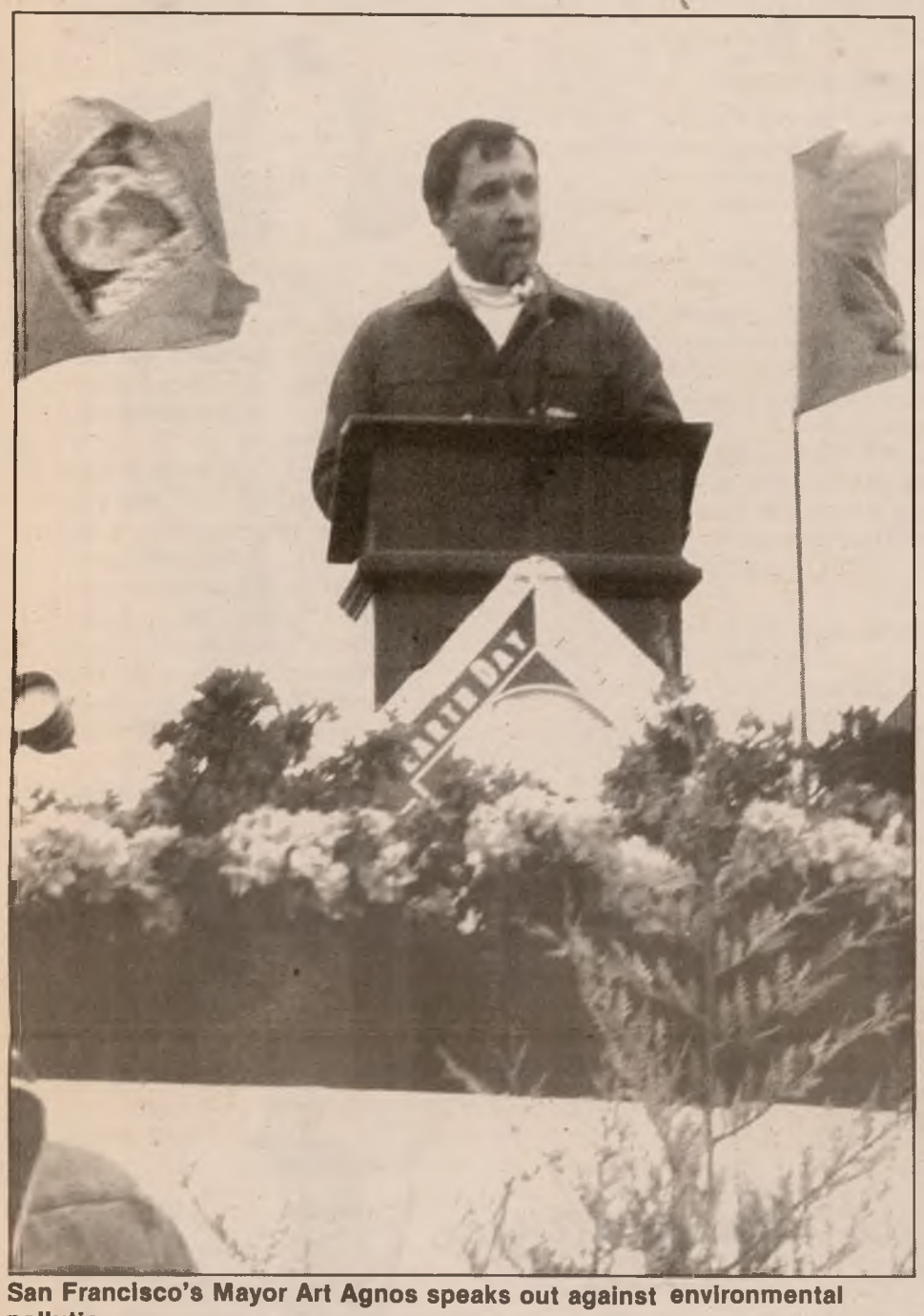
We are people who understand the necessity of mutual support. The Army demands so much of our soldiers, of their time and energy. It demands sacrifices not everyone has to make in their work. Military spouses themselves also make a commitment to support their soldiers, and so make sacrifices themselves. They live with frequent moves, loneliness, unfamiliar surroundings, helping their children make the adjustments to each new place, new schools, and no family nearby for support. The Army attempts to ease some of these burdens, but the real support comes from the spouses themselves for each other. We may be very different on the surface, but underneath we share many qualities in common.

We are givers and caretakers, and we care genuinely for those around us. I see genuine concern and supprt offered to me in the eyes of the spouses I know. That is the identity we share. I think that is the essence of what a military spouse is.

Editor's note: *Priscilla Fleischer is an Army spouse, a licensed clinical social worker, a Presidio Crisis Line volunteer, and works part-time with the Presidio Family Advocacy.*

Mother Earth

Earth Day hosts 150,000 at Crissy Field



San Francisco's Mayor Art Agnos speaks out against environmental pollution.

story and photos by Adrienne Sims

Mother Earth made some demands on the 150,000 people who attended the Earth Day activities at Crissy Field April 22.

She wants an ad to be run in every newspaper in the world that states: Single Earth looking for other planet. Must be clean, have a large amount of beach area and have own orbit. This was used in a live radio comedy act on the stage at Crissy Field.

Not only was there comedy, but bands played, politicians spoke, a boys' choir sang and people shared their feelings about the Earth and the people who destroy it.

The atmosphere was like that of "Woodstock." Spec. William D. King called it the "Woodstock" of the '90s. "I took part in the event because it is something I can tell my grandchildren. I don't think there'll be another Earth Day for 20 years."

Earth Day was a party for the Earth, but this party was taken seriously. Beer cans weren't found in the Bay, cigarette butts weren't dropped on the ground and food wrappers weren't left lying around. People are beginning to take care of the Earth. At least, the 150,000 people who showed up at Crissy Field (in the rain) are standing up for the Earth.



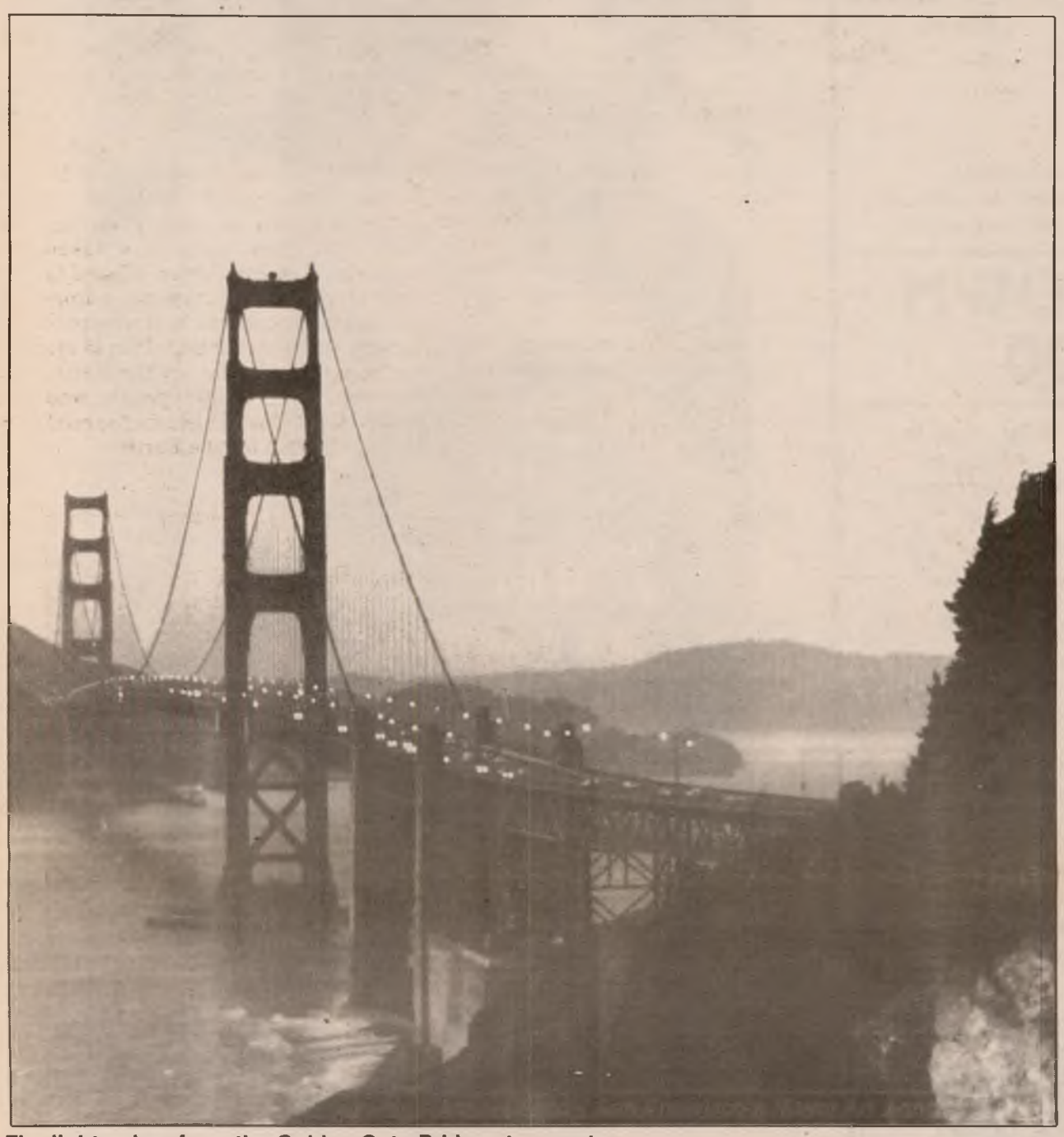
People crowded together at Crissy Field during Earth Day.



Bicyclists await their welcome at Crissy Field after riding their hearts out in support of Earth Day.

Some Enchanted Vista

Presidio's secret corners hold hidden magic



The lights glow from the Golden Gate Bridge at sunset.

story and photos by Adrienne Sims

Behind the trees there lies an enchanted land where maidens have come to drink the waters to be blessed with many children, another place where a Spanish commander waited for the enemy, yet another place where people can watch the sparkling sunset and, finally, a place where people come to windsurf.

Many people aren't aware these enchanted places *all* are on the Presidio.

Maidens came to El Polin Springs to drink the waters from the well. They believed they would have many children if they drank from the magic well. Now El Polin Springs has a playground for children and a jogging trail.

Much like El Polin Springs, Inspiration Point has changed since 1776 when Lt. José Moraga, first Spanish commander of Presidio, used the hill as a lookout point as he waited for the arrival of the ship San Carlos. Alcatraz can be seen from the point, but most of the Bay has been camouflaged by the trees which have grown up around it.

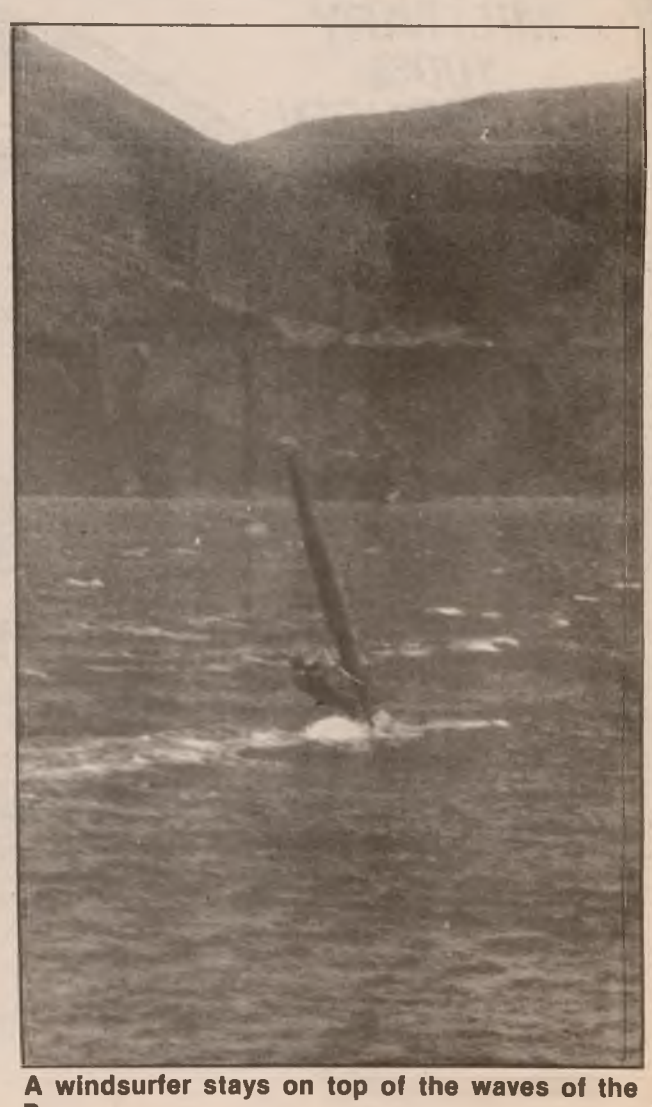
Behind Dove Loop there is an excellent place to view the Bay, the Golden Gate Bridge, some of the city and, of course, the sunrise and sunset. There are parking places so visitors can enjoy the view from their cars, and there are benches for those visitors who wish to sit outside. This is a great place to have a picnic or a romantic dinner (on a blanket, of course) while the glowing sun sets.

Crissy Field is the place to go for modern, fun activities. here you can windsurf, jog or just lay out in the sun. The colors of the windsurf boards look beautiful against the bluish-green of the water. Your kids will enjoy themselves wading in the water or building sand castles.

These enchanted lands are no secret; they are on a Presidio map (available at Public Affairs). There are many enchanted places on the Presidio which offer a great view, a great time and even a great history lesson.



The El Polin Spring trickles on during the drought.



A windsurfer stays on top of the waves of the Bay.



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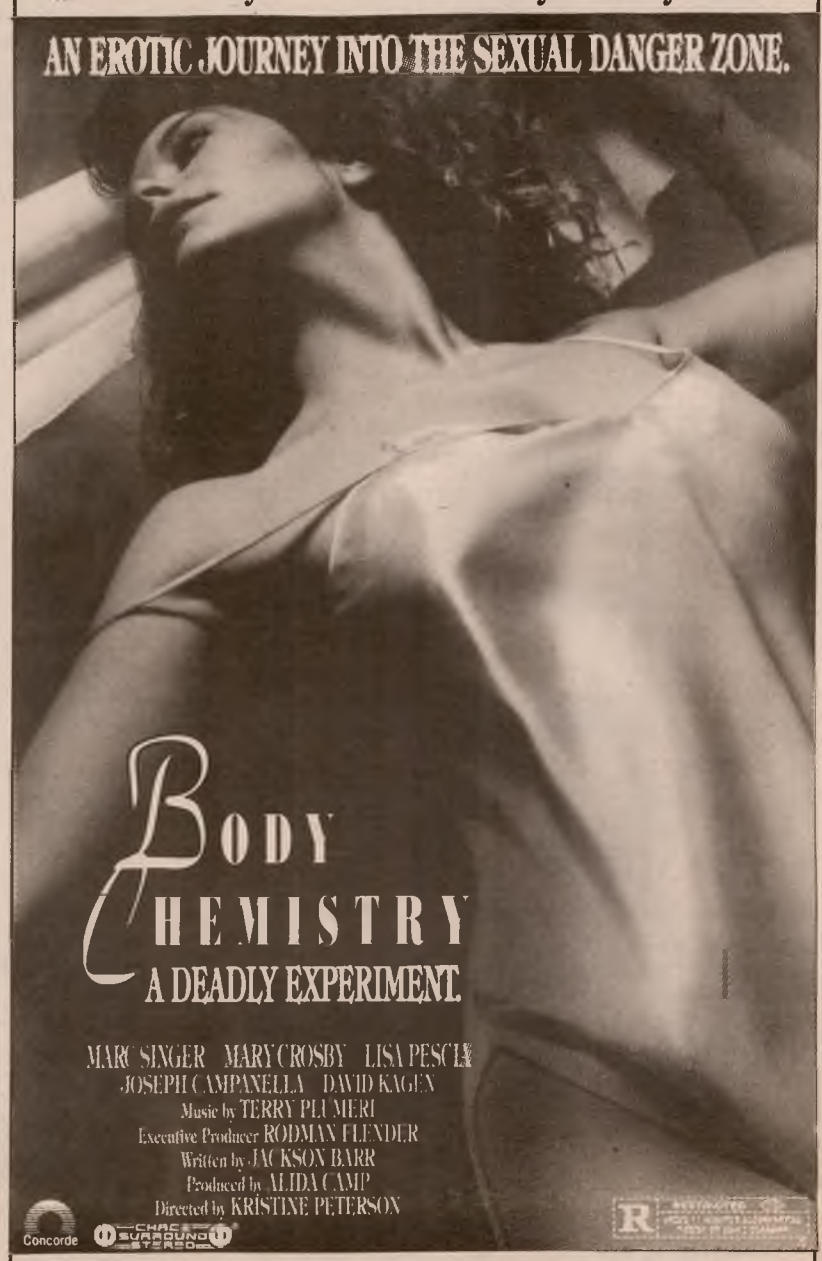
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Sports & Health



photo by Pleasant Lindsey III

Steve Priest whacks a single to left field in the Presidio Pony League Team's loss April 28.

Pony League baseball

The Presidio Pony League baseball team split a pair of games, winning 13-6 on Thursday before falling 14-1 in a Saturday encounter.

The Presidians jumped off to a fast start against the Constables, led by Steve Priest with two hits and four runs driven in and Dan Talomonte with two hits and two runs driven home.

Norman Crittle, Chris Amador, Tarrell Gregg and Priest each scored two runs. Pitcher Mike Stenger hurled four strong innings before Crittle came in for an effective relief performance. Saturday's game was marred by miscues against a hard-hitting Braves team. Dan Talomonte went 3-for-4 and pitched two scoreless innings in relief.

The Presidians return to action Thursday evening at Rossi Park.

Softball tournament

Presidio's Sports Branch will host a Memorial Day Slow Pitch Softball Tournament from May 26 through 28.

Teams may be formed by combining with other units, divisions, sections and military family members 19 years old and older are eligible. Military installations in the Bay Area also are being invited to participate. An entry fee of $175 will be charged for each team.

Coaches/managers desiring to enter a team must do so by May 21. An organizational meeting and drawing will be held at Presidio's main gym at 12:30 p.m., May 21. All entries will be finalized at that time.

For more information, call John Funes at the Sports Branch at 561-5032.

Softball umpires

Attention softb fans! There will be a softball clinic for all people interested in officiating games. The clinic and meeting will be held May 10 at 5 p.m. at Gym No. 1. If you have any questions about softball or officiating, Paul Anderson and other representatives of the Pacific Officials Association will be there to give you the answers.

Health and Fitness Day

The month of May is Physical Fitness and Sports Month sponsored by the President's Council on Physical Fitness and Sports.

In support of this event, the Presidio is conducting an Employee Health and Fitness Day on May 16 from 11 a.m. to 1 p.m. at Gym No. 1, building 63.

The event is designed to promote health and fitness on the job. All Presidians are invited to participate in non-competitive sports such as walking, aerobic exercises and Nautilus exercise machines instruction. Also there will be an opportunity for total cholesterol and blood pressure testing as well as a sports nutrition display.

For more information, call Fitness Coordinator Bob Darling at 561-4120 or 561-4131.

All-Army Track Team takes top places at SF State

story and photo by Pleasant Lindsey III

The All-Army Track Team made one impressive showing in the 9th Johnny Mathis Invitational at San Francisco State University April 28.

Army athletes placed first, second or third in most events in which they competed.

For the men, Tony Parsley placed first in the javelin throw with a distance of 224-1. Mike Smierciak placed third with a toss of 217-8.

Brian Appell won the 3,000 meter Steeplechase with a time of 8:56.8, and John Detro took third place at 9:11.4.

Kris Szabadhegy tied for first in the pole vault at 15 feet.

For the women, Stacie Culmer won the shot put, tossing for a distance of 41-7½, and placed second in the discus at 136-5.

Laura Edmark won the 3,000 meter race in 9:53.7; Stephanie Thomas took second in the 100 meter hurdle at 15:25.

Kim Parrish-Smith won the 400 meter at 56:7, and Nadia Pugh took second at 58:1.

In the 100 meter, Julie Turing easily sprinted to victory at 12:16, and Audra Fisher-Meza was second in 12:79.

Turing also won the 200 meter, running it in 24:52.



Audra Fisher-Meza and Julia Turing explode from the line to capture the first two spots in the women's 100 meter. Turing was first and Fisher placed second.

LAIR needs vitamin A study volunteers

Healthy adult volunteers are being sought for a study of vitamin A by the Western Human Nutrition Research Center located at the Presidio.

The study's purpose is to fine-tune the Recommended Dietary Allowance, or RDA, for the vitamin, which is essential for sharp vision, resistance to infection and other attributes of good health, said chemist Betty Jane Burri.

"We need men ages 18 to 24 and 55 to 60, and women age 55 to 60 who also meet other requirements," said Burri, who will lead the study. The center, operated by the Agricultural Research Service of the U.S. Department of Agriculture, is housed in the Letterman Army Institute of Research.

She said volunteers who meet all the requirements will be paid $100 for five visits totaling about five to 10 hours over about a month.

"We're looking for healthy, drug-free non-smokers who either don't drink or drink only moderately," Burri said. "And, because vitamin A is so important to good vision, prospective volunteers must not have cataracts or glaucoma. Glasses or contact lenses are okay, as is past damage (such as blindness) in one eye. But damage to both eyes would disqualify a candidate." Volunteers will be fed two forms of vitamin A.

"These forms are completely harmless and have been used for other vitamin A studies," she said.

"Volunteers will be asked to provide a small sample of blood during each visit. "We'll also ask them to fill out a health and diet questionnaire," said Burri.

Interested applicants should contact Katherine Yamamoto, Recruitment Coordinator for the Western Human Nutrition Research Center, USDA Agricultural Research Service, at 556-2074.

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Community Calendar

Army Ball

In celebration of the U.S. Army's 215th birthday, the Presidio's 1990 Army Ball will be held on June 14 at the Presidio Officers' Club.

This event will be open to all active duty personnel, Army Reserves, retirees, Department of Army civilians and Army spouses.

Social hour begins at 6:30 p.m. Due to the limited number of tickets (approximately 340), make your reservations early with your unit command sergeant major or first sergeant. Cost is $17 a person; formal attire.

For more information, call CSM McVey at **561-4373** or CSM Whiteford at **561-2004.**

Military Spouse Day

May 11, the Presidio will honor military spouses for their contributions as volunteers, civilian employees, patriotic citizens, international ambassadors and supporters of the Army's mission. Special recognition activities and promotions will honor these members of our community. Individual soldiers should also remember their spouses on this special day. Schedules of activities and events will be published throughout the community before Military Spouse Day.

For more information, call Army Community Services at **561-5155** or **561-4513.**

Water rationing

Due to the recent announcement of water rationing in the San Francisco Bay Area, beginning immediately, the use of exterior watering (i.e., lawn and garden watering) on the Presidio is limited to alternate days.

Residents occupying buildings with odd-numbered addresses will water their lawns on odd-numbered days. The same is true with even addresses and even-numbered days.

All watering must be done *before* 10 a.m. and *after* 4 p.m. to minimize evaporation.

Other watering, for areas such as the Parade Field, Letterman Army Medical Center, Bowling Center, etc., accomplished by the Directorate of Engineering and Housing, will be modified.

If you note wasteful water run-off onto the street, down sidewalks, etc. (especially in the areas maintained by the DEH) report it to the DEH Work Order Branch at **561-4504,** or the Eyes Machine at **561-EYES.**

For more information, call Juanita Whitehead at **561-3711.**



photo by Adrienne Sims

Earth Day

An angry tree dances in support of Earth Day.

Barber Shop

The basic haircut price is now $5.45. An increase of 25 cents was established due to a local price survey, taken by a representative of the command and AAFES Service personnel.

Thrift Shop news

The Thrift Shop opening (9 a.m. to 1 p.m.) and Flea Market (7:30 a.m. to 1 p.m.) will be held Saturday in building 204; phone number **922-3384.**

Bring a table, valid military ID card and rent a vendor space for $5. There is an additional charge for extra space. A reservation is not needed.

Reservists may rent a vendor space with a valid military ID card *and* a current LES.

ITT makes hotel reservations

ITT, building 215, has a new service. They can now reserve hotel or motel space for Presidians at 10 major hotel and motel chains. Simply visit ITT and they'll do the rest.

U.S. Census Bureau jobs available

Temporary employment is available immediately with the U.S. Census Bureau. Positions include field work (enumerators) working in an area close to home, checking mailing addresses, leaving or picking up questionnaires or visiting homes for on-the-spot interviews, and clerks for data entry and other tasks.

Part-time and full-time positions are available as well as flexible hours at an hourly rate. Census wages are not deducted from AFDC or food stamp allowances, U.S. citizenship is

For applications and information, call **597-7521.**

Food Basket program

Are you moving soon? If you are, and you have unopened canned and packaged food you want to leave behind, put them to good use by donating them to the Hands-Across-the-Presidio Food Basket Program.

This program, sponsored by the Presidio Thrift Shop Board, offers help to eligible soldiers and their families.

Donations may be left at Army Community Services, building 914, Monday through Friday, 7:30 a.m. to 4:15 p.m.

For more information, call Erick Davis at **561-5256.**

Correction

Last week the *Star Presidian* mistakenly reported that Dr. William G. O'Brien, the instructor for the Letterman-Presidio Fencing Club, was once head of surgery at LAMC.

Dr. O'Brien actually served as the Administrative Assistant to the Letterman General Hospital Commanding Officer.

USO job résumé workshop

Are you a military spouse, family member or civilian military employee? Are you perhaps separating or retiring from the Army? The Presidio USO conducts a "Job Search/Résumé Workshop" with you in mind for FREE! The workshop is held every Thursday at 10 a.m. in the basement of building 223, across from Garrison headquarters.

Current job listings from government agencies, businesses, schools and hospitals will be available along with a list of job hotline phone numbers which give recordings of job vacancies in the Bay Area. Résumé help and office equipment are available.

Call **561-2436** Monday through Thursday, 9 a.m. to 4 p.m., or jog by building 223's basement to make your appointment.

Stop in to say hello to the new USO Program Director Maura Bockrath.

National security conference

The National War College Alumni Association will sponsor an all-day conference on contemporary national security issues May 10 at the Presidio at the Post Theater.

Commentators will cover such topics as Pacific Rim issues, arms control negotiations, Eastern European and Soviet developments, Western European political, economic, and military evolution and the changing American defense posture.

This conference is arranged for alumni of the senior service colleges (the National War College, Naval War College, Air War College, Senior and Executive Seminars of the Foreign Service Institute and comparable foreign colleges), but other interested officials are invited.

The conference is open to active duty and retired military and DoD civilians. The cost is $15. There are two sessions; attendees can come to either or both: 9 to 11:30 a.m. and 1:30 to 3:30 p.m.

For more information and registration forms, contact Maj. Mark Waldron at **561-4689.** Checks should be made payable to the National War College Alumni Association. Send checks to: Registrar; NWCAA-1990; S.F. Conference; Maj. M. Waldron, USA; HQ, Sixth U.S. Army, ATTN: AFKC-SG; Presidio of San Francisco, CA 94129-7000.

At the Movies

Presidio Theatre

Sat, May 5: Born on the 4th of July (R), 7 p.m.

Sun, May 6: Enemies, A Love Story (R), 7 p.m.

Lambada: The Movie (PG), 7 p.m.

Fri, May 11: Bad Influence (R), 7 p.m.



FROM THE DIRECTOR OF "THE EXORCIST"

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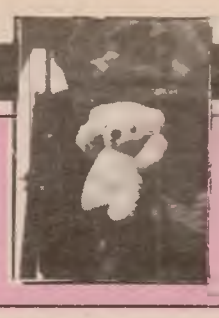
JOBS

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CHILDREN

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NATURE

Golden Gate Park: Enjoy the splendor of nature, page 7



Star Presidian

Vol. 33, No. 19 | Published in the interest of the people of the Presidio of San Francisco | May 10, 1990

News Briefs

Armed Forces Day events

In celebration of Armed Forces Week, Monday through May 19, the following events are planned:

• Wednesday, noon—Armed Forces Week Parade, downtown San Francisco; and

• May 18, 7:30 p.m.—Joint Service Band Concert, Masonic Auditorium, San Francisco.

Everyone is invited to attend these activities. Transportation arrangements will be announced as soon as they are finalized.

Pretransition briefing

All soldiers honorably separating from the Army through August must attend the pretransition briefing to be held at the Presidio Audiovisual Center, building 603, May 22, from 8 a.m. to noon. Spouses and commanders are welcome to attend.

Topics ranging from veterans' benefits and employment assistance to clearing information are designed to help make the transition to civilian life more informative and simple.

If a separating soldier is taking transition leave before separation and his/her departure is before August, this briefing is mandatory, as required by AR 635-10.

For more information, call the Military Personnel Operations, Ador Calica or Spec. Jerado D. Lomax at **561-2151** or **561-3297.**

Presidio honors spouses

A Command Retreat Ceremony will take place at the Presidio Flagpole tomorrow at 3:30 p.m. Lt. Gen. William H. Harrison will honor 10 representatives of Army spouse organizations by presenting them with a framed proclamation.

Military Spouses Day

Military Spouse Day is tomorrow. Letterman Army Medical Center invites all spouses to attend a briefing and tour with Brig. Gen. Leslie M. Burger in Torney Hall at 2 p.m.

The slide show, "Letterman People," will be shown. This production represents what LAMC is all about—caring people.

Refreshments will be served in Mitchell Dining Hall upon completion of the tour.

TSC Photo support

Effective Monday, full-length photographs, i.e., promotion, retention, and passport photos will be taken only on Wednesdays and Thursdays from 7:30 to 11:30 a.m. and 1 to 3:30 p.m. until further notice. Photo coverage of award ceremonies and reenlistments will be covered only if a general officer is presiding over the event.

A camera and film can be checked out for "self-help" photo coverage; TSC will develop the film. This action is mandated due to a critical shortage of photographers.



Budget forces worker cutbacks

by Evelyn D. Harris

Secretary of Defense Dick Cheney has ordered a 12 percent cut in his office staff and other sizable reductions in department payrolls in the next few years.

Defense spending in 1995 will be at its lowest percentage of federal spending since before World War, II if current budget decreases continue, Cheney said Jan. 29 while presenting his fiscal 1991 budget to the public. By 1995, he said, DoD funding will be down 22 percent from 1985 after adjusting for inflation.

Such a significant spending reduction cannot occur, he said, without reducing the number of DoD people, both military and civilian. On the other hand, he affirmed that the quality of personnel is Priority 1, that DoD must keep a quality force and support it with the best possible equipment, training and pay.

Cheney's announced 12 percent cut in the Office of the Secretary of Defense staff would occur during the next three fiscal years. That staff currently includes about 2,100 full-time civilians. The formula for the cuts has not been determined.

The secretary asked DoD, which includes the military services, to review programs with an eye on reducing the force by about 200,000 military jobs and 100,000 civilian jobs by 1995. Payroll and related costs represent almost half of the DoD's budget.

To achieve the planned cuts, DoD Comptroller Sean O'Keefe won't rule out reductions in force, although the department will do what it can to avoid them. He and Cheney have expressed hope that the DoD civilian hiring freeze imposed Jan. 11, combined with routine attrition, will cut the work force. About 80,000 permanent civilian employees retire or resign every year.

The freeze, in force through Sept. 30, applies to civilians in DoD as well as those outside who seek jobs in DoD. When current employees leave, vacancies in most cases cannot be filled unless a waiver is approved. Exceptions to the freeze include essential medical, safety or security-related hires authorized by the assistant secretary of defense for force management and personnel; programs for which the number of positions are specifically authorized by legislation, such as the number of auditors in the Defense Contract Audit Agency; political appointees receiving authorization from the secretary or deputy secretary of defense; and non-appropriated fund positions, among others.

Cheney called the hiring freeze "a temporary expedient . . . not designed specifically in and of itself to reduce the work force." He plans to accomplish most of the streamlining in a more orderly fashion by following recommendations in the July 1989 *Defense Management Report to the President.* A mid-January progress report given by the secretary called for a reduction of 18,300 civilians in acquisition-related fields by 1995.

O'Keefe said DoD currently has no plans to cut civilian training funds, adding, "We want the people we have left to be as well trained and effective as possible." Also included in the fiscal 1991 budget is a 3.5 percent pay raise, continued benefits and special pay for critical skills.

The Presidio Civilian Personnel Directorate is taking several initiatives to help employees, according to Gary Stella, acting chief of Recruitment and Placement Division.

"Hiring is very restricted at this time on order to assist in generating valid vacancies for our employees through attrition," according to Stella. Retirement and normal attrition also are being used to create vacancies. The Civilian Personnel Directorate is looking to fill these positions from within.

"Placement efforts will be initiated as needed in the future to assist in placement of our employees at other federal agencies and in private industry," Stella continued.

American Forces Information Service

Voices

Presidio View

by Lt. Gen. William H. Harrison



This week on post

Dear Presidians,

Yep! Another great week to be in or a part of our great trained and ready Army. Anyone doubting this should come out on one of our Sixth Army Fun Runs. Our latest on April 30 was, as usual, a great time. Lots of enthusiasm, cadence calling and good exercise. Our crowd was smaller than usual because several of the housing areas were having Spring Clean-up Day at the same time. Too bad these two very worthwhile projects had to conflict. CSM Whiteford assures me that won't happen again. Anyway, the run was fun!

I also want to take this opportunity to thank all our mayors, our housing area residents, and all our units for their great support of Spring Clean-up. SGM Abner tells me everyone cooperated and helped. The post looks much better—a place reflecting our pride. Thanks to each of you who helped in any way for making the Presidio of San Francisco—A Very Special Place! Hoo AH!

"I also want to take this opportunity to thank all our mayors, our housing area residents and all our units for their great support of Spring Clean-up."

April 30 also was promotion day for Major—now Lt. Col. Paula Molnar of the IG office. Congratulations Lt. Col. Molnar—from all of us.

"Congratulations Lt. Col. Molnar—from all of us."

On Tuesday, May 1, we had a very unique opportunity here at PSF. At breakfast we got to meet Yosef Wrona from Poland. In 1944 Mr. Wrona helped two young German Jews escape from the Auschwitz concentration camp. Through the years these two came to America, made good livings and looked for Yosef. Finally, Herman Shine and Max Drimmer located Yosef and brought him here to visit. It was truly an inspiring story—of man's inhumanity to man, but also of man's will to overcome even the worst abuse. An inspiring story for all of us. Thanks to our EO office for arranging it all and to the Officers' Club which hosted it.

Tuesday through Thursday I was TDY to Colorado visiting our great Guardsmen, Reservists and our Readiness Group, Denver folks. They are doing great things for our TOTAL Army. While there I had the pleasure of promoting to master sergeant—Sergeants Fred Posadas and George Causer.

On Wednesday, May 2, our local Red Cross had their Volunteer Recognition Luncheon. Mrs. Harrison tells me it was a well done affair with lots of great volunteers recognized for all they give to PSF. Thanks to each of you.

"Mrs. Harrison tells me it was a well done affair with lots of great volunteers recognized for all they give to PSF. Thanks to each of you."

On Friday I was honored to be included in the guest list for Coast Guard Appreciation Day at the Cliff House. This is an affair some 15 years old recognizing our Coast Guard friends for their sea rescue efforts. Congrats Coast Guard!

Very good message this week from the folks in Southern Command thanking Company C, 864th Engineers for their very professional performance during a recent deployment to Honduras. They were cited for "superior craftsmanship." Hoo Ah to all you 864th Engineers.

"Hoo Ah to all you 864th Engineers."

Also another very positive Dial-A-Boss regarding Juanita Whitehead. Ms. Whitehead was cited for being helpful to residents of our housing areas and as a very dedicated DEH employee. So, a great big Hoo Ah! for Juanita Whitehead.

"So, a great big Hoo Ah! for Juanita Whitehead."

Finally, don't forget that Friday, May 11 is Spouses' Day. We'll have a ceremony to honor spouses, but each of us who have a spouse should seek some special way to honor that helpmate who supports us and helps make every day a great day to be in or a part of the U.S. Army! Hoo Ah! for spouses!

"Hoo Ah for spouses!"

God Bless you each and everyone.

William H. Harrison
Lieutenant General, USA
Commanding

Worth Repeating

"No man can be a great officer who is not infinitely patient of details, for an army is an aggregation of details."

—George S. Hillard,
historian

"To be at the head of a strong column of troops, in the execution of some task that requires brain, is the highest pleasure of war."

—William Tecumseh Sherman,
Union general

"Experience is not what happens to you; it is what you do with what happens to you."

—Aldous Huxley,
author

"I fear explanations explanatory of things explained."

—Abraham Lincoln

"It is easier to rule a kingdom than to regulate a family."

—Japanese proverb

"A good wife who can find? She is far more precious than jewels."
—Proverbs 31:10

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The *Star Presidian* is an unofficial publication authorized by AR 360-81. Editorial content is prepared, edited and provided by the Public Affairs Office of the Presidio of San Francisco, California. The *Star Presidian* is published weekly by Coast Publishing, a private firm in no way connected with the Department of the Army, under exclusive written contract with the Presidio of San Francisco, California.

The *Star Presidian* editorial offices may be reached by calling 561-3908.

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News You Can Use

Ask Presidians:

"What is the hardest thing about being a military spouse?



Orgett Higginbotham, retired Chief Warrant Officer, U.S. Army: "Looking at it from the lady's standpoint, there were the anxieties of wartime, wondering where their husbands were. From my standpoint, I wondered if my wife was okay and what hardships she was going through."



Marie Zenk, military pay clerk, Finance and Accounting Office: "Probably being separated if the spouse is sent overseas on an unaccompanied tour."



SFC Thomas M. Slivon, Personnel Staff NCO, Oakland Army Base: "They have to sacrifice a lot because of the amount of time their spouse spends in the field. There are a lot of long hours associated with that. The spouse has to get along on his or her own."



Janice Morris, secretary, Sixth U.S. Army Office of the Deputy Chief of Staff for Information Management: "Their time is irregular. They can't plan things ahead because their spouse might have duty."



Dennis Shiraki, chief, Budget Branch, Sixth U.S. Army Office of the Deputy Chief of Staff for Resource Management: "There are lots of separations and they have to move fairly often. They also have to comply with lots of military customs."



Take the job with confidence!

by Sharon E. Everett

Congratulations! The resume you wrote last week was so good that XYZ Company asked for an interview. Here are some tips that will help you through that first personal contact with an employer.

• **Research the firm.** You can find annual reports, stockholders' information and much more just by visiting your local library. You might also check the *Reader's Guide to Periodic Literature, Thomas Register,* and *Dun and Bradstreet Reports* for articles or information about the firm. This will give you the background to discuss the business and possibly ask some questions of your own.

• **Dress appropriately for the job you want.** If you are applying for a construction job, you probably shouldn't wear a suit and tie. Likewise, if you are interviewing with a stock brokerage you should stay conservative. With a public relations firm or an arts organization, the dress code is not as rigid. Whatever you wear, make sure it is clean and in good repair.

• **Have a positive attitude.** Convey the feeling that *you* are the best person for the job. "Go in with the attitude that you'll have fun," says Liz Greeley, Sixth U.S. Army and Presidio Command Information Officer.

• **Be honest about your skills.** If you don't know how to do something, admit it. Be sure, though, to indicate your willingness to learn new skills.

• **Practice for your interview.** Yes you read that correctly. Have a friend portray the interviewer, posing questions that might come up in an interview situation. This gives you an opportunity to decide what your answers might be and how best to market your skills.

• **Put your best foot forward.** You want potential employers to know about your skills and accomplishments; now is not the time for modesty!

• **Relax!** Interviewers know this is a stressful situation for you. A poised appearance will earn you extra points in the long run.

• **Write a note to the interviewer,** thanking them for their time and expressing your interest and enthusiasm for the position and the firm. This will serve as a reminder when interview notes are evaluated; your name will be remembered.

• Finally, wait for the phone call offering you the job!

What to do if you're locked out of your home

by Robert D. Bunting

You just left your quarters, and there's an empty feeling like something isn't right. You reach into your pocket or purse, and the key chain isn't there. You search in vain for the keys but they are not on you. The realization hits you; you're locked out of your home, stranded outside. Your spouse won't be home for hours, and none of your neighbors have a spare key. There is no need to panic; we have procedures that will help you. You can be reunited with your possessions quickly.

During duty hours (7:30 a.m. to 4 p.m.) Presidians locked out of their quarters are required to do one of the following:

• Telephone the DEH locksmith service order desk to report the lockout, 561-4504;

• Report to building 282, the locksmith service order desk and request assistance;

• During non-duty hours (4 to 7:30 p.m.) contact the Sixth U.S. Army Staff Duty Officer at 561-2780 to activate the following lockout procedures:

1. The SDO upon notification will contact the Presidio Fire Department;

2. The Fire Department will notify the Military Police who will obtain the keys to the quarters;

3. The Military Police will respond to the lockout and assist the requesting person after the identity of the person is verified for the quarters.

So, you will soon be back in your home, safe, secure and keeping a better watch on those keys.

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Making a Difference

MPs recruit teddy bears

story and photo by Adrienne Sims

Presidio MPs are using bears to fight child abuse—teddy bears, that is.

According to SSgt. Steven R. Tschetter, crime prevention NCO at the post Provost Marshal's Office, police officers all over the country are getting the silent victims of abuse to trust adults again, to open up to police investigators, by giving away teddy bears.

Part of an international program to aid abused and despondent children, set up by Caring for Children, Inc., the local bears began riding with MPs Jan. 1, Tschetter said.

Caring for Children, Inc. distributed 250 bears to police agencies internationally. The agencies use the stuffed animals to comfort children who've been involved in violent accidents, who are lost, or who are the victims of child abuse.

Samantha Grier, president of CCI, said the program has led to at least one child abuse conviction (not on the Presidio).

After an eight-year-old girl, who was the suspected victim of child abuse, refused to talk about the attacks, an investigator gave her one of the bears.

The next day, her foster parents called the police agency and said their little girl wanted to talk to the man who'd given her a teddy bear. The trust the officer won led to the conviction of one of the girl's former foster parents.

Tschetter said the "Teddy Bear Program" allows investigators to make an instant friend of a child who needs someone to talk to, but is too afraid to open up.

"We're not here to hand out bears to try to get children to tell on their parents," said Tschetter. "[We] simply use the bears as a tool to give comfort and emotional support to distressed children."

Tschetter added that after an MP gives away a bear, a critique sheet is filled out and given to the post Crime Prevention office, which follows the case.

"I really have seen where the patrolman . . . has given out a teddy bear and [then] come into my office to tell me how great the program worked for them," Tschetter said.

Although Caring for Children Inc. has supplied the Military Police with a few teddy bears, the bears won't last forever. If you would like to donate an old teddy bear, "Fit for duty," as Provost Marshal Lt. Col. William Reese puts it, you can drop if off at the MP station. It could make a lonely, sad child very happy.



Cuddly teddy bears have joined the Presidio MPs to comfort and soothe injured and traumatized children.

What will *you* do with 1,300 pounds of garbage?

by Adrienne Sims

By simply paying attention to what you discard, you can start to make a big difference in the environmental problems the Earth is facing.

April 22 the entire country celebrated the 20th anniversary of Earth Day. On the same date in 1970, more than 20 million people gathered to save the Earth. Because of their efforts, the Clean Air Act was passed and the Environmental Protection Agency was established.

Yet why should Americans continue to care about the Earth?

From the oil spill of the Exxon Valdez to the discovery of two major holes in the ozone layer over Antarctica, the environmental problems we face today seem overwhelming.

There are solutions to some of the problems like strengthening clean air legislation or installing smokestack filters in coal-burning factories, but there are still small ways to take a step toward a better environment.

According to *Time* magazine, the average American discards 1,300 pounds of garbage in one year. Often this garbage contains hazardous wastes.

Most American don't realize how many home products contain hazardous wastes. According to Alex Macievich, Presidio's environmental engineer, some of the products which can become hazardous wastes include: aerosols, window cleaner, bug killers, paint and some drain cleaners. By throwing away a half can of hairspray (which wasn't just for you), you could be polluting the water. There are solutions to this problem. Instead of throwing away these products, you could give them to someone who may need them. Your neighbor may need some paint (which you had planned to throw away) for his porch, or your best friend might want that hairspray you can't use.

"Giving away products you can't use is a type of recycling and can prevent spontaneous fire and change the environment 10 to 20 years down the road," Macievich said. "Eventually, the hazardous materials in landfills combine and seep out—which can get into the ground water, pollute our water source and cause problems in the environment."



The best way to dispose of these products is to use them wisely and throw the empty container in a solid waste disposal if the container isn't recyclable. Car products such as brake fluid or motor oil can be recycled instead of polluting the Earth by dumping them.

Recycling slowly can change the Earth. According to *Newsweek* magazine, Americans throw away enough aluminum cans each year to rebuild the entire U.S. commercial airline fleet four times over.

Presidians are trying to do their part. Just the other day a man was carrying a garbage bag full of aluminum cans. He remarked, "This is one night's work." It will take more than one man one night to turn the environment around, but each step helps save the Earth from environmental pollution.

The Presidio recycling point can be reached at **561-6140** if you have any questions about the materials they recycle. For more information about which products contain hazardous chemicals, the environmental office can be reached at **561-5176**.

Military Families

Growing up military—travel... loneliness?

by Adrienne Sims



While all the neighborhood kids were playing softball, Ken G. McClain was packing a suitcase. He wasn't sure where he was going, but this wasn't new to Ken. He was sad, although he hadn't lived in the neighborhood long enough to make any friends. Ken's father is a staff sergeant in the Army and where the Army tells Ken's dad to go, Ken goes.

At least, that's the way Ken's life seems to *him.*

Ken has lived on the Presidio for almost two years. "I've been here long enough to make some great friends, but, like always, I'm leaving in a few months," Ken said as his smile turned to a frown and his eyes dropped to the floor. "I don't hate the Army, but I sometimes feel that it has cheated me out of a 'normal life.' By normal, I mean a life where you grow up with the kids you were in the first grade with, you live in the same house for more than five years and you graduate from the same high school that you attended as a freshman."

As a high school senior, Ken may be just a bit envious of some of his classmates.

Ken doesn't understand why people call kids whose parents are in the service 'military brats' because "that I'm not! Some people believe that we have a great life because we have a chance to travel and see other countries at a young age, but actually, we are deprived of the important things in life."

Although Ken isn't in the military, he understands exactly how young people in the military feel about being away from home. "The difference between me and people in the military is I'm with my family, and they have a place they call home. I have lived in 100 different places, but I don't have one I can call *home.*

The closest place to home for Ken is his last home in Germany. "I lived in Germany for two years. I have to admit Germany was great, but at first I was afraid, and I felt alone. It's not what I expected. I thought I would be an American lost in a crowd of German teenagers, but there was a high school filled with kids just like me," Ken said.

Ken met his only girlfriend in Germany. "We became very close; I think a lot of it had to do with needing someone because we only had our parents. She was in the same boat I am, her dad was in the Army. I'll never forget the day I left there; it was June 17, 1988. I had to say 'goodbye.' We both knew that we would never see each other again, although we said that we would write and call each other. I feel now that I will never get close to anyone until I'm on my own. As a matter of fact, I know I won't; I won't take the chance. It's the hardest thing to do—say 'goodbye' to someone even if it's just a friend. That makes me wish I had grown up differently."

Although Ken (sometimes) wishes he grew up differently, he said he wouldn't be himself if he did, and he likes himself the way he is.

"My parents are great; they've made moving around a lot easier," Ken said proudly. "I respect my father for joining the service, but the Army isn't for me. I may feel that way because I know what military life is like, but it may be that I plan to attend college and become an electronics engineer and make 'mega bucks'."

Although Ken doesn't plan to join the service, he said, "I enjoyed all the places I've been, but I *haven't* enjoyed leaving them. At least I can say I have more friends across the world than most kids my age," he said chuckling as if he was trying to stifle tears. "Of course, friends don't mean much when you don't see them or talk to them, but I know they think of me and the good times we've shared. I always think of them. I'll never forget any of them!"

Ken has made sacrifices growing up around the military, but he said that people live the lives they are supposed to live.

"All in all, I owe a lot to the Army. If my dad wasn't in the Army, I doubt that I would've been raised with the same morals and I could have ended up on the streets. I'd rather have 100 homes than none."

When the rent is due who do you turn to? AER!

by Adrienne Sims

Today was a bad day for Walt Winsome. His car broke down, his landlord threatened to evict him, the utility bills are due and he's broke.

Walt Winsome won't have to handle these problems on his own if he visits the Army Emergency Relief office. These problems may seem to be something you just have to deal with and get by, but they are emergencies, and the AER treats them as such.

AER provides financial assistance for emergencies, including: food, rent, utilities (to prevent the electricity from being shut off), essential travel, car repairs (if required for the soldiers' work) medical and dental expenses, funeral costs, and basic necessities when pay is delayed or funds are stolen. AER also provides undergraduate educational assistance for unmarried sons and daughters of Army service members who need financial assistance.

AER spent $125,563 on grants and loans last year and spent $45,894 by April of this year, according to James D. Ritchie, assistant AER officer. While the funds aren't unlimited, all valid emergencies are met. AER has helped more than 2 million veterans, service and family members with more than $350 million since 1942, according to an AER pamphlet.

These funds are offered to soldiers (active and retired), members of the Army Reserve components on active duty for 30 days or more, their family members, their widows/widowers and orphans of soldiers who died while on active duty.

Although AER serves Army soldiers, "It is an individual organization, not part of the Army," Ritchie explained. "It is not Army funded." In 1989 the repayment of grants and loans accounted for 63 percent of AER's funds, 18 percent came from net annual fund campaign, and 17 percent from net investment income. Unsolicited contributions accounted for two percent.

To become eligible for a loan or grant, you must be screened by an AER officer to determine if your emergency is valid, after which AER will give you an application. You must then take the application to your commander, who will recommend whether or not you should receive a loan or a grant, Ritchie said.

For more information, call ACS at 561-5156 or stop by AER in building 914.



Splendor in the Park

Golden Gate Park: Enjoy the *feel* of it



The large bronze Buddha statue is one of the major attractions in the Japanese Tea Garden in Golden Gate Park. It was cast in 1790 at Tajima, Japan for the Taionji Temple. In 1949, it was presented to the garden by the S&G Gump Company.

story and photos by Drew Seaman

Are the exorbitant prices and crowded urban life outside of the Presidio bogging you down in a black hole of despair and frustration? Well, escape from the hustle and bustle of the city and venture to the tranquil and peaceful sanctuary within Golden Gate Park.

Inside the main entrance on Fell and Stanyan streets await more than a thousand acres of beauty. The park is filled with activities, sights, smells and sounds of natural pleasure.

Depending on your interests, there is an overabundance of activities to enjoy for a few hours or a whole day at the park. For the sport enthusiasts there is an archery field, pitch-and-putt golf course, bicycle path and track, polo field, tennis, lawn bowling, horseshoe courts, baseball fields, fly casting pool, guided walking tours, model boating lakes, jogging, handball, volleyball, rugby, soccer and football. Need I say more, sports fans?

Suppose sports isn't your forte and you want to enjoy a more leisurely day taking in some of the ethereal beauty of the park? How about touring many of the highlights of the area for a minimal cost . . . or for *free.*

The spectacular Rhododendron Dell, near 6th Avenue and Kennedy Drive, is full of beautiful flowers, now blooming.

Other attractions, free on the first Wednesday of each month, is the Conservatory of Flowers, Japanese Tea Garden, California Academy of Sciences and museums.

The Conservatory of Flowers is located north of Kennedy Drive and almost directly opposite Third Avenue. It is open daily this summer from 9 a.m. to 6 p.m. The glass-paneled conservatory shelters a tropical garden of more than 4,000 plants, along with displays of rare flowers. It is the oldest building, built in the late 1800s, that remains in Golden Gate Park. The adjacent Conservatory Valley has received three national awards for its beautiful floral displays.



Stow Lake and its surrounding green banks, located in the center of Golden Gate Park, is a great place for families and friends to gather for picnics on a sunny day.

The Japanese Tea Garden has an interesting history; it was constructed in 1893 for the California Midwinter International Exposition of 1894. Its history from that time to the present is as colorful and epic as the beauty of the garden. Located at the Band Concourse Area in the park, the garden is open between 9 and 9:30 a.m. and closes between 6 and 6:30 p.m. this summer.

The California Academy of Sciences houses the Steinhart Aquarium, Morrison Planetarium, the Fish Roundabout, and natural sciences exhibits. It is open daily from 10 a.m. to 5 p.m. during the summer, stretching to 7 p.m. from July 4 through Labor Day.

Two museums in the park—waiting to be explored—are the Asian Art Museum and the M. H. de Young museum

For those with children or just those young at heart, another great attraction is the Carousel. Located at the Children's Playground at the southeast corner of the park across from the Kezar Stadium site, it is open this month Wednesdays through Sundays from 10 a.m. to 4 p.m. The hauntingly beautiful Hershell-Spillman merry-go-round dates from 1912 to 1914. You have to see the carousel which was restored over a seven-year period at a cost of more than $800,000.

The Children's Playground was one of the first public playgrounds to be included in a park in the United States. There is no admission fee to enjoy the newly renovated and fun-filled playground.

What more can there be to do or see? Well, how about enjoying the free band concerts presented by the Golden Gate Park Band and their musical guests on Sundays at 1 p.m.? Or how about taking an art class in the second oldest building adjacent to the Children's Playground—the Sharon Art Studio.

For more unique botanical pleasures, take a stroll through the Strybing Arboretum and Botanical Gardens.

The free gardens, located on 70 acres in the park, is open from 8 a.m. to 4:30 p.m. on weekdays. On weekends, it's open from 10 a.m. to 5 p.m. The 6,000 species of colorful flora in the gardens come from all over the world.

In addition to the internationally known garden are special gardens such as the Demonstration Garden and the Garden of Fragrance.

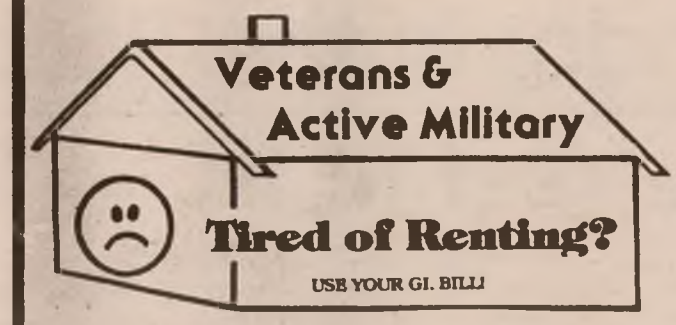
The Demonstration Garden, located near the main entrance, provides the everyday home gardener with examples of what can be accomplished in small city dwellings. The Garden of Fragrance, designed for the visually impaired—and sighted visitors as well—displays plants chosen for their color, texture and fragrance.

So much more is available at the park . . . the windmills, for instance, but it can't all be enjoyed just by reading about it. Take a car, bus, bike or walk to the Golden Gate Park and escape the hectic, busy life of the city.

To get to the park by public bus transportation **outside of Letterman Army Medical Center,** take the "43 Masonic" and transfer to the "5 Fulton." It will take you directly outside the park.

If you catch the bus down by the toll plaza behind Fort Scott, take the "29 Sunset" and transfer twice, first to the "38 Geary" then to the "44 O'Shaughnessy." This will take you directly inside the park.

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Sigrid Estrada

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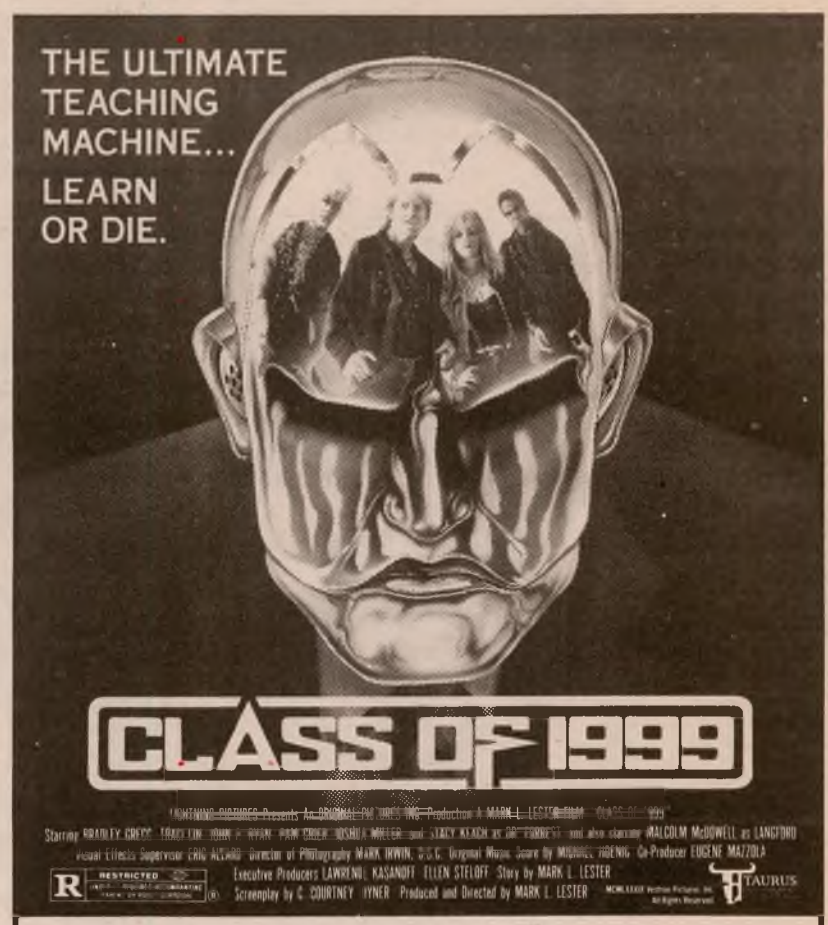
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Sports & Health

Sports Notes

Memorial Day Bowling Tournament

The 1990 Memorial Day Bowling Tournament will be held May 26 through 28 at the Presidio Bowling Center. Starting time will be 1 p.m., with the final shift starting no later than 7 p.m. Categories include men's singles and doubles and child doubles. The entry fee is $6 per event.

Entry forms can be picked up at the Presidio Bowling Center or Gym No. 1, building 63. For more information, call the Program Director, Lori Bearson, at 561-4120.

Pony League

Presidio 12, Wild Wild West 9

The Presidians of the San Francisco Pony League struck early and never trailed while winning their third baseball game of the season. Dan Talomonte led the charge with five hits and scored two runs. Steve Priest drove in three runs and scored four times. Starting pitcher Michael Stenger held Wild, Wild West to three hits in five innings while Norman Crittle drove in three runs and scored one. Beshaun Leavell scored two runs and made a diving catch in centerfield. David Wiseman, Tarrell Gregg and Michael Bryant each scored one run to round out the victory.

Presidio 13, Sunset 2

Starting pitcher Steve Priest held Sunset to two runs over five innings to earn his second victory. Meanwhile, the Presidians overwhelmed the opponent with a seven run outburst in the fifth inning. Tarrell Gregg hit his first home run of the season.

Softball Tournament

Presidio's Sports Branch will host a Memorial Day Slow Pitch Softball Tournament from May 26 through 28.

Teams may be formed by combining with other units, divisions, sections and dependents 19 years old and older may participate. Military installations in the Bay Area also are being invited to play.

Coaches/managers desiring to enter a team must do so by May 21. An entry fee of $175 will be charged for each team. An organizational meeting and drawing will be held at Presidio's main gym at 12:30 p.m. May 21. All entries will be finalized at that time.

For more information, call John Funes at the Sports Branch at 561-5032.

Health and Fitness Day

The Presidio will hold an Employee Health and Fitness Day Wednesday from 11 a.m. to 1 p.m. at Gym No. 1, building 63.

May is Physical Fitness and Sports Month, sponsored by the President's Council on Physical Fitness and Sports. Consequently, the event has been designed to promote health and fitness on the job.

All Presidians are invited to take part in non-competitive sports such as walking, aerobic exercises and Nautilus exercise machine instruction.

There will be a sports nutrition display as well as an opportunity for cholesterol and blood pressure testing.

For more information, call Fitness Coordinator Bob Darling at 561-4120 or 561-4131.



Vega Velez, USAG-B, attempts a spike blocked by Co. C, 864th Engineer Battalion player, Rick Hennessey.

Mongrels lead chase to finals

story and photo by Drew Seaman

The Mongrels lead a vicious pack of five surviving teams involved in the fierce dogfight for the top title in the 1990 Presidio Intramural Volleyball Tournament that kicked off Monday in Gym No. 1.

The double round-robin volleyball competition held April 23 to May 3, was the second step in sorting out the fittest and fastest teams to clash in the tournament.

Steve Sauafer, a forbidding presence on the Mongrels team, owed their 12-2 winning record "to a good sense of communication between the players and a genuine sense of teamwork."

Nipping at the Mongrels' heels was Co. B, Letterman Army Medical Center with 11 wins and 4 losses. LAMC scalpeled United States Army Garrison team B in a tie-breaker May 3, moving the shredded and anesthetized USAG-B into third place with a 10-5 final ratio.

USAG-B owed much of their third-place success to the organizational efforts of Pvt. 2 Lori McDonald who played three years of volleyball on a college scholarship.

The three other teams who bumped and spiked their way to the finals were Co. C, 864th Engineer Battalion (9-5), Law Enforcement Company (6-8) and Letterman Army Institute of Research (5-9).

The casualties of the volleyball battle were the Sixth U.S. Army Band (3-11) and USAG-A (1-13).

The *Star Presidian* will print the winners of the final tournament in next week's issue.

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Community Calendar

Water rationing

Due to the recent announcement of water rationing in the San Francisco Bay Area, beginning immediately, the use of exterior watering (i.e., lawn and garden watering) on the Presidio is limited to alternate days.

Residents occupying buildings with odd-numbered addresses will water their lawns on odd-numbered days. The same is true with even addresses and even-numbered days.

All watering must be done *before* 10 a.m. and *after* 4 p.m. to minimize evaporation.

Other watering, for areas such as the Parade Field, Letterman Army Medical Center, Bowling Center, etc., accomplished by the Directorate of Engineering and Housing, will be modified.

If you note wasteful water run-off onto the street, down sidewalks, etc. (especially in the areas maintained by the DEH) report it to the DEH Work Order Branch at **561-4504**, or the Eyes Machine at **561-EYES**.

For more information, call Juanita Whitehead at **561-3711**.

New launderette contractor

A new launderette contractor will service Presidio housing effective Monday.

AAFES apologizes for any disruption of service which may occur during the changeover.

User's Group

The monthly evening meeting of the Presidio Macintosh User's Group will be held on Tuesday from 6 to 8 p.m. in building 667.

Everyone is welcome. Call **561-2528** for more information.

Army Ball

In celebration of the U.S. Army's 215th birthday, the Presidio's 1990 Army Ball will be held on June 14 at the Presidio Officers' Club.

This event will be open to all active duty personnel, Army Reserves, retirees, Department of Army civilians and Army spouses.

Social hour begins at 6:30 p.m. Due to the limited number of tickets (approximately 340), make your reservations early with your unit command sergeant major or first sergeant. Cost is $17 a person; formal attire.

For more information, call CSM McVey at **561-4373** or CSM Whiteford at **561-2004**.



"Now hear this. . .!"

Host a French student

It's a cool, Presidio summer afternoon as 16-year-old Pierre returns from his group excursion . . . or is it 15-year-old Yvette?

Through One World Friendship, a non-profit student exchange, your family can host a French student who is between 14 and 18 years old. Interested families would host students from July 5 through August 2.

Through One World Friendship, students take part in a program organized for the week which includes English classes and excursions. Most weekends the students are free to spend time with their host families.

Many families find hosting students to be a fun and rewarding experience from which the whole family learns.

For more information, or to sign up, call Caroline Smadja at **861-8308** from 10 a.m. to 9:30 p.m. If you don't get an answer, please leave a message.

SATO Travel

Hawaii: Buy six nights at a hotel and get the seventh night FREE! The price is as low as $509 per passenger. This trip includes: Roundtrip air via Delta Airlines; roundtrip transfers; lei greeting; baggage transfers; seven nights at the Park Shore Hotel; and all applicable hotel and air taxes.

Please note: The above trip is based on midweek travel. Effective dates are April 15 through May 31.

San Diego: Now is a great time to get away. A midweek trip to San Diego is priced as low as $128 per passenger right now. The package includes: Roundtrip air via USAir; two-day rental for a Hertz sub-compact car *with* unlimited miles; but gas, tax and optional insurance are not included.

Please note: Travel is based on double occupancy and midweek travel only. If you travel on weekends, rates are slightly higher.

For more information, call **561-2314.**

Arts and Crafts

Oil Painting: Thursday classes are continuously on-going. Cost is $2.25 per class.

Framing: A new class begins every other Wednesday, 6:30 to 9:30 p.m. Cost is $15 plus supplies.

For more information, call Dean K. Steiner at **561-4497**.

Lifeguard training

An American Red Cross Lifeguard training course will be held May 19 and 20, 7 a.m. to 1 p.m. each day, at the Two Rock Coast Guard Training Center (near Petaluma). Prerequisites are standard first aid, community CPR, basic lifesaving skill, and good swimming skills. Applicants must be at least 15 years old. Cost for the course is $25.

For more information, call **561-2187**.

USO job résumé workshop

Are you a military spouse, family member or civilian military employee? Are you perhaps separating or retiring from the Army? The Presidio USO conducts a "Job Search/Résumé Workshop" with you in mind for FREE! The workshop is held every Thursday at 10 a.m. in the basement of building 223, across from Garrison headquarters.

Current job listings from government agencies, businesses, schools and hospitals will be available along with a list of job hotline phone numbers which give recordings of job vacancies in the Bay Area. Résumé help and office equipment are available.

Call **561-2436** Monday through Thursday, 9 a.m. to 4 p.m., or jog by building 223's basement to make your appointment.

Stop in to say hello to the new USO Program Director Maura Bockrath.

Officer early release/retirement

Headquarters U.S. Army Personnel Command has announced that the Voluntary Officer Early Release/Retirement Program (VERRP), in which selected Army, JAGC, Chaplain and AMEDD category officers could request early separation for retirement, has been extended to June 6. Officers in these categories who wish to separate from service by Sept. 15, or retire by Sept. 1, should apply as soon as possible.

For more information, call Ador Calica or Mr. Smith, Military Personnel Operations Branch, at **561-2151.**

Commissary closure

The Presidio Commissary will be closed on May 28 for Memorial Day observance.

AAFES hours

The new hours of operation, effective May 6, for the AAFES Main Store are: Monday through Saturday, 9 a.m. to 9 p.m. and Sunday, 10 a.m. to 7 p.m.

Haircut price

The basic haircut price is now $5.45. An increase of 25 cents was established due to a local price survey, taken by a representative of the command and AAFES Service personnel.

At the Movies

Presidio Theatre

Sat, May 19: Glory (R), 7 p.m.
Sun, May 20: The Handmaid's Tale (R), 7 p.m.
Mon, May 21: The Blood of Heroes (R), 7 p.m.
Fri, May 25: Driving Miss Daisy (PG), 7 p.m.

Hamilton Theater

Fri, May 11: The Bear (PG), 7 p.m.
Sat, May 12: To be announced
Sun, May 13: Karate Kid III (PG-13), 7 p.m.



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Tell us! page 3



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Star Presidian

Vol. 33, No. 20 | Published in the interest of the people of the Presidio of San Francisco | **May 17, 1990**

News Briefs

Army Day

The fifth annual Army Day celebration will be held Friday, June 1, on the Presidio. A full day of activities is planned for soldiers, their families, and civilian employees. Lt. Gen. William H. Harrison, Commander of Sixth U.S. Army and the Presidio of San Francisco, who will officially open the festivities at 8:30 a.m., invites all members of the Presidio community to participate.

Highlighting the celebration will be a German-style Volkssport, which includes a 10 to 12 kilometer volksmarch, a bicycle course, and running and swimming events. Entrants may participate in one or all of these events. Meanwhile, the Letterman Army Medical Center and Letterman Army Institute of Research will host community softball and volleyball competitions at various locations on post. A unit guidon race also is planned.

Rounding out the day's activities will be the "Feast Tent" on the Main Parade Ground. Presidio residents will be able to purchase food and beverages and enjoy entertainment provided by the Sixth U.S. Army Band and Oompah Band.

This day is planned so everyone who works on the Presidio and their families can attend. Everyone is invited to mark this day on the calendar and come out to enjoy the celebration.

Buckle-up America Week

May 21 to 28 has been declared "Buckle-up America" Week. the Presidio Safety Office, in conjunction with the Provost Marshal Office and Transportation Motor Pool, will observe this week by having courtesy seatbelt checks throughout the Presidio. Flyers will be passed out reminding personnel that seatbelts are required when driving or riding as a passenger on the Presidio and the state of California. Army vehicles will be checked by TMP for proper dispatch and courtesy safety inspections. For more information, call Cheryl A. Humbolt at the Installation Safety Office at **561-4424.**

Autos towed

Starting May 29, all autos parked in a dumpster area during pick-up days will be towed at owner's expense. For more information, call **561-3769.**

S.F. Giants Army Night

Presidians are invited to take part in "Army Night with the San Francisco Giants" Monday evening, June 4 at Candlestick Park. The opponents will be the Cincinnati Reds. Lower reserve tickets are available at the ITT office, building 215, for $7.50. Arrangements are being made for bus transportation for interested Presidians. For more information, call Sandy at **561-3992.**

see News Briefs, page 3

Soviet sailors visit post memorial



Glasnost

photo by Duvel White

Soviet sailors from the Icebreaker MBG Volga prepare for a wreath laying ceremony at the Presidio's West Coast World War II Memorial Thursday. The wreath is dedicated to the American sailors who fought in the Pacific during the 'Great Patriotic War.' The Volga and its crew were hosted by the U.S. Coast Guard which is celebrating its 200th birthday.

Presidio water crisis

Four year drought forces water rationing throughout city

by Raj Parasnis

The San Francisco Bay Area faces a very real water crisis. And the Presidio is not immune to the problems of a water shortage caused by the four consecutive year of drought.

Although Lobos Creek and two adjoining wells provide a continual source of drinking water to the installation, our demand often exceeds the available supply in the hotter summer months. Last year, the Presidio purchased over 72 million gallons from the San Francisco Water Department to keep our faucets running and our lawns green.

As a major consumer of city water, the Presidio is subject to the same water rationing measures as those imposed on the general public off post. Soon, water allocations from the City of San Francisco will decrease substantially.

The Presidio has been assigned a monthly quota based on a formula which requires us to cut back on indoor water use by 10 percent and outdoor water use by 60 percent. This means that the installation will get only about three-fourths of the "baseline" quantity of water that we used three years ago. Our failure to live within prescribed quotas will result in costly financial penalties—as high as ten times the normal rate for purchased water. Repeated violations could result in loss of water service from the City of San Francisco.

We can all cope with the current water shortage by taking small steps to conserve this precious resource in and around the house:

Indoor drips

- Repair dripping faucets using Self-Help resources. A worn washer can waste up to 70 gallons of water per day!
- Attach a water-conserving aerator to a faucet and reduce the flow by 25 to 50 percent. Aerators are available from Self-Help, phone number **561-5127.**
- Take five-minute showers. A low-flow shower head reduces water flow by 50 percent. If you have a massage-type shower head, replace it with the low-flow variety, also available from Self-Help.
- Operate clothes washers at full capacity only. If your washing machine has an adjustable water level, use it for smaller loads.
- Use automatic dishwashers at full capacity only.

see Drought, page 3

Voices

Presidio View

by Lt. Gen. William H. Harrison



This week on post

Dear Presidians,

Our weather continues to be beautiful and we enjoy the beauty of the Presidio of San Francisco—A Very Special Place!

On Wednesday the 9th, SGM Abner, in the absence of CSM Whiteford, hosted out Annual NCO/Soldier of the Year Awards Luncheon. It was a super affair—the NCO Club did well, the organizers of the event had it all squared away and our sponsors once again supported our soldiers outstandingly. I know all of us at PSF congratulate Spec. Walter B. Bennet from LAIR and Sgt. Lawrence D. Reed from HQ Command on this great honor. The Soldier of the Month and NCO of the Quarter program is a very competitive event and these two young men should be very proud of their accomplishments. **To Spec. Bennet and Sgt. Reed—Hoo Ah!**

On Wednesday evening Col. Schwender, Lt. Col. Griffin and Lt. Col. Molnar of the SJA shop hosted their joint promotion party. A great time was had by all. Congrats to all these fine officers on their recent promotions.

On May 10 PSF played host to some 125-150 grads of the National Army, Navy, and Air Force War Colleges. They were here for a very prestigious Security Affairs Forum. To all who supported this effort, my thanks. It went off without a hitch and PSF received many compliments. To all who worked on this project—Hoo Ah!

At noon on the 10th we culminated our celebration of **Asian-Pacific Week** with a great feast at the Log Cabin. Have you ever noticed how people of all races and ethnic backgrounds celebrate by feasting? Anyway, although I missed this particular feast, Col. Swift told me all went well—and that he ate too much! Hoo Ah for our Asian-Pacific soldiers and their families and our thanks for all they contribute to our trained and ready Army.

Friday morning got off to a great start as the soldiers of Company C, 864th Engineers conducted a very impressive and beautiful change of command ceremony. The troops looked great, the equipment was very impressive and the entire ceremony was very professionally done. To Capt. Greg Linville, our thanks and all best wishes, and to Capt. Fred Cunningham a very warm welcome. And to all the troops of **Company C, 864th Engineers, the Sixth U.S. Army Band and the Color Guard—a real loud Hoo Ah!**

Friday continued with the promotion of Lt. Col. Jim Elliott, commander of Readiness Group-PSF to full colonel. Congrats, Jim—those eagles look good!

Next, we presented Lt. Col. Gusman from the IG office an MSM as he departs the service and heads off to new challenges in the Seattle area. All the best to him.

Then it was on to DCSRM to make an impact award to David Dickstein. David conducted a very thorough and professional study of the fielding of major weapons systems in the Army and Air Guard. Hopefully his efforts will result in greater readiness and tax dollar savings. Thanks to Mr. Dickstein and Hoo Ah!

Friday culminated with a very impressive Spouses' Recognition Ceremony organized by DPT. We read a proclamation, recognized spouses from various groups (enlisted, NCO, officers, active and Reserves, etc.) and all stood Retreat together. It was a great ceremony recognizing a very special group. **To each and every spouse—Hoo Ah for Army spouses!**

The Dial-A-Boss brought me yet another attaboy this week—this time for whoever cleaned up the playground on Battery Caulfield. The children were very appreciative and send to this group, whoever they were, a real loud and sincere Hoo Ah!

The week of May 21 has been designated National Buckle-Up America Week. Let's support this very worthwhile project here at PSF and by doing so learn good habits that SAVE LIVES!

Finally, elsewhere in today's *Star Presidian* you will see an article about water conservation. Please read it and comply. We're blessed here at PSF, but many in the city are suffering. So, if each of us conserves a *little*—it will save a *lot!* **Conserving water is Hoo Ah!**

God Bless you each and all.

William H. Harrison
Lieutenant General, USA
Commanding

"Discipline is the soul of an army . . . (or community). It makes small numbers formidable; procures success to the weak, and esteem to all!"
—G. Washington



Spring cleaning photo by Joel P. Smith

Annedore Boddie spruces up her Fort Scott lawn May 10. Earlier this month, Presidians scoured and scrubbed the post during Spring Clean-up—the annual Presidio facelift.

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The *Star Presidian* is an unofficial publication authorized by AR 360-81. Editorial content is prepared, edited and provided by the Public Affairs Office of the Presidio of San Francisco, California. The *Star Presidian* is published weekly by Coast Publishing, a private firm in no way connected with the Department of the Army, under exclusive written contract with the Presidio of San Francisco, California.

The *Star Presidian* editorial offices may be reached by calling 561-3908.

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Pvt. 2 Adrienne Sims

'And Another Thing...'

Ask Presidians:

"What question would you like to ask the Commander?"



Spec. David D. Ricketts, SIDPERS computer analyst: "Since the dining facility down post is closed and many soldiers don't have transportation to Fort Scott, why can't soldiers eat at Letterman Army Medical Center's dining facility?"



Maj. Ronald Benton, commander, HQ Command Battalion: "How has he managed to keep his youth, vitality and physical fitness over the past 25 years of service?"



Edward M. Buckner, Sixth U.S. Army mail clerk and driver: "When are they going to close the base? They should give definite answers so people know what to do."



Sharon E. Everett, Sixth U.S. Army Public Affairs intern: "Why can't DA civilians, whose careers and tax dollars support the Army and its facilities, use the post theater? This could greatly increase the theater's revenue."



Pvt. 2 Richard D. Rendon, SIDPERS data analyst: "Why are there only fun runs once a month? I think there should be one every week."



photo by Chuck Blancet

Frank McGrane, Presidio Army Museum curator and Maj. Carey Martin look on as Freda F. Eisenson and Col. William Swift, Garrison commander, chat during plaque unveiling at the Museum.

Letters to the Editor

Dear Colonel Swift,

It is difficult for me to express my surprise and delight with the "Ceremony of Recognition" which you arranged today (May 11).

I did only what I thought had to be done, and after the first three months Gwenda Davies joined me and more than shared the contacts and written notices with neighbors and city officials who could possibly prevent the destruction of the refugee cottages built in 1906.

Finally, when notified, the Army solved the problem by sending their wonderfully organized Corps of Engineers whose precision and good nature, while working amazed and delighted the many neighbors and other onlookers who stood and watched.

Basically, this ceremony should be a tribute to the Army, which not only saved these cottages for history but which had, in fact, contributed to their design and building of them in 1906 for the people made homeless by the earthquake.

Thank you for making this event for my dear friends.

Sincerely,
Freda F. Eisenson

Dear Editor;

The Deep and *Presidio Weekly Bulletin* have not been getting to our home. (ACS bundles these publications with the *Star Presidian.)* In fact, yesterday we received the [April] 19th and 25th Bulletin. It wouldn't be a great big deal except the child identification program was in there and it was scheduled for the 24th and 26th. Because we didn't receive it until yesterday, the 30th of April, my children were not able to get in to the child fingerprinting and that was something important.

Sugar Zaucha, who is the mayor in our area, recommended that I speak with you, let you know there is a problem, and this is sort of important. My children were not able to get fingerprinted because they [publishers] aren't getting their job done.

Caren Czerwinski

Editor's Note: This letter to the editor was received through the Dial-a-Boss program.

Editor's response:

The contract with the printer of the *Star Presidian* stipulates the paper will be delivered no later than Thursday noon each week. The printer has had problems meeting this deadline for the past several issues. After a dialogue last week, the printer of the *Star Presidian* has assured us that the paper will be delivered in the future according to our contract with him. Once it iis received here, it will be delivered to ACS for distribution per its distribution schedule. Should difficulties occur in the future with lateness of the *Star Presidian* deliveries, we will take other action to assure the contract is met.

SSgt. Duvel W. White
Editor

News Briefs, continued from page 1

Correction

The photo of the MPs carrying a teddy bear in last week's *Star Presidian,* which was credited to Adrienne Sims, was taken by Chuck Blancet, photographer at TASC photo lab.

TSC Photo support

Full-length photographs, i.e., promotion, retention and passport photos will be taken only Wednesdays and Thursdays from 7:30 to 11:30 a.m. and 1 to 3:30 p.m. until further notice. Photo coverage of award ceremonies and reenlistments will be covered only if a general officer is presiding over the event.

A camera and film can be checked out for "self-help" photo coverage; TSC will develop the film. This action is mandated due to a critical shortage of photographers.

Drought, continued from page 1

alternate day schedule. Occupants of buildings with odd-numbered addresses should water their lawns and gardens only on odd-numbered days. Occupants of even-numbered buildings should water on even-numbered days.

• Do not water more than twice a week. Avoid "spoiling" your plants by overwatering. Water your lawn when mild symptoms of drought stress are visible (change in color or evidence of wilting).

• Water during the early morning hours or the late evening hours to minimize loss of water by evaporation. Midday watering is prohibited.

• Turn off that bathroom faucet while brushing your teeth or shaving. It will save 10 to 20 gallons of water.

Here are some guidelines to conserve water outdoors:

Outdoor tips

• Limit all outdoor watering activities to an Allowable time periods are 5 to 10 a.m. or 4 to 10 p.m., depending on your work schedule.

• Allow grass to grow longer between mowings. Cut to a height of 2 to 3 inches.

• Regularly weed your planting beds and apply organic mulch, such as wood chips and shredded bark to keep the soil moist. Defer the use of fertilizers until the fall months to restrict new growth.

Waste not. . .

There are, of course, some common-sense ways to prevent waste of water in other areas as well:

• Prevent flooding and run-off in gutters and streets by keeping a close watch while watering outdoors.

• Use hoses with positive shut-off valves. Do not hose down driveways, sidewalks and patios. Decrease the frequency of vehicle washings.

• Report all water main leaks promptly to the Service Order Desk at **561-4505,** 24-hours a day.

'Armed Forces Day theme: 'Proud to Serve'

by Sharon E. Everett

We're "Proud to Serve"—that is what this year's Armed Forces Week is all about. San Francisco is one of 15 sites across the United States designated by the Deparment of Defense for major Armed Forces Week observances, and there is a lot going on! For example, soldiers, sailors, airmen and Marines were honored by the San Francisco Rotary Club at a luncheon held Tuesday at the Nikko Hotel.

Then there was the Armed Forces Week Parade through downtown San Francisco yesterday, with KGO-TV's Russ Coughlan as Master of Ceremonies. Under-Secretary of the Navy, J. Daniel Howard, was the senior official on the reviewing stand. There were marching units and bands—including our own Sixth U.S. Army Band—from all services, a Joint Service Color Guard and a 50-state flag formation featuring servicemembers in their dress uniforms.

Our earthquake heroes from last October were also honored in the parade. Presidio's Fire Engine No. 2, whose crew was the first to respond to fires in the Marine; LAMC's Capt. Steven Parke and 2nd Lt. Denise Biehn, who both gave special emergency service during the crisis, were featured guests.

Another highlight of the celebration is tomorrow night's Joint Service Band Concert at the Masonic Auditorium on California Street, at 7:30 p.m. The Sixth U.S. Army Band is only one of the fine musical performances that will appear at the concert. Everyone is invited to attend the gala performance.

Finally, Oakland Army Base is sponsoring a Railroad Heritage Day Saturday. This event celebrates military transportation throughout the ages, and features free train rides, as well as passenger and freight cars on display. Call 466-3021 or 466-2306.

1990 ARMY DAYS

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Military Moonlighting

Ups, downs of living life at double-time

Second jobs, sacrifices Presidians make



Sgt. Gregory A. Heitzman and SSgt. Steven R. Tschetter patrol the 15th floor perimeter of a Nob Hill hotel in downtown San Francisco, where they work off-duty as security guards.

story and photo by Joel P. Smith

It's late Thursday evening, May 10, and Tamara L. Heitzman is trying to remember the last time she saw her husband.

She wavers between Monday and Tuesday, finally settling on Monday as the last day she and her four-year-old son Jared saw Gregory, a military policeman on post.

But Gregory is only missed—not missing. He's carrying a second job—and sacrificing time with his family—so they can have a better future.

Like many families, the Heitzmans are coping with the costs of extra income.

"I realize he's working hard for us," says Tamara, "but it's not easy being away from him."

Because Gregory works up to 32 hours a week as a security guard, in addition to being the AWOL Control NCO for the Presidio, he often gets home only one night a week.

He's making about $1,000 extra a month, and has bought a house in Pittsburg, Calif., but says he spends more time calling home than he does being home.

What happens when a family, trying to make ends meet, loses precious time together?

"We're a lot closer," says Tamara emphatically. "We're more together than we've ever been."

To make up for the time lost, the couple stresses family projects and family togetherness. "We stay at home a lot more than we used to," Tamara explains.

"We do things that are more convenient and save time—like ordering out for dinner—so we have more time to share," adds Tamara.

When there's yard work, it's family work. When there's housework, it's family work. They work as a team because teamwork means spending time together.

Not everyone has it worked out that well, though. The acting chief of Army Community Services says the stress of two jobs is a wedge between couples, not a bond.

"The stress of having two jobs can spill over into the home life," explains Erick P. Davis. "Some stress is relieved by reducing a financial burden," he adds, "but the cost is that you have less quality time at home, and less time to bond with your children."

Davis, who oversees the financial counseling services at ACS, said most young soldiers wait until they are heavily in debt before they try to bail themselves out with a second job.

The Heitzmans are trying to save enough money to start a real estate business. Other families, though, are moonlighting to revive bank accounts.

Davis explains. "Because most young soldiers haven't been taught how to save money; they learn the hard way."

"They take on a second job just to dig themselves out."

That piles stress on stress.

Soldiers also have to weigh the possible loss of quality job performance against the financial benefits of sidelining.

Commanders approve second jobs (through an Application for Off Duty Employment, Presidio from No. 821), but can just as easily revoke them if a soldier flags in his duties.

If moonlighting—by desire or desperation—becomes your lifestyle, Davis recommends choosing a second job that is more rewarding than the first.

"Work at a rec center, coach, get outdoors," he implores.

"Do anything that relieves the pent-up feelings you have at your first job," says Davis.

Looking forward to a second job reduces the stress at home—moonlighting becomes a pleasure, not a prison sentence.

Singles who moonlight, and choose a rewarding sideline, benefit by exploring career opportunities.

"You can take that second job as a stepping stone," Davis says. "It can lead to a better future if you choose well."

That's how SSgt. Steven R. Tschetter sees it. Tschetter, crime prevention NCO at the Provost Marshal's Office, works security with Heitzman at two San Francisco hotels.

Both are plush, both are internationally known.

"When I leave this [second] job, I'm going to have references from two of the most famous hotels in the world," Tschetter says.

"That's going to help me get a good job when I leave the Army."

Heitzman says of his double life, "I wouldn't say it's really stressful, but it's hard on family life."

Most of all, Heitzman says, it's tough to leave his four-year-old son, to explain to the boy why he has to work so much.

"I miss him quite a bit," said Heitzman. "It's depressing sometimes, but I know he's got a better life because I've got a second job."

Family Advocacy Program workshop teaches 'SMART'

by Sharon E. Everett

The Forces Command Family Advocacy Program Workshop was held at San Francisco's Hotel York, May 7 through 11. Fifty-five participants, from the United States and Japan, gathered to learn the latest techniques for assessing needs, intervening in family crises and helping famililes with small children.

"We can apply these techniques with Presidio families and will teach them in SMART (Stress Management and Reduction Techniques) classes," explained Nancy Niederhauser, Presidio FAP manager.

One of the highlights of the conference was a presentation by Dr. Dennis Jaffe, PhD, on "Change Management." Jaffe, along with Drs. Cynthia Scott and Peter Neidig, developed the Presidio's "Needs Assessment Survey," one of the first such surveys in the Army. As a result of this survey, FAP will present classes on change management in June as part of the SMART program.

Other presentations included psychiatrist Christian Hageseth's discussion of "Therapeutic Use of Humor" and University of California-San Francisco staffer Dr. Alicia Lieberman's lectures on "Early Childhood Mental Health." A team from Cornell University, Judith Scott, MSW, and Marney Thomas, PhD, dealt with evaluating and responding to "Children at Risk."

ROTC

Presidio hosts San Francisco JROTC



Galileo girls' drill team cheers with enthusiasm while competing against seven other school drill teams.

story and photos by Drew Seaman

More than a thousand cheering spectators enjoyed demonstrations in precision and skill May 12 beneath the beautiful blue skies at the south end of the main parade ground on post.

The 44th Annual Junior Reserve Officer Training Corps Spring Review and Drill Competition brought together approximately 600 ROTC cadets from eight public high schools in the San Francisco Unified School District.

Representing the Fourth ROTC Region Junior Instructor Group, the young ROTC cadets competed for three events: Platoon Drill Competition, Boys Drill Team Competition and the Girls Drill Team Competition.

Winners of the overall competition were, in order from first to fourth place: Balboa, Lowell, Mission and Galileo high schools.

Maj. (ret.) Joseph D. Mucelli, the ROTC instructor for Lowell High School said, "We followed the basic Drill and Ceremonies regulations for the platoon drill competitions. But with the boys' and girls' drill teams we allowed for team creativity in their routines."

Col. (ret.) Harold H. Lee, director of Army Instruction for the event, said, "It's the first chance these kids get to gain a sense of patriotism and love of country."

The D&C ceremonies are only a small facet of the program, though. "Drill is important because it's the easiest way to practice leadership skills," said Mucelli adding, "But there's a lot more to the program. Our students also learn about military history, first aid, and they get involved in out-of-class activities like downhill skiing, rappelling and pistol competitions."

Cadet Col. Tina Galban, a student at Balboa High School and the San Francisco High Schools JROTC Brigade Commander, enjoys being involved with the ROTC and participating in the competitions. She said, "It's great to do something that everyone can look up to."

Maj. Gen. (ret.) Stuart D. Menist, former commanding General of the 91st Division (Training), has a special fondness for the D&C event. He said, "When I was a freshman in high school in 1926, I was in this ROTC competition. It gives me a feeling of nostalgia to be here. It's great that these young men, and now these young women, have the determination and spirit to come out and compete here."

The event was sponsored by the 91st Division (Training), 91st Infantry League and the Reserve Officers Association, Chapter 90.



Mission High School's boys' team present their creative routine during the D&C event.

Family Fun

ITT holds the key to summer fun

Unlock Bay Area travel treasures

story and photo by Drew Seaman

Beyond the borders of the Presidio awaits the charismatic and sophisticated city of San Francisco and the Bay Area. You can enjoy a meal in Chinatown, stroll along Fisherman's Wharf, sail the blue waters of the bay, cheer at a major league game, enjoy an opera or taste the wines in Santa Clara—all in one day.

There are literally hundreds of place to travel to in and around the San Francisco Bay Area. The trouble is that you may have a difficult time finding out what and where these hundreds of places are.

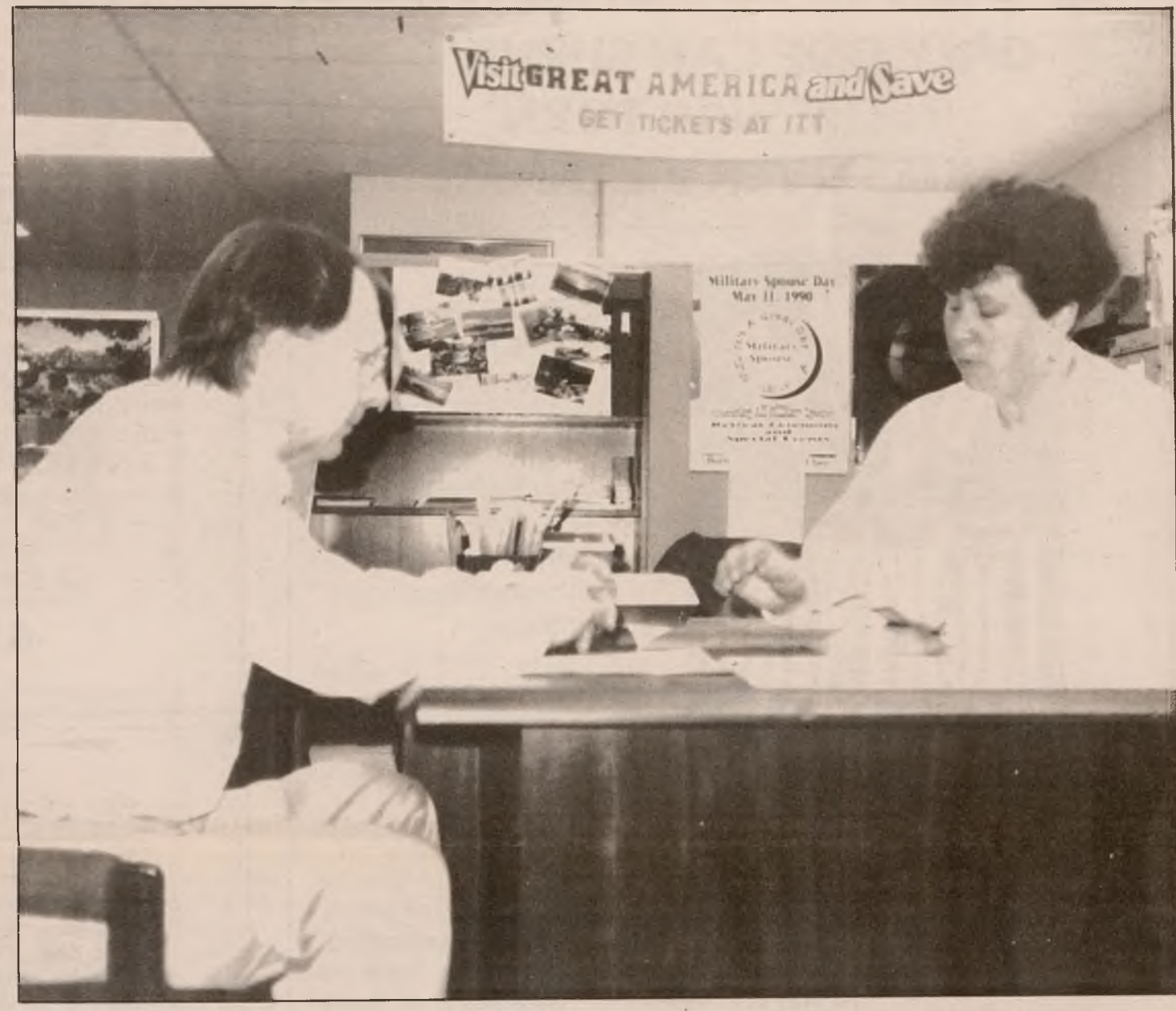
The Information, Tour and Travel office offers one solution to this perplexing dilemna. Located in building 215, ITT offers everything from specially priced tickets to city guides.

"We try to assist people in finding out about activities and locations in San Francisco or any other part of northern and southern California," said Sandy Cornett, ITT manager.

A four-day trip to Disneyland is one of the major attractions available at ITT this month. Slated for June 21 to 24, the trip costs $180 for each adult and $90 for children 3 to 11 years old. For children 12 years old and older, the cost is $97. Reservations for the trip must be made by **tomorrow.**

ITT also is offering tickets to "Big Bird's Sesame Street Story," which will be shown at the Cow Palace on June 2 at 11:30 a.m. Tickets cost $8.

For sports fans, ITT has tickets available for the Giants vs. Cincinnati Reds baseball game. The $7.50 tickets are for the lower reserved seats and are available until Wednesday.



Richard Dedo receives information about tours available for the Northern California area from Sandy Cornett, ITT manager.

There is no better place to purchase reduced ticket prices than ITT. Among the current great deals are tickets to Great America, Marine World Africa USA, Santa Cruz Beach Boardwalk, Universal Studios, Knott's Berry Farm, Movieland Wax Museum, Magic Mountain and Sea World.

ITT also offers books and travel literature at bargain rates. The titles of the publications range from "The Napa Valley Guide" for $4 to "Bargain Hunting in the Bay Area" for $5.50.

"We also book reservations with 10 major hotel chains, with special discount rates for military members and their families," said Cornett.

Save time and money before traveling by checking out the great deals available at ITT.

For more information on ITT tours and discounts, call 561-3992.

Army Day Volkssport offers everyone family entertainment

Bring your family and friends to the Presidio for the Sixth U.S. Army and Presidio of San Francisco's 1990 Army Day Volkssport June 1.

Volkssport is a recreational experience that provides the entire family an opporutnity to discover the many historic and geographic features of the Presidio and Fort Baker. The events are open to everyone; however, children under 12 must be accompanied by an adult.

Army Day Volkssport events include a 10-kilometer volksmarch, 25-kilometer bike ride and 300-meter swim. Volkssport events are scheduled to start between 9 a.m. and 1 p.m. and be finished by 4 p.m. Volkssporters may participate in one or all of the events.

The volksmarch offers one of the most scenic vistas in the Bay Area. The route will begin at the main Parade Field (the corner of Keyes Avenue and Graham Street) and follow paved and graveled back roads and hiking trails, featuring views of the Golden Gate Bridge, the bay, and the Pacific Ocean. An alternate route will be offered for strollers and wheelchairs.

After the volksmarch, there is a 25-kilometer bike ride from the Presidio Parade Field to Fort Scott, across the Golden Gate Bridge to Fort Baker, Sausalito and back to the Parade Field.

A 300-meter (ten lap) swim in the pool at Gym No. 2, building 1151 on Gorgas Avenue, will be the final event of the volkssport. Swimmers may use any swimming stroke and stop as often as needed.

Pre-registration, before May 26, is $4. This price includes awards for participating. A $1 fee will be charged for credit under the American Volkssport Association and the International Federation of Popular Sports. After May 26, fees will be $5 and $1.50 respectively. Participation is free for those who don't want credit or the awards.

For more information, Call Lt. Col. Manuel Mier at 561-4048.



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—Donald J. Mattasolio, Major USAF Ret.

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—Randy Cunningham, USN, retired Vietnam ace

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Sports Notes

Bowling Tournament

The 1990 Memorial Day Bowling Tournament will be held May 26 through 28 at the Presidio Bowling Center. Starting time will be 1 p.m., with the final shift starting no later than 7 p.m. Categories include men's singles and doubles and child doubles. The entry fee is $6 per event.

Entry forms can be picked up at the Presidio Bowling Center or Gym No. 1, building 63. For more information, call the Program Director, Lori Bearson, at 561-4120.

Presidio Pony League

Presidio 13, Knights 9

The Presidians spotted the Knights a 4-run lead but came charging back behind the hitting of Dan Talomonte, Norman Crittle and Donnie Pierce. Talamonte drove in five runs, Crittle two, and Steve Priest two. Starting pitcher, Michael Stenger overcame first inning control problems to hold the Knights to one run over his last four innings. Crittle held the Knights scoreless during two innings of relief to seal the victory.

Braves 12, Presidio 2

Errors and missed opportunities were the rule as the Presidians dropped their second contest to the Braves. The Presidians now are 5-3 at the halfway mark of the season.

Youth soccer

Presidio Youth Sports is recruiting players for its upcoming season, which will be held from approximately Aug. 16 to Dec. 16.

Registration will be accepted at Gym No. 2, building 1152, from 10 a.m. to 6 p.m. through July 20.

Cost is $10 each for children under 6 years of age (instruction, not competitive) and $20 each for children 6 years old and older (to compete on the Presidio team in San Francisco's Viking Soccer League).

Parents must furnish proof of age (birth certificate or old USYSA player pass) and a small photo of the child.

Soccer coaches and assistant coaches also will be needed for the new season. For more information, call Allen Posey, Youth Program coordinator, at 561-5051.

Volleyball tourney update

Company B, Letterman Army Medical Center whipped the Mongrels two out of three in Gym No. 1 for the 1990 Presidio Intramural Volleyball Tournament title May 9.

LAMC lost the first game 13-6, but bounced back in the second and third games with consecutive scores of 18-16 and 15-10.

Letterman Army Institute of Research came in a close third losing two of three games to the Mongrels, 8-15 and 13-15.

Softball Tournament

Presidio's Sports Branch will host a Memorial Day Slow Pitch Softball Tournament from May 26 through 28.

Teams may be formed by combining with other units, divisions, sections and dependents 19 years old and older may participate. Military installations in the Bay Area also are being invited to play.

Coaches/managers desiring to enter a team must do so by May 21. An entry fee of $175 will be charged for each team. An organizational meeting and drawing will be held at Presidio's main gym at 12:30 p.m. May 21. All entries will be finalized at that time.

For more information, call John Funes at the Sports Branch at 561-5032.



Spec. Julie South prepares to throw the javelin while practicing for All-Army track and field tryouts.

All-Army Track and Field Trials

by Drew Seaman

The harsh track of competition has been stretching toward a physically and mentally grueling race between soldiers competing for a position on the All-Army Track and Field team.

The team trial camp on post is a proving ground for the top soldier-athletes stationed around the world. The camp, which runs from April 23 until June 1, has molded 36 athletes into peak performers.

Two hopefuls vying for a place on the team are Sgt. Larry Robinson and Spec. Julie South. Like most of the team hopefuls, both Robinson and South have always maxed their physical fitness tests since basic training.

Robinson, a self-propelled field artillery system mechanic stationed in Baumholder, West Germany, is competing to represent the Army in the 1500 meter run. The sergeant placed sixth in the United States Army-Europe (USAREUR) track and field competitions last year. After his win, the former state high school champion submitted paperwork to attend the All-Army camp.

"If you're not an all around soldier don't plan on coming here," said Robinson, "I'm a soldier first and an athlete second. I had to be a great soldier first to get the respect and time to train on my own as an athlete."

His unit, the Service Battery, 229th Field Artillery, has been great with support for the former parachute rigger.

"I try to set an example in my unit. If I do a good job about being the best that I can be, my unit also looks good." However, Robinson has worked even harder to compete in the All-Army tryouts.

He said, "Most of the people here were the elite, top of the crop at their units. They stood out in their units as super achievers. Everyone here is the best of the best.

"I credit my success for making it this far to my wife, Lettie. Just knowing that she's behind me one hundred percent keeps me going and gives me that extra push I need."

South, a military police officer in Schofield Barracks, Hawaii, is a veteran of the All-Army tryouts. She attempted to get on the team last year but didn't place high enough in her events against her competitors to make the team. The Butte College graduate is sure she'll do great in this year's tryouts.

South, assigned to HHC, 731st Military Intelligence Battalion, was very competitive in high school and college. The 24-year-old athlete plans to compete in the 800 meters, high jump, shot put and javelin throw.

She received six gold medals in the annual Schofield Barracks track meet in 1989.

"Everyone here is a great athlete. You've always got to do your best every day to stay competitive," she said.

South and Robinson are two of the small number of soldiers fortunate enough to be given a chance to compete for a slot on the All-Army team. According to South, "Any soldier stationed anywhere in the world is eligible to compete for the All-Army Track and Field team. There's even a training schedule provided by the camp so that aspiring athletes can train at their own units."

The soldier who makes it to the final trials will compete in the Armed Forces championships June 5 through 8 at Vallejo High School. Field events also will be held at the University of California-Berkeley, June 5.



Sgt. Larry Robinson stretches before training for the 1500-meter run.

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Community Calendar

Commissary closure

The Presidio Commissary will be closed on May 28 for Memorial Day observance.

Computer troubleshooting

Having PC trouble? Problems with your PROFS? The ISC Information Center is available to help with all Garrison and tenant activities' computer problems. This includes troubleshooting and installing hardware, software and peripheral devices—even on Professional Office Systems (PROFS). Call the ISC Information Center at **561-3287** for answers to your computer questions.

Videoshow users

Executive Solutions, Inc., is starting a users group for VideoShow/Pictureit products. If your or someone in your office uses these presentation software products, contact Dixie L. Porter, Sixth U.S. Army Public Affairs Office at **561-3740** for information about the group. There is no cost, and all VideoShow/Pictureit users are welcome.

DBase III+

Presidians who know how to operate a computer and want to learn a database program can take part in a workshop offered by the Education Center June 5 through 28, Tuesdays and Thursdays from 12:30 to 3:30 p.m. The course is free to active duty soldiers; others pay $125. To obtain enrollment forms, see a counselor at the Fort Scott Education Center, building 1216, or the LAMC Education Center, building 1014.

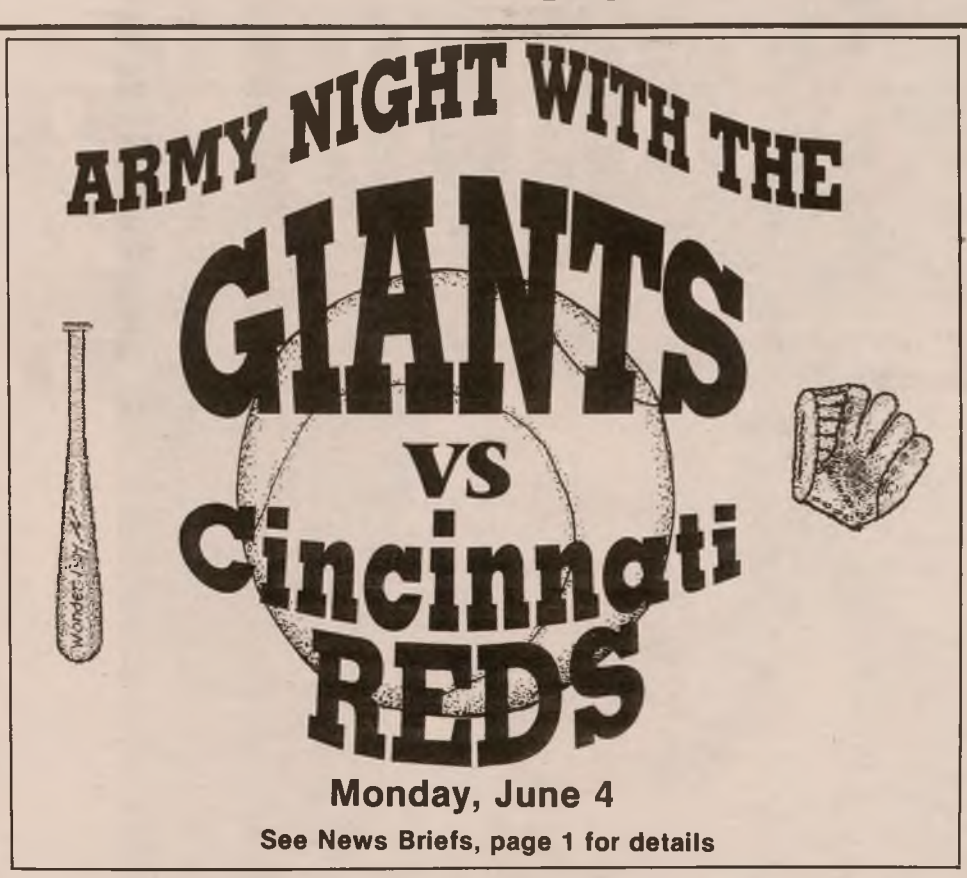
Army Ball

In celebration of the U.S. Army's 215th birthday, the Presidio's 1990 Army Ball will be held on June 14 at the Presidio Officers' Club.

This event will be open to all active duty personnel, Army Reserves, retirees, Department of Army civilians and Army spouses.

Social hour begins at 6:30 p.m. Due to the limited number of tickets (approximately 340), make your reservations early with your unit command sergeant major or first sergeant. Cost is $17 a person; formal attire.

For more information, call CSM McVey at **561-4373** or CSM Whiteford at **561-2004.**



Lifeguard training

An American Red Cross Lifeguard training course will be held May 19 and 20, 7 a.m. to 1 p.m. each day, at the Two Rock Coast Guard Training Center (near Petaluma). Prerequisites are standard first aid, community CPR, basic lifesaving skill and good swimming skills. Applicants must be at least 15 years old. Cost for the course is $25.

For more information, call **561-2187.**

Host a French student

It's a cool, Presidio summer afternoon as 16-year-old Pierre returns from his group excursion . . . or is it 15-year-old Yvette?

Through One World Friendship, a non-profit student exchange, your family can host a French student who is between 14 and 18 years old. Interested families would host students from July 5 through Aug. 2.

Through One World Friendship, students take part in a program organized for the week which includes English classes and excursions. Most weekends the students are free to spend time with their host families.

Many families find hosting students to be a fun and rewarding experience from which the whole family learns.

For more information, or to sign up, call Caroline Smadja at **861-8308** from 10 a.m. to 9:30 p.m. If you don't get an answer, please leave a message.

SATO Travel

Hawaii: Buy six nights at a hotel and get the seventh night FREE! The price is as low as $509 per passenger. This trip includes: Roundtrip air via Delta Airlines; roundtrip transfers; lei greeting; baggage transfers; seven nights at the Park Shore Hotel; and all applicable hotel and air taxes.

Please note: The above trip is based on midweek travel. Effective dates are April 15 through May 31.

San Diego: Now is a great time to get away. A midweek trip to San Diego is priced as low as $128 per passenger right now. The package includes: Roundtrip air via USAir; two-day rental for a Hertz sub-compact car *with* unlimited miles; but gas, tax and optional insurance are not included.

Please note: Travel is based on double occupancy and midweek travel only. If you travel on weekends, rates are slightly higher.

For more information, call **561-2314.**

AAFES hours

The new hours of operation for the AAFES Main Store are: Monday through Saturday, 9 a.m. to 9 p.m. and Sunday, 10 a.m. to 7 p.m.

Haircut price

The basic haircut price is now $5.45. An increase of 25 cents was established due to a local price survey, taken by a representative of the command and AAFES Service personnel.

New at the Zoo

Presidians can stroll along the San Francisco Zoo's Nature Trail, Saturday from 10 a.m. to 5 p.m. and learn about turtles, skunks, toads, chinchillas and more. Sunday at 8 a.m., everyone is invited to join animal keeper Linda Caratti on a two-hour "Zoo Babies Walkabout" tour.

Call **661-2023** for fees and information.

Exploratorium news

The Exploratorium, San Francisco's popular museum of science, art and human perception, will be open on Memorial Day, May 28, from 10 a.m. to 5 p.m., for special holiday hours.

The Exploratorium is wheelchair accessible. Admission to the museum is $5 for adults, $2.50 for seniors, $1.50 for youths 6 to 17, and free to children under age 6 and Exploratorium members. Hours are Wednesdays from 10 a.m. to 9:30 p.m., Thursdays through Sundays 10 a.m. to 5 p.m. The Exploratorium is closed Mondays and Tuesdays.

For more information, call **563-7337.**

Creative Cottage

Looking for a perfect wedding gift, graduation present or beautiful hand-crafted item? Come to the *Creative Cottage, located in building* 204 next to the Thrift Shop. The Creative Cottage is open Tuesday, Wednesday and Thursday from 10 a.m. to 2 p.m. and the first Saturday of each month.

Sesame Street Live

ITT is selling tickets to "Big Bird's Sesame Street Story" June 2 at 11:30 a.m. at the Cow Palace. Tickets are $8, reduced from $9.50. Call ITT at **561-3992** or visit the office in building 215.

PLATO courses

Soldiers can now use the PLATO computer system, during or after duty hours, to study or review subjects to help with professionalism and on-the-job knowledge. Some examples are drill and ceremonies, map reading, NBC, promotion points and boards, and military tactics. A PLATO Military Course catalog, describing nearly 100 subjects, is available at the Fort Scott Education Center, building 1216, **561-2974** or **561-4445**, or the LAMC Education Center, building 1014, **561-3692** or **561-4791.**

At the Movies

Presidio Theatre

Sat, May 19: Glory (R), 7 p.m.
Sun, May 20: The Handmaid's Tale (R), 7 p.m.
Mon, May 21: The Blood of Heroes (R), 7 p.m.
Fri, May 25: Driving Miss Daisy (PG), 7 p.m.

Hamilton Theater

Fri, May 18: Immediate Family (PG-13), 7 p.m.
Sat, May 19: Driving Miss Daisy (PG), 7 p.m.
Sun, May 20: Driving Miss Daily (PG), 4 p.m.





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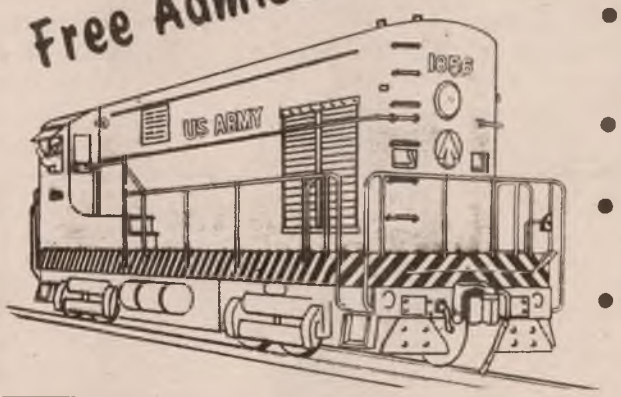
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Oakland Army Base is located adjacent to the SF-Oakland Bay Bridge toll plaza, near the intersection of freeways 80 and 880. A/C Transit line A serves the base from San Francisco. A/C Transit line #12 serves the base from downtown Oakland and the West Oakland Bart station.

Call 466-3021/2307 for further information

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FROM THE CG

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SPORTS

Health and Fitness, page 9



Star Presidian

Vol. 33, No. 21 | Published in the interest of the people of the Presidio of San Francisco | May 24, 1990

News Briefs

Watch out for strangers

It is very important for parents to remind their children to report strangers in the housing areas. Last week two men with prior criminal records attempted to entice children to help them fix watches near one of our housing areas. The children were offered watches and presents as prizes. After seeing a new watch on his son, a concerned parent asked about it and was told the story about the two men. The parent immediately reported it to the Military Police. The two men were identified and after determining that no crimes had been committed, the MPs directed them off post.

This incident should be used by parents to teach children to be safe: don't talk to strangers; don't accept gifts from strangers; and most importantly, immediately report strangers to the MPs. Children must be taught these valuable lessons. Take time to discuss the right ways to deal with strangers.

Literature on child safety is available at the Crime Prevention Office at the MP Station.

Army Day events

Army Day, June 1, is shaping into a fun-filled day for the Presidio community: military, family members and civilians.

The highlight of the day will be the Volkssport activities beginning at 9 a.m. These events include a 10-K Volksmarch, 25-K bike ride, and a 300-meter swim. In addition, there will be softball, volleyball and a guidon race.

The center of the activities will be the Main Parade Field.

The following is a schedule of Army Day events:

8:30 a.m.: Opening Ceremony, Main Parade Field
8:30 a.m.: Sixth Army Band performs
8:55 a.m.: CG welcome and opening remarks
9 a.m.: Firing of the cannon; Volkssport events begin
9 a.m. to 1 p.m.: Volksmarch, Main Parade Field
Bike ride registration, Main Parade Field
300-meter swim
9 a.m.: Softball tournament, Fort Scott
10 to 10:30 a.m.: Music concerts, Fort Point
10 a.m. to 1 p.m.: Oom-Pah band, Main Parade Field
10:30 to 11:30 a.m.: Guidon race, front of building 39
11 a.m. to 3 p.m.: Food tents, Main Parade Field
Noon to 12:30 p.m.: Sixth Army Band, Log Cabin
Noon: Volleyball tournament
2 to 3 p.m.: Sixth Army Stage Band, Main Parade Field
4 p.m.: Close of Volkssport and awards, Main Parade Field.

Memorial Day Parade

A Memorial Day Parade led by the Colorguard and Sixth U.S. Army Band will begin at the Main Parade Field parking lot May 28 at 10:15 a.m.

A ceremony, including a fly-by and 21-gun salute at the post cemetery, will begat 11 a.m. The ceremony will end at 12:15 p.m.

War hero honors fallen comrade



Lt. Col. Timothy J. Desiderio and Lewis Lee Millett, a retired Army colonel, reminisce about Desiderio's father, Reginald B. Desiderio.

Under threatening grey skies, his Congressional Medal of Honor hanging proudly around his neck, Lewis Lee Millett, a retired Army colonel, rendered a slow salute to his former commander.

Millett made a pilgrimage to the National Cemetery at the Presidio Monday morning to lay a wreath on the grave of his fallen commander, Capt. Reginald B. "Dusty" Desiderio, who was posthumously awarded the nation's highest military honor for actions in the Korean War.

At Millett's side stood his former commander's son, Lt. Col. Timothy J. Desiderio. Lt. Col. Desiderio currently is the Chief of Staff for the Sixth Recruiting Brigade at Fort Baker.

Both Millett and Desiderio earned the Medal of Honor for their heroism while defending a command post near Ipsok, Korea in 1950. Desiderio commanded E Company, 27th Infantry Regiment, and despite multiple wounds, continued to encourage and lead his men during the desperate battle. With Desiderio mortally wounded, Millett, his leg shredded by mortar fragments, took command of the company while it was withdrawing in the face of murderous enemy onslaughts.

Millett is the National Commander of the Legion of Valor and is touring the country speaking on behalf of the 100th anniversary of the Medal of Honor. Millett was accompanied by Australian Warrant Officer Keith Payne who served with American Special Forces in Vietnam. Payne has been awarded the Victoria Cross, the U.S. Army's Distinguished Service Cross, Silver Star, and Purple Heart.

Presidio's future?

National Park Service holds public hearing—citizens speak out

by Joel P. Smith

Tear down all the Presidio buildings south of Doyle Drive, the main entrance to the Golden Gate Bridge. Cut down the Presidio's forest and replant with native California species. Convert the Army post to an international university.

Those are a few of the suggestions locals offered the National Park Service at the first public hearing on the fate of the Presidio, May 15, at the post NCO Club.

For two-and-one-half hours, NPS representatives and a panel of 15 Golden Gate National Recreation Area advisors entertained public comment on the NPS Plan to absorb the Presidio.

Scheduled to close no later than September 1995, the post's 1,400 acres then will be included in Golden Gate National Recreation Area, part of the national park system.

More than 400 people attended the 7:30 p.m. meeting, the first of five planned public hearings to measure public opinion about the land transfer.

"The Presidio is going to be managed as a unit of the National Park Service," said Frank Boerger, president of the GGNRA advisory council.

Boerger, who chaired the meeting, continued.

see Future, page 3

Voices

Presidio View

by Lt. Gen. William H. Harrison



This week on post

Dear Presidians,

On Wednesday the 16th our Readiness Group—San Francisco had a very special day. They hosted a group of young hearing-impaired children to a day at the Presidio of San Francsico—and acts such as this by a group of service persons for those less fortunate makes PSF a Very Special Place. **To all our great soldiers in RG-PSF—thanks and a really sincere Hoo Ah!**

That same day I witnessed this year's Armed Forces Day Parade down Market Street. Our great Sixth U.S. Army Band led the parade followed by our PSF Fire Department with two of our Quake '89 heroes aboard—Capt. Stephen Parke and Lt. Denise E. Biehn, both from LAMC. The Garrison Company marched and looked very good and the CAL Guard also were represented. So, to all the Army folks who worked so hard to make this a really meaningful event—my thanks and Hoo Ah!

On the 18th there was a Tri-Service Band Concert at the Masonic Auditorium downtown. Our Sixth U.S. Army Band and CWO Gannon participated and did a super job. CSM Whiteford represented me and said our band—as awlays—deserves a big loud Hoo Ah!

At noon on Friday there was a Salute to Hispanics in the Military luncheon in Oakland. Again CSM Whiteford represented me and tells me our band and color guard really did an outstanding job. And to all our folks who worked behind the scene to make this event such a success, my thanks and a really big Hoo Ah!

Bay to Breakers—the 89th running!—was on Sunday. So many Presidians—military and family members volunteered to man the "human walls" that I cannot name them all. But the race committee was very complimentary of all of you. **So, on behalf of them and for me—to each of you who got rain-soaked, cold and hungry—thanks and a really big Hoo Ah!** It was great seeing so many of you run the race after working. Super Hoo Ah!

Last week's *Star Presidian* carried an article about water conservation. I hope each of you read it and will help us with this project. The community needs your support.

Also, last week's "Ask Presidians" column asked what folks wanted to ask the Commander—so here are the answers:

Yes, **Specialist Ricketts,** we do have a problem with noon chow now that we have closed 101B. CSM began an interim solution Monday, the 21st—a shuttle bus service to Fort Scott—but we're working the issue and will resolve it soon. Thanks for bringing this to my attention.

Mr. Buckner—we will close the base not later than 30 Sept. 1995. That is the date the law says we must close. Some units and organizations will depart sooner—for instance, Sixth Army will begin its move to Colorado in 1993 and complete in 1994.

Private Rendon—we have fun runs only once a month because the rest of the month the P.T. program is working. Fun runs are for morale and esprit purposes, to bond units and help make P.T. fun. But individual or small units running is much better as a physical fitness event. I'm glad you enjoy the fun runs. So do I. I'll see you at the next one—and bring a friend!

Ms. Everett—the bottom line on why I cannot open the post theater to DA civilians is that by Army Regulation I am forbidden to do so. This is deemed competition with the local theaters off-post and we are authorized the theaters only for military and their dependents as guests. Sorry I cannot open it to all, but military members can take you as a guest.

Finally, **Major Benton**—your question has a three-fold answer. One, by creating in your mind and the mind of others, the *perception* that I have retained my youth, vitality and physical fitness! Actually, I'm old, run-down and out of shape, but I work hard to convince you I'm not! Second, by truly believing that every day is a great day to be in the Army wherever I am—and doing my darndest to make everyone else believe it also. And thirdly, and most importantly, by staying as close as I can to SOLDIERS. Soldiers always make me feel wonderful. And here I'm referring to the generic soldier—he or she can be a uniformed member, a family memer, a DA civilian or a volunteer. **My spirits soar, my batteries are recharged, my outlook brightens whenever I am privileged to be with soldiers** who are doing their jobs to the best of their ability, who are positive and friendly and who take pride in their uniforms, their Army and their country. Soldiers are my secret to any success I have enjoyed—soldiers such as you and all those great volunteers I saw on Sunday manning the walls and running Bay to Breakers! Hoo ah!

Remember—Army Day—Friday, June 1. It's *our* day to have fun and celebrate all the wonderful things we've accomplished this past year—so come on out and enjoy!

God Bless you each and every one.

William H. Harrison
Lieutenant General, USA
Commanding

"The soldier's heart, the soldier's spirit, and soldier's soul are everything. Unless the soldier's soul sustains him, he cannot be relied on and will fail himself, his commander, and his country in the end. It is not enough to fight. It is the spirit that wins the victory. Morale is a state of mind. It is steadfastness, courage, and hope. It is confidence, zeal, and loyalty. It is elan, esprit de corps, and determination. It is staying power, the spirit which endures in the end, and the will to win. With it all things are possible, without it everything else, planning, preparation, and production count for naught."
—George C. Marshall



Hearing-impaired children from the Luther Burbank Middle School and the International Studies Academy visit Battery Chamberlain as part of their tour of the Presidio May 16.

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The *Star Presidian* is an unofficial publication authorized by AR 360-81. Editorial content is prepared, edited and provided by the Public Affairs Office of the Presidio of San Francisco, California. The *Star Presidian* is published weekly by Coast Publishing, a private firm in no way connected with the Department of the Army, under exclusive written contract with the Presidio of San Francisco, California.

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Opinions

Ask Presidians:

by Adrienne Sims

"What is the best opening line you have ever heard?"



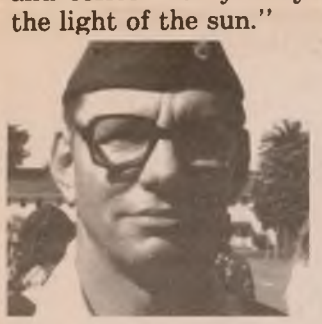
Pvt. 2 Ulysses B. Sherman, SIDPERS analyst: "There's nothing to it, but to do it. Stomp your feet and clap your hands to it."



Francisco De Costa, civilian personnel employee: "You've got beautiful eyes, or something like that."



Spec. William D. King, SIDPERS computer analyst: "I would like to drink wine with you by the light of the moon and coffee with you by the light of the sun."



Sgt. Maj. Ted L. Disney, USAR enlisted advisor: "The one my wife hated. 'Didn't I know you in school?' She couldn't believe how many women I knew."



Sgt. Juliana Jones, administrative assistant to Sxith U.S. Army Sgt. Maj.: "You're sitting at a bar for two hours alone, and a guy sees you sitting there for those two hours, then asks you, 'Are you alone?' "

Open letter to citizens of the Presidio of San Francisco

Information comes in many ways to members of the military. Some is accurate, some inacurate, some conjecture, some opinion. During the past week, you may have read or heard stories in the media on planning for future use of the Presidio. Some stories highlighted positive aspects, such as the beauty of these lands; others highlighted negative aspects, such as toxic or waste sites discovered on the installation during environmental assessments, or criticized the Army's program of maintenance and upkeep of the lands.

As with any major installation or organization that has exercised stewardship over large parcels of land for nearly a century and a half, there are both positive and negative aspects. From the 1990 perspective, the Army has tried to increase the positive and correct the negative—whether or not we, the present stewards, are responsible. In some cases, as with buried wastes of past years (i.e., oil drums) many of which were only recently discovered, we have inherited actions of the past when environmental concerns were given less attention than they are today. As the current stewards, we are doing our best to rectify yesterday's mistakes and to ensure we do not commit similar mistakes today.

The United States Army is very proud of its long stewardship of this great old military post. The Army, in 1846, inherited the Presidio as a remote, undesirable, barren tract of windswept sand dunes; we will turn over to the people of the United States, in 1995, a thickly forested, emerald jewel considered by many of the most beautiful military post in the world. The planting, cultivation, preservation, and maintenance of this priceless legacy was made possible through the conscientious efforts of the Army and those associated with it over the years.

As Presidians, you and I have a great deal of which to be proud because of what the United States Army and all of us have done to preserve and to make the Presidio of San Francisco a "Very Special Place." Were it not for the Army's creation and care of this beautiful site—soon to become one of America's most beautiful scenic parks—this parcel of land would likely, long-ago, have been dissected, zoned, and developed commerically and residentially. Again, thanks to the Army, that never happened.

Should you hear negative criticism of the Army's role concerning the stewardship of the Presidio of San Francisco, therefore, do not be disheartened or angered. You know the facts. Remember too, that one of the roles of the United States Army is to protect and defend everyone's right to express his or her opinion, whatever that opinion happens to be—positive or negative, complimentary or critical. **You do not have to agree or disagree with the opinions of the public or the media, but each of us is sworn to preserve, protect, and defend the right of freedom of speech and the press which the Constitution of the United States of America guarantees every citizen of this great land.**

As we wind down operations here over the next several years, each of us must resolve to continue to do our duty to the very best of our ability; to continue to train in order to preserve, protect, and defend the Constitution; and to stand with pride and dignity each and every day in the sure knowledge that we and our predecessors have created and preserved for the citizens of the United States of America a great legacy—one of the most beautiful spots on the face of the earth.

We who are privileged to serve here at the Presidio of San Francisco are committed to the continuing care of this installation and to eventually turning over to the Department of the Interior acres and acres of historical buildings and lush greenery in as fine a state as is humanly possible, and in a condition—better beyond expectations—than that which we inherited 144 years ago.

William H. Harrison
Lieutenant General, USA
Commanding

Future continued from page 1

"We're concerned with what uses are appropriate to its inclusion in the National Park Service."

Though the council asked for comments only about the planning process, several speakers offered suggestions for future use.

At least five locals wanted the Presidio to raze the cypress-eucalyptus forest, and replant with native California species. Others recommended that the NPS let the old forest die out naturally, since it is near the end of its 100-year life span.

No naturalization plan, however, was more extreme than that of San Francisco resident Charles Bonny. Bonny wanted the NPS to level all post buildings south of Doyle Drive and allow native plants to colonize the space.

After the hearing, David A. Rice, communications secretary for GGNRA, said reducing the number of buildings recognized as historic structures is out of the question. The structures belong to the public trust.

However, GGNRA would like to reclaim some areas which now serve as parking lots, said Doug Nadeau, GGNRA's director of planning and resource management.

Nadeau added that the NSP is interested "in the expansion, enhancement and protection of the excellent natural qualities of the area."

Another NPS goal, Nadeau added, is the preservation of historic buildings on post. "The Presidio is the best collection of military architecture in this country," he said.

Roger Brown, chief of the Presidio Planning Team for NPS, said construction of new buildings in the park would be "severely restricted."

Brown explained, "Open space will remain open. New construction only will be permitted in exceptional cases."

Existing buildings, to accomodate the shift from military to NPS use, "will be adapted to public and administrative use," Brown added.

While the NPS historically has encouraged public use of the park system, many citizens are concerned that once the Presidio is completely within the public domain, its relatively pristine character will be lost.

"I would oppose any high traffic use of the Presidio, " said Jo-Ann M. Ordano, a member of the California Native Plant Society.

Ordano, a photographer who lives near the post, said the Presidio is home to four plants on the California Endangered Species list.

"This is the last stand for many of these plants," Ordano said after the hearing. "If we encourage a lot of people to come onto the Presidio, the damage due to foot traffic would be severe."

She said she appreciated the chance to voice her worries at the hearing.

"This is the only way individual concerns are going to be heard," Ordano explained.

The third public hearing will be May 29, at the BART boardroom, BART headquarters, Oakland.



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Top Sergeant

Reed honored as 6th Army NCO of the Year

story and photo by Duvel White

The mood in Headquarters Battalion S-3 office is light, friendly, but busy. It fits Sgt. Larry "Red" Reed's personality well.

Reed is the battalion training and ammunition NCO. His is a job which requires an infantryman—and Reed is proud of it.

"He usually wears Class Bs," jokes Maj. Ronald Benton, Headquarters Battalion commander as he approaches Reed's desk. "Let me see if there are any AG things over here."

It is a running joke in the S-3 (training and operations) section about being away from the "line" and combat arms units. During his 19 months here at the Presidio, Reed has worked on his career plan of getting back to the "line." This included his recent completion of Air Assault and M-60 Machinegun Master Gunner schools. These were the "building up" to attending Ranger school.

Along the way, Reed won the NCO of the year award for Headquarters Command Battalion, the Presidio and Sixth U.S. Army. Somewhere between the schools and the boards Reed was selected to be a recruiter.

"I had my plan for my career," Reed explained. "Ranger school, then on to a Ranger battalion or a light infantry unit . . . Hoo Ah schools and assignments all the way."

However, Reed is scheduled to leave for recruiting school Monday and he considers that a small glitch in his plan, but nothing he can't handle.

"I didn't want to go on recruiting duty," the sergeant flatly stated. "But I'm going to go there and kick butt.

"If you have to do something, there is only one speed—and that's high-speed," he said.

It is that attitude which propelled Reed to win Sixth U.S. Army NCO of the Year for 1990. Reed was honored last week at a banquet at the Presidio NCO Club for being the top active Army non-commissioned officer in the 12 western states.

"Folks in my shop (S-3) drilled me on different questions and were a big part of why I won," the six-year Army veteran explained. "SFC Nicholas D. Clear was my official heckler/motivator and Leroy D. Johnson was the official question asker. They kept me sharp."

When Reed is away from work, he spends time with his wife, Dorry, and their 8-month-old son, Logan. Reed, a California native, enjoys surfing, motorcycling, softball, racquetball and anything outdoors and athletic.

After the Army, Reed hopes to work for the Forestry Service in a national forest area. He has completed two years of college and is currently working on a Bachelor of Science in Forestry.

Attitude is what makes a good soldier, according to Reed.

"It's all in your fame of mind," he concluded. "Accomplish the mission in front of you. Give 110 percent of yourself to accomplish the mission—whatever that mission is—not just if you like it."



Presidio and Sixth U.S. Army NCO of the Year, Sgt. Larry "Red" Reed.

1990 ARMY DAY

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Armed Forces Day

Soldiers, sailors, airmen, Marines



The Armed Forces Parade marches through downtown San Francisco.

photo by Drew Seaman



photo by Duvel White

Cpl. Cornelius Humphries and Sgt. Richard Nunemaker lead the Armed Forces Parade as members of the Joint Services Color Guard.



photo by Duvel White

Presidio earthquake heroes—honored during the Armed Forces Parade include (l-r): Firefighter Vince Milano, 1st Lt. Denise E. Biehn (LAMC), Capt. Stephen Parke LAMC), and Firefighter Roy Evans.

Presidians join forces for downtown parade

by Drew Seaman

Soldiers, Marines, airmen and sailors made up the 1,000 service members who marched through downtown San Francisco May 16 as part of the Armed Forces Week Parade.

The 41st anniversary parade paid tribute to service members and the country they defend.

"Proud to Serve" was the theme of this year's parade which began at Justin Herman Plaza, and wound near the end of Howard Street.

A Joint Services Color Guard led the procession through city blocks filled with spectators. Following the guard were the 50 state flags carried by service members representing the armed services.

The Sixth U.S. Army Band filed behind them playing patriotic tunes. Presidio Headquarters Company, United States Army Garrison, marched its 100 soldiers behind the band.

"I'm honored to have a small part in this parade. It gives the civilian community a chance to see our pride in the military," said Sgt. Christine Salgado, a Headquarters Company, USAG soldier marching in the event.

Four heroes who assisted victims in the earthquake of 1989 rode behind the marching soldiers. They rode on Presidio Fire Department engine Number 2, the first rescue vehicle to arrive in the Marina District following the Oct. 17, 1989 earthquake.

Other units in the parade included 20 other service marching and band teams from the armed forces.

"I think it's great that these young men and women are willing to dedicate their lives to America and to its defense," said Elaine Baker, an onlooker in the crowd.

Armed Forces Week was celebrated in the Bay Area May 12 to 19.

In addition to the parade, a multiservice band concert was held at the Masonic Auditorium May 18. The U.S. Army, Navy and Air Force bands played together as an 80-piece orchestra for this special two-hour concert.

Finally, a railroad Heritage Day was held on the Oakland Army Base May 19. The event featured free train rides and various passenger and freight railcars were open for public inspection.

Infantrymen

Back to basics at Hunter Liggett

story and photos by Joel P. Smith

Eleven hunted men paced the west bank of a river, ever looking east, ever watching the water grow emerald green with deepness.

They'd trained to navigate a no-man's land of desert pinnacles and pits, rappelling to the foot of mountains to turn and face an enemy.

They'd drilled their way through fields of fire, sweating a path through barbed wire and darkness.

And they'd been in what seemed a dress rehearsal for death-charging a machine-gun nest, ambushing an ambush.

But they weren't prepared for the bird's nest.

When 11 members of the post's Ceremonial Platoon tried to cross a river on a rope bridge at Hunter Liggett Military Reservation, about 180 miles south of San Francisco, they found a bird's nest blocking their way.

The platoon, a unit in Headquarters Company, United States Army Garrison, were in the third day of a six-day field training exercise.

To escape a larger force, they had to quickly string two ropes across the San Antonio River, tying them between trees on opposite banks.

At a pinch in the river—a 30-foot span in a river that often stretched to 100 feet—two oaks stood like sentinels waiting for the rope.

But when the platoon NCOIC, SSgt. Thomas A. Hayes, climbed into the nearer oak, he found what he said he thinks were two blackbird nestlings in the crook of a branch.

Spec. Jeff Williams, watching from below, called up, "Babies? Let's leave 'em alone. There's got to be a better site."

Hayes backed through the tangle of limbs and called for the platoon to march upriver.

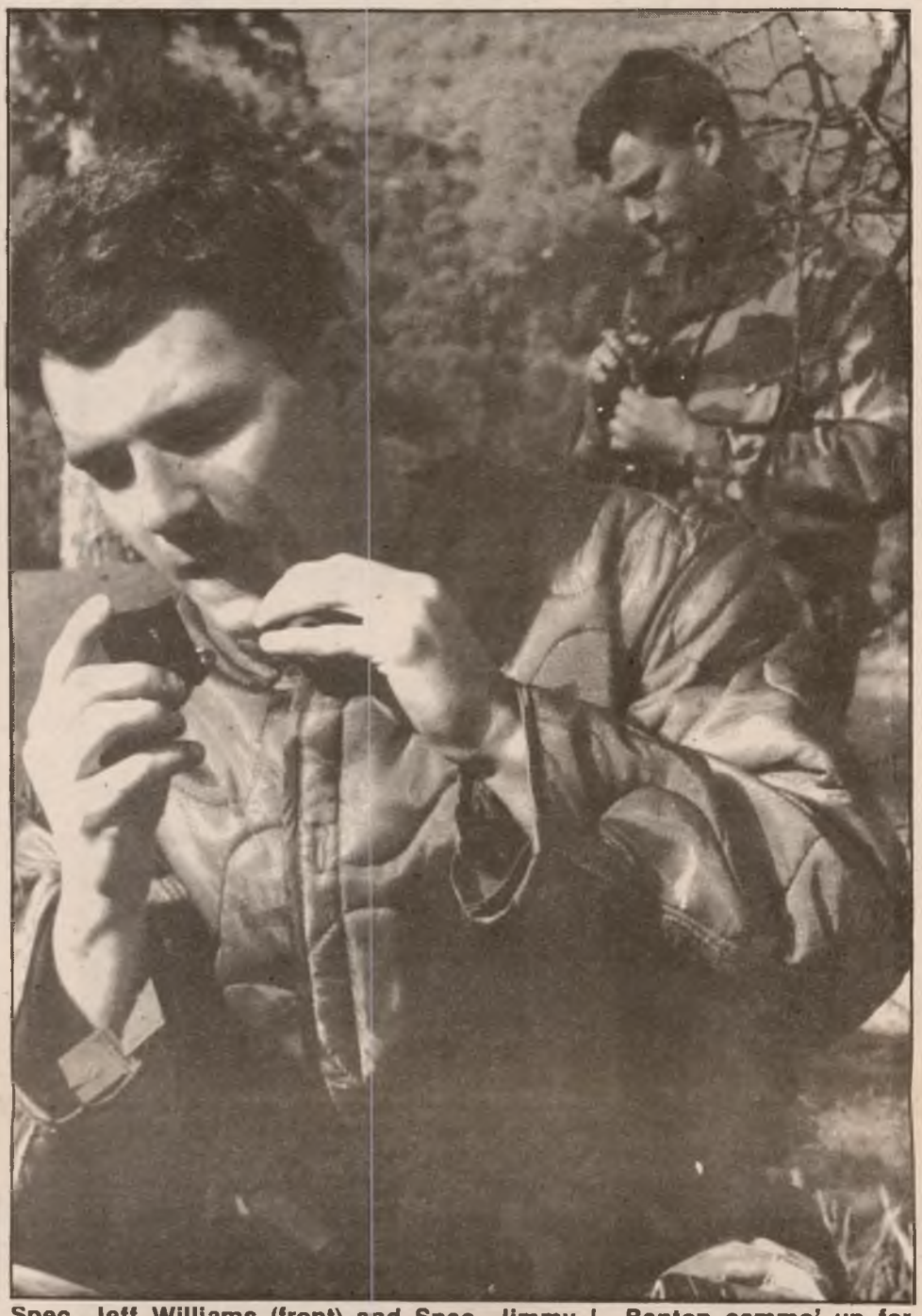
It seemed an odd move in a field exercise that earlier in the day pitted two squads against each other—a kind of forest feud in which the battle raged until only one man was left alive, each battle, to stand victorious.

The day before, soldiers were building "man-traps"—foot-and-a-half deep camouflaged pits ringed inside with sharpened sticks.

The bird's nest crossing required an ethical choice of men who train for a time when ethics seem a barrier to self-preservation.

"There was no sense in disturbing the birds when we didn't have to," Hayes later explained.

At a 90-foot sweep in the emerald river, the soldiers strung their two ropes and crossed, light-hearted and dry-footed for the most part.



Spec. Jeff Williams (front) and Spec. Jimmy L. Benton cammo' up for ambush training.



Ceremonial Platoon soldiers struggle to tighten the rope bridge.



Spec. Richard E. Wilken slides across a 90-foot rope bridge over the San Antonio River.



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Sports & Health

Sports Notes

Bowling tournament

The 1990 Memorial Day Bowling Tournament will be held May 26 through 28 at the Presidio Bowling Center. Starting time will be 1 p.m., with the final shift starting no later than 7 p.m. Categories include men's singles and doubles and child doubles. The entry fee is $6 per event.

Entry forms can be picked up at the Presidio Bowling Center or Gym No. 1, building 63. For more information, call the Program Director, Lori Bearson, at **561-4120.**

Softball tournament

Presidio's Sports Branch will host a Memorial Day Slow Pitch Softball Tournament from May 26 through 28.

Teams may be formed by combining with other units, divisions, sections and dependents 19 years old and older may participate. Military installations in the Bay Area also are being invited to play.

Coaches/managers desiring to enter a team must do so by May 21. An entry fee of $175 will be charged for each team. An organizational meeting and drawing will be held at Presidio's main gym at 12:30 p.m. May 21. All entries will be finalized at that time.

For more information, call John Funes at the Sports Branch at **561-5032.**

Youth soccer

Presidio Youth Sports is recruiting players for its upcoming season, which will be held from approximately Aug. 16 to Dec. 16.

Registration will be accepted at Gym No. 2, building 1152, from 10 a.m. to 6 p.m. through July 20.

Cost is $10 each for children under 6 years of age (instruction, not competitive) and $20 each for children 6 years old and older (to compete on the Presidio team in San Francisco's Viking Soccer League).

Soccer coaches and assistant coaches also will be needed for the new season. For more information, call Allen Posey, Youth Program coordinator, at **561-5051.**

Presidio Pony League

Presidio 8, Knights 4

Sparkling defensive play was the key as the Presidians turned two double plays and cut down four runners on the base paths. A double play from Norman Crittle to Matt Harper to Donnie Pierce quelled a 4th inning rally. A perfect throw from left field by Tyrel Gregg Jr., forced a runner at second. Steve Priest scored three times and drove in two runs with a home run. Crittle drove in two runs and Michael Bryant scored twice.

Presidio 3, Tremors 2

Mike Stenger scattered four hits and permitted only one walk while pitching the Presidians to victory. Steve Priest drove in five runs, Tyrell Gregg Jr. and Dan Talomonte each drove in two runs as the Presidians started slow but finished strong. Chris Amador scored three times and Gary Vogt and Priest scored twice each. Matt Harper, Alex Martin, Rei Hubbard and Kyle Hart each scored once.

Presidio 11, Constables 1

Pitcher Steve Priest, backed by an improving defense, held the Constables to a single run in a Saturday afternoon contest. The Presidians used aggressive base running to overpower their opponents. The Presidians now are 8-3 in the San Francisco Pony League.

Presidio Health, Fitness Day keeps employees in shape

story and photos by Adrienne Sims

More than 120 soldiers, family members and civilian employees gathered in Gym No. 1 May 17 to plan their attack against the enemy.

This "Battle of the Bulge" was the beginning of a never-ending war. It was the first round of a knockdown, drag-out fight for fitness. Participants pledged to continue the struggle with leg-lifts, pull-ups, racquetball, aerobics and anything else necessary to win the war.

The meeting was Presidio's first Health and Fitness Day.

Letterman Army Medical Center set up tables to conduct blood pressure testing and cholesterol counts. They determined individuals' health risks and discussed the results and various ways to improve their health. Pamphlets containing information about heart disease, drug and alcohol assistance programs and exercise programs were offered at the main gym.

Beverly S. Carpenter, aerobics instructor, demonstrated an aerobics fitness class. "About 25 people participated in aerobics, " Carpenter said.

Health habits cover more than just exercise, according to Robert Darling, fitness coordinator. "Health fitness includes nutrition, weight control, stress management, substance abuse prevention and spiritual fitness," Darling said.

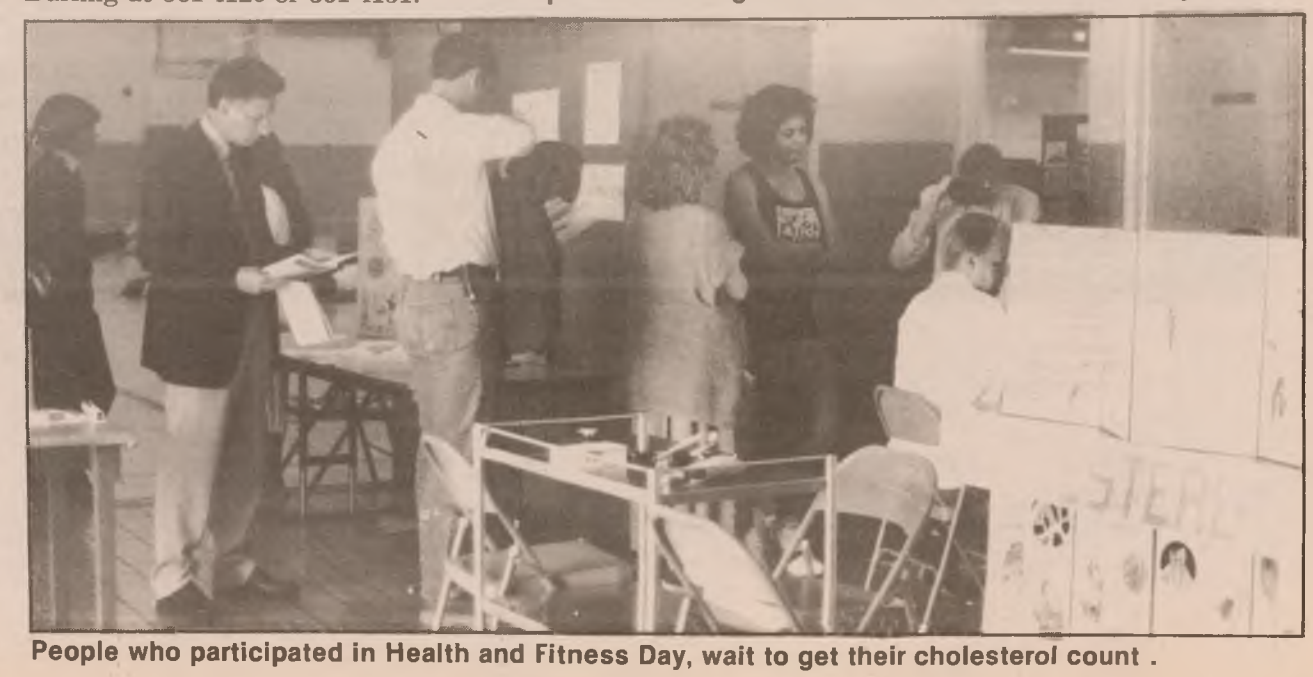
Mark. J. Gumbiner, alcohol and drug control officer, helped Darling coordinate the mini-health fair. "We chose this day because May is National Fitness Month," Gumbiner said.

The Health and Fitness Day began at 11 a.m. and was intended to end at 1 p.m. However, because of the number of participants, LAMC staff members were still taking blood pressure and cholesterol counts after 1 p.m.

For more information about health and fitness, call Robert Darling at **561-4120** or **561-4131.**

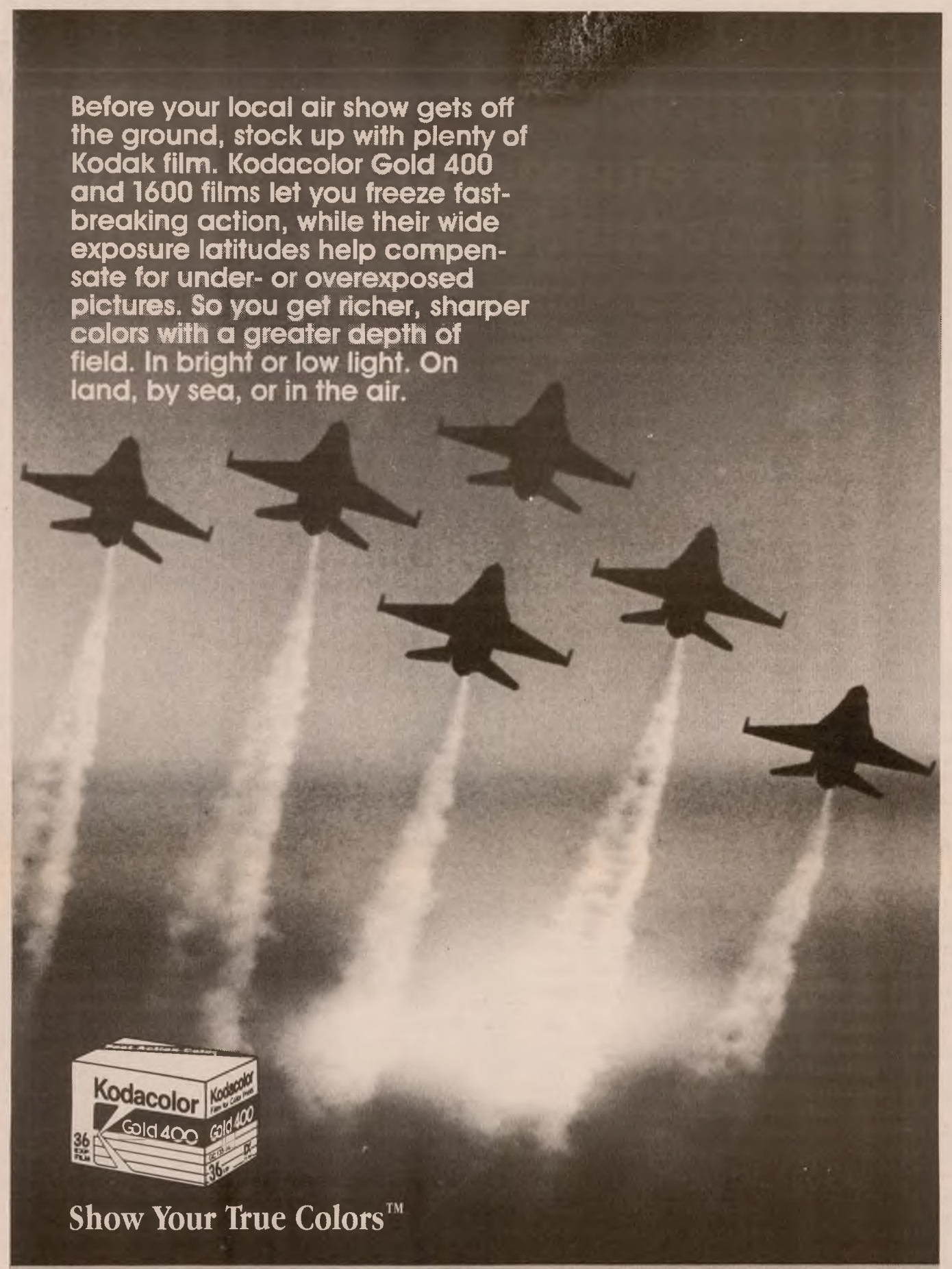


The Nautilus weightlifting class attracted beginners and experienced weightlifters to Health and Fitness Day.



People who participated in Health and Fitness Day, wait to get their cholesterol count .

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Community Calendar

Army Ball

In celebration of the U.S. Army's 215th birthday, the Presidio's 1990 Army Ball will be held on June 14 at the Presidio Officers' Club.

This event will be open to all active duty personnel, Army Reserves, retirees, Department of Army civilians and Army spouses.

Social hour begins at 6:30 p.m. Due to the limited number of tickets (approximately 340), make your reservations early with your unit command sergeant major or first sergeant. Cost is $17 a person; formal attire.

For more information, call CSM McVey at **561-4373** or CSM Whiteford at **561-2004**.

S.F. Giants Army Night

Presidians are invited to take part in "Army Night with the San Francisco Giants" at Candlestick Park, Monday evening, June 4. Opponents will be the Cincinnati Reds. Lower reserve tickets for Presidians are available at the ITT office, building 215, at the discount price of $7.50.

Free bus transportation will be provided for Presidians. Two buses will take passengers with tickets to the game. Meet at the Centennial Tree in the main parking lot at 5 p.m. This transportation will be on a first-come, first-served basis.

For information, call ITT at 561-3992.

Children's Fair

The Marina's Yerba Buena Children's Center is having a fund-raising Children's Fair June 2, from 10 a.m. to 4 p.m. to raise funds to purchase materials for its child development program. If you are interested in donating, call Lida Louie at **927-7624** or Tina LaRon at **927-7322**.

Mardi Gras

Mardi Gras, San Francisco style, will grip the City by the Bay today through Sunday when the fifth annual Carnaval celebration springs to life in the Mission District. For more information, call the Mission Cultural Association at 826-1401.

Creative Cottage

Looking for a perfect wedding gift, graduation present or beautiful hand-crafted item? Come to the Creative Cottage, located in building 204 next to the Thrift Shop. The Creative Cottage is open Tuesday, Wednesday and Thursday from 10 a.m. to 2 p.m. and the first Saturday of each month.



photo by Pleasant Lindsey III

Earth Week

Presidio's Chief Engineer, Col. Clifford N. Goff and Gregory Sychoff, a Presidio grounds crewman, help Marina students plant two of 30 Douglas fir seedlings in the valley east of Gym No. 1 May 15. This ceremony, which mirrors the actions of students who helped in the original forestation of the Presidio 100 years ago, was part of a science project for Earth Week.

Host a French student

Through One World Friendship, a non-profit student exchange, your family can host a French student who is between 14 and 18 years old. Interested families would host students from July 5 through Aug. 2.

Through One World Friendship, students take part in a program organized for the week which includes English classes and excursions. Most weekends the students are free to spend time with their host families.

Many families find hosting students to be a fun and rewarding experience from which the whole family learns.

For more information, or to sign up, call Caroline Smadja at **861-8308** from 10 a.m. to 9:30 p.m. If you don't get an answer, please leave a message.

PLATO courses

Soldiers can now use the PLATO computer system, during or after duty hours, to study or review subjects to help with professionalism and on-the-job knowledge. Some examples are drill and ceremonies, map reading, NBC, promotion points and boards, and military tactics. A PLATO Military Course catalog, describing nearly 100 subjects, is available at the Fort Scott Education Center, building 1216, **561-2974** or **561-4445**, or the LAMC Education Center, building 1014, **561-3692** or **561-4791**.

Roller skating

San Francisco Outdoor Roller Skating Championships will be held in Golden Gate Park May 28. All events including park race, high jump, long jump, and dowhill slalom, will take place near Sixth Avenue and Kennedy Drive from 1 to 4 p.m. For more information, call David Miles at **752-1967**.

Riding class

The Golden Gate Park Stables are offering a series of courses in riding and horse care skills. Students work with one horse throughout their program. The stables are located on Kennedy Drive and 36th Avenue in Golden Gate Park. Call Diane Palacio at **561-7860** for more information.

Sesame Street Live

ITT is selling tickets to "Big Bird's Sesame Street Story" June 2 at 11:30 a.m. at the Cow Palace. Tickets are $8, reduced from $9.50. Call ITT at **561-3992** or visit the office in building 215.

Videoshow users

Executive Solutions, Inc., is starting a users group for VideoShow/Pictureit products. If your or someone in your office uses these presentation software products, contact Dixie L. Porter, Sixth U.S. Army Public Affairs Office at **561-3740** for information about the group. There is no cost, and all VideoShow/Pictureit users are welcome.

Computer troubleshooting

Having PC trouble? Problems with your PROFS? The ISC Information Center is available to help with all Garrison and tenant activities' computer problems. This includes troubleshooting and installing hardware, software and peripheral devices—even on Professional Office Systems (PROFS). Call the ISC Information Center at **561-3287** for answers to your computer questions.

DBase III+

Presidians who know how to operate a computer and want to learn a database program can take part in a workshop offered by the Education Center June 5 through 28, Tuesdays and Thursdays from 12:30 to 3:30 p.m. The course is free to active duty soldiers; others pay $125. To obtain enrollment forms, see a counselor at the Fort Scott Education Center, building 1216, or the LAMC Education Center, building 1014.

AAFES hours

The new hours of operation for the AAFES Main Store are: Monday through Saturday, 9 a.m. to 9 p.m. and Sunday, 10 a.m. to 7 p.m.

Exploratorium news

The Exploratorium, San Francisco's popular museum of science, art, and human perception, will be open Memorial Day, May 28, 10 a.m. to 5 p.m. for special holiday hours.

The Exploratorium, which is located in the Palace of Fine Arts at 3601 Lyon Street, is wheelchair accessible. Admission to the museum is $5 for adults, $2.50 for seniors, $1.50 for youths 6 to 17 years of age, and free to children under age 6. The cost of admission covers a six-month membership.

Hours are Wednedays from 10 a.m. to 9:30 p.m., Thursdays through Sundays 10 a.m. to 5 p.m. The Exploratorium is closed Mondays and Tuesdays.

For more information, call **563-7337**.

At the Movies

Presidio Theatre

Sat, May 26: Teenage Mutant Ninja Turtles (PG), 7 p.m.
Sun, May 27: Teenage Mutant Ninja Turtles (PG), 7 p.m.
Mutant Ninja Turtle T-shirts will be sold at the theater Saturday and Sunday.

Mon, May 28: Opportunity Knocks (PG-13), 7 p.m.
Fri, June 1: Crazy People (R)





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TOP SOLDIER

Post Soldier of the Year, page 5



CRIME

Shoplifting costs everyone, page 7



SPORTS

Softball tourney earns $$ for soldiers, page 9



Star Presidian

Vol. 3, No. 22 | Published in the interest of the people of the Presidio of San Francisco | *May 31, 1990*

News Briefs

Blood Drive

The Presidio Summer Blood Drive will be held at the Religious Activies Center, building 682, June 7 (7:30 a.m. to 12:30 p.m.) and June 8 (7:30 a.m. to 2:30 p.m.).

For an appointment, contact your unit blood drive coordinator, or call Jeanne at the Family Support Division at **561-4147**.

Job search workshop

The Resume and Job Search Workshop is being moved Wednesdays at 11:30 a.m. to 12:30 p.m. at the Religious Activities Cemter, building open to all active duty, separatingg or recently separated military and DoD employees.

A job bulletin board is availablle for review Monday through Thursday, 9 a.m. to 4 p.m., in building 223. Information on the Pre-separation Career Awareness Program is held bi-weekly at Treasure Island for all branches of the military. Local and part-time jobs also are available.

For more information, call **561-2436** or stop by building 223.

Red Cross volunteers

The American Red Cross, located at Letterman Army Medical Center, needs volunteer caseworkers. Volunteers will receive classroom and on-the-job training for this position.

The Red Cross pays babysitting expenses for all volunteers.

For information, *call Paula* Knight at **561-2187**.

Army Day events

8:30 a.m.: Opening Ceremony, Main Parade Field
8:30 a.m.: Sixth Army Band performs, Main Parade Field
8:55 a.m.: CG welcome and opening remarks
9 a.m.: Firing of the cannon; Volkssport events begin
9 a.m. to 1 p.m.: Volksmarch, Main Parade Field
Bike ride registration, Main Parade Field
300-meter swim
9 a.m.: Softball tournament, Fort Scott
10 to 10:30 a.m.: Music concerts, Fort Point
10 a.m. to 1 p.m.: Oom-Pah band, Main Parade Field
10:30 to 11:30 a.m.: Guidon race, front of building 39
11 a.m. to 3 p.m.: Food tents, Main Parade Field
Noon to 12:30 p.m.: Sixth Army Band, Log Cabin
Noon: Volleyball tournament, Gym No. 1
2 to 3 p.m.: Sixth Army Stage Band, Main Parade Field
4 p.m.: Close of Volkssport and awards, Main Parade Field.



photo by Duvel White

Memorial Day

American flags grace the graves at the San Francisco National Cemetery Monday for Memorial Day. Girls Scout and Boy Scout troops from throughout the city placed the flags in honor of Americans who fell in war.

Presidio hosts WWII reunion

'San Francisco's Own' returns as part of 3rd Infantry Division

by Joel P. Smith

Men who years ago met in war, May 25 met in friendship.

The Presidio was the site of the 3rd Infantry Division's annual reunion—a gathering of comrades who served with the distinguished unit since its activation Nov. 21, 1917 at Camp Greene, N.C.

More than 300 3rd ID veterans—including three Medal of Honor winners—attended the event.

Among them was Maurice Britt, whom a Presidio historian believes is America's most highly decorated soldier.

Britt, who was featured on the cover of *USA Today's* May 25 sports section (he was an end for the Detroit Lions football team in 1941), flew to the reunion from Little Rock, Ark.

"Men who live through war are closer than men who never share the experience," Britt, who won the Medal of Honor while an Army captain in WWII, explained.

"The attraction of these reunions," he continued, "is not the business meetings, not the din-

see Heroes, page 3

Volkssport highlights Army Day

by Drew Seaman

The fifth annual Army Day events for soldiers, civilian employees and family members of the Presidio community starts tomorrow.

"This day is a celebration of ourselves," said Lt. Col. Manuel P. Mier, coordinator of Army Day activities. "We'd like everyone to come out and enjoy their hard work and contributions that they've made to the Presidio of San Francisco. It's a day to have fun!"

The major event of the day will be a German-style Volkssport. It will include: a 10-kilometer volksmarch, a 25-kilometer bike ride and a 300-meter swim.

The second annual volksmarch begins at the main parade field, corner of Keyes Avenue and Graham Street, running along back roads and hiking trails with beautiful views of the Golden Gate Bridge, the bay and the Pacific Ocean. There is an alternate route available for strollers and wheelchairs.

The 25-kilometer bike ride also starts at the parade field, winding up to Fort Scott, across the Golden Gate Bridge to Fort Baker, Sausalito and then back to the parade field.

Participants in the 300 meter (ten lap) swim in the Gym No. 2 swimming pool, building 1151 on Gorgas Avenue, may use any swimming stroke they want to and stop as often as needed.

Entrants may participate in one or all of these events. Medals will be presented to participants who have paid the entry fee of $5 which includes awards for participating. A $1.50 fee will be charged for credit under the American Volkssport Association and the International Federation of Popular Sports.

The Letterman Army Medical Center and Letterman Army Institute of Research will host

see Army Day, page 3

Voices

Presidio View
by Lt. Gen. William H. Harrison



This week on post

Dear Presidians,

As I write this I have not yet received the report from the long weekend, but since I have gotten no calls I'll assume we have weathered another holiday without loss of life or major injury. I sure hope and pray so and that all will be back for duty on Tuesday in good shape. If that's true, then it definitely will be another GREAT day at the Presidio of San Francisco—A Very Special Place!



Lt. Gen. William H. Harrison, Australian Warrant Officer Keith Payne, and Col. Robert Millett, retired.

On the 21st an old friend, Col. Robert Millett, a Medal of Honor winner from the 27th Infantry, visited me. He and Warrant Officer Payne of the Australian Army—a Victoria Cross winner—were visiting various military installations. Col. Millett won his Medal of Honor in Korea in the '50s and the young man who was his company commander during the action for which he won his award is buried in the Presidio cemetery. I don't know about you, but I'm always honored to meet a Medal of Honor winner. They are real heroes. By the way, we have a local Medal of Honor winner who was recently in LAMC—Col. Charles W. Davis. We all wish him a speedy recovery.

Also on the 21st we had a change of command at the Transition Point. Capt. Al Arthur relinquished command to Capt. Morris Hayes. All the best to the Arthurs as they transfer to Fort Bragg, N.C. and welcome to the Hayes'.

On Tuesday, Brig. Gen. Dick Larson changed command at Oakland Army Base. Not only do we lose Brig. Gen. Larson, but also his wife Mary, who was an employee at HQ Garrison Command. Thanks and all best wishes to the Larson and welcome to Col. (P) and Mrs. George A. Landis, joining us from the U.S. Army Transportation School.

Wednesday was a "fun" day as DCST and DCSOPS teed off in a golf match. They invited me to play and a good time was had by all. No scores will be reported here!

On Friday the 3rd Infantry Division, Western Outpost, held their annual reunion here at PSF. To all who helped make this a grand affair for this famed division, my thanks and theirs. They paid special honor to the 30th Infantry Regiment, San Francisco's own! At their banquet on Friday night they had *three* Medal of Honor winners present. Now that's Hoo Ah!

Monday, as we all know, was Memorial Day—a day set aside to honor all our fallen comrades from all wars. The San Francisco National Cemetery staff, along with a number of other organizations put on a special ceremony at noon. Our great Sixth U.S. Army Band, a very professional Color Guard, a salute battery and a firing squad all performed very professionally. To each Presidian who assisted in this very moving ceremony in any way—my thanks and a very special Hoo Ah!

As we head into a very busy and challenging summer 1990, I hope each of you will recommit yourselves to SAFETY. Drive carefully and swim only in authorized areas. Remember, safety always as we travel far and wide on vacations and for annual training.

God Bless you all.

William H. Harrison
Lieutenant General, USA
Commanding

"Obstacles are those frightful things you see when you take your eyes off your goals."
—Anonymous



photo by Drew Seaman

Spec. Jeff Williams leads a Presidio color guard through the San Francisco National Cemetery in honor of Memorial Day observance Monday.

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Assistant Editor . . . . . Spec. Joel P. Smith
Staff Journalists . . . . . Spec. Drew Seaman
Pvt. 2 Adrienne Sims

Presidians Say

Ask Presidians:

"Issues you think should be covered in the *Star Presidian?*"



SGM Alvin D. Vales, Sergeant Major for the Office of the Deputy Chief of Staff for Personnel: "I like the "crime watch" articles. I would like to see articles that inform people of the [things] that happen—make them aware that violent crimes do exist and precautions should be taken."



Spec. Dan R. Jubber, training assistant, Headquarters Company, USAG: "I'd like to see more intramural sports activities covered in the *Star Presidian.* I think the sports should be covered weekly and expanded into two pages. These are important to the soldiers who participate in the sports and it's important to their units."



Pvt. 2 Robert L. Pitts, personnel administration specialist at Law Enforcement Company: "I'd like to read an article about why the Commissary and PX no longer check IDs at the door. Although IDs are checked before a purchase is made, anyone can just walk in. This may result in an increase in shoplifting."



Larry Howard, club manager, NCO Club: "I would like to see more articles about the NCO Club and what it has to offer Presidians. With cutbacks, the Club needs more people to participate in the activities. It's their club."



Cynthia Avalos, cashier, Main PX: "I would like to see an article explaining why the Presidio is closing. What is going to happen to the retirees who use the Letterman Army Medical Center and the employees who work on the Presidio when the base closes."

Letter to the Editor

I would like to take some time to say a great THANK YOU to a few people here at the Presidio. First of all to the SATO personnel, Denise, Jerry, Myra, and Cindy. Thank you for all the help, assistance, and mostly your patience arranging and rearranging the flights, hotels, and rental cars for me. I was always greeted and treated with the utmost courtesy. With all the ticketing that your office does, very seldom, if ever was there not a smile in the office.

Next is Ms. Oko. We tried to get our requests in to you early but we fell short a "couple" of times. Your assistance was invaluable. The slides and viewgraphs from you and your office were the most professional productions I have ever received. They greatly enhanced our training.

Next I would like to say a great, THANK YOU to Nancy and Arnie at TASC. The audio/video equipment, GTAs, and assistance from you helped make my job here a lot easier. The equipment always worked, when I figured out what I was doing, and always there when I needed it. I was always taken good care of by you. I apologize for the short notice requests that "somehow" happened but greatly appreciated your assistance, help, and the good humor that you always brought out.

Last but not least are the professionals in the 6th U.S. Army Readiness Group. I've enjoyed working with each and everyone of you. I've learned a lot from you. Not as much as I should've or could've but I have learned very much. The Army doesn't realize the professionalism in all of you, the care you have and show for your job, not an easy one, on the road so much training the Reserve Component soldiers to prepare them for combat. I've also learned a lot from the Reserve Component soldiers and appreciate their desire to learn. Once again, THANK YOU ALL for a very rewarding tour here at the Presidio of San Francisco!

SFC Jerry C. Florey
Branch Assistance Team-NBC
Readiness Group PSF

Heroes continued from page 1

ners, it's the cameraderie, the renewed friendships."



photo by Joel P. Smith

Fred L. Oxner (l) and Maurice Britt, a Medal of Honor winner, toured the Presidio during the May 25 3rd Infantry Division reunion here.

Milton B. Halsey Jr., executive director of the Fort Point and Army Museum Association, believes Britt to be our most decorated veteran.

As a whole, said Halsey, the reunion brought together one of the most highly decorated units in U.S. history.

The division spent 529 days in combat in WWII—the record for U.S. forces, according to Halsey.

"The 3rd Infantry Division fought its way through 10 major campaigns in World War II alone," Halsey explained.

He added, "In that war the division won 49 Medals of Honor; there were a lot of units that didn't win any."

The Presidio hosted the affair because the 30th Infantry Regiment— incorporated in the 3rd ID at its activation—was founded here in 1901.

Popularly known as "San Francisco's Own," the regiment was home for both Britt and Halsey (a retired Army colonel), who commanded companies within it.

Fred L. Oxner, a platoon sergeant for Britt in WWII, said the reunion surrounded him with men who share his values.

Oxner explained,"People like the freedom we have in this country," he said, "but they don't know how they got it."

"The men at this reunion know," Oxner concluded.

Army Day continued from page 1

the community softball and volleyball competition. The softball game will be held 11 a.m. on the baseball fields at Fort Scott. The championship game will be at 3 p.m. The volleyball game will begin at 2:30 p.m. in Gym No. 1, building 63.

A unit guidon relay race will be held by the Community Recreation Division Sports Branch at 10:30 a.m. This five-mile relay race will start and finish in front of building 39.

Rounding out the day's activities is the festival tent on the main parade field. Food, beverages and entertainment by the Sixth U.S. Army Band and the Oom-Pah Band will be available.



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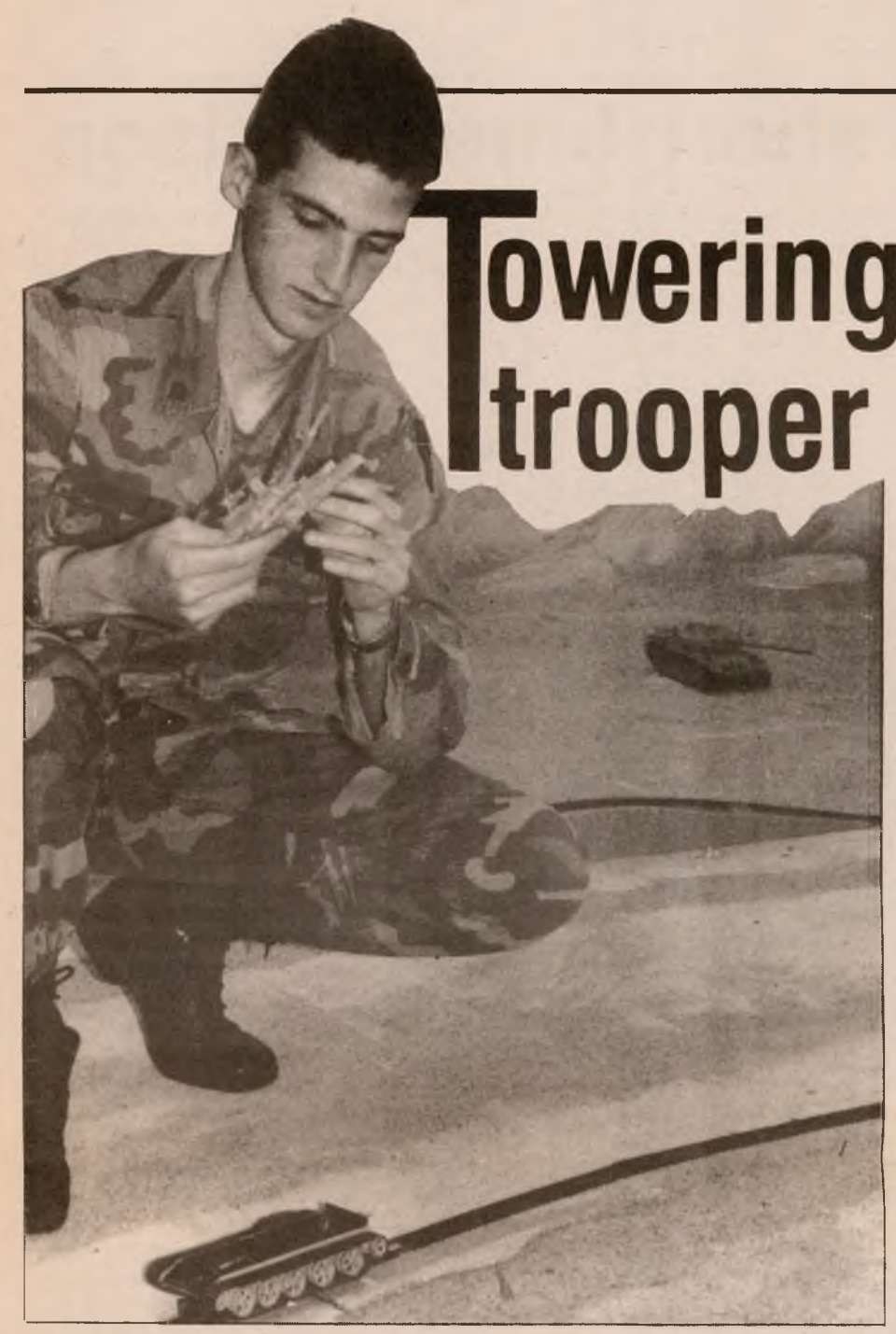
Applications will be accepted on a continuous basis. If you are separating from the military during the upcoming year and qualify to fill any of the above positions, send completed state application, Form 678 (including your discharge date on form), available at state offices to:

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LAIR News



Towering trooper

Spec. Walter Bennett adjusts a motorized model Russian tank onto a train track. The model is used for a target tracking experiment he is working on.

Post's top soldier

story and photo by Drew Seaman

The gargantuan soldier lumbered across the hard, dry earth, crunching boulders beneath his black boots. His blue eyes fixed on a roving Russian tank grinding its metal tracks across the desert. The smiling giant snatched the tank up into the open skies.

Spec. Walter Bennett, the Post Soldier of the Year for 1990, was trying to align a motorized model Soviet tank on a miniature train track.

Its whirring motor vibrated the plastic shell on and off the tracks until the biological science assistant had the model firmly balanced on the metal rail.

Bennett works inside a small office in the Letterman Army Institute of Research.

A sign above his door reads "Ocular Hazards."

"We do studies on how lasers affect the soldiers' performance and how different protective measures affect the soldiers' performance", said the 24-year-old soldier.

While classical music played on a radio in the backround, Bennett checked the computer terminal monitoring the tank's progress. A volunteer sat in a adjacent small room called the "Blaser Bunker," where the four walls are covered from top to bottom with fake foam sandbags. The volunteer looked through a viewscope, alternating colored filters, attempting to target its crosshairs on the small tank as it rolled across the sandy landscape.

Bennett then checked the computer analysis of the person's tracking ability. Its green display showed how far left or right of center and up and down of center of the target the individual aimed for.

Earning the soldier of the year title wasn't a difficult task for him, said the St. Vincent College graduate. The four-year biology major said he relied heavily on his college background to help him prepare for the board.

"The study habits I developed in college made it easy for me to take in all the military subjects," said Bennett, a former Army Reserve soldier.

The Latrobe, Pennsylvania native said it pays to prepare for the board. "Going before boards builds my confidence up in myself. It lets my superiors know that I know my job. And there are the rewards for participating."

A former ammunitions specialist, Bennett received a $325 savings bond, $200 in cash and $100 gift certificate fom the post exchange for being the year's top soldier.

Jumping off the platform housing the small scale desert landscape, Bennett squinted as another classical song filtered from the radio. "My boss listens to that. I prefer rock and roll myself," he said.

Bennett said he likes to be his own person and believes that it's the best attitude to have when doing ones' job, or preparing for the board.

"You don't have to be gung-ho or a super soldier to be a great soldier," he said. Bennett added, "Just give everything your sincere best and you'll go far in the Army and in life."

Nobel laureate addresses LAMC conference

by Sharon E. Everett

Dr. Glenn Seaborg, a Nobel Laureate from Lawrence Livermore Laboratory, Berkeley, was the keynote speaker at the annual Genetic and Environmental Toxicology Association of Northern California Conference May 11 at Letterman Army Institute of research. Seaborg addressed the conference of experts in the field of cancer and toxicology research who gathered to discuss the latest findings and problems in their field.

A major portion of the conference was a symposium on risk communication. According to Dr. Stan Omaye, research toxicologist with LAIR's Department of Military Trauma Research, the main thrust of the discussion was the role of the scientist in communicating with the public about cancer and toxicology.

One unique highlight was a series of presentations by students from Independence High School (San Jose), San Rafael High School, Abraham Lincoln High School (San Jose), and Mills College Upward Bound Program. Students presented award winning science projects, ranging from a presentation on alternatives to animal research to a video on waste cleanup in Silicon Valley.



photo courtesy LAMC Audio Visual Services

Sgt. Gayle Orner, with Letterman Army Institute of Research, talks with a visiting scientist at the conference.

After Hours

Alcatraz offers tourists short time in prison

story and photos by Michael Anderson

To those Presidians in search of an exciting, different and affordable place to go in the Bay Area, a place that's sure to evoke one's imagination, leaving them with a vicarious experience of an historical site, read on.

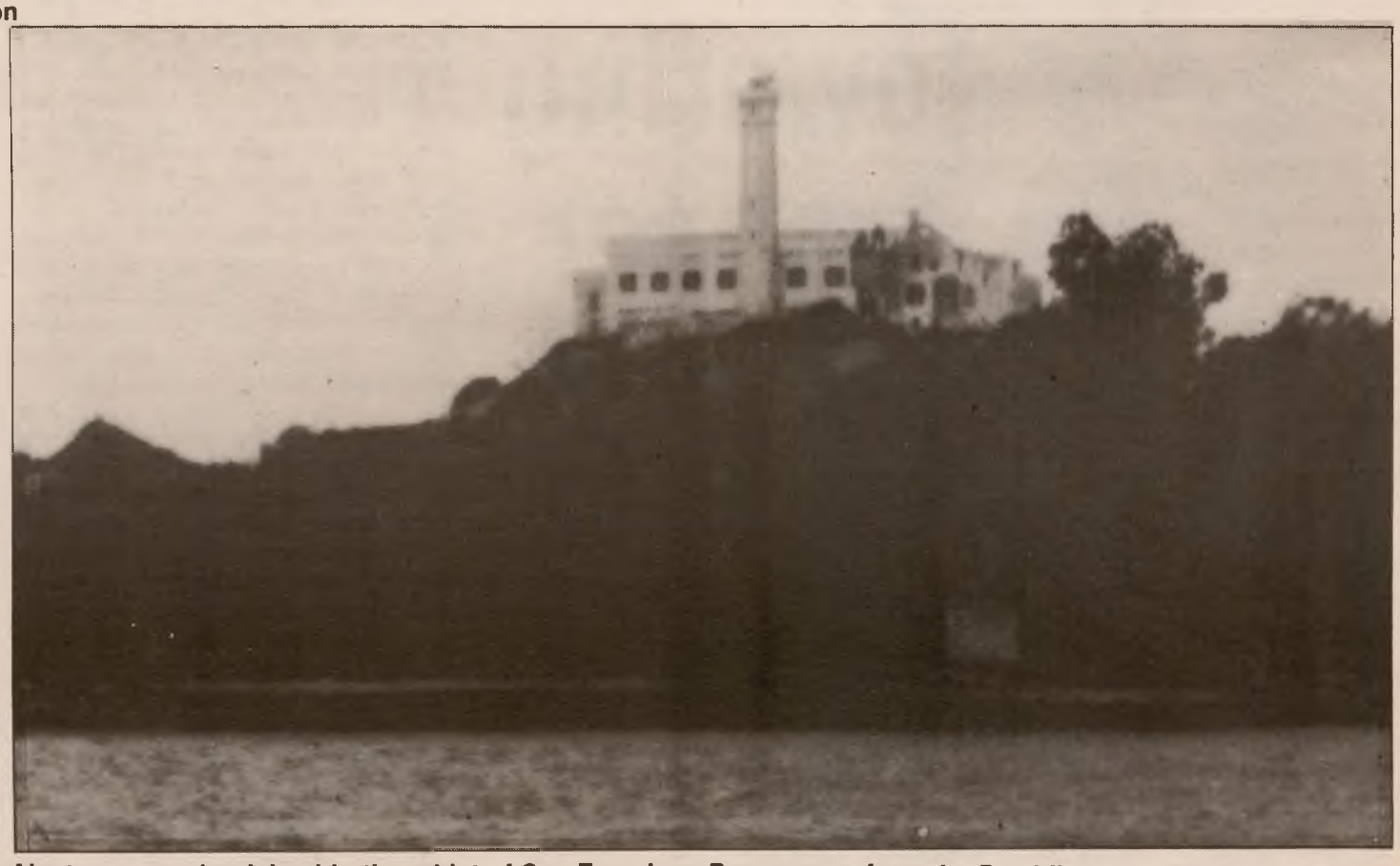
There is such a place. It is not far from the Presidio of San Francisco. In fact, at certain locations on post (old commissary area), when visibility permits, this humungous monolith crested with the structural remains of a time gone by can be seen jutting out of the bay. The sight alone stirs curiosity into wondering what life was like out there.

Imagine, if you can, a small fortress of an island in the midst of a blustery bay—a strategically ideal location for the United States Army. The year is 1859.

Now travel forward through time as the island evolves to accommodate the Army's needs. The year is 1907. The island is now the Army's Pacific Branch Military Prison. Hard labor is the menu for soldiers who are sent here. Still, we move onward in time.

The prohibition years of the roaring twenties preceded by the great depression produced a criminal breed beyond rehabilitation. Thus, in 1934, the island ceases as a military prison, giving way to a greater purpose—that of housing the most infamous criminals of that era. The windswept island of the pelicans becomes a maximum security, minimum privileged federal penitentiary.

Alcatraz is now known as The Rock.



Alcatraz, a somber island in the midst of San Francisco Bay, as seen from the Presidio.

The history of The Rock does not stop here. The most intriguing and entertaining parts await you, your family and friends' discovery. And to do so, you simply book passage on the Red and White Fleet which is located at Fisherman's Wharf, Pier 41.

The admission price of $7.50 for adults and $4 for children ages 5 to 11 includes round trip passage to and from the island, as well as an audio cassette tour of the historical structure. *On the cassette tape*, you will hear the actual voices of prison inmates telling their story of life on The Rock. Park and Recreation rangers will also be there to assist and inform you throughout the tour.

The rangers will tell you the history of the U.S. Army's role in guarding the entrance to San Francisco Bay. They also will provide you with background snippets on such infamous criminals as Al Capone, Machine Gun Kelly, the Birdman of Alcatraz and more.

So, if you're one of those Presidians in search of an exciting, different place to go, the windswept island of the Pelicans will fill your bill.



Park Ranger Don Scott addresses questions regarding the history of the island.



Wall of shame: The island's infamous inmates included George "Machine Gun" Kelly, Al Capone, and the "Birdman or Alcatraz."

Book review

Doctor's book focuses on 'life' therapy for victims

by Sharon E. Everett

Peace, Love and Healing, by Dr. Bernie S. Siegel.

In this, his second book, best-selling author and Yale Medical School oncologist, Dr. Bernie S. Siegel, explores alternative and traditional cancer therapies and looks at how environment and behavior influence the course of disease.

Siegel, who insists that his patients call him "Bernie" instead of "Doctor," focuses on healing a patient's life and behavior along with curing the symptoms of disease. Siegel views most MDs ("Medical Diety is what that stands for," he says) as mechanics who are more concerned with fixing the disease than helping "respants" (Siegel's word for "responsible participant") to lie the best quality of life. Because, as Siegel says, everyone eventually dies, his book gives techniques for living that apply even to those who *don't* have any life-threatening diseases.

Siegel's previous book, Love, Medicine and Miracles gave numerous anecdotes about patients who participated with him in healing process decisions and therapy selections, and about their increased remission rates as compared to patients who were less involved. The anecdotes continue in *Peace, Love and Healing*, as Siegel sheds more light on the "survivor personality." As in *Love, Medicine and Miracles*," Siegel includes several meditations at the end of *Peace, Love and Healing* so readers can learn some of the potentially life-saving affirmations used by Siegel's "Exceptional Cancer Patients" support group.

This is not merely a book about AIDS, cancer and dying, nor is it solely for people diagnosed with potentially fatal illnesses. This book is for *everyone* who wants to live life to its fullest.

Crime Watch

PX shoplifting pulls down profits, offenders

by Barbara Eike, Provost Marshal Office

Shoplifting, or petty theft as it's commonly called, is a problem which affects consumers nationwide, and Presidio shoppers are no exception.

An estimated $6,730 in merchandise was shoplifted from the Main Exchange during fiscal months February through May 1990, according to Glenn Partridge, Army and Air Force Exchange Service manager on post.

Partridge notes an average of $1,683 "known" losses occur monthly. "The amount of losses due to shoplifters we don't catch is at least twice as much as that," said Partridge.

Shoplifting—along with inventory errors—stripped the Main Post Exchange of all profits last year, he added.

"These people are really stealing from themselves," Partridge claimed.

He explained, "Half of our profits go into the Military Welfare and Recreation trust," which pays for sporting equipment and morale activities for soldiers and their families.

What kind of person steals from himself? This isn't the place for a psychological profile for a criminal, but there are a few statistics we can offer.

Since Jan. 1, 1990, 27 shoplifters have been caught at the PX. One-third of the offenders were family members of veterans—a total of 10 offenders. The average age for the group was 52.

Veterans made up the second-largest group, with seven offenders. Sixty-six was the average age.

Six juveniles were also caught. Average age—14.

Two family members of active duty personnel were arrested. One was age 37, and the age of the second person could not be determined.

Surprisingly, the majority of these offenders had more than enough money to pay for the stolen goods.

So, why would they steal? Sometimes, it's because they don't want to wait in line to pay, or don't want to pay, period.

Some steal on a dare. There are kids' clubs that force youths to steal in order to join the gang.

Others steal simply because they feel they can get away with it.

However uncertain the cause, the effect is as solid as the steel bars that await offenders.

First, a shoplifter—after walking out of the store—is approached by a store detective. The



detective explains why the person is being detained, and then escorts the offender to the PX manager's office.

Once the shoplifter surrenders the goods, the Military Police are called in .

They read the offender her rights. If she waives the right to silence and the presence of an attorney, MPs question her.

Then the hammer falls.

If the offender is a military family member, all AAFES privileges are revoked. A special stamp on a special I.D. card identifies an offender as a person without AAFES privileges.

First-time shoplifters lose AAFES rights for six months. Multiple offenders are stripped of privileges for a longer time.

Shoplifters are also subject to prosecution.

Active-duty personnel are charged under the Uniform Code of Military Justice. Family members, retirees and civilians are prosecuted by the U.S. Magistrate Court.

It's something to think about. Is that $10 pair of earrings worth criminal prosecution and loss of military benefits?

The offense may be called "petty," but the consequences are far from anything but severe.

California drunk drivers face stiffer laws, jail time

Drunken drivers will serve longer jail sentences if they're apprehended with a minor in the vehicle, or are multiple offenders.

According to Joseph E. Przybyla, drug education director for the post, the California State Legislature has stiffened several drunk driving laws.

Drunken drivers caught with anyone under the age of 14 in the vehicle will serve an additional 48 hours, 10 days, 30 days and 90 days, respectively, for the first, second, third and fourth offenses.

Przybyla added that the new laws, which took effect in March this year, also lengthen the time a repeat offender must spend in an alcohol treatment program.

Second-timers will now attend *at least* 18 months in a drug abuse program.

For a first offense of manslaughter, or a third offense for drunken driving, a California court can now order the convicts' vehicle sold, Przybyla said.

"Drinking and driving used to be a national pasttime," he noted. "But now, with the new societal awareness about drunk driving, it's not okay anymore."

Despite the tougher legislation, the post provost marshal remains skeptical that laws alone will drive drunks off the nation's highways.

"Drunks don't sit in the bar and think, 'Now what are the consequences of my getting in a car and getting caught?' " Lt. Col. William Rose explained.

"No, by God. You take somebody out to a real scene—show them the effect on someone' slife—that's when it hits home," he said.





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Sports

Sports Notes

Pony League baseball

Cougars 11, Presidio 5

Norman Crittle stroked three hits and scored three runs in a game marred by missed opportunities.

Donnie Pierce and Chris Amador each scored one run. Steve Priest drove in two runs and Michael Bryant brought in one run to complete the scoring.

The Presidians now are 8-4 with three games remaining in the regular season.

Youth soccer

Presidio Youth Sports is recruiting players for its upcoming season, which will be held from approximately Aug. 16 to Dec. 16.

Registration will be accepted at Gym No. 2, building 1152, from 10 a.m. to 6 p.m. through July 20.

Cost is $10 each for children under 6 years of age (instruction, not competitive) and $20 each for children 6 years old and older (to compete on the Presidio team in San Francisco's Viking Soccer League).

Soccer coaches and assistant coaches also will be needed for the new season. For more information, call Allen Posey, Youth Program coordinator, at 561-5051.



The Command Group's Sgt. Juliana Jones waits for the ball as Spec.Wade Matsuda brings in DCSPER's 14th run.



photo by Adrienne Sims

1st Lt. Richard A. Crisp connects in the May 24 AER tourney.

AER softball tourney raises money for needy soldiers

story and photos by Adrienne Sims

The sky was bright and the scent of hotdogs filled the air. It was a perfect day to get out of the office ... and that's what some sergeants major, colonels, generals, and other soldiers did.

It was, after all, for a good cause.

The soldiers took the day off to play in a softball tournament to raise money for the Army Emergency Relief program. The tourney was held at Fort Scott May 24.

AER provides emergency financial assistance for soldiers (active and retired), their family members, their widows and orphans.

The Colonels and Generals team donated $50. The Sergeants Major team donated $25 and the other four teams donated $15 each.

A hotdog and soda sale raised $47 for AER.

The Sergeants Major team triumphed over the Colonels and Generals team 9-6. This was the second year running that the Sergeants Major team won the tournament.

"Sergeants Major team could have done better, but there's no concentration without competition," SGM Alvin D. Vales said jokingly. "The Officers' team needs a whole lot of work."

There will be a rematch tomorrow at the Fort Scott softball fields, according to SGM Roosevelt Dunn, the team's captain. "Colonel 'Tuffy' 'Burton will need to practice his team for the rematch," Dunn said. "It will be a friendly game."

"All the sergeants major on the Presidio are invited (to participate in the rematch), and of course, the colonels and generals," Vales added.

The Law Enforcement Company team took first in the Athletes for AER Tournament by winning all its games.

The Office of the Deputy Chief of Staff for Personnel (DCSPER) put up a good fight for second place. DCSPER ended two of its games in two innings by shutting out the Command Group 32-0 and the Deputy Chief of Staff for Training team 20-0.

DCSPER shortstop Rich D. Rendon noted the game held more than a competitive interest for him.

"I played to support AER because the program is important to the soldiers," Rendon, a private 2, explained. "I needed an AER loan before. I wanted to give them something in return for helping me."

Before your local air show gets off the ground, stock up with plenty of Kodak film. Kodacolor Gold 400 and 1600 films let you freeze fast-breaking action, while their wide exposure latitudes help compensate for under- or overexposed pictures. So you get richer, sharper colors with a greater depth of field. In bright or low light. On land, by sea, or in the air.



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Community Calendar

Presidian needs leave donated

A Sixth U.S. Army employee has a medical emergency and has no sick leave or annual leave. This employee has asked to become a leave recipient.

Anyone wishing to donate leave, please contact Katie Malone at the Civilian Personnel Directorate at **561-3887.**

S.F. Marathon

The San Francisco Marathon is back. The race will be July 1 at 7 a.m. on the Golden Gate Bridge.

The course is a scenic run through San Francisco.

Volunteers must call early. Volunteer duties include directing runners and helping the police maintain crowd and vehicle control.

To volunteer or for more information, call Raymond F. Brown at **752-5212** after 6 p.m.

Hispanic Heritage Month

If you sing, dance or play an instrument, the Hispanic Planning Committee would like you to share your talents with the Presidio community during Hispanic Heritage Month. All military, family members and civilians are welcome.

For more information, call Ann Williams or Eleanor Castorena at **561-2022** or **561-2035.**

Army Ball

In celebration of the U.S. Army's 215th birthday, the Presidio's 1990 Army Ball will be held on June 14 at the Presidio Officers' Club.

This event will be open to all active duty personnel, Army Reserves, retirees, Department of Army civilians and Army spouses.

Social hour begins at 6:30 p.m. Due to the limited number of tickets (approximately 340), make your reservations early with your unit command sergeant major or first sergeant. Cost is $17 a person; formal attire.

For more information, call CSM McVey at **561-4373** or CSM Whiteford at **561-2004.**

Seoul shopping

SATO Travel is offering a shopping tour to Seoul, South Korea, Oct. 23 through 29. Airfare, transfers to the hotel, and hotel accommodations for six nights and a daily American breakfast are included for $1,375 a person.

For more information, call Pattie at the SATO Travel office, **561-2315.**



photo by Andy Schartz

'Cadillac Man'

Tina (Pamella Reed) comforts Joey O'Brien (Robin Williams) in Orion Pictures' 'Cadillac Man,' playing now at Bay Area theaters.

Host a French student

Through One World Friendship, a non-profit student exchange, your family can host a French student who is between 14 and 18 years old. Interested families would host students from July 5 through Aug. 2.

Through One World Friendship, students take part in a program organized for the week which includes English classes and excursions. Most weekends the students are free to spend time with their host families.

Many families find hosting students to be a fun and rewarding experience from which the whole family learns.

For more information, or to sign up, call Caroline Smadja at **861-8308** from 10 a.m. to 9:30 p.m. If you don't get an answer, please leave a message.

Golden Gaters

Two events for June and July will be held by the Presidio Golden Gaters (over-40s singles). There will be dinner and dancing at the Presidio Officers' Club Saturday, June 30.

Call P.M. Madden at **821-7858** for reservations and information.

Dunking booth

The Enlisted Spouses' Club is sponsoring a **Dunking Booth** for the Army Day Celebration.

To nominate someone to sit on the "wet seat," call **929-0626.**

Creative Cottage

Looking for a perfect wedding gift, graduation present or beautiful hand-crafted item? Come to the Creative Cottage, located in building 204 next to the Thrift Shop. The Creative Cottage is open Tuesday, Wednesday and Thursday from 10 a.m. to 2 p.m. and the first Saturday of each month.

Thrift Shop

The Thrift Shop Saturday opening (9 a.m. to 1 p.m.) and Flea Market (7:30 a.m. to 1 p.m.) will be held Saturday at building 204.

Bring a table, a valid military ID and rent a vendor space for $5. There is an additional charge for extra space. No reservation is necessary. Reservists must have a military ID and current LES to rent a vendor space.

For more information, call Adeline at the Thrift Shop at **922-3384.**

Children's Fair

The Marina's Yerba Buena Children's Center is having a fund-raising Children's Fair June 2, from 10 a.m. to 4 p.m. to raise funds to purchase materials for its child development program. If you are interested in donating, call Lida Louie at **927-7624** or Tina LaRon at **927-7322.**

Junior bowling

All youngsters interested in the Youth Services Junior Bowling should be at the Post Bowling Center Saturday at 11 a.m.

For more information, call Penny LaCroy at **563-0981.**

Exploratorium news

The Exploratorium, which is located in the Palace of Fine Arts at 3601 Lyon Street, is wheelchair accessible. Admission to the museum is $5 for adults, $2.50 for seniors, $1.50 for youths 6 to 17 years of age, and free to children under age 6. The cost of admission covers a six-month membership.

Hours are Wednedays from 10 a.m. to 9:30 p.m., Thursdays through Sundays 10 a.m. to 5 p.m. The Exploratorium is closed Mondays and Tuesdays.

For more information, call **563-7337.**

Videoshow users

Executive Solutions, Inc., is starting a users group for VideoShow/Pictureit products. If your or someone in your office uses these presentation software products, contact Dixie L. Porter, Sixth U.S. Army Public Affairs Office at **561-3740** for information about the group. There is no cost, and all VideoShow/Pictureit users are welcome.

PLATO courses

Soldiers can now use the PLATO computer system, during or after duty hours, to study or review subjects to help with professionalism and on-the-job knowledge. Some examples are drill and ceremonies, map reading, NBC, promotion points and boards, and military tactics. A PLATO Military Course catalog, describing nearly 100 subjects, is available at the Fort Scott Education Center, building 1216, **561-2974** or **561-4445,** or the LAMC Education Center, building 1014, **561-3692** or **561-4791.**

At the Movies

Presidio Theatre

Fri, June 1: Crazy People (R), 7 p.m.
Sat, June 2: The First Power (R), 7 p.m.
Sun, June 3: The First Power (R), 7 p.m.
Mon, June 4: A Shock to the System (R), 7 p.m.

Hamilton Theater

Fri, June 1: Glory (R), 7 p.m.
Sat, June 2: All Dogs Go to Heaven (G), 1 p.m.
Sat, June 2: Communion (R), 7 p.m.
Sun, June 3: Big Business (R), 4 p.m.





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AIR SHOW

Wings of Victory Air Show, page 5



ARMY DAY

Army Day '90 pages 6 & 7



VOLKSSPORT

Army Day VolksSport events, page 9



Star Presidian

Vol. 33, No. 23 June 7, 1990

Budget cuts force Presidio school busing changes

Due to funding cuts, the Post's Transportation Division has been forced to eliminate free busing to private elementary schools and private kindergartens for children living in government housing. Busing to public schools in San Francisco is unaffected.

The plan becomes effective this September, according to Carl L. Depp, traffic manager for the Transportation Division of the Directorate of Logistics.

We have been fortunate to provide this service in years past, and the families have grown accustomed to the free transportation, Depp said. Unfortunately, he added, it is a luxury we can no longer afford. He noted the savings of a minimum $14,000 annually.

Approximately 100 children, in kindergarten through fifth grades, will be affected, Depp said. The Children currently are enrolled in eight private or religious schools in San Francisco.

No students in sixth grade, junior or senior high school will by affected, since none are currently bused by the Army, added Depp.

Also unaffected are over 100 students attending kindergarten through fifth grades at the public schools still covered by the busing schedule. These schools are: Sherman, Argonne, George Peabody, and Sutro, he said.

The San Francisco Unified School District will continue to provide bus service to students assigned to the following schools: Alamo, Cabrillo, Claire Lilienthal, Golden Gate, John Swett, and Lafayette.

Parents who currently have their children enrolled in private schools should check with the school about other busing arrangements, or perhaps consider enrolling the children in public schools, said Eric P. Davis, acting Director of Army Community Services.

Davis noted the cutback may frustrate working parents who don't have free time to take their children to school. He recommended that parents contact the Family Advocacy Program manager at Army Community Service 561-5155 for assistance in coping with the change.

Parents requesting bus service to public schools from the Presidio must complete forms to have their children included on the bus roster. These forms are available at the Transportation Motor Pool in building 639. Bus schedules for school year 1990-91 will be available by August 31.

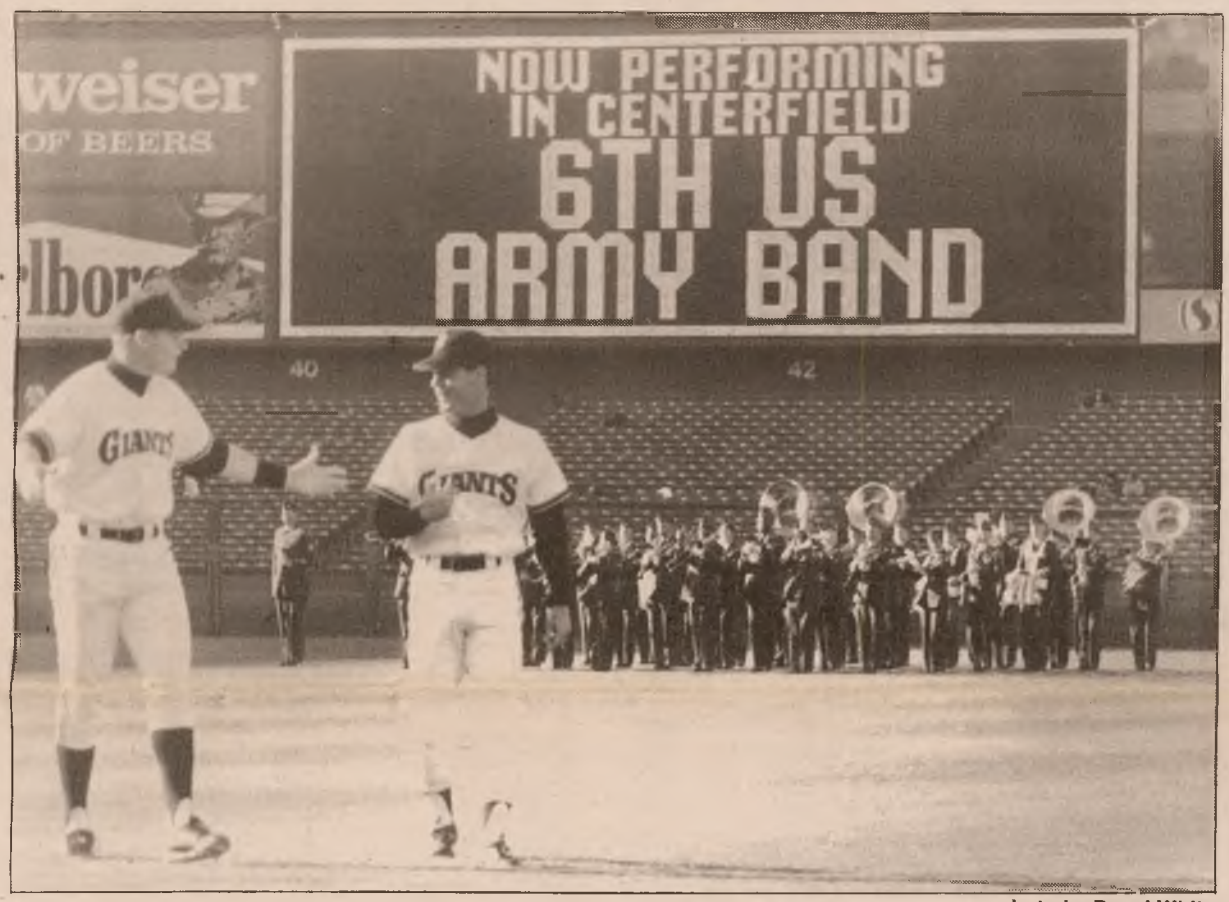


photo by Duvel White

'Reds, who cares about the Reds?'

"How about that great Sixth U.S. Army Band?" San Francisco Giants third baseman Matt Williams seems to be saying to centerfielder Brett Butler proir to Monday's game against the Cincinnati Reds. The band performed as part of Army Night with the Giants at Candlestick Park. Sixth U.S. Army and Presidio Commander Lt. Gen. William H. Harrison threw out the first pitch to start the Giants on their way to a 10-1 victory over the Reds. The Color Guard also participated in the pre-game ceremonies.

Base closure

An in-depth interview with BRACO chief

by Duvel White

*(**Editor's Note:** In an effort to inform Presidio employees and readers of the Star Presidian on what is happening on the base realignment and closure issue, the Star Presidian conducted the following interview with Lt. Col. Mike Carkhuff, Chief, Base Realignment and Closure Office (BRACO). We addressed questions and concerns that surfaced in recent months to try to bring readers the most current information available at this time. The Star Presidian sincerely thanks Colonel Carkhuff for his excellent cooperation, candid answers, and honest comments. We thank Mr. Tom Galvin, Senior Analyst in BRACO, too, who also provided some thoughtful, candid comments.)*

Question: First of all, what is BRACO's mission?

Answer: Our mission is to ensure effective base realignment and closure planning and execution. We must provide comprehensive and thoroughly coordinated planning in the best interests of our units and the Army family.

Question: There has been what seems to be an extremely long delay in release of information on base realignment and closure - and it may not have been an intentional delay. Can you discuss this?

Answer: There was an information hiatus from DA because little information was available for about four months. Now things are finally starting to break loose; for example, we recently received the approved Base Closure Execution Plan. We are now going to be able to provide that information to the community.

Question: Presidians, military and civilian alike, don't understand everything that's been going on relative to base realignment and closure. What is the current status?

Answer: On June 22 there will be a major, semi-annual Presidio community In Progress Review

see BRACO, page 4

Voices

Presidio View

by Lt. Gen. William H. Harrison



This week on post

Dear Presidians —

How about this weather?! It has really been Hoo Ah lately and has sure contributed to making these beautiful, sunny days — GREAT days to be in the Army or a part of the Army, at the Presidio of San Francisco — A Very Special Place!

Our latest Sixth Army Run was Tuesday, May 29. It was super—cool but sunny and great esprit de corps. Some complaints about the run not being on a fixed day has prompted CSM Whiteford to declare that the run will be on the last duty day of the month. So — there — you can plan now See ya' there on June 29.

On Thursday the 31st we hosted Assistant Secretary of the Army, Mr. Brook here at PSF. Mr. Brook is in charge of financial affairs so he was here to learn about closure, our plans, costs, etc. To all who supported his visit, my thanks. That includes those who took him on a "Terrain Walk" that afternoon.

Our Retirement Review on Thursday afternoon was beautiful. All of these are well done, but Thursday's was special because the weather was just outstanding. My thanks to Maj. Gen. Sobke, our reviewing officer, to Headquarters Company, USAG which looked and marched so well, to our always outstanding Sixth Army Band and to the Headquarters Command Battalion Color Guard. And as always, our folks from DPT who organize and set these up — you do a great job. To our retirees — our best wishes to each of you and our thanks for your years of faithful service. Our retirees were: Col. Carl F. Kress; Col. Louis Rose; Col. D. Peter Gleichenhaus; Lt Col. Stephen M. Slattery; Maj. Henry T. Howell and Sgt. 1st Class Charles S. Kruse.

Friday, June 1 got off to a great start with the promotion to Lieutenant Colonel of Dale Hood from DCST. Dale was accompanied by his wife and three fine sons. A great big Hoo Ah! from each of us to Lt. Col. Hood and his family.

And then it was Army Day! The weather couldn't have been better. For the swimmers, bikers, walkers, runners, volleyballers, softballers, dunkers, cookers, sellers, musicians, organizers, coaches, supervisors, ect., it was a great day. I hope everyone had as much fun as I. If so I know you'll all join me in a big Hoo Ah! to all the folks who worked in so many ways to make Army Day '90 a success. I know some of you had to work and couldn't get off at all or for limited periods. That's the way with the Army — Always someone has to work. But we all understand that mission is first and hopefully last time or next time you'll be off and someone else will be pulling duty. But to all who worked on or participated in Army Day '90 — Hoo Ah! We'll see you at a bigger and better Army Days '91!

Hope a lot of you got out to Hamilton Army Airfield to see the Wings of Victory Air Show. It was a really big affair — and a fun one.

As you all know, President Gorbachev of the Soviet Union was in town Sunday and Monday. We had a large number of people involved — drivers, Military Police, protocol, ect. To all these folks who had to work extra long hours — my thanks.

Last week's *Star Presidian* carried another couple of questions I want to address. Ms. Avalos, the Presidio is closing because the Congress, acting on the recommendation of a Base Closure Commission appointed by the Secretary of Defense, has passed a law saying we must. It is a simple matter of economy —the Army can no longer afford to pay for all its bases. So, some must close. The Presidio is one of some 86 nation wide which must close by Sept. 30, 1995. This includes Letterman Army Medical Center. If you're interested in more details, the Base Relocation and Closure Office, telephone 561-5530 or 561-2748, will be happy to come down and brief all the AAFES employees at an employee meeting. Just call them.

Pvt. 2 Pitts — the policy of checking identification cards is — at the commissary we are part of a test by the Army to see if the checkout identification card system will work. We are one of several stores in the system undergoing this test. In the Post Exchange it is the result of the command's concerns about the previous system of only checking on entering. Many abuses were taking place. The current system is an attempt to cut down on abuse. Our feedback tells us we're succeeding.

God Bless you all.

WILLIAM H. HARRISON
***Lieutenant General*, USA**
Commanding

'All things are difficult before they are easy."

—John Norley



Sixth U.S. Army soldiers run past the scenic Golden Gate Bridge during a fun run held May 29.

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Presidians Say

Ask Presidians:

Ask Presidians: If you could go back in time and change one thing in your life, what would it be?



Lt. Gen. William H. Harrison, Commanding General, Sixth U.S. Army and Presidio: "I guess I would have married my wife a lot sooner than I did. I love her very much, and after I married her everything came up roses."



Patty M. Anderson, President of Officer's Wives Committee: "The one thing I would have changed is, I would have dated more aviators before I married my husband."



Sgt. Kristine L. Tucker, administrative specialist, Sixth U.S. Army: "There are several things I would change. I would have enlisted in the military at a younger age. That's one change I would make. I was 29 when I signed the dotted line."



Bernie M. Cousarv, computer analyst, SIDPERS: "If I could go back in time I would change growing up. If I could, I would stay a teenager forever and not have any problems."



Pamela L. Hayles, postal clerk: "I don't think I would change anything. I wouldn't want to go back and do it over again, because I think it was better when I was growing up."



Elanda E. Turner, supply clerk, Directorate of Logistics: "I would have had my children at a later date when my life was more stable."

Presidio prepares to celebrate Army's 215th birthday

by Drew Seaman

He valiantly fought through the freezing winter at Valley Forge, the withering German fire in World War II and the humid jungles of Vietnam. She kept the peace along the crumbling walls of Berlin, scorching heat of Honduras and Panama.

They are the men and women of the United States Army which on June 14 celebrates its 215th year of defending freedom around the world. The Presidio will be host to a 215-mile-run and an Army Ball in honor of the birthday.

Ten Sixth U.S. Army Garrison soldiers will run a total of 21.5 miles each combining for a total of running 215 miles over a 28 hour period. Spectators are urged to come out June 12 and 13 and cheer the soldiers on in the event.

"It's our battalion's birthday present to the U.S. Army," said Maj. Ron Benton, U.S. Army Garrison Headquarters Battalion commander.

The Army Ball will be held at the Presidio Officers' Club. This formal wear event will be open to all active duty and reserve personnel and their spouses, retirees and Department of the Army civilians.

"It's going to be a super time," said Sixth U.S. Army and Presidio Command Sgt. Maj. R.A. Whiteford adding, "It doesn't matter what rank you are, so come out and celebrate with us!"

The cost is $17 per person for the ball which begins at 6:30 p.m. Reservations can be made with your unit command sergeant major or first sergeant. For more information about the Army Ball contact Command Sgt. Maj. Dennis McVey 561-4373 or CSM Whiteford at 561-2004. For more information on the 215-mile-run contact Maj. Benton at 561-6108.

Boating safety for summer

by Sixth U.S. Army Public Affairs Office

Only highway accidents account for more deaths each year than boating accidents do. Alcohol is involved in most of these boating accidents.

"Don't drink and drive whether you're driving a car or a boat," Cheryl Humbolt, Presidio Safety Director said. "With alcohol, your judgement is impaired. Boater's who have been drinking may not realize it but, their judgement has been impaired."

Knowing the rules of boat operation, and obeying them, will reduce injuries and prevent accidents, Humbolt added.

It's important to realize that the "designated driver" system used for motor vehicles doesn't work in boating. All persons are at risk on a boat.

The boat's motion, coupled with alcohol, increases the chances of a boater losing their balance and falling overboard.

Everyone can enjoy a safe and fun summer boat ride, if a few simple boating safety tips are followed. The National Safety Council and the National Safe Boating Council offer these tips for having a great time on the water:

- Leave all alcohol behind. Having a few drinks on board a small boat is more hazardous than drinking on land. A boater's judgement and balance are inhibited by alcohol.
- Wear a personal flotation device (life jacket). The use of flotation devices dates back to 9th century B. C. and is the most effective way to prevent drowning. Modern day personal flotation devices are light, warm and comfortable. Most importantly, they must fit properly in order to keep the wearer's head and mouth well above water.
- Don't overload a small boat. Although there might be seats for four people, many small boats have the capacity to carry only two or three people. Stability is greatly reduced when a boat is overloaded. Always observe the capacity plate on the boat.
- Weather and water conditions should be checked before leaving shore. Smaller boats are not designed to operate in bad weather or rough water.

For more information on boat safety call the Presidio Safety Office at 561-4424.

News Briefs

Job search workshop

The Resume and Job Search Workshop is being moved Wednesdays at 11:30 a.m. to 12:30 p.m. at the Religious Activities Center, building open to all active duty, separating or recently separated military and DoD employees.

A job bulletin board is available for review Monday through Thursday, 9 a.m. to 4 p.m., in building 223. Information on the Pre-separation Career Awareness Program is held bi-weekly at Treasure Island for all branches of the military. Local and part-time jobs also are available.

For more information, call **561-2436** or stop by building 223.

Red Cross volunteers

The American Red Cross, located at Letterman Army Medical Center, needs volunteer caseworkers. Volunteers will receive classroom and on-the-job training for this position.

The Red Cross pays babysitting expenses for all volunteers.

For information, call Paula Knight at **561-2187**.

Reporters wanted

The *Star Presidian* is looking for stringers—reporters within the community— to submit news stories about local events. Stringers usually report on events within their organization. Our newspaper staff is unable to cover every event on Post. Stringers give units or organizations a chance to increase their coverage in the newspaper by covering stories for us.

The 6th U.S. Army and Presidio Public Affairs Office recently sent an information sheet on a stringer program to every unit on the Presidio. We are still waiting for responses from some units. The Star Presidian will be contacting units from whom we have not heard.

If you are interested in writing for the *Star Presidian*, contact your commander or supervisor

If the stringer information sheet is unavailable within your unit call Roland Taylor at 561-3861 for more information.

BRACO chief talks about Presidio's future

continued from page 1

(IPR). At that time, all the organizations will be talking about realignment and closure issues. We have another major effort going on - to develop the Presidio Base Closure Execution Plan. That will be released in late June, kicking off the detailed unit-level planning, providing planning guidance, and requiring that each of the 50-plus organizations on post develop a plan.

Question: Will we be able to get access to that?

Answer: In a few weeks. We already have a DA-approved plan - just got that in; however, we've identified several disconnects in that plan. We are reconciling all the dates with FORSCOM (Forces Command) and DA (Department of the Army), and they will be released with the Draft Execution Plan. The planning guidance to the Presidio community will include tentative moving dates. There will be a requirement for Presidio tenant organizations to do their detailed planning, and come back to BRACO with their response and recommendations in July. Our objective is to publish the first draft of the Presidio's plan by the end of July.

Question: Will that be the final Presidio plan for the entire base? For all the units?

Answer: Yes, that will be the first iteration of the Presidio Execution Plan, or Presidio Transition Plan. Also, it will be a plan that we can update as changes occur. We intend to update the plan quarterly.

Question: Do you plan to release the Presidio Transition Plan by the end of July?

Answer: That's right. That will tell all the 54 or so activities/units on the post what the plan is for each organization. I think it's important that you tell your readership the process, the planning, so they'll understand that all the units and activities are going to do their own planning, with the able assistance of the garrison staff which provides planning assistance in specific technical areas such as personnel, transportation, etc. This plan will answer a lot of questions. It will also prompt more questions, and I understand that.

Question: What would you say to those employees and readers of our paper who feel information has been slow in coming?

Answer: I would tell them that things have changed since January. We are providing recommendations to DA and FORSCOM, and have improved the lines of communications. We are getting the information out as we receive it. The second thing I think is important is that we are beginning a process of drafting agreements between the Presidio and GGNRA (Golden Gate National Recreation Area) to determine how to manage the transition.

We hope to co-locate our BRACO organization in the same building with the GGNRA planners, who are studying the transition and further use for the Presidio, so that we can help in the process. That will improve the information flow to the Presidio community. Our main involvement is to ensure the transition is smooth, and that we are looking after Army and taxpayer interests. And you can tell readers of the paper, we are running fast, working very very hard with FORSCOM and DA in order to be able to provide more information to the Presidio community. Tell them they can expect to hear more from their commanders and activities chiefs because this execution plan will provide current information.

Question: I have a list of base closure actions that the *Star Presidian* ran some time back. If you were to add to that list, what would it be?

Answer: The first and most significant action is the execution plan, which happens in June and July. In June we do the staffing plan to give the units in garrison - the various tenant activities and the garrison staff - the chance to interact as the tenants work out their plans. Units/activities develop these plans with the support of the garrison staff. The installation staffs at the losing and gaining installations support the units in planning details for realignment, etc. We're going to be working very closely with PAO (the Public Affairs Office), too.

Question: That's what the Star Presidian is really interested in, so we can keep our readership abreast of progress. Let me ask some related questions; you may or may not be able to address some of them. We're now in June of 1990, and based on information you have, or your best estimates; when will the Sixth Army actually begin to move to Fort Carson?

Answer: The DA Plan calls for Sixth Army moving to Fort Carson, Colorado by the end of 1993.

Question: What is status of construction that will affect moving Sixth Army to Fort Carson?

Answer: We're going to have the first preliminary design meeting in July or August with the Omaha District Corps of Engineers.

Question: Will a new headquarters building be constructed, or will they use existing buildings?

Answer: A new building will be constructed.

Question: When the time comes for moving, will there be an advance party of say 50 or 100 people to go to set it up?

Answer: Yes. Specific moving plans will be developed during the Execution Planning process I described earlier.

Question: As we move, are there any plans for how we will move?

Answer: The moves are normally done in a phased fashion, so that you have an advanced party, a main body, and a rear party.

Question: What is the purpose of phased moving?

Answer: For mission continuity, so we can execute the move without a gap in mission coverage. Also something else that might be of interest is that we have just assigned the first officer to the Sixth Army (Forward) element. We have a small forward element at Fort Carson coordinating transition activities on the installation. Initially that's a part of the BRACO organization. It's called Sixth U.S. Army (Forward).

Question: Eventually, how many people will the "forward" office have?

Answer: Four. That's all we'll need there until the advance party arrives.

Question: How long do you anticipate the phased movement will last? Will it be a one, two, three, six month window?

Answer: We're looking at a six-month window for the move. It may end up being less, based on budget constraints. Most "people moving" will occur in the summer months to help families with school-age children.

Question: Will all the employees who work for Sixth Army now have the opportunity to move to Fort Carson with Sixth Army?

Answer: Most employees assigned to Headquarters, Sixth Army will have an opportunity to transfer when their jobs move with the headquarters.

Question: We've heard a lot about lease back. Anything on that?

Answer: That's a consideration being dealt with in the Memorandum of Agreement being developed by Departments of the Army and Interior. There will be more information on that subject later - as our planning develops.

Question: Do you perceive units staying on the Presidio as within our limits now?

Answer: At this point in time, not Active DoD (Department of Defense) or Army units. I perceive Reserve units, possibly. The law requires all Active Army units to leave the Presidio.

Question: We've got a new Post Exchange and Commissary; what do you foresee in their future?

Answer: Well, the law says they must close

Question: What about the legislation sponsored by Representatives Boxer and Pelosi which calls for a study of the possibility of lease-back of some community support facilities, including Letterman Army Medical Center, to the Army from the National Park Service?

Answer: The study will be decided in the office of the Secretary of Defense. The study, and the Boxer-Pelosi legislation do not override or suspend the Base Realignment and Closure Act. We must proceed to close the Presidio in accordance with the terms of the Act, unless Congress directs otherwise.

Question: What would you say to the young specialist or sergeant or GS-05 or GS-07 with their family needs, who are waiting to see what will happen?

Answer: I would say that our Commanding General is committed to doing the base closure and realignment intelligently, being sensitive to people.

Question: Does that include doing all that's possible to take care of military and civilian employees?

Answer: Yes. Our guidance is to insure that we take care of the families involved - you can say the entire Army family which is units, soldiers, civilians, and their families. Our command cares about people - we all know that. And I should emphasize that the Civilian Personnel Office is doing, and will do, all it can in its charter now and over the next several years - that is, specifically, to take care of our civilian employees.

Question: What is the major accomplishment in BRACO over the past several months?

Answer: Expanding dialogue with DA and FORSCOM, National Park Service and the GGNRA, and developing the Memorandum of Agreement process to manage the transition.

Question: What has been the most difficult aspect of the realignment and closure facing BRACO?

Answer: I would say obtaining decisions on complex issues - on construction, for example, and transferring the Presidio to the National Park Service. *Also — without decisions* — it is very difficult to provide information to the Presidio community. I would like to say that there is no reluctance to provide information. Our Army is in transition right now because of the things happening internationally. Base closure is only one of many difficult and complex issues being dealt with in the Pentagon.

Question: Final question: Release of realignment and closure information seems to be slow here at the Presidio; are we unique among all the bases on the base realignment and closure list in this regard, or are other bases experiencing similar difficulties?

Answer: The Presidio is not unique. All of the units are having difficulty because base closure is happening at the same time all the rest of the Defense Department is undergoing its biggest change in 20 years. So there's tremendous change happening. Base closure is big to us, but it's certainly not the biggest change in the Defense Department, particularly when you consider forward basing decisions for units in Europe, decisions for major weapons systems, and issues like that. The Presidio, however, is very important to the Department of the Army. We're the only post of the 86 affected that is becoming a national park - providing a new chapter in the life of the Presidio.

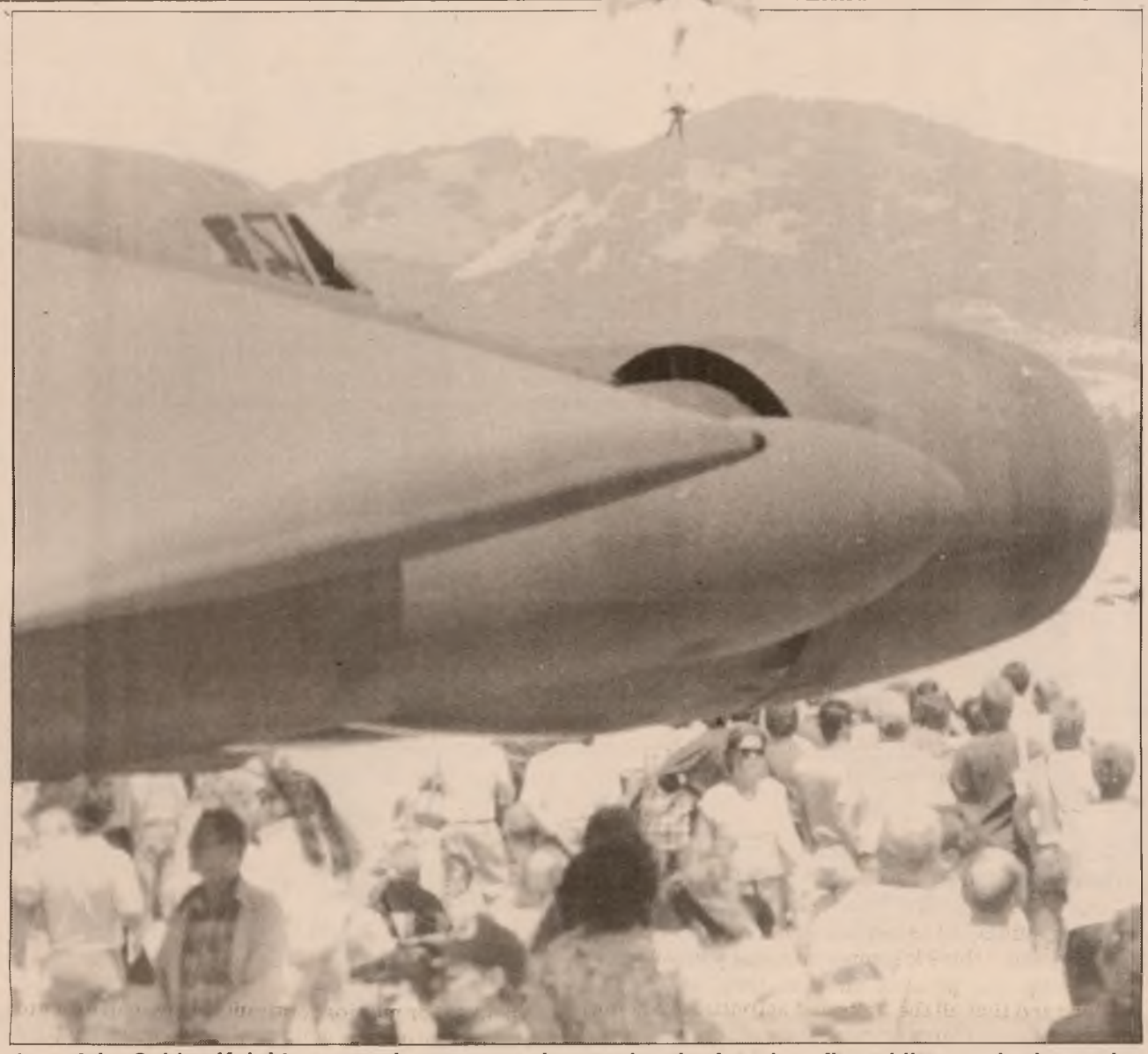
Star Presidian: Thank you. We appreciate the interview, the updated information, and observations. I know our readership will appreciate all that too.

BRACO: You're welcome. As I said before, we're going to be working very closely with the Star Presidian and PAO in the months ahead. We in BRACO are committed to open communication with the Presidio community.

'Wings of Victory'



Sixth U.S. Army riggers parachute to the ground.



One of the Golden Knights opens the ceremony by carrying the American flag while parachuting to the ground.

Air show fills the skies at Hamilton Airfield

story and photos by Adrienne Sims

The Wings of Victory Air Show is "the largest air show anywhere in America in 1990 and the largest display of War Birds in California," said Lt. Col. Brent W. Jones, Aviation Liaison officer, Office of the Assistant Secretary of Defense, Public Affairs.

The air show features 90 to 100 old War Birds and 30 military aircrafts, said Lt. Col. Robert H. Ruth aviation officer, Deputy Chief of Staff of Training.

The U. S. Army Golden Knights parachute team performed various aerobatic routines. One of the Golden Knights parachuted from a plane while carrying the United States flag to begin the ceremony. The other Golden Knights followed by swooping down in a snake formation all landing on the same target.

Sixth U. S. Army's parachute team dropped a jeep from an aircraft and the riggers followed quickly one right after the other.

The High performance air show included the Air Force's A-10 Thunderbolt and the Navy's F-14 Tom Cat, according to Ruth.

A ceremonial salute was part of the show. A "Missing Man Formation, flight of four with one aircraft pulling up and out honored the only two Vietnam aces, Col. Steve Richie and Commander Duke Cunningham.

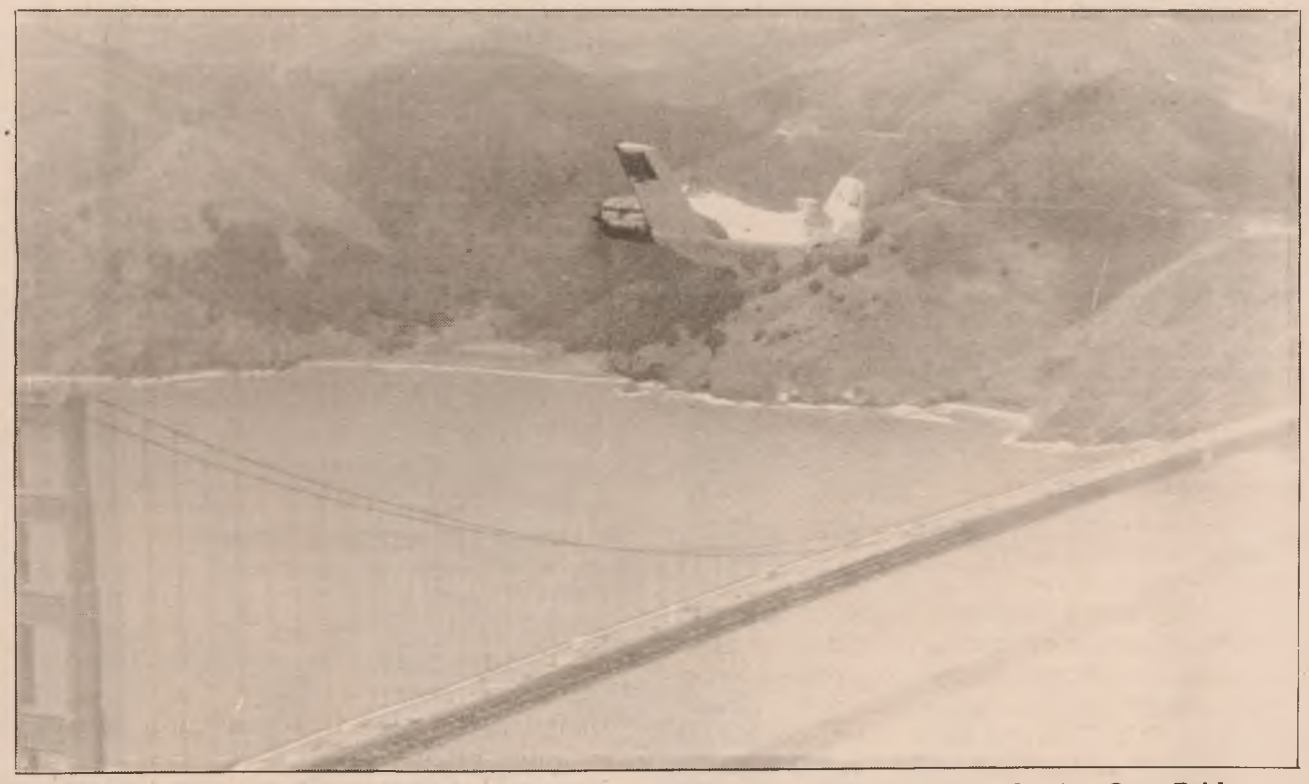
Civilian aerial performers included: the Red Baron Stearman Squadron; Sean D. Tucker, Advanced 1988 U. S. National Aerobatic Champion; Johnny Kazian, wing walker; and Tom Jones flying a Russian Sukhoi Su-26M.

Tucker performed several original maneuvers ending his routine with a "Triple Ribbon Cut." Ten feet from the ground, Tucker puts the throttle to the stop and powers through the ribbons with a left knife edge, a right knife edge, then a roll to rip through the third ribbon.

The Red Baron Stearman Squadron performed patterns in the skies just a few feet apart.

World War II aircrafts were displayed at the airshow. Many people gathered to explore the inside of the aircrafts.

"The aircrafts and pilots come from all over," said Ruth. "Most arrived at Hamilton Army Air Field Friday." Johnny Kazian amazed the audience with his wingwalk act. Kazian tiptoed on the wing of an aircraft without the support of rope or harness.



A Navy aircraft pulls away from a DC-3 Otis Spunkmeyer plane high above the Golden Gate Bridge.

"It takes a lot of work to coordinate [the air show]," said SFC Michael A. Brown, Aviation NCOIC of the air show. "There are many phonecalls to make, and I have been back and forth to the San Francisco airports to pick up pilots. This is Brown's first year for coordinating the air show.

"This is a wonderful event and is well done every year," Ruth said "Every air show has been an operational success."

All proceeds from the air show will benefit earthquake relief, educational and youth programs, and Presidio's morale support fund, according to Ruth.

The attendance was up 50 percent from last year's Wings of Victory Air Show. Last year's weather rained on the show for the second year in a row. This year, the weather brought over 39,000 ticket buyers.

Simply by watching the air show, you can almost feel what it's like to fly an aircraft or jump out of one. "Watching this air show is as close as [people] can get to precision flying without actually doing it."



photo by Duvel White

Four-year-old Brighid Furney 'drops' Lt. Gen. William H. Harrison, Sixth U.S. Army and Presidio commander into the dunk tank during Army Day '90.



Presidians cheer and celebrate beneath the sunny s

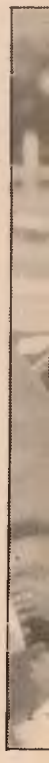


Pvt. 2 Glenn McNeill Jr., with LEC, snags a LAIR dr ive nament.



photo by Duvel White

Dave Bohler (left) and Maj. Ernie Siefert, LAIR, study the course of the 25-kilometer bicycle ride .



Tim
Gui

Army Day '90



kies shining down on Army Day.

photo by Duvel White

Presidio celebrates its own

A five-mile relay, a hilly 25-kilometer bike race, a 10K Volksmarch, bands, food and lots of sunshine were all part of Army Day here at the Presidio.

About 400 soldiers, family members and Department of the Army civilians celebrated Army Day Friday by throwing themselves into sports and out of the office.

Letterman Army Medical Center's Company "B" ran away with a five-mile guidon relay, with a team time of 28:38. (Each person in this relay carried his or her unit colors for one mile, before passing them on to another runner.)

Headquarters Company, United States Army Garrison, was second with 29:01. A close third was Letterman Army Institute of Research's team, running 29:11.

LAMC also took the volleyball single elimination tournament with a 15-9 win over the Office of the Deputy Chief of Staff for Personnel.

Company "A," LAMC, finished the unit's domination of the sports events with a 13-3 win over Company C, 864th Engineer Battalion in a Fort Scott softball tourney.



photo by Joel P. Smith

to third base during Army Day Softball Tour-



photo by Joel P. Smith

e's running out—the finish line for the Unit don 5-mile Race.



photo by Joel P. Smith

Lt. Col. Larry K. Hammerbacker, troop commander at LAMC, takes the plunge at a dunk tank run by the Enlisted Spouses' Club.

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VolksSport

Sports Notes

Pony League baseball

Presidio 15 Sunset 5

Norman Crittle banged out four hits, drove in three runs and scored three times while pitching the Presidians to their second victory over Sunset. Crittle struck out nine and allowed only two hits during his four-inning stint. Steve Priest also swung a big bat, driving in three runs and scoring four times. Other hitting leaders were, Gary Vogt with two runs scored and Mike Stenger with two runs batted in. Rei Hubbard and Kyle Hart turned in fine defensive plays in the outfield, robbing Sunset of two extra base hits.

Wild, Wild West 9 Presidio 5

Wild, Wild West took advantage of a struggling defense to avenge an earlier loss to the Presidians. Steve Priest drove in two runs and Mike Stenger one. Norman Crittle scored twice. Terryle Gregg, Gary Vogt and Chris Amador each scored once. The Presidians' record is now 9-5 for the season.

Memorial Day Bowling Tournament

The Sports Branch sponsored the annual Memorial Day Bowling (Handicap) Tournament May 26-28. The tournament drew 87 participants in three categories. The following individuals were recognized for their accomplishments:

Men's Singles: (35 entries).
1. Terry Lackey—633
2. Tony Lecroy—630
3. Kennard Williams—593
4. Paul Munshower—586
5. Ben Newsome—581

Men's Doubles: (17 entries).
1. Terry Washington and Kennard Williams—1166
2. Michael Ghigleri and Kevin Hopkins—1095
3. David Filippazzi and Kevin Hopkins—1088.

Mixed Doubles: (9 entries)
1. Penny and Tony Lecroy—1096
2. Lori Bearson and Robert Gascon—1072

Racquetball Tourney

The Presidio Sports Branch will host a racquetball tournament June 15-17.31.

The tournament will begin at 5 p.m. Friday. Competition will be conducted in four divisions as follows: Open Division, Women's Novice, Women's Open and Seniors, 40 years or older. An entry fee of $5 will be charged for each event entered.

The tournament is open to all active duty military and family members (19 years or older).

Anyone interested in entering the tournament must sign up at the Post Gymnasium.

For further information, call the Tournament Director, John Funes at 561-5032 or 561-4131.

A meeting for all participants will be held at noon, June 12 at Gym No. 1.

Tennis reservations

The Post Gym is now taking reservations for the tennis courts near the former Defense Language Institute.

For reservations call 561-4131.



Second Lt. Paulius Tekorius, 864th Engineer Battalion (left), runs with Capt. Jere Diersing, officer of the Staff Judge Advocate Office, in the 10-kilometer Volksmarch.

Everyone wins in Army Day VolksSport

by Drew Seaman

Everyone's a winner at this sports event.

Over a thousand walkers, swimmers and bicyclers took on the non-competitive VolksSport challenge of Army Day '90 on post June 1.

The purpose of the event was to enjoy the beauty of the Presidio and to get some exercise.

"It's a beautiful day to get together with other civilians and soldiers to celebrate Army Day," said Jeane Redsecker, an education services counselor at the Army Education Center, Bldg. 1216.

The activities for the event consisted of a 10-kilometer volksmarch, a 25-kilometer bicycle ride and a 300-meter swim.

The second annual volksmarch began at 9 a.m. on the main parade field. The course took participants past the Officers Club, the oldest building in San Francisco. It wound in front of the post chapel, past the San Francisco National Cemetery towards a great view of the Golden Gate Bridge.

Walkers hiked past the West Coast World War II Memorial toward and through the Presidio Golf Course. The trail wound down as the weary walkers passed the Presidio Museum towards the registration table on the main parade field. There, they collected their awards and joined in on the festivities on the field.

Col. Jack Hug, a participant in the Volksmarch, said, "This was a great volksmarch compared to many others I've been on in West Germany. This course was laid out very well because it had great views of outstanding sites along the Presidio.

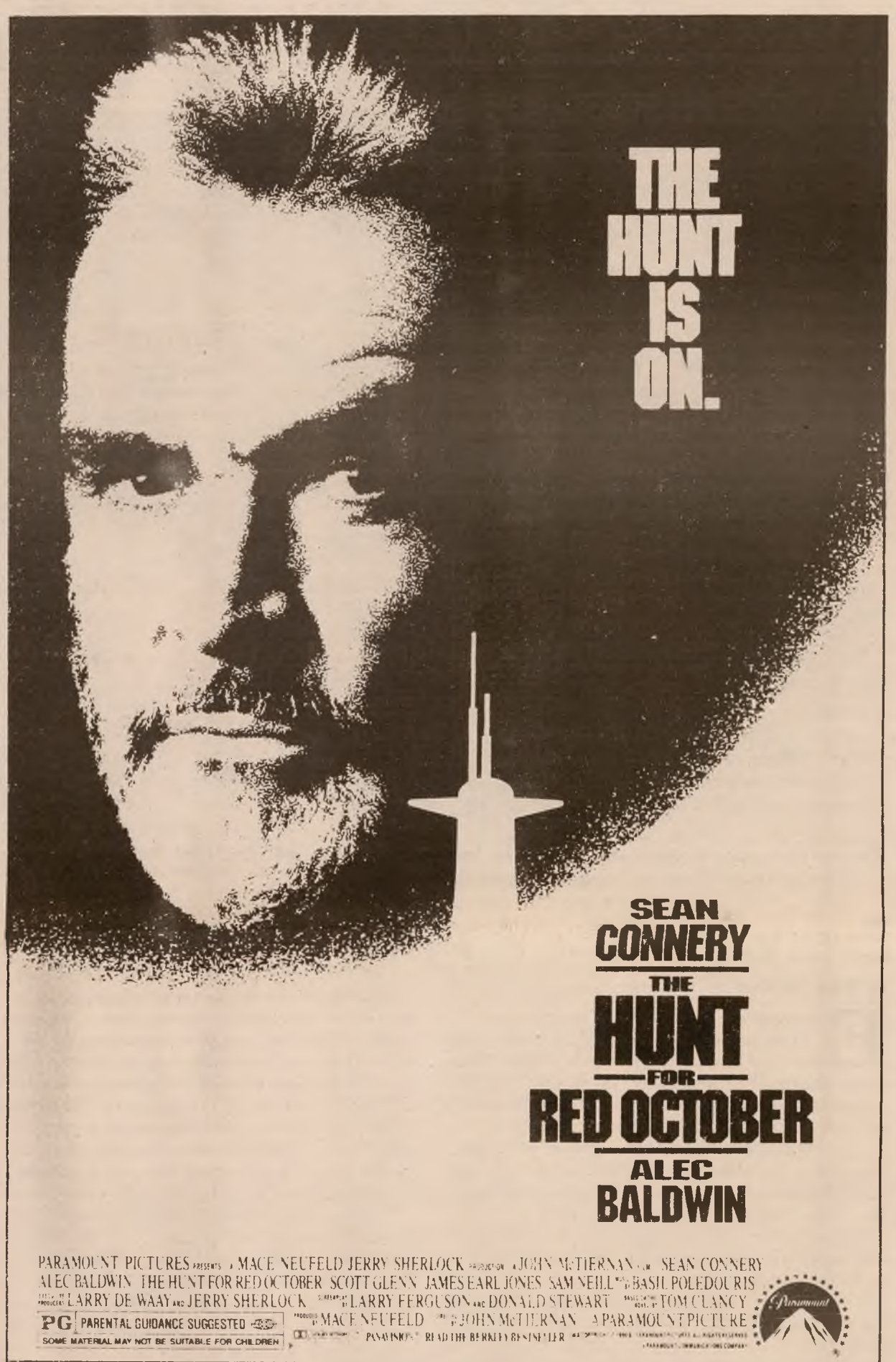
The bicycle event began 9 a.m. on Montgomery Street in front of buildings 101 and 102. The bikers headed toward the Golden Gate Bridge onto its east sidewalk into Fort Baker. Participants then pedaled their way back to the Vista Point overlooking the city and on to the Presidio, finishing off back at the starting point.

Participants in the swim competition swam ten laps in the Gym No. 2 swimming pool. The swimmers were allowed to use any swimming stroke they wanted to and were allowed to stop as often as needed. Lt. Gen. William H. Harrison, commmander of Sixth U.S. Army and the Presidio of San Francisco, kicked off the swim event by swimming with Courtney Ahrens, 17, and Lindsey Ahrens, 14, daughters of Col. Roger W. Ahrens. "It was very challenging and fun to swim with the general," said Courtney.

Entrants were allowed to participate in one or all events. Medals were presented to all the participants who paid the entry fee of $5 which included awards for participating. Participation credits were also offered under the American VolksSport Association and the International Federation of Popular Sports.



Courtney Ahrens, 17, daughter of Col. Roger W. Ahrens, swam 10 laps in the Gym No. 2 swimming pool for the VolksSport event.



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SUNDAY 17 JUNE 90 14:00 HOURS & 19:00 HOURS

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Community Calendar

Food Basket Program

If you are moving, and you have unopened canned and packaged food you want to leave behind, you can donate them to the Hands-Across-the-Presidio Food Basket Program.

Donations may be left at the Army Community Services, building 103B, Monday through Friday, 7:30 a.m. to 4:15 p.m.

For more information, call Erick Davis at 561-5256.

S.A.T.

Soldiers planning to take the Scholastic Aptitude Test for college entrance must test by July 19 to receive a score report before late October or November. Tests cannot be given between July 20 and Sept. 10. For more information, call a counselor at the Fort Scott Education Center, building 1216, 561-4445 or 561-2974, or the Letterman Army Medical Center Education Center, building 1014, 561-3692 or 561-4791.

Stress management

New SMART (Stress Management Resource Team) classes for members of the Presidio community will start June 12 at Army Community Services' building 103B from 6 p.m. to 8 p.m.

Free child care is available for Presidians attending the classes.

For more information, call Nancy Niederhauser at 561-5155.

Hispanic Heritage Month

If you sing, dance or play an instrument, the Hispanic Planning Committee would like you to share your talents with the Presidio community during Hispanic Heritage Month. All military, family members and civilians are welcome.

For more information, call Ann Williams or Eleanor Castorena at 561-2022 or 561-2035.

Golden Gaters

Two events for June and July will be held by the Presidio Golden Gaters (over-40s singles). There will be dinner and dancing at the Presidio Officers' Club Saturday, June 30.

Call P.M. Madden at 821-7858 for reservations and information.

Self Help Center

The Self Help Center will be open 7:30 a.m. to 11:30 a.m. Friday, June 8.

The Center will be open regular hours Saturday, June 9, Tuesday through Saturday, 10 a. m. to 6 p. m.



photo by Drew Seaman

Rebuilding history

"Frank Hughes was one of the men who helped build this wall in the late 1930s during the Depression Era," said Robert Carlini adding, "He was my mentor and teacher in the art of stone masonry." Carlini (right) and his apprentice, Tom Harnak, were rebuilding the crumbling wall along Halleck Street and Lincoln Boulevard across from the Presidio Museum last week.

Host a French student

Through One World Friendship, a non-profit student exchange, your family can host a French student who is between 14 and 18 years old. Interested families would host students from July 5 through Aug. 2.

Through One World Friendship, students take part in a program organized for the week which includes English classes and excursions. Most weekends the students are free to spend time with their host families.

Many families find hosting students to be a fun and rewarding experience from which the whole family learns.

For more information, or to sign up, call Caroline Smadja at 861-8308 from 10 a.m. to 9:30 p.m. If you don't get an answer, please leave a message.

Creative Cottage

Looking for a perfect wedding gift, graduation present or beautiful hand-crafted item? Come to the Creative Cottage, located in building 204 next to the Thrift Shop. The Creative Cottage is open Tuesday, Wednesday and Thursday from 10 a.m. to 2 p.m. and the first Saturday of each month.

Army Ball

In celebration of the U.S. Army's 215th birthday, the Presidio's 1990 Army Ball will be held on June 14 at the Presidio Officers' Club.

This event will be open to all active duty personnel, Army Reserves, retirees, Department of Army civilians and Army spouses.

Social hour begins at 6:30 p.m. Due to the limited number of tickets (approximately 340), make your reservations early with your unit command sergeant major or first sergeant. Cost is $17 a person; formal attire.

For more information, call CSM McVey at 561-4373 or CSM Whiteford at 561-2004.

Exploratorium Prices

The Exploratorium, which is located in the Palace of Fine Arts at 3601 Lyon Street, is wheelchair accessible. Beginning June 13 admission to the Exploritorium will be: Adults, $6; Seniors, $3; youths 6 to 17, $2; and children under 6, free. Admission includes a six month membership.

Hours are Wednesdays from 10 a.m. to 9:30 p.m., Thursdays through Sundays 10 a.m. to 5 p.m. The Exploratorium is closed Mondays and Tuesdays.

For more information, call 563-7337.

Presidian needs leave donated

A Sixth U.S. Army employee has a medical emergency and has no sick leave or annual leave. This employee has asked to become a leave recipient.

Anyone wishing to donate leave, please contact Katie Malone at the Civilian Personnel Directorate at 561-3887.

S.F. Marathon

The San Francisco Marathon is back. The race will be July 1 at 7 a.m. on the Golden Gate Bridge.

Volunteer duties include directing runners and helping the police maintain crowd and vehicle control.

To volunteer or for more information, call Raymond F. Brown at 752-5212 after 6 p.m.

Poster Winners

The winners of the Teenage Mutant Ninja Turtles posters are: Anthony Smith, Chip Kuklok and George Paul Bath.

Seoul shopping

SATO Travel is offering a shopping tour to Seoul, South Korea, Oct. 23 through 29. Airfare, transfers to the hotel, and hotel accommodations for six nights and a daily American breakfast are included for $1,375 a person.

For more information, call Pattie at theSATO Travel office, 561-2315.

Videoshow users

Executive Solutions, Inc., is starting a users group for VideoShow/Pictureit products. If your or someone in your office uses these presentation software products, contact Dixie L. Porter, Sixth U.S. Army Public Affairs Office at 561-3740 for information about the group. There is no cost, and all VideoShow/Pictureit users are welcome.

PLATO courses

Soldiers can now use the PLATO computer system, during or after duty hours, to study or review subjects to help with professionalism and on-the-job knowledge. Some examples are drill and ceremonies, map reading, NBC, promotion points and boards, and military tactics. A PLATO Military Course catalog, describing nearly 100 subjects, is available at the Fort Scott Education Center, building 1216, 561-2974 or 561-4445, or the LAMC Education Center, building 1014, 561-3692 or 561-4791.

At the Movies

Presidio Theater

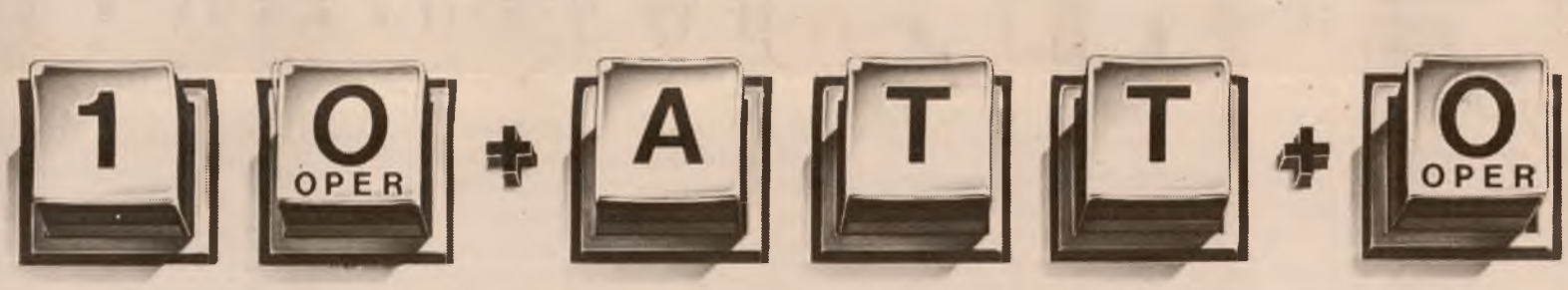
Fri, June 8: Nuns on the Run (PG-13), 7 p.m.
Sat, June 9: House Party (R), 7 p.m.
Sun, June 10: Vital Signs (R), 7 p.m.
Mon, June 11: Cry Baby (PG-13), 7 p.m.

Hamilton Theater

Fri, June 8: Steel Magnolias (PG-13) 7 p.m.
Sat, June 9: The Boss (G), 1 p.m.
Sat, June 9: Downtown (R), 7 p.m.
Sun, June 10: Steel Magnolias (PG-13), 4 p.m.



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Star Presidian

Vol. 33, No. 24 June 14, 1990

News Briefs

Military Personnel Division closure

The Military Personnel Division office will be closed tommorrow for a retirement party at the Log Cabin.

The office will reopen

New Dining Facility hours

The Dining Facility, Building 1208, at Fort Scott hours have been changed to the following:

Weekdays:
Breakfast: 6:45 a. m. to 8:15 a. m.,
Wednesday: 6:45 a.m. to 8:45 a. m.;
Lunch 11:30 a. m. to 1 p. m.
Dinner: 4:30 p. m. to 6 p. m.

Weekends and Holidays:
Breakfast: 7 a. m. to 8:30 p. m.
Lunch: 11:30 a. m. to 1 p. m.
Dinner: 4:30 p.m. to 6 p. m.

Helicopter lift to be used at LAIR

Letterman Army Institue of Research has announced plans to use a helicopter to lift air conditioning and other mechanical equipment onto the roof of that facility. The lift will be Saturday, June 16 at 8:30 a.m. The work will last about 40 minutes.

The helicpoter use will be similar in size to that used by local television stations for weather and/or traffic reports. For safety's consideration, the Gorgas Avenue entrance adjacent to Monday, June 8 at 7:30 a.m.

Richardson Avenue will be closed during the lift. For more information, call Sixth U.S. Army Public Affairs at **561-3952** or **561-2018.**

Boiler Steam System shut down

The Boiler Steam System to buildings 1110, 1100, 1047 and 1000 Housing area will be shut down Saturday, June 16 from 7 a. m. to 5 p.m.

The shut down should affect your heating system only.

The purpose of the shutdown is to perform preventive maintenance to the Boiler Steam System. For more information, call the Directorate of Engineering and Contracting at **561-2564.**

Blood drives

The Letterman Army Medical Center and Letterman Army Institute of Research Blood Drives will be held Thursday, June 21 from 7:30 a.m. to 1 p.m. and Friday, June 22 from 7:30 a.m. to 12:30 p.m. in the LAIR auditorium.

This is a joint blood drive supporting Irwin Memorial Blood Bank and the Armed Services Blood Bank Center at Fort Ord.

For more information, call Capt. Cathy E. Leppiaho at **561-3669.**

see Briefs, page 3



photo by Joel P. Smith

Army gold

Army's John Register powers past Marine William Allen in the men's 400-meter dash at the Armed Forces Track and Field Championships June 7 in Vallejo, Calif. For the story, see pages 6 and 7.

Enlisted severance pay considered

DoD proposes 'thank you' checks with pink slips

By Master Sgt. Mary A. Peterson, USA
American Forces Information Service

Should the services of enlisted careerists no longer be needed, DoD wants to include thank you checks with the pink slips.

DoD is proposing a separation pay for enlisted personnel who are involuntarily separated after seven, but before 20, years of service. The proposal offers active duty enlisted members what active duty officers in peacetime have been eligible for since 1947 and what Reservists have been afforded since the 1950s. The concept could become policy on Oct. 1, 1990, if Congress approves it.

Severance pay would be only for those who are involuntarily separated. "If the individual chooses to voluntarily separate, there would be no money," said Army Lt. Col. Bill Carr, DoD's enlisted policy manager.

Also ineligible in the current proposal are service members who are denied re-enlistment as a matter of policy, such as bars to re-enlistment, or who are separated for substandard performance, misconduct or moral or professional dereliction of duty. The secretary of defense and service secretaries determine entitlement in those cases, Carr said. As allowed in current separation pay policies, the secretaries can award the full amount, half or none, based on the individual's situation.

The proposed amount of severance pay for enlisted service members parallels the formula used for officers: 10 percent of the annual base pay times years of service. If the plan is accepted as currently written, severance pay for an E-5 with nine years of service, for example, could be about $13,700, based on the 1990 pay table.

Separation pay for all ranks is not a new

see Separation pay, page 5

Voices

Presidio View
by Lt. Gen. William H. Harrison



This week on post

Dear Presidians—

Providence continues to "sunshine" on us and isn't it great. Enjoy! This has been a busy week for all of us at the Presidio of San Francisco—A Very Special Place!

On Monday, June 4, I was honored to represent all of you at the luncheon for Mr. Gorbachev. It was some affair, but as I sat there in the uniform of the U.S. Army, I took great pride in the service of all of you and those who have preceded you. Your service, your sacrifice, and your dedication have helped make all these events possible. Each of you—uniformed member, family member, civilian employee, volunteer—should stand tall and be very proud of yourselves—truly your duty to your country makes you a PEACEMAKER for all the world. Hoo Ah!

On Monday night the Giants honored the Sixth U.S. Army. Our band played—outstanding as usual!—our color guard performed—flawless as usual and yours truly threw out the first ball—and got it to home plate—unusually!! It was a super night and the Giants went on to win 10-1.

The second annual SUPERSLEUTH run was Friday, June 8. Great turnout by all the Federal Law Enforcement Agencies in the Bay Area. Congratulations to our CID team who put it all together.

On Saturday Letterman Army Medical Center Graduated its Fellows, Residents and Interns for 1990. It was a well done affair and our congratulations to all the graduates and a special Hoo Ah to Maj. Fred Burgess and Capt. David Bonovich who won Awards.

Another special letter this week—this time from lots of satisfied customers. This was a multiple signed letter thanking and complementing Terry Paulsen, one of our lifeguards at the post pool. These grateful swimmers commented on Terry's conscientious service, her professionalism, her friendliness and her helpfulness. What a testimony to a super employee. A great big loud Hoo Ah to Terry as she moves on to a promotion and transfer. All of us wish her well.

Hope I'll see lots of you at the 215th Army Birthday Ball on the 14th. It should be a Hoo Ah! affair.

God Bless you all and God Bless our Army. . .

William H. Harrison
Lieutenant General, USA
Commanding.

"Those who cannot remember the past are condemned to repeat it."
—George Santayana

DEPARTMENT OF THE ARMY
WASHINGTON, D.C. 20310-0200

1990 ARMY BIRTHDAY

On June 14th, the United States Army celebrates its birthday — the 215th anniversary of our Nation's oldest military service. The soldiers, civilians, and families of the Total Army can be justly proud of our long and honored tradition of service to the Nation.

Over the past year, the Army added yet another chaper to that tradition. We remained trained and ready, and a powerful orce for deterrence and peace throughout the world. And when the President called us to action in Panama, our response was *in keeping* with our proud heritage — swift and effective. In the crucible of combat, the American soldier once again demonstrated the finest qualities of courage and commitment, qualities that have kept our Nation free for more than two centuries.

Today, as we cross into a new decade, we are witnesses to great change in the world order. But these changes do not diminish the need for a powerful Army, for the struggle is not yet over and the victory is not yet won. So, even as the Army evolves to respond to change, we must also maintain continuity of capabilities and continuity of strength in order to ensure that the Army of tomorrow is prepared to fulfill its strategic obligations worldwide.

Ours is a glorious past. As we celebrate our birthday, let us now look to the future with confidence and commitment, and with an overarching resolve to maintain the trained and ready Army that will protect the evolution of a new and peaceful world.

Carl E. Vuono
General, United States Army
Chief of Staff

M. P. W. Stone
Secretary of the Army

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Pvt. 2 Adrienne Sims

Presidians Say

Ask Presidians:

Enlisted soldiers, should they receive early release severance pay?

by Adrienne Sims
Star Presidian



Richard G. Hollingsworth, military personnel clerk: "Yes and no. It depends on what they did to get out of the service. If they tested positive for drugs, no, but if they get out of the service with a good record I would say yes. Even if they were chapters out with a general discharge with honorable conditions, I would say yes."



Spec. Byron K. Decuire, supply clerk Headquarters Command Battalion S-4 office: "Enlisted soldiers should get a severance pay not just because officers do, but because a substantial amount would allow that enlisted person to survive long enough until he or she finds employment, instead of having to worry about thousands of dollars during their enlistment."



Maj. Gerald J. Brown, chief of readiness reporting branch, Deputy Chief of Staff for Operations and Plans: "Enlisted soldiers should receive severance pay based upon the number of years in service. A soldier is a soldier by oath of office and enlistment, and should be treated as such. A severance pay that is equal to time in service should be payed to enlisted servicemen.



PFC Lisa A. Durling, counter signal specialist, Military Intelligence Battalion: If they are kicked out they should receive severance pay, but if they just get out on their own, they shouldn't.



Spec. Marlena A. Joyce, finance specialist Transition Point: "Yes, because in many cases it's not the soldiers choice to get out and they planned to make the Army a career. They have put all their efforts and made sacrifices for the Army. It would be the professional thing to do.

Letter to the editor

Recently, my wife was involved in a bicycle accident on post and was treated at Letterman Army Medical Center. The accident was very serious, in that she was operated on for multiple fractures in her shoulder.

I would like to thank Mr. Marshal Goodenough; he was the first on the scene and did an outstanding job of keeping her calm until help arrived. The responsiveness of the Military Police and the paramedics was unmatched. Upon arriving at the emergency room, she received excellent treatment.

A special thank you goes out to Major Peterson and Captain Bronsnan who performed a very difficult operation, and to Marci Cook, recovery room, who kept all concerned updated on her progress. Lieutenant Halstead, Intensive Care Unit, performed a yeoman's job during her long stay in the ICU. After being placed on 8 West, Captain Ackerman, Lieutenant Hanlon and the civilian nurses did a tremendous job throughout their long shifts. I just can't seem to say enough about the quality care that she received.

And to all those who visited with cards, candy and flowers, thank you for caring. Thank you also to those special friends who gave us comfort during her long stay in the hospital. The Staff of the Headquarters Command Battalion, I appreciate your "driving on" and accomplishing the mission, as we all know, no one is indispensable. A special thanks to the Battalion Executive Officer for carrying the ball during my absence. Thanks again to you all. We appreciate your concern and assistance.

Maj. Ron Benton
Commander
Headquarters Command Battalion



photo by Chuck Blancet

Major awards

Lt. Gen. William H. Harrison chats with 4-year-old Tom Burgess as his mother Beverly and father Maj. Frederick W. Burgess look on. The major was celebrating the completion of his residency at Letterman Army Medical Center Saturday. Harrison spoke Saturday at the completion ceremony honoring fellowships, residencies and first year graduate medical education. At the ceremony, Burgess was given the Skeleton Award for outstanding resident and the Joyce Award for outstanding research.

Briefs continued from page 1

Job Training Partnership Act

A mandatory orientation meeting for all supervisors participating in the Job Training Partnership Act program from June 25 to Aug. 17 will be held Monday, June 11 from 11 a.m. to noon at the Command Conference Facility in building 35.

For more information, call Ronald Filippone, at the Civilian Personnel Directorate at **561-2255.**

Army Community Service

Army Community Service has moved to building 103B, on Lincoln Boulevard, across the parking lot from CPO and the Provost Marshal's Office. For more information, call **561-4513.**

Oops

The Resume and Job Search Workshop is located in building 223, not the Religious Activities Center.

The only change is the time, which is Wednesdays, 11:30 a.m. to 12:30 p. m.

A job bulletin board is also available in building 223, Monday through Thursday, 9 a.m. to 4 p.m.

For more information, call **561-2436** or stop by building 223.

Reporters wanted

The *Star Presidian* is looking for stringers—reporters within the community— to submit news stories about local events. Stringers usually report on events within their organization. Our newspaper staff is unable to cover every event on Post. Stringers give units or organizations a chance to increase their coverage in the newspaper by covering stories for us.

The 6th U.S. Army and Presidio Public Affairs Office recently sent an information sheet on a stringer program to every unit on the Presidio. We are still waiting for responses from some units. The Star Presidian will be contacting units from whom we have not heard.

If you are interested in writing for the *Star Presidian,* contact your commander or supervisor

If the stringer information sheet is unavailable within your unit call Roland Taylor at 561-3861 for more information.

News to Use

CPD works for employees, mission

(Editor's note: Everyone associated with the Army and the Presidio of San Francisco—military and civilian alike—is experiencing some uncertain times regarding their future and how base closure actions will affect them. As discussed in the recent **Star Presidian** *interview with the Chief, Base Realignment and Closure Office, the Department of Defense (DOD) and the Department of the Army (DA) are facing many major changes throughout the force structure—nationally and internationally—and are also concerned with the well-being and employment security of their people.*

The **Star Presidian** has also been coordinating with the staff of the Civilian Personnel Directorate (CPD) to bring readers up to date on CPD actions to assist civilians. We thank Janet Rosselle, Director of the Civilain Personnel Directoraate, and Rick Hall, acting deputy director, for their assistance and for sharing what they know and what they are doing at this early point in time. The following information comes from CPD.

Since the announcement of Base Realignment and Closure Law in December 1988, the Civilian Personnel Directorate has been planning for the myriad of challenges ahead, said Rosselle.

Both Lt. Gen. William H. Harrison, Commander of Sixth U.S. Army and Presidio of San Francisco, and Colonel Swift, garrison commander, are concerned and are closely monitoring what will occur in the upcoming years as the realignment and closure process actually begins and continues through completion (the law requires realignment and closure action to begin no later than September 30, 1991, and that it be completed no later than September 30, 1995).

There are two major issues—one, how best to take care of employees affected, and two, how to best continue the Army's mission on the installation as the realignment and closure actions are being implemented.

Care for employees is paramount, said Hall; the commander has emphasized that concern repeatedly. Soldiers who are routinely transferred every two or three years may seem to be facing less of a closure crisis than are civilians who in many ways are "tenured" in their positions, unless major actions, such as closure and transfer of function directly affect them.

However, in this time of major transition, closure, and force restructuring, even soldiers with long careers will be affected by the great changes taking place.

On the civilian side, there are in existence now a number of programs to assist in locating positions and placing employees in continuing jobs within the DOD framework and within other Federal agencies.

Civilians can ultimately register for these assistance programs, says CPD. Ho ever, it is still premature to put these programs into effect as transfer of function and closure are still months and years away.

The CPD programs will be implemented when it becomes clearer exactly what will happen and when.

"At this point," said Rosselle, "CPD does not have enough specific information to advise all employees as to what will occur. There are still many decisions that must be made at FORSCOM, DA, and DOD levels that will affect the actions and the rights of the employees concerned. When decisions are made and information becomes available, we will announce and begin to carry out our programs. There are issues we can't even address yet because we don't know the details that are just now beginning to filter down.

"To talk about a future Reduction in Force (RIF), for example, would be totally premature. We don't even like to use the word "RIF" at this point in time, not only because it terrifies people, but because we in the personnel office hope to be working to place employees long before any Reduction in Force is instituted. I want to make that clear to everyone.

Also, the Bay Area has a large DOD and Federal workforce, and DOD placement programs have proven in the past to be extremely effective; we are totally optimistic about placement prospects for civilian employees on the Presidio with other agencies.

"So, I encourage people not to 'push the panic button,'" Rosselle said.

"The DOD Priority Placement Program (PPP), or example," she continued, "has been highly successful in placing employees within DOD. Through this program, DOD goes to great lengths to help employees preserve their careers intact, to protect their investment in key employees and provide opportunities within DOD agencies for continued employment.

"DoD has placed more than 90 thousand people since the program's inception 25 years ago, and its procedures are effective in rapidly and aggressively outplacing registrants," Rosselle explained.

"I should point out, too, that, of the registrants placed, 60% were placed within their own commuting area, and this number takes into account past RIFs in geographically isolated locations which makes the statistic even more impressive," she added.

"We'll be coming out with more details on our assistance programs later—and working closely with the **Star Presidian** to publish what everyone needs to, and wants to, know . . . perhaps more than people need to, or want to, know."

Several months ago, Rick Hall advised, CPD forwarded a letter to Headquarters, Forces Command, recommending 17 initiatives be adopted both to assist civilians and to insure personnel viability would be maintained during the realignment and closure process.

Some of the proposed assistance initiatives include expanding the impact of the displaced employee program; extending the Priority Placement Program (PPP) Family Member Program; seeking interagency transfer rights; and strengthening career program placement provisions for employees.

Some of the proposed personnel viability initiatives include eliminating re-employed annuitant reduction in pay; and eliminating the normal 180-day waiting period for retired military military to apply for federal employment. Many persons will be placed early through CPD programs or through their own initiative. Many civilians will retire or take early retirement. We'll address these and other issues later.

"The initiatives are being staffed at Headquarters, FORSCOM and at Department of the Army," said Rosselle, "and to date only one of the 17 initiatives has been approved—one that does not pertain to current employees here—namely administrative re-employment rights, back to their previous location, for DA Civilian careerists specifically hired to work at the Presidio during its phase-out years."

Preparing to assist civilians, the staff of the CPD has developed a command information briefing explaining what happens to Department of the Army civilians as activities are transferred from the Presidio or as jobs are abolished.

This briefing, now available, provides a general overview and will be presented, upon request, to any unit and activity at the Presidio.

Arrangements for a presentation can be made by calling CPD at **561-4999**. CPD also monitors a "Hot Line" at that number to respond to specific questions.

Additionally, CPO has designed an employee worksho p series wherein small groups of employees within an organization can meet with a civilian personnel specialist to discuss what employees may expect to occur in the future in view of base closure, to review their official personnel files, to audit previous performance appraisals, to receive information on outplacement programs available, and to ask questions about retirement alternatives.

This workshop is available now and was recently conducted with Letterman Army Medical Center civilian employees.

"CPD will continue to work closely with the Sixth U.S. Army BRACO team in an effort to stay on top of all issues and actions raised that could possibly affect DA civilians here at the Presidio," said Rosselle.

"The CPD will continue to follow-up on the initiatives submitted to FORSCOM and DA, to schedule employee workshops, to maintain professional visibility with Federal Managers in the San Francisco Bay Area which will enhance placement opportunities throughout the Federal Sector in the Bay Area, and to get ready to assist all employees however we can in the next few years. Our work in this area has just begun. We, of course, will work closely with the **Star Presidian**, too, to get the word out to the Presidio community."

Education Center class schedule

The Army Education Center plans to offer the following classes July through September:

Introduction to Microcomputers: Monday, Wednesday and Friday, 12:30 p.m. to 3:30 p.m., July 2 through July 25;

Introduction to Microcomputers: Monday, Wednesday and Friday, 9:30 a.m. to noon, July 9 through July 25;

Wordperfect 5.0: Tuesday and Thursday, 1 p.m. to 3:30 p.m., July 10 through Aug. 2;

Enable Wordprocessing: Monday and Wednesday, 1 p.m. to 3:30 p.m., Aug. 20 through Sept. 10;

Lotus 1-2-3: Tuesday and Thursday, 12:30 p.m. to 3:30 p.m. Aug. 21 through Sept. 20;

Standard Written English: Monday and Wednesday, 12:30 p.m. to 3:30 p.m. Aug. 22 through Sept. 20;

Introduction to Microcomputers: Monday and Wednesday, 1 p.m. to 3:30 p.m., Sept. 12 through Oct. 10;

Lotus Macros: Tuesday and Thursday, 12:30 p.m. to 3:30 p.m., Sept. 25 through Oct. 4;

Attendance is free for active duty military. Others pay $75 to $200 for computer workshops. Standard Written English is free for all students.

Required enrollment forms and further information are available at the Fort Scott Education Center, building 1216, and the Letterman Army Medical Center Education Center, building 1014.

Additional courses in Military Correspondence, Wordperfect 5.0 and Typing will be announced when dates are established.

Personnel

Officer promotion, retirement, separation changes eyed

Army News Service

The Defense Department is asking Congress to change the rules on how the military services promote, separate and retire active-component officers.

Legislative proposals dating back to last July seek to amend the 10-year-old Defense Officer Personnel Management Act so that the services, particularly the Army, can better carry out its mandated force reductions, explained Lt. Col. Tom Wilson in Army's secretariat.

His office has been tracking the proposals' fate through the legislative review-and approval process, culminating in a special report to the Senate and House Armed Services Committees.

The report - titled "Officer Management Legislation: Why Needed?" - surveys the history of officer force management during the DOPMA decade, defines certain problems facing today's force managers, and weighs options available with and without the proposed changes deemed necessary to cope with congressionally mandated force reductions.

Wilson noted the report's sense of urgency as he quoted from the introduction: "The Department of the Army believes that the legislation is required prior to the FY 1991 Authorization Act to allow sufficient time for personnel managers to develop and announce FY 1991 reduction programs."

Norman C. Fleming, chief of the Personnel Processing Branch of the Military Personnel Office, believes that with the proposed enlisted cuts, officer cuts are also necessary to keep a balance between managers and workers.

Given that the enlisted ranks will be severely cut in the troop reduction plan, Fleming said, "It doesn't make sense to have all chiefs and no indians."

The proposed legislation centers on certain "authorities" to be granted to the Army in the course of force reductions.

Here's how Wilson broke down the proposals by sections keyed to the DOPMA text:

• **Section 1 (Continuation Curtailment).** The service secretaries could curtail the period of continued service of any officer previously continued on active duty.

• **Section 2 (Selective Early Retirement).** Secretaries could expand the pool of senior officers eligible for selective early retirement boards by including colonels with at least two years in grade and by including lieutenant colonels "passed over" (for promotion) once. The selection would be limited to 30 percent of those considered.

The draft bill would also allow the secretaries to select Regular Army officers in grade of O-5 and below for retirement at their earliest retirement eligibility date (normally 20 years' service). This provision would be limited to officers who are within two years of retirement eligibility. Officers already on a list recommended for promotion would be excluded. The selection would be limited to 30 percent of those considered.

(Note: Under current law, officers who are considered by the boards may not be considered for another five years; that provision would be waived upon adoption of the proposed change. Under the proposed law, officers could be considered for retirement every year, although that is unlikely to be done, according to Wilson).

"There ought to be some sort of 'breathing space' between considerations for retirement," he said. "Two years between boards may be appropriate."

• **Sections 3 and 4 (Voluntary Waivers).** Current law requires that, in addition to 20 years' active service, lieutenant colonels and above must have three years in grade and all officers must have at least 10 years' active commissioned service to voluntarily retire in their current grade. To encourage voluntary retirements, the proposed change would allow the secretaries to lower these requirements to two and eight years, respectively.

• **Section 5 (Temporary Army Reduction-in-Force Authority).** This proposal would authorize the Army secretary to involuntarily discharge Regular Army officers in grades below O-5.

• **Section 6 (Separation Pay for Regular Officers).** Secretaries could identify cohort groups of regular officers with five to 20 years' service for reduction (by grade, competitive category, year group, specialty and/or other identifying factors, along with any other constraints). Eligible officers volunteering to resign (subject to secretarial approval) would be authorized separation pay.

(Note: The latest modification of that proposal centers on what Wilson describes as "enabling more equitable treatment of all officers" — namely, have the provisions apply to all officers on the active duty list, making reserve officers eligible, instead of just regular officers.

Once accessions are reduced, the Army must find ways to encourage about 10,000 officers who already are on active duty to leave. "Natural" attrition (normal levels of retirements and separations) will not solve the problem, Wilson explained.

Severance pay continued from page 1

idea. During large force demobilizations, as happened after World Wars I and II and the Korean War, "mustering-out pay," "severance pay" and "readjustment pay" were available to service members leaving the ranks. While DoD may not be facing as large a drawdown as occurred following those wars, the department is looking at some big strength reductions over the next few years.

Today, the enlisted separation pay issue is basically a matter of equity, Carr said.

"At issue is whether enlisted and officers gain a career expectation at similar points in time," he said. "In the all-volunteer force, the individual could gain a career expectation after about two enlistment periods—the seventh or eighth year of service. Separation pay is a contingency payment for an individual who is career-committed but denied a full military career."

Active duty officers serve until their career obligations are met and continue to serve until they choose to leave or are involuntarily separated. Enlisted personnel serve for specific periods of time, re-enlist, leave the military or are involuntarily separated.

Whether officer or enlisted, "each develops an expectation of a career and future. Therefore, our approach to compensation should be similar when those people advanced in their careers are not retained." Carr said. "Currently, most officers leave active duty by their own choice—fewer than one-sixth are involuntarily separated; of those, two-thirds draw separation pay."

Planners estimate that right now separation pay will affect relatively few enlisted careerists. If a greater personnel reduction is required in a compressed period of time, numbers may rise. The services are trying to reach their personnel reductions through early release programs and reduced recruiting objectives.

"In the future, the services may be asked to take a sizable reduction," Carr said. If voluntary separations or fewer recruits can't achieve reduction objectives, the services may require involuntary separations. Detailed plans have not been developed to implement involuntary separation programs.

The focus of the separation pay is on the "solid performer with a substantial career investment," Carr said. "Those people should continue to work hard and perform well. Should they be asked to leave . . . they will be recognized for their sacrifices and those of their families."

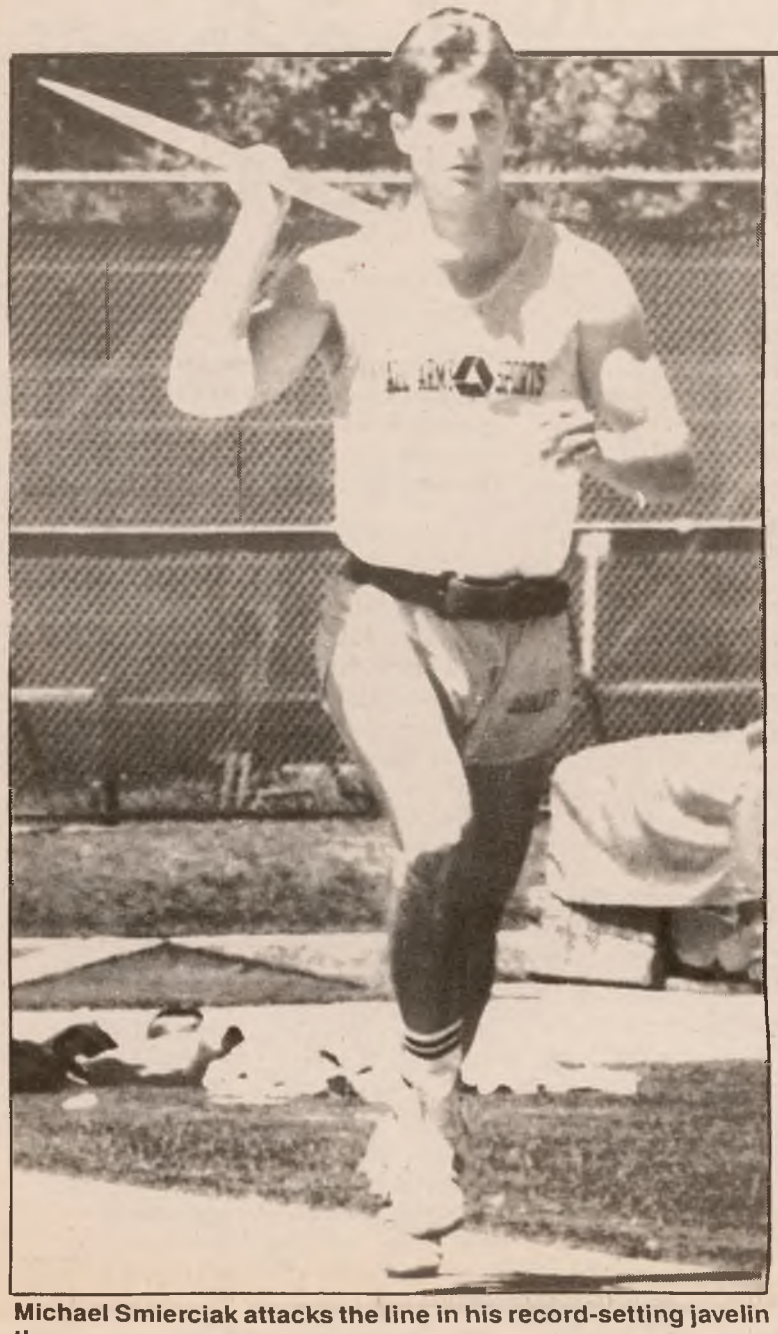
Implied Separation Pay

(Based on 1990 Active Duty Pay Table)

YEARS OF SERVICE

GRADE	7	8	9	10	11	12	13	14	15	16	17	18
E-9	–	–	–	26,060	28,666	31,977	34,641	38,153	40,878	44,600	47,387	51,296
E-8	–	17,484	19,670	22,478	24,726	27,687	29,994	33,138	35,505	38,874	41,304	44,738
E-7	12,797	15,091	16,978	19,469	21,416	24,088	26,096	29,378	31,477	34,525	36,683	39,923
E-6	11,282	13,360	15,030	17,316	19,048	21,851	23,671	26,289	28,166	31,018	32,956	35,426
E-5	10,234	12,174	13,695	15,822	17,404	19,682	21,322	23,381	25,051	26,721	28,391	30,061
E-4	9,420	10,765	12,111	13,457	14,802	16,148	17,494	18,840	20,185	21,531	22,877	24,222
E-3	8,082	9,236	10,391	11,545	12,700	13,854	15,009	16,163	17,318	18,472	19,627	20,781

(Proposed amounts are subject to congressional approval).



Michael Smierciak attacks the line in his record-setting javelin throw.



In the 800-meters, George Gillis pulls past an elbow-to-elbow fight for first.



Laura Edmark (l),walks arm-in-arm with a sailor and Marine after her devastating 5,000-meter run—an Armed Forces record.



Airman Shannon Sullivan clears 16-6, finishing first in the pole vault.



Julia

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Track & Field



Armed Forces Championship

Presidio hosts Army team during meet

story and photos by Joel P. Smith
Star Presidian

An Army athlete turned green into gold last week.

Julia Turing, competing for the first time as an All-Army athlete, took 6 gold medals in six events to lead Army women 79-34 over Air Force women at the Armed Forces Track and Field Championships June 5-7.

Turing swept the 100-meters, 200-meters and 400-meters sprints, the 1x400 and 4X400-meter relays and the javelin throw at the meet, held in Berkeley, Calif. and Vallejo, Calif.

Not in the 39-year history of the event has an athlete mined more gold, according to the deputy director of the Armed Forces Sports Office in Alexandria, Va.

"She's a highly fine-tuned athlete," said Tom Hlavacek. "Anytime an athlete walks away with six gold medals, you know she's got to be tremendous."

"I can't accept being substandard in anything," said Turing. She numbers her hours of formal instruction in the javelin at 10.

"I just find a point in the sky and say I'm going to hit it," the second lieutenant explained.

It was the fifth consecutive year that Army women have led their division in Armed Forces finals, said Hlavacek. They claimed first place in 1. of 15 events, and second in two others.

"Army women were devastating," said Maj. Steven J. Pecinovsky, Air Force Track Team coach.

At 9:15 p.m. June 7, the sun set on Vallejo and the Air Force womens' bid at upsetting Army. Coach Pecinovsky shouldered a gym bag and followed his team out of the field, echoing voices that named Turing.

"Everyone was pretty intimidated by her," Pecinovsky noted. "She was the superwoman of the meet."

"We thought we had a good run at first, and suddenly we were looking at second," Pecinovsky lamented.

Army men narrowly missed a third consecutive win at the championships, shadowing Air Force men 76 to 78 1/3 points.

Dhorta Harrise led soldiers to a sweep of all men's hurdles at the meet, taking first in the 110-meter highs, and 400-meter intermediate hurdles.

Soldiers also set three Armed Forces Track and Field records at the meet.

Michael Smierciak ripped a 225-9 javelin toss to outdistance the 1988 Armed Forces record of 224-10, set by Jason Twedt of Army.

Stephanie Thomas shaved a tenth of a second off Darlene Grant's (Army) 1984 100-meter hurdles record with a 13.8 sprint.

Bitter cross winds that hung the Bear State's flag out like a road sign couldn't stop Army's Laura Edmark.

At Vallejo High School's Corbus Field, white gulls hung motionless in the wind as Edmark sailed past year-old 5000-meters mark of 17.05.04., turning in a 17.01.85.



Turing sprints to a fifth gold medal in the women's 200. Ultimately, Turing won six gold medals in the 3-day event— an Armed Forces record.

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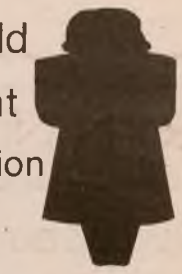
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Health & Sports

Sports Notes

Pony League Baseball

Braves 4 Presidio 3. The score book shows a loss, but the Presidians played like winners before the unbeaten Braves managed to eke out a narrow victory in the last inning of play. Defense was the key as the Presidians made the difficult plays to shut down the hard—hitting Braves.

Norman Crittle, Steve Priest and Michael Bryant each contributed sparkling defensive plays. Catcher Dan Talomonte cut down two runners on the basepaths with fine throws. Pitcher Mike Stenger responded to the defensive support by limiting the Braves to one run on one hit during his five innings at the mound. Crittle scored two runs and Priest one by alert baserunning. The Presidians finish the regular season with nine victories and six losses; qualifying for the playoffs.

Giants and A's games

The San Francisco Giants will admit Armed Service Personnel to general admission free wit an active duty ID. This offer is good for all games Monday through Sunday. Family members not included.

The Oakland A's will sell Half-price tickets at the coliseum to active duty members.

Racquetball tourney

The Presidio Sports Branch will host a racquetball tournament June 15-17.31.

The tournament will begin at 5 p.m. Friday. Competition will be conducted in four divisions as follows: Open Division, Women's Novice, Women's Open and Seniors, 40 years or older. An entry fee of $5 will be charged for each event entered.

The tournament is open to all active duty military and family members (19 years or older).

Anyone interested in entering the tournament must sign up at the Post Gymnasium.

For further information, call the Tournament Director, John Funes at 561-5032 or 561-4131.

A meeting for all participants will be held at noon, June 12 at Gym No. 1.



ARMY BIRTHDAY JUNE 14



VDTs

Are they hurting your health?

by Drew Seaman
Star Presidian

Your video display terminals may be hazardous to your health, according to a number of publications in the mass media.

Computer use has increased substantially in the past few years. An estimated 20 million Americans now use VDTs in their workplaces. With that increase has been the growing concern over the safety of their usage.

But there's no need to be concerned, according to the chief of the Health Physics Office at Letterman Army Medical Center.

"**The growing concern** of problems with VDTs can be related back to eyestrains, visual disturbances, muscular-skeletal complications and stress; and not to electromagnetic radiation emmissions," said Maj. Berg Sagel.

Lt. Col. Robert N. Cherry, a Health Servic Command Radiation Protection Staff officer, quotes the National Council on Radiation Protection and Measurements as saying, "The magnitude of exposure fields and induced currents in the body at the position of the user of both older and newer model VDTs are well below levels shown to cause harmful biological effects by our standards."

The article adds, "the NCRP panel also said exposure level and induced body currents, due to the newer models of VDTs, are better than world standards."

Within the Sixth U.S. Army community, our research hasn't indicated a trend or a problem with VDT users, said Robert F. Kephart, the safety and health manager.

Joyce Hinz, the 6th U.S. Army safety specialist added, most of Federal Employee Compensation Act claims, based on a ten year study, were for individuals who had visual and muscular-skeletal problems associated with the use of VDTs."

Kepart added, "The visual problems could be tied back to suboptical levels of contrast or excessive glare from the screen and or lack of sufficient rest breaks."

These common ailments can often be easily solved by adjusting lights or keyboards and standing up when printing a document, said Kephart.

Joan Kulla, occupational health program manager for the LAMC prevention medicine clinic, said the VDT work areas and machines should be made as flexible as possible to allow for individual control of the keyboard height, screen height, chair adjustments, leg room, and viewing distance.

Kulla recommends the following actions be taken to avoid the discomforts that result from VDT use:

- The user should be 22-26 inches from the screen, which should be positioned at or below eye level.
- A detachable keyboard should be used to allow for rearrangement and movement, according to the needs of the job.
- Non-reflective screens or filters and indirect lighting should be used to minimize glare.
- A chair that supports the back, adjusted so the feet can rest on the floor or footrest, should be used.
- Do frequent neck rolls to the sides and fronts only. To stay limber, do shoulder shrugs and rolls and leave the workstation occasionally.



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Community Calendar

Military Preretirement Orientation

A Military Preretirement Orientation will be presented at the Presidio Officers Club, building 50, Tuesday, July 24 from 8:30 a.m. to noon. An open invitation is extended to you and your spouse.

There will also be a Resume Writing class Thursday, July 26 from 1 p. m. to 4 p.m. There are only 20 seats available. Reservations are required and can be made be made by calling the Education Center at 561-4445 or 561-2974.

For more information, call N.C. Fleming at **561-3183** or **561-2721.**

Parent Effectiveness Training

Parent Effectiveness Training will start June 21 from 6:30 p.m. to 9 p.m. at Army Community Service, building 103B. The eight week training program is free.

Advance enrollment is required

For more information or to enroll for training, call Priscilla Fleischer at **561-4513.**

Reno weekend

ITT is offering a trip to Reno, Nevada for $72 a person. The trip includes transportation and two nights lodging.

The full payment must be received by Friday, June 22 at ITT, building 215.

For more information, call ITT at **561-3992.**



'Total Recall'

On Mars in a desperate attempt to find out why strangers are trying to murder him, Quaid (Arnold Schwarzenegger) is accosted by a mutant after meeting Melina (Rachel Ticotin), a woman he has seen in his strange dreams, in the sci-fi thriller "Total Recall," now showing in Bay Area theaters.

Farewell coffee

Anyone in the Presidio community who would like to participate in saying farewell to Sue Graham (Maj. Gen. Todd Graham, Sixth U. S. Army Deputy Commander) is invited to attend a coffee Wednesday, June 27 from 10:30 a.m. to 12:30 p.m. at Quarters No. 1, 1 Muir Loop.

Please make your reservation by calling during duty hours 561-3950 or 561-2969 before noon Monday, June 25.

For more information, call Nancy Carlson **928-8223.**

AER keyperson

Individual contributions in support of the Army Emergency Relief Campaign can be made by contacting your local AER keyperson.

Maj. Brady P. Lawrence, Chief Human Resources Division, Deputy Chief of Staff for Personnel, is the Sixth U. S. Army's keyperson for this years' campaign, which ends July 1.

To find out who your keyperson is SFC Jared at **561-2993** or **561-3097.**

Presidian needs leave donated

A Sixth U.S. Army employee has a medical emergency and has no sick leave or annual leave. This employee has asked to become a leave recipient.

Anyone wishing to donate leave, please contact Katie Malone at the *Civilian Personnel Directorate* at **561-3887.**

Youth Services Summer Program

Registration is now open for the Youth Services Summer Camp. This year our Summer Day Camp will include a choice of two camps. The Big Camp is all day from 7 a.m. to 5:30 p.m. The Mini-camp is open 10 a.m. to 2 p.m. Both camps are geared for lots of outdoor activities, with swimming, hikes, arts and crafts, and trips to Great America, Marine World and other exciting places.

Registrations are being accepted at the Youth Activities center, building 1331 at Fort Scott. For more information, call the center at **561-5910.**

The write stuff

An effective Army writing will begin June 12 through July 28, Tuesdays and Thursdays, 1 p.m. to 3:30 p.m.

For more information, call the Army Education Center, building 1216 at **561-2974** or **561-4445** or Letterman Army Medical Center, building 1014 at **561-3692** or **561-4791.**

Vacation Bible School

The Presidio Post Chapel's Vacation Bible School will begin Monday, June 25 and run through Thursday, July 12. Classes will be held at the Religious Activities Center, building 682 for children 5 to 12-years-old. Classes will be 9:30 a.m. to 11:30 a.m. Mondays through Thursdays.

Bus services will be provided to all Presidio Housing/Area residents.

To register, come by the Religious Activities Center, building 682, Sunday through Thursdays, 7:30 a.m. to 4 p.m.. Classroom space is limited, so please register as early as possible.

Golden Gaters

Two events for June and July will be held by the Presidio Golden Gaters (over-40s singles). There will be dinner and dancing at the Presidio Officers' Club Saturday, June 30.

Call P.M. Madden at **821-7858** for reservations and information.

Food Basket Program

If you are moving, and you have unopened canned and packaged food you want to leave behind, you can donate them to the Hands-Across-the-Presidio Food Basket Program.

Donations may be left at the Army Community Services, building 103B, Monday through Friday, 7:30 a.m. to 4:15 p.m.

For more information, call Erick Davis at 561-5256.

S.A.T.

Soldiers planning to take the Scholastic Aptitude Test for college entrance must test by July 19 to receive a score report before late October or November. Tests cannot be given between July 20 and Sept. 10. For more information, call a counselor at the Fort Scott Education Center, building 1216, 561-4445 or 561-2974, or the Letterman Army Medical Center Education Center, building 1014, 561-3692 or 561-4791.

S.F. Marathon

The San Francisco Marathon is back. The race will be July 1 at 7 a.m. on the Golden Gate Bridge.

Volunteer duties include directing runners and helping the police maintain crowd and vehicle control.

To volunteer or for more information, call Raymond F. Brown at **752-5212** after 6 p.m.

Swimming lessons

Registration is now open for youth swimming lessons at the Post Gym No. 3. Lessons begin June 18, with beginners classes at 8 a.m. and 9 a.m., advanced beginner classes at 9 a.m. and 10 a.m., and intermediate classes at 10 a.m.

Youths must be 36 inches tall to participate.

Registration takes place at the Youth Activities Center, building 1331 at Fort Scott. For more information, call the center at 561-5910.

At the Movies

Presidio Theater

Fri., June 15: Ernest Goes to Jail (PG), 7 p. m.
Sat., June 16: The Hunt For Red October (PG), 7 p. m.
Sun., June 17: The Hunt For Red October (PG), 7 p. m.
Mon., June 18: Stella (PG-13), 7 p. m.

Hamilton Theater

Fri., June 15: Tremors (PG-13), 7 p. m.
Sat., June 16: The Frog (G), 1 p. m.
Sun., June 17: Who's Harry Grum (PG), 4 p. m.



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CARING

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SUMMER FUN

Best beaches, coziest coves, page 9



CALENDAR NEWS

What's free, what's for you? page 11



Star Presidian

Vol. 33, No. 26 June 21, 1990

News Briefs

Lincoln Boulevard closure

Presidians who drive on Lincoln Boulevard between 25th Avenue and the Golden Gate Bridge will have to travel a different road Tuesday June 26.

Merchant Road, as well as a portion of Lincoln Boulevard, will be closed from 7 a.m. to 5 p.m. for the repaving of certain areas. Both roads are scheduled to be open for normal traffic Wednesday.

The affected area will be closed all day to allow road crews to repair damaged sections of Lincoln Boulevard between the World War II Monument and the intersection of Merchant Road and Lincoln in particular.

Merchant Road is the streett that runs from the Golden Gate Bridge toll plazza south to Lincoln Boulevard.

The Presidio's Directorate of Housing and Engineering will post detour signs to redirect traffic around the affected areas.

Southbound traffic from the toll plaza will be detoured away from Merchant Road, beneath the toll plaza to Lincoln Boulevard, and allowed to follow Lincoln Boulevard as far south as Storey Boulevard.

Traffic approaching the toll plaza along Lincoln from the southern end of the Presidio will be rerouted east along Kobbe Avenue to Park Boulevard, then north along Park to Lincoln Boulevard.

Provost Marshal office closing

The Provost Marshal Office will close June 28 at 11 a.m. and reopen June 29 at 8 a.m. The office will also be closed July 6 and open July 7 at 8 a.m. For more information, call Sergeant D. Langdon at **561-3591** or **561-3811.**

Job match meeting

A Job Match meeting for all supervisors participating in the Job Training Partnership Act Summer Program will be held Monday at 1 p.m. in the Post Theater. The high school students who will be working from Monday through Aug. 17 will be attending this meeting. It is important for each supervisor to be present so the work sites and students can be matched up. For more information, call Gil Catano at **561-2255.**

Medical retention board

All soldiers with a permanent physical profile with a factor of three or four will be mandatorily referred for evaluation to an MOS/Medical Retention Board. The next scheduled MMRB will be held at the Sixth U.S. Army Conference room July 17 at 8 a.m.

For more information, call Ador Calica or SSgt. Martin, Military Personnel Operations Branch at **561-2151, 561-3297,** or AUTOVON **586-2151** or **586-3297.**



photo by Drew Seaman

Marathon men

Celebrating the Army's 215th birthday with a marathon of their own, Pvt. 2 Richard A. Yeomans (l) and Sgt. Lawrence D. Reed reach the halfway mark of their 215-mile leg. A team of 10 men ran a total of 215 miles, honoring the event. For the story, see pages 6 and 7.

Army offers enlisted early outs

by Joel P. Smith
Star Presidian

A new early out program allows enlisted soldiers to leave the Army up to 90 days prior to their scheduled separation date.

Under the "Enlisted Voluntary Early Transition Program," soldiers who are eligible for separation in 1990 may apply for an early exodus.

The plan is targeted toward soldiers "who do not intend, or are not eligible, to reenlist," according to the Department of the Army.

"I believe this is the best way for the Army to cut its strength," said Capt. Morris G. Hayes, Presidio Transition Point commander.

"It's better for the Army to take volunteers—before kicking anybody out," Hayes added.

Soldiers ineligible for the program are those:

- Pending trial by court martial.
- Under investigation for military offenses likely to result in trial by court martial.
- Pending a force out.
- Sentenced to an punitive discharge after conviction by court martial.
- Pending a medical discharge which does not allow for separation within the early out window.

Soldiers who apply for the program in order to at-

see Early outs, page 3

Commissary, PX test new ID policy

story by Troop Support Agency and
Star Presidian staff

The U.S. Army Troop Support Agency is using the Presidio Commissary to test a new Army ID policy.

One of 68 facilities worldwide participating in the test, the Presidio Commissary is allowing customers to enter the store without ID. Instead, IDs are being checked at the cash register.

According to the agency, a Department of Defense "Study of Military Commissaries" found front door ID checks cost taxpayers $7.8 million each year.

The change, DoD believes, will cut operating expenses at the facilities.

Since early February this year, the Main Post Exchange has been using the system to improve store/customer relations.

"I have to say the program's been very successful," Michael M. Stafford, store manager, said.

"You're not asking the customer for his ID every time he turns around—at the ID stand, the check-cashing counter, the cashier's desk. It's not so much harassment this way," Stafford explained.

The manager also noted that Presidio stores using the new system have stopped bottlenecks at the entrances, where long customer lines usually form during peak shopping hours.

see Policy change, page 3

Voices

Presidio View

by Lt. Gen. William H. Harrison



This week on post

Dear Presidians -

Yes—duty at the Presidio of San Francisco—A Very Special Place, continues to be GREAT—despite the pain of FORSCOM Summer and so many of our folks being gone for Annual Training. Let's face it, that's what a lot of us are all about—helping our TOTAL ARMY team during this very important and demanding time. So, let's enjoy our precious time here and appreciate our opportunity to serve.

This past week was a very difficult one for the Office of the Commanding General. Ms. Eileen Shearrow, the CG's Secretary retired after 36 years of loyal and dedicated service to the U.S. Army. This includes service as CG's Secretary to six, yes six, Sixth U.S. Army Commanders. Employees such as Ms. Shearrow play such a vital role in the continuity of the command—they are indeed the institutional memory as we uniformed members come and go. During my tenure Ms. Shearrow was a strong right arm and I and all my staff will miss her. I know that all of you who knew Eileen and had the opportunity to work with her join me in wishing her well. May her retirement be long, healthy, happy and truly fun filled. From all of us Eileen—a real loud and sincere Hoo Ah!

On Friday the 15th I hired Ms. Joyce Teague, Secretary to the Deputy CG, as my new secretary. Welcome aboard Joyce—we look forward to working with you. This action took place following a number of interviews with some truly outstanding civilian employees—all well qualified and extremely professional. Meeting and talking to these folks reinforced my views on how fortunate we are in the U.S. Army to have such talented, dedicated employees. To all the personnel I interviewed, thanks again for your interest all best wishes for your continued success and happiness.

On Tuesday I spent the day at Camp Roberts, California, observing the 40th Infantry Division, (MECH), California Army National Guard undergo a major training exercise called Battle Commanders Training Program (BCTP). This is a National Training Center like exercise for division and corps commanders and staffs. It is very intense and demanding. The 40th did well and we all congratulate them. We also congratulate all the members of Readiness Groups, Los Angeles and San Francisco for their assistance to the 40th and to all the various USAR members and units who supported the 40th and to all the Sixth Army staff who assisted or acted as evaluators. It was a great exercise and makes our TOTAL ARMY more trained and ready. Hoo Ah!

On June 13 and 14 a team of runners from Headquarters Command Battalion ran in relays, for 215 miles in celebration of the Army's 215th Birthday. What a super event and to each team member a real loud Hoo Ah! The team was led by the Headquarters Command Battalion Commander, Major Ron Benton and consisted of:

Runners: LT Tom Van Swol, Spec. Scott Moss, Sgt. Anthony Garris, PV2 Terry Neukam, Spec Charles Curry, PV2 James Banks, Spec. Brian Warfel, PV2 Richard Yeomans II, PFC Leonard Green, Maj. Ron Benton.

Alternate: Sgt. Larry Reed, PFC Ulysses Sherman Support Personnel: Sgt. Joe Mendoza, PV2 Sammy Brown, PV2 Robert Pitts, and Spec. Edward Flowers.

Thursday was the Army's 215th Birthday and the 213th Anniversary of our U.S. Flag. It was a glorious day kicked off by a super Sixth Army and Presidio of San Francisco Fun Run. The great Sixth Army Band serenaded us before and after the run, the 215—mile team presented us with a baton they carried for the entire 215 miles, the CSM provided a birthday cake and lemonade, and all in all, a good time was had by all.

Let me take this opportunity to say to all you Presidians that don't come out and participate or just observe our fun runs that you're really missing a great time. We have runners and walkers and even some who just come to join in the fun and spirit. So—if you're looking for a fun time—come join us in any capacity. Our next run will be June 29 at 1500 (3 p.m.) in front of Sixth U.S. Army headquarters. See ya' there!

The Army birthday was capped off by a really spectacular Army Ball on Thursday night. CSM Whiteford, Sixth Army CSM and CSM McVey of LAMC and his Ball Committee did a very great job of organizing this affair. We had over 250 attendees and everyone seemed to have a good time. The color guard, the band, the Officers Club, the MPs et. al. did a wonderful job.

A special thank you to our local AUSA chapter which purchased a number of tickets for some of our soldiers. The Thrift Shop also contributed to this effort. The Enlisted Spouses Club donated the centerpieces and the decorations and even came and decorated the club. So, all in all, The Presidio of San Francisco—A Very Special Place, really celebrated the 215th Birthday—and we're looking forward to the 216th!! Hoo Ah!

Oh, I almost overlooked a really super treat at the Ball—SGM Kisimoto of the 6232D USARF School sang the Star Spangled Banner. It was truly moving and was very much appreciated by all. Thanks SGM Kisimoto and for you a special Hoo Ah!

Remember last week I mentioned the second annual Supersleuth Run? Well, heartiest congratulations to all the winners—

8K Men - Eddie Fyer, FBI

Women - Susan Kazmer, Naval Investigative Service, NIS

2-mile Men - Bill Volf, Honorary CID*

Women - Judy Cheng, Health and Human *Services, OIG*

* Actually Sgt. Jeff Oates won but due to "the press of duties" had failed to register so - Capt. Bill Wolf was declared the winner. Anyway Jeff, we know who broke the tape! Hoo Ah!

I'll be TDY to South Dakota and Washington, D.C. next week. I hope all you Presidians stay healthy, safe and happy. Enjoy the Presidio of San Francisco—A Very Special Place! God Bless you everyone.

William H. Harrison
Lieutenant General, USA
Commanding



photo by Chuck Blancet

Sgt. Jeff Oates 'breaks the tape' at the finish-line for the Supersleuth 2-mile run.

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All editorial content of the *Star Presidian* is prepared, edited, provided, and approved by the Public Affairs Office of Headquarters Sixth U.S. Army and Presidio of San Francisco, California. The *Star Presidian* is printed by Coast Publishing, a private firm in no way connected with the Department of the Army, under exclusive written contract with the Presidio of San Francisco, California. The civilian printer is responsible for commercial advertising.

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News to Use

Ask Presidians:

Women in combat, what do you REALLY think?

by Adrienne Sims
Star Presidian



SGM William L. Rhea, Centralized Aviation and Readiness Training Team, Hamilton Army Air Field: "I disagree with the law that women shouldn't go to combat. If women get paid like I get paid, they should do the same job I do. Equal play for equal pay."



Vearnita F. Morrison, PX cashier: "No, it's a man's job, because a women can't really do what a man does. It's not guaranteed to be safe for women to be in combat. I think the military should have more respect for women. If they don't want to go to combat, they shouldn't have to go. It's bad for women if they have children or husband, the kids would lose out in a lot of ways."



Maj. Arnold C. Davis, adjutant general, U.S. Army Garrison: "Yes, I believe women should go to combat. They are capable just as males are. Women receive the same benefits as males, and they should defend them. I would feel just as badly if I lost a son in combat as if I lost a daughter."



Cpl. Fred A. Elder, Mail clerk, U.S. Army Garrison: "Yes, I do believe women should be in combat. That's their option to put themselves in a situation to defend their country—which is why they join the military. They should be allowed to. If the country were to go to war, I believe women would be involved, anyway.



Spec. Brenda N. Watson, secretary of general's staff administration clerk, Sixth U.S. Army: "Yes, I feel women could be quite an asset in a combat situation. Women have proven over and over again how strong and positive they can be in the worst situations. We are the back bone in America's society. We keep our country together."

No sweeping early retirements

Anyone who follows the news has probably seen a lot of hints at generous early retirement programs to be offered to Defense Department employees. There's nothing to those stories, according to a top DOD personnel official.

"We don't want to lose good people unnecessarily. Despite wishful thinking on the part of some people, DOD is not currently planning a department-wide early-out," said Frank Cipolla, acting deputy assistant secretary of defense for civilian personnel policy.

Cipolla acknowledged, however, that his office could devise an early-out plan if DOD needs one to avoid widespread reduction-in-force actions. At least 5 percent of the total DOD work force would have to be facing involuntary separation before a departmentwide early out would be considered, he noted.

"The only early retirement proposals being considered now are locally generated ones," Cipolla said. "Under the current system, if an activity faces cutbacks that may make involuntary separations necessary, its personnel office prepares a proposal and sends it to us through channels. We review it, and if we agree, we send it to the Office of Personnel Management. If OPM agrees, the activity will offer early retirement.

"Right now, we're letting the system work and it works expeditiously and well."

Early outs from page 1

tend college or pursue an advanced education, or accept other employment have a better chance of getting an early out, according to Department of the Army.

Unit commanders have the authority to approve requests, which must be made on a DA Form 4187.

Before final approval is granted, each soldier seeking an early out must be counseled by Army education officials. Since early separation, in some cases, can forfeit or reduce GI Bill and Army College Fund benefits, it's in the soldier's interest to seek advice from education experts here.

On post, counseling for the program will be done at the Fort Scott Education Center, building 1216. Soldiers may also visit the Letterman Army Medical Center Education Center in building 1014.

According to Barbara M. Hug, college coordinator for the center, counselors have written a summary of how the early out program may affect benefits.

Each applicant is required to read the summary, and present a signed counseling form to his or her commander as proof of having been counseled.

Before separating, each soldier will also be counseled by Army officials about Veteran Administration entitlements, and enlistment in the Reserves.

Officials on post expect a sharp increase in the number of separations this summer, as a result of the program.

Summer is a historically high period of separation, because many soldiers enlist fresh out of high school and leave the service two, three or four years later.

But the early out program should account for an even higher number of separations, according to the Transition Point Commander.

The Presidio is an out-processing station for soldiers stationed in Korea, Hawaii, Japan, Okinawa and local bases. Given that soldiers from these posts traditionally separate from the Presidio, as many as 800 early outs are predicted for June, July and August, Hayes said.

The "average" figures for those months, for the Transition Point, is 600, he noted.

While the program may be attractive to those soldiers wishing to separate, those remaining stand to gain little, according to the Installation Adjutant General's Sergeant Major.

Sgt. Maj. John B.M. Hansell said early outs may cause a temporary shortage of personnel on post. Ordinarily, the post knows the exact date a soldier will leave his job. Thus, the post 'requisitions' a replacement, usually three months in advance of the the soldier's separation date.

Hansell noted, though, "The [early-out] program should not adversely affect the overall mission [here] due to the small number of post soldiers who are eligible to take advantage of this program".

Policy change from page 1

Proper ID is still required to make a purchase at any post Army and Air Force Exchange Store or Commissary. Traditionally, all persons are "carded" on post, whether in uniform or not. (Many commissaries do not require ID of uniformed personnel.)

Shoppers without proper ID will be asked to leave the facility, whether they are accompanied by an authorized customer or not. Also, authorized shoppers who bring in unauthorized persons will be informed they are violating their commissary privileges.

The test will conclude in late summer. At that time, the Troop Support Agency will evaluate the results and determine whether there are enough savings to justify a permanent switch to the new system.

The Air Force, Navy and Marine Corps have instituted similar tests in their facilities.

Open season on savings plan

Employees covered by the Federal Employees Retirement System (FERS), the Civil Service Retirement System and similar plans, should take note that it is currently open season for the Thrift Savings Plan (TSP).

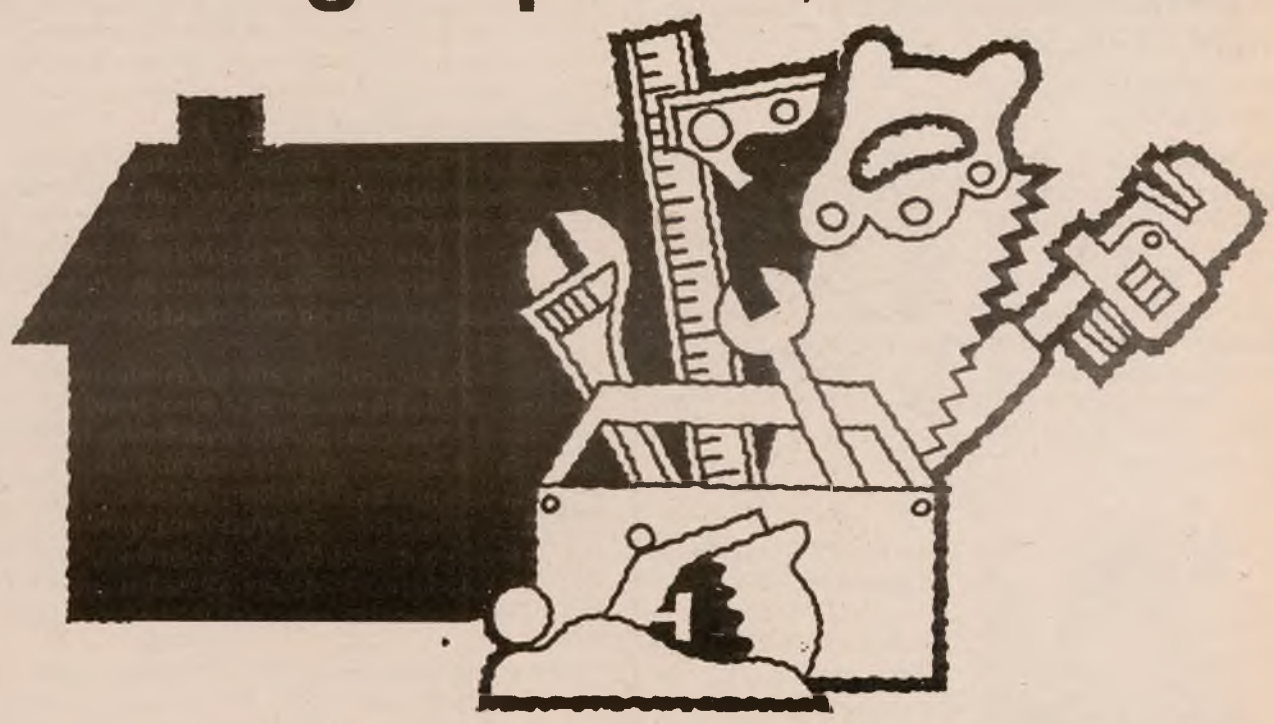
As of May 15, and through July 31, eligible employees can enter the plan and, depending on their employing agency, set aside as much as 10 percent of their basic pay, each pay period. Employees already enrolled can choose, during open season, to increase or decrease their deduction, or change their investment opportunities. The plan is especially important for FERS employees because the TSP is one of three parts of your retirement coverage. The government contributes a minimum of 1 percent of your basic pay and a maximum of 4 percent in relation to your contribution of 0 to 10 percent.

If you fail to contribute to your TSP account, you will miss out on a significant portion of the government's contribution to your retirement benefits. Last year, as much as 60 percent of eligible civilian employees failed to take advantage of the plan. Remember, the closing date is July 31. If you miss this date, you will have to wait until November 15, 1990 to enroll.

To find out if you are eligible and, if so, how to participate in the Thrift Savings Plan, call Francisco da Costa, agency administrator of the Civilian Personnel Office's Retirement Section at (415) 561-5724.

Housing

Military family housing request: $3.4 billion



By Tim Downey, AFIS

A $3.4 billion Department of Defense family housing request has been submitted to Congress for fiscal year 1991. If money is appropriated as requested, the lion's share will be used for maintenance and repair with substantial increases funneled to leasing options.

The DOD request represents an increase of 3.3 percent over the previous fiscal year appropriations. David Berteau, principal deputy assistant secretary of defense for production and logistics, presented the submission. He explained why the increase is needed, even though Congress and DOD are in accord that the number of people eligible for the housing will decrease in this decade.

"We have a decaying infrastructure. The vast majority of that housing is at least 30 or more years old," said Berteau. "So most of our request goes for repair, maintenance and improvements. More than $600 million goes for leases—almost entirely short-term overseas leases.

"In fact, only $155 million of the request, or 5 percent, is for new construction. That figure covers a total of 1,249 new housing units, over half of which are in Southern California, a very high-cost housing market."

Berteau indicated that roughtly two-thirds of military families live in local communities and receive a quarters allowance from which to pay their rent or mortgage. The other third live in 396,000 government quarters and 31,000 leased units.

Much of the housing was built in the 1950s and has not been substantially renovated, said Berteau. Typical problems include worn-out kitchen cabinets, flooring, roofs and dangerous electrical systems. Tenants often complain about outmoded heating systems, poor insulation and the lack of double pane or storm windows, he added.

DOD's California building locations include Camp Pendleton (116 units for $12 million); Long Beach (300 units for $25 million), and San Diego (300 units for $32 million).

Berteau called leasing perhaps the most efficient way to house service members and their families in a number of areas. DOD employs several leasing arrangements, such as 20-year "build-to-lease" housing, the Rental Guarantee Program and the Government Rental Housing Program.

The first category is used only when DOD can lease for at least 5 percent less than it could build. Currently, almost 5,000 units are completed and occupied and several thousand more are under construction.

The Rental Guarantee Program provides land to the developer at no cost and guarantees up to a 97 percent occupancy rate. Initially unsuccessful, recent program changes may have fixed the problems, so DOD is requesting a one-year extension to monitor results.

"Private programs aren't always the right solution," Berteau said, "but when they are, we get excellent housing at less cost, and are able to reduce our requests for military construction."

The bulk of the $617 million DOD seeks for leases revolves around 43,000 new and existing units overseas. In light of the political changes in Europe, Secretary of Defense Dick Cheney clamped a moratorium on the award of all new construction contrcts. With the administration expectation of a Conventional Forces in Europe treaty this year, leasing rather than building is the preferred method of providing housing for service members and DOD civilians.

"Requesting authority to make new and existing leases—all no more than one year—leaves us in a position to easily plan whatever drawdowns we have to have," Berteau said. "It's a tremendous advantage to lease housing, because it gives us the flexibility to pull out and move back . . . yet we're able to provide military members and families with adequate, affordable housing in the meantime."

The change to short-term leasing does not mean, however, that no military construction is needed in Europe.

"The enormous pressures on the DOD budget should not be allowed to overshadow the fact that these facilities will support our post-CFE forward-deployed forces," Army Gen. John Galvin, commander in chief, U.S. European Command told the House Armed Services Committee in March. He said his command's MILCON request was its lowest in nine years.

Berteau noted that no single approach can satisfy everyone's needs for affordable, quality housing. Instead, DOD must examine a variety of options to determine the best value for the lowest cost.

He praised the Government Rental Housing Program in West Germany as one that works because everybody benefits. "We keep the landlords' units fully rented . . . and service members are relieved of the risky and difficult business of negotiating for housing in a foreign culture."

But even if funded as requested, DOD's housing shortages won't disappear overnight, noted Berteau. "Few installations don't have a waiting list. No matter where the force structure ends up, we'll still have housing deficits. We'll still have places where people cannot afford to live on the outside economy."

Service members live in installation housing for many reasons, including a requirement because of their command position or job, or they're in an isolated location. These people generally forfeit housing allowances that average $4,200 annually for enlisted members and $7,200 for officers.

"Average" masks a heck of a lot of different things, notes Berteau. Housing costs vary considerably from Fort Huachuca, outside Tucson, Ariz., to San Diego. "You've got VHA (Variable Housing Allowance), but frequently that doesn't make up the difference," he said, adding that just about everybody currently bears some out-of-pocket housing costs.

Berteau said Secretary of Defense Cheney's emphasis on quality of life makes housing renovation and improvement a high priority item. "Providing service members, their families and eligible civilians excellent housing lets them concentrate on doing their best work. We do it so they'll be willing to relocate their families to both isolated and high-cost areas. And we need to continue to attract and retain talented people."

Education Center class schedule

The Army Education Center plans to offer the following classes July through September:

Introduction to Microcomputers: Monday, Wednesday and Friday, 12:30 p.m. to 3:30 p.m., July 2 through July 25;

Introduction to Microcomputers: Monday, Wednesday and Friday, 9:30 a.m. to noon, July 9 through July 25;

Wordperfect 5.0: Tuesday and Thursday, 1 p.m. to 3:30 p.m., July 10 through Aug. 2;

Enable Wordprocessing: Monday and Wednesday, 1 p.m. to 3:30 p.m., Aug. 20 through Sept. 10;

Lotus 1-2-3: Tuesday and Thursday, 12:30 p.m. to 3:30 p.m. Aug. 21 through Sept. 20;

Standard Written English: Monday and Wednesday, 12:30 p.m. to 3:30 p.m. Aug. 22 through Sept. 20;

Introduction to Microcomputers: Monday and Wednesday, 1 p.m. to 3:30 p.m., Sept. 12 through Oct. 10;

Lotus Macros: Tuesday and Thursday, 12:30 p.m. to 3:30 p.m., Sept. 25 through Oct. 4;

Attendance is free for active duty military. Others pay $75 to $200 for computer workshops. Standard Written English is free for all students.

Required enrollment forms and further information are available at the Fort Scott Education Center, building 1216, and the Letterman Army Medical Center Education Center, building 1014.

Additional courses in Military Correspondence, Wordperfect 5.0 and Typing will be announced when dates are established.

Health

Letterman doctor aids Alaskans



by Gloria Hetherington
LAMC Public Affairs Office

"There are approximately 90,000 Alaskan natives scattered in small villages over a land mass that is about one-fourth the size of the lower 48 states," said Public Health Service Captain Robert Sullivan, one of three cardiologists with the Indian Health Service.

Although on staff in Letterman Army Medical Center's cardiology service somce 1981, Sullivan also serves the Alaskan Area Native Health Service, a division of the Indian Health Service. In addition, he is the senior consultant in cardiology for Indian Health Service.



photo by Chuck Blancet

Robert Sullivan, a captain in the Public Health Service, talks with a native Alaskan at Letterman Army Medical Center.

"The World Health Organization says that the Alaskan native has one of the highest incident rates of rheumatic heart disease in the world," Sullivan pointed out.

To combat this, he spends approximately three months of each year in the "bush" outside the Anchorage area, where he has cardiology specialty clinics and is able to follow up on some 1,000 patients with chronic heart disease.

"Patients who require high-tech cardiology, namely cardiac catheterization and possibly open-heart surgery, I schedule to bring back to Letterman for these procedures," explained Sullivan.

"Since 1981, we've performed cardiac catheterization on 266 Alaskan native patients, along with 131 heart operations," he added.

Sullivan explained that Alaskan natives comprise several tribal and racial groups, each with its own language and dialect. Besides Eskimos, which are the largest group, they include Inupiat, Yupik, Tlimgit, Aleut, Haida, Ethapaskan and Tshimshian Indians.

"These folks live a very subsistence life style, living off the land," Sullivan said. "Their diet is traditional native foods such as ugruk (seal), muktuk (whale), fish, caribou and walrus."

"They are an extremely hardy people and a great group to work with," Sullivan added enthusiastically. "They are warm and friendly and have a great sense of humor.

"Alaskans are very proud of their military involvement. In World War II, every village had a National Guard Alaska Scout Division. In fact, the nursing staffers of LAMC's Ward 9 West, by proclamation of the commander of the Alaska National Guard, have been named honorary members of the Alaska National Guard Scout Division.

"Although we have the right to bring these patients to any hospital, public or private, the level of nursing care provided at Letterman in the cardio-catheterization laboratory, recovery room, critical care unit, wards 6 West and 9 West, in addition to anesthiesiology support and excellent surgical results, plus the high level of patient acceptance at LAMC, has led me to bring essentially all of our patients to Letterman," Sullivan said.

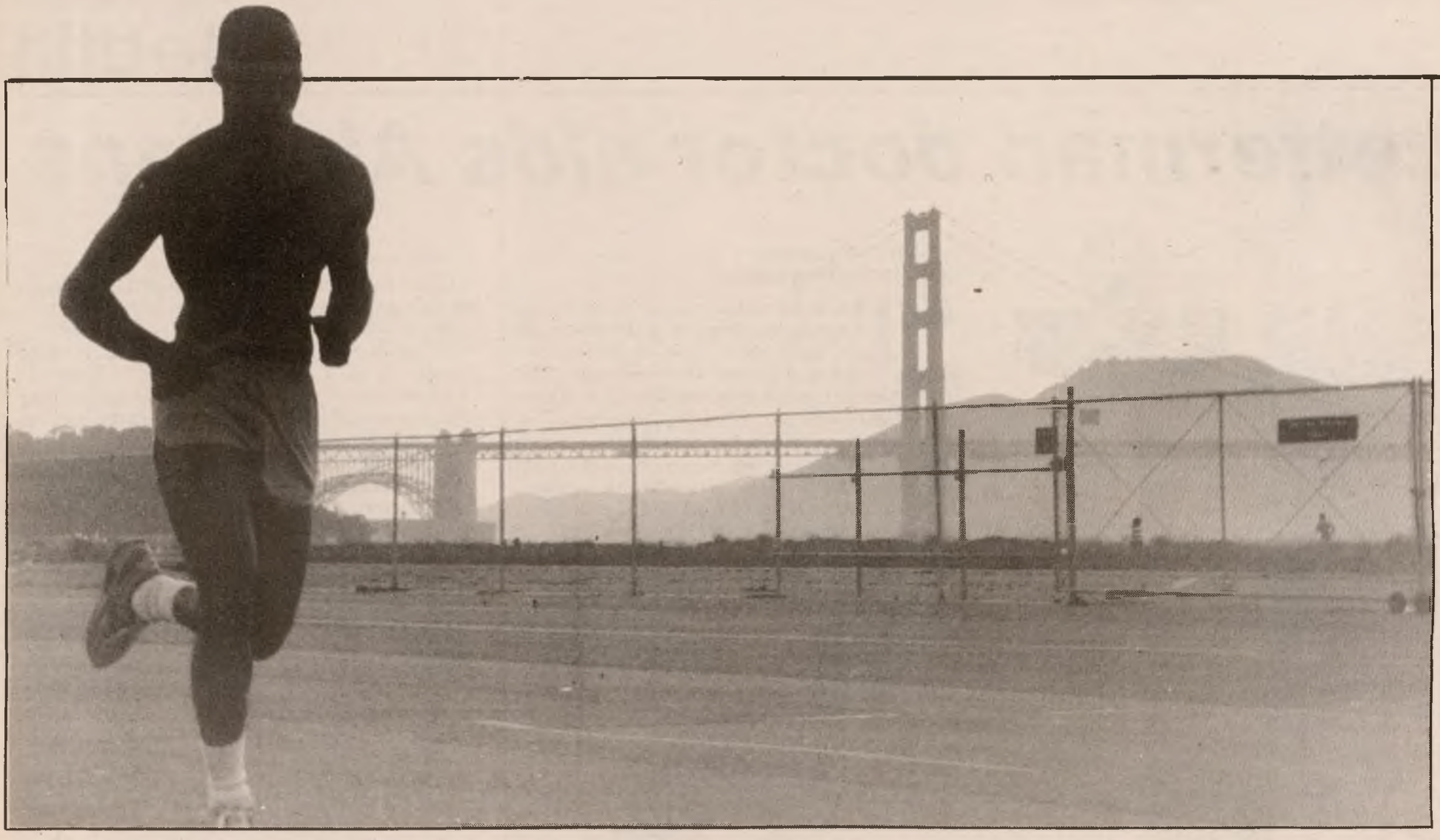
"I have closely scrutinized the cost analysis of this program," he continued, "and it has shown that we've been able to provide open-heart surgery and cardiac catheterization through LAMC at a cost to our agency of 28 percent of what private-sector costs would be. This has resulted in a savings to taxpayers of $5 million."

In addition to Alaskan natives, cardiac and cardiology surgery care is also provided at Letterman for American Indians from Montana, Oklahoma, Utah, Nevada, New Mexico and Arizona.

"We now have a similar program operating out of Denver," Sullivan announced. "It uses Fitzsimons Army Medical Center to serve the under-served Indian population in North and South Dakota and Nebraska. It is run by Commander Arvo Oopik, USPHS, who did a three-year residency at LAMC in internal medicine, followed by a two-year fellowship there in cardiology."

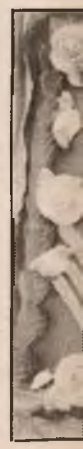
A veteran of 26 years with USPHS, Sullivan began his work in Alaska in 1971.

"I gradually became more and more involved, and in 1981 I went full-time into the Indian Health Service. I can honestly say that the proudest point of my medical career has been these past eight years."



Sgt. Anthony Garris runs his 15th mile of 21 miles beneath the setting sun.

A
B
B





The color guard steps with pride into the dance hall at the Officers' Club June 14 to start off the opening of the Army Ball.

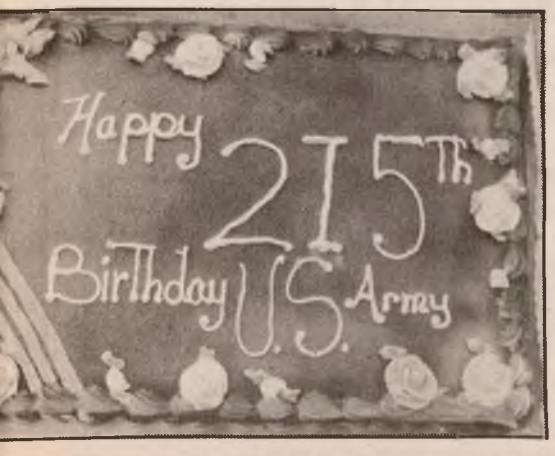


Lt. Gen. William H. Harrison leads the three mile Sixth U



Soldiers dance *the night away* during the Army Ball.

rmy's Birthday Bash





.S. Army run honoring the Army birthday.





At the Main Parade Ground, Maj. Ron Benton (r) leads his runners into the last quarter mile of the 215-mile run.

215 and running strong: Presidians have a ball

story and photos by Drew Seaman
Star Presidian

Ten sweat-stained bodies struggled against fatigue in a 215-mile run from June 14 to 15 in commemoration of the Army's 215th birthday.

Each Sixth U.S. Army Garrison runner ran 21 miles around the Presidio in the non-stop 28-hour event.

At 2 a.m., beneath the pale moonlit Headquarters Command Battalion, Maj. Ron Benton, coordinator of the run, took off through the chilly wind on his first of 9 laps around the three mile course. Benton is the commander of the battalion.

The course took him to the bottom of the post, at windy Crissy Field, stretching past the Law Enforcement Company building, winding up toward the NCO Club and back to the battalion headquarters.

There, the runner passed the red, foot long-baton to 2nd Lt. Thomas Van Suol. Emblazoned on bronze on the baton were the words, "215 mile B'Day Run, 14-15 Jun 90, Presidio." A copy of the Army proclamation was secure inside the wooden baton.

"The more they ran the faster they got," said Sgt. Jairo Mendoza, supervisor in charge of the runners' welfare. He added, "They started out with an eight minute mile. But they just cut loose and started averaging a five minute mile."

Spec. Charles Curry was timed at running a 4 minute and 25 second mile during one of his laps.

PFC Leonard Green Jr., started feeling fatigued after his 12th mile. "I thought about how much my teammates were counting on me to pass this baton on," Green said adding, "That was the only thing that kept me going because I didn't want to let them down."

Presidians watching along the routes cheered the runners on and many in their cars honked their horns in support.

Benton said he planned this event because he wanted to do something special for the Army. "This is our battalion's birthday present to the Army," he said. Benton added, "Uncle Sam is paying us to be physically fit and we're proving we are."

At 6:55 a.m., the baton was presented to Lt. Gen. William H. Harrison, the Sixth U.S. Army and Presidio commander, by Benton outside of the Sixth U.S. Army headquarters. Harrison removed the copy of the Army proclamation from the baton and read it aloud to the large mass of battalion soldiers gathered around him.

The other Army Day event was the Army Ball at the Officers' Club June 14. Women in beautiful gowns and men in Army dress blue uniforms dominated the main dance floor. The Sixth U.S. Army Band played music beneath the multi-colored balloons and glass chandeliers that hung from the ceiling.

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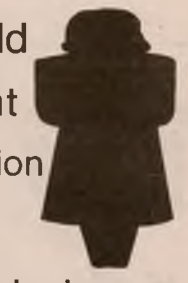
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Sports

Sports Notes

Pony league baseball

Presidio 11 cougars 3

The Presidians gained sweet revenge for 2 previous losses against the tough Cougars. Mike Stenger limited the Cougars to one unearned run during his 5 innings on the mound, fanning 9 and issuing only one walk. Norman Crittle and Steve Priest once again swung big bats to lead the attack.

Crittle drove in 3 runs with 3 hits and scored 3 runs. Priest went 4 for 4, scored 4 times and drove 1 run home. Gary Vogt and Michael Bryant scored perfectly executed suicide squeeze plays, both plays on well placed bunts by Crittle. Catcher Dan Talomonte cut down 2 base runners and contributed 2 runs in. The Cougars staged a spirited rally in the last inning before Terryl Gregg caught 2 well hit drives in centerfield to seal the Presidio victory. Having won round game of the playoffs, the Presidians advance to the division championship. The Presidio victory. Having won this first round game of the playoffs, the Presidians advance to the division championship.

1990 Presidio Youth Soccer

Presidio Youth Sports is recruiting players for it's upcoming season which will be held Aug. 16 through Dec. 16.

Registration will be accepted at Post Gym No. 2, building 1152 from 10 a.m. to 6 p.m. July 20. Cost is $10 for each child under 6 and $20 each for children 6 and older.

Parents must furnish proof of age (birth certificate or old U.S.Y.S.A. player pass) and a small photo (no larger than 1.5 inches x 1.5 inches) of the child.

Soccer coaches and assistant coaches will also be needed for the new season. For more information, call Allen Posey, Youth Program coordinator at 561-5051.

Fourth of July Handicap Bowling Tournament

The Presidio Sports Branch will be hosting the annual 4th of July Bowling Tournament Saturday and Sunday, July 7 and July 8 at the Presidio Bowling Center. There will be two separate tournaments held. One will be for children at 9 a.m. to 1 p.m. and another for adults at 1 p.m. to 5 p.m.

Divisions for children are child/adult, child doubles and child singles. Divisions for adults will be men and women's singles, doubles and mixed doubles. Cost is $5 per event for the children's tournament and $6 per event for the adult's tournament.

Trophies only will be awarded in the child division. All bowlers will use their highest 1990 league bowling averages based on 15 games. Bowlers without handicaps will bowl scratch in the adult divisions but will be given 40 pins handicap if bowling with a child. For more information, call Lori Bearson, tournament coordinator, at 561-4120.

Giants and A's games

The San Francisco Giants will admit Armed Service Personnel to general admission free wit an active duty ID. This offer is good for all games Monday through Sunday. Family members not included.

The Oakland A's will sell Half-price tickets at the coliseum to active duty members.



Ken Schnelle, Letterman Army Medical Center, flies high, barely missing a throw to the plate.

LAMC handcuffs cops, 26-7

story and photo by Drew Seaman
Star Presidian

LAMC, Co. B slaughtered LEC, 26-7 in the post softball game at Fort Scott June 12.

"We tried to take their heart away," said Sgt. 1st Class Jerry Hardison, LAMC coach. He added, "LEC is an extremely tough team and they're good at scoring a lot of runs. In order to beat LEC we used the strategy of scoring very quickly."

With LAMC leading 9-0 in the first, Jorge Valdivieso slammed one out of the diamond, bringing one player in and sending another to third. Decius Aaron, LAMC, followed suit, hitting a 2-run infield homer.

In the second, Scott Dunham, LAMC, popped a double bringing one in, which raised the score to 17-2.

As the fourth inning approached, LAMC's James Munn was second up, hitting a double.

The bases were loaded as LAMChit it short, making a double play at second.

LEC's Robert Pitts struck out, bottom of the fourth, to end the game.

LAMC leads 6-1 against LEC's 3-3 standing in the post championships rating.

LAMC, Co. A and LAIR -1 lead the season 6-0. USAG is tied for second with LAMC, Co. B.

Bay beaches waving to you

by Michael L. Anderson

Heads up! Summer is no longer around the bend, it's beaming down upon us. And the question put to every red-blooded Presidian out there is, are you ready to . . . HIT THE BEACH?! No? You say you're not ready, that you're still wrapped in the blush of spring. Well then you'll just have to unwrap and smell the coffee, because summer is here. Or in beach-bum lingo, SURF'S UP!

After all, what better place to appreciate summer than at the beach, and for that matter, what better time to appreciate the beach than in the summer. However, to enjoy them both together, you might want to equip yourself with the typical summer/beach gear. You know, bathing suits, body boards, frisbees, volleyball nets, parasols, sun-guard, bait and tackle, a list of choice Bay Area beaches--stuff like that. What? You say you're ready on the gear but would like to lay your hands on that list of beaches? No problem. Read on.

Ocean Beach, although popular, has one limitation--its strong undertow makes swimming unsafe. But it is close to home and a great place to hike, jog, watch surfers and toss a Frisbee. Through coin operated telescopes, you can also take a peek at seals basking in the sun on Seal Rock. It's located near the celebrated Cliff House on the Great Highway.

Baker Beach is another well known local beach, and swimming is dangerous here too. It's a great place to drop a line though, especially if you've got a hankering for striped bass. Located at the southwest corner of Gibson Road, the beach provides picnic and barbecue facilities, as well as water and restrooms.

Tennessee Cove Beach is another quaint, sleepy shore. It's located in the isolated Tennessee Valley, just two miles down a gentle trail.

Now, if you're the type who likes a bit of intimacy with their swimming, then Phelan Beach is your beach. Nuzzled into a cove, this cozy little hideaway is one of the few San Francisco beaches where swimming IS permitted. You'll have to leave your pets at home though. It's open daily, 7:00 a.m. to dusk, and located at the end of Seacliff Avenue. Lifeguards are on duty throughout the summer.

Stinson Beach in Marin also permits swimming, but only when lifeguards are on duty, naturally. Also, there are picnic facilities here along with restrooms, showers and nearby grocery stores. It's open daily from 9:00 a.m. to one hour after sunset. From the Presidio, you simply take the Golden Gate Bridge to Highway 1.

And there you have it, a list of beaches that will certainly get any true fun beach enthusiast through the summer. Enjoy!



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Community Calendar

Exploratorium events

"Til Death Do Us Part", a drama,will be performed by the members of the Everyday Theater Youth Ensemble Sunday at 1 p.m. at McBean Theater.

This film combines rap music and dance to create a portrayal of peer pressure, drug abuse and responsibility. The film is free with Exploratorium admission.

AREVP reunion

The Association of Retired Enlisted Veterinary Personnel's charter reunion will be held Oct. 12 through 14 at the Seven Oaks Hotel and Convention Center in San Antonio, Texas.

For more information about the reunion or association membership, contact Karl J. Stegman at 12903 Independence Ave., San Antonio Texas 78233.

Smokers can quit

American Cancer Society's stop smoking class begins July 10 in downtown San Francisco at 235 Montgomery, Suite 320. Sessions are Tuesdays and Thursdays from 6 to 8 p.m. for three weeks.

A donation of $24.50 is requested to cover the cost class materials and preregistration is suggested. For more information, call the American Cancer Society at **394-7100.**

Leave Donation Request

Eileen F. Combs, a Presidio employee, is experiencing a medical emergency. She has exhausted her sick and annual leave and has requested to become a leave recipient. Anyone wishing to donate leave, please call the Civilian Personnel Directorate, Management, Employee Relations Division at **561-3780.**

Tae kwon do

A Tae kwon do, traditional style, instructor is needed for two one hour lessons per week, weekday evenings. For more information, call Don Fontaine at **561-5416.**

Lotus 1-2-3 presentation

Due to technical difficulties, the Lotus 1-2-3 presentation originally scheduled June 13 has been rescheduled for June 26, 1 p.m. to 3 p.m., in the auditorium of building 603. Please make reservations since space is limited.

For more information, call Pat Mallett at **561-3287.**



Vacation Bible School

Costumed children form the Religious Activities Center celebrate Vacation Bible School. This year's school, for children in kindergarten through 6th grade, will begin Monday and end July 13. Classes are Tuesday through Friday, 9:30 to 11:30 a.m.

Vacation Bible School

The Presidio Post Chapel's Vacation Bible School will begin Monday, June 25 and run through Thursday, July 12. Classes will be held at the Religious Activities Center, building 682 for children 5 to 12-years-old. Classes will be 9:30 a.m. to 11:30 a.m. Mondays through Thursdays.

Bus services will be provided to all Presidio Housing/Area residents.

To register, come by the Religious Activities Center, building 682, Sunday through Thursdays, 7:30 a.m. to 4 p.m.. Classroom space is limited, so please register as early as possible.

Youth Services Summer Program

Registration is now open for the Youth Services Summer Camp. This year our Summer Day Camp will include a choice of two camps. The Big Camp is all day from 7 a.m. to 5:30 p.m. The Mini-camp is open 10 a.m. to 2 p.m. Both camps are geared for lots of outdoor activities, with swimming, hikes, arts and crafts, and trips to Great America, Marine World and other exciting places.

Registrations are being accepted at the Youth Activities center, building 1331 at Fort Scott. For more information, call the center at **561-5910.**

Golden Gaters

Two events for June and July will be held by the Presidio Golden Gaters (over-40s singles). There will be dinner and dancing at the Presidio Officers' Club Saturday, June 30.

Call P.M. Madden at 821-7858 for reservations and information.

Food Basket Program

If you are moving, and you have unopened canned and packaged food you want to leave behind, you can donate them to the Hands-Across-the-Presidio Food Basket Program.

Donations may be left at the Army Community Services, building 103B, Monday through Friday, 7:30 a.m. to 4:15 p.m.

For more information, call Erick Davis at 561-5256.

S.A.T.

Soldiers planning to take the Scholastic Aptitude Test for college entrance must test by July 19 to receive a score report before late October or November. Tests cannot be given between July 20 and Sept. 10. For more information, call a counselor at the Fort Scott Education Center, building 1216, 561-4445 or 561-2974, or the Letterman Army Medical Center Education Center, building 1014, 561-3692 or 561-4791.

Farewell coffee

Anyone in the Presidio community who would like to participate in saying farewell to Sue Graham (Maj. Gen. Todd Graham, Sixth U. S. Army Deputy Commander) is invited to attend a coffee Wednesday, June 27 from 10:30 a.m. to 12:30 p.m. at Quarters No. 1, 1 Muir Loop.

Please make your reservation by calling during duty hours 561-3950 or 561-2969 before noon Monday, June 25.

For more information, call Nancy Carlson **928-8223.**

AER keyperson

Individual contributions in support of the Army Emergency Relief Campaign can be made by contacting your local AER keyperson.

Maj. Brady P. Lawrence, Chief Human Resources Division, Deputy Chief of Staff for Personnel, is the Sixth U. S. Army's keyperson for this years' campaign, which ends July 1.

To find out who your keyperson is SFC Jared at **561-2993** or **561-3097.**

Presidian needs leave donated

A Sixth U.S. Army employee has a medical emergency and has no sick leave or annual leave. This employee has asked to becomea leave recipient.

Anyone wishing to donate leave, please contact Katie Malone at the Civilian Personnel Directorate at **561-3887.**

S.F. Marathon

The San Francisco Marathon is back. The race will be July 1 at 7 a.m. on the Golden Gate Bridge.

Volunteer duties include directing runners and helping the police maintain crowd and vehicle control.

To volunteer or for more information, call Raymond F. Brown at **752-5212** after 6 p.m.

Military Preretirement Orientation

A Military Preretirement Orientation will be presented at the Presidio Officers Club, building 50, Tuesday, July 24 from 8:30 a.m. to noon. An open invitation is extended to you and your spouse.

There will also be a Resume Writing class Thursday, July 26 from 1 p: m. to 4 p.m. There are only 20 seats available. Reservations are required and can be made be made by calling the Education Center at 561-4445 or 561-2974.

For more information, call N.C. Fleming at **561-3183** or **561-2721.**

At the Movies

Presidio Theater

Fri., June 22: The Guardian (R) 7 p.m.
Sat., June 23: Miami Blues (R) 7 p.m.
Sun., June 24: Everybody Wins (R) 7 p.m
Mon., June 25: The Gods Must Be Crazy (PG) 7 p.m.

Hamilton Theater

Fri., June 22: Teenage Mutant Ninja Turtles (PG) 7 p.m.
Sat., June 23: The Frog Prince (G) 1 p.m.
Sat., June 23: Revenge (R) 7 p.m.
Sun., June 24: Teenage Mutant Ninja Turtles (PG) 4 p.m.



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NUTRITION

Letterman opens doors to USAG soldiers; page 3



FITNESS

Supersleuths run through Presidio, page 5



TRAINING

Letterman soldier wins expert medic badge; page 7



Star Presidian

Vol. 33, No. 27 June 28, 1990

News Briefs

Commissary closure

The Presidio Commissary will be closed Wednesday for the Fourth of July. The Commissary will reopen Thursday at 9 a.m. For more information, call the commissary at **561-5787.**

Volunteer program

The Installation Volunteer Office is now located in the Support Services Center, building 103B, Montgomery Street. There are currently immediate volunteer openings for receptionists, typists, computer operators, and areas of financial management, budget counseling and early childhood education.

For more information, call Jeanne' Mote, Family Support Division, at **561-4147.**

Spouse abuse prevention

The Family Advocacy Program has distributed surveys across the Presidio in an innovative study the office hopes will determine what factors contribute to spouse abuse.

If you have not received a survey and are willing to participate, please call Nancy Niederhauser, Family Advocacy Program Manager, at **561-5155.** You will be anonymous throughout your participation.

Medical retention board

All soldiers with a permanent physical profile with a factor of three or four will be mandatorily referred for evaluation to an MOS/Medical Retention Board. The next scheduled MMRB will be held at the Sixth U.S. Army Conference room July 17 at 8 a.m.

For more information, call Ador Calica or SSgt. Martin, Military Personnel Operations Branch at **561-2151, 561-3297,** or AUTOVON **586-2151** or **586-3297.**

Reporters wanted

The *Star Presidian* is looking for stringers—reporters within the community— to submit news stories about local events. Stringers usually report on events within their organization. Our newspaper staff is unable to cover every event on Post. Stringers give units or organizations a chance to increase their coverage in the newspaper by covering stories for us.

The 6th U.S. Army and Presidio Public Affairs Office recently sent an information sheet on a stringer program to every unit on the Presidio. We are still waiting for responses from some units. The Star Presidian will be contacting units from whom we have not heard.

If you are interested in writing for the *Star Presidian,* contact your commander or supervisor

If the stringer information sheet is unavailable within your unit call Roland Taylor at 561-3861 for more information.



On the level

Spec. Mark E. Klinefelter, a heavy equipment operator with "C" Company, 864th Engineers Battalion, checks the lay of the land with a ground leveler at Parks Reserve Forces Training Area. Charlie Company was bulldozing a remote training area of the Presidio sub-post June 21. (photo by Joel P. Smith)

New deputy commander Medal of Honor winner

by Pleasant Lindsey III
Sixth U.S. Army Public Affairs

Medal of Honor winner Maj. Gen. Patrick H. Brady will become Sixth U.S. Army's deputy commanding general for the active component Sunday.

Brady has more than 30 years active service as an Army officer. Born in South Dakota, he received his commission through ROTC, after graduating from Seattle University, Seattle, Wash., in 1959.

While attending the university, Brady was included in Who's Who in Colleges and Universities.

He is a graduate of both the Armed Forces Staff College and the U.S. Army War College. He also holds an MBA from the University of Notre Dame, graduating Magna Cum Laude, and is a member of Beta Gamma Sigma.

Brady has held a variety of command and staff positions culminating in his current assignment as Deputy Commanding General for Active Components, Sixth U.S. Army.

Other key assignments include chief of Army Public Affairs at the Pentagon, Washington, D.C.; chief of staff, First U.S. Army; secretary to the commander-in-chief of the United Nations Command Military Armistice Commission (Korea); and

see Deputy Commander, page 3

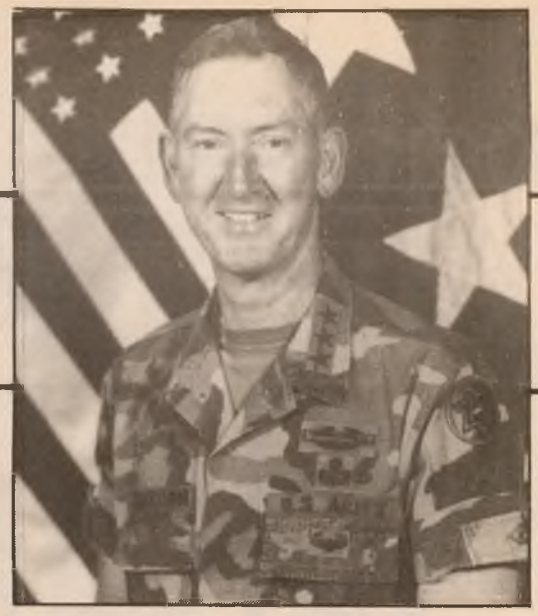


Maj. Gen. Patrick H. Brady.

Voices

Presidio View

by Lt. Gen. William H. Harrison



This week on post



Lt. Gen. William H. Harrison leads a Presidio run.

Dear Presidians:

As I mentioned in last week's article, I was TDY to South Dakota and Washington D.C. 15-20 June. For all of us who spend a lot of time TDY, coming home to the Presidio of San Francisco—A Very Special Place—is always a joy—and every day spent here is a GREAT day.

On the 19th there was a farewell luncheon for SFC Morena Villanueva at the NCO Club. I missed it I'm sorry to say but did get back in time to make an award to SFC "V" on Thursday. The Sergeants Villanueva and their children are enroute to Europe. They are going to be a hard act to follow and will be missed by all their friends and coworkers here at PSF.

On the 21st our local AUSA Chapter under the very leadership of Brig. Gen. Bob Menist and CSM(Ret.) Browning had our quarterly function. The color guard and band did their usual super job and the club fed us too well. Our speaker was Colonel Joe DeFrancisco, the 7th Infantry Division(Light) Division Artillery Commander. Colonel DeFrancisco was in Panama with the 7ID(L) and gave us a very interesting perspective of the events that transpired there. As always, the soldiers were the secret of success. LIGHT FIGHTER!

Our latest Retirement ceremony was held on Thursday at 1545. The Directorate of Plans and Training coordinates these affairs and does a super job. This was no exception although the wind was really strong. The great Sixth Army Band, the Color Guard, Co. A, LAMC under the command of Captain Conforti—all looked simply great. But a special note must be made of the LAMC color guard. The wind was so bad a couple of times that all of us spectators held our breath—but they held on and made it through. It was a real team effort and my compliments to each of them. Ya' done good! Hoo Ah!

On Friday the 22nd our Base Relocation and Closure Office (BRACO) held our second semi-annual In-Progress Review (IPR) reference closure. It was very professionally done and much info was shared. Again, any group or organization to come and brief them, please call Lt. Col. Mike Carkhuff at 561-5530.

Saturday and Sunday it was off to Fort Hunter Liggett and Camp Roberts with our Guard and Reserve units and Annual Training. These are real dedicated soldiers who spend their summer vacations training in order to serve alongside their TOTAL ARMY compatriots.

On Monday I had the honor of presenting a letter of recognition by CINCFOR of our Directorate of Contracting. These folks play a vital role in the life of PSF and their recognition by General Burba was well deserved. Hoo Ah! to each of DOC folks.

I know you all join me in bidding a fond farewell to Major General and Mrs. Graham, our Deputy CG, as they begin their new life in retirement. General Graham had his retirement ceremony at West Point on the 15th so that his children could attend. All of us here thank the Grahams for their service and for their contributions to PSF and we wish them well and God Bless.

And don't forget, retirees can be Hoo Ah also!!

Finally, we all want to welcome our new DCG-A, Maj. Gen. Pat Brady. General Brady joins us from Washington where he was previously Chief of Army Public Affairs. General Brady's wife and children will join him here at PSF very shortly. Welcome Brady's to the PSF family.

God Bless you all.

William H. Harrison
Lieutenant General, USA
Commanding

"Unless you try to do something beyond what you have already mastered, you will never grow."
—R.E. Osborn



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News/Opinions

Ask Presidians:

"How do you define success?"

by Drew Seaman
Star Presidian



Spec. Dan R. Jubber, training assistant, Headquarters Company, USAG: "Success isn't the material things in life. It's being happy with your job, loving your family, and overcoming new challenges."



Sgt. Wilma M. [illegible], reassignment NCO, Headquarters Company, USAG: "Success means accomplishing all your goals that you set for yourself, step by step."



Spec. Ken Schnelle, orthopedic technician, Letterman Army Medical Center: "Money doesn't mean success. *Stability,* security and a good family do."



Staff Sgt. Sandra Chatmon, lab technician, Letterman Army Medical Center: "Success means having happiness and inner peace."



Spec. Shirley Tyson, nurse, Letterman Army Medical Center: "Success means doing everything I can to be a whole person. It means satisfying all my goals in life."



Marion Branch, (retired) master gunnery sergeant, United States Marine Corps: "Success means working hard toward a goal and reaching it."



Pfc. Michael Miles, chaplain's assistant, Headquarters Company, USAG: "Success means doing my very best to accomplish my goals in life."

Letterman dining facility to serve garrison soldiers

By Duvel White
Star Presidian staff

Headquarters Command Battalion soldiers on meal cards, and working on main post, now have the option of eating at the Letterman Army Medical Center Dining Facility.

Also, soldiers wanting to eat lunch at the Fort Scott Dining Facility can now catch a shuttle bus running from the main post bus stop (across from the post office) to Fort Scott. The shuttle leaves main post at 11:30 a.m. and returns from Fort Scott at 12:30 p.m.

Opening the LAMC Dining facility to meal card holders and the shuttle bus to Fort Scott are recent changes caused by the closing of the dining facility in building 101B. The closure forced meal card holders on main post — many of whom don't have their own transportation -- to walk to Fort Scott for the lunch-time meal.

Letterman Army Medical Center's dining facility opened its doors to meal card holders as an exception to policy, according to Master Sgt. Bruce Rennock, NCOIC of LAMC Nutrition Care Division.

"LAMC is a closed dining facility," Rennock explained. "We are here to feed and take care of patients. However, we have a memo of understanding with U.S. Army Garrison Headquarters Battalion to feed meal card holders who previously used (the dining facility on main post) 101B or work on main post."

Rennock says the exception to policy is possible because of the small number of soldiers on meal cards who used the recently closed dining facility.

"Our records show that only 15 to 20 meal card holders were eating at 101B," he said. "We could not handle a large influx of people, but with this small number it really doesn't greatly affect our mission of feeding patients."

Headquarters Command Battalion meal card holders working on main post need only show their meal cards to be served at the LAMC Dining Facility. Lunch hours at LAMC are from 11:00 a.m. to 1 p.m.

Soldiers on separate rations will not be allowed to eat at the LAMC Dining Facility unless they are on official hospital business that would necessitate them being there through the meal period, according to Rennock.

Lt. Col. L. Sue Standage, Nutrition Care Division chief emphasizes that soldiers who receive separate rations and are on official hospital business must go to the Information Desk at LAMC to obtain a meal pass.

"Everyone who comes here must have a meal card or a meal pass," she said. "By Health Services Command regulations we must account for everyone who eats here. These same regulations say the LAMC Dining Facility's mission is to feed and take care of patients and assigned LAMC enlisted meal card holders. Exceptions must be approved by the LAMC commander."

For more information call **561-2664.**

Deputy Commander continued from page 1

inspector general, I Corps and Fort Lewis.

On January 6, 1968, Brady, then a major, earned the nation's highest military honor for heroism in the Vietnam War.

In a series of battles that lasted from dawn to dusk, Brady six times flew a helicopter into the midst of firefights to evacuate wounded U.S. servicemen.

Other pilots had turned away, for fear of being shot down. Before attempting the air lifts, Brady was warned of the danger, but ignored advice that he not risk his life.

On two different occasions, his aircraft was hit by automatic weapons fire. On a third flight, the craft was damaged by a mine.

By day's end, four hundred holes riddled the three helicopters Brady used over the course of the day.

Brady had evacuated 51 wounded men, transporting them to medical aid stations and safety. In two tours of duty in Vietnam, Brady air-lifted more than 5,000 wounded servicemembers.

The general also is the recipient of the Distinguished Service Cross, Distinguished Service Medal, the Defense Superior Service Medal, the Legion of Merit, six Distinguished Flying Crosses, the Bronze Star Medal with "V" device and oak leaf cluster, the Purple Heart, and 53 Air Medals, one with "V" device.

Brady has been awarded the designation of Master Aviator and wears the Air Assault Badge. He was the 1969 AAAA Aviator of the Year.

He and his wife Nancy Lee have five children: Shaun, Casey, Kelly, Shannon and Meghan.

Brady replaces Maj. Gen. Todd P. Graham, who retires Saturday, with 35 years active duty. A West Point graduate, Graham's retirement ceremony was held June 8 at the U.S. Military Academy at West Point, N.Y.

Questions you want to hear, but I am afraid to ask

commentary by Joel P. Smith
Star Presidian staff

Propriety, good taste, an elevated moral stance and, unfortunately, something that could actually be used to punish me—the Uniform Code of Military Justice, have kept me from asking certain questions in our "guy on the street" column.

This is serious business.

At stake is an unsuspecting public, arms heavy laden with beverage, standing impatiently in long lines behind the National Enquirer rack at the Shoppette.

How better to let you appreciate—and sit safely at your metal desk in awe of—my silent moral struggle, than by revealing what you've been protected from:

If I were a carpenter, and you were a lady, would you marry me anyway, would you have my baby?

When did you first begin spying for Burger Chef?

If Farmer Schnoop has 2,117 Rhode Island Red roosters, and Farmer Harold Hiram Wittingham III has three Silver Links hens, how many times would all of the chickens have to mate, and in what combinations—some knowledge of genetics would be helpful here, sir or ma'am—before they made a duck?

I heard you were on the promotion list. I know the points for promotion in the primary zone. What are they for the Twilight Zone?

What is the raunchiest thing you've ever seen at the chow hall? What is your authority for saying this? Do you have a degree in microbiology?

We're too upstanding to ask questions like these in our column, but perhaps you're not. If you'd like to see your question in the Star Presidian, mail it in. (Really, the more helpful it is to the military community, the more likely we'll publish it.)

We'll give you credit. And I won't have to grieve for the deaths of my heady questions, forever tormenting my superiors with probing inquiries such as, "Oh, you think so, do you. And just why not?"

Freebies



When you're broke the city seems intimidating. But with a little ingenuity, the city key is in your pocket.

Broke? Try city's free museums, events

by Drew Seaman
Star Presidian

Dipping his bony hand into a lint-filled pocket, Bob Broke can't even find a few pennies to spend on his date for the weekend. Broke really wants to hit the nightlife in downtown San Francisco. But it looks like it's going to be a weekend of late night movies alone in his room — again.

If Broke would take the time to find out about the great free activities that abound in the area, he'd be enjoying himself now with his arm around a girlfriend instead of around his dog, King.

Don't end up like the ficticious Bob Broke. Take advantage of the free mixture of theater productions, festivals, and street fairs available this summer.

The Stern Grove Musical Midsummer Music Festival will be every Sunday at 2 p.m. from June 17 to August 19. The 53rd annual free event will feature performances by the San Francisco Opera, Symphony and Ballet, the Berkeley Shakespeare Festival and New Orleans' Preservation Hall Jazz Band. For more information, call **398-6551.**

The Friends of the Library Walking Tours are another alternative available for thrifty individuals like broke Bob. The one and a half hour walks are given by 150 knowledgeable volunteers. The program helps people understand more about the history and architecture of the city.

The different tours wind through areas which include Japantown and Haight/Ashbury. They also showcase San Francisco landmarks with additional tours during October that take part in celebrations in Chinatown and Eureka Valley. For the late night partiers, moonlight walks in Noe Valley, Pacific Heights and on California Street are occasionally offered. For additional information, call **558-3981.**

The ninth annual comedy show held in Golden Gate Park will be July 29, noon to 4 p.m., at the Polo Field. The four hour event has included in the past, names like Whoopi Goldberg, Father Guido Sarducci and Robin Williams. For information call **777-7120.**

Many of San Francisco's museums offer one free day a month when the admission fee is waived.

The M.H. de Young Memorial Museum and the Asian Art Museum is free 10 a.m. to 8:45 p.m. the first Wednesday of each month and 10 a.m. to noon the first Saturday of each month. They are located in the Music Concourse in Golden gate Park. For more information on the memorial museum call 750-3600. For the Asian Art Museum call **668-8921.**

The San Francisco Museum of Modern Art, located at Van Ness at McAllister, is free 10 a.m. to 5 p.m. Tuesdays. For information call **863-8800.**

Sports fans can enjoy watching San Francisco Giants baseball games at Candlestick Park. The Giants, through the USO, have free general admission (bleacher) seats for active duty military personnel. Call the USO at **561-2436** for more information.

These are just a few of the many free activities available in the area.

Don't end up like Bob Broke, stuck at home with nothing to do. Get out and take advantage of these and many more activities available this summer.



Bob Broke fishes for striped bass on lonely Baker Beach.

Fitness



Lt. Gen. William H. Harrison fires the starting gun to begin the Supersleuth.

photos by Chuck Blancet

Supersleuth II runs through Presidio streets

by Adrienne Sims
Star Presidian staff

Lt. Gen. William H. Harrison, Commanding General Sixth U.S. Army and Presidio, fired a pistol, and 139 people from law enforcement agencies took off running.

Harrison, an Honorary CID Special Agent, fired the pistol to launch both the 8-kilometer race and 2-mile Fun Run at the second annual Supersleuth Run.



Master Warrant Officer Manfred Meine, HQ 6th Region CIDC, checks his time as he crosses the finish line of the Supersleuth II.

The event was held at the Log Cabin June 8. After firing the pistol, the Sixth U.S. Army and Presidio Commanding General ran the 2-mile Fun Run.

The Supersleuth led 139 runners through the Presidio streets.

Runners hailed from 19 law enforcement agencies. The Provost Marshal Office sported one team and the Law Enforcement Company another. The runners volunteered to help bring law enforcement agency employees in the Bay Area together, according to Robert C. Gaffney, Region Drug Coordinator, United States Army Criminal Investigation Command. The agencies also contributed by giving their employees time off to participate in the event.

Eddie Fryer, with the Federal Bureau of Investigation, won the 8 kilometer race with a time of 28:32. Susan Kazmer, Naval Investigation Service, claimed the women's division 8-kilometer race winner with a 38:10 finish.

Another category, teams with the three fastest Supersleuth runners per agency, was won by the FBI, the NIS took second, and third place went to the USACIDC.

Age group categories went much like the other categories, but the NIS barely took first by earning one more award than the FBI, which took four.

USACIDC came close with three awards. The Immigration and Naturalization Service and U.S. Secret Service tied with two awards.

In the 2-mile fun run, Capt. William Wolf, an Honorary CID Special Agent and aide-de-camp to lieutenant general Harrison, took first, followed by David Moore, Bureau of Alcohol and Firearms.

Galen Lowe, Defense Criminal Investigative Service took third. Sgt. Jeff Oates came in before Wolf, but didn't claim first because he didn't officially register for the race.

In the female division, Judy Cheng, Health and Human Services-OIG, won the 2-mile fun run. Anita Davidson, US Postal Inspection Service, took second. Capt. Mary Horvath, Commander of Presidio Law Enforcement Company, was close behind, placing third.

Supersleuth II helps employees of federal law enforcement agencies get to know each other, Gaffney said.

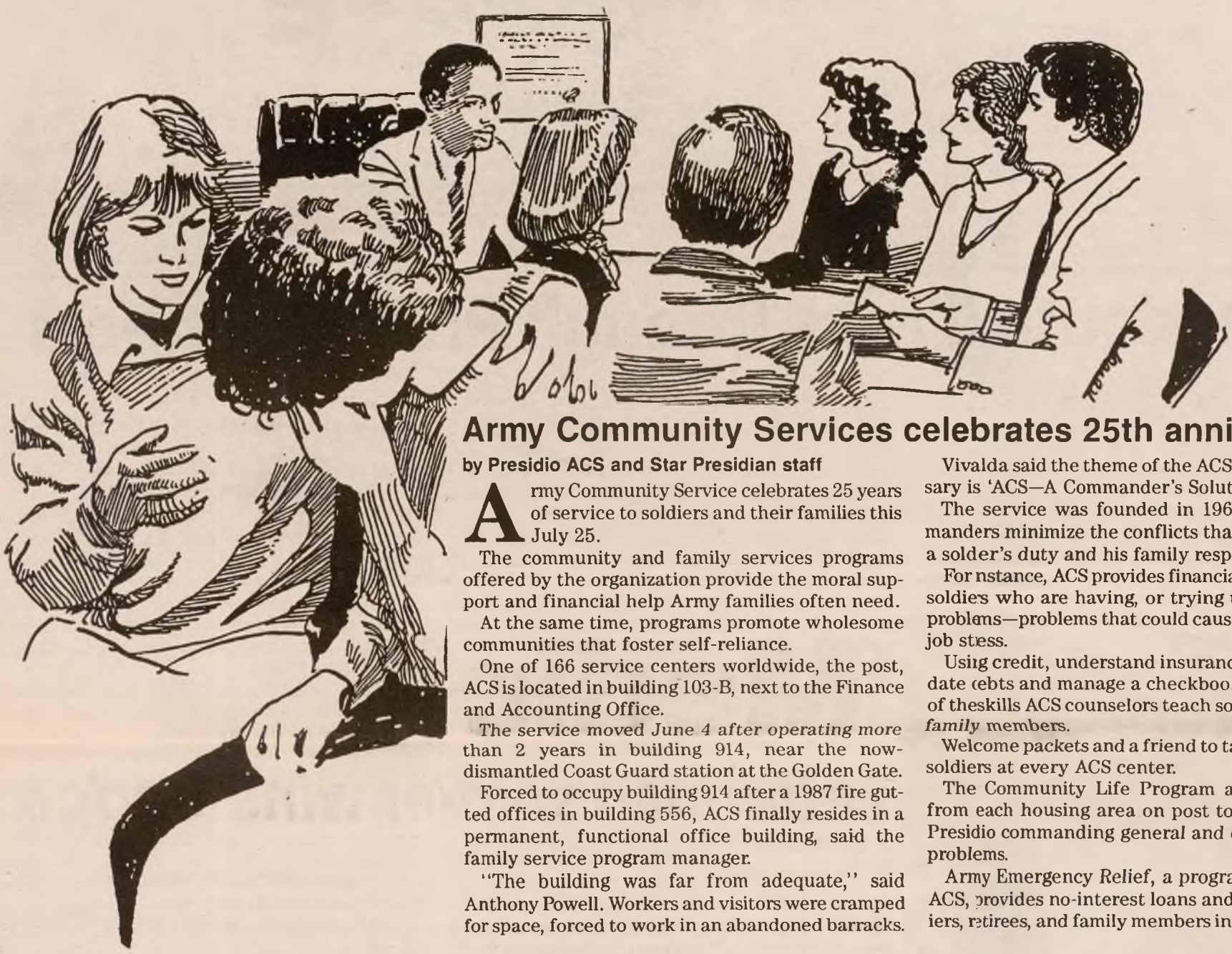
The race was followed by a picnic and awards ceremony at the Log Cabin. Volunteers paid a registration fee which contributed to T-shirts that all runners received.



Capt. Mary Horvath, Commander of Presidio Law Enforcement Company, stretches before claiming third in the 2-mile fun run.

Family

ACS: 25 years of family support



Army Community Services celebrates 25th anniversary

by Presidio ACS and Star Presidian staff

Army Community Service celebrates 25 years of service to soldiers and their families this July 25.

The community and family services programs offered by the organization provide the moral support and financial help Army families often need.

At the same time, programs promote wholesome communities that foster self-reliance.

One of 166 service centers worldwide, the post, ACS is located in building 103-B, next to the Finance and Accounting Office.

The service moved June 4 after operating more than 2 years in building 914, near the now-dismantled Coast Guard station at the Golden Gate.

Forced to occupy building 914 after a 1987 fire gutted offices in building 556, ACS finally resides in a permanent, functional office building, said the family service program manager.

"The building was far from adequate," said Anthony Powell. Workers and visitors were cramped for space, forced to work in an abandoned barracks.

Powell continued, "The staff, as well as the people we serve, made the best of a bad situation . . . The Presidio community, however, now can be proud to know that a full-service ACS is now in operation."

Stress-relief counseling, financial planning, family advocacy programs and a 24-hour crisis line are just a few of the services the post ACS offers Presidians.

"ACS has a proud history of supporting Army families, said Lt. Col. Eugene J. Vivalda, chief of the ACS Division of the Community and Family Support Center in Washington, D.C.

Vivalda said the theme of the ACS Silver Anniversary is 'ACS—A Commander's Solution.'

The service was founded in 1965 to help commanders minimize the conflicts that arise between a solder's duty and his family responsibilities.

For nstance, ACS provides financial counseling for soldiers who are having, or trying to avoid money problems—problems that could cause them addition job stess.

Using credit, understand insurance, how to liquidate debts and manage a checkbook are just a few of theskills ACS counselors teach soldiers and their *family* members.

Welcome packets and a friend to talk to await new soldiers at every ACS center.

The Community Life Program allow "mayors" from each housing area on post to meet with the Presidio commanding general and discuss housing problems.

Army Emergency Relief, a program managed by ACS, provides no-interest loans and grants to soldiers, retirees, and family members in financial crisis.

Money drawn through AER can pay funeral experses for a family member, emergency transportation costs, medical and dental care, and essential auto repairs.

Vivalda stressed that ACS strengthens the bond between the Army and the soldier and his or her family by helping them in all facets of their lives.

Powell invites all Presidians to celebrate ACS' devotion to the military community during this year's Silver Anniversary, July 25.

Soldier lost wife to cancer, found friend in ACS

A post soldier who lost his wife to cancer knows ACS is a friend when you're in need.

Pfc. Robert G. Andrade, an administrative assistant at Headquarters Company, United States Army Garrison, lost his wife to liver cancer the morning of Sept. 1, 1989.

He turned to ACS when he found he didn't have enough money to pay funeral expenses.

Stationed in West Germany at the time of his wife's death, Andrade first requested emergency reassignment in the United States. He wanted to bury his wife near her central California home, and finish his military service while stationed near her parents.

After arriving at the Presidio, he walked into ACS and shared his financial crisis with counselors here. "They bent over backwards to help me," Andrade says.

"They did everything they could to get me an AER loan."

ACS quickly secured an interest-free loan for Andrade. But the service did more than resolve his financial crisis, they helped him as a friend would, through caring, and let him concentrate on healing himself, rather than bills and paperwork.

That's the heart of ACS—supporting soldiers in need.

Andrade echoed many soldiers and families who've turned to the agency in time of crisis: "I couldn't have made it without them."

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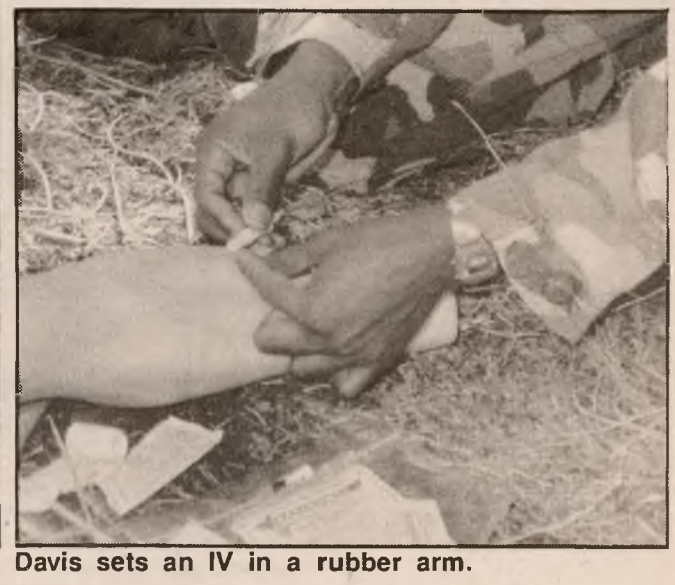
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*SMART-Stress Management Resource Team



Candidates for the badge load a "wounded" soldier into a medevac helicpoter at Parks. (Army photo by Lt. Col. J.P. Smith)

EFMB



Davis sets an IV in a rubber arm.



Staff Sgt. Aundra L. Davis prepares a field dressing for a "wounded" soldier.

'Medic!'

Letterman soldier wins badge

by Joel P. Smith
Star Presidian staff

If you fail this course, you're thrown from a jeep, shot in the arm and bombed with poisonous gas.

If you pass, which one Letterman Army Medical Center soldier did, you don't fare much better.

The two-week Expert Field Medical Badge course, taught at Parks Reserve Forces Training Area in Pleasanton, Calif., is "high stress, high demand," according to Staff Sgt. Aundra L. Davis.

Davis, NCOIC of the In-Patient Pharmacy at LAMC, should know. While she worked June 21 in sweltering 95-degree heat at Parks, applying a field dressing to a badly "wounded" soldier, four other "injured" soldiers begged for her attention. Snipers harassed her with gunfire and enemy artillery shelled her with "poisonous" gas.

Soldiers who had earlier failed the course played the "wounded." Each was moulaged—outfitted, through a special make-up technique, with wounds so real looking they provoked nausea in bystanders.

When Davis, under fire, crossed an up-sloping, sun-scorched field, she found five soldiers who'd been thrown from a jeep after it struck a land mine.

One had her left forearm "amputated" in the blast. Another had a gaping head wound and a leg fracture. There were abdominal wounds, chest wounds and a shock victim.

Davis, while each cried out for her help, had to find the most life-threatening wound among them, and treat it first. While she moved from soldier-to-soldier, the pleas tormented her:

"My head's about to split open, hurry doc."

"Help us, please."

"Can I have some water," a soldier with an abdominal "wound," begged.

Davis knew water would flush through the wound, and further injure the soldier.

"You can wet your lips, but you can't drink," Davis told him.

"You're cruel doc," cried a soldier with a flesh wound. "Why won't you let my buddy have some water?"

Davis couldn't argue the point. Snipers were moving closer to the wounded. She still had two patients to treat. Infantrymen who'd led across the field were surrounding her, firing back at the snipers.

A thick cloud of yellow smoke—"poisonous gas" swept through.

The infantrymen continually yelled at Davis. "Come on, doc, we gotta go."

"We're not gonna last here much longer. They're closing in on us. We gotta get 'em outta here!"

"Several times I wanted to just give up," Davis said. "It's so stressful; it's a hard thing to do. "I didn't quit," she explained, "because I love a challenge.

In order to pass, Davis and other soldiers had to correctly decide which patients to treat first and what kind of treatment each needed.

Twenty-four soldiers entered the course. Nine graduated. Soldiers from the active Army, National Guard and Reserves also tested their skills on loading patients into helicopters, and carrying them, on a litter, through an obstacle course.

Davis' last task, a 12-mile road march Friday, made her feel she was among the wounded.

"The last three miles, I was out of it—dizzy, stomach cramps," Davis explained.

"But I made it. I feel elated," added Davis. "No one can push you through a course like this. You've got to push yourself."

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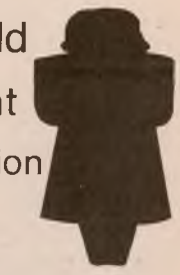
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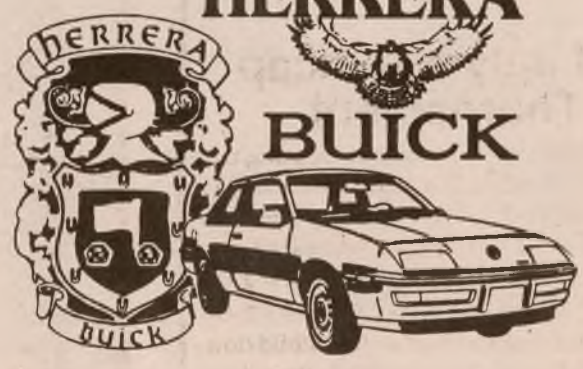
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Sports

Sports Notes

1990 Presidio Youth Soccer

Presidio Youth Sports is recruiting players for it's upcoming season which will be held Aug. 16 through Dec. 16.

Registration will be accepted at Post Gym No. 2, building 1152 from 10 a.m. to 6 p.m. July 20. Cost is $10 for each child under 6 and $20 each for children 6 and older.

Parents must furnish proof of age (birth certificate or old U.S.Y.S.A. player pass) and a small photo (no larger than 1.5 inches x 1.5 inches) of the child.

Soccer coaches and assistant coaches will also be needed for the new season. For more information, call Allen Posey, Youth Program coordinator at 561-5051.

Fourth of July Handicap Bowling Tournament

The Presidio Sports Branch will be hosting the annual 4th of July Bowling Tournament Saturday and Sunday, July 7 and July 8 at the Presidio Bowling Center. There will be two separate tournaments held. One will be for children at 9 a.m. to 1 p.m. and another for adults at 1 p.m. to 5 p.m.

Divisions for children are child/adult, child doubles and child singles. Divisions for adults will be men and women's singles, doubles and mixed doubles. Cost is $5 per event for the children's tournament and $6 per event for the adult's tournament.

Trophies only will be awarded in the child division. All bowlers will use their highest 1990 league bowling averages based on 15 games. Bowlers without handicaps will bowl scratch in the adult divisions but will be given 40 pins handicap if bowling with a child. For more information, call Lori Bearson, tournament coordinator, at 561-4120.

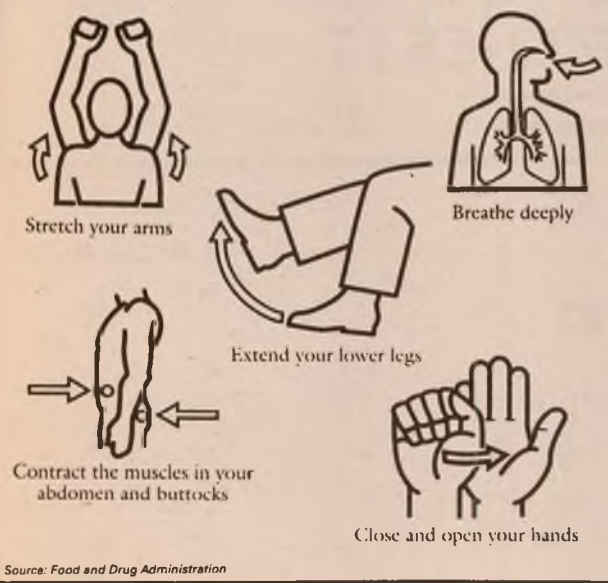
Giants and A's games

The San Francisco Giants will admit Armed Service Personnel to general admission free wit an active duty ID. This offer is good for all games Monday through Sunday. Family members not included.

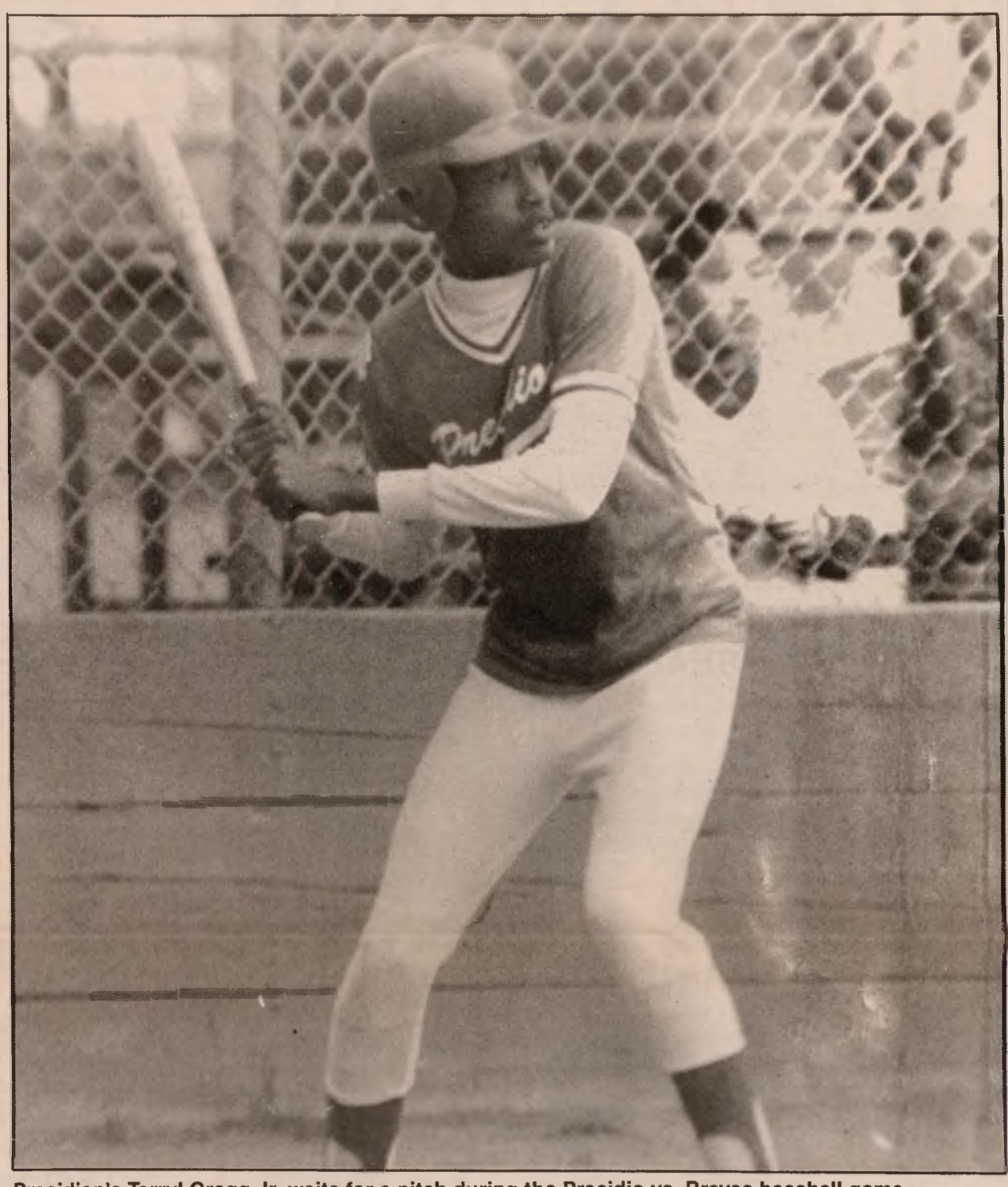
The Oakland A's will sell Half-price tickets at the coliseum to active duty members.

FOR THE DESK-BOUND, SEDENTARY WORKER...

Simple Exercises To Encourage Circulation



Source: Food and Drug Administration



Presidian's Terryl Gregg Jr. waits for a pitch during the Presidio vs. Braves baseball game.

Pony League Baseball

Presidio blasts Braves 9-4

contributed by D. Bryant

Late inning heroics brought coach Jeff Preuninger's Presidians a victory over the previously unbeaten Braves. Down by one run in the seventh inning, Michael Bryant singled, advanced to second base on a grounder by Rei Hubbard and darted for third base. The surprised Braves were unable to control the ball, allowing Bryant to score the tying run and force extra innings.

In the eighth inning, Norman Crittle drew a walk, stole second and scored on a Mike Stenger single. Terryl Gregg Jr. then smashed a towering line drive for a triple to score Stenger and put the game out of reach.

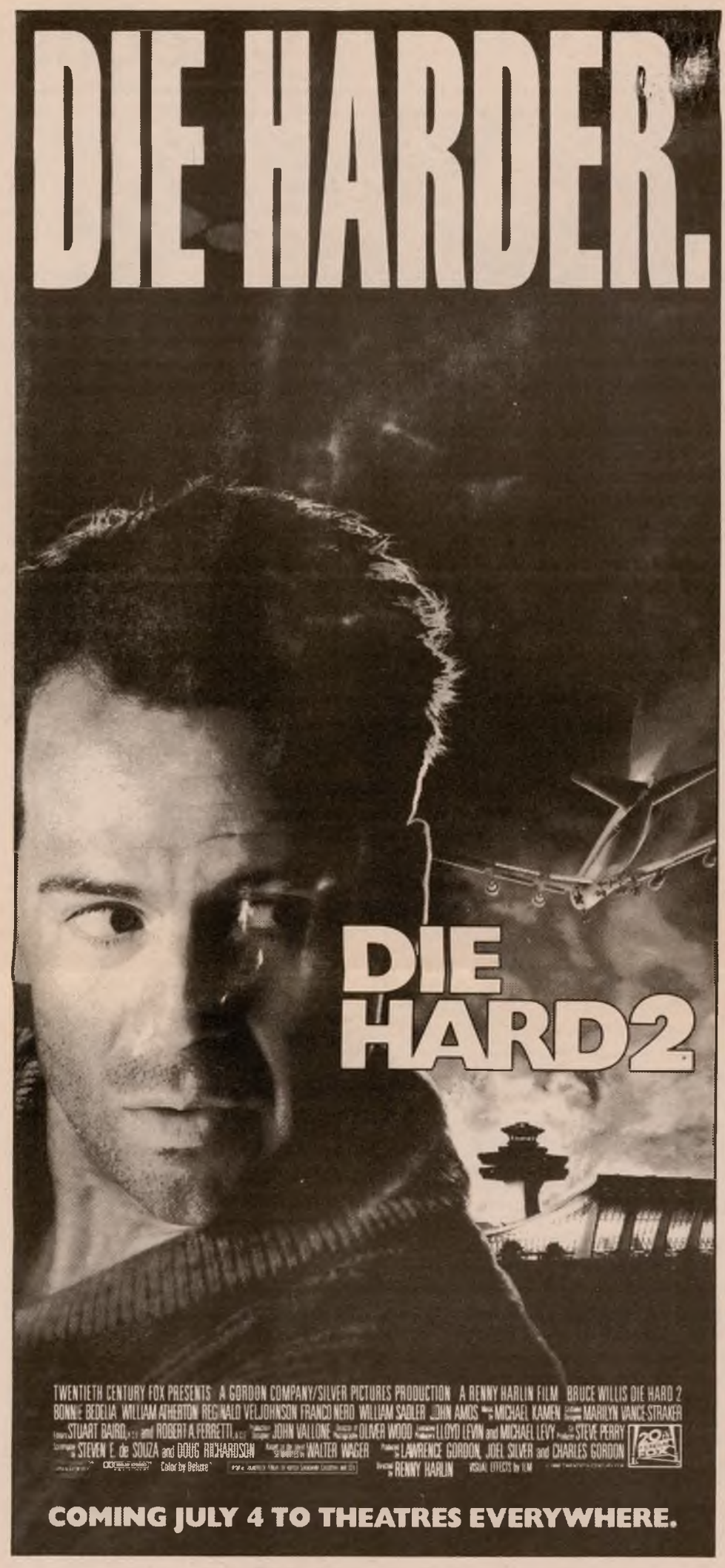
Gregg, Chris Amador and Donnie Pierce later scored insurance runs. Starting pitcher, Mike Stenger turned in another impressive performance, holding the Braves to one earned run during his five innings on mound. The Presidians' errors allowed the Braves three unearned runs. Steve Priest and Norman Crittle combined for three innings of hitless relief. Gregg stroked four hits and Dan Talomonte three to lead the offensive charge.

Priest continued his scoring streak, scoring twice. The victory kept the Presidians alive in the playoffs, forcing another game against the Braves to determine the division championship.

Braves 13; Presidio 3

Steve Priest led off with a towering triple and scored on a bunt by Norman Crittle, but the cheering faded away as the Braves avenged their only loss of the season. The normally tough Presidio defense suffered a let down, allowing several unearned runs. Even so, Terryl Gregg Jr. and Rei Hubbard made sparkling defensive plays in the outfield. Centerfielder Gregg pulled in long drives to keep the Presidians in the game until the late innings. Priest and Dan Talomonte each had two hits to lead hitting.

The Presidians finish the playoffs as division runners-up. For the season, the Presidians were 11-7 and own at least one victory over every team in the division. Steve Priest, Norman Crittle, Mike Stenger and Dan Talomonte were selected for all-star honors and will play in the division all-star game Saturday.



COMPUTER OPERATORS

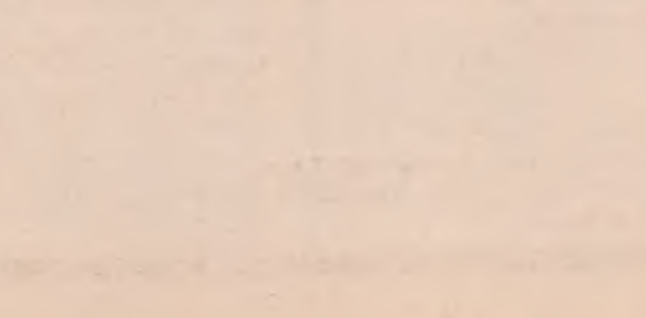
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Community Calendar

Child development class

The Family Advocacy Program will sponsor classes which will highlight the needs of pre-school age children, present practical information about children's behavior, and provide parents with a chance to discuss new ways to deal with discipline and learning.

The class will be held at the Child Development Center Thursdays, July 12 through Aug. 2, 3:45 p.m. through 5:30 p.m. Advance enrollment and child care arrangements are required. For more information, call Nancy Niederhauser at **561-5155.**

AREVP reunion

The Association of Retired Enlisted Veterinary Personnel's charter reunion will be held Oct. 12 through 14 at the Seven Oaks Hotel and Convention Center in San Antonio, Texas.

For more information about the reunion or association membership, contact Karl J. Stegman at 12903 Independence Ave., San Antonio Texas 78233.

Smokers can quit

The American Cancer Society's stop smoking class begins July 10 in downtown San Francisco at 235 Montgomery, Suite 320. Sessions are Tuesdays and Thursdays from 6 to 8 p.m. for three weeks.

A donation of $24.50 is requested to cover the cost class materials and preregistration is suggested. For more information, call the American Cancer Society at **394-7100.**

Leave Donation Requests

Eileen F. Combs, a Presidio employee, is having a medical emergency. She has exhausted her sick leave and annual leave. She would like to become a leave recipient, which would allow her to have more recovery time before having to return to work. Anyone wishing to donate leave, please call the Civilian Personnel Directorate, Management, Employee Relations Division at **561-3780.**

Clevelyn Wade and Louise Harris, Presidio employees, are having a medical emergency. These employees have exhausted all sick leave and annual leave. They would like to become leave recipients, which would allow them to have more recovery time before having to return to work..

Anyone wishing to donate leave, please call Mike Modena at the Management-Employee Relations Division, CPD, at **561-3898.**



Clowning Around

Members of Make-a-Circus, a non-profit organization headquartered at Fort Mason Center, entertain Presidio children at the Child development Center. Each summer Make-a-Circus conducts rehearsals at the Presidio before embarking on scheduled performances at local hospitals and schools. In appreciation of U.S. Army support, the group June 21 provided a free performance for Presidio children.

Youth Services tennis camp

Youth Services is sponsoring a one week tennis camp for youngsters ages 12 through 18. The tennis camp will be held Thursdays, July 23 through July 27. Training will be available for beginners through advanced levels.

Cost of the camp is $40 per person. For more information, call Tom Carter at **824-7854.**

Presidio Yacht Club

Wednesday the Presidio Yacht Club will host a Fourth of July celebration from noon to 4 p.m. There will be free boat rides and games for children.

Admission is $3 for adults, $1.50 for children 2 to 10-years-old and free for children under 2. A military ID is required. No fireworks are permitted because of fire risk in the area.

The Urban Forest

A walking tour through The Urban Forest will be held Saturday, 10 a.m. to noon throughout San Francisco. Anyone wishing to tour the forest will meet at UC Medical Center's Mulberry Union, 500 Parnassus.

For more information about the tours and for a free schedule, call Friends of the Urban Forest at **543-5000.**

Golden Gaters

Two events for June and July will be held by the Presidio Golden Gaters (over-40s singles). There will be dinner and dancing at the Presidio Officers' Club Saturday, June 30.

Call P.M. Madden at **821-7858** for reservations and information.

Food Basket Program

If you are moving, and you have unopened canned and packaged food you want to leave behind, you can donate them to the Hands-Across-the-Presidio Food Basket Program.

Donations may be left at the Army Community Services, building 103B, Monday through Friday, 7:30 a.m. to 4:15 p.m.

For more information, call Erick Davis at 561-5256.

S.A.T.

Soldiers planning to take the Scholastic Aptitude Test for college entrance must test by July 19 to receive a score report before late October or November. Tests cannot be given between July 20 and Sept. 10. For more information, call a counselor at the Fort Scott Education Center, building 1216, 561-4445 or 561-2974, or the Letterman Army Medical Center Education Center, building 1014, 561-3692 or 561-4791.

S.F. Marathon

The San Francisco Marathon is back. The race will be July 1 at 7 a.m. on the Golden Gate Bridge.

Volunteer duties include directing runners and helping the police maintain crowd and vehicle control.

To volunteer or for more information, call Raymond F. Brown at **752-5212** after 6 p.m.

Youth Services Summer Program

Registration is now open for the Youth Services Summer Camp. This year our Summer Day Camp will include a choice of two camps. The Big Camp is all day from 7 a.m. to 5:30 p.m. The Mini-camp is open 10 a.m. to 2 p.m. Both camps are geared for lots of outdoor activities, with swimming, hikes, arts and crafts, and trips to Great America, Marine World and other exciting places.

Registrations are being accepted at the Youth Activities center, building 1331 at Fort Scott. For more information, call the center at **561-5910.**

Tae kwon do

The Directorate of Community Family Activities, Youth Activites Division needs a Tae kwon do, traditional style, instructor for two one hour lessons per week, weekday evenings. For more information, call Don Fontaine at **561-5416.**

Office Support Job Faire

More than 60 Bay Area employers will be recruiting office workers at the Office Support Job Faire Tuesday, July 10, from noon to 7 p.m. at the Dunfey Hotel, 1770 S. Amphlett Boulevard in San Mateo, Calif. The job fair, sponsored by the community Career Education Center, is free.

For more information, call Ron Visconti at **345-0753.**

Military Preretirement Orientation

A Military Preretirement Orientation will be presented at the Presidio Officers Club, building 50, Tuesday, July 24 from 8:30 a.m. to noon. An open invitation is extended to you and your spouse.

There will also be a Resume Writing class Thursday, July 26 from 1 p. m. to 4 p.m. There are only 20 seats available. Reservations are required and can be made be made by calling the Education Center at 561-4445 or 561-2974.

For more information, call N.C. Fleming at **561-3183** or **561-2721.**

At the Movies

Presidio Theatre

Fri., June 29: Wild Orchid (R) 7 p.m.
Sat., June 30: Tales From The Darkside (R) 7 p.m.
Sun., June 1: Daddy's Dyin'. . . Who's Got the Will (R) 7 p.m
Mon., July 2: Glory (R) 7 p.m.

Hamilton Theater

Fri., June 29: House Party (R) 7 p.m.
Sat., June 30: To be announced
Sat., June 30: Born on the 4th of July (R) 7 p.m.
Sun., July 1: National Lampoon's Christmas Vacation (PG-13) 4 p.m.



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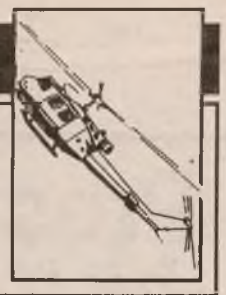
SAFETY

Child safety seats, choose carefully, page 5



NEWS

Award-winning aviator makes final flight, page 6



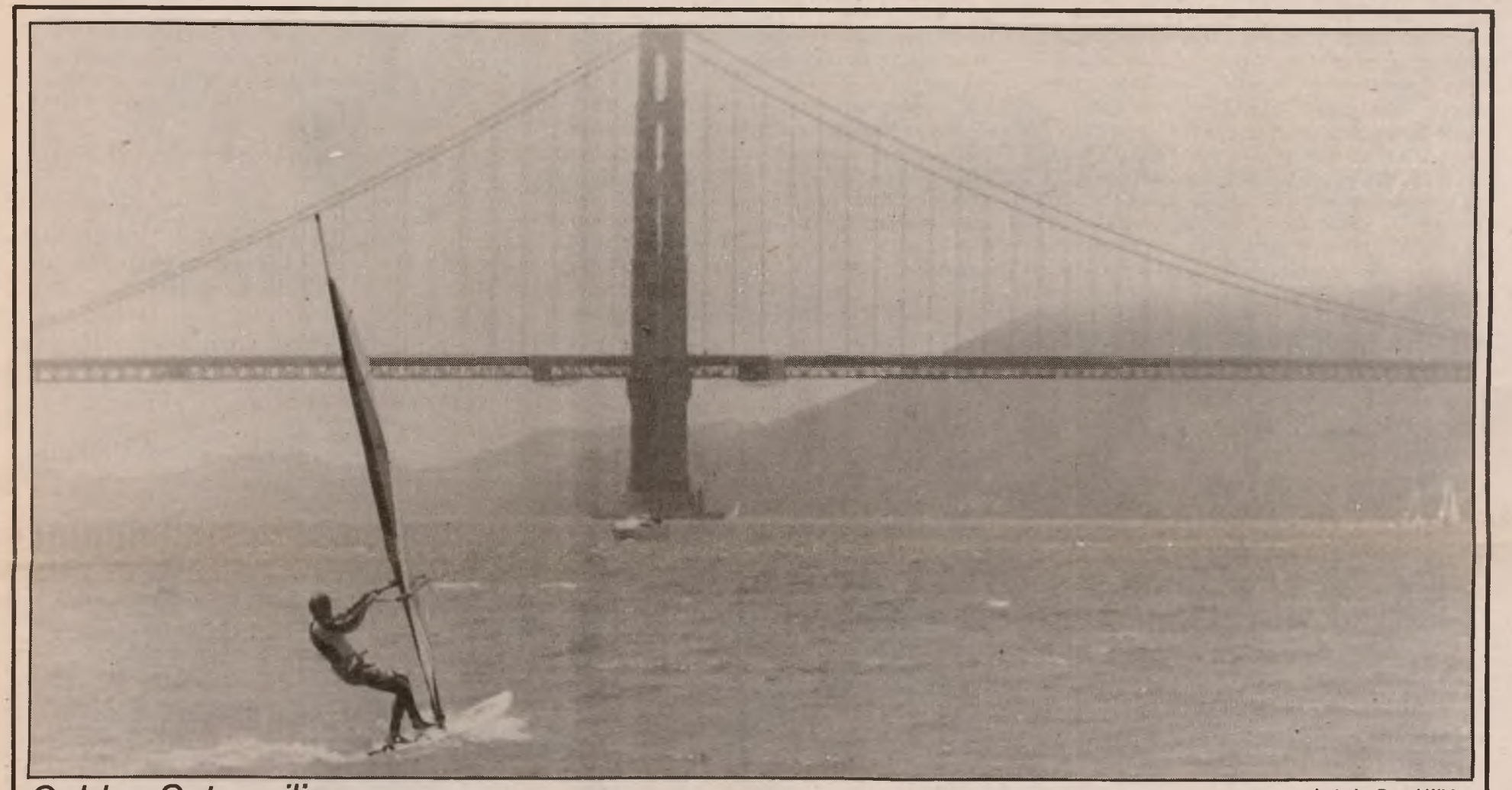
SPORTS

Commander's 1990 golf tourney, page 9



Star Presidian

Vol. 33, No. 28 July 6, 1990



Golden Gate sailing

photo by Duvel White

A boardsaiior in the Marui/O'Neill San Francisco Classic races out into the bay from Crissy Field Sunday. The San Francisco Classic is the crowning event of the three-stop Marui/O'Neill World Windsurfing Tour sanctioned by the Professional Boardsailors Association. Top boardsailors from around the world journeyed to Crissy Field for the four-day competition.

News Briefs

Volunteer program

The Installation Volunteer Office is now located in the Support Services Center, building 103B, Montgomery Street. There are currently immediate volunteer openings for receptionists, typists, computer operators, and areas of financial management, budget counseling and early childhood education.

For more information, call Jeanne' Mote, Family Support Division, at **561-4147.**

Spouse abuse prevention

The Family Advocacy Program has distributed surveys across the Presidio for an innovative program to determine the factors that contribute to the problem of spouse abuse.

If you have not received a survey and are willing to participate, please call Nancy Niederhauser, Family Advocacy Program Manager, at **561-5155.** Your survey is anonymous.

Lawmakers looking to 'soften' cuts

by Sixth U.S. Army Public Affairs

Three key bills are being sponsored by Legislators concerned with Department of Defense (DoD) civilians who will be affected by base closure and realignment actions.

Secretary of Defense Richard Cheney recently reported that force reductions may require eliminating an estimated 145,000 civilian jobs. Lawmakers are looking at ways to "soften" the blow that they expect is coming in the next five years.

H.R. 4531, cited as the "Department of Defense Civilian Employee Retirement Incentive Act," is sponsored by Representative Barbara Boxer of California. It seeks to amend title 5, United States Code, to allow Federal employees within an installation or other unit of the Department of Defense undergoing a reduction in force to be credited with an additional 5 years (in age, length of service, or any combination of the two) to encourage voluntary retirements." Certain provisions and restrictions would apply.

If we give really good early outs, says Boxer, "We will save the jobs of newly hired people. If we gave this incentive, you will save money and retain the youngest people." Boxer currently has 15 co-sponsors for her bill and is seeking more legislative supporters.

According to the Federal Times, the National Federation of Federal Employees, which has normally opposed early out proposals because of the hiring freezes which usually follow, supports Boxer's bill in light of anticipated RIFs.

Boxer, also, anticipating those RIFs throughout DoD, is seeking changes in the Office of Personnel Management's (OPM) RIF notification procedures, according to the Federal Times. She suggests OPM "require agencies to issue RIF notices at least 60 days before the action." (OPM presently requires at least 30 days notification.)

Because civilians may not register with the Priority Placement Program, which would give them priority placement rights to fill Defense Department vacancies, until they receive RIF notices, a 60-day notification would give displaced persons a greater advantage.

According to the Washington Times, Representative George E. Brown Jr., of California, introduced a bill on June 28 that would "call for the Defense

see Legislation, page 3

Voices

Presidio View

by Lt. Gen. William H. Harrison



This week on post

Dear Presidians—

It's another great day to be part of the U.S. Army at the Presidio of San Francisco—a Very Special Place. I have just completed my initial session of "Chain Teaching." This is an effort to let every member of the Army—uniformed and civilian—know of our Personnel Management Plan to "Build Down" the Army. All of you should be hearing about this in the upcoming weeks. It's important that you do—and it's important that I get your feedback. The purpose of all this is to ensure every one in the Army knows *we have a plan; understand what the plan is;* and *believes the plan will work.* It's too long to cover it all here, but I do want to share with you the final slide of the brief.

WHAT IS IMPORTANT TO REMEMBER

- ARMY WILL BE SMALLER; JUST AS GOOD
- WE HAVE A PLAN BUILT ON ARMY IMPERATIVES
- PERSONNEL REDUCTION WILL BE TOUGH
  —CARE AND COMPASSION
- YOU CAN COUNT ON CERTAIN THINGS
  —STEADY INPUT OF QUALITY PEOPLE
  —STEADY PROMOTION FLOW
  —ANNUAL SELECTION BOARDS
  —CONTINUED EMPHASIS ON LEADER DEVELOPMENT
  —SAME TEMPO FOR QUALITY OF LIFE
- ARMY WILL CONTINUE TO BE A GREAT CAREER

If you don't hear about chain teaching soon—ask about it. It's important for you to know.

Last Wednesday, the 27th, I journeyed up to Headquarters Command Battalion to present Commander's Certificates to our Sixth Army Band and our Ceremonial Platoon. These two groups do such a superb job of representing the U.S. Army to so many audiences. We always say thank you but I felt it was time for a more tangible manifestation of our apppreciation. If you see one of the members of these organizations—give them a big Hoo Ah! Then, that afternoon I did the same thing for the LAMC Color Guard. They, too, represent all of us to so may of our fellow citizens. They, too, deserve a big Hoo Ah from all of you.

Our latest Right Arm Night was held at the Officers' Club on the 27th. There was a good turn out (there can always be more!) and a good time was had by all. Again, our thanks to Colonel Neck and the O'Club and to the MI Battalion. Next time let's see you all out for the Right Arm Night.

Thursday was fun day for some 65 golfers who signed up for the Commanders' Golf Tournament. It was an absolutely glorious day—can you believe short sleeve shirts in San Francisco in June?! Congrats to our Sports Branch which set it all up and to all the winners—one of which was not me!

In keeping with our new plan to have the Sixth Army/PSF Run the last duty day of each month—I missed the latest one. I ran the route that a.m. but had to travel to Fort Ord that day and didn't get back in time to participate. CSM Whiteford also missed it due to a speaking engagment. But it went without a hitch and I'm told it looked and sounded great. See you Tuesday, 31 July!! Hoo Ah!

The San Francisco Marathon was run on Sunday, 1 July. I did not run it!! But my aide-de-camp and my driver did. Hoo Ah to CPT Bill Wolf (3:11) and SGT Jeff Oates (3:44). And also a big Hoo Ah to CWO Ray Brown, CID, who coordinated all the PSF volunteers who helped—and to each of you volunteers.



Lt. Gen. William H. Harrison awards a Commander's Certificate to Sgt. William Lopez, representing Headquarters Company's Ceremonial Platoon June 27 at Fort Scott on post.

Have you been over to our new ACS/FSD/EO/EEO office? It's in building 103B on Main Post. The offices and waiting areas are very nice and the new building is great. But as always—in an operation such as this, it's the people that really count. Our staff of professionals and volunteers are there to help you—so please go by if you need help or just stop by for a visit. Congrats to ACS/FSD/EO/EEO.

I hope you each had a wonderful, fun-filled and SAFE 4th of July.

God Bless you all.

WILLIAM H. HARRISON
Lieutenant General, USA
Commanding

"To love what you do and feel that it matters—how could anything be more fun?"

K. Graham

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News/Opinions

Ask Presidians:

"What is the biggest problem facing America?"

by Drew Seaman
Star Presidian



Spec. David Zamlich, administration clerk, Military Intelligence Battalion: "The uncertainty over the future in relation to our environment is a big problem. We are using up natural resources entirely too fast."



Army National Guard: "Our biggest problem is the breakdown of traditional values of the family."



Spec. Byron Decuire, supply clerk, Headquarters Command Battalion: "The increase in drug crimes by children is our biggest problem. The values that parents are instilling into their children need to be improved and monitored in the house and school."



Cyril Orpilla, assistant manager, Presidio theater: "Our biggest problem is drugs. Knowing that 11-year-old kids in Anytown, USA are selling crack to their playmates is a scary thought."



Capt. Molly Westgate, training officer, Sixth U.S. Army Office of the Deputy Chief of Staff Training (ODCST): "Apathy is the biggest problem facing America. People don't want to get involved in issues or problems that don't touch their lives personally."



Maura Bockrath, program director, USO: "The massive unemployment facing soldiers and government-employed civilians this upcoming fiscal year is our biggest problem."

Repossession: Bad any way it happens

By Evelyn D. Harris
American Forces Information Service

You bought your dream car with everything on it: great stereo system, air conditioning, sun roof and so on. Payments are more than $300 a month, but you figured you can handle them if you cut back elsewhere.

Today, you got orders to Korea. And you'll have to store the car while you're gone — you'll never get a chance to drive it. So, you figure you'll just let the loan company take the car —you'll buy one when you return. Smart move? Not according to Capt. Jessica L. Kole of the Army's Legal Assistance Office in the Pentagon.

"Whether you let the loan company take your car — voluntary repossession — or they take it while you kick and scream in protest doesn't make any difference in the end," said Kole. "The car will be sold, and the sale price will be deducted from what you still owe on the contract. If the loan company doesn't get enough money from the sale to cover the entire amount due, you'll still be responsible for paying the balance."

She warned that a car's auction price is frequently much less than the amount still owed. A person whose car is repossessed is also liable for expenses incurred to prepare the car for resale, such as pickup, cleaning and delivery.

"Suppose you return a car with a loan balance of $8,000," said Kole. "The company auctions it for $5,000 and incurs $300 in expenses. You will still be responsible for paying $3,300, even though you no longer have the car."

If that's not bad enough, your credit record will reflect the repossession for up to seven years. "It's unlikely that any loan company would give you credit for another car when the loan officer sees a repossession on your credit report," Kole said.

She suggested that persons in such a predicament try to sell the car themselves.

She added, "Consider all the alternatives before you act. Military legal assistance officers can review your contracts so you can make an informed decision."

Legislation continued from page 1

Department to give a 4-month notice to affected civilian workers."

Another bill - 4977 - cited as the "Federal Employee Placement and Training Act," is sponsored by Representative Paul Kanjorski of Pennsylvania.

The bill has 25 co-sponsors, and offers several key proposals: To create expanded government job placement; provide job training for displaced employees; extend health benefits; provide supplemental severance pay; establish a supplemental wage for a specified period of time; clarify early retirement authority; and provide job search, relocation assistance, and employment services for employees affected by a RIF.

The bill proposes the following:

Priority Placement.

The OPM will establish and maintain a Priority Placement List (PPL) showing vacancies in all agencies government-wide.

DoD employees who have received a specific RIF notice and have not declined a reasonable offer of another DoD position will be placed on the PPL. A worker on the PPL has job priority over any worker not on the list for openings within the worker's commuting area.

A worker may remain on the PPL for six months.

Job Training.

A separated worker is eligible for job training if OPM determines that (1) There is no suitable employment available for the worker; (2) the worker would benefit from appropriate training; (3) there is a reasonable expectation of employment following training; (4) approved training is available to the worker; (5) the worker is qualified to undertake training, and (6) training is available at reasonable cost. Assistance is available for transportation and subsistence expenses if training is not within commuting distance of a worker's regular place of residence. Participation in an approved job training program will not jeopardize eligibility for state unemployment benefits.

Expanded Health Benefits.

The separated worker will receive continued coverage the same as if the worker were still employed by DoD for six months following the date of separation. Thereafter, the workers will be eligible to remain in their group coverage for an additional 12 months if the worker pays the full premium.

Supplemental Severance Allowance (SSA).

A separated worker is eligible for SSA if the worker (1) was employed with DoD for at least one year; (2) has exhausted all rights to state unemployment benefits, and (3) is enrolled in or has completed an approved training program.

SSA is equal to the amount of the workers' weekly unemployment benefit compensation minus any outside income or training income. SSA and unemployment compensation cannot exceed 52 weeks.

Supplemental Wage Allowance (SWA).

A separated worker is eligible for SSA is available for a separated worker who has (1) accepted a private sector full-time position at a weekly wage which is less than the wage he/she was making when employed with the Federal government, and (2) voluntarily elects SWA in lieu of SSA.

The maximum amount of SWA a separated worker may receive is the lesser of (1) the amount of SSA which could be provided, or (2) 80 percent of the weekly pay in the prior Federal position when taken in combination with the new wage. The period for SWA eligibility may not exceed 52 weeks following the worker's termination from the government.

Early Retirement Authority.

The bill will clarify current early-out authority in Title 5 of the United States Code to apply to employees who will be separated because of base closure or realignment.

Job Search and Relocation Allowances.

A worker may be eligible for the Job Search Allowance if unable to secure suitable employment within the worker's commuting area. A worker may be eligible for a Relocation Allowance of up to $800 if the worker obtains a bona fide offer of employment outside his/her commuting area.

Employment Services.

OPM will make every reasonable effort to secure for separated workers counseling, testing, placement services, and supportive services, provided for under Federal law.

Enactment of Boxer's, Brown's, and Kanjorski's proposals would soften the blow of closure and realignment actions, and would offer some protection to affected civilians. The Federal Times states that legislation would also lessen opposition to base closure actions.

The Star Presidian will update Presidians as more information becomes available.

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Your Child's life is in your hands

American Forces Information Service



An old child safety seat from a friend or relative that doesn't fit your car or meet federal safety standards is a bad deal even if it's free. And even the best, most expensive safety seat won't protect your child if it's not used properly — every time your child rides in a car.

Jeff Michaels, a spokesman for the Department of Transportation's National Highway Traffic Safety Administration, said his agency surveyed parents in 19 cities and found that while 81 percent placed their children in safety seats, one out of four of those seats was used incorrectly.

"Incorrect use" includes trying to make a seat fit into a car for which it was not designed. Makeshift "fixes" can dramatically decrease the seat's effectiveness. The Transportation Department suggests shopping for a seat that is convenient for you, then trying your child in the seat and the seat in your car. Read the instructions that come with the seat and your automobile owner's manual.

Michaels said the best safety seat is any approved one that is simple to use — so it will be used every time.

Researchers say a crash impact can pull an infant from an adult's arms. A child held on a lap can be crushed between the dashboard and the adult passenger in a crash. And unrestrained children can be thrown around the car's interior or from the car. Even if the car is equipped with air bags, children should still be protected with safety seats, experts say.

All 50 states and the District of Columbia have laws requiring infants and young children be carried in approved child-restraint systems or safety seats. In addition, according to a spokesman for DoD's Directorate for Safety and Occupational Health Policy, installations stateside and overseas require military members and DoD civilians to place infants and toddlers in safety seats.

An approved car seat should have the following label: "This child restraint system conforms to all applicable federal motor vehicle safety standards." The manufacture date should be after Jan. 1, 1981. Car seats are specifically designed for children of certain ages and weights. Here's the rundown on kinds of seats —and on what Transportation Department researchers have found to be the most common mistakes in using them:

Infants: Birth to 9-12 Months

An infant seat or a convertible seat in the infant position (facing the rear of the car) is right for this age. Either cradles the baby in a semireclining position, protects the child with a harness and is anchored to the car with the vehicle's safety belt.

The child faces the rear because an infant's back is stronger than the chest and hips. In a correctly placed seat, the infant's stronger back will absorb the crash impact. The most common mistake with seats for this age is placing the infant facing the front "so he can see." This could be fatal vision, because the extreme pressure of a crash will impact the most fragile parts of the baby's body.

Toddlers: One to Four Years or 40 Pounds

Switch to a toddler or convertible seat once the child can sit up without support. A convertible seat should face the car's front for a toddler. Most toddler seats contain a harness to protect a child's upper body, but a few use a shield system instead, and some have both. Some older models have a tether strap that must be anchored to the car's structure.

The most common mistake in using a toddler seat is belting it through the lowest section of the frame. In a crash or sudden stop, the seat could tip over, causing the child to strike the car's interior. Other common mistakes are failure to fasten the harness over the child's shoulders and fastening the harness too loosely. With the first, the child could come out of the harness and be ejected or strike the car's interior; with the second, the child could tip over in a crash.

Booster Seats: 40 to 70 Pounds

The Department of Transportation and the American Academy of Pediatrics recommend keeping children in toddler or convertible seats as long as they fit. Booster seats should be used until children are large enough that lap belts fit across the hips and shoulder belts do not cross their face or neck. The most common mistake in using booster seats is failure to use the tether or shoulder harness. In a crash, this failure could result in the child being tossed inside the car.

Parents planning to take their children in a airplane should look for a child restraint with an Federal Aviation Administration sticker certifying its safety for use in flight. Not all airlines allow safety seats, so parents should check before making reservations.

For a list of approved safety seats and buyers' information, write to:

National Highway Traffic Safety Administration
NEF-10
400 Seventh St., S.W.
Washington, DC 20590

This list also is available at the customer service desk of some exchanges. In addition, military exchange spokesmen said their buyers keep in close touch with the Consumer Product Safety Commission to ensure they buy only approved child restraint systems.



Final Flight

Aviator retires after 10,000 safe air hours

story and photo by Pleasant Lindsey III

The designer of an award-winning military aviation safety program retired at Hamilton Army Air Field, Novato, Calif., June 21 after having flown more than 10,000 accident-free hours in his career.

CW4 John J. Steffen retired after 20 years of active duty service as a U.S. Army aviator. His last assignment was with the Sixth Army Flight Detachment, Hamilton Army Air Field, Novato, Calif.

He marked his retirement by taking his last military flight in the plane he was first assigned to 20 years ago—number 67-18051.

What goes around comes around, right? By sheer coindence Steffen's first plane was moved from base to base and wound up at the same air field where Steffen would retire from.

"He qualified in it with his first unit in Vietnam, and after a rewarding career comes back to it in his last assignment," said Capt. Scott A. Burgess, Steffen's commander at HAAF, and Steffen's co-pilot on his final military flight.

"He's probably more familiar with this particular plane than anyone else," Burgess said.

Although most Army aviators are rotary wing pilots, Steffen graduated from the last class of Army initial-entry fixed-wing pilots.

"During the Vietnam War a few Army pilots received their initial qualifications in fixed-wing aircraft, then later in their careers went to qualification courses in rotary wing aircraft," Steffen explained.

Although Steffen is qualified for both types of aircraft, he said that fixed-wing flight has always been his preference.

"Growing up in Colorado, I always wanted to see what the mountains looked like from above," he said. "When my family moved to California, I took flight lessons."

But the Vietnam War brought new horizons for Steffen.

After responding to an induction notice, Steffen entered the Army in June, 1970, attending the initial phase of Warrant Officer Candidate Flight School at Fort Wolters, Texas in September of that same year. He did his primary fixed wing training at Fort Stewart, Ga., and his advanced training at Fort Rucker, Ala.

Like the aircraft he later flew, his training record soared to great heights.

Steffen was the Distinguished Graduate of his Fort Rucker class, WOFWAC 71-17, having finished number one among the five sections of his class. He said he had one of the highest flight and academic averages in the history of Army Aviation.

After graduation in 1971, Steffen was awarded engraved Silver Wings by the Army Aviation Association of America.

Steffen's first assignment sent him to the Command Airplane Company in the Republic of Viet Nam. His first assigned plane, 67-18051, was the one he flew for the unit's qualification test.

Within four months he was an aircraft commander and flew missions throughout the Republic of Viet Nam, Thailand and other southeast Asia countries.

Steffen was one of the pilots whose regular duties included flying Gen. Creighton Abrams, commander of troops, Republic of Viet Nam.

His career allowed him a bird's eye view of 35 foreign countries, as well as the United States, and gave him the chance to experience flight with his hands on the controls of many machines.

"I'm qualified to fly at least 45 different types of aircraft," Steffen said, "and two of them are rotary wing aircraft!"

Steffen attended the Rotary Wing Qualification Course at Fort Rucker in August of 1972 and qualified in the OH-58A Kiowa and the UH-1H Iroquois helicopters.



CW4 John J. Steffen performs safety checks on his aircraft before his final flight.

His contributions to Army aviation extend beyond the ability to soar with eagles.

Before that assignment, Steffen was assigned to the 9th Infantry Division Aviation Section at Fort Lewis, Wash., where he organized a petroleum/oil/lubrication storage facility that saved the 9th ID $40,000 during the U.S. fuel crisis in the late 1970s.

Also, he was the Army's principal Search and Rescue Coordinator for the Pacific Northwest. He was involved in more than 80 rescue attempts and was directly responsible for saving eight lives.

Steffen witnessed the initial eruption of Mount Saint Helens from the air and started the initial rescue effort for possible survivors, until the responsibility was turned over to the Federal Emergency Managment Agency.

Steffen finished his career as the Standardization Officer, Sixth U.S. Army Flight Detachment, at Hamilton. He set the unit's standards and trained pilots to meet those standards.

Those standards can be reflected in the unit's history.

In 16 years the detachment has not had a single accident—and that includes both rotary- and fixed-wing aircraft operations.

Steffen also managed the Aviation Life Support Equipment program at Hamilton. In fact, he developed it from scratch.

"The ALSE program was designed to standardize the use of aviation life support equipment on aircraft," Steffen said.

"We made sure each aircraft had a certain number of helmets, vests and flotation devices, and that the crewmembers each had survival equipment."

Standardization allows each aircraft and crewmember to have the same type of life support equipment.

In an emergency, each crewmember can use the equipment without worrying whether or not the life support equipment was the same on a different aircraft.

Steffen's management of the ALSE program helped the Sixth U.S. Army Flight Detachment win the Forces Command Trophy for safety excellence.

"His work with ALSE was instrumental to the Sixth Army Flight Detachment's safety program," Burgess said. "His ALSE program directly contributed to the unit's receipt of the trophy for safety excellence.

Steffen is married and has two grown stepdaughters. He said he plans to remain in the northern California area in his retirement. For him, flying is an occupation that's always bright and cheery.

"You're in control of your destiny, you're detached from the earth and its always enjoyable," he said.

Steffen added, "And, above the best (and the clouds), everything's sunny".

National Guard MPs protect Presidio

by Adrienne Sims
Star Presidian

The Army National Guard was called in June 28 on post, when a man stood behind an Army barracks at Fort Scott and nonchalantly took off his jeans.

He casually walked, dressed only in dingy white underwear, into building 1207, a barracks for male soldiers in "C" Company, 864th Engineer Battalion.

The man was apprehended, minutes later, by 2nd Lt. Leanna Green and Staff Sgt. Robert S. Willett, MPs from the Colorado National Guard. The Guardsmen were replacing Presidio MPs in their duties, so post MPs could conduct a 5-day training exercise.

The subject was taken to the MP station for questioning. When asked why he walked into an Army barracks while wearing only his underwear, he replied, "I want to go home. I'm not from California."

The man was released the same evening because he didn't completely expose himself, according to Willett.

Eighty-five National Guard soldiers from the 193rd Military Police Battalion, 220th MP Company arrived on the Presidio June 17. The Guardsmen presence allowed MPs to conduct post Military Stakes training exercise.

The skills competition includes tests of night fire and night driving techniques, according to Staff Sgt. William L. Miller, operations sergeant, Law Enforcement Company. How to conduct crime scene processing, how to protect yourself from larceny, assault, and how to conduct routine and non-routine traffic stops were taught and tested in the exercise.

Before the post MPs set out for training, they spent 56 hours helping their Guard counterparts understand police procedures on post.

Even before troops here began training, they had to get a Presidio driver's license, Lt. Col. Bruce O. Beckman said. Beckman is the Commander of the 193rd.

"It's not easy to learn the post in 56 hours," said Spec. Thomas W. Gentala, an MP with the Colorado Army National Guard. "Believe it or not, there is more to this post than meets the eye."

Most of the training was review for the soldiers, except for the "ride alongs," according to Gentala, who accompanied post MPs in a police cruiser.



Two Colorado National Guardsmen discuss police procedures on the Presidio.

To keep from getting lost, many Guard MPs carried maps during their patrols. "I spent my time off just studying [a map] so I would know where to go if a call came in," said Spec. Eric R. Edquist, a Guard MP who worked the day shift while he was on post.

MPs said most days seemed pretty quiet. "We haven't come across any problems working the day shift, but I think our buddies on the midnight shift have come across a couple DUIs [Driving Under the Influence]," Edquist commented.

Although the day shift had been mainly quiet, Gentala said he did handle a few cases involving shoplifters at the PX. He noted that these type of calls were routine for most MPs.

"Our MPs completed the same basic training and AIT [Advanced Individual Training] as active duty members do," explained Beckman. "Granted they don't have the year-round training, and they're not as familiar with the post, but you can count on them to do what is expected."

"Our unit goes to many different posts. We've even been to Panama," said Gentala. "The people on this post have been [among] the most courteous. Often people that live on post are afraid we can't do our jobs, and maybe [they think] they're not safe, but they are," he said

The MPs finished training June 28, according to Miller.

They returned to Colorado Saturday. "I think they did an excellent job enforcing laws," Miller said. "As far as I'm concerned, there were no disruptions of any kind on the installation while they were here."

Power of attorney 'not to be given away like candy'

By Evelyn D. Harris
American Forces Information Service

"A power of attorney can be useful, but it's very powerful. It shouldn't be given away like candy," said Capt. Jessica L. Kole of the Army's Legal Assistance Office in the Pentagon.

"Military people are the prime users of power of attorney," she said. "Sometimes, they give a general power of attorney when the more narrow special power of attorney would be more appropriate. For example, Kole set up the following situation: You get orders for an unaccompanied overseas tour, put your affairs in order, give your spouse a general power of attorney and leave. When you come back at midtour, you discover your spouse has purchased a sports car for more than $20,000 and charged more than $12,000 on charge cards opened in your name.

"You are responsible for those debts, and this kind of story is not unusual," said Kole. "I've seen many incredible situations involving powers of attorney."

A general power of attorney allows the person to whom you give it to do almost anything you could have done yourself. You should think carefully before giving it and be sure that the person you choose to act on your behalf will have good sense when using it, she said.

"If married service members and their spouses have their financial affairs in order, they really shouldn't need a general power of attorney," said Kole. That is why she advises clients to consider the more limited special power of attorney. This allows its users to move in and out of quarters, to ship a privately owned vehicle, to provide medical care for their children and to move money out of accounts and for just about any other purpose. Several special powers of attorney can be written, each for a limited purpose.

Also, sometimes a general power of attorney is not acceptable. For example, a special power of attorney can be written to sell or buy a specifically described piece of property. This protects grantors from having their family homesteads sold without their knowledge. Financial institutions sometimes have preferred formats for powers of attorney, so Kole suggested checking on this before the document is prepared.

Even a limited power of attorney can cause trouble if given to the wrong person, though. Kole said a soldier gave a friend the authority to sell his car. The friend sold the car — and took off with the money.

Kole suggested that the power of attorney remain valid for only the period needed — a six-month power of attorney to cover a six-month tour, for instance. If a long-term power of attorney is necessary, it should be rewritten every two years.

No power of attorney is valid once a person dies, but the device can be written to remain valid in the event the grantor is a prisoner of war or missing in action. It can also be written to take effect if the person is declared mentally disabled.

A power of attorney can be revoked at any time. Kole suggested getting help from the legal assistance office in preparing a notice of revocation. Send the notice by certified mail, return receipt requested, to the person to whom power of attorney has been given. Send copies the same way to any business that has relied on the power of attorney.

Any business can refuse to accept a power of attorney. "Some people don't understand that and make a scene, but the business is within its rights to refuse," said Kole.

Kole said installation legal assistance offices can help service members prepare powers of attorney.

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Sports

Sports Notes

Summer basketball leagues

The Presidio Sports branch will sponsor a summer basketball league for both full competition (for 19 years and older) and half court competition for people 30 years or older. Leagues will start play July 16.

Full court competition will be held Mondays and Wednesdays at 5 p.m. There is a limit of 10 people on a roster. Half-court competition will be held 11:30 a.m. to 12:30 p.m. There is a limit of six people per roster for the half court competition.

Army units, divisions and Department of the Army civilians may combine to form teams. Entry fees are $75 for full court competition and $40 for half-court competition per team. An organizational meeting and entry deadline will be Tuesday at noon. For more information, call John Funes at **561-5032.**

1990 Presidio Youth Soccer

Presidio Youth Sports is recruiting players for it's upcoming season which will be held Aug. 16 through Dec. 16.

Registration will be accepted at Post Gym No. 2, building 1152 from 10 a.m. to 6 p.m. July 20. Cost is $10 for each child under 6 and $20 each for children 6 and older.

Parents must furnish proof of age (birth certificate or old U.S.Y.S.A. player pass) and a small photo (no larger than 1.5 inches x 1.5 inches) of the child.

Soccer coaches and assistant coaches will also be needed for the new season. For more information, call Allen Posey, Youth Program coordinator at 561-5051.

Fourth of July Handicap Bowling Tournament

The Presidio Sports Branch will be hosting the annual 4th of July Bowling Tournament Saturday and Sunday, July 7 and July 8 at the Presidio Bowling Center. There will be two separate tournaments held. One will be for children at 9 a.m. to 1 p.m. and another for adults at 1 p.m. to 5 p.m.

Divisions for children are child/adult, child doubles and child singles. Divisions for adults will be men and women's singles, doubles and mixed doubles. Cost is $5 per event for the children's tournament and $6 per event for the adult's tournament.

Trophies only will be awarded in the child division. All bowlers will use their highest 1990 league bowling averages based on 15 games. Bowlers without handicaps will bowl scratch in the adult divisions but will be given 40 pins handicap if bowling with a child. For more information, call Lori Bearson, tournament coordinator, at **561-4120.**

Giants and A's games

The San Francisco Giants will admit Armed Service Personnel to general admission free wit an active duty ID. This offer is good for all games Monday through Sunday. Family members not included.

The Oakland A's will sell Half-price tickets at the coliseum to active duty members.

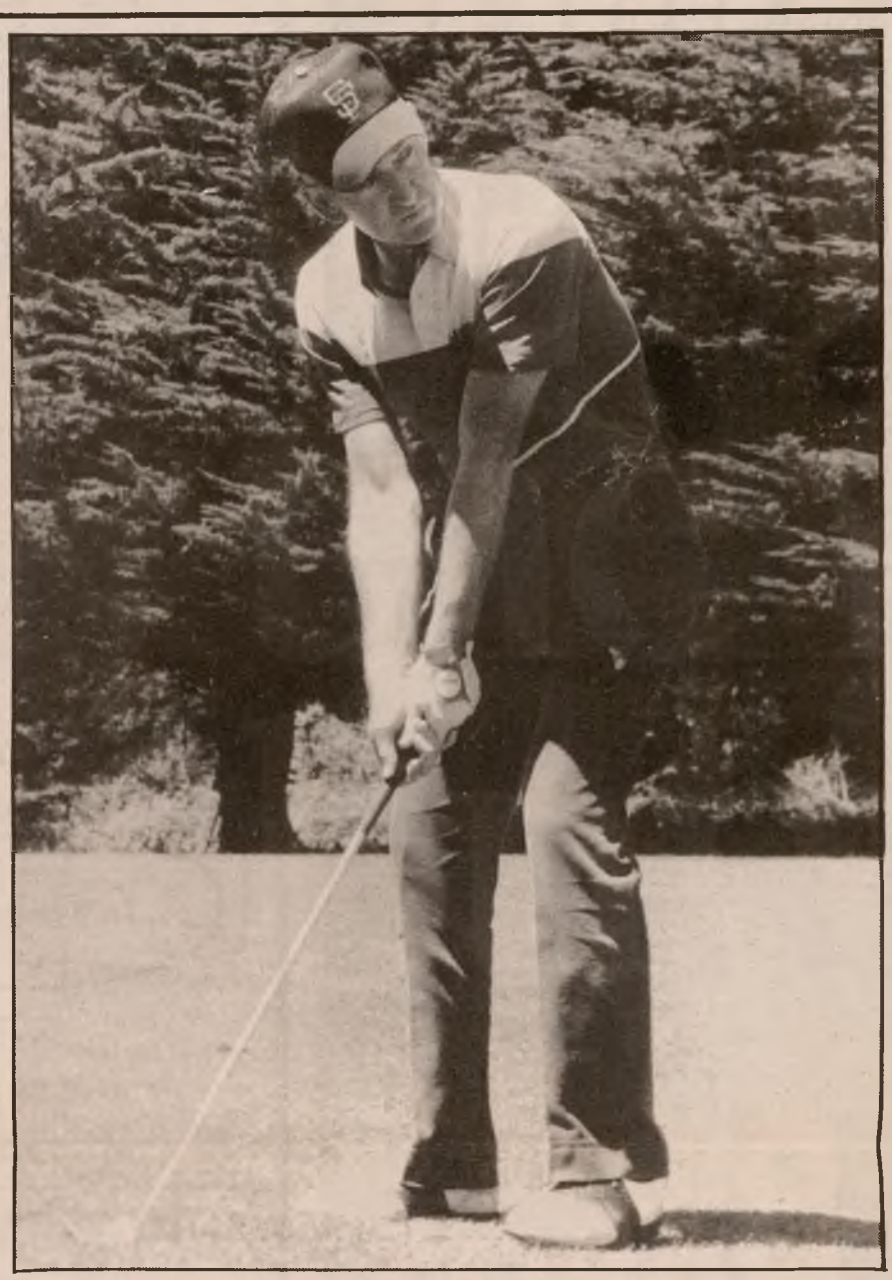


photo by Joel P. Smith

Fore!

Lt. Gen. Willliam H. Harrison eyes the ball on the back nine of the 1990 Commander's Golf Tournament. The June 28 tourney, under blue skies, was led in the Open Division (low gross) by Michael Groves (78). Brian O'Leary claimed first in the low net category with a 65. Paula Molnar took the Women's Division (low gross), stroking 81.5.

Aerobics: Fun, fitness combined

by Drew Seaman
Star Presidian

Just doing it 20 minutes a day, three times a week, will get your heart pumping. You can do it alone or do it with twenty people.

"It's a lot of fun and that's the way Aerobics should be," said Beverly Carpenter, the aerobics director for the post Gym No. 1.

It is an important means of developing cardiovascular endurance. Cardiovascular endurance is the sustained ability of the heart, lungs and blood to take oxygen from the air and deliver it through the body.

"Every cell in the blood requires oxygen to function," she said adding, "Aerobics is a great exercise that gets large quantities of oxygen into the system so we feel healthier."

Aerobics, derived from two Greek words; "Aero" meaning "air" and "bic" meaning "life", is any form of exercise that lasts more than 90 seconds that performed over a long period of time increases fresh supplies of oxygen.

An exercise that lasts less than 90 seconds and needs almost no fresh oxygen is called "anaerobic" meaning "life" and "no air". Weightlifting falls into the anaerobic category because it is done in short repetitions with many restbreaks.

Carpenter said that to achieve aerobic benefits a person must exercise at least three times a week, for 30 minutes each time. She recommends, "five minutes of warm-up to get the heart rate elevated gradually, 20 minutes of aerobic workout called the training phase and five minutes of cool-down to bring the heart rate down gently."

Aerobics also offers a total body workout that builds physical endurance. Carpenter has had many soldiers join her aerobics class to improve their fitness level (push-ups, sit-ups and the two-mile run) for the annual Army Physical Fitness Test.

Aerobics, as a fitness training program, resulted from years of research. Relatively young Air Force personnel were used as test subjects, according to The Aerobics Way by Kenneth H. Kooper M.D., M. PH. The program was mainly designed for men under 30 years old. Today, the fitness program has large followings of men, women and children.

"Among the best aerobic exercises are brisk walking, distance running, swimming, cycling, aerobic movement, cross-country skiing, rowing and jumping rope," said Carpenter.

Valerie Reiheld, fitness consultant at the main gym, stressed that aerobics should be done in a cross training program. "Cross training involves doing more than one exercise as a routine," said Reiheld, adding, "if you don't cross train, you may develop some muscles while leaving others underdeveloped."

Cross training can consist of exercises like running or swimming on alternate days. It can also be done on a seasonal basis, like skiing in the winter and jogging or running during the summer.

The hour-long classes are held six days a week, Monday through Saturday. Classes run from $15 for five classes, up to $36 for 18 classes. For more information call Carpenter at **561-4131** or **681-6721.**



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Community Calendar

Presidio Crisis Line

Army Community Service is looking for volunteers for Presidio's Crisis Line. The next training session will be July 16, 5:30 p.m. to 9:30 p.m. The Crisis Line is available to the Presidians 24 hours a day seven days a week.

The Crisis Line is staffed by volunteers who work from their own home. The classes teach how to offer support and listen effectively. For more information, call Priscilla Fleischer at ACS at **561-4513.**

Leave Donation Requests

Clevelyn Wade and Louise Harris, Presidio employees, are having a medical emergency. These employees have exhausted all sick leave and annual leave. They would like to become leave recipients, which would allow them to have more recovery time before having to return to work.

Anyone wishing to donate leave, please call Mike Modena at the Management-Employee Relations Division, CPD, at **561-3898.**

Smokers can quit

The American Cancer Society's stop smoking class begins July 10 in downtown San Francisco at 235 Montgomery, Suite 320. Sessions are Tuesdays and Thursdays from 6 to 8 p.m. for three weeks.

A donation of $24.50 is requested to cover the cost class materials and preregistration is suggested. For more information, call the American Cancer Society at **394-7100.**

First aid class

The American Red Cross is offering a first aid class July 25, 8 a.m. to 4 p.m. The fee is $15 payable in advance. For more information, call Randy or Frankie at **561-2141** or **561-2188.**

Craft demonstrations

The Exploratorium will hold craft demonstrations weekends noon to 5 p.m. The demonstrations are free with admission to the Exploratorium. Japanese Wood Joinery will be demonstrated July 14 and 15 and Marble Making will be demonstrated July 28 & 29.

For more information, call Linda Dackman at **563-7337.**

Tae kwon do

The Directorate of Community Family Activities, Youth Activities Division needs a Tae kwon do, traditional style, instructor for two one hour lessons per week, weekday evenings. For more information, call Don Fontaine at **561-5416.**



photo by Stephen Vaughan

'Days of Thunder'

Tom Cruise stars as Cole Trickle, an ambitious young race car driver in "Days of Thunder," the action drama now playing in Bay Area theaters.

AREVP reunion

The Association of Retired Enlisted Veterinary Personnel's charter reunion will be held Oct. 12 through 14 at the Seven Oaks Hotel and Convention Center in San Antonio, Texas.

For more information about the reunion or association membership, contact Karl J. Stegman at 12903 Independence Ave., San Antonio Texas 78233.

Youth Services Summer Program

Registration is now open for the Youth Services Summer Camp. This year our Summer Day Camp will include a choice of two camps. The Big Camp is all day from 7 a.m. to 5:30 p.m. The Mini-camp is open 10 a.m. to 2 p.m. Both camps are geared for lots of outdoor activities, with swimming, hikes, arts and crafts, and trips to Great America, Marine World and other exciting places.

Registrations are being accepted at the Youth Activities center, building 1331 at Fort Scott. For more information, call the center at **561-5910.**

Youth Services tennis camp

Youth Services is sponsoring a one-week tennis camp for youngsters ages 12 through 18. The tennis camp will be held Thursdays, July 23 through July 27. Training will be available for beginners through advanced levels.

Cost of the camp is $40 per person. For more information, call Tom Carter at **824-7854.**

Child Development class

The Family Advocacy Program will sponsor Child Development classes which highlight the needs of preschool-age children, present practical information about children's behavior, and provide parents with a chance to discuss new ways to deal with discipline and learning.

The class will be held at the Child Development Center Thursdays, July 12 through Aug. 2, 3:45 p.m. through 5:30 p.m. Advance enrollment and child care arrangements are required. For more information, call Nancy Niederhauser at **561-5155.**

S.A.T.

Soldiers planning to take the Scholastic Aptitude Test for college entrance must test by July 19 to receive a score report before late October or November. Tests cannot be given between July 20 and Sept. 10. For more information, call a counselor at the Fort Scott Education Center, building 1216, 561-4445 or 561-2974, or the Letterman Army Medical Center Education Center, building 1014, 561-3692 or 561-4791.

Creative Cottage

Looking for a perfect wedding gift, graduation present or beautiful hand-crafted item? Come to the Creative Cottage, located in building 204 next to the Thrift Shop. The Creative Cottage is open Tuesday, Wednesday and Thursday from 10 a.m. to 2 p.m. and the first Saturday of each month.

Military Preretirement Orientation

A Military Preretirement Orientation will be presented at the Presidio Officers Club, building 50, Tuesday, July 24 from 8:30 a.m. to noon. An open invitation is extended to you and your spouse.

There will also be a Resume Writing class Thursday, July 26 from 1 p. m. to 4 p.m. There are only 20 seats available. Reservations are required and can be made be made by calling the Education Center at 561-4445 or 561-2974.

For more information, call N.C. Fleming at **561-3183** or **561-2721.**

Office Support Job Faire

More than 60 Bay Area employers will be recruiting office workers at the Office Support Job Faire Tuesday, July 10, from noon to 7 p.m. at the Dunfey Hotel, 1770 S. Amphlett Boulevard in San Mateo, Calif. The job fair, sponsored by the community Career Education Center, is free.

For more information, call Ron Visconti at **345-0753.**

Food Basket Program

If you are moving, and you have unopened canned and packaged food you want to leave behind, you can donate them to the Hands-Across-the-Presidio Food Basket Program.

Donations may be left at the Army Community Services, building 103B, Monday through Friday, 7:30 a.m. to 4:15 p.m.

For more information, call Erick Davis at 561-5256.

Seoul shopping

SATO Travel is offering a shopping tour to Seoul, South Korea, Oct. 23 through 29. Airfare, transfers to the hotel, and hotel accommodations for six nights and a daily American breakfast are included for $1,375 a person.

For more information, call Pattie at the SATO Travel office, **561-2315.**

Presidio Yacht Club

Five basic sailing lessons are held at the Presidio Yacht Club for $40. Lessons are available to active duty members, their spouses, retired military, reservists and Presidio Department of the Army civilians.

For more and information, or to sign-up, call the Presidio Yacht Club at **332-2319.**

At the Movies

Presidio Theater

Fri., July 6: Short Time (PG-13) 7 p.m.
Sat., June 7: I Love You To Death (R) 7 p.m.
Sun., June 8: Why Me? (R) 7 p.m
Mon., July 9: Impulse (R) 7 p.m.
The movie Stella has been rescheduled for Saturday, July 21.

Hamilton Theater

Fri., July 6: Revenge (R) 7 p.m.
Sat., July 7: National Lampoon's Christmas Vacation (PG-13) 1 p.m.
Sat., July 7: Tales from the Darkside (R) 7 p.m.
Sun., July 8: Earnest Goes To Jail (PG) 4 p.m.



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CLOSURE

Commissary extends hours, page 3



QUALITY

Army to force out unfit soldiers, page 5



JULY 4

Fireworks — red, white, and whew!, page 7



Star Presidian

Vol. 33, No. 29 "Published in the interest of the people of the Presidio of San Francisco" July 12, 1990

News Briefs

Unit Award

The Company-Sized Unit Award was given to the 481st Transportation Corps Company, 124th Army Reserve Command. The unit is from Rio Vista, Calif, a Presidio sub-installation. Capt. William L. Coleman is the commander of the unit.

Public Affairs Office closure

The Presidio Public Affairs Office will close Friday at noon for an organizational day picnic at Golden Gate Park.

The PAO will reopen Monday at 7:30 a.m.

ID card issue

The Presidio ID Card section issues family members ID cards by appointment only. Hours available for family members, retired, Presidio Department of the Army civilians are 8 a.m. to 2 p.m. Monday through Friday.

Appointments b aren't t required for active duty members and Reservists between 8 a.m. to 3 p.m. Monday through Friday.

For more information, call Norman C. Fleming at **561-2721.** For appointments call **561-3478.**

Commissary hours

The Presidio Commissary will change its hours beginning July 24. The new hours will be:

Mondays and holidays, closed;
Tuesdays through Fridays, 10 a.m. to 7 p.m.;
Saturdays, 9 a.m. to 5 p.m.;
Sundays, noon to 5 p.m.

Lecturer at Post Theater

Col. Doug Carter, Washington D.C. lecturer and author, will speak at the Post Theater Wednesday, 9 to 11:30 a.m.

The lecture is free for the Presidio community. Carter's subject is "Marketing Yourself for a Second Career."

For more information, call the retirement services at **561-3183** or **561-2721.**

Volunteer program

The Installation Volunteer Office is now located in the Support Services Center, building 103B, Montgomery Street. There are currently immediate volunteer openings for receptionists, typists, computer operators, and areas of financial management, budget counseling and early childhood education.

For more information, call Jeanne' Mote, Family Support Division, at **561-4147.**



photo by Duvel White

Stars in her eyes

A stilt-walker at Crissey Field takes a breather July 4, while waiting for the evening's fireworks. About 100,000 attended the Independence Day bash on the Presidio. For the story and photos, see page 7.

Harrison—Army to be better, smaller

by Drew Seaman
Star Presidian

Times are changing. Many enlisted soldiers are questioning their job stability in the Army. Officers are asking whether it's worthwhile to plan a career as a military leader. Department of Defense (DoD) civilians are wondering if they should seek other jobs now or sweat out the Army's future.

To help answer some of their questions, a briefing on the Army's "build down" of the force was presented to an audience of more than 100 DoD civilian employees, military members and their spouses in the Presidio Theatre July 2 and July 5.

"We're going through a tremendously turbulent and uncertain time, not only in the world, but in the Army," said Lt. Gen. William H. Harrison, Sixth U.S. Army and Presidio Commanding General, who narrated the presentation on the Army's personnel management plan for the years ahead.

The briefing was one of hundreds that will be given Army-wide in the upcoming weeks and months to all active-duty soldiers and civilian employees on the personnel plans, programs and policies that have

see Army better, page 3

Voices

Presidio View

by Lt. Gen. William H. Harrison



This week on post

Dear Presidians —

Another 4th of July gone by without a fatality or serious injury. Thanks to all of you for your dedication to safety.

Last week I commented on some of the participants in the San Francisco Marathon, but I failed to mention that LTC Sandy Wong also ran it and and that our great Sixth Army Band performed at the start—outstanding as usual.

This past week I spent two mornings talking to the leadership of the post. The purpose was to begin the "Chain Teaching" process here at the Presidio. I covered this in last week's edition so I won't belabor the point, but I do want every person at PSF to hear of the Army's plans to care for our people—uniformed, family members and civilians.

On Tuesday, the 3d of July, SGT Daley, the young man who takes care of our VIP quarters on post was promoted to SSG. Unfortunately, I was unable to attend, but Mrs. Harrison and I wish him all the best. He's a fine soldier and represents the U.S. Army well to our many visitors.

The 4th of July was truly a great day here at the Presidio of San Francisco—A Very Special Place. The weather could not have been better and as I have already mentioned, it was fatality and major injury free. A number of our troops helped and assisted GGNRA in all the festivities here on post. The MPs had a long hard day and performed admirably—as always. Assisting them were soldiers from DPTM, the Headquarters Battalion S3 shop and C Company, 864th Engineer Battalion. These folks had to work while the rest of us enjoyed the holiday. They ensured traffic moved slowly, aided and assisted visitors and insured the safety and welfare of the post. To each of the my sincere thanks for a job well done.

Down on Crissey Field our Garrison Commander welcomed all the thousands of visitors and our great Sixth Army Band and Salute Battery performed to the delight of all—initiating the super fireworks with a rousing rendition of the "1812 Overture"—a REAL HOO AH performance.

Presidians—soon we will reinstitute the door checks at both our commissary and PX. This is a necessary procedure to insure we—the authorized patrons—protect these valuable privileges we have been accorded. As we all know, our commissary and PX are valuable benefits for military families. There are strict rules—that carry the force of the law—as to who can and cannot use these facilities. Each time one of us abuses these rules, or allows them to be abused, we jeopardize these benefits for all. So, I hope you will accept the need for these stricter security measures at our commissary and PX. We each have an obligation to aid and assist these facilities by helping assure only authorized patrons utilize the commissary and PX. Our government has provided us these facilities within certain rules. To abuse the privilege risks them for all—especially for our folks who really need them in this high cost are—our young married soldiers and our retirees on fixed incomes. I know I can count on your cooperation.

God Bless You All.

William H. Harrison
Lieutenant General, USA
Commanding

"One man with courage makes a majority."

Andrew Jackson



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All editorial content of the *Star Presidian* is prepared, edited, provided, and approved by the Public Affairs Offce of Headquarters Sixth U.S. Army and Presidio of San Francisco, California. The *Star Presidian* is printed by Coast Publishing, a private firm in no way connected with the Department of the Army, under exclusive written contract with the Presidio of San Francisco, California. The civilian printer is responsible for commercial advertising.

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News to Use

Ask Presidians:

"Should there be a Constitutional amendment against flag burning?"

by Drew Seaman
Star Presidian



Faye G. Jennings, control chief, Presidio Commissary: "Yes. The flag represents the wholesomeness of America. It stands for the strength that millions of Americans have given their lives for. It hurts me a great deal to see people burn the flag and enjoy it."



E.S. Simpson, shift leader, (Logistic Control Agency) AACA: "Yes. There are too many good soldiers that have died for 'Old Glory'".



Maj. Wayland D. Mouser, assistant SGS for Protocol, Sixth U.S. Army: "Yes. Something has to be done to protect what most Americans see as the symbol of freedom that soldiers have fought and paid dearly with their lives for.



Dan Poullard, meat department manager, Presidio Commissary: "Yes. Too many Americans have died in wars all over the world to protect our freedom and other country's freedoms."



Sgt. Eugene Reed, recruiter, Daly City Army Recruiting Company: "No. We have the freedom to express ourselves as we choose. That's one of the reasons I'm in the military — to protect people's rights to free speech whether everyone agrees with them or not."



Tony DelaRosa, Vietnam veteran, United States Army: "Yes. I've served three tours in 'Nam. It's not right to burn the flag 'cause it represents freedom and democracy."

Post commissary to close in 1995

by Drew Seaman
Star Presidian staff

The Presidio of San Francisco Commissary has been tentatively scheduled to close September 1995 according to officials at the U.S. Army Troop Support Agency.

The commissary was one of three commissaries identified for closure by the Defense Secretary's Commission on Base Realignment and Closure (BRAC 1) held Dec. 29, 1988.

The upcoming closure will not immediately affect service to shoppers any time soon.

"Our commissary management is committed to providing quality products at the lowest possible price, with quality service and convenient shopping hours," said Charles W. Snow, Presidio Commissary officer.

The commissary also will discontinue a recently implemented identification check procedure Sunday. At press time, Tuesday , the commissary was scheduled to once again check IDs at the door.

The procedure originated from a Department of Defense Study of Military Commissaries which cited the costs of checking customers prior to entering the commissary at $7.8 million per year.

In other commissary news, the facility is extending its hours to better serve Presidians now. New hours starting July 24 will be 10 a.m. to 7 p.m., Tuesday through Friday; 9 a.m. to 5 p.m., Saturday; and noon to 5 p.m. Sunday.

12 soldiers graduate college

by Barbara Hug, Fort Scott Education Center

Twelve Presidio soldiers received their college degrees at Columbia College graduation ceremonies recently.

These soldiers are: Maria A. Beebe, John D. Brooks, Alexander J. Buelna, William J. Gillihan, Jerry T. Hardison, Leopoldo A. Hernandez, Ruth H. Klawitter, Ralph E. McNeal, No. C. Pak, Reinaldo Osario, Bruce L. Rennock, Leonard J. Ware II.

Columbia, a private college whose home campus is in Missouri, conducts classes at Treasure Island for military personnel only.

More Presidio soldiers enrolled in Army-funded college courses are enrolled in Columbia than any other undergraduate school in the Bay Area.

Columbia is popular with soldiers because, as a member of the Servicemembers Opportunity College Network, Columbia is committed to helping soldiers earn degrees.

It's liberal admission policies, generous acceptance of credit earned at other institutions, and awards of credit for military experience can cut down the time and money needed to earn a college degree.

After a soldier completes one course at Columbia, the college will evaluate all sources of credit and list the requirements the soldier must fulfill to earn a degree.

A student agreement, or degree contract, is signed by both the soldier and the college that guarantees a diploma from Columbia, given that all course requirements and residency requirements are met.

At least five courses must be taken at Columbia in order to receive an Associate degree (60 semester hours). Eight courses must be taken at the school before the soldier may earn a Bachelor's degree (120 hours).



Other courses may be taken at accredited colleges in this area, elsewhere in the United States, of at military locations throughout the world.

Soldiers do not disrupt their studies at Columbia if they move.

Another attractive aspect of Columbia is its class schedule. Each course meets one night a week, 6 to 10 p.m., for eight weeks.

Taking one course per term (five per year), a soldier could meet the residency requirement for an Associate degree in one year.

Credit for military experience and education may be applied to fulfill the remaining credit-hour requirement needed to obtain the degree.

Columbia offers degree programs in individual studies, business administration, and criminal justice.

Soldiers interested in Columbia College, or any other educational program, are invited to call an education counselor at the Ft. Scott Education Center, building 1216, at **561-2974.** You may also call the Letterman Army Medical Center Education Center, building 1014, at **561-3692.**

Army better continued from page 1

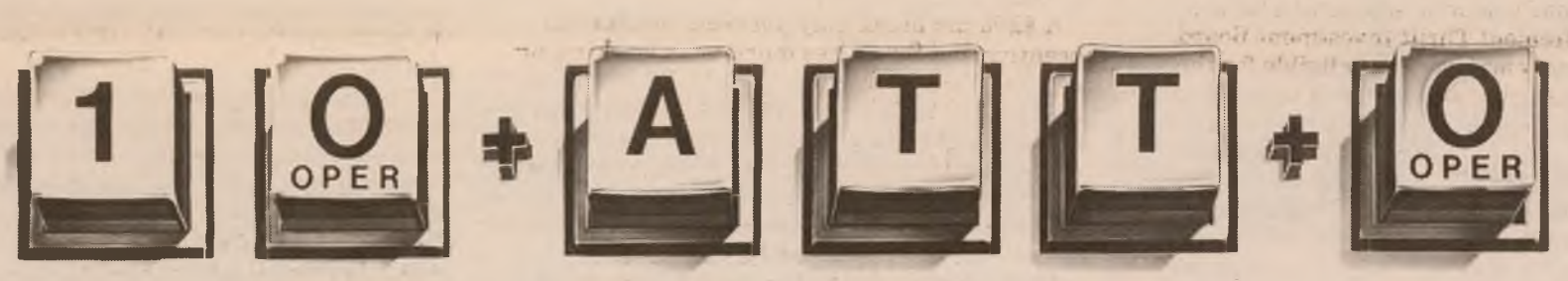
been developed to reduce the size of the Army in the 1990s.

The planned cuts currently call for slightly fewer than 600,000 active duty soldiers by 1997. According to this month's it Army Times t , there are currently about 750,000 soldiers on active duty.

Among the key points for the Army's seven year plan presented by Harrison were:

- The Army will make full use of voluntary early release programs for officers and enlisted soldiers before initiating any reduction in forces (RIFs) and involuntary early outs.
- The Army will reduce admittance of soldiers into the military by 18,000 this year.
- The Army plans to reduce its strength by 35,000 officers and enlisted soldiers every year until 1997.
- Quality-of-life programs will remain a high priority.
- Commissioned officers will be cut by 2,600 using both voluntary and involuntary programs.
- There will be no reduction in forces this year, but the Army will release 1,500 soldiers identified for separation under the Qualitative Management Program.
- Soldiers barred from reenlisting will be allowed to voluntarily leave service before their expiration of term of service (ETS) date.
- Soldiers who do not plan to reenlist may apply for a voluntary early release program up to 90 days from their ETS if they meet the following standards: Have an ETS date before Dec. 31 and have their commander's permission to leave.
- If lawmakers approve a legislative request before Congress, career soldiers with less than 18 years of service released under RIF conditions would receive severance pay ranging from $5,700 to $51,000.

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Open Season

Thrift Savings Plan accepting new investors

By Evelyn D. Harris
American Forces Information Service

Looking for a high-yield, safe long-term investment? Examine the government's Thrift Savings Plan during the open season starting May 15.

Open season is a twice-yearly period when civilian employees can join the plan; stop, increase or decrease their contributions; or move their money among the plan's three funds if they are members of the Federal Employees Retirement System. All civilian employees should receive a booklet explaining the plan and their options; copies should be available at installation civilian personnel offices.

"It's like a bed of roses for your retirement," said Francisco Da Costa, Thrift Savings Plan program manager on post.

Da Costa noted the government matches a percentage of employee contributions to the fund, directly encouraging federal employees to invest in their retirement.

"This is a retirement savings plan; the money is not liquid — you can't just pull it out whenever you want. But for those who are looking for an investment, it's a good deal whether they are in the FERS or old Civil Service Retirement System," said Tom Trabucco, spokesman for the Federal Retirement Thrift Investment Board.

Most federal employees are eligible for the plan; some new civil servants and those returning to government service may have to wait six to 12 months before they're allowed to enroll. Trabucco said the plan can supplement the retirement income of CSRS employees. FERS employees, on the other hand, get a different deal because the plan was started to provide a significant portion of their retirement income.

The government automatically opens an account for new FERS employees six months after they are hired. It contributes the equivalent of 1 percent of the employee's salary to the account, even if the employee contributes nothing.

The money snowballs when a FERS employee participates. The government matches dollar for dollar the first 3 percent of basic income a FERS employee invests. For the next 2 percent of income invested, the government gives 50 cents for each employee dollar.

"Thus, FERS employees who put in the full 10 percent of income they're permitted to contribute every year actually save an amount equal to 15 percent of their income — and that's before any earnings are considered," said Trabucco.

Despite the fact that many FERS employees are younger and in lower pay grades, slightly more than half of them participate in the savings plan.

According to the Internal Revenue Service, employee and government contributions are tax-deferred income. Tax deferral works like this: Susan Saver's basic annual pay is $26,000, and she contributes 5 percent of that ($1,300) to the plan. Her contributions are subtracted from her reportable income, which becomes $24,700. In her tax bracket, this reduction saves her about $200 in federal taxes.

Her contributions, the government's and the earnings from both become taxable only when they are withdrawn from the account, presumably after Susan retires.

A $200 tax break may not seem much of an incentive, but Susan has much more working for her than that. Because she is a FERS employee and receives matching government money, her account doubles in value immediately and earns yields on $2,600. If in another investment plan earning 9 percent compounded, her $1,300 would take about eight years to double — or longer if the plan is taxed. Susan also may reduce her taxes further by contributing up to the maximum 10 percent yearly.

As a FERS employee, Susan also has a chance to earn far-above-average returns, depending on her tolerance for risk. The Thrift Savings Plan consists of three funds: U.S. government securities, common stocks and bonds. FERS employees may choose where to place their savings plan money, although at least 40 percent of their 1990 contributions must go toward government securities.

The risk-free government securities fund is guaranteed by the U.S. government and earned 8.81 percent in 1989. The bond, or fixed income, fund offers the chance of higher returns, but flows with bond market forces; it earned an annual 13.89 percent last year, but started 1990 with a January loss of 1.38 percent. The stock fund is the riskiest, potentially most profitable one; investors posted a 31.03 percent gain for 1989 and a 6.59 percent loss for January.

Employees who want to invest in bonds and stocks must sign a statement that they know the risks involved.

Slightly more than 20 percent of CSRS employees invest in the savings plan, but they are limited to 5 percent of their income and can contribute only to the government securities fund. Also, they receive no matching government funds.

"Some CSRS employees believe the plan is a bad deal because the government doesn't match their contributions and they can only put their money into the government fund," said Betty Hawley, an employee relations specialist in the Pentagon. "It also seems people get together and either talk each other into participating or talk each other out of it. We have offices where everyone enrolls and offices where no one enrolls."

Trabucco and Hawley both noted these CSRS employees may be short-sighted: CSRS employees' investments are tax-deferred the same as FERS workers'. And while the government fund's 8.81 percent 1989 earnings weren't as high as the stock and bond funds, that return was both risk-free and more profitable than many other possible investments.

FERS employees are vested in the savings plan, meaning their contributions and the government's are theirs to take if they leave federal service. The exception is their agency's automatic annual 1 percent contributions — most employees are vested for this money after completing three years of federal civilian service; non-career Senior Executive Service members and political appointees own the money after two years. CSRS employees are always vested, because the only contributions are theirs.

Employees leaving federal service before becoming eligible for either immediate or deferred retirement (generally, employees with less than five years' service) must transfer the money into an individual retirement arrangement or other eligible retirement plan. They cannot leave their money in the plan or select any other withdrawal plan. Employees leaving federal service who are eligible for deferred retirement can leave their money in the plan until retirement, transfer the money into an IRA or receive an annuity.

Because of the tax-deferred status of the savings plan, employees can't withdraw their money while they are still working for the government. However, they can borrow against their accounts to purchase a primary residence or to meet certain financial hardships.

For more information about the program, call Da Costa at 561-5742.



Start on the Right Track to Your Future



Travel

Prospect for fun in Gold Rush towns

by Brenda V. Foote, Sixth U.S. Army Public Affairs

It was the sound of gunfire invading the afternoon air that made the pedestrians stop their stroll down Main Street. A group of notorious looking men on horseback were circling the entrance of the saloon and were hollering for the ladies to be sent out.

The saloon doors swung open and out stepped an attractive lady dressed in a ruffled purple dress and feather in her upswept auburn hair. She was carrying a large bottle under her arm and her appearance brought shouts of victory to the men.

The men weren't outlaws, just tired prospectors who had been working hard all week for the gold they had found and were back in town to spend it.

This scene was being observed by the curious passersby who were on a weekend vacation in Jamestown, a genuine Gold Rush Town where gold was first discovered in 1848.

This historical town's Main Street is lined with antique shops, restaurants, bed-and-breakfast hotels, art galleries and even offers gold panning. Also among Jamestowns' charm is Railtown. Built in 1897 the Sierra Railway connected the lumber mills and mines of the county to the rest of the world. Railtown is now a State Historical Park and offers shopping in the old freight house and a 26 acre roundhouse. Board a steam train and enjoy a leisurely ride.

Eight miles from Railtown is Columbia State Park which is home to another historical Gold Rush Town. Here you can ride on a stage coach that is over 100 years old, but be sure to hide any valuables in case a hold up occurs along the trail. Along the street are museums, a mercantile, saloons, trading posts and a black smith at the end of town.

The richness of the area would not be complete without including Yosemite National Park. Designated a national park in 1890 Yosemite will celebrate its 100th anniversary this year. A wonderland of activity exists at this scenic park with numerous cascading waterfalls, from rock climbing, photography, bicycling, horseback riding (or ponies for the children), to walking and hiking.

So step back to a bygone time, its a perfect weekend retreat for city weary people.

Located 140 miles from San Francisco, Tuolumne County has a lot to offer the entire family.

For more information, call the Tuolumne County Visitors Bureau at **1-800-446-1333.**



photo courtesy H&L Wright

Magical summer awaits Sea World visitors



Shamu and Baby Shamu leave the water in a graceful leaping arch. The whales star in Sea World's Summer Nights killer whale show, "Shamu's Night Magic."

Sea World San Diego has a spectacular summer planned for visitors.

In Magic on Ice, skating numbers are intertwined with the illusions of master magician Steve Wheeler. Wheeler may make a skater appear for her number, or the skaters may set up an illusion for the magician.

Magic on Ice is only one element of Sea World's all new summer nights entertainment lineup that begins June 16 and continues through Sept. 3.

At Shamu Stadium, nighttime means high-energy music, theatrical lighting, lasers, and a masterful presentation of the beautiful killer whales. Baby Shamu stars alongside Shamu and Namu in "Shamu's Night Magic" show.

The U.S. Synchronized Swim Team performs nightly in a show called "Splish Splash to the Past." Swimmers perform to 50s and 60s music. Special lighting and laser effects highlight the maneuvers of this talented group of athletes.

Sea World is open daily from 9 a.m. to 11 p.m. during Summer Nights. Located on I-5 on Sea World Drive, admission is $21.95 for adults; $15.95 for children 3 to 11 years old; and children under three are free. A $27 Summer Nights pass allows unlimited entry to Sea World after 5 p.m. every night through Labor Day. Parking is free.

For more information, check with the ITT Office, or call 263-3202.

Independence Day



photo by Duvel White

A chief warrant officer salutes the flag during the "Star Spangled Banner" at Crissy Field July)



photo by Adrienne Sims

Thousands lined the shores of Crissey Field, waiting for the setting sun and the rising fireworks.



photo by Adrienne Sims

A high-steppin', skirt-swingin' gal dances up a storm on stilts.

Red, white, and 'whew!'

story by Adrienne Sims
Star Presidian staff

More than 100,000 people gathered at Crissy Field to celebrate the Fourth of July.

Ceremonies began at 2 p.m. when the Sundogs performed their swamp-beat boogie music on the main stage. There were people cooking out, walking along the Bay, and enjoying the food and drinks from the stands set up on Crissy Field long before the event's start.

Many people began their Fourth of July celebration that morning on Crissy Field.

A children's stage was set-up and San Francisco performer Gary Lapow sang lively, educational songs for the children.

"I have to admit, I wasn't dancing just to make the kids happy," Delores K. Smith, mother of two, said. "I was enjoying the music as much as they were.

"Gary Lapow is great," she added. "He sang educational songs that were so happy go-lucky, I couldn't help but get up and dance."

The main stage featured Filipino music and dance, acoustic blues, rock 'n' roll, and rhythm and blues.

Hundreds of people sat around the stage enjoying the music. A woman on stilts wearing clown make-up and a bulky red dress danced along with 20 others.

This place is so b cool t , said Jovon L. Norris, a high school student who enjoyed the main stage entertainment. "There's probably no other military post where thousands of people can get together, jam and celebrate the Fourth of July," she said. I've even considered joining the Army, because of this place."

Bumper-tobumper traffic was the only major problem at the annual event, however. "The traffic was monstrous," said Spec. John Hirst, a Presidio MP controlling traffic July Fourth. There were 5,000 cars on post for the fireworks, according to Hirst.

Getting onto post presented little difficulty. b Getting out t was the trick, according to Staff Sgt. David Langdon, NCOIC of traffic control.

Presidio's Ceremonial Platoon fired a 50-gun cannon salute to recognize the unity between the states, and the nation's independence.

Ceremonial Platoon is the post's official Color Guard, and belongs to Headquarters Company, U.S. Army Garrison.

As night fell, the Sixth U.S. Army band played "Salute to the Nation" and blazing colors soared across the Bay.

Fireworks began at 9:15 p.m. and flashed through the dark sky for nearly an hour. The crowd cheered and "wowed" as the each firework raced over the sky.

"I think it's great that all these people are here to celebrate our country's independence," said Greg Edwards of San Francisco. "I like to see the waving flag with fireworks going off in the background. It always brings a tear to my eye and a lump in my throat."

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Sports Notes

Summer basketball leagues

The Presidio Sports branch will sponsor a summer basketball league for both full competition (for 19 years and older) and half court competition for people 30 years or older. Leagues will start play July 16.

Full court competition will be held Mondays and Wednesdays at 5 p.m. There is a limit of 10 people on a roster. Half-court competition will be held 11:30 a.m. to 12:30 p.m. There is a limit of six people per roster for the half court competition.

Army units, divisions and Department of the Army civilians may combine to form teams. Entry fees are $75 for full court competition and $40 for half-court competition per team. An organizational meeting and entry deadline will be Tuesday at noon. For more information, call John Funes at **561-5032.**

Youth Services tennis camp

Youth Services is sponsoring a one-week tennis camp for youngsters ages 12 through 18. The tennis camp will be held Thursdays, July 23 through July 27. Training will be available for beginners through advanced levels.

Cost of the camp is $40 per person. For more information, call Tom Carter at **561-7854.**

USA vs USSR Hockey game

The USA vs USSR exhibition hockey match will be held at the Oakland Coliseum Saturday, July 21. The Information, Tour and Travel Office is offering tickets for $18.

To reserve a ticket, full payment must be made at the ITT office, building 215. For more information, call Sandy Cornett at **561-3992.**

Youth soccer sign-ups

Soccer league sign-ups for youths 17 years and under are being taken at San Francisco Recreation and Park's neighborhood playgrounds and recreation centers.

There are five divisions in the round-robin competition: Minor Midget for youths 9 years and under, Midget for youths 11 years and under, Junior for youths 13 years and under, Intermediate for youths 15 years and under, and Senior for youths 17 years and under.

Trophies will be awarded to the 12 players of the City Championship and Runner-up teams in each division.

For more information, call John LeTourneau at **753-7029.**

Giants and A's games

The San Francisco Giants will admit military members to general admission free with an active duty ID. This offer is good for all games. Family members are not included.

The Oakland A's will sell half price tickets at the coliseum to active duty members.



Army to cut unfit fighters

by Army News Service

Many soldiers fear it, some more than they fear death on the battlefield.

Others regard it warmly as the Army's own form of natural selection, assuring the survival and prosperity of a deserving majority.

Whatever it is, Army personnel officials say it— the Qualitative Management Program—is neither to be feared nor ignored. Instead, they call it an Army "maintenance" program designed to assure the quality of soldiers allowed to reenlist "QMP is based on the idea that retention is a privilege," said Lt. Col. Mike Campiglia of the Army Office of the Deputy Chief of Staff for Personnel. He heads the DCSPER Enlisted Professional Development Branch.

"There are always going to be people who are clearly not worthy of the privilege of reenlistment," he said. "We're talking about soldiers who have not met minimum performance standards, or who have exhibited moral or ethical misconduct incompatible with the values of the NCO corps."

The Army's centralized NCO promotion boards select soldiers for QMP; those selected receive a Department of the Army bar to reenlistment Under a recent change in policy, NCOs selected for QMP have 90 days to appeal the selection or leave the Army. In addition, soldiers whose QMP appeals are denied are discharged within 90 days.

Another recent change in policy allows promotion boards to condsider NCOs—except sergeants—with at least a year in grade for QMP selection.

Previously, boards only considered for QMP soldiers who were eligible for promotion. Sergeants enter the QMP window when they reach 11 years of service, but Campiglia says that, too, may change.

Taken together, the revision in the program have broadened the number of soldiers considered for QMP and restrict the time those selected have to appeal and remain on duty—fueling concern among NCOs that the program will be used as a force reduction measure.

QMP selectees would no be eligible for separation pay under any of the proposals before Congress.

"I can say definitely that the Army's senior leadership has absolutely no plans whatsoever to use the QMP to draw down the Army," Campiglia said.

"They have made it perfectly clear that we're not going to change the intent of the program."

Campiglia admitted that a slightly larger number of NCOs will be selected for QMP under the new policies; about 2,500 NCOs are selected annually.

However, he said that since no change in standards is planned, the larger figure will be proportionate to the larger number of NCOs considered. As a percentage, selection rates should stay the same.

There are no specific standards, no single set of criteria, that identify a soldier as a QMP candidate. Campiglia said the selection boards simply look at the soldier's records for clear indications of substandard performance or misconduct.

"Certainly, disciplinary problems—Article 15s, court martials, that sort of thing—are very serious business for NCOs these days," he said.

"Another thing that shows up in soldiers' records as an indicator is failure to meet minimum soldier standards," added Campiglia.

"For example, a soldier who has no medical profile but can't pass a PT test. Or a soldier who doesn't meet body fat standards and shows no progress.

"These all reflect apathy and—let's face it—incompetence as a soldier. They will certainly raise a red flag in a board member's eyes," Campiglia explained.

On the other hand, Campiglia said, a single minor incident in a soldier's records shouldn't tab them for QMP. "We're looking for clear trends, not isolated incidents or one-time mistakes," he said.

About 40 percent of soldiers picked for QMP appeal the selection; about 20 percent of the appeals are successful.

"We believe that good soldiers welcome this kind of program," Campiglia said, "because it shows that the system knows who is not being all they can be and helps to weed out the marginal.

"No good soldier needs to be afraid of it," Campiglia concluded.





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Community Calendar

Presidio Crisis Line

Army Community Service is looking for volunteers for Presidio's Crisis Line. The next training session will be July 16, 5:30 p.m. to 9:30 p.m. The Crisis Line is available to the Presidians 24 hours a day seven days a week.

The Crisis Line is staffed by volunteers who work from their own home. The classes teach how to offer support and listen effectively. For more information, call Priscilla Fleischer at ACS at **561-4513.**

Leave Donation Requests

Clevelyn Wade and Louise Harris, Presidio employees, are having a medical emergency. These employees have exhausted all sick leave and annual leave. They would like to become leave recipients, which would allow them to have more recovery time before having to return to work.

Anyone wishing to donate leave, please call Mike Modena at the Management-Employee Relations Division, CPD, at **561-3898.**

Smokers can quit

The American Cancer Society's stop smoking class begins July 10 in downtown San Francisco at 235 Montgomery, Suite 320. Sessions are Tuesdays and Thursdays from 6 to 8 p.m. for three weeks.

A donation of $24.50 is requested to cover the cost class materials and preregistration is suggested. For more information, call the American Cancer Society at **394-7100.**

First aid class

The American Red Cross is offering a first aid class July 25, 8 a.m. to 4 p.m. The fee is $15 payable in advance. For more information, call Randy or Frankie at **561-2141** or **561-2188.**

Presidio Yacht Club

Five basic sailing lessons are held at the Presidio Yacht Club for $40. Lessons are available to active duty members, their spouses, retired military, reservists and Presidio Department of the Army civilians.

For more and information, or to sign-up, call the Presidio Yacht Club at **332-2319.**

Tae kwon do

The Directorate of Community Family Activities, Youth Activities Division needs a Tae kwon do, traditional style, instructor for two one hour lessons per week, weekday evenings. For more information, call Don Fontaine at **561-5416.**



photo by Deana Newcomb

'Robocop 2'

Irvin Kershner directs Robocop (Peter Weller), in Robocop 2. The science fiction/police drama is now playing in Bay Area theaters.

AREVP reunion

The Association of Retired Enlisted Veterinary Personnel's charter reunion will be held Oct. 12 through 14 at the Seven Oaks Hotel and Convention Center in San Antonio, Texas.

For more information about the reunion or association membership, contact Karl J. Stegman at 12903 Independence Ave., San Antonio Texas 78233.

Youth Services Summer Program

Registration is now open for the Youth Services Summer Camp. This year our Summer Day Camp will include a choice of two camps. The Big Camp is all day from 7 a.m. to 5:30 p.m. The Mini-camp is open 10 a.m. to 2 p.m. Both camps are geared for lots of outdoor activities, with swimming, hikes, arts and crafts, and trips to Great America, Marine World and other exciting places.

Registrations are being accepted at the Youth Activities center, building 1331 at Fort Scott. For more information, call the center at **561-5910.**

Youth Services tennis camp

Youth Services is sponsoring a one-week tennis camp for youngsters ages 12 through 18. The tennis camp will be held Thursdays, July 23 through July 27. Training will be available for beginners through advanced levels.

Cost of the camp is $40 per person. For more information, call Tom Carter at **824-7854.**

Child Development class

The Family Advocacy Program will sponsor Child Development classes which highlight the needs of preschool-age children, present practical information about children's behavior, and provide parents with a chance to discuss new ways to deal with discipline and learning.

The class will be held at the Child Development Center Thursdays, July 12 through Aug. 2, 3:45 p.m. through 5:30 p.m. Advance enrollment and child care arrangements are required. For more information, call Nancy Niederhauser at **561-5155.**

S.A.T.

Soldiers planning to take the Scholastic Aptitude Test for college entrance must test by July 19 to receive a score report before late October or November. Tests cannot be given between July 20 and Sept. 10. For more information, call a counselor at the Fort Scott Education Center, building 1216, 561-4445 or 561-2974, or the Letterman Army Medical Center Education Center, building 1014, 561-3692 or 561-4791.

Creative Cottage

Looking for a perfect wedding gift, graduation present or beautiful hand-crafted item? Come to the Creative Cottage, located in building 204 next to the Thrift Shop. The Creative Cottage is open Tuesday, Wednesday and Thursday from 10 a.m. to 2 p.m. and the first Saturday of each month.

Military Preretirement Orientation

A Military Preretirement Orientation will be presented at the Presidio Officers Club, building 50, Tuesday, July 24 from 8:30 a.m. to noon. An open invitation is extended to you and your spouse.

There will also be a Resume Writing class Thursday, July 26 from 1 p. m. to 4 p.m. There are only 20 seats available. Reservations are required and can be made be made by calling the Education Center at 561-4445 or 561-2974.

For more information, call N.C. Fleming at **561-3183** or **561-2721.**

Testing for credit

Soldiers can earn promotion points and college credit for passing test given at the Education Center at no cost. The tests are offered to active duty members and reservists.

For more information or to order a tests call the Fort Scott Education Center at **561-2974** or **561-4445** or the Letterman Army Medical Center Education Center at **561-3692** or **561-4791.**

Food Basket Program

If you are moving, and you have unopened canned and packaged food you want to leave behind, you can donate them to the Hands-Across-the-Presidio Food Basket Program.

Donations may be left at the Army Community Services, building 103B, Monday through Friday, 7:30 a.m. to 4:15 p.m.

For more information, call Erick Davis at 561-5256.

Volunteer Program

The Installation Volunteer Office is now located in the Support Services Center, building 103B, Montgomery Street. There are volunteer openings for receptionists, typists, computer counseling and early childhood education.

For more information, call Jeanne' Mote, Family Support Division, at **561-4147.**

Farewell tea

A farewell tea will be held Thursday, July 19 from 2 to 4 p.m. in building 1805 for Marilyn Sobke, wife of Maj. Gen. John F. Sobke, Commander of South Pacific Corps of Engineers Division. The tea is open to all members of organizations in the Presidio community.

For more information, call Teena Larson at **931-7137.**

At the Movies

Presidio Theatre

Fri., July 13: Teenage Mutant Ninja Turtles (PG) 7 p.m.
Sat., July 14: Bird On A Wire (PG-13) 7 p.m.
Sun., July 15: Class Of 1999 (R) 7 p.m
Mon., July 16: Lisa (PG-13) 7 p.m.

Hamilton Theater

Fri., July 13: Blue Seal (R) 7 p.m.
Sat., July 14: Blue Seal (R) 1 p.m.
Sat., July 15: Impulse (R) 7 p.m.
Sun., July 16: Pretty Woman (R) 4 p.m.





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BUILD DOWN

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ENVIRONMENT

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HEALTH

Champus eligibily has limitations, page 9



Star Presidian

Vol. 33, No. 30 "Published in the interest of the people of the Presidio of San Francisco" July 19, 1990

News Briefs

Retreat Ceremony

A Retreat Ceremony will be held Monday at 4:30 p.m. at Pershing Square, next to the flag pole, to honor Maj. Gen. Patrick H. Brady, Sixth U.S. Army's new deputy commanding general. At least two platoons from Headquarters Command Battalion will make up the honor platoon.

Directorate closure

The Directorate of Logistics will close Friday, Aug. 3 at 11:30 for its annual picnic. Costumers are advised to coordinate support requirements in advance. DOL will reopen Monday, Aug. 6 at 7:30 a.m.

To leave emergency messages for DOL Aug. 3, call **331-1540** or **331-3812.**

Contracting moved

The Directorate of Contracting has moved to building 103A, next to the Finance and Accounting Office. Contracting's phone numbers remain the same.

For more information, call the director's section at **561-4680.**

Commissary hours

The Presidio Commissary will change its hours beginning Tuesday. The new hours will be:

Mondays and holidays, closed;
Tuesdays through Fridays, 10 a.m. to 7 p.m.;
Saturdays, 9 a.m. to 5 p.m.;
Sundays, noon to 5 p.m.

Multimate, Applause presentation

A representative from Ashton-Tate Corporation will demonstrate Multimate version 4.0 and Applause II Thursday, Aug. 2 in building 603 at 1:30 to 3:30 p.m. The demonstration will be held in the auditorium on the first floor.

For more information, call Pat Mallett at **561-3287.**

ID card issue

The Presidio ID Card section issues family members ID cards by appointment only. Hours available for family members, retired, Presidio Department of the Army civilians are 8 a.m. to 2 p.m. Monday through Friday.

Appointments aren't required for active duty members and Reservists between 8 a.m. to 3 p.m. Monday through Friday.

For more information, call Norman C. Fleming at 561-2721. For appointments call 561-3478.



photo by Joel P. Smith

Military muscle

Can women pull their weight in combat? A Department of Defense committee met on post to consider the issue. For the story, see page 5.

SQT–out by October 1991

by Joel P.Smith
Star Presidian

The Army's Skill Qualification test will be replaced by October 1992 with a written examination called the NCO Self-Development Test.

Under the plan, developed by the U.S. Army Training and Doctrine Command, NCOs in the ranks of sergeant, staff sergeant and sergeant first class will take an examination which tests their soldier knowledge, knowledge of their military occupational specialty and their leadership abilities.

The SDT will be implemented for the active component by Oct. 1, 1991. National Guard and Reserve soldiers will switch to the new test by Oct. 1, 1992.

Active-duty soldiers will test yearly. Reserves are to test every other year.

Privates, specialists and corporals in the active component will cease testing under the SQT Nov. 30. Lower enlisted soldiers in the Reserves will stop the SQT Oct. 1, 1991.

NCOs and unit commanders will bear the responsibility for determining MOS proficiency for lower enlisted soldiers once the SQT has been phased out.

According to a July 5 Department of the Army message, the SDT places a greater emphasis on self-training for NCOs.

NCOs in ranks sergeant through sergeant first class

See SQT, page 6

Voices

Presidio View

by Lt. Gen. William H. Harrison



This week on post

Dear Presidians—

Well, I was away all last week to Oregon and to Washington, D.C. so it's especially great day for me to be back at the beautiful Presidio of San Francisco—A Very Special Place. Nothing makes you appreciate home as much as being away. It's wonderful to be back at the PSF with my family and friends.

On Saturday the 7th the Deputy Chief of Staff, Training had a great potluck at Colonel and Mrs. Burtons. It was a DCST get-together but also a celebration of brand new LTC Dale Hood's promotion. Although we got to stay but a short time, the food looked and smelled delicious—and there sure was plenty of it. All seemed to be having a great time helping Dale "eat down" instead of wash down his well deserved new silver leaves. Congrats Dale and Hoo Ah!

On the 9th I journeyed to Portland, Oregon. The Secretary of the Army, the Honorable Michael P.W. Stone addressed the Portland World Affairs Council. It was my honor to introduce Mr. Stone to this very prestigious group. We had a great turnout by our Total Army Family in Oregon. Along with 200 others we had our ROTC instructors, USAR and National Guard personnel plus advisors, recruiters, engineers, et al.

Next week, we will have a very special birthday here at PSF and Army-wide. Our Army Community Services will celebrate it's 25th Anniversary. I can recall the days in the Army before we had an ACS. In those days when a soldier had a problem there were few agencies to help him or his family. Generally, the attitude was "soldiers have no problems," and "if the Army would have wanted to have a family, they would have issued you one!!" Pretty rough in those days! So come on out on the 25th and help ACS celebrate 25 years of service to soldiers and their families. It's at 10 a.m. in front of the NEW ACS building—103B.

At Christmas we hear all sorts of heart-warming stories about people helping people. Seldom, if ever, do we hear this type of thing during the rest of the year. Well, I got a Christmas story in July for you—a GREAT one!

Seems the VA Hospital mentioned to our OWC that there was no celebration of the 4th of July at the home of all these wonderful veterans of all our services.

So—the OWC found some $s and took fresh oranges and plums to the VA Hospital on July 4th. In addition, Mr. Steve Miller, our Director of Religious Education, made nearly 200 "Happy 4th of July" cards for distribution. So who says it can't be Christmas in July. When you care, it's Christmas every day!! Why don't we start thinking now of how we can share July 4th, 1991 with our Vets in some special way? It's thanks to these Vets and others like them that we're free and able to celebrate this very special American holiday. Hoo Ah!

Hope you have all noticed the beautiful flowers and other landscaping around our Burger King and the Military Clothing store. It sure improves the appearance of the whole post. My thanks and a great big Hoo Ah to AFFES, Burger King, and the Military Clothing store personnel. You're doing your part to keep the Presidio of San Francisco—A Very Special Place.

God Bless You All,

William H. Harrison
Lieutenant General, USA
Commanding

"I always view problems as opportunities in work clothes."
—Henry Kaiser



This newspaper is an authorized publication for the members of the U.S. Army. Contents of the *Star Presidian* are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army, or Headquarters Sixth U.S. Army and the Presidio of San Francisco, California. It is published weekly using offset printing by the Public Affairs Office, Headquarters Sixth U.S. Army and the Presidio of San Francisco, building 38, room 11, Presidio of San Francisco, California 94129-7000, 561-3908. Printed circulation 8,500.

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All editorial content of the *Star Presidian* is prepared, edited, provided, and approved by the Public Affairs Office of Headquarters Sixth U.S. Army and Presidio of San Francisco, California. The *Star Presidian* is printed by Coast Publishing, a private firm in no way connected with the Department of the Army, under exclusive written contract with the Presidio of San Francisco, California. The civilian printer is responsible for commercial advertising.

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Commentary

Ask Presidians:

"What would you have done if you had not pursued a career in the Army?"

by Drew Seaman
Star Presidian



Sgt. Kathleen Stockam, administration supervisor, Sixth Region CID: "I would have gone to college for four years to become a registered nurse."



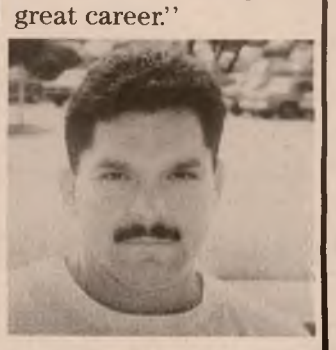
Pvt. 2 Dan Riordan, x-ray technician, Letterman Army Medical Center: "I'd have a four-year degree in business administration, specializing in medical sales."



Second Lt. Tamara Hlavaty, medical service officer, 148th Evacuation Hospital, Army National Guard: "I'm doing what I would be doing if I didn't come in and that's studying to be a medical student. The Army gives me more practical experience in that field."



Master Sgt. Clyde Harder, maintenance NCO, Sixth Army DCSLOG: "I was drafted right out of high school. I can't see having done anything else because the Army's a great career."



Sgt. Gerald Gonzalez, senior parachute packer, Air Delivery Section (riggers), Headquarters, U.S. Army Garrison: "I was an auto mechanic for three years before I came into the Army. That's what I would have done."



Pvt. 2 Mike Barlow, computer programmer, Letterman Army Institute of Research: "I'd be doing construction jobs around the San Diego area."



Pvt. Carol Carter, military policeman, Law Enforcement Company: "I would have gone to law school and nursing school for four years."



photo by Joel P. Smith

Las Trampas Regional Park, San Ramon, Calif. I thought there was gold in these hills.

What's twice found is never lost

commentary by Joel P. Smith

Saturday. I've just lost my wedding ring at Las Trampas Regional Park in San Ramon.

I've been plodding along Grasslands Trail for four hours in the baking heat when I look down at my left hand and see a tiny circle of white where my ring is supposed to be.

I close my eyes.

"I'll never find it."

I don't even have to look back. I stare at my feet and see wave on wave of rolling golden hills, a froth of dried wild oats painted over with the sun hues of yellow star thistle.

And somewhere in there, probably ground into the ankle-deep dust of the two-mile trail, a tiny golden ring.

I think, "We're always returning things to the earth. It's a law. There's nowhere else for them to go. Really we just borrow things for a little while, then the earth claims them again.

Even our lives are borrowed."

It's ironic that I should lose my wedding ring in the golden California hills. The majority of the world's gold was wrenched from the heart of these granite-veined mountains, carted off to decorate wooden cathedrals and the fleeting lives of men.

My ring's gold certainly wasn't mined here, in the Diablo Range, but it may have been extracted from the Sierras, the next major range to the east.

The principle is the same, though: ashes to ashes, dust to dust.

I know this rationalization is both scientifically accurate, accounting for the laws of entropy, and philosophically lovable, acknowledging the spiritual reclamation of our mother Earth. I plan to use it on my wife when she sees my naked finger and comes at me with a butcher knife.

But for now, all I can think of is where I could have lost it.

Sunscreen.

I was rubbing sunscreen on my arms, face and legs and I must have greased up my hands so bad that I rubbed the ring right off.

I can remember every place I put the stuff on.

I walk to the trail head and begin again. I don't stop in the cool shade of the Bay laurel. I didn't drink water at the base of the stiffest ascents.

I just look at the ground directly in front of me, hoping for a glint of gold in the light, concentrating on the spots where I was trying to hide myself from the sun. Every step brings me a thousand reflections: the little brown leaves of the live oak, fallen in the trail, fill it with golden rings.

Spider webs, shimmering in the camomile and milk thistle, falsely tempt me into the fields.

Hundreds of hoove-prints—the park allows farmers to graze their cattle in the savanna—tell me the ring's ground into the dust, and if I'm to have any luck, I'll have to try digging for it.

I think of all the things I've lost and how clumsy and forgetful I am. In the two years I've been working as a photographer, I've taken about 2,000 color slides. I can remember the settings I used for nearly every one of them—the aperture, the shutter speed, the filter I used, even the *?*!% cardinal direction the lens was pointing in, how the wind felt if I was outside, the quality of the light and a million other useless details.

When I read books I can remember whole pages, every character's name. I can remember the phone numbers of people I care about but haven't called in two years, but I'm not likely to remember where I parked this morning, or where I laid my coat down last.

I have owned two of everything—except a wedding ring. It's hard to lose. I never even take it off except to wash my hands over an open sink at home.

The heat is intolerable. I've gone through two quarts of water in six hours. Turkey vultures wheel in the sky overhead, waiting for me to die.

Stellar's jays scold me from dark thickets.

I've looked in every place I thought I could have lost it.

I sit and sift through a pool of dust at the base of a live oak where I sat and drank water earlier in the day. I run a finger along the riddled bark of the tree, trying to forget myself, imagining instead the red-breasted sapsucker who'd been there before me, also searching for something valuable.

Defeated, I get up slowly and turn back, walking toward the parking lot. The sun is low. My shadow is ten times as long as I am tall.

At the crest of a hill, a breeze brings me the soothing mint of black sage.

The colors of the fields deepen.

I raise my eyes and see suddenly my God my God how the light is lifting from the mountains. A shimmer of haze sets apart each peak and each peak wears a white robe of fog.

Every mountain and every range is warm and alive and seems set in prayer.

My throat swells. For a moment I see too clearly to see at all.

The drive home is a contemplation of how to explain to my wife why I remember and feel the things best that few people believe are valuable.

She greets me at the door. She has something in her hand which, for the first time in my life, I'd left it at home.

I'm almost in tears, telling her how stupid I feel and how certain I was I'd lost it.

She says, "It's just a symbol you know. I would have loved you anyway."

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Women in combat

Defense committee meets here to study issue

by Adrienne Sims
Star Presidian

Members of the Defense Advisory Committee on Women in the Services (DACOWITS) met at Presidio July 9. The committee was formed to assist and advise the Secretary of Defense on policies and matters relating to women in the military services.

Soldiers at the Presidio were invited to attend the meeting, and offer their opinions about women in the military.

At the meeting, Sgt. Gloria Cruz, a personnel administrative specialist with Headquarters Command Battalion, asked why combat jobs weren't open to women in the Army.

"Women are trained just as the males, and should be allowed to hold a combat MOS [Military Occupational Skill] if they are [physically] capable," she claimed.

Pat Schroeder, Colorado representative, presented a bill to Congress in January which calls for a four-year test in which the Army opens combat jobs to women who seek and qualify for them. Schroeder called for the four-year test after researching issues brought up at earlier DACOWITS' meetings.

"For heaven's sake why not let [women] serve," said Connie S. Lee, agreeing with the plan for a four-year test. Lee is a former DACOWITS chairwomen. "Women have to ask for the position and qualify in every way."

The number of women in the military has risen from two percent in 1975 to 11 percent today. There are now three female generals in the Army, and 22 percent of ROTC cadets and 10 percent of West Point cadets are women. Last year, for the first time, a women was named captain of cadets at West Point.

Still, women are barred from combat specialties in the military.

There are 44 Military Occupation Skills closed to women in the Army. The Army policy is that women will be provided full and equal opportunity to pursue appropriate careers and will be assigned in all skills and positions except those which, by doctrine, mission, or battlefield location, involve the highest probability of direct combat with enemy forces, according to the April 1989 issue of "Soldiers" magazine.

Direct combat with the enemy forces isn't likely to happen only on the front line. Support positions, where female soldiers will be, may be the first to be attacked, according to Staff Sgt. Edward Gil, an infantryman. Gil is a basic training drill sergeant at Fort Jackson S.C.

Although combat jobs are closed to women in the military, women have served in every war in the nations history.

In the American Revolution the Daughters of Liberty, a group of young patriots, led many boycotts of English goods.

For her efforts in the Civil War, Dr. Mary Edwards Walker received a Medal of Honor for her medical service and what she endured as a prisoner of war. Because Edwards wasn't as military member, she had to give up the medal.

During World War II, women took men's jobs to release the men for military service.

Women served in Korea and Vietnam in the Women's Army Corps.

However, Brian Mitchell, author of *The Weak Link*, criticizes women in the military. He believes they lack the strength necessary to be good soldiers.

"The vast majority of jobs in the military don't require unusual strength at all," said retired Air Force Maj. Gen. Jeanne Holm, in her book *Women in the Military: An Unfinished Revolution*. Holm also believes as stated in her book, that women are an asset to the military. "By allowing both men and women in the military, you are able to recruit and use effectively the smartest, most capable people we have available. If the military restricts it's choice to only males, it can't meet the manpower demands of the forces."

The question still stands: Are women capable to perform in combat?

"The female soldiers that I've trained worked just as hard as the males," said Gil. "Males cry through basic training just as females do, but the females aren't afraid to show it." I had some female soldiers who probably could shoot a moving target past 300 meters, and I wouldn't mind having them fighting beside me."

Women are required to complete eight weeks of basic training, just as men are.

Even if women are used in combat, many people believe it may cause problems for men to complete their mission.

"There may be a hard call to make," said Navy Master Chief Petty Officer Larry K. Kenavan in February in the USA Today. "If there's a fire at sea and you have to slam down the hatch to save the ship, you might do it on a man, but on a woman..?"

"I would feel just as badly if I lost a son in combat as if I lost a daughter," said Maj. Arnold C. Davis, adjutant general, U.S. Army Garrison."

Women wouldn't negatively effect the mission of a unit, according to Spec. Brenda N. Watson, secretary to the commanding general's staff administration clerk, Sixth U.S. Army. "I feel women could be quite an asset in a combat situation. Women have proven over and over again how strong and positive they can be in the worst situations," she added.

A 1987 Air Force test found 72 percent of males, but only 8 percent of females could qualify for heavy-lifting jobs.

A combat situation often calls for physical strength, according to Gil. "A soldier has to carry heavy equipment, weapons, military phones, a rucksack, which can weigh 50 pounds alone."

At the DACOWITS July 9 meeting, Sgt. Brenda Rivers, administrative specialist at the U.S. Army on post Transition Point, admitted she was strongly against women in combat jobs. "Women have problems that would make it difficult for them to concentrate on the mission. Women can get pregnant, which would cause problems in a combat situation."

The DACOWITS committee helps women achieve their goals in the military, and works for women's equality.



Force Restructuring

ROTC brigade here loses cadet program

by Joel P. Smith and Army News Service

A post ROTC brigade headquarters is losing one college in its ROTC program and having its mission reduced as the result of defense spending cutbacks.

Col. Alex Woods Jr., commander of the 3rd Brigade, 4th ROTC Region, said budget cuts will force the closure of 51 officer cadet programs nationwide by September 1991.

ROTC currently commissions about 8,000 officers each year, Woods said. The program, founded in 1917, accounts for nearly 80 percent of yearly commissions in the Army, he added.

The University of Nevada-Las Vegas is the only university losing its ROTC cadre in the 4th Region, which encompasses Nevada and northern California.

Woods said UNLV is being cut from the Army ROTC program because the school has failed each year, for at least four years, to graduate at least 15 "quality" officers.

ROTC programs must meet the quota to justify continued Army support. Supporting most programs requires, on average, four officers, three NCOs, and two civilians, Woods said.

Woods said the Army ensures ROTC programs do not become officer 'mills' by requiring schools to graduate "quality" officers—those with only a high academic standing, excellent physical training standards and high moral character.

UNLV has been on probation several years, Woods said. The school graduated 8 officers last year, 6 in 1988 and 6 in 1987, Woods said.

Only 11 candidates are expected to graduate this year, he added.

ROTC seniors will be allowed to finish their programs at the affected schools this year. Juniors will have to assume an "accelerated" class schedule if they are to graduate, said Woods.

Sophomores and freshmen will have to transfer to a funded ROTC program if they wish continue their degree program.

Woods said college ROTC provides about 8,000 officers each year to the Reserves and active-components of the Army. As a result of the closures, the Army will now receive about 6,000 commissioned officers through the program, added Woods.

Junior ROTC, the high school "equivalent" of ROTC, will not be affected by the cuts, Woods said. JROTC is does not produce officers, its goal is to produce "better citizens," Woods explained.

"The function of Junior ROTC," Woods continued, "is to encourage kids to complete school, stay off drugs—become a success at the level you define success."

Woods believes that with less money to invest in ROTC programs, enrolling in them, and completing them, will be harder.

"We have great quality now," Woods explained. "This will just make it tougher and tougher."

The military services have until July 23 to review the number of officer they will commission through 1997 in all commissioning programs.

They must also recommend appropriate reductions.

According to a June 12 Defense Department statement, Deputy Secretary of Defense Don Atwood ordered the study of officer commissioning programs in anticipation of "a smaller force in light of changing world conditions and declining budgets."

Commissioning programs include ROTC, military academies, and Officer Candidate School.

The services will work with Gen. Colin Powell, chairman of the Joint Chiefs of Staff, and Assistant Secretary of Defense for Force Management and Personnel Christopher Jehn, in compiling their reports, the DoD statement said.



photo by Duvel White

Grit and bear it: An ROTC cadet assembles an M-60 machinegun during a leadership development course at Fort Ord, Calif.

SQT phased out continued from page 1

will not be trained in their MOS during duty hours. NCOs must pursue self-development, the focus of the plan.

Army Chief of Staff Gen. Carl W. Vuono feels the renewed emphasis of the NCO as trainer—and self-trainer—will help ensure NCOs build leadership skills.

Vuono said, "Our sergeants today reflect the qualities of competence, responsibility, and commitment that are the essence of professionalism."

According to SFC Steven W. Fickess, Presidio SQT Test Site manager, NCOs here have proven themselves and are being allowed to plot their own education course.

SQT tests for Presidio NCOs this year reflect average scores between 75-85, Fickess said.

"NCOs have shown us they know their jobs," Fickess explained. "Now the Army's said, 'Let's move on to something else—higher and better."

A Sixth U.S. Army training officer admits the program may, at first, increase the stress on NCOs because it demands self-initiative.

"It's going to put more pressure on NCOs to train themselves," said Maj. Peter C. Simonsen, chief of Plans and Training Branch, Office of the Deputy Chief of Staff for Training.

"DA will no longer allow NCOs to train in their MOS during duty hours.

Anna A. Russel, post training standards officer, said the new test will be more fair. Russel notes that lower enlisted soldiers are tested every year of service—oftentimes before they have an opportunity to gain much job experience.

By delaying the start of an MOS proficiency test, Russel believes, the Army will allow lower-enlisted soldiers to grow in skills as they grow in rank—and then be tested.

Simonsen said the SDT, by delaying MOS testing until a soldier reaches the rank of sergeant, will conserve Army resources.

Savings will be accrued by having to publish less test materials and by using duty hours to perform one's duty, rather than *training for it.*

"Less resources will be used, because less people will be testing," Simonsen noted. The training officer added, "Far and away, the majority of the tests are administered to lower enlisted soldiers."

NCOs will serve as MOS trainers for lower-enlisted personnel. "That's a step in the right direction," added Simonsen.

"The [program] will require NCOs to use leadership knowledge gained in Army leadership schools."

Simonsen also believes the new test will place more NCOs in leadership roles and enhance their personal development.

The SQT will be phased out one skill level at a time. NCOs in MOS skill-level two will face the new SDT first. SDTs for skill-levels three and four will follow shortly thereafter.

Test scores in the SDT, as in the 13-year-old SQT, will be linked to promotion points. The more points an NCO scores on the SDT, the more points he or she nets for promotion.

Currently, according to DA, there are no plans to administer the SDT for master sergeants or sergeants major.

Environment

Recycling program saves natural resources

story and photo by Drew Seaman
Star Presidian

The earth is a terrible thing to waste.

On post, the Presidio Recycling Plant is doing its part to prevent the needless loss of natural resources. Two full-time employees gather over 2000 pounds of paper and cardboard from 75 to 80 buildings a day, five days a week.

"As a whole we probably can't save the earth from pollution," said John H. Grady, the recycling plant program manager, adding, "but we can do our part as individuals to make a difference."

The plant has made a difference by turning in profits from paper recycling to the Morale, Welfare and Recreation Fund. MWR uses the funds for youth activity programs, sports programs, various clubs and other post activities.

Currently, the plant recycles five different groups of paper: computer, white ledger (bond, xerox, books without covers), colored ledger (NCR and all colored paper not wax coated), mixed scrap paper (magazines, file folders, updated telephone books, etc.) and cardboard.

According to Grady, the plant's goal is to set up a centralized point on post where aluminum cans and newsprint can be dropped off.

"If we have no delays a 60-day trial program should be set up in two to three weeks near the post car wash," he said.

Most offices on post have a 12-inch by 6-inch white box titled "Presidio of San Francisco White Paper Recycling Project." After these boxes are filled up, their contents are placed in a special waste container. A point of contact person for recycling in each building then places the office containers in a designated area for pick-up by the recyclers.

The paper is then sorted and turned over to a contractor where it's sold through the Defense Resource and Marketing Office. The money then goes to MWR. "I recycle at home as well as at work", said David Lucia, Chief, Community Recreation Division. He added, "I feel positive about the post's recycling program. The more types of items we can recycle, the better off the community will be."

If an office is not on the recycling program route and individuals would like to be involved in the program, they can call **561-6140.**



Bobby Worley, an employee of the Presidio Recycling Plant (foreground), and Alvard Ramirez, a summer youth program worker, load trash paper onto the truck.

Individuals wanting to drop off paper products, including cardboard, at the plant must make an appointment. The plant is located at Fort Scott in Building 1244, adjacent to the Presidio Printing Plant.

The recycling plant is also available for emergency on-call pick-up of paper products.



Touring

Bicyclists in the Le Tour de San Francisco race past the Monterey pines above Baker Beach Sunday. The 50K race, modeled after the Le Tour de France, began and ended at Crissy Field.

photo by Joel P. Smith

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Sports Notes

Youth Services tennis camp

Youth Services is sponsoring a one-week tennis camp for youngsters ages 12 through 18. The tennis camp will be held Monday through July 27. Training will be available for beginners through advanced levels.

Cost of the camp is $40 per person. For more information, call Tom Carter at **561-7854.**

USA vs USSR Hockey game

The USA vs USSR exhibition hockey match will be held at the Oakland Coliseum Saturday, Saturday. The Information, Tour and Travel Office is offering tickets for $18.

For more information, call Sandy Cornett at **561-3992.**

Fourth of July Tournament

The Fourth of July Handicap Bowling Tournament was held July 7 and 8. The following people received awards:

Child Singles, Michael Hardison 433/490
Child Doubles, Dominic and Eric Yee 504/954
Child and Adult Doubles, Kimberly and Paul Munshower 929/1079
Men's Singles
Michael Brawly, 631/631
Anthony Lecroy, 626/626
Jesus Paninbaten, 545/587
Michael Conrad, 578/584
Women's Singles
Alice Smith, 533/575
Men's Doubles
Anthony Lecroy and Richard Young, 1174/1174
Earl Smith and Terry Lackey, 1138/1162
Mixed Doubles
Alice and Earl Smith, 1160/1226
Penny and Anthony Lecroy, 1037/1100

Youth soccer sign-ups

Soccer league sign-ups for youths 17 years and under are being taken at San Francisco Recreation and Park's neighborhood playgrounds and recreation centers.

There are five divisions in the round-robin competition: Minor Midget for youths 9 years and under, Midget for youths 11 years and under, Junior for youths 13 years and under, Intermediate for youths 15 years and under, and Senior for youths 17 years and under.

Trophies will be awarded to the 12 players of the City Championship and Runner-up teams in each division.

For more information, call John LeTourneau at **753-7029.**

Giants and A's games

The San Francisco Giants will admit military members to general admission free with an active duty ID. This offer is good for all games. Family members are not included.

The Oakland A's will sell half price tickets at the coliseum to active duty members.



CHAMPUS eligibility not permanent

Most people understand how you become eligible for CHAMPUS benefits—being part of a military family, retiring from active military service, etc.

"CHAMPUS is a bargain because of its exceedingly reasonable cost to beneficiaries compared to civilian programs," said Lt. Col. Philip G. Graccia, chief of the administration division, Letterman Army Medical Center (LAMC).

However, the service isn't a (b) permanent (t) benefit. You can also lose CHAMPUS eligibility. Bob Houser, a retired Air Force master sergeant, utilizes the CHAMPUS program at LAMC. But he's worried about its future. "The impact of the Presidio's closure may have an undetermined effect on the CHAMPUS program here at the hospital because it too will probably close," he said.

But before that uncertain future, here are the ways that individuals may lose their benefits:

1. When you turn 65. That's when most people lose CHAMPUS and gain Medicare eligibility. You don't have a choice; it will happen. You can't have both CHAMPUS and Medicare at the same time, and you can't reject one in favor of the other.

In this case, you lose your CHAMPUS eligibility at midnight on the last day of the month before the month in which you turn 65. But if your 65th birthday falls on the first of the day of the proceeding month is the date your Medicare eligibility begins — and your CHAMPUS eligibility ends.

The only time you don't lose CHAMPUS eligibility at age 65 is if you're the dependent of an active-duty service member, or if you're not eligible for Medicare, Part A (hospital services). In the latter case, you must file a Social Security Administration Notice of Disallowance certifying your lack of Medicare eligibility with the uniformed service that issues you ID card, so they can issue you an ID card that shows CHAMPUS eligibility. You should also be sure you're entered in the DEERS files as CHAMPUS-eligible.

2. When you have end-stage renal (kidney) disease. All CHAMPUS-eligible persons except the dependents of active-duty members lose their eligibility when Medicare coverage becomes available because of chronic kidney disease. There are many details to be aware of in such cases; check with your Health Benefits Advisor.

3. If you're eligible for Medicare because of disability. All CHAMPUS-eligible persons except active-duty dependents lose that eligibility when Medicare becomes available because they are eligible for Social Security disability payments.

4. If your military sponsor leaves active duty before retirement or death. If an active-duty member's period of active duty ends for any reason other than retirement or death, his or her dependents lose their eligibility at the end of the day on which the active duty ends. The dependents lose their eligibility at the end of the day on which the active duty ends. The dependents of a service member who is classified as a deserter also loses their eligibility at the end of the day on which the member is so classified. They regain their eligibility when the deserter returns to military control.

5. If a retiree's status changes. If a military retiree ceases to be eligible for retired pay, that person and his or her dependents lose their CHAMPUS eligibility as of the end of the day on which the eligibility for retired pay stops.

6. By divorce or annulment. When a marriage to an active-duty member or retiree ends by divorce or annulment, the spouse's eligibility ends at the end of the day on which the divorce or annulment becomes final — unless the former spouse meets all of the several requirements which allow him or her to keep CHAMPUS eligibility, either indefinitely or for a specified period.

Contact your Health Benefits Advisor for details on how former military spouses may remain eligible for CHAMPUS benefits. The eligibility of any children a military couple may have is not affected by a divorce or annulment.

7. If you're a widow or widower who remarries. As the widow or widower of an active-duty member or retiree, if you marry a person whose dependents are not eligible for CHAMPUS, your eligibility ends at the beginning of the day after the day you got married again. However, your child who was the stepchild of the deceased active-duty member or retiree at the time of death still has the same CHAMPUS eligibility as other CHAMPUS-eligible children. If your new marriage ends for any reason, you can't get your CHAMPUS eligibility back.

8. If you're the only child of a military couple. There are several ways you can lose CHAMPUS eligibility. They include:

By getting married. You can lose your eligibility at midnight of the day of the marriage. If your marriage ends before you reach age 21, you,re once again eligible for CHAMPUS, as of the beginning of the day after the day your marriage ends, until you turn 21. If your marriage ends after you become 21, you don't get your CHAMPUS eligibility back.

By turning 21. Unmarried children are eligible for CHAMPUS up to age 21 (21 and over if severely handicapped and the condition existed prior to the child's 21st birthday). Eligibility lasts until age 23 if you stay in school full-time at an institution of higher learning.

Becoming an active-duty military member. In such a case, your CHAMPUS eligibility ends at 12:01 a.m. on the day after the day you enter active military service.



CHAMPUS eligibility may be reinstated under limited circumstances in the following cases:

You also lose your CHAMPUS benefits if:

Medicare (Part A) coverage stops for persons with kidney disease or disabilities. See you HBA for details.

You were a CHAMPUS-eligible dependent, went on active duty (thereby losing your CHAMPUS eligibility), then left active duty and were still otherwise eligible for CHAMPUS benefits as the dependent of a military sponsor.

If you have questions about CHAMPUS eligibility—or about your eligibility for military health care benefits in general—check your nearest HBA.



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Community Calendar

Presidio Yacht Club

Five basic sailing lessons are held at the Presidio Yacht Club for $40. Lessons are available for active duty members, their spouses, retired military members, reservists and Presidio Department of the Army civilians.

For more and information, or to sign-up, call the Presidio Yacht Club at **332-2319.**

Child Development class

The Family Advocacy Program will sponsor Child Development classes which highlight the needs of preschool-age children, present practical information about children's behavior, and provide parents with a chance to discuss new ways to deal with discipline and learning. The class will be held at the Child Development Center Thursdays, today through Aug. 2, 3:45 to 5:30 p.m. Advance enrollment and child care arrangements are required. For more information, call Nancy Niederhauser at **561-5155.**

Crisis Line

Army Community Service is looking for volunteers for Presidio's Crisis Line. The Crisis Line is available to the Presidians 24 hours a day seven days a week.

The Crisis Line is staffed by volunteers who work from their own home. The classes teach how to offer support and listen effectively. For more information, call Priscilla Fleischer at ACS at .

First aid class

The American Red Cross is offering a first aid class July 25, 8 a.m. to 4 p.m. The fee is $15, payable in advance. For more information, call Randy or Frankie at **561-2141** or **561-2188.**

Craft demos at Exploratorium

The Exploratorium will hold craft demonstrations weekends noon to 5 p.m. The demonstrations are free with admission to the Exploratorium. Japanese Wood Joinery will be demonstrated Saturday and Sunday. Marble making will be demonstrated July 28 and 29.

For more information, call Linda Dackman at **563-7337.**

CPR classes

The American Red Cross is offering CPR classes Aug. 8, 8 a.m. to 4 p.m. The fee is $15 payable in advance. For more information, call Randy or Frankie at **561-2141** or **561-2188**



photo by Joel P. Smith

Museum fun

Children from the Yerba Buena Children's Center, Yerba Buena, Calif., test the load capacity of a Howitzer at the Presidio Army Museum Friday.

Leave donation request

Dirk B. Henderson, Letterman Army Medical Center employee, is having a medical emergency. He has exhausted all sick leave and annual leave. He would like to become a leave recipient, which will allow him to have more recovery time before having to return to work.

Anyone wishing to donate leave, please call Gil Delcid at **561-2598.**

Testing for credit

Soldiers can earn promotion points and college credit for passing test given at the Education Center at no cost. The tests are offered to active duty members and reservists.

For more information or to order a tests call the Fort Scott Education Center at **561-2974** or **561-4445** or the Letterman Army Medical Center Education Center at **561-3692** or **561-4791.**

Volunteer Program

The Installation Volunteer Office is now located in the Support Services Center, building 103B, Montgomery Street. There are volunteer openings for receptionists, typists, computer counseling and early childhood education.

For more information, call Jeanne' Mote, Family Support Division, at **561-4147.**

Spouse abuse prevention

The Family Advocacy Program has distributed surveys across the Presidio, a study the office hopes will determine what factors contribute to spouse abuse.

If you have not received a survey and are willing to help, please call Nancy Niederhauser, Family Advocacy Program Manager, at **561-5155.** You will be anonymous throughout your participation.

Farewell tea

A farewell tea will be held Thursday, July 19 from 2 to 4 p.m. in building 1805 for Marilyn Sobke, wife of Maj. Gen. John F. Sobke, Commander of South Pacific Corps of Engineers Division. The tea is open to all members of organizations in the Presidio community.

For more information, call Teena Larson at **931-7137.**

AREVP reunion

The Association of Retired Enlisted Veterinary Personnel's charter reunion will be held Oct. 12 through 14 at the Seven Oaks Hotel and Convention Center in San Antonio, Texas.

For more information about the reunion or association membership, contact Karl J. Stegman at 12903 Independence Ave., San Antonio Texas 78233.

Military Preretirement Orientation

A Military Preretirement Orientation will be presented at the Presidio Officers Club, building 50, Tuesday, July 24 from 8:30 a.m. to noon. An open invitation is extended to you and your spouse.

There will also be a Resume Writing class Thursday, July 26 from 1 p. m. to 4 p.m. There are only 20 seats available. Reservations are required and can be made be made by calling the Education Center at 561-4445 or 561-2974.

For more information, call N.C. Fleming at **561-3183** or **561-2721.**

Creative Cottage

Looking for a perfect wedding gift, graduation present or beautiful hand-crafted item? Come to the Creative Cottage, located in building 204 next to the Thrift Shop. The Creative Cottage is open Tuesday, Wednesday and Thursday from 10 a.m. to 2 p.m. and the first Saturday of each month.

Tae kwon do

The Directorate of Community Family Activities, Youth Activities Division needs a Tae kwon do, traditional style, instructor for two one hour lessons per week, weekday evenings. For more information, call Don Fontaine at **561-5416.**

Food Basket Program

If you are moving, and you have unopened canned and packaged food you want to leave behind, you can donate them to the Hands-Across-the-Presidio Food Basket Program.

Donations may be left at the Army Community Services, building 103B, Monday through Friday, 7:30 a.m. to 4:15 p.m.

For more information, call Erick Davis at 561-5256.

Smokers can quit

The American Cancer Society's stop smoking class begins July 10 in downtown San Francisco at 235 Montgomery, Suite 320. Sessions are Tuesdays and Thursdays from 6 to 8 p.m. for three weeks.

A donation of $24.50 is requested to cover the cost class materials and preregistration is suggested. For more information, call the American Cancer Society at **394-7100.**

At the Movies

Presidio Theatre

Fri., July 13: Teenage Mutant Ninja Turtles (PG) 7 p.m.
Sat., July 14: Bird On A Wire (PG-13) 7 p.m.
Sun., July 15: Class Of 1999 (R) 7 p.m
Mon., July 16: Lisa (PG-13) 7 p.m.

Hamilton Theater

Fri., July 13: Blue Seal (R) 7 p.m.
Sat., July 14: Blue Seal (R) 1 p.m.
Sat., July 15: Impulse (R) 7 p.m.
Sun., July 16: Pretty Women (R) 4 p.m.



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MEMORIAL

Vietnam MIA returned home, page 3



TRAINING

Garrison soldiers attempt "prison" escape, page 6



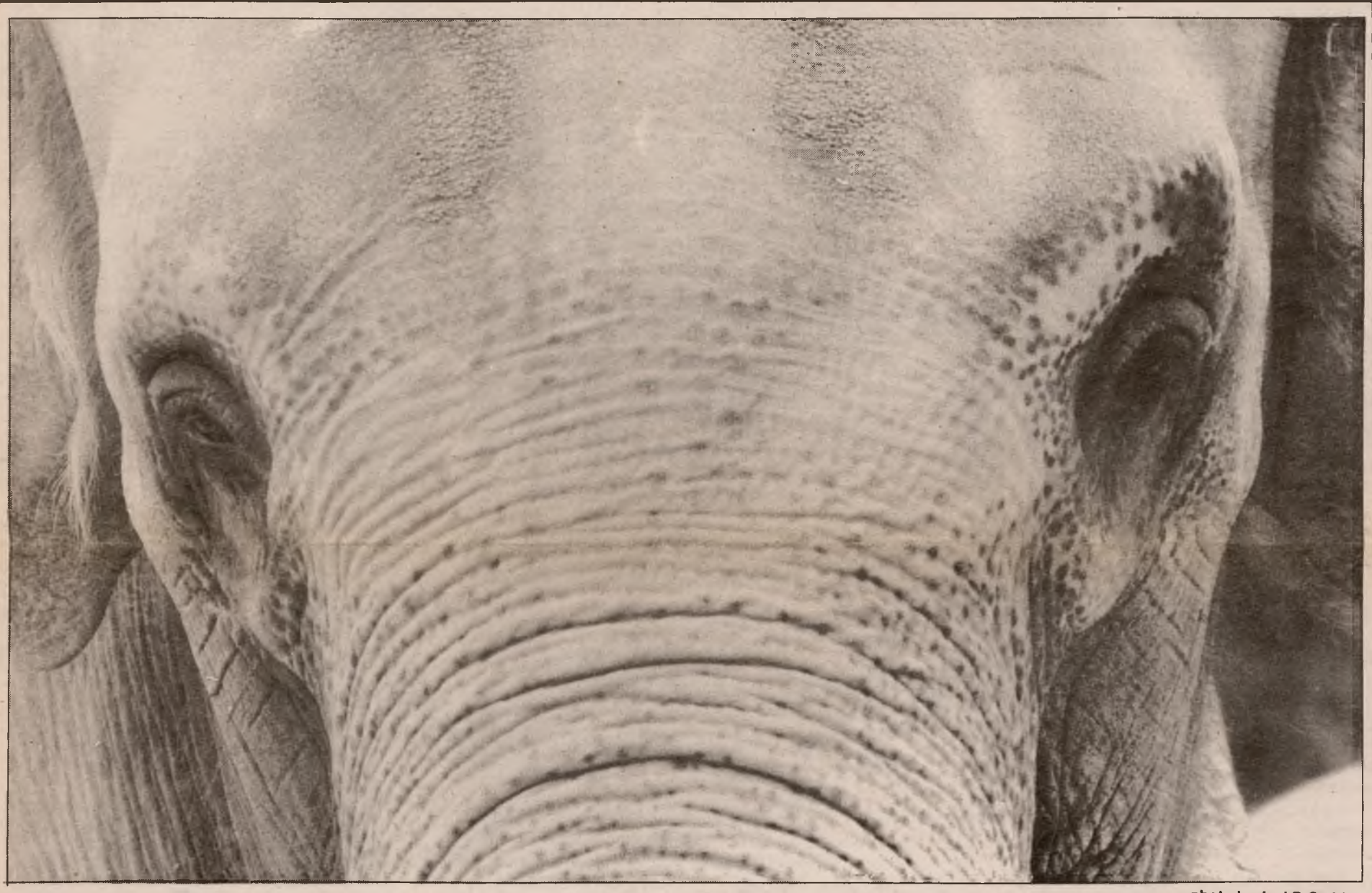
CLOSURE

Presidio unit movement plans released, page 9



Star Presidian

Vol. 33, No. 31 "Published in the interest of the people of the Presidio of San Francisco" July 26, 1990



The eyes of age

photo by Joel P. Smith

Penny, a 35-year-old Indian elephant, looks to be the aged sage of the San Francisco Zoo. For a story and photos about the zoo, see page 5.

40 accidents this year

Safety officials review post driver habits

by Crickett Jones
69th Army NG Public Affairs Detachment, Sacramento

Forty military vehicle accidents on post have cost taxpayers $50,000 in the past seven months, according to a safety inspector here.

Rudolph Shokal, Motor Vehicle Operations Inspector at the transportation division of the Department of Logistics, said the accidents produced minor dents in some vehicles and totaling others.

Operators who were found to have been negligent were fined by the transportation division. Spec. Jeff M. Mehegan, a military policeman with the Law Enforcement Company, is one soldier who was fined for negligence.

Mehegan was in his cruiser, responding to a call for an M.P. unit when he swerved to miss a soft drink bottle on Bunker Hill Road, when he locked his brakes and hit a tree.

"I destroyed the right headlight area, denting the hood and right fender," he said. "The damage was $3,000, but for me it's one paycheck."

After the accident, Mehegan faced an Article 15, loss of one rank, loss of pay for two days and 180-day suspension under the Uniform Code of Military Justice. All of these actions were later suspended because he was responding to a call at the time of the accident.

According to Shokal, most of the accidents, all involving DOL vehicles, were the result of carelessness. "Ninety percent of accidents are due to someone not using common sense, and a great majority are preventable," Shokal said.

see Accidents, page 3



photo by Lew Butts

A post MP examines an overturned vehicle.

Voices

Presidio View

by Lt. Gen. William H. Harrison



This week on post

Dear Presidians—

Yep, it's another great day to be in the U.S. Army at the Presidio of San Francisco—A Very Special Place. Hoo Ah! Hope all's well with all of you. Summertime is a very busy time for all of us in Sixth Army. It means lots of travel to Annual Training. So we count every day here at PSF as a special day.

This past week like all weeks at PSF has been interesting but different. It was time for my annual physical and dental check and that's always a chore. But more about that later.

On Monday the 16th LAMC conducted a very special retreat ceremony. LTG Frank Ledford, the Surgeon General of the Army and a former commander of LAMC was the honored guest. The troops from A B Companies looked great as did the LAMC color guard. A special treat was the participation of the 7th Infantry Division (Light) band from Fort Ord. As some of you may know I formally commanded this division and it's band has a special place in my heart. It was good to see—and hear—them especially those still there from my days as a LIGHT FIGHTER! Congrats to all the LAMC folk for a great ceremony very professionally executed.

More on LAMC—Tuesday was annual physical day. It began bright and early in the lab and didn't end until just before noon when the doctor finally released me. From beginning to end I was impressed with the professionalism of all the soldiers who ministered to me. To a man and a woman, enlisted and officer, they were courteous, proficient and thoroughly businesslike. I was struck again with how fortunate we in the military are to have such a professional, dedicated and caring medical corps. My thanks to all the members of LAMC but since it was my physical--a special thank you—and a big Hoo Ah! to the following:

Lab-Pat Hart
X-Ray-SPC Sullivan
Cardiogram and Treadmill-SPC Groogan and Colonel Paris
Eyes-SPC Alvarez
Ears-Majan Clark
Exam-SPEC Illizarry and CPT Wharton
Escort-SSG Tilley

Also on Tuesday a number of the Command Group went to visit the Golden Gate National Recreation Area headquarters. The purpose of the visit was to gain insight into how GGNRA works so we could better visualize their future stewardship of PSF. I cannot speak for all who attended but for me, I came away very happy that if the Army must give up the PSF, there is no better organization to assume its responsibility than GGNRA. I am convinced they will not only make it into a gem of the National Park Service but that they will preserve and respect the 214 years of military history which resides here. So, any of you who have an opportunity to participate in any of the GGNRA programs regarding the PSF, I urge you to do so.

Wednesday and Thursday were TDY days to Utah and Wyoming. Again, our good folks working with the Army Reserve and National Guard in those states are doing super work. They are real patriots—working sometimes under very trying conditions.

Friday, so it must be dental check time. Colonel Brown and Mrs. Mary Ann Landers took great care of me—look Ma, no cavities! Hoo Ah!

Another great letter last week—this one from Mr. Kevin Blackwell of our Directorate of Information Management. He wrote me of the outstanding job Mr. Rudy Shokal did presenting our on post Driver's Accident Prevention Course. I know some of you who attend this course complain about having to go but I can assure you no one complains about Mr. Shokal. And even though it is difficult to prove a direct correlation between the course and our safety record, we are convinced it helps. Our military vehicle accident rate is still too high but folks like Mr. Shokal are doing their best to keep it in check and reduce it. Won't you join him? To Mr. Shokal for his excellent work and to Mr. Blackwell for writing—Hoo Ah!

Have you noticed the repaired stone fence across from the museum? Our folks from DEH removed all the overgrowth, repaired the fence and beautified the area. Another example of our folks making PSF—A Very Special Place! And how about the new trees near Lombard Gate? They add a special touch also.

Finally, you all know I am always talking about PSF—A Very Special Place. And some of you have asked me why I do it? Well, it's hard to explain. Well, this past week I saw it in action. A young couple and their children from Germany were reassigned to PSF on an emergency basis due to a medical problem. They arrived with only the suitcases they could bring, a severe medical problem and no friends. Well, this community opened its heart. The Enlsted Wives Club and the Officer's Wives Club took meals, others opened their homes to the children, HQ Command Battalion involved. So you see—as the Good Book says—"When they were strangers we took them in." I'm very proud of all the folks and organizations who pitched in and helped in this incident. But I'm also proud of all of you who do similar type things every day and never get recognized for it. I truly believe the Presidio of San Francisco is a Very Special Place.

God bless you all.

William H. Harrison
Lieutenant General, USA
Commanding



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Commentary

Ask Presidians:

"As the nation's first urban national park, what would you think would be the best use for the Presidio?"

by Crickett Jones
69th Public Affairs Detachment, Sacramento



Robert Burke, U.S. Department of Agriculture accountant at Letterman Army Institute of Research: "What happened at Fort Mason is a good idea. They've turned some of the old areas into business space."



Pvt. Lucas Scalzo, operating room technician student, Letterman Army Medical Center: "It should be used for recreation, like sports or an amusement park and just an overall family center."



Michael Garcia, Sherman Elementary School: "They should make a big, big amusement park with roller coasters, circle hoops and food like pizza and hamburgers."



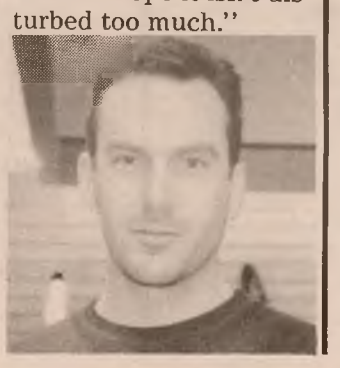
Bernadette Tulabut, Post Exchange cashier: "I don't like to see it closed because too many people will lose their jobs. If they do close it, they should make a park out of it."



Air Force Col. (Ret.) Charles Moore: "I think the Presidio area is a jewel in San Francisco. We should use it as a park rather than let it go to private interests. San Francisco would suffer a real loss."



Robert Davis, Letterman Information Receptionist: they wouldn't close it, but if it has to close, I'd like to see it remain in a park-like setting. This is the most beautiful post I've been to and I hope it isn't disturbed too much."



Spec. Kevin O'Brien, California Army National Guard: "They should keep the Presidio as a park. San Francisco is crowded enough. Presidio is about the only open space left."

No one knew his name

commentary by Col. John A. G. Klose (retired)

His call sign was 'Music 16.' His voice was very deep, clear and unforgettable. Everyone there knew who 'Music 16' was, but nobody there knew his name.

His remains, and those of his copilot, 1Lt. Alan Boffman, came home to the United States on July 19, 1990, 19 years, four months and one day after being shot down in Laos, March 18, 1971.

'Music 16' was the leader of an attack-helicopter section from "D" Company, 101st Aviation Battalion. That fateful day, he and his section were assisting in the extraction of 1st ARVN Infantry Division's 4/1 Battalion after six weeks of heavy combat in Laos.

The 4/1 Battalion had a strength of 420 when they had been inserted 40 kilometers into Laos by helicopter combat assault. After six weeks of continuous contact with North Vietnamese Regulars, the battalion had been reduced in strength to 88, 61 of which were wounded.

All of the officers had been killed. An English-speaking sergeant whose call sign was 'Whiskey' was in command and had the only operable radio. They were surrounded in a bomb crater at the base of a 1,500 foot escarpment near the Xe Pon River. The enemy had loudspeakers and was calling for the unit to surrender.

Sixty-eight U.S. Air Force airstrikes were used to keep the enemy forces from overrunning the 4/1 Battalion's final position. U.S. Army Cobra gunships fired in direct support of the unit. Often, the effects of their fire were on the perimeter of the bomb crater.

'Music 16' and his section refueled, rearmed and expended their ammunition all afternoon in support of 'Whiskey' and his unit. The last smoke grenade to mark the friendly position had long since been used.

'Music 16' knew exactly where the 4/1 survivors were. It was he who volunteered to lead the troop carrying helicopters into the bomb crater to extract the unit. He said, "Spasm 22 (Operations Officer of the 173d Combat Aviation Company), this is Music 16, follow me and I will lead you to the friendlies."

On final approach to the bomb crater, 'Music 16s' Cobra came under intense enemy ground fire. He aborted the approach and told the other helicopters to follow him around for another approach. His aircraft was on fire and he had lost his hydraulic controls.

He brought his gunship into a slow 360-degree turn back toward the friendly unit. He calmly stated, "My mast is on fire and I've lost my hydraulics. There they are, twelve o'clock, 100 meters, I'm going to try to make it to the river."

Smoke and flames trailed his gunship as it turned toward the river. His rotors were noticeably beginning to slow.

"I've lost my engine and my transmission is breaking up. Good-bye. Give my love to my wife and family," were 'Music 16s' last words as his helicopter crashed and became a ball of fire.

Everyone there knew that they had witnessed an unparalleled act of courage and selfless devotion to duty. That one aircrew had given their lives so that 88 other soldiers might live.

Everyone there will always remember 'Music 16.' But nobody there that day knew his name.

To paraphrase General MacArthur, "I know not of the dignity of their births, but I can attest to the dignity of their deaths."

No heroes ever died more courageous deaths. I was proud to be with them on the field of battle that day. I was privileged to be at Travis Air Force Base on July 18, 1990 when 'Music 16,' Capt. Keith Brandt (age 31 at death), and his copilot 1Lt. Alan Boffman (age 24 at death) came home.

I was proud to salute their caskets on behalf of their many comrades who served with them that day in Laos. None of us will ever forget them.

Accidents continued from page 1

General safety guidelines on post, Shokal said, include obeying the speed laws, keeping your vehicle in your own lane, and wearing a seat belt.

"To lower your risk of having an accident, just use common sense," said Shokal. "Don't drive too fast or too far in one day. If you're tired, don't drive."

Most of these accidents come from backing into things," said Ron Hall, Director of Safety at the Installation Safety Office. Some of the large vehicles don't have very good visibility." He suggests the driver use a "backing guide," a person who can stand outside of the vehicle and direct the driver.

He also recommends vehicle safety inspections. When a vehicle is dispatched, the operator is given an inspection check sheet from the dispatcher. It's used as a guideline to check such things as lights and tires.

"Following the inspection check sheet insures that the vehicle is in safe operating condition and prevents breakdowns, ultimately preventing accidents," said Shokal.

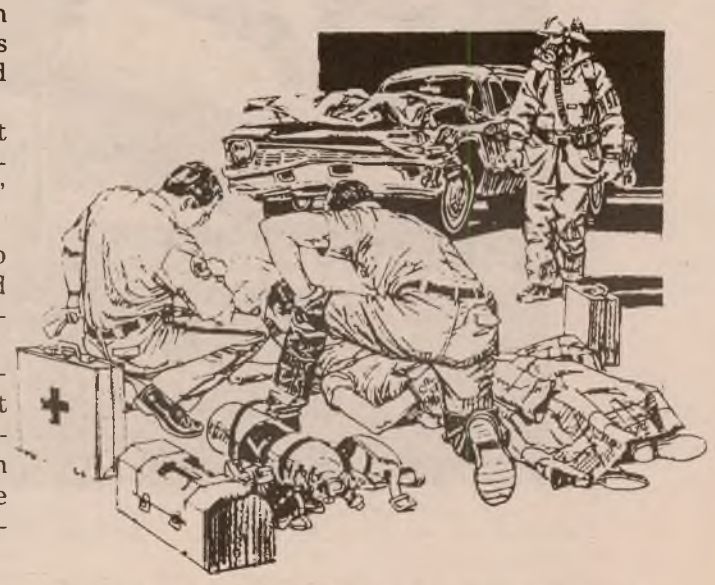
Few of the accidents could be attributed to mechanical problems, Shokal continued. "Our old fleet has been pretty well replaced, and we are getting more new vehicles in every day."

Although statistics don't suggest that safety is significantly better this year than last, Shokal says that there's been a lot more emphasis put on safety post-wide. "We've really been putting the pressure on towards safety. We've gotten the word out that we are going after people who have accidents and making them pay for the damages."

One step that the Transportation Division has taken to improve safety is starting a Driver Accident Prevention Course offered for military members. The four-hour course covers drinking and driving, fatigue, preventive maintenance, road hazards and alertness. The class is offered once a month.

In conjunction with the DAPC class, there is a "train the trainer" class designed to get more NCO's and supervisors to teach their own people defensive driving techniques.

For more information about these classes or any driver safety questions you have, call Mr. Shokal at **561-4710.**



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They were all seven once.



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A zookeeper trades squeezes with Penny, a female Indian elephant.

Zoo puts teeth in its promise

story and photos by Joel P. Smith

In a cavernous hall, an African lion fixes his golden eyes on two young women and paces slowly, deadly forward. The first turns to run. The second stands motionless, shaking her head from side to side, swelling her eyes with tears.

At the San Francisco Zoo, the public feeding of the great cats evokes a primal fear in some, and overwhelming awe and respect in others.

Mondays through Saturdays, from 2 to 3 p.m., zookeepers dish out 10-pound steaks to the cats at the Lion House, while spectators wince and wonder.

Few can say they've sat down to dinner with an African lion, a Siberian tiger or a rare, white Bengal tiger.

The zoo puts you as near the feast as possible, without your becoming part of the menu.

Nor can many say they've seen a jaguar, a baby black rhino, or Indian elephant—unless they've been to South America, East Africa, the Indian subcontinent, or the zoo, of course.

As the last great cats huddle in shrinking rainforests, or fall prey to poacher's bullets on the African plains, zoos today seem to function as modern-day arks.

The San Francisco zoo's no exception, transporting endangered animals to a safer time and place. It even has a ark of it's own—the Animal Resource Center.

Gunshot hawks and eagles, nest-robbed owls, abandoned boas and a menagerie of mammals find homes at the ARC.

The animals—most have been tamed by human contact—are featured on the Nature Trail in the Children's Zoo, where most visitors can hold or touch them.

Trail-goers Sunday got an up-close-and-personal look at a Swainson's hawk—blinded in one eye by a hunter with better aim than judgement.

"We give people a different kind of education," said ARC volunteer Kristen M. Oh, the hawk's keeper for the day. "We show the end result of what happens when people try to harm animals."

"The [ARC] program gives you a window on nature," said ARC director Joe Fitting. "It shows you what is and what will be—unless we change the way we view nature.

"We hope," Fitting added, "visitors will leave with a deeper appreciation of the world around them."

The zoo also features a rare look into the lives of the world's largest realm in the animal kingdom, the insects. About 1.2 million people visit the zoo each year, and thousands of them bug out at the Insect Zoo, one of five in the western United States.

The Aviary, Primate Discovery Center and Gorilla World, with its majestic silverbacks, are big draws, too.

Still, the feeding of the great cats seems the very heart of the place. The cats seem to wrench something from every visitor—respect or terror.

The African lion who inspired tears in one woman and set another woman running was captive, but the zoo remains a place where awe and the love of nature roam free.

The zoo offers a wide range of memberships, starting at $35. Members have unlimited free admission to the main zoo, the Children's Zoo and the Insect Zoo.

Members receive *Zoo Views*, a calendar of events and special offerings at the zoo.

Regular admission is Adults (age 16-64), $6; seniors $3; children (12-15), $3; 11 and under get in free.

The zoo also lends free wheelchairs for the disabled and rents strollers for $2 each.



A reticulated giraffe.



Zoo volunteer Felicia Madriz shows off a 4-foot gopher snake, one of the many animals you can pet along the Nature Trail in the Children's Zoo.

Training



A group struggles to place a ladder across an imaginary mine field without having to fall into the field.



Spec. Pierre B. Mros, a ceremonial specialist for Ceremonial Platoon, carries ammo boxes across a bridge his team has constructed.

Soldiers try 'prison' break

story and photos by Drew Seaman
Star Presidian

Seven United States Army Garrison soldiers are trapped in a prisoner of war camp. They must escape or face being shot.

Their allies have been bombing near the area for four days, making their captors restless and nervous. The POW leader takes advantage of the enemy's confusion to plan an escape.

She knows that the only route out is over the moat surrounding the camp and over the front wall. However, an alarm will sound if there is any ripple of the still water in the moat. Guards also patrol the concrete wall.

The only equipment available to the POWs are a ladder (too short to span the length of the moat), a rusty metal pipe and two lengths of rope left by guards. Time is running out. What should the leader do?

Over 200 USAG soldiers were faced with this and nine other mock combat problems. They tested thier problem solving abilities in a Leader's Reaction and Land Navigation course July 18 and 25 at Camp Parks, Dublin.

"The purpose of the training was to assess, improve and develop the soldier's leadership traits and behaviors," said Sgt. Alan Cartwright, training NCO, Headquarters, USAG.

The soldiers were separated into groups of seven to 10 individuals. The course was designed so that each soldier would have an opportunity to perform as a squad leader for a different wartime scenario and to serve as a team member for the remainder of the time.

Building stress in the soldiers played an important part in the evaluation. To produce a stressful environment for the working team, certain limitations were placed on them. The team could not touch certain objects in the course area: anything painted red, the walls, the catwalk or sand-filled areas (substituted for water).

They had 14 minutes to solve each problem. The team leader had a two minute briefing on each situation. The team had 12 minutes to complete the task. Any team that went over the time limit was considered killed in action.

The teams were allowed to use certain objects (wooden planks, ropes, ammo boxes, etc.), depending on the situation, to help them solve their problem.

The land navigation course was set up on the many barren hills of Camp Parks. Each team, provided with a compass and a map, had a mission to locate five separate points marked on their maps. They walked over 1000 meters from one point to the other.

"It was so hot and we walked so much that I felt like collapsing and taking a rest," said Pvt. 2 Brenda Davenport, a personal management specialist. She added, "It was tough at first to find out where our points were. But with teamwork we did great."

Earlier that day Davenport had led her team through the mock POW camp problem. She couldn't figure out how to place the ladder across the moat without splashing the water. No object could disturb the surface of the water or the alarm would be set off. The ladder fell short of reaching the other side by two inches.

Sgt. Juliana Jones, an administration NCO, and Spec. Sherry Orpilla, an operations clerk, helped Davenport to form a plan.

They decided to place the metal pipe lengthwise on the last rung of the ladder, tieing it firmly in place with the ropes. The pipe added three inches to the length of the ladder. This time it landed high above the water across the moat. The team made it safely to the other side.

They weren't quick enough to escape the 12-minute time limit, though.

"The escape was a failure," said Orpilla, "but the teamwork and leadership skills shown by these soldiers was a success."



A Look at the Past

Andrews sisters—still popular, still inspiring

by Sixth U.S. Army Public Affairs

No one could have foreseen the impact that three young women from Minneapolis who had a hit folk song in the 30s, would have upon the face and history of popular music, on the military services, and upon American history and morale. But there were early great odds against its happening.

Maxene, Patty, and LaVerne Andrews, in their teens and early 20's, began their career as a singing trio in 1937 when they achieved a Number One hit with the Yiddish folk song "Bei Mir Bist du Schoen." Their career flourished throughout the war years and into the 1950's, with such hits as "Boogie Woogie Bugle Boy," and "Don't Sit Under the Apple Tree."

The Andrews Sisters popularity has never diminished over the years. Today, 53 years later, Maxene's and Patty's (LaVerne died in 1965) independent tours worldwide still draw tremendous crowds—from new, young fans, to nostalgic followers.

Their concerts continue to sell out, and their recordings, once available only on single 78's and now on compact disks, continue to be hot sellers.

As Maxene relates the story, their being discovered hung on a fragile string of fate. The sisters had sung all their lives and found harmonizing as natural as breathing. They had never taken singing lessons. "I still don't know how to read music," Maxene admits.

The sisters believed they had a talent and, in 1937, went to New York City with their parents to try to break into the recording industry. Their efforts were long, tiring, and fruitless. Finally, out of luck, out of money, and out of time, they decided to return home to Minnesota to pursue careers as secretaries.

On their next to last day in New York, they managed to get a spot on a radio show being broadcast from the Hotel Edison. They knew the woman who owned the hotel and she had prevailed strongly upon the orchestra leader, Billy Swanson, to give the trio a chance.

Reluctantly, he hired them. It looked like a big break, but when the sisters showed up that night, the owner of the hotel was not there; she had had to leave town on family business. Swanson allowed the sisters to sing only one chorus of their rehearsed song ("When it's Sleepy Time Down South") and then promptly fired them.

The next day, as Maxene and Patty, with Vic Shoen their music arranger, were burying their sorrows in a malt at the soda fountain at the Hotel Edison (LaVerne and parents were back at their hotel packing and readying to leave New York the next day), into the soda shop came Lou Levy, sent by David Kapp, Vice President of Decca Records, "looking for those three girls who sang on the radio last night."

Introducing himself, he asked the girls to come to Decca Records for an audition.

Kapp, it turned out, happened to be taking a cab the previous evening, and the radio was tuned in to the broadcast. The sisters happened to be singing their one chorus at that moment. He heard those few musical bars, sent Levi out to find them, and asked them to audition for him and Jack Kapp, his brother, President of Decca.

The rest is history. With this meeting and audition, the Andrews Sisters' career officially began. With the success of "Bei Mir Bist du Schoen," their reputation was assured.

A final twist to the story was that Maxene eventually married Lou Levi.

With their career in full swing, the Andrews Sisters soon became identified with American troops and American morale during the World War II years. Their patriotism at the forefront, Maxene, Patty, and LaVerne, contributed thousands of hours of performances and personal appearances to the war effort.

The *Encyclopedia of Pop Music* calls the Andrews Sisters "the toast of the country during World War II." Their popularity, both on the home front and with our fighting men, was immense. Across the



Maxene, Patty and LaVerne Andrews in the 1940s in WWII WAC uniforms. Photographer unknown.

United States and overseas during the war, the Andrews Sisters drew enthusiastic, standing room only crowds at military bases, hospitals, USO shows, and at the Hollywood Canteen. They also made a highly successful USO tour of Europe.

From the late 1930s to the early 1950s the Andrews Sisters sold more than 50 million records. The first female performing group to achieve national recognition, they turned songs like "Boogie Woogie Bugle Boy," "Rum and Coca Cola," "In Apple Blossom Time," and "The Pennsylvania Polka" into standards famous internationally.

Allied Forces soldiers adopted their version of the "Beer Barrel Polka" as a marching song. Using the same melody and different lyrics, the Andrews Sisters also recorded "Here Comes the Navy." It became an instant hit with sailors around the world.

Their popularity also extended to the Army Air Corps. Pilots and air crews named their planes after such Andrews Sisters favorites as "Pistol Packin' Mama" and "Shoo, Shoo Baby." What was left of the bomber named "Shoo, Shoo Baby" was discovered in France in 1968, and was returned to the United States as the last survivor of the B-17 Flying Fortresses that had flown in the war. It underwent restoration by Air Force Reserve mechanics at Dover, Delaware, Air Force Base—financed through a combination of public and private contributions—for permanent display in the U.S. Air Force Museum at Wright-Patterson Air Force Base, Ohio.

The sisters routinely performed at the Hollywood Canteen, which entertained more than a million servicemen a year—young men going to or returning from war. They also played feature roles in many popular movies during the 1940s, many with a military theme, including Buck Privates, Private Buckaroo, Hollywood Canteen, Hold that Ghost, and The Road to Rio, and starred with such noteworthies as Bob Hope, Bing Crosby, Abbott and Costello, Carmen Miranda, and Jimmy Durante. Some of these "classics" are available today on videocassette.

Author Studs Terkel devoted a chapter of his Pulitzer Prize winning book *The Good War* to an interview with Maxene Andrews. In that interview, Maxene described her and her sisters' exhausting schedule of performances, doing five or six shows a day, 50 weeks a year, in addition to making movies and holding recording sessions.

"No matter how many shows a day we did, we always went to the camps," Maxene told Terkel. "We always made the hospitals when they started bringing the boys back."

Those hospital performances included visits to wards filled with severely wounded, battle-scarred veterans. Though emotionally draining and heartrending, Maxene says, these visits sometimes had courageous postscripts.

Maxene recalled one instance. "We were just about to do our last show (at San Francisco's Golden Gate Theater). In walked a serviceman. On his back was another serviceman, with no arms and no legs. One we had seen in the ward. He had his artificial arms on. He said, 'I never asked you for your autograph, because I said that one day I was going to give you mine.' He leaned over on the dressing table and he signed his name, 'Ted.'"

During their 1945 USO tour in Europe, the Andrews Sisters had difficult and unusual, as well as inspiring, performances. They sang for servicemen, for example, who had survived the fighting in Europe and were now awaiting transfer to the South Pacific to fight against Japan. A difficult show to play, but necessary for morale, said Maxene. They also served as the bearers of good news; at the show in Naples, which was to be their final performance during the war, the Andrews Sisters were extended the privilege of announcing the end of the war to the crowd of 8,000 troops.

Many of those servicemen had fought their way across Europe, Maxene said. Some hadn't been home for four years. As the show began, they believed they would soon be shipped to the Pacific, where the war continued. When the announcement was made that the war was over, and the soldiers realized they would soon be going home, the wild reaction was uncontained, and the following celebration uncontrollable.

So the Andrews Sisters ended the war the way they had begun it, by uplifting the morale of our nation and its fighting men.

Today, Maxene and Patty continue their worldwide appearances and also continue to visit and perform at veterans' hospitals throughout the country. Their program of visits and performances has increased during the past twelve years as they stop at veterans' hospitals to talk to aging servicemen and women who knew or heard them during the war years. Those veterans still love and remember that trio who brought them hope, joy, happiness, inspiration, and memories of home.

America's musical heritage, and especially that during the World War II years, would not have been the same without Maxene, Patty, and LaVerne Andrews.

They are part of our nation's musical history, our fighting heritage, our global defense effort, and our national pride. They are woven tightly into America's very fabric.

In 1987, at Sixth U.S. Army during "Army Days," Secretary of Defense Caspar Weinberger honored the sisters with the Department of Defense Medal for Distinguished Public Service—the highest honor the Defense Department can bestow on civilians. The "Andrews Sisters" star on Hollywood Boulevard, dedicated in 1988, highlights their more than 50 years of performance achievement and international fame.

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Base Closure

News Briefs

Presidio Boulevard closure

On Saturday, Aug. 4, Presidio Boulevard at Lombard continuing up Presidio Boulevard to the Presidio Gate, will be closed. The purpose of the closure is to allow the DEH to repaint the street markings.

As an alternate access route, residents residing in quarters located on Simmons Loop are asked to use Ruger Street and residents residing in quarters 540 through 551 are asked to use Liggett Avenue.

The road closure will commence at 6 a.m. and will reopen at approximately 4:30 p.m. Detour signs will be posted.

For more information, call Juanita Whitehead at **561-3711.**

Directorate closure

The Directorate of Logistics will close Friday, Aug. 3 at 11:30 for its annual picnic. Costumers are advised to coordinate support requirements in advance. DOL will reopen Monday, Aug. 6 at 7:30 a.m.

To leave emergency messages for DOL Aug. 3, call **331-1540** or **331-3812.**

Organization Day

Command Battalion will conduct its Seventh Annual Organization Day from 8:30 a.m. to 4 p.m. July 27. Organization Day offers the battalion an opportunity to bring together soldiers, families and friends for a day of fun, relaxation and friendly competition. It will be held at Fort Scott, so bring the family and enjoy this special day!

Sports Notes

Youth Services tennis camp

Youth Services is sponsoring a one-week tennis camp for youngsters ages 12 through 18. The tennis camp will be held Monday through July 27. Training will be available for beginners through advanced levels.

Cost of the camp is $40 per person. For more information, call Tom Carter at **561-7854.**

Summer Basketball Leagues

The 1990 Summer Basketball Program is underway with six teams entered in the full-court and four teams in the half-court competition. Full-court is open play for individual 18 years or older. All games are played in the evenings starting at 5, 6 and 7 p.m. Half-court is played twice during lunch hour, 11:30 a.m. and noon, with three member teams. All half-court players must be at least 30 years old.

Full court schedule
July 30
5 p.m. 864th vs. LEC
6 p.m. LAMC vs. USAG
7 p.m. LAIR vs. MEPCOM
Wednesday, Aug. 1
5 p.m. 864th vs. USAG
6 p.m. LEC vs. MEPCOM
7 p.m. LAMC vs. LAIR
Half court schedule
Thursday, July 26
11:30 a.m. MEPCOM vs. JAG
noon, USAG vs. Andes Gang
Tuesday, July 31
11:30 a.m. MEPCOM vs. Andes Gang
noon, JAG Vs USAG
Thursday, Aug. 2
11:30 a.m. MEPCOM vs. USAG
noon, Andes Gang vs. JAG

BRACO releases movement plans

by Sixth U.S. Army Public Affairs

Lt. Col. Mike Carkhuff, Chief, Base Realignment and Closure Office, last week released for publication the charts deliniating the movement of major units from the Presidio of San Francisco.

The charts present unit movements to their new locations and the projected fiscal year quarters of those movements. "These charts are current as of 1 July 1990," says Carkhuff.

This is only the first iteration of the migration charts," said Brig. Gen. Peter W. Lash, Sixth U.S. Army Chief of Staff, "and it may be more than most people want to know. Star Presidian readers should remember that this information is not gospel. Many of the dates will be changing. And many of the changes coming down may be based on legislation to protect the rights of people in units affected by closure. Readers should keep these things in mind as they contemplate how the currently-projected movements apply to them."

"Please tell your readers, also," said Carkhuff, "that we are holding semi-annual sessions—in June and December—with unit commanders and other key leaders on the installation to update changes, so they can go back and discuss the changes with their subordinates."

The Star Presidian will keep abreast of major changes, too, and will publish these changes as they become available.

MAJOR UNIT MOVEMENTS
PRESIDIO OF SAN FRANCISCO

UNIT/ ACTIVITY/MISSION	DESTINATION	FY90	FY91	FY92	FY93	FY94	FY95
LOGISTICS CONTROL ACTIVITY	LETTERKENNY				4Q◄►		
864TH ENGINEER COMPANY	FT LEWIS				4Q◄►		
USA READINESS GROUP	OAKLAND ARMY BASE				4Q◄►		
USAR UNITS	OAKLAND ARMY BASE					2Q◄►	
6TH CIDC REGION HQ	FT BLISS		4Q◄►				
AR 5-9 AREA SUPPORT	FT ORD		◄	►			
AR 5-9 AREA SUPPORT	FT LEWIS		◄		►		
902D MI BN	*FT SAM HOUSTON VICE TREASURE ISLAND				4Q ◄	► 3Q	

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TAMC - TRIPLER ARMY MEDICAL CENTER
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* NEW LOCATION BEING STUDIED. FACILITIES NOT AVAILABLE AT TREASURE ISLAND DUE TO EARTHQUAKE DAMAGE.

MAJOR UNIT MOVEMENTS
PRESIDIO OF SAN FRANCISCO

UNIT/ ACTIVITY/MISSION	DESTINATION	FY90	FY91	FY92	FY93	FY94	FY95
LAMC/GME/MEDICAL	FT GORDON (EAMC)		4Q◄	►			
LAMC/GME/MEDICAL	FITZSIMMONS AMC		4Q◄	►			
LAMC/GME/MEDICAL	FT LEWIS (MAMC)		4Q◄	►			
LAMC/GME/MEDICAL	FT SHAFTER (TAMC)		4Q◄	►			
LAMC/GME/MEDICAL	WALTER REED AMC		4Q◄	►			
LAMC/GME/MEDICAL	FT BRAGG		4Q◄	►			
LAMC/GME/MEDICAL	OAKLAND NAVAL HOSPITAL		4Q◄	►			
LAMC/MEDICAL	VARIOUS LOCATIONS			◄	►		
HQ, SIXTH ARMY	FT CARSON				3Q◄►		
LETTERMAN ARMY INSTITUTE OF RESEARCH	FT DETRICK					2Q◄	►

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Community Calendar

Fall college classes on post

City College of San Francisco

Introduction to Sociology (3SH), Mondays, 5 to 8 p.m., Aug. 20 to Dec. 17. Introduction to human interaction from the sociological perspective.

Introduction to LOTUS 1-2-3 (3SH), Mondays/Wednesdays, 5 to 7:30 p.m., Aug. 20 to Dec. 19. Introduction to LOTUS 1-2-3 using the IBM Personal Computer.

Practical Public Speaking (3SH), Tuesdays, 5 to 8 p.m., Aug. 21 to Dec. 18. Discussion and practice in organizing ideas and presenting them orally.

IBM PC DOS Operating System (1SH), Tuesdays/Thursdays, 5 to 8 p.m., Oct. 23 to Nov. 8. Introduction to the use of the IBM PC DOS operating system.

San Francisco State University (SFSU)

Mental Health (3SH), 5:15 to 8 p.m., Sep. 4 to Dec. 11. Psychological factors of human adjustment and personal growth.

American Politics (3SH), Wednesdays, 5:15 to 8 p.m., Sep. 5 to Dec. 12. A study of governmental institutions, politics, and issues in the United States and California in historical, social and cultural perespective.

First year composition (3SH), Thursdays, 5:15 to 8 p.m., Aug. 23 to Dec. 6. Standard freshman writing class. Required for all college majors.

Introductory Psychological Statistics (3SH), Tuesdays/ Thursdays 5:15 to 8 p.m., Oct. 16 to Dec. 6. Basic statistical theory and techniques appropriate to psychology and related fields.

SFSU Tuition: Soldiers eligible for Tuition Assistance (TA), when available, pay $67.50. All others pay $270 per course. Books cost extra. NOTE: Soldiers are encouraged to use VA benefits on active duty when TA is not available. Pell grants are another source of financial aid and applications are available at the Education Center.

Enrollment

Call a counselor at the Fort Scott Education Center, building 1216, **561-2974/4445**, or the LAMC Education Center, building 1014, **561-4791/3692.**





photo by Ralph Nelson

Bug out

In "Arachnophobia," local exterminator Delbert McClintock (James Goodman, left) eagerly plans an attack against invading spiders, with help from actors Brian McNamara (center) and Jeff Daniels. The horror-comedy is playing in theaters in the Bay Area.

Toastmasters

You're invited to a special Toastmasters Club open house. It will be held Thursday, July 26 at noon at the USO office, in the basement of building 223. Topic: "Learn how to master the job interview," for more information call the USO at **561-2436.** Toastmasters meet every second and fourth Thursday at noon, all are welcome.

Lead screening program

The Pediatric Clinic at Letterman Army Medical Center is offering a lead screening program now for children. Lead poisoning has shown to cause behavioral and learning problems in children. The screening is offered to 18-month-olds, 2-year-olds and 3-year-olds.

An information handout is available at the Pediatric Clinic. For more information, call the clinic at **561-4268** or **561-2447.**

LOTUS 1-2-3

A workshop for Presidians who can operate a computer and want to learn a computer spreadsheet program, is being offered at the Education Center. The workshop will be Tuesdays and Thursdays, 12:30 to 3:30 p.m., Aug. 21 to Sep. 20. The course is free for active duty military; all others pay $200. To obtain the required enrollment form, or for more information, see a councelor at the Fort Scott Education Center, building 1216, or the LAMC Education Center, building 1014.

New Latchkey site

The San Francisco Recreation and Parks Department has expanded it's Latchkey Program to 14 sites, due to popular demand. The newest Latchkey site, Sunnyside playground, at Teresita and Forester, is currently enrolling children between the ages of six and twelve years.

The program, which operates during the expanded summer hours of 9 a.m. to 6 p.m., includes educational games, cooking crafts, dance, team sports and more. There are two recreation directors on duty, lunch and snacks are provided. The fee is $10 per month, $8 for each additional child in the same family. For more information, call **337-4720.**

USO job search resume workshop

The resume workshop meets every Wednesday, 11:30 a.m. to 12:30 p.m. Special topic: "The Three Boxes of Life." Call to sign up at the USO **561-2436,** in the basement of building 223.

Testing for credit

Soldiers can earn promotion points and college credit for passing test given at the Education Center at no cost. The tests are offered to active duty members and reservists.

For more information or to order a tests call the Fort Scott Education Center at **561-2974** or **561-4445** or the Letterman Army Medical Center Education Center at **561-3692** or **561-4791.**

Leave donation request

Dirk B. Henderson, a Letterman Army Medical Center employee, is having a medical emergency. He has exhausted all sick leave and annual leave. He would like to become a leave recipient, which will allow him to have more recovery time before having to return to work.

Anyone wishing to donate leave, please call Gil Delcid at **561-2598.**

SMART

The recently formed Golden Gate Chapter of SMART is holding its first chapter muster at Fort Ord, Calif. August 17 through 20 in section B of the camping area there. Active duty military members, retired military, Reserve and National Guard members, and commissioned officers of the U. S. Public Health Services are eligble to join SMART.

For more information, call Lee Le Page at **(707) 632-5865.**

HIB vaccine for children

The Pediatric Clinic will administer Haemophilus influenza type-B shots Monday through Friday from 8 to 11:30 a.m. and 1 to 4 p.m. for children 18 months to 4 years.

For more information, call the Pediatric Clinic at **561-2447** or Sgt. Jackson at **561-3202.**

Multimate, Applause presentation

On Thursday, Aug. 2 a representative from Ashton-Tate Corporation will be here to demonstrate Multimate version 4.0 and Applause II. A copy of Multimate and Applause, plus other items, will be raffled off to those who attend. Please R.S.V.P. since the seating is limited.

The demonstration will be held at building 603 in the first floor auditorium, from 1:30 to 3:30 p.m. Call Pat Mallett at ext. **561-3287.**

Volunteer Program

The Installation Volunteer Office is now located in the Support Services Center, building 103B, Montgomery Street. There are volunteer openings for receptionists, typists, computer counseling and early childhood education.

For more information, call Jeanne' Mote, Family Support Division, at **561-4147.**

At the Movies

Presidio Theatre

Fri., July 27: I Love You To Death (R) 7 p.m.
Sat., July 28: Mountains of the Moon (R) 7 p.m.
Sun., July 29: I Love You To Death (R) 4 p.m.

Hamilton Theater

Fri., July 27: Fire Birds (PG 13) 7 p.m.
Sat., July 28: Pretty Woman (R) 7 p.m.
Sun., July 29: Pretty Woman (R) 7 p.m.
Mon., July 30: Cadillac Man (R) 7 p.m.



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FINANCE

Paper pay checks obsolete, page 3



HOUSING

Rule breakers may be forced out, page 5



TRAINING

Engineers' mission a success, page 6



Star Presidian

Vol. 33, No. 32 "Published in the interest of the people of the Presidio of San Francisco" August 2, 1990

News Briefs

Street closure

Presidio Boulevard at Lombard continuing up Presidio Boulevard to the Presidio Gate, will be closed Saturday. The purpose of the closure is to allow the DEH to repaint the street markings.

As an alternate access route, residents residing in quarters located on Simmons Loop are asked to use Ruger Street and residents residing in quarters 540 through 551 are asked to use Liggett Avenue.

The road closure will commence at 6 a.m. and will reopen at approximately 4:30 p.m. Detour signs will be posted.

For more information, call Juanita Whitehead at **561-3711.**

Chaplaincy celebration

The U.S. Army Chaplaincy was founded in July, 1775. The celebration of this 215th anniversary, and the 59th anniversary of the dedication of the Main Post Chapel, will be held at the Main Post Chapel at 10 a.m. Sunday. There will not be a 9 a.m. or 11 a.m. service at the Main Post Chapel Sunday. Lt. Gen. William H. Harrison, Commanding General of the Sixth U.S. Army and Presidio, will give the morning message.

After the service, there will be a pot-luck picnic lunch for all faiths to be held in the Memorial Garden outside of the Main Post Chapel at 11:30 a.m. Families attending are asked to bring a main course dish sufficient to feed one family plus one soldier. All Presidio personnel are invited to attend

Directorate closure

The Directorate of Logistics will close Friday at 11:30 for its annual picnic. Costumers are advised to coordinate support requirements in advance. DOL will reopen Monday at 7:30 a.m.

To leave emergency messages for DOL Friday, call **331-1540** or **331-3812.**

Directorate of Contracting building moving

The Directorate of Contracting has moved to building 103A, next to the Finance and Accounting Office. Contracting's phone numbers remain the same.

For more information, call the director's section at **561-4680.**

Pretransition briefing

All soldiers honorably separating (not retiring) from the Army during Sept. through Nov. are required to attend the pretransition briefing to be held at the Presidio Audio/Visual Center, Building 603, Aug. 21 from 8 a.m. to noon. Spouses and commanders are welcome to attend. If you are separating within the next 120 days or will be taking transition leave prior to separation, this briefing is mandatory. For more information, call the Military Personnel Operations, A. Calica or Staff Sgt. Sheldon Martin at **561-2151** or **561-3297** or Autovon 586-2151.

Family facial fun



photo by Duvel White

Pam Wittern paints 3-year-old Jennifer Cordero's face during Headquarters Command Battalion's Organizational Day Friday at Fort Scott. More than 250 people celebrated with food and fun. See story and photos on page 7.

Child care rates change

by Master Sgt. Mary A. Peterson
American Forces Information Service
and Star Presidian Staff

Families at Presidio of San Francisco, Calif., may now pay less and those at the naval station in Rota, Spain, may pay more, but everyone everywhere will soon pay about the same to use child development centers (CDCs).

DOD's Family Policy and Support Office has established a standard-fee policy for regular users at service CDCs. Program specialist Linda Smith said specific fee ranges have not been decided for the policy, signed March 23.

The Military Child Care Act of 1989 requires that fees be based on family income and be standard throughout the military, she said. Fee ranges will be based on annual pay and allowances plus spousal income and the average fee currently paid by that pay grade. Variable housing allowance is not included, Smith said. Disclosing total family income is a personal choice.

Doreatha Y. Williams, program assistant for the Presidio CDC, said, "I love the new policy. Currently the rates are reasonable, but this will make it more fair to lower ranking couples who have more than one child."

"Parents will not have to disclose their incomes unless they are requesting a reduced fee," Smith said. "All parents will be placed automatically at the highest fee unless they want a fee break. The burden of proof is on the parent. We don't want to pry into people's financial business as a requirement for child care enrollment."

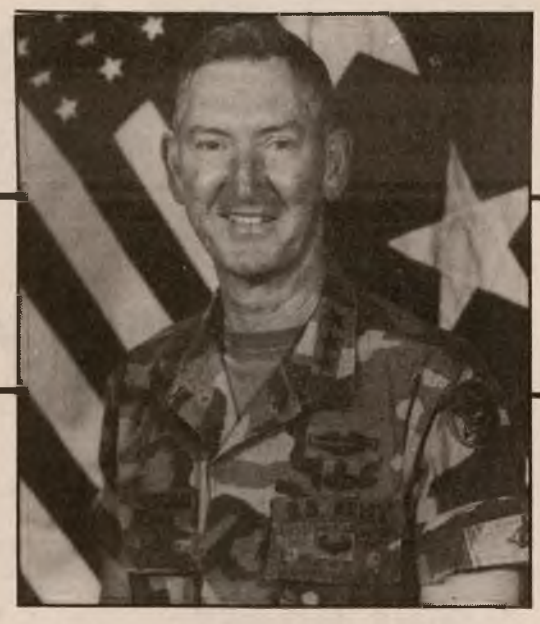
Selected installation child development centers tabulated October 1989 data of parents' fees and their combined gross incomes based on rank," she added. Her office determined world-wide averages to help set preliminary fee ranges. "The majority of people should see the fees remain about the same. Higher income families may see an increase, while lower income families may see a decrease."

See child care, page 3

Voices

Presidio View

by Lt. Gen. William H. Harrison



This week on post

Dear Presidians—

As I write this I am in southern Mississippi and Alabama—and boy is it hot and humid. Sure makes you appreciate the Presidio of San Francisco—A Very Special Place! So, I hope that you're having a great day—as I'm sure you are.

On Monday the 23rd of July we had a very special Retreat Ceremony honoring our new Deputy Commanding General, Maj. Gen. Pat Brady and his wife Nancy. The Headquarters Command Battalion Commander, Maj. Ron Benton, was Commander-of-Troops and we had two platoons in the honor guard—one of soldiers and one all officers. Both did well as did the band, the color guard, the MP flag detail and the salute cannon NCO. I always enjoy ceremonies and I know that Maj. Gen. and Mrs. Brady sure appreciated everyone's efforts. Welcome Pat and Nancy to the Presidio of San Francisco family.

Tuesday I spent at Fort Ord visiting our 91st Training Division. The division is there training Basic Trainees. They are doing a superb job and collecting all sorts of compliments for their efforts. So, to all our great 91st Division soldiers—"Powder River! Let'er Buck!"

Also on the 24th we had our Monthly Retirement Review. These are always such super ceremonies and so very much appreciated by the retirees. This month's accolades go to Brig. Gen. Lash, the reviewing officer; C Company, 864th Engineer Battalion, the honor company; our always outstanding band; and the Headquarters Command color guard. They all did GREAT! And to our retirees and their families, congratulations and all best wishes: Colonel Edgar Wylie, Colonel Alan Johnson, CW2 Bill Strout, SFC David Garrison.

Wednesday saw us at Army Community Service celebrating the 25th birthday of Army Community Service—A Commander's Solution! Mr. Eric Davis, Acting Director of Army Community Service had arranged a good program to include a beautiful birthday cake. So, to all our new Army Community Service staff and all our wonderful Army Community Service volunteers—Happy 25th Birthday ACS—we all appreciate all you do all year round. Hoo Ah!

Thursday, the 26th saw the new FORSCOM Command Sergeant Major Smith visiting us. Command Sergeant Major Smith is a former Command Sergeant Major of USA two, so he understands our problems. He comes to FORSCOM from Korea and we were honored he visited us so soon after assuming his new duties.

On Thursday Jo and I traveled to Escatawpa, Mississippi where we participated in the christening and launching of Army Landing Craft COAMO, LCU-2014. This ocean-going vessel and nine more like it will be assigned to the 481st Transportation Company (Heavy Boat) and Army Reserve Unit in Rio Vista, California. I gave a speech but Jo got to christen the ship—smashing the champagne and all! It was a great day and the shipyard owner, the U.S. Navy, the local USAR Commanders and everyone treated us with such great hospitality Captain Coleman, the Company Commander, was there and all in all it was a super affair.

God bless you all.

William H. Harrison
Lieutenant General, USA
Commanding

"The man who believes he can do something is probably right, and so is the man who believes he can't."
—Anon



A ceremonial platoon soldier fires the cannon during a ceremony.

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All editorial content of the *Star Presidian* is prepared, edited, provided, and approved by the Public Affairs Office of Headquarters Sixth U.S. Army and Presidio of San Francisco, California. The *Star Presidian* is printed by Coast Publishing, a private firm in no way connected with the Department of the Army, under exclusive written contract with the Presidio of San Francisco, California. The civilian printer is responsible for commercial advertising.

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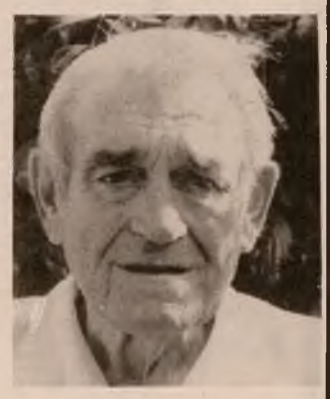
News and Views

Ask Presidians:

This week's question has a special addition. Two answers from an "Ask Presidian" (then called "Inquiring Reporters") dated June 27, 1958. Time hasn't changed much or has it.?

"What is your favorite television program and why?"

by Drew Seaman
Star Presidian



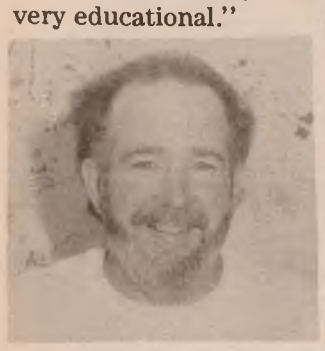
William Pearson, retired chief petty officer, United States Navy: "I'll watch anything that has to do with baseball. I love team sports."



Spec. Carl Lewis, supply clerk, Headquarters Battalion, United States Army Garrison: " 'In Living Color' is a great show. It's funny, creative and has gorgeous women in it."



Clara Davis, military spouse: "I like quiz shows, especially 'Jeopardy', because they are very educational."



Ray Steward, motor vehicle operator, Directorate of Logistics: "I like 'Cheers'. The whole cast is great because everyone in it is funny."



Private 1st Class William Wallace, military policeman, Law Enforcement Company: "Of course 'Cops' is my favorite show. It takes place with real police officers doing their often dangerous jobs."

(June 27, 1958) Sp2 Catherine Hennessey, personnel office, LAH: "I like musicals, like the 'Firestone Hour' and the 'Perry Como Show'. I never watch news on TV. I always get that from the radio."

(June 27, 1958) Donald L. Thompson, assistant chief of PSF Fire Department: "I can tell you this—I watch 'em all! Everyday I watch television from about five to midnight. In my house, the whole family watches television. We never have any arguments over what program to look at. Solved the whole thing by getting two sets, put one in the den and the other in the living room."

Checks don't have to be in mail

by Maj. Caughey
Finance Officer

Are you still receiving your civilian pay check through the mail? Finance officials warn civilian employees that recent advances in electronic banking now make paper pay checks obsolete and dangerous to your financial health.

Once mailed, pay checks can get lost in transit, misplaced by the recipient or their family, and occasionally are stolen. Even if delivery to your mailbox is on time and accurate, payment by check may leave you without cash during family vacations or holidays away from home.

In addition, missing checks are difficult to replace. A substitute check requires getting a stop payment request through the U.S. Treasury, a process that can take up to four months for some types of payments. During this time, you are without the use of your money.

Employees who receive their pay through Electronic Funds Transfer (EFT) don't face these problems. Their pay is sent directly to their bank on pay day by the Federal Reserve Bank in San Francisco, based on input by the Presidio Finance Office. Employees on EFT don't worry where their pay is during visits to Grandmas' house or vacations to Yellowstone. Combining EFT with the network of automatic teller machines throughout the western states is an unbeatable combination to ensure you always have access to your hard earned pay.

Please consider the advantages of EFT (and the dangers of paper checks). You can activate EFT by completing an SF 1199, Direct Deposit Sign-Up Form. Complete sections 1 and 2, have your bank or financial institution complete section 3, and then forward the form to the Presidio Finance Office, via distribution. For further information or forms, call **561-2975.**

DEH cuts custodial services

Because of a shortage of engineering funds, a reduction in the frequency of Custodial Services to Presidio buildings will be implemented starting the week of 6 August 1990.

The reduction of services will impact mainly administrative working areas. Reduction of services for common use areas such as latrines will be minimal with the only change being a reduction to three days cleaning per week those latrines now being cleaned five times per week. Latrines which are currently being cleaned three times per week will continue receiving the same level of services.

The frequency for cleaning working areas, including hallways and stairs will be reduced to one (1) time per week for most of the installation areas with a few high visi bility and heavy use areas reduced from five (5) times per week to three times per week.

The DEH regrets having to reduce custodial services and rely on more self help effort. We ask that you cooperate in keeping your work area as free of litter as possible. For those individuals working in areas that will be cleaned only once a week, it may be necessary to empty waste baskets during the week and take special care in addressing spills and litter.

The reduction in services is expected to remain in effect until at least the end of the Fiscal Year (30 September), but may have to be extended if increased funding is not received in Fiscal Year 1991. Units which desired increased levels of service can receive it if they can provide funding to the DEH for the increased levels of service desired.

For more information, call Louise Olson at **561-6000.**

Child Care centers offer more pay, jobs

by Master Sgt. Mary A. Peterson
American Forces Information Service

Hiring more employees and raising wages are two ways DOD aims to make military child care centers more attractive and competitive.

The Military Child Care Act of 1989 directs DOD to increase child care employees' compensation and to add 1,000 positions to installation child care centers worldwide this year. A two-year pilot program to be in place throughout the services by summer offers child care center employees a special pay schedule according to experience and training, said Carl Burghardt, chief of DOD non-appropriated fund policy.

"Entry-level wages for someone with little or no experience are comparable to a GS-4—between $5.70 and $8.09 per hour, depending on the position," he said. Fully qualified caregivers will get a minimum $6.98 per hour, up to $10.16 per hour based on performance and other factors. The pilot program also includes general-schedule positions, but they are not included in the child care pay bands.

Increasing wages should help reduce the high turnover of employees. "We have had turnover rates as high as 300 percent annually. We expect to attract more qualified, motivated personnel," said Linda Smith, DOD's child development program specialist. The wage increase is not a giveaway—training and job performance requirements will be enforced, she added.

The Military Child Care Act also provides that each installation child development program office have a training and curriculum specialist. That person will be responsible for special teaching activities, assist in preparing daily lessons, supervise and instruct other employees and be involved in the child abuse prevention and detection program. Specialists and future child care center employees must meet standards of the National Association for the Education of Young Children, Smith said.

Child Care continued from page 1

Fees for part-time users will be prorated based on the rank-income formula, Smith continued. Also, the policy allows discounts for families with more than one child. Hourly care rates may be exempt from the policy.

Current rates are based primarily on local conditions. Some centers have established fees based on family income - a decision made by individual installations. DOD and the services have not set fees before, but have provided guidelines.

"Fees vary widely, primarily because current fees are based largely on local wage survey, which in turn drive labor costs," Smith said.

According to the Department of Labor, U.S. families pay 10 to 12 percent of their gross family incomes for child care. Under the new fee policy, Smith said, the average military member will pay 6 to 8 percent of the total family income for child care in a military center.



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C12408

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Good Neighbors



Good neighbor—Barbara Davis is trimming hedges as a part of her post housing responsibility.



Presidio Quarters of Excellence.

Post housing; a privilege worth protecting

by Crickett Jones

Staff Sgt. John Doe has just received a letter from CSM Tommie Abner, United States Army Garrison Command Sergeant Major, directing him to terminate his quarters and leave post.

Doe and his family were not following the rules that Doe agreed to live under when he moved into the three-bedroom duplex. He has been enjoying the house rent-free.

Staff Sgt. John Doe is, of course, fictional. That there are problems in the housing areas here isn't. Soldiers who have not taken care of their quarters have been told to leave their quarters.

There are 135 families on a waiting list for your home. In the Presidio area, it is just not cost-efficient to let this kind of thing happen to you.

According to Col. William D. Swift, garrison commander on post, "The majority of the family housing occupants are excellent tenants."

But, sometimes there is trouble.

The garrison commander says there are two kinds of violations that may cost a family its quarters. The first is family violence.

Upon the first reported incident of family violence, the couple is referred to the Family Advocacy Board to see if they can be helped.

If there is a second report, the soldier will receive a letter from the garrison command sergeant major for enlisted ranks, or a letter from the garrison commander for commissioned officer.

If the problem continues, the occupants will receive the same notice as Doe did. They will be forced to find quarters off post, but the chain of command will try to work things out with them first.

"We want to find ways to help the family," Swift said. "Our major concern is trying to convince the family to work things out and solve their problems."

The second type of violation involves a family not taking care of their quarters. "The occupant is responsible for watering their lawn, keeping it mowed, and keeping the hedges trimmed below the window level," according to Marc D. Brouqua, chief of the housing division of the Directorate of Housing and Engineering.

The Garrison command sergeant major continuously makes checks of housing areas post and notes problems on a paper slip, which he leaves on their door.

Family fueds are yet another problem in post housing areas. "Playing music too loud, going to bed too late, or children fighting with each other are the complaints we see most often," Brouqua said.

"We counsel [violaters] and ask them to try to get along. If they can't, we have an area coordinator, who is command directed, who tries to solve the problem at his level," he continued.

If the problem continues, it is brought to the commander's office. "The chain of command is very interested in making sure that people obey the rules and get along with each other here on post," Brouqua added.

"Basically, we have rules that tell people how to be good neighbors," he said, "and, that they could forfeit the privilege of living on post if they don't follow those guidelines."

Getting into trouble in family housing could also affect the soldier's military career.

Broqua suggests that, to have a successful tenancy, you should have an open-arms type policy. "The best thing is for people to get to know their neighbors. Be cooperative and volunteer to help people who are coming in," he says.

"When people try to stay aloof and don't get to know their neighbors, conflicts come up, because if you hear a noise or something, the first reaction is negative instead of discussing the problem as friends."

Of course, Doe is now qualified to receive $790 from the government for combined Basic Allowance for Quarters and Variable Housing Allowance.

The average rent for a three-bedroom apartment close to Presidio is $1,200 to $1,500 a month, according to Gene Blackburn, a housing referral representative at the Housing Office. "You can rent a house or apartment for a little less in Marin or San Mateo," he said.

Of course, you'll then you have to face the cost (and ulcers) of commuting every day.

"People try to find something that they can afford, and that's close to work. It takes a lot of effort and a lot of time, and in the end, it's a lot of money," says Teresa Hairston, an assignments and termination clerk at the housing office on post.

Hairston and her family live on post, and she says that she's glad they do. "We don't have to fight the traffic, and the stores [the Post Exchange and Commissary] are convenient. I like having the bowling alley and movie theater close because all of these services are cheaper on post."

The safety of living on post also appeals to Hairston and her family. The family housing areas are patrolled regularly by military police. "You can always go off post to do whatever you want to do, but when you live on post you are sheltered," she added.



Photos by Crickett Jones

Cinde Uhorchak plants flowers around her home.

Training



Engineers from Army Reserve, National Guard and active duty units trained together during bridge crossing exercises.

Army Engineers team up to bridge gap

story and photo by Maj. Gillis
Engineer Team, Sixth U.S. Army Readiness Group

Through a spirit of cooperation and innovative support successive outstanding Army training events were accomplished with the assistance of the Sacramento District, US Army Corps of Engineers (COE) along the Sacramento River in California.

The Army Ribbon bridge units in California have not had an adequate opportunity to conduct their Mission Essential Task of river closure for many years. Numerous factors and approvals had to be overcome, but persistence paid off in multiple training events during their training year 1990.

The Engineer Team, Readiness Group, Presidio of San Francisco, 6th U.S. Army working with Sacramento District coordinated with numerous agencies to allow the 375th Engineer Company(Ribbon), U.S. Army Reserve (USAR), and E Company 132nd Engineer Battalion(Ribbon), California Army National Guard, To execute successfully their primary missions of rafting, airlift operations, and river closure.

Identifying a COE spoils area for local training and bivouac site and then obtaining the necessary permits, the units conducted independent but mutually supported Annual Training (AT) to meet their Mission Essential Task.

First, an innovative test of the site was accomplished. In February 1990 the 375th Engineer Company out of Marina, Calif. in cooperation with E/4th Engineer Battalion (Ribbon), Active, out of Fort Carson, Colorado executed an exchange program saving thousands of training dollars in transportation cost if they had done independent operations. The Active Component commanded by Capt. Paul Legere, obtained Military Airlift Support to fly his unit personnel to California, draw the USAR Ribbon equipment in Marina and convoy to the local training sites in Rio Vista,Calif. along the Sacramento River to conduct their own training and operations for the week. The 375thEngineer Company then joined the Active unit on site for their weekend drill, conducted mutuallysupported rafting and CH-47 airlift of the bridge conponents by the 1/140th Aviation Battalion, Headquarters Troop Command, California ARNG, and then returned their equipment to their home station in Marina. The active duty component meet the challenge, augmented the training for the Reserves, and then flew back to Colorado. This imaginative approach at sharing resources to meet the challenge of decreasing training funds was an enhanced training event for the units involved.

Following on that successful event, in May 1990 E/132nd Engineer Battalion from Redding and Red Bluff, Calif. convoyed to Grand Island, COE spoils area conduct their AT, using the sites previously mentioned, but this time adding to the rafting and airlift operations a river closure at night under black out conditions at Isleton, Calif. The airlift support again came from the 1/140the Aviation Battalion, with additional Ribbon assets from the 375th Engineer Company to close the over 500-foot gap, Military Police support from the 7th MP Company, Fort Ord, and crossing Headquarters support from HHC/132th Engineer Battalion out of Sacramento. The river closure was successfully completed under the watchful eyes of a very supportive local populous.

With the success of it's sister unit, the 375th Engineer Company, took on the same mission challenge and more for its AT in June 1990. Gathering CH-47 support from an Aviation unit out of Fort Lewis, crossing traffic and regulating point assistance from the 801st Engineer Company (Port Construction) out of Oakland, and Smoke from the 761st Chemical Company out of Fort Ord, the unit conducted its night closure operation with smoke and under blackout condition.

The tidal influenced river was assaulted and crossed successfully and safely by dedicated soldiers of the US Army of Engineers. A total family effort of National Guard, Reserves, Active Duty soldiers and a Civilian work force out of Sacramento District working within the State, County, and Local Government concerns and restrictions overcame the training obstacles to complete the mission.

Organization Day



Bubble-blowing 7-year-old Erica Priddy enjoys the children's activities at Fort Scott.

Family fun



Master Sgt. Vincent Hill heats up the barbeque cooking chicken and hamburgers to feed the frolicking funseekers.



Take the plunge! Everyone got the chance to dunk their commanders or first sergeants during Friday's fun.

photos by Duvel White

USAG Organization Day

Garrison soldiers and their families had a party Friday on Fort Scott.

"We are here today to build esprit de corps and celebrate our organization (Headquarters Command Battalion)," Command Sgt. Maj. Rose M. Aguayo said. "We wanted to pull all the units together and bring all the members of the battalion and their families here to have a good time."

Another benefit from the Organization Day was raising money for Sgt. Armondo Yeo and his children, Tony 7, and Brandy 5. Sergeant Yeo was recently transferred to Company C, 864th Engineers. His wife was terminally ill at the time and passed away last week so the money raised from some of the events during Organizational Day went to help the Yeo family.

One of the fund raising events was a dunk tank which featured commanders and first sergeants getting dunked to raise money. Another event involved commanders and first shirts being treated to pies—in the face—from soldiers who were willing to fork over cash.

There were many other events to round out a full day of festivities. Some of these included unit competition in: softball, football, volleyball. . . .

Children's games were also offered to entertain the little ones. These included: face painting, lawn darts, golf, ping pong ball shoot and much more.

An Air Assault demonstration entertained the crowd early in the afternoon highlighting the all day event with rappelling demonstrations.

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Sports

Sports Notes

Swimming pool renovation

The Post Swimming Pool will be closed from Monday, Aug. 13 to Wednesday, Aug. 22, for renovations. The swimming pool is located in building 1151, next to Gym No. 2. Hours of operation are: Monday from 11 a.m. to 1 p.m., lap swim and 1 p.m. to 8 p.m. open swim. Saturday, Sunday and holidays are open swim from noon to 4 p.m. For more information, call Susan Spencer at **561-3673.**

Manufacturers Hanover Corporate Challenge

The Manufacturers Hanover Corporate Challenge is a 3.5 mile road race open to full-time military and civilian employees of the Presidio of San Francisco. The competition is for men, women and co-ed teams. The event will be held Wednesday, Aug. 15, at 7 p.m. in downtown San Francisco at Justin Herman Plaza. The post running team has performed well in past races, usually finishing among the top ten teams. This major race attracts over 3,500 runners and 300 company teams from the Bay Area. The entry fee is $9 and is due by Aug. 9. Individuals interested in competing for the post team should contact Bob Darling at **561-4120** for more information.

Summer basketball program

Presidio's summer basketball has started with six teams in full court competition and four teams in half court. Games are played Mondays and Wednesdays starting at 5 p.m. for full court and Tuesdays and Thursdays 11:30 a.m. to noon in the half court leagues. In the half court play, all individuals must be at least 30 years of age.

Last week's full court results

LAIR, 75 — 864TH, 72; LAMC, 67 — MEPCOM, 38
LEC, 71 — USAG, 61; LAMC, 63 — 864TH, 40
LAIR, 68 — LEC, 53; USAG, 79 — MEPCOM, 60

Last week's half court results

USA, 21 — MEPCOM, 12; ANDE'S GANG, 21 — JAG, 10

Next week's full court schedule

Monday (Start of second round)
USAG VS LAIR 5 p.m.
864th vs MEPCOM 6 p.m.
LEC vs LAMC 7 p.m.
Wednesday
864th vs LAIR 5 p.m.
MEPCOM vs LAMC 6 p.m.
USAG vs LEC 7 p.m.
Half Court
Tuesday
MEPCOM vs JAG 11:30 a.m.
USAG vs ANDE'S Gang noon
Thursday Aug. 9
MEPCOM vs ANDE'S Gang 11:30 a.m.
JAG vs USAG noon





Bay Area offers summer fun

Story and photos by Michael L. Anderson

Heads up! Summer is no longer around the bend, it's beaming down upon us. And the question put to every red-blooded Presidian out there is, are you ready to . . . HIT THE BEACH?!

No? You say you're not ready, that you're still wrapped in the blush of spring. Well then you'll just have to unwrap and smell the coffee, because summer is here. Or in beach-bum lingo, SURF'S UP!

After all, what better place to appreciate summer than at the beach, and for that matter, what better time to appreciate the beach than in the summer.

However, to enjoy them both together, you might want to equip yourself with the typical summer/beach gear. You know, bathing suits, body boards, frisbees, volleyball nets, parasols, sun-guard, bait and tackle, a list of choice Bay area beaches—stuff like that. What? You say you're ready on the gear but would like to lay your hands on that list of beaches? No problem. Read on.

Ocean Beach, although popular, has two limitations—its strong undertow and low water temperature makes swimming unsafe. But it is close to home and a great place to hike, jog, watch surfers and toss a Frisbee.

Through coin operated telescopes, you can also take a peek at seals basking in the sun on Seal Rock. It's located near the celebrated Cliff House on the Great Highway.

Baker Beach, below the Golden Gate Bridge, is another well-known local beach, and swimming is dangerous here too. It's a great place to drop a line though, especially if you've got a hankering for striped bass. Located at the southwest corner of Gibson Road, the beach provides picnic and barbecue facilities, as well as water and restrooms.

Now, if you're the type who likes a bit of intimacy with your swimming, then China Beach is your beach. Nuzzled into a cove, this cozy little hideaway is one of the few San Francisco beaches where swimming *is* permitted.

You'll have to leave your pets at home though. It's open daily, 7 a.m. to dusk, and located at the end of Seacliff Avenue.

Tennessee Cove Beach is another quaint, sleepy shore. It's located in the isolated Tennessee Valley, just two miles down a gentle trail in Marin County.

Stinson Beach, also in Marin, permits swimming too, but only when lifeguards are on duty, naturally. There are picnic facilities here along with restrooms, showers and nearby grocery stores. It's open daily from 9 a.m. to 10 p.m.

From the Presidio, you simply take the Golden Gate Bridge to Highway 1 which will take you through Mill Valley to the Panoramic Highway. Follow the detour signs from there.

Just twelve miles south of the post Highway 1, is the coastal town of Pacifica. Here, there seems to be a beach to suit everyone's fancy. The first beach you come upon as you drive down Highway 1 is Sharp Park Beach. It has a great pier for pulling in ocean perch and striped bass. Further down the coast is Rockaway Beach. Its choppy waters are the stuff swells are made of—*and* where there are surfers. Sea shells are abundant for the picking too. Then there's Pacifica State Beach in the Linda Mar area. Swimming is permitted here and picnic facilities and restrooms are also provided.

And there you have it, a list of beaches that will certainly get any true fun-beach enthusiast through the summer. Enjoy!

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C12441

by Elayne Werner
Sixth U.S. Army Public Affairs Office

Community Calendar

Woman's Equality Day

The Presidio Officers' Club will hold a luncheon to celebrate Womens's Equality Day Wednesday, Aug. 22 at 11:30 a.m. to 1 p.m. Mrs. Jo Harrison, wife of Lt. Gen. William H. Harrison will be the keynote Speaker for the luncheon. This years theme "Power through Equality" pays tribute to the passage of the 19th Constitutional Amendment. For more information call the Federal Womens Program Manager, Ann Williams at 561-2022 or **561-2035.**

Officers' Club

The Presidio Officers' Club announces it's Membership Appreciation Night Sept. 7.

This event will feature the finest in food, music and dancing for the Members of the Presidio Officers' Club.

The Presidio Officers' Club is also presenting a Fiesta Italiana, a combination of fine Italian cooking and entertainment Friday, August 17. Dinner will be 5:30 to 9:30 p.m. Reservations are recommended and can be made by calling the Officers Club at **921-1612.**

Reno Escape

ITT is offering tickets for a two day Reno vacation Sept. 29 and 30. The price is $45 per person with double occupancy and includes 1 night's lodging at the Holiday Inn and transportation.

People interested must sign-up by Aug. 23. For more information, call the ITT office at **561-3992.**

ITT hours

The ITT Office hours will change Thursday, Aug. 30. The new hours will be 9 a.m. to 1 p.m. and 2 to 5 p.m. Monday, Wednesdays and Fridays; and 9 a.m. to 1 p.m. and 2 to 4 p.m. Tuesdays and Thursdays. For more information, call **561-3992.**

New Latchkey site

The San Francisco Recreation and Parks Department has expanded it's Latchkey Program to 14 sites, due to popular demand. The newest Latchkey site, Sunnyside playground, at Teresita and Forester, is currently enrolling children between the ages of six and 12 years.

The program, which operates during the expanded summer hours of 9 a.m. to 6 p.m., includes educational games, cooking crafts, dance, team sports and more. There are two recreation directors on duty, lunch and snacks are provided. The fee is $10 per month, $8 for each additional child in the same family. For more information, call **337-4720.**



photo by Duvel White

Happy 25th birthday ACS

John Presley, an Army Community Service employee, shows Sgt. Larry Harris and his wife Chin a baby chair available through ACS's Loan Closet. ACS celebrated its 25th birthday July 25.

Videoshow users

The first meeting of the Videoshow/Pictureit Users group will be held Wednesday at 11:30 a.m. to 1 p.m. in building 38, room 243.

There will be a review of the latest products in addition to an exchange of ideas and information by users. For more information, call Dixie Porter at **561-3740.**

Thrift Shop news

The Thrift Shop Saturday opening (9 a.m. to 1 p.m.) and Flea Market (7:30 a.m. to 1p.m.) will be Saturday August 4, at building 204. For more information call the Thrift Shop at **922-3384.**

Bring a table, valid Military ID card to rent a vendor space for $5. There is an additional charge for extra space. No reservation is needed.

Volunteers are needed in all areas of the Thrift Shop. Volunteers' bridge tolls and child-care costs will be paid.

Job search, resume workshop

The resume workshop meets every Wednesday, 11:30 a.m. to 12:30 p.m. Special Topic: "The Three Boxes of Life." Call to sign up at the U.S.O. 561-2436. U.S.O. is located in the basement of Building 223.

Tea Tour

The San Francisco Zoological Society's traditional Tea of the August Moon will be held Friday at 2:30 p.m. The Zebra Train will take passengers to visit with animal keepers, animal friends and enjoy tea and scones at Zoo Terrace Cafe. Cost is $12 for Zoological Society members, and $18 for nonmembers. Reservations are required. The tour will begin at the South Gate of the San Francisco Zoo off Herbst Road and Skyline Boulevard. For more information, call **753-7080.**

LOTUS 1-2-3

The Education Center is offering a workshop for Presidians who can operate a computer and want to learn a computer spreadsheet program. The workshop will be Tuesdays and Thursdays, 12:30 to 3:30 p.m., Aug. 21 to Sept. 20. The course is free for active duty military, and $200 for all others. To obtain the required enrollment form, or for more information, see a counselor at the Fort Scott Education Center, building 1216, or the LAMC Education Center, building 1014.

Multimate, Applause demos

A representative from Ashton-Tate Corporation will be here today to demonstrate Multimate version 4.0 and Applause II. A copy of Multimate and Applause, plus other items, will be raffled off to those who attend. Please R.S.V.P. since the seating is limited.

The demonstration will be held at building 603 in the first floor auditorium, from 1:30 to 3:30 p.m. Call Pat Mallett at **561-3287.**

SMART

The recently formed Golden Gate Chapter of SMART is holding its first chapter muster at Fort Ord, Calif. August 17 through 20 in section B of the camping area there. Active duty military members, retired military, Reserve and National Guard members, and commissioned officers of the U. S. Public Health Services are eligible to join SMART.

For more information, call Lee Page at **(707) 632-5865.**

HIB Vaccine for children

The Pediatric Clinic will administer Haemophilus Influenza type-B shots Monday through Friday from 8 to 11:30 a.m. and 1 to 4 p.m. for children 18 months to 4 years.

For more information, call the Pediatric Clinic at **561-2447** or Sgt. Jackson at **561-3202.**

Lead screening program

The Pediatric Clinic at Letterman Army Medical Center is offering a lead screening program now for children. Lead poisoning has shown to cause behavioral and learning problems in children. The screening is offered to children 18-months to 3 years old.

An information handout is available at the Pediatric Clinic. For more information, call the clinic at **561-4268** or **561-2447.**

At the Movies

PRESIDIO THEATER
Fri., Aug. 3, The Hunt for Red October (R) 7 p.m.
Sat, Aug. 4: Total Recall (R) 7 p.m.
Sun, Aug. 5: Total Recall (R) 7 p.m.
Mon, Aug. 6: Love At Large (R) 7 p.m.

Admission price for the Presidio Post Theater will increase beginning Aug. 10 to $2.50 for adults and $1.25. for children.

HAMILTON THEATER
Fri, Aug. 3: Robocop II (R) 7 p.m.
Sat, Aug. 4: Throw Mamma From the Train (R) 1 p.m.
Sat, Aug. 4: Robocop II (R) 7 p.m.
Sun, Aug. 5: When Harry Met Sally (R) 7 p.m.



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TRAINING

Soldiers aim for promotions, page 6



CELEBRATION

Chapel — 59 years of service, page 7



HEALTH

Nutrition for children, page 9



Star Presidian

Vol. 33, No. 33 "Published in the interest of the people of the Presidio of San Francisco" August 9, 1990

News Briefs

Commissary hours

The Presidio Commissary's new hours are Tuesday through Friday 10 a.m. to 7 p.m., Saturday 9 a.m. to 5 p.m. and Sunday 12 to 5 p.m.

The Commissary will be closed Mondays and holidays.

Hazardous products

Four chinaware patterns made in the Republic of China (Mainland China) sold in Korea in 1988 contain dangerous lead levels that exceed the U.S. Food and Drug Administration limits. These patterns are: White Butterfly China, Red Powder China, Yellow Powder China and Green Powder China. The manufacturers name is unknown.

Customers should immediately stop using these items for food or drink.

If purchased at the wives club in Seoul Korea, (Chosun Gift Shop), contact Jan Ligon, P.O. Box 315, APO San Francisco *96206* for refund instructions.

Pretransition briefing

All soldiers honorably separating (not retiring) from the Army during Sept. through Nov. are required to attend the **mandatory** pretransition briefing to be held at the Presidio Audio/Visual Center, Building 603, Aug. 21 from 8 a.m. to noon. Spouses and commanders are welcome to attend. If you are separating within the next 120 days or will be taking transition leave prior to separation, this briefing is mandatory. For more information, call the Military Personnel Operations, Mr. A Calica or Staff Sgt. Sheldon Martin at **561-2151** or **561-3297** or Autovon **586-2151.**

Swimming pool closure

The Presidio swimming pool, in building 1151 will be closed Monday, Aug. 13 through Saturday Aug. 18 for repairs.

For more information, call Susan Spencer at **561-3673.**

Education Center

The Education Center is offering three office skill training classes free Wednesday, Aug. 22 through Oct. 19. Classes will be held Tuesday, Wednesday and Thursday from 7:30 to 9:30 a.m. and Friday from 7:30 to 8:30 a.m.

The classes are open to all Presidians. To pick-up the enrollment form, see a counselor at The Fort Scott Education Center, building 1216 or Letterman Army Medical Center, building 1014.

For more information, call the Education Center at **561-4445** or **561-2974.**

Retirement seminar

The Marriott Military Retirement Communities are presenting an informative seminar Wednesday at 10 a.m. at the Presidio Officers' Club.

All retired officers and officers about to retire are encouraged to attend. For more information, call **1-800-447-4792 by tomorrow.**

Asbestos Clean-Up



Housing, administration building clean-up begins in September

story by Joel P. Smith
Star Presidian

Removing a cancer-causing form of asbestos from family housing and administration buildings on post may cost the Army more than $700,000 over the next five years, according to a housing official here.

Luzon Ramos, an environmental engineer with the Directorate of Engineering and Housing on post, said that enormous figure is a only a small part of what the Army will pay to remove the toxic fiber from more than 500 buildings on post.

Beginning next month DEH will begin a year-long asbestos abatement project for family housing on the Presidio and its sub-installations. Engineers are focusing on removing friable asbestos—asbestos that is damaged and entering the air as small particles.

Asbestos has been linked to lung cancer and other respiratory diseases and was banned as a construction material in the early 1970s by the Environmental Protection Agency.

According to the Aug. 13 edition of U.S. News and World Report, "Experts say that exposure to asbestos could cause 2 million deaths by the year 2020." The magazine notes, however, "Most fatalities stem from industrial asbestos, rather than the type used in buildings."

Most structures on the Presidio were built before the asbestos ban, and most contain asbestos in some form or another.

Because asbestos conducts heat poorly, it was used as an insulator and fire-retardant surfacing material for many construction products. On post, the glass-like fiber is found in "popcorn" ceiling tiles, vinyl floor tiles, mastic linoleum tiles, heating vents, wall plaster, stair treads, wall-patching tar, roofing material, and heating-pipe insulation.

A 1988-90 Presidio and Presidio sub-installations asbestos survey, which filled nearly 100 books, defined problems areas for post engineers.

It is those areas—areas in which asbestos-containing materials are damaged and are allowing asbestos fibers to enter the atmosphere—that engineers here are working to remove first.

"Hopefully, we can remove all friable asbestos in housing and administration buildings in the next five years," said Ramos.

Ramos added that he knew of no official deadline on the project, but believed the Army wanted to remove the most-threatening form of asbestos before turning the post over to the National Park Service in 1995.

See Asbestos Cleanup, page 6

Voices

Presidio View

by Lt. Gen. William H. Harrison



This week on post

Dear Presidians —

It's Monday, August 6, 1990 and it's a beautiful day at the Presidio of San Francisco—A Very Special Place! And it's another great day to be in the Army as a part of the Army—as a civilian employee, volunteer or family member.

I have just returned from a visit to the 481st Transportation Company (Heavy Boat) at Rio Vista, California. They are the outfit that will get the new boat that was christened last week in Mississippi. They currently operate a fleet of boats dating from World War II/Korean War time frame. And yet they continue to win awards. I was honored to inform them that just today they were designated the Department of the Army Supply Excellence Award winners for 1990 for Company/Battalion/Troop level units—USAR-wide! Quite an honor. Just proves once again that it's the PEOPLE and the LEADERSHIP that make a unit—a sincere Hoo Ah to Capt. Coleman and all the members of the 481st.

On Friday I attended two unit parties—first ISC (Information Systems Command) at the Log Cabin. What a feast! The shrimp fritters were outstanding. They had a great turn-out and it appeared that a good time was being had by all.

Next I attended the DOL (Directorate of Logistics) affair in the Marin Headlands. Although the sun wasn't out, there was plenty of food, drink, door prizes and fun. The Park Service was providing tours and again, everyone seemed to be having a great time.

The Main Post Chapel celebrated two anniversaries on Sunday—the 215th birthday of the Chaplain Corps and the 59th anniversary of the dedication of the chapel. It was a great affair—the choir (which is always good—and all volunteers!) was exceptional and Chaplain and Mrs. Hunt and their daughters conducted a great song-fest. Some guy spoke but we'll overlook him and concentrate on the good pot-luck "dinner on the grounds" which followed the service. My oh my, there was some great food there! Congratulations to all our chaplains for 215 years of loyal and faithful service. You all deserve a Hoo Ah!

Don't know how many of you ever have the opportunity to tour the east part of post, but if you don't, you should. One of the most beautiful spots on the already beautiful Presidio of San Francisco is the vicinity of Roger Street and Simons Loop. This is a common area that is a riot of colors. The plants are almost all native of California and the area presents an almost manicured effect. This is thanks to Col. Mike Margetts and his family. they live nearby and care for this area as a "labor of love." Professional gardeners could not do better—it truly is making the PSF a better place to live, to work, to train, to play. Thanks to the Margetts family—your efforts are Hoo Ah all the way!

God bless you all.

William H. Harrison
Lieutenant General, USA
Commanding

"If a man is called to be a street-sweeper (or a soldier), he should sweep streets even as Michelangelo painted, or Beethoven composed music, or Shakespeare wrote poetry.

He should sweep streets (or soldier) so well that all the hosts of heaven and earth will pause to say, here lived a great streetsweeper (or soldier) who did his job well."

—Martin Lutlher King Jr. (amended by W.H.H.)



photo by Joel P. Smith

Lt. Gen. William H. Harrison sings with the Main Post Chapel congregation Sunday at a service commemorating the chapel's 59th anniversary and the 215th anniversary of the Army Chaplaincy.

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News and Views

Ask Presidians:

"What is the most important philosophy/ motto you've lived by?"
by Drew Seaman
Star Presidian



Spec. Alfredo B. Cordero, light-wheel vehicle mechanic, Company C, 864th Engineer Battalion: "I guess it's the 'Golden Rule'. I treat other people the way I want to be treated. On the whole it usually works, but not always."



Cindy Fitzgerald, receptionist, Letterman Army Medical Center: "What goes around, comes around. When I deal with people who do something to me, I don't get even. They'll eventually get theirs in the end. It's true."



Pvt. 2 Denny P. Sigafus, supply clerk, Headquarters Company, United States Army Garrison: "My philosophy is if you want something bad enough out of life, better yourself. Set goals and do the right things to accomplish them."



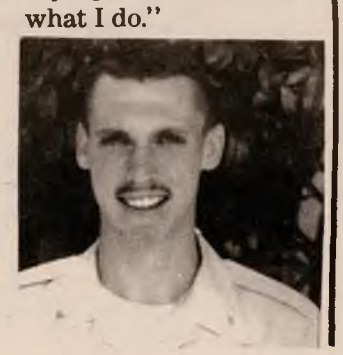
Rene T. Paige, student, City Colleges of Chicago: "Go with the flow. Like with my computer; when computers came around I had to learn to use them. You know, when something new comes up I just deal with it and don't give up."



Pfc. Jose A. Requena, FARR radar operator, B 2/62 ADA, Fort Ord: "No matter how many obstructions you face in life, if you stick it through you'll make it. Perseverance is the key to success."



Mae J. Chalker, retired miltary spouse: "Keeping busy and active has kept me out of problems. Trying to look ahead is what I do."



Spec. George D. Frame, Non-Commissioned Officer in charge of Internal Medicine, Letterman Army Medical Center: "My father's always told me to do my best and never give up."

T'is the season for bike security

By Steven R. Tschetter
Crime Prevention

T'was the night before riding
and out in the yard
not a bicycle was secured
not even the car.
And down the back alley
and through the Presidian's yard
the bicycle thief was looking
for another easy bike to discard.



Bike larcenies are on the rise. In the last three months, Presidians have reported 12 bikes stolen from various locations on post. With bicycles getting more and more expensive each year, it's a shame to lose one by failing to take two minutes to secure it.

The Four Season's Store offers four different types of quality bike locks which range in price from $4.40 to $16.95. Most of these locks are the cable type but the best is a U-Bar system ($16.95) which is least likely to be tampered with. It's a small investment to pay considering most bikes cost $150 and up.

Other steps you could take to fight bike crimes are:

- Register bikes with the Vehicle Registration Office at the Military Police (MP) station.
- Write the bike's serial number on the bike receipt and keep it in a safe place.
- Take a photograph of the bike.
- Keep the bike out of sight when not in use (for xample, in storage rooms, garages or basements).
- Always lock bikes up no matter how long you will be away.
- Last but not least, pass these simple rules on to children.

Always remember to report any suspicious activity IMMEDIATELY to the MPs by calling **561-2251.** If you have any questions regarding bicycle theft prevention call Crime Prevention at **561-4326** and do your part to help McGruff "Take a bite out of Crime" on the Presidio.

Dental plan adds benefits

Three new benefits were added to the Active Duty Dependents Dental Plan, and two previous benefits were expanded Aug. 1.

The new benefits include: Sealants on permanent molars for patients under 14, Partial payment toward some cast crowns for permanent teeth, and Prefabricated resin crowns for baby front teeth.

Benefits have been added to space maintainers. They now are covered for premature loss of baby eye teeth and baby back teeth for patients under 14 years.

Examinations and x-rays are now paid for with covered and non-covered dental services.

Letterman Army Medical Center covers a yearly checkup, according to Sgt. Lopez Orlando, Assistant NCOIC of LAMC dental clinic. "It is important to get your teeth examined once a year, if not twice a year." Some dental offices offer a checkup every six months, which is covered by CHAMPUS.

The Dependents Dental Plan includes dental exams, teeth cleanings, fluoride treatments and x-rays. Restorative and repair services that are cost-shared include fillings, stainless steel crowns on baby teeth and denture repair.

All benefits may be limited. Limitations are based on standards of dental practices, according to the DDP*Delta information pamphlet.

The cost of the plan is $4.57 a month for a single dependent, or $9.14 a month for all eligible family members. The monthly payment is deducted from the sponsors paycheck.

Children under four-years-old, are covered by the plan without adding to the cost of the single premium plan.

The minimum enrollment plan is normally two years. Factors that effect the enrollment time are: The sponsor is transferred to a duty station where the local military medical facility offers free dental care to dependents, or the sponsor is transferred overseas joined by family members.
Family members who are enrolled in the plan receive other dental care benefits.

The Active Duty Dependents Dental Plan is operated by Delta Dental Plan of California(DDP-Delta). There are 108,000 offices that offer special benefits for active duty military family members through DDP-Delta.

The Health Benefits Advisor has a list of Delta participating dental offices. Before making an appointment, see if the office offers Dental benefits.

For more information, pickup a Delta pamphlet at the LAMC dental clinic or call Delta at **916-381-9368.**

New advance pay rules

New rules on receiving advance of pay are now in effect. Soldiers may request up to one month advance pay prior to departure from their current duty station, while enroute to their new station, or after arrival at the new duty station.

Use a DA Form 2142 (Pay Inquiry) to request advance pay. Soldiers below the rank of sergeant must have commander approval to receive advance pay. Sergeants and above may sign their own requests for a one month advance.

If more funds are needed (and justified) soldiers may request up to two additional months of pay in advance at the new duty station. However, soldiers of all ranks must justify the need for the additional advances and have command approval as follows: A list of actual or anticipated expenses must accompany the request; the request must be approved by the commander.

Advance payments will be collected over 12 months instead of the automatic 24 months as previously allowed. A full 24 month repayment period must now be approved by the installation commander or his designee.



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(213) 533-3472
or send resume to:

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Dale E. Swett, Therapy Director
Rehab Branch, NAIHS
P.O. Box 1337, Gallup, NM 87301
(505) 722-1532/1528

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Good Neighbors

Parent involvement vital to child care program

By Master Sgt. Mary A. Peterson, USA
American Forces Information Service

DoD's child care program is regulated and watched very closely. But regulations aren't fail-safe, and parents shouldn't take their children's care for granted.

That word comes from Linda Smith, DoD's child development program coordinator.

In the last 10 years, the relationship between child care and military readiness has developed into more regulation and stricter controls.

"There's no doubt that command and department oversight and the quality of care today are much improved from just five years ago. Parents have an obligation, however, to be equally concerned and involved," Smith said.

The Military Child Care Act of 1989 requires that child care centers organize parent advisory boards. "We hope that requirement extends to home care as well," Smith added.

Together, DoD and the services have developed stringent facility and safety standards. Training requirements are now mandated for program staff and providers. This year, 1,000 child development positions are being added to installation programs and facilities. Higher wages have been approved to help reduce caregiver turnover and attract better trained staff.

DoD has reached a milestone where safety and building standards are pretty much in check. Since 1985, DoD has built and approved plans to build or modify more than 150 child care centers. The rapid changes taking place in Europe and within the military services have caused defense officals to review all military construction projects, including child care facilities. DoD is striving, however, to meet future needs as the defense budget allows.

While safety, health and building defects are often easily spotted, parents should pay equal attention to the children's physical, emotional and educational environment, she said.

"By and large, we, as child care providers, want to be responsive to children, but it's not only the provider's responsibility," Smith said. "The parents must be equally concerned, involved and alert." She suggested that parents look as critically at the quality of care as they do at the condition of the facility.

"Look at the quality of interaction between care givers and the children. Ask questions. Soon, parents can begin looking for the DoD operating certificate in the child care centers," she said. "All installation child care programs should be certified by spring 1991." Similar to state child care licenses, the certificates are issued following unannounced command or service headquarters' inspections.

Smith suggested parents take time to talk to the care giver, even in the rush to get to work or get home: "Take a minute in the morning or evening to ask how the day went, ask if Tommy ate well or if Cindy got enough rest. I think that sends a very important message to the care giver that the parent is concerned about the quality of care and the child's development.

"Whether at a center or in home care, take a look at the daily activity schedule. Are snacks and naps scheduled at appropriate times for the child's age? Are the activities proper for the age group? Are children allowed to choose their own activities based on their particular interests? It often helps to look at the surroundings and activities from the children's perspective," she said.

Smith suggested that parents look closely at the quality of care for infants:

- ❑ Are they held for feeding?
- ❑ Are infants allowed in crawl areas to explore and move around?
- ❑ Are they taken outdoors in good weather?
- ❑ Do care givers talk, sing and read to them?
- ❑ Do care givers respond to infant cries and provide plenty of individual attention?

She also discussed the challenge of caring for toddlers. "They're active, on the go and unable to verbalize what they want, like and dislike, and how they feel," she said.

Parents should look carefully at the type of play equipment for toddlers and preschoolers. The size may be right, but the purpose may be wrong. What's designed for preschoolers can be inappropriate for toddlers, she warned.

"Toy kitchens and climbing equipment are often beyond the toddler's grasp," she said. "Toddlers are curious. They will climb into the toy oven and up higher than safety allows. Then they're told to get out or get down — a scolding that sends the wrong message."

Smith suggested that parents also look at the type of artwork on display: "Is it realistic to the age group? Perfectly colored or cut and pasted artwork for toddlers and preschoolers should signal the parent that their children aren't really doing the work."

FAP Presidio Family Advocacy Program

Child Development Classes

School Age:

Presented by Army Community Services, each class will:

- highlight needs of children during the specific ages covered.
- present practical information about development and behavior during each stage.
- provide parents a chance to discuss and learn new ways to deal with discipline, learning and family relationships.

Dates: Thursdays 3:45 to 5:30 p.m.
August 16- August 30, 1990

Place: Presidio Child Development Center

Classes are free-Child care is available
Advance enrollment is required.

For information or to enroll call
Nancy Niederhauser at 561-5155



Training

Soldiers hit the mark for promotion, pay

by Drew Seaman
Star Presidian

Nine enlisted soldiers, each armed with M16A1 rifles, fired off live ammo at Fort Scott in a move to earn more rank and pay.

The United States Army Garrison soldiers weren't out to terrorize residents, but they were out to shoot targets at the post indoor pistol range July 31 to qualify for a marksmanship test.

The test is an important requirement for enlisted soldiers who receive promotion points for their scores. Soldiers also receive points from physical fitness scores, military awards, common task training knowledge, skills qualification tests, and meeting height and weight standards.

They had 40 rounds to shoot a 25 meter target. Each target had different sized silhouettes representing distances of 50 to 300 meters.

Those who shot 26 to 32 rounds in their silhouettes earned the title of marksman and 10 promotion points. Sharpshooters (33-37 shots) earned an additional 30 promotion points. Experts (38-40) earn 50 points.

Out of the shooters, three qualified as expert, three as sharpshooters, and two as marksman and one didn't qualify.

"All soldiers should make an effort to shoot well," said Sgt. Alan Cartwright, training NCO, Headquarters Company, USAG.

He added, "Sometimes soldiers forget that they soldiers first and mail clerks, administration clerks, or cooks second."

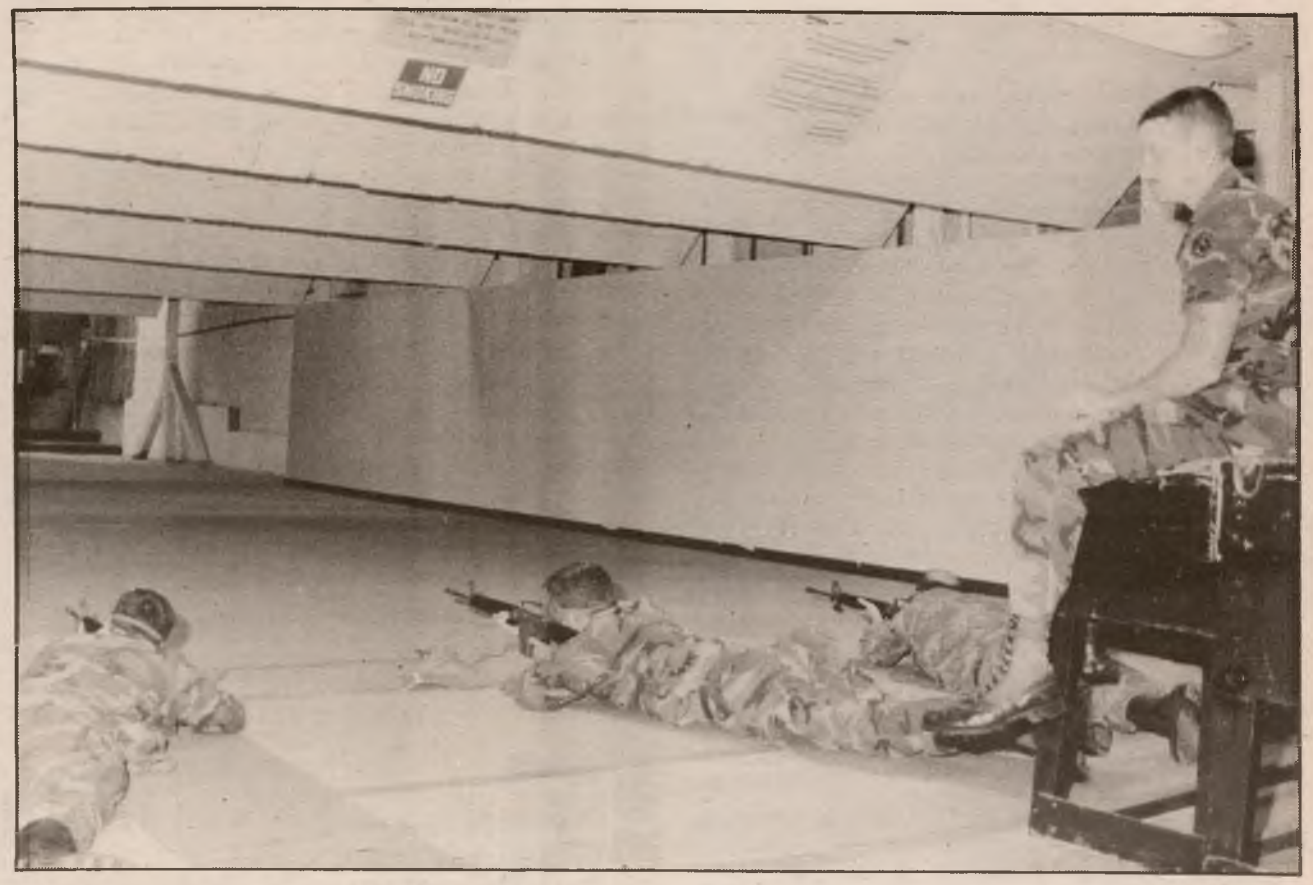


photo by Drew Seaman

A couple of USAG soldiers take aim in furthering their military careers by becoming better marksmen.

Fall college classes on post

City College of San Francisco

Introduction to Sociology (3 semester hours), Mondays, 5 to 8 p.m., Aug. 20 to Dec. 17. Introduction to human interaction from the sociological perspective.

Introduction to LOTUS 1-2-3 (3 semester hours), Mondays/Wednesdays, 5 to 7:30 p.m., Aug. 20 to Dec. 19. Introduction to LOTUS 1-2-3 using the IBM Personal Computer.

Practical Public Speaking (3 semester hours), Tuesdays, 5 to 8 p.m., Aug. 21 to Dec. 18. Discussion and practice in organizing ideas and presenting them orally.

IBM Personal Computer DOS Operating System (1 semester hour), Tuesdays/Thursdays, 5 to 8 p.m., Oct. 23 to Nov. 8. Introduction to the use of the IBM Personal Computer DOS operating system.

San Francisco State University (SFSU)

Mental Health (3 semester hours), 5:15 to 8 p.m., Sep. 4 to Dec. 11. Psychological factors of human adjustment and personal growth.

American Politics (3 semester hours), Wednesdays, 5:15 to 8 p.m., Sep. 5 to Dec. 12. A study of governmental institutions, politics, and issues in the United States and California in historical, social and cultural perspective.

First year composition (3 semester hours), Thursdays, 5:15 to 8 p.m., Aug. 23 to Dec. 6. Standard freshman writing class. Required for all college majors.

Introductory Psychological Statistics (3 semester hours), Tuesdays/Thursdays 5:15 to 8 p.m., Oct. 16 to Dec. 6. Basic statistical theory and techniques appropriate to psychology and related fields.

SFSU Tuition: Soldiers eligible for Tuition Assistance (TA), when available, pay $67.50. All others pay $270 per course. Books cost extra. NOTE: Soldiers are encouraged to use VA benefits on active duty when TA is not available. Pell grants are another source of financial aid and applications are available at the education Center.

Enrollment: Call a counselor at the Fort Scott Education Center, building 1216, **561-2974/4445,** or the LAMC Education Center, building 1014, **561-4791/3692.**

Asbestos cleanup continued from page 1

Removal is not always the best remedy for reducing exposure to asbestos, Ramos said. Sometimes capping the material—sealing it off from residents or workers—actually puts less fibers in the air.

Because capping asbestos is usually faster, and doesn't require transporting the toxic fiber off post to a disposal facility, it often proves more cost effective, also. Either form of treatment, capping or removal, is referred to as abatement.

The Presidio will need about $2 million to cover all asbestos abatement on post for the next five years, said Ramos. He added that government estimates on removing friable asbestos alone bordered on half a million dollars this year.

However, in a late July bid open to civilian contractors, the lowest bid was nearly $200,000 higher than the government's estimate, Ramos noted.

According to Vesar, Inc., the Alameda, Calif. civilian contractor that prepared the 1988-90 Presidio asbestos survey, removing all asbestos in some single buildings on post may exceed that figure.

Vasar estimated that asbestos abatement in Letterman Army Army Medical Center administration building 1060 would cost $402,583.82.

With both a dwindling budget and civilian work force, housing officials here are targeting friable asbestos in high-use areas. Hospital buildings, homes that have large numbers of residents or serve as child-care facilities are first in line for abatement work.

DEH on post does not have a trained abatement team and is now using a unit from Mare Island Naval Air Station, Ramos said.

The 3-man team has been called out about 20 times this year for emergency work orders, according to one of its members, asbestos worker Kevin M. Pfister.

In most of the operations, workers seal the area with damaged asbestos in sheets of plastic, creating a huge bubble they can work inside.

The bubble prevents residents or workers from receiving exposure to asbestos. Pfister said removing even one foot of asbestos, given the time it takes to set up the bubble, can take up to six hours.

Many abatement operations in family quarters are accomplished in one day, another team member, Michael A. Roybal, added.

"What we're doing protects the environment and the people living there," Roybal said.

"Most people don't even have to leave the house while we're working," he continued. "It's that safe. They seem to be a lot more at ease when we leave, after [having abated the asbestos] and they thank us for helping them."
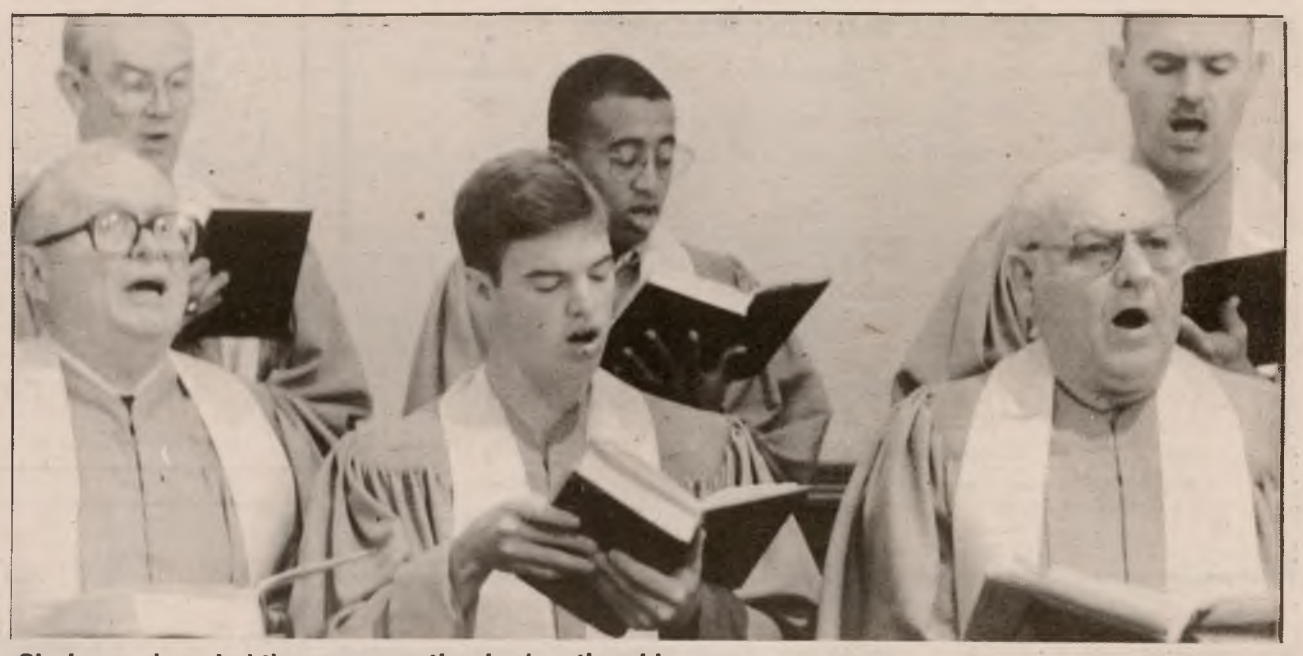
Juanita Whitehead, a DEH customer relations specialist, said DEH has undertaken the project "because it wanted to put people at ease and put them in a safe environment."

For more information about DEH plans to abate asbestos on post, call the directorate at **561-5176** or **561-4817.**

Celebration



Kathy E. Benjamin plays a flute solo for the chapel choir.



Choir members led the congregation in devotional hymns.

Main Post Chapel celebrates 59 years of community service

story and photos by Joel P. Smith
Star Presidian

The Main Post Chapel had a double-barrel ceremony Sunday. The chapel celebrated 59 years of religious service to the post community, and 214 years of service, by chaplains, to the Army.

Three services—the 9 and 11 a.m. congregations at the Main Post Chapel, and the 11 a.m. service at the Fort Scott Chapel—were combined for the anniversary party.

Sixth U.S. Army Commander Lt. Gen. William H. Harrison was featured at the 10 a.m. service as the guest speaker.

After the hour-long ceremony, which commemorated the Aug. 4, 1931 founding of the Main Post Chapel, about 150 Presidians gathered outside for a pot-luck picnic.

In his speech earlier, Harrison noted that while Army chaplains today are held in high regard by soldiers and leaders, they once were "viewed with suspicion."

In the early 1900s, Harrison said, "chaplains were regarded by the Army leadership as nothing but an enemy."

Army leaders who believed soldiers needed to reduce stress by 'letting their hair down,' were opposed by chaplains, who believed that strong moral character was essential to a soldier's well-being.

"Chaplains were unwanted, unappreciated and often misunderstood," Harrison explained. "They were viewed with suspicion."

Though General George Washington used chaplains informally in the Continental Army, the chaplains' corps did not attain recognition as an official branch of the Army until 1920, Harrison added.

The corps grew from less than 200 chaplains in 1920, to more than 9,000 in WWII, he said.

Today, chaplains are viewed as soldiers' friends—professional soldiers, none-the-less, but also a soldiers' confidant.

Chaplain (Col.) Clyde M. Northrop said the idea of having a friend who is also a leader and an advisor is appealing to soldiers.

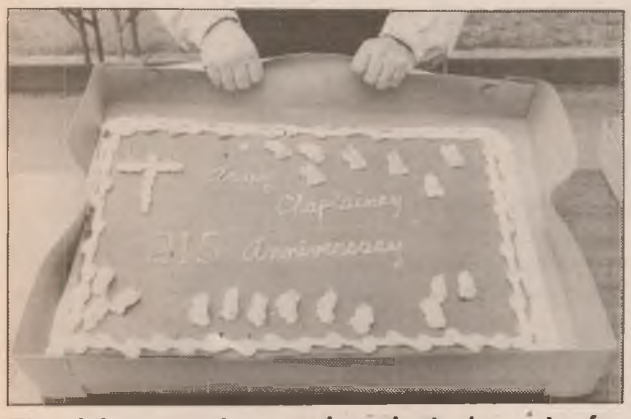
"With chaplains, a soldier can talk to someone who knows his problems and can speak to the system with some authority," Northrop said.

Northrop added that the corps works to build a "positive peer pressure group." He explained, "We've all heard about gang violence and how peer pressure influences people. We [in the church] want to offer a positive example. We want to put together a gang for good."

"I believe chaplains are a pretty big part of any Army community," said Michael P. Miles, a chaplain assistant at the Main Post Chapel.

He noted Sunday's celebration was a way of allowing the community to share something with the church, which gives, but rarely takes.

"Since the church is here to serve the community, why shouldn't it take a day to fellowship with this picnic and be with the community?"



The icing on the service: just desserts for churchgoers.



Presidians gather outside the Main Post Chapel for an after-service picnic.

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Sports Notes

Swimming pool renovation

The Post Swimming Pool will be closed from Monday, Aug. 13 to Wednesday, Aug. 22, for renovations. The swimming pool is located in building 1151, next to Gym No. 2. Hours of operation are: Monday from 11 a.m. to 1 p.m., lap swim and 1 p.m. to 8 p.m. open swim. Saturday, Sunday and holidays are open swim from noon to 4 p.m. For more information, call Susan Spencer at **561-3673.**

Manufacturers Hanover Corporate Challenge

The Manufacturers Hanover Corporate Challenge is a 3.5 mile road race open to full-time military and civilian employees of the Presidio of San Francisco. The competition is for men, women and co-ed teams. The event will be held Wednesday, Aug. 15, at 7 p.m. in downtown San Francisco at Justin Herman Plaza. The post running team has performed well in past races, usually finishing among the top ten teams. This major race attracts over 3,500 runners and 300 company teams from the Bay Area. The entry fee is $9 and is due by Aug. 9. Individuals interested in competing for the post team should contact Bob Darling at **561-4120** for more information.

Fitness activities

Adult Activities

Aerobic Dance Exercise—call Beverly Carpenter at **981-0111**

Run for your life program—call Bob Darling at **561-4120**

Exercise Stretching class—Lynn Fitzwater

Nautilus Weight Training Instruction—call Bob Darling at **561-4120**

Volksmarch club (walking)—call Michael Steiber at **381-2370**

Post running team—call Bob Darling at **561-4120**

Golf lessons—call Presidio Golf Club at **751-4063**

Adult swimming lessons and lifesaving classes—call Allen Posey at **561-3673**

Fencing lessons—call Bill O'Brien at 221-1749

Scuba club—call Rick Caldwell at **561-5308**

Ladies tennis club—call Sandy Halsey at **381-0654**

Youth activities

Swimming lessons and Karate lessons—call Bart Porter at **561-5143**

Youth sports (soccer, basketball, baseball)—call Allen Posey at **561-5051**

Tennis championship

The annual Presidio Tennis Tournament will be held Sept. 12 through 16. All matches will be after duty hours.

The tournament is open to Active duty military, their family members, Department of the Army civilians and retirees within a 50 mile radius of the Presidio. There is an entry fee of $5.

Competition will be held in the following divisions:

Open division
Senior division (40-years or older)
Women's division
Men's doubles
Women's doubles

To sign up, go to Gym no. 1 during duty hours. For more information, call **561-5032** or **561-4131.**



photo by Steve Morey

Children munch down a healthy breakfast at the Presidio Child Development Center .

Nutrition builds better bodies

by Adrienne Sims
Star Presidian

Your children may be starving themselves. The junk food they are eating may be just that—junk! Your children could be filling themselves with empty calories.

The most common nutrients lacking in foods children and teenagers eat are calcium, iron, vitamin A, riboflavin and Vitamin C, according to Capt. Karen Arnold.

Arnold is the chief of the Clinical Dietetics Branch, Nutrition Care Division, at Letterman Army Medical Center.

These nutrients are found mostly in diary products, and fruits and vegetables. "Children should have three servings of diary products and four or more servings of fruits and vegetables each day," Arnold said.

One-fourth the calories teenagers consume are from snacks. So it's important they eat the right kinds of snacks. One way to prevent children from eating sugary foods without nutritional value is to provide them with a variety of foods, according to *U.S. News and World Report.* According to the May 14 issue, a balanced diet can help fight depression.

Not only does a well-balanced diet help fight depression, but it can also help children deal with the stresses of life, according to Nancy Niederhauser, Family Advocacy Program manager.

"A well balanced diet helps small children deal with the stresses of learning how to walk," Niederhauser said. "In older children, eating right can help them deal with stresses of school and learning."

The Head Start Program, part of pre-kindergarden school, now serves breakfast, and has found children who eat breakfast perform better in school activites, according to Niederhauser. Eating right makes it possible for children to concentrate on learning instead of a growling stomach and candy bars.

"Eating habits may not be the problem, but may be the symptoms of the problem, Niederhauser remarked.

"Children who eat too much may be feeding themselves what they are missing emotionally: eating may help to calm them."

"Also, children who eat too little, which can become as serious as anorexia, may be giving warning signs of control problems in the home," added Niederhauser.

"What a person eats affects their strength, health, and how they function in their community, said Arnold.

For more information about nutrition contact the Nutrition Clinic at **561-3107.**

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The Bureau also has openings for Hazardous Waste Compliance Officers, Hazardous Waste Compliance Supervisors, and Superfund Project Officers. These positions are located in field offices in Pocatello, Twin Falls, Lewiston, Coerd'Alene, and Boise.

The Bureaus of Air Quality, and Water Quality are also expanding their services and will have openings for experienced personnel.

Idaho is internationally known for whitewater kayaking and rafting, the Sun Valley ski resort, and for thousands of miles of pristine wilderness.

For further information, please send resume or contact:

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C12441

by Adrienne Sims
Star Presidian staff

Community Calendar

Women's Equality Day

Presidio Officers' Club will hold a luncheon to celebrate Women's Equality Day Wednesday, Aug. 22 at 11:30 a.m. to 1 p.m. Mrs. Jo Harrison, wife of Lt. Gen. William H. Harrison will be the keynote speaker for the luncheon. This year's theme, "Power through Equality," pays tribute to the passage of the 19th Constitutional Amendment. For more information call the Federal Women's Program Manager, Ann Williams, at **561-2022** or **561-2035.**

USO Job search resume workshop

The resume workshop meets every Wednesday, 11:30 a.m. to 12:30 p.m. Special Topic: "The Three Boxes of Life." Call to sign up at the U.S.O. 561-2436, in the basement of building 223.

Farallon Island trip

The San Francisco Zoological Society is offering a eight hour boat trip to observe mammals and 12 species of birds Sunday, Aug. 19 at 7 a.m. Children must be 12 years old and be accompanied by an adult to attend.

Cost is $40 for Zoological Society members, and $50 for non-members.

Reservations are required. To reserve a ticket or for more information, call Kathleen Harper or Lisa Lester at **753-7080.**

Leave donation

Wanda Burns, Directorate of Logistics employee, has a medical emergency. She has exhausted all sick leave and annual leave, and wishes to become a leave recipient.

Anyone wishing to donate leave, please call Mike Modena at the Management—Employee Relations Division at **561-3898.**

Changes and Options

The Community Career Education Center is sponsoring a workshop, "Changes and Options," Saturday, Aug. 18 from 9 a.m. to 3 p.m. at the City Hall of San Mateo, 330 West 20th Avenue in San Mateo, Calif.

For more information, call Ron Visconti at **345-0753.**

Videoshow users

The first meeting of the Videoshow/ Pictureit Users group will be held Wednesday at 11:30 a.m. to 1 p. m. in building 38, room 243.

There will be a review of the latest products in addition to an exchange of ideas and information by users. For more information, call Dixie Porter at **561-3740.**



photo by Adrienne Sims

Dance contest

Pfc. Ulysses Sherman and Sgt. Anthony Garris perform a dance routine which gave them first place in the talent show at the NCO/Enlisted Club Friday.

Creative Cottage

Looking for a perfect wedding gift, graduation present or beautiful hand-crafted item? Come to the Creative Cottage, located in building 204 next to the Thrift Shop. The Creative Cottage is open Tuesday, Wednesday and Thursday from 10 a.m. to 2 p.m. and the first Saturday of each month.

New Latchkey site

The San Francisco Recreation and Parks Department has expanded it's Latchkey Program to 14 sites, due to popular demand. The newest Latchkey site, Sunnyside playground, at Teresita and Forester, is currently enrolling children between the ages of six and 12 years.

The program, which operates during the expanded summer hours of 9 a.m. to 6 p.m., includes educational games, cooking crafts, dance, team sports and more. There are two recreation directors on duty, lunch and snacks are provided. The fee is $10 per month, $8 for each additional child in the same family. For more information, call **337-4720.**

Reno Escape

ITT is offering tickets for a two day Reno vacation Sept. 29 and 30. The price is $45 per person with double occupancy and includes 1 night's lodging at the Holiday Inn and transportation.

People interested must sign-up by Aug. 23. For more information, call the ITT office at **561-3992.**

ITT hours

The ITT Office hours will change Thursday, Aug. 30. The new hours will be 9 a.m. to 1 p.m. and 2 to 5 p.m. Monday, Wednesdays and Fridays; and 9 a.m. to 1 p.m. and 2 to 4 p.m. Tuesdays and Thursdays. For more information, call **561-3992.**

Summer festival

The City Celebration's Summer Festival of Performing Arts will be held at Golden Gate Park (near the fountain in the Band Concourse Area) Saturday at 1 p.m.

The festival is open to everyone, and admission is free. For more information, call **474-3914.**

LOTUS 1-2-3

The Education Center is offering a workshop for Presidians who can operate a computer and want to learn a computer spreadsheet program. The workshop will be Tuesdays and Thursdays, 12:30 to 3:30 p.m., Aug. 21 to Sept. 20. The course is free for active duty military, and $200 for all others. To obtain the required enrollment form, or for more information, see a counselor at the Fort Scott Education Center, building 1216, or the LAMC Education Center, building 1014.

Officers' Club

The Presidio Officers' Club announces it's Membership Appreciation Night Sept. 7.

This event will feature the finest in food, music and dancing for the Members of the Presidio Officers' Club.

The Presidio Officers' Club is also presenting a Fiesta Italiana, a combination of fine Italian cooking and entertainment Friday, August 17. Dinner will be 5:30 to 9:30 p.m. Reservations are recommended and can be made by calling the Officers Club at **921-1612.**

SMART

The recently formed Golden Gate Chapter of SMART is holding its first chapter muster at Fort Ord, Calif. August 17 through 20 in section B of the camping area there. Active duty military members, retirel military, Reserve and National Guard members, and commissioned officers of the U. S. Public Health Services are eligible to join SMART.

For more information, call Lee Page at **(707) 632-5865.**

HIB Vaccine for children

The Pediatric Clinic will administer Haemophilus Influenza type-B shots Monday through Friday from 8 to 11:30 a.m. and 1 to 4 p.m. for children 18 months to 4 years.

For more information, call the Pediatric Clinic at **561-2447** or Sgt. Jackson at **561-3202.**

Lead screening program

The Pediatric Clinic at Letterman Army Medical Center is offering a lead screening program now for children. Lead poisoning has shown to cause behavioral and learning problems in children. The screening is offered to children 18-months to 3 years old.

An information handout is available at the Pediatric Clinic. For more information, call the clinic at **561-4268** or **561-2447.**

At the Movies

Presidio Theater

Fri., Aug. 10: Teenage Mutant Ninja Turtles (PG) 7 p.m.
Sat., Aug. 11: Gremlins II (R) 7 p.m.
Sun., Aug. 12: House Party (R) 7 p.m.
Mon., Aug. 13: Q A (R) 7 p.m.

Admission price for the Presidio Post Theater will increase beginning Aug. 10 to $2.50 for adults and $1.25. for children.

Hamilton Theater

Fri., Aug. 10: Pretty Woman (PG) 7 p.m.
Sat., Aug. 11: Nuns On the Run (PG-13) 1 p.m.
Sat., Aug. 11: Bird On a Wire (R) 7 p.m.
Sun., Aug. 12: Opportunity Knocks (PG-13) 4 p.m.



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Army Chief of Staff

Desert Shield message to U.S. Army troops

by Gen. Carl E. Vuono
Army Chief of Staff

"Once again, soldiers of the United States Army have been called upon to defend America's vital interests. Those interests are threatened by the brutal invasion of Kuwait—an unprovoked assault that jeopardizes the sovereignty of countries throughout the Persian Gulf region and endangers the economic security of the entire community of nations.

In response to the urgent request of Saudi Arabia, major combat and support units of the United States Army have been alerted and are deploying to the region to deter further aggression by Iraq. Their very presence is a powerful demonstration of America's refusal to be intimidated or coerced and the most forceful statement our country can make that the full power and prestige of the United States are committed to protect our vital interests.

As we respond to their challenge, we can all take great pride in the fact that the troops in our ranks are the best in the history of this nation. You are superbly trained, equipped with the most modern weapons, and led by competent, capable leaders. No other Army in the world could perform the mission that you are accomplishing. Should we be called on to fight, I am supremely confident that the American Soldier, standing shoulder to shoulder with the forces of many nations and supported by our other services, will assure victory.

Our success in this critical endeavor depends on the skill and courage of the soldiers who are on the move to Saudi Arabia and on the unrelenting professionalism of the entire Army. Each of you—soldier and civilian, active and reserve—has an important role to play. Everyone must be prepared to shoulder a heavier burden of responsibility in order for the Army to meet the requirements of this crisis while continuing to satisfy its global commitments.

I am enormously proud of each of you—soldiers, civilians, and family members—who have made the Army a trained and ready force that has earned the gratitude of the entire nation by your selfless service."

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Star Presidian

Vol. 33, No. 35 | "Published in the interest of the people of the Presidio of San Francisco" | Aug. 24, 1990

News Briefs

by Adrienne Sims
Star Presidian staff

School bus transportation

All children in grades kindergarten through fifth grade who need transportation to public schools must sign up at TMP, building 639, as soon as possible.

TMP needs to set up routes and assign drivers. For more information, call Bobby Lyles at **561-2660** or **561-4807.**

Water shutdown

There will be a water shutdown Tuesday from 8 a.m. to approximately 6 p.m. for housing areas 1200, 1300, 1400, 1500 and 1700. The shutdown is necessary for repair of the water mains.

For more information, call Gail Swann at **561-6000.**

Barbershop

Presidio Exchange haircut prices will increase to $5.70 beginning Sept. 12. The haircut price is based on a price survey.

Star Presidian *deadline*

The deadline for newsbriefs and community calendar is Friday at noon for the next Thursday newspaper.

For more information, call the Star Presidian at **561-3908.**

Letters to sailors

As the crisis in the Middle East continues, it's very important that we support our service members who are in that region. If you have friends or loved ones in the Middle East, remember to write to them often. A letter from home can be a big morale booster.

If you don't know anyone in the Middle East, but would like to show your support, you may write to sailors on the USS Independence. On a recent newscast, they told anchorman Dan Rather that mail from home would mean more to them than anything.

Write to this address:
Commander
USS Independence (CV-62)
FPO San Francisco, CA 96618-2760

Attach a copy of this article to your letter; the ship's postal service will make sure your letter gets to a young serviceman who will appreciate your show of support.

Gulf turmoil affects gas prices

by Adrienne Sims
Star Presidian staff

The Presidio's AAFES gas station is paying 13 cents more a gallon for gas since the beginning of the Middle East crisis. However, AAFES customers are only being charged 11 cents more a gallon, according to the gas station manager, Lillian Sullivan.

"We won't price gouge!" exclaimed Dale W. Woods, Deputy Chief of the Army and Air Force Exchange Service's Headquarters Public Affairs Office, Dallas.

He explained, "AAFES two main functions are to provide their customers with merchandise and services at reasonable prices and put money into the Non-appropriated Funds (NAF)."

Members of NAF association include the Commissary, PX, Officers' and NCO/Enlisted Clubs, and other like organizations on post. The extra money made by profitable organizations is put into the NAF fund which supports other members that may not be making a profit.

A gas price survey of local stations is done every morning by Sullivan and other employees of AAFES. Normally, Presidio gas prices are priced according to the average local gas price.

Frequent price changes by gas suppliers in the Bay Area have affected the Presidio gas prices.

However, keeping prices competetive with outside stations ensures Presidians a steady supply of gas, according to Woods.

"AAFES would run out of gas if prices were too low," Woods said.

AAFES is pricing its gas as low as possible, while still making enough profit to keep stations open. "We have to pay for it," Woods said, explaining that AAFES gets their gas from an outside distributer and they have no control over the cost of the product. "We don't receive appropriated funds for AAFES products."

Prices of gas on military posts world-wide are rising because of the conflict in the Middle East. Woods has received calls that some gas prices on military posts have increased more than 25 cents. "The prices are determined locally because we buy from a local distributor," Woods explained.

"We don't know if the prices will continue to rise," Woods said. "It all depends on [Organization of Petroleum Exporting Countries] OPEC."

"The way we price our gas may change, but right now we're taking the best path we know," Woods said.



Star Presidian file photo
With increasing gas prices, will taking buses and carpooling become the norm for Americans?

Although AAFES doesn't need to make a profit, it has to cover operation costs, according to Woods.

"We're looking out for our customers, unlike some commercial businesses," Woods said. "AAFES operates for the customers and will continue to do so."

Voices

Presidio View

by Lt. Gen. William H. Harrison



This week on post

Dear Presidians—

Our world—that of the U.S. military—is very turbulent right now. As we are all aware, servicemen and women of every branch continue to move to the Middle East and tensions are high. Here at the Presidio our folks are working 'round the clock monitoring these events plus the fires in Oregon and California and the drug programs throughout the West. So, while all of us continue to pray for the safety of our fellow service members and work to insure we're ready for whatever may transpire, we also are very proud of the performance of all our fellow service members and count ourselves fortunate to be members of, or partners with, the U.S. Army and the Presidio of San Francisco—A Very Special Place!

Speaking of good soldiers, on the 14th it was my honor to recognize our Soldier of the Month for July. Specialist Sean P. Wilson, Company B, Letterman Army Medical Center, was the designated winner after a tough competition. Specialist Wilson is representative of all the great soldiers we have serving in our Army today. A great big HOO AH! to Specialist Wilson and a thank you to all the organizations who participate in and contribute to our Outstanding Soldier program.

On Wednesday, I spent the day at Camp Roberts visiting units of the California National Guard. While doing so one of our great civilian employees was brought to my attention. The CALGD has great things to say about Mr. Grace from SCST and all the help and support he provides. The Reservists not only lauded him for his support but also for his very supportive attitude—going out of his way to aid and assist their efforts. That sure makes me feel good—so a really great HOO AH to Mr. Grace. Keep up the good work.

Recently I had the occasion to get yet another briefing by a staff section from Garrison on their efforts to correct some long-standing problems. During the briefing they cited Ms. Mary Burke, a recruiter in the CPO office as having been especially helpful. They, too, commented on Ms. Burke's friendliness, positive attitude and willingness to go the extra mile. So, a big rousing HOO AH to Ms. Burke and CPO and a real sincere thank you.

On the 16th I checked out SSG Hodges and his squad from C Company, 864th Engineers. This group of soldiers is helping our Thrift Shop enhance their operation by designing and remodeling the shop. Our Thrift Shop contributes so very much to our soldiers and their families in so many ways. After SSG Hodges and his squad of professionals are completed, it will be even nicer to visit our Thrift Shop. So, to SSG Hodges and his crew—HOO AH! Our thanks for making PSF a better place to live, work, play and train.

Sunday was a beautiful, clear, sunny and warm day for the Presidio 10 race. I saw a number of you there to run. The great Sixth Army Band entertained before the race—and as always—did so superbly!

Since arriving at PSF, one of our most persistent complaints I have received has been unauthorized personnel in our PX and Commissary. This concerns a lot of you because you value these precious benefits and do not want to see them abused and possibly lost. As you all know, we have tried all sorts of systems at both stores to prevent these abuses. This past week I entered the PX and approached the I.D. card checker. Even in uniform I show my I.D. card but I had to wait as the checker was trying to explain to an authorized patron that they could not bring in an unauthorized person. My reason for citing this incident is two-fold. First, to send a BIG HOO AH! to that checker and my thanks for performing your duties in an outstanding manner. Second, to remind you all that it really isn't the duty or job of the PX or the Commissary to do this. It is *OUR* job to preclude unauthorized use of *OUR* facilities. Each time *WE* abuse *OUR* privileges at the *PX* or Commissary, *WE* put in jeopardy the benefits provided us by our leadership. We should not give the I.D. checkers a hard time but should do all in our power to support them and help them protect our shopping benefits.

As the events in the Middle East unfold, continue to pray for the safety of our troops and our fellow citizens stranded in Iraq and Kuwait. And dedicate yourselves to insuring our readiness to perform our jobs—*whatever* they may be—to the best of our ability.

God bless you all.

"No personal consideration should stand in the way of performing a public duty."

—U.S. Grant



WATCH OUT!—Lt. Gen. William H. Harrison, Sixth U.S. Army and Presidio commander cringes as his wife Jo smashes a bottle of champagne on the bow of the Army Landing Craft Coamo, LCU-2014 in Escatawpa, Mississippi July 26. "I gave a speech but Jo got to christen the ship—smashing the champagne and all!", Lt. Gen. Harrison said recently in his weekly Star Presidian article.

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All editorial content of the *Star Presidian* is prepared, edited, provided, and approved by the Public Affairs Office of Headquarters Sixth U.S. Army and Presidio of San Francisco, California. The *Star Presidian* is printed by Coast Publishing, a private firm in no way connected with the Department of the Army, under exclusive written contract with the Presidio of San Francisco, California. The civilian printer is responsible for commercial advertising.

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News and Views

Ask Presidians:

by Drew Seaman
Star Presidian

"Do you support the officers/non-commissioned officers club on post?"



Lt. Col. Thomas J. O'Callaghan, staff physician of AIM clinic, Letterman Army Medical Center: "I go to eat lunch there. That's when there's usually parties for friends who are coming or going.



Vernon H. Thorpe, chief warrant officer (retired), United States Army: "I don't go to the club because I'm not a club person It's not me to sit around. When I was in the servic I went to them. Manly for the camaraderie and to drink."



Staff Sgt. William D. Hodges, construction supervisor, "C" Company, 864th Engineer Battalion: "Who wants to go to a club and drink beer. I don't. I wouldn't go there. They don't have a lot of bands. When I was in Fort Benning, we had live rock and roll bands and country and western bands. Who wants to just drink?"



Staff Sgt. Arthur I. Jones, operations non-commissioned officer, Letterman Army Institute of Research: "I go out there on disco night on Friday. It's good music. I like to dance. They need more nights like that. Like Bosses Night and happy hour."



Private 1st Class Robert J. Seals, medical supply specialist, Letterman Army Medical Center: "I don't support the club. There's so many things to do and clubs to go to off post. Why stay here? During my tour I want to see all that I can."



Spec. James D. Coffey, carpentry and masonry specialist, 864th Engineer Battalion: "How can the NCO club really compete with downtown? I don't think they should get rid of the club. It's a nice place to go Friday, Saturday and Sunday. The atmosphere attracts me. I think more people should support the club."

DoD offers tuition-free medical school program

Uniformed Services University of the Health Sciences

The Uniformed Services University of the Health Sciences (USUHS) in Bethesda, Md., is the military's own medical school. Established by an act of Congress in 1972, this fully accredited joint-service school is designed to provide the Department of Defense with a cadre of career medical officers for the Army, Navy, Air Force and the U.S. Public Health Service.

The medical students attending the F. Edward Hebert School of Medicine are commissioned as ensigns or second lieutenants on active duty reserve status, and draw full military pay (approximately $23,000 a year) and benefits while in school. There is no tuition, and all books and equipment are provided at no charge. Students study the traditional civilian medical school curriculum plus courses of direct medical relevance.

At graduation, medical students receive the M.D. degree and a promotion to captain or lieutenant, and must serve seven years to pay back their education. Time spent in graduate medical education, such as an internship or residency, does not count towards the payback.

Both civilians and military personnel with a college degree may apply for the four-year medical program at the F. Edward Hebert School of Medicine. While civilian applicants may be no older than 27 when they enter the medical school, applicants with military service can exceed the age limit by up to six years-to age 33-based on the amount of their prior service. All applicants must meet the physical and personal qualifications for a commission in the uniformed services as certain acedemic requirements.

The University also has a graduate program leading to advanced degrees in the basic medical sciences that is open to both civilians and military members; civilian students are not commissioned in one of the uniformed services. There is no tuition and most books and equipment are provided at no charge.

Graduate students serve as teaching and research assistants in efforts essential to the mission of the School of Medicine. A limited number of stipends are available for civilian graduate students.

For more information on the Hebert School of Medicine, contact the Office of Admissions, attn: PAC, Uniformed Services University, 4301 Jones Bridge Rd., Bethesda, MD, 20814-4799 or call **(202) 295-3101.** For more information on the Graduate Program, contact the Office of Graduate Education, attn: BH, Uniformed Services University, at the same street address as above, or call **(202) 295-3106.**

Housing allowance increase for overseas-bound soldiers

by Master Sgt. Mary A. Peterson, American Forces Information Service and Star Presidian staff

A new allowance for overseas-bound service members who will live in off-base housing goes into effect Sept. 1.

A post Army Community Services manager believes the increase is much needed. "From my experience with soldiers, there's never enough money for housing," said Anthony Powell, ACS Family Program manager.

"This is certainly a step in the right direction," he added.

Nancy Niederhauser, Family Advocacy Program manager at ACS here, agrees. "Anytime the Army can address a financial need it's going to impact on a stress level families experience," Neiderhauser said. "I'm delighted the Army is trying relieve that kind of stress."

The move-in housing allowance has three elements that can reimburse service members for some of the costs to set up housekeeping in foreign rental housing, said Navy Capt. Dick Tangeman, director of DoD's Per Diem, Travel and Transportation Allowance Committee.

Service members eligible for overseas housing allowance who will live in economy housing will benefit from the miscellaneous portion of the move-in housing allowance. "People are reimbursed for the average cost of making homes ready — buying essential fixtures to make their home habitable," Tangeman said.

"This allowance can give them — up front — a few hundred dollars to more than $1,000 to cover expenses, depending on the assignment area and what's generally available in rental dwellings," he said. Service members moving into off-base homes often find they must purchase such things as light fixtures, closets, refrigerators, stoves and kitchen cabinets.

"Service members will not need to supply receipts for these items, as the miscellaneous portion of the allowance is based on typical or average costs experienced in the area," he said. "Every member in the assignment area will receive a fixed allowance to cover make-ready costs."

A second portion of the allowance will cover rental fees and required deposits. "The rent portion of the allowance will reimburse service members the fees they pay on a cost-by-cost basis," Tangeman said. Those fees include finder fees, security deposits and other non-refundable charges. Receipts are required.

"The third portion of the allowance focuses on high terrorist threat areas," he said. A security allowance will reimburse service members the costs of purchasing security equipment such as locks, special lighting and alarm systems. "The security allowance will be available in high-risk areas determined by the State Department."

The three-part move-in housing allowance will eventually replace the initial terminal occupancy allowance. That allowance currently pays service members residing in economy quarters a monthly stipend throughout the member's tour to cover set-up costs. Tangeman said those service members will continue under that program. He expects all service members overseas to be covered by the move-in housing allowance by September 1993.



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News to Use

Armed Forces Voter's Week kicks off Monday

by Tim Downey
American Forces Information Service
and Star Presidian staff

Armed Forces Voters Week ceremonies get under way at Presidio and other DoD installations Aug. 27. The week draws attention to the right and civic duty that service members have to vote.

"Our military men and women are most deserving of every opportunity to exercise their right to vote," said Secretary of Defense Dick Cheney. He urged all commanders to publicize the week, saying every eligible military member and dependent should be made aware they can vote.

Henry Valentino, Federal Voting Assistance Program director at the Pentagon, said Armed Forces Voters Week focuses attention on the upcoming general election in November and transfers attention from the primary elections, which have been going on since February. The week reminds service men and women to apply for absentee ballots. Those who haven't registered are encouraged to file, he added.

Though the week signals primaries are fast coming to a close, the voting director noted they do not officially end until Oct. 6. Don't wait to request a ballet, he said: Do it during Armed Forces Voters Week.



Commanders can promote the event as they wish, said Valentino. Some tried and proven ways include discussions at commanders' calls and training sessions, and voter registration drives, he said. Organizations such as wives' clubs have provided excellent support in past years, he noted.

Valentino pointed out that voting in the 1990 election takes on added significance because of the census. State legislatures and governors elected this year determine districts for federal officials until the year 2000. Those officials' decisions will impact directly on the future of the military - its size, budget and missions.

Voters in upcoming elections ensure their voices are heard in determining the course of the country throughout the 1990s, Valentino said. Redistricting is based on census information.

"Each military installation, overseas embassies and consulates should have sufficient Federal Post Card Application forms to assist everyone, Valentino said. That's important, he said, because Federal Voting Assistance Program statistics show that 90 percent of military members who vote use absentee ballots.

Service members have several ways to learn about the candidates and issues, said the director. "Almost all service members have access to AUTOVON, "Valentino said. Call **AV 223-6500** or commercial **1-202-693-6500.** That's the Voting Information Center, and it's open 24 hours a day." The center provides callers taped messages from candidates running for Governor, Congress and other posts. Callers may leave brief recorded statements that center officials will deliver to incumbents.

Other good ways to keep in touch are through family and friends back home, subscribing to hometown newspapers and just visiting the installation library, Valentino said.

Presidians who would like more information about voting may call the Registrar of Voters Office at **554-4375.**

Housing lockouts cost Army big bucks

story by Joel P. Smith
Star Presidian staff

Replacing a lock on post can cost up to $145 for each hour of labor, according to Rich Cameron, acting chief planner/estimator at DEH.

The price reflects the high cost the government pays to "rescue" Presidians who lose the keys to their quarters, or otherwise lock themselves out, said Randy Beckett, DEH deputy director.

As many as five departments and at least six persons on post have to respond, in some way, to an after hours lock-out, Beckett said.

When a Presidian calls the staff duty officer on post to let the officer know that he or she is locked out, the officer has to call several departments to action.

Take, for example, a lock-out which involves a child: the parents have walked outside their quarters and have left their child inside. While outside they manage to lose their keys. The child is trapped inside.

That is a life-threatening situation, according to Barry A. Gaab, Presidio Fire Department assistant chief. Because a life is at risk, the staff duty officer has to report the lock-out to the Fire Department, which has to send an engine company with a full crew, a rescue squad, and a fire chief.

"You don't know what the child may do," Gaab explained. "What if there's a tub of hot water, what if there's a pot on the stove that the child could knock off?"

Before the fire department can respond, however, a military policeman has to drive to a DEH supply building and be issued the key. Then he has to lead the fire department convoy to the site of the lock-out.

Eventually, because a lost key means found access—and the possibility of theft—DEH has to change the locks.

All those personnel—locksmiths alone can make up to $45 an hour on overtime, said Beckett—chalk up a big bill.

In the last week, there have been two lock-outs after 4:30 p.m., according to Gaab. Figures on the total number of lock-outs each day are unavailable, but Beckett believes there is an average of three.

Even lock-outs during duty hours are costly to the government. If a lock has to be replaced, the Army pays about $105 an hour.

That's why Beckett implores Presidians to always carry keys when outside their quarters. He also notes that a little common sense is in order.

Several of the lock-outs recently have involved the same families. Children who are old enough to reach the latch have locked their parents out, precipitating the red-light convoy described earlier.

"Presidians need to ask themselves if their children are old enough to reach locks, but don't know what they're doing, or if their children are pranksters.

"If the answer is yes, in either case," Beckett added, "then maybe that parent needs to accept the inconvenience of always carrying keys. That's more acceptable than the government paying a locksmith $45 an hour to get your door open," Beckett concluded.

Presidio Stables

Presidio teen gets high on horses

story and photos by Joel P. Smith
Star Presidian staff

Sharon Northrop has been riding horses since she was six. Now, the 19-year-old daughter of the post chaplain, Col. Clyde M. Northrup, raises horses at the Presidio Riding Stables.

She's been a member of the worldwide Pony Club since grade school, and has qualified five times for the Club's National riding championships at Lexington, Ky.

In January, she began training Port Wine, a 3-year-old gelding Trikehner, for local shows, and then, hopefully, another shot at the nationals.

Northrop and 'Port' train in the rolling coastal hills that surround the stables at Fort Cronkhite in the Marin Headlands.

She says she spends at least 15 hours a week taking care of his stable, grooming him and working him out. "[Raising horse] has given me a lot of discipline," Northrop says. "There's a lot of work be done," she explains, "and it takes a lot of dedication—that's why I decided to not get too involved in another activity.

"I knew that if I wanted to have horses, I would have to be responsible."

Her mother, Patricia Northrop, believes Sharon's devotion to horses has developed the young woman's character. "The sport's been great for her," says her mother. "She's never been in any trouble, she's smart, she's going to college, she's got it together. I don't know how many young people I could say that about today."

Northrop claims competing—and especially winning—is a drug in itself. "It gives you a high," Northrop explains. "You spend months working and then, when you do it right, you get a really great feeling.

Northrop adds, "It's a feeling between the horse and the rider. [The competition] tests the trust and how much work you've put into the horse, into getting him ready."

In shows, Northrop rides English style, and usually focuses on "eventing,"—jumping obstacles.

"It's a lot of fun, but it's nothing like a team sport. You have to rely on yourself to train the horse, to get things done. If you're not going to do it, no one else will."

A sophomore at the College of Marin in Marin, Calif., Northrop admits that she's sometimes a little less than exuberant about working at the stables. "Some weekends I want to sleep in, just like anybody else," she explains, and then quickly adds, "but I come out here because I love my horse. I want to give him attention."



Sharon L. Northrop offers a carrot to another owner's horse.



'Port' goes through his paces at the Presidio Stables riding ring.



Northrop bridles Port Wine before a morning ride in the Headlands.

Caring

Depressed? Family Advocacy offers help

When Kelly Black gets depressed, her friends on post tell her to cheer up. "It must really show on my face," she says, "because they all start saying that right away. I do Family Child Care. When I'm depressed, I try my best to cover it up by walking around and looking busy, but it's hard when there is nobody who understands what is happening."

When Staff Sgt. Bill Smith gets depressed, he stays at home, sometimes for days. "I don't even want to get out of bed," he says. "Sometimes I'll drink and smoke and watch TV for a week or so until it goes away. But then I'm in trouble because I've missed so much duty."

When Maj. Sarah Jones gets depressed, she finds her feelings so painful that she often thinks about suicide. "I haven't told anyone about it because I know it would freak people out," she says, "but every time it happens, I feel just a little closer to actually doing it. Other times I wonder how I can get this crazy."

Black, Smith and Jones (fictitious characters) don't know it, but all of them have the same disease. They suffer with it in different ways and at different times. But they each endure days, or weeks or months of silent pain, because they don't know where they can get help for it.

Many of us get depressed from time to time. Depression can be a normal reaction to stress, loss of a loved one, separation, divorce, etc.. Usually this depression lifts of its own accord often a brief period.

However, sometimes depression persists over weeks or months. It may be accompanied by significant physical or emotional symptoms. It is that depression which is the subject of this article.

Depression is a disease that may be turning into an epidemic. Some scientists estimate that as many as one out of every ten people may have it at some point in their lives. Unlike a physical disease, such as pneumonia, it is a mood disorder—it makes a person's mood difficult to detect. Unless the person tells someone what is happening, nobody may realize there was a problem until it is too late.

The causes for depression are not very well understood yet. Some evidence points to a tendency for depression--or the potential for depression —to run in families. Some people appear to have a special need for a lot of sunlight and develop depression during fall and winter months when the days are short. Other people may experience a depression they can't control after a significant loss, such as moving, changing jobs or mourning a death.

People who have depression do tend to show some of the same symptoms, however. For instance they may:

- Lose interest in being with other people
- Have trouble sleeping—or want to sleep constantly
- Lose their appetite—or being to overheat
- Have trouble concentrating or remembering
- Lose any desire for sex or dating
- Act irritable or angry
- Have feelings of fear or dread
- Try to drive away the feelings with alcohol or drugs
- Feel that they are "different" or "crazy"

Their friends often notice the problem first and become concerned. They want to help, but they are not sure what to do. As Kelly pointed out, telling a depressed person to "snap out of it" usually does not work, and may even make the person feel more isolated.

What can you do? You can help someone a lot just by letting them know you are concerned and want to find out how they are feeling. And by doing a good job of listening, without saying "you'll get over it soon" or "here's what I'd do" or "it's not so bad."

Nancy Niederhauser of the Family Advocacy Program provides the following information: "One of the best things you can do for friends is to help them find out that they are not alone and that someone will help them beat the 'Summertime Blues.' Or you can help the person find someone else to talk to. This is especially important, because depression is often easy to treat once it has been recognized. Presidians are especially lucky, because they have many sources of help which includes the Family Advocacy Program **(561-5155)** who can assist them find the best treatment. There is also a 24-hour Presidio Crisis Line **(929-TALK)** with volunteer counselors who can provide anonymous help.

You can also work as a volunteer on the Presidio Crisis Line to help people you will never know. Call Priscilla Fleischer at **561-4513** if you are interested."

Presidio Smart* Program

Classes on Creating Healthy, Happy Relationships

Presidio Family Advocacy Program (FAP)

Where: Army Community Service Building 103B
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When: 6 - 8 p.m.

Sept. 4..... *Improving Communication* - how to feel heard and hear others

Sept. 11..... *Change Management* - how to deal with changes beyond your control

Sept.18..... *Type A Behavior* --Want it perfect? Want it yesterday? This class helps you manage your behavior, not your behavior managing you

Sept. 25..... *Managing Anger* (without being a wimp)

Oct. 2..... *Conflict Resolution* - Resolve issues and not be hurt or be hurt by others

Oct. 9..... *Home & Work Stress Management* - how to keep stress at work from causing problems at home

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Environment/Sports

Sports Briefs

Summer Basketball

Ande's Gang won the League Playoffs by going undefeated through out the summer program. The members of Ande's Gang are Paul Anderson(player and coach), Tyrone Turner, John Champion, Ronald Clark, Nolan Smith and George Furguson.

USAG took second in the playoffs. Players are Wes Oberling (player and coach), Sheldon Martin, Chris Wiesnewski, Antony Allen and Mike Woods.

High scorers in the finals were Ande's Gangs Tyrone Turner 9, Paul Anderson 6 and John Champion 6 and USAG's Chris Wiesnewski 5.

Tennis championships

The annual Presidio Tennis Tournament will be held Sept. 12 through 16. All matches will be scheduled after duty hours during the week, Saturdays and Sundays.

The tournament is open to : Active duty military, their family members, Department of the Army civilians and retirees living within a 50 mile radius of the Presidio. The entry fee is $5 to cover the cost of awards.

Competition will be held in the following divisions: Open division, Senior division (40 years or older), Women's division, Men's doubles and Women's doubles.

Anyone wishing to enter may sign-up at Gym no. 1, building 63, during normal duty hours. For more information, call **561-5032** or **561-4131.**

Post swimming pool

The post swimming pool reopened yesterday. The pool is located in building 1151, next to Gym no. 2. The pool is open Monday 11 a.m. to 8 p.m. and weekends and holidays noon to 4 p.m.

For more information, call Susan Spencer at **561-3673.**

Fitness activities

Adult Activities

Aerobic Dance Exercise—call Beverly Carpenter at **981-0111**

Run for your life program—call Bob Darling at **561-4120**

Exercise Stretching class—Lynn Fitzwater

Nautilus Weight Training Instruction—call Bob Darling at **561-4120**

Volksmarch club (walking)—call Michael Steiber at **381-2370**

Post running team—call Bob Darling at **561-4120**

Golf lessons—call Presidio Golf Club at **751-4063**

Adult swimming lessons and lifesaving classes—call Allen Posey at **561-3673**

Fencing lessons—call Bill O'Brien at 221-1749

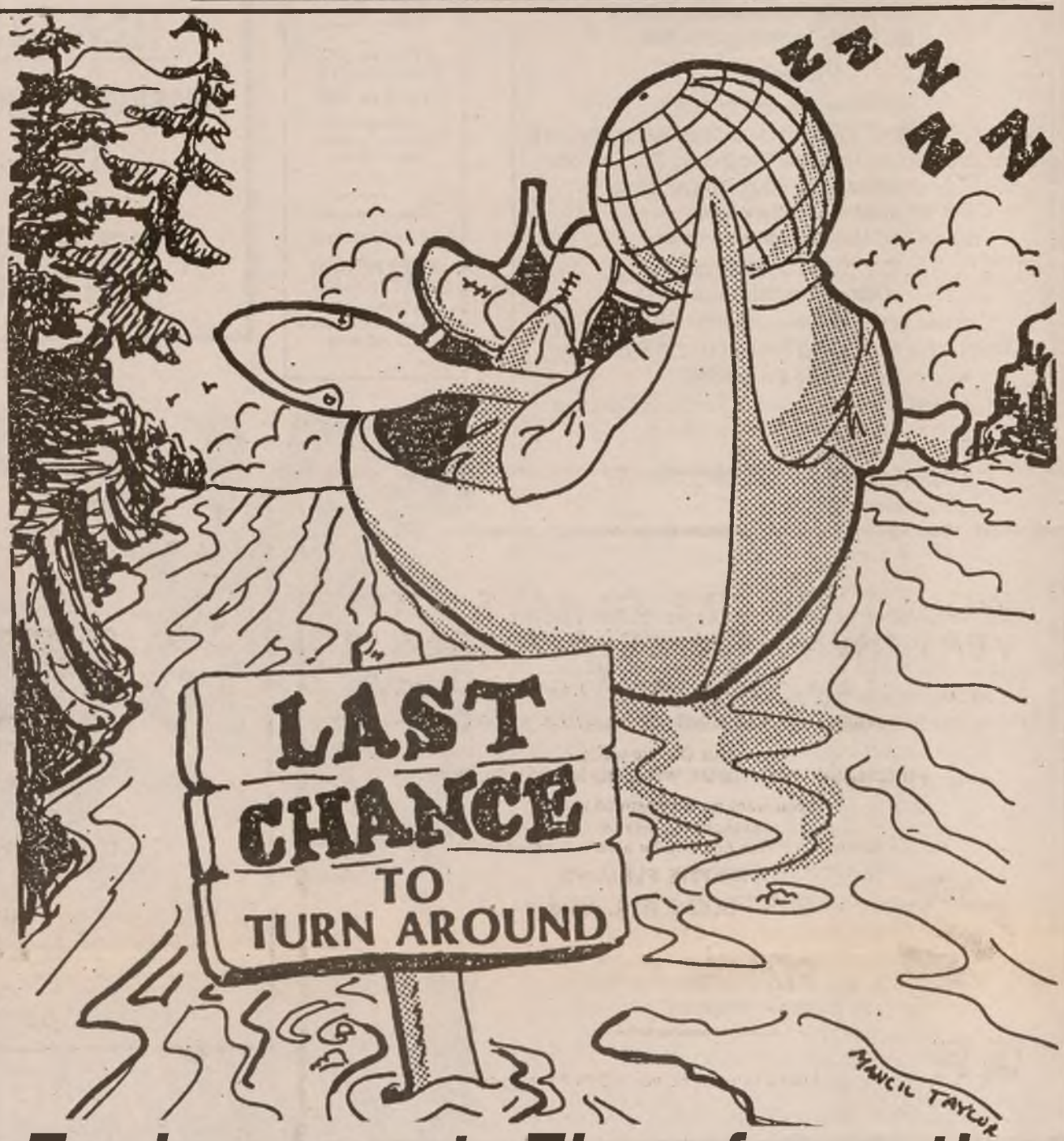
Scuba club—call Rick Caldwell at **561-5308**

Ladies tennis club—call Sandy Halsey at **381-0654**

Youth activities

Swimming lessons and Karate lessons—call Bart Porter at **561-5143**

Youth sports (soccer, basketball, baseball)—call Allen Posey at **561-5051**



Environment: Time for action

by Mancil Taylor, Energy Coordinator
Sharpe Army Depot

Sometime back, satire artist Al Capp published the following episode in his cartoon strip, "Li'l Abner":

Always unstable, Teeter'n Rock finally fell upon the Yocum family's cabin. Neighbors came from every direction, bearing shovels, picks and digging bars. Loudly, they vowed that they would "dig 'til they dropped" to save the hapless family. One short hour later, they were throwing their tools aside and walking away, lamenting that "the novelty has done wore off."

Unfortunately for the Army, Energy Conservation Program and similar environmental efforts, it seems that their novelty "has done wore off" also.

Automobiles are getting larger and more powerful. Lights are left on at all hours. Spiders nest in thermostats, so little are they moved. Respected monthly magazines published articles downplaying global environmental problems. The nuclear industry is pushing for power plants, still without solving the problem of radioactive waste.

Though the "Me generation" tires of Chicken Little "sky is falling"-type warnings, the truth is that the environmental problems we were warned about are still with us, and getting worse. They will not simply go away because discipline and self-sacrifice are unfashionable.

If there is to be any hope that future generations can enjoy life as we've known it, we must resurrect our personnel commitment to the global environmental cause. There is still a limited time left where we can constructively affect the situation, a time of opportunity we may think of as a "window of effectiveness.' We have to act during this "window"; if we delay, our actions may fail to produce results.

Picture a warm day on a large river. A drowsy canoeist lazily drifts along, saturated with sun and summer, oblivious to faint, frantic calls from the distant shore. A great waterfall lies just ahead. Suddenly, the canoeist is awake. Too late, he realizes his "window of effectiveness" is past. He hurtles toward the brink. It is futile now to try and turn his fragile craft. He can only hold on and pray.

Back at our nation's capitol, Washington's renowned and respected World Watch Society reports that mankind has only thirty years to come to terms with Mother Earth. To kids, that seems like forever. To those of us who are older, thirty years seems like no time at all.

The year 2020 will be upon us before we know it.

What can we do? We can wake up during our "window of effectiveness." We can make a difference if we act now. We can learn to be frugal - practice conservation; eliminate waste; recycle. Shake the fossil fuel habit. Take only what you need, and leave what you can. Put things back. Turn down the thermostat and wear a sweater. Turn out the lights when you leave the room. Insulate. "Give a hoot - don't pollute." Ride a bicycle. Don't disturb natural things.

You get the idea.

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Community Calendar

by Adrienne Sims
Star Presidian staff

Part-day preschool

The Presidio Child Development Center is re-opening the Part Day Preschool Program Sept. 10 from 8:30 to 11 a.m. The program is for children 3 to 5 years old.

Development activities for each age group will be part of the daily activities. The activities are designed to help children learn through creativity, exploration and self discovery.

A nutritious snack will be served daily.

For more information, call the Child Development Center at **561-3588.**

Walk-in Legal Clinic

The Garrison Legal Assistance Office, building 223, offers a walk-in legal clinic every Thursday at 8 a.m. for all soldiers, family members and retirees.

Documents and letters can not be prepared during the walk-in clinic hours. Soldiers who need documents prepared should schedule an appointment.

The legal clinic is operated on a first come, first serve basis, with priority to active duty.

For more information, call Nancy Gonzalez at **561-4273.**

CLEP English examination

The CLEP English with essay examination will be given Tuesday at 1:15 p.m. at the Fort Scott Education Center. There is no fee, but the examination must be ordered by Aug. 28 at the LAMC Education Center.

For more information, call the Fort Scott Education Center at **561-2974** or **561-4445,** or the LAMC Education Center at **561-3692** or **561-4791.**

PSF Crisis Line

The Presidio Crisis Line needs volunteers. The next training session will be Sept. 6 from 5:30 to 9:30 p.m., Sept. 8 from 9 a.m. to 6 p.m. and Sept. 10 from 5:30 to 9:30 p.m. Volunteers work in their own homes.

Child care assistance is available. For more information, call Priscilla Fleischer at Army Community Service at **561-4513.**

Leave donation

Wanda Burns, Directorate of Logistics employee, has a medical emergency. She has exhausted all sick leave and annual leave, and wishes to become a leave recipient.

Anyone wishing to donate leave, please call Mike Modena at the Management—Employee Relations Division at **561-3898.**



"Sergeant White might be hallucinating, but this is the best mountain trout I've ever tasted!"

Parent Effective Training

Army Community Service is offering a Parent Effective Training course for eight weeks beginning Sept. 6 from 6:30 to 9 p.m. at ACS, building 103B. Advance enrollment is required.

The classes are free, and child care is available. For more information, call Priscilla Fleischer at **561-4513.**

Fifties dance

A Fifties Homecoming Dance will be held at the Presidio Officers Club Sept. 14, with dinner from 5:30 to 9:30 p.m. and dancing from 8 p.m. to midnight.

There will be a dancing contest and prizes will awarded for the best fifties outfit. For more information, call the Officers Club at **921-1612.**

Toastmasters

A Toastmasters meeting will be held every second and fourth Thursday beginning today from noon to 1 p.m. The meetings are held in the USO Center, building 223 across from the Garrison Headquarters.

For more information, call the USO at **561-2436.**

USO Job Search, Resume Workshop

The USO Center will hold a Job Search and Resume Workshop every Wednesday from 11:30 a.m. to 12:30 p.m. A resume assignment is given, and follow-up counseling will be given by appointment. Job placement is also offered by appointment.

For more information, call the USO Center at **561-2436.**

Veterinary Clinic

The Presidio Veterinary Clinic provides routine immunizations and medical services by appointment only. Children under 10 years old may not enter the clinic. This is to protect them from animal bites.

Over the counter pet care products will be sold between 8 a.m. and noon daily. To make an appointment, call **561-3744** between 8 a.m. and noon.

Lost animal policy

Free, roaming animals will be turned over to the Veterinary Services, building 668, by the Presidio Military Police. If the animals are wearing ID tags the owners will be contacted.

Animals without tags are kept at the Veterinary Services for three working days. Before releasing the animals, the owner must show proof of vaccination to register their pets. Animals must be registered after each rabies shot.

For more information, call Veterinary Services at **561-3744.**

Pet registration

All animals on the Presidio must be registered with Veterinary Services according to Presidio's regulation 40-1. Owners must present proof of current rabies shot to register their pets.

For more information, call the Veterinary Services at **561-3744.**

Tree tour

The Tree Tour of Noe Valley and Dolores Street was not held July 28. The tour has been rescheduled for Sept. 29 at 10 a.m.

For more information, call Bonne Meike at **563-5000.**

Urban forest tour

San Francisco Friends of the Urban Forest is offering a free Urban Forest Tour Saturday 10 a.m. to noon. The tour will begin at the entrance to Coit.

The tour includes viewing of the Coit Tower, its murals and landscaped are and Grace Marchant's lush garden.

For more information, call Bonne Meike at **363-5000.**

Library hours

The Presidio Library will change its hours Sept. 4. The new hours are Tuesday through Friday 11 a.m. to 6 p.m., Saturday 10 a.m. to 5 p.m., and closed Monday, Sunday and holidays.

For more information, call Juanita Taylor at **561-3448** or **561-5037.**

Officers' Club

The Presidio Officers' Club announces it's Membership Appreciation Night Sept. 7.

This event will feature the finest in food, music and dancing for the Members of the Presidio Officers' Club.

Reservations are recommended and can be made by calling the Officers Club at **921-1612.**

ITT hours

ITT Office hours will change Thursday, Aug. 30. The new hours will be 9 a.m. to 1 p.m. and 2 to 5 p.m. Monday, Wednesdays and Fridays; and 9 a.m. to 1 p.m. and 2 to 4 p.m. Tuesdays and Thursdays. For more information, call **561-3992.**

Free parent/ child classes

The San Francisco Community College Centers Parent Education Programs are offering free classes to parents and children, 15 months old to kindergartners, beginning today 9 a.m. to noon in building 563. The meetings will be held Tuesdays and Thursdays during the school year.

Anyone interested may register at class. For more information, call **561-1921.**

Golden Gaters

The Presidio Golden Gaters, a singles social club for military members, retirees, widows and widowers, is offering an overnight bus tour to Reno Sept. 30.

The cost is $55 single and $42 double. Reservations must be made by Sept. 4. For more information, call Margaret Santos at **921-8930.**

At the Movies

Presidio Theater
Fri., Aug. 24: Another 48 Hours (R) 7 p.m.
Sat., Aug. 25: Dick Tracy (PG) 7 p.m.
Sun., Aug. 26: Tales From the Darkside (R) 7 p.m.
Mon., Aug. 27: Ernest Goes To Jail (PG) 7 p.m.

Hamilton Theater
Fri., Aug. 24: Steel Magnolias (PG) 7 p.m.
Sat., Aug. 25: Robocop II (R) 1 p.m.
Sat., Aug. 25: Lethal Weapon II (R) 7 p.m.
Sun., Aug. 26: Love At Large (R) 4 p.m.

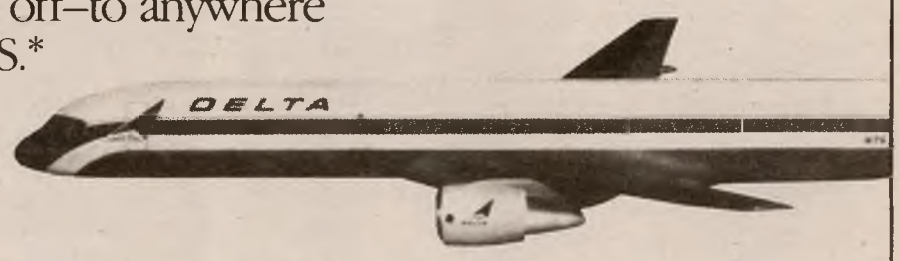
NOTICE: During recent movie showings, excessive noise has disturbed others while watching the movie. Anyone disturbing others and abusing the theater privileges may no longer be permitted in the theater. For more information, call Silvia Stoudemire at 922-0193.

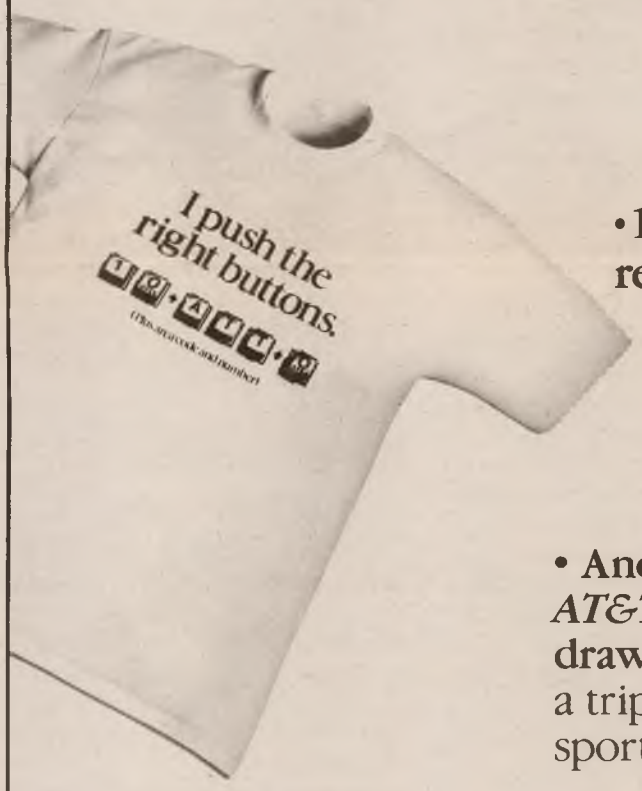


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Sweepstakes is void where prohibited or restricted by law. Liability for taxes is the sole responsibility of the individual winners. Odds of winning will be dependent on the number of calls received. All winners including the Grand Prize Winner will be randomly determined by American Transtech, an independent judging organization whose decisions are final. Instant winners will be notified immediately during the call and the Grand Prize Winner will be notified by mail. All winners will be required to sign an affidavit of eligibility and release. For a list of winners, send a stamped, self-addressed envelope to: AT&T Push the Right Buttons Sweepstakes, PO Box 2249, Darien, CT 06820-9851. Prizes are non redeemable for cash. Travel prizes must be redeemed through Robustelli World Travel. Delta Air Certificates must be redeemed by Dec. 15, 1991.

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Homefront letters to GIs in the middle east

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Army

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82nd Airborne Division
APO New York, NY 09656

24th Mechanized Infantry Division
APO New York, NY 09315

1st Corps Support Command Fort Bragg
APO New York, NY 09657

197th Infantry Brigade
APO New York, NY 09315

11th Air Defense Artillery Brigade
APO New York, NY 09656

3rd Armored Cavalry Regiment
APO New York, NY 09209

Navy:

c/o Public Affairs Officer
Commander, Middle East Force
FPO New York, NY 09501-6008

c/o Public Affairs Officer
Commander, US 7th Fleet
FPO San Francisco, CA 96601-6003

Marines

I Marine Expeditionary Force
FPO New York, NY 09503



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Star Presidian

Vol. 33, No. 36 | "Published in the interest of the people of the Presidio of San Francisco" | Aug. 30, 1990

News Briefs

ID Section closure

The ID card section will close for computer maintenance Sept. 6. The ID card section will reopen Sept. 7 at 8 a.m.

For more information, call N.C. Fleming at 561-3183 or **561-2721.**

Star Presidian *deadline*

The deadline for newsbriefs and community calendar is Friday at noon for the next Thursday newspaper.

For more information, fall the Star Presidian at **561-3908.**

Theater patrons

Loud noise and popcorn tossing will no longer be tolerated at the Presidio Theater, according to the Theater supervisor, Hedwig Wilkis.

Being noisy, jumping around and throwing popcorn instead of eating it are all reasons for losing the privilege of the theater, according to Wilkis. "People can't come to have a party and not let others watch the movie."

Patrons should be considerate of the people who come to the theater to enjoy the movies. People who disturb others will not be permitted into the theater.

The theater offers current, interesting movies at a great price. Patrons should not ruin this privilege for others.

Gym closure

Post Gym No. 2, building 1152 will be temporarily closed on the following dates and times for processing soldiers.

- Sept. 19, 3 to 9 p.m.
- Sept. 20, 7:30 a.m. to 6 p.m.
- Sept. 21, 7:30 a.m. to 8 p.m.
- Sept. 22, 7 a.m. to noon

For more information, call Mr. Tauaese at **561-5051.**

Barbershop

Presidio Exchange haircut prices will increase to $5.70 beginning Sept. 12. The haircut price is based on a price survey.

Gulf crisis highlights Camp Parks mission



Army Reserve soldiers from the 347th General Hospital place a cover across a tent extendable modular personnel (TEMPER) unit at Camp Parks. The unit is conducting its' two-week annual training mission.

story and photos by Drew Seaman
Star Presidian staff

Thousands of Bay Area Army Reserve and National Guard units are waiting and wondering if they'll be called up for active duty.

If they are called, many of them could be sent to the Camp Parks Reserve Forces Training Area in Dublin, Calif. Parks has the primary mission of providing training facilities and support for 214 Army Reserve and National Guard units from the San Francisco Bay Area. Parks - the mobilization site for some Bay Area units - is the only local training area for Reserve Component soldiers.

Maj. Dennis Drake, public information officer for the Sixth U.S. Army at Presidio (quoted in the San Francisco Chronicle) said, "there are 15,000 Army National Guard and Army reservists in the greater Bay Area, defined as an area within a two hour drive of (Parks)".

Parks also trains units of the Active Army, Active and Reserve units of the Air Force, Navy and Marine Corps.

Currently about 250 soldiers from the 347th General Hospital, USAR Center in Sunnyvale, Calif. are there for their annual two-week training period. Their presence has nothing to do with the Gulf Crisis, said Lt. Col. J.P. Smith, Parks public affairs officer.

"Our training just coincided with events in the Gulf," said Capt. Bruce B. Ramskov, medical service officer, 347th Gen. Hosp., adding, "But we're training for a wartime mission".

see Camp Parks, page 5

Voices

Presidio View

by Lt. Gen. William H. Harrison



This week on post

Dear Presidians—

Ah yes—it's another great day to be in the Army—or associated with the Army—at the Presidio of San Francisco—A Very Special Place! Our fellow troops continue to deploy to the Middle East and make us very proud by their performance. And you all know by now that a number of soldiers from the Presidio have been transferred to other units for deployment; a number of Reservists have volunteered to go; and some National Guard units in Sixth Army have been mobilized. So it is hitting very close to home. Our prayers go with all these soldiers for their safety and for their families. And certainly we all pray for a peaceful solution to this grave situation.

On the Wednesday the 22nd Ms. Ann Williams and her helpers presented a SUPER Women Equality Day program. It was held at the Officers Club with our band performing outstandingly; Ms. Julie Harrosh from Military Entrance Processing Command (MEPCOM) singing beautifully; and Ms. Jo Harrison speaking inspirationally. A real highlight was meeting Ms. Bessie Herd who has worked at Information Systems Command (ISC) for 47 years!! Now, she admits to a break in service to raise a family but still her years of service are phenomenal. All in all it was a great program and Ms. Williams and her committee deserve a big Hoo Ah!

On Thursday I want to Fort Ord where our 91st Training Division was completing its major training exercise for the summer. They received, processed and trained three companies of Basic Trainees at Fort Ord. The program—Mobilization Army Training Centers (MATC) was inaugurated in 1985 and has been growing ever since. The troops from the 91st did a superb job and are to be congratulated. Powder River! Let'er Buck!

Last week I mentioned my visit to the Thrift Shop and Staff Sgt. Hodges and his squad. If any of you have not been down to see the handiwork of these talented soldiers—you should go. They did a SUPER job and our Thrift Shop folks are so appreciative. Hoo Ah!

On Friday I visited Mr. Knifsend and all his fellow employees at the Communications/Electrical Communications Shop of DOL. Another group of hard working and dedicated employees. They each deserve a big Hoo Ah! from all of us they support.

Also on Friday I visited the MI Bn (CI)(CE) 902d MI Group picnic. What great chow! The chicken and spare ribs were SUPER! Weather was a little cold but every one seemed to be having a great time so Hoo Ah!

For all of us fortunate enough to live in government quarters a question? Do you fly the U.S. Flag everyday? As I was leaving my house on Sunday I noted that every house on upper Simonds Loop was flying Old Glory! What a great sight—especially now with so many of our compatriots deployed to Saudi Arabia. It's certainly NOT a requirement but I would encourage each and everyone of you to fly the flag on your quarters. It's a small way to show our support of our troops deployed and to remind ourselves and others that we also serve who support our forces in whatever way we're assigned. God Bless you all!

William H. Harrison
Lieutentant General, USA
Commanding

"If we only act for ourselves, to neglect the study of history is not prudent; if we are intrusted with the care of others, to neglect it is not just."

—Samuel Johnson



photo by Duvel White

"Power through equality"

Jo Harrison, wife of Sixth U.S. Army and Presidio Commander Lt. Gen. William H. Harrison, speaks during the Women's Equality Day Luncheon Aug. 22 at the Presidio Officers Club.

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Opinions

Ask Presidians:

by Drew Seaman
Star Presidian

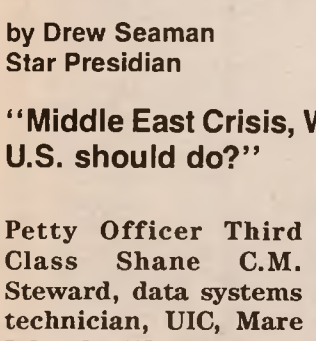
"Middle East Crisis, What do you think the U.S. should do?"



Petty Officer Third Class Shane C.M. Steward, data systems technician, UIC, Mare Island: "I think we should bomb the (heck) out of them! From what the media has told us the guy, Saddam Hussein, sounds like a lunatic. He should be removed from power."



R.E. Philips, master sergeant (retired), United States Marine Corps: "I feel if it gets us in a shooting war like Vietnam, I'm against it. I'd hate to see it drag out like it did before. . .our boys getting killed for nothing. I've been through three wars. I think if it has to be done it'll only escalate."



Sgt. Richard E. Nunemaker, supply non-commissioned officer, Headquarters Command Battalion, United States Army Garrison: "I feel President Bush is handling it just right. We ought to show a sign of strength. If we don't, they'll take advantage of us all the time."

Spec. Kathy Yeadon, patient administrative specialist, Letterman Army Medical Center: "It wasn't a good idea before, now it is. There are Americans over there—hostages. Now is the time to go over there. It wasn't necessary before because it was over oil. Don't we have enough oil here, like in Texas?"



Col. Richard W. Ihlefeld, chief of pharmacy, Letterman Army Medical Center: "I think we're doing the right thing by standing up to the Iraqis. We can't allow Hussein to intimidate us by invading a friendly nation and jeopardizing the people he's captured."



Sgt. Josie Morris, administrative specialist, Headquarters Command Battalion, United States Army Garrison: "Yes, to protect. It's better to be there before they come over here. I'd go for it if I were to be sent there. I'd be honored to serve America."

Gulf news hits home

By Susan E. Rose

Sunday evening, August 5, the very real possibility of war entered my mind through the bugle call of TV news reports. I finally started paying attention to the news, and it hit so close to home. Our ships, guns, planes, and most importantly, our troops, were headed for the Middle East. United States soldiers, sailors, airmen, and Marines were—and are—on alert, ready to deploy in half a heartbeat. Many are en route to "the Gulf," as we have long referred to it. Others have been there for weeks or months. Some of these young men, I count among my friends.

This "crisis situation" has since occupied a large percentage of my ever-increasing waking hours. I think of a bright, funny Navy corpsman, who was romancing a friend of mine just three weeks ago; he left on the USNS Mercy. My mind wanders to a high-school buddy; I never did understand why he joined the Navy. He made it through SEAL training, and he always seemed to think he might enjoy combat. I sincerely hope he never gets to find out. I don't even know where he is or what he is doing. And I think of someone who brightened my life last fall. He is a 21-year-old weapons technician on the USS Independence, a skinny redheaded guy with a wacky sense of humor. I have written him a couple of letters, so far, telling him how proud I am of him and that he'd better come and visit me when he next gets liberty. I hope these greetings, sealed with a kiss, will cheer him.

I find myself scribbling page after page of reassuring letters to my friends in the Armed Forces, with my fervent wish for their safe return. Or better yet, that they won't have to go at all.

And I ask myself, what more can I do to help? I wonder, will my words of encouragement ring true? I blunder on regardless, with the uncertainty of feeling you might not get another chance to see a loved one. Or that their experiences will change them, and remove them from you in some incomprehensible way. There is more than one way in which soldiers don't come home. Men whom I have come to know as little brothers, as sweethearts, could now discover the price of serving their country.

I am curious how my mother must have felt, in 1967, with two baby girls, seeing our father, her husband, sent to duty in a "police action" in a tiny country called Vietnam. I cannot know, and have no wish to discover, the anguish inherent in that "goodbye." He made it back, one of the lucky ones. But surely, a part of him was left behind.

As I try to make some sense of my emotions, I realize that this is perhaps the first time since the Vietnam conflict that world events have so affected my life, and the lives of those I care for. My fierce pride in America, in whatever "our boys" may be doing, is tempered with anxiety and regret that they are needed in this way.

Usually, as I leave my office at the end of the day, I can see the main flagpole here on the Presidio. Every time I see our beautiful Flag flying, especially lately, I reflect on how glad I am that so many good people are willing to defend that banner, and what it stands for, in ways large and small. That is why I can sometimes be seen staring at a waving Old Glory, with a big grin on my face. I just want to thank those who continue to make this possible.



Waiting: Crisis on the homefront

By Sharon E. Everett
Star Presidian staff

My grandmother waited two years for my grandfather to return from World War II. My mother waited for my father to return from the Vietnam conflict. As I watch my friends go to the Persian Gulf, I wonder how long I will wait for them to return—and whether or not they will. I am the third generation "waiter" in my family.

I am worried about my friends who are there, and pray for their safe return. I also pray, selfishly, that my boyfriend (a Navy aviation electrician) will not be sent into the area. I don't think I could handle the situation with the same grace that my grandmother and mother displayed while they waited.

Please don't misunderstand me; I'm very proud of our servicemembers who are serving in that hostile environment. They are doing what they trained so hard to do, and they are going where their country needs them.

I just can't help remembering the poet John Milton's line about "they also serve who only stand and wait." My grandmother, my mother and I now have something more in common than blood ties; I now understand, because of my firsthand experience, the emotional stress they went through when their loved ones were away in the service of their country.

While we remember and pray for our servicemembers in the Middle East, let us also remember and pray for their families—those who serve by waiting.



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Use, Don't Abuse

PX, Commissary, Theater

Abusers spoil everybody's good thing

story and photo by Joel P. Smith
Star Presidian staff

Some Presidians are abusing the privilege of using the Post Exchange, the Commissary, the Military Clothing Sales Store and the Post Theatre.

According to Glenn Partridge, manager of the Army-Air Force Exchange Service on post, these persons are risking losing their shopping privileges.

"Loss of privileges could be a setback to an individual," said Partridge. "This is one of the best privileges the military has to offer."

Partridge said that only retirees, servicemembers, their dependents and authorized guests may use AAFES facilities.

Both active-duty servicemembers and Reservists are authorized to shop at all AAFES facilities, but Reservists must carry a current Leave and Earning Statement (LES) to enter any store. All shoppers must carry a valid I.D. card, Partridge said.

Department of the Army and Department of Defense employees who are not servicemembers or dependents of servicemembers are not allowed to shop in AAFES outlets.

Authorized shoppers may bring a maximum of two guests into an AAFES facility, but these guests may not purchase items.

The Main Post Exchange, which serves about 2,000 customers each day, currently turns away from 20 to 30 unauthorized persons each day, said Michael P. Stafford, Main PX manager.

Despite the fact that there is an I.D. checker posted at the entrance, unauthorized persons still make purchases, or, in some cases, shoplift.

To prevent shoplifting, the exchange relies on store detectives, Stafford said. To ensure that guests do not try to purchase merchandise, guests are asked to read a policy letter when entering the store.

Also, the exchange conducts I.D. checks at the sales counter one day a week—to ensure that guests are not shopping on their own.

Occasionally, store clerks spot guests giving money to servicemembers inside the store. "That won't be tolerated," Stafford said. If clerks believe that authorized patrons are shopping for guests, both will be asked to leave the store, he added.

Stafford said the guest's sponsor—the authorized patron that signs them in at the entrance—bears all responsibility for their guest's behavior.

"The sponsor should be with the guest at all times," said Stafford. "If he's going to accept the responsibility for his guests, he should be with them."



Rita C. Rivera, a cashier and I.D. checker at the Post Main Exchange, verifies the I.D. of a patron.

Stafford said that although it may be the guest who conducts himself improperly—shoplifts, for instance—the sponsor will suffer the consequences.

"On the first offense [of misconduct], you automatically get a letter of reprimand from the post commander," Stafford said.

The letter suspends all AAFES privileges for six months, he added.

Stafford said that 'convicted' Presidians may appeal the bar through the post commander, "but there have to be some pretty extenuating circumstances" before the bar will be revoked.

For repeated instances of shoplifting or misconduct, servicemembers could face Uniform Code of Military Justice action. Commanders, in this case, could opt to give soldiers Article 15s, or a court martial.

Family members or retirees "could be turned over to civil authorities," Stafford continued.

"Greed usually gets the best of a [perennial] shoplifter," said Stafford. "Sooner or later, it catches up with you."

According to Partridge, the AAFES system was set up to allow servicemembers to purchase items at an affordable price—one which is usually much lower than civilian stores offer.

In some cases, the Military Clothing Sales Store for instance, items necessary for service uniforms can *only* be found at an AAFES store.

At the Post Theatre, Presidians and their guests get an opportunity to see several popular films each week. Unfortunately, some patrons of the theater abuse this privileges.

There have been reports that some Presidians will not stand during the national anthem, others smoke or make distracting noises during the film.

These actions prevent other people from enjoying their post privileges, and will not be tolerated by the command.

Camp Parks continued from page 1

Two thousand, three hundred troops can easily be housed, fed and given medical care at Parks, said Lt. Col. Smith. The mobilized units may be at Parks from three days to up three weeks, depending upon each units' mobilization mission and training needs.

The mobilization processing tasks and requirements would be handled by teams from the Presidio and Sixth U.S. Army. Parks is operated by the Army as a sub-installation of the Presidio of San Francisco.

Maj. Ken Matlock, Presidio mobilization planner, Directorate of Plans, Mobilization and Training, said "Depending on the locations and number of reserve forces units that are called up, we'll process them here (Presidio) and/or Parks. We'll do the paper work to put these soldiers on active duty, equip them with whatever gear they're missing or need, and we'll train them in the time that they're here. Then send them on their way."

Units arriving in Parks would receive weapons training to ensure that each of them had recently qualified on weapons. The soldiers would train on the .45 caliber pistol, M16A1 rifle, and M60 machine gun ranges. "Whichever is appropriate to each units' mission," said Lt. Col. Smith.

Chemical defense would also be emphasized. Training would include donning protective masks in a tear gas chamber, chemical decontamination procedures, and wear of mission-orientated protective posture gear.

Lt. Col. Smith said, "We've (Presidio and Camp Parks) had plans for such a thing as that which is going on now. We're ready to provide the best for these soldiers."

If units are called up in the future, Parks is ready to quickly equip and train soldiers for whatever mission lies ahead of them.


The 347th General Hospital Active Reserve soldiers march a tent cover to a TEMPER unit. Each unit can hol 20 hospital beds.

Good Neighbors



In one of the two new storage areas, Mary Rebecca Spearman and Staff Sgt. William D. Hodges discuss plans for the shop.



Drill specialist: Spec. James D.Coffy uses a manual drill on a partition.

Charlie Company / Presidio engineers remodel Thrift Shop



Presidians look over the items at the Thrift Shop.

story and photos by Joel P. Smith
Star Presidian staff

Soldiers from "C" Company, 864th Engineer Battalion on post, are remodeling the Post Thrift Shop, building 204 off Halleck Street.

Second squad, First Platoon, is constructing new shelves, tearing out unneeded dividers and painting the interior of the one-time horse stable, in an effort to improve working conditions for volunteers and shoppers at the store.

The Thrift Shop allows Presidians and retirees to sell used items at the store, which gets 20 percent of the proceeds.

According to store manager Mary Rebecca Spearman, the refurbishing will also improve shopping conditions for Presidians.

"The shop has been really cramped," explained Spearman. "The walkways are very narrow and there are a lot of obstacles in your way. That's pretty dangerous."

Spearman said the structure, which used to be the post recycling facility (and originally a horse stable built before WWII—a hay lift is still intact on the second floor) was re-opened as a thrift store in 1983.

Unfortunately, before the change-over, "very little" refurbishing was done, Spearman noted.

The building had a lot of rough edges—literally. "People were getting cut on the metal shelves, because they had sharp corners" said Spearman. "Children would try to pull something off one of the tables and it would tip up and almost fall over."

According to Spearman, Jo Harrison, the wife of Sixth U.S. Army Commander Lt. Gen. William H. Harrison, and Ginger Lash, wife of Brig. Gen. Peter W. Lash, led the effort to remodel the shop.

"They were very supportive," Spearman said. "They felt we needed to support the volunteers here."

Now, the squad from Charlie Company is removing the tipsy shelves, and replacing them with safer, more spacious counters. The soldiers have torn out one unneeded divider and constructed two new storage areas.

For both sellers and shoppers, the change should be a very positive one. The shop, which gave away $22,240 to post charities last year, will now be able to serve the post even better, said Spearman.

"We've just about doubled the space we have for business," she explained. "The place looks better and it's safer. With the new look, we hope to get a better, larger clientele."

Adeline Michel, a volunteer for 27 years at the various post Thrift Shops, said the shop was finally getting some much needed safe shelf space. "We've been using hand-me-downs and now we're getting some decent equipment," Michel explained.

Staff Sgt. William D. Hodges said the project is expected to cost $5,000 and use 400 man-hours. "This is a good project," Hodges said, "because the Thrift Shop gives a lot to the post. I think it's time the post did something for the Thrift Shop."

Blast From the Past

Army needs spark culinary creativity

by Adrienne Sims
Star Presidian staff

Chicken Nuggets weren't the idea of Colonel Sanders from Kentucky Fried Chicken.

Without knowing it, many soldiers go to fast food restaurants and buy food products that were developed as a result of Army technology.

An estimated 30 percent of the products in America supermarkets had their beginnings as Army food research and development projects, according to *The Soldiers Command* news release.

Reconstructed meat patties, instant puddings, cake mixes, instant soups and freeze dried coffee were all a part of Army technology before they were put on supermarket shelves.

The Army didn't stop at instant puddings. Soldiers in the South Pacific prior to World War II wanted chocolate! The chocolate wasn't the difficult part, keeping it from melting and making a mess was.

Army food engineers tried many things to make chocolate more heat resistant. They tried covering the chocolate with oatmeal. This idea failed. The chocolate still melted and the soldiers didn't even like the taste, saying the oatmeal ruined the taste of the chocolate.

The Army technology brought around many other attempts to produce a non-melting chocolate.

The Army Inspector General, while on an inspection in the South Pacific asked soldiers for comments on C-rations. One soldier replied to the question he wanted chocolate "that melts in your mouth, not in your hands."

Candy coated chocolates became the solution to the soldiers' problems of messy pockets and sticky fingers.



M&M's Plain Chocolate Candies were introduced to civilian consumers in 1940 by M&M/Mars Corporation. The candy coated chocolates sold well almost from the beginning, according to The U.S. Troop Command, "Chocolate, Fit To Fight For Nearly Fifty Years," pamphlet.

The Army placed large orders for the new candy when World War II began. The Navy followed by ordering the new candy which was packed in small tubes.

In the 1940's the slogan for M&M's was "The family treat that's neat to eat." It was in the 1950's that it changed to "The milk chocolate that melts in your mouth, not in your hands."

Legend claims that the IG report from the South Pacific created the famous slogan used by M&M's/Mars Corporation.

To further increase the taste of field rations, TROSCOM added new entrees, larger servings, commercial candies, hot pepper sauce and cold beverages.

The U.S. Troop Support Command is working to meet the soldiers' needs by providing them with the luxury of non-melting chocolate and continued improvements to food, clothing and equipment.

War bride remembers draft notice

by Elayne Werner

It was 98 degrees outside, one of those days when ones entire being is drenched with hot humid air, and clothes stick to ones skin like glue. Inside Saint Timothy's Catholic Church it was the same, except hotter and stickier. "Here comes the bride" began to play on cue, and minutes later I heard the words "Do you take this man to be your lawful wedded husband," spoken by Father Welsh.

I had just married my high school sweetheart Frank, whom I had dated for three years prior to our wedding. He was 19 years old, and I had just turned 18. Neither of us fully understood how our lives would be forever changed.

How exciting it was looking for an apartment for the two of us. I finally found one that cost $65.00 a month. Frank earned $65.00 a week as a carpenter's apprentice, and had one more year to go until he became a full fledged carpenter. I earned $32.50 every 15 days at a loan company. Wow! We were flying high financially.

With all of that money, we decided to order a new sofa. It was chocolate brown, a color we found unusual, and could be delivered in time for Christmas. How lucky for us. Tables and chairs would come later I thought.

Eagerly we awaited, and planned for our first Christmas together in our new apartment.

The telegram arrived a month before Christmas. It said, "You are to report to the Army on January 1st blah, blah." My mind didn't seem to comprehend the rest of the words.

Back went the sofa, back went the apartment, and back I went to Moms' as Frank went off to boot camp for basic training. Eventually he was sent to Texas to train as a Medic. I never did understand the Army's logic in taking a man whose expertise was wielding a hammer, and turn him into someone who wielded a needle.

We wrote each other often during those months he was in Texas, but it wasn't enough to stop me from missing him. Finally I decided I was going to join him. My family came to the airport for the second time that year, except this time I was leaving. I watched them grow smaller as I looked through the little window of the airplane as they waved goodbye to me. I was sad to leave them, and yet I felt exhilarated! I felt I had been flying in airplanes all my life the minute the plane took off! Eight hours later I arrived in Dallas, and transferred to a smaller airplane for the remaining two hour flight to San Antonio. That part of the trip was the most fun for me. The small plane only seated ten people and it seemed to dive and dip with each gust of wind. The clouds looked like whipped cream, and the sky was brilliant red. We flew over the Rio Grande River, which was almost bone dry and into San Antonio and Brooks Army Medical Center.

Frank found a room for us to live in, in a house owned by a couple and their teenage daughter . They were very good to two teenagers from Philadelphia. True Southern hospitality.

As I settled into my new home I soon learned to stay in the house in the afternoon rather than go for a walk because the streets were so hot they melted under my feet. I drank a lot of iced tea to keep cool. Once I took a ride in a car that had a new contraption that hooked onto the back window. A portable air conditioner I was told, but we relied on the ever turning ceiling fans for comfort most of the time.

Even though the heat was awful, and took getting used to, for the most part, I remember the wonderful adventure of it all. The romantic Aztec theater with its beautiful tapestries and Indian carpets; learning a new language, Texan, and the Texas word for pot roast—Pikes Peak. I remember hail that rained down one day the size of golf balls, and the happiness in feeling rain on my skin when it finally did rain. The historic Alamo with its famous heroes Davey Crockett and Jim Bowie; and finally, making friends with people from different parts of the world.

Then suddenly, one day, we received new orders. We said goodbye to our friends in San Antonio and boarded a train headed for the 82nd Airborne Division in North Carolina. We rode coach for four days and four nights. We froze at night and roasted during the day and when we finally did arrive we found our luggage had been lost! Two weeks in the same clothes. Ugh!

Frank went on to bivoac immediately after we found a place to live and I stayed alone. I found a place to eat in an old house. Most of the people that ate there were truckers, except me. "All you can eat for 69 cents" the sign read. Usually, the aromas coming from the kitchen were wonderful, but one day I couldn't enter the house. The smell of food was making me ill, and soon I discovered I was going to have a baby. I held my nose a lot and braved it.

Frank was gone for two months and by then the money, little as it was-was gone. I went home. . .again.

Well, as it turned out, ten years and two babies later, I finally got that sofa. Our first daughter never got to see her dad until she was a year and a half. Frank never did become a carpenter's apprentice, but learned a new profession. Salesman!

Most of all, I remember how we both grew up. I learned to stand on my feet, to really be responsible, and somehow, although our young dreams, our lives, were changed by events that were not of our doing, we took another course and were the better for it.

Yes, I remember my wedding day. It was June 28, 1952, and the war that Frank went off to six months after our wedding, was being fought in an unknown place with a funny name called.. Korea

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Health/Sports

Sports Briefs

by Adrienne Sims
Star Presidian Staff

Swimming Pool opening

The Presidio Swimming Pool will open Saturday. The opening was delayed to complete additional repairs. These repairs will improve the appearance and safety of the Post Pool.

For more information, call Susan Spencer at **561-3673.**

Tennis championship

The annual Presidio Tennis Tournament will be held Sept. 12 through 16. All matches will be scheduled after duty hours during the week, Saturdays and Sundays.

The tournament is open to : Active Duty military, their family members, Presidio civilian employees and retirees living within a 50 mile radius of the Presidio. The entry fee is $5 to cover the cost of awards.

Competition will be held in the following divisions: Open division, Senior division (40 years or older), Women's division, Men's doubles and Women's doubles.

Anyone wishing to enter, sign-up at Gym no. 1, building 63, during normal duty hours. For more information, call **561-5032** or **561-4131.**

Golf Tournament

The Sports Branch Golf Tournament scheduled for Sept. 26 has been cancelled.

The next golf tournament by the Sports Branch will be the annual Turkey Shoot Thursday, Nov. 15 at 8 a.m.

For more information, call the Sports Branch at **561-5032.**

Labor Day Bowling

The Presidio Bowling Center will host a children's bowling tournament Saturday from 10 a.m. to 6 p.m. The entry fee is $5 per event to cover bowling fees and prizes.

An adult tournament will be held Sunday and Monday 1 to 9 p.m. The entry fee is $6 per person.

For more information, call Lori at **561-4120.**

Soccer coach needed

The Presidio Youth Sports is looking for volunteer head coach and assistant coaches for the children's under-8-team. The team is registered in the San Francisco Vikings Soccer Club League.

For more information, call Allen Posey at **561-5051.**

Fitness activities

Adult Activities

Aerobic Dance Exercise—call Beverly Carpenter at **981-0111**

Run for your life program—call Bob Darling at **561-4120**

Exercise Stretching class—Lynn Fitzwater

Nautilus Weight Training Instruction—call Bob Darling at **561-4120**

Post running team—call Bob Darling at **561-4120**

Adult swimming lessons and lifesaving classes—call Allen Posey at **561-3673**

Youth activities

Swimming lessons and Karate lessons—call Bart Porter at **561-5143**

Youth sports (soccer, basketball, baseball)—call Allen Posey at **561-5051**

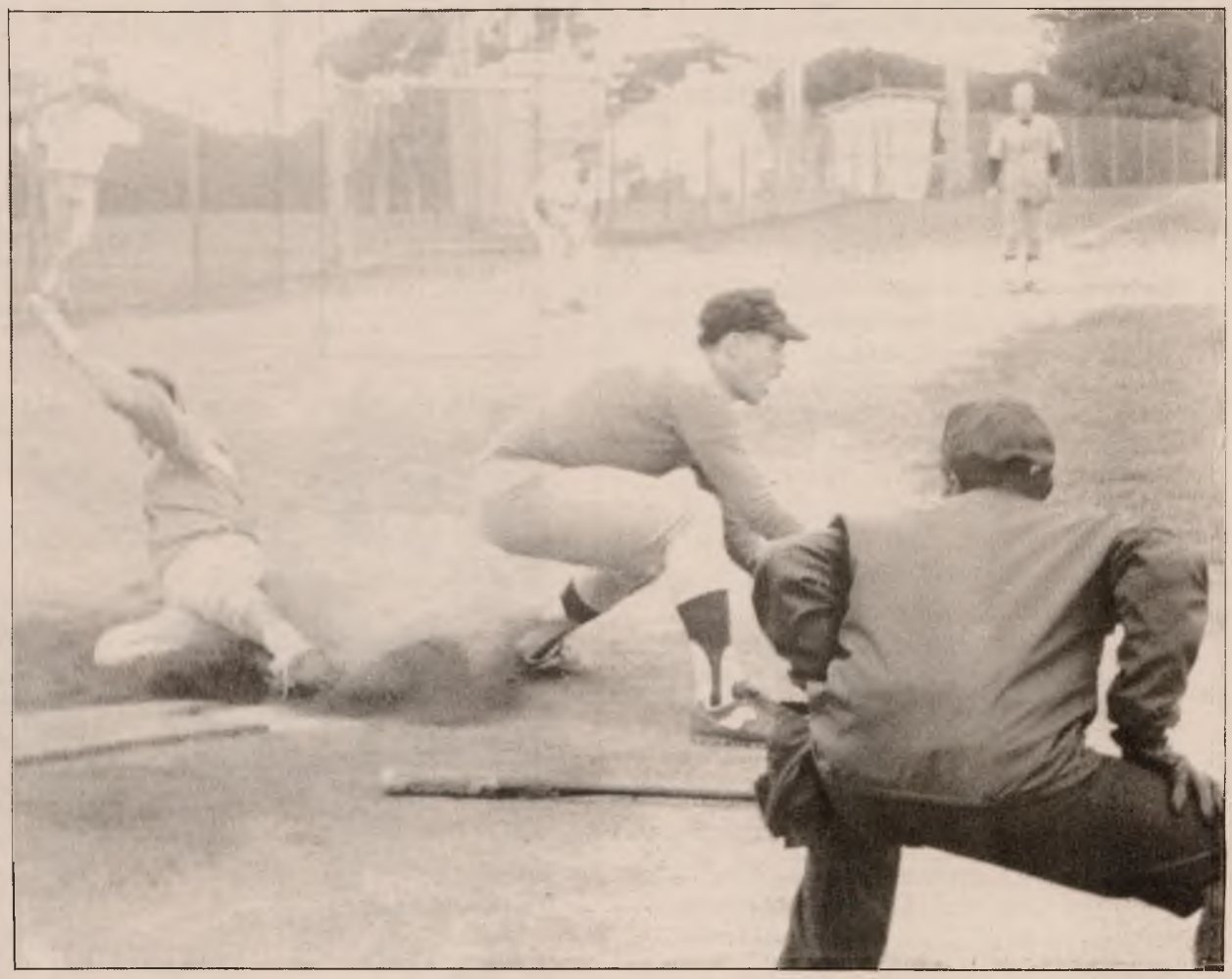


photo by Duvel White

Safe at the plate!

Dave Kilduff A Company LAMC shortstop slides into home as LAIR team #1 catcher Kelly Draffin waits for the throw. After an earlier playoff 6-12 forfeit loss to LAIR, the LAMC team came storming back from the losers bracket to crush LAIR two times 17-5 and 24-8, Aug. 21 to win the Presidio Intramural Softball Championship for the second consecutive year.

Check it out

American Cancer Society offers low cost mammograms

by Adrienne Sims
Star Presidian Staff

One out of every 10 women have breast cancer, according to Jan P. Murphy, San Francisco's acting district health officer.

As women get older they are more likely to get breast cancer, said Murphy.

The American Cancer Society, San Francisco Unit, is helping women detect breast cancer in its early stages.

Mammograms are available now for San Francisco women over age 40, who don't have health insurance, at a Breast Health Day. Mammograms detect small abnormalities that can't be found by self examination or clinical examinations by X-raying the breast. The mammograms cost only $10 each at the Breast Health Day. The normal cost ranges from $50 to $250.

Last in a series of 14 breast health programs offered in low income, minority and elderly neighborhoods throughout San Francisco, the Breast Health Day offers instruction in breast self examination and eating right to reduce risk of cancer in the English and Spanish languages.

More than 600 women have taken part in the Breast Health Days, according to an American Cancer Society Release.

Murphy feels that women should have a three part plan for detecting breast cancer. "The plan should consist of a monthly self examination, depending on age , a clinical examination annually or every two years and a mammogram.

Breast Cancer found in minorities is usually in it's late stages, according to Murphy. "They aren't getting the information about breast examinations at an early age."

"Women should get a base line mammogram at the age of 40," Murphy said. When women are between 40 and 50, they should get a mammogram every two years and every year after the age of 50.

It's important for women to get a mammogram because it can detect cancer in its early stages when it can't be found by a self examination," Murphy said.

The Breast Health Days are funded by San Francisco Department of Public Health, Varain Associations, Inc., Walgreen's, The Patricia Allen Memorial Fund and the Clorox Company Foundation.

The X-rays will be offered from 9 a.m. to 3 p.m. at Health Center no. 1, 3850 17th Street between Sanchez and Noe Street. Appointments are necessary.

To make an appointment or for more information, call Jan Murphy at **554-9765**

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by Adrienne Sims
Star Presidian staff

Community Calendar

Blood Drive

The Presidio Blood Drive will be held at the NCO/Enlisted Club Sept. 6, Thursday from 7:30 a.m. to 12:30 p.m. and Friday 7:30 a.m. to 2:30 p.m.

To make an appointment to donate blood or for more information, call Jeanne Mote at **561-4147.**

Parent Effective Training

Army Community Service is offering a Parent Effective Training course for eight weeks beginning Sept. 6 from 6:30 to 9 p.m. at ACS, building 103B. Advance enrollment is required.

The classes are free, and child care is available. For more information, call Priscilla Fleischer at **561-4513.**

Fifties dance

A Fifties Homecoming Dance will be held at the Presidio Officers Club Sept. 14, with dinner from 5:30 to 9:30 p.m. and dancing from 8 p.m. to midnight.

There will be a dancing contest and prizes will awarded for the best fifties outfit. For more information, call the Officers Club at **921-1612.**

POWC

The Presidio Officers' Wives Club and Letterman Auxiliary will hold a joint luncheon and activities sign-up Thursday, Sept. 6 from 11 a.m. to 1:30 p.m. in the Grand Ballroom of the Officers Club.

The luncheon includes an all-you-can-eat soup and salad bar for $3. Reservations aren't required. For more information, call Patty Anderson at **883-7557.**

Officers' Club

The Presidio Officers' Club announces it's Membership Appreciation Night Sept. 7.

This event will feature the finest in food, music and dancing for the Members of the Presidio Officers' Club.

Reservations are recommended and can be made by calling the Officers Club at **921-1612.**

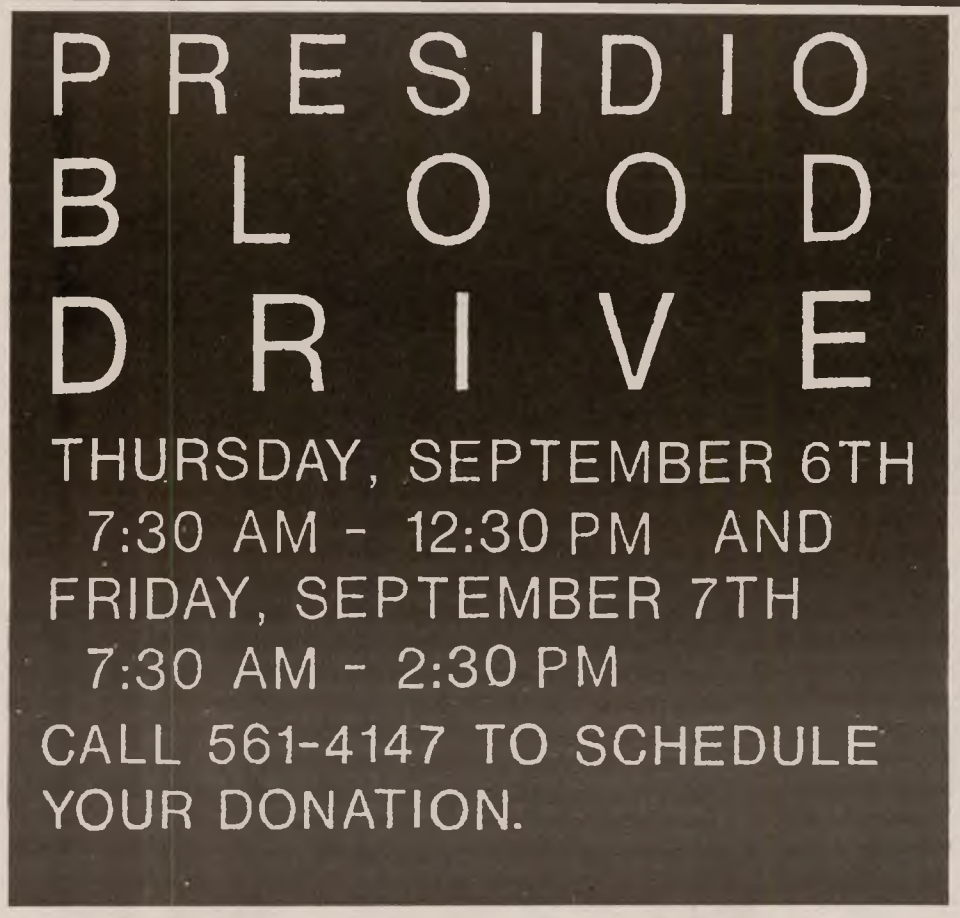
Chapel picnic

The Chapel of Our Lady Congregation will hold it's annual Fall picnic Sept. 9 at Hamilton Army Airfield with mass beginning at 11 a.m.

For more information, call the Post Chapel at **561-4239.**

Library hours

The Presidio Library will change its hours beginning Tuesday, Sept. 4. The new hours are Tuesday through Friday 11 a.m. to 6 p.m., Saturday 10 a.m. to 5 p.m., and closed Monday, Sunday and holidays.



Thrift Shop

The Thrift Shop first Saturday opening and Flea Market has been changed to the second Saturdays, Sept. 8. The sale begins at 9 a.m.

A valid military ID card is needed to rent a vendor space. One space cost $5. There is additional charge for extra space. For more information, call Adeline Michel at **922-3384.**

dBase IV

The ISC Information Center will be sponsoring a dBase IV presentation Sept. 6. An Ashton-Tate representative, Nancy Hoban, will demonstrate the dBase IV. The presentation will be held in the auditorium of building 603 from 1:30 to 3:30 p.m.

Reservations should be made, since seating is limited. For more information, call Pat Mallett at **561-3287.**

Toastmasters

A Toastmasters meeting will be held every second and fourth Thursday beginning today from noon to 1 p.m. The meetings are held in the USO Center, building 223 across from the Garrison Headquarters.

For more information, call the USO at **561-2436.**

Barbershop

Presidio Exchange Haircut prices will increase to $5.70 beginning Sept. 12. The haircut price is based on a price survey.

Walk-in Legal Clinic

The Garrison Legal Assistance Office, buiding 223, offers a walk in legal clinic every Thursday at 8 a.m. for all soldiers, family members and retirees.

Documents and letters can not be prepared during the walk in clinic hours. Soldiers who need documents prepared should schedule an appointment.

The legal clinic is operated on a first come, first serve bases, with priority to active duty.

For more information, call Nancy Gonzalez at **561-4273.**

Golden Gaters

The Presidio Golden Gaters, a singles social club for military members, retirees, widows and widowers, is offering an overnight bus tour to Reno Sept. 30.

The cost is $55 single and $42 double. Reservations must be made by Sept. 4. For more information, call Margaret Santos at **921-8930.**

Protestant Sunday School

The Protestant Sunday School will begin its Fall Quarter Sunday, Sept. 9 at 9:30 a.m. in the Religious Activities Center. Teachers are still needed.

For more information, call **561-3535** or **561-4719.**

Part-day preschool

The Presidio Child Development Center is re-opening the Part Day Preschool Program Sept. 10 from 8:30 to 11 a.m. The program is for children 3 to 5 years old.

Development activities for each age group will be part of the daily activities. The activities are designed to help children learn through creativity, exploration and self discovery.

A nutritious snack will be served daily.

For more information, call the Child Development Center at **561-3588.**

Crisis Line

The Presidio Crisis Line needs volunteers. The next training session will be Sept. 6 from 5:30 to 9:30 p.m., Sept. 8 from 9 a.m. to 6 p.m. and Sept. 10 from 5:30 to 9:30 p.m. Volunteers work in their own homes.

Child care assistance is available. For more information, call Priscilla Fleischer at Army Community Service at **561-4513.**

ITT

ITT office hours will change today Aug. 30. The new hours will be 9 a.m to 1 p.m. and 2 to 5 p.m. Monday, Wednesdays and Fridays; and 9 a.m. to 1 p.m. and 2 to 4 p.m. Tuesdays and Thursdays.

The Information Tours and Travel is open to military members, their family members and Presidio civilian employees

ITT offers services to make it easy to plan a trip and get tickets for local events at reduced prices.

Renaissance Faire

ITT is offering Renaissance Pleasure Faire tickets for all weekends through Oct. 7. Adult tickets are $11.50 each and children tickets are $6.50 each.

Circus

ITT is selling tickets for $10 for the circus. The show is Saturday beginning at 11 a.m. at the Cow Palace.



Disneyland

ITT is selling Disneyland tickets good every day but Saturday. The adult one-day ticket is $21.50 and the child one-day ticket is $17.50. The adult two-day ticket is $38 and the child two-day ticket is $30.75.

ITT is located in building 215. For more information, call Sandy Cornett at **561-3992.**

At the Movies

Presidio Theater

Fri., Aug. 31: Betsy's Wedding (R) 7 p.m.
Sat., Sept. 1: Die Hard II (R) 7 p.m.
Sun., Sept. 2: Die Hard II (R) 7 p.m.
Mon., Sept. 3: Pretty Woman (R) 7 p.m.

Hamilton Theater

Fri., Aug. 31: Total Recall (R) 7 p.m.

Sat., Sept. 1: Ernest Goes To Jail (PG) 1 p.m.

Sat., Sept. 1: The Hunt For Red October (R) 7 p.m.

Sun., Sept. 2: Gremlins II (R) 4 p.m.



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Star Presidian

Vol. 33, No. 37 | "Published in the interest of the people of the Presidio of San Francisco" | September 6, 1990

News Briefs

by Adrienne Sims
Star Presidian staff

Furlough update

Although many Federal agencies have distributed furlough notices to their civilian employees, the Presidio Civilian Personnel Office has not received any guidance from higher headquarters to initiate furlough notices, says Rick Hall, Deputy Civilian Personnel Director. He added, "Civilian employees must receive their notice of furlough letters 30 days beforehand."

Fort Baker PX closure

The Presidio Exchange has operated the Fort Baker Exchange for a number of years even though it has been a losing operation. It will close permanently Sept. 14.

Jewish holiday

Commanders are authorized to excuse from duty Jewish personnel who are required by the tenets of their faith to observe the worship obligations. Since the observance of these days of religious obligation has special familial significance, passes in accordance with the provisions of Army Regulation 630-20, should be aware that Jewish holidays begin and end at sunset.

Rosh Hashanah will be sundown, Wednesday, Sept. 19 through sunset, Saturday, Sept. 22, and Yom Kippur will be celebrated sundown, Friday, Sept. 28 through sunset, Saturday, Sept. 29.

LAMC Walk-In Clinic hours changed

Due to recent personnel shortages, hours at the Letterman Army Medical Center Walk-In Clinic have been changed. Beginning Monday, the clinic's hours are 7:30 a.m to 4:30 p.m. Active Duty sick call hours are 7:30 to 9:30 a.m. Monday through Friday.

Soldiers may also call the Walk-In clinic at **561-4329** to make a follow-up appointment with a specific doctor. These appointments are scheduled from 10:30 a.m. to 4 p.m. Monday through Friday.

Every effort will be made to see soldiers who become ill or need care after sick call hours.

Teamwork!



photo by Adrienne Sims

864th Engineer Company soldiers, Spec. James D. Coffey and Spec. Darrin C. Carrothers help each other put on protective mask while doing NBC training.

Group offers family support

by Drew Seaman
Star Presidian staff

Joyce Hinz is nervous that her boyfriend, an Army major, may be sent to Saudi Arabia. The major's unit isn't on alert, but Joyce is concerned about how she'd deal with her mixed feelings if he's called up to go.

Joyce isn't alone. Thousands of husbands, wives, children and friends of military personnel are faced with the fear that their loved ones are being sent into an uncertain future halfway around the world.

To help family members and friends deal with their stress, the Presidio Family Advocacy Program (FAP) will hold a weekly one hour support group meeting at noon beginning Friday.

"It'll be an opportunity to discuss your concerns and obtain support for yourself, your loved ones and your country", said Nancy Niederhauser, the FAP manager.

The support group will meet in Building 103B in the first floor conference room. There, Presidians will be able to express their fears, frustrations and hopes for their loved ones with others who are going through the same situations, said Niederhauser.

The support group program developed from an Aug. 20 meeting of post Crisis Line volunteers. The Crisis Line, FAP's 24 hour telephone service, is made up of trained volunteers who offer to listen and talk to anyone who feels depressed, lonely or angry.

As the number of military personnel escalated in the Gulf, the volunteers had a lot of confused feelings about what was going on. One volunteer, Capt. Tom Yarber of Letterman Army Medical Center, said "if we're feeling this way, think about how much anxiety and stress the families of these military personnel must be feeling".

"I felt we needed to provide a network for the people in the community and a base to get them current information about the Middle East situation", he said.

The LAMC and Sixth U.S. Army public affairs offices are coordinating a program to update the support group with current news on Middle East events.

Lt. Col. Grant H. McAllister, a Presidio chaplain, said, "We'll also have personnel available to assist in any way we can for the support group."

For more information about the Crisis Line volunteer program or about the support group, call Nancy Niederhauser at **561-5155.**

Public meeting to be held on Presidio closure

US Army Corps of Engineers

The proposed closure of the Presidio of San Francisco is the subject of a public meeting scheduled for Sept. 12 at 7 p.m. at the Crowell Theater, Pier 2, Fort Mason, San Francisco.

The Sacramento District, U.S. Army Corps of Engineers, has completed a draft Environmental Impact Statement on the effects of the proposed closure. About 1,230 acres of the Presidio will be transferred to the Department of the Interior for use as part of the Golden Gate National Recreation Area. The 36-acre former Public Health Service Hospital, and former Defense Language Institute-San Francisco, will be excessed.

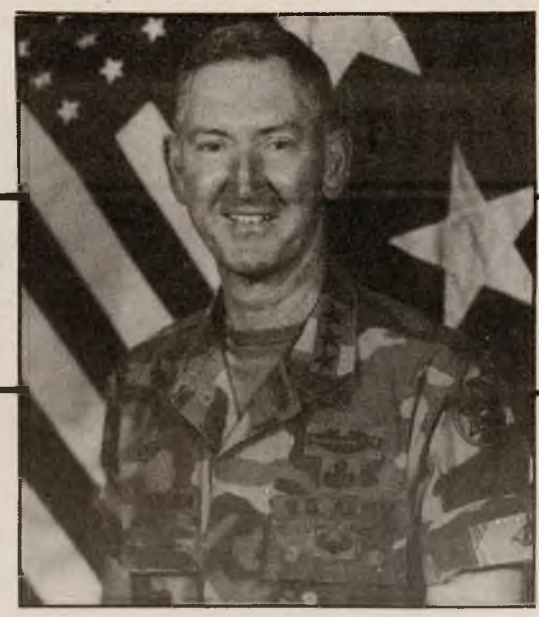
Headquarters of the Sixth U.S. Army will move to Fort Carson, Colo. Other activities will transfer to Army installations in California, North Carolina, Maryland, Georgia, Washington, Pennsylvania and Washington, D.C.

Additional information on the Environmental Impact Statement and the proposed closure is available from the Sacramento District, U.S. Army Corps of Engineers, ATTN: Bob Verkade, Military Projects Branch, 650 Capitol Mall, Sacramento, CA 95814-4794, or by calling the district's toll-free number **(800) 227-0951** or **(916) 551-2249.**

Voices

Presidio View

by Lt. Gen. William H. Harrison



Fly a flag for the troops

Dear Presidians—

I am writing these notes at 27,00 feet enroute to Fort Carson, Colo. As I depart the Presidio of San Francisco—A Very Special Place—it was a beautiful Labor Day and I hope all of you enjoyed your long weekend and returned safely. So—another great day to be in the Army—or a part of the Army—at the PSF. Our involvement with the Reserve Component mobilization continues. Our Readiness Group, our Adjutant General and our Major U.S. Army Reserves Commands continue to do a super job. The Sixth U.S. Army (USASIX) Staff is out and about making sure all goes well and manning our Emergency Operations Center (EOC) on a 24-hour basis.

Last week our new USASIX Engineer, Colonel Lorber, came in to see me. He and his wife reside at Fort Baker and join our PSF family from Izmir, Turkey. Welcome to the Lorbers.

On Monday I had the pleasure of awarding a Commander's Award for Civilian Service to Ms. Leslie J. Tucker. Leslie has worked for the past year in our (Public Affairs Office) PAO shop and has done outstanding work during Quake '89, forest fires in '89 and '90 and on many special projects. She leaves us now for a promotion at the Forest Service. Thanks Leslie and Hoo Ah!

Also last week we bid farewell to Col. Dick Speidel our departing Camp Parks Commander. Dick has done super work out there and we wish him well on his new assignment in Panama.

Wednesday, a.m. was foggy and cool up at Fort Scott, but all that was overshadowed by a super ceremony. All the soldiers from Headquarters Command Battalion and the Garrison Staff who were here for Quake '89 received their Humanitarian Service Awards(HSMs). I presented the first one to Colonel Bill Swift our Garrison Commander and then he and the battalion commander presented them to the company commanders. They in turn presented the platoon leaders who presented the squad leaders who then presented their soldiers with their HSM awards. It was a great ceremony and recognized some very deserving folks. To each of them a big loud Hoo Ah!

Also on Wednesday I presented Lt. Col. Kevin Kelley a Meritorious Service Medal prior to his departure for duty at West Point. Kevin has been our USASIX Engineer for over a year and has performed outstandingly. All the best to the Kelleys and Hoo Ah for your service at PSF.

Also on Wednesday we were happy to welcome Brigadier General and Mrs. Roger F. Yankoupe as our new command team at the South Pacific Division of the U.S., Corps of Engineers. The came to us from Fort Leonard Wood, Mo. and we heartily welcome them to our PSF family.

Finally at the end of a long Wednesday I attended the CDC Parents meeting at the Child Development Center. There was much lively discussion and as is so true in many things in life, everyone can't be pleased all the time. I felt the Child Development personnel handled themselves very well explaining some very difficult decisions. The items that created the greatest degree of discussion were the new fee schedules directed by Department of Defense and the painful, but necessary closure of the CDC on Sept. 24-26 for staff training. Again, I know everyone doesn't agree with these decisions but I trust they at least understand the command's position now. From my foxhole perspective the two things that most impressed me about this meeting were: 1) The fact that we have a lot of truly concerned parents at PSF who have thought thought the issues and have very definite opinions about them. And

2) That these parents are not afraid to express their opinions forcefully!

That's good and I respect each of those who attend these meetings and participate in the discussions and voice their views. Only in this way can the command know how our folks feel and then attempt to react for the benefit of the maximum number of people. So—to each and every parent who attended this meeting and others like them I say a big loud and sincere thank you and Hoo Ah!

On Thursday the troops from Letterman Army Institute of Research conducted our monthly retirement ceremony. As always the band was great, the color guard super, and the DPT folks well organized. 1st Lt. Phillip Hackins and his troops from LAIR truly did a look great and Brigadier General and Mrs. Les Burger officiated in splendid form. Thanks to all who participated and to our Retirees—Lieutenant Colonel Steffensen, Chief Warrant Officer 4 Haas, Major Siefert and Sergeant First Class McFee—Good luck and Hoo Ah!

Also on Friday the Sixth Recruiting Brigade San Francisco Battalion had a change of command The recruit companies for Gilroy, Oakland, San Jose, Daly City, Danville and Santa Rosa looked really sharp all in their dress blues. It was a really impressive ceremony with our band adding the special touch. The battalion bid farewell to Lt. Col. Don Hall and welcomes Lt. Col. Mayer-Kielmann—as do all of us in the PSF community.

Friday was topped off with another USASIX and PSF run. It was a glorious day and we had a good turnout. What better way to end the week and begin the long weekend — the long SAFE weekend, we all hope.

Finally, I'm seeing a lot more flags around post. That's great and a super way to remember our troops in Saudi Arabia. Keep them in your thoughts and prayers for a peaceful resolution to this situation. Fly a flag for our troops in Saudi! Hoo Ah!

God bless you one and all.

William H. Harrison
Lieutentant General, USA
Commanding

"The truth is sought, regardless of whether pleasant or unpleasant."
—Lt. Gen. Leslie G. McNair

HOOAHHOOAHHOOAHHOOAHHOOAHHOOAHHOOAHHOOAHHOOAHHOOAHHOOAHHOOAHHOOAHHOOA

LAIR Honor Graduate

Sgt. Shawn M. Snell, a biological research assistant at Letterman Army Medical Center has proven again that LAIR has outstanding soldiers. Snell recently returned from the AMEDD NCO academy at Camp Bullis, Texas, where he was the Distinguished Honor Graduate for the Basic Non-Commissioned Officer Class 7-90. Snell maintained a 99.7 average on a series of written tests and received a first-time "go" on hands-on tasks such as drill and ceremonies, land navigation, tactical communication, and nuclear, chemical and biological warfare.

For his exceptional performance Snell will be awarded the Army Commendation Medal at a company formation Sept. 7. Snell is the assistant NCOIC of LAIR's Blood Research Division and is currently involved in establishing a facility for the production of a hemoglobin-based blood substitute.

Sixth U.S. Army Band

Three Sixth U.S. Army Band soldiers graduated from PLDC Aug. 23. Specialists Albaugh, Green and McCann. Albaugh, a Headquarters Command Battalion Soldier of the Quarter, said he was "fired up" and looking forward to his pending re-enlistment.

Expert Field Medics

Four soldiers from the Letterman Army Institute of Research were awarded the Expert Field Medical Badge on Aug. 27 at ceremonies conducted at Fort Ord, Calif. The graduates endured 10 days of rigorous training and testing in pursuit of the badge. LAIR soldiers who met the challenge and received the badge include Maj. Charles F. Ferris, who was nominated as the honor graduate, Sgt. Peter F. Pond, Spec. Stephen W. Hoxie and Spec. Armando Gonzales.

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News/Views

Ask Presidians:

by Drew Seaman
Star Presidian Staff

"Has/will the Middle East situation change your fuel conservation habits?"

Pfc. Christian L. Mallos, x-ray technician, Letterman Army Medical Center: "I always turn my lights off. Wherever there's a machine, I turn it off. I take the bus or walk. There's never any parking spaces anyway. I was taught from early childhood to conserve energy."



Col. John M. Counts, Sixth U.S. Army State Military Support Office: "I have a rental car I'm using. I'm keeping down the mileage. I'm walking to restaurants in the vicinity and I tend to use public transportation when it's feasible. This crisis shows us we have to find better ways to conserve."



Seaman Paulette Boyd, U.S.S. Samuel Gompers, United States Navy: "The only thing I can say is that I don't know much about world politics. I trust in the Lord though. I do believe the administration knows what they're doing. Their decisions must be good. Whatever they'll do I'm sure, it'll be for the best."



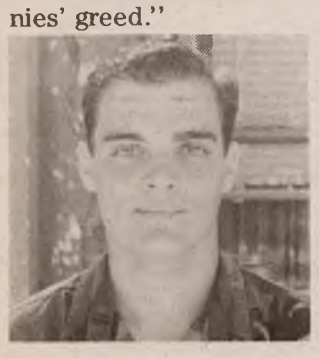
Susan Stevens, United States Coast Guard spouse (retired): "I don't drive as much. It affects my life that the guys here have to go over. Hussein should be stopped. Right now, yes. I blame the oil companies for what's going on."



Robert W. Mauk, retired (Sergeant First Class), United States Army: " I'm not doing anything right now. I drove from Seaside to Letterman Hospital. Conserving sounds good to me. I don't drive that much anyhow. The high prices are basically because of the oil companies' greed."



Pfc. Michael A. Derleth, combat medic, Letterman Army Medical Center: "I walk everywhere I go. It's because I'm poor. I do turn off all lights in my clinic. I even recycle. The Iraq problem? Company greed; it's all greed. Everybody wants money."



PSF water exceeds standards

by Directorate of Engineering and Housing
and Star Presidian staff

The quality of the water delivered by the Presidio is better than what is required by current federal and state drinking water standards, including the standard for lead.

However, lead can get into tap water as a result of corrosion of plumbing containing lead. The United States Environmental Protection Agency has determined that lead is a health concern at certain levels of exposure.

The EPA sets drinking water standards. There is currently a 0.050 parts per million. Based on new health information, EPA is likely to lower this standard significantly.

DEH wants to intends to inform Presidians of health effects of lead. Although your water may not be in violation of the current standard, EPA is concerned about lead in drinking water.

Too much lead in the body can cause serious damage to the brain, kidneys, nervous system and red blood cells. The greatest risk, even with short term exposure, is to young children and pregnant women.

Lead levels in drinking water are likely to be highest:

- If your home or water system has lead pipes,
- If your home has copper pipes with lead solder,
- If your home is less than five years old,
- If you have soft or acidic water and
- If water sits in pipes for several hours.

Whether your water comes from groundwater or surface water there is a small chance that a significant amount of lead is dissolved in the water as it flows through the water mains, service lines or household plumbing.

Because of the relatively non-corrosive water supplied to the Bay Area and the testing of water by the water utility, additional water testing by consumers is not necessary.

However, if you wish to have your water tested, commercial laboratories will test your water water for $25 to $80 per sample. If you decide to have your water tested be sure to have it tested by a laboratory certified by the State Department of Health Services. Your Bay Area water supplier can provide you with a list of approved laboratories.

Excessive lead levels haven't been found in the Bay Area water supply. The possibility of exposure to lead from your own plumbing can be minimized by running cold water when water stands for more than a few hours. Normally this will take no more than three minutes. Toilet and shower use or doing laundry will also move cold water through the plumbing system, which will reduce the amount of time needed to flush the cold water faucets to 5 to 30 seconds.

Avoid cooking with or drinking water from the hot water faucet. Hot water dissolves lead more quickly than cold water.

Although lead pipe is rarely found in household plumbing systems, it can be identified by its dark gray color. Its surface may be scratched easily with a nail or other steel objects.

Copper pipes may be joined together by lead solder, which appears to be silver to gray in color. If plumbing repairs or other plumbing work is done, make certain only lead-free solder and other lead-free materials are used. This is required by state and federal law.

There is no need to be alarmed. It is unlikely that you have a problem with lead contamination. The Presidio takes steps to reduce lead levels in water. This is a public notice from the EPA.

For more information, call the DEH Environmental Office at **561-5176.** To receive a free booklet about lead in drinking water, call the national EPA hotline at **1-800-426-4791.**

Free legal assistance at Presidio

by David Richardson
Staff Judge Advocate

You are watching your favorite television program. Suddenly, the program fades out and is replaced by an advertisement. In the ad, someone praises the skills, and low fees, of a local attorney. At the conclusion of the ad, the person says that if you have a problem, you should call that attorney.

But do you realize that there are attorneys located on the Presidio who do most of the same things that the attorneys in the ads do. Even more importantly, if you are a soldier, family member, or retiree, they do them for free.

The Legal Assistance Section of the post Staff Judge Advocate specializes in dealing with many of the legal problems which soldiers face. The office is located at building 223 on Halleck Street, and is open from 7:30 a.m. to 4:15 p.m. Monday through Friday. You can call to make an appointment at **561-4273.** The office also offers a walk-in legal advice clinic on Thursdays at 8 a.m. if you do not need a document prepared. In addition, the office can make other arrangements for soldiers with emergencies. Retirees can receive help on the weekends.

Legal Assistance offers legal advice for a variety of problems. You can create a will. You can get a power of attorney. Or, you may need advice on issues such as taxes, landlord/tenant problems, divorce and/or child support, consumer matters, real estate, automobile sales, or insurance. Legal Assistance can advise you in all of these areas. If Legal Assistance cannot help you they are able to refer you to an attorney who can.

Legal Assistance is not, however, like one stop shopping. Depending on the problem, you may be required to gather information before seeing the attorney. For example, no attorney can create a will without knowing what assets the client has. Thus, to create a will without knowing what assets the client has. Thus, to create a will, you will have to pick up and fill out a will worksheet before seeing the legal assistance attorney. Also, ethical concerns allow Legal Assistance to help only one spouse with a divorce. Finally, when you come to the Legal Assistance Office with a problem, you are guaranteed that your problem will remain confidential, unless you tell the attorney differently.

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Homefront

Prevent your family from getting burned

by Joel P. Smith
Star Presidian staff

Burns are the leading cause of accidental deaths among children, according to the Army Safety Center at Fort Rucker, Ala. On post, the Presidio Fire Department responds to about three fires in post housing areas each month.

Presidio Fire Inspector Fredrick J. Bartow said, "There's nothing wrong with the quarters, it's just that people have some bad habits."

Bartow said the habit of hanging pot holders over cooking ranges, for instance, is a common problem on the Presidio. The holders could fall onto the range and start a blaze. Also, Presidians are in the habit of leaving cooking fires unattended, he added.

"They start something cooking and then decide to visit the neighbors, or run to the store," Bartow explained.

A third fire safety problem common here is turning the smoke detector off. Although most smoke detectors on post are electric, several are battery operated. Many of these detectors begin to beep when the battery runs low; rather than replace the battery immediately, some Presidians simply shut it off, saying that they'll replace the battery later.

Bartow, who conducts fire safety inspections of one-third of the post's quarters every year, said he frequently finds smoke detectors disarmed.

"[People who turn off their smoke detector] are endangering their lives and the lives of their family members," Bartow said.

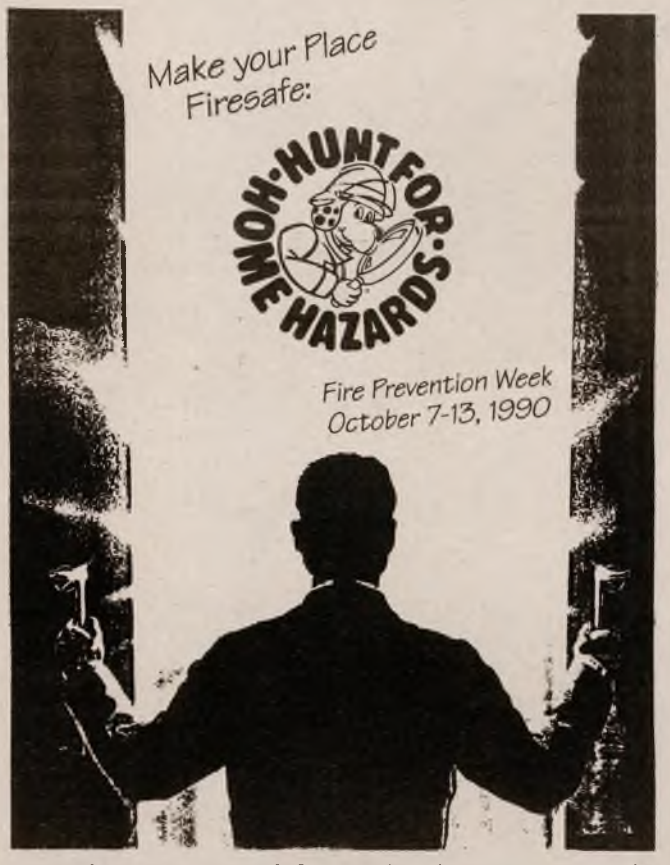
Each year in the U.S., about 1,300 children die from fire-related accidents, according to the Army Safety Center.

How can you keep your child—and for that matter, yourself—safe?

According to the center, you need to practice good fire prevention. "Most burn injuries occur in the home," according to the center. And "eighty-five percent of deaths in home fires occur in homes without operating smoke detectors."

The Army Safety Center suggests you take these actions to prevent burn injuries:

- Turn pot handles toward the back of the stove;
- Use care when heating baby food and bottles in the microwave. Liquids heated in microwaves can be very hot while the outside feels cool;
- Do not place hot liquids near the edge of a table or counter where children can reach;
- Don't store candy, cookies, matches or other items above the stove;
- Don't leave chairs where children can climb up on the stove;
- Smother grease fires with a lid. Never throw water on a grease fire;
- Don't leave stove burners on.



In the bathroom, don't leave a child alone in the bathtub or with another small child. Lower the temperature of the hot water heater to 110 degrees. It only takes a few seconds to scald a child.

Parents should adopt both a fire prevention and a fire escape plan. The Safety Center suggests that parents practice fire drills regularly, test the smoke alarm (you better have one!), and designate a meeting site if the family has to evacuate the house.

The center has developed a fire safety checklist to help parents ensure fire hazards don't exist in their home. If the answers to the following questions aren't all "yesses," you could be fanning the flames of a disaster.

- Are matches kept away from sources of heat and out of the reach of children?
- Are flammables stored in proper containers away from sources of heat and sparks?
- Do you have a working smoke detector and fire extinguisher?
- Do extension cords carry less than the maximum load rating labeled on the cord and the appliance?
- Has your chimney been cleaned and inspected within the last year?
- Is the kitchen stove and oven kept free of grease?
- Are portable gas and electric heaters turned off before bedtime?
- Are space heaters and other heating equipment kept away from bedding, curtains, and other combustibles?
- Are basements, furnace rooms, storage areas, and garages kept free of rubbish, combustible debris, and flammable materials?
- Has everyone in the family been warned never to use gasoline and other flammable liquids to start a fire in the fireplace or furnace?
- Are baby-sitters told what to do in the event of fire?

So that you can answer the last question in the affirmative, the Army safety experts offer this advice to baby sitters: Keep calm. Don't panic. Know the exits ahead of time and the locations of fire extinguishers. Get the children out of the house. Call the fire department or have someone do it while you stay with the children.

While escaping the fire, stay near the door, keep low, and take short breaths. If trapped, keep the door closed, stay near a window, don't jump except as a last resort.

Presidio
CRISIS LINE



Training Sessions
Sept. 6 5:30-9:30 pm
Sept. 8 9 am-6 pm
Sept. 10 5:30-9:30 pm

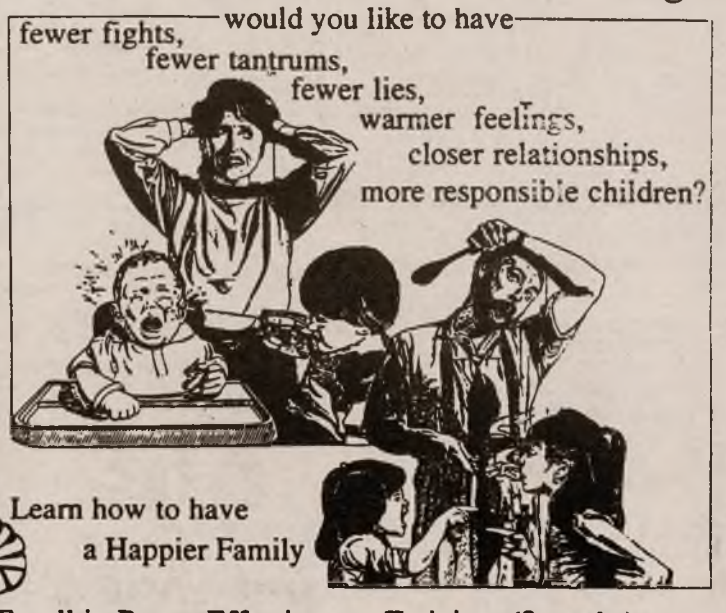
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- Learn more about parenting issues and family dynamics.

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DATE: Thursdays: September 6, 1990 to October 25, 1990
TIME: 6:30 P.M. to 9:00 P.M.
PLACE: Army Community Service, Building 103 B, PSF
The cost is free. Child care is available.
Call Priscilla Fleischer at ACS, 561-4513

FAP Family Advocacy Program

Good Neighbors

Drive safe school year begins

by Adrienne Sims
Star Presidian Staff

Only one accident involving children walking to school of to a school bus stop has occurred on the Presidio this year, according to the Provost Marshal Office NCOIC, Sgt. 1st Class Warren L. Brockenberry.

The Presidio Military Police are going to work even harder to prevent accidents this year. "When school starts, radar traps will be set up in the morning and afternoon at each intersection," Brockenberry said. Violators will appear in court and be fined. Normally the citations don't include a fine.

There are precautions parents and children can take so children can get to school safely. Parents first need to prepare their children and inform them of the safety precautions they need to take.

Parents should go over the safest route to school with their children before school starts. According to Brockenberry, the safest route isn't always the shortest. Children shouldn't go through alleys or wooded areas.

Reflective tape on your child's backpack or jacket will help the child be seen in bad weather.

Parents need to obey signs that say where to unload passengers especially during bad weather when drivers' visibility may be affected.

Children should wear bright colors, especially in the mornings and on cloudy days, Brockenberry said.

If you're in a foreign country, remember that some don't have laws that require drivers to stop when a school bus stops, according to an American Forces Information Services (AFIS) article.

Walking behind or to the side of a school bus is dangerous because the driver won't be able to see small children. Kindergartens and first graders are at the greatest risk of being injured by the school bus because of their size.

Where there are no sidewalks, walk facing traffic.

Kids should walk in groups so they can be seen more easily, said Brockenberry. Also a group of children is less likely to be harmed by strangers than a child walking alone. Brockenberry also suggest that children hold hands or walk with an adult or teenager when possible.

Another safety tip by the AFIS article is for children to only cross at intersections and not to dart from between parked cars.

Before crossing look both ways. Children need to obey traffic lights and signs, said the Provost Marshal Office NCOIC.

The safest route for bicycling will probably be different from the best walking route. Cyclists should try to avoid busy streets and use bike paths if available. They should ride in single file line going the same way as traffic, he added.

Motorists can also make it safer for children to get to school, according to Brokenberry. "They need to look for the children, slow down and be more cautious of traffic laws."

Parents don't need to worry too much. The Presidio is a safe place for children, according to Brockenberry. "Presidio is the safest place I've worked in my 17 years in the Army." "The citizens are more considerate and cautious—they really care."



Commissary Baby Derby

The Presidio Commissary First Annual Baby Derby will be held Sept. 15 at 9 a.m. The Baby Derby is open to all babies 6-12 months that crawl—no walkers. Registration for the Baby Derby is at the commissary I.D. check desk. Twenty-five babies will be drawn to participate. All participants will receive a gift pack—with grand prizes for the top five winners. Register now at the commissary. For more information call 561-4769.

CHAMPUS news for first-time users

by CHAMPUS Public Affairs Office

The deployment of active-duty military members to the Middle East means that some stateside military medical facilities could have staff shortages for a while.

Such shortages might in turn mean that some Presidio families will be seeking care from civilian sources—and perhaps using CHAMPUS for the first time.

CHAMPUS is the Civilian Health and Medical Program of the Uniformed Services. The program shares the cost of covered health care received by members of uniformed services families from civilian sources.

As a first-time CHAMPUS user, *before* filing a claim for cost-sharing of civilian medical care, be sure you're listed in the DEERS computer files as being eligible for CHAMPUS benefits. Your active-duty or retired military sponsor must submit your name, along with papers (marriage license, birth certificate, etc.) to support your status as an eligible family member, to the military personnel office of the nearest base.

Once your eligibility is established in the DEERS data banks, you can file CHAMPUS claims with the contract claims processor for your state or area. CHAMPUS will then share the cost of covered care you receive from civilian health care providers.

Before you seek health care under CHAMPUS, contact the Health Benefits Advisor (HBA) at your nearest military medical facility. The HBA is an employee—either military or civilian—of the facility, who can answer your questions about military health benefits in general, and who can guide you in the use of CHAMPUS.

The HBA can also help you decide how to get the best care available, at the least cost. He or she can provide claim forms, fact sheets, and specifics about what CHAMPUS covers, as well as about what care the local service hospital or clinic can provide.

The HBA can also tell you about an important piece of paper called a "nonavailablity statement (NAS). You need a NAS from the local military hospital if you live within that hospital's ZIP code service area, and if you want to seek *nonemergency inpatient care* from a civilian source.

The NAS goes with your claim to the CHAMPUS claims processor. It certifies that you tried to get the inpatient care from the military hospital and they couldn't provide the care. The hospital's HBA generally can issue the NAS.

Remember—if you get nonemergency inpatient care from a civilian hospital without getting the nonavailability statement from the local military hospital first, CHAMPUS will reject your claim.

For residents of California and Hawaii, the claims processor for CHAMPUS forms is Blue Cross of Washington-Alaska. Their phone number for California residents is **1-800-537-0296.**

On post, check with Letterman Army Medical Center's CHAMPUS office, to see if you qualify for a nonavailability statement.

Your HBA advisor at LAMC is Charlene McCray. Her office phone number is **561-4923.**

Merry Olde Souls



If I have to grow up. . . Three-year-old Ross Anderson is prepared just in case there is a need for his services in the armoured jousts at the Rennaissance Pleasure Faire.

Rennaissance Faire



Joust for fun — two knights seek to win the Queens favour on the field of honor.



Her Majesty, Queen Elizabeth i welcomes 20th-century time travelers to Shakespeare's England of 400 years past.

History comes alive

Story and photos by Duvel White
Star Presidian staff

Elizabethan England is only a half hour's drive from the Presidio.

For those not on the verge of mastering time travel, the easiest way to get there is to drive across the Golden Gate Bridge to Novato and the 24th Annual Renaissance Pleasure Faire.

"This is what it feels like to live in the English Renaissance on a grand scale," according to Phyllis Patterson, president of the Living History Centre.

"All the Faire's a stage, and even our modern-day visitors are players upon it," Patterson, borrowing from the bard, laughingly says. Thousands of performers — in costumes ranging from Robin Hoods to Puritans to the Queen's Court— join the public in parades, dances and street pageants. Aside from the street celebrations, there are craftspeople spinning wool, making glass, creating leather crafts. . . and the list goes on.

Standing at the Horse Tournament Pavilion Patterson points to a man in a t-shirt and shorts cheering with both hands upraised — one gripping a baseball cap and the other a tankard of ale.

"If only for a moment," Patterson points out, "that man is living in the 16th Century. If that's not time travel I don't know what is."

The faire is put on by the not-for-profit educational/cultural organization (Living History Centre) who's goal it is to bring to life the ancient traditions and celebrations during annual autumn celebrations.

By re-creating a 16th-century English country faire and trader's market the Faire is both a history lesson come alive and fun. Time travelers flock to Novato to join Her Royal Majesty, Queen Elizabeth I and her subjects for the fall harvest festival which is open weekends Labor Day through Oct. 7, 1590(1990).

For discount ticket information call ITT at **561-3992.** Tickets are also available at the gate. Prices are: Adults $14.50, Children (3-11 years old) $7.50, Children under 3 years old are admitted free.

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Sports

Sports Briefs

by Adrienne Sims
Star Presidian staff

Junior Bowlers

The Youth Services Junior Bowlers Winter League will begin Saturday at 9 a.m. at the Post Bowling Center. All junior bowlers should attend.

For more information, call Penny LeCroy at **563-0981.**

Tennis championship

The annual Presidio Tennis Tournament will be held Wednesday through 16. All matches will be scheduled after duty hours during the week, Saturdays and Sundays.

The tournament is open to: Active Duty military, their family members, Presidio civilian employees and retirees living within a 50 mile radius of the Presidio. The entry fee is $5 to cover the cost of awards.

Competition will be held in the following divisions: Open division, Senior division (40 years or older), Women's division, Men's doubles and Women's doubles.

Anyone wishing to enter, sign-up at Gym no. 1, building 63, during normal duty hours. For more information, call **561-5032** or **561-4131.**

Golf Tournament

The Sports Branch Golf Tournament scheduled for Sept. 26 has been cancelled.

The next Golf Tournament by the Sports Branch will be the annual Turkey Shoot Thursday, Nov. 15 at 8 a.m.

For more information, call the Sports Branch at **561-5032.**

Bowling leagues

Winter Bowling Leagues begin in September.

Bowling Leagues	Starting date and time
Hui O Hawaii	Sept. 21, 6 p.m.
DPCA	Sept. 24, 5:45 p.m.
Scratch Singles	Sept. 24, 8:30 p.m.
Handicap Singles	Sept. 26, 11:30 a.m.
Handicap Doubles	Sept. 28, 8:30 p.m.

For more information call the Sports Branch at **561-5032.**

Soccer coach needed

The Presidio Youth Sports is looking for volunteer head coach and assistant coaches for the under 8 team. The team is registered in the San Francisco Vikings Soccer Club League.

For more information, call Allen Posey at **561-5051.**

Exercise and diet

A plan for good health and fitness involves exercise and diet. A program that involves three balanced meals a day and aerobic exercise three days a week.

Exercise helps you manage stress, stay more alert, ease tension and control your diet. This will help you maintain your ideal weight. Exercise also builds muscle, improves flexibility and increases your cardiovascular endurance.

The best calorie burning exercises are running, swimming, bicycling, walking and aerobic dancing.

Just by using the stairs instead of taking the elevator or walking to the store instead of driving, you will increase your activity level which will start you on your way to fitness.

Once exercise becomes part of your lifestyle, the benefits to your well-being will become long term.



photo by Duvel White

All-Army forward Reginald Brown hammers home a rim rattling thunder dunk leading LEC to a 54-47 victory over LAMC in the first round of the Summer Intramural Basketball League Playoffs.

Summer basketball playoffs start

By Duvel White
Star Presidian staff

LEC waded through LAMC's defense like storks on a tidal flat. Using the long legs of forward Milton Clavon and point guard/power forward/center (All-Everything) Reginald Brown, the cops breezed to a 54-47 victory in the opening round of the Presidio Summer Basketball League Playoffs Tuesday night.

The twin towers opened the tournament by scoring 14 and 13 points respectively in a game that was never as close as the final score indicates. Although their record in the regular season was only 5-5, the top cops built a 24-point lead in the second half before coasting to an easy victory.

LAMC finished with a season mark of 8-2 but was handcuffed by the MPs in both teams' opening playoff game. Letterman's team was led by Wayne Roger's 13 points.

In the night's opening game, league champion LAIR decided not to show up and paid the price with a first round 61-58 loss to USAG. USAG was the last team to make the four-team playoff with a 4-6 record, while LAIR boasted a 9-1 season.

LAIR was missing several players for the opening round game and will now have to fight their way out of the losers bracket in the double elimination tourney. LAIR was lead by 16 points from Bobby Worley including a leaning 3-pointer at the buzzer to make it a 3-point loss.

Garrison offered a more balanced scoring attack with Sheldon Martin raining 3-pointers for 16 total points, while Anthony Allen chipped in 14.

Round two happened Wednesday night (results unavailable at press time) and the semi-finals are scheduled tonight at 5p.m. at Gym no. 1. Finals will be Monday at the same time and place.

Final league standings

First Place: LAIR 9-1
Second Place: LAMC 8-2
Third Place: LEC 5-5
Fourth Place: USAG 4-6
Fifth Place: 864th 2-7
Sixth Place: MEPCOM 1-8

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Community Calendar

by Adrienne Sims
Star Presidian staff

Save a Life

A free lifesaving skills of CPR training will be held Saturday at Candlestick Park at 8 a.m., 9 a.m. and 10 a.m. The first 4,000 participants will be given a free ticket for the Giant vs Astros game Saturday.

For more information, call the Recreation and Park Department at **476-6162.**

Scout registration

Registration for all levels of scouting for boys and girls will be held Thursday, Sept. 13 at the Scout Hut at 563 Rucer Road beginning at 7 p.m.

Anyone interested in being a scout or scout leader or for more information, call Debbie Long at **567-6240** or Bill Jones at **346-4960.**

RAC

The Catholic Religious Education Program will begin Sunday, Sept. 16 at 11:10 a.m. at the Religious Activities Center, building 682.

Teachers are still needed. Training is being offered for inexperienced teachers.

For more information, call Stephen Miller at **561-3535** or **561-4719.**

Officers' Club

The Presidio Officers' Club announces it's Membership Appreciation Night Friday.

This event will feature the finest in food, music and dancing for the Members of the Presidio Officers' Club.

Reservations are required and can be made by calling the Officers Club at **921-1612.**

Chapel picnic

The Chapel of Our Lady Congregation will hold it's annual Fall Quarter picnic Sunday at Hamilton Army Airfield with mass beginning at 11 a.m.

For more information, call the Post Chapel at **561-4239.**

Tree tour

The Tree Tour of Noe Valley and Dolores Street was not held July 28. The tour has been rescheduled for Sept. 29 at 10 a.m.

For more information, call Bonne Meike at **563-5000.**

Thrift Shop News

The Thrift Shop first Saturday opening and Flea Market has been changed to Saturday. The sale begins at 9 a.m.

A valid military ID card is needed to rent a vendor space. One space cost $5. There is additional charge for extra space. For more information, call Adeline Michel at **922-3384.**



photo by Duvel White

Wailin' Sax

Spec. Ed Davis delivers a fiery sax solo Wednesday during Jazz Night at the Golden Gate NCO Club. The club is offering free Jazz entertainment every Wednesday in September from 6:30 to 9 p.m. Anyone who enjoys playing or listening to jazz can sit in for scorching jazz with a view of the Golden Gate Bridge at the club.

Cub Scouts

The Presidio Cub Scout Pack 77 is now signing-up new scouts between grades first and fifth. The Cub Scouts offer boys the chance for adventure, hiking, camping, sports, arts and crafts, and the opportunity to earn awards and badges.

For an application or for more information, call Maj. Randy Epperson at **750-0643.**

Zoo Bikeabout

The San Francisco Zoo is offering a two hour guided bike tour Sunday 8 a.m. to 10 a.m. A snack will be served at the Zoo Terrace Cafe. Cost is $10 for non-members, $5 for members and free for children riding on children riding on a parent's bike. Tricycles are not permitted.

Your check reserves your space. For more information, call **753-8080.**

Fifties dance

A Fifties Homecoming Dance will be held at the Presidio Officers Club Sept. 14, with dinner from 5:30 to 9:30 p.m. and dancing from 8 p.m. to midnight.

There will be a dancing contest and prizes will awarded for the best fifties outfit. For more information, call the Officers' Club at **Z921-1612.**

Blood Drive

The Presidio Blood Drive will be held at the NCO/Enlisted Club today, Sept. 6 from 7:30 a.m. to 12:30 p.m. and Friday 7:30 a.m. to 2:30 p.m.

To make an appointment to donate blood or for more information, call Jeanne Mote at **561-4147.**

Parent Effective Training

Army Community Service is offering a Parent Effective Training course for eight weeks beginning today, Sept. 6 from 6:30 to 9 p.m. at ACS, building 103B. Advance enrollment is required.

The classes are free, and child care is available. For more information, call Priscilla Fleischer at **561-4513.**

Scout Leaders

The Presidio Cub Scout Pack needs adult volunteers for leadership positions. The Pack needs two den leaders and three assistant den leaders for second and third grade boys, and two Webelos leaders for the fourth grade boys. The scouts meet for an hour every week.

Training is available for volunteers. For more information, call Maj. Randy Epperson at **750-0643.**

Protestant Sunday School

The Protestant Sunday School will begin its Fall Quarter Sunday at 9:30 a.m. in the Religious Activities Center. Teachers are still needed.

For more information, call **561-3535** or **561-4719.**

School bus

All children in grades kindergarten through fifth grade who need transportation to public schools must sign up at TMP, building 639, as soon as possible.

TMP needs to set up routes and assign drivers. For more information, call Bobby Lyles at **561-2660** or **561-4807.**

ITT

The Information Tours and Travel is open to military members, their family members and Presidio civilian employees

ITT offers services to make it easy to plan a trip and get tickets for local events at reduced prices.

Caribbean Cruise

ITT is offering tickets for a Caribbean cruise for only $795. The cost includes air fare from San Francisco

The SeaBreeze, part of the Dolphin Cruise Line, offers two fabulous fall itineraries, one in the eastern Caribbean and other western Caribbean cruises. The eastern cruise visits the exotic ports of Nassau, Blue Lagoon Island, San Juan, St. John and St. Thomas. The western trip includes Grand Cayman, Montego Bay, Plaa del Carmen and Cozumel.

The eastern cruises are Oct. 7 and Nov. 25. The western cruises are Sunday, Sept. 9, Sept. 30 and Dec. 9.

There is an additional charge of $42 per person for port tax.

For more information, call Tim Hecock at **561-2314.**

Renaissance Faire

ITT is offering Renaissance Pleasure Faire tickets for all weekends through Oct. 7. Adult tickets are $11.50 each and children tickets are $6.50 each.

Disneyland

ITT is selling Disneyland tickets good every day but Saturday. The adult one-day ticket is $21.50 and the child one-day ticket is $17.50. The adult two-day ticket is $38 and the child two-day ticket is $30.75.

ITT is located in building 215. For more information, call Sandy Cornett at **561-3992.**

At the Movies

Presidio Theater

Fri., Sept. 7: Jetsons: The Movie (G) 7 p.m.
Sat., Sept. 8: The Adventures of Ford Fairlane (R) 7 p.m.
Sun., Sept. 9: The First Power (R) 7 p.m.
Mon., Sept. 10: Nuns On the Run (PG-13) 7 p.m.

Hamilton Theater

Fri., Sept. 7: Batman (R) 7 p.m.
Sat., Sept. 8: All Dogs Go To Heaven (G) 1 p.m.
Sat., Sept. 8: Tales From the Darkside (R) 7 p.m.
Sun., Sept. 9: Adventures In Babysitting (PG) 4 p.m.



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Postal system can handle mail to Saudi Arabia

by Army News Service and Star Presidian staff

Desert Shielders who await word from their loved ones in the States have some positive changes in policy governing their receipt of mail.

First off, officials from the Military Post Service Agency in Alexandria, VA., say that the commander of the U.S. Central Command has lifted the temporary 12-ounce restriction on first-class personal mail destined for APO/FPO addresses in Saudi Arabia.

According to a recent announcement, the military postal support system over there, plus the airlift capabilities of U.S. forces, now can handle the increased volumes of mail.

"All classes of mail up to the maximum weights allowed will be accepted and dispatched," the announcement said. But there are some limitations on content—imposed by "the normal customs restrictions as listed in postal regulations." Here are some examples of expressly prohibited items:

- Any items depicting nude or seminude persons (including pornography or sexually explicit literature).
- Unauthorized political materials.
- Pork and pork by-products.
- Alcoholic beverages.

Officials explain that for parcel-post shipments, the sender must fill out Form 2966-A (customs declaration).

In the case of items addressed to military retirees or contractors, this category of mail has to be limited to first-class packages weighing 12 ounces or less.

Officials also point out that the rumor mill has spawned some erroneous information about mail limitations. For example, it is "false information" that tobacco products and stamps showing the American flag are prohibited. "There are isolated cases of letters being returned on this erroneous information," the announcement said, adding that officials are correcting the matter as cases arise.

One other bit of good news from the military postal system: "The current average transit time for first-class mail to Saudi Arabia is about seven days."

Star Presidian

Vol. 33, No. 38 | "Published in the interest of the people of the Presidio of San Francisco" | September 13, 1990

News Briefs

by Adrienne Sims Star Presidian staff

Family assistance hotline

A new hotline has been set up to support Army families who have family members on possible alert to Saudi Arabia.

The hotline number is 1-800-732-7432.

POW/MIA ceremony

A POW/MIA and Constitution reaffirmation retreat ceremony will be held Sept. 21 at 4 p.m. at Pershing Square. The ceremony is in recognition of the POW/MIAs' sacrifices which are linked to the signing of the Constitution.

The ceremony will be held in the Post Theater in case of bad weather.

Presidio Museum

The Presidio Army Museum will not close as previously announced.

The Museum will continue normal operating hours until further notice. The Museum hours are Tuesday through Sunday 10 a.m. to 4 p.m.

For more information, call Francis L. McGrane at 561-3319 or 561-4115.

Fort Baker PX Closure

The Presidio Exchange has operated the Fort Baker Exchange for a number of years even though it has been a losing operation. It will close permanently Friday.

Gas appliance repair

Directorate of Engineering and Housing and Star Presidian staff

For routine and emergency services on gas appliances, Presidians can call directly to PG&E at **974-1555** for assistance.

However, for quarters where the residents don't have access to building's furnace room, call the Presidio Fire Department at **561-4220.** The Dispatcher on duty will arrange to have the Boiler Room key brought to the quarters in order to permit the PG&E gas technician gaining access to the boiler room.

There are security restrictions to certain non-residential including, 104, 105, 1648, 1224, 1201, 1750 and 34. The PG&E technician will need to arrange with the duty officer to enter the building. Any special requirements should be given by the caller to PG&E at the time the call is placed. For example, the PG&E technician might have to present himself at a certain door or call-in via an intercom.

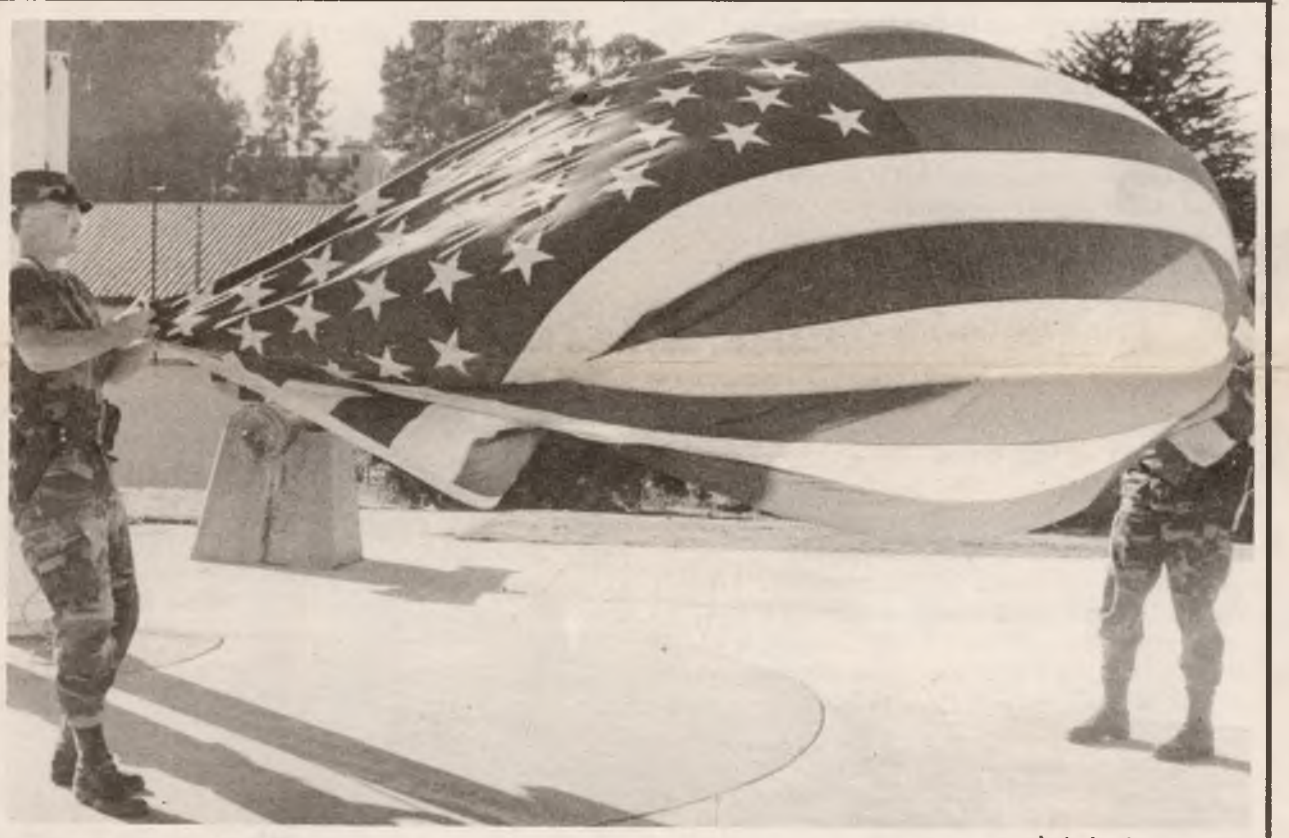


photo by Joel P. Smith

For sale

American flags that have flown over the Presidio are being sold. See story/photo page 7

Saudi Arabia: Do's and don'ts

by Drew Seaman Star Presidian staff

Just exactly what are the everyday conditions U.S. soldiers are facing in Saudi Arabia? Given the arid climate (summer temperatures often exceeding 120 degrees Fahrenheit), it's definitely not like being assigned to Hawaii, Spain or even Texas.

Most of Saudi Arabia is an open terrain with little plant life. It also has a culture with very distinct customs and laws of which American soldiers must be aware.

Middle East customs

Soldiers with no knowledge of Middle Eastern customs could be breaking many criminal laws by doling out insults, even unintentional ones. Putting down or insulting another person is a criminal offense that can land a soldier in jail, often times subjecting them to Saudi Arabian courts. Even speaking in a tone of voice to humiliate or taunt a person can have you imprisoned.

A more serious Saudi Arabian crime is showing a lack of reverence or respect toward the country's flag or officials.

One of America's favorite pastimes, alcohol consumption, is punishable under Islamic law. To the Muslim, the Islam religion permeates throughout every part of their life. Sipping a cold brew behind a tank can lead to a Muttawwa (a religious police force) taking you to a police station. The Muttawwa enforce Muslim rules including the dress code, prayer time, etc.

Rules to live by

If an Arab asks a soldier to go to lunch with him, the trooper is advised not to go "dutch". The Arab will consider himself as the host and he will expect to pay the bill. Hospitality is a proverb among Arabs, whatever their station in life. It is shown regardless of personnel cost and is expected to be returned.

see Saudi Arabia, page 3

Voices

Presidio View

by Lt. Gen. William H. Harrison



Fly a flag for the troops

Dear Presidians—

Another GREAT day to be in the Army and a part of the Army at the Presidio of San Francisco—A Very Special Place! Our troops continue to deploy to and within Saudi Arabia so let's keep doing our jobs to the best of our ability. That's the best support we can provide them.

On Saturday, Sept. 1 our great Sixth Army NCO Academy graduated 135 Primary Leadership Development Course (PLDC) soldiers. Congratulations to all the grads but especially to Sgt. Donald P. Doyle of the 1st Maneuver Training Command, the Honor Graduate. Our NCO Academy is one of the very best in the U.S. Army and CSM Clark and all his cadre are to be congratulated. They truly are a Hoo Ah! outfit.

On Labor Day, I departed for Fort Carson, Colorado to visit our soldiers who were mobilizing there. Things were going very well and I was proud of our Readiness Group Fort Douglas personnel.

On Wednesday, the 5th, our DCG, Major General Brady represented not only Sixth Army but the Army at the Connelly Awards in Las Vegas. Unfortunately we had no big winners but our folks who participated in the selections are to be congratulated—especially the 375th Engineer Company of Marina, Ca.

The folks in DCSPER had a great picnic at the Log Cabin on Thursday. Sorry I missed it but reports are a good time was had by all.

Friday the 7th was PARTY time at PSF. First, the NCO Club hosted Bosses night and I hear it was a great time. Seems Charlie Company, 864th Engineers really had a good time. And everyone's talking about Specialist Brenda Watson winning the GONG Show! Hoo Ah!

Over the weekend the Sixth Army Family Support Advisory Council met in Colorado Springs. Their primary purpose was to plan the Sixth Army Family Support Conference scheduled for next April. However, the Saudi deployment occupied much of their time. So far our efforts in the Family Support area are paying off and proving their worth.

The other party on post Friday was at the Officers' Club where over 700 turned out for Membership Night. The club did a super job and MG and Mrs. Brady greeted folks graciously. So, it truly was party night at PSF!

Last week's column had a very important paragraph left out at the printers. So—I'll quote it again—"Friday was promotion day for a lot of folks. Two special ones for me were my military steno—now Sgt. Timothy McLean and now Sgt. Carmen Steward, the wife of my Enlisted Aide and a legal clerk at the Post SJA Office. To all the promotees—congratulations and Hoo Ah!"

I continue to see more and more flags flying at PSF. What a great tribute to our GREAT soldiers deployed to Saudi (Arabia). So, I hope we'll continue to fly our flags for freedom!

God Bless you each and everyone.

William H. Harrison
Lieutenant General, USA
Commanding

"The spirit, the will to win, and the will to excel are the things that endure. These qualities are so much more important than the events that occur."
—Vince Lombardi



photo by Adrienne Sims

Donor

Sgt. Jeff Oates donates blood at the NCO/Enlisted Club during the Presidio Blood Drive Sept. 6

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by Drew Seaman
Star Presidian staff

News/Views

Ask Presidians:

"Your stand on the abortion issue?"



Natalie N. Manfredi, hand receipt manager, Letterman Army Medical Center: "I think no one has the right to tell a woman what to do with her body. It's her body, not theirs. No one has the right to say you can't have one. What about the woman who is raped and has to carry out her pregnancy? Will she take the resentment out on the child?



Debra L. Lackner, United States Navy spouse: "It depends on the circumstances. If women were raped, they should have a choice to get rid of it. If the girls' got pregnant out having fun and want to have it aborted; I'm against that."



Mike R. Miguel, Chief Petty Officer (retired), United States Navy: "I think women should have that right. It's their body. Minors should consult their parents though. They don't have enough maturity to make their own decisions."



Sgt. S.D. Buckner, (on medical hold pending military discharge: "It's an individual right. If two people are involved, like a husband or a boyfriend, is should be discussed. I won't say I believe in it but other people should have that right to make their own choices."



Spec. Monair J. Hamilton, urology technician, Letterman Army Medical Center: "I think women have the right to choice. It's their bodies. They know their own personal situations the best and what they have to do. The pro-lifers have a right to their own opinions, but it's a woman's body and her life."



Erteba J. Troiano, Army military spouse: "This is something between your mind and your heart. I wouldn't like to see women get an abortion beyond six months of pregnancy. That's definitely murder. But, from the time of conception and up to one month it's ok. Ultimately, it's an individual choice."

Free legal training for officers

by Army News Service and Star Presidian staff

The Office of the Judge Advocate General is accepting applications for the Army's Funded Legal Education Program.

Officers selected remain on active-duty while attending law school.

The program is open to officers in the ranks of second lieutenant through captain with two to six years of total service (officer and enlisted) at the time legal training begins.

The Army projects sending up to 15 active-duty commissioned officers to law school at government expense beginning in the fall of 1991.

Eligible officers interested in applying should immediately register for the fall offering of the Law School Admission Test. The original application must be sent through command channels, to include the officer's branch manager at the U.S. Total Army Personnel Command, and be received by Nov. 1 in the OTJAG (ATTN: DAJA-PT), Washington D.C. 20310-2206. Applications should be submitted well in advance of deadline, officials say.

Requirements for the application are detailed in Army Regulation 27-1. For more information, call the Garrison Staff Judge Advocate Office at **561-2588.**

Selective re-enlistment bonus changes

by Army News Service and Star Presidian staff

Selective re-enlistment bonus changes are in effect or coming for 50 military occupational specialties.

Last week, 16 Military Occupational Skills (MOS) were either added to the Selective Re-enlistment Bonus (SRB) or the SRB was increased.

Sept. 30, SRB's for 28 MOS's will either terminate or be reduced. SRB's for six MOS's will increase Sept. 30.

Army personnel officials say the SRB program will continue. However, as the force gets smaller, so will SRB's. They say that the coming reduction show "the Army's success in retaining quality soldiers in critical specialties—and [anticipate] fiscal year 91 budget constraints."

The fiscal year 91 budget for new bonus payments will be 40 percent less than fiscal year 90 levels.

For more information about bonuses, call Sgt. 1st Class Gerald J. Gallegos, Presidio Re-enlistment Office at **561-3108.**

Idea saves Army $200,000 annually

by Adrienne Sims
Star Presidian staff

Because of one Presidian's 'Idea" the Army is saving $200,000 a year.

Capt. Elmer Caves, from the Finance and Accounting office, came up with an idea that applies computer technology to reduce workload. Now key punch functions are replaced with a system that allows civilian pay clerks to type data directly into computers.

The Ideas for Excellence is the Presidio's Model Installation Program (MIP). This program gives Commanders the ability to improve their post by requesting waivers to regulations. The Presidio program was instituted in 1987 by Col. Joseph V. Rafferty.

According to Hall, the Presidio Ideas for Excellence Program was designed to make the Presidio an excellent place to live and work for soldiers and civilians.

Hall is the Presidio Ideas for Excellence Program management analyst.

"We are constantly looking for ways to enhance the image of the Presidio through beautification."

In June, 1987, all Army installations were directed to take part in the MIP.

One of the most important keys to the success of the Ideas program is that the Commander is the only person who can turn down an Idea, Hall says.

Hall encourages all Presidians to submit their Ideas for Excellence. Anyone who has an "Idea," can pick-up a form in the Ideas for Excellence Office in building 220, room 104. For more information, call **561-2125** or **1-800-561-IDEA.**

Saudi Arabia continued from page 1

As the young soldier chows down to eat the free meal (probably thankful to get a break from the plastic-wrapped MREs (Meals Ready to Eat) paid by his host he should keep in mind to use his right hand. Never offer your left hand to an Arab in a greeting. It's considered an insult. It's important to always use the right hand to eat, drink or when offering, passing or receiving anything.

Women in Muslim society

The position of women in Muslim society represents a significant difference from what it is in western countries. For centuries, the women of the Arabian Peninsula lived in almost total privacy and were seldom seen by males other than their husbands and close relatives.

Because of their long history of stringent restrictions on women, the Middle Eastern countries sometimes have a negative stereotyped impression of Western women. They are often viewed as loose or immoral. Female soldiers in Saudi Arabia can't wear shorts or run in public. If they want to shop on the military bases, they have to be escorted by a male. However the women soldiers are doing everything the men are doing: fortifying supply lines, working as paratroopers, intelligence specialists, etc.

Desert conditions

The Saudi Arabian desert region averages one to three inches of rainfall a year. Soldiers in the desert have to drink at least four to five gallons of the scarce liquid a day. That's seven times more than a person drinks in a moderate climate. They are told to drink more than they are thirsty for because thirst accounts for only 2/3 of the water a body needs. The golden rule for troops in the desert is "If your urine is dark yellow, you need water!". Mothers can also follow this rule with their babies to ensure they are getting enough fluids.

A lot of times when the news flashes images of our soldiers in the desert they are wearing their desert battle dress uniform (BDU) tops off or wearing their sleeves rolled up. These soldiers may think they're getting cooler but they're wrong. To prevent sunburn in the extreme heat it's important that sleeves be rolled down and their necks covered. Wearing sunsreen, protection factor 15, isn't a bad idea either. Most of the above information is covered in a pamphlet given to soldiers enroute to Saudi Arabia. Titled, "United States Central Command Troop Information Handbook", it can be a valuable asset to the soldier who wants to present a positive image of what an "American" is and a guide to staying safe and fit.



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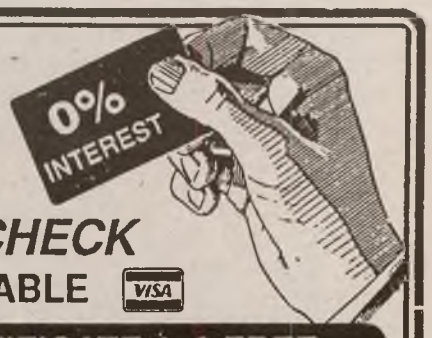
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A Look at the Past

Colonel Maggie of the Boondocks

by Sixth U.S. Army Public Affairs

Miss Martha Raye (better known among service men and women as Lt. Col. Martha Raye), whose professional biography lists proudly her armed forces activities and concludes with the statement: "Miss Raye . . . joins her beloved Green Berets and all service men and women whenever possible," has represented, for more than forty-eight yers, not only the very best in United States entertainment tradition, but the very best among supporters of the United States armed forces—particularly the United States Army and Army Special Forces units. She has publicly rallied to the cause of servicemen, veterans, prisoners of war, and those missing in action.

An autographed photo from General Westmoreland to Miss Raye in 1967 commented, simply: "The troops love you, and you love them. Many thanks."

Indeed, Miss Raye was, and is, loved by the troops. During the Vietnam conflict, she was affectionately called "Colonel Maggie of the Boondocks," and "The Meanest Mother in the Valley" by the soldiers, sailors, airman and marines whom she entertained and nursed, and with whom she voluntarily shared the dangers and risks of the remote outposts and fire bases during nine years in Vietnam. Even today, she still receives mail from her hundreds of Armed Forces friends and fans.

Her service has had a tremendous, lasting effect on the American men and women in uniform for nearly five decades. Her service—particularly her volunteer nursing during bloody battles in Vietnam—has profoundly influenced the very lives of many servicemen during times of war, and all those who serve, and have served, in the defense forces of our nation. All branches of the Department of Defense and our country have benefitted from her great humanitarianism and patriotism.

The Cincinnati Post in November 1965 quoted a news story with the dateline, Bac Lieu, South Vietnam, and the byline of Jim Lucas of Scripps-Howard Newspapers. The article, in part, says that Miss Martha Raye "is on her way to becoming the sweetheart of this war, as Mary Pickford did in World War I, and Marlene Dietrich did in the last big one. I don't know about Mary Pickford. Perhaps she won World War I. But I do know that Martha Raye pioneered the way for Marlene Dietrich in Europe in World War II."

The article also goes on to say, "For some inexplicable reason, Martha always seems to be behind the door when the medals and the kudos are handed out."

Despite her heroism and many contributions to the Armed Forces, and despite her having received two Purple Hearts because of injuries sustained in combat zones, Miss Raye had never received a high Department of the Army or Department of Defense award or medal until, in 1986, she was nominated, by the Sixth U.S. Army commander, for the highest Department of Defense civilian award.

Among a host of lesser "recognitions," three–a medal, a tribute and a citation—stand as good examples of the high respect accorded Miss Martha Raye over the years. These and other recognitions serve as a historical reminder of the selfless spirit, kindness, humanitarianism, and great heart of this most unusual American woman, patriot, friend, citizen, entertainer, and servant to mankind.

First, *A National Service Medal from the Freedom's Foundation at Valley Forge, to Martha Raye, 1967:* "For her unconcealed love of the United States of America and its armed forces; for her dauntless, mirthful spirit, and enthusiastic support of her gallant men in the honored uniform of our country, on the battlefield, on ships at sea and in hospitals; for her lighthearted entertainment, giving cheer to lonely patriots far from home, we salute this gallant lady who loves God and country so much. . . .



Miss Martha Raye.

she gives her talent unstintingly without concern for fatigue, health, or risks."

Second, *"A Tribute to our Lady, Colonel Maggie"* by Jim Blakesley, written during the Vietnam war:

"She came not with the Press Corps, but with a flack jacket and a steel pot. She did not bring a string of pretty girls to dance and flash skin. She brought the love of America to the men and women many miles from home. She did not come into the area in a C-141 with a big band, or a song and dance man. She came into the area in a gunship, with rock and roll machine guns. She came with a message from the silent majority to tell us we were loved by our country, and to forget the loud 'pinko' minority that walked the campus grounds or ran from our borders. She brought a heart full of love and left it with us. Yet, each time she lifted off our pad and headed for another, she had a heart full of love to give them. She left her mark in our hearts, and the price she paid will never be known. The love she shared can never be measured in her lifetime. She is the sweetheart of the American fighting man, a friend and a great American. She is Martha Raye, better known to us as Colonel Maggie, number one lady of America. God Bless you, Colonel Maggie."

And third, a Department of the Army Certificate of Appreciation, 9 November 1966: "Citation: The Certificate for Patriotic Civilian Service is presented to Miss Martha Raye for meritorious service from 18 to 19 October 1966. While Miss Raye was entertaining United States military personnel at Soc Trang, Republic of Vietnam, a great number of casualties was brought to the military hospital for emergency treatment. Realizing that the medical personnel were overburdened, Miss Raye volunteered her services. Throughout the evening and early morning hours, she labored tirelessly to help relieve the suffering. She donated blood, cleansed wounds, prepared patients for surgery, and applied dressings. In her well-known jovial manner, she also succeeded in raising and maintaining the morale of all during a period of extreme stress and anxiety. Miss Raye's unselfish, humanitarian actions were of immeasurable benefit to the health and welfare of the personnel involved, and reflect great credit upon herself and the entertainment profession."

These are but three recognitions that so appropriately highlight the contributions of Miss Martha Raye. The letters, stories, commendations, reports, tributes, narratives have continued for well over 48 years. . .

Miss Raye's long association with the men and women of the Armed Forces began in the early years of World War II. During the latter part of 1942, Miss Martha Raye, Miss Kaye Francis, Miss Mitzie Mayfair, and Miss Carol Landis were asked to go to England to put the USO and the English equivalent of the USO together for shows in North Africa. They went to England and entertained American and English troops there. They were subjected to the most difficult of conditions, and were regularly experiencing buzz-bombing attacks as England was pelted from the continent by the Germans.

During their stay there, the girls were asked to go to North Africa, right after the invasion of North Africa. Miss Raye said yes, as did the others, and the girls went. Three of the girls got sick, however, and left after one week in North Africa. Miss Raye was asked if she would stay on, and she said she would if they thought she could do some good. She stayed on alone. For three-and a half months—during the winter of 1943, before any USO show went over there—she was the only American performer ranging over North Africa and into Tunisia to entertain American troops. She entertained by herself, and, out there with the troops in the Sahara Desert, put her nursing abilities to use, too, as needed.

Meanwhile, the girls who quit, according to *The Cincinnati Post*, "came back to the United States, wrote a book about their adventures and sold it to the movies. They were the darlings of the public and picked up the applause."

Martha, on the other hand, who single-handedly, back in North Africa, fulfilled the obligations of the quartet, received no recognition. She did, however, contract Yellow Fever—a sickness that would remain with her for the rest of her life and would later result in other serious medical complications. The Army ultimately sent her home, her weight down to less than 100 pounds.

But she had been a tireless performer on the front lines, on the bases, and in the hospitals. England and North Africa were the beginning of her long years of association with the military—a 'lifetime stint' with, and commitment to, the Armed Forces of the United States.

During the time Miss Raye was performing and serving as a volunteer nurse in North Africa, she was adopted into the Army Nurse Corps, where she held the rank of Captain. She had had some previous experiences as a nurse, in 1936, at the time she signed her first contract with Paramount Pictures. She had always been a humanitarian and one who showed a real interest in, and concern for, her fellow human beings. While making films at Paramount, she had served simultaneously as a volunteer nurse at Cedars of Lebanon Hospital, working in the operating room several days a week. She had received no formal training in nursing, but learned through first-hand, on-the-job experience. Unknown to many, while staring in pictures at Paramount, she was also scrubbing floors at Cedars of Lebanon as a volunteer. A great-hearted lady with equally-great humility (even in those early days, just as she has today), she forbid the publicity department to use this information, thinking it would be regarded merely as a publicity stunt.

The Korean War came along in the '50s, and Miss Raye volunteered to go to Korea to entertain American soldiers, and to do whatever else might be necessary. However, she developed pernicious anemia—a result of the Yellow Fever she had contracted in North Africa during the 1950's, going to the hospital to receive periodic blood transfusions. She was, thus, unable to go to Korea.

End of Part One
Part Two continues next week.

Mideast Update

Field troops learn survival techniques

by Kristine Bacharach
Public Affairs Office
82nd Airborne Division
and Army News Service

For soldiers facing a real possibility of combat, desert survival training has graduated from "just another training exercise" to a matter of life and death.

As part of their orientation to the Mideast environment, soldiers here are going through rigorous classes to learn techniques that could save lives. A day's lessons range from hand-to-hand combat to learning how to communicate in Arabic.

"These 'tricks' are very basic, but these are the things that could keep you alive one more day," a special operations instructor tells his students.

Probably the first thing a soldier thinks of when struggling to survive in the desert is the body's need for large amounts of water. So, what do you do when you're out in the desert with no water to drink?



"There are water sources all over the desert; you just have to know where to look," says one instructor. Soldiers learn how to get water in the desert with just a few basic tools. Using a plastic bag, a rock and a canteen, soldiers and instructors gather about half of a canteen cup water in a couple of hours.

Soldiers also learn how to purify water by using gravel and sand, tincture of iodine, water purification tablets or through boiling.

Keeping cool in this desert heat is a basic but important issue. To slow down the dehydration process, instructors tell soldiers to "keep your sleeves down and your heads covered."

Beating the heat while sleeping or lying in a fighting position is one of the more popular subjects with the troops. By digging about 12-18 inches into the sand and using a poncho properly, soldiers can significantly lower temperatures.

Desert-combat survival training also includes preparing to treat specific types of casualties. An instructor gives soldiers a medical orientation covering various heat-related injuries Most soldiers have been drilled with the same medical advice many times, but with combat a real possibility, soldiers tend to pay closer attention.

"Given the immediacy of it's possible use, it's very important that we get a refresher," says Sgt. David Eller, rifle squad leader with 1st Battalion, 505th Parachute Infantry Regiment. "Whether training or in combat, your going to end up with casualties. . .we can never get enough of this type of training."

Comedian Jay Leno headlines USO efforts for deployed troops

by Army News Service

Popular comic Jay Leno has signed on for the first announced celebrity entertainment tour for U.S. troops in the Persian Gulf, United Services Organizations officials said Sept. 6.

Leno, best known as the permanent guest host of *The Tonight Show Starring Johnny Carson,* is slated to perform two shows during the Thanksgiving holiday for Operation Desert Shield participants.

Although the Leno shows represent the first confirmed USO celebrity tour for troops in the Middle East, USO officials say they are working on other tours which could begin as early as October.

"We're all seeing that the enemy the troops are fighting right now is boredom and loneliness. Jay Leno will fix that," said Kevin McCarthy, USO's executive producer. "If the troops are still there at Thanksgiving, this will be a welcome break."

USO officials say Leno is volunteering his time for the tour, which will be provided to the troops at no cost. Funding this and other tours is the USO's $2-million-plus Gulf Crisis Fund created by $500,000 gifts from American International Group, Anheuser-Busch, the Coca-Cola Company and AT&T. The fund is sustained by proceeds from the USO's 1-900 message line for the troops, by the USO Morning Show Network and by private contributions.

The USO's message line give callers the chance to send a message to troops in the Mideast by dialing **1-900-820-2USO.** Each call costs $3.

In addition, the USO Morning Show Network, co-founded by the USO and the Washington, D.C.-based WAVA radio station, will send personalized tapes to soldiers deployed for Desert Shield. The tapes contain messages, dedication and hometown news. The network comprises one station from each of the top 60 radio markets in the United States.

"We are incredibly excited to send someone of Jay Leno's caliber to represent Americans back home who deeply appreciate the sacrifices being made in the Persian Gulf," said Chapman Cox, World USO president.

Doctors, nurses needed for duty

by Army News Service
and Star Presidian staff

The Army Medical Department is looking for reserve and retired Army doctors and nurses to help staff stateside military hospitals while Operation Desert Shield continues.

According to a press release from the Army Office of the Surgeon General, qualified volunteers are needed to fill vacancies caused by the deployment of active duty doctors and nurses to the Middle East.

The press release says the Army will try to assign medical volunteers to the location of their choice, and adds that volunteer tours will range from 31 to 139 days. While they serve, volunteers will be paid military salaries based on their rank and longevity.

Interested doctors and nurses should call Maj. Anderson or Maj. DeSimone of the Surgeon General's office at 1-800-323-2729. Qualified volunteers will be asked their name, rank, speciality, choice of locations, length of time they wish to serve and date of availability.

New Army PT uniform a requirement Oct. 1

by Joel P. Smith
Star Presidian staff

Soldiers must possess the new physical training uniforms—one pair of gray cotton shorts and a gray T-shirt—by Oct. 1, according to the Department of the Army.

A second pair of shorts, second T-shirt, gray sweatshirt and gray running pants, must be individually owned by Oct. 1, 1991. According to DA, commanders may not require soldiers to own the complete outfit until the mandatory possession date.

Christopher Kriesler, manager of the Military Clothing Sales Store on post, said his store has enough of the new uniforms in stock to meet demand.

The store has only about 30 sets of the shorts and T-shirts on display, but possesses about 1500 sets, Kriesler said.

If, for some unexpected reason, demand should exceed supply, commanders may authorize the wear of personal uniforms until MCSS can stock the items.

Personal uniforms are any clothing ensemble that allows the soldier to train effectively and meets the approval of commanders. Battle Dress Uniforms (BDUs) are also authorized. Many soldiers on post currently do physical training in the BDU—with the exception that combat boots are replaced by athletic shoes.

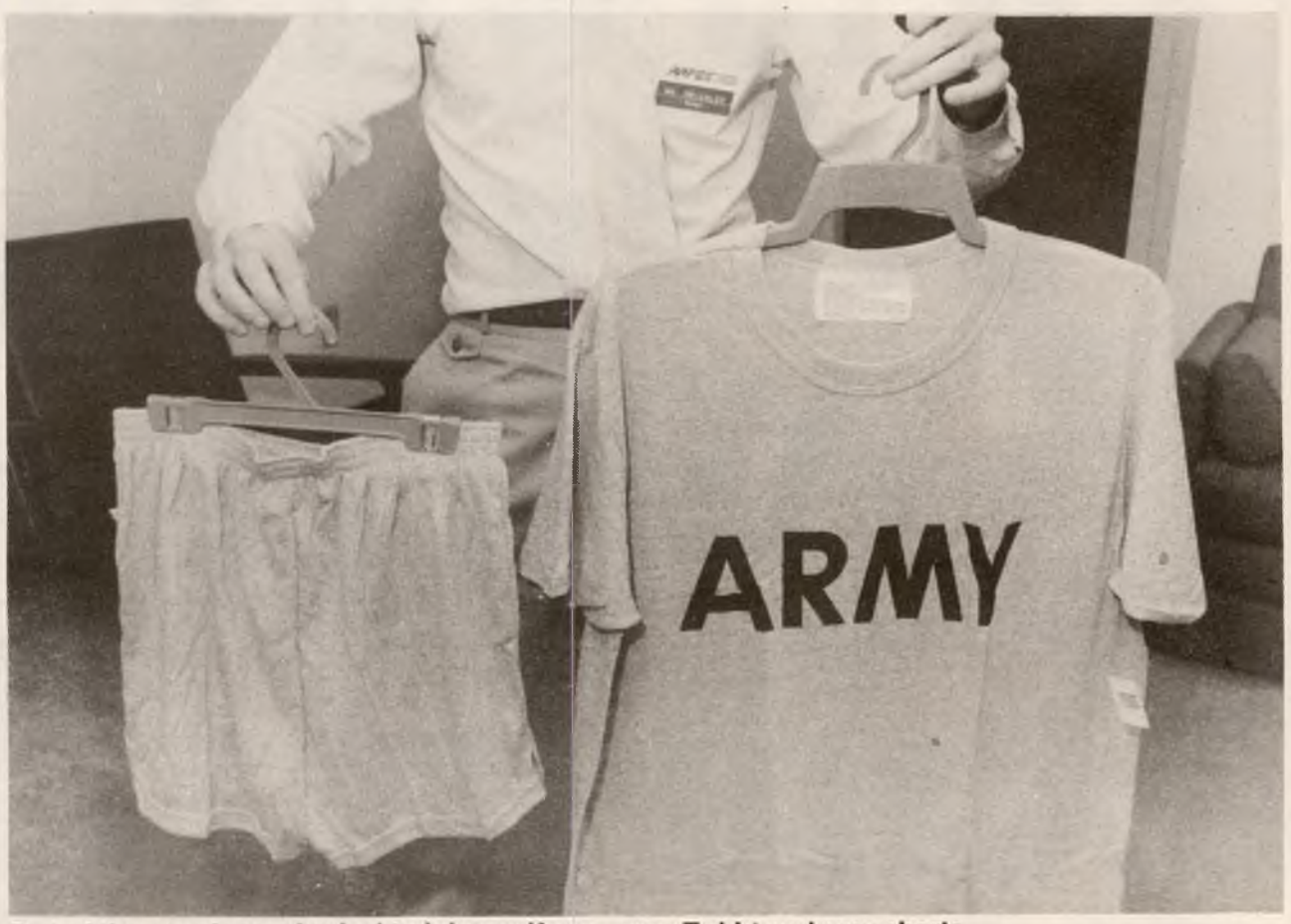
Recruits now attending basic training are being issued the complete uniform, Kriesler said. They are the only soldiers who receive the uniform as part of the initial clothing issue.

Reserve soldiers are not required to possess a T-shirt and shorts before Sept. 30, 1992. They must have the second pair of shorts, second T-shirt and both the sweatshirt and sweatpants by Sept. 30, 1993.

Kriesler said the new uniforms are more durable than the old gray uniforms stocked by the Army Air Force Exchange Service. Cost of the gray shorts currently is $6.05; T-shirt $5.05; sweatshirt $12.90 and sweatpants $20.60.

Prices will be increased Oct. 1, in a general price raise for AFES items. After that date, shorts will go to $6.50, and the T-shirt will cost $5.45.

The uniform has been available at the MCSS here since January, Kriesler said. About 20 sets are now being sold each day, Kriesler said. Demand for the uniforms is expected to increase as the Oct. 1 mandatory possession date approaches.



Part of the new Army physical training uniform—gray T-shirt and gray shorts.

"History has shown that many folks will wait until the deadline to have it," he explained. "That's not unique to military nature—that's part of human nature."

The uniform change is the result of a desire by DA to standardize all soldier's physical training uniforms.

The Presidio used to issue gold-colored sweatpants and sweatshirts supplied by the Defense Personnel Support Center, but recently has begun to move the AAFES-procured gray uniform.

"I believe the new uniform's a good idea," said 1st Sgt. Franklin D. Kennedy, Law Enforcement Company first sergeant. "A soldier needs a good PT outfit for hot and cold weather."

Kennedy added that "soldiers need to make a good appearance, especially in large formations."

If for some reason the supply of uniforms can't meet the demand, Kennedy said, soldiers won't be punished for not having the required items. "We won't force the soldier to have something he can't get."

Kriesler, however, doesn't anticipate any problems with meeting demand on post. "We expected a rush, so we're prepared for it," he said.

The MCSS here has a deferred payment plan for soldiers who don't wish to pay the full purchase price of items at the time of the sale. Terms of the agreement are a $50 minimum purchase, $300 maximum purchase, a $25 accompanied and $38 minimum monthly payments.

Presidio flags on sale for $30

by DPCA and Joel P. Smith
Star Presidian staff

American flags which have flown over the Presidio are on sale for $30 at five post locations.

The NCO Club, the Bowling Center, the Officers' Club, the Outdoor Recreation Office and Individual Tours and Travel all offer the flag.

The 4-feet wide and 6-feet long banners are trifolded and come with a certificate verifying that they have flown over the Presidio. Lt. Gen. William H. Harrison, commander of Sixth U.S. Army, signs each certificate.

Proceeds from the sales will benefit the Morale, Welfare and Recreation Fund of the Directorate of Personnel and Community Activities. MWR is a fund which supports the post's Arts and Crafts Center, the Auto Skills Center, Youth Activities and many post sports facilities.

"It's a worthwhile project," said Jim C. Porter, manager of the Auto Skills Center. "It benefits the auto shop and the auto shop is a benefit that has helped nearly everyone on this post."

Lt. Col. Roy M. Helsing, director of DPCA, said the flags are attractive to people because they have a historical value. "Many people have a special interest in the Presidio and would like to have a flag that's flown over the post before it's finally closed.

He said, in addition to their historic value, the flags strike another chord. "People like flags," Helsing explained. "They're patriotic."

The idea for the sale originated at DPCA, where Ivania Brown, a former secretary with the Directorate, submitted a flag proposal to the Ideas of Excellence Office.

Persons may buy as many flags as they like. DPCA recommends that if you wish to purchase a flag, you pick it up on post in order to save yourself mailing costs.

Flags may be paid for by check, cash or credit card. Checks should be made out to the Presidio MWR Fund.

For more information, call DPCA at 561-2028.



Presidio MPs fold a flag at Pershing Square Friday after retreat.

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Sports

Sports Briefs

by Adrienne Sims
Star Presidian staff

Post Gym closure

The basketball court and weight room will be closed Sept. 23 for West Point Academy testing from 8 a.m. to noon.

The basketball court and weight room also will be closed for Air Force Academy Testing Sept. 30 from 8 to 10:30 a.m. All other parts of the gym will be opened as usual.

For more information, call Gym no. 1 at 561-5032 or **561-4120.**

Golf Tournament

The Sports Branch Golf Tournament scheduled for Sept. 26 has been cancelled.

The next Golf Tournament by the Sports Branch will be the annual Turkey Shoot Nov. 15 at 8 a.m.

For more information, call the Sports Branch at **561-5032.**

Bowling Leagues

Winter Bowling Leagues are forming this month:

Bowling Leagues	Starting date and time
Hui O Hawaii	Sept. 21, 6 p.m.
DPCA	Sept. 24, 5:45 p.m.
Scratch Singles	Sept. 24, 8:30 p.m.
Handicap Singles	Sept. 26, 11:30 a.m.
Handicap Doubles	Sept. 28, 8:30 p.m.

For more information call the Sports Branch at **561-5032.**

Octoberfest Volksmarch

There will be a 10 kilometer (6.2 miles) volksmarch Oct. 20. The volksmarch starts and finishes at the Presidio NCO/Enlisted Club. The starting time is 10 a.m. to 1:30 p.m. with all participants finishing by 4 p.m. After the volksmarch the NCO/Enlisted Club will serve beverages and German wurst and a German "Ompaah" band will provide entertainment.

For more information, call Sgt. Maj. Michael Conrad at **561-5613.**

Soccer coach needed

Presidio Youth Sports is looking for volunteer head coach and assistant coaches for the under 8 team. The team is registered in the San Francisco Vikings Soccer Club League.

For more information, call Allen Posey at **561-5051.**

Exercise and diet

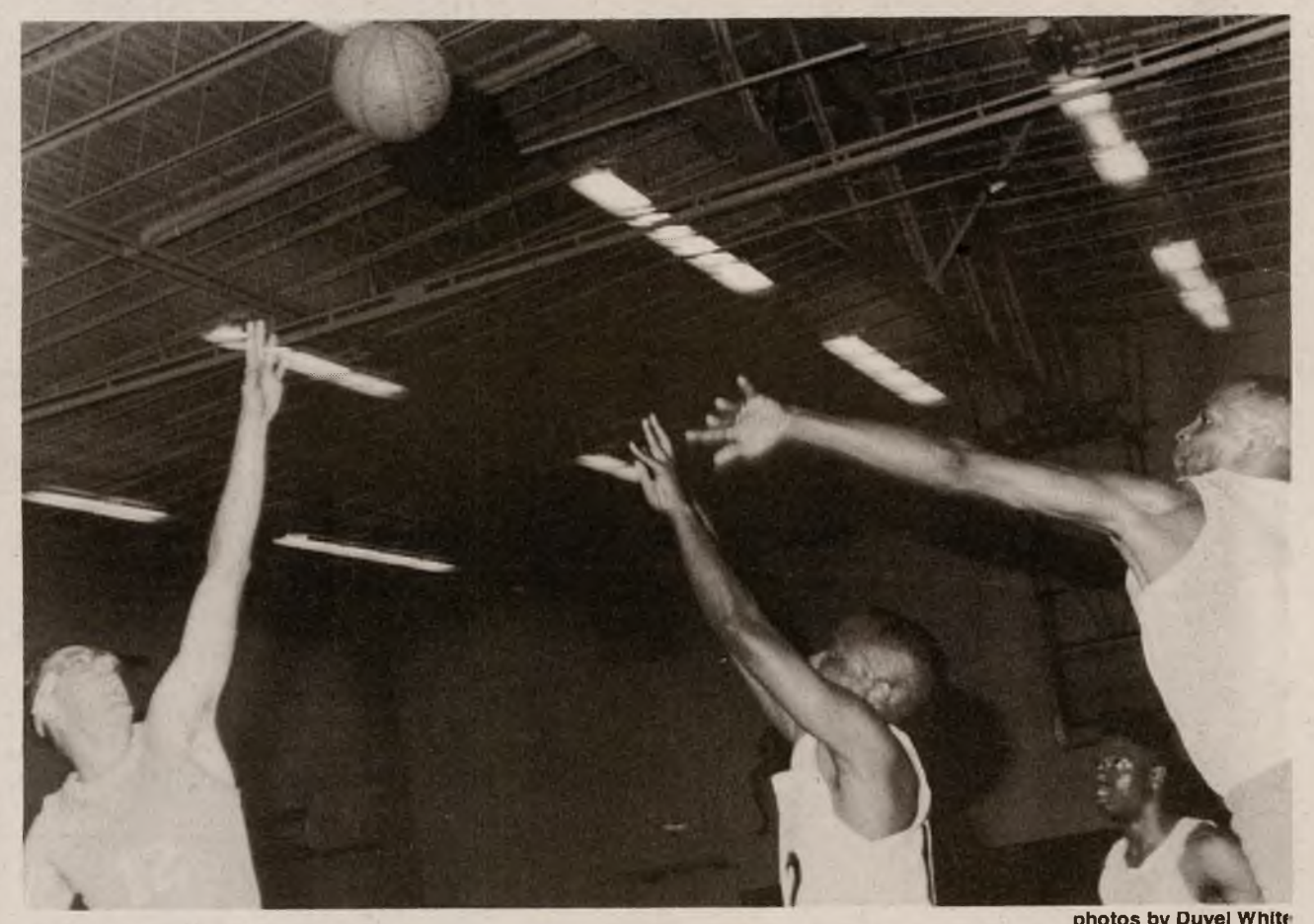
A plan for good health and fitness involves exercise and diet. A program that involves three balanced meals a day and aerobic exercise three days a week.

Exercise helps you manage stress, stay more alert, ease tension and control your diet. This will help you maintain your ideal weight. Exercise also builds muscle, improves flexibility and increases your cardiovascular endurance.

The best calorie burning exercises are running, swimming, bicycling, walking and aerobic dancing.

Just by using the stairs instead of taking the elevator or walking to the store instead of driving, you will increase your activity level which will start you on your way to fitness.

Once exercise becomes part of your lifestyle, the benefits to vour well-being will become long term.



photos by Duvel White

Defense! USAG players Wes Oberling and Tim McLean doubleteam a LAIR player during earlier tourney action.

Cops crowned champs

by Duvel White
Star Presidian staff

Law Enforcement Company (LEC) battled its way back from the losers bracket and defeated U.S. Army Garrison (USAG) twice to win the Presidio Summer League Basketball Championship Tuesday night 49-46.

Tuesday's game was a battle of the bruised after Monday night's overtime thriller that, at times, resembled wrestling's "Summer Slam." LEC eventually won the technical foul festival (seven officially) 81-76 and forced a rematch with the title on the line.

Going into the game it appeared the cops had won the battle but would lose the war. The loss of All-Army player Reginald Brown to a one game suspension for fighting appeared a large hurdle. USAG also lost forward Tim McLean for his part in the failure to maintain order on the court.

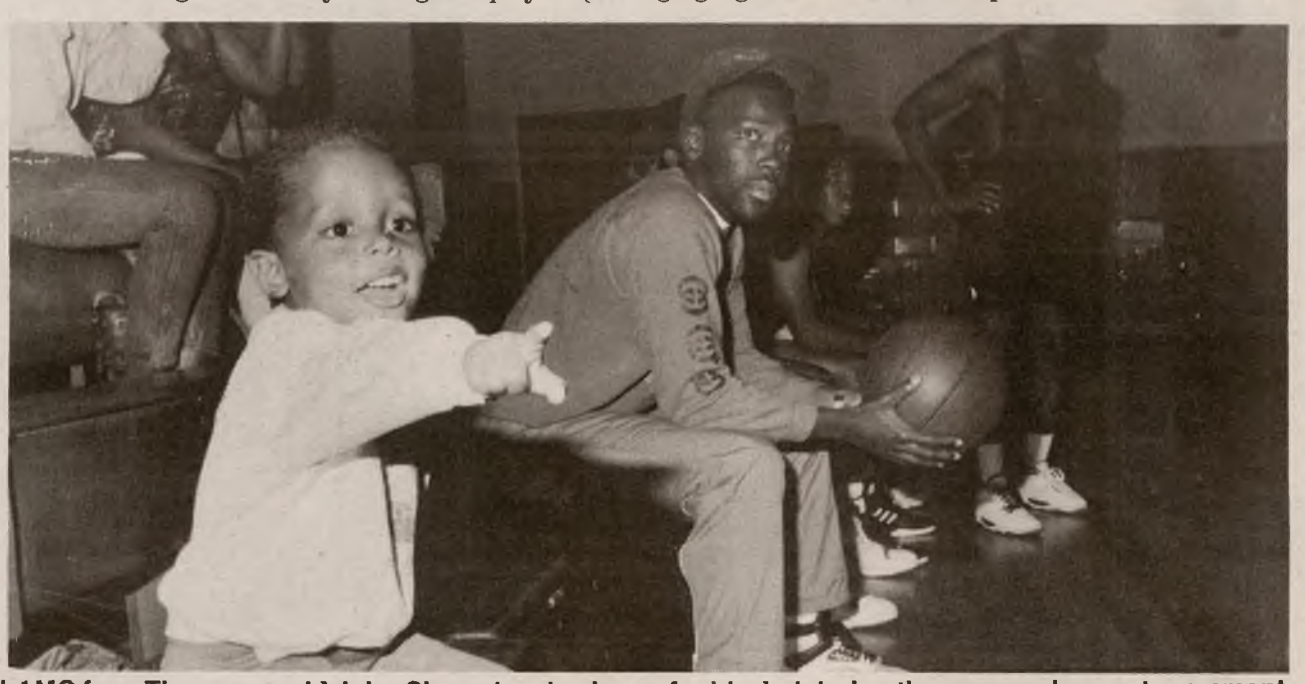
The "final" final was a low scoring affair with USAG stalling due to only having five players (a sixth showed up at the half). At the half-time break the score stood at 27-27.

Garrison led in the final minutes but was unable to hold on at the MPs pulled away for the victory. One of the recent additions to the police twin towers of police power, Milton Clavon, let LEC with 20 points. While Anthony Allen led USAG with 17.

In earlier tourney action the regular season champions LAIR (9-1) was sent home early with back-to-back losses one at the hands of USAG 61-58 and a whipping administered by LAMC 80-38. LAMC (regular season 8-2) was eliminated by LEC by a score of 58-52.

The early games left undefeated USAG sitting atop the winner's bracket and revenge minded LEC coming out of the loser's side.

LEC was still smarting from a 60-54 cuffing the Garrison team gave them earlier in the tourney and came roaring back and winning the post bragging rights for summer hoops.



LAMC fan—Three-year-old John Champion Jr. cheers for his dad during the summer league tournament.

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AAFES CONCESSION

Community Calendar

by Adrienne Sims
Star Presidian staff

Support Group

The second support group meeting for family members and friends of soldiers who may deploy to Saudi Arabia will meet tomorrow at noon in the conference room of building 103B.

For more information, call Nancy Niederhauser at **561-5155.**

Hispanic festival

The Presidio Hispanic Cultural Festival will be held Sept. 28 at the Log Cabin from 11:30 a.m. to 1:30 p.m. The festival is open to everyone.

For more information, call Yvette Jaks at **561-4791** or Eleanor Castorena at **561-3595.**

Child center

The Presidio Child Development Center will begin accepting Master Card and Visa credit cards for payment of child care fees Monday.

Beginning Oct. 1 child care fees will be paid monthly except in unusual circumstances. There will be no leave credit, and a 20 percent discount for the second child will be offered.

You can pick up the new fee schedule at the Center. For more information, call the Center at **561-3588.**

Child center closure

The Presidio Child Development Center will be closed Sept. 24 through 26 for training. This training is to increase child care quality.

For more information, call the Center at **561-3588.**

User's group

The monthly meeting of the Presidio Macintosh User's Group will be held Sept. 28 from 6 to 8 p.m. in building 667.

The meeting is open to everyone. For more information, call Mark Gumbiner at **561-2528.**

Tree tour

The Tree Tour of Noe Valley and Dolores Street was not held July 28. The tour has been rescheduled for Sept. 29 at 10 a.m.

For more information, call Bonne Meike at **563-5000.**

Fifties dance

A Fifties Homecoming Dance will be held at the Presidio Officers Club Friday, with dinner from 5:30 to 9:30 p.m. and dancing from 8 p.m. to midnight.

There will be dancing contest and prizes will be awarded for the best fifties outfit. For more information, call the Officers Club at **921-1612.**



photo by Joel P. Smith

Appreciation Night

Guests of the Presidio Officers' Club load up during "Member Appreciation Night" at the club Friday evening. Guests were treated to a buffet dinner at the club, which depends on patron support for its existence.

Cub Scout Leaders

The Presidio Cub Scout Pack needs adult volunteers for leadership positions. The Pack needs two den leaders and three assistant den leaders for second and third grade boys, and two Webelos leaders for the for the fourth grade boys. The scouts meet for an hour every week.

Training is available for volunteers. For more information, call Maj. Randy Epperson at **750-0643.**

Poetry contest

The deadline for the American Poetry Association's contest is Sept. 30. The contest, which is free, is open to everyone. The Grand Prize is $1,000. There are 152 prizes.

Poets should send one original poem, no more than 20 lines, name and address on the top of the page, to American Poetry Association, Dept. CO-87, 250-A Potrero Street, P.O. Box 1803, Santa Cruz, CA 95061.

Entries must be post marked Sept. 30. A new contest starts Oct. 1.

For more information, call Jennifer Manes at **(408) 429-1122.**

Exploratorium news

The Exploratorium, which is wheelchair accessible, is located in the Palace of Fine Arts in San Francisco's Marina district.

Admission is $6 for adults, $3 for seniors, $2 for 6 to 17 year olds and free to children under 6 and members. Admission includes a six month membership.

For more information, call Linda Dackman at **563-7337.**

Scout registration

Scout Registration for all levels of scouting for boys and girls will be held today, Sept. 13 at the Scout Hut 563 Rucer Road beginning at 7 p.m.

For more information about becoming a scout or scout leader, call Debbie Long at 567-6240 or Bill Jones at **346-4960.**

RAC

The Catholic Religious Education Program will begin Sunday at 11:10 a.m. at the Religious Activities Center, building 682.

Teachers are needed. Training is being offered for inexperienced teachers.

For more information, call Stephen Miller at **561-3535** or **561-4719.**

Job faire

A free Job Faire will be held Tuesday from 10 a.m. to 2 p.m. and 4 p.m. to 7 p.m. at the San Mateo County Fairgrounds, 2495 South Delaware. More than 90 Bay Area Employers will be recruiting. The job faire is sponsored by the Community Career Education Center

For more information, call Ron Visconti at **345-0753.**

Manage anger

Army Community Service is offering a Managing Anger (without being a wimp) class Sept. 25 from 6 to 8 p.m. at ACS, building 103B. Advance enrollment is required.

For more information, call Nancy Niederhauser at **561-5155.**

Spanish class

Spanish conversation class for seniors is offered at the Golden Gate Park Senior Center Mondays from 9:30 to 11:15 a.m. The Golden Gate Park Senior Center is open to residents, 60 years and older. It is located at 6101 Fulton Street, 37th Avenue.

Membership cost $10 per year. Nonmembers pay 50 cents per day to join in activities.

For more information, call the Recreation and Park Department at **666-7015.**

ITT

The Information Tours and Travel is open to military members, their family members and Presidio civilian employees

Caribbean Cruise

Information, Tour and Travel is offering tickets for a Caribbean Cruise for only $795. The cost includes air fare from San Francisco.

The SeaBreeze, part of the Dolphin Cruise Line, offers two fall itineraries, one in the eastern Caribbean and other western Caribbean Cruises. The eastern Caribbean visits the exotic ports of Nassau, Blue Lagoon Island, San Juan, St. John and St. Thomas. The western trip includes Grand Cayman, Montego Bay, Plaza del Carmen and Cozumel.

The eastern cruises are Oct. 7 and Nov. 25. The western cruises are Sept. 30 and Dec. 9.

There is an additional charge of $42 per person for port tax.

Mexican Riviera Cruise

ITT also is offering a seven-day cruise of the Mexican Riviera for $625 per person aboard the Jubilee. The cruise is being offered Dec. 2 and 9; Jan. 6, 13, 20 and 27; Feb. 3, 10, 17, and 24; and March 3, 10, and 17, 1991.

The journey begins in Los Angeles.

For more information, call Tim Hecock at **561-2314.**

Renaissance Faire

ITT is offering Renaissance Pleasure Faire tickets all weekends through Oct. 7. Adult tickets are $11.50 each and children tickets are $6.50 each.

ITT is located in building 215. For more information, call Sandy Cornett at **561-3992.**

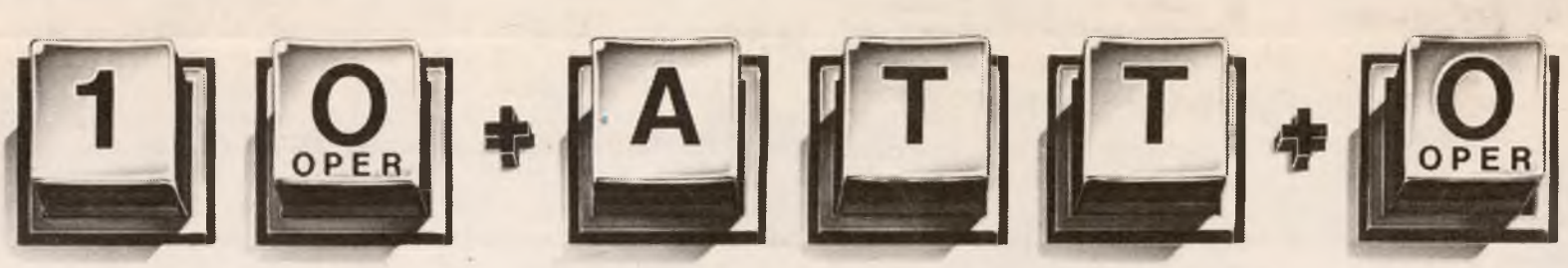
At the Movies

Presidio Theater
Fri. Sept. 14: Quick Change (R) 7 p.m.
Sat. Sept. 15: Navy SEALS (R) 7 p.m.
Sun. Sept. 16: Navy SEALS (R) 7 p.m.
Mon. Sept. 17: Back to the Future (PG) 7 p.m.

Hamilton Theater
Fri, Sept. 14: Bird On A Wire (R) 7 p.m.
Sat. Sept. 15: Steel Magnolias (PG-13) 1 p.m.
Sat. Sept. 15: Bird On A Wire (R) 7 p.m.
Sun. Sept. 16: Love At Large (PG-13) 4 p.m.



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Furlough news

by Erica Haspiel-Szlosek
Star Presidian staff

With the exception of Department of Defense, nearly all the nation's 2.4 million federal workers have received furlough notices.

The Presidio Civilian Personnel Director has recently talked with both FORSCOM Headquarters and the DoD Western Zone Coordinator for Stability of Civilian Employment Program. The message for DoD employees remains the same as earlier published. Defense Logistics Agency personnel are the only large group of DoD employees receiving furlough notices. The Army, Navy, Air Force and Marines are not currently considering furlough due to the recent Middle East crisis.

Although budget negotiations between Congress and the White House come to a stall each fall, this year the scare is more real. Under the Gramm-Rudmann-Hollings deficit-reduction law, next year's deficit must be cut down to $64 billion (an estimated $100 billion reduction). Without amendments, this will mean a 32.4 percent reduction in agency budgets.

The Bush administration has ordered every department and agency to come up with contingency plans to meet the reduced fiscal 1991 budget. In turn, the Office of Personnel Management has directed that personnel directors include furloughs in their budget reduction plans. OPM has recommended furloughs of 22 days. This is the longest furlough allowed without government assistance and does not represent an actual computation of the money needed to solve the budget crunch. Some workers—especially in the Agriculture Department—have been told to expect furloughs of 90 to 180 days.

Agencies must give employees 30 days notice before placing an employee on furlough. Employees then have seven days to respond. According to OPM, the federal government has the right to implement furloughs but agencies are required to bargain over the way furloughs take effect.

What to do if you're furloughed:

Unemployment may or may not pay you if you are furloughed—it varies by state. In California, you are eligible for unemployment compensation after your first week in a non-pay status. The Civilian Person-

See Furlough, page 3

Star Presidian

Vol. 33, No. 39 | "Published in the interest of the people of the Presidio of San Francisco" | September 20, 1990

News Briefs

by Drew Seaman
Star Presidian staff

POW/MIA ceremony

A POW/MIA and Constitution reaffirmation retreat ceremony will be held Friday at 4 p.m. at Pershing Square. The ceremony is in recognition of the POW/MIAs' sacrifices which are linked to the signing of the Constitution.

The guest speaker will be R. Marshall Steelman. The former Army ROMG (radio operator, machinist, gunner) on a B-17 plane was a German POW during World War II.

The ceremony will be held in the Post Theater in case of bad weather.

Electronic fund transfers

As of Oct. 1, 1990, Direct Deposit/Electronic Funds Transfer (DD/EFT) will be mandatory for all Army personnel retiring.

Waivers will be granted only to those retiress who can prove that enrolling in DD/EFT would create an extreme financial hardship on them. Retirees must provide specific reasons/justifications as to why they are requesting the waiver. Requests for financial hardship waivers must be signed by the retirees and submitted in writing to:

Retired Pay Operations
ATTN: Special Inquiries Branch
Indianapolis, IN 46249-0001

If a retiree refuses to enroll in DD/EFT their retired pay MAY be suspended until the matter is resolved. POC for further info is the Retirement Services Office at **561-2721/3183.**

New Parks Commander

Maj. Stephen E. Cooke replaced Lt. Col. Richard R. Spiedel as the new commander of Parks Reserves Forces Training Area.

Vehicle registration

Army regulations require anyone who lives or works on the Presidio (or often uses the post's facilities) to register his or her vehicle at the military police station (building 36).

To register, you will need to bring the following current, valid and permanent items: car registration, proof of insurance, drivers license and an identification card. The vehicle registration is located on the left hand side of the front porch. It is open Monday through Friday from 8:30 a.m. to 4:30 p.m. For information call **561-3811.**

Happy 214th Birthday, Presidio!



U.S. Army photograph

"Guardian of the Golden Gate" is what the Presidio of San Francisco has been known as since it was founded on Sept. 17, 1776 by the Spanish. Three flags (Spanish, Mexican and U.S.) have flown over the historic post. This photo shows the Presidio as it looked in 1898.

Friday is POW/MIA Day

by Evelyn D. Harris
American Forces Information Service
and Star Presidian staff

National POW/MIA Recognition Day, Friday, Sept. 21, honors America's returned prisoners of war and rekindles the resolve to account for U.S. servicemen still missing. (For Presidio ceremony information, see Newsbrief above).

The first recognition day was held in 1980, sponsored by the National League of Families of Prisoners of War and Missing in Action. Spouses of prisoners of war being held in Vietnam founded the organization in 1970. National POW/MIA Recognition Day is the third Friday in September.

Last September, 2,344 Americans were listed as prisoners or missing in Southeast Asia. As of July 20, 1990, the number was 2,300.

"The important point to remember is that the U.S. government is committed to the fullest possible accounting of prisoners of war and those missing in action. We are making progress. It is slow and frustrating, but it is progress," said Navy Lt. Cmdr. Edward Lundquist, a DoD spokesman.

Since 1974, about 400 sets of remains have been returned from Vietnam. Of these, the U.S. government has identified only 245 as American. Of the remainder, most have been Asian, although the government is still analyzing some.

The Vietnamese government increased its cooperation in returning remains following the August 1987 mission of retired Army Gen. John W. Vessey as a special presidential emissary. Since then, the Vietnamese have repatriated 240 remains, of which 100 have resulted in accounting for Americans.

Recently, the remains of three Americans have been identified. In June 1990, the remains of Navy Lt. Cmdr. Larry Van Renselaar of Las

see POW/MIA, page 3

Voices

Presidio View

by Lt. Gen. William H. Harrison



Fly a flag for freedom

Dear Presidians—

Well, another busy, exciting week at Presidio of San Francisco —A Very Special Place! It remains a GREAT day to be in, or associated with, the U.S. Army. Our troops in Saudi Arabia continue to build their strength. More of our TOTAL ARMY troops continue to join them—the 206th Transportation Detachment of the Oregon National Guard being the latest. Once again—you and I must continue to do our tasks daily to the very best of our ability in support of all our combat, combat support and combat service support soldiers deployed over there.

On Tuesday, the 11th, Brigadier General Lash, the Chief of Staff of Sixth U.S. Army presided at our latest Soldier and NCO of the Month Ceremony. Sgt. Doug Smith and Pvt2 Glenn McNeill both of Law Enforcement Company were the honorees. Both these young soldiers have amassed very enviable records during their Army careers. I know you all join me in a rousing Hoo Ah! to these two great soldiers. And a sincere thank you once again to all our support agencies who help make these awards so meaningful.

This was really a week for awards—three as a matter of fact. First a Meritorious Service Medal to Sgt. 1st Class Fred Kaseman from Sixth U.S. Army DCSPER who departs us for retirement after 24 honorable years of service to our nation. Second, to Lt. Col. Bujakowski, our deputy DCSOPS. It was an honor to pin him with a Legion of Merit after 28 years of honorable service. Tom also departs for a well deserved retirement and we all wish these two great soldiers a happy healthy and prosperous retirement. Finally many friends joined me in saying farewell to Staff Sgt. Steven Daley, our NCOIC of Funston House. Staff Sergeant Daley departs us for duty with the 2nd ACR in Germany. He received an Army Commendation Medal and all our good wishes for a great tour in Germany.

On Thursday, I paid an unannounced visit to our Youth Activities Center. Ms. Christie Nelson showed me around and explained our LATCHKEY program. Our DPCA family is working hard to ameliorate all the problems we have with this program. I was heartened to find training going on when I arrived for three of our care-givers, Juan Telamantes, Sherry Brooks and Kim Wright.

Following this I visited our Recycling Point. Mr. John Grady the supervisor showed me around and explained our new contract to me. The DPCA will soon bring to us several challenges—read OPPORTUNITIES—for the PSF Community to participate more freely in the PSF Recycle program. I hope when these opportunities are presented you will all join in and be a part.It will make us money that we can use right here at PSF to make it a better place to live, to work, to play and to train.

Finally, I visited our hard working and very professional Print Plant. Mr. Clayton Chong and Mr. Garry Smith showed me around and introduced me to several of our Print Plant employees. For all their great support—a very loud Hoo Ah!

On Friday PSF and Sixth Army hosted the 1990-91 German Federal Armed Forces Command & General Staff College. They received a series of briefings, took a tour of post and had a free weekend in San Francisco. It was our honor to brief them about training our great TOTAL ARMY team.

This was also a week of welcomes. First our new Post SJA, Lt. Col. Price and then our new commander at Camp Parks, Maj. Cooke. To each of you—Welcome to the PSF family. We hope your tour here is Hoo Ah! all the way.

Friday I had a special treat courtesy of 1st Lt. Loomis of the 49th MP Brigade, California National Guard. Lieutenant Loomis took my aide, my driver and me to Angel Island via his boat. Once there the four of us ran the perimeter road on the island.

It was a beautiful experience and any of you who like to run in beautiful surroundings, I recommended it. There are ferries from Pier 39 in San Francisco and from Tiburon. It would also be great for hiking, picnicing or just walking. It's an 8K/5-mile route, rather flat and every turn presents you another beautiful and different view of the Bay Area. Try it sometime—it's a GREAT experience. Hoo Ah!

Saturday and Sunday I spent in Portland, Oregon with the 71st Infantry Brigade of the Oregon National Guard. They had a change of Command on Saturday and it was a beautiful ceremony and the troops looked really good. The 41st Infantry Division was in town celebrating the 50th anniversary of their mobilization for duty in the South Pacific during World War II. It was truly an inspirational weekend.

Are you noticing more flags flying on PSF? I think I am. I hope so anyway. Our troops in the Saudi desert deserve our support and this is one easy way to show it. So—Fly a Flag for Freedom!

God Bless you each and everyone.

William H. Harrison
Lieutenant General, USA
Commanding

"Hats off!
Along the street there comes
A blare of bugles, a ruffle of drums
A flash of color beneath the sky:
Hats off!
The flag is passing by!
—Henry H. Bennett



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News/Views

Ask Presidians:

by Joel P. Smith
Star Presidian staff

"Furlough—your plans if it materializes?"



Edward M. Buckner, post motor vehicle driver: "I'd have to go to the uncmployment line. The time I was off I wouldn't be getting paid and I need the money."



Min S. Alexander, personnel actions clerk, Civilian Personnel Directorate: "I have heavy payments to make. I would have to find a part-time job somewhere else and try to make my payments. I'd probably work as a baby-sitter or work in a restaurant. I'd want something that is easy to get into and get out of."



Mayda F. Asis, secretary, Civilian Personnel Directorate: "It depends on how long the furlough was. If was 22 days or more I'd look for a temporary part-time job. But I'm not really worried about it happening in DoD. I don't think it will affect DoD."



Andrew T. Minjiras, librarian, Main Post Library: "I would take a trip around the country. I need at least three weeks for a leisurely drive to Chicago. I welcome the idea and feel it essential that we all do our part about the budget."



Betsy Coradine, Reserve pay specialist, Sixth U.S. Army Office of the Deputy Chief of Staff for Resource Management: "A furlough would be really hard on our mission. I'd work without pay—I'd sneak into the office, or something—if it meant meeting the mission. Soldiers have to be paid."



Ken M. Regis, budget analyst, Sixth U.S. Army DCSRM: "I'd spend the time with my family. Something that didn't cost any money."

Draft EIS available for public comments

by Star Presidian staff

On Sept. 12, interested members of the San Francisco community met at Fort Mason to discuss the Draft Environmental Impact Statement on the Presidio's closure. As directed by The Base Closure and Realignment Act, the Presidio will close between now and September 1995. The first step in the closure process is the Draft Environmental Impact Statement (EIS). This report looks at all the consequences of closing the post and identifies alternatives for potential problems.

The meeting last week was held to give people the opportunity to discuss the draft EIS. This public comment period ends September 30. At that time a final EIS will be started. Presidians interested in reading the draft EIS may review a copy in either the Public Affairs Office, building 38 or at BRACO, building 35. Reader comments will be used by the Army Corps of Engineers in Sacramento to write the final EIS.

The draft and final Environmental Impact Statements address all facets of the Presidio's closure—from the relocation of thousands of soldiers and employees, to the disposition of the old Public Health Hospital (the former Defense Language Institute). Other issues discussed in the draft: hazardous material clean up following base closure, economic impacts, lay offs of civilian employees.

Call the BRACO office at **561-5530** or the Public Affairs Office at **561-3660** to arrange a time to review the draft EIS BEFORE the end of the month.

Furlough continued from page 1

nel Directorate and state unemployment office can answer specific questions.

Furlough information

- A furlough is a temporary non-pay status.
- Agencies may furlough employees one day at a time, or on consecutive days.
- You cannot volunteer to do your job while on furlough.
- You can take another job while on furlough if you follow conflict-of-interest and Hatch Act rules. You must get agency approval beforehand.
- You may not take leave instead of furlough during the days assigned to you.
- Annual and sick leave will be accrued during furlough.
- If you cancel your health insurance to save money during a furlough, you must wait for open-season to re-enroll.
- If you were granted leave for a day later chosen as a furlough day, that leave is cancelled automatically.
- Furloughs can include holidays.
- You are not eligible for worker's compensation while furloughed, but continuation-of-pay for job-related injuries will not be affected by a furlough.
- Furloughs of less than six months will not affect the high-three-year average for retirement computation.

Unless the Bush administration and Congress reach an agreement to reduce the deficit without them, furloughs may begin in three weeks for non DoD agencies. Federal workers nation-wide are anxiously awaiting a resolution they hope they can live with.

Newborns: DEERS changes

by Army News Service
and Star Presidian staff

Soldiers must enroll their newborn infants in the Defense Enrollment Eligibility Reporting System (DEERS) soon after birth to receive payment for child care costs.

Beginning Oct. 1, say officials, all beneficiaries requiring "nonavailability statements" must be enrolled in DEERS before the Civilian Health and Medical Program of the Uniformed Services will pay claims for care.

By law says Carol Galaty with the Defense Medical System Center, a NAS is required for all people who live within a 40-mile radius from the treatment facility they use. A NAS is only required for inpatient, non-emergency services, she added.

The only exception to the new policy is for dependents of sponsors assigned outside the United States.

To make things easier for Army families, personnel offices have been authorized to begin accepting birth certificates, in order to enroll their infants in DEERS.

The sooner parents enroll their infants the better, according to N.C. Fleming, ID card section supervisor. Infants must be enrolled before the cost of medical complications will be covered in a civilian hospital.

Parents must bring an original birth certificate or certified birth certificate to the ID card section in building—to enroll their newborns.

For more information, call Fleming at **561-2721.**

POW/MIA continued from page 1

Vegas, Nev., who was lost in North Vietnam on Sept. 30, 1968, were identified. His remains were among 15 repatriated by Vietnam on July 31, 1989; nine of that group have now been identified. In July, two soldiers were identified: Army Capt. Keith A. Brandt of Bellingham, Wash., and 1st Lt. Alan B. Boffman of Norfolk, Va. The two men were killed in an aircraft crash in southern Laos.

Forensic scientists identify remains at the Army's Central Identification Laboratory in Hawaii. The laboratory serves all services.

Lundquist said lab identifications consider all evidence. Dental remains that match records on file is the best evidence, but scientists can also match other physical evidence against health records. Even so, he continued, an identification is not official until reviewed by a panel of outside experts and accepted by the family of the missing person. The families may have an independent expert review the lab's work. The service secretaries are the final reviewers in identification.

Since 1987, technical experts have held more than a dozen meetings in Hanoi to discuss evidence related to identifying missing Americans. The United States has also provided humanitarian assistance to Vietnam, such as providing equipment and training to fit amputees with artificial limbs.

"Now we are coming to a time when the divisions of the Vietnam War are healing. We have let go of the bitterness of the past," President George Bush said in 1989 remarks to the National League of Families. "But with this reconciliation comes a temptation to forget those who served. Yet we will not forget. And we will never break ranks."

On behalf of the U.S. government, the president promised America would write no last chapters, close no books and put away no final memories "until your questions about missing and possible prisoners of war have been answered.

"In Ecclesiastes, it is written that there is a time for war, a time for peace and a time to heal. We will never forget those who served our country. And when we receive final answers about their fate, then this will truly be a time for healing."

Mideast Update

Special attention to family care plans

by Army News Service and Joel P. Smith
Star Presidian staff

The possibility of long-term troop deployments for Operation Desert Shield has promted the Army's top personnel officer to take a hard look at single-parent soldiers' and dual-service couples' family care plans.

In a recent message to the worldwide Army, Lt. Gen. William Reno ordered active and reserve commanders to make sure the temporary caretakers of deployed soldiers' children fully understand the military services available for those children. Reno is the Army's deputy chief of staff for personnel.

On post, Army Community Service is providing extra family support through a Mideast Crisis Support Group. The group, which focuses on counseling, is staffed by members of the Presidio Crisis Line. Meetings are Fridays at noon, at ACS, building 103B.

"It's an opportunity for soldiers and family members to discuss problems and concerns about the deployment to the Mideast," Powell said. He also noted that ACS is prepared to turn its building into a "24-hour family support center" if units on post are deployed to the Mideast.

According to Lt. Col. Edwin R. Green, chief of the Sixth U.S. Army Family Assistance Program, Sixth U.S. Army is providing help to the families of deployed soldiers in the 12 western states. "We're assisting commanders in family assistance, so they're way ahead of the game should [National Guard or Reserve units] be deployed," Green said.

The hotline for Sixth Army families is **1-800-732-7432.**

Sixth U.S. Army supports about 100,000 soldiers (plus their family members), said Maj. Brady P. Lawrence. Lawrence said Sixth U.S. Army has prepared a family preparedness checklist, which helps soldiers prepare family support, should the soldier be deployed. The checklist has been distributed to Reserve and National Guard units in Arizona, California, Colorado, Idaho, Montana, Nevada, North Dakota, Oregon, South Dakota, Utah, Washington and Wyoming.

"The key factor is that we have a family care program," said Lawrence. "Soldiers need to make special arrangements to take care of their families."

Armywide, family support services being evaluated include medical and dental care, as well as access to exchanges, commissaries and other military facilities.



Adults who are not personally eligible to use those services—but who are caring for military children—must be granted access to military facilities so that the children receive their entitlements. That access is provided for in soldier-parents' family care plans, and Reno wants those plans checked.

DCSPER wants to make sure that single-parent soldiers and dual-service couples thoroughly brief designated temporary guardians, overseas escorts and long-term guardians of their children on the entitlements and services available to those children," said Brig. Gen. Theodore G. Stroup, Reno's director of military personnel management.

"They need to be told where the nearest available services are located and what the procedures are for them to gain access to those facilities on behalf of the children."

Stroup said soldiers' family care plans should include powers of attorney for their children's guardians, notarized certificates of acceptance from the guardians, applications for the children's military identification cards, and allotment forms of proof of financial provisions for the children.

The children should be enrolled n the Defense Eligibility Enrollment Reporting System (DEERS), he said, or guardians should have copies of the children's birth certificates to prove eligibility for military medical care.

Information about DEERS and CHAMPUS is available at Letterman Army Medical Center. For details, call Charlene McCray at **561-4923.**

Stroup also said guardians should get the clarification or assistance they need. It is important that those involved in this process demonstrate a genuine attitude of support and do everything in their power to expedite assistance to soldiers, family members and their guardians.

For information about preparing wills and notarized documents, contact the Legal Assistance office of the post Staff Judge Advocates' office at **561-2925.**

Toll-free numbers are available for guardians to call for clarification and more information. They are: the Community and Family Support Center, 1-800-542-9524 (24 hours); Headquarters, Department of the Army, Family Liaison Office, **1-800-833-6622** (7:30 a.m. through 5 p.m. EST); DEERS, **1-800-538-9552** (6 a.m. to 3:30 p.m. PST); and the Army Reserve Personnel Center, **1-800-874-8451** (24 hours).

Desert Shield puts some enlisted separations on hold

by Darrell Cochran
Army News Service

Many enlisted soldiers will be extended on active duty indefinitely after Sept. 1, as the Southwest Asia crisis continues.

As directed by the Secretary of Defense, separations are suspended for certain soldiers who:

- are or about to be engaged in conduct of operations in and around the Arabian Peninsula
- are or about to be engaged in direct support of operations in and around the Arabian Peninsula
- possess critical skills in active component associated with operations in and around the Arabian Peninsula
- possess skills in short supply in the active Army

According to Lt. Col. Timothy Decker, selected soldiers in the active component and all soldiers in reserve component units alerted for activation in support of Operation Desert Shield will remain on active duty. Decker serves in the Office of the Deputy Chief of Staff for Personnel.

This action, known as "Stop Loss," applies to all enlisted soldiers assigned to Health Services Command, Military Traffic Management Command and most of those assigned to U.S. Forces Command and Central Command and who are currently eligible to re-enlist.

It specifically limits separations of enlisted soldiers Army-wide possessing a primary, secondary or additional Military Occupational Skill (MOS) in 21 designated career management fields (CMF).

Those CMFs include:

- 11—Infantry, 12—Combat Engineering, 13—Field Artillery, 16—Air Defense Artilery, 18—Special Forces, 19—Armor, 29—Signal maintenance, 31—Signal Operations, 33—Electronic warfare/intercept systems maintenance, 51—Genenl Engineering, 54—Chemical, 55—Ammunition, 63—Mechanical Maintenance, 76—Supply and services, 77—Petroleum and water, 88—Transportation, 91—Medical, 95—Military Police, 96—Military Intelligence, 98—Signal intelligence/electronic warfare operation.

Decker said that those enlisted soldiers already on transition leave, or with a transition leave request approved before Aug. 28, and who have a separation date on or before Nov. 30, are not affected by the Stop Loss action—they will separate from the Army on their ETS date. Soldiers won't be allowed transition leaves after Aug. 28, regardless of their ETS date.

Soldiers on their way from overseas assignments for separation processing will report to the transition point designated on their ETS orders. Soldiers coming back from overseas—or already at transition points—will be held there. Transition point commanders will request disposition instruction from the appropriate U.S. Total Army Personnel Command career branch.

Decker emphasized that Stop Loss doesn't effect retirements.

Separations for qualitative consideration—punitive discharges, QMP actions, administrative separation for cause, discharge in lieu of elimination, medical or moral unfitness or bar to re-enlistment—will also continue.

There are also "humanitarian" exceptions to Stop Loss. Discharges for hardship and maximum age or length of service will continue.

For more information, call Hector L. Monsanto at **561-2151** or stop by the Operations Branch of the Military Personnel Division in building 86.

A Look at the Past

Colonel Maggie of the Boondocks—Part II

by Sixth U.S. Army Public Affairs

When the Vietnam conflict started, Miss Raye again telephoned Washington, and requested to go to Vietnam. Arrangements were made, through the USO, for her to go. Bob Hope had just returned from his first trip. Miss Raye went alone, with two musicians, for a brief visit and to entertain. When she saw what was happening there she remained in the country and served as a volunteer nursed more than as an entertainer. Due to the nature of the conflict (i.e., there were no front lines, there were very few battles, as such, with the enemy suddenly appearing anywhere and at any time), there was always a shortage of medics. Miss Raye volunteered nursing support, and performed more nursing tasks there than at any other time in her life. The first year, 1965, she stayed in Vietnam for four months.

Innez Robb, writing for The Cincinnati Post, 1965, commented, "There are thousands upon thousands of American veterans of the African fighting of 1942-43 who will always remember Martha Raye, her big mouth and her hilarious routines, as the real "Sweatheart of World War II." She proved then, as she is now proving again in Vietnam, that she is a fearless and compassionate woman, no less than a tireless trouper without compare. As in North Africa, she is now paving the way for other entertainers of stage, screen, radio and television is they have the intestinal fortitude and the physical endurance to follow in her wake."
saw her in Vietnam, "but I saw her many times out visiting the bunkers and talking, laughing and joking around with the soldiers."

While American troops were in Southwest Asia, she spent from four to six months each year for nine years with them. Sometimes she went back a couple of times a year, by herself. She'd make promises and keep them. Each time she went over, it was under the auspices of the USO. (Her selflessness was at the expense of her own career. Because she was out of country and away from the public for so many months at a time, her career suffered drastically. Additionally, because Vietnam was an unpopular war at home, after it was over and she was back in the States permanently, it was three years before she could get a decent engagement. She was like one of the soldiers who came back home; she couldn't get a job.)

In 1967, when she finished her Broadway run in "Hello Dolly," she asked David Merrick, the producer, if she could take a condensed version of the musical over to Vietnam. In what was said to be an unprecedented decision for Mr. Merrick, he gave her the costumes, the music, and the cast—anyone who wanted to go—and they all volunteered—and she took the show to Vietnam. The cast toured the outposts for 30 days before it returned home. She accompanied the show cast to the Philippines, and left them there as they prepared to depart for the United States. Meanwhile, she returned to Vietnam and continued to work as nurse and entertainer.

Her Entertainment Manager, Nick Condos, never knew when she was coming back home. When Mr. Condos visited Miss Raye in Vietnam in 1967, he had to obtain assistance from the Army to find her. The Army finally located her in Da Nang. Additionally, she was almost always out in the outposts—nursing more than entertaining, and "ducking bullets." During the month Mr. Condos traveled with her, she was never in a major city, but at the fire bases with the fighting men, just being "one of the guys."

Inez Robb, in the *Cincinnati Post* story, also commented, "The other day. . .was to have been her day off. But she put on eight shows, the last in the little outpost of Cha La, so deep in Viet Cong country in the Ca Mau Peninsula they won't send a single chopper in there alone."

She was constantly placing herself in danger and subjecting herself to enemy fire and mortar rounds. In one instance she was hit by mortar schrapnel, which she received in the leg, and for which she was awarded the Purple Heart. She received a second Purple Heart for injuries sustained in a major accident when her jeep was rammed outside of Saigon; it overturned and crushed her ribs, forcing her to return to the United States in a body cast.

Miss Raye had achieved a reputation of volunteering for anything that would come up that she could assist with. Stories keep surfacing from the soldiers who had contact with her in Vietnam, and many of those stories will undoubtedly be lost in history. But she continues to receive high praises from everyone. "There was nothing that she wouldn't do, and didn't do, for the soldiers," the men and women in uniform say. "That's why they respected her and loved her so much." "She contributed more than anyone in the entertainment business," the soldiers report, "because she didn't just entertain—she served." "I never saw her entertain," said a former major who saw her in Vietnam, "but I saw her many times out visiting the bunkers and talking, laughing, and joking around with the soldiers."

General Westmoreland, in his book, *A Soldier Reports* (page 301), summed up well Miss Raye's involvement in Vietnam, when he wrote the following:

Representatives of the American Red Cross served throughout South Vietnam and visited troops at even the most remote and isolated bases including CIDG-Special Forces camps. Young women, known affectionately as 'Donut Dollies' were special favorites of the troops.

"The USO maintained clubs throughout the country. Visits by American entertainers, writers, sports celebrities, and churchmen also boosted morale. Although MACV provided their transportation, food and lodging, these people gave selflessly of their time, energy and talents. For every celebrity who preferred to visit Hanoi, there were any number who opted for Saigon.

"The grandest trooper of all was Martha Raye. 'Maggie,' as the soldiers called her, visited Vietnam time after time—once for five months. Begging me to let her extend one stay over Christmas, she said she had no family to celebrate with at home. These gallant men were her family.

"She sometimes brought along an accompanist, other times enlisted the help of soldier entertainers instead. Once, when she brought over a miniature edition of the Broadway musical, 'Hello Dolly,' and performed in a steaming hanger, she collapsed and had to be hospitalized.

"When she was visiting a CIDG-Special Forces camp at Soc Trang in the Mekong Delta, the VC attacked with mortars. Maggie pitched in to help with the wounded. She was under fire on several other occasions. Nobody contributed more of herself than that wonderful, generous woman."

General Sturnberg, former Commander of the 101st in Vietnam, and subsequently Commander of Fort Campbell, Kentucky, was later credited with commenting about Miss Raye's "service" in Vietnam when, at a birthday party he held in her honor at Fort Campbell, he said: "Of the 273 places where there were men stationed, she must have visited at least 271. It didn't matter to her if there were four, five or six men or 4-, 5-, or 6,000 men. If they wanted her to sing, she'd sing—if called upon to serve as a nurse, she would nurse. Whatever it was, she'd pitch right in. And she didn't hesitate to go anywhere—no matter how dangerous it might be."

The Cincinnati Post similarly commented: "Give her as many as three lonely GIs and she puts on a show that Las Vegas or Lake Tahoe would pay big money to see."



Lt. Col. Martha Raye.

A series of awards and decorations followed from the Army, the Navy, the Air Force, the Marine Corps; and recognitions from associated organizations including the Association of the United States Army, the Navy League, and many others, which describe her activities on behalf of the Armed Forces.

When Miss Raye returned from her last four-month stay in Vietnam, she was cited by General Westmoreland for her nursing work, the first citation of its kind. She had arrived in Soctrang, South Vietnam, on the morning of a major battle just as the casualties were coming in. She put on her fatigues and went to the field dispensary where she put her training as a qualified nurse into practice for thirteen straight hours, resuming those duties the following morning.

Perhaps one of the best capsule summaries of her contributions was in an introduction given her by President Lyndon B. Johnson at a White House luncheon on April 28, 1967 honoring General William C. Westmoreland:

"General Westmoreland is not the only hero of Vietnam with us today, nor is he the only high-ranking officer. We also have a Colonel in the Marine Corps, and a LTC in the Army's Green Berets. In fact, they are one and the same person, and, although the ranks are honorary, they are also richly deserved. They are held by Miss Martha Raye.

"Miss Raye has been to Vietnam three times. She has spent many long months there. She has entertained our troops out on the firing lines. The Green Berets have made her the only person outside this elite Corps who may wear their proud symbol.

"One night in the Delta, Miss Raye was to entertain the men of two helicopter units, but they ran into a heavy fight that day and, as Miss Raye arrived, the wounded began to pour into the little dispensary. Miss Raye is a former nurse, so, without hesitation, she put on Army fatigues, administered blood, and prepared the wounded for surgery.

"The show didn't go on that night, but as the Army Digest wrote, 'those who benefitted from her nursing care, remember a Martha Raye performance no stage show could ever duplicate.'

"Ladies and gentlemen, I am proud to present a great artist and a great American—Miss Martha Raye." (A written copy of the introduction was signed by Lyndon B. Johnson and presented to Miss Raye.)

see Maggie, page 6

Memories

Fort Baker Exchange closes doors

by Joel P. Smith
Star Presidian staff

The Fort Baker Branch Exchange closed Sept. 14. Located at the foot of the Marin Headlands at Presidio's nearest sub-installation, the Army-Air Force Exchange Service store was the only food service facility on the post.

According to Glenn Partridge, AAFES manager on post, the store was closed because it needed to average $7,000 in sales each month to break even and was only clearing an average of $5,000.

Originally scheduled to close March 23, the store's operation was extended for a test period of three months to see if sales could be increased. After determining that sales hadn't increased enough to justify maintaining the store, Partridge scheduled a June closure.

Because AAFES officials hadn't been able to meet with residents of Fort Baker, and others concerned with the closure, Partridge again stalled the closure and held another test period.

Partridge said the store still could not break even, and after a six-month review period, was finally shut down Sept. 14. "We gave it an honest shot and it has not worked," Partridge said. "I let it slide while I deliberated on what we would do once the store closed."

The store was located in building 263, part of which serves as a gym and as the legal services branch of the 91st Division (Training).

Without food service facilities, Fort Baker residents will have to drive across the Golden Gate Bridge to the Presidio to shop at an AAFES facility.

One hundred and nine soldiers and civilians work at the brigade, the unit with the largest number of full-time employees at Fort Baker. The brigade headquarters is located next to the exchange, which made shopping during breaks very convenient, said Mary Lou Thomas, chief of logistics for the unit.

The exchange also served the 450 residents of forts Berry and Cronkhite, and coastguardmen assigned to the Golden Gate Coast Guard Station, located at Fort Baker.

Soldiers assigned to Fort Baker number 110, Thomas said. Seventy-nine civilians also work on the post.



Photo by Joel P. Smith

Sandrea Hudson-Davis (r) checks out 1Lt. Gayle H. Starker, plans and operations officer for the 91st Division (Training), at the Fort Baker Branch Exchange.

The only alternative for shopping or getting food service now, said Thomas, is a 15-minute one-way drive over the Golden Gate Bridge.

Partridge said AAFES will run a food truck to Fort Baker once a day to give workers an opportunity to get a hot meal. He also is considering the use of vending machines with lunch snacks and sandwhiches.

Sandrea Hudson-Davis, a military family member, was the only employee of the store. Thomas said Davis was "a great person, very dependable" and that residents of Fort Baker will miss her.

She said the store served from 70 to 90 persons each day. Davis said she has applied for a position at one of the Presidio AAFES facilities, but wishes she could remain at Fort Baker. "My customers are very special to me," she said. "Working in a small place like this, you get to know people on a first-name basis."

Davis said she got a lot of pleasure giving special service to customers. For example, she said, "I found out what kind of soft drinks a customer liked and kept enough on hand to let them buy two or three six-packs and still have enough left over for other customers."

Davis said working at the exchange was like working "at a country store.

"It's sad to leaving the people here," she concluded. "I'm going to miss them."

Maggie continued from page 5

There are many stories the soldiers tell about Miss Raye. "A couple of times," her entertainment manager said, repeating a story he had heard from one of the soldiers, "the enemy was 'in touching distance.' Once, when one hill was being attacked where Miss Raye happened to be visiting, several soldiers threw themselves on her, covering her with their own bodies in an attempt to protect her during the attack—with her shouting 'Let me up! Let me up!' Then they evacuated her just in time." And the stories go on and on.

There are few in the entertainment profession who have contributed so much to our service members as has this woman. Other entertainers have received awards and citations for contributions far less significant than those of Miss Raye. Unlike many honored entertainers in the past, this woman did not perform securely in the safe confines of major cities, but gave her services—as volunteer nurse and performer—on the very battlefield. She was not secure in the hotels of the major cities, nor was she in the United States selling bond or entertaining the troops on the home front. She was there on the front lines with bullets flying around her.

She is unique in this respect. Additionally, because of her genuine humanitarian nature, she didn't go to Vietnam—or to North Africa many years earlier—for any honors, but because she felt she should be there. She was always there, it was said, as "one of troops," helping, entertaining, cheering up. She has extended herself to the limit. She is someone who has given of her time, and her effort, and her sweat, and her blood to be there when needed.

Miss Martha Raye is still in the minds of the soldiers. Wherever she goes today in the vast arena of the Armed Forces, she is recognized as a friend of the soldier, the sailor, the airman, the marine. Anywhere and any time she is close to the military—and, in particular, the Army and the Special Forces—she is immediately taken back into the "family."

At Camp Pendleton, California, in February 1983, on the 38th Anniversary of the landing on Iwo Jima, Martha Raye was honored by the World War II Veterans of the Third, Fourth and Fifth Marine Division, U.S. Marine Corps, "for bringing so much enjoyment to our country's Armed Forces in the troubled times of war and the loneliness of peace."

In January 1986, at Sepulveda Hospital in Los Angeles—the Veteran's Hospital, she began a new campaign in support of American veterans.

That is the essence of Miss Martha Raye. She is the epitome of "someone cares." There isn't anyone who is more endeared to the Army soldier—or to the sailor, airman, or marine—than this lady.

It is for these reasons that, in 1986, Miss (Lieutenant Colonel) Martha Raye was awarded the highest honor the Department of Defense can bestow upon a civilian—the Department of Defense Medal For Distinguished Public Service. She is among those few great humanitarians alive today whose abundant love and sense of public responsibility is unqualified. Her contributions and efforts have affected not only her own generation of servicemen and women, but their families. She is one single human being "who made a real difference to our peacekeeping and fighting forces in some of our most difficult hours."

Miss Martha Raye, a talented personality, who could have pursued a safe, leisurely course of entertainment apart from the cares and woes of the serviceman in the bunkers and foxholes, chose to pursue, rather, a course of danger, sacrifice, and risk. She did these things, not for profit, not for personal ends, but out of love and for the betterment of mankind.



"Miss Rhythm" Ruth Brown belts out a blues number.



Rasta man—Enjoying the sun and the sounds.

Blues festival ignites Fort Mason crowds

stroy and photos by Duvel White
Star Presidian staff

A week of smoldering Blues in The City's club scene burst into flames in the Great Meadow at Fort Mason this weekend during the 18th Annual San Francisco Blues Festival.

More than 20,000 people bellied up to the table each day of the two-day Blues feast that served up heaping helpings of blues for all tastes.

"It's just a good man having a bad day," one Presidian, Spec. David Zamlich, said in describing the Blues. "And these are some of the greatest names in the business playing right here in our backyard."

Performers ranged from Albert Collins and the Icebreakers—considered by some to be the greatest blues guitarist in the world today—to "Miss Rythmn" Ruth Brown, who has recorded 50 hit records, and collected Tony (1989) and Grammy (1990) Awards for her work on the Broadway smash "Black and Blue." Another legend, Johnny Otis, the father of Rythmn and Blues, returned to the Bay Area where he began his musical career in 1939.

San Francisco's Blues Festival was born in a barn on the University of San Francisco as a way for Producer Tom Mazzolini to feature local Bay Area Blues talent. Since its humble beginnings 18 years ago Mazzolini nurtured the fledgling festival to the world class festival it is today.

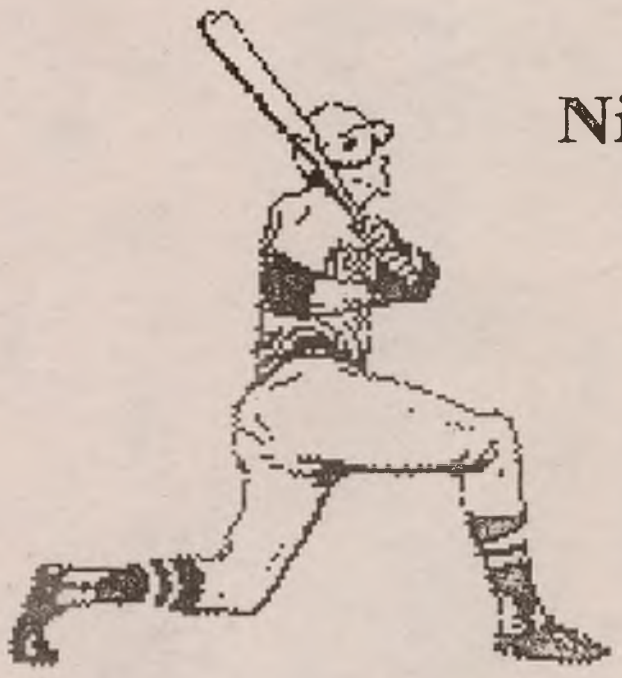
Mazzolini has consistently featured Blues talent on the rise. Robert Cray was featured in a video tape that was shot during the 1982 festival the video was featured in a nationally-aired Public Broadcasting Service special titled "San Francisco Blues Festival." The clip of Cray was picked up by Music Television and helped usher his band into the mainstream.

New talent featured include Stevie Ray Vaughn and the Fabulous Thunderbirds. These young artists with their new variations of Blues, combined with the wealth of established Blues greats gives the festival a flavor as diverse as the city it calls home.



A few of the more than 20,000 blues fans that came out each day for the two-day 18th Annual San Francisco Blues Festival at Fort Mason.

Combined Federal Campaign



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Oakland A's

vs.

California Angels

Monday, October 1, 1990
7:05 p.m.

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Oakland A's vs. California Angels

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Tickets on sale until 24 hours prior to game subject to availability

Sports/Health

Sports Briefs

by Drew Seaman
Star Presidian staff

Tennis Tournament

Daryle Bowers of Company A, LAMC won the men's singles title and Gerl Jenkens of DOL took second place. In the men's doubles, Han Sparbel and teammate Dennis Uldricks of USAG took top honors by defeating Thomas Miller and Scott Becket of MEPCOM in the finals by a score of 2-6, 7-5, 7-5.

A total of 29 players were entered in this five-day double elimination tournament that was sponsored by the Presidio Sports Branch. A total of 47 matches were played.

Post Gym closure

The basketball court and weight room will be closed Sept. 23 for West Point Academy testing from 8 a.m. to noon.

The basketball court and weight room also will be closed for Air Force Academy Testing Sept. 30 from 8 to 10:30 a.m. All other parts of the gym will be opened as usual.

For more information, call Gym no. 1 at 561-5032 or **561-4120.**

Golf Tournament

The Sports Branch Golf Tournament scheduled for Sept. 26 has been cancelled.

The next Golf Tournament by the Sports Branch will be the annual Turkey Shoot Nov. 15 at 8 a.m.

For more information, call the Sports Branch at **561-5032.**

Bowling Leagues

Winter Bowling Leagues are forming this month:

Bowling Leagues	Starting date and time
Hui O Hawaii	Sept. 21, 6 p.m.
DPCA	Sept. 24, 5:45 p.m.
Scratch Singles	Sept. 24, 8:30 p.m.
Handicap Singles	Sept. 26, 11:30 a.m.
Handicap Doubles	Sept. 28, 8:30 p.m.

For more information call the Sports Branch at **561-5032.**

Soccer coach needed

Presidio Youth Sports is looking for volunteer head coach and assistant coaches for the under 8 team. The team is registered in the San Francisco Vikings Soccer Club League.

For more information, call Allen Posey at **561-5051.**

Exercise and diet

A plan for good health and fitness involves exercise and diet. A program that involves three balanced meals a day and aerobic exercise three days a week.

Exercise helps you manage stress, stay more alert, ease tension and control your diet. This will help you maintain your ideal weight. Exercise also builds muscle, improves flexibility and increases your cardiovascular endurance.

The best calorie burning exercises are running, swimming, bicycling, walking and aerobic dancing.

Just by using the stairs instead of taking the elevator or walking to the store instead of driving, you will increase your activity level which will start you on your way to fitness.

Once exercise becomes part of your lifestyle, the benefits to vour well-being will become long term.



Octoberfest Volksmarch tickets available

There will be a 10 kilometer (6.2 miles) volksmarch Oct. 20. The volksmarch starts and finishes at the Presidio NCO/Enlisted Club. The starting time is 10 a.m. to 1:30 p.m. with all participants finishing by 4 p.m. After the volksmarch the NCO/Enlisted Club will serve beverages and German wurst and a German "Ompaah" band will provide entertainment.

For more information, call Sgt. Maj. Michael Conrad at **561-5613.**

Cholesterol counts for health

by Evelyn D. Harris
American Forces Information Service

The Department of Defense, in association with the federal government's National Heart, Lung and Blood Institute, has designated September as Cholesterol Awareness Month.

If you're on active duty, you receive a cholesterol check at least once every five years—more often if you're in flight status, said Army Lt. Col. Judy Turcotte, chairperson of DoD's Nutrition Working Group. In fact, people in the military probably feel like every month is Cholesterol Awareness Month—many commissaries already have nutritional shelf labeling and guides on meat and produce. Others will follow. Nutritional information is also visible at military dining facilities.

Still, said Turcotte, meeting DoD's 1998 goal of serving meals that average no more than 300 milligrams of cholesterol per day isn't going to be easy. But she's more optimistic about meeting the goal of serving meals with no more than 30 percent of the calories coming from fat.

To reduce the level of blood cholesterol, doctors recommend eating less cholesterol and fat, especially saturated fat, as well as reducing weight. But when you're traveling for duty or pleasure, eating meals in restaurants, eating right can be more of a challenge. Turcotte offers these tips on how to keep the fat, cholesterol and calorie count down to a healthy level when on the road.

- ❑ Watch portion sizes, particularly of meats. Don't go for the 10-ounce steak—order the cut "for the lighter appetite" if available.
- ❑ Choose meats *au jus* (with juice) or clear or wine sauce; skip gravy and cream sauces.
- ❑ Baked potatoes, pasta and bread (except for croissants and some muffins) are not fattening. They're filling and good sources of complex carbohydrates. Order them, but ask for the butter, margarine or sour cream on the side, and use it sparingly, if at all. Tomato sauces on pasta tend to be lower in fat than cream sauces.
- ❑ Order foods that are baked, grilled or broiled instead of fried.
- ❑ Diet plates can be misleading. Sometimes it's better to order baked chicken or fish from the regular menu than to eat a diet plate consisting of a hamburger patty served with a large scoop of cottage cheese and canned fruit.
- ❑ Limit alcohol intake. Alcohol is high in calories, and obesity is a major factor in heart problems.
- ❑ At happy hours with free munchies, load up on the raw vegetables, but skip the dip. Chips and especially peanuts are high in fat. And it's easy to eat a lot without being aware of it.
- ❑ Limit the amount of cheese, bacon bits and dressings on salads.
- ❑ Eat fruit for dessert. If you want cake, angel food is a better bet than chocolate.

CHOLESTEROL FACTS

High blood cholesterol is one of the three major controllable risk factors for heart disease. Cigarette smoking and high blood pressure are the other two. A risk factor is a habit, trait or condition that increases the chance of getting a disease.

Cholesterol is an odorless, fat-like substance. The body uses it to make cell walls and for other functions. The amount of cholesterol in the blood is affected by the amount of cholesterol the body makes as well as the saturated fat and cholesterol in the foods consumed. The body makes all the cholesterol it needs.

The desirable level of total cholesterol is less than 200 mg/dL (milligrams of cholesterol per deciliter) of blood. Borderline high blood cholesterol is 200–239 mg/dL, and high blood cholesterol is above 240 mg/dL. Levels above the desirable range should be treated after consultation with a physician. Most treatments begin with changes in the diet that stress lowering the consumption of fats and cholesterol.

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by Joel P. Smith
Star Presidian staff

Community Calendar

Beat the back-up

Now that Presidians had a taste of car pooling on Tuesday—Beat the back-up day—it's time to think about ride sharing every day. There are buses, trains, van pools and car pools from almost everywhere in the Bay Area. For a faster, more carefree commute, how about leaving your car at home and commuting "smarter." For car pool information, call **861-POOL.** Other numbers to keep handy: MUNI **673-MUNI;** Caltrans **680-INFO;** Golden Gate Transit **332-6600;** BART **788-BART.**

Hispanic festival

The Presidio Hispanic Cultural Festival will be held Sept. 28 at the Log Cabin from 11:30 a.m. to 1:30 p.m. The festival is open to everyone.

For more information, call Yvette Jaks at **561-4791** or Eleanor Castorena at **561-3595.**

Child center

The Presidio Child Development Center began accepting Master Card and Visa credit cards for payment of child care fees Monday.

Beginning Oct. 1 child care fees will be paid monthly except in unusual circumstances. There will be no leave credit, and a 20 percent discount for the second child will be offered.

You can pick up the new fee schedule at the Center. For more information, call the Center at **561-3588.**

Child center closure

The Presidio Child Development Center will be closed Monday through Wednesday for training. This training is to increase child care quality.

For more information, call the Center at **561-3588.**

User's group

The monthly meeting of the Presidio Macintosh User's Group will be held Tuesday from 6 to 8 p.m. in building 667.

The meeting is open to everyone. For more information, call Mark Gumbiner at **561-2528.**

Cub scout

The Presidio Cub Scout Pack 77 is now signing-up new scouts between grades first and fifth. The Cub Scouts offer boys the chance for adventure, hiking, camping, sports, arts and crafts, and the opportunity to earn awards and badges.

For an application or more information, call Maj. Randy Epperson at **750-0643.**



Barely a bear

Baloo (right) poses as an ape on a secret mission and eccentric King Louie (left) is not only taken in by the guise but becomes quite smitten with his new dance partner in the Disney film, "The Jungle Book." This cartoon classic is showing Friday at 7 p.m. at the Presidio Theatre.

CPD closure

The Civilian Personnel Directorate will close Friday at 11:30 a.m. for its annual picnic. CPD will re-open Monday, Sept. 24 at 7:30 a.m. To leave an emergency message at CPD, call **561-5732.**

Managing anger

The Presidio Family Advocacy Program is offering a free class, called "Managing Anger (without being a whimp)," Tuesday, 6 to 8 p.m. at Army Community Services, building 103B. The class is presented through the Presidio Smart (Stress Management Resource Team) Program.

Advance registration is required. Child care is available. For more information, call Nancy Niederhauser at **561-5155.**

Thrift Shop closed

The post Thrift Ship will be closed Sept. 25-28 to complete remodeling. Regular operating hours will resume Oct. 2. Hours are 10 a.m. to 2 p.m. Everyone is invited to attend the reopening.

Audio-visual show

Michael Smith, film director at the San Francisco Intertribal Friendship House will present a free audio-visual show Tuesday from 11:30 a.m. to 12:30 p.m. at Letterman Army Medical Center. The show will be on the first floor of the hospital, in the Shwartz Theater. All Presidians are invited. Refreshments will be served prior to the event. Call the post Equal Opportunity Office at 561-4154 for more information.

Microsoft presentation

The ISC Information Center will sponsor a presentation of Microsoft Windows 3.0 Wednesday from 1:30 to 3:30 p.m. Call Pat Mallet, at **561-3287,** for more information.

S.F. Recreation and Parks

The San Francisco Recreation and Parks Department now has a schedule of classes and activities for the fall and winter season. Call **666-7200** for details.

Saturday, 10 a.m. to 1 p.m.: The Strybing Arboretum Society is sponsoring a plant sale, featuring ferns, at the arboretum's nursery Saturday. The nursery is at 9th Avenue and Lincoln Way in Golden Gate Park.

1:30 p.m. The San Francisco Shakespeare Festival presents "Richard III" at Liberty Tree Meadow, Kennedy Drive, behind the Conservatory of Flowers. For more information, call **221-0642.**

Sunday, 9 a.m to 6 p.m.: The free Golden Gate Stables Horse Show will be at Bercut Equestrian Field, 41st Avenue between Kennedy and King drives. Call **668-7360.**

Tuesday, 7:30 to 9 p.m.: A Congolese Dance Class will be at the Harvey Milk Recreation Arts Building, 50 Scott St. Cost is $8 per class. Call **554-9523.**

Wednesday, 10:30 a.m. to noon: The Harvey Milk Recreation Center, 50 Scott St., will host a free storytelling workshop for adults.

Rosh Hashanah

The Jewish New Year will be observed from Sept. 19 through Friday. According to the Hebrew calendar, the event marks the beginning of the year 5751. Jewish Presidians are invited to attend the High Holy Days religious services at the synagogue of their choice in San Francisco. For more details, call Ruth Callmann at **561-4397.**

Job Fair

A military job fair will be held Oct. 1 from from 9:30 a.m. to 3 p.m. at the Oakland Convention Center at Broadway and Tenth Street in Oakland, Calif. The fair gives military members—both active duty and Reserve Component—a chance to market their skills for a civilian career. Recruiters from these markets will be available: aviation, security, logistics, accounting, food service, computer programming and maintenance, transportation, electronics, data processing and other fields.

Bring 20 copies of your completed mini-resume. Job seekers should call **(415) 865-9811** for more information. Employers, call **(512) 653-7602.**

Ed Center

The Army Education Center plans to offer these classes in October and December:

Enable Overview-Monday and Wednesday, 1 to 4 p.m., Oct. 1 to Nov. 5.

Intro to Microcomputers-Tuesday and Thursday, 1 to 3:30 p.m., Oct. 9 to Nov. 1. Also offered at same time Nov. 6 to Dec. 4.

Intro to DOS-Monday, 9 a.m. to noon, Oct. 29 to Dec. 10.

LOTUS 1-2-3-Monday and Wednesday, 1 to 4 p.m., Nov. 7 to Dec. 12.

Proofreading and Editing-Tuesday and Thursday, 1:30 to 3:30 p.m., Oct. 23 to Nov. 20.

Effective Army Writing-Monday and Wednesday, 1 to 3:30 p.m., Nov. 26 to Dec. 12.

Classes are free to active-duty military. Others pay $125 to $250 for computer workshops. For more information, call the Fort Scott Army Education Center at 561-4445.

Zoo news

Enjoy Indian Summer with animal friends at the zoo. You'll board the Zebra Train for a tour of the zoo's exhibits. Tea and scones top off the event.

Fees are $8 for members, $12 for nonmembers. Reservations are required. A personal check reserves your space. For more details, call the zoo at **753-7080.**

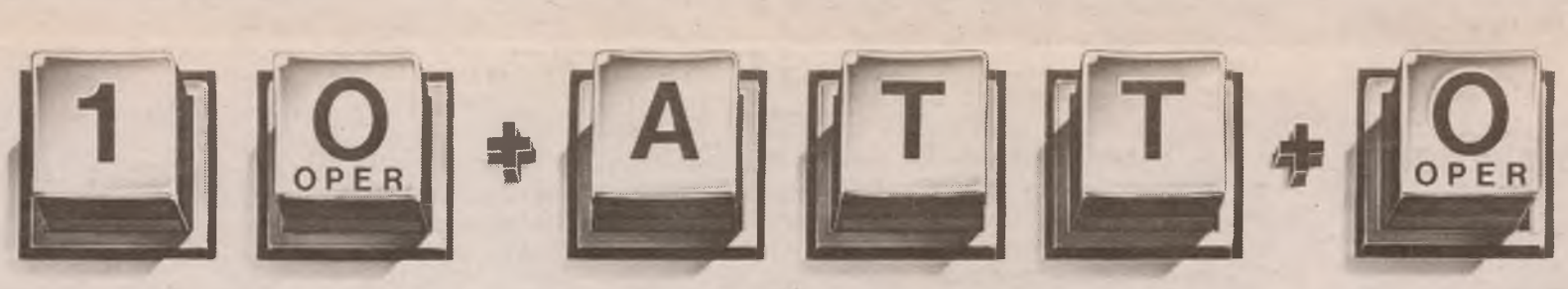
At the Movies

Presidio Theater
Fri., Sept. 21: Walt Disney's Jungle Book (G) 7 p.m.
Sat., Sept. 22: Problem Child (PG) 7 p.m.
Sun., Sept. 23: Problem Child (PG) 7 p.m.
Mon., Sept. 24: Total Recall (R) 7 p.m.

Hamilton Theater
Fri., Sept. 21: Die Hard 2 (R) 7 p.m.
Sat., Sept. 22: Betsy's Wedding (R) 7 p.m.
Sun., Sept. 23: Die Hard 2 (R) 4 p.m.



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HELPING HANDS



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SUPERSTAR



"Bette Davis' military service", page 5

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15 things to save the earth, page 6

Star Presidian

Vol. 33, No. 40 "Published in the interest of the people of the Presidio of San Francisco" September 27, 1990

News Briefs

by Drew Seaman
Star Presidian staff

Uniform price increase

The price of uniforms will increase starting Monday at the Military Clothing Store. Prices are set by the Department of the Army and according to Clothing Sales, reflect the actual cost of the clothing. The new store hours are: Monday through Friday, 10 a.m. to 5 p.m. and Saturday, 10 a.m. to 3 p.m.

Warrant officers

The Military Occupational Specialty (MOS) 420A—military personnel technician—will be open from Monday through Dec. 31. Applications must be received before Jan. 15 by the United States Army Recruiting Command.

The MOS 922A—food service technician— is also open and is projected to be open through fiscal year 1992.

For information,, call the Military Operations Branch on post at **561-2151** or **AV 586-2151.**

Walk-in Legal Clinic

Every Thurday at 9 a.m. the Garrison Legal Assistance Office in Bldg. 223 provides a walk-in clinic for all soldiers, family members and retirees who need legal assistance. The only limitation on services during the legal *clinic is* that documents and letters cannot be prepared at that time; those clients needing documents should schedule an appointment to allow time for preparation. The legal clinic is on a first come, first serve basis, with priority to active duty. Call **561-4273** if you have any questions.

Housing clean-up

The Fall Clean-up for Presidio housing areas will be from Oct. 15 to Oct. 19. The hours for the clean-up will be 12:30 p.m. to 4:30 p.m. on the following days: Oct. 13 (1700 area), Oct. 15 (1500, 1-100, and 300),Oct. 16 (500, 800 and 400 areas), Oct. 17 (900, 1000 and 1200 areas), Oct. 18 (1300, 1400 and Ft. Mason: 1800 area), Oct. 19 (Ft. Baker: 500 area and 600 area, Ft. Barry: 800 area, Ft. Barry and 700 area).

New Self Help hours

The hours of operation for the Self Help Center have been reduced. The new schedule is: Main store area (Open 1 - 5 p.m. on Tuesdays through Fridays and Saturday). Garden/Carpenter shops (Open 9 a.m. - 1 p.m., 4 - 5 p.m. Tuesdays through Fridays and Saturday.)

Active duty sick call

Due to recent shortfalls and shortages of personnel, the new hours for the Walk-In Clinic at Letterman Army Medical Center are from 7:30 a.m. to 4:30 p.m. Sick call for active duty personnel will be from 7:30 to 9:30 a.m.



photo by Duvel White

The final design for the new 87,000 square foot Sixth U.S. Army Headquarters scheduled to begin construction September, 1991 at Fort Carson, Colo. Construction is scheduled to be completed in 1993.



Designer Kurt Prinslow works on the final design for the new Sixth U.S. Army Headquarters late Thursday night. The new headquarters is scheduled to begin construction in September, 1991 at Fort Carson, Colo.

New HQ for Sixth U.S. Army

by Duvel White
Star Presidian staff

A hilltop in central Colorado was transformed at least 21 times this week without a shovel being lifted.

The hilltop is scheduled to house the future 87,000 square foot Sixth U.S. Army Headquarters. Planners from RNL Design, of Denver, Colo. were here at the Presidio to work with staff sections from the Sixth U.S. Army in selecting the final design and layout of the new headquarters that is scheduled to begin construction in September, 1991 and completed in 1993.

"The team design concept was very important," Col. Roger Lorber, Sixth U.S. Army Engineer said. "Monday they (RNL designers) came in with no designs, Tuesday we had 21 different building options, Wednesday it was narrowed to six choices complete with scale styrofoam models on a terrain board to show us what they would look like. And on Thursday we had narrowed the options down to our final selection complete with interior layout."

The 12 person design team from Denver included architects, mechanical, electrical, structural, civil engineers, interior designers and landscapers.

"Our plan was to interview the critical people (staff sections), look at the requirements, consider the site information and to come up with the most feasible options and let it evolve into the final solution," Peter Einsle, project manager for RNL said.

"This is kind of like our war room," Einsle added pointing at scale architectural renderings decorating the walls of the Command Conference Facility. "With all the key people here we are able to focus on the issue, no phones, nothing, we just get the job done."

Sixth U.S. Army's top Engineer, Colonel Lorber particularly liked the design process because of the teamwork involved.

"We (Sixth Army Staff) had input throughout," he explained. "The final choice has been tailored to the needs of the group (staff) that will be using it.

"With the designer's input narrowing the options for the best design from the construction angle and our (Sixth Army Staff) input on how it would work best for us, we were able to hone in on the final choice and the best solution."

Presidio View

by Lt. Gen. William H. Harrison



Fly a flag for freedom

Dear Presidians —

How about this weather? Beautiful warm days—makes every day another GREAT day to be in the Army at the Presidio of San Francisco—A Very Special Place.

I was on leave the week of September 17 - 21. I had a lot of yard work to do and this was the only way to get the time to do it. Our folks from DEH gave great support in picking up all my cuttings and trimmings. It was hard work but I love that type of activity. It makes me feel good to do manual labor. It also gave me time to ride my bike and see some areas of post I seldom get to see. Leave also gave me the opportunity to play golf one morning with our ROTC Brigade. They hosted a super golf scramble and everyone really had a good time. Please note I did not comment on my golf game—but I did have fun!

Our Sixth Army staff continues to operate on a 24-hour-a-day basis as we continue to alert and mobilize forces for Saudi Arabia. These staff officers and communicators are doing a great job and truly deserve a big, loud Hoo Ah!

On Saturday all our Military Police and a number of our U.S. Army Garrison soldiers had to pull "demonstration" duty. A large (about 200) group of persons demonstrated at our Gorgas Gate against U.S. involvement in the Middle East. To preclude their disrupting business at PSF our Military Police all had to work and the Garrison soldiers had to be in standby status. Such is the life of a soldier!

All our DCSRM people at Sixth Army and our Resource Management folks at Garrison Headquarters are working long, frustrating hours as we near the end of the fiscal year. This year is especially frustrating because of the budget problems in D.C. But our folks toil on to ensure we have the necessary funds to do our jobs. So, to each of them—my sincere thanks and a big, loud, sincere Hoo Ah!

On September 26 the MP Corps celebrated its 49th anniversary as a branch of the U.S. Army. Congratulations to all our Military Police for all their work and effort. As with our medics and nurses, Military Police work 24-hours-a-day, seven days a week, 365 days a year. There are ALWAYS Military Police on duty. So, Hoo Ah! to our Military Police for this special day and every day of the year.

Monday was a busy day. It got off to a great start as I witnessed U.S. Army Garrison Company doing aerobics at the gym. Hoo Ah! It ended as we entertained a group from the San Francisco Chamber of Commerce.Again our protocol and SGS people out did themselves as did the band's jazz combo.

Tuesday was farewell day for Spec. Brenda Watson, one of our clerks in the command group. She is shedding her army greens for full-time spouse and mother duties and we all wish her well.

Tuesday was also Native American Day. It was highlighted by a program at LAMC featuring a Native American film about the "Teaching Rocks" and some fabulous Native American dance numbers —Well done and very enjoyable.

God Bless you everyone.

William H. Harrison
Lieutenant General, USA
Commanding

"Progress always involves risk; you can't steal second base and keep your feet on first!"

—F. Wilcox



'I do'

photo by Chuck Blancet

Guests at Friday's Pow/Mia Day ceremony reaffirmed the Constitution at Pershing Square here on post. The guest speaker and several attendees were former POWs.

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News/Views

Ask Presidians:

by Drew Seaman
Star Presidian staff

"What you wish most for society?"



Spec. Michael Glynn, surgical clinic medic, Letterman Army Medical Center: "I'd change people's attitudes toward prejudice. We should teach people that we're all the same inside with the same desires and goals. Just because we're black, white, oriental or hispanic doesn't mean we don't want to live peacefully. If people would realize this it might eliminate conflicts and wars.



Spec. Elenora Johnson, medical supply clerk, Letterman Army Medical Center: "I wish women were in more control in the Army and society. Too many women work under men. To me that's not equal. From what I've seen in my life, men always have the last say so."



Mary L. Batz, home health service worker, San Francisco: "I'd change our justice system to make it more just. I've seen a lot of things personally, especially dealing with children, where things just take too long to accomplish. The people who work in our courts need to simplify the justice system and take the load off us. Our system can be better."



Seaman Apprentice Joseph Ivy Lewis, United States Navy, USS Rourke: "I would change the drug laws and make them stricter. I've had friends and a girlfriend who got involved in drugs. It was a troubling time in my life and I turned away from her. Too many people put in jail for buying, using and selling cocaine get sent back to the streets."



Oscar Cosentino, Chief Warrant Officer (retired), United States Army: "People should pay more attention to senior citizens. Once we're retired we're made second-rate citizens. We're last for space-a(vailable) travel, last for medical care, dental care, for everything. As a group we're something. The government wants our vote. But as a single person we don't count."

CFC: "Do it again plus $10.00"

by Drew Seaman and Erica Haspiel-Szlosek
Star Presidian staff

Given the chance, would you pass up renting videos, using the money instead to help feed a starving child? Would you pass up buying a couple of candy bars to help find a cure for AIDS or to help clean up the pollution in our environment?

Given the chance, would you donate money to help the less fortunate?

The Combined Federal Campaign is once again asking Presidians to open their hearts and their wallets.

"If you want to eliminate crime, drug abuse, teen pregnancy, illiteracy, you have to create alternative programs," said Glenn-Johnson of Black United Fund (BUF). BUF is one of the organizations which receives funds from the yearly CFC campaign.

This year's CFC slogan is "Do it again plus $10.00." "If everyone gives what they gave last year plus ten dollars we will reach many of the people we couldn't help before," said Paul Barker, CFC Chairman for 1990.

There are more than 850 organizations Presidians can choose to support with their donations. Some are local and benefit Bay Area communities or people, while others are national. And others specifically support the military community.

How to donate

Each Presidian will receive a a pledge form at his or her office. On that form you can specify to which organizations you wish your money to go (or you can have your contribution go to a general fund and the donations will be split among all the eligible organizations). You may choose as many as three organizations. You also specify how much you would like to have deducted from each paycheck. The minimum for civilians is $1 per paycheck or $26 a year. For soldiers it's $1 a monthly paycheck, or $24 a year.

If you have more questions, first check with your office volunteer. Then call Maj. Johnson at **395-4215,** the CFC coordinator on the Presidio.

One additional way you can donate to CFC is to attend the Monday night Oakland A's game for CFC. CFC sells the $8 tickets and pockets a percentage of the proceeds. To order your ticket by mail, write to the Combined Federal Campaign, Oakland A's, P.O. Box 2220, Oakland, Calif. 94621. Tickets are not available by telephone or through BASS ticket agents.

The Power of Attorney

by 1stLt David Richardson
Staff Judge Advocate Office

Your spouse is TDY, Then, out of the blue someone makes you an offer on the car that you have been trying to sell for months. But, there is a problem. The person needs the car right away, and the title to the car is in your spouse's name. Does this problem sound familiar? It is a fact that military families are separated for periods of time. This can create problems for the spouses who are left behind. If you plan ahead you can avoid, or at least reduce, the chances of those problems happening to you.

The Garrison Staff Judge Advocate Legal Assistance Office can prepare a Power of Attorney which will give your spouse the authority to handle some or all of your financial affairs. A Power of Attorney is a legal instrument which gives another person the power to act in place and on behalf of the person who executes the instrument. It allows you to give another person, designated by you, the authority to take care of important matters for you.

There are various types of Powers of Attorney available. The General Power of Attorney gives your designee full authority to act in your place on such matters as the buying or selling of property, depositing or withdrawing money from savings or checking accounts, operating your business or providing for the support and welfare of your spouse and children. The Special Power of Attorney allows you to give your designee limited authority to handle specific matters, such as selling the car.

Usually, a Power of Attorney is written so that it is nondurable, meaning the Power of Attorney will not be effective if you are incapacitated. However, you can get a Power of Attorney which is durable. Then, it will remain in effect if you are incapacitated. Or, it can be written in such a way that it will take effect if you become incapacitated. That is called a "Springing Durable" Power of Attorney. Once you have determined your specific need, a Power of Attorney can usually be drafted to fit that need.

Although it might seem that a Power of Attorney would be a good thing to have, you must use caution. A General Power of Attorney gives a person the power to control all of your finances. Anything that person does is treated in the law as if you had done it yourself and you are completely responsible. This leaves a lot of room for abuse. If you decide that you need a Power of Attorney, have one drafted which can only be used for the limited purposes you intend for it to be used. Finally, you should only give Power of Attorney to someone you completely trust and who will use the Power of Attorney only for your benefit.

If you have any questions, call Patricia Halsey at **561-4273** or **561-2925.**

Presidio remembers

by Mike Meines

Mary Gloria Hetherington passed away Sept. 12. She was the editor of the Letterman Army Medical Center command information publication, the *Fog Horn* for 30 years.

Hetherington, or Gloria to her many friends, assumed the duties of editor for the May 9, 1960 issue of the *Fog Horn.*

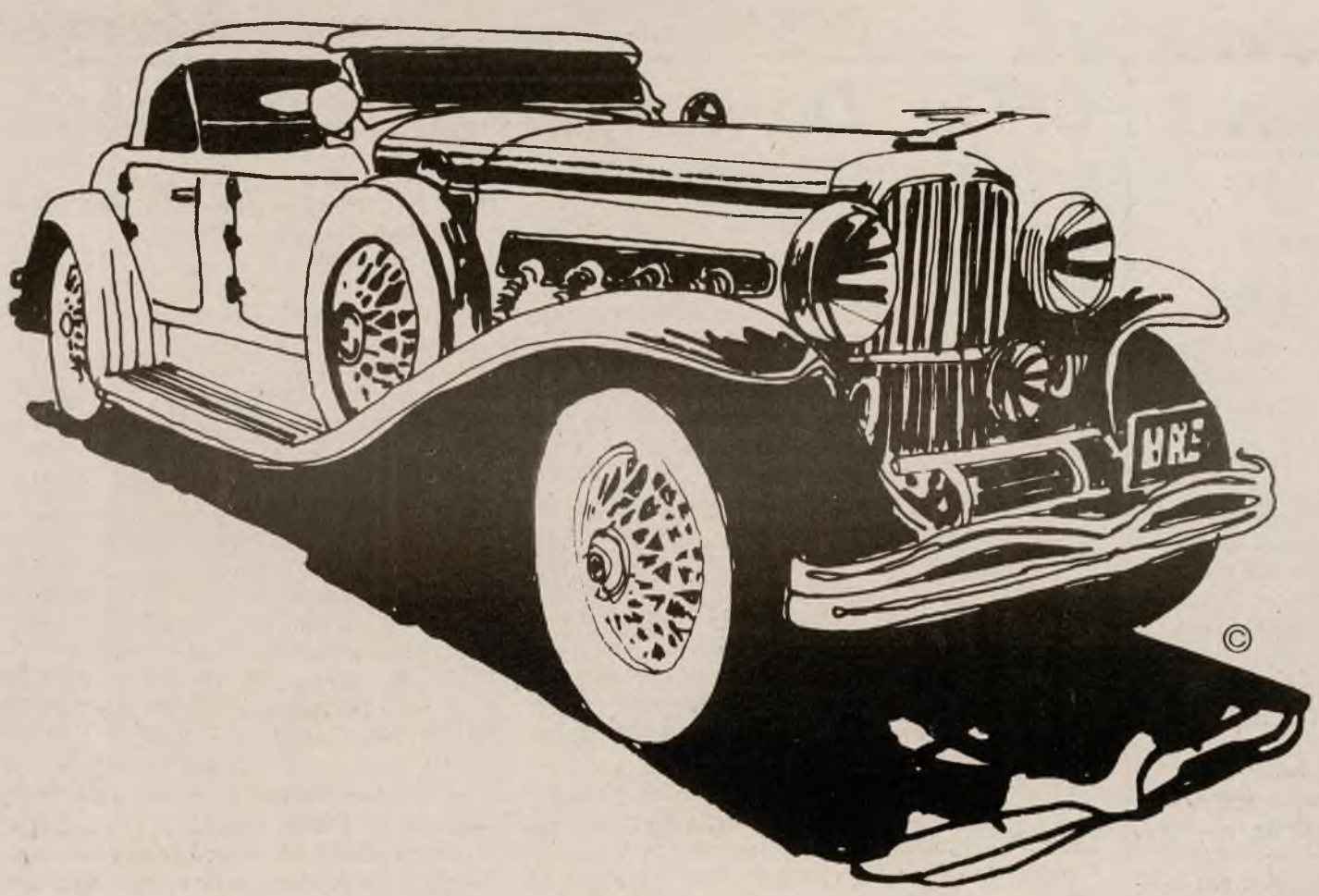
During Gloria's career, only one issue of the *Fog Horn* was late. That particular issue coincided with the October 17, 1989 earthquake. Gloria lived in the Marina district and her apartment was damaged severely and because of that, the following issue of the *Fog Horn* was one day late.

Gloria was a remarkable woman with loyalty to Letterman that will be difficult to match. Her professionalism was evident in each and every edition of the *Fog Horn* that carried her name. Her sense of humor, soft-spoken manner and especially her compassion were a tremendous asset to the Public Affairs Office and also LAMC.

She was respected in the career field and loved by her peers.

I have fond memories of Gloria. She taught me many things that will serve me well. On many occasions, I held her work up to other public affairs specialists and said, "This is what we are all about. She has not lost sight of that." Gloria's last edition of the *Fog Horn* in August was done on her manual typewriter as always. She told me, "When the electricity goes out, my typewriter will still work . . .will your computer?"

Cancer kept Gloria from meeting the last deadline. My only hope is that Whomever has Gloria now will return to her the gentleness and love she gave to us all.



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Babylon revisited

by K.M.Petrack

Not many in the military family past and present know of the relationship established nearly 50 years ago by one of Hollywood's most legendary stars. Yes, they know the place. . . it fingers through the memory, but not the creative catalytic force.

As a World War called II smouldered in Europe, Bette Davis it was who would begin a venture that would link her tough enthusiasm and feisty, confident spirit with the migration and mission of our men and women in uniform. The link remains unbroken to this day.

Next month marks the 48th anniversary of the founding of one of World War II's grandest, most memorable, patriotic efforts of any one person and any civilian community—the Hollywood Canteen. Babylon within Babylon. From 1942 until it closed its doors on V-J Day in 1945, the Canteen entertained and provided a service to more than a million GIs a year.

Davis was the founder and first president of this establishment which attained a world-wide reputation during the era because of the great number of celebrities supporting its operation and success. Davis later helped establish the Hollywood Canteen Foundation serving also as its first president.

But we're getting ahead of ourselves. Let's go back.

In 1942, Bette Davis, a confirmed strong believer in her country and its armed forces, with a shrewd talent for public relations and a fisted will to achieve her ends, sought to unite the glamorous world of Hollywood with the war effort and the great numbers of GIs passing through Southern California on their way to and from the front. She visualized a canteen whose role would be to provide a service to members of the American armed forces and its veterans, and a place for them to meet Hollywood's catalog of movie stars.

Following a luncheon conversation with friend and actor John Garfield at Warner Brothers Studio, Davis decided to establish a canteen, and became the driving force in obtaining support for the venture from throughout the Hollywood community.

A building was found—a structure resembling two barns joined together, an eyesore fallen into some disrepair, located on Cahuenga Boulevard just off Sunset—which was leased for $100 a month. Davis enlisted the help of the 42 unions and guilds which made up the entertainment industry at the tme - including carpenters, electricians and studio craftsmen - to convert the building into an entertainment facility for GIs.

The craftsmen, as well as writers, musicians, actors, singers, dancers and cartoonists, with about $2,500 worth of donated materials,contributed;killed services in their free hours to remodel the building.

They tore out and replaced the walls and loor, painted cartoon murals, added lighting fixtues, a stage, a serving area, and other essentials. A benefit was staged to raise initial operating capital. And the Hollywood Canteen was born, opening its doors on October 17, 1942. Its reputation and success were instantaneous.

Servicemen passing through Southern California headed directly to the Canteen for an opportunity to meet and be entertained by many of Hollywood's notables—glamorous stars who at one moment would be mixing with the servicemen and women or serving coffee and sandwiches, and the next moment would be entertaining on the stage.

A waiter at 7 might become Basil Rathbone or Bob Hope at 9.

The Canteen's show was consistent, generous, and exciting. Where else except in imagination or fantasy could a lowly GI be served by Hedy Lamarr, dance with Rita Hayworth or Betty Grable, sit back and listen to Harry James' Orchestra, and chat with Eddie Cantor or Bing Crosby, while being entertained by Fred MacMurray?

The Canteen was a place to relax and have fun. A home away from home, where a lonely GI could forget for a moment the darkness looming in Europe and his precarious place in that grim scenario. A place to drink nectar with the immortal gods and goddesses of California's Mount Olympus. A chance to spend one night in Babylon.

The Canteen also provided honest sympathy, humanity and concern; Bing Crosby, for example, brought his family brood of boys there one Christmas Eve to sing carols with the troops, many sitting around lonely, thinking of home.

Davis helped recruit and register 3,500 junior and senior hostesses. An average of 100 served each night together with the usual working crew of more than 100 men and women.

All but nine of the Canteen's 6,000 workers were volunteers. Nearly every star in Hollywood's radio and screenworld of that golden era (except a few such as Garbo and Chaplin) played there at least once—many 30 to 40 times. Even at bargain rates, the free entertainment these stars and the many prominent bands volunteered would have cost millions.

Every day, from noon to midnight, the stars and volunteer workers swept, dusted, made the 3,000-plus sandwiches consumed each night, washed dishes, attended the snack-bar and checkrooms, manned the doors and entertained on the Canteen's stage.

With a capacity of only 500, the Canteen always had lines of troops three and four abreast waiting to get in. Once inside, they mingled freely with the stars, hosts, hostesses, and entertainers. In its daily operations from 1942 to 1945, the Canteen operated free of charge to the 2,500 to 3,000 GIs who nightly attended.

Hollywood's celebrities went there out of a sense of national pride and patriotism, as well as publicity, to work, meet, and entertain the troops. This was an era in entertainment unlike any known before or since—an era when stars stepped down from the silver screen and made themselves available to their fans and willingly showed their appreciation and united support of a national effort.

And here's a tale worth telling. Davis, in setting up the Canteen operation, had obtained permission from the Victory Committee, an organization made up of some of Hollywood's most powerful stars and which controlled the celebrities' appearances in military camps and such, to work directly with the stars on Canteen participation rather than to have to seek Committee approval for each star's appearance. Only once did she run headlong into a wall of Hollywood ego and politics when Chairman James Cagney and Committee, after the Canteen's proven success, tried to withdraw that permission. This attempt led ram-headed Davis to threaten to close the Canteen the next morning, inform the 42 guilds and unions who helped create the Canteen, and issue a statement to the national media of the Committee's actions. A stunned Cagney et. al. notified Davis the next morning at 6, after having met all night, that the Committee had agreed to let the earlier-approved decision stand. Thus was exhibited a facet of Davis' Aries charm and temperament.

Davis, herself, was a regular, frequent volunteer in the Canteen, serving, entertaining, mingling, and dancing with the GIs. A 1942 New York Times feature on the Canteen related the story of a jitterbug-exhausted, bumped, and bruised Davis promising the troops that she would gladly dance with them, but begging those from the armored units to please "check their tanks at the door."

Despite the volunteered services, costs to operate the Canteen still averaged more than $3,000 a week—a hefty sum in those days of 7-cent loaves of bread and 9-cent matinee movies. But, the Canteen never solicited contributions. The money came from a variety of donations, fund-raising events and benefits.

The coup came in 1943 when Davis' negotiations with Warner Brothers for rights to the motion picture, "Hollywood Canteen," led to fruition and $425,000 was added to the Canteen's treasury, assuring its solvency and longevity.

With more than adequate funding and skillful, intelligent management, the Canteen became, by the end of the war, a financially-sound operation leading to Davis' co-founding a branch organization, the Hollywood Canteen Foundation, and being voted in as its first president.

The Foundation, in existence yet today, has donated more than $1.7 million to veteran's community services, hospitals, and educational and health care facilities, and provides on-going charitable services and contributions to the men and women of the U.S. Armed Forces and to its veterans.

Yet to be penned was the last chapter. And that long unwritten.

During the war years, Davis' Hollywood Canteen efforts though publicly realized were officially unrecognized by the military or government, and Davis made no personal claim to the Canteen's success or her national service. After the war and the closing of the Canteen, memories of her contributions dissolved in the tides of a nation at peace and a country being swept into a changing future.

In early 1983, actress and former child star Margaret O'Brien, who had been appointed Civilian Aide to the Secretary of the Army for Southern California, informed the incumbent Sixth U.S. Army Commander of Davis' long-unrecognized Hollywood Canteen efforts. Life's allotted time was shortening. Davis was not in the best of health. A perfect forum for recognition was at hand—the annual Association of the U.S. Army Ball in Los Angeles.

The CG immediately wrote Secretary of Defense Caspar Weinberger, through Forces Command and Department of the Army channels—gaining support all the way—nominating Davis to receive the highest award the Department of Defense can bestow upon a civilian - the Department of Defense Medal for Distinguished Public Service.

Secretary Weinberger agreed.

June 1983. Beverly Hills. A still-feisty though visibly weakening Davis, guest of honor, gratefully accepted the award presented on Weinberger's and DOD's behalf by then Secretary of the Army John O. Marsh, Jr. before 350 celebrants in the terraced Grand Ballroom of the Beverly Hilton.

The Ball's theme, in honor of Davis, was a "Salute to the Hollywood Canteen" and to its participating era stars. Many high ranking members of the defense establishment—military and civilian—attended to pay Davis tribute, as did many of the celebrities who were regulars with Davis at the Canteen, among them Bob Hope, Maxene Andrews, Margaret O'Brien, Martha Raye, Paul Henried, Virginia Mayo, Roddy McDowall, Don DeFore, Jane Withers, Vivian Blaine, Gloria DeHaven, Nancy Marlow, and Joan Leslie. Entertainment was in the World War II, Hollywood Canteen tradition with Maxene Andrews of the Andrews Sisters (with its own special nostalgia) highlighting the stage performances.

Davis would later reflect in one of her published memoirs, *This 'n That* (Berkley Publishing Group, 1987), "There are few accomplishments in my life that I am sincerely proud of. The Hollywood Canteen is one of them. All our efforts during all those years were more than rewarded when I received a medal, forty years later, from my country. Standing there, looking at it, I wept at this great honor being bestowed on me by my government."

Davis has since passed on. But recognition had come in time. Many in the military are pleased that, though it arrived late, appropriate honor was paid to Davis for her initiative, influence, perseverance, determination—and that unique Davis "chutzpah"—on behalf of the nation's defense force and its veterans.

Today, nearly a half century after Bette Davis first opened its converted barn doors just off Sunset, Hollywood Canteen ghosts, verified on sprocket-holed celluloid, still haunt the gauze of memories, while real benefits from its monied offspring, the Hollywood Canteen Foundation, continue to help service members and veterans.

Planet Earth



15 things you can do to save the earth

by Joel P. Smith
Star Presidian staff

The survival of the human race has become a popular topic these days. With whole animal species vanishing in the wake of progress, with bulldozers leveling the world's greatest oxygen bank—the Amazon rain forest, with oil lapping at the shores of every continent, people suddenly have become interested in what they will eat, breath and drink after we have stripped the world of its wealth.

Once the lonely realm of poets and ecologists only, concern for the environment now is all the rage with the American public and image-minded industry.

Ecology is in the midst of a population boom.

And most popular of all is individual action. People are coming to the realization that ecological problems aren't wholly the fault of business and industry—conservation begins at home.

So, in the words of one environmental organization, people are thinking globally, acting locally.

How are they doing it? They're practicing simple, environmentally sound life and work styles. Here is a list of 15 things *you* can do to save our greatest treasure, the earth we live on:

1. Carry your own bags to the grocery store. By using bags *you* recycle, resources aren't wasted. Manufacturers don't have to produce materials that are durable, yet are usually thrown away after their first and only use.

2. Recycle cans (see list of recycling centers this issue). Manufacturing aluminum and tin requires extensive mining operations, many of which endanger plant and animal communities and permanently scar the earth. Production of refined, desirable metals also results in the production of hazardous, not-so-desirable chemical by-products, which find their way into the atmosphere and earth's water resources. Much of this manufacturing is overkill; if you recycle cans, less mining and manufacturing will be required.

3. Recycle bottles. Same principle, minus the mining. Every major city in the U.S. has recycling facilities.

4. Recycle newspapers. Throw all that bad news back.

5. Tune up your car, motorcycle, lawn mower, etcetera. Engines that run properly do the same amount of work for less money, since they use less energy. No engine pays a 100 percent dividend on your fuel investment, but smooth-running engines save a significant amount of energy in the long run. Less fuel waste, less needless oil drilling, probably less spills.

6. Use a glass of water for rinse when you brush your teeth. Although this sounds a little picky, leaving the spigot running while you attack that plaque can waste several gallons of water. Using a glass minimizes the amount of water you—and millions of Americans—use each day. Less water waste means less energy used to pump and contain it, less dams, less loss of river habitat, less loss of environmental quality.

7. Turn that light out! To save energy, and your own bank account, waste less energy by using lights only in those rooms in use, both at home and at work. You might also consider investing in high-efficiency light bulbs. These watt-savers are available at lighting stores and through environmental products catalogs.

8. Car pool. You can save a considerable amount of energy by sharing a ride with a friend. On post, call **861-POOL** to sign up. Car pooling also minimizes carbon-dioxide pollution, which scientists feel is the driving factor behind global warming. On your way to work, you can all think of other ways to help humans survive.

9. Use public transportation.

10. Wash dishes in a sink full of rinse water. Once, again, water down the drain is water we can't afford to waste.

11. Insulate your house. If you've got leaky windows and doors, your heater is trying to warm-up your community, as well as your house.

12. Turn your furnace down to 68 degrees when you go to bed. Blankets were invented so you wouldn't have to stoke that fire all night. When you're away, and there's no reason to keep the house toasty warm for your eventual return, set the thermostat even lower.

13. Use low-flow shower heads. These special shower heads allow you to get wet, shut the water off while you're lathering-up, and turn the shower back on without losing water pressure or having to readjust the temperature. The heads are available at the Post Self Help Center, building 1227 at Fort Scott (Presidians need a Self Help credit card to check out the equipment).

14. Water lawns only when watering will do the most good—early in the morning, before the sun comes up. Watering in midday allows for more evaporation and wastes water.

15. Don't use pesticides or herbicides in your garden. You won't just poison the earth, you'll poison yourself.

Following these principles—a modest number at best—will make for a safer, healthier, cleaner, better world for you and for all living things.

Army environmental policy takes shape

by Army News Service and Joel P. Smith
Star Presidian staff

As concern for the environment grows throughout the United States, the Army is taking a harder look at cleaning up its own backyard. Its new environmental policy directs commanders to set the example for the Department of Defense and the rest of the federal government.

The foundation of the Army's environmental policy was set in a July memo from Army Chief of Staff Gen. Carl E. Vuono and Secretary of the Army Michael P.W. Stone.

"Protection of precious environmental resources is the duty of every member of the total Army," stated Vuono and Stone. "Charged with the stewardship of over 24-million acres of land on over 2,000 installations, we must never lose sight of our responsibility to preserve and protect the resources that have been entrusted to us."

Alex Macievich, chief environmental engineer at the Directorate of Engineering and Housing on post, said the Presidio is doing its part to come on line with the Army's new environmental focus.

"Obviously, we go along with the Army policy," said Macievich. "The Presidio is in a close-mode and environmental clean-up here is a top priority.

"Environmental awareness and sensitivity to pollution is a relatively new thing. Our main focus now is making sure the Army is in compliance with the new standards," he explained.

Macievich added that, at the Presidio Army base, "[The DEH] philosophy has been environmentally oriented longer than others', because we became part of the Golden Gate National Recreation Area in 1972.

"That encouraged us to be environmentally sound, to keep in line with the goals of the National Park Service," Macievich said.

In a prepared statement, Susan Livingstone, assistant secretary of the Army for installations, logistics and the environment explained the meaning of the Army's environmental policy.

"Environmental compliance," said Livingstone, "is not only a cost of doing business, but also the legacy we owe the next generation." Livingstone said the Army must learn to consider how all of its actions could affect the quality of the environment, "from top Army management down to each individual employee and soldier at every installation."

The aim of the Army's environmental policy is to be more proactive, said Col. Robert L. Keenan, chief of the Army environmental office, office of the Army chief of Engineers.

"Right now the Army is in a situation where we are in a reactive posture . . . we are receiving a substantial number of notices of violations from the EPA and the states. We need to move to a proactive posture. The key is to find out what's wrong at each installation. We need to develop management plans (to correct the problems), then apply additional resources, which I see coming in the near future, toward correcting the problems."

Keenan said environmental stewardship is not the sole responsibility of the engineer on the installation.

"Even though the Corps of Engineers has functional responsibility for the environmental program, the key is that everyone has the opportunity, through their daily mission activities, to make a difference to improve environmental quality on their installation.

"For example, the mechanic in the motor pool shouldn't pour used motor oil down the nearest storm drain. Nobody may see that. But that storm drain may lead right into the nearest creek, and right into the nearest lake, and may be the same reservoir you're getting your drinking water from," Keenan said.

"Some people have had a lackadaisical view toward the environment, and it has begun to catch up with us."

Concern for the environment appears to be fueling increased spending and command emphasis on environmental stewardship, said Col. Wayne J. Scholl, in a recent study of the Army's environmental policy.

"Environmental compliance funding represents a significant new challenge for the Army," stated Scholl.

The president's fiscal year 1991 budget request includes $452 million for the Army's environmental programs. That figure is roughly triple the 1989 budget.

Current Army environmental management, according to Scholl's report, can be separated into several different categories:

- Restoration projects, which include cleaning up and eliminating pollution caused by past waste practices. These projects, Scholl explains, have been approached on a "worst first" basis. Restoration represents about 30 percent of current funding according to Scholl's analysis.
- Pollution abatement, which includes waste water treatment, solid waste disposal, hazardous waste materials management, underground storage tank upgrades. This represents about 50 percent of current funding.
- Land management, which encompasses protection of natural and historic resources, such as use of real property and protection of endangered wildlife. Land management represents about 10 percent of current funding.

bnNational Environmental Protection Act compliance, which includes research and preparation of environmental impact statements. Work done under NEPA requirements represents about 10 percent of current funding.

Beyond the funding question, another key factor in the Army's environmental policy, officials say, is available manpower.

Members of the House Armed Services Committee's Environmental Panel concluded after numerous hearings over the past two years that "Department of Defense environmental activities are characterized by too few being asked to do too much, too fast, with too little.

The House panel's findings indicated that environmental requirements are growing faster than the department's ability to respond to them. Compliance with environmental laws has greatly added to the work load of environmental staffs, and more skilled workers are needed. The panel has identified a need to double the size of the military's environmental work force of more than 5,000 over the next five years.

In his report, Scholl acknowledged that over the years the Defense Department hasn't been active enough in offering the defense point of view toward environmental policymaking. Lawmakers have recognized this as a problem to be corrected. Rep. Richard Ray (D, Ga.) stated in an address on environmental concerns in April that state and federal regulatory agencies have not been sensitive to all of the cost considerations faced by DoD in complying with existing environmental regulations.

"It is evident to me that EPA needs to improve its understanding of DoD operations," said Ray. He said current military budget figures being considered are only enough to fund high priority environmental requirements. Left out, Ray said, are emerging requirements, medium and low priority requirements, and personnel management actions needed to build a staff to handle the increased work load

Obtaining funding for military environmental programs may be difficult if requests are not directly related to compliance or restoration requirements, Ray said.

Current Department of the Army policy gives installation commanders the discretion to use local budget resources where they determine the need is greatest, said Col. Hugh M. McAlear with the Assistant Secretary of the Army, office of environment, safety and occupational health. But their guidance, McAlear added, is to fund those projects "necessary to achieve compliance with environmental laws."

Faced with dwindling funds, increasing scrutiny by state and federal regulators, and recurring cutbacks in the local civilian work force, "installation commanders will be challenged to meet sustainable compliance, that is, no notice of violations," McAlear said.

Recycling information

High-grade white paper or cardboard

In office collection boxes; see your supervisor or call the Recycle Branch at **561-6140.**

Scrap metal, batteries, motor oil or used appliances

The Auto Skills Center (building 662) accepts old appliances, scrap auto parts and other scrap metal. The center also collects used auto batteries and motor oil. For more information call **561-5521.**

Newsprint, aluminum cans, 2-liter plastic soda bottles

Currently, there are no recycling points on the Presidio for these items. However, they may be turned in at "Many Happy Returns," one of four not-profit recycling centers run by the San Francisco Community Recyclers. "Many Happy Returns" is located on the corner of Chestnut and Mason Streets in the Marina District and is open from 10 a.m. to 5 p.m. Thursday through Monday. For more information call **285-0669.** Here are some current prices you will be paid for recycled materials:

Aluminum (Calif. redemption labeled).....72 cents per pound or 2 cans for 5 cents.
Aluminum (mixed, without redemption label).....64 cents per pound.
Glass (Calif. redemption labeled).....5 cents per pound or 2 bottles for 5 cents.
Glass (mixed, without redemption label).....4 cents per pound.
Plastic (2-liter soft drink bottles).....35 cents per pound or 5 cents each.

Newspaper is accepted but there will be no money paid.

Presidio planners are considering on-post recycling sites for these items in the future, according to Floyd Terry, chief, Services Division. "Future plans may include more extensive recycling bins (igloos) at selected sites for glass, plastics and aluminum cans," he said.

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Sports/Health

Sports Briefs

by Drew Seaman
Star Presidian staff

Flag football

The 1990 intramural flag football competition will begin Oct 15. Units desiring to enter teams are requested to complete an endorsement signed by their commander and returned to the sports branch no later than Oct.5.

A rules interpretation meeting will be held Oct. 9 at 1:30 p.m. in post gym -1, bldg. 63. Units entering must have a team representative at this meeting. Commander's points will be awarded for attending the meeting. Point of contact is Charles E. Hurd, flag football coordinator, at **561- 4131** or **561-5032.**

Temporary gym closure

Gym No. 1, Bldg. 63, will be used for Air Force Academy testing Sunday. The basketball court and weight room will be closed from 8 to 10:30 a.m. and will reopen upon completion of the test. All other parts of the gym will be open.

Volksmarch

There will be a 10 kilometer (6.2 miles) volksmarch Oct. 20. The volksmarch starts and finishes at the Presidio NCO/Enlisted Club. The starting time is 10 a.m. to 1:30 p.m. with all participants finishing by 4 p.m. After the volksmarch the NCO/Enlisted Club will serve beverages and German wurst and a German "Ompaah" band will provide entertainment.

For more information, call Sgt. Maj. Michael Conrad at **561-5613.**

Soccer coach needed

Presidio Youth Sports is looking for volunteer head coach and assistant coaches for the under 8 team. The team is registered in the San Francisco Vikings Soccer Club League.

For more information, call Allen Posey at **561-5051.**

Exercise and diet

A plan for good health and fitness involves exercise and diet. A program that involves three balanced meals a day and aerobic exercise three days a week.

Exercise helps you manage stress, stay more alert, ease tension and control your diet. This will help you maintain your ideal weight. Exercise also builds muscle, improves flexibility and increases your cardiovascular endurance.

The best calorie burning exercises are running, swimming, bicycling, walking and aerobic dancing.

Just by using the stairs instead of taking the elevator or walking to the store instead of driving, you will increase your activity level which will start you on your way to fitness.

Once exercise becomes part of your lifestyle, the benefits to vour well-being will become long term.

Tennis Tournament

Daryle Bowers of Company A, LAMC won the men's singles title and Gerl Jenkens of DOL took second place. In the men's doubles, Han Sparbel and teammate Dennis Uldricks of USAG took top honors by defeating Thomas Miller and Scott Becket of MEPCOM in the finals by a score of 2-6, 7-5, 7-5.



photo by Drew Seaman

LET'S GET HIGH!—One of the dozens of individuals who gather to fly kites on the Marina Green.

Go fly a kite . . . please

by Drew Seaman
Star Presidian staff

A dark-tanned woman wrestled for control of the dragon as it's long, red body missed hitting, by inches, a sweaty jogger on Marina Green. The paper-thin dragon looked like it was trying to break free from the string tied to it's waist.

Rebecca Suarez, a 19-year-old San Francisco State University student, is a novice kite-flyer, admitting that she's only flown her dragon-shaped kite a couple of times before. But she says she's hooked. She is only one of dozens of kite-loving individuals who gather on the wide stretch of grass on Marina Boulevard to fly their birds, crickets, fish and pterodactyls.

The kites don't come only in the form of animals though. Hexagons, circles, triangles and diamonds can be seen suspended in the air by ocean-borne winds.

Kite flying has soared more than a few individuals into the annals of immortality.

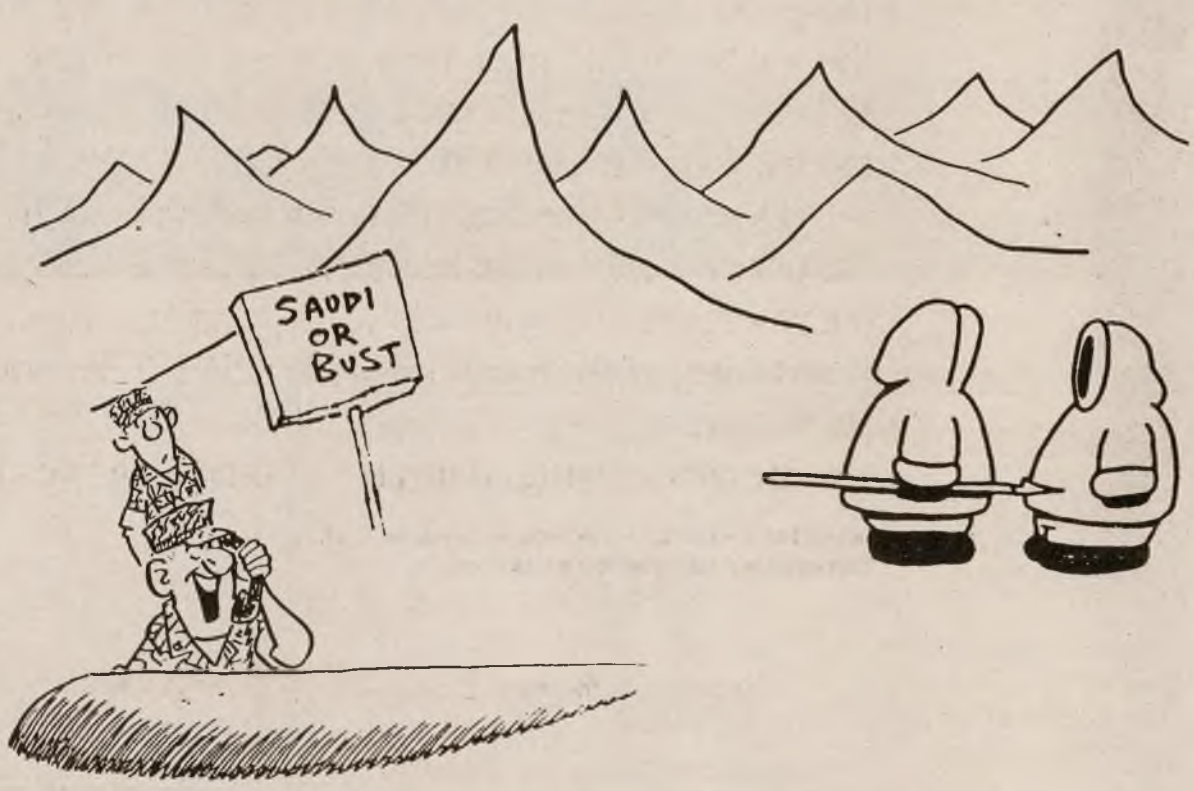
On a June day in 1752, Benjamin Franklin flew his kite into the stormy skies over Philadelphia. He was trying an experiment to conduct electricity from the lightning-filled sky. Franklin wanted to prove the point that sparks produced by lightning and by an eiectrical friction machine were one and the same.

Franklin proved his point and earned himself, among his other accomplishments, a paragraph in history books as one of America's most famous kite-flyers.

And were there no kites, there may never have been planes. Before Orville and Wilbur Wright became famous for their experiments with powered flights, they were mass-producing kites in Dayton, Ohio. By modifying and enlarging their kite designs the Wright brothers constructed a double-planed kite with a 5-foot wingspan. It featured manueverable wings, and a rudder.

After a successful flight, the brothers built a larger version of the kite with a curved wing surface. They took the glider to Kill Devil Hill near Kitty Hawk, North Carolina. It was flown on a tether like a kite, but the brothers also took turns riding it for distances up to several hundred feet. Thus the plane, in it's most primitive stage, was born.

Suarez was busy with her own trial and error effort to keep her dragon kite in the air. It blew left, then right, finally crash burning into a clump of dirt. She picked up the kite and said, "I end up with this thing more often on the ground than in the air, but I still love to fly kites."



"Yes, General Sims, I think we missed that turn over Iowa!"



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AAFES
AAFES CONCESSION

by Joel P. Smith
Star Presidian staff

Community Calendar

Resident status for soldiers

This year the California State Legislature granted resident status to all military personnel and family members for their entire tour of duty in the state of California. Previously, military personnel claiming residence in a state other than California, were required to pay non-resident fees at California state universities. For further information about the costs, programs of study and application procedures, call a counselor at the Fort Scott Education Center, at **561-4445** or **561-2974**, or the LAMC Education Center, **561-3692** or **561-4791.**

Tuition assistance

Although tuition assistance (TA) will still be available for eligible soldiers after Monday, there are some changes and restrictions.

TA is capped at $89 per semester hour for *undergraduate* study (or 75 percent of the tuition, whichever is less). Soldiers in undergraduate programs may use TA for *Not more than* semester hours during any 12 month period.

TA is capped at $165 per semester hour for *graduate study* (75 percent of the tuition whichever is less). Soldiers in graduate programs may use TA for *Not more than* 12 semester hours during any 12 month period.

All other restrictions remain the same. For more information, contact a counselor at the Fort Scott Education Center at **561-4445** or **561-2974** or the LAMC Education Center at **561-3692** or **561-4791.**

Discovery Museum

The Bay Area Discovery Museum is having a Harvest Moon Festival for members Oct. 4 from 6 to 8 p.m. All families on the Presidio are invited to attend. Bring a picnic dinner, a blanket and a flashlight and we'll provide desserts and cider. The evening's activities include: pumpkin decorating, scarecrow building, tours of our new museum in progress, and face painting. A storyteller astronomer will be on hand to talk about the moon and sky and there will be telescopes for moon watching throughout the evening. Please respond by Friday. Call **332-9646** for more information.

Thrift Shop closed

The post Thrift Ship will be closed today and Friday to complete remodeling. Regular operating hours will resume Oct. 2. Hours are 10 a.m. to 2 p.m. Everyone is invited to attend the Grand Re-opening. Jo Harrison will cut



Hispanic Cultural Festival

On Friday, celebrate Hispanic heritage at a gala festival. From 11:30 a.m. to 1:30 p.m. visit the Log Cabin for a vacation from ordinary Presidio life. There will be displays galore, Puerto Rican and Mexican food, live music, dance groups, and more! Call Eleanor Castorena at 561-3598 or Yvette Jaks at 561-4791 for information.

Conflict resolution

The Presidio Family Advocacy Program is offering a free class, called "Conflict Resolution," Tuesday, 6 to 8 p.m. at Army Community Services, building 103B. The class is presented through the Presidio Smart (Stress Management Resource Team) Program.

Advance registration is required. Child care is available. For more information, call Nancy Niederhauser at **561-5155.**

ROA meeting

All officers are invited to attend the Oct. 4 meeting of the Reserve Officers Association at the Presidio Officers Club to hear an address by Maj. Gen. Patrick H. Brady, deputy commander of Sixth U.S. Army. Cocktails begin at 6:30 p.m. Dinner will be served at 7:30 p.m. Please reserve seats for dinner by calling Col. Angus Loop at **531-6401** or **486-5831.** The meeting is hosted by the Presidio Chapter of the Reserve Officers Association.

Free tickets through USO

The USO has free tickets to many Bay Area music and sporting events. Tickets are available for active-duty servicemembers and their families. Stop by the USO at building 223, in the basement below the Staff Judge Advocate Office. USO hours are Monday through Friday, 9 a.m. to 4 p.m. Tickets are on a first-come, first-served basis.

Craft classes

The Presidio Arts and Crafts Center is offering a series of classes this fall. The following classes require advanced registration and payment:

- Upholstery, Tuesdays, beginning this Tuesday through Dec. 18. Thursday classes are also offered from Oct. 4 to Dec. 20. All classes run from 6:30 to 9:30 p.m. The fee is $85.00.
- Beginning Black and White Photography: Oct. 4 through Nov. 8, Thursdays. The cost is $20.
- Children's Photo Workshop: Saturday, 10 a.m. to 1 p.m. Cost is $6.
- Beginning ceramics: Oct. 13, 9 a.m. to noon. Fee is $7.
- Pottery: Oct. 24 to Nov. 28, 6:30 to 9:30 p.m. Cost is $20.
- Framing: a new class starts every other Wednesday, from 6:30 to 9:30 p.m. Fee is $15.

For more information, visit the center at building 122, or call **561-4497.**

Flea Market

The Thrift Shop's Saturday opening will be 9 a.m. to 1 p.m. Oct. 6. at building 204. The Flea Market, also on Oct. 6, will be from 7:30 a.m. to 1 p.m.

Bring a table, valid-unlimited military I.D. card and rent a vendor space for $5. There is an additional charge for extra space. No reservation is needed. For more details, call Adeline Michel at **922-3384.**

Beware of "war clause" insurance

Soldiers and dependents are advised of the provision of Army Regulations which prohibit the sale of life insurance policies containing military service or military occupational specialty exclusions on military installations unless such restrictions are clearly indicated on the face of the policy. This means such restrictions must be presented in bold print on the front page of the policy. Presidians who have been sold such policies which violate AR 210-7 should advise Capt. John M. Head, Insurance Officer, Office of the Garrison Staff Judge Advocate, either in writing or by phone at **561-2588.**

Be cool, stay in school

Encouraging children to stay in school and emphasizing education is the theme for this year's Youth Excellence Day which will be held Oct. 5 from 11 a.m. to 1:30 p.m. at Crissy Field.

Youth Excellence Day is a natonal event and the opening event in Fleet Week 1990. More than 30,000 chidren from eight school districts in the Bay Area will attend and participate in the day's exciting activities, some of which include a Blue Angels air show. There will also be a parachute team and the U.S. Marine Harrier jet flight demonstrations. Nationally known celebrities will perform and bring the message on education.

The closing activity will be 30,000 students attempting to break the Guiness Book of World Records for the most people dancing at the same time in one location. This is an opportunity to become directly involved in delivering a message on educational achievement.

Star Presidian submissions

The *Star Presidian* has joinel the technological age with computers. If you would like to submit an announcement or article for the paper, typeyour submission on a computer floppy disk in the word processing program - MultiMate. You must use a 60 character line to be compatible with our system. The deadline remains the same; Friday at noon for publication in the following Thursday's newspaper. If you are unable to submit your materials on a disk, we will still accept typewritten articles.

For information, call **561-3908.**

At the Movies

Presidio Theatre
Fri., Sept. 28: Ducktales: The Movie (G) 7 p.m.
Sat., Sept. 29: Young Guns II (PG) 7 p.m.
Sun., Sept. 30: Young Guns II (PG) 7 p.m.
Mon., Oct. 1: The Freshman (PG) 7 p.m.

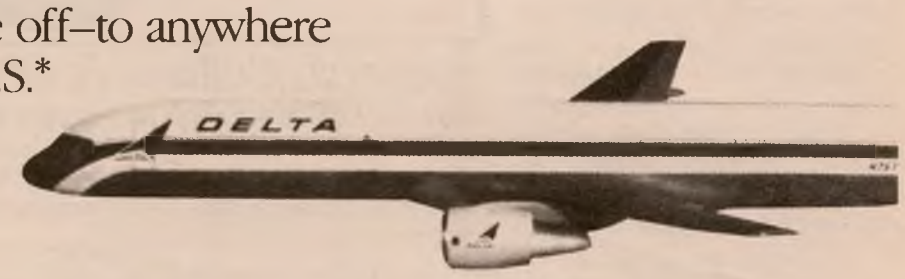
Hamilton Theater
Fri., Sept. 28: Robocop 2 (R) 7 p.m.
Sat., Sept. 29: Gremlins 2 (PG-13) 7 p.m.
Sun., Sept. 30: Robocop 2 (R) 4 p.m.

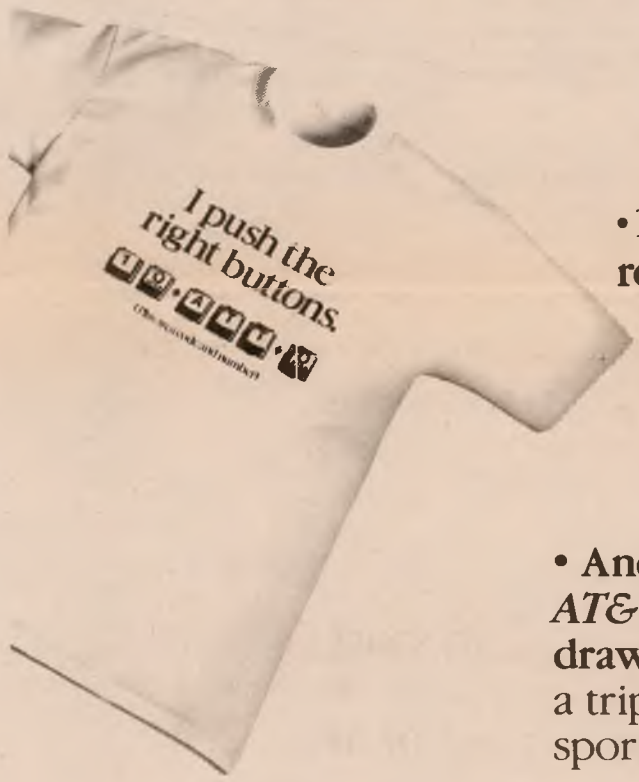


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Sweepstakes is void where prohibited or restricted by law. Liability for taxes is the sole responsibility of the individual winners. Odds of winning will be dependent on the number of calls received. All winners including the Grand Prize Winner will be randomly determined by American Transtech, an independent judging organization whose decisions are final. Instant winners will be notified immediately during the call and the Grand Prize Winner will be notified by mail. All winners will be required to sign an affidavit of eligibility and release. For a list of winners, send a stamped, self-addressed envelope to: AT&T Push the Right Buttons Sweepstakes, PO Box 2249, Darien, CT 06820-9851. Prizes are non redeemable for cash. Travel prizes must be redeemed through Robustelli World Travel. Delta Air Certificates must be redeemed by Dec. 15, 1991.

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To furlough or not. . .

by the Civilian Personnel Directorate

On Aug. 25, the President issued an initial sequestration order under the Balanced Budget and Emergency Deficit Act of 1985, as amended, commonly known as the Gramm-Rudman-Hollings Act. On Oct. 15, the President will, if necessary, issue a final sequester order. Sequestration will result in a level of funding for the Army 35 percent below that available for FY90. The magnitude of this sequester would require that Department of the Army U.S. citizen civilian employees paid by appropriated funds be furloughed for extended periods during FY91. After making maximum reductions to all programs, projects and activities, our initial estimates indicate furloughs of up to 52 days could be required for those appropriations from which most of our employees are paid. The outcome of efforts to reach agreement on a deficit reduction program is uncertain. Thus, while furlough is not a certainty, the Army has no recourse but to prepare for issuance of notices should such action be required.

Further guidance stated that Civilian Personnel Directorates should be prepared to issue furlough notices by Oct. 15 with actual furloughs to begin Nov. 25, 1990. If it becomes necessary to execute furloughs, commanders and other activity heads will decide who is to be furloughed, when, and for how long, consistent with their FY91 funding guidance and special mission requirements such as support of Operation Desert Shield.

The Presidio Civilian Personnel Director remains in daily contact with higher headquarters regarding the status of efforts to reach agreement on a government-wide deficit program which could alter the above guidance. In the meantime commanders must continue to access all aspects of their budgets and potential impact should we have to execute any mandated reductions. Everything possible is being done to avoid Department of the Army civilian employee furloughs.

Star Presidian

Vol. 33, No. 41 | "Published in the interest of the people of the Presidio of San Francisco" | October 4, 1990

News Briefs

by Drew Seaman
Star Presidian staff

Housing clean-up

The Fall Clean-up for Presidio housing areas will be from Oct. 15 to Oct. 19. The hours for the clean-up will be 12:30 p.m. to 4:30 p.m. on the following days: Oct. 13 (1700 area), Oct. 15 (1500, 1-100, and 300),Oct. 16 (500, 800 and 400 areas), Oct. 17 (900, 1000 and 1200 areas), Oct. 18 (1300, 1400 and Ft. Mason: 1800 area), Oct. 19 (Ft. Baker: 500 area and 600 area, Ft. Barry: 800 area, Ft. Barry and 700 area).

Active duty sick call

Due to recent shortfalls and shortages of personnel, the new hours for the Walk-In Clinic at Letterman Army Medical Center are from 7:30 a.m. to 4:30 p.m. Sick call for active duty personnel will be from 7:30 to 9:30 a.m.

Self Help store hours

The Self Help Center hours have changed. The main store area is open 1 to 5 p.m. on Tuesdays through Fridays and 9 a.m. to 5 p.m. Saturday. The Garden/Carpenter shops are open 9 a.m. to 1 p.m. and 4 to 5 p.m. Tuesdays through Fridays and 9 a.m. to 5 p.m. Saturday.

Chimney cleaning, inspection

Family housing fireplaces and chimneys will be inspected and cleaned now through December. The contractor will need access to both the interior and exterior of the quarters in order to complete the job. Residents will be notified in advance of their scheduled cleaning date. An adult must be present during the short time required to accomplish the work. For information, call Keith Jensen, DEH Inspection Branch at **561-6000.**

Walk-in Legal Clinic

Every Thurday at 9 a.m. the Garrison Legal Assistance Office in Bldg. 223 provides a walk-in clinic for all soldiers, family members and retirees who need legal assistance. The only limitation on services during the legal clinic is that documents and letters cannot be prepared at that time; those clients needing documents should schedule an appointment to allow time for preparation. The legal clinic is on a first come, first serve basis, with priority to active duty. Call **561-4273** if you have any questions.

Native American celebration



photo by Sam Park

A young man performs an Apache/Papago Feather Dance at Letterman Army Medical Center's Schwartz Theater. Presidians were treated to several Native American dances on Native American Day, Sept. 25.

Voices

Presidio View

by Lt. Gen. William H. Harrison



Fly a flag for freedom

Dear Presidians—

Well yes, it is another GREAT day to be in the Army at the Presidio of San Francisco—A Very Special Place! In spite of the fog!

Chaplain Hunt had all the Chaplains from throughout the Sixth Army area in town last week. I had the opportunity to meet with them on Tuesday, the 25th. This is always a glad experience to meet these "Soldiers of God" who contribute so much to our great TOTAL Army.

On Friday the 28th I attended a great Hispanic Festival up at the Log Cabin. Ms. Yvette Jaks and Ms. Eleanor Castorena are to be congratulated for arranging a super affair. There were displays from several countries, delicious ethnic food and outstanding entertainment. Anyone who missed it missed a good deal. It truly was a Hoo Ah! affair.

Friday also was our Sixth Army and Presidio of San Francisco monthly run. We had a good turn out and the weather was perfect. Any of you who haven't joined us for one of these runs—should! It's a great time so come on out and run for fun!

On Saturday I journeyed to San Diego to visit one of our National Guard units. The unit was undergoing a simulation exercise and doing quite well. During my visit, the Major OIC from Fort Lewis came up to me to tell me of the great support his team had received from the Sixth Army staff. He was particularly complimentary of Mr. Doug Frampton from Training Devices Division of DCST. Whenever this happens it really makes my day. Too often people down below simply want to bad mouth the bosses headquarters so when they sing the staff's praises—it's all the more appreciated. So—to all the great soldiers and civilians in DCST - Training Devices—Hoo Ah! Ya' done good!—'especially Mr. Frampton.

Saturday night I attended the 91st Division Ball in South San Francisco. Almost 1,000 persons attended and it was all very well handled by the NCOs. They recognized their Soldier, NCO and Drill Sergeant of the year. To each of their five soldiers—congratulations and all best wishes.

Sunday was a GREAT day for running—in the Bridge to Bridge 12K. Much of the course was on the Presidio. There was a really large crowd and it was a great day for running. Our MPs were out helping with crowd control and doing well as always.

These final days and weeks of the fiscal year mean lots of hard work for our folks in DCSRM and Directorate of Resource Management. These folks work mainly behind the scenes but their hard work insures we get the necessary dollars to do our training, maintenance and quality of life missions. Although most of them are out-of-sight, they are *not* out of mind. Congratulations gang and a real loud Hoo Ah for a job well done.

On Thursday the 4th we will have our 1990 CFC Kickoff at the main Post Theater. I hope I'll see a lot of you there to initiate this very well project. In this great nation of ours we have so much for which to be thankful. Lets share a little something with one less fortunate.

And lately—let's keep those flags flying to honor our proud, trained, professional and dedicated fellow soldiers in Saudi Arabia. They deserve our support *every* day!

God bless you each and everyone.

William H. Harrison
Lieutenant General, USA
Commanding

Chance favors the *prepared* mind."
—Louis Pasteur

Toll-free calls for families of deployed soldiers

by Army News Service

False information or no information about loved ones overseas are among the enemies facing families of soldiers deployed to Desert Shield.

There's already been one reported case of persons posing as military representatives visiting a family of a deployed soldier and giving the family false information about their relative.

To help families deal with such threats to their peace of mind the Army early on established toll-free telephone numbers that concerned family members may call for correct information about soldiers deployed to the Middle East. The numbers may also be called for assistance to help minimize the effects of the deployment and make it easier to cope with the separation.

Those numbers are:

- **800-542-9524,** at the Army Community and Family Support Center in Alexandria, Va. It's staffed 24 hours a day.
- **800-732-7432,** a new family assistance hotline to support Army families with family members on possible alert to Saudi Arabia.
- **800-833-6222,** at HQDA's Family Liaison office. It operates from 7:30 a.m. to 5 p.m. Eastern time. Family members may also receive a free booklet, "The Family Support Contacts Telephone Guide," by calling this number. The booklet contains phone numbers that will help family members locate the nearest family support facility in their state.

Crisis support

The support group meetings for family members and friends of soldiers who may or are deployed to Saudi Arabia meets every Friday, noon to 1 p.m., in the Building 103B first floor conference room. For more information call Nancy Niederhauser at **561-5155.**



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Ask Presidians:

by Adrienne Sims and Drew Seaman
Star Presidian Staff

"Do you support the Hatch Act?"



Sgt. Mary M. Skeleton, licensed vocational nurse, Letterman Army Medical Center: "I support the Hatch Act. Since we're in the military we should do what the government says we should do, after all the government pays our salary. If soldiers are demonstrating against what the government believes, the military won't be organized. I don't think it's right for soldiers to protest against our involvement in Saudi Arabia"



Pvt. 2 Brenda Davenport, administrative specialist, Transition Point: "I don't think we should be restricted from participating fully in politics. We work just like everyone else. We shouldn't be out cast because we are in the military."



Dwight E. Carres, personnel management specialist, Civilian Personnel Directorate: "Maybe at some levels it makes sense, but on our level at the Presidio it's not needed. It takes away some of our rights that shouldn't necessarily be taken away."



Spec. Dan Jubber, training specialist, Headquarters U.S. Army Garrison Company: "I think the Hatch Act is good in some ways and bad in others. I don't believe soldiers should protest against war or other military involvement. Soldiers signed up to fight. On the other hand, I don't think federal employees should run in political elections. They may have a better advantage, and that wouldn't be fair to the rest of the nominees."

Michael P. Hampton, employee relations specialist, Civilian Personnel Directorate: "I feel as the needs of the nation evolve, so should the laws that guide us."



Hatch Act explained

by American Forces Information and
Adrienne Sims
Star Presidian staff

An informal poll of Presidians revealed that many don't know what the Hatch Act prohibits. Some think they can campaign for a partisan candidate while on annual leave; people at the other extreme think they can't even write a letter to the editor as private citizens.

Passed in 1939 to protect public institutions from partisan politics, the Hatch Act applies to most employees in federal service.

The Hatch Act restricts federal employees from fully participating in political activity. Restrictions also apply when covered employees are on sick or annual leave, leave without pay, administrative leave or furlough.

Exceptions apply mostly to appointed officials, including the heads of military departments. Consultants are covered only during the 24-hour period of any day in which they are actually employed.

The government's Office of Special Counsel investigates Hatch Act violations. According to office spokespersons, Thomas Jefferson once suggested that federal employees "should not take any part in the business of electioneering." But not until 1939 did Congress determine that government employees' partisan political activity had to be limited if public institutions were to function fairly. It then passed the Hatch Act. Courts have ruled the Hatch Act doesn't infringe on workers' constitutional right to freedom of speech because they retain the right to speak out on political subjects and candidates.

The most severe penalty for a Hatch Act violation is removal; the minimum penalty is suspension without pay for 30 days. Every year, the Office of Special Counsel sends numerous warning letters to employees for activities that may violate the act, but figures on numbers of actual violation are not available.

What you may do

Federal employees may be candidates in nonpartisan elections. For example, they may serve on a town council where no other candidate represents the Democratic or Republican party. In certain communities designated by the Office of Personnel Management, where the majority of residents are federal employees, an employee may run as an independent candidate against partisan candidates. However, employees should first check their agencies' regulations under the Hatch Act.

Employees may speak out on political subjects and candidates only as individuals. Violations will incur penalties.

Covered employees may:

- Register and vote as they choose;
- Assist in non-partisan voter registration drives;
- Express opinions about candidates and issues;
- Participate in campaigns where no candidate represents a political party;
- Contribute money to political organizations or attend fund-raising functions;
- Wear or display political buttons or stickers;
- Attend political rallies or meeting;
- Sign nominating petitions; and
- Campaign for against referendum questions, constitutional amendments and municipal ordinances.

Covered employees may not:

- Be candidates in, or campaign for a candidate in, a partisan election;
- Make campaign speeches or engage in other campaign activities to elect partisan candidates;
- Collect contributions or sell tickets to political fund-raising functions;
- Distribute partisan campaign material;
- Organize political meetings or rallies;
- Hold office in political clubs or parties;
- Circulate nominating petitions; or
- Work to register voters for one party only.

For detailed Hatch Act information, see the booklet "Political Activity and the Federal Employee" or call the Garrison Staff Judge Advocate Office at 561-2588.

For a free copy of general advice on the act, call the Office of Special Counsel at 202 653-7188, or write: Office of Special Counsel, Suite 1100, 1120 Vermont Avenue., N.W., Washington D.C. 20005.

Fleet Week begins Saturday

Fleet Week activities schedule

Today (Friday)

11 a.m.-1:30 p.m.: Youth Excellence Day activities.
12:30 p.m.: Blue Angels show practice.
5:30-9 p.m.: ANA reception for Blue Angels.

Saturday, Oct. 6

9 a.m.: Fleet Week information booths at Piers 39 and 30/32 open.
12:15-1:45 p.m.: Air show.
12:15 p.m.: Parachute team performance.
12:30 p.m.: Antique aircraft fly-by.
1 p.m.: AV-8 Harrier demonstration.
1:15 p.m.: Blue Angels perform over the Bay.
3-5 p.m.: Special Boat Unit 11 rides at Pier 39
6:30 p.m.: Navy Fleet Week Ball at San Francisco Hilton ballroom.

Sunday, Oct. 7

8-10 a.m.: Fleet Week Challenge Run.
10 a.m.-5 p.m.: Day in the Park: softball, game challenge, Navy challenge game, barbecue, and concert.
10 a.m.: Shipboard church service.
10 a.m.-5 p.m.: Special Boat Unit 11 rides at Pier 39.

11 a.m.-4 p.m.: Ships open for public visiting.
Noon-2:30 p.m.: Oakland Navy League brunch for Reserves at NAS Alameda Officers' Club; open to the public. Keynote speaker will be Cmdr. Jim Robb, commanding officer of the Navy's elite Top Gun school at Miramar, Calif. For reservations call Paul Kent at 545-7735 or evenings at 837-2514.

Monday, Oct. 8

10 a.m.-4 p.m.: Ships open for public viewing.
11 a.m.-1:30 p.m.: Navy League luncheon.
11 a.m.-4 p.m.: Special submarine tours.
6 p.m.: Chairman's dinner.
8 p.m.: CPO reception.

Tuesday, Oct. 9

10 a.m.-4 p.m.: Ships open for public visiting.
11 a.m.-1:30 p.m.: Special shipboard luncheons.
11 a.m.-4 p.m.: Special submarine tours.
8 p.m.: Host-a-Sailor phone lines close.

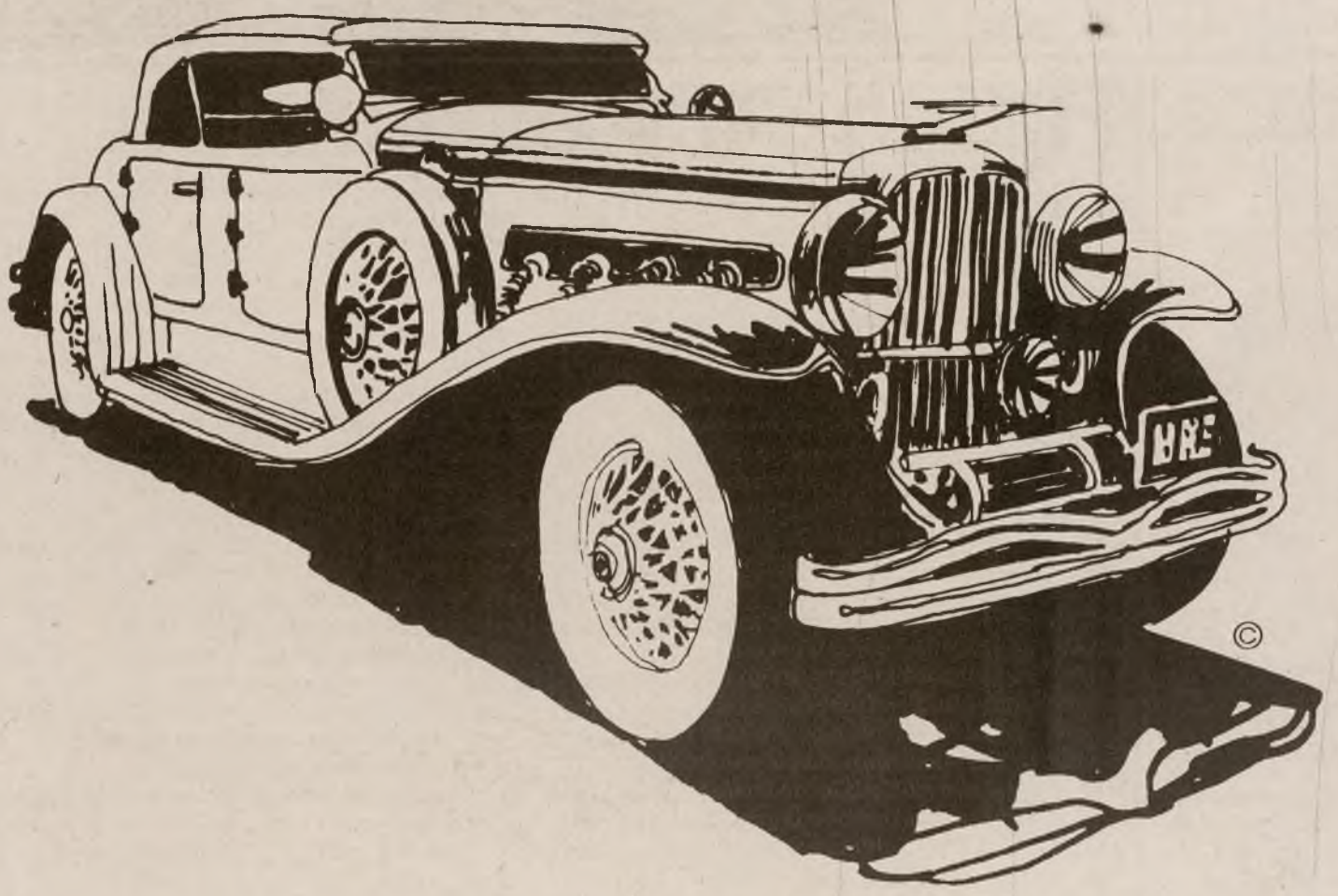
Wednesday, Oct. 10

10 a.m.-4 p.m.: Ships open for public visiting.
11 a.m.-1:30 p.m.: Special shipboard luncheons.
11 a.m.-4 p.m.: Special submarine tours.

5 p.m.: Closing ceremony reception.
6:30 p.m.: Closing ceremonies.
9 p.m.: Fleet Week information booths close.

Thursday, Oct. 11

9 a.m.: Fleet Week battle group departs.



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Getting your family ready for your deployment

by Joel P. Smith
Star Presidian staff

There are two very helpful deployment-readiness publications which every soldier should know about. The first, titled "What's next? A Guide to Family Readiness," specifically addresses the Army National Guard and Reserves. The 58-page booklet covers a variety of family readiness issues, including: how to establish credit (very important if the credited family member is being deployed), how to understand life and home insurance programs, how to protect your property, how to prepare a will or endow someone with the power of attorney.

Using the booklet, family members can also get a short course on "learning military language" and how they can use the benefit programs offered to soldiers in the Reserve Component.

The book is available for deploying National Guardsmen and Reservists at the Family Care branch of the Sixth U.S. Army Office of the Deputy Chief of Staff for Personnel, building 39.

A second helpful publication is the "Family Assistance Handbook for Mobilization," DA pamphlet 360-525. The booklet doesn't waste any time telling you that, "In the event you are ordered to mobilize, the time available to put your personal and legal affairs in order will be relatively short.

"**Problems arise** when a person is suddenly and unexpectedly separated and is distantly removed from his business, job and family."

Some of those problems are planning for the death of the servicemember. The subject isn't an easy one to discuss, but proper planning on your part can save your family a great deal of trouble in the event of your death.

Because your property has to be legally exchanged upon your death, you can control who the recipients are by writing a will. Writing a will also silences any argument by survivors over who gets what.

On post, the Legal Assistance office of the Staff Judge Advocate Office, building 223, can help you prepare a will. The office can also help you complete two other important pre-deployment actions: naming a guardian for your children and establishing power of attorney.

"It's very important that a soldier visit the Legal Assistance office before deploying [overseas]," said SSgt. Nancy Sakal-Gongalez, NCOIC of the Legal Assistance branch.

"If soldiers don't take care of their legal responsibilities, they leave their family with no one to turn to."

If you and your spouse are both killed, your children will have to have a legal guardian. It's better to name one yourself than to leave it to a court to decide. Your choice will have to be approved in probate court, and, according to the pamphlet, parent's choices are approved in most cases.

Power of attorney gives someone the right to act in all legal matters, on your behalf (this is often used in the event you are mentally incapacitated, not just killed).

It's best to consult with a legal assistant or lawyer at SJA before entering into any legal contract. The consultant, and for that matter all legal advice at SJA, is free.

The Legal Assistance office is available to all active-duty soldiers and all Reserve soldiers on active-duty status. Reserve soldiers deploying need to report to SJA with orders in hand, said Sakal-Gongalez.

Oftentimes, after a soldier deploys, his family needs access to his personal papers. Personal papers are important for business transactions, medical actions, and dealing with finances and tax requirements. Before being deployed, you should make sure your family has these documents easily at hand: birth certificates, marriage licenses and certificates, stocks, bonds, mutual funds, credit cards, bills of sale, copy of social security cards, auto title, registration, insurance policies, records on savings and checking accounts and loans.

If your family needs this information to get financial help or any other matter or record, and you're in Saudi Arabia, you're not going to be able to do them much good. You may be the only one deployed, but your family will have to fight on the home front. Help them win.

One of the most important family assistance programs, in peace and in war, is Army Community Services. ACS can give you financial and personal counseling. The post ACS, at building 103B, has a Family Advocacy Program that helps soldiers and families deal with stress in the home.

According to Erick Davis, ACS director, "ACS provides a sound foundation of resources to help soldiers and their families to cope with the stress of deployment and the reality of the disruption.

"We provide expertise that would benefit soldiers and their families in a time of crisis," added Davis.

Considering the stress most deployed soldiers—and their families—are under, counseling about how to beat stress before it beats you is of prime importance to the military.

Nancy Niederhauser, Family Advocacy Program manager here, helps oversee the Presidio Crisis Line, an important resource for people who need a friend at any hour of the day or night. If you'd like to talk to a Crisis Line volunteer, call 929-8255.

ACS currently runs a Mid East Crisis Support Group for anyone in the Presidio Community. The group meets each Friday from noon to 1 p.m. at building 103B. The service also has financial counselors, who can teach you how to set and budget—and live by it! For families who are going to lose income as the result of a mobilization, as is often the case with a Reserves deployment, this is a great benefit. Don't wait until you're sunk before you decide to get out of deep water. Let an ACS financial counselor teach you how to manage your money.

The Army Emergency Relief program, also managed by ACS, allows families that are in a financial crisis to get immediate help from the Army. AER can cover soldiers and families who experience the following financial crisis: theft of property, medical, dental and hospital expenses, funeral expenses and other financial crises. Before deploying, your family should know how AER operates in case they need the service.

For more information about these ACS services, call **561-5057.**

All military commanders need to know how to help their soldiers prepare for deployment. DA pamphlet 608-43, "A Guide to Family Member Predeployment Briefings," tells commanders how to prime an Army family for mobilization. Topics covered include: conducting a planning section, selecting speakers, publicizing briefings, suggestions for content in pre-deployment briefings.



Hispanic Festival goers admirer Hispanic antiques displayed at the Log Cabin.

Festival

Five Hispanic nations meet at Presidio



A women expresses her Hispanic heritage by wearing traditional clothing and displaying items from Equador at the Hispanic Festival, Sept. 28.

story and photos by Adrienne Sims
Star Presidian Staff

There is no longer any question how to fit Mexico, Spain, Chile and Equador into one small space. These countries were squeezed into the Fort Scott Log Cabin Sept. 28 at the Hispanic Festival.

Although the Log Cabin didn't move to Spain, the women dressed in traditional Hispanic clothing added the essence of Hispanic heritage as though Spain was right there.

Stands were set up to reveal some Hispanic clothing, antiques, jewelry and drinks. Seeing the Hispanic items brought back the feeling of home for many guests at the Log Cabin, and brought a new world to others.

There's no place like home, but a festival celebrating one's heritage is the next best thing.

Sandra Elder came to the Log Cabin to get that feeling of home. "I'm Hispanic, and I think it's wonderful that all these people get together to celebrate Hispanic Heritage Month." She added, "I think it's important for people to know their heritage, where their relatives live and what they're really all about. That's why I'm here."

Everyone came out for the festival, not only Hispanics.

"Just look around at all the different faces," Tony Hernadez said. "So many people with different backgrounds and races still celebrate my heritage. Some people might be here for the food, but I think most really care," he added.

Music was almost as popular as the food.

A Mexican band played and sang traditional music.

A Hispanic Heritage Luncheon will be held at the NCO/Enlisted Club Oct. 11 from 11:30 a.m. to 1:30 p.m. The Flamenco dancers will perform while people enjoy the Hispanic food that will be served. The guest speaker will be Santiago Rodriguez. Tickets are $8.

For tickets or more information, call Yvette at 561-4791 or **561-4030** or Ray at **561-5469** or **561-3249.**

Safety

Save lives with Heimlich manuever

by Elayne Werner
Sixth U.S. Army Public Affairs

Dr. Henry Heimlich, who, in 1973 perfected the now famous Heimlich Maneuver, to save choking and drowning victims, was recently discussing on a local radio station, the Do's and Dont's of how to use his method properly.

Several interesting and important issues were discussed.

Dr. Heimlich strongly recommends EVERYONE learn how to do this procedure. Home and office are equally important. Statistics have shown that in many cases where little children have been taught, they have saved their parent's lives.

Statistics have also shown the food most likely for people to choke on, is "steak, especially after two martinis." Apparently, drinking slows down the muscles used for swallowing.

In small children the culprit food is something like the slippery end of a hotdog.

The dont's

Never, under any circumstances hit someone on the back, or put your fingers down their throats. REASON: This can cause the lodged food to go further into the air passage. Dr. Heimlich stressed that there is approximately four minutes of air in lungs not obstructed, so it is crucial not to waste precious time.

The do's

Learn the language or signal of choking—both the victim and would be rescuer.

If you see someone who appears to be choking, put your hands to *your* throat and ask them if they are choking.

If *you* are the victim who is choking, hold your hands to *your* throat and nod your head, YES! This will immediately signal the rescuer into action. If there is anyone else present, have them call 911.

How to help

Rescue procedure for standing adults

Stand behind the victim and place your hand, knuckle side up, thumb facing in towards stomach about two inches above the belly button. Grasp and secure hand closest to the stomach with other hand and push in and up towards the rib cage with one movement. (Do not push on rib cage!) Continue until food is dislodged.

Rescue procedure for unconscious or prone adults

Turn victim on his back. Straddle his thighs. With your palms facing down, one on top of the other, use the same pushing technique as described above. (Rescue procedure for standing adults). Continue until food is dislodged.

Rescue procedure for children older than 1

Use the same procedure for adults as described above. (Rescue procedure for standing and prone adults).

Rescue procedure for children younger than 1

Put the child on his back. Placing one index finger atop the other, gently press them in and up on the baby's stomach, a little above his belly button with one movement. Be careful, do not push on the ribs. Continue until food is dislodged.

Drowning victims

Dr. Heimlich suggests that the same procedures be implemented as that performed above (Rescue Procedure for unconscious/prone adults, and children under 1). REASON: The lungs act as bellows and any air that is left, no matter how little, will eject the water. Blowing air into lungs already filled with water cannot help the victim. After the lungs have been cleared of water, you may use mouth to mouth.

For more details please write directly to:

Dr. Henry Heimlich
Heimlich Institute
P.O. Box 8858
Cincinnati, Ohio 45208

Note: Dr. Heimlich is currently working on a cure for Lyme disease. Also, he has recently perfected a procedure that assists people who have emphysema breathe better, and ultimately live a more productive life. For more information write to address above.

Children and guns don't mix

by American Forces Information Service and
Adrienne Sims
Star Presidian staff

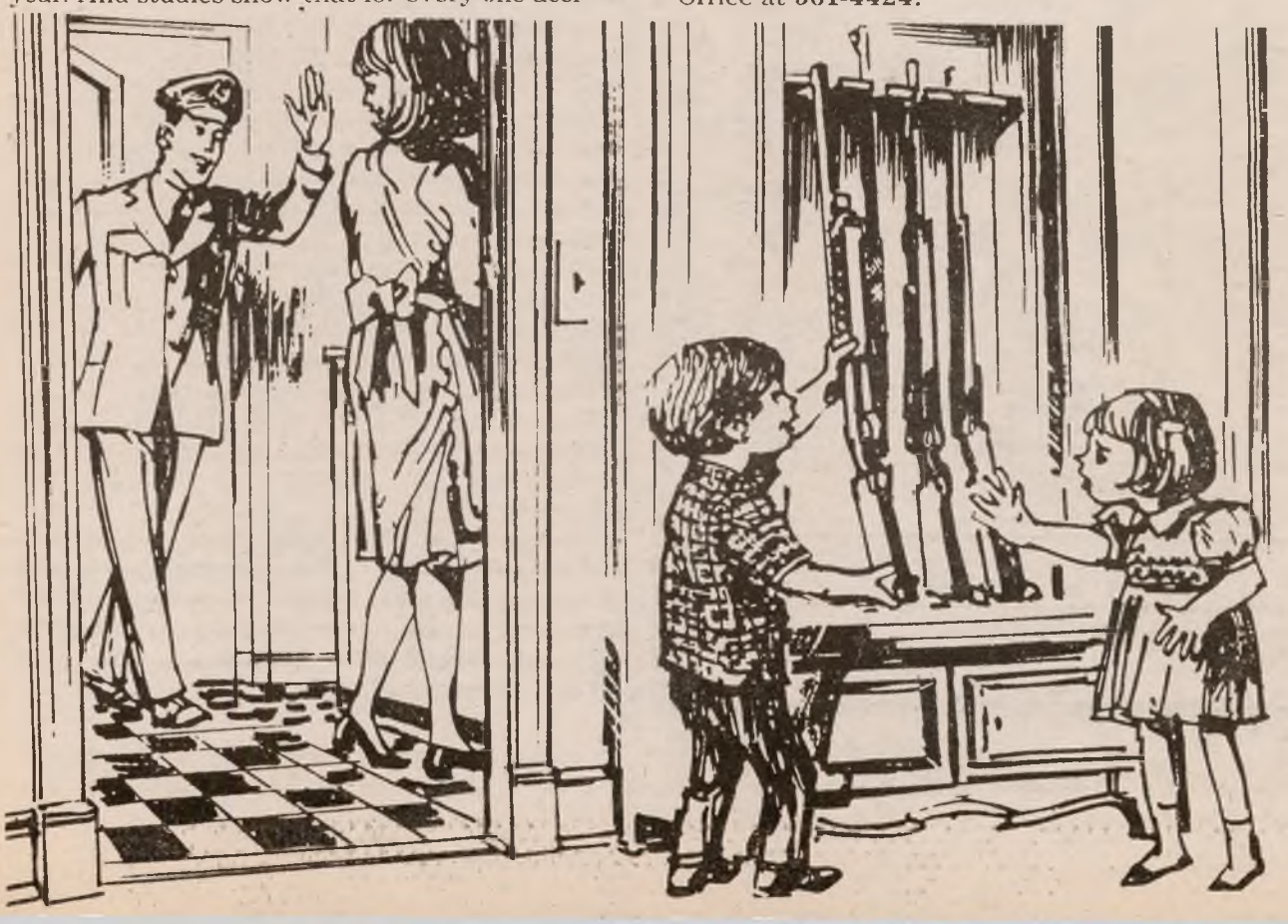
After three children were accidentally shot and killed in Florida in June, the state passed a law requiring jail terms for people whose loaded guns injure children. And although tragedies involving children and guns seem to be more in the news of late, it is not a new phenomenon.

Accidental shootings are the fourth leading cause of accidental death among children 14 and under, accounting for almost 300 deaths a year. And studies show that for every one accidental shooting death another 10 children are wounded.

The National School Safety Center estimates that more than 400,000 children carried guns to school at least once in 1988; and 135,000 children carried guns to school every day.

Presidian safety officials say 99 percent of accidental shootings caused by children can be prevented just by unloading guns and putting them in a safe place.

For more information on what safety precautions parents can take, call the Presidio Safety Office at **561-4424.**



Department of Defense law enforcement officials said handgun violence among children whose families live on military installations is not widespread; however, it does happen. Local installation commanders determine if firearms are permitted to be kept in base housing. If so, they must be registered with installation law enforcement personnel.

One Air Force security policeman said the registration is intended more to keep track of the weapons in case of burglary than because of fear of accidental shootings. "Military personnel living off a military installation are subject to state and local laws concerning firearms," he said.

One non-profit organization that works to educate individuals on the proper care of handguns said parents who own guns and those who don't should both take precautions.

"Obviously, the most important thing is to never leave a loaded gun lying around," said a spokesman for the non-profit organization. "Not even on the top shelf of a closet. I've heard of too many instances where a 3-year-old kid has climbed up to the top of a closet and found a gun."

He strongly encouraged parents who keep guns in the home to lock them up. "We recommend using a trigger lock or putting the weapon in a locked container," he said, noting that the top-selling safety device is a $10 trigger lock manufactured by a major lock company and available almost anywhere.

He emphasized that it is also important for parents who don't own guns to talk to friends and neighbors who do. "It's not easy to do, but it has to be done," he said. "Forty percent of children killed or injured by guns were shot at the homes of relatives or friends. Parents need to be deeply concerned and take the extra step."

Although rifles and shotguns have been involved in accidental shootings, almost 75 percent of all shootings involve handguns.

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Free faxing to Middle East

by Army News Service and Susan E. Rose

To contact your "dear but not so near ones" participating in Operation Desert Shield, the very latest technology is at your fingertips. Families and friends of servicemembers in the Middle East can send free facsimile messages to their deployed loved ones via the American Telephone and Telegraph Company (AT&T).

Called Desert Fax, the free, one-way facsimile service has been available at AT&T Phone Centers since Sept. 21.

How do you send a Desert Fax? Simply go to an AT&T Phone Center and complete a Desert Fax form, on which a message of up to three-fourths of a page may be written or typed. Also write the recipient's name, rank, Social Security number, unit and APO or FPO address. Once sent to the Middle East, the message is provided to the appropriate APO or FPO for delivery.

Central Command says AT&T will not accept a Desert Fax message without a valid APO or FPO, along with the recipient's Social Security number.

For Presidians, the nearest AT&T Phone Center is located at 4312 Geary Boulevard, between 7th and 8th avenues. Open seven days a week, the Center's hours are 10 a.m. to 7 p.m. weekdays, 10 a.m. to 5:30 p.m. Saturday, and noon to 5 p.m. Sunday.

Danger pay approved for Desert Shield troops

Army News Service

Secretary of Defense Dick Cheney approved a special supplemental pay Sept. 19 for U.S. troops in the Middle East taking part in Operation Desert Shield.

The Secretary's approval applies to military personnel taking part in the operation in and around the Arabian Peninsula. The action will provide an additional $110 a month for qualified officers and enlisted personnel.

The pay applies to service members in the Persian Gulf, the Red Sea, the Gulf of Oman, the Gulf of Aden, the northern Arabian Sea, and the Arabian Peninsula. Some of these locations have already been designated as areas for special pay.

The Secretary of Defense has authority to grant the pay, known as imminent danger pay, to members of the armed forces serving in specified high risk areas.

"In recognition of the sacrifices our military men and women are making, I have directed the payment of this supplemental benefit to the troops on the front lines. This is an appropriate step given the risks they face and the harsh conditions in which they serve," Cheney said.

Sports/Health

Sports Briefs

by Drew Seaman
Star Presidian staff

Tee-up for a turkey

The Sports Branch Thanksgiving "Turkey Shoot" Golf Tournament will be at the post Army Golf Course Nov. 15 at 8 a.m.

A turkey or ham will be presented to the top two finishers in each division "low gross" and "low net" at the end of the tournament.

Soldiers, family members and DoD civilian employees, 19 years of age or older, are eligible to participate in the Senior, Open, Callaway and Women Divisions.

Refreshments and a teriyaki style buffet prepared by the Sports Branch will be served at the awards ceremony at a cost of $6. Tickets for the buffet will be on sale at the Sports Office, building 63, from Oct. 29 to Nov. 12.

The entry fee for this annual golf tournament is $5. Golfers who are not members of the post golf course will be required to pay green fees. Golf cart rentals will be paid by each golfer. For more information, call Bob H. Gascon, sports director, at **561-5032.**

Intramural flag football

The 1990 Intramural Flag Football Competition will begin Oct. 15. Units and organizations that would like to enter a team must submit an entry to the Sports Branch, no later than Monday.

A rules interpretation meeting will be held Tuesday at 1:30 p.m. in post gym no. 1 (building 63). Each team must have a team representative attend this meeting. For more information, call Bob H. Gascon, sports director, at **561-5032.**

Attention bowlers

The Presidio Handicap Singles Bowling League will begin at the post Bowling Center Oct. 15 at 11:30 a.m. Individuals can sign up at the center or call Bob H. Gascon at **561-5032.**

Aerobics at Main Gym

Class schedule

Monday: 11:30 a.m. and 4:30 p.m.
Tuesday: 4:30 p.m. and 7 p.m.
Wednesday: 11:30 a.m. and 4:30 p.m.
Thursday: 4:30 p.m. and 7 p.m.
Friday: 11:30 a.m.
Saturday: 9:30 a.m.

Class Fees

Drop-in: $3.50 each class
Five classes: $3 each $15 total
12 classes: $2.50 each $30 total
18 classes: $2 each $36 total

Classes are cancelled holiday weekends. For more information, call the Post Gym at **561-4131** or **681-6721.**

Volksmarch

There will be a 10 kilometer (6.2 miles) volksmarch Oct. 20. The volksmarch starts and finishes at the Presidio NCO/Enlisted Club. The starting time is 10 a.m. to 1:30 p.m. with all participants finishing by 4 p.m. After the volksmarch the NCO/Enlisted Club will serve beverages and German wurst and a German "Ompaah" band will provide entertainment.

For more information, call Sgt. Maj. Michael Conrad at **561-5613.**



photos by Duvel White

Two joggers race after fitness on the Marina Green, just outside the Presidio gate.

Jogging: 'just what the doctor ordered'

by Duvel White
Star Presidian staff

If you're finding it harder and harder to get out from behind the desk, jogging may be just what the doctor ordered.

"Your life and health depend on how fit your heart and lungs are," according to William J. "Bill" Bowerman.

Bowerman, who coined the term "jogging," is the co-author with W.E. Harris, M.D., of "Jogging, A Physical Fitness Program For All Ages."

Jogging is not for those who wish to be Olympic champions. Instead it is intended for those who haven't been exercising regularly and are interested in increasing their chances for a long healthy life.

Described as a step above walking, jogging is a slow run. At first, Bowerman suggests alternating between walking and running. As you progress, you can do more running and less walking.

The main function of jogging is to exercise the heart and lungs. Jogging is but one of many aerobic type exercises. Aerobic exercise is one way of combating one of the largest single killers in the U.S.—heart attacks.

Ways to prevent heart failure are "regular exercise, good diet and not using tobacco," according to Kenneth H. Cooper, M.D. in his book, "The Aerobics Way."

If you haven't exercised regularly in some time, especially those over 30, Bowerman suggests first seeing your physician.

Schedules are suggested to establish a permanent habit of regular moderate exercise. These should be at least three 20-minute sessions each week with your pulse at an accelerated level.

"Do not accidentally overexert yourself," Bowerman emphasized. "By gradually increasing the amount of running and pace you will eventually train yourself to a level that will astound you," he concluded.

Warm up your muscles before you start jogging by stretching and doing warm-up exercises. Remember, train for long term health, not the Olympics.

Here are some training principles suggested by Bowerman:

Train, don't strain. Runners train all year, yet run at maximum effort only two percent of the time. Joggers never run at maximum effort.

Hard/easy. If you work hard one day go easy the next. If you are a beginner who has been rusting away for years, a hard day may be a jog of one-half mile. On the easy day you may take a short walk.

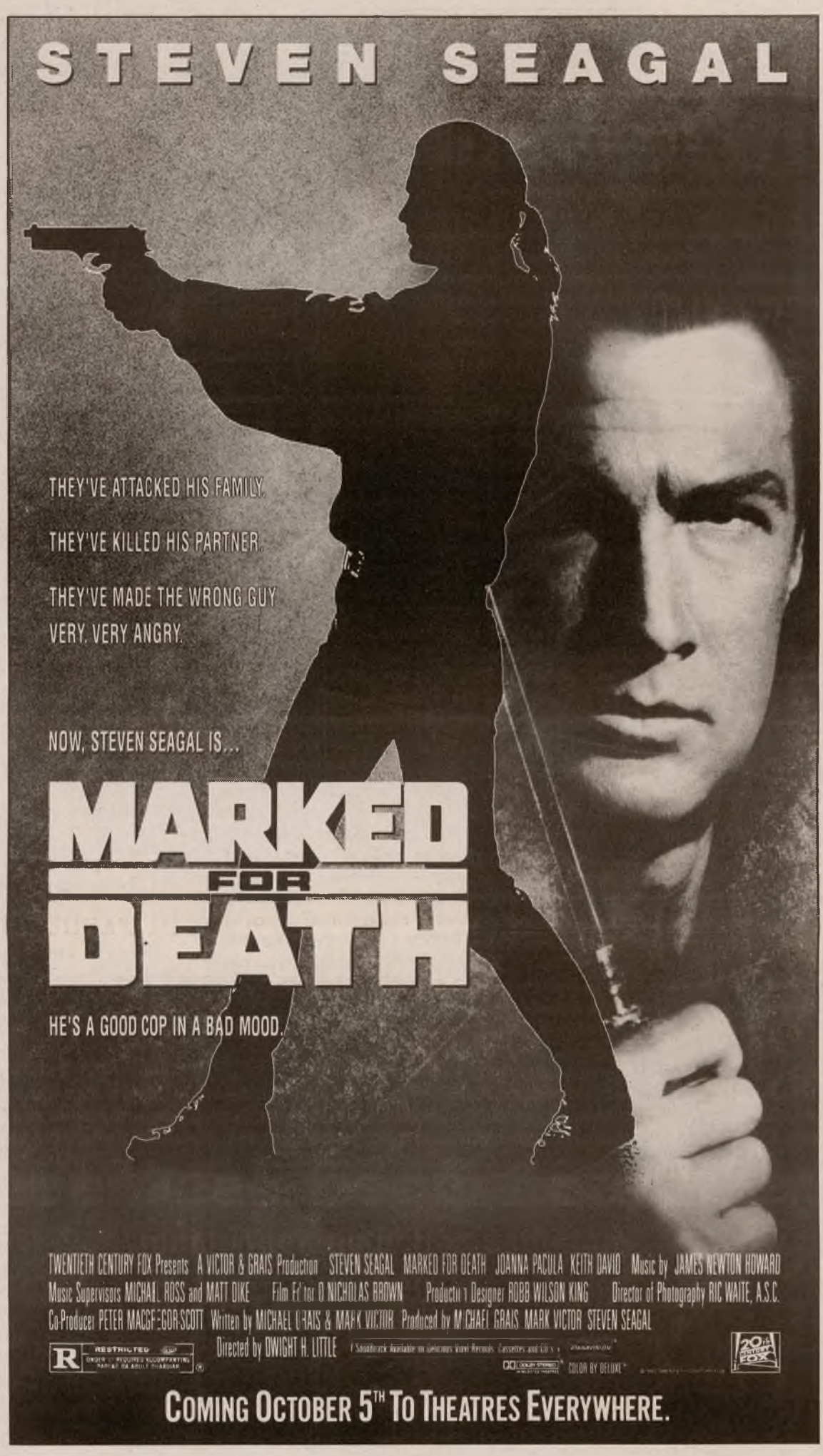
Gradual stress. Choose a goal and move towards it a little each day, week and month. This will tone your muscles gradually and prevent over-exertion and the danger of a burden on your heart, lungs and other parts of your body.

Variety. Run different places and alternate your pace to give variety to your run and keep it interesting.

Plan. Working by a plan helps in setting goals and giving incentives to reach them. After all if you know where you are going chances are you'll get there faster.

Regularity. Another term might be consistency, there are no lasting benefits to health if you exercise for a short time and then stop.

The Presidio Sports Branch offers the "Run for Your Life" program. Call Bob Darling at **561-4120** for more information about running routes on the Presidio.



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AAFES CONCESSION

by Drew Seaman
Star Presidian Staff

Community Calendar

Child abuse hotline

A national civilian hotline, staffed by professional crisis counselors, is available to people who want to report suspected child abuse. It also offers information to individuals who are in an abusive relationship or were abused as children.

The toll-free telephone number for this nonprofit organization, called The Los Angeles Child Help Center, is **(800) 422-4453.**

USO scholarship program

The USO and Anheuser-Busch Inc. have announced that applications for the Budweiser/USO Scholarship Program are now available for the 1990/1991 academic year. The program is open to all family members of active duty military personnel who have graduated from high school within the last four years.

The 25 $1000 scholarships will be awarded to college-bound students on the basis of scholastic records, test scores and extra-curricular activities. Applications must be completed and returned to USO World Headquarters by March 1, 1991 to be considered by the Budweiser/USO Scholarship Committee. Selections will be announced in May 1991.

For an application and complete details, write to: USO World Headquarters, Scholarship Program, 601 Indiana Ave., N.W., Washington, D.C. 20004.

Creative Cottage consignments

The Creative Cottage gift shop, building 204, is now accepting consignments from all Presidians. Sales and consignments can be made 10 a.m. to 2 p.m. Tuesdays through Thursdays and the first Saturday of each month. (Saturday consignments are by appointments only.)

For more information, call **567-9193.**

ITT Reno tour

The Information, Tours and Travel office (building 215) is offering a weekend trip to Reno Nov. 3 for $50 a person, double occupancy.

The package includes bus transportation to the Reno Holiday Inn and Monte Carlo Casino. A pool, gift shop, restaurants, lounge and casino will be available.

Call **561-3992 for more information and ask about the "cash back stop". Sign-up deadline is Tuesday at noon.**



Fleet Week

Four Navy F-18s "stack up" in close formation. Flying aerial acrobatics will be Fleet Week's hottest attraction when the Blue Angels perform Saturday. See page 3 for a complete schedule of Fleet Week events.

Tuition assistance

Although tuition assistance (TA) will still be available for eligible soldiers after Monday, there are some changes and restrictions.

TA is capped at $89 per semester hour for *undergraduate* study (or 75 percent of the tuition, whichever is less). Soldiers in undergraduate programs may use TA for *not more than* semester hours during any 12 month period.

TA is capped at $165 per semester hour for *graduate study* (75 percent of the tuition whichever is less). Soldiers in graduate programs may use TA for *Not more than* 12 semester hours during any 12 month period.

All other restrictions remain the same. For more information, contact a counselor at the Fort Scott Education Center at **561-4445** or **561-2974** or the LAMC Education Center at **561-3692** or **561-4791.**

Resident status for soldiers

This year the California State Legislature granted resident status to all military personnel and family members for their entire tour of duty in the state of California. Previously, military personnel claiming residence in a state other than California, were required to pay non-resident fees at California state universities. For further information about the costs, programs of study and application procedures, call a counselor at the Fort Scott Education Center, at **561-4445** or **561-2974,** or the LAMC Education Center, **561-3692** or **561-4791.**

Beware of "war clause" insurance

Soldiers and dependents are advised of the provision of Army Regulations which prohibit the sale of life insurance policies containing military service or military occupational specialty exclusions on military installations unless such restrictions are clearly indicated on the face of the policy. This means such restrictions must be presented in bold print on the front page of the policy. Presidians who have been sold such policies which violate AR 210-7 should advise Capt. John M. Head, Insurance Officer, Office of the Garrison Staff Judge Advocate, either in writing or by phone at **561-2588.**

Craft classes

The Presidio Arts and Crafts Center is offering a series of classes this fall. The following classes require advanced registration and payment:

- Upholstery, Tuesdays, beginning this Tuesday through Dec. 18. Thursday classes are also offered from Oct. 4 to Dec. 20. All classes run from 6:30 to 9:30 p.m. The fee is $85.00.
- Beginning Black and White Photography: Oct. 4 through Nov. 8, Thursdays. The cost is $20.
- Beginning ceramics: Oct. 13, 9 a.m. to noon. Fee is $7.
- Pottery: Oct. 24 to Nov. 28, 6:30 to 9:30 p.m. Cost is $20.
- Framing: a new class starts every other Wednesday, from 6:30 to 9:30 p.m. Fee is $15.

For more information, visit the center at building 122, or call **561-4497.**

Hispanic Heritage Month luncheon

The Hispanic Heritage Month luncheon will be held at the NCO Club Oct. 11 from 11:30 a.m. to 1:30 p.m. The speaker will be Santiago Rodriguez, Manager of Multicultural Programs at Apple Computer in Cupertino, Calif. A musical performance will be presented by "Rosa Montoya Belez Flamingo's".

For the $8 luncheon tickets call **561-4791, 561-5469, 561-6146** or **561-2022.**

Harvard graphics demonstration

A computer demonstration in the use of Harvard Graphics will be presented by a Software Publishing Corporation representative Oct. 18 at the post theater from 1:30 to 3:30 p.m. Please make reservations since seating is limited. For more information, call Sgt. Don Washington at **561-3287.**

Commissary council meeting

The post Commissary council meeting will be held in the commissary conference room, building 653, Oct. 12 at 9:30 a.m.

Autograph session at Exchange

The author of "The Iskra Incident", Jimmie H. Butler, a retired Air Force colonel, will be at the main Post Exchange Oct. 11 to autograph copies of his novel

The 25-year veteran flew combat missions in Southwest Asia and served as Chief of Staff of the Air Force Space Division. The hours of the autograph session will be 11 a.m. to 4 p.m.

Goebel artist demonstration

A demonstration of the techniques for decorating Goebel figurines will be held Oct. 24 at the main Post Exchange.

Norbert Pillman will give the demonstration from 11 a.m. to 1:30 p.m. and 2:30 to 5 p.m. He is a former Goebel apprentice who is now working as a porcelain painter.

CDC has part-time openings

Part-day preschool openings (8:30 to 11 a.m.) for children 3 to 5 years of age are available at the Child Development Center. Monthly fees are based on family income. For more information call **561-3588** or come to building 387, next to the post library.

At the Movies

Presidio Theatre
Fri., Oct. 5: The Adventures of Milo & Otis (G), 7 p.m.
Sat., Oct. 6: Days of Thunder (PG), 7 p.m.
Sun., Oct. 7: Days of Thunder (PG), 7 p.m.
Mon., Oct. 8: Exorcist III (R), 7 p.m.

Hamilton Theater
Sat., Oct. 6: Ghost Dad (PG), 7 p.m.
Sun., Oct. 7: Q&A (R), 7 p.m.



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Army and Interior develop land use plan for Presidio

by the Base Realignment and Closure Office

On Sept.21,1990, the Department of the Army and the Department of Interior announced the completion of an agreement for the development of a land use plan for the future use of the Presidio.

The objectives of this land use plan are to effect a smooth transfer of the Presidio from Army to the National Park Service, develop plans for the future use of the Presidio, and consider potential requirements of the Department of Defense for future reuse of portions of the Presidio. The plan must comply with the Defense Department's 1988 Base Closure and Realignment Act and the Department of Interior's responsibility to preserve the natural, historic and recreational values of the Golden Gate National Recreation Area (GGNRA).

The cost of the plan, will not exceed $1,223,000, and will be shared by the two departments. The Army transferred $1,000,000 of fiscal year 1990 funds to the Interior to begin the planning process.

The Department of Interior portion of the land use study, which is an amendment to the GGNRA General Management Plan for the Presidio, is expected to take approximately two years to complete. Within the Army/Interior policy agreement are eight sub-agreements that address specific issues. The first sub-agreement will define the immediate and future Army Reserve facilities requirements at the Presidio and is expected to be completed next year. Other sub-agreements will address the Army departure schedule to prevent deterioration of historical and other structures on the Presidio; develop procedures for public safety and security of federal property; develop procedures for preservation of resources; determine responsibility for maintenance activities; develop procedures for the

see Presidio plan, page 3

Star Presidian

Vol. 33, No. 42 | "Published in the interest of the people of the Presidio of San Francisco" | Oct. 11, 1990

News Briefs

by Drew Seaman Star Presidian staff

CFC campaign begins

The Presidio kicked off it's annual Combined Federal Campaign (CFC) Oct. 4 at 3 p.m. with a presentation in the post theater. Sixth U.S. Army and Presidio Commander, Lt. Gen. William H. Harrison, told the audience, "It's not what you give, it's not how much you give, but it's giving as much as you can."

CFC keyworkers will soon be providing all soldiers and DoD employees with pledge forms and booklets. The booklet describes the 850-plus organizations which receive funding from CFC. Presidians may choose as many as three organizations to support or may elect to have their contributions sent to a general fund that will be divided among the organizations.

Fall housing clean-up

The Fall Clean-up for Presidio housing areas will be from Monday through Oct. 19. The hours for the clean-up will be 12:30 p.m. to 4:30 p.m. on the following days: Oct. 13 (1700 area), Oct. 15 (1500, 1-100, and 300),Oct. 16 (500, 800 and 400 areas), Oct. 17 (900, 1000 and 1200 areas), Oct. 18 (1300, 1400 and Ft. Mason: 1800 area), Oct. 19 (Ft. Baker: 500 area and 600 area, Ft. Barry: 800 area, Ft. Barry and 700 area).

Hazardous toy alert

Kolcraft has determined that some of it's "Rock 'N Ride" infant car seats (baby carrier model 13101-80, crc – 3018363, $32.95) contain defective plastic clips. The small clips that attach padding onto the car seats may break, which could present a choking hazard to young children. All owners of the "Rock 'N Ride" car seat should check the date of manufacture of their car seat. It appears on a white sticker on the upper back of the seat itself. If this date is earlier than Oct. 20, inspect it for loose or broken clips. If you find any clips needing replacement, contact Kolcraft consumer service department at **800-453-7673** to receive replacement clips.

Warrant officer information

The Military Occupational Specialty (MOS) 420A—military personnel technician—will be open through Dec. 31. Applications must be received before Jan. 15 by the United States Army Recruiting Command.

The MOS 922A—food service technician— is also open and is projected to be open through fiscal year 1992.

For information, call the Military Operations Branch on post at **561-2151** or AV **586-2151.**

Top U.S., Soviet generals visit S.F.



photo by Duvel White

Soviet General Mikhail Moiseyev (left) and U.S. Chairman of the Joint Chiefs of Staff General Colin Powell spend a moment talking to a veteran at Ghirardelli Square.

by Duvel White Star Presidian staff

Cold War relations thawed as the Superpowers' two highest-ranking military officers sat down to enjoy ice cream sundaes in a Ghirardelli Square ice cream parlor Thursday afternoon.

Gen. Mikhail Moiseyev, 51, first deputy Minister of Defense and chief of the Soviet general staff, visited San Francisco Wednesday evening and Thursday on a six-day goodwill tour of the United States. He was the guest of his American counterpart, Gen. Colin L. Powell, 53, chairman of the Joint Chiefs of Staff, in the latest of a series of high-level defense exchanges that began two years ago.

"The cold winds of confrontation between our nations are being forced out by the stable cordiality of mutual understanding," General Moiseyev said in a speech at the Fairmont Hotel Wednesday evening.

"Alienation is replaced by trust, and confrontation — by dialog. My visit is a confirmation of that," Moiseyev continued in a speech to 1,000 people during the dinner hosted by the San Francisco Chamber of Commerce, the Commonwealth Club and the World Affairs Council.

Moiseyev spoke out for talks aimed at reducing and then eliminating tactical nuclear weapons from Europe, for naval and air force cuts and a total ban on nuclear testing.

"We are on the doorstep of a major breakthrough in the field of disarmament, which would provide a unique opportunity to switch to a qualitatively new stage of disarmament," he continued. "We should continue to keep the shared interests in the field of confidence building and leave the 'enemy image' and confrontation for good."

Moiseyev emphasized the major roles of the United States and the Soviet Union in shaping the rapidly changing world. "We are moving through a turning point in world history. The post-war epoch has ended. The old world is disintegrating. It is being replaced by a new epoch, new world that would shape the make up of this planet for many decades to come."

Thursday the Generals and their entourage toured San Francisco on cable cars. Stops included; a walk through Pier 39, a driving tour of downtown, the Sunset District, Golden Gate Park, a drive through the Presidio and finally a stop for ice cream at Ghirardelli Square. Following the pause for refreshment the group came back to Crissy Field where 12 UH-60 Blackhawk helicopters wisked them off for an aerial tour of The City before heading to the airport.

Before coming to San Francisco Powell and Moiseyev visited Washington D.C., Fort Drum at Watertown, N.Y., and New York City. They also toured automobile and tank plants in Detroit and went to Ellsworth Air Force Base, S.D. They left San Francisco on their way to San Diego before flying to Peterson Air Force Base, Colo. Friday and the headquarters of the North American Air Defense Command at Cheyenne, Wyo. before returning to Washington D.C.

Voices

Presidio View

by Lt. Gen. William H. Harrison



Fly a flag for freedom

Dear Presidians,

These last several days have truly been glorious—clear, warm and full of sunshine. All this makes it another great day to be a part of the Army at the Presidio of San Francisco—A Very Special Place!!

On October 1 I presented Ms. Caroline Buckles of our Base Realignment and Closure Office a Commander Certificate. This was in recognition of her outstanding work on the Inter-Agency Agreement between the Department of the Army and the Department of Interior. Hopefully her efforts will help ensure a good plan for GGNRA to take over PSF in 1995.

Also on the 1st I presented awards to Mr. Bob Carlini and Mr. Tom Haruck of our DEH shop. These gentlemen were responsible for rebuilding the old rock fence across from the museum. Not only do their efforts add to the beauty of the Presidio but by doing so it helps convince all our visitors that we are doing our best to care for this Very Special Place to the best of our ability. A great big HOO AH! to Bob & Tom!

On the 2nd Mrs. Harrison and I represented you all at the Interfaith Religious Service in honor of the unification of Germany. It was a beautiful service and we were most honored to represent all the Army folks in the Greater Bay Area. The next day I again represented you all as the Mayor and the German Consul General raised the flag of the new German, Democratic Republic over City Hall here in S.F. Another great event—a HOO AH! event.

Wednesday I presented my departing enlisted steno an Army Commendation Medal. Sgt. Tim McClean has worked in my outer office for almost a year and has always does a super job. He departs for duty at NATO HQ in Belgium. He and his family go with our good wishes. Tim has truly been a HOO AH! soldier.

The 3rd of October was a very, special day for all of us here at PSF. In late afternoon Mrs. Harrison and I represented you all as we welcomed to SF the U.S. Chairman of the Joints Chiefs of Staff, General Colin Powell and his Soviet counterpart General of the Army Mikhail Moiseyev. This was a truly historic visit. That night the SF Chamber of Commerce, The Commonwealth Club and the World Affairs Consul jointly sponsored a dinner for the U.S. and Soviet generals. A number of our Army family attended and heard Gen. Moiseyev speak. CSM Bob Whiteford and SGT Leverne Wilson trained and coached an impressive joint service color guard—they were impressive. As was our Sixth Army Band who performed before, during, and after dinner. The following day our protocol folks had coordinated—General Powell's personal request—a super sight-seeing trip for our Soviet guest. They really enjoyed it all to include ice cream at Ghirardelli Square. Following this the 7th Infantry Division (Light) at Ft. Ord provided Blackhawk choppers to ferry our guests from Crissy Field to SFO where they departed. To all who participated in any way—band, drivers, MPs, etc.—my thanks and that of our guest.

Thursday I had a special treat Col. Jim Elliott of our Readiness Group—Presidio of San Francisco invited me to make some special awards. SFC(P) Jamie M. Goloyugo was recognized as the Transportation Corps NCO of the Year. He was nominated by his previous commander in Korea but we were honored to make the award here. Also Capt. Chuck Stasenka and SFC Samual Starter received ARCOM's for their performances during recent Reserve Component training. It is always a special honor to make awards for good training. To all three of these outstanding soldiers—and their supportive families—HOO AH! for a job well done!

Also on Thursday we had our Combined Federal Campaign kickoff. A good crowd came out to hear Capt. Honeycutt describe how the CFC had helped him and his family during a very traumatic time. Our goal at the PSF is to have the very highest level of participation as possible. The dollars of course count but our goal is to get just as many of our Army folks as possible to give something—no matter how small or how large—for a maximum percentage of participation. Would you all consider giving something—whatever you can afford.

One of the recipients of our CFC donations is the PSF USO. Are you aware that during the last few weeks over 169 personnel used our USO. Sixty-four of those were seeking assistance with finding employment. Of those 64, 42 were spouses. A number of them have been placed and now are anticipating a job. So again—please contribute what you can and designate what charity you want your dollars applied to.

Friday was a busy day—closure briefing for the SF Planning Commission; visiting Austrian dignitaries; a super visit to our Northern California Division Engineer Office; and finally Bosses Night at the NCO Club. Busy—but rewarding day at PSF!

Saturday kicked off our fellow Services Fleet Week. A number of us got to visit the various ships in port and attended the Navy Ball. Sunday was the Fleet Week run from Fisherman's Wharf to Treasure Island—a beautiful run (10Km) and I saw a number of you there—but not enough! You really missed a good time! Hoo Ah!

Monday was a holiday and I hope you all enjoyed this well-deserved time off. And I truly hope we all made it back safe and sound. In addition to some time off I also attended the Navy Birthday luncheon on Monday. It was a good affair and a number of our guest sailors were recognized and honored. Whoa! a busy week!

Last week I mentioned several of the super Hispanic affairs we had recently. I mentioned a couple of those responsible but I want to enlarge that list. To all the following for their efforts in making our Hispanic affairs so special—my sincere Thanks and a real loud Hoo Ah!

Yvette Jaks; David Gonzales;
Eleanor Castareua; Maria Gallards;
Ann Williams; Raymond Moorer;
Maria Niata; Gerardo Flores; Richard Granills.

Hope we'll see lots of you at the Hispanic luncheon on Oct. 11 [today] at 11:30 a.m. at the NCO Club.

Speaking of the Hispanic luncheon, our NCO Club has lots of great things going on in the coming days:

- Oktoberfest—Oct. 20
- Monday Night Football—Every Monday Night
- Big Halloween Party—Oct. 25

So come out and enjoy *your* NCO Club.

Finally this week—I do appreciate the comments some of you made to me about this article. But this week one reader took the time and effort to write me. This reader thanked me for "jogging the Star Presidian readers into realizing how lucky they are." If I am able to do this—to have our readership realize that despite the high cost of living, the shortage of quarters, the closure of PSF as an Army base, the cutback in funds and spaces due to reduced Army budgets—to realized that those of us privileged to wear the uniform, or being an Army family member as an Army employee—are truly blessed to serve at this Very Special Place. So, I hope each of you will count your blessings and enjoy your duty at PSF.

In closing this week, let me encourage you again to fly those U.S. flags here on the PSF. This is our small way we can show our support for our fellow service soldiers still deployed in Saudi Arabia in the defense of freedom.

God Bless you every one.

William H. Harrison
Lieutenant General, USA
Commanding

P.S.: Our chapels are conducting drives for food stuffs, contributions or coupons for our Hands Across the Presidio program. If any of you can and want to participate, contact your chaplain. This is another of these taking care of our own program—and a very worthwhile one.

"The quality of a person's life is in direct proportion to their commitment to excellence, regardless of their chosen field of endeavor."

—Vince Lombardi

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News/Views

Ask Presidians:

by Adrienne Sims and Drew Seaman
Star Presidian Staff

"How do you support the military members in Saudi Arabia?"



Gilbert B. Banenelli, orthopedic technician instructor, Letterman Army Medical Center: "I have a friend in Saudi Arabia. I support him by visiting his family and keeping them company. I think it's a good idea for people to tie yellow ribbons on their arms to show their support and caring for the soldiers. Writing to soldiers also is a good way to show support."



Spec. Dennis Wade, rigger, Headquarters Company USAG: "One way to support the soldiers is to volunteer to go to Saudi Arabia so soldiers who have families can stay in the States. I guess I support them mostly be doing my job here. If they know we're working hard over here, then it doesn't seem as bad in Saudi Arabia."



Gloria J. Space, travel clerk, Directorate of Logistics: "I think the best way to support the soldiers is by writing to them, even if you don't know anyone who's in Saudi Arabia. I also think people should help support the families who have been left behind, especially the children."



R. E. Phillips, retired Army master sergeant: "I support the soldiers any way I can. It's important to show them they're important and we care. Just by writing a letter we can build morale. I send postcards to servicemembers. I know how I felt during mail call when I was in the military."



Seaman Apprentice Joseph Lewis, USS Rourke: "I write to my friends in Saudi Arabia. Two of my buddies are there now. I send them little cartoons from the newspapers to give them something to laugh about. I think it's important that the servicemember's family write and remind them that someone cares about them. Without family support, it's hard to take that kind of pressure."

Desert Shield soldiers accept gifts

by Army News Service

As the United States military build-up in the Persian Gulf continues, Department of Defense officials are hearing from people and companies wanting to donate gifts to American troops taking part in Desert Shield. The Defense Logistics Agency (DLA) has been fielding dozens of calls daily from generous citizens offering everything from umbrellas to ice cream.

DLA has established a donation hotline for those wishing to make a donation. Proposed donations must first be cleared through the hotline at **703 274-3561.** Donors must pay to ship the accepted items to supply depots DoD officials request that anyone wishing to dorate single items mail them directly to the "any servicemember" address (see related story on mail to Saudi Arabia). If multiple items are to be donated, the donation hotline staff can provide additional guidance.

Some items are prohibited. These include: alcoholic beverages, pork, unauthorized religious or political materials and pictures showing nude or semi-nude people.

There are storage, shipping and transportation problems constraints for other items. At this time there is no way to store perishable items such as chocolate.

DoD asks that people with a gift in mind check with the hotline first to see if that item is needed. DLA will check with the commanders to see if they can use and distribute these items.

All gifts of money will be accepted. Checks payable to the U.S. Treasury and marked for Operation Desert Shield can be sent to: Washington Headquarters Services, Installation Accounts Division, Attention Robert Miller, Pentagon Room 3826, Washington, D.C. 20301-1155.

Suggested gifts include the following:
writing equipment including pens, stationery, Christmas and holiday cards; games, including hand-held computer games, portable electronic games, board games, cards, darts, ping-pong and bingo; music video and audio tapes; blank video and audio tapes; musical instruments; video cameras; Arab language tapes; batteries; weight lifting and sports equipment including baseball gloves, bat6s, balls, rowing machines, weight belts, free weights, soccer equipment, etc.; air pumps; magazines; books; sun visors; sun block; insect repellant; hobby items such as paint and drawing supplies, model kits and kite kits; disposable cameras; battery television sets; portable VCRs.

Motorist must have minimum insurance

by the California Department of Motor Vehicles and Adrienne Sims
Star Presidian staff

California has more uninsured motorists than any other state in the nation, and ranks fourth overall with about 25 percent of state motorists operating vehicles without required liability insurance.

Department of Motor Vehicles director, Del Pierce said, the 25 percent figure equals almost 5 million motorists operating a motor vehicle without insurance or other form of financial responsibility.

He cites an independent study, confirmed by DMV research, which based its findings on an evaluation of the insurance status of the party at fault in accidents involving bodily injury claims.

The study, conducted by the All-Industry Research Advisory Council (AIRAC), lists Florida, Alabama, California, Tennessee and Georgia as states with the highest ratios. In contrast, the study indicates that less than four percent of North Carolina motorists were uninsured during the same period.

Statistics in the AIRAC study show a California average of over 21 percent uninsured motorists since 1979. Previous DMV estimates and a Department of Insurance study, dating back to 1979, placed the average number of uninsured motorists in the state at about 15 percent. These estimates were based on financial responsibility accident reporting statistics compiled by the DMV.

In separate studies conducted by the California DMV since the AIRAC report was issued, department researchers concluded that the uninsured motorist rate actual varied from 21 to 29 percent in the last 10 years. These studies used significant local factors not included in the AIRAC report to compile the actual rate for California.

According to Pierce, the new DMV studies confirm that "we significantly underestimated the uninsured motorist problem in California."

All California motorists are required by law to maintain "financial responsibility." Most commonly this is done by obtaining a liability insurance policy with the minimum coverage of 15,000 for a single injury or death, $30,000 for the injury or death of more than one person, and $5,000 for property damage caused by an accident.

Motorists must show proof of insurance [insurance policy], according to Pfc Glenn M. McNeill, traffic accident investigator on the Presidio. "If motorists can not show proof of insurance it will result in a mandatory court appearance." The purpose of the court appearance is to allow time for the motorist to obtain insurance, McNeill said.

For more information about insurance responsibility and uninsured motorists, call the Presidio Traffic Office at **561-3801.**

Presidio plan continued from page 1

disposition of real property and facilities; develop environmental restoration plans, and identify possible Department of Defense uses of portions of the Presidio.

All sub-agreements are expected to be completed in 1991.

Additionally, the Army is conducting a military base reuse study that will determine any future military needs for use of Presidio facilities. The study will address any potential DoD requirements related to Sixth U. S. Army Reserves, military housing, the commissary, and the Child Development Center. The study will also explore alternatives for continuing to operate Letterman Army Medical Center as a medical treatment facility under third party auspices. The Army reuse study will indicate the extent to which these potential continuing military requirements could be satisfied in accordance with the Base Closure and Realignment Act and other federal laws and regulations. It will attempt to define the fiscal and budgetary impacts associated with discharging these requirements.

The Army is committed to leading the planning efforts to ensure a smooth transition for the Presidio. It will continue maintaining the unique quality of life for Presidio units, soldiers and families. And the Army will also do its best to prepare this historic Army post for the next chapter in its life as a national park.

Centennial



Gen. Dwight D. Eisenhower gives the Order of the Day: "Full victory—nothing else"— to paratroopers just before they board airplanes to participate in the first assault in the invasion of Europe in 1943.

Looking back on Eisenhower

story by Joel P. Smith
Star Presidian staff

The man who rose from obscurity as a minor Army staff officer in 1941, to the rank of General of the Army in 1944, never served in combat, and held the rank of lieutenant colonel until 1943.

Few would have thought that Dwight David Eisenhower, a small-town boy from Kansas who struggled through West Point and never held a battlefield command, would lead the combined armies of Western Europe to victory in World War II.

Americans who honor his 100th birthday, Saturday, may believe that Eisenhower died March 28, 1969. He is, however, very much "alive" today.

He walks the borders of nations. He leads black children through school doors that were once closed to them. He feeds those who can't feed themselves.

When you read about German reunification, when you read about school desegregation and civil rights, when you read about the welfare system for the poor, you're reading about Eisenhower at work. Today.

How is it that a single human being can remain a force in history decades after his death? For Eisenhower, many historians feel, it was his personal integrity as a soldier and his willingness to make crucial decisions that carried him to the apex of history.

According to a short biography of the general prepared by the U.S. Army Center of Military History, Eisenhower's personality was crucial to his development as a leader.

"Eisenhower had the knack of saying the right thing to gain others' cooperation. His strong personality and overwhelming good nature inspired trust," said a center publication.

As a student at West Point, from 1911 to 1915, Eisenhower was regarded as a "natural leader who looked for ways to smooth over disputes and organize a group's efforts toward a common goal."

He left the academy at a time when the first war to envelop the world was brewing in Europe. An Army captain in 1917, he spent World War I at Camp Colt, Va., training other men to fight in the East. While at Colt, Eisenhower was promoted to the temporary rank of lieutenant colonel. (At the time, rank was assigned according to the importance of an officer's duties. If that officer later assumed less "important" duties, he returned to his previous pay grade.)

Historians at the Center for Military History said Eisenhower was "bitterly disappointed" at having sat out the war at home.

Eisenhower returned to the rank of captain in 1920 and was promoted to major the same year. There he remained for 16 years. In 1940 he earned his first command of a battalion, muddled in administrative duties and as a part-time football coach.

Eisenhower's peacetime responsibilities were not without distinction, however. In 1920, Eisenhower served under George S. Patton at Fort Meade, Md. The friendship they forged would be essential to Eisenhower's controlling the sometimes wayward Patton in World War II.

In 1922, Eisenhower became Brig. Gen. Fox Conner's chief of staff in Panama. Conner encouraged Eisenhower to study Plato and Tacitus, Nietzche and other philosophers. The study of philosophy led Eisenhower to consider the ethical foundations of political systems, the rights and responsibilities of each man for the other.

As president, the former general would translate those ponderings to the use of force to desegregate schools and the creation of the Department of Health, Education and Welfare.

Eisenhower served in several chief-of-staff positions over the next 18 years, principally with the 3rd Division at Fort Lewis, Wa. and the Third Army, San Antonio, Texas.

He was the class honor graduate at the Command and General Staff School, which he attended from 1925-26.

Historians believe his posting to the War Department in Washington, D.C. in 1929 was essential in shaping his leadership talents. Eisenhower first served as the assistant executive, Office of the Assistant Secretary of War. He then traveled to Manila as an assistant to Gen. Douglas MacArthur in the fall of 1935.

Eisenhower drafted MacArthur's speeches and lobbied Congress on behalf of the Army budget. He also wrote studies which considered how a nation's industrial might influenced its war-fighting capability. Mechanization, mobilization and the use of air power in support of ground troops were the central concerns of papers Eisenhower wrote for MacArthur. The general's intellect, his knowledge of politics and his understanding of inter-service battlefield logistics and strategy made him an obvious candidate to direct military campaigns.

One week after the Japanese bombed Pearl Harbor, Eisenhower was appointed Chief of the War Plans Division, War Department General Staff. March of that year, 1941, he was given the temporary rank of brigadier general.

As America mobilized for the war, Eisenhower was reassigned as chief of the Operations Division, Office of the Chief of Staff, in April of 1942. There, after conferring with British Prime Minister Winston Churchill, Eisenhower drafted the foundations of Allied war strategy in Europe. According to Center for Military History publications, the general's plan composed the Allied strategy for the next three years.

His plan called for a concentration of forces in Europe, supplying the Soviet Union with arms to fight on the Eastern Front, and the defense of Great Britain.

Two months later, Eisenhower, now a major general (temporary), was named Commanding General, European Theater of Operations.

Most accomplished soldiers test their mettle in small battles before even being considered to lead entire campaigns. However, as E.K.G. Sixsmith points out in Eisenhower as Military Commander, the future Supreme Allied Commander was "thrown in at the deep end without a paddle."

"The cumulative effect of Eisenhower's staff work in the War Department and his dealings with the British convinced Gen. [George C.] Marshal that this was the man to take command of American Forces in the European Theater," said historians at the Center for Military History.

"The selection was an act of faith."

Eisenhower, unproven in battle, would lead the war effort in Europe. He moved his headquarters to London and considered problems facing the Allied Powers, according to historians, according to Marshal's perspective on the use of multi-national forces.

Eisenhower commanded the American forces invading North Africa in November 1942, called Operation TORCH. According to a Center for Military History biography of the general, "Eisenhower later

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said that the command decisions relating to TORCH were among the most worrisome that he had to make in the entire war."

"The unprecedented scope and complexity of the operation depended upon amphibious landing, which were inherently risky and with which his forces had little worthwhile experience . . . It was Eisenhower's debut in the ticklish business of commanding Allied officers who were not only senior in rank, but also more experienced.

"At the time of TORCH, Lt. Gen. Eisenhower's permanent grade was still that of lieutenant colonel."

He was promoted to major general (permanent) on Aug. 30, 1943 and, 13 months after the landings in North Africa, was named Supreme Commander, Allied Expeditionary Forces.

One year later, on Dec. 20, 1944, Eisenhower was promoted from temporary major general to General of the Army (temporary). The rank was made permanent in April 1946.

Eisenhower then threw Allied Forces into France on June 6, 1944—infamous D-Day—landing the men and materials that would eat away at Germany's Western Front.

When, in the face of defeat, Hitler committed suicide on April 30, 1945, German military opposition collapsed.

Eisenhower accepted the unconditional surrender of German forces at Rheims, France on May 7, 1945.

The general's first post-war duties were serving as the military governor of the U.S. Occupied Zone, Frankfurt, Germany. As the military leader of the zone, Eisenhower was charged with overseeing reconstruction and humanitarian aid projects in the war-torn sector.

According to his grandson, David Eisenhower, in Eisenhower at War, the general faced a "grim" task. At the time, there were 8 million foreigners—many, former slave laborers in the German war factories, along with the German population, all hungry and ill-sheltered.

Eisenhower was equal to the task. Maxell M. Rabb said the general's "greatest legacy for future generations was his achievement in creating, from a world torn by war and strife, a lasting stability and mutual understanding between nations and peoples."

Despite his fame, his success on the battlefield and in the public arena, Eisenhower seemed humble. In a 1945 speech, after being awarded the Freedom of the City of London, the general gravely remarked, "Humility must always be the portion of any man who receives acclaim earned in the blood of his followers and the sacrifices of his friends."

April 11, 1946, Eisenhower's temporary promotion to General of the Army became permanent. Shortly after being named Army chief of staff, the general retired in 1948 and accepted the presidency of Columbia University.

In December 1950, Eisenhower was recalled to active duty as the Supreme Allied Commander, NATO forces. "His most enduring contribution was developing a sense of partnership and self-confidence among the NATO member nations," according to Center for Military History officials.

Eisenhower said NATO was the first multi-national army created "to preserve the peace and not to wage war."

The general's fame and standing with the public earned him the Republican nomination for president in 1952. He easily defeated Democrat challenger Adlai E. Stevenson and became the 34th president of the United States.

As statesman, Eisenhower concentrated on securing peace. Under his administration, a truce with North Korea was signed in 1953, ending three years of siege on the Near East peninsula.

He also created the Department of Health, Education, and Welfare, giving it cabinet status.

Eisenhower followed Harry Truman's desegregation of the Army with forced school desegregation in his second term of office, in 1957. President Eisenhower used federal troops to desegregate Little Rock, Ark. schools after Governor Orval Faubus refused to comply with a Supreme Court-ordered desegregation.

In one arena of diplomacy, Eisenhower was continually frustrated. He could not win detente with the Soviets. In fact, a summit conference on arms control between the two nations was broken up when a U.S. U-2 spy plane was shot down deep inside the Soviet Union. The incident deepened the growing rift between the two nations.

Eisenhower pushed for new frontiers in 1958, founding the National Aeronautics and Space Administration shortly after the first American satellite, Explorer I, was launched into space.

John F. Kennedy succeeded Eisenhower in the office of president in 1961 and Eisenhower retired to Gettysburg, Penn.

Eisenhower died on March 28, 1969, while visiting Washington, D.C.

Today, when soldiers and citizens reflect on his Centennial, we must remember his concern for the rise of militarism in the world and the horrific future should there be a nuclear war.

Speaking to the House Military Affairs Committee on Nov. 15, 1945—though he may as well have been speaking for all time—Eisenhower said, "We seek peace, knowing—as all men have known—that peace is the climate of freedom.

"And now, as in no other age, we seek it because we have been warned by the power of modern weapons that peace may be the only climate possible for human life itself."

San Francisco salutes military members during Fleet Week

story and photo by Adrienne Sims
Star Presidian staff

Blue skies. Blue-green waters. Streaks of white exhaust. Precision stunts. Lightening jets flying in formation. Drivers breaking their necks on Highway 101. Ships crowded on the bay.

Ah, the Fleet Week show.

Crissy Field was crowded with spectators who came to see the Navy ships, the tremendous air show and join San Francisco's tribute to the U.S Navy. Many people rturned home Oct. 6 with stiff necks and sandy clothes. But it didn't seem to bother anyone while the Fleet Week air show was going on.

Kids splashed in the Bay and rolled in the sand while their parents attention was focused on the birds in the sky. The kids also enjoyed the show, and some even explained to their parents how the fighter aircraft could hover in mid air.

"Dad, they bend the ends of their wings down so they just go up," 5-year-old Steve R. Moreland, explained. "Than they just turn the wheels to do those circles." Steve is going to be a pilot when he grows up, that is if he's not the captain of one of those big ships.

One of the most dramatic sights, the Parade of Ships kicked-off the entire Fleet Week Saturday. Eleven ships participated this year. The USS Peleliu, which housed hundreds of homeless after the October 1989 earthquake,was anchored off Alcatraz Island for spectators to view the celebration.

Full boat rides and free ship visiting were offered at Pier 39 by the Navy's Special Boat Unit 11.



The Blue Angels perform for the Crissy Field crowd Saturday during the Fleet Week celebration.

After the Battlegroup arrival, the Fleet Week Air Show amazed spectators with the performance of the Spirit of America parachute team, Anique Aircraft aerobatics and the Marine Harrier fighter aircraft.

The Harrier is a vertical and Short take-off and Landing aircraft. This aircraft hovered in midair, then thrust up, down sideways, and even did a complete 360.

Jet dragsters and parachute jumps were also featured.

But the big attraction was the U.S. Navy Blue Angels. Their amazing performance was enough to make you run out and rent "Top Gun" all over again.

The only run over the Bay Bridge this year ended Sunday along with a Day in the Park at Golden Gate National Park.

Closing ceremonies were held at the spectacular Rotunda in City Hall Wednesday.

Today the Fleet Week battlegroup departed and put an end to this year's spectacular event.

Youth Excellence Day

Bay Area students celebrate education

story and photos by Adrienne Sims
Star Presidian staff

School has more to offer than books and pencils.

Twenty-five thousand Bay Area students celebrated excellence for education Friday at Crissy Field during the traditional Fleet Week kick-off, Youth Excellence Day.

All these students pulled together for education and made history. They broke the Guinness Book of World record for the number of people dancing at the same time in one location.

The kids began dancing even before the music started. Their energy just filled the air. They screamed and raised their hands in the air waiting for the guest speakers.

KMEL's disc jockey, Rick Chase, made the crowd scream with excitement when he introduced the the rap group, "Digital Underground." The kids ran as close to the stage as they could get. The lead singer for Digital Underground, "the Humpty," a college graduate, told the children without his education he wouldn't be where he is now.

Navy jet fighters, the Blue Angels performed for the students. The crowd was just left in awe after the Blue Angel's air show. When the Blue Angels pilots landed behind the main stage at Crissy Field in a helicopter, the kids all ran to catch them.

San Francisco's mayor, Art Agnos talked to the children about the importance of education. He passed out certificates to the winners of a poetry contest. Each school district had representatives from each age group. The children stood with smiles ear to ear after they were presented with their certificates.

All the students that participated in the Youth for Excellence Day were provided the opportunity to deliver a positive message concerning educational achievement and pit-falls of drug use and gang involvement by dancing.

Even students who didn't consider themselves dancers, participated in Youth for Excellence Day by showing their support for education by dancing. They also danced to show that they're against drugs and gang violence.

The children were aware of the message that they were representing.

They weren't just there to dance. The students were there to pull together and show others the importance of education.

"I'm not much of a dancer, but if it'll help prevent gangs around my home [by everyone pulling together], I'll become one," said James Williams, a junior-high school student who participated in Youth For Excellence Day.

"School's fun," Tina P. Davis said. "Just look what we're getting to do, and it's Friday! Everyone else is either at work or on the streets. . . boring," she added.

One student said he would support education just because it keeps kids off the streets and off drugs. "If you're at school every day, with your friends, than you're not out smoking pot or stealing cars, Bill Van Vossen said. "Yea, school has its ups and downs, but what's jail and drug clinics have to offer?"

School even has something for the snappy dresser. "Where would I be without school?" wondered Rhonda K. Bailey who only wears the best. "That's wear I get my fashion sense from."

The parents seemed as happy to be at Crissy Field as the students.

"I think my daughter is so cute when she dances, but I'm here because I want Regina to know how important education is to her," said Rolanda A. Nemeth, mother of two. "I want her to see how much fun school can be, too."



Students scream with excitement as rap group Digital Underground makes its appearance.



Leroy Reed gets a little over excited when his favorite disc jockey, Rick Chase, appears on stage.



Dirk Harkins joins in the Pledge of Allegiance while protecting his MC Hammer album.

Harvest Moon



Barry Barnett, a professional musician, plays a violin for the dozens of families gathered at East Fort Baker for the Harvest Moon Festival.



Parents started building scarecrows from scratch by binding two poles together. Their children had the fun part: clothing and stuffing the wooden planks.

Revelers gather at future site of children's museum



A youngster is delighted by miniature pumpkins scattered on the ground.

story and photos by Drew Seaman
Star Presidian Staff

It looked like a scene out of Steven King's horror novel, "Children of the Corn." A blood-red moon glared below at the East Fort Baker field dotted with little children, their faces hidden behind painted skeletons and witches. They scampered between the legs of laughing adults dragging large wooden crosses across windy Horseshoe Cove field.

On second glance however, the Oct. 4 event was less formidable. Parents were using the crosses to make scarecrows; tieing and stuffing worn clothes on the wooden sticks. The children were made up to look like little monsters for the upcoming Halloween festivities. These were just some of the many activities planned for families who attended the Harvest Moon Festival sponsored by the Bay Area Discovery Museum.

"We wanted to thank and show our current members where our new museum will be," said Laura Rothman, museum membership coordinator. Building 557 at East Fort Baker will be the main office for the new discovery museum scheduled to open in April. The non-profit museum, for children ages 2 to 12, will feature hands-on exhibits that teach about life in the Bay area.

Teaching the children to enjoy the Celtic harp and the violin was Barry Barnett. Dressed in a maroon hat and dingy blue overcoat, the professional musician fiddled his way across miniature pumpkins, around squared haystacks, and over families huddled with their picnic basket goodies.

An elderly woman with a toothy grin passed out assorted sweets and little white cups of apple cider. When the children weren't pestering the woman they were squashing acorns and twigs into the small pumpkins, fleshing out contorted faces.

One 2-year-old girl tossed a pumpkin toward a metal fence. Beyond it are empty buildings. The only sounds that come from their gutted innards are the daily drillings and hammerings of construction workers. Soon though the buildings' bellies will be full of children — children who will be experimenting with the real-life challenges of transportation, architecture and city planning.

The 5.5 million dollar museum will renovate eight cream-and brick-colored historic buildings and erect one new structure.

One building will be the museum's main office but the other seven will house an escape into a world of fantasy.

The San Francisco Bay exhibit will feature model container ships and cranes to allow children to load cargo at the Port of San Francisco and slide it across the room to the Port of Oakland. It will also include the popular model fishing boat from the museum's existing home at Corte Madera Town Center. The Corte Madera museum will close at the end of the year.

Another exhibit, Doors and Drawers, will allow children to explore a television studio, an airplane cockpit, a post office and a bank vault — places that are usually inaccessible to them. Also inside, the Cabinets of Curiosities will contain special objects to touch and see and smells to identify.

The transportation exhibit will include the past and future of transportation. Children will be able to test models of hovercraft and other modes of travel.

The other buildings will house a snack bar and a "birthday room" for children's parties, a "building the city" exhibit, entry pavilion and store and the last building will house an art studio and gallery space.

In a world of Nintendo video games and Teenage Mutant Ninja Turtles, children's museums are a way for kids, and even parents, to have fun and learn at the same time."

One little boy sat transfixed in the night air listening to a storyteller astronomer talking about the moon and the stars. He and dozens of other children looked like they had had a lot of fun that night at the museum sponsored festival. "Wait until the museum's finished," said a mother adding, "They'll be so busy having fun here, they may never play video games again." For more information about the museum call **332-9646.**

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Sports Briefs

by Drew Seaman
Star Presidian staff

Tee-up for a turkey

The Sports Branch Thanksgiving "Turkey Shoot" Golf Tournament will be at the post Army Golf Course Nov. 15 at 8 a.m.

A turkey or ham will be presented to the top two finishers in each division "low gross" and "low net" at the end of the tournament.

Soldiers, family members and DoD civilian employees, 19 years of age or older, are eligible to participate in the Senior, Open, Callaway and Women Divisions.

Refreshments and a teriyaki style buffet prepared by the Sports Branch will be served at the awards ceremony at a cost of $6. Tickets for the buffet will be on sale at the Sports Office, building 63, from Oct. 29 to Nov. 12.

The entry fee for this annual golf tournament is $5. Golfers who are not members of the post golf course will be required to pay green fees. Golf cart rentals will be paid by each golfer. For more information, call Bob H. Gascon, sports director, at **561-5032.**

Intramural flag football

The 1990 Intramural Flag Football Competition will begin Oct. 15. Units and organizations that would like to enter a team must submit an entry to the Sports Branch, no later than Monday.

A rules interpretation meeting will be held Tuesday at 1:30 p.m. in post gym no. 1 (building 63). Each team must have a team representative attend this meeting. For more information, call Bob H. Gascon, sports director, at **561-5032.**

Attention bowlers

The Presidio Handicap Singles Bowling League will begin at the post Bowling Center Oct. 15 at 11:30 a.m. Individuals can sign up at the center or call Bob H. Gascon at **561-5032.**

Saturday Aerobic class

An aerobic class will begin Saturday 9:30 to 11 a.m. at the Main Gym, building 63. The first class will be free. Presidians of all ages are encouraged to come and participate, ask questions and perhaps consider making a commitment to a healthy life-style. For more information call Beverly Carpenter, of B-FIT Aerobics, at **661-5617.**

Temporary Gym closure

The Main Gym will be used for the Air Force Academy and West Point testing Sunday. The basketball court and weight room will be closed from 8 a.m. to noon and will reopen upon completion of the test. All other parts will be open.

Volksmarch

There will be a 10 kilometer (6.2 miles) volksmarch Oct. 20. The volksmarch starts and finishes at the Presidio NCO/Enlisted Club. The starting time is 10 a.m. to 1:30 p.m. with all participants finishing by 4 p.m. After the volksmarch the NCO/Enlisted Club will serve beverages and German wurst and a German "Ompaah" band will provide entertainment.

For more information, call Sgt. Maj. Michael Conrad at **561-5613.**

People still not exercising



by Colin Edwin M. Healey and Joel P. Smith
Star Presidian staff

Recent estimates indicate that at least 40 percent of the U.S. population is completely sedentary, and only 20 percent exercise with an intensity and frequency generally recommended for cardiovascular benefit.

Medical evidence links regular physical activity with reduced likelihood of developing coronary heart disease. Even low- and moderate-intensity exercise such as walking, when done regularly, may have health-enhancing benefits.

Those benefits include less risk of heart-attack and less anxiety and tension. Regular walking helps shed weight and control blood pressure, and slows the loss of calcium and weakening of bones associated with aging.

According to Dr. (Col.) Robert A. Gerber, an internist at Letterman Army Medical Center, aerobic exercises offer the greatest health benefits.

"Brisk walking, jogging and intermittent running get your heart rate up and [strengthen cardiovascular] muscles," Gerber said.

He recommends exercises that require continuous breathing—unlike weight lifting—and that allow you to maintain an activity over an extended time.

"Swimming is probably the best exercise you can do," Gerber added. "There's no stress factor. You use all muscle groups and it gives you a chance to increase your heart rate and keep it there for a long enough time to get something out of it."

Studies demonstrate that brisk walking provides strenuous enough exercise for cardiovascular training in most adults. Brisk walking with the proper shoes also causes less damage to joints than running and is more enjoyable to people who don't enjoy the extra sweat, pain and exertion of jogging and running.

Safety is a key consideration when beginning any exercise program. Before starting a fitness program, according to the American Heart Association, you should consult a physician if:

- You are a male over 45 years old and are not accustomed to regular exercise.
- You are a female over 50 and not accustomed to regular exercise.
- You have heart trouble, a heart murmur or you have had a heart attack.
- Your doctor said your blood pressure is too high and not under control, or if you don't know whether your blood pressure is normal.
- You frequently have pain or pressure in the chest, neck, shoulder or arm after exercise.
- You experience extreme breathlessness after mild exertion.
- You have bone or joint problems.
- You often feel faint or have spells of severe dizziness.
- You have a medical condition that might need special attention, such as insulin-dependant diabetes.

Extensive research has led to the development and wide acceptance of a set of guidelines for exercise in healthy adults.

The primary component of an exercise session should be an activity that qualifies as aerobics. Preferred exercises include brisk walking, jogging, cycling, and swimming, which maintain a constant elevation of heart and metabolic rate.

In comparison, racquet sports, basketball and handball appear to be somewhat less effective in heart and lung conditioning. However, many adults prefer these activities and, therefore, may be more likely to stay with an exercise program that includes them.

Three to five exercise sessions each week are generally recommended. Inactive people should start with about three sessions each week, since such frequency results in a reasonable rate of improvement in fitness without a high incidence of bone and joint injury.

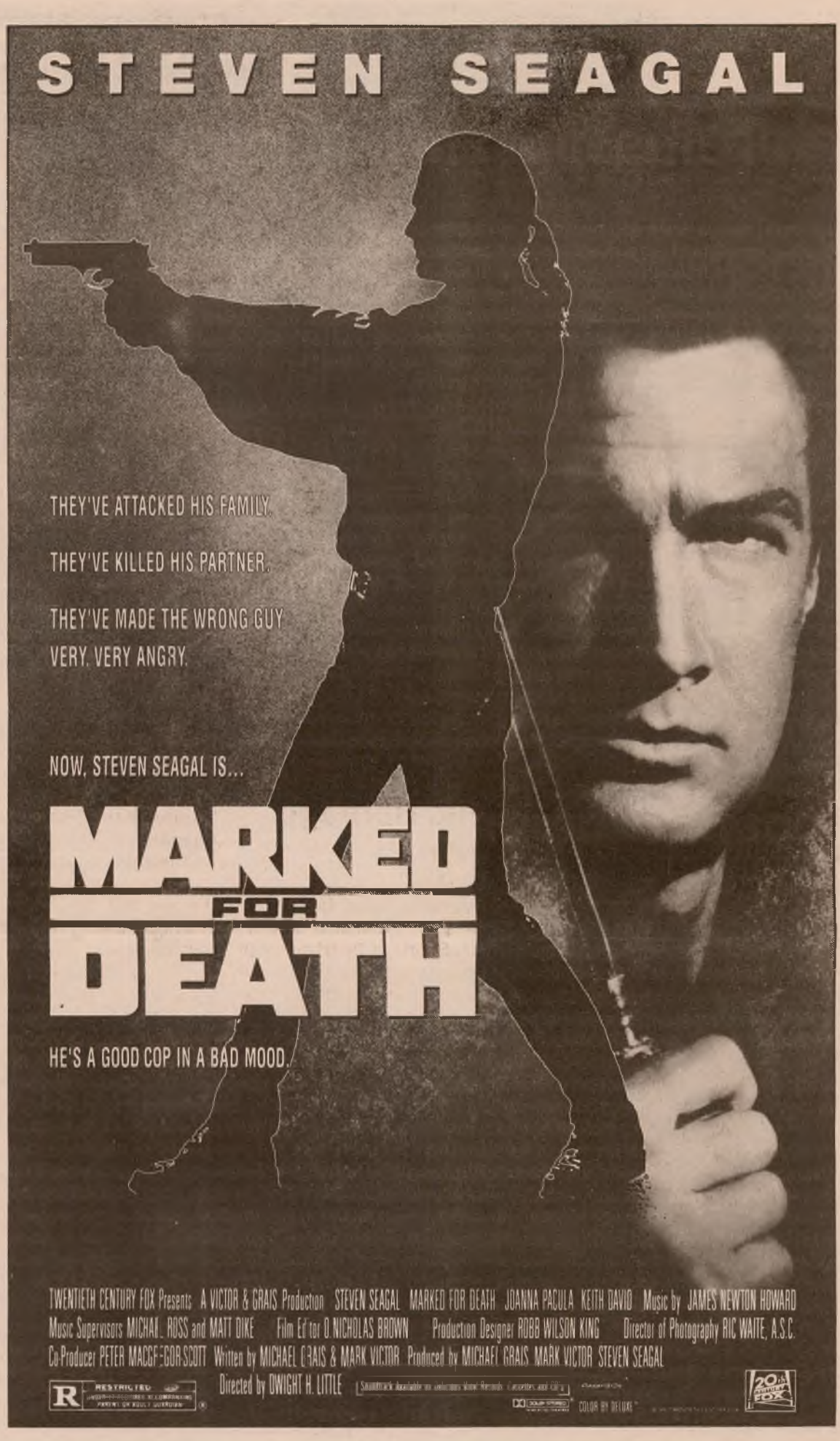
Because high frequency exercise is associated with an increased risk of injury in beginners, it is recommended only for adults who are already fit.

Muscle-stretching exercises will help prevent strains and muscle tears. The selected exercise should be sustained for at least 20 minutes. Beginners may require intermittent, shorter bouts of exercise. A gradual progression to 30 or more minutes of aerobic exercise is generally recommended.

To condition heart and lungs, the heart rate must reach the target heart-rate zone. The target heart rate is 60 to 75 percent of the maximum heart rate depending on how far one has advanced in the exercise program. Usually the maximum heart rate is determined by subtracting one's age from 220.

After six months of regular exercise one can exercise at up to 85 percent of the maximum heart rate. However, one does not have to exercise that hard to stay in good condition. A model training program for walking consists of three exercise sessions a week including warming up (stretch and walk slowly for five minutes), exercising within the target heart-rate zone for 20 to 30 minutes, depending on where you are in your program, and finally cooling down by walking slowly for five minutes.

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AAFES CONCESSION

by Drew Seaman
Star Presidian Staff

Community Calendar

Post housing fire inspections

Fire inspections will be held Oct. 15 through Oct. 23 in the housing areas of the Presidio and forts Barry, Baker, and Mason. Call the Directorate of Engineering and Housing at **561-4220** to find out on what date your housing area is scheduled for inspection and to set up an appointment.

According to post fire inspector Fred Bartow, one-third of Presidio and Presidio sub-installation quarters are inspected each year. During the inspection, residents will have an opportunity to discuss fire safety concerns and will learn how to reduce the risk of injury and property loss by using proper fire safety techniques.

Fire Department Open House

To coincide with Fire Prevention week, the Presidio Fire Department will hold an Open House at the fire station, building 218, Saturday from 10 a.m. to 4 p.m.

The fire station, on Lincoln Boulevard, across the street from the Provost Marshal's Office, will conduct guided tours of the building and the fire-fighting equipment.

Enlisted Spouses Club

The Presidio Enlisted Spouses Club will hold it's annual open house Saturday from noon to 3 p.m. The event will be held in building 667 on Cowles Street. Refreshments will be served. They will feature information on what is available to military families at the Presidio from entertainment to family services, to leisure and business opportunities. All enlisted spouses are invited to attend. For more information, call Nicola Witty at 929-0626.

Education news

This year the California State Legislature granted resident status to all military personnel and family members fro their entire tour of duty in the state when attending California state universities.

Previously, servicemembers lost resident status after having lived in the state for one year. The change will drastically cut education costs for servicemembers who decide to attend the state university education system. For more information about the new policy, call the Presidio Fort Scott Army Education Center at **561-4445** or visit the center at building 3189. You may also contact the Letterman Army Medical Center Education Center at **561-3692.**



photo by Drew Seaman

Thrift Shop re-opens

Mrs. Jo Harrison (second from right) leads the cake-cutting ceremony in celebration of the opening of the Presidio Thrift Shop Oct. 2. The shop was closed for renovations by the 864th Engineer Company.

Weight Loss Program

Letterman Army Medical Center is offering a six-week weight loss program starting Wednesday from noon to 1 p.m. "Winding Your Weight Down" is a class designed to keep you on a path to permanent weight loss. The class will help you beat poor eating habits, understand food cravings and enjoy holiday eating without bulging afterwards. For more information, call LAMC nutritionist Jan McBride at **561-3107.**

Tuition assistance

Tuition assistance will be will be available for eligible soldiers after Oct. 1. There are, however, some changes, and some restrictions that will still apply in fiscal year 1991.

TA is capped at $80 per semester hour for undergraduate study (or 75 percent of the tuition, whichever is less). Soldiers in undergraduate programs may use TA for not more than 15 semester hours, during any 12-month period. TA is capped at $165 per semester hour for graduate study, or 75 percent of the tuition, whichever is less. Soldiers in graduate programs may use TA for not more than 12 semester hours during any 12-month period. For more information, call the Presidio Fort Scott Army Education Center at **561-3189.** You can also call the Letterman Army Medical Center Education Center at **561-4791.**

Hispanic Heritage luncheon

The NCO Club hosts a Hispanic Heritage Luncheon today from 11:30 a.m. to 1:30 p.m. Flamenco dancers will perform. Santiago Rodriguez will be the guest speaker. Door prizes will be awarded at the event. For tickets, call Yvette at **561-4791** or Ray at **561-5469.**

Commonwealth Club

Developing Dependable Military Power is the topic Oct. 23 at the San Francisco Commonwealth Club at 595 Market Street. Benjamin F. Schemmer, editor-in-chief, Armed Forces Journal International, will focus on the Mid East crisis and discuss changes in the defense community in the 90s. Schemmer's speech will run from 5:15 to 6:15 p.m. Cost is $8; a beverage is included.

Beat the back-up

Want to save gas money? Presidians can cut their gas costs by car pooling with other Bay Area residents. There are buses, trains, van pools and car pools from almost everywhere in the Bay Area. For a faster, more carefree commute, leave your car at home and commute "smarter." For car pool information, call 861-POOL. Other numbers to keep handy: MUNI **673-MUNI;** Caltrans **680-INFO;** Golden Gate Transit **332-6600;** BART **788-BART.**

Photo contest winners

Three Presidians recently won awards at the Forces Command level of the 1990 Army Photography Contest. Spec. Joel P. Smith of Headquarters Company, United States Army Garrison won a first place and an honorable mention in the color transparency category. Capt. Jeff Davis of Letterman Army Medical Center and James Hendrickson (retired) both won honorable mentions, in the color and black and white print categories respectively.

All winners will now compete in the All-Army level of the competition.

Volunteers needed

Presidio's Equal Opportunity Office needs volunteers to help their staff with Black History Month, Feb. 1 to 28, 1991. Please call **561-4158** for details.

Festival 2000 events

San Francisco State University will host three events during the city's Festival 2000, one of the most comprehensive celebrations of the arts ever held in an American city, Oct. 6 to 28. All performances will be in McKenna Theater in the School of Creative Arts Complex on Holloway Avenue.

Cultural Odysseys's Rhodessa Jones and Idris Ackamoor will join New York dancer Bill T. Jones in "Perfect Courage," a story depicting the personnel odysseys of three artists coming of age in today's turbulent society, Oct. 9-13 at 8 p.m. Sharing the bill will be Diane Ferlatte, one of America's leading storytellers, in "Time is Winding Up," a story inspired by the inhabitants of the Sapelo Islands off the coast of Georgia—one of the few remaining pre-Civil War African-American cultures.

Black filmaker Gordon Parks will be on campus Oct. 17 at 2 p.m. to teach a masters class titled "From Novel to Script to Film." The class is free.

Amiga group

A Presidio Amiga Users Group has been organized and is scheduling meetings. The get-togethers are open to all Amiga owners and anyone interested in finding out more about the Commodore Amiga.

For more information, call Billy at **567-3888** in the evening, or call Troy Davis at **561-5478** during the day and **750-1367** evenings.

Bake Sale

The Letterman Army Medical Center Auxiliary will hold a bake sale Tuesday in the LAMC third-floor lobby, from 11 a.m. to 2 p.m.

At the Movies

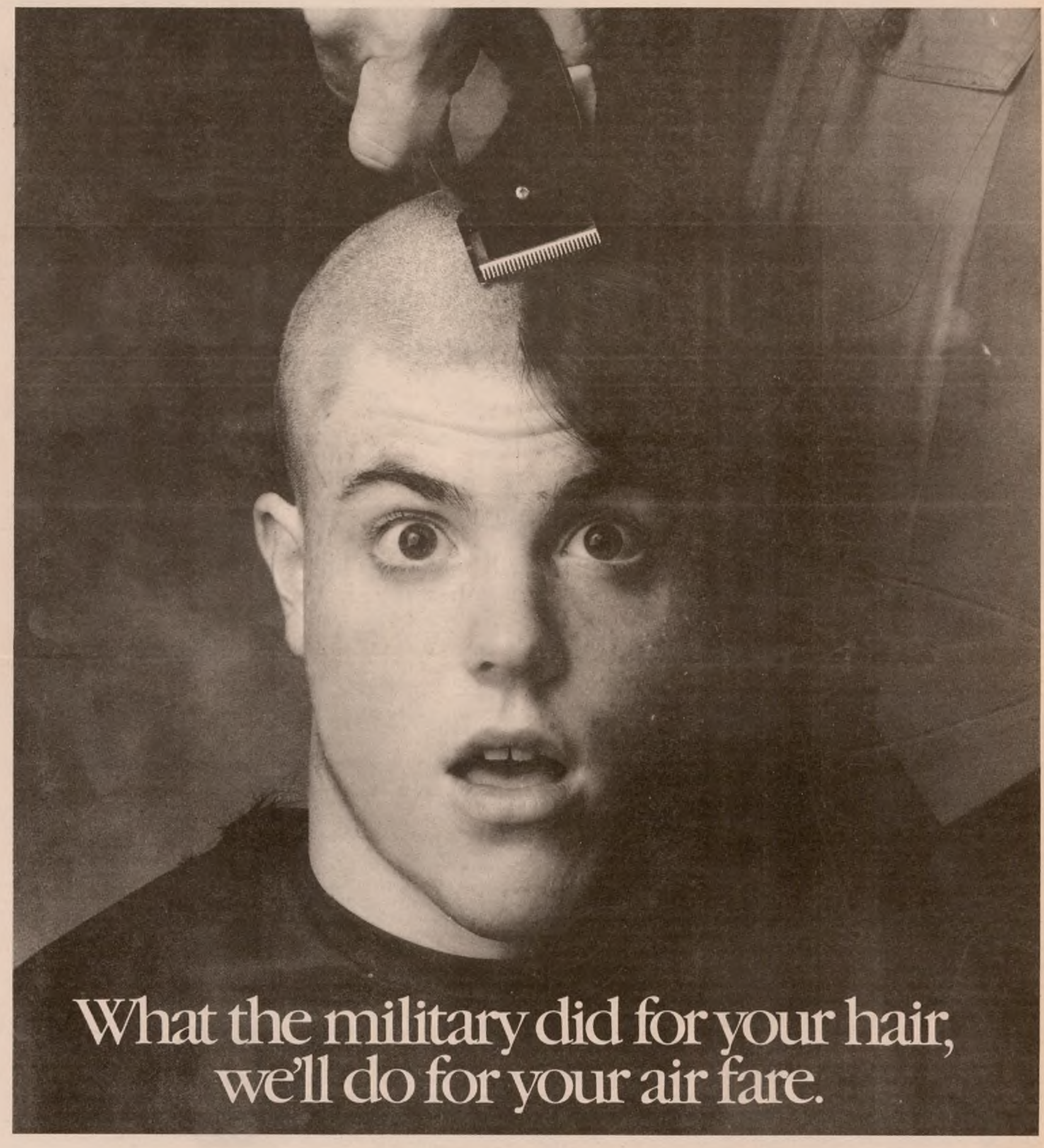
Presidio Theater

Fri., Oct. 12: Men at Work (PG 13) 7 p.m.
Sat., Oct. 13: Arachnophobia (PG 13) 7 p.m.
Sun., Oct. 14: Mo' Better Blues (R) 7 p.m. Mon., Oct. 15: Bird on a Wire (PG 13) 7 p.m.

Hamilton Theater

Fri., Oct. 12: Days of Thunder (PG-13) 7 p.m.
Sat., Oct. 13: Days of Thunder (PG-13) 7 p.m.
Sun., Oct. 14: Quick Change (R) 4 p.m.





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★ Special Earthquake Edition ★

Star Presidian

Vol. 33, No. 43 | "Published in the interest of the people of the Presidio of San Francisco" | October 18, 1990

Presidio of San Francisco, CA 94129



On Nov. 3, 1989, 130 earthquake heroes receive medals for their relief efforts.

photo by Steve Morey



photo by Steve Morey

Presidio soldiers help Marina residents move their belongings out of quake-damaged buildings only hours after the earthquake.

Presidio and earthquake '89

by Erica Haspiel-Szlosek
Star Presidian staff

The earthquake shook more than the ground on Oct. 17, 1989. It rocked the very foundations of life for many Bay Area residents. Just beyond the Presidio gate, in San Francisco's Marina District, some of the temblor's worst damage occurred. On the Presidio itself, earthquake damage tolled $9 million.

Despite damage to the post—including loss of power and water in many areas—Presidians rallied to the aid of The City in minutes.

"The Emergency Operations Center, or EOC, was in full operation within one hour after the earthquake" said Lt. Gen. William H. Harrison, Sixth U.S. Army and Presidio commander in a statement issued to the press a week after the 7.1 earthquake shook the Bay Area. "We were ready to respond immediately to official requests for assistance."

And help they did.

Immediately after the 15-second quake, post Military Police rushed to aid San Francisco law enforcement agencies by helping to provide crowd and traffic control. The Presidio Fire Department was the first to respond to the Marina fires. Working around the clock, fire fighters helped quench the blazes which were sparked after gas mains ruptured in the district.

Many other Presidio soldiers and civilians rushed to find out where they could be most useful. Letterman Army Medical Center nurse 2nd Lt. Denise Biehn organized an evacuation center at the Marina Middle School. She did this before the Red Cross had arrived, and without orders.

Another LAMC soldier, Judge Advocate Capt. Stephen M. Parke was traveling on I-880 in Oakland when the quake hit. After a rumble and a violent shake, the Cypress Section collapsed 150 feet before him. Disregarding his own safety, Parke started life saving actions for four critically injured motorists and evacuated a dozen more from the area. For five hours he provided medical aid to people who were injured and trapped in cars. Even when aftershocks shook the downed structure so badly it seemed ready to collapse, he continued.

LAMC had its hospital fully staffed within an hour in preparation for as many as 200 to 300 casualties. Only 23 were admitted.

Several days later, the Presidio opened its doors to more than 480 displaced and homeless people, some of whom needed medical attention. They were housed in six buildings on post and given hot meals by the Red Cross. Soldiers at the Golden Gate Reserve Center worked alongside 150 of the homeless who were bedded down in cots which filled the hallways and stairwells. Reserve Center soldiers brought in clothes and toys to help as much as possible. Other donations by the Presidio soldiers and civilians were taken to the main distribution center at Fort Scott where homeless volunteers cataloged and distributed items such as food and clothing.

Gym No. 1 was opened to Marina district refugees for showers and Gym No. 2 was temporarily turned into one of the 12 Disaster Application Centers operated by FEMA. These centers housed members of 20 different organizations providing financial, emotional and legal help to earthquake victims.

Additionally, the Presidio gave The City storage space in the former public health hospital to house some 300,000 library books after the San Francsico Main Library's north wing was badly damaged in the earthquake.

There are many more stories of the selfless aid the Presidio men and women gave to the community following the 1989 earthquake. Many of the heroes were recognized in a Nov. 3, 1989 ceremony in which more than 100 soldiers and civilians were honored for the services they performed above and beyond the call of duty. Many more were honored this fall with a Humanitarian Service Medal. And many others have remained anonymous.

Presidians have shown the Bay Area how much they care—about The City, the people and the post—through their actions in the year that has followed the earthquake.

Voices

Presidio View

by Lt. Gen. William H. Harrison



Fly a flag for freedom

Dear Presidians,

Our weather continues to provide us warm, sunny days and crisp, clear nights. This along with all are other blessings continue to make every day a great day, no, a GREAT day to be a part of the U.S. Army at the Presidio of San Francisco—A Very Special Place!

Tuesday was a GREAT day as I had the opportunity to recognize not one, but two, PSF Soldiers of the Month. Because of TDY our August selection wasn't able to make the ceremony then so we honored him and our September selectee at the same time. Pvt. Glenn McNeill, a MP traffic accident investigator in LEC was our August SOM, and Spec Alwyn Bush, a medical occupational therapist at LAMC was our September honoree. Both these fine soldiers were presented Army Achievement Medals, plaques, gift certificates and several savings bonds. These gifts make the selection very worthwhile over and above the honor of being selected as the BEST. To both these fine soldiers my congratulations and all best wishes and a really big HOO AH! And to all our on and off post agencies and concerns who participate in this program my sincere thanks and a big HOO AH! to you too!

Our new National Guard advisor has arrived for duty and we welcome Colonel Edward Swanson aboard. Colonel Swanson has had a very distinguished career and we are happy to welcome him to our Presidio family.

Tuesday afternoon at the Officers' Club we bid hail to a number of recent arrivals. To each and every one of you we all say WELCOME TO PSF & SIXTH U.S. ARMY. We're glad you're here! And to our departees —Capt. Abbott, Maj. George, Lt. Col. Myers, Colonels Margetts and Tuley—we say thanks, safe journey, and God Bless.

The DCSOPS held another of their periodic golf outings on Wednesday. Again, all who participated had a great time. The weather was picture perfect, the companionship superb, but there was one big difference this time—I was on a winning team! That, dear readers, isn't HOO AH!, that's unbelievable!! But it sure felt good and I appreciate DCSOPS including me.

Wednesday night Mrs. Harrison and I attended the final event of the U.S. Navy Fleet Week celebration. It was a gala reception in the rotunda of City Hall. The occasion was festive and very patriotic and again Mayor Agnos recognized the U.S. Army and the PSF when he talked about the military response to Quake '89. Your efforts then were appreciated, one and all, and I want you all to know it.

The following a.m. we held our final ceremony to award the Humanitarian Service Award to those uniformed Presidians who were authorized. Again CSM Whiteford and SGM Dunn of DCST had arranged a very simple but impressive ceremony. We also took this occasion to attach the Panama streamer to the U.S. Army flag—the 169th! Now that's HOO AH!!

Guess who came to see me on Thursday? Smokey the Bear! Yep, right there in my office ol' Smokey came to remind me of Fire Prevention Week. Smokey has been our Fire Prevention spokesbear for a long time and has done a great job. I hope every Presidian will redouble your efforts to prevent fires during this very important week. Firechief Fred Williams, Smokey, and I all ask your help and cooperation in preventing fires at PSF. Oh yes—Smokey is *really* HOO AH!

From time to time I try to share with you some of the really wonderful, heartwarming things that happen here at PSF. Recently Chaplain Northrup, our Post Chaplain, received a really wonderful letter. After the deployment of U.S. forces to Saudi Arabia, Father John P. O'Brian wrote the chaplain and volunteered his services here at the Presidio. We all know of our critical shortage of Catholic chaplains so this was very much appreciated. Well, Father O'Brian signed himself "seventy and retired but ready for recall"!! Now that's a big HOO AH! and our Catholic parishioners will enjoy Father O'Brian's services in the weeks ahead.

In closing remember the CFC drive and please, each of you, give what you can. Remember our fellow soldiers in Saudi Arabia and—keep those flags flying at the PSF—A Very Special Place!

God bless you one and all.

William H. Harrison
Lieutenant General, USA
Commanding

" Obstacles are those frightful things you see when you take your eyes off your goals."

—Anon



photo provided by TASO

President George Bush visits the quake-country days after the devastating temblor. Here he is greeted by Sixth U.S. Army and Presidio Commander Lt. Gen. William H. Harrison.

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All editorial content of the *Star Presidian* is prepared, edited, provided, and approved by the Public Affairs Office of Headquarters Sixth U.S. Army and Presidio of San Francisco, California. The *Star Presidian* is printed by Coast Publishing, a private firm in no way connected with the Department of the Army, under exclusive written contract with the Presidio of San Francisco, California. The civilian printer is responsible for commercial advertising.

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Ask Presidians:

by Adrienne Sims
Star Presidian staff

"What have you done differently since the Oct. 17, 1989 earthquake?"



Robert M. Mauk, retired Army Sergeant First Class: "My wife and I both were stunned. I know the next time I'll be calmer and more prepared. I've read books concerning earthquake preparedness, so I'll know who to call in an emergency and how to save someone's life if necessary. I've also stocked up on water and canned food. My wife has taken classes on earthquake preparedness, also. This time we won't panic."



Sgt. Pleasant L. Lindsey III, Media Relations assistant, Public Affairs Office: "I haven't done anything differently. Right after the Oct. 17, 1989 earthquake I just rolled over in bed because it wasn't the first big earthquake I've been through. From then on, I haven't done anything differently because I'm not afraid of earthquakes."



Susan E. Rose, Public Affairs assistant, Sixth U.S. Army: "I think coming through an earthquake pretty much unscratched has helped me to better appreciate day-to-day living. I enjoy people more. For a couple of months, though, I kept a full change of clothes and a gallon jug of water in the trunk of my car."



Spec. Bruce E. Clark, assistant protocol, Sixth U.S Army Protocol Office: "I keep more supplies around my house than I did before the earthquake. I keep bottled water, extra canned foods, batteries and flashlights. I've already had CPR and first-aid classes so I'll be prepared if someone is injured during another earthquake."

5:04 p.m.—a historic disaster

by Elayne Werner
Sixth U.S. Army Public Affairs Office

The first roll of the earth sent a ripple under my feet. The second sent a shiver down my spine. I was sitting at my computer desk at exactly 5:04 p.m., Oct. 17, 1989, working on some last minute changes to a letter.

Although I have lived in San Francisco 12 years, and have experienced earthquakes in Germany and Mexico without fear, I had a queer feeling in my stomach, this one felt different.

I didn't make a move right away, I waited, hanging back to confirm in some way what I had just felt. I looked up at the hanging ceiling lights as they slowly began to undulate, and felt the shiver again- I knew it was a major earthquake- The next roll literally lifted my chair, with me still siting in it, and while still aloft, I heard the cracking and groaning of the entire building as it fought to stay in one piece.

Another second passed. . .and the framed pictures and everything that was nailed to the wall began to fall, flying off the walls as if an invisible hand were hurling them directly at me. I managed to look behind, just in time, as I saw my bookcase falling forward. I barely had a second to leap out of my chair, but not enough time to dodge the books, flower pots and other items that came crashing onto me. Everything landed exactly where I had been sitting. Unfortunately, my left leg and foot didn't quite escape the debris, nor my back and neck.

By this time the only thing I could do was hang on to the corner of both my desk and the adjacent reception desk as the intensity of the earth splitting and shifting held me captive. During the entire 15 seconds of the earthquake, I could not walk, crawl, or make any movement towards a doorjam, or any other place of safety. I was totally vulnerable.

Because of the action around me, I do not remember much of anything except holding on. I do remember worrying about the hanging lights flying off and hitting me as they swung crazily in every direction.

After the building stopped moving the first things I picked up from the floor were my computer disks and other papers. The floor was strewn with glass, dirt and water which could have destroyed years of work.

I then went into the hallway to see if anyone else was still in the building. I found several people dazed and stunned but otherwise in good condition. Everyone behaved in an exemplary manner, doing what any dedicated worker would do, should do under the circumstances. We stayed to see if we could get telephones working, and we checked to see if everyone was out of the building.

As we inspected the rooms it appeared as if the quake did most of its damage in the center of the building, exactly where I was sitting. The large crack in the structure was clearly visible. Then, and only then did my legs begin to shake.

I went home after I was satisfied that everything had been done at work, not knowing if I had a home, or if my family was safe.

I was one of the lucky ones. I had a home without electricity and water, but I did have a home. Later that evening around midnight my neighbor's telephone could take incoming calls only and I heard from my son. That was a moment I cannot describe. He had been at Candlestick Park when the quake struck and although scared and worried, he was alive. My new-found neighbor and I entertained many displaced people people during the next 24 hours, but we all rejoiced in being alive! Others we would find out were not as fortunate.

The next five days were spent doing what any good neighbor would do, I volunteered my services at the Marina Middle School, near the Presidio Lombard Gate.

I cannot speak for anyone else about how it feels to see ones neighborhood burning, to walk in darkness, to smell the burning air and to watch people searching for anyone they knew, but I would not want to experience those feelings again, nor would my family. My family on the East Coast was watching the nightmare of San Francisco burning, knowing I lived in the Marina, and totally helpless.

If I learned a lesson from such an experience, it is one so subjective, I do not speak of it out loud. It is a silent wish. I do not dwell on analyzing what happened that day, October 17, 1989, however, if I could find some words to express that silent wish I would say. "I have a deep desire for man to be his brother's keeper, not only when there is a catastrophe, but each day, in small ways. We can make a difference."

Where to find earthquake help

by Adrienne Sims
Star Presidian staff

Knowledge is your shield.

Once you familiarize yourself with precautions you can take before an earthquake, you are ready to take up arms against fatal injuries caused by an earthquake.

Before the quake

Your local library is a good place to start. Ask for information about earthquake preparedness.

"Earthquake Ready," by Virginia Kimball, gives information on how to prepare your home, office and family for an earthquake.

You can also get information from the Federal Emergency Management Agency (FEMA) located on the Presidio in building 105. To order documents from FEMA, call **923-7100** or write FEMA P.O. Box 70274, Washington D.C. 20024.

Seven brochures covering personal preparedness in houses, apartments, mobile homes, and preparedness for the elderly or disabled cost only $2 from FEMA. Also, the pamphlet "Safety and Survival in an Earthquake" costs only $3. This pamphlet can be picked up at your local Red Cross Office. To receive the pamphlet by mail, write American Red Cross, Los Angeles Chapter, 2700 Wilshire Boulevard, Los Angeles, Calif. 90057. Send $3 plus $1 for postage and handling.

The Bay Area Regional Earthquake Preparedness Project (Metro Center, 101 8th St., Suite 152, Oakland, Calif.; 893-0818) offers a free home-preparedness guide which focuses on safety tips and general home maintenance you can follow to improve your family's chance of surviving an earthquake.

"Surviving the Big One: How to Prepare for a Major Earthquake:" is a one-hour video that offers "what-if" scenarios with safety answers. The video also discusses what kinds of food and supplies Bay Area residents should stock in the event of an earthquake. The cost is $24.95, from KCET-TV in Los Angeles, **(800) 228-5238.**

Shake, rattle and roll

During an earthquake keep calm; panic kills.

Knowing what to do next, may help you prevent further injury and damage. "Always ready," is what every victim needs to be.

"Earthquake," by Bruce Bolt, offers general information about what to do after an earthquake.

In case of an emergency, call 911 or the Office of Emergency Services. The San Francisco's Office number is **441-6020.** For information and help after an earthquake, call the Presidio Red Cross Station at **561-2141** or the San Francisco Red Cross at **776-1500.**

The Red Cross also offers emergency survival handbooks for $3 at your local Red Cross Office.

Look in the White Pages of your telephone book for more information about earthquakes and first aid.

Presidio Remembers

Rock n' roll—San Francisco style:

A personal experience with the 89' quake

by Drew Seaman
Star Presidian staff

It was time for her to indulge.

After spending years eating light healthy meals, the 90-year-old lady was fed up. It was time for unhealthy foods and fun. First, she treated herself to a delicious greasy dinner complete with chocolate dessert.

She continued her food splurge after dinner and bought truffles. Crossing the street at 5:04 p.m. she wondered, "Should I eat this now or take it home?" She felt her body shake. "I'm having a stroke!," she thought as she collapsed on the street. People ran out of the store toward her.. "Thank God, they're coming to help me," she murmured. Sirens blared in the distance getting louder. "How quickly they've come to help me," she breathed. Clutching her heart, she noticed the entire Bay area street was rolling like a giant ocean wave.

The old woman sighed, "Thank God, I'm not having a stroke. It's only an earthquake."

Ron Roberts' wife, a hairstylist, had heard that story in the hair salon from a woman's personal experience soon after the earthquake last year on Oct. 17.

Roberts, the communication's support section chief of Logistics Control Activity (LCA), has another story to tell. He was working in Stillwell Hall, building 650, when the 7.1 earthquake took and shook the Bay Area by the neck. Building 650 was the worst hit on the Presidio.

The brown-eyed Californian native was working alone on his personal computer in his basement office. The ground started rumbling, he yawned and kept on typing. "I grew up feeling little tremors, you feel it and you go on with business. No big deal," he said. But in mere seconds computers jumped off their tables, calendars bounced off the walls and tables danced across the floor. Roberts dove head first under his desk letting his 240-pound frame catch up with him. He couldn't get his whole body under the table though. He ran for the door but the 15-second quake was over. Roberts said he was white as a ghost in the blacked-out room.

No one in the building was hurt. "It hit after everyone had got off work so there were only a dozen people in the building," he said, stroking his salt and pepper beard. If it had hit hours earlier the casualty rate could have been high.

Roberts has three children. His youngest was 10 years old and alone at home during the earthquake. The phones were out so he couldn't call home. Roberts was also worried about his wife. She worked in a room surrounded by glass and big mirrors. "All I could imagine was all this glass crashing around my wife," he said.

Yet despite concern for his family, Roberts stayed at work an hour and a half after the quake to make sure the building was secure and no one was hurt. He was one of three people who went back in the building to assist some handicapped employees out from the rubble. He said he felt like he couldn't run off and leave. Col. Robert J. Walden, the LCA commander, said, "They were very brave to go back in right away; to be so unconcerned for their own welfare. The aftershocks could have struck soon after the quake.."

Roberts got home at a quarter to seven. He lived only ten minutes away from the post. As he neared his house, the former U.S. Navy service member saw his wife and young daughter sitting on the front steps of the house. His oldest daughter was in a college class. His son was at a Safeway store at a beach. Roberts sat outside until his two children finally came home.

The section chief had never been frightened by earthquakes before but this one had put the fear in him. "I'd never leave California though," he said adding, "People in the Midwest experience tornadoes. We have earthquakes, but we can go through years with just a little one happening. But the Midwest can have three giant tornadoes a year."

The following day Roberts came back to work. He looked at the damage. The computer room had a big crack clear through the wall. "You could feel the air-conditioning leaking out from the outside of the building," he said. Picture frames were hanging crooked down one hallway. One picture frame on the floor, the only one shattered, read, "In case of emergency break glass."

Bookcases, computers and chairs were tossed together in messy piles. Thick cracks ran up and down the walls of the entire building. One crack completely severed a support beam in the building.

One year later, LCA celebrated a grand reopening Oct. 11 with a huge outdoor barbeque feast and a ribbon cutting ceremony. With nearly $400,000 dollars of renovation, the LCA building still shows signs of construction being finished up.

Employees had to work amid construction noise, dust and clutter. But Roberts sums up his views about working at LCA; a view shared by many of his co-workers: "I'm very mission orientated. Most of us were back to work the day after the quake, and it was to take care of our Presidio soldiers and customers."

LAIR shares earthquake story

by Susan Siefert
LAIR Public Affairs Office

October 17, 1989 is a date that residents of the San Francisco Bay Area will never forget. The soldiers and staff of Letterman Army Institute of Research (LAIR) are no exception. While each individual who experienced the earthquake has his or her personal story, the LAIR family was an integral part of the rescue and recovery efforts. Since the earthquake occurred in the late afternoon, most people had gone home for the day, but many returned to work immediately.

In a time of disaster, LAIR's first priority is to support the Letterman Army Medical Center (LAMC), located next to LAIR. Immediately after the earthquake, Sgts. Gary Dutcher and Michael Kurtz, Spec. Armando Gonzales, and Maj. Stephen Bruttig began organizing LAIR personnel to provide care for LAMC patients and others who had met with misfortune in the nearby area.

The LAIR surgical suite was readied for use on a contingency basis. If the need for surgical facilities had exceeded LAMC's capabilities, LAIR's surgical facilities were up and running.

It was dinnertime when the quake hit, and meals were being served to LAMC's patients. When the hospital's power went out, so did the elevators. Serving meals to patients suddenly became very complicated. Several LAIR soldiers assisted in providing and serving meals to LAMC patients. Others helped with traffic and crowd control and with running hoses to fires in the hard-hit Marina District.

Everyone who saw any news of the San Francisco earthquake saw the devastation of the collapsed Cypress structure. Two LAIR people—Bill Frye, medical photographer, and Maj. Kathryn Knudson, research psychologist—were directly involved with that rescue effort.

Knudson counseled military rescue teams who were searching for survivors and removing victims from the collapsed structure. Additionally, she worked with a team from the Uniformed Services University of Health Sciences who were compiling data on trauma and the accompanying stress for future studies.

When the call came in for a medical photographer to help identify the victims of the Cypress structure disaster, Frye accepted the assignment even though the task entailed considerable risk.

The California Highway Patrol had set up a grid system to locate and identify the vehicles crushed beneath the upper level of the structure. The California Transit Authority had cut holes at intervals to access the vehicles and remove the victims. Frye entered the holes and photographed the victims to ensure proper identification and forensic documentation.

One year later, memories of the earthquake are still vivid. Every LAIR employee has a different story of his or her involvement with the earthquake. In the days immediately following the earthquake the LAIR family worked together to support the recovery efforts and each other. Several of LAIR's soldiers and civilians were recognized for their humanitarian efforts. Most of the soldiers and civilians who "pitched in" last October are still with the institute today, working together to provide quality research for the soldier.



photo by Joel P. Smith

Giving

Red Cross volunteer Linda Pappenheim offers milk to a 6-year-old girl, displaced by the Oct. 17, 1989 earthquake.

One year later, Marina clean-up continues

story and photos by Joel P. Smith
Star Presidian staff

A year later, San Francisco is still picking up the pieces.

Dust and low rumbling still fills the air in the Marina District.

And some San Francisco residents still believe that, though another quake is inevitable, they won't be the ones to suffer.

A slow walk through the Marina shows that many poorly supported structures that cracked and nearly crumbled in the Oct. 17, 1989 quake are getting some nice cosmetics, but little in the way of improved safety measures.

A construction engineer sadly shakes his head and wonders how he will complete a project within city regulations and also within the building owner's budget. "The owner's in Hong Kong," he says confidentially. "He's not interested in spending money on [foundation] supports. He wants the building to look good. He wants tenants."

You can change the building, but you can't change the earth under it. In spite of any improvements to housing in the Marina District, no one can deny that the earthen fill the district is built on, may liquefy in the next quake.

When the big one hits, it may be better to be in a Marina house boat than in a house in the Marina.

Like many people faced with danger daily, San Francisco residents often shrug off the possibility of personal injury in a quake. "I haven't done one thing to prepare [for the next quake]," said Marina F. Roche, a Marina resident. "I'm going to be gone by the time the next one hits."

Two blocks away, a mason wheels rubble out of an apartment building and dumps it on a growing pile. A Pacific Bell technician stands in a gaping hole in the district, still rewiring severed phone lines.

On post, it's business as usual at the PX and commissary, where just a year ago, thousands of dollars in property crashed to the floor during the 7.1 temblor. The shelves are orderly, the customers unconcerned.

Photos reveal that though we're still picking up the pieces, we're also living with an assumed sense of security. What can't be seen in photographs is a certain sense of fatalism—Bay Area residents have resigned themselves to the knowledge that another quake is coming. The question is, can we really do anything about it?



Displaced San Franciscans set up camp where they can following the Oct. 17 quake.



Construction crews compete for space near the intersection of Divisadero and Jefferson streets. The lot, now swarming with engineers, is slowly being built back up. It was leveled after the earthquake.



Reminders of last year's quake abound.

Lessons Learned

The quake of '89: what we've learned

by Joel P. Smith
Star Presidian staff

The Bay Area now has a 67 percent chance of being hit by an earthquake measuring 7 or higher on the Richter scale, according to the U.S. Geological Survey.

The Survey, which estimates that sometime within the next 30 years, a quake with "far more destructive potential" than the Oct. 17, 1989 temblor will strike the Bay Area.

Given that we face the probability of suffering another quake, what are we doing to help ourselves survive it? What lessons have we learned from last fall's shake up?

According to a recent Survey publication, we've formed the mistaken impression that the "Big One" has hit, releasing built-up stress in the Bay Area's fault zones.

According to that publication, The Next Big Earthquake, "The Loma Prieta [earthquake Oct. 17, near Santa Cruz] was not the big one. It was a moderately big one, certainly destructive to some parts of the Bay Area, but nowhere the size of the great San Francisco earthquake of 1906.

"Second, having an earthquake like Loma Prieta has little to do with the likelihood of having another one on a different fault, somewhere else in the area." There are at least 11 major faults in the immediate Bay Area.

Scientists now believe that the next quake will strike farther north, in an urban area with a high population. A special U.S. Geological Survey map—a hot item at Macy's shortly after the quake—shows that some Bay Area regions will be hit much harder than others. For instance, the western half of the San Francisco peninsula, which lies on weakly consolidated soil, sand and gravel, is extremely vulnerable to shaking.

The Marina District, and most of the East Bay shore, were built on Bay mud and fill, and have the same high potential for disaster.

Housing built over bedrock—which constitutes less than five percent of the peninsula north of the San Francisco International Airport—will suffer least in a temblor.

By mapping out potential disaster areas Bay Area officials can emphasize earthquake preparedness in those regions and can even expect to target emergency services to those areas after an earthquake.

So the quake has taught us some geography; it's taught us that disaster has borders. And it's reaffirmed what the city already knew but few will put into practice: if we are to prevent mass casualties, we had best stop living, and building, on shaky ground.

Architects and residents learned that buildings with "soft" first-stories are particularly vulnerable to earthquakes. "Soft" stories are structures which are relatively open on their ground floors—having little structural support for the floors above. In the Marina, this kind of architecture is revealed in those buildings with multiple garages as a first story.

This matchbox design caused many upper stories to crush the lower "soft" story in Marina apartment complexes. Sadly, a drive through the devastated Marina District will today reveal that these structures are still common.

According to city fire officials, the Bay Area learned the importance of maintaining a fleet of fire boats to fight waterfront fires should underground water lines be shattered. The Phoenix, a 36-year-old fireboat with the San Francisco Fire Department, is credited with squelching a Marina fire that gutted seven buildings and damaged several more.

When the Marina's fill-dirt foundation "liquified" in the tumble, water lines to the district were broken, rendering them useless for supplying fire trucks with precious water.

The Phoenix, however, is not ground-bound and sat off the Marina, in the Bay, pumping 9,000 gallons of water each minute through water lines on deck, to a series of portable fire hydrants in the area, according to former San Francisco mayor Dianne Feinstein.

Before the Oct. 17 quake, officials concerned with the city budget had called for the Phoenix to be scuttled. Since the quake, the city has acquired a second fireboat. The "Guardian," the gift of an anonymous donor, is currently being outfitted as a fireboat and will soon join the Phoenix in protecting San Francisco's waterfront, said Lt. Paul L. Fuhrman, with SFFD.

Pete Ashen, administrator of emergency services for the Golden Gate Chapter of the Red Cross, said earthquake-aware residents have learned to stockpile food. A day after the quake, while power was out in many grocery stores and food service facilities, the Red Cross was besieged with requests for food and water.

Ashen believes people will be better prepared for the next quake, having learned to store candles and first-aid supplies as well.

He also noted that city fire and police officials learned that they couldn't assume emergency generators would run every electric appliance in their stations. Firefighters and policemen coming in from the road to pick up fresh batteries for their radios were surprised to find the chargers didn't work. So, said Ashen, officials have learned that they'll have communication problems if their radio links aren't self-supporting.

The San Francisco Chronicle reports The City is installing a new 911 system to improve emergency response—particularly in a black-out. Also, the Chronicle reports, the State Office of Emergency Services has received $4.5 million to set up a satellite communications system to link disaster services across the state. Another $10 million has been promised for the project.

Many Bay Area emergency support centers learned they couldn't help victims when they were victims themselves. During the black-out that followed the quake, some centers were left in the dark after learning that their back-up generators needed maintenance. "I'm embarrassed to say it happened to us, too," said Ashen. His Red Cross center on Sutter Street was powerless for half an hour because the building's back-up generator had a dead battery. A repairman had to be called in while the dust was still settling.

Residents quickly learned that they couldn't call other city dwellers because their phone lines were severed or the system was overloaded with frantic callers. Ashen said the latter problem can be circumvented if all family members know to call a friend or other family member living out of state.

If each family member calls a single contact person, "Make it Aunt Suzie in Kansas," said Ashen, this person can let everyone concerned know your whereabouts. This is vital information to family members that want to know if you made it out of your workplace, or maybe over a bridge, safely.

What we've learned is that we all need to work for a safer environment in which to live and work in the Bay Area. And we need to develop a higher awareness of how to prepare for and survive an earthquake. We know that when the ground stops shaking, the trouble is just beginning.



photo by Steve Morey

Fire fighters work around the clock to put out the Marina blazes immediately after the quake.

No Time to Lose

Earthquake preparedness:

Are you ready for the next BIG one?

by Drew Seaman
Star Presidian Staff

October 17, 1989. Crushed cars and people pinned beneath the rubble of the Oakland Bay Bridge. Hundreds homeless; scavenging for their buried belongings. Families trapped in their homes with no water and food.

History may repeat itself—Bay area seismologists predict the next major quake to hit before the 21st century. What doesn't have to be repeated though is being unprepared.

Here's a list of items Presidians should stock and do in preparation for the next major quake.

Safety Tips

(provided by the American Red Cross)

Have on hand . . .

Flashlights and a portable radio: both with spare batteries. Do not use matches or candles after a quake, gas leaks may exist.

First aid kit and first aid knowledge: Have members of your family take basic Red Cross first aid and CPR courses. Call 561-2187 to sign up for post classes in building 97.

Fire extinguishers: Class C extinguishers are designed to be used safely on any type of fire. Know how to use your extinguishers.

Practice "duck, cover, and hold" drills at home with your family and at work. Injuries and deaths during earthquakes are caused by falling objects and collapsing structures. Knowing how to protect yourself when the shaking starts may save your life. Duck under a strong table or desk. Cover your head and face to protect them from broken glass and falling objects. Stay covered until the shaking stops.

Protect your belongings. Falling objects and toppling furniture present the greatest danger and the biggest potential financial loss for most people. Imagine all of the contents of your kitchen cabinets falling to the floor on your head! Be sure that no heavy items, such as pictures or mirrors, can fall on your bed, where you typically spend a third of each day.

Secure tall furniture and bookcases to the wall. Add lips to shelves to prevent costly items from sliding off. Be sure adjustable shelves cannot slide off their supports.

Food: Keep a supply of nonperishable food on hand, including at least a 72-hour supply of canned or dehydrated food, powdered milk and canned juices. Dried cereals and fruits and non-salted nuts are also a good source of nutrition.

Water: You should have at least three gallons per person for a 72-hour period. The water should be stored in airtight containers and replaced at least every six months.

Purification tablets such as Halazone and Globaline should be used; but, first read the bottle label for directions.

Special items: Have at least a week's supply of medications and special foods needed for infants or those on limited diets.

Tools: Pipe wrenches and crescent wrenches would be needed to turn off gas and water mains. Each adult family member, including the family's older children, should know how and where to shut off each main line.

Home preparedness

Teach responsible members of your family how to turn off electricity, gas and water at the main switch and valves. Do not shut off gas unless an emergency exists. If gas is ever turned off, remember that all pilot lights must be relit. Label the main water shut-off valve, find where water enters the house.

Defective electrical wiring and leaky gas or inflexible connections are dangerous in the event of an earthquake. Bolt down water heaters and appliances.

According to the American Red Cross, most injuries and deaths during a quake result from falling objects and debris. Place large and heavy objects on lower shelves; securely fasten shelves to walls. Brace or anchor high or top-heavy objects.

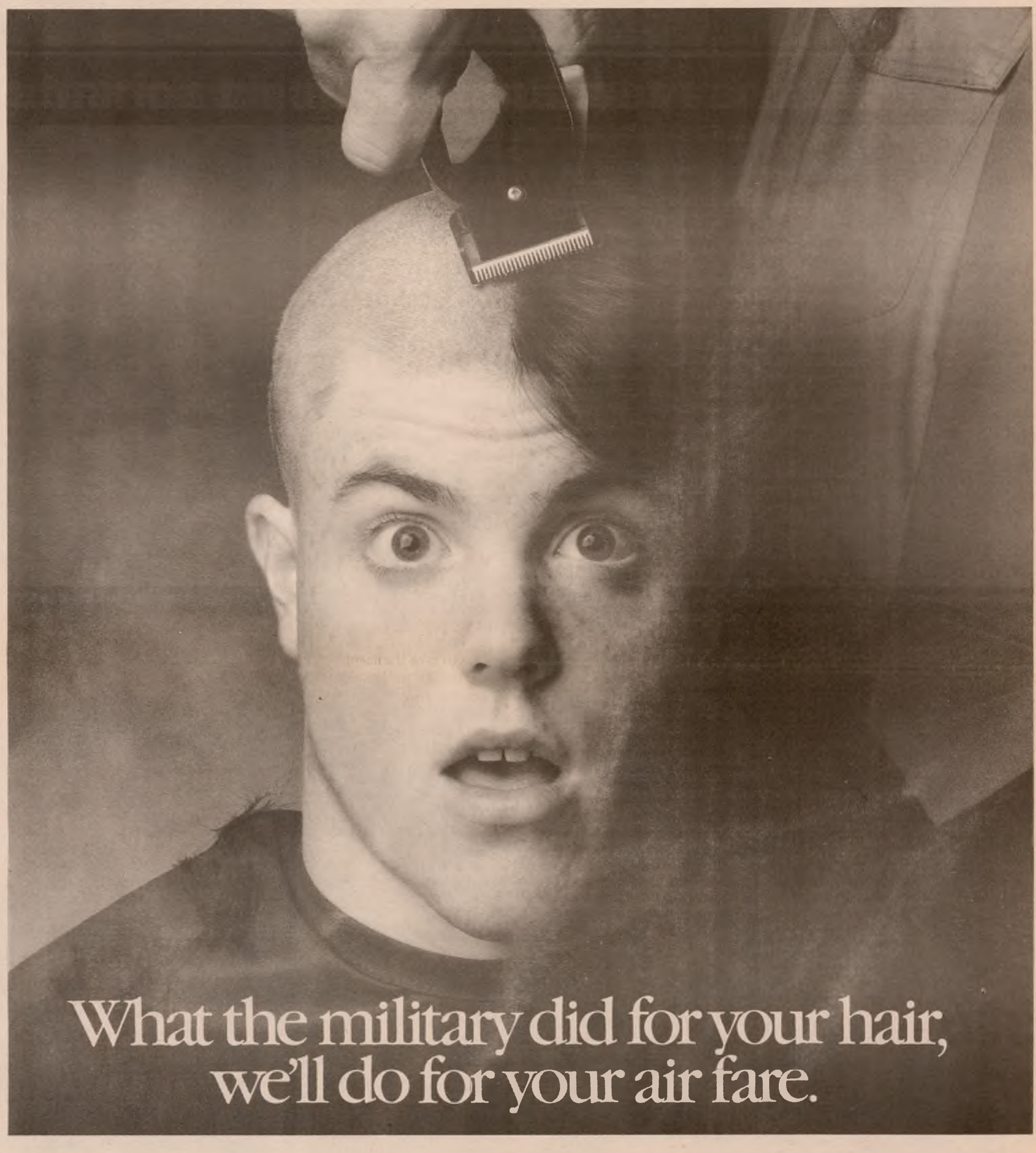
A masonry chimney could crumble through an unsupported roof. Be aware of this: don't seek cover near a chimney. Also, flammable liquids, such as painting and cleaning products, might be safer if stored in a garage or outside shed.

Some of the information for this article was obtained from the U.S. Geological Survey phamplet. For more safety tips, get a free copy of this and other phamplets by contacting the Red Cross in the Letterman Army Medical Center's fifth floor or call **561-2187.**

Off post you can call the Golden Gate Chapter at **776-1500,** or visit their San Francisco office at 1550 Sutter Street.



The Bay Area suffered billions of dollars both in damage and in lost revenue from tourism since last year's quake. photo by Joel P. Smith



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Sports/Health

Sports Briefs

by Drew Seaman
Star Presidian staff

Turkey Shoot Golf Tournament

The Turkey Shoot Golf Tournament will begin Nov. 15 at 8 a.m. at the Presidio Golf Course.

Presidio soldiers, Department of the Army civilians and family members 19 years and older are eligible to participate in the Senior, Open, Callaway an Women divisions. Senior division is 40 years and older. The Callaway division is for golfers who don't have an established handicap at the Presidio Golf Course.

Entry fee is $5 a person. Golfers that aren't members of the Presidio Golf Course are required to pay green fees. Each golfer must pay for the rental of a golf cart.

A turkey or ham will be presented to the top two finishers in each division at the conclusion of the tournament.

Refreshments and a Teriyaki buffet, prepared by the Sports Branch, will be served at the awards ceremony. The cost of the buffet is $6 a person. Tickets will be on sale at the Sports Office, building 63, between Oct. 29 and Nov. 12.

For more information, call Bobbie Gascon, Sports Director at **561-5032.**

Intramural flag football

The 1990 Intramural Flag Football Competition will begin Oct. 15. Units and organizations that would like to enter a team must submit an entry to the Sports Branch, no later than Monday.

A rules interpretation meeting will be held Tuesday at 1:30 p.m. in post gym no. 1 (building 63). Each team must have a team representative attend this meeting. For more information, call Bob H. Gascon, sports director, at **561-5032.**

Attention bowlers

The Presidio Handicap Singles Bowling League began at the post Bowling Center Oct. 15 at 11:30 a.m. Individuals can sign up at the center or call Bob H. Gascon at **561-5032.**

Saturday Aerobic class

An aerobic class will begin Saturday 9:30 to 11 a.m. at the Main Gym, building 63. The first class will be free. Presidians of all ages are encouraged to come and participate, ask questions and perhaps consider making a commitment to a healthy life-style. For more information call Beverly Carpenter, of B-FIT Aerobics, at **661-5617.**

Volksmarch

There will be a 10 kilometer (6.2 miles) volksmarch Saturday. The volksmarch starts and finishes at the Presidio NCO/Enlisted Club. The starting time is 10 a.m. to 1:30 p.m. with all participants finishing by 4 p.m. After the volksmarch the NCO/Enlisted Club will serve beverages and German wurst and a German "Ompaah" band will provide entertainment.

For more information, call Sgt. Maj. Michael Conrad at **561-5613.**



First aid, CPR will help you survive

by Adrienne Sims
Star Presidian staff

Knowing CPR and first aid may help you save a loved one's life.

These are some steps to take if someone you know has been injured during an earthquake.

Breathing

Unconscious person:

Be careful approaching an unconscious person. He may be in contact with an electrical current. If so, turn off the electricity before touching the victim.

1. Try to awaken the person by gently tapping or shaking him and shouting, "Are you all right?"

2. If there is no response, check for breathing signs by listening for breaths and watching for a rise and fall in the victims chest. Be sure the victim is lying flat on his back. Turn the victims head with the body as a unit to avoid neck injury. Loosen clothing around neck and chest.

3. Open the airway:

If there are no signs of head or neck injury, place one hand on the victim's forehead and apply firm pressure to tilt the head back.

Place two fingers of the other hand under the bony part of the lower jaw near the chin and lift to bring the chin forward.

Place your ear close to the victim's mouth to listen for breathing sounds while watching his chest and stomach for movement. Check for at least five seconds.

If the victim resumes breathing, the airway should be maintained opened.

If the victim is not breathing perform mouth to mouth rescue breathing immediately. Have someone else call for professional help.

Rescue Breathing:

1. Give mouth to mouth rescue breathing to an adult:

Maintain the airway and gently pinch the nose closed. Take a deep breath and place your mouth over the victim's mouth in an airtight seal. Give two full breaths taking a breath between them, while feeling for air to escape the victims mouth.

Remove your mouth from the victim's. Turn your head to the side to listen for breathing and to watch movement of the chest.

If you hear air escaping or see the chest rise this means the rescue breathing is working. Continue until help arrives.

Repeat a single breath every five seconds. Allow for chest deflation after each breath.

2. Giving mouth to mouth rescue breathing to infants and small children:

Be careful tilting a small child's head back to open airway.

Cover the child's mouth and nose with your mouth.

Blow air in with less pressure than an adult. Listen for exhales. If the child begins breathing repeat once every three seconds.

It may take several hours to revive someone. Keep up mouth to mouth rescue breathing until professional help arrives. If you stop the victim could die.

For more information about mouth to mouth rescue breathing, look in the front of the telephone White Pages, the Soldiers Handbook, *Common Task* or Red Cross publications..

Head Injuries

If there is bleeding from the ear it can mean that there is a skull fracture.

Special care must be taken when trying to stop any scalp bleeding when there is a suspected skull fracture. Bleeding from the scalp can be very heavy even when the injury is not too serious.

Don't press too hard. Be extremely careful when applying pressure over the wound so bone chips from a possible fracture will not press into the brain.

Always suspect neck injury when there is a head injury. Immobilize the head and neck.

Call for medical help.

Do not give alcohol, cigarettes or other drugs. These drugs may hide important symptoms.

Broken bones

Broken bones normally do not kill . Do not move the victim unless he is in immediate danger of further injury.

Insure the victim is breathing.

The Presidio Red Cross Station will be setting up CPR and First aid classes in November. For more information, call **561-2141** or **561-2187.**

The information for this story was gathered from three publications: The Soldiers Handbook, Common Task, the White pages of the telephone book and a Red Cross pamphlet, "Safety and survival in an earthquake."

Celebrate!

A Celebration of Hispanic History

story and photos by Elayne Werner
Sixth U.S. Army Public Affairs Office

The Hispanic Heritage Month Luncheon, sponsored each year by the Equal Employment Opportunity Office, took place at the Presidio's NCO Club, October 11.

The theme this year "500 Years of Hispanic Heritage—Education Excellence—Key to the Future" traces 500 years of Hispanic Heritage starting from the year 1492, when King Ferdinand and Queen Isabella of Spain financed four expeditions for Christopher Columbus, to the present, where there are approximately 85,000 Hispanics contributing their expertise to the Department of Defense alone.

Approximately 200 people, both civilian and military arrived at the luncheon anticipating the festivities, which included a prominent guest speaker Santiago Rodriguez, and entertainment.

The guests were greeted and assisted to their seats by members of the Committee Program, Yvette Jaks, and Eleanor Castorena.

Before the speaker began, guests relaxed and enjoyed "arroz con pollo," chicken with rice, for lunch, while being treated to the delightful "Fiesta Flamenca Dance Troupe of San Francisco." The ensemble, dressed in brightly colored authentic costumes, created an atmosphere of both energy and lightheartedness as they danced and sang to the rhythmic music of Flamenco!.

Although the Presidio was well represented, so was the state of California. The Governor of California, George Deukmejian, was represented by Robert Casteneda. Also, the Consul General of Spain's office, was represented by Margarita Baxter Lazato, who appeared to be thoroughly enjoying the program.

The guest speaker, Santiago Rodriguez, manager of Multicultural Programs for Apple Computer was introduced by Raymond Mooren, Presidio Defense Investigative Services.

Rodriguez spoke eloquently about the rich cultural contribution Hispanics have made in United States society, in all areas. Although he touched on many subjects, including some of his family's interesting personal history; his overall emphasis was —in order for our nation to remain strong and move forward, we must continue to have "cultural tolerance"

He spoke of civilizations that have collapsed such as the Ming Dynasty, and why he felt they did: he felt it was because they repressed outside input; and so, the barriers must come down. Rodriguez reiterated again that the United States must not only "tolerate diversity, we should welcome it!"

According to Mario Cavallaro from the EEO Office, "On the basis of the audiences's enthusiastic response to Santiago Rodriguez's speech, and the applause for the dancers, the Hispanic Heritage Month luncheon was a total success.

"Ole!"



The Flamenca Dancers perform at the Hispanic Heritage Festival at the NCO Club, Oct. 11.



Yvette Jaks hosted the Oct. 11 Hispanic Heritage Festival, while wearing a traditional Mexican dress.

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by Drew Seaman
Star Presidian Staff

Community Calendar

CFC kicks off

Headquarters Command Battalion has kicked off the Combined Federal Campaign. Units in the battalion are: Law Enforcement Company, Sixth U.S. Army Band, Headquarters Company, United States Army Garrison, "C" Company, 864th Engineer Battalion, and U.S. Army Transition Point. Lt. Col. Lonnie D. Vona, the battalion commander, encourages all servicemembers and Department of Army civilians to support this year's CFC theme, "Do It Again Plus 10."

For more information about the campaign, call 1Lt. Jacky Westover.

Crisis Line

The Presidio Crisis Line is a telephone service to our Presidio community. The Crisis Line is staffed by volunteers who are trained to resolve an immediate crisis and refer the caller to other agencies that can help the caller.

Callers are anonymous and have a 24-hour, 7-days a week service in the Crisis Line. The majority of Crisis Line calls deal with marital conflict, loneliness, isolation, command or duty problems and financial difficulties. For more information about this service, call Nancy Niederhauser **561-5155**, or Priscilla Fleisher at **561-4513.**

Fire Department Open House

To coincide with Fire Prevention week, the Presidio Fire Department will hold an Open House at the fire station, building 218, Saturday from 10 a.m. to 4 p.m.

The fire station, on Lincoln Boulevard, across the street from the Provost Marshal's Office, will conduct guided tours of the building and the fire-fighting equipment.

Post housing fire inspections

Fire inspections will be held through Oct. 23 in the housing areas of the Presidio and forts Barry, Baker, and Mason. Contact the Directorate of Engineering and Housing at **561-4220** to find out on what date your housing area is scheduled for inspection and to set up an appointment.

According to post fire inspector Fred Bartow, one-third of Presidio and Presidio sub-installation quarters are inspected each year. During the inspection, residents will have an opportunity to discuss fire safety concerns and will learn how to reduce the risk of injury and property loss by using proper fire safety techniques.



photo by Steve Morey

Mario Vargas, a commissary baker, helps clean up the sticky mess one day after the earthquake. Other Presidians, including soldiers, civilians and family members, donated their time to help get the commissary back in shape.

Beat the back-up

Want to save gas money? Presidians can cut their gas costs by car pooling with other Bay Area residents. There are buses, trains, van pools and car pools from almost everywhere in the Bay Area. For a faster, more carefree commute, leave your car at home and commute "smarter." For car pool information, call **861-POOL.** Other numbers to keep handy: MUNI **673-MUNI;** Caltrans **680-INFO; Golden Gate Transit 332-6600;** BART **788-BART.**

Volunteers needed

Presidio's Equal Opportunity Office needs volunteers to help their staff with Black History Month, Feb. 1-28, 1990. Please call **561-4158 for details.**

Presidio lecture

Gordon Chappell will present a lecture titled "Queen of the Spanish Presidios: The Presidio of San Francisco" at 1700 Franklin St. at 7 p.m. Chappell, a regional historian with the National Park Service, is the first speaker in a four-part historical lecture series on the Presidio. The event is sponsored by Heritage, the Foundation for San Francisco's Architectural Heritage.

Cost is $10 for each lecture for Heritage members, $12 for non-members. The series is $30 for Heritage members and $40 for non-members. Advance reservations are strongly advised. Call **441-3000** for more details.

Mills College art gallery

The Presidio Officers' Wives' Club is touring Mills College Art Gallery Nov. 8 to view an exhibit of historic quilts. Admission is $2 for adults, $1 for seniors, plus the cost of lunch at the college tea room. Call Ellen Litney at **436-9436 for reservations.**

Halloween Madness

Bring your little "monster" to "Boo at the Zoo," the San Francisco Zoo's Halloween celebration Oct. 27 from 10 a.m. to 5 p.m. The day-long event includes free pumpkin painting for the first 200 kids, a Halloween parade with prizes for best costumes, a treasure hunt, animal demonstrations, sing-alongs, and other entertainment.

Bring a goody bag for free treats from Pay Day candy bars. Admission is $6 for adults 16-64, $3 for youths 12-15, $3 for seniors 65 and over, and free for children age 12 and under.

OWC

Make your reservations for the next Presidio Officers' Wives' Club luncheon, sponsored by the Letterman Auxiliary Nov. 1 at 11:30 a.m. at the Officers' Club. Reservations are due Thursday. Call Teena Larson at **931-7137. Cancellations for members holding permanent reservations are due Oct. 26.**

Jack O' Lantern contest

The Presidio Officers' Club is holding it's annual Halloween Party on Saturday, Oct. 27, from 6:30 p.m. to midnight. In addition to its regular menu, the club will serve two complimentary dinners to customers who bring in the most scary or creative jack o' lanterns. Prizes will be awarded for the best costume and best group costume of four or more people. Dinner is from 6:30 p.m. to 9:30 p.m. and dancing is from 8 p.m. to midnight. Call the club for reservations.

V-J Day vets

Instant Recall is a nostalgia-oriented newsmagazine which takes notable events that have taken place in the last 40 or so years, and attempts to retell those stories through the eyes of the people who have actually lived the events.

One of the stories they are interested in doing is of V-J Day, August 14, 1945. The most compelling way to relay the feelings and emotions of the day would be to speak with a few veterans who many have a particularly interesting V-J Day story to tell.

If you can help, call Jeanine Hughes at **(212) 772-7800.**

Resident status for soldiers

The California State Legislature granted resident status to all military personnel and family members for their entire tour of duty in the state of California for the purpose of attending a California State University. This is not applicable to junior colleges, the University of California system or private schools.

Previously, military personnel claiming residence in a state other than California were required to pay non-resident fees at California State Universities after having been stationed for one year in California.

Costs for State University students considered residents are very reasonable. Nearby State Univerisities for which this new policy applies are San Francisco State University, Hayward State University, Sonoma State University and San Jose State University.

For more information, call a counselor at the Fort Scott Education Center, **561-4445** or the LAMC Education Center, **561-3692.**

How to publish

The workshop "How to Publish Your Book in a Tightly-Targeted Market" will be offered Nov. 6 at San Jose State University from 6 to 10 p.m. on the SJSU campus.

At the Movies

Presidio Theater

Fri., Oct. 19: The Two Jakes (R) 7 p.m.
Sat., Oct. 20: Presumed Innocent (R) 7 p.m.
Sun., Oct. 21: Robocop 2 (R) 7 p.m.
Mon., Oct. 22: Robocop 2 (R) 7 p.m.

Hamilton Theater

Fri., Oct. 19: Navy Seals (R) 7 p.m.
Sat., Oct. 20: Problem Child (PG) 7 p.m.
Sun., Oct. 21: Teenage Mutant Ninja Turtles (PG) 4 p.m.
Navy Seals (R) 7 p.m.



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Star Presidian

Volume 33, No. 44 "Published in the interest of the people of the Presidio of San Francisco" October 25, 1990

News Briefs

by the Star Presidian staff

Flags earn Presidio respect

by the Star Presidian staff

While driving around the Presidio at closing time recently, we noticed that the proper courtesies were not being paid to the American flag during retreat at 5 p.m. The subject was also called to the Public Affairs Office's attention. We did some research.

According to Army regulations, soldiers and civilians should use the following procedures when it comes to saluting the flag.

When "To the Colors" is played at retreat, soldiers should face the flag or the music (if the flag is not in view), stand at attention, and render the prescribed salute. The position of the salute is held until the last note of the music is sounded.

Soldiers, not in uniform, and civilians should face the flag or the music (if the flag is not in view), and stand at attention until the last note has been played.

Soldiers, and civilians, driving their privately owned vehicles should stop their vehicle, get out and salute in the direction of the flag or music until the last note has been played.

Occupants of military vehicles and buses should remain seated at attention in the vehicle; the individual in charge of each vehicle should get out and render the hand salute.

The proper courtesies of flag protocol should be used by all soldiers and civilians on the Presidio.

Trick or Treat hours

This year the Presidio, Forts Baker, Barry and Mason will celebrate Halloween Wednesday from 6 to 8 p.m. This is the only time children should be Trick or Treating on the Presidio.

Cleaning contract cancelled

Contract cleaning for family quarters has not been authorized since Sept. 30 in accordance with Congressional direction. All Presidians vacating family housing are now required to fully clean their unit before departing.

Cleaning standards are available at the Family Housing Office, building 227. A copy of the standards will be presented to occupants when they schedule their clearance inspections.

Registering motor vehicles

Starting Nov. 1, motor vehicle owners will be asked to file a non-operation statement or register their vehicle before the annual registration occurs. If the vehicle will not be operated for the entire year, a $5 fee in lieu of registration must be paid to confirm ownership and protect the owner's interest in the vehicle by recording it with Department of Motor Vehicles.

Vehicle owners paying the $5 fee must certify that the vehicle will not be operating in California anytime during the registration year unless it's properly registered and fees are paid.

Great American Smokeout

The American Cancer Society will sponsor the annual Great American Smokeout, Nov. 15. The Presidio will be participating in this effort to encourage smokers to give up their habit for just 24 hours.

For more information, call Bob Darling at 561-4120, Julio Sosa at 561-2528 or Yolanda Taylor at 561-4159.

Vice President visits Presidio



photo by Joel P. Smith

Vice President Dan Quayle addresses an afternoon crowd at Fort Point Oct. 19. Quayle announced plans to raise $10 in the private sector for improved access and programs for the handicapped in the National Park.

Quayle's plan improves disabled access to national parks

story and photo by Joel P. Smith
Star Presidian staff

Vice President Dan Quayle was on post Oct. 18 to announce a fund raising campaign aimed at upgrading facilities for the handicapped in Golden Gate National Recreation Area.

At a 2 p.m. Fort Point ceremony, Quayle, honorary chairman of the Parks for People program, said his organization wants to raise $10 million from Bay Area charities to improve access and public programs in the park. The initiative is part of a national campaign to increase participation by the disabled in National Park Service design.

"I think we would be lying if we said this park was accessible to all the people," GGNRA Superintendent Brian O'Neill told a crowd of 150. "We're concerned about that."

Quayle was at the ceremony because "he is making the difference at the national level with the attention he is giving to accessibility [for the disabled]."

Fund-raising efforts will be targeted at Bay Area businesses and prominent leaders in the community. Contributions will be applied toward both "physical and programmatic access," said Vicki L. White, director of the Marin Center for Independent Living, and a wheelchair user.

White said improving the physical access may mean wilderness trails designed for the blind, for wheelchair users and other handicapped persons. It may also mean lowering displays in National Parks to a level in which they can be easily read by wheelchair users.

Improving programmatic access for the handicapped means enhancing the opportunity to enjoy Park Service programs, many of which ignore sight, speech and hearing-impaired visitors. Installing audio tapes and 3-dimensional "tactile" maps at points-of-interest would allow visually-impaired visitors to enjoy parks more fully, explained George Covington.

Covington is Vice President Quayle's press assistant for disability issues. From the perspective

see Access, page 5

Voices

Presidio View

by Lt. Gen. William H. Harrison

Fly a flag for freedom



Dear Presidians;

Well, last week I thought the rainy season had begun. But, as we can all see, it blew right through and again our weather is glorious. And we passed the 17th of October and game three of the World Series without an earthquake so—it remains a great time to be part of our great trained and ready TOTAL ARMY Force at the Presidio of San Francisco—A Very Special Place!

On the 15th I had a super honor. A retired warrant officer, Mr. Arnold Crosby, has recently completed running 5,000 miles—yes, good readers—five thousand miles as part of our Presidio Run For Your Life Program. The sports staff of DPCA thought this was a really remarkable feat so they asked me to participate in recognizing Mr. Arnold—which was my great honor. Anyway—we had a ceremony at the headquarters and awarded him his 5,000 mile patch, his certificate, a letter from FORSCOM, and I added one of my GOOD SOLDIER coins. I sure think 5,000 miles deserves a coin! And how would you like to show up at some fun run—say the Presidio 10, or some such, wearing a 5,000-mile run badge! Now that's HOO AH! But you know the real HOO AH part, Mr. Arnold gave credit to his wife for getting him into running and now that he has progressed so well she has bought and rides a bicycle to keep accompanying him. Isn't that great? and HOO AH!

Wednesday was another award day—this time recognizing one of our uniformed soldiers and a civilian employee Lt. Col. Chip Chagnon from DCSRM received his completion certificate from a very demanding advance supply course from the Logistics Management College and it was my pleasure to make the award with Chip's mother in attendance. Following that I awarded Ms. Betsy Coradine a Civilian Achievement Medal for her services in DCSRM. It is always such a pleasure to recognize our folks who do well—our civilian employees, military members, and volunteers. These DCSRM personnel were, and are, very deserving and to each of them a big HOO AH!

Wednesday was also One Year After day for the Quake of '89. There were numerous remembrances and many of our people participated in one way or another. Mayor Agnos asked me to come to the city event which was held at the Ferry Building. At exactly 1704—that's military 5:04 p.m.—the flag was raised over the Ferry Building. You all may recall the numerous pictures of this building and it's broken flagpole after last year's quake. Then it was on to Pier 35 for the Celebration of Heroes sponsored by the San Francisco Chamber of Commerce. This event recognized the hundreds of folks who watched and volunteered following the quake—The PG&E workers, phone company employees, all the military of every service, policemen, firemen, etc., etc. It was a great party and I know we all appreciate the Chamber, the City, and all the corporate sponsors for so honoring us. So, from all of us, a great big heartfelt thanks and HOO AH! to all concerned.

Ya' want a real thrill? Go down in the vicinity of Crissy Field some morning between 6 and 7. Last Friday I was there at about 6:45 on my usual run day and off in the distance I heard the unmistakable sound of a unit running and singing cadence. Sure enough, here came C/864th Engineers down from Fort Scott. What a sight and sound—it still thrills an ol' soldier after all these years and all these miles run! It was so early the sun was not completely up so you could hear the cadence and the measured beat of feet in step long before you could see them. Many civilians stopped to watch them run by—and be proud of THEIR Army.

And there as I ran along with them for a short stretch, I spied the Sixth Army Headquarters staff undergoing their P.T. test. Everyone was out there getting out one more sit-up and one more push-up and trying to cut a few seconds off their 2 mile run time. It's great to see just a small portion of our trained and ready Army in action and to know you're a part of it. To all these troops—HOO AH! times 10!!

I got one of those really special bits of correspondence last week. In my job I wade through a lot of paper work. It's all necessary and important but it sure takes a lot of time. But every now and then out of the pile jumps a real jewel. This was one of those rare gems. Mr. John F. Collins, Chief, Publications Branch, took the time to tell me about two other employees of the Supply & Services Division who do a little extra to make PSF A Very Special Place. Seems on Lundeen street along Doyle Drive there is a space of common area real estate. And over the years various personnel of the S & S Division have spent considerable amounts of their own time & money planting and cultivating flowers to beautify an otherwise forgotten corner of the Presidio. The two individuals specifically cited were Mrs. Marguerite Jackson and Mr. Gustavs Cortez. Isn't it great that these two employees take the time to do this for all to enjoy? And isn't it thoughtful of Mr. Collins to make us aware of it? To these three, and all the others who have planted, weeded, watered, pruned, etc., I say a very sincere thank you and a really BIG HOO AH!

On other occasions I have told you about letters I get complimenting our folks for various and sundry duty performances. This week Mrs. Betty Stone wrote to thank and compliment the Honor Guard who provided the services at her husband's funeral on Oct. 8, 1990. Seems Corporal Harry Stone was very proud of his service to his country and his flag. He survived the Bataan Death March and three years incarceration in a POW camp. He wrote a poem he called "A Tribute to the Flag," which Mrs. Jones shared with me and I want to share with you. As we read it we should keep in mind what this soldier had to endure to keep those colors flying high . . . .

As I stand on freedom's soil
The thought goes through my mind
That the symbol of all this freedom
Is flying somewhere all the time
It has flown in all the battles
It has seen its sons go down
But others rise to take their place
To make this world a safer place
So we say this land of ours
There is no better place
In all this world around
I have seen it tattered and torn
I have seen it proudly wave
It never fails to stir my soul
No matter where I see it
Our flag, the symbol of freedom
The white as pure as driven snow
Its red stripes symbolize the blood
That was shed beneath it
The blue field as the sky above
With stars ablaze with glory
A star for every state
That joined together make
This country great
I know these words are not enough
To show the world
How much I love Old Glory
But I gave as much as I could give
To make this world a better place to live

And that dear readers is my quote for this week. I can't top this.

And speaking of flags, let's not forget to fly our flags here at PSF to remember our fellow soldiers serving today in Saudi Arabia, again in defense of Freedom.

And finally, don't forget CFC. Anything you can give will be appreciated and well used. You designate who you want to get it. Let's shoot for every Presidian to give something—small or large—whatever you can afford—but 100% participation. It's the thought that counts!

God bless you one and all.

William H. Harrison
Lieutenant General, USA
Commanding

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All editorial content of the *Star Presidian* is prepared, edited, provided, and approved by the Public Affairs Office of Headquarters Sixth U.S. Army and Presidio of San Francisco, California. The *Star Presidian* is printed by Coast Publishing, a private firm in no way connected with the Department of the Army, under exclusive written contract with the Presidio of San Francisco, California. The civilian printer is responsible for commercial advertising.

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Ask Presidians:

by Adrienne Sims
Star Presidian staff

"What do you feel is your greatest accomplishment?"



Spec. William D. King, Computer programmer/system analyst, Deputy Chief of Staff for Personnel: "I haven't attained my greatest accomplishment, yet. When I do achieve my greatest accomplishment, I will rule the world and own all the Seven Eleven stores."



Bernie M. Cousart, Standard Installation Division Personnel System analyst MILPO Office: "Getting married to the right girl. We've been married for 31 years. We still love each other and there are no complaints. We have one son and three grandchildren. I'm also very proud of them."



Chief Warrant Officer Denny M. Auker, administrative assistant to National Guard advisor, Sixth U.S. Army: "I would have to say that my greatest accomplishment was raising my daughter and having a grandson. I feel I did a good job raising her, and I'm very proud to have a grandson. He's six weeks old."



Pfc. Michelle A. Deeter, Standard Installation Division Personnel System, Department of the Army Feedback analyst: "I paid last month's phone bill."



Spec. Kevin J. Shaw, supply specialist, S-4 Office, Headquarters Command Battalion: "Getting my associate's degree in Hotel Technology. It took two years of hard work. The hardest part of going to college is sticking to it. It's not easy studying for classes to take a big test at 8 o'clock in the morning."

Halloween

A time for ghosts, goblin, safety

by Erica Haspiel-Szlosek
Star Presidian staff

It's hard to tell who is the most frightened by Halloween, parents or children. While children are relishing the thought of scary costumes and shopping-bag loads of candy, parents are wondering just how safe their children will be on this eve of All Hallows.

This year the Presidio, Forts Baker, Barry and Mason will celebrate Halloween—Wednesday—from 6 to 8 p.m. When planning your celebration, Presidio safety officials recommend that parents take a few minutes to follow basic safety precautions.

Make sure costumes are made of flame retardant materials. The outfit should be short enough to avoid tripping and becoming entangled in doors. Footwear should fit correctly and be easy to walk in.

Costumes should also be bright enough to be seen by drivers. Creative use of reflective tape can solve the visibility problems of a dark costume. Give children a flashlight or glow tube to further assure passing motorists can see them.

Instead of using a mask, paint your child's face. This will allow children greater visibility and will not interfere with breathing. Also be sure that wigs, hats and beards do not obstruct vision.

Tell children not to eat any goodies before they get home where you can inspect them. Once home parents should throw away any unwrapped foods. Cut fruit into small pieces to check for pins, razor blades or other foreign objects. If you discover anything wrong with any of the treats—and you live on post—call the Military Police at **561-2251** or **561-2252.** They will warn other parents and attempt to find the people responsible. Letterman Army Medical Center will X-ray bags of candy on Halloween night until 11 p.m.

Go trick or treating with your children. If you cannot, encourage your children to go in large groups. Never let your child go alone. Go over basic traffic and safety rules before they head out the door and tell them to stay within their own neighborhood.

For those parents staying at home to hand out goodies, here are a few suggestions. Remove obstacles from your steps, lawn and sidewalk so children don't trip. Keep a porch light on. Wrap goodies and consider adding a tag with your name and address so parents can be assured where it came from. Consider handing out non-food items such as stickers.

If you live on post and see any vandalism, call the Military Police for help.

Tell children to stay away from dogs and other animals. A costume may frighten them into attacking.

And best of all, enjoy the evening and share all those "when I was your age stories" because sadly, Halloween has changed over the years.

(Material for this article was provided by the Presidio Military Police and the post Safety Office.)

Remembering apple bobbin' time

APPLE BOBBIN'TIME
by Elayne Werner

"Come on, come on, you sure are a slowpoke," Martha Jayne called to her little brother Jackie, as they walked up the street "If you don't hurry up we'll be late, and we won't get a seat."

Jackie looked at his older sister who was a few steps ahead of him, hesitated for a minute, and then ran and grabbed her hand. They started to run together, Jackie's little legs pumping as hard as they could to keep up with Martha Jayne's long strides.

They ran all the way up Main Street until they came to Brainard Street. They turned right and ran another three blocks. As they approached Brainard Elementary School, where Jackie would soon attend, they slowed down, and there it was. . .Mr. Fowler's candy store, lit up like a giant pumpkin!

Every year, Halloween night, almost all of the little children in Mount Holly walked several miles to the candy store. Usually, under a full Harvest moon that lit up a pitch black sky, the ghosts, skeletons, gypsies, cowboys, draculas, princesses and monsters of every size and color slowly wended their way through the streets. Starting out at Mr. Fowler's candy store was the beginning of their yearly ritual of "Trick or Treat!"

Inside the tiny candy store, the lucky children who arrived first had a chance to sit on little chairs, while the rest crowded around in the dark scary room. Jack o'lanterns lined the windows with candles flickering on their large white teeth. Cob webs hung from the ceiling, and witches with huge black hats, and evil smiles on their faces, cast their shadows eerily on the walls.

Mr. Fowler gave each child a paper bag with a thick handle, and, as they lined up, one behind the other, their bags were filled with candy and fruit.

Each child was then counted before they left but not before they were given a little lesson in good



behavior; where they could and could not go, and cautioned that they should stay as close together as possible.

Then, off they marched hand in hand, the odd parade of ghosts and goblins. witches and frankensteins making strange oohing sounds, to their first haunted house.

They had been asked to Trick or Treat for one hour. After the hour they were to meet back at the candy store where they would be counted again. There, with bags full of all kinds of goodies collected, everyone ended "Halloween" night with an apple bobbing contest! Beautiful red and yellow apples in huge wooden buckets of water were set up by Mr. Fowler's family.

"Halloween" was so wonderful and magical to Martha Jayne and little Jackie. It was a time of innocence, the year 1940, a time when little children's laughter filled the tree lined streets unabashedly, without fear, and though the crisp, Autumn night's air chilled their hands and feet, the golden glow of Mr. Fowler and his candy store warmed their hearts forever.



LIMITED ENGAGEMENT BEGINS OCTOBER 19,
OPENS OCTOBER 26 AT THEATRES EVERYWHERE

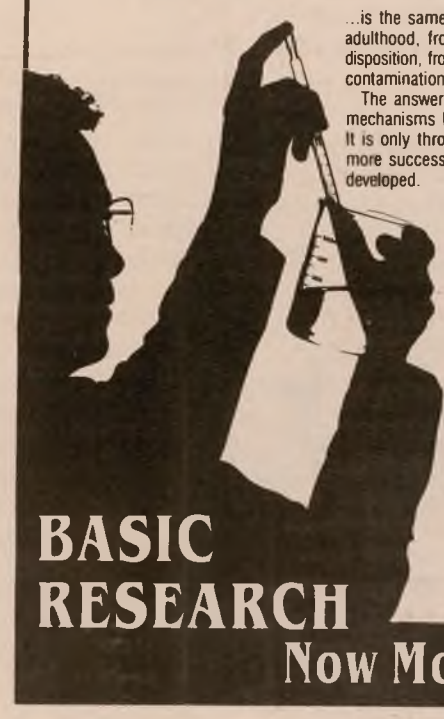
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Helping Hands

Scouts out for 'Hands Across the Presidio'

by Drew Seaman
Star Presidian staff

Presidians will find plastic bags hanging on their doorknobs Nov. 10.

Boy Scouts, Girl Scouts, Cub Scouts and other youth organizations will distribute the bags with the hope that Presidians will be generous and put canned food items in them. The groups will return to the houses Nov. 17 to pick up the bags.

The second annual food drive is part of a larger nationwide effort. The greater Bay Area alone has a goal of collecting 100,000 tons of food.

"However, the food that's collected on Presidio will go to feed needy Presidians," said Maj. Joe George, Scoutmaster of Troop 77, Presidio Boy Scouts.

Food will be donated to Hands-Across-the-Presidio, a weekly food basket program. Started in 1986, the program is sponsored by the Presidio Thrift Shop Board.

Soldiers who have a hard time paying for rent, transportation and feeding a large family with a military paycheck can benefit from the program.

The Troop 77 Scoutmaster said, "We're asking everyone to please buy two or three items of canned goods now and save them when we come around with the bags." Two thousand two hundred food items were collected last year. It supplied the food basket program with canned goods for six months.

Nancy Urban, the Hands-Across-the-Presidio program coordinator, said the items most needed are canned fruits and vegetables, soup, tuna, beans and pasta. Unopened packaged food will also be accepted.

Can you or someone you know benefit from the program? Urban encourages soldiers to contact their first sergeants, social workers, Army Community Service or post chaplains to be referred to the program.

Presidio offices and organizations are invited to participate in the food drive. Donations may be left at the Thrift Shop Tuesdays through Thursdays from 10 a.m. to 2 p.m. until Nov. 21.

George said, "There's a genuine need for food during this holiday season. Will you please make the goodwill gesture and help out our fellow Presidians."



Presidio Boy Scout Troop No. 77 photo release No. 204-77

HOLY CANNED GOODS, BATMAN!—Presidio Boy Scout troop No. 77 will collect canned food from post housing areas Nov. 17. Last year, Steve Corral (right) and other members of the troop collected more than 900 cans of food. It was presented to Rev. Father Alfred Boeddeker of St. Anthony's Dining Room on Golden Gate Avenue, San Francisco.

Scholarships For Military Family Members

The application deadline is March 1, 1991, for the second annual Budweiser/United Services Organization college scholarship program.

Spouses and other family members of active duty military personnel who've graduated from high school within the past four years are eligible to compete for 25 $1,000 scholarships, USO officials said. Judging criteria include scholastic records, test scores and extracurricular activities. Winners will be announced in May.

"As has again become apparent through the Persian Gulf crisis, military families endure special hardships which deserve attention and support," said Chapman Cox, World USO president. "The scholarships are intended to recognize the extra efforts the young people of these families make as upstanding citizens in their communities."

USO administers the program, made possible by an endowment from Anheuser-Busch Inc. For applications and full details, write to:

USO World Headquarters
Scholarship Program
601 Indiana Ave., NW
Washington, DC 20004

American Forces Information Service



Access continued from page 1

of handicapped users, Covington said, our national parks were flawed from their inception, because handicapped were not given a voice in their design.

"You've got to ask the disabled what we want," Covington commented. "You've got to ask us what will make the parks more accessible."

Howard L. Levitt, chief of communications for GGNRA, said access problems in the national parks "are a product of their times." He explained, "Accessibility was not part of the thought process when we first designed national parks. Now, in the 1990s, it's legally required and should be part of planning."

Levitt said the Park Service now believes "if the handicapped are not fully able to enjoy what their taxes support, then something is wrong."

Officials at the ceremony said GGNRA, with it's diverse grasslands, forests, and rugged coastal environments—as well as antiquated military forts—presents unique access problems for the handicapped. "We're going to select a full cross-section of accessibility challenges . . . and show how those can be solved in an economic way," said Brian O'Neill, GGNRA superintendent. "The goal is to use GGNRA as a model for the nation," he continued. "The lessons we learn here will be applicable in national parks throughout [the country]."

"I'm excited to death," said White. "This has been a dream of mine for a very long time. The results will benefit people for a very long time."

Fall Cleaning



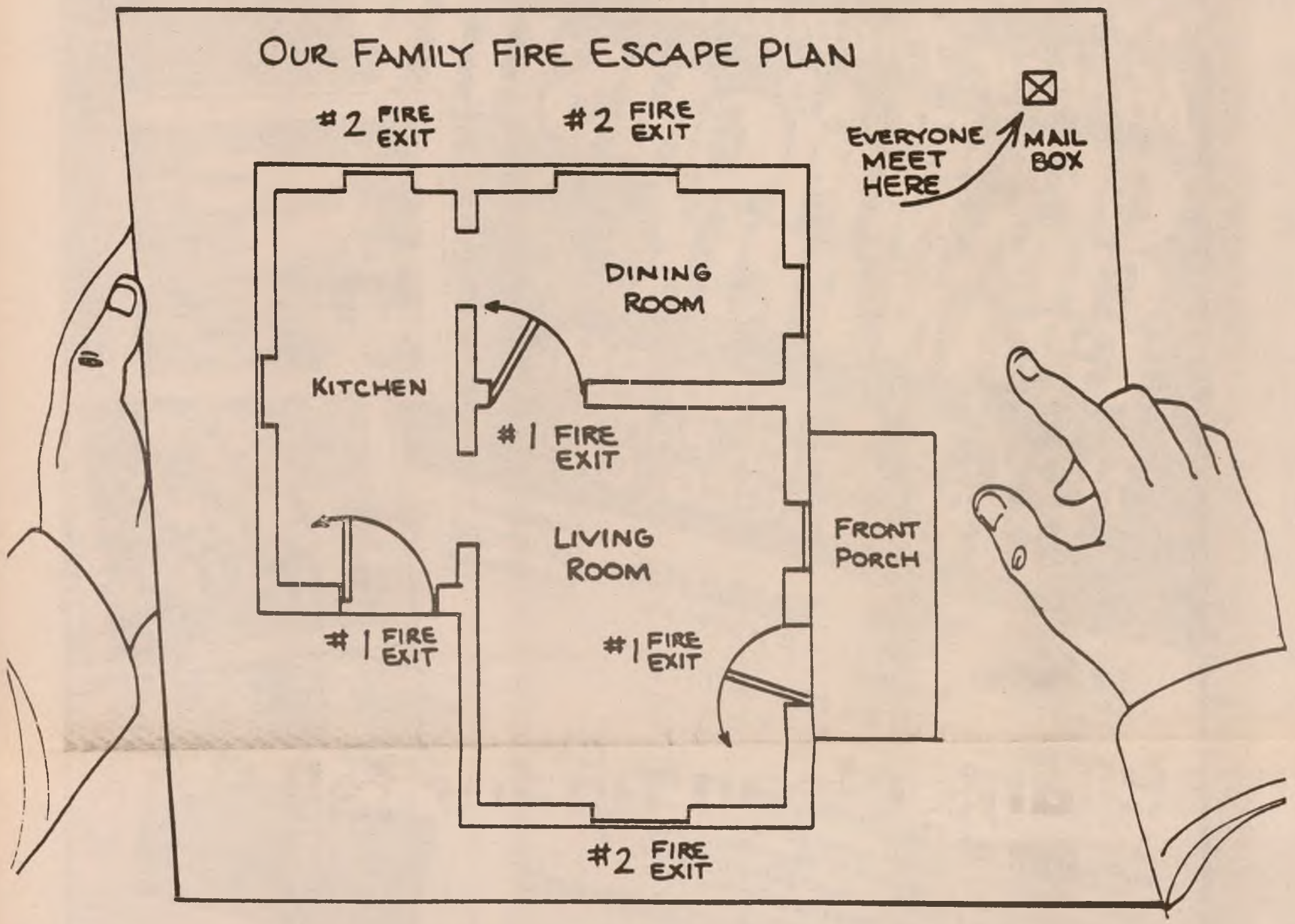
Presidians clean up for fall





photos by Duvel White

(Clockwise from left) The sign says it all. Cpl. Robert F. Martinelli, Sixth U.S. Army Command Group, "cleans up" Fort Scott during the Fall Clean-up last week. Martinelli and soldiers throughout the Presidio cleaned up common areas to help beautify the post. Sgt. 1st Class David Torres, DPTM, rakes out a gutter as part of post clean-up. Teamwork—Headquarters Company, USAG soldiers load a truck as the driver, Pfc. Daniel Kylor, Company C, 864th Engineer Battalion helps. Presidians are urged to pick up after themselves because budget constraints are forcing the litter contract for the Presidio to be reduced.



Awareness is the key to fire prevention

by Adrienne Sims
Star Presidian staff

"The United States has the worst fire death record in the industrialized world," the National Conference on Fire Toxicity stated.

Fires took 5,850 lives in 1986. Eighty percent of those deaths occurred in the home.

One third of all house fires start in the kitchen, according to Steve Weissenburger, Presidio Safety Office Director. Cooking is also the major cause of apartment fires.

Most kitchen fires begin when cooking is left unattended, spice racks or potholders are hung over stoves, or broilers are not kept free of grease.

"Common sense" can prevent fires in the kitchen, Weissenburger said. Most fires are caused by carelessness.

Defective appliances and overloaded circuits are also major causes of kitchen fires. According to the United States Army Safety Center, there are about 205,000 residential fires of electrical origin annually. These fires cause 1,100 deaths, an estimated 16,300 injuries and $950 million in property loss.

Frayed cords and faulty wiring should be replaced. If fuses blow or circuit breakers open frequently, it may be a sign that wiring needs to be updated. If this is the case, have it checked by a qualified electrician.

Keep children away from stoves and electrical outlets. Children playing with fire is the main cause of arson-related fires across the country.

Flammable liquids should be stored away from pilot lights and electrical equipment. Often times the fumes are flammable. Store gasoline in a marked safety can in a shed or garage separate from the house.

Smoke detectors are considered one of the best and least expensive means in providing an early warning when a fire begins, before the concentrated smoke reaches a dangerous level. According to the book *What You Need to Know About Smoke Detectors*, the risk of dying in homes where detectors are not installed is twice as high as in homes that have functioning detectors.. Batteries should be replaced when smoke detectors begin making a beeping sound. Don't unplug or just remove batteries without replacing them.

If fires are started from negligence in government homes, tenants may have to pay for the property expense, according to Mae L. Combong, claims clerk at the Staff Judge Advocate (garrison) Office. Tenants may file against the government depending on the cause of the fire. Combong also suggest that tenants in government housing purchase additional insurance such as the tenants policy.

Army Emergency Relief will help out soldiers no matter what the cause of fire, according to James D. Ritchie, Assistant AER Officer. "We will provide emergency living expenses and rent if the government can't provide housing at the time of the fire."

Fires cause more than property damage.

"A fire that destroys personal property and makes a family forcefully leave their home will cause major stress, said Nancy Neiderhauser, Family Advocacy Program manager. Just adjusting to the changes in your everyday life will cause problems. "Losing things you can't replace or something you love may cause further stress and anxiety."

Although fires can easily be prevented, preparing your family for a fire will ensure their safety.

An emergency escape plan is one of the most important things to do when preparing your family for a fire. Explain to small children that they must escape, they can't hide from fire under a bed or in a closet.

Be sure to have a main and alternate exit for each room. Designate a place outside your home where every member of the household is to gather, so you're aware if someone is trapped inside.

To pick up pamphlets on fire prevention, stop by the Safety Office, building 201 or call **561-4424** for more information.

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KMEL 106 FM

Sports/Health

Sports Briefs

by Drew Seaman
Star Presidian Staff
and Bob Darling
Family Fitness Coordinator

Presidian earns award.

Nine-year-old Monica Larkins received an award Oct. 18 naming her the ninth best bowler in her league nationwide.

The Young American Bowling Alliance, headquartered in Greendale, Wis., presented the honor to Larkins for her recent 486 series—a combined score from three games—of which her best game was 202. According to coach Penny LeCroy, Larkins is someone who is "born to bowl".

Presidian runs 5,000 miles

Arnold Crosby achieved 5,000 miles of running distance this week for fun and fitness. He is a participant in the post Run For Your Life Program.

The Presidio and Sixth U.S. Army commander, Lt. Gen. William H. Harrison, presented Crosby with a certificate and patch from Forces Command.

All Presidians are invited to participate in the free program. For more information, call Bob Darling at **561-4120** or **561-4131.**

Turkey Shoot Golf Tournament

The Turkey Shoot Golf Tournament will begin Nov. 15 at 8 a.m. at the Presidio Golf Course.

Presidio soldiers, Department of the Army civilians and family members 19 years and older are eligible to participate in the Senior, Open, Callaway an Women divisions. Senior division is 40 years and older. The Callaway division is for golfers who don't have an established handicap at the Presidio Golf Course.

Entry fee is $5 a person. Golfers that aren't members of the Presidio Golf Course are required to pay green fees. Each golfer must pay for the rental of a golf cart.

A turkey or ham will be presented to the top two finishers in each division at the conclusion of the tournament.

Refreshments and a Teriyaki buffet, prepared by the Sports Branch, will be served at the awards ceremony. The cost of the buffet is $6 a person. Tickets will be on sale at the Sports Office, building 63, between Oct. 29 and Nov. 12.

For more information, call Bobbie Gascon, Sports Director at **561-5032.**

Saturday Aerobic class

An aerobic class began Saturday 9:30 to 11 a.m. at the Main Gym, building 63. The first class will be free. Presidians of all ages are encouraged to come and participate, ask questions and perhaps consider making a commitment to a healthy life-style. For more information call Beverly Carpenter, of B-FIT Aerobics, at **661-5617.**

Drinking during pregnancy causes birth defects





by Evelyn D. Harris
American Forces Information Service
and Star Presidian staff

If you drink while you're pregnant, your unborn child is "bellying up to the bar" as well. Just as the nutritious food you eat crosses the placenta to your unborn child, so does alcohol—and in the same concentration in the baby's bloodstream as yours.

According to Jessica Harding, the civilian at the Naval Military Personnel Command who heads DoD's Drug and Alcohol Abuse Working Group, drinking during pregnancy is the third most common cause of birth defects and mental retardation.

"Until recently, doctors believed that light drinking during pregnancy would not adversely affect fetal development," said Harding. "Recent studies show that, even in moderate amounts, alcohol is related to increased heart rates and respiratory abnormalities in newborns and to the newborn's difficulty in adjusting to normal sounds and lights."

After studying numerous infants born to mothers who drank heavily (two or more ounces of alcohol per day was considered heavy drinking) during pregnancy, researchers noted a specific pattern of abnormalities, which they called the "fetal alcohol syndrome."

Characteristics of the syndrome are:

- ❑ Newborns are shorter and lighter than average; they don't catch up even after special postnatal care;
- ❑ Heart defects;
- ❑ Central nervous system damage, resulting in mental retardation, poor ability to focus attention, delayed motor development, hyperactivity and irritability;
- ❑ Abnormally small heads, sometimes with bulging or receding foreheads, and flat cheeks;
- ❑ Smaller eyes with drooping eyelids; sometimes crossed or nearsighted eyes;
- ❑ Short noses with a wide space above the upper lip and a thin upper lip; the indentation in the skin that is normally present just above the upper lip may be reduced or missing.

According to Maj. Analiza Y. Savage, unborn children may have acute alcohol withdrawal symptoms after they are born.

"There is no established limit of how much is safe, but it's been found that alcohol use is associated with birth defects and prenatal complications," the Gynecology nurse practitioner at Letterman Army Medical Center said. "Generally any alcohol use is discouraged during pregnancy."

Studies show that the more alcoholic beverages the mother drinks, the greater the risks to her baby. While high levels of alcohol consumption are needed to produce all the symptoms of fetal alcohol syndrome, alcohol-related birth defects have appeared in babies whose mothers drank smaller amounts.

Thus, for every child born with full-blown fetal alcohol syndrome, there were several born with only some of the features of the syndrome ("alcohol-related defects"). Individuals vary in the amount of alcohol they can consume without harming their babies, which is why most experts recommend that pregnant women refrain from drinking altogether.

It may be that women aren't the only ones who should be careful. Harding said recent research indicates that the father's pattern of drinking before conception may also influence offspring. One study found that infants whose fathers were "regular drinkers"—an average of two drinks daily during the months before conception—were an average of 6.4 ounces lighter than those born to occasional drinkers. This effect was still present after controlling for maternal drinking, smoking and other factors.

Other studies have indicated the father's drinking may have adverse effects on offspring — including an increased incidence in psychiatric disorders, hyperactivity and decreased intellectual functioning. In some of these studies, children born to heavy drinking fathers were adopted by other families after the birth, indicating that the problems may be genetic.

"Parents make all kinds of sacrifices for their children once they're born," said Harding. "But one of the most important things they can do to increase the probability of a healthy child is to start following good health practices before the children are conceived."

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Community Calendar

by Adrienne Sims
Star Presidian staff

Employment opportunity

The Presidio Thrift Shop is seeking a new manager. If you are energetic, well organized and enjoy working with people, please send your resume to Presidio Thrift Shop, Presidio San Francisco, Calif. 94129.

For more information, call **922-3384** Tuesday through Thursday, 10 a.m. to 2 p.m.

Halloween Carnival

There will be a Halloween Carnival for all Presidio kids at the Religious Activities Center, building 682, Oct. 31 at 5:30 p.m.

For more information, call Steve Miller or Sgt. Brown at **561-3535** or **561-4440.**

Red Cross volunteers

The Presidio American Red Cross needs volunteer caseworkers. They will receive classroom instruction and on the job training. The Red Cross pays baby-sitting fees for all it's volunteers.

For more information, call the Red Cross at **561-2187.**

Masquerade Ball

The 16th Annual "Hands Around the Bay Masquerade Ball" for developmentally disabled teens and adults will be held today, 10:30 a.m. to 1 p.m., at the San Francisco County Fair Building, 9th Avenue and Lincoln Way in Golden Gate Park.

Entertainment includes clowns, face painters, surprise celebrities, costume parade and live music.

The event is free. For more information, call **666-7043.**

Thrift Shop News

The Thrift Shop Saturday opening will be 9 a.m. to 1 p.m. and Flea Market 7:30 a.m. to 1 p.m. Nov. 3 at building 204.

Beginning Nov. 3 the Thrift Shop will accept ski equipment and Christmas items for consignment.

For more information, call the Thrift Shop at **922-3384.**

Symphonic band

The San Francisco University Symphonic Band will perform its annual concert, "The World of Music for Wind Band," Nov. 4 at 3 p.m. in McKenna Theatre in the Creative Arts Building at San Francisco State University.

Tickets are $5 for general public and $2.50 for students, seniors, faculty, staff and alumni.

For more information, call the Creative Arts Box Office at **338-2467.**



Improve yourself

Martial arts expert Tae Yun Kim, author of "Silent Master: The Warrior Within" and winner of numerous awards, will present her total self-improvement program Wednesday at the Presidio Officers' Wives Club luncheon. For reservations, call Teena Larson today at 931-7137 or Sharon Marrs at 771-8535.

Halloween dinner dance

Presidio Officers' Club will celebrate Halloween Oct. 27 with dinner served from 6 to 9:30 p.m. and dancing 10 p.m. to midnight. Fortune tellers will be looking into your future from 6 to 9 p.m. There also will be a pumpkin carving contest.

Halloween festival

A Halloween festival will be held Saturday 10 a.m. to 3 p.m. at Randell Museum, located at 199 Museum Way, off Roosevelt Way, on Corona Heights. Carve your own jack-o'-lantern, pumpkins will be provided, silkscreen a Halloween T-shirt, make a candle or a cloth pumpkin.

Activities are free or for a small fee. For more information, call **554-9600.**

House of scare

The ghoulish decor and graveyard humor transforms Upper Noe Valley Recreation Center into a "House of Scare" Wednesday from 6 to 10 p.m. The "House of Scare" is recommended for children age 7 and older. Fee is $1 for ages 15 and under; $2 age 16 and over.

For more information, call **695-5011.**

Veterinary Clinic

The Presidio Veterinary Clinic provides routine immunizations and medical services by appointment only. Over-the-counter pet care products may be purchased from
8 a.m. to noon daily. Children under 10 are not permitted in the clinic.

To schedule an appointment or for more information, call **561-3744.**

Resident status for soldiers

The California State Legislature granted resident status to all military personnel and family members for their entire tour of duty in the state of California for the purpose of attending a California State University. This is not applicable to junior colleges, the University of California system or private schools.

Previously, military personnel claiming residence in a state other than California were required to pay nonresident fees at California State Universities after having been stationed for one year in California.

Costs for State University students considered residents are very reasonable. Nearby State Univerisities for which this new policy applies are San Francisco State University, Hayward State University, Sonoma State University and San Jose State University.

For more information, call a counselor at the Fort Scott Education Center, **561-4445** or the LAMC Education Center, **561-3692.**

Halloween Madness

Bring your little "monster" to "Boo at the Zoo," the San Francisco Zoo's Halloween celebration Oct. 27 from 10 a.m. to 5 p.m. The day-long event includes free pumpkin painting for the first 200 kids, a Halloween parade with prizes for best costumes, a treasure hunt, animal demonstrations, sing-alongs, and other entertainment.

Bring a goody bag for free treats from Pay Day candy bars. Admission is $6 for adults 16-64, $3 for youths 12-15, $3 for seniors 65 and over, and free for children age 12 and under.

Crisis Line

The Presidio Crisis Line is a telephone service to our Presidio community. The Crisis Line is staffed by volunteers who are trained to resolve an immediate crisis and refer the caller to other agencies that can help the caller.

Callers are anonymous and have a 24-hour, 7-days a week service in the Crisis Line. The majority of Crisis Line calls deal with marital conflict, loneliness, isolation, command or duty problems and financial difficulties. For more information about this service, call Nancy Niederhauser **561-5155,** or Priscilla Fleisher at **561-4513.**

Lost animals

Presidio's Military Police will pickup roaming animals. The animals will be turned over to the Veterinary Services, building 668. Owners of animals wearing ID or rabies tags will be contacted as soon as possible. Animals without tags are confined for three working days to allow owners time to contact the Veterinary Services.

Prior to releasing the animals, the owners must present proof of rabies vaccination and pay a $3 fee for each day of confinement.

For more information, call **561-3744.**

Pet registration

All animals kept on the Presidio must be registered with Veterinary Services. Owners must present proof of rabies vaccination to register their pets. Animals must be registered after each rabies vaccination.

For more information, call the Veterinary Services at **561-3744.**

ITT News

The fabulous 18th annual Harvest Festival is coming to town at Brooks Hall in the Civic Center in San Francisco from Friday through Sunday and Nov. 2, 3, and 4. Tickets are $4.50 at ITT, building 215. Seniors get $3 off at the door on Fridays.

The Harvest Festival is basically the top craftspeople's fair. These great creations are shown in 16 cities throughout the country.

In addition to the fine array of hand made creations that will be sold at the many booths, there is also a wide variety of delicious foods and refreshments available for the festival goer. There is also a stage where musicians and entertainers "keep the whole family applauding," according to Sandy Cornett, ITT manager.

If you miss the show in San Francisco, it will be held in San Jose's Convention Center Nov. 30, Dec. 1 and 2.

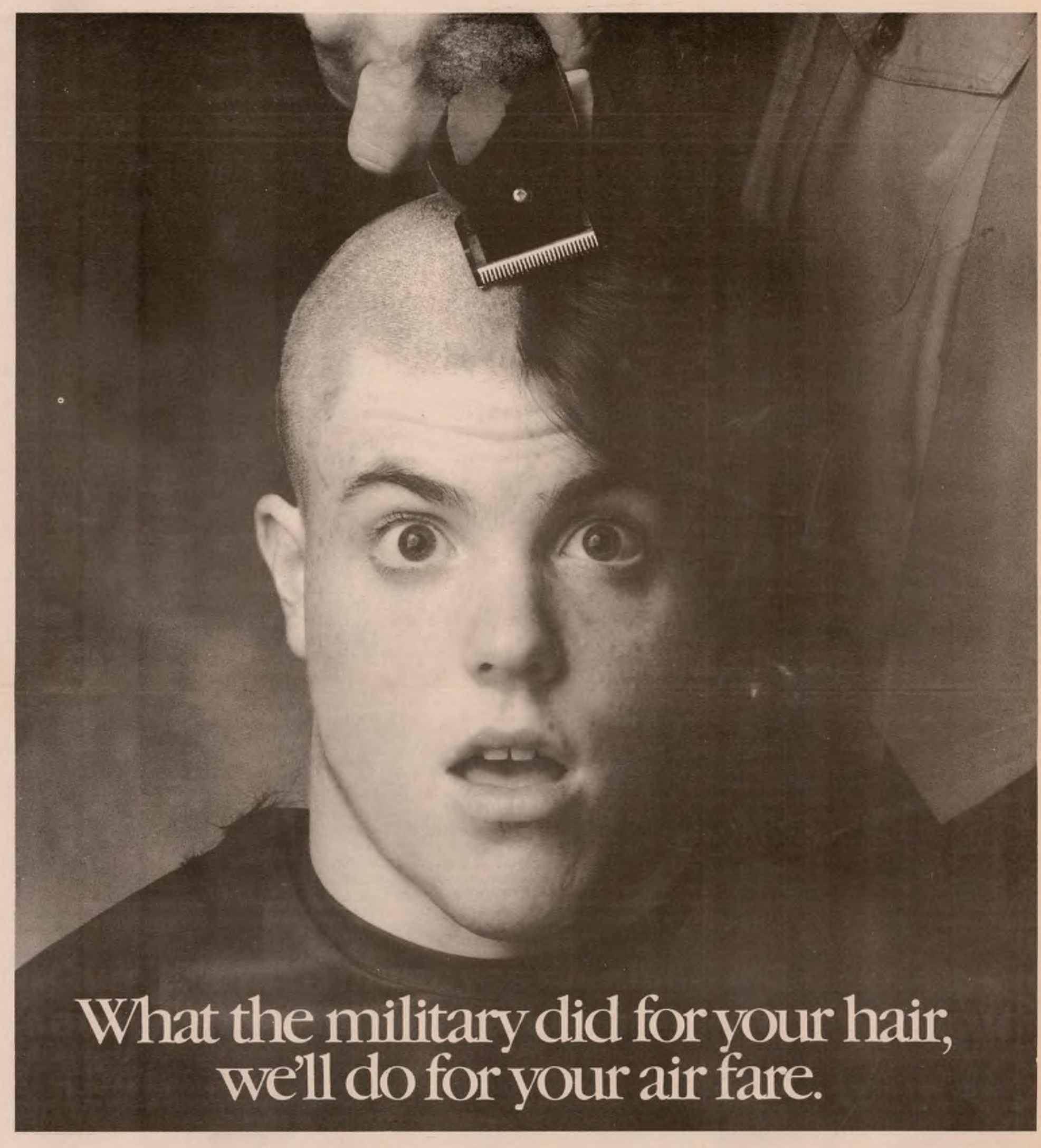
For more information, call Sandy Cornett at **561-3992.**

At the Movies

Presidio Theatre
Fri., Oct. 26: My Blue Heaven (PG-13) 7 p.m.
Sat., Oct. 27: Darkman (R) 7 p.m.
Sun., Oct. 28: Darkman (R) 7 p.m.
Mon., Oct. 29: Die Hard II: Die Harder (R) 7 p.m.

Hamilton Theatre
Fri., Oct. 26: Mo' Better Blues (R) 7 p.m.
Sat., Oct. 27: Adventures of Ford Fairlane (R) 4 p.m.
Sun., Oct. 28: Mo' Better Blues (R) 7 p.m.





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Star Presidian

Vol. 33, No. 46 "Published in the interest of the people of the Presidio of San Francisco" November 1, 1990

News Briefs

by the Star Presidian staff

Report strangers to MPs

Military Police and other Presidio officials recommend parents teach children to be cautious and safe by following these suggestions: don't talk to strangers, don't accept gifts from strangers, and to report strangers to the MPs at **561-2251** or **561-2252.**

Recently, two young girls were molested in the Pershing area. The attacker was described as a skinny white male, 5-foot-8-inches to 6-foot tall, wearing glasses and a yellow or cream-colored hooded jacket. He is estimated to be about 25 years old.

Before this incident, the stranger had been seen several times in the area. However, no one had reported him to the MPs.

The attack is now being investigated by the authorities.

Cleaning contract

At this time there is no litter pickup contract for the Presidio. A new contract may be awarded within the next three months.

Last week, because of budget negotiations, offices were not cleaned by the custodial staff. Services should resume soon.

Gas services

The Vulcan Construction Company will perform work involving natural gas hookup to supply lines in the 1400 and 1500 housing areas Monday. Natural gas services will be shut off from 8 a.m. to 4 p.m. in 1400 and 1500 housing areas. PG&E will inspect the gas pipelines and relight the pilots between 4 to 6 p.m.

For more information, call **561-5157.**

Dress code

The following dress and personal grooming are prohibited for patrons of the Post Exchange, Commissary, Post Theater, NCO/Enlisted and Officers' clubs:

Bare feet, undershirts, quarter-length sleeves, tank tops or athletic shirts; revealing clothing and clothing which has obscene words or drawings; and hair curlers.

The Physical Training Uniform may be worn on and off duty when authorized by the commander when engaged in PT both on and off military installations. The PT Uniform is not authorized for wear in civilian establishments. The uniform may be worn in transit between the individual's quarters and duty station.

Mail pickup, delivery

Hours have changed for the pickup and delivery for unit and office couriers serviced by Mail and Distribution Center, building 201. Delivery of the redirect mail is from 10 to 11 a.m. Pickup of incoming official mail and delivery of outgoing official mail has changed to 1 to 2:45 p.m.

For more information, call Regina Johnson at **561-3002** or **561-3247.**

Dan Quayle mistake

A monetary error was reported in the last issue of the Star Presidian. A photo cutline stated Dan Quayle was recently in the Bay Area to raise $10 for improved access in National Parks for the handicapped. Quayle is actually trying to raise $10 million.

Training



photo by Joel P. Smith

Sgt. Juliana Jones and Staff Sgt. Gary Berres, U.S. Army Garrison soldiers, plot their plan of action during a 5-mile road march Oct. 24. During the road march, soldiers were tested on common task skills. See story page 7.

Soldiers deploy to Saudi Arabia

by Adrienne Sims
Star Presidian staff

Three Presidio soldiers left Monday for Georgia to undergo further training before deploying to Saudi Arabia. These soldiers hold the Military Occupational Skill 75B, Standard Installation Division Personnel Systems Analyst.

They and their equipment will become a desert shield.

These soldiers are prepared to deploy to Saudi Arabia, and like normal people they have fears and concerns.

Spec. Michael Williams thinks about leaving when he's marching or running in formation. "Every time I hear the cadence, 'I don't know why I left, but I know I was wrong. . .' I feel like it's directed at me," Williams said. "I sing along happily because I finally realize why I left and why I'm here—to serve my country."

When Williams joined the Army he said he didn't realize what it was all about.

"I was really joining for college money and to get a job, not to serve my country," he confessed. "That's where I was wrong. I've never been so proud to be in the Army or to be myself."

Even though Williams is only 5 feet tall, he's not afraid of Saddam Hussein.

"I'm going down there to kick butt, and nothing's going to stop me." He may not be big, but he's "trained as well as the next guy, if not better.

"I'm glad I'm going, but I hate to leave my friends or my girlfriend," Michael said as he looked at her picture sitting on his desk. "I'm really going to miss her. I don't think it's hit me yet—I'm going to be alone."

When the going gets tough, the tough get going. Williams continuously reminds himself of this quote. He realizes it's going to be tough, but he's ready for the challenge.

Williams is not the only one who's ready to defend our country.

"This is what it's all about," Spec. Troy Davis claims. "We've all had a misconception of the Army since we've joined. It's not about getting paid every two weeks, partying every night or eating free meals at the mess hall. It's about fighting for our country. It's about dying for our country.

"I was really scared when I found out I was going [to Saudi Arabia], who wouldn't be?" Davis added, "I can pretend not to be scared, but it doesn't make the fear any less real."

Davis isn't the only one worried; his mother worries every night.

"I had to tell her I was deploying to Saudi Arabia five times before she accepted it. Now I wish she didn't even know," he said. "She calls almost every night and I know she worries more than she calls."

That's one of the few things Davis has let bother him since he found out he was deploying to Saudi Arabia.

"I really worry about my mom. I hate to see her alone just sitting around worrying about me," he said, "I want somehow to convince her that I'll be alright."

When Davis received his orders, he had only been on the Presidio five months.

"At least I haven't been here a long time. It's harder to leave when you're real close to people," Davis explained. "There are people that I'll miss and memories that I'll have forever, but that's what Army life is like."

Although Davis was prepared to deploy to Saudi Arabia, he wasn't as anxious as others.

Pfc. Ulysses S. Sherman put in a "4187" for Saudi Arabia in September. A 4187 is a form to request a change in duty station.

When a friend asked Sherman what he was doing the weekend before he left, he replied, "I'm partying. I'm so short; I've got until Wednesday then I'm gone."

please see Deploy, page 8

Voices

Presidio View

by Lt. Gen. William H. Harrison



Fly a flag for freedom

Dear Presidians,

Well the fog really rolled in on us this past week and brought with it some cool days and cold nights. But the fog always brings some fantastic sights—one day returning from a TDY trip the entire bay area was fogged in except for the tops of the two towers of the Golden Gate bridge. They looked like football uprights on a field of cotton candy! So, even the fog can and does ensure that it remains a GREAT day to be part of our GREAT Army at the Presidio of San Francisco—A Very Special Place!

Early on Sunday the 21st I put Mrs. Harrison on a plane for Washington D.C. She and Major Lawrence from DCSPER Human Resources and Holly Fallquist from DCSPER Family Support attended the Army Family Action Plan Conference all week. This was an especially important get-together due to our current deployments to Saudi Arabia. Our family support groups have always been important but never more so than when we have thousands of soldiers deployed so far from home and possibly in harms way.

The 22nd & 23rd found me TDY to Arizona visiting our Guard folks in Phoenix and several of our recently mobilized units—two Transportation companies and a POL unit—at Fort Huachuca. Our Readiness Group soldiers are working hard with our Mobilization Stations to insure their units deploy in the best situation possible. Also our Sixth Army staff is working long, hard hours to aid the MOB Stations as they prepare the units for deployment.

The PSF Officer Club ballroom was the scene Wednesday the 24th of the Federal Executive Board Annual Awards luncheon. The place was packed, the club did a great job, the band was outstanding as usual and we all enjoyed a super program. Sgt Reed of HQ, Command Battalion was our finalist nominee and we all congratulate him again. Unfortunately, he was not the Army uniformed winner—that honor went to Marshawn Lea Dyer from Oakland Army Ternimal—another super soldier who deserves a really big HOO AH!

On Thursday the 25th the folks in DPT had organized yet another great Retirement ceremony. HQ Company, U.S. Army Garrison looked especially sharp as the marching unit. As always the band and color guard backed them up beautifully while General & Mrs. Lash presided assisted by CSM Whiteford. Colonel Vargas from the Physical Evaluation Board, LTC Garfield Finley form USAR, 311th COSCOM and 1SG Prather from the Sixth Recruiting Bde retired and we all wish them well.

On Friday I journeyed to Forts Ord & Irwin to visit more mobilizing units. I wish each of you could share this experience with me. These young soldiers really make you proud. Most of them tell me they joined the Guard or Reserve for the education benefits. But now that they have been activated and are headed for Saudi Arabia they assure me they "will deal with it"! They are concerned but they are spending their time well,training, training, training. They are confident of themselves, their units and their leaders. We all wish them well and pray they will never have to be committed to combat.

Sunday my aide and I ran in a race out in Larkspur—that's *up* in Marin County. It was a beautiful day and a beautiful route. Proceeds went to support the Larkspur Parks & Recreation areas—a worthy cause. Then we joined Mrs. Harrison at Fort Baker for the conclusion of the "Great Escape From Alcatraz" triathlon. These folks swam from Alcatraz to the Maritime Museum area near Fort Mason. Then they ran 1.5 miles to their bikes. A 20 mile bike ride to Fort Baker and then a 17.2 mile trail run. A Mike Pigg won—he's from here in California but the amazing thing to me was the fact that all these athletes were exerting maximum physical output for over three hours straight. And what great fin-s! They are truly super athletes and a big HOO AH! to all who competed.

Monday a.m. was as always a big P.T. day. The parking lot at Gym No. 1 was full and the air was alive with jody cadence, exercise calls, etc. Thus began another great week at the Presidio of San Francisco—A Very Special Place!

In closing, let me again encourage you all to fly your flag at PSF to honor all our fellow soldiers deployed to Saudi. They deserve our support, our prayers and our continued commitment to excellence here at PSF. So, fly a *flag for freedom!*

And don't forget the CFC drive. Your key personnel need your help and support here to insure we meet our goal of 100 percent participation. Give what you can but let's all give something. God Bless you one and a.

William H. Harrison
Lieutenant General, USA
Commanding

"We are continually faced by great opportunities brilliantly disguised as insolvable problems."

—Anon



Celebration

photo by Rena Davies

Mayor Art Agnos (left), Lt. Gen. William H. Harrison and Command Sgt. Maj. Robert A. Whiteford at the "Celebration of Heroes" Oct. 17 at Pier 35. The event, sponsored by the San Francisco Chamber of Commerce honored public service employees who distinguished themselves by helping others during last October's Loma Prieta earthquake.

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Ask Presidians:

by Drew Seaman
Star Presidian Staff

"Most important decision you ever made?"



James Seaman, gardener, Directorate of Engineering and Housing: "Having my son, Erick, four years ago. My wife and I planned it after a year of marriage. I take him to the movies, the park and grand ma's house. The only problem I have is that we live in San Jose. The commute here and back takes away time from me being with my family."



George Taban, data processer technician, Cal Steam, Santa Rosa: "Getting out of the Navy when I did in '72. I was on the U.S.S. Enterprise as a petty officer third class. My father was in for 35 years. I was in for four years. I don't regret a thing."



Donald Russell, retired sergeant, United States Air Force: "The most important thing I did was get a back operation. I can walk and use my hands again. I feel 50 percent better. As soon as I have another operation I'll be a 100 percent better."



Max Wolf, retired mess specialist, United States Navy: "I enjoyed being in the service for 39 years and 10 months. I was in the active service from 1942 to '47, then I went into the reserves. I loved the work and the people I met when I was in."



Terri O'Brien, nursing assistant, Hospital Transport Service, Letterman Army Medical Center: "I went to school and got my degree in recreation. It's helped me get better jobs than I've had before. I went to school in Hawaii and it was a lot of fun."

Former 49er coach addresses DOL

by Erica Haspiel-Szlosek

Former 49er coach Bill Walsh spoke to a group of Presidio managers and supervisors Oct. 23 at the NCO Club. Scheduled as the grand finale to the Directorate of Logistics' two-year customer service program, invitees were treated to a unique blend of Walsh's anecdotes and philosophies.

Walsh emphasized the role of teamwork, showing how any organization—from a football team to a government office—functions its best as a team.

Robert C. Cowan, Command Executive Assistant for U.S. Army Garrison applauded Walsh's approach.

"Bill Walsh is as dynamic—inspirational—a speaker as he was a football coach for the 49ers. He used examples of how he developed the teamwork necessary to be successful. Those things easily translate to the skills that the managers and supervisors here at the Presidio can use to become successful and outstanding."

Thomas M. Wilkins, chief of DOL's Quality Assurance Branch, Maintenance Division echoed Cowan's enthusiasm saying it was a chance of a lifetime for him.

"I've been a big fan of Bill Walsh ever since I've been a 49er fan. It was a dream come true for me.

"I came away in awe. He made a good point about being proud to turn the Presidio over to the Park Service in as good a shape as we can. I came away feeling good."

Walsh's football/office analogies were well received by other attendees as well.

The opportunity to take Walsh's messages about motivation and teamwork and apply it to his job at the Presidio was not lost on Jose A. Montalvo, chief of Supply and Services Division with DOL. He felt Walsh's words about building a winning football team gave him some re-enforcement about his own lifestyle decisions of the past.

"Everything he said, I experienced. I had to look for opportunities and was rewarded. I preach this to my employees, my daughter, everyone!"

Walsh's no-nonsense approach to teamwork was lauded by attendee Chief Warrant Officer Gaylin Jesmer, chief of DOL's Air Delivery Section. He was impressed with Walsh's insights into the interdependency and synergy of team members. Jesmer emphasized it didn't matter how small an individual's contribution might be, it was the contribution itself that made the difference.

Walsh also stressed the need for team preparation and training. He said under his direction the 49ers used planning to set basic goals, but continually refined and reworked those plans to assure the continued success of the team.

The end result?

According to Walsh, winning is good, but everyone doing his or her job is even better.

DEH budget: making do with less

by the Directorate of Engineering and Housing staff and the Star Presidian staff

Soldiers have a phrase for situations that require them to do more with less— "suck it up and drive on!"

That's difficult to say to a family member with plumbing problems in his quarters, but the hiring freeze and budget cuts have damaged the capability of the Directorate of Engineering and Housing to provide services and support to their work areas.

The $5 million reduction in the DEH operations and maintenance account represents a 23 percent reduction in funding in an already austere account. What this means is soldiers and civilians will have to clean their own offices and restrooms, clean office windows, empty trash cans, and units will have to buy their own custodial supplies (toilet paper and towels), and provide litter pickup along roadways.

On the personnel side, DEH is short more than 100 people out of a 400-person work force.

And the hiring freeze hasn't helped that situation.

"People living in quarters are calling in thinking that we are ignoring their service orders and that our response time should be faster," said Juanita Whitehead, DEH customer relations officer adding, "but we don't have the personnel to respond as fast as we'd like."

DEH has restructured the night and weekend shifts. The result is that a plumber is on duty until 9:30 p.m., seven days a week. This is important as most after hour calls are plumbing oriented

DEH staff members are also asking Presidians to use the Self Help Store as often as possible. Ask yourself whether, as a homeowner, you would do the work yourself. If the answer is "yes," use the Self Help system first. For those in a work environment, organize and use Self Help teams to do the emergency work. "DEH will respond in a true emergency said Whitehead. "Just dial **561-4505** and this will put you in contact with the Presidio Fire Department after our duty hours or work reception desk during duty hours." According to DEH staff members, however, Self Help-type work is assigned a low priority and the response time should not be expected to be fast.

DEH crews are still answering work orders, even though they are short-handed. DEH duty hours are from 7:30 a.m. to 4:15 p.m. However, all calls received for routine service orders cannot be accepted until 8 a.m. The 30 minute delay in accepting calls for new service orders allows the work order clerks time to input sequenced number service orders into the computer generated by either the weekend or night crew.

Service orders are placed on a priority scale. The highest priority jobs are handled first, but the bottom of the scale might not be reached before another high priority work order is placed. That means the low priority work order will have to wait longer.

In the past, DEH had been able to contract out work when it was more than the work crews could handle, said Marc Brouque, chief of the Housing Division of DEH.

But the budget cuts have erased that option. There's very little money left to contract out work.

"DEH is so short-staffed that sometimes only emergencies are being done. It's not our choice, but the directorate cannot do everything we'd like to do for the customer," Brougue added.

Whitehead said the majority of the work orders are for electrical, heating, and structural or carpentry service. Union workers perform all of these jobs in the DEH shops. However, some jobs require workers from more than one shop to complete the project.

For instance, a work order that requires electrical work may also require a carpenter to help the electrician get the wires. But if all the carpenters are assigned to other work orders then the electrical work can't be completed as quickly as first expected.

DEH staff members remind Presidians when a work order is called in, you will be given an estimate on how long you can expect to wait. If you wish to check on your work order, you can call back. Also, Whitehead is always available for customer service. Her number is **561-3711.**



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Helping Hands

Class teaches Presidians to defuse stress

by Star Presidian staff

More than one in four married soldiers on post reported at least one incident of physical violence between soldier and spouse in the past year here, according to the Presidio Family Advocacy Program Survey completed in August.

Managed through Army Community Services on post, the survey queried soldiers on the quality of their home and work life, and asked them, anonymously, to note the various behaviors chosen to resolve conflict in the home in the past year.

In a majority of those cases where physical conflict was reported, according to ACS Family Advocacy Program Manager Nancy Niederhauser, soldiers in the survey felt they had less support from senior NCOs and officers than soldiers who reported they resolved their conflicts peacefully.

"Far and away, the greatest factor that correlated with physical conflict was high stress," said Niederhauser. "If people don't know how to handle stress—and if they're struggling to survive in the face of ignorance of how to take care of stress—there's a good chance that they'll have various serious consequences which could include abuse," she explained.



photo by Joel P. Smith

Spouse abuse is a cycle that can be stopped.

Niederhauser said the Presidio and Fort Stewart, Ga., were the first Army bases in the country to complete the survey, which now is being used throughout the military to identify abuse problems. The questionnaire was designed by Dr. Peter H. Neidig, a psychologist with Behavioral Science Associates, Inc., in Beaufort, S.C.

Three hundred twenty-three junior enlisted soldiers, 98 senior enlisted soldiers and 209 officers responded to the survey. The survey also discovered that 59 percent of field-grade officers responding admitted verbal abuse at home; 47 percent of junior officers (lieutenant through captain) and 25 percent of platoon sergeants also admitted verbally abuse between them and their spouses. Twenty-four percent of junior enlisted soldiers said they verbally abused their spouses.

Significantly, Niederhauser said, 22 percent of senior officers admitted some physical abuse at home; 33 percent of junior officers admitted physical abuse; 19 percent of the senior NCOs and warrant officers reported physical conflict at home.

Among those junior enlisted soldiers reporting violence in the home, 16 percent noted "there were weapons present in the conflict," said Niederhauser. She noted that "weapons," in the survey, are "guns and knives." This creates great concern for serious accidents that could result.

Niederhauser also noted the Presidio is the first Army base to develop a comprehensive spouse abuse prevention program, aimed specifically at the problems identified in the survey. SMART—for Stress Management and Reduction Team—offers Presidians techniques for dealing with many causes of stress that affect relationships.

Another program offered through Army Community Services is the Domestic Conflict Containment Program, also authored by Neidig (see sidebar).

The DCCP is a command directed program for those couples already having had a substantiated incidence of violence. Presidio military police, social work specialists, health care officials and even concerned neighbors report incidents of spouse abuse to authorities, who often refer the family to seek special help at ACS.

Command Sgt. Maj. Tommie L. Abner said he reads the post police blotter daily. Abner, garrison command sergeant major, said when he sees a domestic violence case on the report, he he tells the family, "It's time to see Nancy Niederhauser or other FAP personnel."

He explained, "When the problem has gotten so far out of hand that there's violence, people need help. I know they're going to get it from Family Advocacy."

In Niederhauser's DCCP, Presidians learn how to avoid violence and "fight fair," Niederhauser said.

Fighting fair is not "no hitting below the belt, no knives longer than 12 inches." Fighting fair is identifying problems and working, positively, toward their solution. Fighting fair is addressing the problems—talking through them—without the intent to emotionally or physically harm the person you're at odds with. Whoever was physically violent learns to take complete responsibility for avoiding further violence. And both members of the couple take responsibility for dealing productively with conflicts.

Abner points out that it's in Presidians best interests to learn how to resolve their own conflicts before Army officials have to get involved. On post, two domestic violence incidents could spell eviction from government quarters. If post police are called into a housing area for a domestic incident, Abner said, the family is sent a warning letter, explaining the eviction policy and directed to ACS for counseling. The second time they're shipped out.

"It's been a very effective policy," said Abner. "Since I've been here [about one year], I've seen the blotter go from about four incidents a day, to as little as four incidents a month," he noted.

Abner said a woman who he had ordered to seek abuse counseling at the Family Advocacy Program saw him in a store recently and thanked him for the heavy hand.

"She told me it was the best thing that ever could have happened to her," Abner said. "When I ordered her to go, she called me every dirty name in the book. Now I see her and she says her whole family [after going through Niederhauser's program] is getting along better."

If you'd like information on stress or spouse abuse counseling at ACS, call 561-5155. Help is only a phone call away.

Combating self-angering thoughts

by Joel P. Smith
Star Presidian staff

Here are some ways of considering your problems and working them out with your spouse—before they flare up into violence. The suggestions are taken from Neidig's *Domestic Conflict Containment Workbook.* The SMART program also includes this material in its Anger Management seminar.

Labeling your spouse doesn't solve problems. "Describe the behavior, not the personality," writes Neidig. "Be specific, avoid overgeneralizing, and use the other person's name—not a label. Ask yourself if the label always fits, or if it is only true for the moment." For example, says Neidig, don't say, "You're a jerk." Say, "I don't like Jon's complaining."

Mind-reading isn't helpful. "Focus on behavior and avoid speculations about motives and intentions. Assumptions about motives are always speculation and subject to error. Spouses rarely deliberately thwart [each other] or make each other miserable. Assumptions should be held in check until verified." For example, don't assume someone is deliberately trying to hurt you. Recognize that you're not a mind reader, so a lot more information about your conflict is needed before you can make any conclusions.

Look for the positive side of a problem—even if that means merely recognizing that the problem isn't as bad as it could be. You shouldn't make a catastrophe out of every situation. "Avoid [using words like] never, always, everybody, nobody, . . . terrible, disgusting, and I can't stand it." Instead of saying, "She's driving me crazy," say, "It's inconvenient, but it's not the end of the world."

It's more helpful to make suggestions to your partner than give commands Try to understand why people behave the way they do [without labeling them]. Instead of saying, "She shouldn't treat me this way," you could remark, "It would be nice if she did it my way. But who said the world was fair."

The SMART program includes much of the DCCP for individuals who want to improve their relationships and prevent problems from escalating.

Environment

Presidio trying to identify hazardous waste sites

story by Sixth U.S. Army staff

A civilian contractor is testing several Presidio sites for environmental contamination. The sampling program is part of an overall plan to identify and ultimately mitigate environmental threats on post before the Presidio is turned over to the National Park Service in 1995.

According to Alex Macievich, chief environmental officer for the Directorate of Engineering and Housing on post, the Congressional Base Closure Act has "mandated a schedule for exectuting an analysis of the Presidio."

"Cleanup [of contaminants] is an on-going effort, but now the Army has accelerated the process to characterize and cleanup the land before it's transferred to its new owner," Macievich said.

R.L. Stollar and Associates, of Denver, Colo. is the environmental quality testing firm responsible for identifying contaminated sites on post. Brad Stephenson, Presidio project hydrologist for Stollar, said the company is drilling groundwater monitoring wells, excavating suspected landfills and taking core samples of soil on post to determine if toxics are present.

An initial assessment of environmental quality on post was conducted in October of 1983. An enhanced preliminary assesment of environmental quality was published in November of 1989, said Macievich; remedial action is not scheduled to occur before 1993, however, according to a document prepared by the U.S. Army Toxic and Hazardous Materials Agency at Aberdeen Proving Grounds, Md.

Macievich said the "environmental investigations" are being conducted in cooperation with several state and federal agencies, including the Environmental Protection Agency, the Department of Health Services, State of California, and the California Water Quality Control Board.

Sites currently receiving the most attention are the post's former landfills, the military fueling station, the DOL maintenance facility at the extreme western end of Crissy Field, and Crissy Field itself.

Hazardous waste technicians from R.L. Stollar and Associates are digging trenches through suspected former landfills to determine if asbestos, pesticides and other toxic materials are present. They are also sampling the groundwater table to determine if any toxics have contaminated the area's underground water supply.

Stephenson said his firm has not found any groundwater contamination from Presidio landfills. However, according to USTHAMA in Maryland, the Crissy Field water table has been contaminated. USTHAMA states in it's report "underground storage tanks were the source of contamination."

Stollar's investigators are trying to determine the extent of waste oil and fuel spills at the DEH maintenance facility. Also of chief concern are underground fuel lines at the Presidio Petroleum Oil Lubricants site, building 637, which were discovered to be leaking petroleum after the Oct. 17 Loma Prieta earthquake last year.

According to Stephenson, whose firm has been drilling soil samples and monitoring the groundwater table beneath the site, preliminary results show that petroleum contamination in the soil exceeds the the allowable EPA standard.

The station is a fueling center for military vehicles, distributing gasoline and diesel fuel for the post motor pool. All pumps were closed on Jan. 18, 1990, after testing of underground fuel lines indicated significant leakage.

Crissy Field was an active air strip in the 1920s and 1930s, noted Macievich, and is suspected of being contaminated with hazardous waste. Aerial photographs of the area revealed "soil staining," according to the USTHAMA report.

That report also notes that several landfills—including one adjacent to a cemetery behind building 1801, the former Public Health Services facility at the 15th Avenue gate—will be tested for contamination. Pesticide storage areas, asbestos-contaminated buildings and hazardous waste storage facilities are also slated for testing, said the report.

About 230 underground storage tanks, most of which were used for storing fuel oil before the post switched home heating units to natural gas in the 1940s, have been identified in the survey, Macievich said.

According to USTHAMA, these tanks "need to be either removed or upgraded to be brought into compliance with federal and state regulations."

Army health officials are also concerned about a former Nike Missile site on post, between Mountain Lake and Lobos Creek. David R. Gilman, an environmental protection specialist for Sixth U.S. Army, said the missile silos used hydraulic oil in some types of silo equipment, which officials suspect could have been left in place when the silos were sealed off. Groundwater in the area will be monitored for contamination.

Gilman notes that environmental concern is more than popular—it's the law. All federal agencies have to monitor their own hazardous waste production and meet environmental regulations, or face stiff fines and possibly criminal prosecution.

"It was only in 1984 that the government said it would waive the sovereign immunity law—the law that kept [government agencies] from complying with federal and state regulations," Gilman said.

That law, the Resource Conservation and Recovery Act, amended in 1984, states, "Each department of the Executive Branch . . . shall be subject to, and comply with, all federal, state, interstate, and local requirements . . . respecting control and abatement of solid waste or hazardous waste disposal . . . Neither the U.S. or any employee . . . thereof shall be immune or exempt from the enforcement [of the law].

Gilman said the Presidio was working toward compliance with state and federal regulations when the Base Realignment and Closure Act was signed in 1988. Still, he notes, the resources and pressure to clean up contaminated sites has increased as a result of the planned land transfer.



photo by Joel P. Smith

An environmental quality worker for a civilian contractor tests a soil sample for volatile contaminants at the Petroleum Oil Lubricants site near Crissy Field Oct. 18.



photo by Joel P. Smith

Environmental quality workers from J.R. Stollar and Associates drill a monitoring well and test the air quality at the Petroleum Oil Lubricants site near Crissy Field Oct. 18

Training!



A U.S. Army Garrison soldier informs his unit of the platoon's position while participating in NBC training.



U.S. Army Garrison soldiers were tested on administering first aid to nerve agent casualty during a 5-mile road march Oct. 24

Troops test survival skills

story and photo by Joel P. Smith
Star Presidian staff

One hundred road warriors encircled the Presidio Oct. 24. The soldiers—with Headquarters Company, United States Army Garrison here, were on a five-mile road march designed to make training on the post "more realistic," according to the NCO who conceived the plan.

"These soldiers could be called on for deployment to the Middle East at anytime," said SFC William J. Gillihan, training NCOIC for Headquarters Company. "This exercise is more realistic than what they've been having in the past. Hopefully, they'll be better trained [as a result]."

Capt. Wesley R. Oberling, company commander, said the exercise was designed to help soldiers "learn how to perform common tasks that they perform in any situation."

Oberling said, "Now that we know the Presidio is sending troops to Saudi Arabia, we want to emphasize that soldiers know how to shoot, move, and communicate."

To test their skills, Headquarters Company designed the march around a mock war in which rear echelon troops—Presidio soldiers—were called up as front line replacements. For the three-hour march, soldiers were outfitted with 20-pound rucksacks, canteens, pistol belts, protective (gas) masks, and M-16-A1 rifles. Squad leaders also carried radios, for casualty and situation reports. Evaluators, such as SFC Gerald J. Gallegos, made certain soldiers performed their tasks 'by the book.'



Sgt. Juliana Jones searches for the enemy during cover and concealment training.

Near the end of the exercise, as two squads moved through a eucalyptus forest near Pop Hicks Field at 10 a.m., Gallegos remarked his unit was having its ups and downs.

"Based on the training they've had . . . I think they've done pretty well," Gallegos said. "They've got good sound tactical position and squad leaders have control of their squads."

Near the NCO Club an hour earlier, Gallegos' eight soldiers had been "hit" with gas—a simulation—and three of the troops didn't put their protective masks on in time: dead. It was the first attack on the group since they'd left Fort Scott at 8:46 a.m.

Gallegos tempered his enthusiasm with "It's tough to lose more than 30 percent of your troops in [their first fire-fight]. They're learning."

"Injured" and "dead" soldiers were evacuated. "Survivors" got some very basic instruction in first-aid treatment, including two-man carries—and preparing a casualty for evacuation. Soldiers were also hit by mock artillery rounds and fired on by invisible snipers.

Gillihan said he was pleased with the outcome of the exercise and was planning a similar exercise for Wednesday, an exercise to teach platoons how to defend a fighting position. "We're going to keep it realistic," he explained.

Deploy continued from page 1

That same night Sherman moped around his room, worried for the first time about going to Saudi Arabia.

"I'm ready, but I can't say I'm not worried," Sherman admits. "A war might break out while I'm there, and I'll be right in the middle of it."

Sherman is aware of the weapons the Iraqis have, but he feels confident in the U.S. Army's abilities.

"They have biological warfare, but we have trained soldiers and more brains than they can handle." He added, "I'll be trained even better when I'm in Georgia, so I'm prepared in every way: willpower, strength and guts—what it takes to win wars."

Friends really stick together in the Army.

There was a question whether Davis would go to Saudi Arabi. At this time Sherman's roommate, Pfc. Clark D. Jukes has volunteered to take his place.

"Jukes and I went through basic training and AIT together. We've become really good friends," Sherman said.

"I'll miss my friends, but I've been ready to leave the Presidio and deploy to Saudi Arabia since the crisis began," added Sherman. "Besides, I really like those desert BDUs."

These soldiers will be in Georgia anywhere from three to 21 days then they will join the U.S. forces to form a united, protective shield in the desert.



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With this in mind we'd like to make it a little easier when shopping for toys and kids' clothing. Take advantage of our $5 off coupons below, and save even more.

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Sports Briefs

by Drew Seaman
Star Presidian Staff

Youth basketball registration

The 1991 youth basketball season registration will be accepted until Nov. 22 in post gym No. 2.

Only children in grades three to eight are eligible to register Mondays and Tuesdays from 10 a.m. to 6 p.m. The fee is $20 per child or a $50 family rate for three or more children.

Volunteer basketball coaches are also needed for the upcoming season. For more information, call Allen Posey at **561-5051.**

Healthy spouses day

A health risk appraisal program will be available to active duty spouses Nov. 17 at the Army Community Service, building 103.

Spouses may come in from 10 a.m. to 2 p.m. For more information, call **561-4159.**

The program includes a computerized questionnaire, blood pressure and cholesterol screenings designed to measure and evaluate health habits. It also provides helpful advice to improve an individual's life style.

Spouses may come in from 10 a.m. to 2 p.m. For more information, call **561-4159.**

Iron man/woman powerlifting

The 38th Annual Iron Man/Iron Woman Powerlifting and Bodybuilding Championships will be held at the Palace of Fine Arts Theater Saturday and Sunday.

The 1987 world powerlifting champion and 1989 Armed Forces bodybuilding champion, Marine Sylvester Anderson, will lift at 9 a.m. Saturday. Jan Harrel, the world's strongest female bench presser, with a competitive best of 385 lbs., will make her bodybuilding debut.

Powerlifters will attempt to set new world records in the squat (current record 1,002 lbs.), bench press and dead lift.

The Sports Fitness Expo in the theater lobby will feature a variety of booths and seminars by leading authorities on fitness and athletic performance. Saturday's program features strength development and sports medical presentations. Sunday afternoon's program features presentations on weight training basics, how to achieve peak performance and injury prevention for female athletes.

Saturday's lifting events will be at 9 a.m., 1 p.m. and 5 p.m. Sunday's lifting events will be at 9 a.m. and 11:30 a.m. The Sunday physique competition will be at 3:30 p.m.

Soldiers and family members with military identification cards will be admitted for $8. Regular ticket prices are $12.50 each day and are available at the door.



Bodybuilding champion Marine Sylvester Anderson.

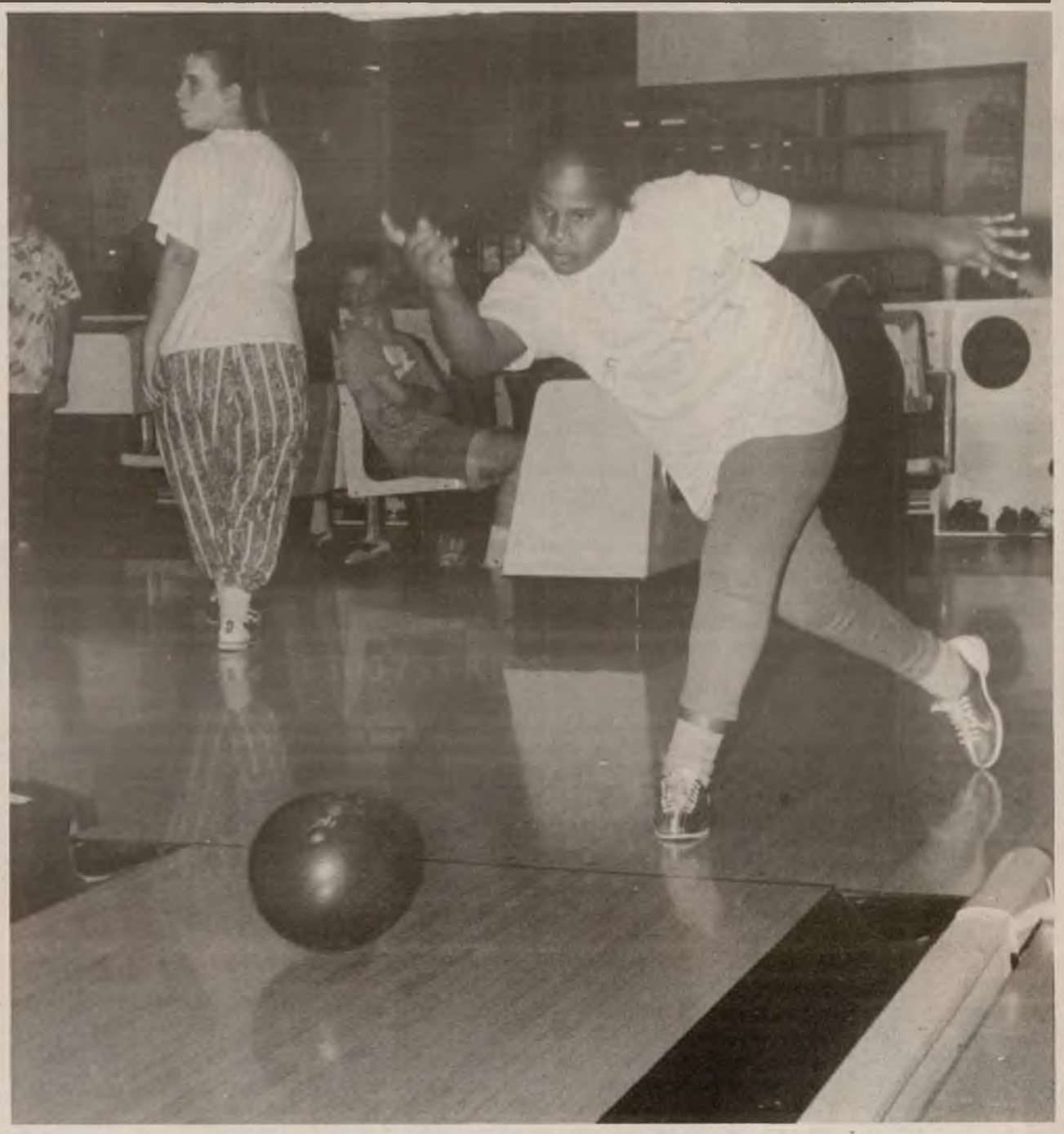


photo by Duvel White

Wunderkind bowler—Nine-year-old Monica Larkins shows the form that earned her recognition as one of the "Nation's Top Ten" bowlers for her age group.

9-year-old bowls 'em over

story and photo by Duvel White
Star Presidian staff

Seventeen-year-old Matt Brawley was sweating it Saturday morning.

It was the third and final game of this week's Presidio Youth Bowling League and he had lost the previous two games to a girl. Not just any girl, but to a 9-year-old girl.

"I gotta' bury her here and save face," the Presidio youth league's top male teen bowler jokingly said, referring to 9-year-old Monica Larkins. "It's kind of frustrating. She's half my age and she's beating me.

"I knew there were bowlers like her out there but I never thought I'd see them," the soft-spoken youth said.

During this weekend's action Monica showed why, for her age group, she was recently named one of the "Nation's Top Ten" by the Young American Bowling Alliance. During league play Saturday she bowled a 495 series (173,159 and 163 for a 165 average).

"Monica is a natural," is how her coach Penny LeCroy describes her. "She's a born bowler," LeCroy said. "At 9 she is coordinated enough to bowl like an adult and there are adults who would like to have her average."

Monica bowls every Saturday morning as part of the YABA Presidio League for youth ages 6 to 18. Bowlers are divided into two groups, ages 6 to 12 and 12 to 18. Monica bowls with the older group.

"She's way above average," Tony LeCroy a former coach and bowling aide at the Presidio Bowling Center said. He credits her success to her talent and the desire to be good.

"A lot of kids have talent, but it gets misdirected," he continued. "Talent has to be combined with desire and practice. If she continues she could become a professional bowler."

On Oct. 18 Monica received an award for bowling a single game high of 202 and a 486 three-game series during the July 4 Presidio Bowling Tournament. Her scores were the ninth best for any bowler in the Bantam Division for the entire nation.

Receiving national recognition at such a young age could put a lot of pressure on a nine-year-old, but Monica seems to be handling it well.

"My dad wants me to be on TV, but I bowl mostly because I like it," she explained. "I'll probably keep bowling, but just for fun."

When not bowling, the plump little girl with the bright laughing eyes likes to study science and someday hopes to be a teacher. And if she could be anything, what would she be? "Me," she says with a devilish grin.

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Community Calendar

by Adrienne Sims
Star Presidian staff

POWC tours

Members of the Presidio Officers' Wives' Club take monthly excursions to special sites and exhibits around the Bay Area, car-pooling from the Officers' Club parking lot at 10:30 a.m.

Join them Nov. 8 for a trip to the Mills College Art Gallery to view an exhibit of historic quilts. General admission tickets are $2 ($1 for seniors), plus the price of lunch at the college tea room.

For more information, call Ellen Litney at **346-9436.**

NAF vacancies

Bartender, $7.03 per hour; Cashier, $6.19 per hour; Club Operations Assistant, $7.49 per hour; Cook Leader, $11.61 per hour; Food Service Worker, $7.03 per hour; Waiter/Waitress, $6.31 per hour; Lifeguard, $6.35 per hour; Recreation Assistant; Child Development Program Assistant, $6.19 per hour; Motor Vehicle Operator, $9.13 per hour; Caterer, $20,195 per annum; Food Service Manager, $20,195 per annum.

For more information, call Francis Blake at **561-2947** or **561-5095.**

Thrift Shops seeks manger

The Presidio Thrift Shop is seeking a new manager. If you are energetic, well organized and enjoy working with people, please send your resume to Presidio Thrift Shop.

For more information, call **922-3384 Tuesday through Thursday, 10 a.m. to 2 p.m.**

Thrift Shop

The Thrift Shop Saturday opening will be 9 a.m. to 1 p.m. and Flea Market 7:30 a.m. to 1 p.m. Saturday at building 204.

Also beginning Saturday the Thrift Shop will accept ski equipment and Christmas items for consignment.

For more information, call the Thrift Shop at **922-3384.**

Officers' Club

The Presidio Officers' Club will conduct its Second Annual Veterans Day Black and White Ball Nov. 10. Music will be played by Johnny Lampson's 14 piece band with the Big Band sound of Miller, Goodman, Dorsey and other Big Band favorites. Cocktails will be served at 6 p.m. followed by dinner (7 to 9 p.m.) and then the dancing begins.

Men may wear tuxedos, dress blues or dark business suits. Formal attire is appropriate for women.

Tickets can be bought at the Officers' Club. Reservations are required.



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'Dance With Wolves'

Lt. John Dunbar (Kevin Costner) rides out with a Union flag in this new movie opening soon at Bay Area theaters.

Red Cross volunteers

The Presidio American Red Cross needs volunteer caseworkers. They will receive classroom instruction and on the job training. The Red Cross pays baby-sitting fees for all it's volunteers.

For more information, call the Red Cross at **561-2187.**

Great American Smokeout

The American Cancer Society will sponsor the annual Great American Smokeout, Nov. 15. The Presidio will be participating in this effort to encourage smokers to give up their habit for just 24 hours.

Non-smokers can take part by using "adoption papers" to sponsor and encourage smokers to quit for that day.

There will be a smoking cessation class put on by Preventive Medicine. Smoke-out survival kits and "adoption papers" will be distributed through the Presidio and tenant units.

For more information, call Bob Darling at **561-4120,** Julio Sosa at **561-2528** or Yolanda Taylor at **561-4159.**

Symphonic Band

The San Francisco University Symphonic Band will perform its annual concert, "The World of Music for Wind Band," Sunday at 3 p.m. in McKenna Theatre in the Creative Arts Building at San Francisco State University.

Tickets are $5 for general public and $2.50 for students, seniors, faculty, staff and alumni.

For more information, call the Creative Arts Box Office at **338-2467.**

Registering motor vehicles

Starting today, motor vehicle owners will be asked to file a non-operation statement or register their vehicle before the annual registration occurs. If the vehicle will not be operated for the entire year, a $5 fee in lieu of registration must be paid to confirm ownership and protect the owner's interest in the vehicle by recording it with Department of Motor Vehicles.

Vehicle owners paying the $5 fee must certify that the vehicle will not be operated in California anytime during the registration year unless it's properly registered and fees are paid.

ITT News

The 18th annual Harvest Festival is coming to Brooks Hall in the Civic Center in San Francisco from Friday through Sunday. Tickets are $4.50 at ITT, building 215. Seniors get $3 off at the door Friday only.

The Harvest Festival is basically the top craftspeople's fair. Their creations are shown in 16 cities throughout the country.

In addition to the array of handmade creations that will be sold at the many booths, there is also a wide variety of foods and refreshments available for the festival-goer.

If you miss the show in San Francisco, it also will be held in San Jose's Convention Center Nov. 30, Dec. 1 and 2.

For more information, call Sandy Cornett at **561-3992.**

Teenager meeting

A meeting will be held Thursday at 4 p.m. in the Log Cabin for all Presidio teenagers. The meeting is to assist the commander in determining what recreational activities interest teens on post.

This meeting is for teenagers only.

Exploratorium Thanksgiving Hours

The Exploratorium will be closed Nov. 22 for Thanksgiving. It will reopen Nov. 23 from 10 a.m. to 5 p.m. The Exploratorium is located inside the Palace of Fine Arts in San Francisco's Marina district.

Get smart for fall

New Stress Management Resource Team classes will be held six Tuesdays beginning this Tuesday. The classes being offered are Improving Communication, Managing Anger, Conflict Resolution and Home & Work Stress Management.

The classes will be held from 6 to 8 p.m. at the Army Community Service, building 103B. Child care is available. Advance enrollment is required.

For more information, call Nancy Niederhauser at **561-5155.**

Pet registration

All animals kept on the Presidio must be registered with Veterinary Services. Owners must present proof of rabies vaccination to register their pets. Animals must be registered after each rabies vaccination.

For more information, call the Veterinary Services at **561-3744.**

Veterinary Clinic

The Presidio Veterinary Clinic provides routine immunizations and medical services by appointment only. Over-the-counter pet care products may be purchased from
8 a.m. to noon daily. Children under 10 are not permitted in the clinic.

To schedule an appointment or for more information, call **561-3744.**

Lost animal policy

Presidio's Military Police will pick up roaming animals. The animals will be turned over to the Veterinary Services, building 668. Owners of animals wearing ID or rabies tags will be contacted as soon as possible. Animals without tags are confined for three working days to allow owners time to contact the Veterinary Services.

Before the animals can be released, owners must present proof of rabies vaccination and pay a $3 fee for each day of confinement.

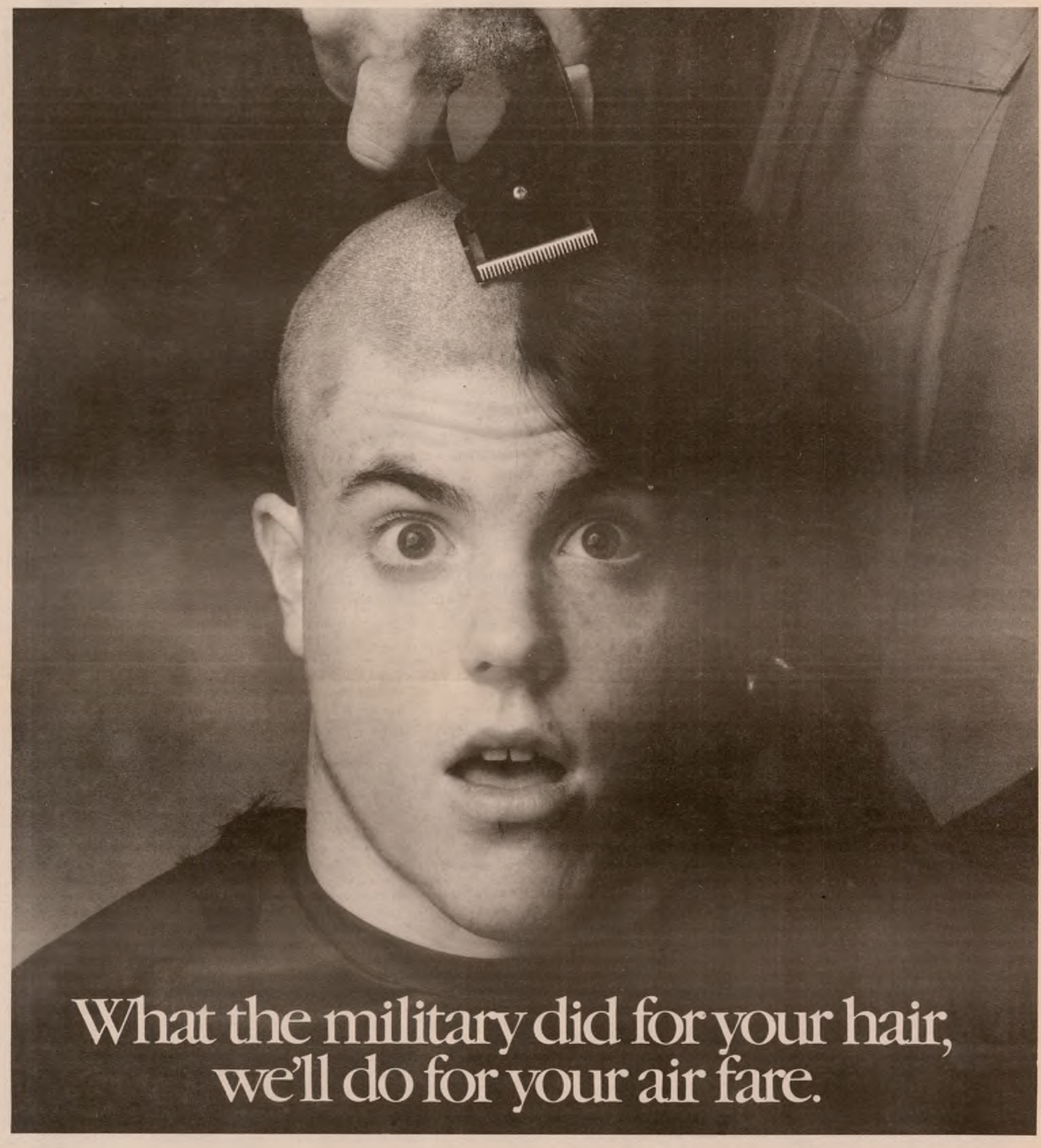
For more information, call **561-3744.**

At the Movies

Presidio Theatre
Fri., Nov. 2: The Witches (PG) 7 p.m.
Sat., Nov. 3: The Desperate Hours (R) 7 p.m.
Sun., Nov. 4: Pump Up The Volume (R) 7 p.m.
Mon., Nov. 5: Young Guns II (PG-13) 7 p.m.

Hamilton Theatre
Fri., Nov. 2: Young Guns II (PG-13) 7 p.m.
Sat., Nov. 3: The Freshman (PG) 4 p.m.
Sun., Nov. 4: Young Guns II (PG-13) 7 p.m.





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Star Presidian

Vol. 33, No. 46 | "Published in the interest of the people of the Presidio of San Francisco" | November 8, 1990

News Briefs

by Joel P. Smith
Star Presidian staff

Great American Smokeout

The Post Health Promotion Council invites all smokers to take "a breather" Thursday at the Great American Smokeout. This annual event is sponsored by the American Cancer Society. Thousands of smokers across the country will try not to smoke for 24 hours. If you don't smoke, you can adopt a smoker for a day and promise to help that friend to get through that day without a cigarette!

Here are a few "Quit Tips" for smokers: hide all ashtrays, matches, etcetera; have a supply of sugarless gum, carrot sticks, etc., on hand; drink lots of liquids, but pass on coffee and alcohol; exercise to relieve the urge or tension; when the urge to smoke hits, take a breath, hold it for 10 seconds and breath out slowly; try the buddy system and ask a fellow smoker to quit for that day.

To help Presidians stop smoking, the Health Risk Clinic at Letterman Army Medical Center will have no-smoking classes Thursday from 9 to 11 a.m. and from 1 to 3 p.m. Please call Central Appointments for an appointment, at **561-5324.**

For more information about the overall Smokeout program, call Bob Darling at **561-4120,** or Julio Sosa at **561-2528,** or Yolanda Taylor at **561-4159.**

Civilian attire for Desert Shield

Civilian clothes are optional for soldiers are optional for off-duty soldiers participating in Operation Desert Shield. Civilian clothes must be worn for off-duty shopping tours or sight-seeing. Neither shorts nor T-shirts will be worn in public. Neither males for females will wear shirts or blouses that are see through or sheer. Both shirts and blouses must have collars. Shirts glamorizing alcohol or those that may be considered offensive by our host nation will not be worn. Clothing which reveals the torso may not be worn in public. Within the confines of the U.S. cantonment areas, individuals may wear clothing appropriate to the activity in which they are engaged.

CFC donations

The Combined Federal Campaign is wrapping up. The last day to turn in your pledge forms is Thursday.

There are more than 800 organizations belonging to CFC this year. Some are on the Presidio, others are national. All need your donation to help fund their charitable work.

To donate, simply fill out your pledge form. The minimum payroll deduction for soldiers is $24 a year—$2 a pay period. Civilians may pledge a minimum of $26 a year—$1 a pay period. You may designate your gift to as many as three diffferent organizations. See your office keyworker for CFC books, pledge sheets and more information.



Presidio women to attend financial seminar

by Erica Haspiel-Szlosek
Star Presidian staff

Women today have more economic opportunity and clout than ever before. But experts say the majority of women have had no formal training in managing their money and instead rely on a costly system of trial and error to handle their finances. The increased sophistication of today's marketplace dictates a new, more informed method to make financial decisions.

A free seminar for Presidio women—soldiers, civilians and family members—is being offered by Citibank Mastercard and Visa and sponsored by Army Community Service to fill the gap. The seminar will be held at the Presidio Theatre on Thursday from 11:30 a.m. to 1 p.m. and will feature Ann Diamond, a financial planning expert and educator who has worked with hundreds of women. Her experience shows that many women feel uneasy about money and have often left financial decisions to their husbands.

According to Diamond, it is crucial for women to take control of their finances. Statistics show that women often outlive the men they marry; divorce is a possibility in other marriages. Still other women will chose not to marry, or will marry later in life. This means women must be prepared to assume responsibility for their financial decisions.

"Women—any women and all women—can learn to handle their own finances comfortably and well. We are all experienced decision makers—especially if we have children—we've made decisions dozens of times each day. . . .These are the skills and approaches that work well in our financial lives too," says Diamond.

Diamond's method of financial planning involves six "take charge" steps: set goals; take stock; make plans; establish credit; get educated and stay motivated. She leads women through the basics such as setting up a budget and covers more sophisticated topics such as investment management and retirement planning.

Diamond also urges women to establish credit in their own name. "Too often," she says, "women get credit under a spouse's name. This can be a problem if there is a divorce or your spouse dies."

Can this seminar really make a difference?

Yes, according to Tony Frierson, ACS financial coordinator. "This seminar is not only beneficial to Presidio women, but to Presidio families in general.

"With the high cost of living in the San Francisco Bay Area, money management is very crucial. I feel everyone who can attend this seminar should."

Reserve your seat for this seminar by calling ACS at **561-6090 before Tuesday.**

Voices

Presidio View

by Lt. Gen. William H. Harrison



Fly a flag for freedom

Dear Presidians:

More and more flags are flying at the Presidio of San Francisco—A Very Special Place! And they look great, telling the world that we support our fellow service men and women in Saudi Arabia. So, if you're not flying one now—won't you? It's a very special way for all of us to show our support of the great soldiers deployed there defending our freedom.

During this past week, I did a lot of traveling. On Monday, the 29th of October, I flew to Salt Lake City for a meeting with all the Adjutants General of all the 12 Western states and the seven major United States Army Reserve commanders. All their Command Sergeants Majors were there also to get caught up on Desert Shield and all our mobilization activities. During the meeting, we took the opportunity to make an award to a civilian in Salt Lake City who has been very supportive of the U.S. Army. It's important we do these type of things because we are the citizen army. And when our citizens are supportive, we, the Army, need to show our appreciation. We also took the occasion to honor three of our USAR commands for their outstanding strength management performance during 1990—the 351st Civil Affairs Brigade from Mountain Home, CA; the 124th ARCOM from Seattle, WA; the 91st Training Division from San Francisco. To all these units a big, loud HOO AH!

I journeyed on to Cheyenne, Wyoming to visit the great Wyoming National Guard. Got briefings on their Air Guard, on their annual Summer Training '90, and on their NCO education programs. Although not large in number, our Wyoming Guardsmen and women are great soldiers and I am very proud of all them and all their great accomplishments.

On November 1 Mrs. Harrison and I attended the 50th Anniversary celebration of Alameda Naval Air Station. It was a great affair and I know you all join me in congrats to our fellow service persons from the Naval Aviation Community—especially at Alameda NAS. Later that evening, I had occasion to talk to the Swiss Council General here in San Francisco. He informed me that next year his president will visit the U.S. as part of their—the Swiss—celebration of their 700th anniversary! Seven hundred years, Wow! Sure puts our 50 into perspective doesn't it?

Friday the 2nd was a super day—I not only got to make an award presentation but also to FROCK a fine junior officer—Captain(P) Scotty Abbott, formally XO of HQ Cmd. For those of you who do not know what "frocking" is—that's when you get to wear the next higher rank insignia for which you have been selected but don't get the money! So, Major Abbott gets to wear his gold leaf in his new assignment in Saudi Arabia but won't get the money until he is officially promoted. So, congrats to Major Abbott and a big HOO AH! Hope that the money comes soon.

Although I had to miss it, CSM Whiteford tells me Bosses' Night on Friday was GREAT! Thanks to all of you who turned out and thanks again to our NCO Club—the sponsor.

CFC is progressing—but slowly. Again I solicit each of you to give some money. Whatever you can afford—no matter how small will help. So far only our APO personnel down at the S.F. Post Office have hit 100% participation. Great! Super! HOO AH! to each of you—and thanks for caring. The DENTAC at LAMC is not far behind—at 90%. Come on gang, a little 10% to push you over the top. Let's give it the ol' HOO AH! and go over the top—all you out there. Our goal is 100% participation for the U.S. Army in our Bay Area. Won't you give today?

The latest issue of the DEEP—our DPCA newsletter—is chocked full of info. How about:

- The DPCA Bargain Book?
- The NCO Club Bingo jackpot?
- Presidio Teens meeting?
- The Great American Smokeout?
- The Presidio SMART Program?

All these and more are covered in the Nov. 1 issue of the DEEP—on your local newsstand now! HOO AH!

Maybe some of you have noticed our military policeman out on Presidio and Arguello blocks lately. They are trying to slow folks down who speed down the two hills and onto the main post area. We're also working the housing areas, especially Washington Blvd housing area, where we have noted a lot of speeders. It's tough and our MP's are having to take a lot of verbal abuse but we are going to persist! So, I hope that any of you readers out there who may be guilty will take heed. We must slow these folks down before they hurt or kill some Presidian or themselves!

In closing this week, I want to say a word or two about our fellow soldiers in Saudi Arabia. If you have watched T.V. or read any news articles you may have heard the plea for mail from home. Having served in this part of the world I can vouch for how important and how valued mail from home is. The desert is a very lonely and boring place and we all pray it remains so and does not turn into a shooting war. So, I would ask you—if you know any one currently in Saudi Arabia or the surrounding countries or on ships in the Persian Gulf—write to them. A post card, a greeting card, letters, clippings from newspapers—all of these help so much. If you don't know anyone, contact the Sixth Army and PSF Public Affairs Office—they will be glad to put you into contact with some units who would love to get some mail. You say—well, I don't know what to write about—any news from home is welcome from a lonesome and lonely soldier far from home. So come on Presidians—fly those flags for freedom and write a soldier today and tell them how proud we are of them and what they are doing! That would be a big HOO AH! for them and for you! A double HOO AH!!

God bless you each and every one.

William H. Harrison
Lieutenant General, USA
Commanding

The man who wins is the man who works,
Who neither labors nor trouble shirks,
Who uses his hands, his head, his eyes,
The man who wins is the man who tries.*

—Anonymous

***Man equals person—female or male!**



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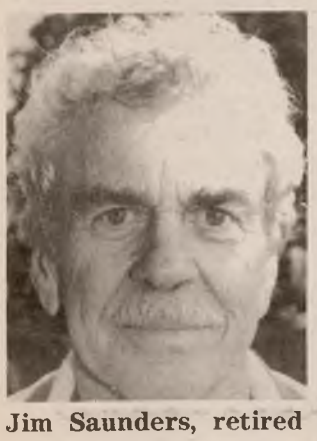
Ask Presidians:

by Drew Seaman
Star Presidian Staff

"Advice you wish you never heard?"



Charles Laird, retired chief petty officer, United States Navy: "Someone told me to smoke a cigarette at a party when I was sixteen years old. I haven't stopped since, except when I temporarily quit for three years. I've had my left lung removed because of cancer and now my other lung is infected."



Max Schlossberg, retired major, United States Army: "Someone told me tanning was good for me a long time ago. I used to lay out for two hours every day. Now I've got skin cancer that's been attributed to be directly caused by the sun."



Jim Saunders, retired cable television analyst, Group W Western House, Northern California District: "When I was in the service, my commanding general encouraged me to transfer from Camp Carson, Colo., in 1954 to the Presidio of San Francisco. There wasn't sufficient housing available in the area for my family. I rejected the transfer."



Second Lt. Dana Kitchen, registered nurse, Letterman Army Medical Center: "I asked my parents what I should do after school. They bought me luggage and told me to use it. I did and I joined the Army. I'd like to go back to Michigan though to visit them."



Lilian Champagne, retired lieutenant colonel, United States Army: "When I was ill people kept telling me things to do. They would suggest remedies and solutions. I didn't go for their advice, though, because I pretty much do my own thing.

Education for everyone, takes everyone

by Jeane A. Redsecker
and Star Presidian staff

The Presidio is joining posts around the world in supporting American Education Week, Monday through Nov. 18. This year's theme is "Education for Everyone, Takes Everyone."

The highlight of the week is an Education Fair and awards ceremony sponsored by the post's education centers, Wednesday from 1 to 3 p.m. at the Presidio Officers' Club.

Representatives from 14 Bay Area colleges and universities will be there to give information about degree programs, both undergraduate and graduate, which are of special interest to working adults. The colleges participating in the Education Fair are: Columbia College, St. Mary's College, University of San Francisco, Golden Gate University, San Francisco State University, University of Phoenix, City College of San Francisco, Chapman College, Emby Riddle Aeronautical University, Laney Junior College, College of Alameda, Vista Community College, Southern Illinois University and Merritt College.

A Veterans Affairs representative from the San Francisco office will be on hand to explain veterans' education benefits. Post Education Center counselors will be available to provide information of a wide variety of education center programs.

To focus the spotlight on the academic achievements of soldiers, Lt. Gen. William H. Harrison, Sixth U.S. Army and Presidio Commander, will present awards to Presidio and Bay Area soldiers who have achieved outstanding educational goals within the last year at 2 p.m. during Wednesday's fair. More than 50 soldiers are receiving awards for their educational goals.

The Education Fair and awards ceremony are open to all Presidians (active duty military, government employees, adult family members, reservists and retirees).

Refreshments will be served during the fair.

For more information, call the Fort Scott Education Center at **561-4445** or the Letterman Army Medical Center Education Center at **561-3692.**

American Education Week—a brief history

American Education Week began after World War I draft boards discovered about 25 percent of the draftees were illiterate, and about 29 percent were physically unfit. In 1921 the American Legion, the National Education Association and the U.S. Office of Education (now the Department of Education) hoped to encourage local support and involvement in improving education by setting aside this special week.

In 1938, the Parent-Teachers Association became a co-sponsor, as did the national School Boards Association in 1980. The Army began observing American Education Week in 1982.

New CHAMPUS cap, deductible

by CHAMPUS Public Affairs

The Civilian Health and Medical Program of the Uniform Services Oct. 1 set a $1,000 ceiling on the amount active-duty families will have to pay in a fiscal year for health care.

CHAMPUS' "Catastrophic Cap," as the health care service calls it, is set for $10,000 for all other CHAMPUS and CHAMPVA-eligible families.

The cap is meant to protect families from catastrophically high medical expenses. It applies to the amount of money required to meet the family's annual deductibles for outpatient care, and cost-shares for both inpatient and outpatient care, based on CHAMPUS allowable charges for covered care received in a fiscal year.

"This means the soldier doesn't pay out of his pocket when his health care costs go over the limit," said Charlene McCray, CHAMPUS health benefits advisor at Letterman Army Medical Center on post. "It keeps their head above water; it keeps them from going in the hole."

When a family reaches its cap, McCray said, CHAMPUS will pay any additional expenses for health care in a fiscal year.

Not covered under the rule are charges higher than those CHAMPUS determines to be reasonable and charges for treatment not covered by CHAMPUS. Servicemembers will be responsible for paying those charges.

Costs paid by families covered under the CHAMPUS program for the handicapped are not counted in tabulating the cap. CHAMPVA also notes Oct. 1, the health care deductible is the first $50 for one person for each visit, or the first $100 for a family for each visit.

To process a health care claim, send in your forms to CHAMPUS as you usually do, and CHAMPUS will notify you when your deductible has been met. If you have other insurance that pays all or part of your outpatient bills, you must attach receipts for itemized bills from that agency to your CHAMPUS form.

If you or any family members receive care in more than one state, and send claims to more than one CHAMPUS claims processor, be sure both processors know when you've paid your full deductible for the fiscal year. Send the CHAMPUS Explanation of Benefits (EOB) form that's sent to you by one claims processor, to any other one to whom you send a claim, at the time you file the claim. The EOB will tell the second processor how much you've already paid toward satisfying the deductible for the year.

CHAMPUS also notes persons who are not the dependents of active-duty personnel will pay a higher daily fee for most hospital admissions that have occurred after Oct. 1.

CHAMPUS' new payment plan, the "diagnosis-related group payment system," will require medical-care recipients to share in the cost of the treatment. Patients will pay a share that is the lesser of 25 percent of the hospital's billed charges, or a fixed, daily amount of $266.

Cost-shares for members of active-duty families aren't affected by the DRG rates. They'll still pay a small daily fee for each day spent in a civilian hospital, or a total of $25 for each hospital stay, whichever is greater.

Since CHAMPUS began the DRG system three years ago, average total hospital costs for each hospital admission have declined. "The hospital eats the difference in the DRG program," McCray said.

Daily hospital costs have increased, however, and CHAMPUS has had to raise the DRG daily amount for retirees and others. Despite the higher daily cost, CHAMPUS-eligible patients will usually pay less, and will never pay more, that they paid under pre-DRG procedures.

For more information about CHAMPUS deductibles, payment plans or cost-sharing, call McCray at **561-4923.**



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Gail H. McGinn, Director
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Update for civilians: benefits & retirement

by Adrienne Sims
Star Presidian Staff

Congressional retirement issue

Since 1984 civilian employees had the option to pay into a retirement fund which allowed them to collect their contributions in a lump sum when they retired. This is the Alternative Form of Annuity.

The AFA is now suspended for five years for civilian employees other than Congressional members.

This means employees will not collect their contributions that they have put into their AFA retirement fund in a lump sum for the next five years except for these following situations:

An employee who retires on or before Nov. 30, may still collect the AFA on a 50/50 percent payout over a two-year period.

Individuals retiring from involuntary separations without government cause may also collect the AFA.

Terminally ill employees who elect immediate retirement are exceptions to the suspension.

Employees called up as reservists for active military duty in support of Desert Shield and who were eligible for retirement on or before Nov. 30 may retire by Nov. 30, 1991, and still receive AFA with the approval of the Secretary of Defense.

Employees who hold positions considered essential in support of Desert Shield and were eligible to retire Nov. 30, may also retire Nov. 30, 1991, and collect AFA with approval by the Secretary of Defense.

Presidians who lose their jobs when the base closes may also be eligible for AFA during the five-year suspension if the employee faces involuntary separation.

Thrift Savings Plan Open Season

Open Season for the Thrift Savings Plan begins Thursday to Jan. 31, 1991.

There have been significant changes to the plan after Public Law 101-335 was enacted July 17. These changes affect the Federal Employee Retirement System (FERS) and the Civil Service Retirement System (CSRS).

Currently FERS employees can distribute their own contributions and their existing TSP account balances among Government Securities Investment Fund, the Common Task Index Investment Fund and the Fixed Income Investment Fund. In January 1991, FERS employees who allocate all or a portion of contributions to funds other than the GSIF do so for both their portion and the agencies portion of contributions. All FERS employees who wish to allocate a portion of future contributions to other funds need to file a new TSP-1. If a TSP-1 is not received and processed before the first full pay period in January 1991, the agency payroll office will report all contributions as if the employee elected those contributions to be invested in the GSIF. Any previous distribution of contributions will be rescinded.

Currently CSRS employees are limited to investing their TSP contributions in the GSIF. Beginning January 1991, CSRS employees may distribute any portion of their future contributions to any of the three investment funds. To make the change, a CSRS employee must submit a TSP-1 during open season.

CSRS employees may also invest their existing TSP account balance in the three funds by using the interfund process.

In January 1991, all TSP participants may make an interfund transfer up to four times in any year, in any month they choose. The TSP-30 form will be needed to use the interfund transfer process. It will be submitted with your participant statement. The TSP-30 form must be submitted directly to the TSP Service Office. Agencies will not be responsible for processing interfund transfer forms.

For more information about the TSP, call Martin Nowinski at **561-3016** or Severin V. Johnson at **561-5757.**

Health Benefits Open Season

Open Season for the Federal Employees Health Benefits Program will be held Tuesday to Dec. 10.

If you are currently enrolled in one of the following plans you must enroll in another health plan: Postal Supervisors Health Benefit Plan, Government Employees Beneficial Association, National Federation of Federal Employees, American Federation of Government Employees and the National Association of Government Employees Health Benefit Plans. These health plans are being discontinued. If you are enrolled in another plan and do not wish to change, your current enrollment will continue.

If you decide to enroll or change your current health plan during Open Season, you must file a Health Benefits Registration Form in time for it to be received by the Civilian Personnel Directorate by Dec. 10. New enrollments and changes in current enrollments will become effective Jan. 1, 1991. The needed forms are available in the administration office of CPD, building 37.

For more information, call Martin Nowinski at **561-3016.**

Open Season Health Fair

The CPD has scheduled an Open Season Health Fair for Presidio employees to help employees choose a plan. The fair will be held in the Sixth U.S. Army Conference Facility, building 35, Nov. 20, from 9 a.m. to 4 p.m. Presidians may drop by anytime during these hours.

Representatives from various health plans will answer questions concerning health plan benefits.

Brochures will be available during the fair.

A Civilian Personnel Newsline with information about the Congressional Retirement Issue, the Thrift Savings Plan Open Season, Health Benefits Open Season and the Open Season Health Fair will be put out through distribution to civilian employees this month. If more information is still needed, call the CPD at **561-3016.**

Information for this story was obtained from the *Civilian Personnel Newsline.*

Hemoglobin production facility opens on post

by Letterman Army Institute of Research Public Affairs

After two years of development, Letterman Army Institute of Research has opened the first public facility specifically designed to produce highly purified, chemically modified hemoglobin derivatives.

During a ribbon-cutting ceremony in September Dr. (Col.) Donald G. Corby, LAIR commander, lauded the efforts of Dr. (Col.) Robert M. Winslow, chief of the Blood Research Division and Sgt. 1st Class Keith W. Chapman, chief medical NCO and head of the facility's design team, for developing the concept and bringing it to fruition.

The facility will not only supply LAIR researchers, but researchers at other facilities who are interested in working on protocols of military relevance, with a hemogoblin-based, red-cell substitute for use in performing blood substitute research.

Chapman will head a six-person production team that will ensure quality control standards for purity, safety and toxicity are met. Primary investigators from the Blood Research Division will monitor uses of the hemoglobin derivatives both in-house and among external collaborators.

"Our goal is to define the characteristics of a safe blood substitute," said Winslow.

The reluctance of many to give blood, combined with its limited shelf life, the need for time-consuming cross-matching, and concerns over the potential for contracting diseases transmitted through blood transfusions, have made finding a pure, safe and easy to store blood substitute a research goal with tremendous potential benefit to both the military and civilian communities.

"There is no question that when blood substitute products become available, they will revolutionize medicine," Winslow said. He estimates such a product will be ready for clinical testing in the near future.

"We're currently reviewing a number of requests we've received from researchers who are interested in our hemoglobin derivatives," Winslow said.

Trial runs are underway, and LAIR expects to have its hemoglobin derivatives available soon.



Star Presidian file photo

Blood is so precious, LAIR researchers will be working on a blood substitute to ensure a more plentiful supply.

Halloween

Ghosts, goblins haunt Presidio

by Star Presidian staff

Halloween on post was a terrifying affair. Little Teenage Mutant Ninja Turtles, fairies, cowboys and pumpkins raced around scaring unsuspecting adults in a day-long celebration Wednesday.

At the Religious Activities Center children raced around a metal pole on a numbered floor. The costumed children were playing an improvised version of musical chairs called the "cupcake walk." Instead of sitting on chairs when the music was stopped, youngsters would jump on numbers taped to the floor. Whichever child was not standing on a number would be out. They were all winners, though, because they each received cupcakes for playing.

This was one of the many games and activities held at the center's Halloween carnival. The Presidio Chapel teen council-sponsored event was for children from 2 to 10 years of age.

The annual event had its start four years ago when teen council members wanted to minimize the time young children spent on the streets. According to Stephen Miller, Director of Religious Education, "The group felt it was too dangerous to let young kids stay out for hours trick-or-treating. They thought it might be better to take up some of that time, where the kids might not be supervised by parents, and bring them here to have fun."

Many parents had taken their youngsters on candy collections in the safety of their own neighborhoods then brought them here. One parent, Rosalind D. Gagliano said she loved the carnival. "We were only going to stay an hour", she said, "but the kids were so excited we stayed until it ended."

Designated rooms in the center were decorated with themes: pumpkin patch, scarecrow's corner, Casper's corner and the cemetery room. Teen council member Katy Galloway, dressed as a gypsy, read the palms of the kids and parents. Children also had the opportunity to have their faces painted by another council member, Nicole D. Toften.

Earlier in the day, about 150 children from the Presidio Child Development Center snaked around the post in parade to the Sixth U.S. Army and Presidio headquarters. Parents, teachers and children astounded passersby with calls of trick-or-treat and giggles could be heard throughout the offices in buildings 38 and 220. In response, forewarned staffers came outside to fill the children's goody bags with assorted treats.



More than 150 children took part in the Child Development Center's Halloween Parade Wednesday.



photo by Chuck Blancet

Joyce Teague, secretary to Lt. Gen. William H. Harrison, hands out candy to CDC parade-goers.



photo by Erica Haspiel-Szlosek

Jason Black (left) and Matthew Kettler take a break during a Child Development Center sponsored parade during Halloween.



photo by Chu

Jacob, the Boy Wonder, and Jon wait with mother Cynth outside building 38 during the parade.



photo by Chuck Blancet



photo by Adrienne Sims

Rosalind D. Gagliano, dressed as a witch, and Amanda, infant pumpkin, enjoy themselves during the Halloween Carnival.



ck Blancet
hia Drake



photo by Chuck Blancet

Silvia Chavez, a Child Development Center education specialist, has her hands full pushing Chris De Jesus (wearing a hat), Matthew Wiltshire and two unidentified children in a rolling crib.



We Salute You!

At Toys "R" Us and Kids "R" Us, we salute our Men and Women overseas who are protecting our country and risking their lives to ensure a safer tomorrow for our children. We recognize the hardships that our military personnel overseas will face in the coming months, as well as their families at home.

With this in mind we'd like to make it a little easier when shopping for toys and kids' clothing. Take advantage of our $5 off coupons below, and save even more.

From our family at Toys "R" Us and Kids "R" Us, we would like to extend our wishes for a safe and healthy return home to all of our Military personnel. We hope and pray that they will be with their families soon!

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Sports/Health

Sports Briefs

by Joel P. Smith
Star Presidian staff

Bowl, bat for charity

Have fun bowling and playing softball while supporting the Combined Federal Campaign at the same time. Sixth U.S. Army will host bowling and softball tourneys Wednesday through Nov. 16 and will donate the proceeds to the CFC fund drive.

Individual bowling competition at the Presidio Bowling Center is scheduled Wednesday. Cost is $6 for each person in each event. For more information, call Sgt. Maj. Alvin Vales at 561-4700.

The softball tourney will be held Nov. 16 on the Fort Scott fields. Cost is $15 for each team. For more information, or to sign up, call Master Sgt. Preston Cluff at **561-3770.**

Military and civilian employees, and their family members are welcome to help the Presidio support the CFC drive.

Thanksgiving golf tourney

The annual Presidio golf tournament will be held Thursday at the Presidio Golf Course. Tee-off is 8 a.m. All golfers can look forward to playing a challenging course, stiff competition, and the chance of winning a turkey or ham. Awards are given to the top two low gross and low net finishers. The divisions of play for male and females are: open (under 40 years old); seniors (40 plus); and calloway (no established handicap). Five dollars is the entry fee. All green fees and cart charges will be paid at the starter's shack.

After the tournament, an awards luncheon featuring chicken and beef teriaki will be held at 12:30 in the NCO Club, building 135. Cost is $6 each. For more information, contact Bob Darling at **561-4120** or **561-4131.**

Bowling Center closure

The Presidio Bowling Center will be closed Veteran's Day (Monday) and Thanksgiving Day, November 22.

YA needs swimmers

The newly organized Youth Swim Team is recruiting members. Youngsters between the ages of 6 and 14, who can swim, are invited to join. Youngsters will work out after school and on Saturday mornings. The first organizational meeting will be held Wednesday at 4:30 p.m. at the Post Swimming Pool. For more information, call coach Michael Koplin at **561-4227.**

Youth basketball registration

The 1991 youth basketball season registration will be accepted until Nov. 22 in post gym No. 2.

Only children in grades three to eight are eligible to register Mondays and Tuesdays from 10 a.m. to 6 p.m. The fee is $20 per child or a $50 family rate for three or more children.

Volunteer basketball coaches are also needed for the upcoming season. For more information, call Allen Posey at **561-5051.**

Healthy spouses day

A health risk appraisal program will be available to active duty spouses Nov. 17 at the Army Community Service, building 103.

Spouses may come in from 10 a.m. to 2 p.m. For more information, call **561-4159.**

The program includes a computerized questionnaire, blood pressure and cholesterol screenings designed to measure and evaluate health habits.

Spouses may come in from 10 a.m. to 2 p.m. For more information, call **561-4159.**



The Presidio Cavalry and the Radical Raiders fight to kick the soccer ball during Saturday's Youth Soccer game at Golden Gate Park.

Action-packed game awes crowd

story and photo by Adrienne Sims
Star Presidian staff

The Radical Raiders stole a Youth Soccer game from the Presidio Cavalry Saturday at Golden Gate Park.

With 30 seconds left in the game, the score was tied at 1-1 when a Radical Raider kicked one past Presidio's goalie, Cory Mitchell.

Mitchell blocked more than six goals. "He's doing excellently, Coach Jorge Ramirez said.

Mitchell didn't start out as the goalie but was later volunteered by his coach after their original goalie quit.

"He hasn't complained a bit and he averages about six blocks a game," Ramirez said.

In the first 10 minutes of the game, the first goal was scored by Presidio's Phillip Rosenthal, who kicked the soccer ball right through the arms of the Radical Raiders' goalie.

Presidio's team is working very hard, according to Ramirez. "We only have eight players, and the other teams have 11, they're all working hard and making it to every game."

With three games left before the tournament, the Presidio Cavalry is 2-4. According to the coach, they are doing great considering the disadvantage of being three players short.

The parents give the kids a great deal of support. They appear even more enthusiastic than the players. When the first goal of the game was scored the parents shouted, "Way to go! Alright! Keep it up guys!"

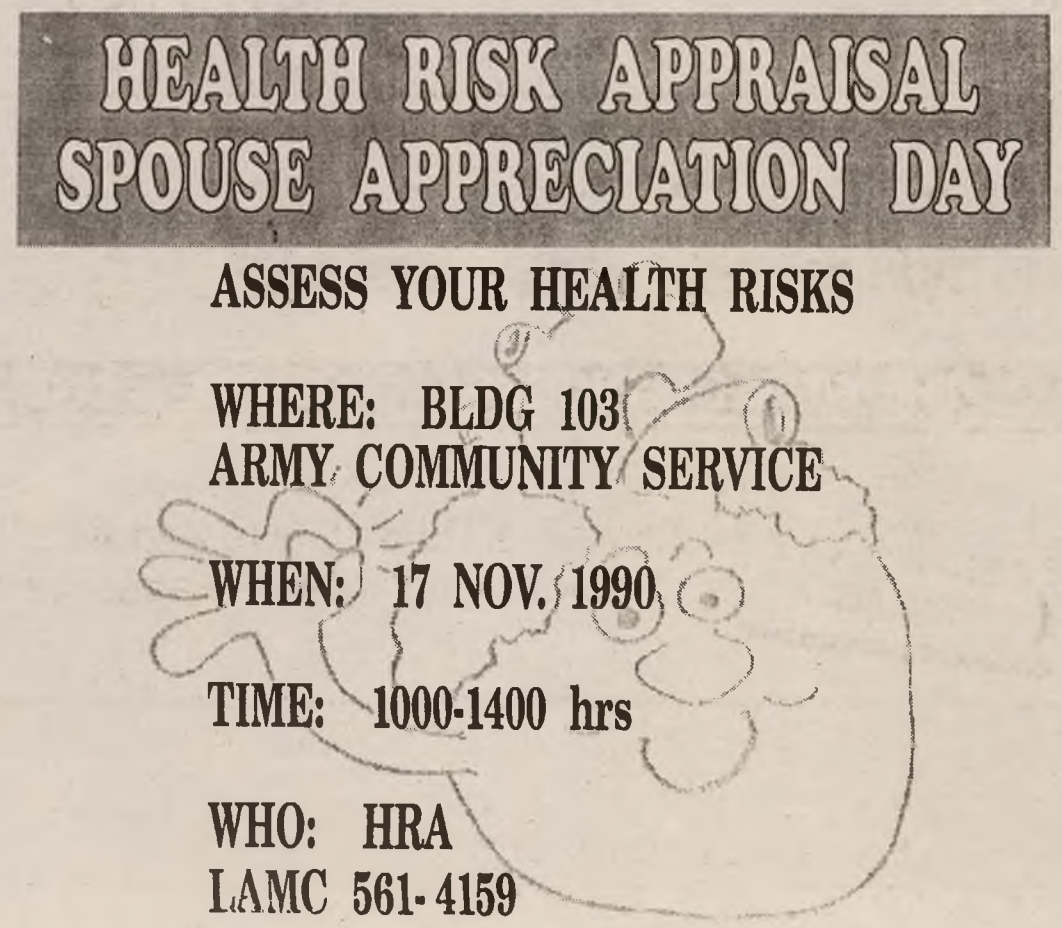
Even the adult soccer team couldn't help themselves from taking a peek at the youth soccer game before they played their own game.

Ramirez said the Presidio's defense is just as tough as an 11-player team. "They just get tired faster," he added.

Presidio's next game will be Saturday at 3:10 p.m. at Golden Gate Park.

The tournaments will begin Dec. 8.

Even if the Cavalry should take first in the tournament, Ramirez will regret the season's end. "I love to coach; it keeps me busy. I hate to see the season over with. These kids give me so much energy and life."



Environment

Environmental waste:

Making it may be hazardous to health

by Drew Seaman
Star Presidian Staff

Presidio soldiers and families are literally painting themselves into a corner with hazardous wastes. Many Presidians don't realize how many home products contain dangerous chemicals.

According to the Presidio's environmental engineer, Alex Macievich, some of the things that can become hazardous wastes are aerosol products, glass cleaners, pesticides, paint and oven cleaners.

If these and other products are improperly disposed of in landfills "the hazardous materials will eventually combine and seep out," said Macievich. This would lead to the waste getting into the ground water, polluting our drinking water sources and causing problems in the environment," he added.

One solution the environmental engineer offers is instead of throwing away partially used products, "give them to someone who may need them." For example, if you've got leftover paint lying around, give it to a neighbor to use. If you're planning to throw away a quarter-can of bug killer, you might consider also giving that away.

However, the best way to dispose of these products, if the container isn't recyclable, is to use them wisely. Buy only what you need and use them completely. Once a container is completely used it can be thrown away with regular trash. If you can't find someone who can use your leftover items and you can't use it all up, you can call the environmental office. They will help you dispose of the items. However, Macievich said that Presidians should consider calling them only as a last resort because the office maintains a busy schedule.

Products such as brake fluid or motor oil can be recycled at the Presidio auto shop located in building 231. For more information about their recycling program call, the auto shop at **922-5597.**

Disposing of wastes improperly could translate into fines or prison time. "Presidians who pour hazardous wastes down their sink or street drains could be held legally liable for their actions," said Macievich.

Macievich offered an example. He said, "Suppose an individual is changing the oil in his car. He pours the oil down a sewer line and it ends up draining into a storm basin. It'll eventually find its way into the bay. That individual has just violated the Clean Water Act."

By being more conscientious about disposing of environmental wastes properly, individuals are not only keeping themselves out of trouble. They are helping to do their small but significant part toward keeping the Presidio a safe and beautiful place.

For more information, call the environmental office at **561-5176.**





CITY OF HOPE CANCER NEWS

Bone Marrow Transplants

Q. Why do they need to transplant bone marrow?

A. Bone marrow has many jobs to do in the body. Mainly, it makes different kinds of blood cells, both red and white ones. In a disease like aplastic anemia, the bone marrow fails to make the needed red blood cells. In leukemia, it makes too many white blood cells and it makes them wrong. In some situations the problem is not in the bone marrow at all, but in the most effective treatment for another disease.

An example of this is the use of very toxic drugs to destroy breast cancer which has already spread throughout the body. The drugs needed to kill the cancer cells also destroy the patient's healthy bone marrow. What City of Hope and some cancer centers do is remove and freeze the patient's good bone marrow, administer the cancer-killing drugs, and then transplant the healthy bone marrow back into the patient to "rescue"her from the treatment. As this technique becomes more widespread, more and more patients will need bone marrow donors.

Q. I thought you had to have a brother or sister who "matched" before you could have a bone marrow transplant. Now I see on TV where they are looking for matching strangers. How can they do this?

A. There are organizations which operate screening programs to search for matched donors for patients who have no matching brothers or sisters. But this is a very big job. Statistically, the odds are 20,000 to one in finding an unrelated donor who matches a particular patient. This search can be both costly and time-consuming.

Q. How do they do a bone marrow transplant? Does it hurt?

A. A simple blood test is all that is needed to type a potential donor. Once a matched donor is found, bone marrow cells are removed from the donor's pelvic or hip bones by means of a large needle. This is done under anesthesia and the donor may feel some discomfort for a day or two.

The harvested marrow cells are separated from other material—cleansed, if you will—and given to the patient like a blood transfusion. The bone marrow cells travel through the blood vessels until they come to the places within the bones where marrow is housed, and they stay there. When the transplant is a success, the new marrow cells grow in their new space and do the jobs the diseased/destroyed marrow did not do.

Q. How can I become a bone marrow donor?

A. For information on how you might become a marrow donor, call City of Hope Cancer & Major Diseases Center at 1-818-359-8111; the National Marrow Unrelated Donor Program at 1-800-654-1247.

Designate City of Hope
CFC #0518

Combined Federal Campaign

CFC

Community Calendar

by Joel P. Smith
Star Presidian staff

Women Veterans Week

As part of Women Veterans Recognition Week, the San Francisco Vet Center will display an exhibit on women veterans Tuesday through Nov. 16 from 8 a.m. to 4:30 p.m.

The movie "Invisible Force: Women in the Military" will be shown Wednesday at 5 p.m. Women veterans are especially invited to attend. For more information, call **431-6021.**

Women's V-Day Parade

You're invited to a Veteran's Day Parade in Fremont, Calif., especially dedicated to women veterans. The event is also an opportunity to see film star/comedienne/singer Martha Raye. For more information, call **431-6021.**

Canned food drive

The Presidio Girl Scout and Boy Scout troops will be collecting canned goods in the post housing areas Nov. 17. Collected food will be donated to the Hands-Across-The-Presidio Program, which helps needy families on the Presidio.

Items most needed include canned vegetables, fruit, soup, beans, tuna, and pasta. Unopened packaged foods will also be accepted.

Offices and organizations on the post are invited to participate. Donations may be taken to the Presidio Thrift Shop, Tuesday through Thursday, 10 a.m. to 2 p.m. until Nov. 21.

Sick-leave donations

Dirk B. Henderson, a Presidio employee, is experiencing a medical emergency. Henderson has exhausted his sick and annual leave and would like Presidians to donate their unused leave so he can regain his income. If you'd like to donate leave, please call the Civilian Personnel Directorate, Management-Employee Relations Division, at **561-2598.**

Thanksgiving service

An ecumenical Thanksgiving service will be held Nov. 21 at the Main Post Chapel, building 130 at 11:35 a.m. All Presidians and family members are welcome to attend. Coffee and pie will be served for refreshments.

Training holiday

Nov. 23, the Friday after Thanksgiving, is a post and Headquarters Command Battalion training holiday. Except for designated individuals, soldiers will not have to report for duty that day. According to battalion secretary Sue Ley, "We're supposed to be finishing off the leftovers that day."

EDUCATION FAIR

OFFICERS' CLUB - Main Ballroom

☆ SPEAK WITH

- BAY AREA COLLEGE REPRESENTATIVES
- A VA REPRESENTATIVE
- EDUCATION CENTER COUNSELORS
- A ROTC COUNSELOR

☆ ATTEND THE AWARDS CEREMONY

- LTG HARRISON, guest speaker, 2-2:30 p.m.
- 6TH ARMY BAND performs
- SOLDIERS RECEIVE AWARD CERTIFICATES for accomplishing education goals

☆ ENJOY REFRESHMENTS

TV show surprise

"A Season for Caring" is a one-hour holiday special broadcast live on Nov. 21, from 11 a.m. to noon, that promises surprises for military families with soldiers stationed in the Middle East. The program will be broadcast from Pier 39 in San Francisco, and will be anchored by Channel 7 KGO-TV News personalities. ABC celebrities, local child stars and lots of holiday entertainment are included. A special feature of the show will be a salute to soldiers based in the Middle East.

Presidians are invited to the live broadcast. Children attending will be given a "passport" to Pier 39, which includes: a boat cruise around the Bay on the Blue and Gold Fleet; carousel rides; a visit to the "San Francisco Experience" booth; and a free lunch. For tickets, call Nerissa at **954-7901** as soon as possible.

Job vacancies

The following positions are available for qualified applicants: Child Development Program assistant, $6.19 per hour; club operations assistant, $6.72 per hour; club operations assistant, $7.49 per hour; food service worker, $7.03 per hour; illustrator, $9.68 per hour; lifeguard, $6.35 per hour; motor vehicle operator, $9.13 per hour; Waiter/Waitress, $6.31 per hour.

Bowling Center closure

The Presidio Bowling Center will be closed Monday, the day after Veteran's Day, and Thanksgiving Day, Nov. 22.

Education news

Attention NCOs! Here is your opportunity to learn the new style of Army writing, required by Army Regulation 25-50, taught by experienced instructors in a relaxed, helpful atmosphere. Effective Army Writing will meet at the Ft. Scott Education Center, building 1216, 1 to 3:30 p.m., Nov. 26 to Dec. 12. The course is free and also open to civilian employees. To enroll, or for more information, call an education counselor at **561-2974** or **561-4445.** You can call education counselors at Letterman Army Medical Center at **561-3692.**

Childcare openings

Part-day preschool openings are still available at the Presidio Child Development Center. Moms and dads, your child's success can be positively influenced by creative, stimulating and loving early childhood experiences. Children two-and-a-half through five years of age can explore the adventure of learning from 8:30 to 11 a.m. For more information regarding registration, call 561-3588 or visit building 387, across from the post library.

POWC news

Revel in the splendor of a Victorian Christmas at the Dunsmuir House and Gardens. The tour is one of many offered by the Presidio Officers' Wives' Club. The Dunsmuir house is a 37-room colonial revival mansion and is the site of a "turn of the century" Christmas extravaganza. The mansion is decorated for the season with Christmas trees, tea-partying dolls, crafted ornaments and old-fashioned teddy bears. Cost is $8 each, and must be paid in advance. Reserve your spot before Nov. 26 by calling Ellen Litney at 346-9436.

The POWC also offers a craft class in basket-making Wednesday from 10 a.m. to 2 p.m. at the POWC building. Call for directions. Cost is $5. For more information, call Patty Anderson at **883-7557,** or Jill Phernambucq at **567-7422.** POWC is sponsoring a jewelry sale (which also includes silver and bronze brassware) at the Presidio Officers' Club Nov. 18 from 10 a.m. to 3 p.m.

Wordperfect 5.1 demo

A representative from the Wordperfect Corporation will be at building 603, ISC, Nov. 21 from 1:30 to 3:30 p.m. to demonstrate Wordperfect 5.1. Door prizes will be given away. For more information, call Alyssa Perkins at **561-3287.**

Exploratorium events

"What Goes on Behind Operating Room Doors?" is the Exploratorium's latest one-day exhibit, Nov. 17, 10 a.m. to 5 p.m. The program is designed to take the mysteries and misconceptions out of operating room procedures. Among the instruments, displays, equipment, and models on hand will be those covering kidney transplantation, arthroscopic surgery, plastic surgery, and surgery of the eye and heart. Operating room nurses will be on hand to describe how the equipment is used, and to answer questions about specific procedures.

Japanese wood joinery is the Nov. 17 and 18 craft demonstration at the Exploratorium. Jay Van Arsdale, woodworker and author will demonstrate traditional Japanese woodworking techniques.

Blacksmithing demonstrations will be held Nov. 24 and 25. Bill Gies will practice his fiery craft in one of the giant fireplaces inside the museum.

Admission to craft demonstrations is free with purchase of a museum ticket. Cost is $6 for adults, $3 for seniors, $2 for youths age 6 to 17. Student admission is $4. Members and children under age six are admitted free. All tickets are good for six months.

At the Movies

Presidio Theatre

Fri., Nov. 9: State of Grace (R) 7 p.m.
Sat., Nov. 10: Air America (R) 7 p.m.
Sun., Nov. 11: Funny About Love (PG-13) 7 p.m.
Mon., Nov. 12: Shrimp on the Barbie (PG-13) 7 p.m.

Hamilton Theatre

Fri., Nov. 9: Presumed Innocent (R) 7 p.m.
Sat., Nov. 10: Exorcist III (R) 7 p.m.
Sun., Nov. 11: Presumed Innocent (R) 4 p.m.





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Power shut-down for repairs by DEH crews

Power will be cut off to certain areas of the post Saturday and Sunday from 7 a.m. to as late as 7 p.m. to allow the Directorate of Engineering and Housing to repair electrical lines.

The power outages are scheduled at electrical substations at building 70, 680, 1040 and 1449 to support two repair contracts. These contracts call for the repair or replacement of electrical relays in high voltage electrical systems. They also call for the replacement of a damaged underground cable between buildings 680 and 1449.

The first outage is scheduled for Saturday and will involve substations at buildings 70, 680 and 1449. Areas or buildings that will be affected from 7 a.m. to 5 p.m. are: building areas 70; housing areas 500, 700 and 800 (medical barracks); 1027, 1028, 1029 and 1030; Burger King; buildings 67 and 68 (Telephone Exchange); and gym. no. 1. Buildings that will be without water from 7 a.m. to 7 p.m. are: building areas 680; buildings 681, 682 and 683; building areas 900, 1200 and 1300 (Fort Point buildings and old Fort Point Coast Guard Station); building 1449; building areas areas 1400 and 1700; Central Magazine buildings 1470-73.

Areas that will be without water Sunday from 7 a.m. to 5 p.m. are: building areas 107; building areas T-3 to T-49, 100, 200, 300, 400, 600, 900, 1000-63, 1151-53 and 1160-88; the Fort Point Coast Guard Station (closed); building 1000 (family housing); and buildings 1047, 1050-51, 1060, 1062-64 and 1151-52.

Building 38 will lose power Sunday from 7 a.m. to 7 p.m.

Star Presidian

Vol. 33, No. 46 | "Published in the interest of the people of the Presidio of San Francisco" | November 15, 1990

News Briefs

Veterans Day

More than 2,000 visitors honored veterans of the past Sunday at the San Francisco National Cemetary on post. A memorial service was held at 1:30 p.m. and later in the day Rangers from the Korean War rededicated a grave of one of their comrades and placed a plaque at the site.

Bicycle safety

Wednesday morning at about 7:30 a.m. a bicyclist was involved in an automobile collision on Funston Avenue between Moraga Avenue and Presidio Boulevard. Presidians are reminded to observe safe traffic practices at all times, whether they are on a bicycle, driving a car, or as a pedestrian.

Training holiday

Nov. 23 is a training holiday for all Sixth U.S. Army soldiers on post, and for those assigned to Headquarters Command Battalion. The command wishes everyone a great Thanksgiving and a safe weekend.

PX, Commissary closed

The Main Post Exchange and the Presidio Commissary will be closed for Thanksgiving, Nov. 22. Both facilities will resume service Nov. 23.

CFC donations

The CFC is wrapping up. The last day to turn in your pledge forms is today.

Retired reservists can use PX, commissary

Retired Reserve members awaiting pay at age 60, and their eligible family members may now use any military commissary or PX, the Department of Defense recently announced.

%MEffective Oct. 1, retired Reservists need only present their red I.D. card to be eligible to use Morale, Welfare and Recreation activities which "generate revenue," according to a November DoD message. Until a special I.D. card is issued, family members must present their old I.D. card and a copy of their spouse's orders.

Faces on the Presidio

New feature,
see page 5



photo by Joel P. Smith

Presidio firefighters are honored at a Friday ceremony for their help during last year's earthquake.

Post firefighters honored for earthquake efforts

by Erica Haspiel-Szlosek
Star Presidian staff

Presidio firefighters were honored Friday for their heroic efforts in the fiery Marina District the night of Oct. 17, 1989, after the Loma Prieta earthquake leveled sections of the district.

In a ceremony at the Presidio firehouse, San Francisco's firefighters union—Local 798—presented a plaque to Chief Bill Williams in recognition of the speedy response to a call for firefighters in the Bayshore housing diviision. The plaque saluted the work of 10 Presidio firrefighters who were the first to respond to the Marima fire, arriving minutes after the quake. Other awards included a unit citation to the entire Presidio Firre Protection and Prevention Division and a Certificate of Achievement to Acting Assistant Chief Britton J. Smith, presented by Presidio and Sixth U.S. Army Commander William H. Harrison.

While city firefighters raced to the scene, the Presidio crew, with one engine and two firefighters, assessed damage, got water to the worst blaze and helped find victims in shattered buildings. Smith was on duty and recalled the horror of that night and the decisions he had to make.

"We got a call from the city. They were real excited saying, 'we need help and we need it right now.'"

Without knowing the extent of the damage on post, Smith dispatched Vincent Milano and one other firefighter—all he could afford. Milano, who received a special citation at the ceremony, saved the life of a Marina woman trapped in her home at Divisadero and Beach. He pulled the woman to safety and was later hospitalized for smoke inhalation.

"He was great," said Smith. "The whole crew was outstanding. I'll never forget that night."

Both San Francisco and Presidio firefighters are members of San Francisco Local 798, International



photo by Joel P. Smith

With apparent military bearing, Vincent Milano stands "at ease" while accepting his award for heroism.

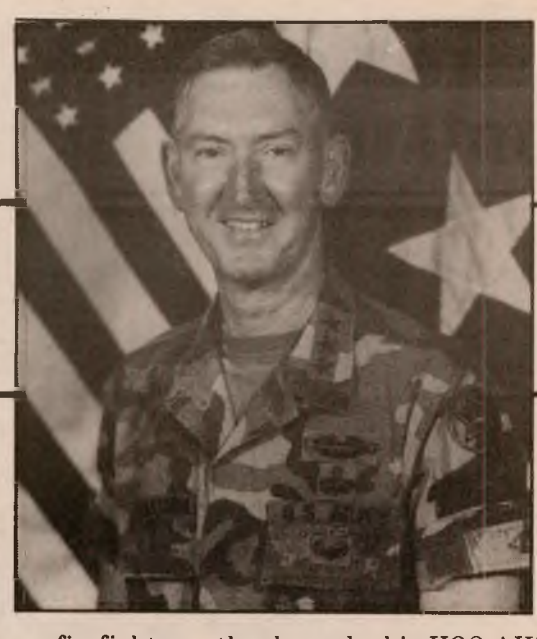
Association of Fire Fighters. Union President Jim Ferguson said the union felt proper recognition was overdue for Presidio firefighters' vital aid that night. The crew worked 135 hours and responded to more than 76 emergency calls during the seven days that followed the quake.

Under a mutual aid agreement, city firefighters have helped douse fires on post, while their Presidio counterparts are on call to help the city when the need arises. Said Assistant Chief Dennis Callahan, who heads the San Francisco Fire Department's Earthquake Task Force, the firefighters "saw what was happening in the Marina, responded and did a great job."

Voices

Presidio View

by Lt. Gen. William H. Harrison



Fly a flag for freedom

Dear Presidians,

Our glorious weather has continued to hold—at least through Tuesday, which is when I'm writing this. We all know we need rain but who can help but enjoy the warm sunny days we have been having? But while we enjoy this wonderful weather and life at the Presidio of San Francisco—a Very Special Place—let us not forget the 200,000-plus U.S. service men and women who are serving in Saudi Arabia. We're very proud of each of them and what they are doing while we continue to pray that a peaceful solution will be found and none of them will have to die in battle. But they are doing their duty—confident in themselves, in their units and in their leaders. They are every one truly HOO AH! and all that that term implies.

Right Arm Night

On Wednesday the 7th, the NCO/EM Club hosted Right Arm Night. I was TDY but my scouts tell me it was a great get-together. Thanks to our NCO/EM Club for hosting this HOO AH! affair.

On Thursday the 8th, Mrs. Harrison and I were honored to participate in San Francisco's celebration of the United States Holocaust Memorial. It was a splendid affair held at the California Legion of Honor. Our always great Sixth U.S. Army band participated—the woodwind quartet played initially and later the whole band performed. In addition, a group of soldiers from Company C, 864th Engineer Battalion, led by Sgt. Lopez, presented a very moving flag ceremony—honoring all the U.S. Army divisions that help liberate the infamousNazi concentration camps. These divisions were the 3d, 4th, 6th, 10th, 11th, 12th and 20th Armored divisions and the 8th, 72d, 45th, 71st, 80th, 89th, 90th, 103d and 104th Infantry divisions. There were several Holocaust survivors present and truly they were touched by this ceremony. To all our soldiers who participated, my thanks for a real HOO AH! performance. It was very much appreciated.

Friday I went to LAMC for my yearly required HIV orientation. I had recently had a physical so I did not have to take the test but I did have to have the orientation. Saw a couple of very interesting movies—especially, the second one. Time marches on—but it was very cleverly done!

Presidian volunteers

Also on Friday I had the great honor to participate in our quarterly ceremony to honor Presidian Volunteers. I am always happy to do this because without this great group of folks we would be hard pressed to provide for our soldiers and family members. To each of the following my thanks and a really big, loud HOO AH!

The following 19 persons received the Commander's Volunteer of the Quarter Award for the period of July through September:

Cynthia Drake - ACS
Betty Carley - Hands Across the Presidio
Lydia Deering - Hands Across the Presidio
Jane O'Donovan - Hands Across the Presidio
Yong Stidham - EO
Leland Eckon - SJA
Debra Long - Girl Scouts
Betty Larkings - Enlisted Spouses Club
Cynthia Stanton - Letterman Auxiliary
Elaine Lemachs - Crisis Line
Anna Rodriquez - USO
Frances Wood - Pastoral Care
Henry Watson - EEO
Patty Anderson - OCWC
Florence Tancredi - Red Cross
Jean Zurez - Creative Cottage
Kevin Boder - Pershing Housing
Stephen Hannon - Youth Sports
Jorge Ramirez - Youth Sports

Three individuals received the Presidio Certificate of Appreciation for departing volunteers:

Joe George - Boy Scouts
Janice George - Girl Scouts
Kelley Williams - Girl Scouts

Ms. Jeanne Mote, our Installation Volunteer Coordinator arranged this affair and I also thank her. For your information, during the period July through September our Presidian volunteers worked a total of 26,085 hours! Now that's HOO AH! and this represents a savings to the community of $183,073.30! Colone Swift and I just do not have the funds to comnit to all these programs if we had to pay for them. So, today when you see a volunteer—SMILE and thank them for all they do to make the Presidio—a Very Special Place.

Honors

Friday was a really GREAT day at PSF. Next we had a very special ceremony to honor our firefighters. The California Professional Firefighters Assn. recognized them for their outstanding support during Quake '89. Singled out for special recognition was firefighter Vincent Milano who, at the risk of his own life, entered a seriously damaged building in the Marina to rescue a wounded civilian. A real Presidian Hero. The Firefighters Union of the city of San Francisco Fire Department also recognized our firefighters which was greatly appreciated. Finally, we here at the Presidio recognized all our firefighters for their heroic work on Oct. 17, 1989, and especially Firefighter Britton J. Smith. Firefighters are a lot like soldiers—not fully appreciated until the fire starts! But then, are we glad they are here! So, to all our firefighters—thanks and a big HOO AH! *before* the fire starts.

Sunday, another beautiful day, was Veterans Day and many celebrations took place throughout the nation. Here in San Francisco the veterans had a big parade. The Sixth Army band led the parade and I rode in a pink cadillac—yes a pink cadillac!—as Grand Marshal. There were many bands, floats, honor guards, scouts, all the services were represented plus many more. It is great to see America honor its veterans—but even more wonderful to see all our veterans of past wars marching proudly and proclaiming for all to see their pride in having served. HOO AH! for all our veterans.

The "Fog Horn" carried an article last week about a group of folks at LAMC. These "Third Party Collectors" have, in the course of their duty performance, collected over $750,000.00 rightfully owed to the U.S. Government. Now that's HOO AH! Our congrats to 1Lt. Rhein, Pfc. Johnson, Pvt. Helfer, Ms. Stratten, and Ms. Muscat.

Next week we will once again celebrate the most purely American of all our holidays—Thanksgiving. This is always a very special, family time for Americans. As you plan your holidays, don't forget our fellow soldiers—especially those in Saudi Arabia. And don't forget their families left here at home. Remember them in your prayers and in your holiday plans. Write to any of our soldiers you may know there. If you need an address or a name, call the Sixth Army PAO. Mail means so much at this time of year. Invite loved ones to share your holiday meal, or join them in a unit dining facility. And don't forget—fly a flag for freedom. Let's see Old Glory flying in the breeze all over the Presidio—what a way to show our support for our deployed forces.

God bless you one and all—have a happy and SAFE Thanksgiving.

William H. Harrison
Lieutenant General, USA
Commanding

P.S. And don't forget CFC. Whatever your gift—small or large—give to help the less fortunate than we. Let's all give something—it's the thought that counts.

"The difference between a successful person and others is not a lack of strength, not all lack of knowledge, but rather is a lack of will."
—Vince Lombardi

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Ask Presidians:

by Drew Seaman
Star Presidian Staff

"Your goals for the next year?"



Pfc. Stacey Britten, medical laboratory specialist, 32/97th General Hospital, Shamblee, Ga.: "I'd like to be back home in Atlanta getting my degree in genetic engineering. But our reserve unit was activated under Desert Shield so I don't know where I'll end up. I just want to get all my bills paid and be a better person."



Herbert Luce, retired first sergeant, United States Army: "I'd like me and my wife to get on the healthy side of life again. You know, get away from the constant doctor visits. I'd like to enjoy relaxing in our home that we just redecorated."



Hortense Vincent, food service worker, nutrition care division, Letterman Army Medical Center: "I hope I still have a job here at Letterman next year. If the hospital closes I guess I could retire, but I'd rather stay here and help others."



Wilma Eppard, military spouse: "I'd like to get a job as an x-ray technician and get my daughter, Missy, into kindergarten. I've done that job for 18 years and I took a break to have my daughter. Even though I'm nationally boarded, I've got to get state boarded first to get a job."



Spec. Kennedy Howard, communications specialist, Information Systems Command: "I plan on taking college courses both on and off the Presidio. I'll major in computer science because that's been my interest since high school."



John A. Young, retired sergeant first class, United States Army: "I'd just like to stay healthy. I recently had a heart attack. It's not only had me quit smoking and eating different foods; it's given me a new outlook on life."

Tenants may be liable for rent after terminating lease

by the Legal Assistance Claims Office, SJA

You may be liable for rent if you terminate a lease.

If your lease doesn't include a military clause," changing duty stations or leaving active duty is not a basis to terminate a apartment lease. If you must terminate a lease without a "military clause," consult the Legal Assistance Office for information about your legal rights and obligations regarding your lease.

A landlord is required to refund a deposit 14 days after you have moved out of the apartment. A deposit should not exceed an amount equal to two months rent (unfurnished) or three months rent (furnished). Amounts of your deposit may be held for unpaid rent and for damages in excess of ordinary wear and tear, but not to routinely clean the premises. He must give you a written explanation of any deductions that are made.

There is a $200 penalty if the deposit is not refunded within the required 14 days. If you anticipate difficulties in obtaining a refund of your security deposit, you should contact the Legal Assistance Office before you vacate the rental unit.

For more information, call the Legal Assistance Office at **561-4273.**

Qs and As for civilians with reserve status

by the Civilian Personnel Directorate staff

With the escalation of events in the Arabian Peninsula, many questions are being raised about the rights of civilian employees with reserve status. The answers below are valid for all appropriated fund and excepted service employees.

Q. What will management accept as an official notification of call to active duty?

A. Military orders.

Q. How are these employees outprocessed by CPD?

A. Employees may use annual or military leave, or may elect leave without pay. Unless otherwise requested, supervisors will prepare a Standard Form 52 for LWOP not to exceed the date on the orders.

Q. Can managers recruit for the vacated position?

A. Yes; however, the Presidio is still subject to the Department of Defense hiring freeze. The Department of the Army has recommended temporary appointments be used whenever possible to avoid reductions in force when the original employee returns.

Q. Can an employee return to his or her position once released from active duty?

A. Yes. The employee has return rights to the former position or one with similar seniority, status and pay. Non-pay time is credited for: probationary periods, career tenure, RIF, retirement and within-grade increases as though the employee had remained in a pay and duty status.

Q. What happens if the position has been eliminated?

A. The employee has rights to a position with similar seniority, status and pay.

Q. What happens if the position has been transferred to another installation?

A. The employee has rights to a position at the new installation.

Q. Can the employee continue Federal Employee's Group Life Insurance while on active duty?

A. Yes, the coverage may continue for as long as 12 months at no cost. After 12 months the employee has the option to terminate or convert to an individual plan.

Q. Can an employee continue the Federal Employee's Health Benefits Plan?

A. Yes, coverage may continue for as long as 12 months provided the employee pays the employee portion of the premium. The policy may be converted to an individual plan after 12 months. The employee may terminate coverage before entering active duty and resume coverage upon return to work.

Q. What about Thrift Savings Plan?

A. No deposits are made to TSP while an employee is on LWOP.

Q. Is annual and sick leave earned while on LWOP?

A. No.

Q. What about retirement?

A. The entire period of LWOP will be credited as military time. Civil Service Retirement System employees who were hired after October 1982, and all Federal Employee Retirement System employees must make a deposit for this service in order to receive credit for retirement purposes. CSRS employees hired before October 1982, need not make a deposit. However, if they do not make the deposit and at age 62 they are eligible for Social Security benefits, their civil service retirement annuity will be recomputed without using this period of time.

Q. What about an employee in a training position. Will he or she still be promoted while away on active duty?

A. Yes, provided all promotion requirements have been met.

Q. Does the employee have to clear post?

A. No. He or she is expected to return upon the expiration of the call to duty.

Q. What are the rights of non-appropriated fund employees?

A. Basically the rights are the same with one exception. NAF employees are responsible for paying the employee share of health and life insurance premiums. For more information about NAF regulations, call Fran Blake at **561-5095.**

For more information about citizen mobilization, call Teri Allred at **561-4452.**

BLOOD DRIVE TODAY AND TOMORROW

AT THE NCO CLUB. CALL 561-4147



"Someone in My Family Went Off to the Middle East."

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Faces on the Presidio

This week the *Star Presidian* starts a new column, "Faces on the Presidio." Units, activities and offices are invited to share their news with the rest of the Presidio. Some ideas for submissions: people who have received awards or completed major training; new programs being started to increase productivity or morale; activities you and your coworkers feel are significant for everyone to know about.

Deadline for submission is Friday at noon for publication the following Thursday. Type your information, and if you are able, please submit a computer disk in MultiMate. Deliver your submissions to the *Star Presidian* office in building 38, room 11. For more information, call **561-3908.** A final note; please be sure to title any submission for this column, "FACES ON THE PRESIDIO."

LAMC

In the last month LAMC celebrated 17 promotions and 11 awards. Some of these included: Lt. Col. Anthony Zold who received a letter from the Surgeon General in appreciation for his superior work in psychology; Master Sgt. Jerome De Saulniers who was awarded a Meritorious Service Medal for work in Korea; Doris Marie Ketchum who was decorated for meritorious civilian service for developing a new respiratory therapy, saving the Army $52,000 over a six-month period.

Other awards for LAMC people went to Maj. Marcia J. Brinkley who received the Legion of Merit for outstanding service as a nurse; Col. Melvin L. Butler who received the Legion of Merit for his work as chief of staff for clinical services; and Col. Joseph F. Hollman who received the Legion of Merit for his work as .the chief of surgery.

DPCA

Education Center

Nearly 40 soldiers received certificates Wednesday for meeting education goals they set for themselves. The ceremony took place at the Officers' Club. Presidio and Sixth U.S. Army Commander Lt. Gen. William H. Harrison was the guest speaker.

Volunteer Coordinator

On Friday the post honored 19 volunteers for their work over the past quarter.

Jeanne Mote coordinated the ceremony which celebrated more than 26,000 hours of time given to the Presidio by dedicated volunteers. Also receiving awards were three Presidians who are leaving the area.

For more information, see page 2.

Reenlistment

Also on Friday, eight reenlistment NCOs and four units received awards at the NCO Club for their work in the reenlistment field. Command Sgt. Maj. Tommie L. Abner presented the awards, and Garrison Commander Col. William D. Swift was the guest speaker.

PMO

The Provost Marshal Office held a sealt belt spot check Nov. 5 on post. One hundred thirty-two cars were stopped and more than one-third of the drivers and passengers were not using seat belts. Provost Marshal Lt. Col. William Reese reports that this will be done on a weekly basis at different times and locations on the Presidio to assure everyone on post drives safely.

DEH

The Preventive Maintenance Shop staff of the Directorate of Engineering and Housing was recently given a fruit basket from a grateful resident to thank them for their good work in quarters.



photo by Adrienne Sims

Timber!

A soldier with Charlie Company, 864th Engineer Battalion on post, hauls fallen timbers out of what used to be building 1817. Located near the old Defense Language Institute-San Francisco, the structure was demolished by engineers Friday.

LEC

The Special Reaction Team finished four days of training from Oct. 22 through 25 in Oakland, Calif. and on the Presidio. The training included: hostage rescue, building clearing, and control and restraint techniques.

In September, soldiers from the SRT finished a two-week SWAT course in Gainesville, Ga., at the Institute of Public Safety.

Company C., 864th Engineer Battalion

Activities have included 11 days of combat training at Parks Reserve Forces Training Area in October, constructing a fence in the 900 area of post and making concrete pads to eliminate damage to Presido concrete during operations.

DEH services reduced as budget tightens



by the Directorate of Engineering and Housing staff

The budget cuts for fiscal year 1991 have deeply impacted the Presidio. The initial impacts, which most Presidians have probably noticed, are those which have affected the contracted services for litter pickup and office-area cleaning.

DEH has been forced to eliminate roadside litter pick-up by contracted workers and only is able to empty trash cans along the roads. DEH employees will be performing this duty. Garrison Command Sgt. Maj. Tommie L. Abner is in the process of getting all soldiers involved in the upkeep of the Presidio as a combined effort between DEH and the troop units on post.

Custodial services to Garrison offices has also been eliminated.

This means everyone who works for the Presidio Garrison must now empty his or her own waste basket into the nearest dumpster. People will also be required to clean their offices.

Custodial services to the Garrison have also been reduced in rest roon cleaning. A new agreement provides rest room cleaning for office areas three times a week. The only exception is the Child Development Center which by lav must receive full service daily. Bachelor officer quarters and bachelor enlisted quarters will still receive rest room and common-area services as well.

Non-Army offices on post—such as the Federal Emergency Management Agency—are receiving services up to the level they can afford. Tenant organizations will receive no cleaning other than rest room cleaning if they cannot provide the additional funding. Letterman Army Institute of Research is receiving full cleaning services until negotiations over legal requirements—especially to the laboratories—is resolved. Letterman Army Medical Center continues to provide full service under a separate contract with the custodial services.

DEH staff is aware these reductions in services will be an inconvenience for everyone, but choices are very limited; reduce costs by reducing services, lay off employees or reduce utility costs. Of these options, the layoff of employees does not bring immediate savings, and utility reduction plans are already in the works.

You can help save money by making sure lights are turned off when they are not needed. Keep thermostats set no higher than 68 degrees for heaters and no lower than 78 degrees for air conditioning—except when lower settings are needed to maintain equipment.

DEH appreciates your help and support. If savings are enough, further cuts may be avoided in the future. As more information becomes available, DEH will run articles in the Star Presidian to keep everyone informed.

Holiday Hints

Why 'happy holidays' aren't always happy

by Army Community Service staff

As you look ahead to Thanksgiving, Christmas and New Year's, ask yourself the following questions: Do you feel the holidays are coming too soon this year? Did you wind up with an empty, letdown feeling when they were over last year? The year before that? Do you often find yourself drinking and eating more than you want during the holidays? Do you sometimes wish you could just skip the whole holiday merry-go-round this year?

If you answered yes to most of these questions, you probably feel the way many Americans do—you're perfectly normal.

It's true. Most adults secretly dread the holidays. Almost everyone finds them disappointing, and many people find them painful. Yet we try to keep these feeling hidden, and put on a happy face, even when we feel miserable. If we are separated from the people we love by circumstances beyond our control, this effort can put us under a lot of stress.

Most people remember their childhood holidays as happier, simpler times and the contrast with the difficulties of adult life—like separation—can be especially painful. Many people hope—consciously or unconsciously—that this year the old, happy, worry-free times will return. This hope takes several forms:

Missing people, places and times that feel lost or far away;

Anticipating some sudden change in our own situation that will make things better again;

Wanting other people to change in some way that would bring them closer to us or make them love us;

Wishing to get what we really want this year, some gift that will make us permanently feel happy;

Year after year, of course, none of these wishes come true. But we still hold onto them because they are a normal part of the process of growing form child into an adult. We all want to bring the pieces of our lives together, and the holidays are the time when this need is the most urgent. Unfortunately, this is also the time when it is almost impossible to make any rational progress. So we cope in some irrational ways, such as:

Spending more money than we want to;

Spending more time on other people than ourselves;

Paying less attention to our needs for sleep, exercise and good nutrition;

Feeling annoyed with ourselves, or people we love, because we expected to be happy instead of tense.

If our best friends were starting to feel tense about the holidays, none of us would tell them to do things. But we do them ourselves, because every year at about this time we lose ability to be our own best friends! If we are in crisis at the same time, it gets even worse.

What can we do? We can find a friend and offer to help him or her get through the holidays if they will keep an eye on us. Then call them several times a week to check in. We can also help someone a lot just by letting them know we are concerned and want to find out how they are feeling. And by doing a good job of listening.

Or we can help a friend find someone else to talk to. Presidians are especially lucky because the Family Advocacy Program **(561-5155)** has trained counselors who can help people manage crisis find treatment. There is even a Presidio Crisis Line **(929-TALK)** with volunteer counselors who can provide confidential help.

Nancy Niederhauser of the Family Advocacy Program says, "One of the best things you can do for friends is to help them find out that they are not alone and that someone will help them get through this difficult time. You can also work as a volunteer on the Presidio Crisis Line to help people you will never know."

ACS also holds a support group meeting for family members and friends of soldiers who may deploy to Saudi Arabia every Friday at noon in the conference room of building 103B.

For help, or for more information about ACS' counseling services, call **561-5155.**

Army sets regulations on Saudi mail

by Joel P. Smith
Star Presidian staff



The Army, in accord with Saudi Arabian law and the Islamic religion, has imposed strict guidelines on the types and amounts of materials you can mail to troops in the Middle East during Operation Desert Shield.

Alcohol, drugs, revealing photos of men and women, guns and knives, reams of Christian literature and wall posters of famous Israeli generals are just a few of the things you shouldn't mail to Saudi Arabia this Yuletide season.

Materials considered pornographic, which an October Army message defines as "photographs of the nude or semi-nude human body and sexually-oriented materials and literature," are prohibited. If mailed to Saudi Arabia, they may be confiscated, said U.S. Postal Service station manager Marie Fleming. Fleming is manager of the Presidio Post Office.

If the offense is severe, Fleming said, the U.S. Postal Service may press criminal charges against the offender. Presidio postal clerk Pamela L. Hayles said several Presidians have unknowingly mailed restricted materials to the Middle East. These materials were removed from their packages and the packages were then delivered.

Hayles doesn't believe every package arriving in Saudi Arabia is inspected, but apparently some are.

"One woman [told me] she sent a picture of herself in shorts and tank-top to her husband," said Hayles. "She said the picture was taken out of the package. They [supposedly, mail clerks in Saudi] told her it was pornography."

Also taboo is any clothing—such as a T-shirt—which glorifies alcohol or drugs. Narcotics, explosives, weapons and pork and pork by-products are forbidden.

Army officials note that graphic material which displays the human torso or reveals a considerable portion of the female figure is considered a violation of Saudi law. Care should be taken in selecting what materials to send to troops in the Islamic realm. Official military publications may contain materials which violate Saudi law. For instance, Soldiers Magazine, which often prints photos of muscular men and women engaged in some activity difficult to perform in ankle-length robes, such as competitive swimming, might be considered improper under Saudi's Islamic law.

Army officials note that religious materials contrary to Islam, intended for mass distribution, may not be sent to soldiers in Saudi. However, "problems are not anticipated with mailing small quantities of religious materials for the personal use of U.S. servicemembers," according to a Department of the Army October message.

Other general tips to follow when mailing materials to the Middle East:

- Don't ship a package weighing more than 70 pounds. It won't be delivered;
- Don't mail a package longer than 108 inches (length plus girth);
- Use heavy cardboard or fiberboard for large packages;
- Don't mail food in glass containers;
- Use a return address (increases your chance of getting damaged mail back).

When securing packages, use packaging tape, not clear or masking tape; these tapes tear easily or peel off, and can allow your package to lose its contents.

If you want a package to arrive in Saudi Arabia before the holidays, you'd best get it in the mail now, Hayles advises. The deadline is Nov. 26. Getting a package in under the deadline doesn't guarantee it will arrive in time; these are merely guidelines to help you beat the holiday letter traffic.

Hayles said the regulations, if followed, will speed your package and help it arrive undamaged. "Some people think they can throw something in an envelope and it'll get there all right. There's a lot more to it," Hayles explains. "If you're going to take the time to send something, do it right."

Mailing addresses for care packages to servicemembers in the Army, Air Force, and Marine Corps are: "Any Servicemember," Operation Desert Shield, APO New York, N.Y. 09848-0006.

For Navy and Marine Corps members on a ship in the region, write: "Any Servicemember," Operation Desert Shield, FPO New York, N.Y. 09866-0006.

Individual unit addresses are: I Marine Expeditionary Force, FPO New York, N.Y. 09503.

82nd Airborne Div., APO New York, N.Y. 09656.

24th Mechanized Infantry Div., APO New York, N.Y. 09315.

First Corps Support Command, Ft. Bragg, APO New York, N.Y., 09656.

c/o Public Affairs Officer, Commander, Middle East Force, FPO New York, N.Y., 09501-6008.

Any Airman, U.S. Air Force, APO New York, N.Y. 09616.

101st Airborne Div., APO New York, N.Y. 09309.

197th Infantry Brigade, APO New York, N.Y. 09315.

Third Armored Calvary Regiment, APO New York, N.Y. 09209.

Leaping Lizards!

Animal House: The Presidio Vet Clinic

story and photos by Drew Seaman
Star Presidian Staff

The mixmatched pair's paths had never crossed until a few brief seconds Oct. 25 in building 668. "Ninety-year-old" Dusty had been transfixed by Lace's emerald-colored eyes.

Dusty has dry skin and flaking dandruff. Lace has bad breath and she needed to be immunized.

They were both patients of the Presidio Veterinary Clinic. They, and other animals, are brought to the clinic Tuesdays and Thursdays from 8 a.m. to noon for sick call and vaccinations. Pet owners who are authorized Department of Defense medical care may call the clinic to make an appointment and receive veterinary services.

"Lace had come into the clinic crying like a baby, but she left purring like a kitten."

Lace, a white "don't mess with the couch" cat, according to her owner Katy Mcallister, will be going to Germany. She needed feline distemper and rabies revaccination shots. The rabies shot was required between 30 days to one year before Lace's entry into Germany.

The feline also needs the rabies shot to remain legally registered on post. All Presidio animals must be registered with veterinary services. "You might as well relax", said Mcallister.

Lace frantically shook her head with disagreement.

Capt. Norman D. Wiltshire, Chief of the Presidio branch veterinary services, set the 10.3 pound cat on a metal scale. "It's just two big flea bites, that's all," said Wiltshire as he injected Lace with the shots. Now it was time to take care of Lace's bad breath.

Wiltshire examined the cat's mouth as Lace squirmed beneath his fingers. Adding up facts from Mcallister's information and Lace's rotten teeth, the vet came to the conclusion that Lace needed a dental cleaning. She also needed her teeth brushed three times a week by her owner. "All that food stays on and between her teeth. Since she can't brush and floss them, the bacteria causes decay and infections."

Lace had come into the clinic crying like a baby but she left purring like a kitten. That was how Dusty saw her when he came prancing into the clinic with Col. Don H. Hampton. This was Dusty's first visit to the clinic.

Dusty had enjoyed a long, happy life but now many of his nights were spent painfully scratching the dry skin irritation on his 19-pound body.

Hampton was at a loss as to what was causing Dusty's discomfort. After an examination of the black and white terrier, "It's not fleas, but it may be his diet or an allergy ", was Wiltshire's conclusion.

"As many as fifty percent of dogs with skin problems may have food allergies," said the Army vet. With no way to pinpoint the cause of Dusty's problem the doctor recommended using a medicated shampoo and brushing the dog daily. The brushing was to stimulate the dog's skin to secrete oil. Hampton was able to get the shampoo at the clinic which offers over-the-counter sales of flea and tick control products, shampoos, sprays, nutritional supplements, and vitamins. Prescription refills and other medications are also sold if approved by the clinic vet.

Every week the clinic examines about forty animals, but not all of them have owners.

Five cats are caged in the back stray confinement area. In the first cage is a small black ball of a kitten who was hit by a car. The clinic nursed the animal back to health and it will soon have a home because a Presidian adopted her.

The other cats are not so lucky. . .yet. In the second cage is a mother nursing her three young kittens. The third cage contains a big white cat with a toothy grin. If you scratch it's head, it will lick your hand and flicks it's tail.

Anyone who wants to adopt a healthy puppy, kitten, dog or cat can call the clinic for information. Adoptions are free except for any vaccinations the animal may need.

Stray animals are picked up on post by the military police and brought to the clinic. They are held for three working days to allow owners time to contact them. Spec. Garry D. Porter, animal care specialist, said Presidio pet owners have a problem with their cats running loose.

Presidians stand a better chance of having lost pets returned to them by registering their animals at the clinic within 15 days of arrival on post. Registration is also a requirement.

The clinic is a very important service to people who love their pets. Unless your dog or cat can dial the phone, you can get information or make an appointment by calling the clinic at **561-3744.**



Lace the feline gets her ears examined in a close-up routine exam at the Presidio vet clinic.



Capt. Norman D. Wiltshire (left) examines Dusty as his owner, Col. Don H. Hampton, briefs the Presidio vet on the Boston terrier's eating habits.



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Sports Briefs

by Joel P. Smith
Star Presidian staff

Bowling Center closure

The Presidio Bowling Center will be closed Veteran's Day (Monday) and Thanksgiving Day, November 22.

CFC tournament

Have fun playing softball and supporting the Combined Federal Campaign. Sixth U.S. Army will host a softball tourney Friday and will donate the proceeds to the CFC fund drive.

The tourney will be at the Fort Scott fields, in front of building 1206, Headquarters Company, United States Army Garrison. Cost is $15 for each team. For more information, or to sign up, call Master Sgt. Preston Cluff at **561-3770.**

Military and civilian employees and their family members are welcome to help the Presidio support the CFC drive.

There are more than 800 organizations belonging to CFC this year. Some are on the Presidio, others are national. All need your donation to help fund their charitable work.

To donate, simply fill out your pledge form. The minimum payroll deduction for soldiers is $24 a year—$2 a pay period. Civilians may pledge a minimum of $26 a year—$1 a pay period. You may designate your gift to as many as five different organizations. See your office keyworker for CFC books, pledge sheets and more information.

YA swimmers

The newly organized Youth Swim Team is recruiting members. Youngsters will work out after school and on Saturday mornings. The first organizational meeting will be held Wednesday at 4:30 p.m. at the Post Swimming Pool. For more information, call coach Michael Koplin at **561-4227.**



Youth basketball registration

The 1991 youth basketball season registration will be accepted until Nov. 22 in post gym No. 2.

Only children in grades three to eight are eligible to register Mondays and Tuesdays from 10 a.m. to 6 p.m. The fee is $20 per child or a $50 family rate for three or more children.

Volunteer basketball coaches are also needed for the upcoming season. For more information, call Allen Posey at **561-5051.**



During "Right Arm Night," Letterman Army Medical Center soldiers participated in a five-person relay race called "centipiede."

Right Arm Night salute

story and photos by Drew Seaman
Star Presidian Staff

"This was a chance for everyone to get out of the office and build unit comaraderie through competition," said Maj. Thomas Cannon, the "Right Arm Night" Master of Ceremonies.

A 100 officers, enlisted soldiers, Department of Defense civilians and their spouses showed up at the Presidio Officers' Club quarterly event Nov. 7 at 4:30 p.m.

Seven games were played by Presidio units' Letterman Army Medical Center, Headquarters Company, United States Army Garrison, 902nd Military Intelligence Battalion, Headquarters Command Battalion and the reserve component, 319th Transportation Brigade. This was the first time a reserve unit participated in "Right Arm Night."

The teams competed in seven events on the main dining area dance floor. One of the featured contests was the "balls in the bucket relay." Players would place a ball between their legs and waddle with it from one end of the dance floor to the other. Once they reached their destination they would squat over a bucket and attempt to drop the ball in it.

Other featured games were the physical fitness relay (consisting of sit-ups and push-ups), backwards/forwards (two individuals, tied back to back, running relays), darts, three-legged relay, centipede (a relay of five individuals tied together) and the fireman's carry.

The Headquarters Command Battalion was the overall winner of the competition.

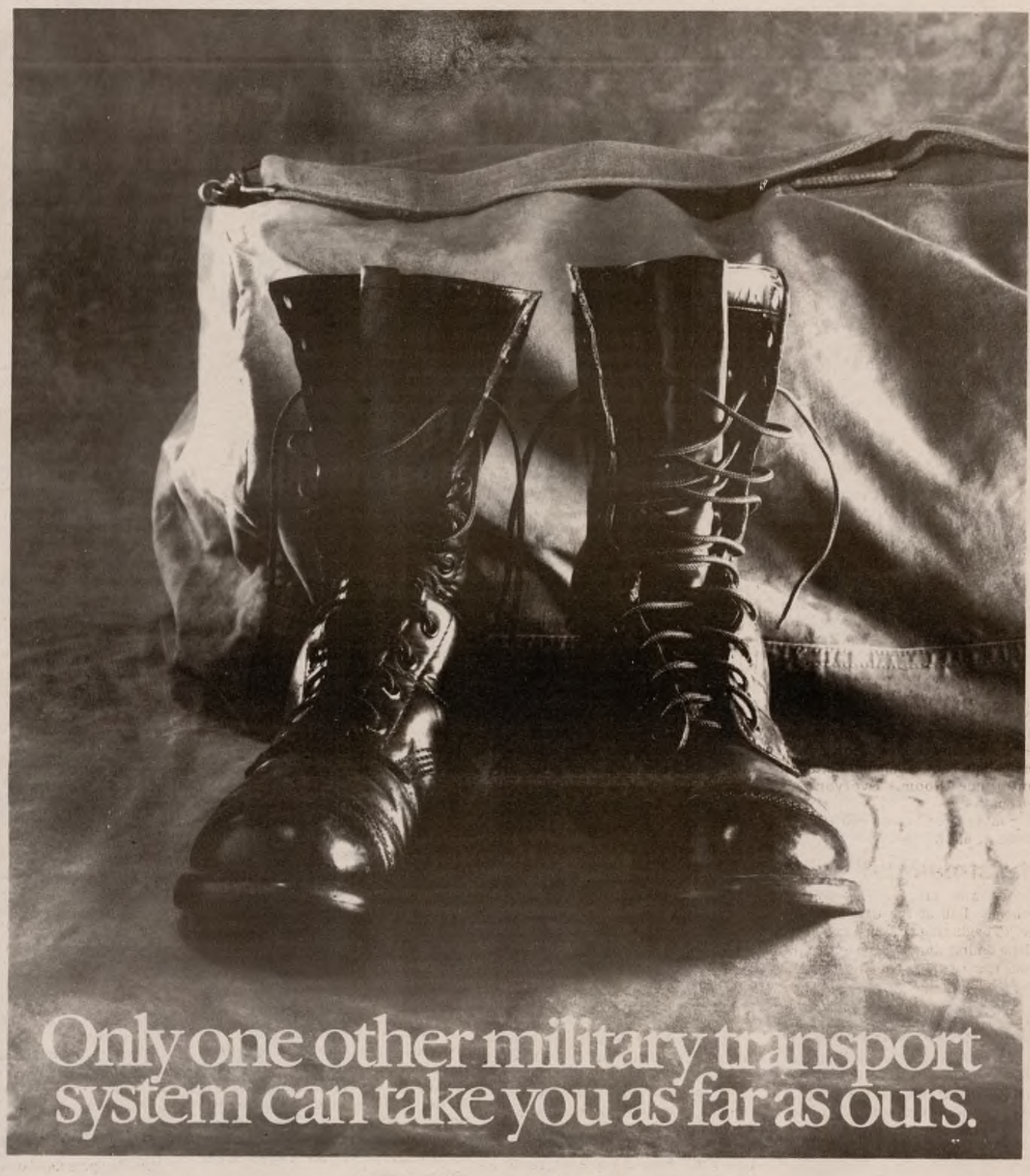
Special fast and slow dance events were held after the games. The fast dance contest was won by the military intelligence group who performed the "electric slide" dance to the tune of ex-Navy sailor MC Hammers' "You can't touch this".

Members of the Sixth U.S. Army Band presented an outstanding performance playing both contemporary and "oldies" music. Spec. Suzanne Green, a flute player and singer for the band, said "the participation from the audience made us play better."

A special birthday ceremony was held for Lt. Col. Phyllis Farson, a section supervisor at Letterman Army Medical Center. She was presented with a birthday cake."



Lt. Col. Lonnie D. Vona, the Headquarters Command Battalion commander took part in the backwards/forwards relay with one of his soldiers.



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Community Calendar

by Adrienne Sims
Star Presidian staff

Sick-leave donations

Dirk B. Henderson, a Presidio employee, is experiencing a medical emergency. Henderson has exhausted his sick and annual leave and would like Presidians to donate their unused leave so he can regain his income. If you'd like to donate leave, please call the Civilian Personnel Directorate at **561-2598.**

Training holiday

Nov 23, the Friday after Thanksgiving, is a post and Headquarters Command Battalion training holiday. Except for designated individuals, soldiers will not have to report for duty that day.

Exchange hours

All Exchange activities other than the Shoppette will be closed Thanksgiving Day. The Shoppette will be open 10 a.m. to 6 p.m. on Thanksgiving Day.

Ed Center hours

The Fort Scott Education Center and Letterman Army Medical Center Education Center will be closed Thursday through Nov. 25. The education centers will reopen Nov. 26 at 7:30 a.m.

Computer Club

The User's Group monthly meeting will be held Nov. 27 from 6 to 8 p.m. in the Headquarters Command Battalion Conference Room. Everyone is welcome.

For more information, call Mark J. Gumbiner at **561-3344.**

Christmas Ball

Presidians are invited to the Christmas Ball at the Officers' Club Dec. 15 beginning at 6:30 p.m.. There will be dining, dancing and entertainment. Reservations must be made no later than Dec. 10.

Wordperfect 5.1 demo

A representative from the Wordperfect Corporation will be at building 603, ISC, Nov. 21 from 1:30 to 3:30 p.m. to demonstrate Wordperfect 5.1. Door prizes will be given away. For more information, call Alyssa Perkins at **561-3287.**

POWC news

Revel in the splendor of a Victorian Christmas at the Dunsmuir House and Gardens. The tour is one of many offered by the Presidio Officers' Wives' Club. The Dunsmuir house is a 37-room colonial revival mansion and is the site of a "turn of the century" Christmas extravaganza. The mansion is decorated for the season with Christmas trees, tea-partying dolls, crafted ornaments and old-fashioned teddy bears. Cost is $8 each, and must be paid in advance. Reserve your spot before Nov. 26 by calling Ellen Litney at **346-9436.**

The POWC also offers a craft class in basket-making Wednesday from 10 a.m. to 2 p.m. at the POWC building. Cost is $5. For more information or directions, call Patty Anderson at **883-7557,** or Jill Phernambucq at **567-7422.**

The POWC is sponsoring a jewelry sale at the Presidio Officers' Club Sunday from 10 a.m. to 3 p.m.



photo by Joel P. Smith

Hats off to history

Michael E. Baldree, a Park Ranger at Fort Point, seems to tip his hat to history. Baldree guides visitors the National Historic Site beneath the Golden Gate Bridge.

Education news

Attention NCOs! Here is your opportunity to learn the new style of Army writing, required by Army Regulation 25-50, taught by experienced instructors in a relaxed, helpful atmosphere. Effective Army Writing will meet at the Fort Scott Education Center 1 to 1:30 p.m., Nov. 26 to Dec. 12. The course is free and also open to civilian employees. To enroll, or for more information, call an education counselor at **561-4445.** You can call education counselors at Letterman Army Medical Center at **561-3692.**

Early-bird PX hours

The Main Post Exchange will open at 7 a.m. Saturday to hold "Early Morning Specials" until 10 a.m. The PX will close at it usual time, 9 p.m.

TV show surprise

"A Season for Caring" is a one-hour holiday special broadcast live Wednesday from 11 a.m. to noon, that promises surprises for military families with soldiers stationed in the middle East. The program will broadcast from Pier 39 in San Francisco, and will be anchored by Channel 7 KGO-TV News personalities. ABC celebrities, local child stars and holiday entertainment are included. A special feature of the show will be a salute to soldiers based in the Middle East.

Presidians are invited to the live broadcast. Children attending will be given a "passport" to Pier 35, which includes: a boat cruise around the Bay on the Blue and Gold Fleet; carousel rides; a visit to the "San Francisco Experience" booth; and free lunch. For tickets, call Nerissa at **954-7901** as soon as possible.

Thanksgiving service

A Thanksgiving service will be held Wednesday at the Main Post Chapel at 11:35 a.m. All Presidians and family members are welcome to attend. Coffee and pie will be served for refreshments.

NAF jobs

Bartender, $7.03 per hour; Cashier, $6.19 per hour; Club Operations Assistant, $7.49 per hour; Cook Leader, $11.61 per hour; Food Service Worker, $7.03 per hour; Waiter/Waitress, $6.31 per hour; Lifeguard, $6.35 per hour; Recreation Assistant; Child Development Program Assistant, $6.19 per hour; Motor Vehicle Operator, $9.13 per hour; Caterer, $20,195 per annum; Food Service Manager, $20,195 per annum.

For more information, call Francis Blake at **561-2947** or **561-5095.**

Red Cross volunteers

The Presidio American Red Cross needs volunteer caseworkers. They will receive classroom instruction and on the job training. The Red Cross pays baby-sitting fees for all it volunteers.

For more information, call the Red Cross at **561-2187.**

Exploratorium Thanksgiving hours

The Exploratorium will be closed Thursday for Thanksgiving. It will reopen Nov. 23 from 10 a.m. to 5 p.m. The Exploratorium is located inside the Palace of Fine Arts in San Francisco's Marina District. Admission to the Exploratorium is $6 for adults, $3 for seniors and $2 for 6 to 17 years. Members and children under 6 are admitted free. All tickets are good for six months.

Canned food drive

The Presidio Girl Scout and Boy Scout troops will be collecting canned goods in the post housing areas Saturday. Collected food will be donated to the Hands-Across-The-Presidio Program, which helps needy families on the Presidio.

Items most needed include canned vegetables, fruit, soup, beans, tuna and pasta. Unopened packaged foods will also be accepted.

Offices and organizations on the post are invited to participate. Donations may be taken to the Presidio Thrift Shop until Wednesday.

Childcare openings

Part-day preschool openings are still available at the Presidio Child Development Center. Moms and dads, your child's success can be positively influenced by creative, stimulating and loving early childhood experiences. Children two-and-a-half through five years of age can explore the adventure of learning from 8:30 to 11 a.m. For more information regarding registration, call 561-3588 or visit building 387, across from the post library.

At the Movies

Presidio Theatre
Fri., Nov. 16: Another 48 Hours (R) 7 p.m.
Sat., Nov. 17: I Come In Peace (R) 7 p.m.
Sun., Nov. 18: Navy S.E.A.L.S. (R) 7 p.m.
Mon., Nov. 19: Don't Tell Her It's Me (PG-13) 7 p.m.
The Presidio Post Theatre will be closed Dec. 21 through Jan 3, 1991.

Hamilton Theatre
Fri., Nov. 16: The Two Jakes (R) 7 p.m.
Sat., Nov. 17: Darkman (R) 4 p.m.
Sun., Nov. 18: The Two Jakes (R) 7 p.m.



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FAMILY

Military family conference held, page 5



TRAINING

Reservists train at Parks RFTA, pages 6 & 7



HEALTH

Armed services' blood supply low, page 9



Star Presidian

Vol. 33, No. 48 | "Published in the interest of the people of the Presidio of San Francisco" | November 29, 1990

News Briefs

Drunk driving to be monitored

In the hopes of keeping the holiday season driving accident toll down, National Drunk and Drugged Driving Awareness Week will be observed at the Presidio from Dec. 9-15.

The program is being developed by the Alcohol and Drug Abuse Prevention and Control Program, according to Skip Przybyla, education coordinator, ADAPCP.

A full slate of publicity activities are planned including a banner across the military police building, pamphlets and blood alcohol content card distribution to all units, and a general information program postwide.

"As we near the holiday season," coordinator Przybyla said, "it is imperative to inform the soldiers, Reservists, retirees and civilian employees about the hazards associated with the careless use of alcohol and the illegal use of drugs."

Retirement funds update

Retiring employees no longer have the option to withdraw the money they contributed to the retirement fund. Those who choose to retire no later than tommorow may still elect to take the lump-sum annuity in a 50/50 payout. One exception that may apply to Presidio employees is that involuntary separation, as would happen in a reduction-in-force or base closure, will allow employees to choose the lump-sum annuity. For more information about the retirement fund, call **561-3016.**

Star Presidian deadline

The *Star Presidian* welcomes your submissions. Simply type your announcement and submit it to room 11, building 38 care of the Public Affairs office. For more information, call the staff at **561-3908.** The deadline is **Friday.**

Health benefits open season

Open season for federal employees is now through Dec. 10. This is your opportunity to join if you are not already enrolled or to change your health plan coverage.

If you are already enrolled and do not wish to change, your current enrollment will continue. However, if you are enrolled in one of the following discontinued plans you must change your health plan coverage: Postal Supervisors Health Benefit Plan; GEBA Health Benefit Plan; NFFE Health Benefit Plan; AFGE Health Benefit Plan; and NAGE Health Benefit Plan.

If you decide to enroll or change your current enrollment, you must file a Health Benefits Registration form. This form is available in most offices and from the Civilian Personnel Directorate receptionist in building 37.

Moffett phone numbers

All phone numbers on Moffett Field changed Monday when the air station switched to a new telephone system. The new prefix is 404. The station operator can be reached at 404-4000. Referral operators will direct callers to new numbers when a disconnected number is dialed.



San Francisco policemen roll out Nov. 20 to lead a convoy of more than 70 'C' Company, 864th Engineer Battalion vehicles to Oakland Army Base, where they are being loaded for transport to Saudi Arabia.

Charlie Company sends vehicles for Saudi port call

story and photo by Joel P. Smith
Star Presidian staff

More than 70 trucks, bulldozers, jeeps, backhoes, scrapers, graders and other heavy equipment streamed off post in three small convoys Nov. 20, marking the inevitable exodus of Charlie Company, the post engineer unit soon bound for Saudi Arabia.

Soldiers with the unit—one of three line companies with the 864th Engineer Battalion at Fort Lewis, Wash.—moved 77 pieces of heavy equipment to Oakland Army Base.

The equipment will be loaded onto a cargo ship which will dock near the Army base, and then proceed to Saudi Arabia, according to Charlie Company Commander Paul F. Cunningham.
Eventually, about 95 "C" Company vehicles will be loaded for shipment.

"We haven't been told when the equipment will ship," said Cunningham. "All I can tell you is that all of our equipment is shipping soon, and we won't be far behind."

The number of Charlie Company soldiers deploying to Saudi Arabia is classified, Cunningham said. The unit employs carpenters, electricians, plumbers, masons and construction engineers to perform a variety of wartime tasks. Some of these tasks include the construction of barracks, headquarters and administrative buildings, dining facilities—anything that is expected to house or service soldiers indefinitely.

"C" Company also builds tank traps, roadblocks, air strips, bridges—any type of obstruction or construction needed to help U.S. troops defend or take territory from an enemy.

"Vertical platoons," as the unit calls them, build; "horizontal platoons" tear down. Some of the things the horizontal platoons make level are the enemies' tank traps, barricades, bridges and other structures.

The unit, called "combat heavy," uses heavy equipment mechanics and operators to accomplish many of these tasks. It was these vehicles that wended through post in a convoy that took 25 minutes to pass from Fort Scott to the Lombard Avenue gate of the Presidio.

Sgt. John D. Meade, a squad leader with the Horizontal Platoon, said his soldiers have been working 16-hour days preparing for the deployment.

"Every vehicle had to have new tires, every vehicle had to be in top shape, cleaned up and painted before we loaded," Meade explained.

"Parts that were difficult for us to get before, like transmission parts, suddenly became priority when we went on alert," he continued.

The company had been on a three-day training exercise at Parks Reserve Forces Training Area in Dublin, Calif., before it got the order to clean its vehicles and have them painted "desert sand" for the Saudi deployment.

"Just coming in from the field made it a little harder—more work to do," Meade said. He added with a note of objectivity, "We train our whole careers for something like this. Now we're getting to apply that training."

Cunningham said the company will be reunited with its parent battalion in Saudi Arabia.

"It's going to be interesting," he remarked. "We haven't done anything with them since [a field exercise in Washington state] in 1989."

Soldiers here are taking care of their personal finances, preparing wills, getting family members ready for a long wait—the last details before shipping.

Because Charlie Company is in the Presidio's

see Charlie, page 3

Voices

Presidio View

by Lt. Gen. William H. Harrison



Fly a flag for freedom

Dear Presidians,

Finally, some much needed rain. Not enough but our parched earth appreciated every little bit. So, even in the midst of rain, it remains a GREAT day to be in as a part of the Army at the Presidio of San Francisco—A Very Special Place.

On Monday, the 19th, I attended part of the Bay Area Annual Conference on military families. It was held at Coast Guard Island this year but PSF and Sixth Army were well represented. Some 20 to 25 of our personnel—PSF, Sixth Army, LAMC, our MUSARCs—attended and participated. The separation caused by DESERT SHIELD remind us of the great need to care for our families and makes it very personal for each of us.

On Wednesday, the Command Group had an outstanding Pot Luck Luncheon—great warm up for Thanksgiving! Occasions such as this are great for morale and esprit and I will not mention how good to the taste they are. I hope other staff sections do such things to enhance the holiday spirit at the work place.

Promotions are always special but some more so than others. On Wednesday afternoon, the 21st, the Carkuff family got a head start on Thanksgiving. Mike was promoted to Colonel. Carol, his wife, and his dad assisted me in pinning on his new eagles. I know he will wear them with pride and honor. I know you all join me in congratulating and wishing well our BRACO Chief on this most special occasion. HOO AH!

Thanksgiving—that most special American holiday—was glorious at PSF. I visited the 864th dining facility at about noon. The folks there had gone all out to decorate and prepare the traditional turkey and the trimmings meal. The folks I saw and talked to looked well fed and they all expressed their appreciation for the cooks and other employees. It was a HOO AH! feast.

I then visited our on-duty MPs, the fire station, the duty officer personnel, and the folks working hard in the Emergency Operation Center (EOC). With Sixth Army busy mobilizing units for Saudi Arabia the work never stops. Then it was on to LAMC and the super meal they always put on for the holidays. The dining facility was full and alive with happy chatter and appreciative eaters. The LAMC mess personnel always really put on a magnificent spread and this year was no exception. As I toured the kitchen, I was assured the patients who could not come down were not forgotten, so everyone should have had a great meal. I sure hope so—I hope it was all HOO AH! even though some were in the hospital.

On Friday, I traveled to Seattle to visit the 50th General Hospital—a unit of the 124th Army Reserve Command which had been mobilized on the 21st of November. This is one of the largest hospital units in the U.S. Army system—a 1000 bed capability. They are Federalized now and are undergoing training and preparation for movement to Saudi Arabia. It was difficult, closing out personal affairs and telling families good-bye over Thanksgiving, but they were "dealing with it." I was very proud of the unit and all its soldiers. All the ones I talked to accepted their responsibility and were preparing to go—they didn't like it but they were doing their duty. We can ask no more. Their attitudes were HOO AH! although they recognized they had some training yet to do. We wish them well. Stay safe and be professional.

Saturday night, Mrs. Harrison and I were guests of the Captain and crew of the recently arrived USS Abraham Lincoln, aircraft carrier 72 of the U.S. Navy. My, what a magnificent vessel. I had the opportunity to welcome them to the Armed Forces community in the Bay Area, to assure all the other guests that all the services work well together and operations such as DESERT SHIELD highlight our dependence on one another and our respect for one another's different missions. Then I took the opportunity of being there on that great fighting machine, among all those Navy personnel, to leave them with four little words—"GO ARMY, BEAT NAVY!!" That sure brought lots of huzzahs—not HOO AH!! But it was all in good fun competition. If any of you have an opportunity to visit USS Abe Lincoln, do so. It is truly an impressive "floating city." And welcome our fellow service personnel—the Lincoln crew—to the Bay Area military family.

Sunday was a great day for running and my aide and I did. We ran the "Run To The Far Side" race in Golden Gate Park. Super race. I saw a couple of band members but the rain must have scared off our usual running crowd—or I missed you. Anyway, it was a fun race followed on Monday morning by lots of unit PT, great jody cadence and lots of esprit. Hope I'll see you all at this month's Fun Run on Friday the 30th. I understand we have some civilian employees from DEH that have asked to join us—come ahead—the more the merrier! And we all need to be fit. So, walkers or runners—come on out for a great time at PSF—a Very Special Place!

I'm sure many of you have seen the increased activity at PSF as several Reserve Component units are mobilizing here and the Garrison is working hard to get them ready—training, equipment, and personnel-wise. In addition, I know all of you know by now that Charlie Company, 864th Engineers has been alerted and will depart soon. So, this operation has gotten really close to home. I have been very proud of our Garrison staff and all their hard work, and needless to say, the soldiers of the C/864th have performed magnificently. I know all of you join me in wishing them well along with the RC units mobilizing here. We'll do our best to get you ready in great shape and our thoughts and prayers will go with you. We'll do our best to care for your families while you're gone and we'll support you 110% while you're away. Take your HOO AH! along and we'll stay HOO AH! here.

Finally, this week—remember—1) Fly a flag for freedom—let's see those flags sprout all over PSF in support of our soldiers in Saudi Arabia. 2) Write to a soldier—or sailor or airman or marine—in Saudi Arabia. Did you see the cover article in Newsveek magazine about how important mail is to our service members. Send them a card or letter and let them know we care. 3) If you haven't, please contribute to CFC. It's a worthy cause and any contribution helps. Let's help those who can't help themselves.

God bless you every one.

William H. Harrison
Lieutenant General, USA
Commanding

"To love what you do and feel that is matters—how could anything be more fun?"

—K. Graham



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All editorial content of the *Star Presidian* is prepared, edited, provided, and approved by the Public Affairs Office of Headquarters Sixth U.S. Army and Presidio of San Francisco, California. The *Star Presidian* is printed by Coast Publishing, a private firm in no way connected with the Department of the Army, under exclusive written contract with the Presidio of San Francisco, California. The civilian printer is responsible for commercial advertising.

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Ask Presidians

by Drew Seaman, Star Presidian staff

"Your proudest accomplishment?"



Pvt. 2 Barbara Jordan, medical specialist, Letterman Army Medical Center: "Joining the Army. I was a hell raiser. The military calmed me down."



Petty Officer 3rd Class Sydney Barnwell, medical specialist, U.S. Navy: "Having a plan for my future as I get out of the Navy. I'll have a job and college courses in the medical nursing field."



Iver A. Peterson, retired colonel, U.S. Army: "I'm proud of having spent 30 years in the military. It took a lot of dedication and hard work."



Robert Davis, information receptionist, Letterman Army Medical Center: "I like helping patients and family members. It makes me feel good to know that I can assist them with what they need."



Pvt.2 Jared Angermeier, on medical hold, Letterman Army Medical Center: "Getting through basic training in February. It was tough at Fort Knox, Ky. It's the most difficult thing I've ever done."



Spec. Paul B. Blendu, medical specialist, Letterman Army Medical Center: "Moving from Mannheim, Germany, to the Presidio. It's definitely a lot better here and it gave me the chance to marry my high school sweetheart."

Hospital Christmas has spirit

by Presidio Officers' Wives' Club

If you're looking for Christmas spirit, listen to Betty Voris.

She'll take you into a still room at the Fort Miley Veterans Hospital on Clement Street, where an old soldier lies comatose. Two non-singing women, who have broken off from the main group of carolers, leave a brightly wrapped Christmas package on his bed.

"Sing to him," a nurse suggests as they tiptoe out. "He might hear you." They return to his bedside and awkwardly begin. "Silent night, holy night," they murmur. The nurse nods encouragement, and they gradually pick up steam. The man never opens his eyes or changes position, but his lips begin to move. By the time they reach "Sleep in heavenly peace," he is silently singing along.

In another room, a woman hands a red-bowed box to a sullen-looking man in his early 40s. He is too young, she thinks sadly, to have come to this.

"Why are you giving me a present?" he asks bitterly. "I haven't had a gift since I was six years old."

She gives him another package to go with the first. "The soldiers and families at the Presidio care about you," she says softly. "We want you to know that."

"When she looks back later, he is still staring at the two wrapped boxes cradled in his arms.

Down the hall, arthritic fingers eagerly tear into another wrapped box. A World War II veteran pulls out a Navy blue stocking cap and instantly puts it on his head. "My very own hat," he exclaims delightedly. "Now I can go outside."

"It was such a small thing," Voris said, "but he absolutely loved it."

For the Presidians who make the annual pilgrimage to the nearby hospital, those moments are beyond compare. For an hour or two, all of them feel like Mother Theresa as they bring their gifts to the loneliest of the lonely, the poorest of our country's poor—
veterans who don't even possess underwear.

The postwide project of taking Christmas to the veterans began in 1981 with a group from the Presidio Officers' Wives' Club, which continues to sponsor the project.

Voris, who has been the coordinator for the past eight years, remembers the project's humble beginnings.

"There were only five or six of us, and we weren't prepared for over 400 patients. I'll always remember caroling through the halls, with patients following us in their wheelchairs, and feeling so sad that we'd run out of gifts. Many of the patients have no one at all, and that first year too many got nothing."

With the help of many generous Presidians, each patient got at least one present last year, and Betty is hoping that this year's response will be even greater. Because it is often cold in the hospital, she suggests house slippers, sweat shirts, and flannel pajamas for ideal gifts. Socks, T-shirts, toiletries, games and books are also popular with the patients. Betty asks that donors wrap their gifts and attach a label of the contents on the outside of each package.

In addition to gifts, cash donations are also sought to provide the underwear and other items so many patients desperately need (The PX gives the POWC a bulk discount on many of the gifts). Cash donations also provide fresh fruit and small decorated Christmas trees for the rooms with the bed-ridden patients.

Volunteers are also needed to bake the cookies and candies that symbolize so much more than something to eat for those patients without relatives or homes.

Everyone who can break loose at 12:30 p.m., Dec. 17, is invited to meet in front of the Officers' Club to take a bus to the hospital. Volunteers are needed to carol as well as to distribute gifts and baked goods. "You don't have to sing to join us," Betty says. "We always need people just willing to help out."

Gifts can be given to any POWC member or taken to the Officers' Club, Dec. 6, from 11 a.m. to 2 p.m. Checks made payable to POWC Veterans Christmas can be mailed to treasurer Pam Hughes, 541B Presidio Blvd., San Francisco, Calif. 94129.

For more information on how we can all work together to continue the success of this project, call Betty at **285-1551.**

Crime-proof your vacation

by the Crime Prevention Office

Now that Halloween has passed, we are moving on to bigger and better holidays that involve a little more celebration.

Yes, I'm talking about those extended weekends, you know, the ones you plan trips on to places that don't resemble work or the military.

Ah! But wait! Who else is planning those trips? Will there be someone around? Big vacation time, huh? Have you thought about who is going to feed the animals if they're not going? Who will keep your mail so it doesn't stack up? Who will turn your lights on and off while you're out so it looks like someone is home? Gee, have we thought ahead that far yet?

Keep in mind that while you plan all these exciting trips, even little trips, some "booger" out there is casing homes and making plans of their own to take away what you've worked so hard to get. How much planning do you put into making a trip? You need to put an equal amount of planning into both.

Let me lay out a quick checklist that can be easy reference material for you when you're really excited and not thinking clearly:

- Inform your neighbors of your absence so they can be extra alert for suspicious persons;
- Leave a key with them so your home may be periodically checked and ask them to vary the shades and blinds for the occupied appearance;
- Have the telephone temporarily disconnected. Burglars love to call and find out ahead of time if anyone is home; they're not big on announcing their arrival;
- When you leave, don't publicize your plans. Only your supervisors and neighbors should know you plan on taking a stress break;
- Should you or your neighbor find a door or window open that shouldn't be, DO NOT ENTER the house, especially if you can see signs that someone has forced his way in. The criminal could still be inside sneakin' and peekin'. Contact the police immediately!
- Don't try to clean up anything should you find things in shambles. Try to stay out of the area completely; you might destroy valuable evidence. Wait for the police to arrive.
- REMEMBER, lock your door before you leave
- Trust a neighbor with a key to your house;
- Be a concerned neighbor yourself!

Be careful during all the holidays! Keep in mind, with Christmas just around the corner, people are going to start needing money; don't give them the opportunity to take yours.

Charlie continued from page 1

finance and personnel records system, company officers have to work out a way to continue service while soldiers are deployed in the middle east, Cunningham said.

Soldiers also have to draw their entire desert uniform issue, including nuclear, biological and chemical warfare supplies.

Now that most of their equipment has been serviced and is awaiting shipment, soldiers have more time to work on these personal, but very important, details. They also have some time to consider what it will be like to serve in the desert and how they will face war if it should break.

"I'm a little scared," said Spec. Thomas C. Rockstead, a carpenter and company clerk with Charlie Company, "but I think it's time we started doing something about [Hussein.]"

"This is the good time—right now," Spec. James C. Crawford, a "C" Company electrician, believes. "[Loading up the equipment] is a big weight off, but there's still a big weight hanging over us, too," Crawford explained.

"The hard part is when we get on the plane and start for Saudi Arabia."

JUST IMAGINE!

A Christmas alone. Away from home.
Without family. Without Friends.
A Christmas many serving in
the Armed Forces around
the world may face
this year.
And ...



"Be strong and of good courage;
do not fear or be in dread of
them: for it is the Lord your
God who goes with you;
he will not fail you
or forsake you."
Deut 31:6

You are invited ...

to a Yellow Ribbon Christmas Celebration! to do something about it.

Who? A variety of vocal, choral, instrumental and youth talent in ...

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When? December 1, 1990, at 7:00 PM

Where? Seventh-Day Adventist Church, 2236 Parker Street, Berkeley, CA, 94704

Why? To join the rest of us in showing our love and support for those serving our Country. Relatives. Friends. Any Soldier. To show them they are not forgotten. Not forsaken. By us. Our Country. Our God. Recordings of the program will be available for mailing to service personnel and/or their units.

Do come and make this a special Christmas for someone away during the holidays. A $5 donation is requested at the door to defray expenses. For further information call Ellen Thomson at 527-8880 or 748-6080.

RSVP

- ❑ Yes, I will be attending the Yellow Ribbon Christmas Celebration.
- ❑ Yes, I would like to purchase a tape of the program as a Christmas letter for someone away during the holidays. Enclosed is ($12 per audio tape / $20 per video tape) and the name and address where the tape will be sent. *Messages From Home* will see to it the tape is sent for the holidays.
- ❑ Yes, I would like to have someone specially mentioned in the course of the Christmas program dedications.

Name:_____ Rank: _____

Address: _____

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Gail H. McGinn, Director
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Oak Grove

Family News

Annual conference on military families draws 100

by Drew Seaman
Star Presidian staff

Jo Harrison, wife of the Presidio and Sixth U.S. Army commander, chased her husband for seven years before, in her words, "we were on the same side of the pond."

"I married my husband when he was a major," she said. "I never went through struggling on the small checks that lieutenants or enlisted soldiers go through early in their career."

However life wasn't always rosy. Mrs. Harrison witnessed many military families barely making it from paycheck to paycheck. She also saw many families unable to make it because of unique stresses that a military career can cause. "In the small town I came from we took care of each other," she said. "I grew up learning to care for others and that's why I'm involved."

Jo Harrison was a group speaker and representative in one of the many classes offered at the Fourth Annual Conference on Military Families. The Nov. 19 event was attended by more than 100 people at the Coast Guard Island in Alameda, Calif.

"We're all part of one family in common concern for the military family," said Thelma Peck, the conference coordinator. The conference was an opportunity for chaplains, ombudsmen, counselors, therapists and other service-related fields to affirm the commitment of the Uniformed Services to quality of life for the families of their personnel.

The event was planned by a steering committee made up of representatives of the U.S. Army, Navy, Marines, Air Force and Coast Guard Services in the greater San Francisco Bay Area.

Peck urged everyone to share ideas, learn new things and sharpen their skills in assisting military families. "Military families are shifting roles and responsibilities, especially our reserve forces," she said. "Children are saying goodbye as many military members are answering the call of duty in light of Desert Shield."

Robert R. Munroe, senior vice-president and manager of Marketing and Government Operations Bechtel National Inc., said, "We have to give our forces and their families our best so they can give their best, which is our nation's winning edge."



photo by Drew Seaman
Brig. Gen. Peter W. Lash addresses the military family conference.

Some classes offered were: The Military Family in Crisis: Effective Short-Term Interventions; Identifying and Responding to the Needs of the Single Service Person; and Change Management for Leaders. A class titled "The Military Family: A Profile of Success" discussed how "healthy" military families function and the unique problems they face that civilian families do not.

During the class, a U.S. Coast Guard master chief's wife commenting on the early years of their marriage 18 years ago, said, "You have to definitely manage your money. When poverty comes in the front door, love goes out the other."

Another master chief's wife, married for ten years, commented, "It took me more than seven years to become a 'military' spouse."

The spouses also responded to the question "Our husbands or wives are in the military, we (the dependent spouse) are not. Why should we accept the doctrines that our spouses accept."

One woman spoke up. "It's a choice for better or worse. I didn't get married to be the wife of a 23-year service Navy sailor. It's something you learn to grow with. A question of pride."

Another woman said the military families' welfare should be a number one priority of the government because, "if momma's happy, she can make everyone happy."

A U.S. Marine commander's wife said she has moved 22 times in 25 years. "In the beginning the move was the big stress," she said. "No one wants to do it, but the longer you're in and supporting your spouse, the good always outweighs the bad." Eight classes were held and none offered any definite solutions. The conference was only a forum to see what problems the military family faces today and in the future: more male spouses as the number of women in the services grows, and the increasing number of elderly parents of service members and the facilities they will need. Solutions would come as the problems were recognized.

As one spouse said, "The 'healthy' military family is not always a happy family - but that's all right".

Safety tips for Christmas toy shoppers

by Evelyn D. Harris
American Forces Information Service

Child-development experts say that play is children's work: It's how they develop the skills to be competent adults. Unfortunately, many children suffer on-the-job injuries.

Last year, some 148,000 toy-related injuries sent kids to hospital emergency rooms. Of these, some 122,000 involved children under 15, according to Debbie Tinsworth, a statistician for the Consumer Product Safety Commission.

While few injuries resulted in death or permanent damage, there were some fatalities: Most involved choking on balloons or small balls. Tinsworth said that not all of the choking incidents involved younger ages. Five- and 6-year-olds choked on balloons, she said.

Other toy-related deaths and serious injuries involved riding toys that kids rode into traffic or swimming pools. Small children riding on the driveway can easily go into the street, not realizing drivers may be unable to see them, she said.

The Consumer Product Safety Commission lists bicycles and skateboards separately from toys. In 1989, about 515,000 bicycle injuries and 65,000 skateboard injuries sent people to the hospital.

Three-quarters of the deaths from bicycle accidents involve head injuries, so Tinsworth recommends giving a helmet along with the new bicycle. The Safe Kids Program, part of the curriculum at DoD Dependents Schools and most public schools, emphasizes the importance of wearing helmets. But helmets are not the only recommended safety gear.

"An attentive parent is the best way to ensure safety," said Richard Ziegler, chief of the Army and Air Force Exchange Service's Technical Branch for Quality Assurance. "Parents have to watch while they're shopping and while their children are playing. In addition, they have to remember the importance of maintenance. For example, some bicycle accidents are the result of improper maintenance. Toys for younger children that were once safe can break and become unsafe."

Ziegler said parents have to maintain toys for younger children and to teach older children the importance of maintaining their own things—for example, keeping bicycle spokes tightened and tires inflated. He also said parents with children of several ages have to teach older children to keep inappropriate toys away from their younger brothers and sisters.

The Consumer Product Safety Commission and the military exchange systems work together to spot unsafe toys and to keep them off the market. Some things quality assurance people want to avoid are:

- ❑ Sharp points and edges;
- ❑ Small parts on toys for young children;
- ❑ Loud noises that can damage hearing;
- ❑ Absence of appropriate warnings, such as the warnings on cap guns not to fire them near the face or head;
- ❑ Burning hazards, such as toy stoves that can burn a child;
- ❑ Strangulation hazards; and
- ❑ Entrapment hazards, such as toy chests that can smother a child or injure him if the lid falls.

However, said Ziegler, "Safety warnings and well-designed toys are no substitutes for proper supervision of children."



Training



Two 114th Medical Detachment soldiers check each other's MOPP gear for proper wear.



Sgt. 1st Class Michael Wood, a U
343rd Medical Detachment soldie



Sgt. Larry Reed, a Presidio Headquarters Command Battalion training and ammunitions NCO, inspects Reservists nine-millimeter pistols after they had qualified with their weapons.

Reserve

**story and photos by Drew Seam
Star Presidian staff**

What's a soldier? "He's lik
he can do anything like
himself and he's real big
Veronica Johnson, a young girl i
Dublin, Calif.

She and a lot of other people wl
the military may think a soldier i
hell-bent on going to war, but th

Spec. Luis Alvidrez was with hi
343rd Medical Detachment, train
Reserve Forces Training Area in D
in the Army ten years and he's st
soldier. During a Nuclear, Biolog
Training exercise, Alvidrez was a
to put on his mission-orientated
gear. "I've never worn this befo
eyed the green bulky suit with
overshoes.

The 343rd from Hamilton and
Detachment from Los Angeles ar
23 to brush up on their soldiering
tense training days.

"We want these units ready to
if they're called up in Desert Shiel
Steven Gomez, a trainer from the
Group. "We've got a lot of worl
these soldiers are motivated an



Inited States Army Garrison chemical operations sergeant, helps a
er adjust his MOPP gear.

units train for war

an

e Rambo. Uh huh,
fight forty men by
", said six-year-old
n a restaurant in

ho don't deal with
s a skilled warrior
at's not true.
s reserve unit, the
ing at Camp Parks
ublin. He has been
ill learning to be a
ical and Chemical
t a loss when told
protective posture
re," he said as he
its strange rubber

the 114th Medical
rived at Parks Nov.
skills for three in-

roll and fit to fight
d," said Master Sgt.
Presidio Readiness
ahead of us, but
d they know what

they need to accomplish."

The medical units, if sent to the Persian Gulf, would have the mission of evacuating wounded soldiers and bringing them medical treatment.

One of the first things the units were evaluated on was the proper wear of MOPP gear and decontamination of their skin and equipment from NBC agents. The only major problems came from soldiers unable to quickly don, clear and check their protective masks in nine seconds. According to Cpl. Steven Gwin, an NBC trainer, even with early minor problems the soldiers would be "ready to survive in a chemical environment with practice. You've got to realize they can't be experts at this when they only train one weekend a month."

The soldiers fired nine-millimeter pistols and the M16A1 rifle. To build confidence in their protective masks they were shuffled through a gas chamber filled with tear gas.

Training like this is typical for active duty and reserve forces soldiers, but the stakes are a lot higher with the possible conflict ahead in the Gulf.

Alvidrez, a food service worker and vender at the Oakland Coliseum, said his family and friends constantly ask him about the current situation brewing in the desert sands halfway around the world. He said, "If I have to go, I'll go. I'm not eager to go into battle, but I love my country and I'll do what I have to."



Spec. Valerie Neck, a Presidio Air Delivery Section rigger, takes a break during the Army Reserve units' M16A1 rifle qualifications at Camp Parks. She was on detail to load ammo for the soldiers.

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Sports/Health

Sports Briefs

by Joel P. Smith
Star Presidian staff

Youth swim team

The Youth Services Swim Team is actively seeking swimmers interested in joining the team. Workouts are after school and on Saturday mornings. Call the coach, Maj. Mike Koplin, at 561-4224 for more details.

Youth ballet lessons

Ballet lessons for youngsters five years old and up are now starting. The classes meet twice weekly for one hour and cost $40 each student, each month. For additional information, call the Youth Services office at 561-5143 after 1 p.m. on weekdays.

Youth basketball sign-ups

Sign-ups for the Presidio Youth Basketball Program will be extended until Dec. 13. Boys and girls in grades 3-8 are eligible to participate. Parents may sign up their child at post gym no. 2, building 1152, Monday through Friday, 10 a.m. to 6 p.m.

Registration fees are $20 for each child, or $50 for a family rate (three children or more). Volunteers who wish to coach are also being sought. For more information, please call Allen Posey at 561-5051.

Jazz dance lessons for youth

Jazz dance lessons for youngsters five years old and older are now starting. The classes meet twice weekly for one hour and cost $45 for each student, each month. For more information, call the Youth Services office at 561-5143.

Christmas holiday sports tournaments

The Sports Branch of the Community Recreation Division is offering a variety of sports tournaments for Presidians during the Christmas holiday season, Dec. 17 to Dec. 28. Tournaments will be in the afternoon. Entry fees will be charged to cover the cost of awards and other expenses.

All scheduled sports are open to all soldiers, Department of the Army civilians and family members, 19 years old or older, assigned or attached for duty at the Presidio. Teams may consist of any mix of soldiers and civilians, or be homogenous. The following is a list of the sports offered, entry fees, and times (all scheduled activities are being held in gym no. 1:

Sport	Entry fee	Time
Racquetball	$5 each event	11:30 a.m.
Dec. 12		
Volleyball	$25 each team	noon
Dec. 12		
Basketball	$50 each team	12:30 p.m.
Dec. 12 (full court)		
Basketball	$20 each team	12:30 p.m.
Dec. 12 (half-court)		
5K Fun Run	$3 each person	Dec. 28
Swimming	$3 each event	Dec. 20
Bowling	$6 each event	Dec. 17 to 21

Three divisions—mens, women's and seniors—will be operated in the racquetball competition. Bowling will feature team, singles and doubles competition. For more information about scheduling and events, call the Sports Branch at **561-5032.**



Blood donors: our supply is your supply

by MSgt. Mary A. Peterson, USA
American Forces Information Service
and Star Presidian staff

Each year in the United States, more than 12 million units of blood are collected nationwide to meet medical demands. In the armed forces, 200,000 units are needed annually to meet peacetime requirements; much more, of course, would be needed in wartime.

The Armed Services Blood Program Office is joining forces with the American Red Cross, the American Association of Blood Banks and the Council of Community Blood Centers in emphasizing that donated blood is a year-round need.

The Armed Services Blood Program Office is a joint agency that coordinates the military's blood program.

The blood collected by civilian blood agencies, such as the Red Cross, remains under civilian control. However, about 99 percent of the blood collected on military installations by Armed Services Blood Program elements is used within the military system, said Army Lt. Col. Anthony Polk, agency director. That fact explains their motto, "Our Supply is Your Supply."

"We collect from the service member, family member and DoD civilian employee on the military installations to provide quality blood products to the more than 200 military treatment facilities worldwide," Polk said.

The shelf life of red blood cells is about 35 days, Polk said, so blood stocks must be rotated. "Local military treatment facilities must support themselves first. If needed, units of blood will be exchanged with other military organizations. In emergencies, blood is exchanged with civilian blood programs so that the blood isn't wasted," he said.

Many people are surprised to learn that normally the military medical facility must pay the administrative cost for units of blood obtained from civilian blood agencies. "Right now," Polk said, "the cost is $50 to $75 per unit." Polk expects the cost to go up as the medical community discovers the more precautionary testing that must be done to consider the supply safe.

Each unit of blood is currently tested for AIDS—acquired immune deficiency syndrome—hepatitis A and B and some sexually transmitted diseases such as syphilis.

Giving blood is perfectly safe, and there's no risk of getting AIDS by being a donor. Blood is drawn using sterile, disposable needles and connecting tubes. The collection bag contains only the donor's blood. To ensure the safety of blood donors, the Federal Drug Administration regulates the manufacture of the blood-collection materials as well as the operation of all blood-donation centers.

Blood drive

Letterman Army Medical Center and Letterman Army Institute of Research will hold a blood drive Friday in the Schwartz Theater from 7:30 a.m. to 1:30 p.m.

Sex-related enzyme deficiency affects alcohol intoxication level

by Evelyn D. Harris
American Forces Information Service

In *Raiders of the Lost Ark,* Indiana Jones' petite, tough lady friend could outdrink any man who came into her bar in the Himalayas. But nearly everything about that scene (and the rest of the popular adventure film) could happen only in the movies.

In reality, research has shown that alcohol affects women more quickly than men. Researchers for years assumed women got drunk after having fewer drinks than men because they are normally smaller. Also, they have less fluid per pound of body weight, so the alcohol in the blood of a 150-pound woman is diluted less than that in a 150-pound man. Now it turns out there may be more to the story than that.

New research published recently in the New England Journal of Medicine indicates women may be more vulnerable to alcohol's effects than men because they don't digest alcohol in the stomach as well.

Researchers from the Veterans Affairs Medical Center in the Bronx, N.Y., and the University School of Medicine in Triest, Italy, studied a group of 20 men and 23 women. Six of each sex were alcoholic; the rest drank only occasionally.

The researchers found that non-alcoholic men produce 70 percent or more of the gastric digestive enzyme dehydrogenase than non-alcoholic women. The enzyme digests some of the alcohol in a drinker's stomach, so less reaches the blood, brain, and liver.

The subjects were given measured amounts of alcohol and then tested regularly for blood alcohol levels and the amount of gastric alcohol dehydrogenase. Researchers adjusted alcohol doses for the subject's height and weight: a 110-pound woman received 1.5 ounces of alcohol.

About 20 percent of the alcohol ingested by non-alcoholic men in the study was digested in their stomachs. Since women proved to have so much less of the enzyme, about 30 percent more alcohol entered directly into their blood. All the women, alcoholic and non-alcoholic, had higher blood alcohol concentrations than the men after ingesting the equivalent amount of alcohol. Researchers noted no significant difference if doses were given intravenously, which leads them to think that sex-related differences in body fluid levels are not very important.

The researchers found that while alcoholic men lose about half their protective-enzyme level after drinking for years, alcoholic women lose nearly all theirs. This finding may explain why alcoholic women often develop more severe and early liver disease than do men, the journal's editors noted. In effect, alcoholic women lose an important defense.

Finally, the research has implications for women who drink and drive. Given, first, that drinking and driving in any combination is unsafe, women still must be wary of typical oft-published blood-alcohol charts.

According to a chart distributed to servicemembers, an average 160-pound "person" nears a blood-alcohol level of .05 after three drinks in two hours. A special American Council on Alcoholism chart shows that a 150-pound woman nears the same level after only two drinks in two hours, said Jessica Harding, chief of DOD's Working Group on Drug and Alcohol Abuse Prevention.

"This study does not confer immunity on men or imply that they can drink all they want," Harding emphasized. "It just means women have to be a little more careful."



We Salute You!

At Toys "R" Us and Kids "R" Us, we salute our Men and Women overseas who are protecting our country and risking their lives to ensure a safer tomorrow for our children. We recognize the hardships that our military personnel overseas will face in the coming months, as well as their families at home.

With this in mind we'd like to make it a little easier when shopping for toys and kids' clothing. Take advantage of our $5 off coupons below, and save even more.

From our family at Toys "R" Us and Kids "R" Us, we would like to extend our wishes for a safe and healthy return home to all of our Military personnel. We hope and pray that they will be with their families soon!

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Community Calendar

by Adrienne Sims
Star Presidian staff

Red Cross volunteers

The Presidio American Red Cross needs volunteer caseworkers. They will receive classroom instruction and on-the-job training. The Red Cross pays baby-sitting fees for all its volunteers.

For more information, call the Red Cross at **561-2187.**

Christmas Ball

Presidians are invited to the Christmas Ball at the Officers' Club Dec. 15 beginning at 6:30 p.m. There will be dining, dancing and entertainment. Reservations must be made no later than Dec. 10.

Save a tree

Treedom is a simple way for environmentally concerned individuals to plant a tree. Since it's relatively difficult for many Bay Area apartment and condominium dwellers to do that (not to mention those who live in Army barracks), Treedom provides a solution to the problem. With Treedom it's as simple as dialing (800) TREEDOM and donating $18 for a tree to be planted in your name at reforestation sites throughout Northern California.

Treedom works with the U.S. Forest Service and the Nature Company, and will be expanding its realm to include other national parks.

ROA scholarships

One hundred college scholarships worth up to $500 each will be awarded for the 1991 and 1992 academic year by the Reserve Offers Association of the United States.

Seventy-five will be undergraduate scholarships to family members of ROA members. The 25 graduate scholarships will be awarded to members of ROA. Applications will be available Feb. 1, 1991. Applications can be obtained by writing 1 Constitution Avenue, N.E., Washington D.C. 20002, or calling **(202) 479-2200. Completed applications must be received by April 30, 1991.**

Red Cross class

The American Red Cross will hold Basic Life Support Classes Dec. 18 and 19, 6 to 10 p.m. Cost is $15 payable in advance in the Letterman Army Medical Center's fifth floor office.

For more information, call R. Allen Geyer at **561-2187** or **561-2141.**

POWC holiday luncheon

The Officers' Wives' Club will hold a holiday luncheon Thursday in the ballroom of the Officers' Club beginning at 11 a.m. Social hour will be held 11 to 11:30 a.m. The luncheon will feature a mini-fashion show, followed by new Christmas decorating ideas presented by floral designer Sharon Ruth.

Members and guests are asked to bring cookies, baked goods, an ornament, etc. to benefit the "Hands across the Presidio."

For reservations and menu selections, call Teena Larson at **931-7137** or Sharon Mars at **771-8535** before noon, Monday.



The warrior within

Jo Harrison, wife of Sixth U.S. Army Commander Lt. Gen. William H. Harrison, demonstrates "the warrior within" as she demolishes a thick slab of wood on her very first try at "anything even remotely resembling karate" during the November POWC luncheon featuring martial arts expert Tae Yun Kim, author of "Silent Master: The Warrior Within." The next POWC luncheon is scheduled for 11 a.m., Thursday, Dec. 6.

Holiday green sale

Strybing Arboretum's Annual Holiday Green Sale will be held Dec. 8, 10 a.m. to 1 p.m. at the Strybing Arboretum. A Wreathmaking Workshop will be held 10 a.m. to noon. The fee for the workshop is $5 including materials. Pre-registration is required. The Strybing Arboretum is located at 9th Avenue and Lincoln Way in Golden Gate Park.

For more information, call **661-0668.**

How to make books

A class on how to make small books will be held Saturday 9 a.m. to 5 p.m. at the Fort Mason Art Center, building B. Materials will costs $10 to $45. For more information, call **561-1840.**

Christmas tree sale

A Guardsmen Christmas tree sale began Friday and will continue through Dec. 23, 10 a.m. to 9 p.m. daily at the Festival Pavilion at Fort Mason. Trees, garlands, holly, mistletoe, poinsettias and decorations will be sold. Flame retarding, flocking and delivery services are available. Proceeds send underprivileged boys and girls to summer camp. Admission is free.

For more information, call **781-6785.**

Art exhibit

A Folk International Art Exhibit will be held Saturday in building A at Fort Mason 11 a.m. to 7 p.m. Authentic folk and tribal art will be featured. For more information, call **673-4094.**

Tae Kwon Do

Tae Kwon Do lessons for individuals 6 through 19 will begin in December. Classes will meet two times a week for one hour and costs $40 per month. For more information, call the Youth Services Office at **561-5143** after 1 p.m. on weekdays.

Crisis Line

The Presidio Crisis Line is a telephone service to our Presidio community. The Crisis Line is staffed by volunteers who are trained to resolve an immediate crisis and refer the caller to other agencies that can help the caller.

Callers are anonymous and have a 24-hour, 7-days a week service in the Crisis Line. The majority of Crisis Line calls deal with marital conflict, loneliness, isolation, command or duty problems and financial difficulties. For more information about this service, call Nancy Niederhauser **561-5155,** or Priscilla Fleisher at **561-4513.**

Blood drive

Letterman Army medical Center and Letterman Army Institute of Research will hold a blood drive Friday in the Schwartz Theatre. The Irwin Memorial Blood Bank will draw blood Friday from 7:30 a.m. to 1:30 p.m.

For more information, call Cathy Leppiaho at **561-3669.**

Piano recital

Fifteen Presidio students will perform in a piano recital Sunday at the Presidio Main Post Chapel at 2 p.m. Admittance is free. For more information, call Susan Jaworowski at **221-3949.**

Thrift Shop news

The Thrift Shop Saturday opening (9 a.m. to 1 p.m.) and Flea market (7:30 a.m. to 1 p.m.) will be Saturday, weather permitting, at building 204. A valid unlimited military ID, a table and $5 is needed to rent a vendor space. Reservists may rent a vendor space with a valid military ID and a current leave and earnings statement.

For more information, call Adeline Michel at **922-3384.**

Lost animal policy

Presidio's Military Police will pick up roaming animals. The animals will be turned over to the Veterinary Services, building 668. Owners of animals wearing ID or rabies tags will be contacted as soon as possible. Animals without tags are confined for three working days to allow owners time to contact the Veterinary Services.

Before the animals can be released, owners must present proof of rabies vaccination and pay a $3 fee for each day of confinement.

For more information, call **561-3744.**

Childcare openings

Part-day preschool openings are still available at the Presidio Child Development Center. Moms and dads, your child's success can be positively influenced by creative, stimulating and loving early childhood experiences. Children two-and-a-half through five years of age can explore the adventure of learning from 8:30 to 11 a.m. For more information regarding registration, call 561-3588 or visit building 387, across from the post library.

Commissary council meeting

The Presidio Commissary Council meeting will be held Dec. 13 at 9:30 a.m. in the Commissary Conference Room, building 653. Guests are welcome.

MOS Library

The Letterman Army Medical Center and Fort Scott MOS Libraries are open Monday through Thursday 10:30 a.m. to 4:30 p.m. and Friday 10:30 a.m. to 4 p.m. The MOS Library offers Army Regulations, DA Pamphlets, DA Circulars, Field Manuals, Technical Manuals, DOD Regulations, Army Correspondence Courses and more. Counselors are available to help you with questions. For more information, call the Fort Scott MOS Library at **561-2974/4445** or the LAMC MOS Library at **561-3692/4791.**

Cinderella

The Young Performers Theater will feature Cinderella with a 90s twist Saturday and Sunday 1 to 3:30 p.m. in building C at Fort Mason. Admission is $4 for children and $6 for adults. For more information, call the Young Performers Theater at **346-5550.**

Plowshares Coffeehouse

Singer and songwriter Dave Morley and Texan blues singer John Carrick will perform at Fort Mason's Plowshares Coffeehouse Sunday at 7:30 p.m. Tickets are $4 for children and $7 for adults. For more information, call the coffeehouse at **441-8910.**

Early bird hours

The Presidio Main Exchange will be open 7 a.m. to 9 p.m. Saturday. Specials will be found 7 to 10 a.m.

At the movies

Presidio Theatre
Fri., Nov. 30: Mr. Destiny (PG-13) 7 p.m.
Sat., Dec. 1: Pacific Heights (R) 7 p.m.
Sun., Dec. 2: Exorcrist III (R) 7 p.m.
Mon., Dec. 3: The Freshman (PG) 7 p.m.
The Presidio Post Theatre will be closed Dec. 21 through Jan 3, 1991.

Hamilton Theatre
Fri., Nov. 30: Exorcrist III (R) 7 p.m.
Sat., Dec. 1: Bird On A Wire (R) 4 p.m.
Sun., Dec. 2: Exorcist III (R) 7 p.m.



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Star Presidian

Vol. 33, No. 49 | "Published in the interest of the people of the Presidio of San Francisco" | Dec. 6, 1990

News Briefs

Vaccination change

There is a new and important change in your child's vaccines. The American Academy of Pediatrics and the Center for Disease Control have approved the Haemophilus influenza vaccine to be given with the DPT-OPV at 2 months, 4 months and 6 months of age.

This protects your child from a deadly bacterial form of meningitis. All children under 15 months old should be brought in to the Pediatric Clinic to begin this vaccination series as soon as possible.

Walk-in hours for vaccinations are Monday through Friday, 8 to 11:30 a.m. and 1 to 4 p.m.

For more information, call **561-2447.**

DEH to cut power

DEH will shut off the power to certain areas of the post Dec. 15. The outage has been scheduled for electrical repair work at several substations, including buildings 70, 680, and 568. The work is being done to support two electrical contracts that replace or repair relays in high voltage electrical systems and repair electrical switch-gears.

Areas or buildings that will be without power are: building 70, housing areas 500, 700, and 800; quarters 51 through 65 (east side of Funston Avenue); buildings 1027, 1028, 1029 and 1030; buildings 67 and 68 (the Telephone Exchange); building 63 (post gym no. 1); building 680, buildings 924, 933, 934, 935, and 937; building 1449; buildings 1703-1713, 1770-1733, 1788-1789 and 1794; building 568, building 100, 1110 and 1040.

Additional areas will experience brief shutdowns in order to switch power over to alternate circuits. DEH apologizes for any inconvenience during the shutdown. For more information about the outage, call Emet Ilejay at DEH at **561-6000.**

Post dumpster service cut

Due to severe budget cuts, the Directorate of Engineering and Housing is cutting garbage removal services.

The number of dumpsters and debris boxes on post will be reduced to cut removal costs. If the number of remaining dumpters isn't adequate for your needs, or refuse isn't being removed from them often enough, call **561-6000** and inform them of your requirements. We would also appreciate your reporting illegal dumping in these containers. Illegal dumpers will be cited.

Drunk driving to be monitored

In the hopes of keeping the holiday season driving accident toll down, National Drunk and Drugged Driving Awareness Week will be observed at the Presidio Sunday through Dec. 15.

The program is being developed by the Alcohol and Drug Abuse Prevention and Control Program, according to Skip Przybyla, education coordinator, ADAPCP.

A full slate of publicity activities are planned including a banner across the military police building, pamphlets and blood alcohol content card distribution to all units, and a general information program postwide.

"As we near the holiday season," coordinator Przybyla said, "it is imperative to inform the soldiers, Reservists, retirees and civilian employees about the hazards associated with the careless use of alcohol and the illegal use of drugs."

Correction

The Nov. 29 *Star Presidian* carried an article on the Military Family Conference. In error, a photograph of Brig. Gen. Peter W. Lash accompanied the story. In fact, the photo should have accompanied an article in the Nov. 22 issue on the Readiness Group hosting a group of veterans in honor of Veterans Day. Lash spoke to the veterans Nov. 15.

The *Star Presidian* apologizes for the error and any confusion it may have caused.

see News Briefs, page 3

Dear Soldiers. . .

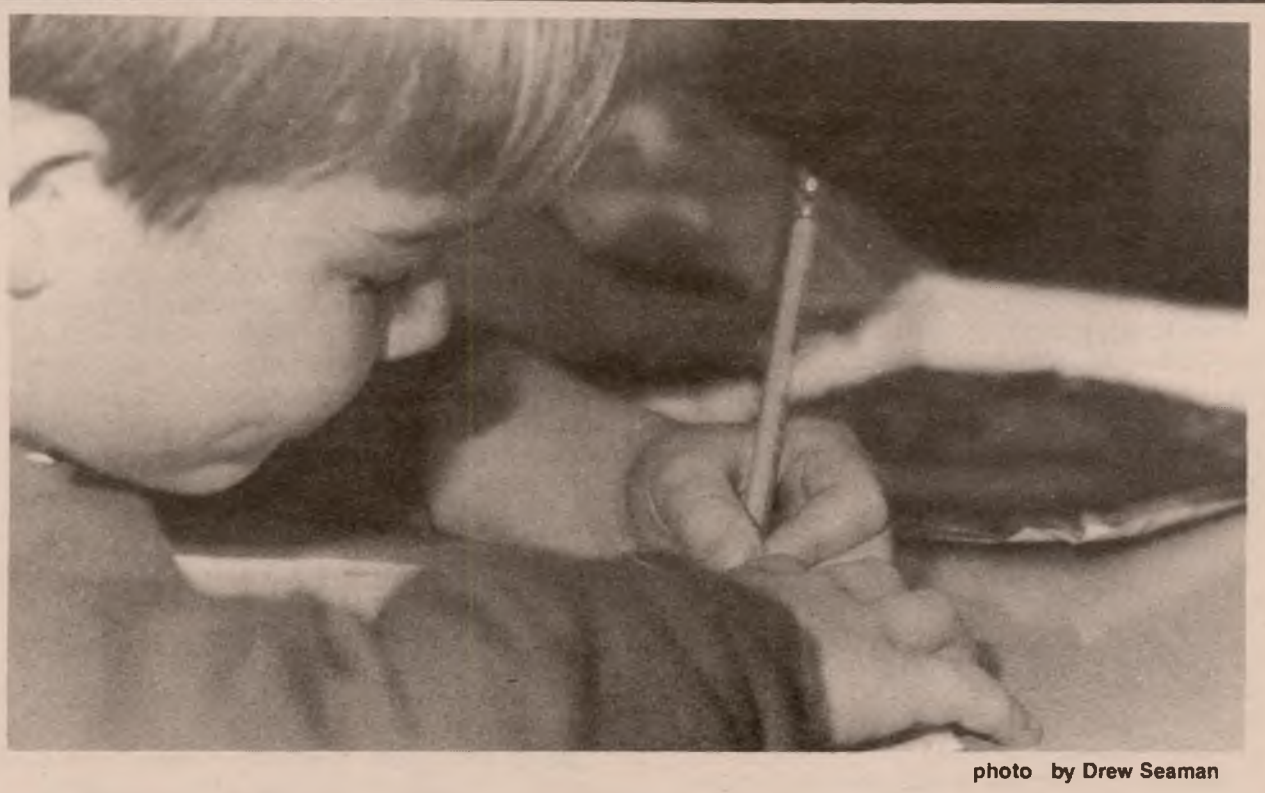


photo by Drew Seaman

Peter Baker, a second-grader, jots down a quick letter for a U.S. soldier in Saudi Arabia before class starts. See story page 5.

Army explains Stop Loss

by Sixth U.S. Army Public Affairs

All voluntary separations for active-duty soldiers have been cancelled indefinitely under the expanded "Stop Loss" plan, the Army announced in late November.

The Army also announced at the same time a temporary plan to involuntarily extend all ongoing overseas tours, including tours in Alaska and Hawaii, for seven years.

Stop Loss, as originally conceived Sept. 1 by the Secretary of the Army, affected only about 2,300 soldiers each month in critical military occupational specialties and deployed units. The Sept. 1 plan did not call for the involuntary extension of retiring soldiers or soldiers ineligible for reenlistment.

Under the expanded plan, according to a December Army message, all soldiers, regardless of grade, skill, MOS or unit of assignment, will be retained indefinitely. Exceptions include: soldiers eligible for mandatory or disability retirements, soldiers eligible for separation for humanitarian reasons, and soldiers whose actions warrant separation under misconduct charges.

"The change will affect the post very little," said Master Sgt. Steven D. Broadway, NCOIC of the Strength Management section of the Military Personnel Division on post.

"We'll probably come out ahead," Broadway continued. "It stabilizes the force we have now. We don't have to worry about training incoming soldiers."

All officers whose voluntary retirement date was Dec. 5, 1990 or later are involuntarily extended. All enlisted soldiers with a voluntary retirement or voluntary separation date of Wednesday or later, who have not completed 30 years of federal service, are involuntarily extended.

Soldiers barred from the Army under the Qualitative Management Program are not affected by Stop Loss.

Neither does the program affect soldiers who began transition leave before Dec. 1, regardless of their separation dates. Requests for transition leave for all other soldiers will be disapproved.

According to the December message, Stop Loss will be in effect "as long as needed to sustain worldwide readiness."

By law, soldiers could be retained involuntarily "until the last Reserve Component soldier is released from active duty, or until the president reinstates Title 10 of the United States Code, or until the soldier reaches mandatory retirement," whichever comes first.

Reserve Component units activated to support Desert Shield are also subject to Stop Loss.

Army officials say promotion slowdowns may occur as Stop Loss swells the ranks. Soldiers with approved retirements, retained under Stop Loss, are not eligible for promotion. "Stop Loss only delays retirement, it does not cancel the retirement," the message states.

As an added measure, retiree call-ups will continue "to meet critical requirements."

Soldiers experiencing hardship cause by Stop Loss, or who are pregnant, may apply for separation on a case-by-case basis with their commander or PERSCOM.

Other strength management actions include an adjusted troop reassignment plan. Soldiers stationed in the U.S. who are on assignment instructions for an overseas tour, with a report date of Jan. 1, 1991, or later, are being held at their current duty station unless they are:

- in initial entry training, who follow the assignment instructions of PERSCOM;
- on assignment to nominated positions or special management commands;
- assigned or being assigned to the Joint Readiness Training Center;
- assigned to the United States Army Chemical Activity USARPAC (Johnston Island);
- assigned to 1st U.S. Army Support Battalion (Sinai) Multinational Force and Observers (Egypt);
- assigned to USAREC;
- on assignment instructions to force modernization projects;
- exempt from Stop Loss;
- already involved in a move which will result in irrevocable loss to the government or soldier should the orders be altered. HIV cases, persona non grata and soldiers being moved to avoid threat to life will be considered separately under the program.

Other exceptions also apply; unit commanders will be advised by Army personnel specialists as to what constitutes an exception under these rules.

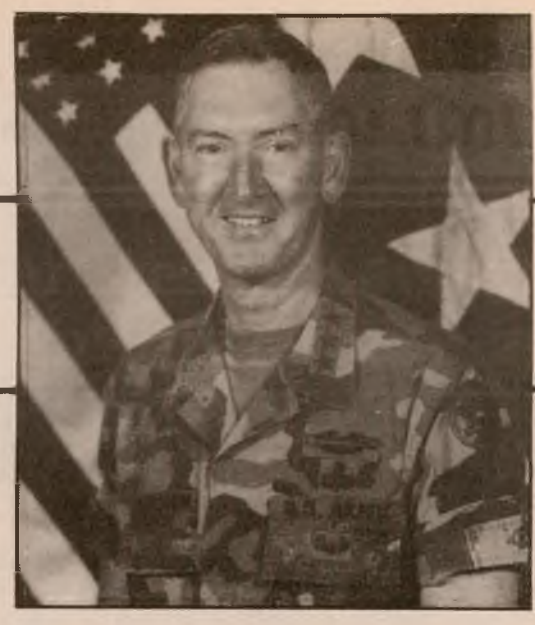
According to a November Army message, soldiers who reenlisted for an assignment that is now void will not be allowed to remain in the service as long as the movement restriction remains in their contract.

"This [assignment date] change is only for strength management purposes and does not represent the final [assignment date] for the affected soldiers," said the message.

Voices

Presidio View

by Lt. Gen. William H. Harrison



Fly a flag for freedom

Dear Presidians—

Despite all that continues to happen in our world—it remains a GREAT day to be in or a part of the U.S. Army at the Presidio of San Francisco—A Very Special Place!

Last Tuesday, the 27th, Mrs. Harrison and I accompanied by CSM Whiteford and Colonel Swift visited the 343d Medical Evacuation Detachment which has been mobilized and was having a family day out at Hamilton Army Air Field. Another great Reserve Component unit which is "dealing with it." The soldiers are working hard as they prepare to go and the families too are working hard to get ready for the separation. I remain very proud of all our soldiers and families as they do what they have to do. And all of us continue to pray that a solution short of war will be found. In the meantime, all the members of the 343d Med. Evac. are showing lots of HOO AH! as they prepare for their deployment.

Ah! That annual rite of fall—the flu shot! Did you get yours? I did, on Wednesday the 28th. The DCSOPS conference room was converted to a shot-station and we all got that special care from our LAMC medics. If you didn't get yours, you should—experience proves they do help!

On Friday, we had a good briefing by a DA team on lessons learned from DESERT SHIELD. Local commanders, the Sixth Army and Garrison staffs all heard the brief and hopefully it will make us better prepared to get our folks ready to go.

Following that, we had our monthly Sixth Army and PSF run. It was a great day for running, esprit was high, and as always the jody cadence was super. The 864th Engineers stood out in their red shirts and won the CSM's streamer for best formation. Some of our civilian work force has started running with us and anyone else is welcome. Hope you will all come out for our December run—runners, walkers, spectators—come on out on Friday, the 14th of December and join us. CSM Whiteford has assured us we're gonna have a very special guest. Can you guess who?

On Saturday, the 1st of December, the great Sixth Army color guard, the band and yours truly participated in the Woodland, Ca. Christmas parade. As always, the color guard and the band were big hits with the locals. There was a big, supportive crowd and over 180 marching units—a really long parade.

In last weeks Star Presidian column "Ask Presidians", one of the respondents was Mr. Robert Davis, an information receptionist at LAMC. Mr. Davis is another of those great Presidians that make PSF—A Very Special Place. Any of you that have every stopped at this work station seeking help know what I mean—his smile, his helpful manner, his sincerity always makes you feel good. The next time you go to LAMC, even if you don't need help or assistance—stop by and see Mr. Davis—you'll be glad you did! Just talking to Mr. Davis assures you a good strong shot of HOO AH!

Last week on my computer mail list, I found a very special note from Lt. Col. Vona, Commander of Headquarters Command Battalion. He gave us the name and address of several of our Presidio soldiers who are in Saudi Arabia. Super initiative by Lt. Col. Vona and I encourage any of you who are interested in writing to contact Lt. Col. Vona for those soldiers names and addresses.

To all of you who contributed to CFC—my thanks. Our campaign is over and we did fine dollar wise. Although we did improve our percentage of participation this year, I had hoped we could have done better percentage wise. But I realize that times are tough right now—and for all of you who saw your way clear to give—my thanks and thanks from all the agencies who will benefit. We'll look forward to next year and try again.

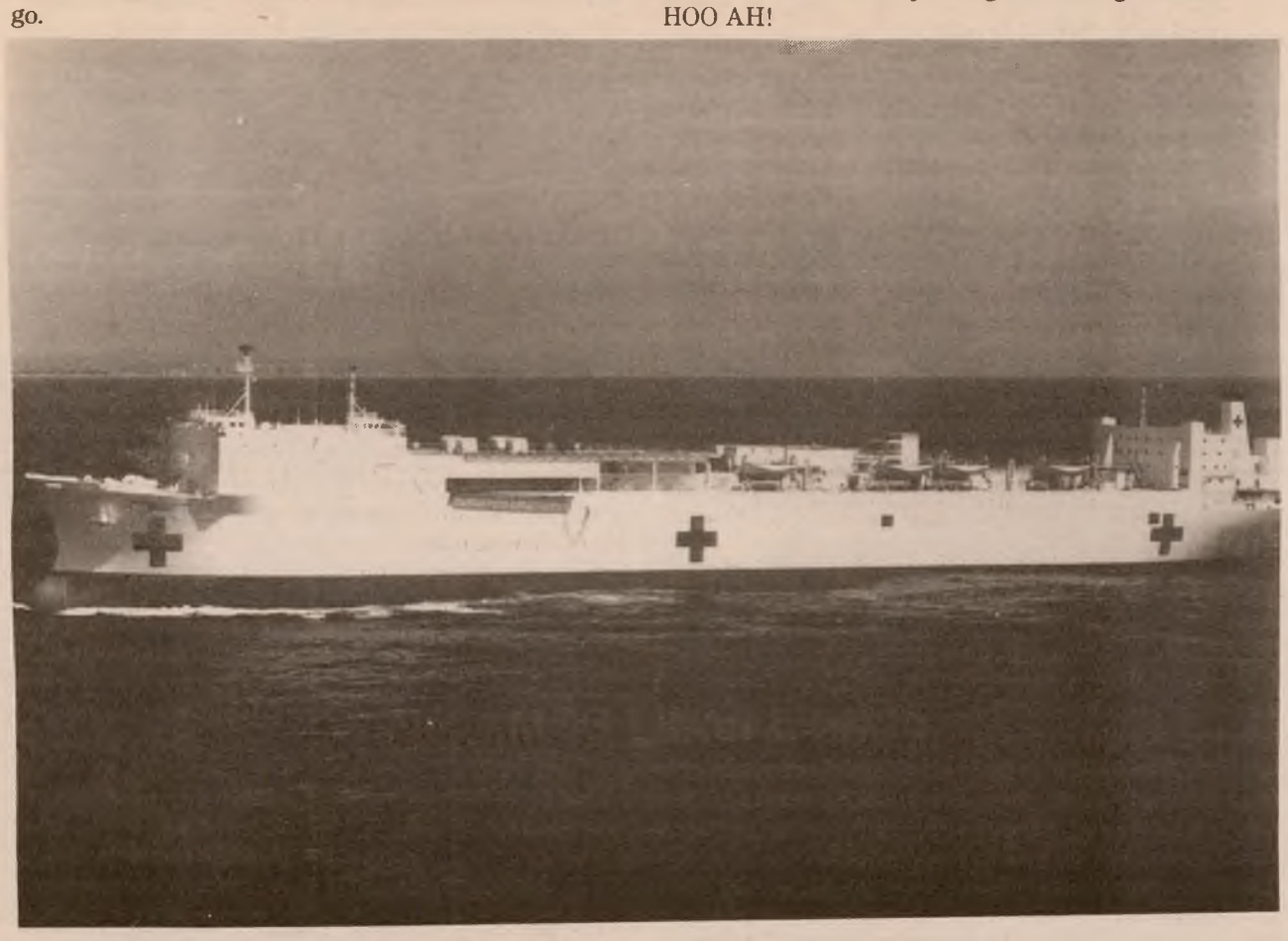
As we enter the holiday season, I hope *all* Presidian readers will remember our fellow service members deployed to Saudi Arabia—send them a card, a letter, a gift—anything to let them know we remember, that we support them, that they are in our thoughts and prayers. And don't forget their families back here at home—they too are suffering the pains of separation during this very special time. They are all doing their duty and they all deserve our help and support.

God bless you everyone.

William H. Harrison
Lieutenant General, USA
Commanding

The biggest room in the house is the room for improvement!

—Anonymous



Desert Shield support

The USNS Mercy deployed in August for the Middle East. Its mission is to provide medical treatment for military members. Approximately 2,400 Reserve medical personnel have been activated to fill vacancies at 15 facilities. These vacancies are due to augmentations to the crew of the hosipital ship.

Letter to the editor

Dear Presidians;

On behalf of the Presidio Thrift Shop Board, thank you for your donations of over 2,500 canned and packaged food items to the Hands-Across-the-Presidio Program. These contributions will help support the program for the next six months or more.

Special thanks are due the Presidio Girl Scouts, Boy Scouts, Cub Scouts, and their troop leaders for all the time and effort they devoted to collecting donations of food items in the housing areas.

The support of the following groups is also appreciated: Post Chapels, Presidio Commissary, Presidio Enlisted Spouses Club, Presidio Officers' Wives' Club, Army Community Service staff, Law Enforcement Company, and the Headquarters Command Battalion.

A special thank you to our dedicated program volunteers, and to the volunteers of the Presidio Thrift Shop and Creative Cottage, who help to generate the funds which make it possible for the Hands-Across-the-Presidio Program to exist in the first place.

Nancy Urban
Program Coordinator

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All editorial content of the *Star Presidian* is prepared, edited, provided, and approved by the Public Affairs Office of Headquarters Sixth U.S. Army and Presidio of San Francisco, California. The *Star Presidian* is printed by Coast Publishing, a private firm in no way connected with the Department of the Army, under exclusive written contract with the Presidio of San Francisco, California. The civilian printer is responsible for commercial advertising.

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Ask Presidians

by Drew Seaman, Star Presidian staff

How do you view Desert Shield?



Capt. Pauline Clark, administration officer, Letterman Army Medical Center: "I think our soliders need to come home. Of course, as soldiers, we need to back them up. Bush is the chief of the Army; if he says we have to fight we have to go. But it's time to get this over with."



Vincent Willis, retired lieutenant colonel, United States Air Force: "I support our role in Saudi Arabia. and I support our soldiers over there. Of course I'd like them to come home as soon as possible."



Maximino A. Nobida, retired corporal, United States Army: "I don't like it. There's too many soldiers over there. Hussein may be like Hitler but I think we can solve this without weapons. I've seen enough death in the Philippines during World War II."



Uyen Dao, staff nurse, Letterman Army Medical Center: "I feel we need to resolve the situation as soon as possible. If we do nothing this situation will last. The quicker we take action the sooner our soldiers will be home"



Maj. Bill Deardorff, DET 5 STARC, California Guard State Headquarters: "I think we're doing the right thing. But militarily speaking our actions were slow. We should have taken Kuwait back immediately."



Irving Rosenthal, retired master sergeant, United States Air Force: "Hussien is another Hitler. We've made the mistake of telling Iraq we'll do something and then backed down. The government should make an ultimatum and keep it. Let the military do what it has to.

More Reserve troops called up

Defense Secretary Dick Cheney has given the military departments authority to call up 63,000 more members of the National Guard and Reserve in support of Operation Desert Shield. Added to authority already granted, this action raises to 188,000 the number of Army, Navy, Marine Corps and Air Force selected reservists who can be on active duty at the same time. Cheney signed the order Dec. 1.

Secretary Cheney's new delegation of authority raises the call-up ceiling to 115,000 for the Army, 30,000 for the Navy, and 23,000 for the Marine Corps. The Air Force remains unchanged at 20,000. The previous authorized call-up ceilings were 80,000 for the Army, 10,000 for the Navy, and 15,000 for the Marines.

The August ceiling of 1,250 for the Coast Guard, established by the Secretary of Transportation, remains unchanged.

The selected reserve is composed of members of the National Guard and Reserve in the United States, Guam, Puerto Rico, the Virgin Islands, and the District of Columbia. It includes about 1.16 million uniformed, trained and equipped personnel, who make up the Army National Guard, Air National Guard, Army Reserve, Naval Reserve, Air Force Reserve, Marine Corps Reserve, and Coast Guard Reserve.

To date, 96,834 members of the selected reserve have been called to active duty since August 23, when Cheney first delegated to the services the authority to call up the reserves. The total includes 68,267 called by the Army, 6,182 by the Navy, 5,915 by the Air Force, and 15,882 by the Marine Corps. The Coast Guard has called up 588 of its reservists under authority granted by the Secretary of Transportation.

The Department is authorized to activate reservists under a presidential order, which permits the activation of up to 200,000 members of the selected reserve at any one time.

News Briefs continued from page 1

Outside Christmas lights

The Presidio and its sub-installations do not permit the use of outside Christmas lights being used. The lights are not allowed because the Department of the Army wants to reduce energy consumption. Reducing energy consumption will save taxpayers money and exhaust less of the Army's budget.

All federal agencies have had their budgets cut recently. The cost to the Army, if it permitted the use of outdoor Christmas lights, would be between $5,000 and $14,000, according to estimates by the Directorate of Engineering and Housing.

There will be several post lighting displays offered for your viewing, however.

Christmas tree lighting ceremony

Presidians are invited to a Christmas tree lighting ceremony Dec. 17 at 3:30 p.m. at the Presidio Fore Department. The Sixth U.S. Army Band will play at the ceremony.

Gift for Desert Shield troops

The Presidio Thrift Shop is sponsoring a gift-giving operation for Desert Shield troops. If you'd like to send a package to troops, take a manila envelope or padded mailer, and enclose one or more of the following items: handi-wipes, hand cream, champoo, pens, pencils, jump ropes, balloons, chess and checker sets, nail files, clippers, hats with brims, greeting cards, baseball caps, packets of kool aid, coffee, children's drawings or music tapes.

Address your package to: Any Serviceperson, Operation Desert Shield, APO New York, N.Y. 09848-0006. Bring the package to the Thrift Shop Saturday from 11 a.m. to 3 p.m. Donations will be boxed and shipped. No postage is necessary.

Fireproofing Christmas trees

Natural Christmas trees, because they are susceptible to catch fire, should be used for only 15 days. The suggested period is Dec. 19 to Jan. 2, 1991.

Natural trees intended for use in public assembly areas (such as clubs, theaters, churches, dining facilities and the like) are to be treated with flame retardant by an approved vendor. A certificate of treatment is required by the Fire Prevention and Protection Division. The fire department reserves the right to inspect all trees placed in public assembly areas.

Use water in the tree stand to keep the tree from drying out. Decorations should be noncombustible. Lights and lighting sets should be UL-listed and in good operating condition. Burning scented candles on the barracks, BOQ or other areas is prohibited. Trees shouldn't block exits. Turn lights off when the tree is unattended.

For more information about this policy, call the Fire Prevention Division of the Presidio Fire Department at **561-4108.**

Retirement funds update

Retiring employees no longer have the option to withdraw the money they contributed to the retirement fund. Those who choose to retire no later than tommorow may still elect to take the lump-sum annuity in a 50/50 payout. One exception that may apply to Presidio employees is that involuntary separation, as would happen in a reduction-in-force or base closure, will allow employees to choose the lump-sum annuity. For more information about the retirement fund, call **561-3016.**

Health benefits open season

Open season for federal employees is now through Dec. 10. This is your opportunity to join if you are not already enrolled or to change your health plan coverage.

If you are already enrolled and do not wish to change, your current enrollment will continue. However, if you are enrolled in one of the following discontinued plans you must change your health plan coverage: Postal Supervisors Health Benefit Plan; GEBA Health Benefit Plan; NFFE Health Benefit Plan; AFGE Health Benefit Plan; and NAGE Health Benefit Plan.

If you decide to enroll or change your current enrollment, you must file a Health Benefits Registration form. This form is available in most offices and from the Civilian Personnel Directorate receptionist in building 37.

Moffett phone numbers

All phone numbers on Moffett Field changed Monday when the air station switched to a new telephone system. The new prefix is 404. The station operator can be reached at 404-4000. Referral operators will direct callers to new numbers when a disconnected number is dialed.

Hazardous products

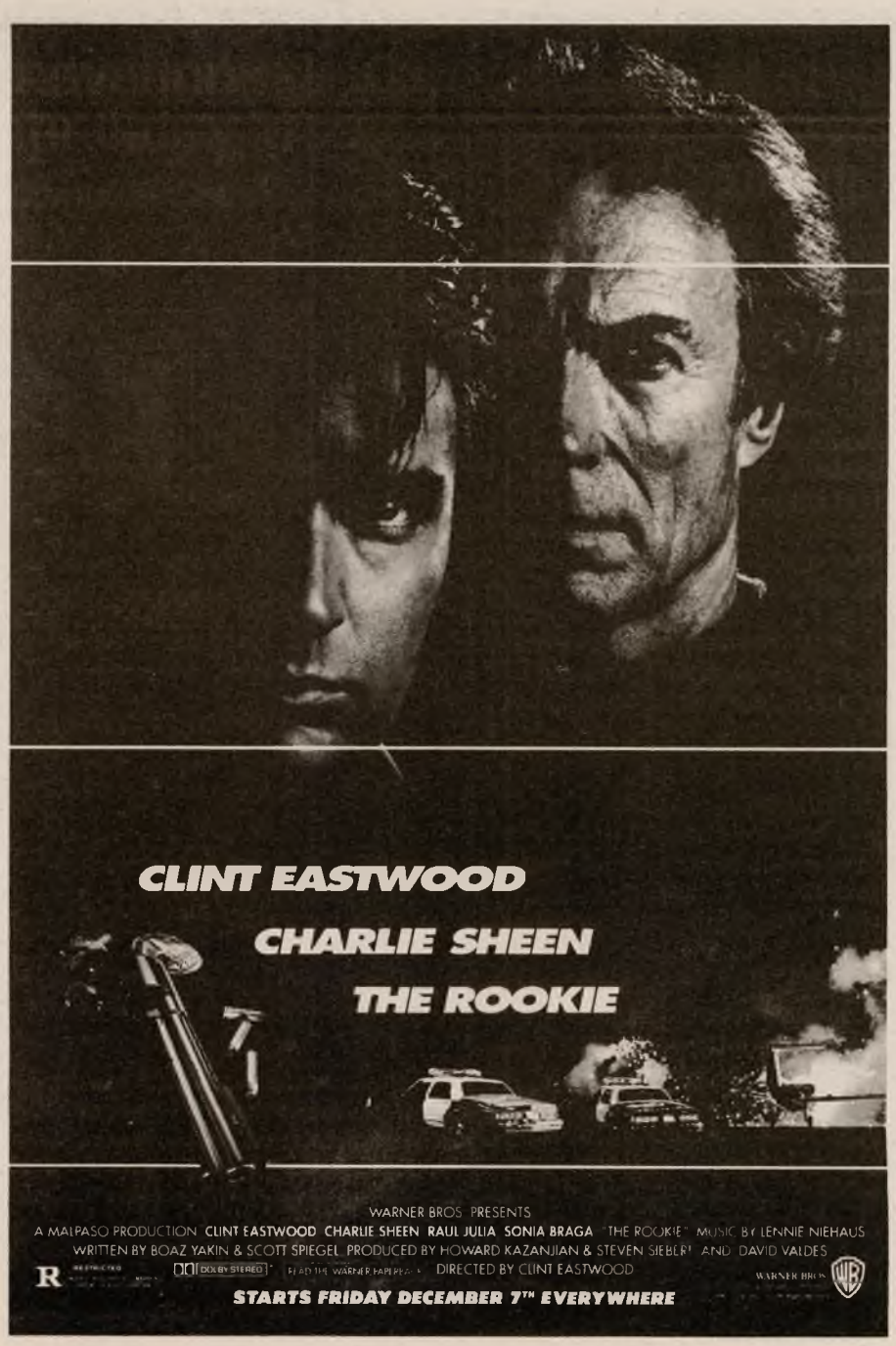
Four chinaware patterns made in the Republic of China (Mainland china) sold in Korea in 1988 contain dangerous lead levels that exceed the U.S. Food and Drug administration limits. These patterns are: White Butterfly China, Red Powder China, Yellow Powder China and Green Powder China. The manufacturers name is unknown.

Customers should immediately stop using these items for food or drink.

If purchased at the wives club in Seoul Korea, (Chosun Gift Shop), contact Jan Ligon, P.O. Box 315, APO San Francisco 96206 for refund instructions.

Star Presidian deadline

The *Star Presidian* welcomes your submissions. Simply type your announcement and submit it to room 11, building 38 care of the Public Affairs office. For more information, call the staff at **561-3908.** The deadline is **Friday.**



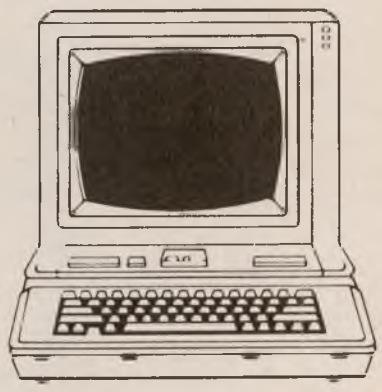
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Gail H. McGinn, Director
Office of Family Policy Support
U.S. Department of Defense

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(415) 680-1234

Oak Grove

Desert Shield

Elementary students support soldiers

story and photo by Drew Seaman
Star Presidian staff

Dear Soldier,

I hope that president bush lets you come home soon. I hope youre not having a bad time.

The second page features a drawing of two big crimson hearts floating in a blue sky. A lemon-yellow sun shines its rays on a small violet.

Eight-year-old Jon Wiley, who wrote and illustrated the above letter, was one of 200 children from St. Hilary's Private School in Tiburon, Calif., who wrote letters of support to U.S. troops in Saudi Arabia.

Children from kindergarten to eighth grade mailed their first bundle of letters in early November and they plan to continue until the Armed Forces members return to the states.

"It all started when the parent guild here wanted to sponsor a service project for the troops," said Lorrie Coles, a parent and school volunteer coordinator. In early October, Coles read an article in a local newspaper on what to send troops in the Middle East.

The article interested her enough to contact the Sixth U.S. Army Public Affairs Office and the Presidio United Services Organization for additional information on how the school could go about mailing letters and packages.

In the beginning, the project took off like a rocket, but according to Coles "when we had collected a ton of stuff we didn't have any way to send it."

"We had a hard time contacting organizations that could mail the boxes for us and it was definitely too expensive for the school to pay the postage."



Second-graders from St. Hilary's Private School in Tiburon, Calif., write at least a letter a week for American servicemembers in Saudi Arabia. The school's kindergarteners to eighth graders take part in the letter writing campaign of support.

Coles was able to get in contact with an American Legion post in San Anselmo, Calif. They offered to help the school with contacts they knew could fly the letters and packages to Saudi Arabia.

The students are expecting letters back from the soldiers any day now. Eight-year old Matt DeBoer said he thinks he "might be a soldier because he wants to fight in the Navy." Alex Schardt, 7, said he "wants the 10,000 million soldiers to come back home safely."

Second-grader Edward Cole, 7, said in a letter "thanks for serving our country." He included a few of his most prized possessions—10 baseball cards including an autographed First Collecters Series of Detroit's Alan Trammell.

Katie Devitt, 8, said, "It doesn't matter if they don't answer the letters as long as the soldiers know we love them."

7th grade teacher reports for active duty at LAMC



Staff Sgt. Sorell Massenburg performs his duties as a medic at Letterman Army Medical Center. Massenburg was called to active duty from his Reserve unit in North Carolina.

story and photo by Adrienne Sims
Star Presidian staff

School's out for Staff Sgt. Sorell Massenburg who had to close his math book to report for active duty.

Massenburg was a 7th grade teacher in North Carolina where he lived with his wife and three children.

"I miss my family dearly," Massenburg said. "It's hard to be clear on the west coast when they're back in North Carolina.

"I know it was difficult for my kids to accept my being away from home, but I think they have adjusted after three months."

It was a challange for Massenburg to adjust to military life, but after his three months as a medic at Letterman Army Medical Center he has accepted the responsibilities as an active duty soldier.

"It was a major change for me to become accustomed to living in the barracks," Massenburg said. "My life in North Carolina and my life in the military are like night and day; I'm used to my home, my family and working five days a week."

Another adjustment was working with adults instead of 7th graders.

This isn't the first active duty tour for Massenburg.

Massenburg served two years after being drafted in 1971.

Before being called to active duty, Massenburg was assigned to the 327th U.S. Army Hospital Reserves in North Carolina.

While teaching, Massenburg never forgot his role as a medic.

"The mental instruments needed to be a medic were there even while I was teaching a math class, Massenburg said. According to Massenburg, the most enjoyable part of teaching is the children. "I enjoy being around the kids and helping them with problems."

Massenburg has been a teacher for more than a decade.

"If you stay with something 13 years you must enjoy it," he said.

But, two days into the school year Massenburg put away his chalk and erasers and said goodbye to his students.

Although the students may miss Massenburg's caring smile and sensitive voice, he doesn't feel it will affect their studies.

"I don't feel it will be a handicap for the students having a different teacher, Massenburg said. "The teacher they have now is certified. Besides he almost began the school year with the students.

"Although his military and civilian jobs seem very different they both have a connection. Although it's a different route, he is still providing care.

Massenburg is very proud of his job as a medic. "My job as a medic is important because I am helping people by providing routine patient care to patients who have had surgery," he said.

According to Massenburg the most important part of his teaching career is assisting young students in learning and expressing upon them the importance of education.

During Massenburg's first active duty tour, he was trained as a medic. He felt his job was important so he did not wish to change his military occupational speciality. He also felt, as a medic, he would be an asset to the Army because he had already received the necessary training.

Massenburg's family may come to San Francisco in January. He is looking forward to seeing them. "Three months is a long time to be away from your family; I wish they were here."

Massenburg isn't sure when he'll be able to reopen his math book, but as long as he is helping others he says he'll be happy and proud.



Spec. Alan H. Morales, a parachute malfunction NCO, takes a reading of the wind speed to ensure that it's safe enough for the soldiers to parachute into the bay.

Riggers train over Bay: 12 perform water jump

story and photos by Drew Seaman
Star Presidian

One, two, three, four bodies fell from a Huey helicopter 1500 feet above ground level Nov. 27. Down below on San Pablo Bay, four boats circled like sharks waiting for the parachutists to splash down.

A Coast Guard naval boat floated 50 feet away. Spec. Alan H. Morales, a parachute malfunction NCO, was on board eyeing his binoculars toward soldiers being scooped up into the boats.

A smile washed across Morales' face. "Perfect, everything's going great," he said as the small boats dropped off the wet suit-clad soldiers onto the Coast Guard vessel. The airborne parachute drop into the bay continued until 12 jumpers from the Presidio Air Delivery Section, HHD, 3/12 Special Forces Group Airborne Unit from Hamilton Army Air Field and the 91st Division out of Fort Baker had splashed down.

The soldiers were "doing an administration fun jump," said Sgt. 1st Class Manuel R. Pelaiz, the drop zone safety officer. "We wanted to give airborne-qualified soldiers a chance to do a water jump. They may know how to land on the ground, but they face different conditions when landing in water."

One of the main differences, according to Spec. Valerie Neck, ADS parachute rigger, "landing in the water is pain-free. On land you never know if you'll land in a ditch or something."

Cline Byron, another rigger who parachuted into the bay, said there's a lot more procedures to follow because "when we splash down we have to pull B-7 life preservers attached to our sides that fill up with air so that we don't sink."

The airborne soldiers also had to be careful that the chute didn't fall on them concealing them below the watery surface. "Problems occur when a jumper panics," said Sgt. Norman A. Gentle, Jr., a Letterman Army Medical Center medical noncommissioned officer. "They may suffer respiratory problems if they swallow water or they could even end up drowning."

To prepare for the jump, the soldiers had a class on exiting the chopper, deploying the B-7 life preserver and proper water landing using the diving board at the Presidio swimming pool. They also simulated strong winds by tugging on the parachute to see if the soldiers could get away from the canopy and release themselves from it.

Most of the jumpers agreed that water parachuting was their favorite because the landings are "a lot softer."



Sailors from the U.S. Navy Station at Mare Island raced around San Pablo Bay picking up the parachutists as they splashed down.

A para

The pa
soldier

Jump for Joy!



chute jumper descends from 1500 feet into the San Pablo Bay.



A jumper lands in the bay.



rachutists were picked up and dropped off on a Coast Guard naval boat each time four s had completed their water jumps.



United States Navy personnel pick up a jumper from the Presidio Air Delivery Section.

What's New?

Pearl Harbor attack remembered

by Adrienne Sims
Star Presidian staff

It was the final day of the professional football season. Griffith Stadium in Washington, D.C., hosted 27,102 spectators.

Those who weren't watching the game or listening to it on the radio were probably hearing the hum of "I Don't Want to Set the World on Fire," the new hit song.

It seemed ironic for this song to be a hit Dec. 7, 1941.

Pearl Harbor was set on fire this day.

Bombs were still falling when the shocking news reached most Americans via radio. "We interrupt this program to bring you a special news bulletin. The Japanese have attacked Pearl Habor!" was announced over the Columbia Broadcasting System.

Although the attack was to prove to be the worst military disaster in U.S. history—five battleships sunk, three others damaged, 10 smaller warships knocked out, more than 2,400 American soldiers killed—the listeners didn't realize the weight of this tragedy. Americans were shocked by the suddenness and sneakiness of the Japanese attack on a peaceful Sunday, against a place many people had never heard of.

In shock, Americans turned to the White House. Crowds gathered on the sidewalk by the Pennsylvania Avenue entrance, waiting to see President Roosevelt or hear his reassuring voice.

Secretary of State Cordell Hull was scheduled to meet with two Japanese diplomats, Admiral Kichisaburo Nomura, the ambassador to the United States, and Saburo Kurusu, a special representative of the Japanese premier. A large Japanese convoy of warships was now known to be on the move in the South China Sea. An attack appeared pending somewhere in Southeast Asia: against Thailand, Malaya, the Dutch East Indies or the Philippines. Intense negotiations between the United States and Japan had been going on for the past month. Now, at noon Dec. 7, 1941, the Japanese ambassador had called to request a 1 p.m. meeting with the secretary of state.

Roosevelt let Hull handle the meeting and left word with the switchboard that he did not want to be disturbed. The phone rang, and the operator said the Secretary of the Navy Frank Knox insisted upon speaking with the president. Knox, a former newspaper publisher, boasted only three days before at a dinner party that, "No matter what happens, the U.S. Navy is not going to be caught napping.

"Mr. President, Knox said, it looks like the Japanese have attacked Pearl Harbor."

Many Americans expected the mainland of the United States to be invaded at any moment after the attack on Pearl Harbor. The evening of Dec. 7 the full Cabinet held a meeting that Roosevelt called the most serious session since Lincoln met with his Cabinet at the outbreak of the Civil War 80 years earlier. The president announced his intention to convene the Senate and House the following day. His purpose was to request a declaration of war against Japan.

Both Houses approved the declaration. In the Senate the vote was 82-0.

The professional football game seemed meaningless, although the hometown, Redskins won, 20-14 over the Philadelphia Eagles.

Serving safety during the holidays

by the National Safety Council

Although drinking and driving has become socially unacceptable by many, the startling fact remains—half of all motor vehicle accidents involve alcohol.

During the holiday season, many people find themselves hosting parties. This is the time to put into action a responsible party plan. Responsible party-hosting includes a variety of non-alcoholic beverages and plenty of finger foods. Since punches seem to be popular during the holidays, the National Safety Council has provided the following recipes for tasty non-alcoholic drinks.

Jingling Java Nog
(serves 12)

- 2 eggs, separated
- 1/3 cup sugar
- 1/3 cup instant coffee
- 2 cups milk, chilled
- 1 tablespoon vanilla extract
- dash, salt
- 1 cup heavy cream, whipped
- 3/4 cup water
- shaved, unsweetened chocolate

With an electric mixer, beat egg whites at high speed until soft peaks form. Gradually beat in sugar until stiff peaks form. In a large bowl, beat egg yolks until lemon-colored. Gradually beat in coffee, salt, vanilla, milk and water. Stir in egg white mixture and whipped cream; mix well. Serve well chilled with chocolate sprinkled over each serving.

Winter Wonder
(serves 6)

- 32-ounce can tomato juice
- 2 teaspoons oregano
- 4 dashes black pepper
- 4 ounces dill sauce
- 2 ounces Worcestershire sauce
- grated Parmesan cheese
- 7 tablespoons horseradish
- extra oregano
- 4 teaspoons powdered garlic
- 12 dashes Tabasco
- 6 small pepperoni sticks
- 2 tablespoons dry Italian salad dressing

Combine everything except Parmesan cheese, pepperoni sticks and extra oregano and heat slowly. Pour nto tall, heat-proof glasses. Garnish each serving with grated cheese, oregano and pepperoni stick.

Merry Berry Holiday Punch
(serves 18)

- 2 10-ounce packages frozen strawberries in syrup, thawed
- 6 cups orange juice
- 3 cups ginger ale
- 2 cups cranberry juice
- ice cubes
- orange slices, strawberries, mint sprigs

In a punch bowl combine orange juice, cranberry juice and strawberries. Add ginger ale and ice just before serving. Float orange slices, strawberries and mint on top.

Sleigh Bell Cider
(serves 8)

- 1 quart apple cider
- 8 whole allspice
- 1/2 cup sugar
- 8 cinnamon sticks
- 12 whole cloves

Combine all ingredients except cinnamon sticks in two-quart saucepan. Bring to a boil, stirring until sugar is dissolved. Cool and refrigerate, covered, for several hours. Just before serving reheat slowly. Strain to remove spices. Serve in mugs, placing a cinnamon stick in each.

St. Nick's Pick
(serves 1)

- 3 ounces grape juice
- ice cubes
- 3 ounces cranberry juice
- lemon peel
- 6 ounces club soda

Combine grape juice, cranberry juice and club soda. Pour into a tall glass filled with ice cubes. Garnish with lemon peel.



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Sports Briefs

by Joel P. Smith
Star Presidian staff

Outdoor recreation

Have you thought about taking off for the mountains on a weekend of high adventure skiing in the beautiful Sierras. Outdoor Recreation can help make your weekend become a reality. The equipment checkout center has Head RX-2, Olin Mark I and Mark V skis and rear entry Dynafit skis and poles. The rental fee is:

	Daily fee	Weekend fee	Weekly fee
Skis	$5	$12.50	$25
Boots	$2	$5	$10
Poles	$.50	$1.25	$2.50
Package	$7.50	$18.75	$37.50
Cartop carrier	$2	$5	$10

If skiing isn't for you, take the family for the ride of their life on a toboggan, snow disk or bobsled, available for rent as follows:

	Daily fee	Weekend fee	Weekly fee
Toboggan	$1	$2.50	$5
Snow disk	$.75	$2	$3.75
Bobsled	$2	$5	$10

After a long day of skiing or playing in the snow get ready for the night life. To complete your weekend, why not stay at the house, town house or condominium leased by Outdoor Recreation at Lake Tahoe. A newly acquired two-bedroom house with loft located in Tahoe Park on the north side of Lake Tahoe. This comfortable A-frame sleeps eight persons. The two-bedroom condominium is located at the base of Heavenly Valley. This unit sleeps six persons. Both units are located on the south side of Lake Tahoe.

Cost for the Lake Tahoe rental units is $60 for each night, Sunday through Thursday and $85 for each night, Friday, Saturday and nights preceding holidays.

North or South Lake Tahoe is a winter paradise. A warm fire or the bright lights of the casinos add to the fun you'll have when you experience the excitement of Lake Tahoe.

For more information, visit Outdoor Recreation at building 667 on post, or call **561-3289.** Office hours are 8:30 a.m. to 5 p.m., Monday through Friday.

Christmas bowling tournament

The post Sports Branch will be sponsoring the 1990 Handicap Christmas Bowling Tournament Dec. 17-21 from ll a.m. to 5 p.m. at the Presidio Bowling Center.

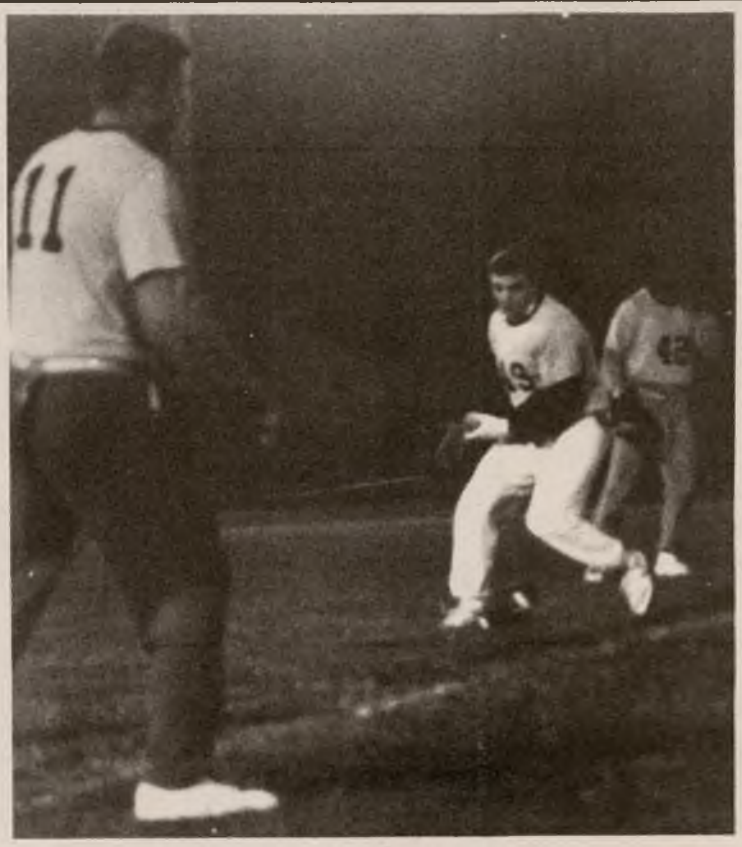
The entry fee is $6 for each person for each event. You may enter as many times as you wish. The prize ratio will be one prize given for each eight entries; 100 percent of the prize fund will be distributed to entrants. All participants must hold an ABC/WIBC membership card. Those interested in bowling in a team event should preregister at the Post Gymnasium or the Bowling Center requesting to bowl on either Monday or Tuesday. The following events will be held on the days indicated below: Dec. 17-18, from 11 a.m. to 2 p.m., a team event (four persons); from 2 to 5 p.m., singles and doubles; Dec. 19-21, from 11 a.m. to 5 p.m., singles and doubles.

For more information, call Lori Taimanglo at **561-4120.**

Gym admission policy

Admission to all Sports Branch facilities (including the pool) will be permitted only upon presentation of a valid identification card to the staff. This includes the following cards: active duty Armed Forces, Reserve Component, retired military, family member, or Department of Defense civilians. Active duty military personnel in uniform are not required to present the identification card. Eligible personnel in the community are authorized to bring one guest to a facility. Guests will not be permitted during peak periods, Monday through Friday from 11 a.m. to 1 p.m. and from 4 to 6 p.m.

All guests must be signed in by their sponsor. Guests will be permitted to use the facility just once a week. For more details, call **561-4131.**



USAG prepares to kick off during their 20-0 shutout against A Company, LAMC, Thursday in the first round of the finals.

USAG slaughters LAMC 20-0

by the Star Presidian staff

Fans were about to haul out the "boring" towels halfway through a scoreless first half. Then they saw USAG get its defense and offense in sync enroute to a 20-0 shellacking of Company A, LAMC in the first 1990 post flag football championship game.

The USAG defense picked off an errant pass and turned it into the contest's first TD on a third-down scamper by Ed Flowers. Cornelius Humphries made good on the extra point attempt.

Humphries was right in the middle of USAG's next score late during the first 20 minutes. That's when he was on the receiving end of an aerial bomb from quarterback James Williams.

This time it was Williams and Flowers who teamed up for the extra point and a 14-0 halftime advantage. It didn't take the eventual changes long to get started after the break. Humphries took the kickoff, danced along the sidelines as exasperated defenders missed his flags and then cruised into the end zone. LAMC did hold, and the extra point attempt was no good.

That's when a fight broke out and a player from each team was barred from the next two games.

This only made USAG's defense more motivated. USAG refused to accept anything but a shutout.

LAMC couldn't force its way through a confident USAG defense. It seemed as though they were playing for the Super Bowl title. Sometimes players forgot they were playing flag football and not tackle.

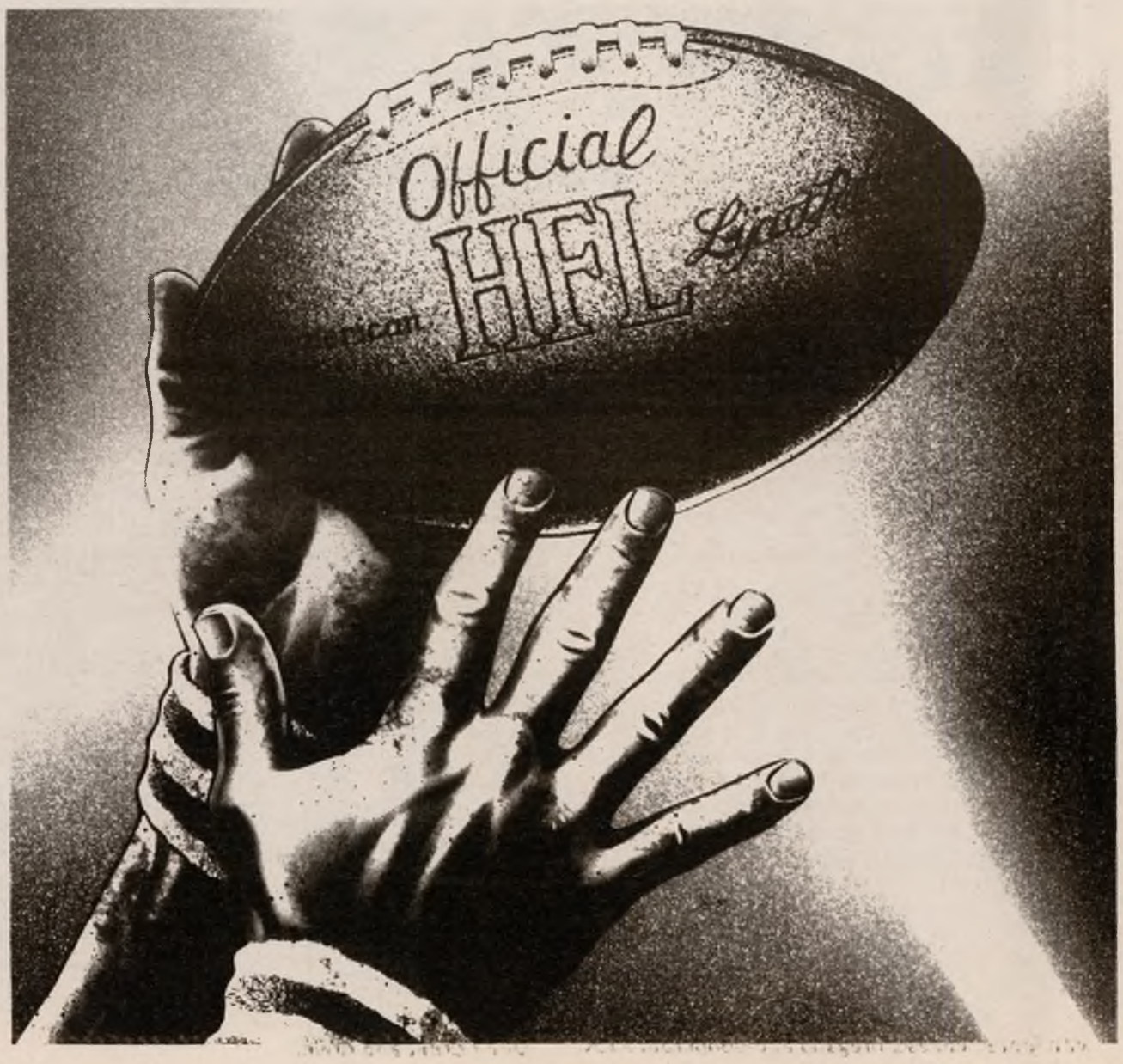
Not suprisingly LAMC and Garrison shook hands after the hard-fought game. USAG players didn't feel the victory was complete until they huddled in the end zone for a victory cheer.

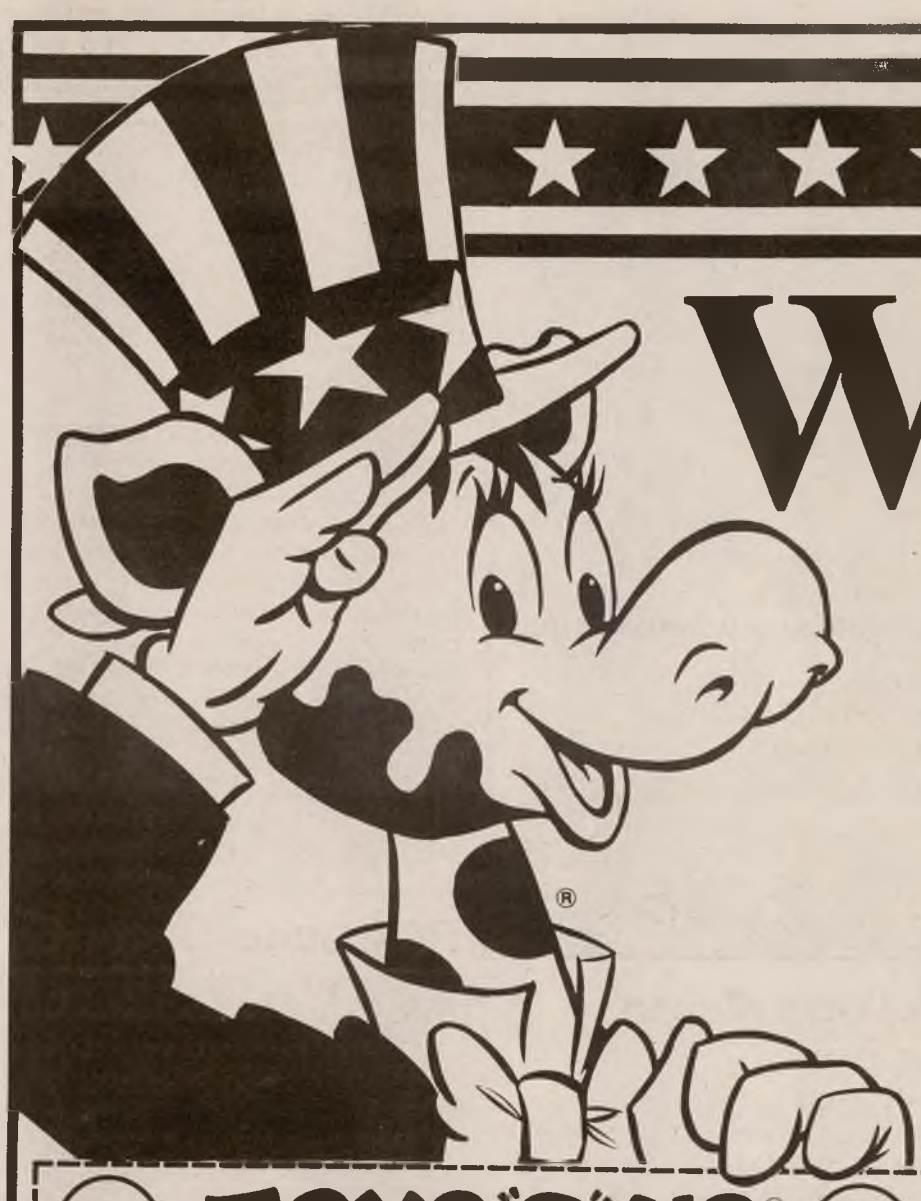
LEC defeated LAIR, 17-7 after USAG's shutout.

The next championship games will be played Tuesday at 5:30 at the Headquarters football field. There will be four more games to determine the champs.

USAG is confident that it will take first in the tournament. "We've got it made," Flowers said. "We're more organized because we can work well together and we're smarter."

Time will only tell if he has to eat his words





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At Toys "R" Us and Kids "R" Us, we salute our Men and Women overseas who are protecting our country and risking their lives to ensure a safer tomorrow for our children. We recognize the hardships that our military personnel overseas will face in the coming months, as well as their families at home.

With this in mind we'd like to make it a little easier when shopping for toys and kids' clothing. Take advantage of our $5 off coupons below, and save even more.

From our family at Toys "R" Us and Kids "R" Us, we would like to extend our wishes for a safe and healthy return home to all of our Military personnel. We hope and pray that they will be with their families soon!

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by Adrienne Sims
Star Presidian staff

Community Calendar

NAF jobs

Child Development Program Assistant, CC-02, $6.19 an hour; custodial worker, NA-01, $5.56 an hour; recreation assistant, PS-07, $7.94 an hour; waiter/waitress, NA-02, $6.31 an hour.

Submit your applications to CPD/NAF or call Gil Funes at **561-5095.**

USO volunteers

The USO needs military and civilian volunteers to serve on activity committees for entertainment, sports, Desert Shield support and letter-writing groups and holiday events. to volunteer or for more information, call the USO Office at **561-2436** Monday through Thursday 9 a.m. to 4 p.m.

Resume workshop

The USO job and resume workshop for military members and their spouses will meet Tuesdays 11:30 a.m. to 12:30 p.m. To sign up or for more information, call **561-2436** or stop by the USO, building 223.

Ed Center holiday hours

The Fort Scott and LAMC Education centers will close at 11:30 a.m. Dec. 14. On Dec. 24, 25, 31 and Jan. 1, the centers will be closed all day.

Counseling will be available until 4 p.m. Dec. 17 through 21 and Dec. 26 through 28. Starting Jan. 2, counseling will be available until 6 p.m. at the Fort Scott Education Center.

The Fort Scott Computer Center will close at 4 p.m. Dec. 17 through 20 and at noon on Dec. 21. The Computer Center will reopen Jan. 2.

Gift wrap

Leave your Christmas gift wrapping to Presidio volunteers.

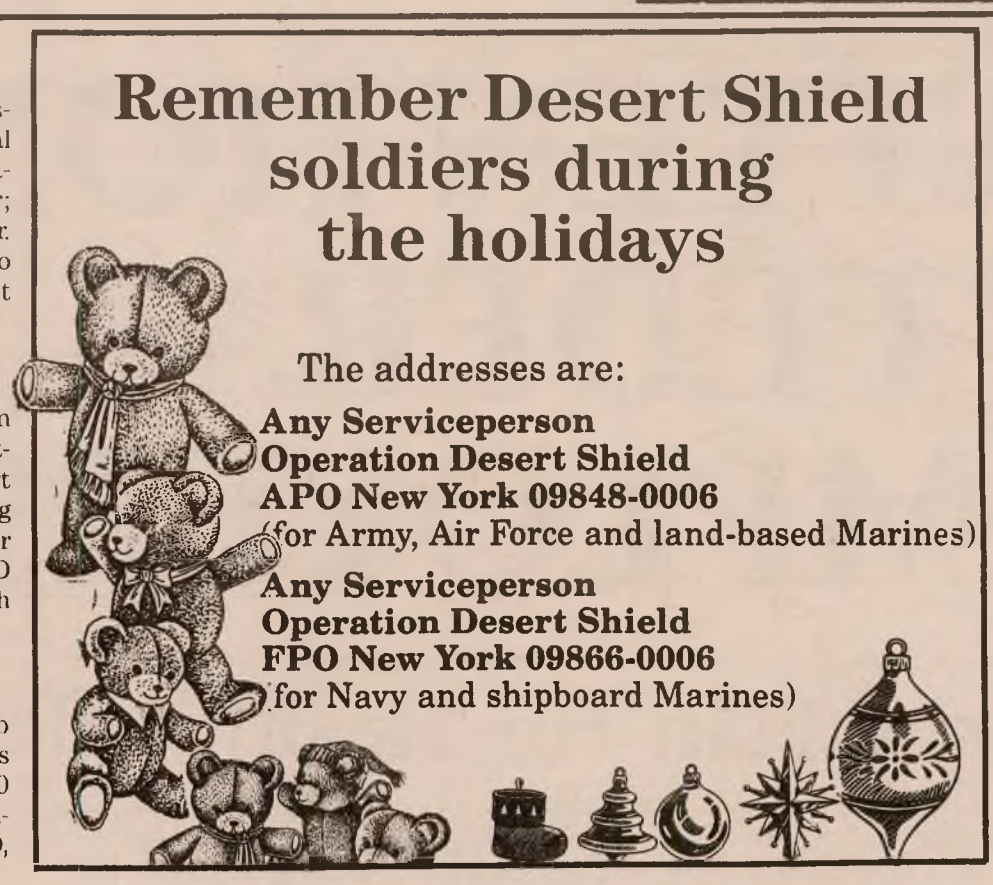
If gift wrapping is your least favorite job, there is a place just for you . . . the Presidio volunteer gift wrapping booth in the foyer of the Post Exchange starting Sunday. For a small fee, the volunteer agencies on post will wrap all gifts. Your donation will be used to provide emergency food, scholarships and other services to the Presidio community.

Commissary council meeting

The Presidio Commissary Council meeting will be held Dec. 13 at 9:30 a.m. in the Commissary Conference Room, building 653. Guests are welcome.

MOS Library

The Letterman Army Medical Center and Fort Scott MOS Libraries are open Monday through Thursday 10:30 a.m. to 4:30 p.m. and Friday 10:30 a.m to 4 p.m. The MOS Library offers Army Regulations, DA Pamphlets, DA Circulars, Field Manuals, Technical Manuals, DOD Regulations, Army Correspondence Courses and more. Counselors are available to help you with questions. For more information, call the Fort Scott MOS Library at **561-2974** or the LAMC MOS Library at **561-3692.**



Christmas Cantata

On Sunday the Post Chapel Choir will be performing a Christmas Cantata, "Following the Star", at 6 p.m. There also will be music provided by the Children's Choir and the Handbell Choir. Everyone is welcome to attend.

Discount tickets

Discount tickets to the Dickens Christmas Fair are available at the USO to all Presidians—military and civilian. Adult tickets are on sale for $11.50, children's admission is $5.50 for ages 3 through 11—this is a $3 savings per ticket.

The fair runs weekends through Dec. 23 at the Cal Expo Fairgrounds in Sacramento, Calif.

To buy your ticket, stop by the USO in building 223 Monday through Thursday from 9 a.m. to 4 p.m.

Cookie bonanza!

Celebrate the holidays with Health Services Command. Julie Burger, wife of LAMC Commander Brig. Gen. Leslie M. Burger, will host the event Monday at 7:30 p.m. at 1000 O'Reilley. Bring three dozen of your favorite cookies and the recipes. Party-goers will taste and exchange recipes. Everyone is invited to attend.

Zoo Christmas

Celebrate the holidays at the San Francisco Zoo Dec. 15.

See zoo animals get burlap stockings stuffed with their favorite treats—including cottage cheese and honey sandwiches for the polar bears, pumpkins, melons and sweet potatoes for the elephants. Other animals will receive toys.

Other events: Santa and Rudolph portraits with your children, holiday music, magic show and ski instruction.

Members are admitted free starting at 8:45 a.m. Others pay the regular zoo admission—$6 for adults, $3 for children 12 to 15 and free for seniors and younger children—and will be admitted at 10 a.m. For more information, call **753-7080.**

College classes on post

San Francisco State University will offer three courses on the Presidio beginning Jan. 22. All SFSU classes meet one night a week from 5:15 to 8 p.m. The classes are: Second Year Composition (Tuesdays); Introduction to Critical Thinking (Wednesdays); and History of Western Civilization (Thursdays).

City College of San Francisco will offer six courses on post starting Jan. 15: Introduction to Business (Tuesdays, 5 to 8 p.m.); Microcomputer Application for Business (Tuesdays and Thursdays 5 to 7:30 p.m.); General Psychology (Tuesdays, 5 to 8 p.m.); Music, Art and Literature, Contemporary Concepts (Thursdays 5 to 8 p.m.). Wordperfect 5.0 will be offered in two parts: Beginning Word Processing/Word Perfect (Jan. 14 to March 13); and Advanced Word Processing/Word Perfect (March 18 to May 22). Both will meet Mondays and Wednesdays 5 to 8 p.m. According to the Education Center, Computer classes fill up fast so you must register soon!

Visit a counselor at the Fort Scott Education Center, building 1216, **561-4445** or the LAMC Education Center, building 1014, **561-4030** to find out more.

Red Cross class

The American Red Cross will hold Basic Life Support Classes Dec. 18 and 19, 6 to 10 p.m. Cost is $15 payable in advance in the Letterman Army Medical Center's fifth floor office.

For more information, call R. Allen Geyer at **561-2187** or **561-2141.**

Red Cross volunteers

The Presidio American Red Cross needs volunteer caseworkers. They will receive classroom instruction and on-the-job training. The Red Cross pays baby-sitting fees for all its volunteers.

For more information, call the Red Cross at **561-2187.**

Christmas Ball

Presidians are invited to the Christmas Ball at the Officers' Club Dec. 15 beginning at 6:30 p.m. There will be dining, dancing and entertainment. Reservations must be made no later than Monday.

Save a tree

Treedom is a simple way for environmentally concerned individuals to plant a tree. Since it's relatively difficult for many Bay Area apartment and condominium dwellers to do that (not to mention those who live in Army barracks), Treedom provides a solution to the problem. With Treedom it's as simple as dialing **(800) TREEDOM** and donating $18 for a tree to be planted in your name at reforestation sites throughout Northern California.

Treedom works with the U.S. Forest Service and the Nature Company, and will be expanding its realm to include other national parks.

ROA scholarships

One hundred college scholarships worth up to $500 each will be awarded for the 1991 and 1992 academic year by the Reserve Officers Association of the United States.

Seventy-five will be undergraduate scholarships to family members of ROA members. The 25 graduate scholarships will be awarded to members of ROA. Applications will be available Feb. 1, 1991. Applications can be obtained by writing 1 Constitution Avenue, N.E., Washington D.C. 20002, or calling **(202) 479-2200.** Completed applications must be received by April 30, 1991.

Holiday green sale

Strybing Arboretum's Annual Holiday Green Sale will be held Saturday at 10, a.m. to 1 p.m. at the Strybing Arboretum. A Wreathmaking Workshop will also be held 10 a.m. to noon. The fee for the workshop is $5 including materials. Pre-registration is required. The Strybing Arboretum is located at 9th Avenue and Lincoln Way in Golden Gate Park.

Christmas tree sale

A Guardsmen Christmas tree sale will continue through Dec. 23, 10 a.m. to 9 p.m. daily at the Festival Pavilion at Fort Mason. Trees, garlands, holly, mistletoe, poinsettias and decorations will be sold. Flame retarding, flocking and delivery services are available. Proceeds send underprivileged boys and girls to summer camp. Admission is free.

For more information, call **781-6785.**

Toastmsters

Interested in improving your oral communication and leadership skills? Presidians are invited to attend a Land's End Toastmasters meeting at the VA Medical Center, 42nd Avenue and Clement Street. There is no charge and no obligation to continue. Meetings are held every second and fourth Wednesday of the month from 5 to 6:30 p.m. in room A122, building 200. Call **221-4810 extension 2573** for information. There will not be a meeting Dec. 26.

At the movies

Presidio Theatre

Friday, Dec. 7 Goodfellas (R)
Saturday, Dec. 8 Flatliners (R)
Sunday, Dec. 9 White Hunter, Black Hearts (PG)
Monday, Dec. 10 Days of Thunder (PG)
Friday, Dec. 14 Graveyard Shift (R)

The Presidio Post Theatre will be closed Dec. 21 through Jan 3, 1991.

Hamilton Theater

Dec.7: Air America (R)
Dec. 8: Dick Tracy (PG)
Dec. 9: Air America (R)



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Star Presidian

Vol. 33, No. 50 | "Published in the interest of the people of the Presidio of San Francisco" | December 13, 1990

News Briefs

compiled by Joel P. Smith

Assistant SECDEF visits Presidio

The Hon. John B. Rosamond, Deputy Assistant Secretary of Defense for Reserve Affairs, Materials and Facilities, visited the Presidio Dec. 4 and 5. He was given briefings on the history of Presidio, and the role and mission of Sixth U.S. Army. Rosamond was also given information on the closure of the Presidio as an active Army installation.

IRS news

Although it is not a requirement for each Presidian to file a new W-4 form, changes in the tax laws will result in many persons needing to change their personal allowances.

Gym no. 1 closure

Post Gym No. 1 will be closed Saturday because of a scheduled power outage.

Free Saudi mail service

General Electric Information Services is sending messages free to soldiers in the Middle East. The electronic mail service allows people with access to a computer and a modem to send personal messages to loved ones serving in the Persian Gulf region.

Before sending a "Letter from Home" you must know the following information about the messages' recipient: name and rank, social security number, unit or ship name, APO or FPO number.

For more information about the "Genie" service, call **1-800-638-9636** on a touch-tone phone and press the number "2" key.

Operation Desert Care

The Stanford Court Hotel in San Francisco is offering to send free messages to soldiers stationed in the Middle East. To use the service, write a note, letter, or any words of encouragement and bring them to the hotel at 455 Market St., Suite 1200. The hotel is printing special "Operation Desert Care" notecards and envelopes to mail the letters in. Free Polaroid photos will also be taken of family members, standing in front of a yellow ribbon-covered Christmas tree at the hotel, so they can be sent to the soldiers. The service is running through Monday.

Christmas tree lighting ceremony

Presidians are invited to a Christmas tree lighting ceremony Dec. 17 at 3:30 p.m. at the Presidio Fire Department. The Sixth U.S. Army Band will play at the ceremony.

Commissary closures

The Presidio Commissary will be closed Dec. 25 and Jan. 1 for the holiday season.

Shuttle cancelled

Hamilton Army Air Field's shuttle to the Presidio will not run Dec. 21 to Jan. 2 due to the Christmas and New Year's holidays. The service will resume Jan. 3.

Outside Christmas lights

The Presidio and its sub-installations do not permit the use of outside Christmas lights.

The lights are not allowed because the Department of the Army wants to reduce energy consumption. Reducing energy consumption will save taxpayers money and exhaust less of the Army's budget.

All federal agencies have had their budgets cut recently. The cost to the Army, if it permitted the use of outdoor Christmas lights, would be between $5,000 and $14,000, according to estimates by the Directorate of Engineering and Housing.

There will be several post lighting displays offered for your viewing, however.



Castro Valley Elementary School students hold up a sign of support for American troops in Saudi Arabia. The school donated more than 400 pounds of packages and letters to soldiers deployed in the Middle East.

School donates over 400 pounds of letters, packages to Desert Shield

by Drew Seaman
Star Presidian staff

Three representatives, two soldiers and one civilian employee, from the Sixth U.S. Army and Presidio Public Affairs Office were sitting in a doughnut shop in Castro Valley, Calif., Dec. 5. They were passing the time because it would be another half an hour before they would attend a very special ceremony, a ceremony the end result of which would affect hundreds of American military personnel assigned to Operation Desert Shield.

Adam Nielsen, a third grader on his way to school, was staring at the two soldiers in uniform with awe in his eyes. His mother laughed and said, "Ever since the Saudi Arabia thing my son's gone crazy for anything that has to do with soldiers. He plays 'soldier' all the time and he's written letters to the soldiers over there."

That vignette from life was an excellent prelude to a donation ceremony at Castro Valley Elementary School. The school had collected more than 400 pounds of items ranging from letters to homemade cookies from it's 470 students and their parents.

Lieutenant Colonel Steven C. Fredericks, chief of the public affairs office, accepted the donation on behalf of the soldiers assigned to Saudi Arabia.

The school started the program on the advice of a teacher. "One of our teachers was watching the news on T.V. and she saw a clip of a girl who had started a letter-writing campaign to troops in Saudi," said principal Nancy Kranz.

"We got together with our faculty and decided it would be a great idea for our school and parents to get together and show our support. From there everything just took off."

The school's kindergarteners to fifth graders wrote letters and enclosed their photographs and a self-addressed stamped envelope. The children then packed their letters, magazines, toys and food items into 500 bags with red and green ribbons donated from local-area stores.

Movers Pak-Man, Inc. provided boxes and offered its services to package the items in preparation for movement to Saudi Arabia. Darrell Hamlett, the company president, said, "Ninety percent of my business deals with moving military household goods. I was proud to do something in thanks of our military."

The ceremony was concluded with the students reciting the Pledge of Allegiance. After the ceremony, an Army truck was used to move the donations to the Defense Depot in Tracy, Calif., for shipment to the Gulf.

VAEA adopts Co. C, 864th Engineer Bn.

by Drew Seaman
Star Presidian staff

In a few weeks, Company C, 864th Engineer Battalion will become one of the many "orphaned" units thrust from America's womb into the sand bowl of Saudi Arabia.

Like real orphans some of those soldiers won't develop a sense of abandonment because they'll be nurtured by distant friends and families. But other soldiers in the blistering heat will be left grounded with no intimate ties back in the states.

To ensure that all the "Charlie 864" soldiers receive the support they deserve, the Veteran's Administration Employee Association at the San Francisco VA Regional Office became the proud "parents" of the company Friday.

The VAEA volunteered to provide a friendly extension of the Army's primary stay-behind support system. Its efforts will focus on collecting and sending letters and packages to unit members while they are in Saudi Arabia.

A volunteer group of VAEA members will provide assistance to family members left behind in the Bay Area.

Arline Gause, whose husband is in the 864th, said, "It relieves a lot of stress when we know there will be someone here to help us out. The support we've gotten has been wonderful, not just from the VAEA, but from all of Presidio."

Lt. Gen William H. Harrison, the Sixth U.S. Army and Presidio commander, presided over the symbolic adoption of the unit. In a moving speech, he recounted how he remembered soldiers returning from Vietnam greeted with scorn and animosity from the American public. "It hurt deeply not to be supported", he said. "Whether we support the policies of our country or not, we do have to support our soldiers who are willing to give the ultimate sacrifice."

Virginia Fontaine, the VAEA president, said, "We don't want to repeat the same mistake we made in badly treating our soldiers in Vietnam."

The VAEA, whose 375 employees consist of a large number of war veterans, wants to make sure that today's soldiers get what many of them wanted during their military service. . . the support of the American public.

Voices

Presidio View

by Lt. Gen. William H. Harrison



Fly a flag for freedom

Dear Presidians—

The blessed holiday season is upon us—trees are being decorated, the shopping malls are full, children are "being as good as they can be" in anticipation of Santa—all these things we Americans relate to the season. Yet this year as last (remember last December we were shipping soldiers to Panama for Operation JUST CAUSE) we in the military are experiencing family separations, sacrifices by thousands of service personnel and their families and great concerns during this period of "Peace on Earth, Goodwill to Men." That unfortunately is part of the life of a soldier and his/her family. We regret it's a necessity but know we can and will deal with it. So, despite all this, it remains a great day to be in the Army—or a part of the Army—at the Presidio of San Francisco—a Very Special Place!

On Monday, the 3rd of December, I represented all of you at a ceremony at the Stanford Court Hotel downtown. The staff there had enlisted the aid of a number of local schools and all of them were writing letters to our service personnel in Saudi Arabia.

The hotel decorated a beautiful tree with yellow ribbons and pledged to keep up the letter writing campaign as long as the troops are deployed. A great idea and very much appreciated. That is HOO AH!

On Tuesday, we held our annual Holiday Concert at the Palace of Fine Arts. This was the *13th annual performance* and it was our best ever attended—over 1000 people! This is super and I know our great Sixth Army band which puts so much preparation appreciated the good turnout. There are so many people to thank for this very special occasion—the band for its outstanding performance; Ms. Susan Jaworowski our surprise and very talented guest soloist—and her band member husband Sergeant Jeff Jaworowski who accompanied her; the trombone quintet; the trumpet trio—those double tongued marvel!; Mr. George Parvao our narrator; the protocol section who arranged everything; the co-hosting commanders and their organizations; the Palace of Fine Arts staff for the use of the facility; our MPs for crowd control, and just on and on. To each and every one of you who worked so hard—thanks from all of us who enjoyed the results of your handy work! A big HOO AH! to each of you.

The Deputy Chief of Staff, Logistics hosted our Sixth Army Maintenance Excellence awards ceremony on Wednesday, the 5th. Once again the competition was fierce but as always, someone must be the winner. This year the light category was won by HHD, 49th Medical Battalion, Los Alamitos, CA; the intermediate category by the 801st Engineer Company, Oakland, CA; and the heavy category by HHC 3d Battalion, 87th Infantry, Fort Carson, CO. To each of these units and all their people a real loud and sincere HOO AH!

DCST and DCSOPS hosted their periodic golf tournament on Thursday, the sixth. It was a beautiful day, and I thoroughly enjoyed my foursome made up of Chaplain Renfrow, Mr. Lou Caviglia and Captain Bill Wolf. We only came in fourth place but we had fun!

Friday cannot help but be a very special day for any American service person. It was the 49th anniversary of Pearl Harbor—a day in our nation's history we will never forget—not that we can't forgive, we can—but we can never forget the hundreds of fellow service persons who lost their lives on this day in 1941. Remembering always causes us to redouble our efforts to stay strong and ready to preclude future conflict.

Ironically, on 7 Dec. 1990, I also participated in a very special ceremony—the adoption of Charlie Company, 864th Engineer Battalion by the Veterans Affairs Employees Association (VAEA) from the Regional Veterans Affairs Office. These good people not only adopted the soldiers soon to deploy but also their families who will remain behind. The VAEA will write to the soldiers of C/864th, send them care packages and look out for their stay behind families. What a wonderful and HOO AH! thing to do. Thanks VAEA for caring!

Here in San Francisco the usual war cry is "How 'bout them Niners?!" Well, fellow Presidians—"How 'bout them Cadets from West Point?!" HOO AH!A 30-20 Army victory on Saturday. So now it's on to 1991—GO ARMY! BEAT NAVY!!

On Saturday, I had the opportunity to return to Fort Ord, home of the famed Lightfighters of the 7th Infantry Division (LIGHT). As many of you know, I commanded Fort Ord several years ago and the 7th Infantry Division so its always good to go back. Ord is now one of our major Mobilization Stations for units of the Reserve Component being Federalized for DESERT SHIELD. My mission on Saturday was to speak at the annual Division Artillery St. Barbara's Day affair. It was a splendid affair and afforded me my periodic LIGHT FIGHTER fix!HOO AH!

Sunday was a busy day beginning with the annual Christmas Classic run for the Heart Association. Following that I flew to Rough & Ready Island—a Navy post up the Sacramento River where one of our Reserve Units—the 481st Transportation Company (Heavy Boat) is located. This is a really HOO AH! outfit. They are continually winning awards and Sunday was no exception. I awarded them the Chief of Staff of the Army award for company sized units in Supply Excellence for FY 90. This is a most prestigious award and it was well deserved. The entire unit gets a big HOO AH! along with CPT Coleman the Commander, SSG King the Supply Sergeant, and Sgt. Partington the NBC NCO.

On Sunday evening, our Protestant Chapel presented their annual Christmas program. This is an affair with long history and is only possible because of the loyal, dedicated volunteers who come out to sing and perform for the sheer joy of giving to others.

At this performance, one of our long time volunteers, Mr. Robert Rippee was participating for the 30th year! Seems in all those years, Mr. Rippee had only missed two Christmas programs—both due to illness. Well, during this performance Mr. Rippee collapsed and subsequently died. Bob represents yet another of those wonderful unsung (no pun intended) heroes that volunteer their time and talents to help make the Presidio of San Francisco—A Very Special Place. During this incident there were several who performed heroically—our chapel staff who summoned the paramedics so fast, our medically trained personnel in the audience who worked so valiantly to save Bob's life, and our emergency crews from the Fire Station and LAMC. I know you all join me in saying a prayer for Mr. Rippee and his survivors. The chapel choir carried on and turned in an absolutely stirring performance dedicated to their fellow choir member Mr. Bob Rippee.

Another group of unsung heroes are the folks who work so hard to beautify the Memorial Gardens at the Post Chapel. These folks give of their time and talent and their efforts add so much to special feeling at our chapel. To each of them, my thanks and a very special HOO AH!

John Perez—San Francisco National Cemetery
Manual Narag—DEH
Micheal Callison—DEH
Charles Minster—DEH
Charles Lynch—DEH
Ed Casillas—DEH
Sam Oravec—DEH
James Seaman—DEH
James Eldridge—DEH

There are a number of upcoming events I want to bring to your attention:

14 Dec - Year End Sixth Army and PSF Run. (Rumor has some guy in a red suit will visit these two events!)

15 Dec - Sixth Army and PSF Annual Holiday Ball

17 Dec - OWC sponsored visit to Vets hospital

17 Dec - Post Christmas Tree lighting

19 Dec - (7 p.m.) Cable Car Christmas Caroling

24 Dec - (5 p.m.) Children's Eucharist at Catholic Chapel

(6 p.m.) Candlelight Service Main Post Chape

(8 p.m.) Midnight Mass at Catholic Chapel

Finally this week I want to again encourage every household at PSF to fly a flag to show our support for our service members in Saudi Arabia. And don't forget to write to our folks deployed At this special time of year, remember a soldier with a card, gift or letter. It means so very much to know the folks at home CARE.

God bless you each and every one.

William H. Harrison
Lieutenant General, USA
Commanding

"All worthwhile men (and women) have good thoughts, good ideas, and good intentions—but precious few of them ever translate those into action."
—John Hancock Field

P.S. Be one of those "precious few" who remember our service members and their families at this holiday period. Remembering and caring is HOO AH!

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All editorial content of the *Star Presidian* is prepared, edited, provided, and approved by the Public Affairs Office of Headquarters Sixth U.S. Army and Presidio of San Francisco, California. The *Star Presidian* is printed by Coast Publishing, a private firm in no way connected with the Department of the Army, under exclusive written contract with the Presidio of San Francisco, California. The civilian printer is responsible for commercial advertising.

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Ask Presidians

by Drew Seaman, Star Presidian staff

"Special gift you plan to give for the holidays?"



James R. Howard, retired sergeant first class, United States Army: "I'm giving a washer and dryer to my grandson. He's got a new baby and he's going to need it with the extra washings. So many gifts are useless but this one isn't."



Spec. Bennett M. Russell, medical specialist/ emergency medical technician, Letterman Army Medical Center: "I think we all need to give to the needy people or to a 'toys for tots' program. A lot of people out there can't afford to give for Christmas. Those who can afford to give should give a little extra."



Emerito Cunanan, mother is patient at Letterman Army Medical Center: "My mother just had a stroke. Just being around her at this time is the best gift me and my family can give. The material things don't count. It's the love that really matters."



Lance Cpl. Peter J. Greenstein, Marine Corps Security Forces, 3/3rd Marines, Kamcasair Station, Hawaii: "I just got back from Saudi and my unit's still back there. Those guys are hurting back there because they need more letters of support. Writing them is the best thing we've got out there for them. They watch all the negativity on the news and it brings them down. But as soon as we get a letter from a little kid or someone who cares it's the best feeling in the world."



Command Sgt. Maj. Robert A. Whiteford, Presidio and Sixth U.S. Army: "The best thing to give is love, respect and understanding. A lot of times people lose their perspective about what is meaningful. It's not the material things you give it's what comes from inside."



Cpl. Wilma Davis-Minor, protocol administration noncommissioned officer, Presidio and Sixth U.S. Army: "Love and life. There's a lack of love in giving during the holidays. My four-year-old daughter is going to get the best Christmas she will ever have in her life. My husband will also. This year I don't want to get, I just want to give.

Toys for Tots supports children



Your children will probably receive the latest toys available on the market from the Teenage Mutant Ninja Turtles to the New Kids on the Block albums. But what about the families who can't even afford to buy their children the last decades' popular toys? Please consider making another child's Christmas memorable and donate to the Toys for Tots program.

story and photo by Adrienne Sims
Star Presidian staff

In just one week, Steve Miller found that more than 200 Presidio children need toys for Christmas. These children won't get toys without your help.

Miller is in charge of this year's Presidio Toys for Tots program. With the help of volunteers the Religious Activities Center plans to make every Presidio child's Christmas a little brighter.

By the time the search for children in need of Christmas gifts is over, Miller estimates that more than 400 children will be found in need of Presidians' gifts.

According to one volunteer, the most difficult part of organizing the program is getting the word out to the companies on post. Every year the week before Christmas is spent trying to get all the names from the companies to meet the deadline.

The Religious Activities Center will accept donations. There is a box set up at Letterman Army Medical Center for toys. Toys that are donated must be new.

Miller breaks the gifts down into age groups. If there are more gifts needed he requests the gifts for certain age groups through the fire department, located in downtown San Francisco.

The volunteers get together and decide which gifts are best for each age group. After deciding, they tag a name to the gifts.

In the past the gifts were given by Santa Claus at a Christmas party held at the RAC. This year, however, Miller feels the gifts should be more personal and put under the kids' trees until their parents let them open them on Christmas morning.

When the gifts are ready to go, the companies are notified and the parents or a representative from the company picks up the gifts. The gifts are not wrapped. This way the parents see what their children are receiving. Wrapping paper will be provided by the RAC if needed.

Each year boxes are stuffed with furry bears, trucks, board games and undoubtedly, Barbie. This is made possible by the RAC volunteers and Presidians who wish to donate a gift.

Various commercial stores donate gifts for the Toys for Tots program. Cost Plus has a drop-off point for toys inside the store

For their time and efforts an appreciation luncheon will be held for teachers at the Protestant and Catholic chapels. Regina Smith, one of the volunteers, will be cooking the dinner.

Christmas is for children. Just one gift can help a child enjoy the Christmas season. After all, what's Christmas without a special toy?

"Christmas without Barbie's just not no fun," 5-year-old Jessica Raymond said. "I hope Santa goes to all the kids' houses. If he doesn't, it's not fair."

"I like Santa 'cause he's nice and he always comes to my house," said 4-year-old Michael Smith. "I think he goes to everybody's house if they're good. If they're bad they get that lump o' coal."

The Toys for Tots program doesn't want any children to get a lump of coal.

Non-refundable ticket waivers for Presidians

by the Army News Service

As a result of continuing Middle East actions, the U.S. air carrier and travel industries are assisting U.S. military servicemembers and their families by waiving penalty restrictions on non-refundable tickets. Air carriers propose a variety of solutions geared to assist servicemembers, reservists, trainees and U.S. government employees who would otherwise lose money due to a leave cancellation by their unit as a result of Desert Shield operations. Many servicemembers, reservists, trainees, government employees and their families may hold non-refundable tickets for leave travel.

Solutions offered by the airlines range from full refunds to waiving penalties for cancellation or reticketing. Some airlines are honoring tickets for later travel over the same itinerary for up to a year.

In the case of trainees who were affected by the cancellation of Holiday Exodus 1990, tickets may have been purchased by family members on their behalf. It is anticipated that carriers will offer penalty waivers to family members who purchased these tickets. Carriers currently offering non-refundable ticket penalty waivers include USAir, American and TWA. Other airlines have been asked to waive the penalties. Presidians will be told if and when other carriers agree to waive the non-refundable ticket penalties.

In some instances, servicemembers, reservists, trainees and U.S.government employees may have to provide documented proof—orders, etc.—that travel plans were cancelled for military necessity. Policies regarding penalty waivers and reticketing vary by airline. Therefore, Presidians holding non-refundable tickets should call either the airline or the ticket office for more information.

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Gail H. McGinn, Director
Office of Family Policy Support
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Faces on the Presidio

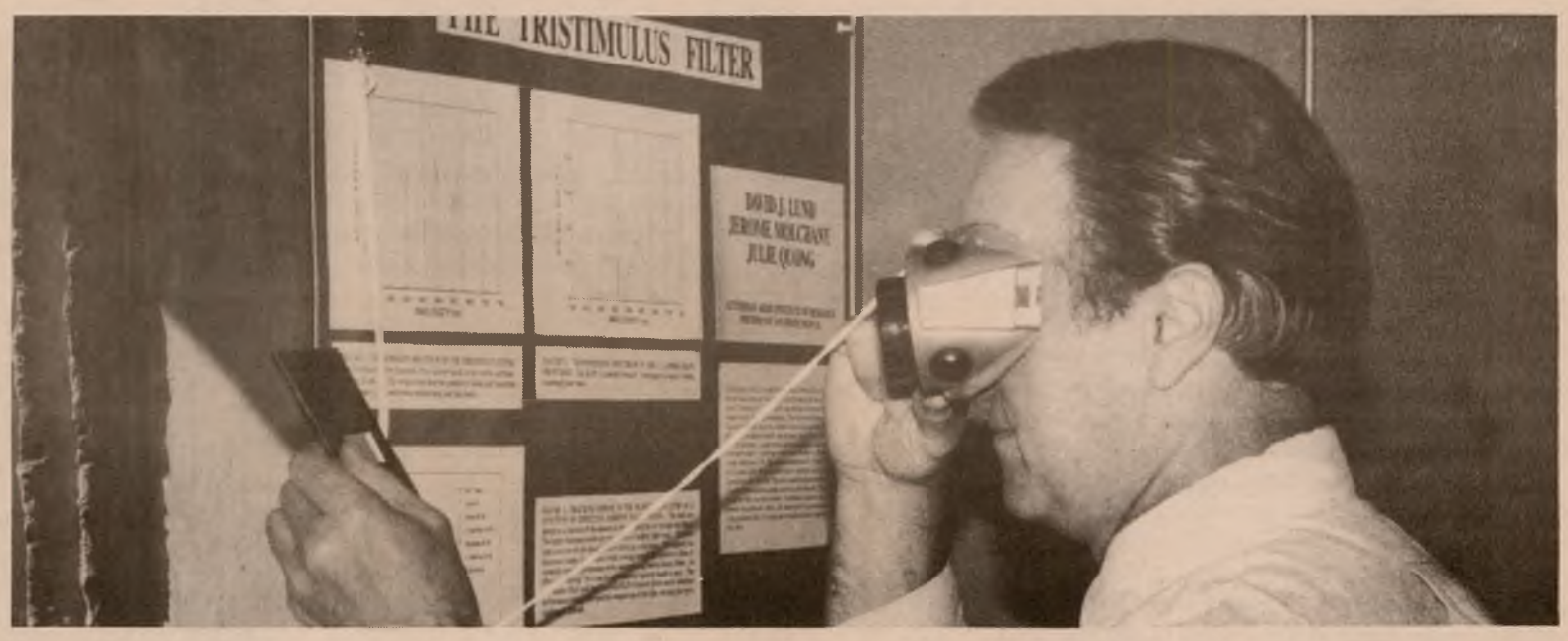


photo by Andre Akers

Nick Montanarelli, an attendee at the 12th Annual Lasers on the Modern Battlefield conference held at the Letterman Army Institute of Research in October, looks through a prototype laser protective device and reviews a research poster comparing changes in color perception induced by several protective devices. Research continues to develop eye protective concepts and devices which only minimally degrade military performance and are affordable.

Letterman Army Institute of Research

LAIR hosted the 12th Annual International Lasers on the Modern Battlefield Conference in San Francisco recently.

More than 150 strategists, researchers and laser users from all components of the U.S. armed forces, the United Kingdom, Canada and Australia attended the conference this year. Over 63 podium presentations and 24 posters were presented on topics ranging from bioeffects and protection to system development and intelligence issues.

"The broad scope of technical laser issues covered at the conference coupled with the variety of attendees, which included program managers, project managers and users, as well as those involved in research and development, are two important reasons for the conference's continued success," said Bruce Stuck, Chief, Ocular Hazards Division at LAIR.

The increased use of lasers on the modern battlefield makes forums such as the LAIR-hosted LMB vitally important to the safe and thoughtful advancement of laser technology. The thirteenth annual LMB is scheduled to take place in San Francisco, Oct. 21-25, 1991.

Headquarters Company, U.S. Army Garrison

Private First Class Teresita D. Geston, a reassignment clerk, was promoted to the rank of specialist. The Kauai, Hawaii, native said it was a surprise at first but she said she deserved it.

Sgt. 1st Class Melvin H. Washington, a senior supply sergeant, was promoted to the rank of master sergeant. He said he had been looking forward to the promotion for a long time.

The company's first sergeant, Mazie L. Brewington, cooked an entire Thanksgiving meal from scratch for the headquarters company staff. Among the items she prepared were the turkey, dressing, collard greens, sweet potato pie and cakes. Sgt. Cheryl A. Lee, the administration noncommissioned officer, said, "The meal turned out great. It made everyone feel appreciated and brought everyone in our office closer."

Spec. Clark D. Jukes, a personnel information systems management specialist, won the title of Soldier of the Month. How has the title affected the Thomson, Ga., native? He said, "I feel good I won, but I'm still the same person."

Headquarters Sixth U.S. Army and Presidio of San Francisco, Deputy Chief of Staff, Operations

DCS, Operations welcomes Lt. Col. Les Delashmit as the new assistant deputy chief of staff.

The Star Presidian goes on holiday



The *Star Presidian* will not be published the last week of December and the first week of January. Our last issue of the year will be out Dec. 20. We will return with the 1991 version of the *Star Presidian* starting on Jan. 10, 1990. Happy Holidays!

Letterman Army Medical Center

Ninety-two-year-old Joe Lafferty, a retired soldier spends time every other Wednesday at LAMC giving doughnuts and stationary supplies to patients. He has provided this service for 42 years



photo by Drew Seaman

Virginia Fontaine, VA Employees Association president, and the Co. C, 864th Engineer Battalion commander, Capt. Paul F. Cunningham, sign the unit's "adoption papers." Watching are (l-r) Maj. Billy Jackson; Leo Wurschmidt, director of the U.S. Department of Veterans Affairs Regional Office of S.F.; and the 864th first sergeant, Willie L. Dowdell Jr.

Education Center

Kim Ramey, an education technician at the Letterman Army Medical Center Education Center, was promoted to GS-6 and now works for the Secretary to the General's Staff.

The Fort Scott Education Center, building 1216, has a new management assistant. Debra Passavanti joined the staff Dec. 3. Passavanti formerly worked for the Directorate of Housing and Engineering on post.

Directorate of Plans, Training and Mobilization

SSgt. Jesse Cabredo, Jr., with the Training Division of DPTM, has been recommended for an impact award for increasing ammunition expenditure on post. Cabredo and his wife, Claudia, are also new parents. Shanine Maria Cabredo, the couple's first child, was born Nov. 8.

Finance and Accounting

Congratulations to the managers and employees in both the Travel and Disbursing Branches at Finance and Accounting. Since Sept. 4, travel vouchers have been paid faster than the DA standard of five work days. During two of the weeks, average turnaround was less than four days. Reservists mobilized at the Presidio for Desert Shield support are receiving next-day payment for their monthly TDY. Turnaround time is measured from the receipt of the completed voucher to the deposit of the check in the cashier cage or the mail.

NCO Club

Chef Walter Webb received a yearly monetary award of $425 for outstanding work in preparing his Friday buffet and catered parties. Kay Patrick, a caterer at the club, received $400 for her performance in the catering department.

Hi Mom!

by Spec. Darrel Montoya
HHC 3-504-PIR
82nd Airborne Division
Fort Bragg, NC

They walk through the heat day and night
Hoping peace will come without a fight
All of their families are at home grieving
Remembering when they were leaving
But to them, now the Desert is their home
And across they must roam
America will stand up for her friends
Until the long battle ends
That which good will fight evil
And evil always fights back
As the American soldiers are there to stand
While at home we wait hand in hand.

Spec. Montoya is a soldier with the 82nd Abn. Div. who was among the first servicemembers to deploy in August. He wrote this letter to his mother, the sister of a Presidio civilian employee.

Celebrate

Concert dedicated to deploying soldiers

story and photos by Joel P. Smith
Star Presidian staff

One soldier believed the 13th Annual Bay Area Commander's Christmas concert was going to be so good, he volunteered to work it.

"I volunteered myself and my whole section," said Spec. Michael P. Miles, a chaplain's assistant on post. "I came to the concert last year and I really enjoyed it. I knew they needed ushers, so I volunteered," Miles explained.

About 900 soldiers, family members and civilians—mostly from the Presidio community—attended the Dec. 4 event at the Palace of Fine Arts Theater in San Francisco.

The Sixth U.S. Army Band, directed by Chief Warrant Officer Orville L. Gannon, played patriotic airs and traditional Christmas pieces for the crowd.

In his opening remarks at the 7 p.m. concert, Lt. Gen. William H. Harrison, Presidio of San Francisco and Sixth U.S. Army commander, made a special effort to remember those soldiers on the Presidio readying for deployment to Saudi Arabia.

"For all those who came to join us this is your Christmas present," said Harrison, "and we'd like to especially dedicate it to the officers and soldiers from Charlie Company at the Presidio [with the 864th Engineer Battalion], who'll soon be leaving to support Operation Desert Shield."

One of those Charlie Company soldiers, Spec. Alfredo B. Cordero, a light wheel mechanic, said the concert was an opportunity for his family to spend some special time together before his deployment. "I get to do something nice with my wife and daughter," Cordero said. "I don't know how much time I have before I have to go, so I'm trying to make the most of it."

Cordero said he couldn't help thinking about the movie "It's a Wonderful Life," while listening to the music. "'Hark the Herald Angels Sing' did it," Cordero said. "I almost had tears in my eyes."

Capt. Daral A. Woerle, Sixth Recruiting Brigade commander, Fort Baker, noted the concert seemed to be principly a family affair. "I was surprised at the turnout," said Woerle. "I think we've got [someone from] the entire military community here."

Hosts for the concert included Harrison, Brig. Gen. Leslie M. Burger, Letterman Army Medical Center commander, Col. Alex Woods, 3rd ROTC Brigade commander, and 10 other Presidio and Bay Area Army unit commanders.

"With Sounding Trumpets," "Holiday for Trombones," and "Bugler's Holiday" set a spirited tone—it seemed the band was celebrating as much for itself as for the audience.

The audience performed the closing numbers—"Joy to the World," "O Little Town of Bethlehem," "Silent Night, Holy Night," and other traditional Christmas carols.

Sixth U.S. Army trombonist Sgt. Jeffrey A. Jaworowski and his wife Susan led the sing-along in a rousing close.

Children at the concert visited Santa afterwards. Santa was looking a little tan and sounded a little gruff—it's a very busy time of year—but he was exceptionaly generous, believing all the little boys and girls who claimed they had been good and taking careful note of their Christmas wishes.

Andrew A. Buehrle, a Navy hospital corpsman at Treasure Island Naval Station, seemed to be the man most aquainted with Santa. (The corpsman seemed to say that the two were so close, they were almost the same person.) Buehrle offered an explanation as to why Santa was putting in such an early appearance: "He got drafted." But, Buehrle added, "It was for a good cause."



Chief Warrant Officer Orville L. Gannon directs the Sixth U.S. Army Band



"Have you been naughty, or nice?" Two children think it over in Santa's lap Dec. 4 after the 13th Annual Bay Area Commanders' Christmas Concert.



The Sixth U.S. Army Band performs Dec. 4 at the 13th Annual Bay Area Commanders' Christmas Concert

San Francisco International Toy Museum



Dave Loesch brings his son, Andrew, regularly to frolic in the San Francisco Toy Museum's play space.

Magical escape into a child's wonderland



story and photo by Drew Seaman
Star Presidian staff

A magical room brimming over with children's toys is nestled deep in the heart of Fisherman's Wharf in San Francisco.

Located on the second floor of The Cannery, a restored historic building at Leavenworth and Beach streets, the San Francisco International Toy Museum is home to hundreds of antique and new toys from all around the world.

The first Barbie doll made in 1959 lives here. Every available space is cluttered with toys from the French and German dolls born at the turn of the century to the new Busy Beads self-esteem building toy.

At first glance the museum may look like a child's room overrun with a galaxy of toys. But with careful scrutiny, you'll see that the room is divided into three areas. In one space is the museum, a look-but-don't-touch area where toys from yesteryear are displayed.

Near the entrance, a gift shop offers the latest toys available on the market.

Within jumping distance is the museum's playroom where children and their parents are invited to have hands-on fun.

Dave Loesch, a regular visitor, brings his son, Andrew, into the playroom because "every toy in here is very safe. There are no edges on anything in here that can hurt him."

With the help of generous toy company sponsors and an impressive list of private toy and doll donors, the museum offers an escape into fantasy.

The museum, a non-profit organization, has been host to 50,000 visitors since its opening in November 1987.

The museum was created by child psychologist Dr. Steveanne Auerbach who is now the director of the museum. She wanted the museum to serve three main functions: One, collect, catalogue and display toys from around the world; two, provide people of all ages with direct experience with toys of all kinds; and three, educate and promote the public's awareness of the importance of toys.

The museum is open Tuesday through Friday, 10:30 a.m. to 5 p.m., and Saturday and Sunday, 11 a.m. to 5 p.m. Adults and children are charged $2 each. Children under 2 years of age are admitted free.

The wharf, a favorite location of 12 million visitors a year from all over the world, suffered a dramatic decrease in tourism due to last year's earthquake. The museum continues to suffer today because of the lower attendance.

Rebecca Kershner, curator, said, "This museum should really be seen. It's not a tourist event as much as a place for our locals in the Bay Area. It's too great a place not to take your kids!"

The museum is offering a Christmas special for Presidians who come and mention this article. For the entire month of December any child older than 2 years of age that pays for admission can have their parents enter free.

Campbell's Soups

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Campbell's Soups First Run

Monday, December 31, 1990
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- Live coverage on KGO TV Channel 7.
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- Live motown music by Emma Jean & the Soul Spots.
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- Long-sleeve 100% white cotton t-shirts.
- Call anywhere in the US free and wish someone a Happy New Year -- simply stop by the Cellular One booth.

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RACE DIRECTOR: Jeanmarie Murphy

RACE HOTLINE: (415) 387-2178

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INSTRUCTIONS: Fill in completely, Sign Waiver, Send with Self-Addressed Stamped, 4"x9", Envelope

Campbell's Soups First Run

SEX (CIRCLE ONE) M F

DATE OF BIRTH Month Day Year

AGE ON RACE DAY

☐ WHEELCHAIR

For Official Use Only

LAST NAME

FIRST

ADDRESS

CITY

STATE ZIP

T-SHIRT S M L X

PHONE

Waiver: In consideration of your accepting my entry, I, intending to be legally bound, do hereby for myself, my heirs, executors and administrators , waive and release forever any and all rights and claims of damage I may accrue against RhodyCo Productions, Jeanmarie Murphy, Project Open Hand, U.S. Government/Dept. of the Army/U.S. Army Presidio, City and County of San Francisco, National Park Service/GGNRA as well as any and all sponsors or participating organizations; and assign any and all injuries suffered by me while traveling to or from or while competing and participating in the events of the Campbell's Soups First Run on Monday Dec 31, 1990 to Tuesday Jan. 1, 1991. I further attest that I am physically fit and have been trained for competition in this event. I will additionally permit the free use of my name and/or pictures in broadcasting, telecasts, newspapers, etc.

ALL ENTRANTS MUST SIGN WAIVER. (Parent/Guardian if under 18) Date

Sports Briefs

compiled by Star Presidian staff

Youth basketball sign-ups

Sign-ups for the Presidio Youth Basketball Program have been extended through today. Boys and girls in grades 3 through 8 are eligible to participate. Parents may sign up their child at post gym no. 2, building 1152, from 10 a.m. to 6 p.m.

Registration fees are $20 for each child, or $50 for a family rate (three children or more). Volunteers who wish to coach are also being sought. For more information, please call Allen Posey at **561-5051.**

Christmas holiday sports tournaments

The Sports Branch of the Community Recreation Division is offering a variety of sports tournaments for Presidians during the Christmas holiday season, Monday to Dec. 28. Tournaments will be in the afternoon. Entry fees will be charged to cover the cost of awards and other expenses.

All scheduled sports are open to all soldiers, Department of the Army civilians and family members, 19 years or older, assigned or attached for duty at the Presidio. Teams may consist of any mix of soldiers and civilians, or be homogenous. The following is a list of the sports offered, entry fees, and times (All scheduled activities are being held in gym no. 1:)

Sport	Entry fee	Time
5K Fun Run	$3 each person	Dec. 28
Swimming	$3 each event	Dec. 20
Bowling	$6 each event	Mon. to Dec. 21

Bowling will feature team, singles and doubles competition. For more information about scheduling and events, call the Sports Branch at **561-5032.**

Youth swim team

The Youth Services Swim Team is actively seeking swimmers interested in joining the team. Workouts are after school and on Saturday mornings. Call the coach, Maj. Mike Koplin, at **561-4224 for more information.**

Racquetball clinic

The Sports Branch will sponsor a racquetball clinic for men and women, from 5 to 7 p.m. today in gym no. 1. Carlos Farias of Letterman Army Medical Center will conduct the clinic. Farias, who plays in open level competition in northern California, has been selected for the All-Army Trials several times. He has been Presidio's number one player for the past five years and is highly qualified to hold a beginners or advanced players clinic. Admission is free. This clinic is open to all service-members, their family members, and civilians assigned or attached to the Presidio. Meet at court no. 2. For more information, call John Funes, with the Sports Branch, at **561-5032.**

Intramural Bowling League standings

The 1990-91 Intramural Bowling League, which began Sept. 11 and runs through June 4, 1991, has 18 teams participating this year. The following teams and individuals are leading in the various categories:

Team Standings

1. LAMC, B Co -34 wins, 18 losses. 2. HQ CO, USAG-34 wins, 18 losses. 3. LAMC, A CO-33 wins, 19 losses. 4. MEPCOM-32 wins, 20 losses.

Individual standings

High game scratch-(men) 1. Tony Lecroy-253. 2. Gary Dutcher-246. 3. Ben Newsome-244.
(Women) 1. Denise Johnson-236. 2. Kay Patrick-202. 3. Louisa Davis-201.
High game handicap-(men) 1. Don Adams-267. 2. Ben Newsome-255. 3. Tony Lecroy-253.
(women) 1. Denise Johnson-248. 2. Kay Patrick-226. 3. JoAnn Harder-217.
High series scratch-(men) 1. Tony Lecroy-682. 2. Rich Rendon-656. 3. Ron Polverari-634.
(women) 1. Denise Johnson-625. 2. Kay Patrick-582. 3. Louisa Davis-557.

High noon at the Sports Branch



Kathy Benjamin, a lifeguard at the post swimming pool, tests the ph level.

story and photos by Joel P. Smith
Star Presidian staff

In a secret enclave of the post, rimmed with security cameras and probing electronic fingers, a phone rings incessantly, cleaving the thin office air with repeated, methodical, incessant bleats of its bell. An answering machine takes the call.

In a maintenance shop pungent with diesel fumes, wall calendars decorated with persons you would not believe are really mechanics hang, finger-smudged and damp, from a rusty nail. No one ruffles their months. The shop is empty.

In an important directorate, important government papers—once filed strictly according to regulations, will move men and materiel in hasty little circles around the planet—lie in tall pillars on a grey metal desk. No individual processes these important documents.

A strange, sickly feeling swells in one's craw. The people are missing!

Where are they?!

Not to worry, they're at one of the Sports Branch facilities, toning up.

They've not disappeared, they're just trying, in the middle of the day, during the time most people are working, to get in shape, or, maybe, stay there.

"This [the middle of the day] is a good time to work out," said Bob Darling, the fitness coordinator for the Sports Branch, "because facilities are less crowded.

"It's easier to get a reservation."

Soldiers, if they can get the permission of their commanders, use the time to help their physical training program. Some whole units train in the middle of the day.

Other Presidians work out in the afternoon because their jobs end early, as is the case with 11-year-old Merritt W. Mitchell. "When I get off school the pool gives me something to do during the day," said Mitchell. "It's fun."

And some Presidians have done their duty in the economy and are now enjoying their golden years. One such person is William H. Kerr, who says he hangs out at the gym midday to keep up with his age.

"I can keep myself in pretty good shape, even though I'm 66," said Kerr, a retired Air Force major who works out to stay in shape for skiing. "I come to the gym and stretch, ride the bicycle, practice my moves for skiing," Kerr explained.

"It's the same here as [on the slopes in] Montana. You've got to make all the right moves."

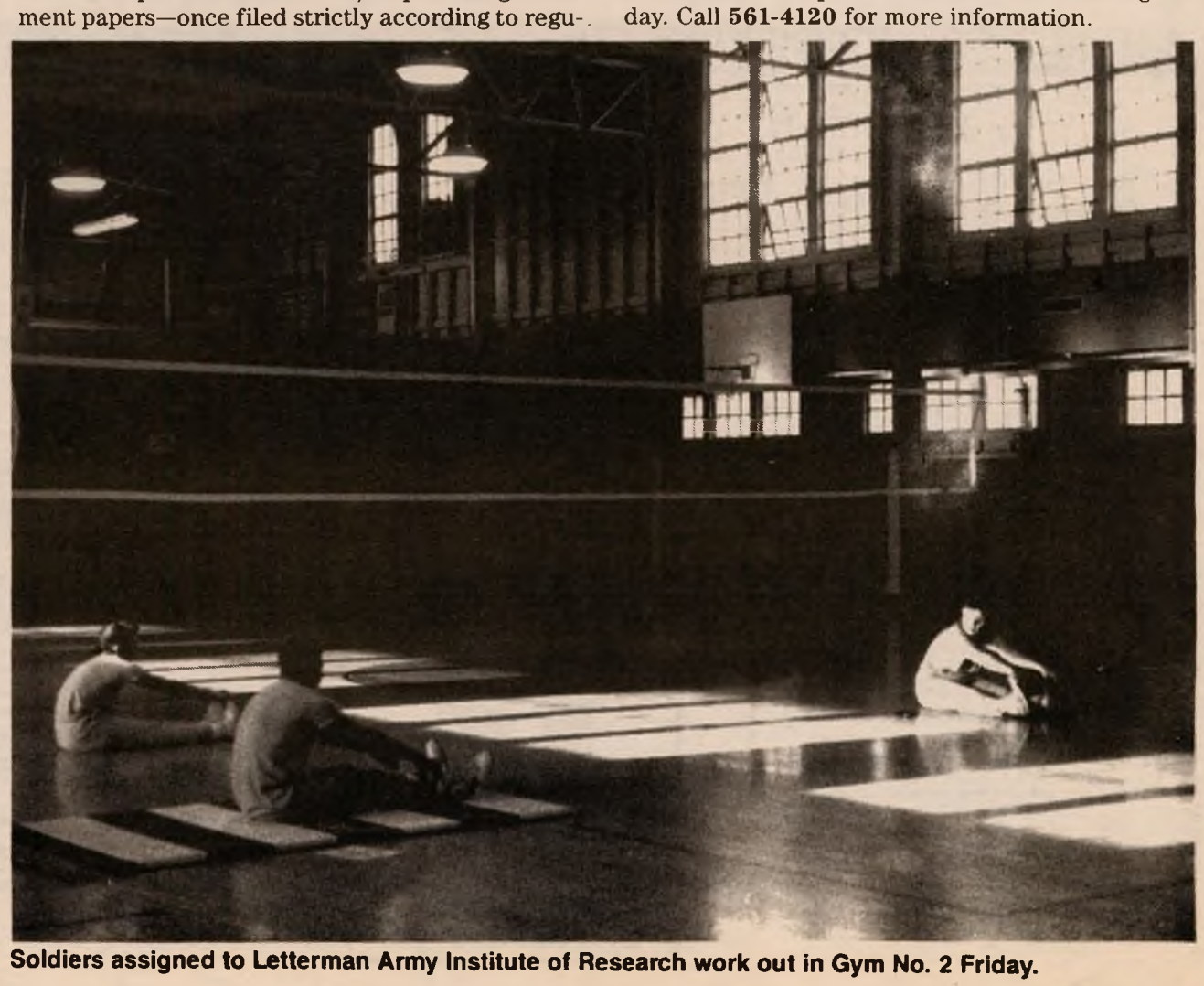
Kerr said he's been coming on post to work out for 25 years, since he left Travis Air Force Base as a pilot. Using the sports facilities, as a retiree benefit, is a great deal cheaper than joining a health club.

"I don't know what I'll do when you guys close," Kerr added.

Darling also points out that many people find midday workouts easier on their bodies. "The body is warmed up already; it's been moving around for some time."

The Sports Branch offers saunas, a swimming pool, raquetball courts, tennis courts, Universal and Nautilus weight-training equipment, basketball courts, and other sports facilities and equipment.

So if you've got call forwarding, a well-hidden desk (like the author's desk, the one with the tall paper pillars), or just a generous boss, maybe you should visit one of the Sports Branch facilities during the day. Call **561-4120** for more information.



Soldiers assigned to Letterman Army Institute of Research work out in Gym No. 2 Friday.



We Salute You!

At Toys "R" Us and Kids "R" Us, we salute our Men and Women overseas who are protecting our country and risking their lives to ensure a safer tomorrow for our children. We recognize the hardships that our military personnel overseas will face in the coming months, as well as their families at home.

With this in mind we'd like to make it a little easier when shopping for toys and kids' clothing. Take advantage of our $5 off coupons below, and save even more.

From our family at Toys "R" Us and Kids "R" Us, we would like to extend our wishes for a safe and healthy return home to all of our Military personnel. We hope and pray that they will be with their families soon!

$5 TOYS "R" US® $5

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Child's Name _____ Birth Date _____ M___ F___

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$5 $5

Limit one coupon per purchase. Not valid at Kids"R"Us or with any other Toys"R"Us store coupon. This coupon can be used in conjunction with a manufacturer coupon. Void if copied or transferred.

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CODE AFK

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Child's Name _____ Birth Date _____ M___ F___

Address _____

City _____ State _____ Zip _____

Phone (___) _____

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by Adrienne Sims
Star Presidian staff

Community Calendar

Holiday floral displays

A floral holiday plaque is on display each evening in the Conservatory Valley, eastern end of Kennedy Drive, Golden Gate Park. Admission is free.

There is also an exhibit of poinsettias, featuring trees and shrubs inside the Conservatory of Flowers during the day. Admission is $1.50.

Winter festival

A winter solstice festival will be held at Randall Museum Dec. 22, 1 to 4 p.m. There will be storytelling, crafts, music, hot spiced cider, baked goods and seasonal activities. The Randall Museum is located at 199 Museum Way, off Roosevelt Way at Corona Heights. For more information, call **554-9600.**

Day of celebration

Two British Columbia artists have been carving a totem pole and seagoing canoe in the Headlands Center for the Arts since September. The project will soon be completed. To commemorate the completion of the two works of art, a day of celebration will be held Saturday from 10 a.m. to 4 p.m. at East Fort Baker. Five hundred to 1,000 people are expected. The festivities will include the launching of the canoe and the raising of the totem pole. Volunteers are needed to help raise the totem pole.

For more information, call Patricia Quill at **331-2787.**

PX special hours

The Presidio Exchange will be open 7 a.m. to 9 p.m. Saturday with early shopping bargains from 7 to 10 a.m. Santa Claus will be visiting the Main PX Saturday and Sunday. Pictures may be taken.

VA Hospital Christmas

Help is still needed to ensure the success of the post-wide project of taking Christmas to the Fort Miley Veterans Hospital Monday. Wrapped gifts can be left at the PX Customer Exchange Service desk or taken to the Religious Activities Center. Cash contributions and volunteers to bake cookies and candies are needed.

If you can carol or deliver gifts and would like to take the bus, meet in front of the Officers' Club Monday at 12:30. For more information, call Betty Voris at **285-1551.**

Gift wrap

Leave your Christmas gift wrapping to Presidio volunteers.

If gift wrapping is your least favorite job, there is a place just for you . . . the Presidio volunteer gift wrapping booth in the foyer of the Post Exchange starting Sunday. For a small fee, the volunteer agencies on post will wrap all gifts. Your donation will be used to provide emergency food, scholarships and other services to the Presidio community.



photo by Kerry Hayes

'Mermaids'

Cher as Mrs. Flax and Lou Landsky (Bob Hoskins) share a moment of holiday cheer in the movie, "Mermaids." It is scheduled to open Friday at theaters around the Bay Area.

Christmas Ball

Soldiers and civilians of Sixth U.S. Army and the Presidio invited to attend the Christmas Ball should secure their reservations today. The dinner menu features selections of beef, chicken or fish priced between $20 to $23. The Ball begins at 6:30 p.m. with social hour and reception followed by the evening's festivities.

Hamilton Youth Center

The Hamilton Youth Center will have a preteen party Dec. 21. The center will be closed Christmas. The center will reopen Dec. 26 at 9 a.m. to 6 p.m. The Center is closed Saturday and Sunday. Friday is teen time 7:30 to 11 p.m.

For more information, call **382-4149.**

Christmas tree sale

A Guardsmen Christmas tree sale will continue through Dec. 23, 10 a.m. to 9 p.m. daily at the Festival Pavilion at Fort Mason. Trees, garlands, holly, mistletoe, poinsettias and decorations will be sold. Flame retarding, flocking and delivery services are available. Proceeds send underprivileged boys and girls to summer camp. Admission is free.

For more information, call **781-6785.**

Celebration

A Chanukah celebration will be held at Union Square Sunday, 3 to 6 p.m. Menorah will be lighted at sundown followed by musical entertainment. For more information, call **956-8644.**

Theater games

Theater games for children, aged 7-12 years will be held at Merced Heights Playground, located at Bxybee and Shield streets. The children will participate in group dramatization, creative role playing, improvisation and pantomime. For more information, call **337-4718.**

College mixer

College students home for the holidays are invited to a college mixer at the Litney quarters Dec. 22 at 8 p.m. Although the evenings festivities are sponsored by the Presidio Officers' Wives' Club, the party is open to all college-age military family members. Each person attending should bring an appetizer or plate of goodies.

For more information, call Ellen Litney at **346-9436.**

Casualty operation

The Presidio Casualty Area Command will be conducting a Next-of-Kin Notifer/Casualty Assistance Officer briefing Monday and Tuesday, 8 a.m. to noon in building 603.

This briefing is in support of Operation Desert Shield. All soldiers, sergeants first class through officers, who perform the duty of Next-of-Kin Notifier must attend this briefing.

The Military Personnel Division has scheduled representatives from different community services and government agencies to discus entitlements, veterans benefits, and to provide points of contact and information designed to assist the next-of-kin as smoothly as possible.

For more information, call Ador Calica at **561-3688/5077.**

Red Cross

The American red Cross will hold an Introduction to Health Services class, Dec. 28 from 6 to 10 p.m. in building 97. The class is a prerequisite to becoming a First Aid or CPR instructor with the Red Cross. Admission is free. To register or for more information, call Lois Steckel at **561-2187/2141.**

Computer group

The monthly evening meeting of the Presidio Macintosh User's Group will be held Tuesday, 6 to 10 p.m. in the Headquarters Command Battalion Conference Room, building 1214.

For more information, call Mark Gumbiner at **561-2528.**

Ed Center news

The Army Education Center will offer the following daytime classes beginning January 1991.

Introduction to micros will be held Monday and Wednesday, 1 to 3 p.m. Jan. 7 trough Feb. 4, 1991;

IBM PC DOS: Tuesday and Thursday, 1 to 4 p.m. Jan. 8 to 24, 1991.

dBase III : Tuesday and Thursday 1 to 4 p.m. Jan. 29 to Feb. 21.

LOTUS 1-2-3: Monday and Wednesday, 1 to 4 p.m. Feb. 6 to March 13.

Intro to Micros: Monday and Thursday, 7:30 a.m. to 3:30 p.m. Feb. 26 through March 21.

LOTUS Macros: Monday and Wednesday, 1 to 4 p.m. March 18 to 27.

Punctuation: Jan. 29 and 31 7:30 a.m. to 3:30 p.m.

Military Correspondence: Tuesday through Friday, 7:30 to 9:30 a.m. Jan. 15 through Feb. 22.

Wordperfect 5.0: Tuesday through Thursday, 9:30 to 11:30 a.m., Jan. 15 through Feb. 22.

Typing/Keyboarding: Tuesday through Friday, 7:30 to 9:30 a.m., Feb. 26 through April 18.

Wordperfect 5.0: Tuesday through Thursday, 9:30 to 11:30 a.m. and Friday 9:30 to 10:30 a.m. Feb. 26 through April 18.

Military Correspondence: Tuesday through Friday, 7:30 to 9:30 a.m. April 23 through May 31.

Wordperfect 5.0: Tuesday through Thursday 9:30 to 11:30 a.m. and Friday 9:30 to 10:30 a.m. April 23 through May 31.

Attendance is free for active duty military. Punctuation, Wordperfect 5.0, Military Correspondence and Typing/Keyboard are free for all students. For more information, call the Fort Scott Education Center at **561-4445.**

Ed Center holiday hours

The Fort Scott and LAMC Education centers will close at 11:30 a.m. tomorrow. On Dec. 24, 25, 31 and Jan. 1, the centers will be closed all day.

Counseling will be available until 4 p.m. Dec. 17 through 21 and Dec. 26 through 28. Starting Jan. 2, counseling will be available until 6 p.m. at the Fort Scott Education Center.

The Fort Scott Computer Center will close at 4 p.m. Dec. 17 through 20 and at noon on Dec. 21. The Computer Center will reopen Jan. 2.

Save a tree

Treedom is a simple way for environmentally concerned individuals to plant a tree. Since it's relatively difficult for many Bay Area apartment and condominium dwellers to do that (not to mention those who live in Army barracks), Treedom provides a solution to the problem. With Treedom it's as simple as dialing **(800) TREEDOM** and donating $18 for a tree to be planted in your name at reforestation sites throughout Northern California.

Treedom works with the U.S. Forest Service and the Nature Company, and will be expanding its realm to include other national parks.

At the Movies

Presidio Theatre

Friday, Dec. 14: Graveyard Shift (R) 7 p.m.
Saturday, Dec. 15: Memphis Belle (PG-13) 7 p.m.
Sunday, Dec. 16: Wild At Heart (PG-13) 7 p.m.
Monday, Dec. 17: Roxy Carmichael (PG-13) 7 p.m.

Hamilton Theatre

Friday, Dec. 14: Narrow Margin (R) 7 p.m.
Saturday, Dec. 15: Desperate Hours (R) 7 p.m.
Sunday, Dec. 16: Narrow Margin (R) 4 p.m.
Doors open at 6:45 Friday and Saturday, 3:45 Sunday.

The Presidio Post Theater will be closed Dec. 21 through Jan. 3, 1990.



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Star Presidian

Vol. 33, No. 51 "Published in the interest of the people of the Presidio of San Francisco" December 20, 1990

News Briefs

compiled by Joel P. Smith

Timecards

Due to the Christmas holiday, time cards for pay period ending Dec. 29 should be in the Civilian Pay Section by 9 a.m. Dec. 29. For more information, call Erin Kissinger at **561-2929.**

Post Exchange hours

Dec. 24

Facility	store hours
Main Exchange	10 a.m. to 6 p.m.
Four Seasons	regular hours
Shoppette	7 a.m. to 6 p.m.
Burger King	6:30 a.m. to 6 p.m.
Concessions	9:30 a.m. to 3:30 p.m.

All other facilities will be open regular hours Dec. 24. All Exchange stores will be closed Christmas.

Self-Help hours

Due to the limited number of available civilian and military personnel during the Christmas holidays, the Directorate of Engineering and Housing will be changing the Self Help Center's hours of operation to the following: The Garden Center will be closed Dec. 26-28, but will reopen on normal hours Dec. 29; the main store will be open normal operating hours on these dates.

NCO Club dinner dance

New Year's Eve will be celebrated at the NCO Club with a Dinner Dance from 7 p.m. to 2 a.m. Dinner will be served from 7 to 9:30 p.m.; entree selections are filet mignon or jumbo shrimp. Dinner will include a baked potato, rice and vegetables.

Price is $22 for each person for the dinner, $14 without dinner. All Presidio soldiers and family members are invited to attend. Champagne will be served at midnight and free coffee will be offered all night long. Crowd size is limited to 220, so make reservations as soon as possible. Tickets are on sale at the club's office. No cancellations will be allowed after Dec. 22.

PSF holiday events

Presidians can choose from several entertainment opportunities Dec. 24. Post activities include:

- 5 p.m. Children's Eucharist, Catholic Chapel
- 6 p.m. Candlelight service at the Main Post Chapel
- 8 p.m. Midnight Mass, Catholic Chapel

Desert Shield messages

Families and friends of soldiers overseas, working in support of Operation Desert Shield, who want to send them a telegram may do so by calling **561-3013.** The service is free. Length of the message should be 35 words or less.

Recycling bins delayed

Recycling bins still have not been placed on post because of contract disagreements. The bins are now expected to be placed on post in January, according to the Directorate of Personnel and Community Activities.

Bins will be located behind the Officers' and NCO clubs, the Outdoor Recreation yard at building 667, the parking lot adjacent to building 1207 and the Recycling Plant, building 1244.

Commissary closures

The Presidio Commissary will be closed Dec. 25 and Jan. 1 for the holiday season.

Shuttle canceled

Hamilton Army Air Field's shuttle to the Presidio will not run Friday to Jan. 2 due to the Christmas and New Year's holidays. The service will resume Jan. 3.



Pay raise for federal employees

A 4.1 percent annual increase for all civilian federal workers, effective the first full pay period of 1991, was ordered by President Bush. This will be the pay period beginning Jan. 13 and ending Jan. 26.

Federal workers in the San Francisco area will receive additional 8 percent pay increases as part of a comprehensive pay overhaul approved by Congress and President Bush this fall.

President Bush also called for the 8 percent increase which also affects New York and Los Angeles. According to a Washington Post news story the hike was made to allow the government to compete with higher private-sector salaries and to help offset higher living expenses in those cities.

However, at this time, Rick Hall, the Deputy, Civilian Personnel Office officer, said, "Implementing instructions for the 8 percent pay increase have not been received at the Presidio."

Under the legislation, Bush was given authority to provide an immediate geographic pay increase for federal workers in areas where living expenses make it difficult to recruit or retain employees. The president had recommended salary adjustments for workers in the New York, Los Angeles and San Francisco areas in his budget earlier this year.

In the first steps toward implementing a new federal pay system that eventually will set salaries by locality, he also ordered pay raises of 22 percent to 29 percent for senior executives in the federal government Dec. 12.

Voices

Presidio View

by Lt. Gen. William H. Harrison



Fly a flag for freedom

Dear Presidians,

Another great day to be in the Army or an Army spouse or an Army employee or an Army volunteer here at Presidio of San Francisco—A Very Special Place. Our troops in Saudi Arabia are performing so magnificently; our soldiers here in CONUS continue to perform well and mobilize very professionally; our civilian employees still support with such dedication; our families continue to support our soldiers with such love and devotion; and our volunteers continue to give of themselves and their talents for love alone. So, we have much to be proud of and thankful for despite the separations many are suffering through right now. So, Presidians, be proud every day, show concern for our deployed soldiers and their families and believe that every day is a GREAT day to be in as a part of the U.S. Army!

On the 10th, we bid farewell to two of our great Presidians. Colonel Mike Margetts, our former National Guard adviser, and his family retired and moved back to Utah. They were the family I mentioned some months back that cared so well for the common areas along lower Simonds. They will be missed. Also, Colonel Mike Tuley, our former USAR adviser left active service to return home to L.A. and a civilian job. Both these great soldiers contributed much here at PSF and we all appreciate their work and we will miss them. We all wish them well.

On the 13th, we had our monthly retirement ceremony. Company B of LAMC was the honor company. Captain L. E. Finley led his troops well supported by our great Sixth Army band, a very good color guard and BG Roger Yankoupe, our local Engineer Commander. It was another splendid affair much appreciated by our retirees:

Colonel Culp	Mr. Moore
Colonel Goff	Mr. Taylor
Colonel Squitieri	Mr. Yim
MSG Chargualaf	

Congratulations to each of them and best wishes for the future. We appreciate all their contributions and wish each of them a real big sincere HOO AH!

On Friday, I had the honor of hearing our wonderful Sixth Army Band in concert at the Fairmont Hotel. They were guests of the Commonwealth Club of California and really performed outstandingly. HOO AH!

Also on Friday, we had our monthly Sixth Army and PSF run. Santa came along but on the fire truck. It was a super run. Our next one will be on 25 January—the birthday of Sixth Army. So, come on out you runners, walkers, or just spectators—come out and inaugurate 1991 by joining all of us in a great formation.

Fly a flag for freedom this holiday season. And please everyone—have a wonderful Christmas—and a SAFE one. You're all so special and so needed. We can't afford any of you being seriously injured or to become a casualty. So, think safety, live safety, and share safety this holiday.

Finally, to all our fellow soldiers from Charlie Company, 864th Engineers—our best wishes for a safe journey, for a safe and secure tour of duty and for a speedy return to your families—and the Presidio of San Francisco—A Very Special Place.

Saturday night saw about 300 Presidians gather at the Officer's Club for the 1990 Sixth Army and PSF Holiday Ball. The sponsoring unit this year was the Sixth Army DCSPER. They did a really HOO AH! job and we all had a wonderful time. Everyone involved excelled—the band, the Sergeant Major who performed, the DCSPER players who are trying for academy awards, and Major Brady Lawrence, who was the OIC. For those of you who missed it—sorry 'bout that! Those of us who did attend had a super evening of food, fun, and fellowship.

One of the really great things about this affair was that we had folks from every segment of the Presidio—civilian employees, NCO's, young enlisted soldiers, retirees, officers, Army, Navy and Air Force. It was a really great group.



photo by Chuck Blancet

Lt. Gen. William H. Harrison talks during the Christmas Ball last Saturday at the Officers' Club.

On Monday, there were at least two super events. First, we had the annual visit to the Veterans Hospital sponsored by the Officers Wives Club and the Chapels. It's always a super great affair because the wonderful veterans appreciate so much the group coming, the carols, the gifts, and the food. The giving to these wonderful veterans is really the true meaning of Christmas. This was followed by our annual post tree lighting. A good crowd came out—lots of our young Presidians—and that's right—Santa paid us a visit! He arrived aboard the fire truck and was truly HOO AH!

To wrap up this column let me share some sad news with you. This past week we lost another great Presidian volunteer. Cynthia Drake, wife of Major Dennis Drake, of the PAO shop, was stricken on Thursday and died Saturday. Cynthia had been selected recently as the ACS volunteer of the quarter for her work at ACS and the child care center. We're all better for having known her and PSF is better because of her having been here. She will be missed.

At the ball on Saturday, I was presented a very special Christmas tree. It is decorated with the names of every Presidio soldier who has deployed or is scheduled to deploy to Saudi Arabia. Each of their names is on an envelope and anyone who wants may look inside and get the soldiers name and mailing address. That way you can write the soldier a note, send a card, or a gift. So, anyone interested, come by my office in Bldg. 38 and help yourself to a soldier's name and address. This great idea was the brainchild of my secretary, Mrs. Joyce Teague and is much appreciated. Another example of the real meaning of Christmas—giving. So come on by—let's insure every Presidio soldier knows we care about him or her. HOO AH!

A special Christmas greeting to all our mayors. These super patriotic volunteers do so very much to make the PSF a better place to live, to work, to play and to train. I hope every Presidian will take time this Christmas to say a special thank you to your mayor and tell him how much we appreciate them and their commitment to our community.

You will be in our thoughts and prayers daily.

God bless you each and every one.

William H. Harrison
Lieutenant General, USA
Commanding

"There is no thrill in easy sailing
When the skies are clear and blue,
There's no joy in merely doing
things which any one can do.

But there is some satisfaction
that is mighty sweet to take,
when you reach a destination that
you thought you'd never make!"
—Spirella

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All editorial content of the *Star Presidian* is prepared, edited, provided, and approved by the Public Affairs Office of Headquarters Sixth U.S. Army and Presidio of San Francisco, California. The *Star Presidian* is printed by Coast Publishing, a private firm in no way connected with the Department of the Army, under exclusive written contract with the Presidio of San Francisco, California. The civilian printer is responsible for commercial advertising.

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News/Views

Ask Presidians

by Joel P. Smith
Star Presidian staff

"The gift you'd most like to get over the holidays?"



Charles G. Simpson, florist, Plant's, Flowers and Things floral shop: "I'd like a new car—a Mercedes."



Francis Clay, military family member: "Good health and knowledge from God. That's what Solomon asked for."



Spec. Eric L. Garrett, supply clerk, Charlie Company, 864th Engineer Battalion: "To be with my family back in New Jersey. I sent them home because we're going to Saudi."



Jack K. Stewart, retired chief petty officer, U.S. Navy: "Good health and peace. No war. No war in the Gulf."



Gayle R. Feeney, cashier checker leader, Main Post Exchange: "Maybe I wouldn't want anything material. Maybe I would want something spiritual."



1st Lt. Arthur J. Serenil, team leader, Propaganda Development Center, 353rd PSYOPS Bn. (U.S. Army Reserves): "I'm sure you've heard of peace in the Middle East. Besides that, another child. We've got one, but we're waiting to see if another one's coming."

Safety practices mean a safer holiday

American Forces Information Service

Trees and greenery decorated with ornaments and lights, candles and seasonal displays all add to the holiday spirit.

But, according to the Consumer Product Safety Commission, these same decorations can turn a joyful holiday season into one marred by tragedy. Because the decorations are used only once a year, people tend to ignore safety hazards, the consumer officials said. The common attitude is if it worked last year, it will still work this year.

A Christmas tree, live or artificial, is a leading cause of injury and property damage during the holiday season. A freshly cut tree with a high moisture content will stay greener longer and is less of a fire hazard, officials said. Ways to tell a tree's condition: It's dry if tapping its trunk on the ground causes a lot of needles to fall or if a small branch can be easily snapped; it's fresh if needles bend and are hard to pull out.

Once you bring the tree home, cut about two inches from the bottom of the trunk, standing it in a container of water if the tree is to be stored. If the tree is to be set up immediately, place it in a wide-legged tree stand with water. Check the water level daily, filling the stand when necessary.

Place a live or artificial tree away from doorways, the room's traffic pattern and all heat sources, such as a fireplace, radiator or heating register. Make sure the tree stand is sturdy and stable.

If purchasing an artificial tree, make sure it has been tested for flammability. Follow the safety instructions that come with the tree.

Use only approved electrical lights for decorations. Check the strings of tree lights for frayed or exposed wires and broken or split sockets. Dispose of any light strings with wire or socket problems, commission officials said. Replace burnt out or broken bulbs as soon as possible.

Extension cords should also be checked for frayed or exposed wires or loose connections. If the cord's defective, throw it away. Plug no more than three sets of lights into one extension cord. Keep cords away from room traffic and don't place them under a rug or carpet.

Safety officials recommend using colored spotlights instead of electric lights on a metallic tree.

Never use indoor light strings outside because they aren't weather-proofed.

Additional safety tips from commission officials:

- ❑ Don't leave young children or pets unsupervised around the tree.
- ❑ Don't leave tree lights or other electrical decorations burning when the family has retired for the evening or left the house.
- ❑ Don't use the fireplace to burn gift wrappings.
- ❑ Don't leave a fire unattended.
- ❑ Don't use lighted candles as decorations.

As a final safety precaution, Consumer Product Safety Commission officials recommend having a fire extinguisher nearby.

Christmas Safety Tip

Keep trees and other Christmas greenery away from heaters, radiators and fireplaces.



Letter to the editor

by Nancy Niederhauser, Army Community Services

Editor's note: Cynthia Ann Drake passed away Dec. 15, 1990 as a result of a cerebral hemorrhage.

Cynthia, in her own quiet way, touched many lives. I'd like to speak to you of a few ways she touched mine.

I knew Cynthia first as a valued colleague at Army Community Services. She devoted countless hours to the the endless and often thankless tasks that supported our office and the Presidio community. She stayed on when she might have departed, because we told her how much she was needed.

Cynthia's commitments went even beyond day to day ACS operations. She volunteered also a Presidio Mayor to represent her housing area in the Community Life Program. In addition, she spent many hours being trained and volunteering time at home as part of the Presidio's Crisis Line. Even the Crisis Line trainer recognized something special in Cynthia.

At ACS, I also learned to know Cynthia in other ways. I watched her pregnancy with Jacob. I saw her as a devoted mother to all three children. She shared with me her concerns about the hard job of being a good wife and parent. I watched her be just that.

One of last images of Cynthia was of an exchange she had with Jacob at our office last week. Jacob was chewing on a doorstop as if it were a giant candy bar. Cynthia caught him in the act. She said, "Jacob, I don't want you to eat that doorstop." It was a direct statement—said with both patience and amusement. And, Jacob responded to all levels of her words. I will not forget the impish look on his face, nor will I forget Cynthia's look of incredible fondness at the antics of her little tyke. It was one of those small special moments I will cherish.

Cynthia's patience extended to the adult events in her life also. She was tolerant of the day to day frustrations at our office. She hung in there when she could have thrown up her hands and given up.

She was tolerant of the Army's demands on ACS and on her husband. She was also unafraid to express her concerns. When she observed a problem, she would attempt to resolve it. She could be direct with us adults, too.

If I zoomed out of the office, passing her without the courtesy of saying good-by, she let me know what I'd done. She reminded me that my personal relationships should not suffer because of "too many tasks."

Cynthia also demonstrated that personal touch in many social events she attended or orchestrated. She suggested ways to encourage and support our staff and other volunteers. She then implemented those ideas and gave us wonderful parties. She was an accomplished and charming hostess. She and her children added a special ingredient to the functions they attended.

Our community has suffered a great loss in Cynthia's passing. She, with Dennis, represented what is good in our young families today. At a time when we see so many problems facing society, people like Cynthia represent hope for our civilization. She was kind, yet realistic, patient, yet not a martyr, she shared her strengths and her struggles. She was a lovely person: a good wife, a good mother and a good friend. These are just some of the ways she will be remembered and just some of the reasons she will be missed by so many.

She had many awards and volunteered for many activities. These are just a few of them: Cynthia was selected as royalty in Utah's Days of '47. Celebration in 1982 and was a member of the Volunteer Board of Intermountain Unit Shriners Hospital for Crippled Chidren 1983-88. She was the volunteer coordinator for Army Community Services Presidio of San Francisco and the mayor of the Fort Mason military community. Cynthia was a member of the Church of Jesus Christ of Latter Day Saints.

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Neighbor News

Faces on the Presidio

Deputy Chief of Staff, Logistics

Staff Sgt. Gary Burress left the Presidio Nov. 26 for his new duty station in Panama.

Maintenance Excellence Awards for DA and Sixth U.S. Army level to first-place winners and runners-up were presented Dec. 5 by Lt. Gen. William H. Harrison, Presidio and Sixth U.S. Army commander.

DCSLOG participated in a one-year database used to evaluate unit performance in mission statement, readiness, training, management, cost and savings and innovation.

The Sixth U.S. Army DCSLOG key players and staff coordinators were Lt. Col. Robert Nicholsen, Tom McMorris and Master Sgt. Clyde Harder.

The Sixth U.S. Army Supply Excellence Award was presented Sunday by Lt. Gen. William H. Harrison.

Congratulations to Ursula Figueroa, Yvette Figueroa, Jaron Madison, Jason Madison and Alex Martin, winners of the Youth Services Survey. Each winner will receive a $10 gift certificate from Rainbow Records. This survey enables Youth Services to organize programs that interest Presidians. To receive a questionnaire, call **561-5910/5143** and one will be sent to you.

Garrison Staff Judge Advocate's Office

Sgt. George W. Kennedy, a legal NCO, arrived at the garrison SJA Nov. 8 from Pirmasens, Germany. Kennedy is the new Claims NCO.

Sixth Army Command Group

The Command Group organized the Presidio 1990 Christmas Ball. The Ball was Saturday at the Officers' Club. The Command Group also hosted the Christmas concert Dec. 4, which was a success.

The Command Group is now taking part in the mobilization of Reserve Units in support of Operation Desert Shield.

Sgt. Maj. Ralph Mulvany received an end of tour award from his last unit.

Deputy Chief of Staff, Personnel

The Deputy Chief of Staff, Personnel has an awards ceremony the first working day of each month. DCSPER is now working on awards for two military officers and one civilian from its office. Capt. Janice Johnson will receive an ARCOM the first working day in January, 1991. Capt. Dennis Uldricks will receive a Meritorious Service Medal the same day. Helen Lee will receive a Certificate of Retirement. Lee worked with the military for 39 years.



photo by Duvel White

Brenda Foote, campaign coordinator for "Ribbons Across the Presidio," shows some of the ribbons that will be placed on Presidio buildings. The campaign kicks off today and is designed to show support for soldiers deployed to Saudi Arabia.

The Star Presidian goes on holiday



The *Star Presidian* will not be published the last week of December and the first week of January. This week's issue is our last of the year. We will return with the 1991 version of the *Star Presidian* on Jan. 10. Happy holidays!

Presidio Fire Department

Allen L.R. Coon, assistant chief at the Presidio Fire Department, donated this year's 13-foot tall post Christmas tree, on display in front of the fire department. "Usually, we have to use that scrawny tree out in front of the fire department, but not this year," said Juanita Whitehead, customer service representative at the Directorate of Engineering and Housing.

Fort Scott Army Education Center

University of San Francisco ROTC faculty member Master Sgt. Wayne K. Uhden received his bachelor's of science degree in Organizational Behavior from USF this December.

Barabara M. Hug, college coordinator at the center, and George Dokes, a counselor at the center, received 20-year government service pins this month.

Directorate of Engineering and Housing

Col. Roger L. Lorber is the new director of the Directorate of Engineering and Housing. Lorber, former chief engineer for Sixth U.S. Army, assumed command of the directorate Nov. 29. Lorber has 25 years of service.

Headquarters Command Battalion

Spec. Clark D. Jukes from Headquarters, Headquarters Company United States Army Garrison, was the battalion's Soldier of the Month for December.

Staff Sgt. Anthony D. Allen from HHC USAG took NCO of the Quarter for the fourth quarter.

Battalion Soldier of the Quarter was Pfc. Glenn M. McNeil from Law Enforcement Company.

USO

Mara E. Bockrath, USO program director, is organizing a weekly support group meeting for follow-up job counseling, in addition to resume workshops. She is setting up entertainment committees which will contact theaters, ball parks and other entertainment industries for free tickets. For more information about the program, call Bockrath at 561-2436.

Army Community Services

ACS has two new volunteers: Sharon L. Tanner, from Los Angeles, a military family member; and Ann M. Chiofalo, a military family member and a private first class (Army Reserve) with the 373rd Military Intelligence Battalion in Oakland. Chiofalo is from Nampa, Idaho. Both Tanner and Chiofalo will work in reception and administration.

A Christmas story: The doll in pink

Elayne Werner
Sixth U.S. Public Affairs Office

The excitement of the "big day" was becoming almost unbearable for the two sisters. The eldest, Connie, had been secretly wishing for a special present for Christmas - one she hadn't even told her sister, Martha, about because she didn't want to break the spell of her wish. Her wish was for—"The doll in pink!"

For weeks Connie had been staring at the most beautiful doll she had ever seen. It was sitting in the front window of Baxter's, Mount Holly's only department store.

The doll, a baby girl, had flaxen-colored hair woven into long curly tendrils, her cheeks pink against white alabaster skin, and on her lips, a tint of red over three baby pearl teeth. Aqua blue eyes fringed with long black lashes seemed to look at Connie alone, and Connie was sure the lashes would move up and down just like a real baby.

She was dressed in a pink angora snowsuit. The leggings, hat and jacket were trimmed in soft white fur as was the muff in which her tiny hands rested. On her feet she wore high white-laced baby booties.

Connie dreamed of having the "doll in pink" so she could buy clothes for her, bathe her and do all the things she saw her mother doing with her baby brother.

Slowly, agonizingly, the weeks passed, and then, it was the week before Christmas! Mount Holly had miraculously transformed its one, rather nondescript main street into a splendid, winter wonderland of brightly colored lights. Festive green and silver garlands hung from each lamppost, and the windows of store fronts were painted with lively scenes of winter by the school children.

Those who had made their way on sleds earlier to the top of High Street, had been waiting for hours to see the floats which had been adorned with beautiful winter foliage and flowers on which the radiant Snow Queen held court. There, a huge pine tree decorated by the townspeople twinkled as the lights were set ablaze for the holiday season.

This ritual always marked the start of Santa Claus' sleigh ride down the hill to Baxter's Department Store. After Santa arrived at the store he passed out candy canes, and then listened to the children as they told him their secret wishes. Connie whispered what she wanted in his ear, and he told her if she had been a good girl, she would get her doll.

Christmas Eve finally arrived, and that night Connie went to bed along with her sister. Neither of them could sleep. Somehow, both knew that they had heard the jangle of sleigh bells and a thump on the roof during the night. They looked at each other knowingly, for without speaking they knew just what the other was thinking—it was time to go and see what "he" had left for them.

Slowly they climbed down from their bed. Kneeling on all fours they crept pass the sleeping sentry, the keeper of the wonderful treasures to be discovered in the next room—their mother. Still on all fours, they entered the room where Santa had visited hours before.

The first thing that they saw was the tree! It towered high above them looking like a giant spearmint leaf all crusted with white sugar. Angel hair sparkled like icy spider webs, and all sorts of cookies, fruit and candy adorned the tree. Under the tree were two presents for each of the children, and lo and behold sitting under the tree was one of Connie's presents! There it was! Her longed for—"doll in pink!" Oh joy! Oh happy day! Santa had kept his word.

Snow silently fell as church bells rang out, "Silent Night, Holy Night," throughout our little town that wonderful Christmas. That was a time when dreams and silent wishes appeared to come true so simply. Where one, or even two presents made a child happy.

Connie has experienced at least 50 more Christmases since, and if you asked her what presents she remembers receiving throughout those years, she says she really doesn't remember. However, to this day, she will tell you she has never forgotten that magical Christmas when the best present in the world was under the tree. Her "doll in pink."

School adopts Desert Shield-bound Army Reservists

by Jim Hudgins
Sixth U.S. Army regional Public Affairs coordinator

Two members of the 343rd Medical Detachment, Sgt. Nils Primgaard and Spec. Ronald Norgrove, explain their mission to one of the classes visited at Davidson Middle School. This San Rafael School "adopted" the air ambulance unit after the students discovered that it was being deployed from Hamilton Army Air Field to Saudi Arabia as part of Operation Desert Shield.



Four soldiers from the 343rd, two helicopter crew members and two medical specialists, visited five classes at the school. There, equipment(such as night vision goggles and flight helmets) was displayed, and students were given an opportunity to ask questions about the unit's mission and "Desert Shield." Names and addresses of 343rd personnel were provided to nearly 160 students so that letters could be exchanged. Plans are being made for the unit to revisit the school upon return from overseas duty. Ironically, Primgaard was a student at Davidson 11 years ago, and visited several of the same classes he attended as a student.

Families of activated Reservists need DEERS enrollment for CHAMPUS benefits

by Duvel White
Star Presidian staff
and CHAMPUS News

The latest call-up of Army Reservists and National Guard members means that more active-duty service members' families are now eligible for Civilian Health And Medical Program for the Uniformed Services benefits and this can be confusing for newly activated military families.

An early lesson is: acronyms are part of military life. Two acronyms, DEERS and CHAMPUS, are very important.

Enrollment in the Defense Enrollment Eligibility Reporting System is what makes family members eligible for CHAMPUS and other uniformed services entitlements.

If the activated military sponsor is ordered to duty for more than 30 consecutive days, his or her family members may get civilian health care under CHAMPUS, beginning with the first day of the active-duty period. In order to receive CHAMPUS-covered health care benefits, the family members must present one of the following to whomever verifies CHAMPUS eligibility at a health care provider's office:

- A red Department of Defense National Guard and Reserve Family Member Intimidations Card (DD Form 1173-1), along with a copy of the sponsor's active-duty orders; or
- A red Guard/Reserve Dependent Identification Card from one of the services (It's an acceptable substitute for the DD Form 1173-1.), with a copy of the sponsor's active-duty orders; or
- A tan Uniformed Services Identification and Privilege Card (DD Form 1173); or
- A completed and approved Application for Uniformed Services Identification Card — DEERS enrollment form (DD Form 1172), with a copy of the sponsor's active-duty orders.

Reserve and National Guard family members are enrolled in DEERS when sponsors are activated by the services, and when a family member's individual entitlement is validated — either by normal DEERS enrollment procedures, or from information previously collected from the activated sponsors.

If you're a member of an activated Reservist's family, and are filing a CHAMPUS claim, you can help prevent delays in processing by including a copy of any of the red identification cards or a copy of the card application, and a copy of the active-duty orders; or a copy of the tan identification and privilege card.

If you've had a CHAMPUS claim denied because of alleged non-enrollment in DEERS, or if you have questions concerning DEERS enrollment, call the DEERS Beneficiary Telephone Center for assistance. The center can be reached weekdays between 6 a.m. and 3:30 p.m. at the following toll-free number: **1-800-334-4162.**

For local information call Charlene McCray, Letterman Army Medical Center Health Benefits advisor, at **561-4923,** the CHAMPUS Service Center's Beneficiary Representative Margie Rankin at **561-0650.** The service center is located on the third floor of LAMC in room 355.



Presidio supports deployed troops

by the Star Presidian staff

Presidio offers a wide range of support for families of soldiers deploying to Saudi Arabia.

There are two very helpful deployment-readiness publications which every soldier should know about. The first, titled "What's next? A Guide to Family Readiness," specifically addresses the Army National Guard and Reserves. The 58-page booklet covers a variety of family readiness issues including: how to establish credit (very important if the credited family member is being deployed), how to understand life and home insurance programs, how to protect your property and how to prepare a will or endow someone with a power of attorney.

Using the booklet, family members can also get a short course on "learning military language" and how they can use the benefits programs offered to soldiers in the Reserve Component.

The book is available for deploying National Guardsmen and Reservists at the Family Care branch of the Sixth U.S. Army Office of the Deputy Chief of Staff for Personnel, building 39.

A second helpful publication is the "Family Assistance Handbook for Mobilization," DA pamphlet 360-525.

The Army Community Service, building 103B, has a Family Advocacy Program that helps soldiers and families deal with stress in the home. ACS provides a sound foundation of resources to help soldiers and their families to cope with the stress of deployment and the reality of the disruption.

ACS also provides the Presidio Crisis Line, an important resource for people who need a friend at any hour of the day or night. If you'd like to talk to a Crisis Line volunteer, call **929-8255**

To help family members and friends deal with the stress of loved ones away in Saudi Arabia, the Presidio Family Advocacy Program (FAP) holds a weekly one-hour support group meeting at noon Fridays.

Nancy Niederhauser, the FAP manager, said that it was an opportunity to discuss their concerns and obtain support for themselves, their loved ones and their country.

The support group meets in Building 103B in the first floor conference room. For more information about the group, call Niederhauser at **561-5155.**

The service also has financial counselors, who can teach you how to set a budget. For families who are going to lose income as a result of a mobilization, as is often the case with a Reserve deployment, this is a great benefit.

The Army Emergency Relief program, also managed by ACS, allows families that are in a financial crises to get immediate help from the Army. AER can cover soldiers and families who experience the following financial crisis: theft of property; medical, dental and hospital expenses; funeral expenses and other financial crises. Before deploying, your family should know how AER operates in case they need the service. For more information about these ACS services, call **561-5057.**

As the crisis in the Middle East continues, it's very important that we support our service members who are in that region. If you have friends of loved ones in the Middle East, remember to write to them often. A letter from home can be a big morale booster.

To write to the soldiers in Co. C, 864th Engineer Battalion after they deploy to Saudi Arabia write: Co. C, 864 Engineer Battalion, APO N.Y. 09616

Holiday News

A crime prevention tale of the Season



This holiday message is from the Presidio Crime Prevention Office. They're working to make Presidians safe and happy this holiday season.

'Twas the night before Christmas
and all through the house,
Not a creature was stirring
not even a mouse.
Under the tree
lay all the gifts piled high,
Temptation enough
to catch any thief's eye.
The windows and doors
appeared tight as a drum,
However the burglar
he's not so dumb.
Down at the door
with nary a rattle,
The spring latch was slipped
with no sound to tattle.
Into the house
and away with the loot,
As fast as greased lightning
the burglar did scoot.
Finding it easy
and wanting some more,
He grabbed up his tools
and hurried next door.
Slipping and prying
he found to dismay,
A shiny large deadbolt
was barring his way.
Away to the window
he went on the sly,
Tore open the screen
and gave it a pry.
He pried and he pulled
till his knuckles were skinned,
But no progress was made
because the windows were pinned.
He next checked the parking lots
just downtown,
looking for packages
left lying around.
He found a few cars
with boxes piled high,
Ol' Santa's been good
to this burglar, he sighed.
But burglars can slip up
and he surely did,
a Neighborhood Watch home
got him undid.
A neighbor was watching
from her window that day,
and called the police
as he worked away.
Now Mr. Burglar's
not doing so well,
He'll have to spend Christmas
in a cold jail cell.
So be sure to remember
this tale of the season,
Lock your doors and your windows
there IS a good reason.



Compliments of the San Rafael Crime Prevention Office

For more information about "Crime Prevention Inspections" and classes on barracks, offices and work space crime prevention; call **561-4925/5011** and ask for Staff Sgt. Mark Burke or Spec. (Officer Friendly) Bob Bunting. Be proactive and not reactive. Don't be forced to ask, "How did this happen to me? What could I have done to prevent it?"

Presidians celebrate Christmas

by Adrienne Sims
Star Presidian staff

"It's beginning to look a lot like Christmas," around the Presidio that is. Maybe there's no snow, but that hasn't stopped the Christmas cheer.

The Presidio firefighters kept the Christmas tradition by decorating the fire department with a replica of Santa Claus, lights and most importantly "Merry Christmas."

The tradition of decorating fire stations in San Francisco began in the 1950s as a competition between them.

Due to the energy crunch and budget cuts, the city of San Francisco and the Presidio stopped decorating fire stations some years ago. However, for the past 10 years the Presidio fire station has been competing with itself year after year.

The firefighters aren't the only Presidians with Christmas cheer.

The Main Exchange invited Santa Claus for a visit Saturday. Children gathered with their lists saying they had been good all year.

A Chrismas Cantata was held at the Post Chapel Dec. 9. The Sunday School Children's Choir sang while others rang bells to bring in the Christmas cheer.

Offices are decorated and shops are decked with boughs of holly.

Snowflakes aren't going to fall at the Presidio, but bells are jingling and people are singing, which makes Christmas just as merry without it.



photo by Chuck Blancet

This Christmas tree was displayed at the Christmas Ball. The tree represents Presidio soldiers deployed or scheduled to deploy to Saudi Arabia. The names were hung from the tree for someone to pick a name and become a soldier's pen pal.



photo by Joel P. Smith

Santa hears a Christmas wish at the Palace of Fine Arts Dec. 4.



photo Adrienne Sims

The Sunday School Choir prepares to sing at the Christmas Cantata, Dec. 9 at the Main Post Chapel.

Sports Briefs

compiled by Joel P. Smith
Star Presidian staff

Christmas holiday sports tournaments

The Sports Branch of the Community Recreation Division is offering a variety of sports tournaments for Presidians during the Christmas holiday season, Monday to Dec. 28. Tournaments will be in the afternoon. Entry fees will be charged to cover the cost of awards and other expenses.

All scheduled sports are open to soldiers, Department of the Army civilians and family members, 19 years or older, assigned or attached for duty at the Presidio. Teams may consist of any mix of soldiers and civilians, or be homogenous. All scheduled activities except where noted, are being held in gym no. 1. The following is a list of the sports offered, entry fees, and times.

Sport	Time	Entry Fee
5K Fun Run	Dec. 28, noon	$3 ea. person Gym no. 2
Swimming	today to Friday	
3 on 3 halfcourt Basketball	started Monday	
Racquetball	started Monday	

Three divisions—mens, women's and seniors—will be operated in the racquetball competition. Bowling will feature team, singles and doubles competition. For more information about scheduling and events, call the Sports Branch at **561-5032.**

Sports Branch holiday schedule

The Sports Branch facility schedule for the holiday season is as follows:

Date	Pool	gym no. 1	gym no. 2
Dec. 24	11-5pm	6:30am-6pm	10am-5pm
Dec. 25	closed	closed	closed
Dec. 31	11-5pm	6:30am-6pm	10am-5pm
Jan. 1	closed	closed	closed

For more information, call the Sports Branch office at **561-4120.**

Bowling Center holiday closures

The Presidio Bowling Center will be closed on the following days: Dec. 24, 25, 31, 1990, and Jan. 1, 1991.

For more information, call **921-2488.**

Campbell's Soup sports run

Campbell's Soups is sponsoring a two-mile run beginning at Crissy Field Dec. 31 at midnight. Race categories are open division (18-39), masters (40 and up), and wheelchair.

There is a $15 pre-registration fee; $20 race night. Prizes will be awarded. All benefits go to Project Open Hand. For more information, call Jeanmarie Murphy at **387-2178.**

PSF basketball League

The 1991 Intramural Basketball Program gets under way in January, following the pre-season holiday tournaments. League play will start on or about Jan. 14, with full-court and half-court competition.

The half-court league, for those aged 30 and older, will be scheduled during the lunch hour. No more than six players may be carried on a team roster. Full-court teams must be comprised of players within their unit or, if they are civilian-formed teams, they must be comprised of players from the same directorate.

The entry deadline and coaches meeting will be at gym no. 1, Jan. 8 at 1:30 p.m. For more information, or to sign up, call John Funes at **561-5032.**



photo by Duvel White

Touchdown! As a LAMC defender looks on, USAG's Eddie Flowers pulls down the final touchdown making the score 31-7 for the 1990 Presidio Flag Football champions.

USAG tops Presidio pigskin pile

by Duvel White
Star Presidian staff

Headquarters, Headquarters Company, U.S. Army Garrison's defense anesthesized Company B Letterman Army Medical Center's attack and USAG's explosive offense took advantage.

Garrison's offense went careening through LAMC's defense like an emergency room bound-ambulance screaming through traffic.

At 6:47 p.m Thursday a newborn 1990 Presidio pigskin champion weighed in with a lopsided 31-7 victory as USAG delivered at Fort Scott.

"We knew what we wanted and went out and got it," USAG coach Anthony Garris said of his team after an undefeated campaign. "Winning this was our goal from the beginning of the season and we were confident it was ours."

The opening series saw USAG serving notice by stuffing the hospital team on its first possession and forcing a punt. Unfortunately for LAMC, the punt went to speedy Cornelius Humphries and he delivered the pill to the end zone with a 63-yard touchdown run. A missed extra point gave USAG a 6-0 lead.

Again, USAG's smothering defense forced a LAMC punt. From there Garrison quarterback James Williams, took over completing two short passes before unleashing a 25-yard touchdown strike to wide receiver Eddie Flowers. The extra point made it 13-0 for the fog-dwellers from Fort Scott.

The second score seemed to awaken B Company's groggy offense as on the first play from scrimmage quarterback Kenny Schnelle dumped a short pass to receiver Nura Sales who streaked downfield leaving Garrison defenders awash in his wake. The point after made the score 13-7 and LAMC picked up the momentum. But USAG's offense wasn't finished.

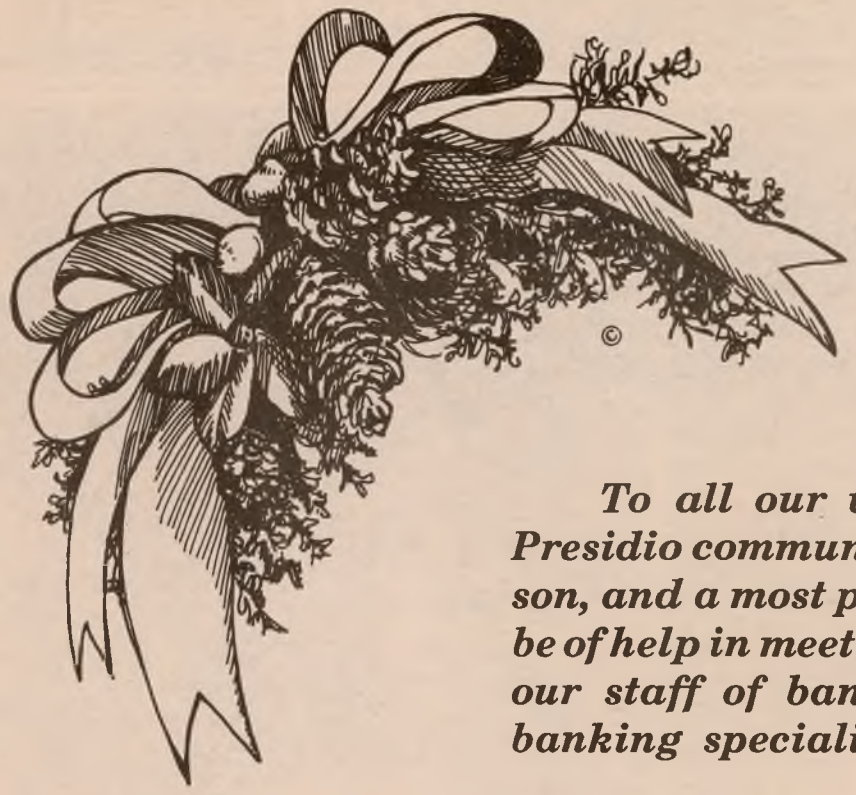
With surgeon-like precision Williams mixed the pass and run to march upfield against a LAMC defense which was unable to stop the drive. Finally Williams called a quarterback keeper and rushed in from seven yards out to make the score 19-7 at the half.

The second half started with brilliant defense by both teams. USAG's Williams unleashed a pass over the middle that was tipped and defensive back Phil Moore picked it off. However, on the next series USAG's stalwart linebacker Sheldon Martin returned the favor by picking off LAMC's quarterback.

After the interceptions USAG began driving downfield. Williams again orchestrated a balanced scoring drive that was capped off with an 8-yard touchdown toss to Paul Taylor making the score 25-7.

The end of the game was marred by penalties but USAG's defense remained in control. Desperately needing a score LAMC attempted a fourth-down conversion. It was stopped, giving USAG the ball on the 40-yard line. Williams wasted little time, lofting a 27-yard pass to Flowers. That was followed with another 8-yard touchdown strike making the final score 31-7.

"USAG is a good team—they are not gonna' lay down for you," LAMC coach Wendell Boykin explained. "We scared them the first time we played them (a 20-19 USAG victory) and they were ready this time."



To all our valued customers and friends in the Presidio community, we wish a most happy holiday season, and a most prosperous new year. Whenever we may be of help in meeting any of your financial needs, call on our staff of banking professionals. We are military banking specialists and we're here to serve you!

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Community Calendar

by Adrienne Sims
Star Presidian staff

Choral Society auditions

The San Francisco Choral Society will hold auditions for singers who would like to participate in a spring performance of the Brahms Requiem. Auditions will be held between Jan. 8 and 10, 6 to 8 p.m. and Jan. 15, 5:30 to 6 p.m. and 9 to 10 p.m. For more information, call Adrian Horn at **566-8096.**

SMART seminars

New SMART seminars will begin Jan. 15 from 6 to 8 p.m. at Army Community Service, building 103B. The classes scheduled are: Improving Communication, Change Management, Type A Behavior Management, Personal Stress Management, Managing Anger, Conflict Resolution, and Home and Work Stress Management. Child care is available with advance notice. For more information, call Nancy Niederhauser at 561-5155.

Youth Services

During the holiday break, Youth Services will offer programs for preteens and teens. The winter program includes: career seminars, Desert Shield poster contest, fitness programs, a holiday dance, pool party, ski trip, trip to San Francisco Zoo and a trip to Steinhart Aquarium. Registration for these programs will be held Friday, 10 a.m. to 2 p.m. at building 1331. For more information, call Youth Services at **561-5910/5143.**

Showstoppers

"Showstoppers" from over twenty Broadway musicals will be presented in a 7th Anniversary Reunion Gala by the alumni and and present members of the Young People's Musical Theatre Company to benefit the Randall Museum. Performances will be held Dec.28 and 29 at 8 p.m. in the Mercy School Auditorium, 19th and Winston avenues. For more information, call Diane Palacio at **666-7107.**

Disco night

The NCO/Enlisted Club will feature the H-team by Victor Hall for Friday night disco with music beginning at 9 p.m. and extending to 1:30 a.m. Disco night will also be held Dec. 28 at the same time.

Hamilton Youth Center

The Hamilton Youth Center will have a preteen party tomorrow. The center will be closed Christmas. The center will re-open Dec. 26 at 9 a.m. to 6 p.m. The Center is closed Saturday and Sunday. Friday is teen time: 7:30 to 11 p.m.

For more information, call **382-4149.**

Red Cross

The American red Cross will hold an Introduction to Health Services class, Dec. 28 from 6 to 10 p.m. in building 97. The class is a prerequisite to becoming a First Aid or CPR instructor with the Red Cross. Admission is free. To register or for more information, call Lois Steckel at **561-2187/2141.**

Minor Illness Child Care

The Pediatric Minor Illness Rooms on Ward 5 West, Letterman Army Medical Center are open to children that cannot use the Child Care Center due to minor illness. Eligibility criteria is as follows:

—Child must be enrolled full-time in CDS(center or family care)
—Illness prevents attendance
—Child of military sponsor
—Age one through six years old
—There are some disease restrictions





Hours are: 7:30 a.m to 5:30 p.m.
Come to the Pediatric Clinic, Room 211 for screening/admission. Hospital charge credited by CDC. For more information call 561-4328.

Family child care

Family child care providers are needed for Presidio children. Child care providers will be reimbursed for food served. For more information, call the Child Development Center at **561-4602.**

Leave donation

A Sixth U.S. Army employee who wishes to remain anonymous and Elayne Werner of the Public Affairs Office are experiencing medical emergencies. These two employees have exhausted all sick and annual leave and have been approved as leave recipients. Anyone wishing to donate annual leave, call the Civilian Personnel Directorate at **561-3780.**

Ed center course

The Education Center is offering a free punctuation workshop. The course approaches the correct use of commas, semicolons, colons, apostrophes and periods without complicated grammar rules or definitions. The workshop meets Tuesday and Thursday 7:30 a.m. to 3 p.m. Jan. 29 and 31. To enroll or for more information, see a counselor at the Fort Scott Education Center, building 1216, or the Letterman Army Medical Center Education Center, building 1014.

Day of celebration

Two British Columbia artists have been carving a totem pole and seagoing canoe in the Headlands Center for the Arts since September. The project will soon be completed. To commemorate the completion of the two works of art, a day of celebration will be held Saturday from 10 a.m. to 4 p.m. at East Fort Baker. Five hundred to 1,000 people are expected. The festivities will include the launching of the canoe and the raising of the totem pole. Volunteers are needed to help raise the totem pole.

For more information, call Patricia Quill at **331-2787.**

Save a tree

Treedom is a simple way for environmentally concerned individuals to plant a tree. Since it's relatively difficult for many Bay Area apartment and condominium dwellers to do that (not to mention those who live in Army barracks), Treedom provides a solution to the problem. With Treedom it's as simple as dialing **(800) TREEDOM** and donating $18 for a tree to be planted in your name at reforestation sites throughout Northern California.

Treedom works with the U.S. Forest Service and the Nature Company, and will be expanding its realm to include other national parks.

Winter festival

A winter solstice festival will be held at Randall Museum Dec. 22, 1 to 4 p.m. There will be storytelling, crafts, music, hot spiced cider, baked goods and seasonal activities. The Randall Museum is located at 199 Museum Way, off Roosevelt Way at Corona Heights. For more information, call **554-9600.**

Christmas tree sale

A Guardsmen Christmas tree sale will continue through Dec. 23, 10 a.m. to 9 p.m. daily at the Festival Pavilion at Fort Mason. Trees, garlands, holly, mistletoe, poinsettias and decorations will be sold. Flame retarding, flocking and delivery services are available. Proceeds send underprivileged boys and girls to summer camp. Admission is free.

For more information, call **781-6785.**

Holiday floral displays

A floral holiday plaque is on display each evening in the Conservatory Valley, eastern end of Kennedy Drive, Golden Gate Park. Admission is free.

There is also an exhibit of poinsettias, featuring trees and shrubs inside the Conservatory of Flowers during the day. Admission is $1.50.

VA Hospital Christmas

Help is still needed to ensure the success of the post-wide project of taking Christmas to the Fort Miley Veterans Hospital Monday. Wrapped gifts can be left at the PX Customer Exchange Service desk or taken to the Religious Activities Center. Cash contributions and volunteers to bake cookies and candies are needed.

If you can carol or deliver gifts and would like to take the bus, meet in front of the Officers' Club Monday at 12:30. For more information, call Betty Voris at **285-1551.**

Christmas gift wrapping

Bring your gifts to the Post Exchange to be wrapped by Presidio volunteers. There is a nominal fee for the service. Donations will be used by post volunteer agencies to improve the quality of life for soldiers and their families on post, to include scholarships, and emergency food programs.

USO volunteers needed

The post USO needs soldiers and civilians to serve as volunteers on entertainment, sports, Desert Shield support and letter writing, Christmas/holiday events, single soldier events and other committees. For more information, call 561-2436, or visit the office in the basement of building 223, Monday through Thursday, from 9 a.m. to 4 p.m.

Education Center news

Certificate programs in 11 areas will be offered by San Jose State University Continuing Education this spring. Each of the programs is designed to give professional and technical training in specific areas leading toward career advancement or career change.

The programs are: Systems Management, Marketing Communications, Supervision and Management, Human Resource Development and Training, Nursing Management, Professional Selling, Alcohol and Other Drugs, Legal Assistant Studies, Technical Writing, Construction Management and Construction Estimating. For more information, call the SJSU Office of Continuing Education at **408-924-2600,** or write, Office of Continuing Education, San Jose State University, San Jose, CA 95192-0135.

Lotus demonstration

A representative from the Lotus Corporation will be on post Jan. 15 from 1:30 to 3:30 p.m., at building 603, to demonstrate Lotus 1-2-3 version 3.1. Lotus 1-2-3 computer programs will be raffled off to those who attend. The meeting will be held in the first floor auditorium. Seating is limited, so reserve a place as soon as possible. For more information, call Phil Purrini at **561-3287.**

At the Movies

Presidio Theatre

The Presidio Post Theater will be closed Dec. 21 through Jan. 3, 1990.

Hamilton Theatre
Fri., Dec. 21: Flatliners (R) 7 p.m.
Sat., Dec. 22: Death Warrant (R) 7 p.m.
Sun., Dec. 23: Rudolph the Red Nose Reindeer (G) 4 p.m.
Year Without Santa Claus (G) after first feature
Flatliners (R) 7 p.m.



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